CABLE & WIRELESS

CABLE GUIDE

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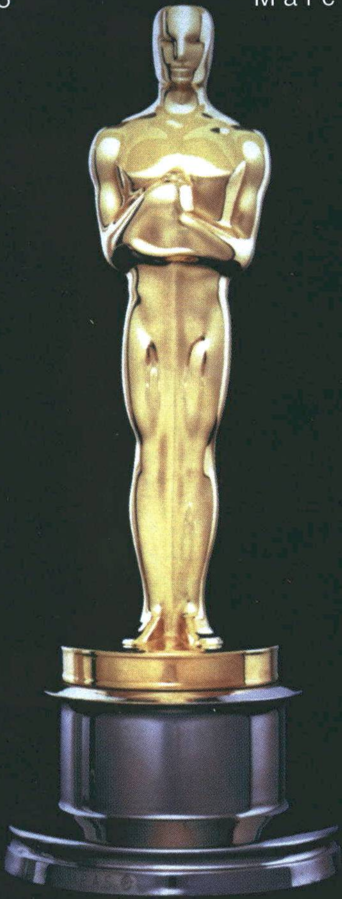
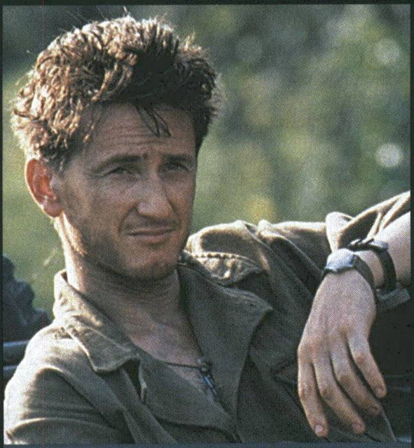
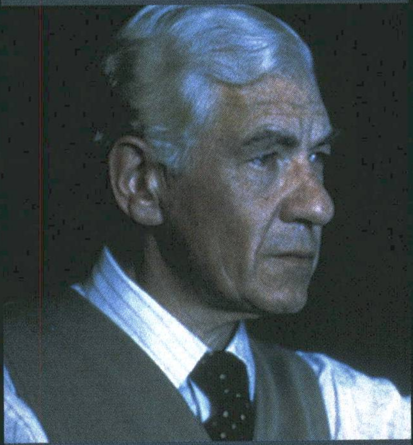
March 1999



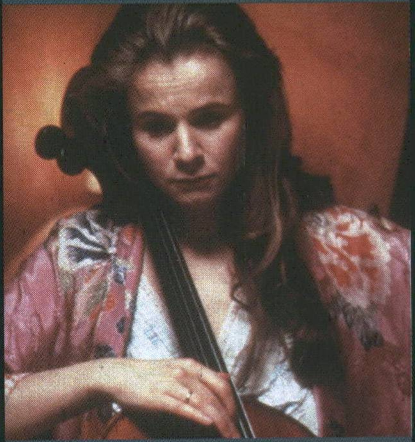


THE THIN RED LINE

SAVING PRIVATE RYAN

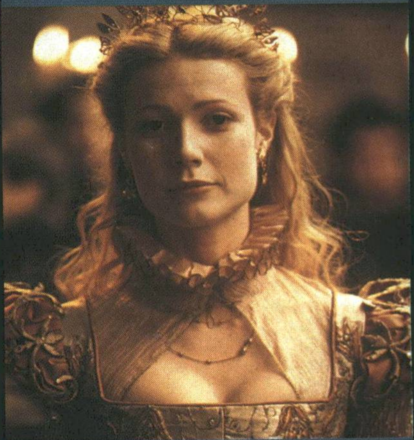


GODS AND MONSTERS



HILARY AND JACKIE

ELIZABETH



SHAKESPEARE IN LOVE

THE OSCARS

AND THE WINNERS ARE ...

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Make your mark in British cinema history by voting for your all time favourite movies, and you could win one of these fabulous prizes.

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1. BY PHONE 0640 678877 Be ready with your name, address and favourite movie choices. Calls cost no more than 60p per minute (contribution from proceeds go to RADA) and should last no longer than 2 1/2 minutes. If you are under 18 years old, ask the bill payer for their permission before you call. Only one person can vote on each call.

2. BY INTERNET Visit our website **http://www.sky.co.uk/vote/** and vote. Only one person can vote per visit.

3. BY POST Write your three favourite movies of the last Millennium together with your with your name, address, postcode and telephone number on a postcard and send to: **Millennium Movies Vote, PO Box 1803, London NW1 8NQ**

4. CALL IN AT YOUR LOCAL WOOLWORTHS AND VOTE

MILLENNIUM MOVIES

SKY PREMIER

Terms and Conditions Vote for your three favourite movies of the last millennium. All votes (other than those set out below) will automatically be entered into our free prize draw. Voters in the Republic of Ireland who vote by telephone or Internet, and any Sky employees, their agents and families are not permitted to enter the free prize draw. To participate if below 18 years, gain permission from a parent or guardian. One entry per person, up to a maximum of five entries per household allowed. Full details of prizes can be obtained by sending a stamped addressed envelope marked 'Prize details' to the voting address. Each postal entry must be sent with sufficient postage. Entries must be received by 31st May 1999. Winners will be drawn by 30th June 1999 and winners will be informed by 31st July 1999. A list of winner's names can be obtained by sending a stamped addressed envelope, marked 'Winners List', to the voting address. 20,000 prize winners will be drawn from all entries received by 31st May 1999. Prizes will be awarded to entrants drawn in the following order: A ten day Hollywood holiday for four people including flights, hotels, transfers and a total of £1,000 spending money, 2 Planet Hollywood film preview parties for you and 34 guests, including coach hire from one location, film preview party and food, 5 Sony widescreen televisions, 1,000 Millennium Movies sweatshirts, 4,000 Millennium Movies baseball caps and 10,000 classic videos from a selection of thirty titles. The promoters decision is final. No correspondence will be entered into. Entries will not be returned. Promoter: BSkyB, Grant Way, Isleworth, Middlesex TW7 5QD.

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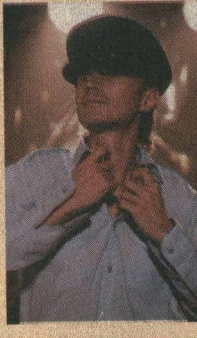
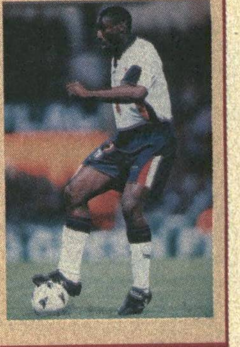
Films

THE FULL MONTY: premieres on Sky Premier, Tuesday 16th
LA CONFIDENTIAL: premieres on Sky Premier, Saturday 20th
JACKIE CHAN'S FIRST STRIKE: premieres on Sky MovieMax, Friday 19th



Sport

FOOTBALL: England v Poland, live on Sky Sports 2 Saturday 27th; Scotland v Czech Republic, live on Sky Sports 1, Wednesday 31st
FIVE NATIONS RUGBY: England v France, live on Sky Sports 2, Saturday 20th

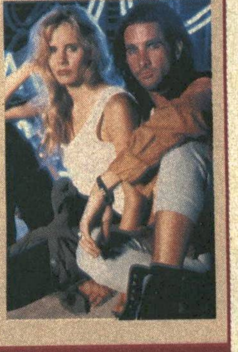


Comedy

SEINFELD: the final episode, Sky One, Monday 15th
STAND UP WEEKEND: Paramount Comedy Channel, from Saturday 13th
THE BENNY HILL SHOW: Granada Plus, weekdays from Monday 1st

Drama

VR-5: new series premieres on Sci-Fi Channel, Wednesday 3rd
THE SWEENEY: new to Granada Plus, weekdays from Monday 1st
TWIN PEAKS: the cult series starts on Sci-Fi Channel, Tuesday 2nd

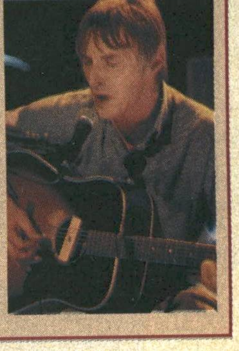


Factual/Talk Shows

MOVIE SURFERS GO INSIDE 'A BUG'S LIFE': Disney Channel, Sunday 14th
VANESSA: new to UK Horizons, weekdays from Monday 1st
SIN CITY: new series on Granada Men & Motors, starts Tuesday 2nd

Music

LIVE AT VH1 WEEK: fifth anniversary special, kicks off with *Paul Weller Uncut*, Monday 22nd
MOTOWN LIVE: new series featuring classic artists on UK Arena, from Saturday 6th
BRAND NEW: new music show on MTV, starts Monday 1st



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CABLE & WIRELESS CONTACT NUMBERS

QUICK-FIND GUIDE TO YOUR CABLE & WIRELESS CUSTOMER SERVICE

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Words: Brian Viner

Favourite things, dodgy dates

An excellent idea for a TV series has a variety of celebrities picking their first, most recent and all-time favourite record, concert or telly programme. *The First, The Last, My Everything* will feature the likes of Tony Blackburn, who selects *Smoke Gets in Your Eyes* by The Platters (right) as his first favourite album, a compilation of 80s songs called *Soul Weekender II* as his most recent favourite, and *Love Is the Answer* by England Dan & John Ford Coley as his favourite of all time. Other guests include Cleo Laine and Michael Winner, as well as TV executive Greg Dyke, a strong contender for the BBC Director General's job. In recent years his favourite programme was the stirring drama *Our Friends in the North,* with *Bill & Ben* as the programme he first loved, and in joint place as his all-time favourites, coverage of the 1966 World Cup Final and *Whatever Happened to the Likely Lads?*

UK Arena, from Sunday 7th, 6.00pm

PHOTOS: REDFERNS, SCOPE FEATURES, BSKYB, JEN CAWLEY/STAYSTILL, PARAMOUNT COMEDY CHANNEL

The birth in 1925 of Alfred Hawthorne Hill, son of a surgical appliance fitter, cannot have seemed like a momentous event in the annals of comedy. Yet the lad grew up to become a fixture on television as the king of innuendo, following a period in music hall as Reg Varney's straight man. He was, of course, Benny Hill. And had he lived a little longer, he would doubtless have enjoyed the same renaissance that other unreconstructed comics, such as the late Frankie Howerd, did. Ben Elton has at least had the grace to poke fun at himself for his anti-Benny Hill vehemence, but it was a spirit of political correctness incited by the likes of Elton which led Thames TV, in 1989, to axe *The Benny Hill Show.* Its forthcoming showing on cable is its first time back on British TV for more than 10 years. Hill was heartbroken when Thames dropped him, but he continued to make programmes for overseas sales, and remained enormously popular in America. Actually, when he died, in April 1992, he was in the middle of recording a comeback series for Central TV. And in the seven years since his death, he has had a kind of posthumous revival. He even has an improbable link with *Frasier*, which, as the ultimate in sophisticated comedy, is everything *The Benny Hill Show* wasn't. Jane Leeves, dippy Daphne in *Frasier*, was once a member of that celebrated troupe of scantily clad young women, Hill's Angels.

Granada Plus, weekdays, 8.00pm

Ireland's finest and – all on cable in March

When the definitive history of Channel 4 comes to be written, Victoria Wicks will get an honourable mention. For as Sally Smedley, the frightfully snobbish newsreader in *Drop the Dead Donkey*, she was the first person in a Channel 4 programme, not including films, to utter the F-word. 'It was the culmination of three episodes in which she got religion,' recalls Victoria. 'And when she realised she'd had enough religion, George, the hapless news editor, was all sympathetic, which she didn't like, so she told him where to go.'

Drop the Dead Donkey ran for nine years, and the notion of a dysfunctional newsroom appealed to an international audience as diverse as Iceland and Turkey. Although Sally was far from likeable, Wicks says she grew on her. 'The more lonely and pathetic she got, the more fond of her I became.' Once, when the barmy chief executive Gus took Sally out for dinner, Victoria became almost indignant on her alter ego's behalf. 'He later told the whole office that he was just practising on her for a real date. I thought that was very cruel.' Was Sally based on anyone? 'She was based on a type,' says Wicks. 'I used as my role models the people she used as hers, people like Margaret Thatcher, and basically anyone with an elevated view of themselves.'

Paramount Comedy Channel, from Wednesday 3rd, 9.00pm

The Cricketer

Rowland Rivron, once better known as Jonathan Ross's wacky sidekick Dr Scrote on *The Last Resort*, is these days, through TV and radio commercials, the voice of *The Observer* newspaper and Virgin PEPs. For a man who used to match organs with their celebrity 'owners' – once brandishing a huge ox tongue and claiming it was taken from Ben Elton's mouth – this is strangely respectable territory. But you can't hold down a populist like 40-year-old Rivron, and he is back on screen this month as co-host of *Dating Hell* – a sub-*Blind Date*, if not sub-sub-*Blind Date* show – in which single folk are paired off with like-minded members of the opposite sex. Rounds include Kiss My Glass, a pun which, for obvious reasons, works better in the south of England.

Anyway, what of Rivron's own romantic background? Can he remember his first date, for instance? 'Yeah, I was about 14, and I was at a school party. There was this girl there with her arm in plaster. It was a real comedy plastercast, in a kind of L-shape, and I felt sorry for her. We went out for a while after that.' Much later, he says, he wound up living with his wife before he actually knew her. How come? 'I was living at the Groucho Club for four months and she was on reception. I thought, "This is good. We'll have some of this at home."'

Sky One, from Friday 19th, 8.00pm, repeats Saturday 20th, 11.00pm

To celebrate St Patrick's Day on VH1 this year, The Corrs will be hosting a day devoted to themselves and their incredible success. The rise to fame of Andrea, Sharon, Caroline and Jim Corr, three sisters and a brother from Dundalk, on the border of Northern Ireland and the Republic, is the stuff of pop lore. John Hughes, now their manager, discovered them while looking for musicians to take part in Alan Parker's film of Roddy Doyle's novel, The Commitments. *Later, the US ambassador to Ireland, Jean Kennedy Smith, heard them in a small Dublin club and was so impressed that she invited them to play in Boston. From there they went to Manhattan and signed a deal with Michael Jackson's record producer, David Foster of Atlantic Records. The rest is history, not to mention geography. They have played all over the world, and their debut album* Forgiven Not Forgotten *has gone gold in Canada, Australia and Japan, platinum in Denmark, and four-times platinum in Ireland. This was followed by their chart-topping second album* Talk on Corners. *They are already the second most popular Irish band in the world, second to U2, and they are closing the gap.*

Meanwhile, lead singer (and tin whistle player) Andrea Corr is developing impressively as an actress, having been cast by Alan Parker as Juan Perón's mistress in Evita.

Corrs Day, VH1, all day, Wednesday 17th

Insects appeal

Playing an ant might not be on every actress's wish list, but *Seinfeld*'s Julia Louis-Dreyfus jumped at the chance. Words: **Ivan Waterman**

JULIA LOUIS-DREYFUS pretends to squat, wiggle and then crawl around the hotel suite. Then, she lets loose a gale of laughter. How often does a beautiful actress deliver an impression of an insect in mid-morning Beverly Hills? 'It's now my speciality,' jokes Julia, regaining her composure. 'I think you could say the parts for this kind of work will be somewhat limited – or I'm digging a hole for myself.' The raven-haired ex-*Seinfeld* regular stars in *A Bug's Life,* the new computer-generated adventure from Disney now showing in UK cinemas. A special behind-the-scenes look at the film airs on Disney Channel this month.

She's the voice of an ant being groomed to rule a colony under attack from a gang of greedy grasshoppers.

Julia believes she has one asset that made her perfect for the role – her head.

'Too large,' she says. 'I have always thought my head is too large for my body. My father used to say that everyone in some way resembles an animal ... or insect. In my case I guess it had to be an ant.

'My head is fairly flat and quite wide. It wouldn't be at all out of place if I had antennae.'

PHOTO: PEGGY SIROTA/OUTLINE PRESS

For eight years, Julia, 37, made people laugh as neurotic Elaine Benes on *Seinfeld.* The series brought her stardom plus Emmy and Golden Globe awards. The final episode airs on Sky One this month and Julia is now taking a rest while she sifts through a growing mound of TV and movie offers.

'When I do work again I am not going to do a television series. There's so much pressure involved that I'm not sure whether I want to give anything that amount of time again.

'*Seinfeld* re-defined sitcom. There had been nothing like it before. It was a show about four largely horrible, selfish people locked in their own little world. I can't think, on the face of it, what is funny about that.

'So many people associated with it in some way and that is what counted. We touched raw nerves like never before. But, as Jerry says, it's time for all of us to move on.'

She grins again: 'As he might have said ... I have other ants to fry.'

- ● *Movie Surfers Go Inside 'A Bug's Life', Disney Channel, Sunday 14th 1.00pm*
- ● *Seinfeld final episode, Sky One, Monday 15th, 10.00pm*

WATCH OUT!

- ● Once upon a time there were three little girls ... and now they're back on Granada Plus. The classic Seventies detective series ***Charlie's Angels*** starts its run next month.
- ● UK Style's new roadshow programme ***Style Street*** starts next month. It gets neighbours working together to discover the hidden talents of an entire street each week.
- ● Sky Sports will have live coverage of the ***Italian*** and ***Spanish Open Golf*** in April. Both tournaments will be vital precursors to this year's big event, the ***Ryder Cup***, which will be covered on Sky Sports in September.
- ● New series starting on Sky One next month include series four of ***Mad About You***, series nine of ***Beverly Hills, 90210*** and series three of ***King of the Hill***.
- ● TV buffs in the States are raving about ***Futurama*** – a new animated series from ***Simpsons*** creator Matt Groening. The show follows the adventures of a man woken from a deep freeze a thousand years from now. It starts on Sky One this spring.

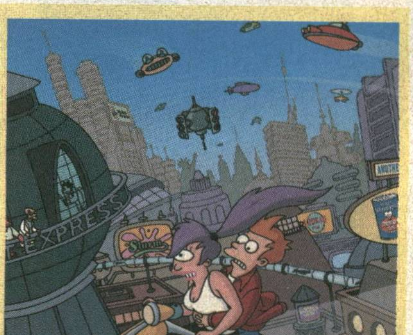

PHOTO: ©FOX

A sneak preview of what's coming to cable

Hire the world's best children's entertainers. For pocket money.

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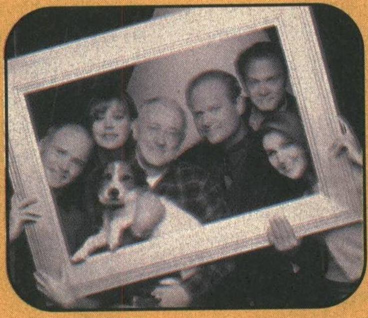
Nickelodeon

Fox Kids

National Geographic*

TNT


Paramount Comedy

Your family will love our latest package of channels. And, for another £3 (or less) each month you'll find they're great value too.

There's Fox Kids, for the under tens, or Nickelodeon, which has everything from Sabrina the Teenage Witch to Rugrats. Cartoon Network shows popular cartoons all day, every day. But that's not all, folks.

You'll also receive the National Geographic channel. Its enlightening documentaries will help your kids get top marks for their homework and you'll find them absorbing too.

In the evening, you can sit back and relax with TNT Classic Movies, or the Paramount Comedy channel. This features some of the world's funniest shows, like Frasier, Cheers and Seinfeld.

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*Not available in New Ash Green or Millharbour.

Barry Norman's

When the envelopes are opened at the Oscars, Barry Norman will be there. **Tim Ewbank** talks to Britain's favourite film critic about Hollywood's main event

Sky Premier

The 71st Academy Awards – Sunday 21st 12midnight – Live, repeated Monday 22nd 6.00pm

HOLLYWOOD'S biggest suspense story has been coming round every year for more than 70 years, usually with more pizzazz than the year before.

It's called The Oscars, the grand annual ceremony when Hollywood gives itself a huge pat on the back and hands out its prizes to the world of movies in the shape of golden statuettes. For the past 18 years Barry Norman has been there to witness it all and bring the glamour and the glitter of the Academy Awards night to British TV screens, and he'll be there to cover the event live.

Down the years Barry has seen it all. He's seen worthy winners and weepy losers. He's seen moviemen with outrageous toupees, actresses with incredible hairdos and starlets trying to out-dazzle each other in ever more daring dresses. He's been to the most lavish parties and seen some of the biggest names in movies letting their hair down.

And he's taken it all in his stride – even the extraordinary night he was invited to view a movie along with hundreds of the Oscars voters, all being asked to give their verdict.

'What a lot of people don't realise,' says Barry, 'is that there are 5,000 voters who decide the awards every year and some of them are very old.

'One year I was invited to a movie screening for voters and I was amazed to see cars and coaches turning up, disgorging old men with windswept silver toupees, wearing safari suits and open-neck shirts with medals hanging from their necks and nestling on silver-haired chests. There were quite a lot of old women too, with make-up about an inch thick. It was all a bit sad.

'The film company Twentieth Century Fox laid on dinner and drinks for them beforehand and when I looked around ten minutes into the movie, they were nearly all asleep. I can't even remember what the movie was, but I do remember it had Burt Reynolds and Liza Minnelli in it and was something to do with a boat.

'The people up for an Oscar are nominated by their peers. In other words, actors vote for actors and actresses for actresses and so on. That's usually fine, but with some of the lesser awards it all seems to go a bit haywire.'

Barry believes that when it comes to picking the nominations, the Academy is very good at nominating Brits.

'But when it comes down to the actual awards, America tends to back America.'

So what are his best bets for this year?

'Judging by the Golden Globe awards, it looks as though *Saving Private Ryan* is the firm bet for Best Picture with Steven Spielberg as Best Director, and a strong case can be made for Jim Carrey in *The Truman Show* as Best Actor.

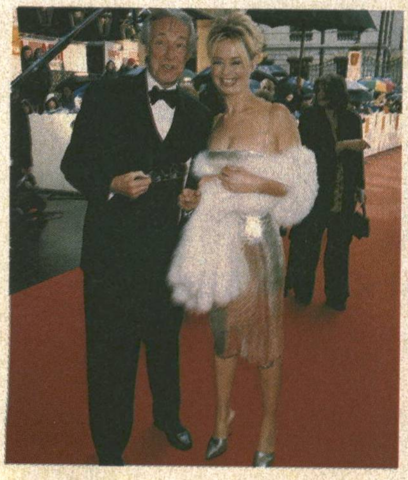
'But I hope there is something for *Shakespeare in Love*, especially for Marc Norman and Tom Stoppard's screenplay, and for Warren Beatty with *Bulworth.'*

As ever, Barry will be outside the ceremony talking to the stars as they go in, and to the victors and the losers as they emerge. And, as ever, the stars are only too happy to talk to Barry because of the respect he has earned as Britain's leading film buff.

He says: 'One year I remember standing there beside a woman reporter from American ABC-TV who almost fainted when she saw Anthony Hopkins going into the ceremony.

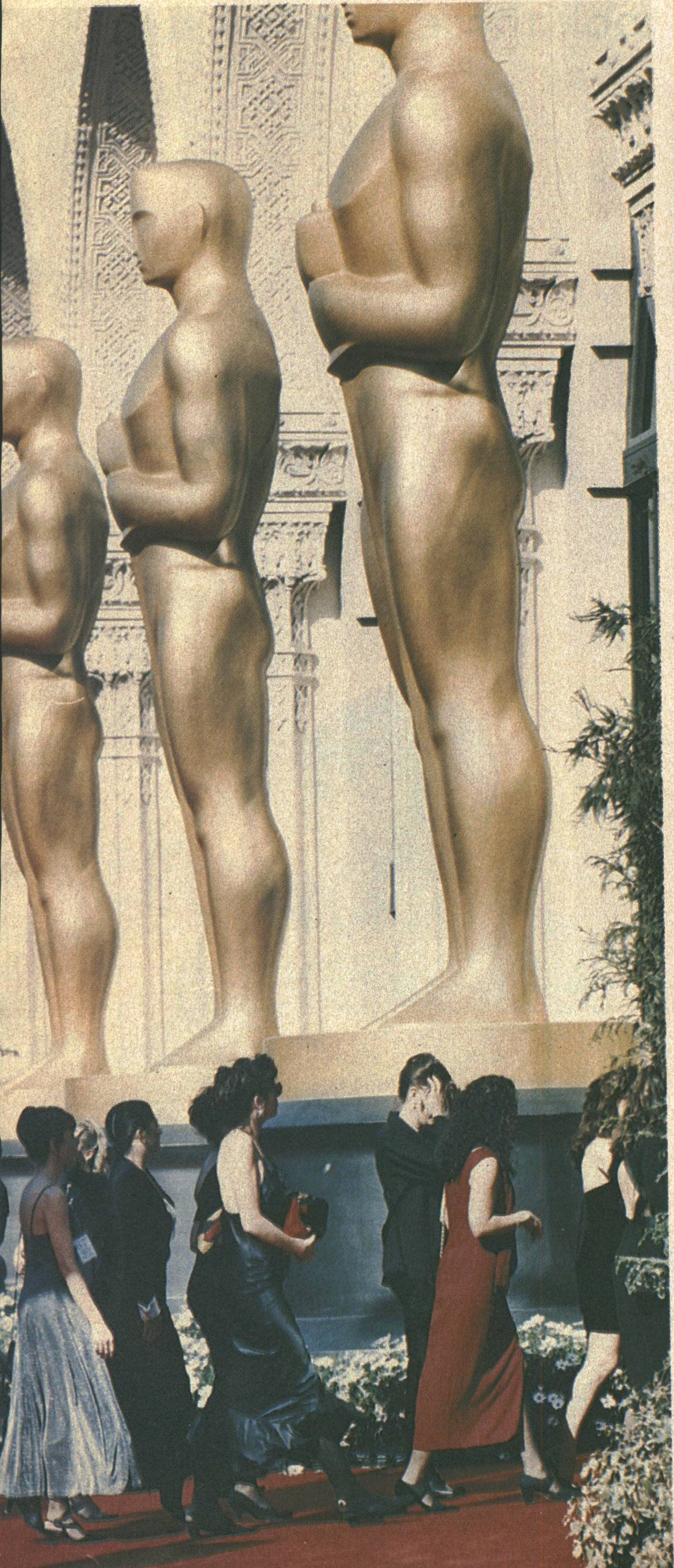
'"There's Sir Anthony Hopkins," she told her viewers breathlessly. She was absolutely astonished when Hopkins spotted me and came over and said: "Hello, Barry. How's your mum?"

'The Oscars is all about Hollywood razzmatazz and it's amusing and entertaining. There's usually a battle going on between the top dress designers to get actresses to wear their dresses for the



Left: Barry Norman and daughter Emma. 'The Oscars is all about Hollywood razzmatazz. It's amusing and entertaining,' he says

big night out



night. Those designers get plug after plug for their designs as the actresses are always asked for the TV cameras whose dress they are wearing. They never have to buy them – they are given to them. Even the men now get asked who made their dinner jacket.

'But I remember one crazy year when all the women seemed to be dressed like hookers. They all seemed to be wearing tiny skirts, no stockings and very high heel shoes. No one could quite work out why.

'There were some quite well-known starlets dressed like that and it was as if they had all got together and decided they'd all go out like that. It was very odd.

'The parties after the Oscars are usually fairly decorous. Elton John always throws a lavish one, which has come to be regarded as one of the best. But the parties are hugely over-rated. It's Hollywood schmoozing and lots of mutual congratulation.'

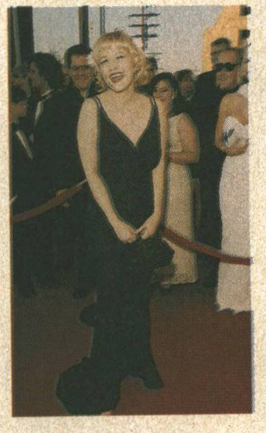
While he has met, interviewed, and won the respect of nearly all the big names in cinema, Barry has always managed to keep his feet firmly on the ground and he has deliberately chosen not to forge really close friendships with any of them.

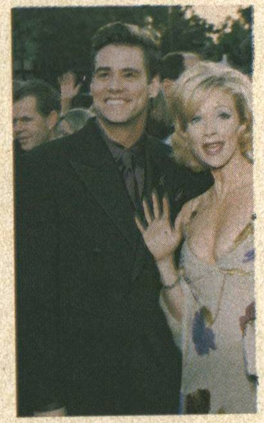
'I decided that's the way I wanted it to be,' he says, explaining that it almost certainly makes his job that much easier. This way, he can be thoroughly objective about a movie and speak his mind. Even if it did once provoke John Wayne to lose his temper with Barry and call him a 'goddam liberal pinko faggot'. Barry swears Wayne was about to get up and punch him when a film company PR hastily intervened.

The son of film director and producer Leslie Normam, Barry grew up with film talk and film people around him. He was used to them coming to see his father. As a consequence, he loved films but without being starstruck or overawed.

Which is why he manages to retain good old-fashioned British common sense amid some of the madness that surrounds the Oscars, while still entering into the spirit of the event and appreciating the talent that has gone into the year's movies.

'But,' he stresses, 'it's very hard work for me. It's a very hard slog.'





The glitz and glamour of the Oscars starts with the arrival of the stars: (from top) Drew Barrymore, Jim Carrey and Robin Williams

PHOTOS: ALL ACTION, REX FEATURES, KATZ PICTURES.

I'll always remember the day he took those first few steps.

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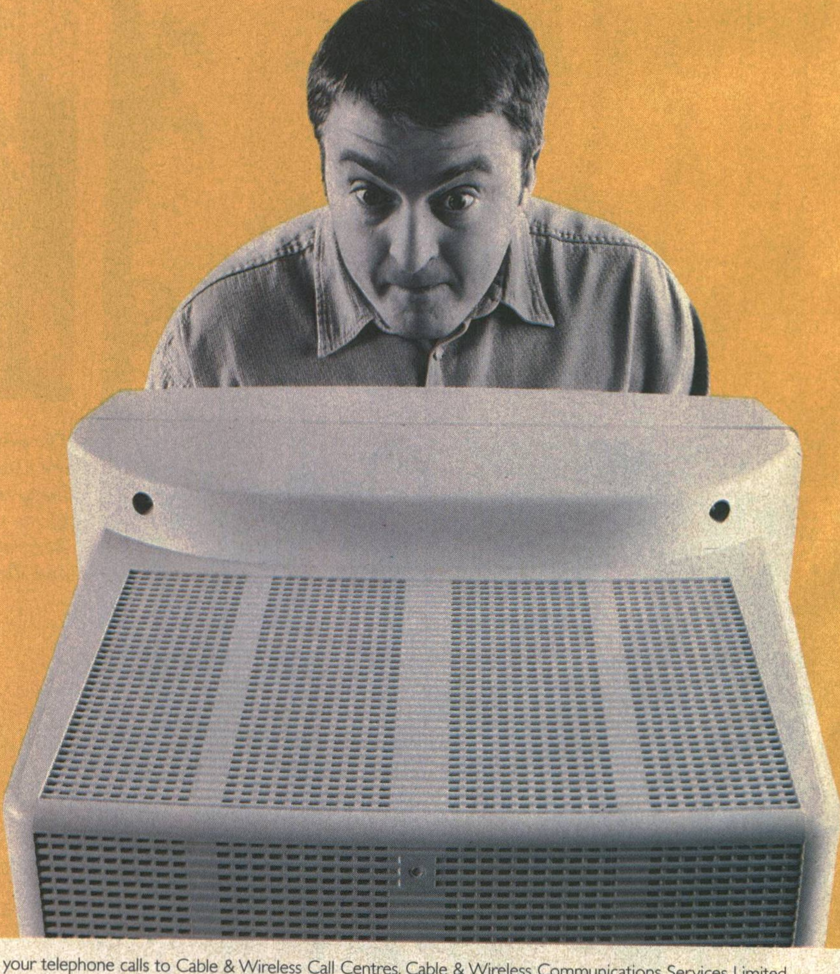

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L!VETV
CABLE GUIDE
CABLE TV AWARDS
1999

THE CABLE GUIDE CABLE TV AWARDS

There's still time to have your say in this month's 1999 *Cable Guide* Cable TV awards. Vote now and tune in to L!VE TV on Tuesday 23rd to find out who's won. You'll also be entered in the draw to win a trip to America with VH1! Remember, voting closes 8 March.

YOUR VOTE COULD BE A WINNER!

Return your form to us by 8 March and you are automatically entered into a fabulous prize draw sponsored by VH1! One lucky respondent and a guest will win a three-day trip to New York to attend the show of a lifetime on 13 April, *VH1 Divas* – an event that promises to be a night to remember. Last year's show featured five fantastic songstresses: Celine Dion, Mariah Carey, Gloria Estefan, Aretha Franklin and Shania Twain. The prize includes a three-night stay in a top hotel, flights and transfers, plus all main meals and travel insurance. All you have to worry about is money for all those shopping opportunities!

COMPETITION RULES: 1 Prize includes return flights for two people from London, three nights' accommodation in a hotel, public transportation to the airport, three main meals and travel insurance. 2 Competition is open to all UK residents aged 18 years or over. Entrants must hold any travel documents or visas if required and are responsible for the acquisition of any documents required. 3 All travel is carried out at the individual's own risk. VH1/MTV accept no liability for circumstances beyond its control. 4 No cash alternative to the prize. All bookings are subject to availability. 5 In the event that a prizewinner, for whatever reason, is unable to take up the prize, *Cable Guide*/VH1/MTV reserve the right to award the prize to a runner up. *Cable Guide*/VH1/MTV accepts no responsibility to provide the original winner with any form of replacement. 6 The competition will be won by an eligible person who has submitted a correct entry on or before the closing date. The winning entry will be drawn at random by the judges. The Editor's decision is final in all matters. 7 No employee of *Cable Guide*/VH1/MTV or related companies shall be eligible to enter. 8 *Cable Guide*/VH1/MTV accept no responsibility for lost, damaged or unidentified entries. Proof of postage is not proof of delivery. 9 Winners may be asked to be involved in publicity.

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2 Favourite Sports Presenter (open vote) **SPONSORED BY UKTV**

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13 Favourite UK Cable TV Personality (open vote) **SPONSORED BY GRANADA PLUS**

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17 Special Award for overall favourite Cable TV Channel (open vote) **SPONSORED BY DISNEY CHANNEL**

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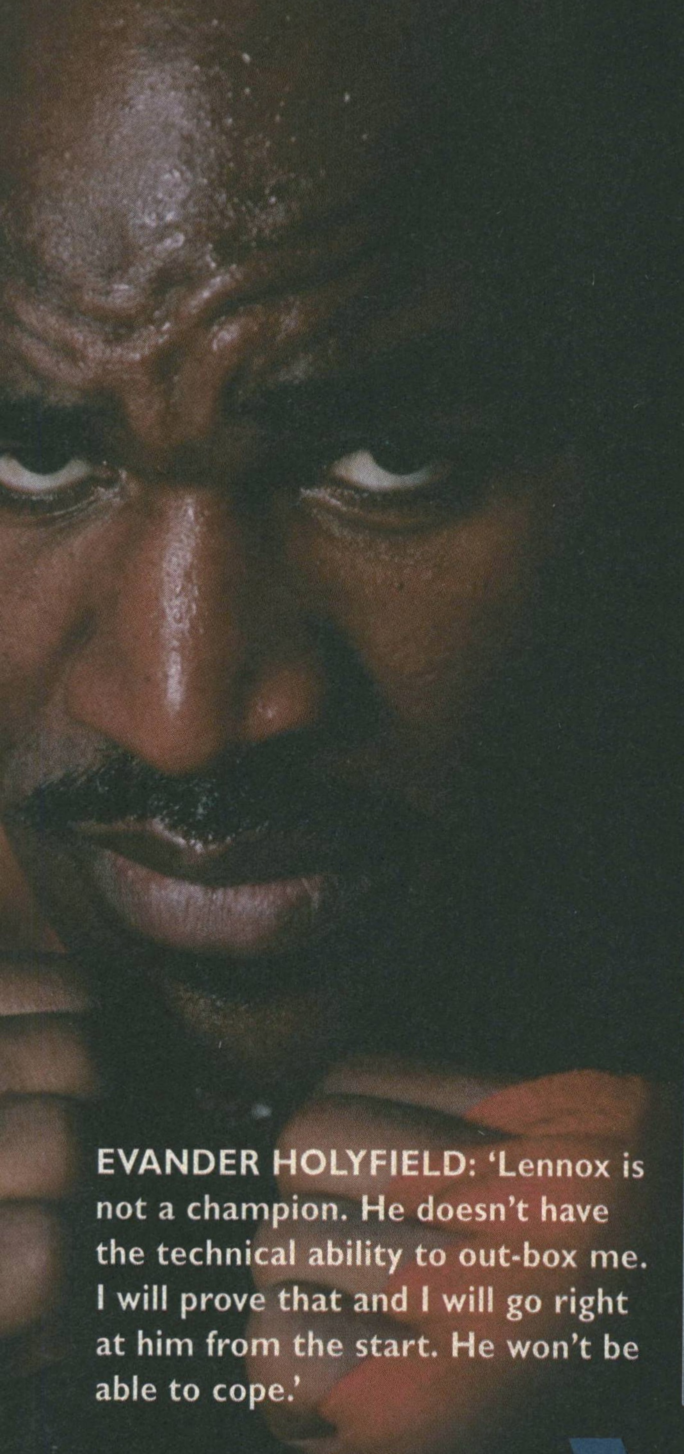
It's a clash of the titans as big boys Lennox Lewis and
Square Garden. So make a night of it and book your ringside



Evander HOLYFIELD V Lennox LEWIS

Sky Box Office 3
Channel 53
This is a TV on-demand service. For ordering details, see pages 18-19

Holyfield v Lewis
Saturday 13th 10.00pm

LENNOX LEWIS has always felt like an outsider: not quite Canadian and not quite English. But now he has revealed a childhood secret which should persuade even the biggest cynic that he really is a true Brit.

The enigmatic boxer will be wrapped in a Union Jack when he fights Evander Holyfield in New York on 13 March for the right to be named undisputed heavyweight champion of the world. And he has a special reason for feeling patriotic.

It's not just that he was born and bred in London's East End, and only left West Ham to move to Canada at the age of 12. It's also because he may never have taken up boxing at all if he hadn't been English.

'It's odd that people in Britain have trouble accepting me because of my mid-Atlantic accent,' he says.

'When I was at school in Canada it was always the other way around. I got in a lot of fights because of my cockney accent. The other kids looked at me as an outsider and the only way I knew to get my point across was to fight.'

In fact, the young Lewis threw his first punches in the schoolground, and then took up boxing in a bid to channel his aggression.

'After the third time getting the strap from the principal, he said I should get into a contact sport, and I picked up boxing.

'It's funny that it's the other way round now, with people saying I'm not British because of my accent. But when I'm heavyweight champion of the world, ask them what country I'm from then.'

It's clear that Lewis, beneath the laid back and friendly exterior is still motivated by the pain of being an outsider.

'A lot of people have failed to see the importance of my achievements because the fighters the world sees as the best have tried not to fight me,' he says. 'The public need to see me beat Holyfield to realise I am the best heavyweight boxer on the planet. And when I win I want to bring the next match to England.'

The Holyfield-Tyson fight at

EVANDER HOLYFIELD
Full name: Evander Holyfield
Born: Alabama, 19 October, 1962
Height: 6ft 2½in
Fights: 39
Won: 36
Lost: 3
Honours: WBA cruiserweight title, 1986-89; IBF cruiserweight title, 1986-89; World heavyweight title, 1990-92; WBA and IBF heavyweight titles, 1992-94; WBA heavyweight title (beating Tyson) 1997-; IBF heavyweight title (beating Moorer) 1997-

EVANDER HOLYFIELD: 'Lennox is not a champion. He doesn't have the technical ability to out-box me. I will prove that and I will go right at him from the start. He won't be able to cope.'

Evander Holyfield battle it out in the ring at Madison
at with Sky Box Office 3. Interview: CHRIS HATHERALL

Madison Square Garden is promoted by Don King, and the larger-than-life American has gone into overdrive to sell it.

'This is a fight made in boxing heaven,' he roars, pointing out that Holyfield is WBA and IBF title holder and Lewis is the WBC champion.

'This is a sensational fight, man. The unmitigated, the unadulterated, the undisputed heavyweight championship of the world. This is something everyone should see. Every father should sit his son in front of the telly. Let him stay up late, get him some milk and a biscuit and tell him that this is what it is. This is greatness that is going to take place.'

King, of course, also has something to say about Lewis's nationality, and he believes it is time the British public got behind their man. 'The reason Lennox had problems was because he was invisible,' he drawls. 'He was like the Scarlet Pimpernel. You seek him here, you seek him there, you seek him everywhere, that darned Pimpernel. Now I'm giving some visionality to this Pimpernel, I'm giving him a face.

'Until now, nobody knew where he was. He was in England, he was in Jamaica, he was in Canada – where was the Pimpernel? But he was born here. He's a Brit.'

If Lewis can beat Holyfield, and unify all three major heavyweight titles, then it will almost certainly set up a clash against Mike Tyson – a real battle of opposites.

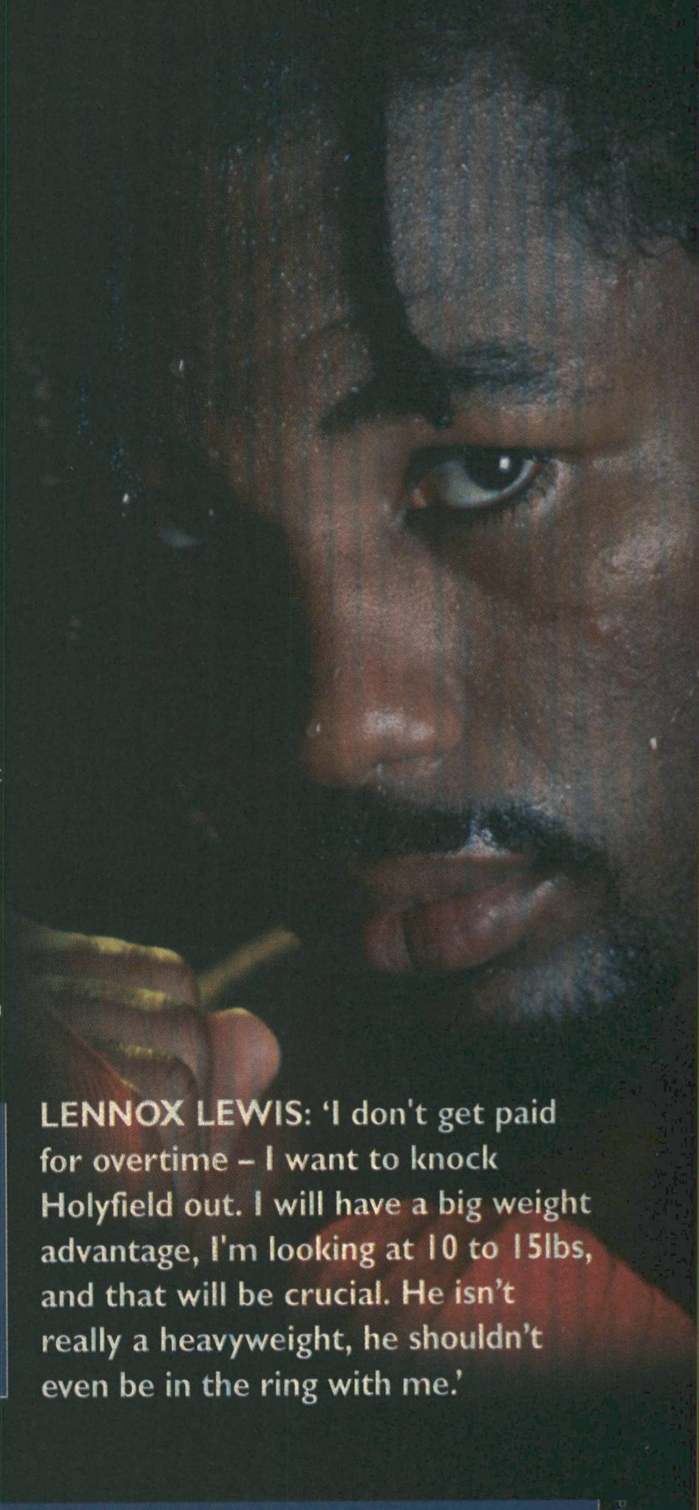
Tyson, famous for his street-fighting style, Lewis for his technical punching. Tyson, infamous for his foul-mouthed outbursts and the biting of Holyfield; Lewis renowned for his cool temperament and his mother Violet attending training camps to 'keep everything balanced'.

'Tyson is only living by his name right now, not by his talent,' insists Lewis. 'He was lucky in his last fight and a good boxer will beat him. To me, he hasn't learned his lesson and it's just a big disappointment that people have to act that way.

'I will fight him, but first it's Holyfield – and that's what the world has been waiting for. The Tyson and Holyfield fights were lacklustre, the people never got what they wanted. This is different. I will show Holyfield I have an arsenal of punches I can throw at any given moment. I want to knock him out.'

If that happens, then maybe one or two Canadians will remember the day they called a fellow schoolboy names – and think they got off pretty lightly.

LENNOX LEWIS
Full name: Lennox Claudius Lewis
Born: West Ham, London, 2 Sept, 1965
Height: 6 ft $4\frac{3}{4}$in
Fights: 35
Won: 34
Lost: 1
Honours: Olympic gold medallist, 1988; British and European heavyweight champion, 1991; WBC heavyweight title, 1991-1994, 1997-



LENNOX LEWIS: 'I don't get paid for overtime – I want to knock Holyfield out. I will have a big weight advantage, I'm looking at 10 to 15lbs, and that will be crucial. He isn't really a heavyweight, he shouldn't even be in the ring with me.'

PHOTOS: ALLSPORT

WIN BOXING GLOVES SIGNED BY LENNOX LEWIS!

SKY box office 3

It's the fight boxing fans have been waiting for: Evander Holyfield v Lennox Lewis, live on Sky Box Office 3 from Madison Square Garden on Saturday 13 March. Britain's Lewis defends his WBC world heavyweight title against Holyfield – the IBF and WBA champion – in the first unification title fight within the heavyweight division since 1992.

In recent times, Holyfield has fought Mike Tyson twice. The rematch turned out to be the most controversial heavyweight fight of all time, as Tyson was disqualified for the ear-biting incident. Lewis reclaimed his title against Oliver McCall in 1997 and has since defended it against Henry Akinwande, Andrew Golota, Shannon Briggs and Zelijko Mavrovic.

Now the two will face each other, and to celebrate this boxing extravaganza, *Cable Guide* has teamed up with Sky Box Office to give fans the chance to win a pair of boxing gloves signed by Lennox Lewis.

For information on this TV on-demand event see TV Today on Channel 50 or Teletext page 500.

TO ENTER, ANSWER THIS QUESTION: IN WHICH YEAR DID LEWIS WIN OLYMPIC GOLD?
Send your answer on a card with your name and address, to Lennox Lewis Competition, 172 Tottenham Court Road, London W1P 0JJ, to reach us by 31 March. The winner will be the first correct entry drawn at random after closing date. Full rules available on request.

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ITV2's headliners

The hot news from new channel ITV2 is that three top journalists have escaped from the ITN newsroom to present exciting new programmes.

Words: **Lucia Green**

THE launch of ITV2 gives viewers a second chance to see many of the soaps already seen earlier on ITV, including *Coronation Street* and *Emmerdale*, with an omnibus edition during the week. Plus there are ITV chat shows, sitcoms and quizzes, but among the programmes from ITV are more gems to be discovered, and three of them are new from ITN.

Elder statesman Trevor McDonald, anchorman for *The ITV Evening News* at 6.30pm, also has his own chat show on ITV2, *Trevor McDonald Meets …* He records it on a Wednesday, 'and I begin worrying about it on Tuesday afternoon,' he says, 'but it's very exciting and look, I'd rather be asked to do things than not be asked.' He had his first scoop on his first show when Fergie announced she really didn't want the £1.5million house the Queen had just bought her because she couldn't afford the upkeep!

The veteran newscaster is, of course, no stranger to interviewing. He scooped the world by landing an interview with Saddam Hussein after Iraq invaded Kuwait and had the first interview with Nelson Mandela after his release.

Meanwhile, Katie Derham, ITN's 28-year-old Media and Arts Correspondent, is not so much a rising star, but a shooting one. She began her career as a researcher on Radio 4's *Moneybox* in 1993. She became special correspondent on Barry Norman's *Film 96* and *Film 97* before joining ITN in 1998. She has already been elevated to newsreading stints on Saturdays and now, she too, has her own weekly show on ITV2 called *Wide Angle* – a fascinating behind-the-scenes look at how the news gets to our screens – and the off-camera life of a tv reporter.

'I've never been a foreign correspondent so I am riveted by talking to people like Tim Ewart on what it's like to report on a famine and how he copes emotionally, or to Bill Neely about his moving reports from Kosovo, and how he coped with reporting the massacre,' says Katie.

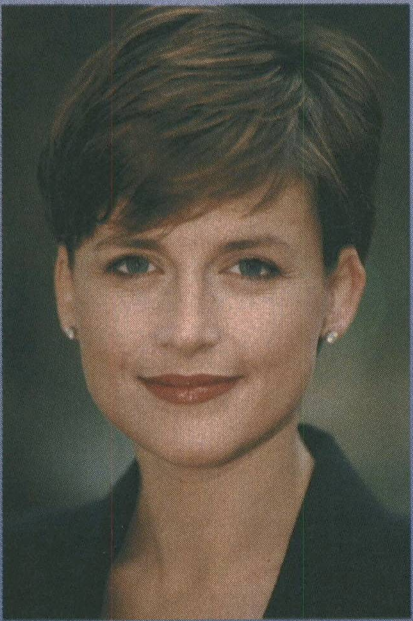
John Suchet, who also has his own show on ITV2, is thrilled at being given the chance to speak for more than a few seconds at a time.

'We all envy BBC's Michael Buerk who does so much more than read the news, now ITV2 gives us the chance here to do other things,' says Suchet. He hosts a programme called, *Who? What? Why?*, which each week explains the ins and outs of burning issues of the day with a panel of experts.

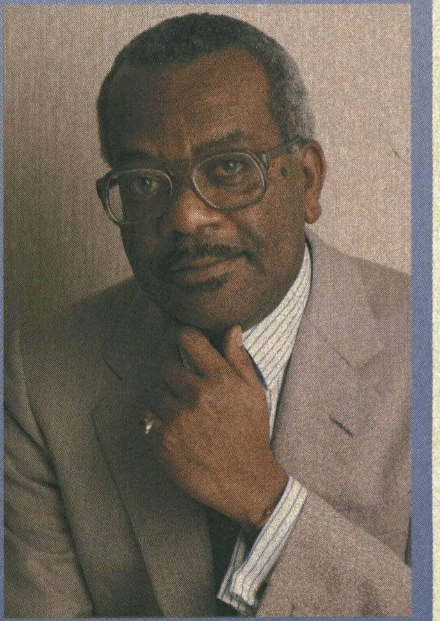
'Of course, I have my lunchtime news slot on ITN and I cherish that. But on ITV2 it is nice for once, not to have someone calling down my ear piece, "Three, two, one …"'

'Trevor McDonald Meets ...', 'Who? What? Why?' and 'Wide Angle' are on Sunday evenings on ITV2 with repeats during the week.

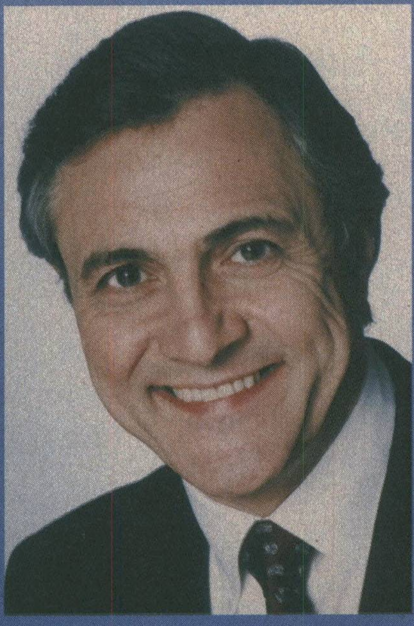
PHOTOS: ITN, SCOPE FEATURES



Katie Derham, who hosts the behind-the-news programme 'Wide Angle'



'Trevor McDonald Meets …' is hosted by the veteran newscaster, whose previous interviewees have included Saddam Hussein (below) and Nelson Mandela (bottom)



John Suchet presents the in-depth 'Who? What? Why?'

Twenty-first century

Despite his battle with Parkinson's disease, Michael J Fox is looking forward to the future with hope. Words: **Ivan Waterman**

HE'S the baby-faced comic star who spent 20 years making people laugh. But Michael J Fox is also accustomed to wiping away tears of pain in his battle against crippling Parkinson's disease. The future may sometimes look bleak, but he is determined to fight the illness that is threatening to destroy his career. And he believes medical research will come up with an answer to the disease by the time he is 50.

According to close friends he is even considering taking his trauma into his TV series *Spin City* – in which he plays a scheming deputy mayor – to offer encouragement to fellow sufferers.

Softly spoken Fox, 37, remains non-committal about the kind of slant he could give to Parkinson's. 'I want to do something,' he says, 'but I am not sure what.

'What we can't do is trivialise something like this in a sitcom. We have to be very careful. You have a lot of power to do good in this situation or do bad. Just don't do very bad.'

The diminutive 5' 4" Canadian has lived with the illness for eight years and is on medication to control the shaking symptoms of this nervous-system disorder. He didn't realise how ill he was until he suffered tremors on the movie *Doc Hollywood*.

But he kept the result of tests to himself. 'It wasn't a dark secret,' he says. 'I just had to deal with this myself.

'I had this mental box I was putting stuff into until the box was so full it couldn't take any more. Now maybe I can help people and my family by talking about my illness.'

He found the strength to go on from his actress wife Tracy Pollan and his three children, four-year-old twins Aquinnah Kathleen and Schuyler Frances, and Sam, aged nine.

In order to keep working on *Spin City* he devised a string of personal 'tricks'. He says: 'I can touch things, which stops the tremors for 15 seconds or so, or just keep moving around. Whatever happens, I won't let this depress me. I can sit in a chair and feel pain in every muscle but I won't give in.'

Fox made his name in the American TV hit *Family Ties* playing yuppie icon Alex P Keaton. Then he became a Hollywood 'player' as time traveller Marty McFly in Steven Spielberg's *Back to the Future* trilogy.

But he grew disillusioned with his Tinseltown lifestyle and, after a succession of movie flops culminating in weeks of despair in New Zealand making *The Frighteners*, he wanted to head back to the small screen.

'Before the twins were born I was making movies that were solely driven by the idea that they would make a lot of money,' he says. 'Nobody seemed to care about the script. Then I started slowing down. I was financially secure and I could do what I wanted to do. I didn't panic.'

Instead, he sought out prize supporting roles in films such as *The American President* and *Mars Attacks!* He said: 'That changed people's perception of me. I didn't have to be the big star like Michael Douglas or Jack Nicholson.

'I realised when making *The Frighteners* that things had to change. My daughters had just been born and I was thinking "What am I doing here?" *Spin City* was the answer to my prayers. I was ... saved!'

The series gave him back his star status. He claims his character, spin master Michael Flaherty, who is responsible for keeping Mayor Randall Winston (Barry Bostwick) in office and out of the scandal sheets, is close to his own personality.

'I love him because I like smart, articulate, insecure people who are in a position to get into a lot of trouble,' he says. 'He's very flippant and doesn't take things too seriously.'

The highly rated comedy series has just earned Michael a second Golden Globe award for his portrayal of Flaherty.

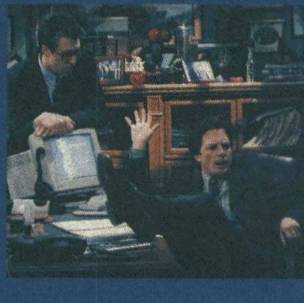
In the meantime, he faces the future wearing a brave smile. Most of all, he enjoys being with his family, though he confesses that having two growing daughters scares him to death. He says: 'It's only recently that I have realised that one day, not far away, they will be women.

'I know how boys are. I know how I was! There's no way I am going to let them go out with boys. I will barricade them in.' He pauses and roars: 'Hold everything! I feel another sitcom coming on.'

NEW SERIES

Paramount Comedy Channel

Spin City: Starts Thursday 4th 8.30pm



Getting into a spin: Stuart Bondek (Alan Ruck), the Mayor's chief of staff, and Deputy Mayor, Michael Flaherty (Michael J Fox)

PHOTOS: NBC. KENNETH WILLARDT/OUTLINE PRESS

Fox

Back to paranormal

NEW SERIES

Sky One

The X-Files
Sundays from 7th 9.00pm

The locations may have changed, but the new series of *The X-Files* promises all the sinister stories, creepy characters and plot surprises that fans have come to expect. **Patrick Holm** reports

THE sun beats down mercilessly on the minibus as it carries the weary flim crew from the California desert back to their homes… It's not the sort of backdrop that you'd normally expect to see in *The X-Files*, which is much better known for its murky woods, rain-drenched back streets and powerful torch beams cutting through the blackness of the night. But with the move of filming from Vancouver – where, as series star David Duchovny joked (much to the displeasure of local residents), it seemed to rain the vast majority of the year – to the sunny climes of Los Angeles, there's been a big change in feel and look to the series.

Mimi Rogers as Agent Diana Fowley

'In the first episode I wrote, we have a teaser where the first shot is of the sun and we hold on that,' creator Chris Carter says. 'Then we pan down to a desert landscape, which we would never have had in Vancouver. It's a wink to the audience that we are now in the land of sunshine.'

Chris Owens as Agent Jeffrey Spender

The sixth series of the worldwide phenomenon has a lot to live up to. The feature film, which is released on video as the new season arrives on Sky One, posed as many questions as it answered, although, once and for all, we now know that there really are aliens in the *X-Files* world, and that there really is a conspiracy surrounding them.

At the end of the fifth season the X-Files were closed; at the end of the movie they are re-opened – but with a twist. Fox Mulder and Dana Scully are no longer in charge of them. There may still be creepy unexplained incidents to be investigated, but they are now in the hands of Mulder's FBI rival, Agent Jeffrey Spender (Chris Owens), and his new partner, Agent Diana Fowley (Mimi Rogers). Both have other links to Mulder – Spender is apparently the son of the shadowy Cigarette Smoking Man, who may have had an affair with Mulder's mother, while Fowley is one of his old flames.

Of course, this doesn't stop Mulder and Scully getting involved, even if heavy-handed script writing is sometimes needed to shoehorn them into the plot. Some people just seem to attract trouble – like the time Mulder is taken hostage by a man who is being forced by some inner compulsion to drive west, his foot pressed down hard on the accelerator pedal.

The new series sees Mulder's position at the FBI become more tenuous as he and Scully no longer report to Assistant Director Walter Skinner. They are not going to be cut anywhere near as much slack as before.

And the conspirators are still out there while the time for colonisation is rapidly approaching …

Critics of the show's fifth season complained that it was treading water. But with its move to Los Angeles and the twisting of so many of its basic premises, *The X-Files* has gained a new lease of life.

SUPERNATURAL HISTORY…

With more twists than a Sixties dance contest, *The X-Files* can be tricky for the occasional viewer to keep up with. So now, here are the main points again:

Season 1 (1993-4)

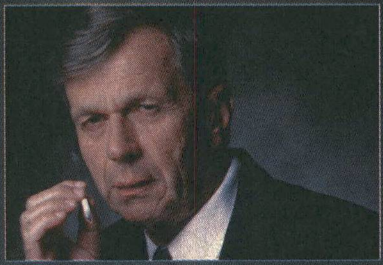
- FBI Agent Dana Scully is assigned to debunk the X-Files, the work of Agent Fox 'Spooky' Mulder whose sister, he believes, was abducted by aliens.
- The agents begin to come up against a conspiracy of silence about UFOs and the American government's involvement with aliens.
- The mysterious 'Deep Throat' points Mulder in the right direction, but at the end of the season is killed for his pains, and the X-Files are closed.

Season 2 (1994-5)

- Scully is kidnapped (by aliens?) and is returned after being subjected to a series of experiments.
- With the X-Files re-opened, Mulder and Scully discover a series of clones – including several of Mulder's sister – who are being hunted down by an alien assassin. Mulder is now being helped by a member of the conspiracy known only as X.
- Renegade FBI Agent Alex Krycek kills Mulder's father when files about alien life from the 1940s come to light.

Season 3 (1995-6)

- Scully discovers an implant in her neck, shortly before her sister is killed by Krycek's partner. Mulder and Scully discover secret government records containing tissue samples from thousands of Americans.
- Somehow, Japanese experimentation during World War II is connected to the conspiracy, while an alien ooze, discovered in a downed World War II bomber, is able to possess humans.
- We learn of the planned colonisation of Earth …



Season 4 (1996-7)

- The conspiracy is breeding bees to carry some form of poison. X is killed but passes on a new contact to Mulder – Marita Covarrubias.
- The Russians are investigating the black ooze.
- Scully discovers that she is suffering from cancer, as are other alien abductees.
- Mulder appears to commit suicide when he is shown evidence that the aliens are a fake created by the government and that Scully's cancer was man-made.

Season 5 (1996-7)

- Scully's cancer is halted when the microchip implant is put back in her neck. The Cigarette Smoking Man says he is the father of Mulder's sister.
- Scully learns that one of her ova was used to create a human/alien hybrid, Emily, who is killed.
- Agent Jeffrey Spender, whose mother was an alien abductee, is a rival at the FBI for Mulder. He is also the son of the Cigarette Smoking Man.

The conspiracy is working on a vaccine for the black ooze and kidnaps a boy who can read minds.

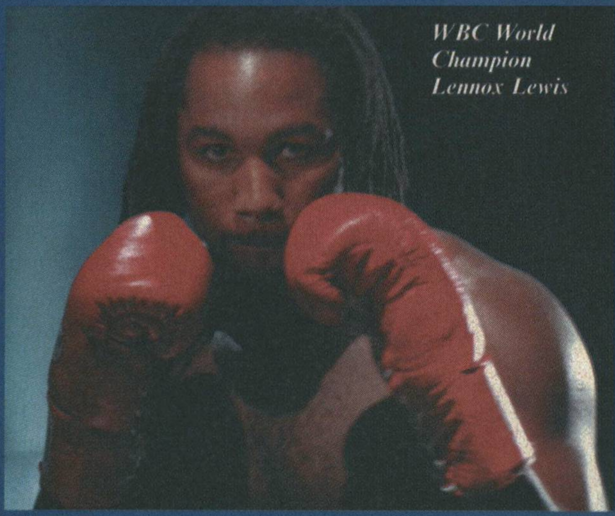
- The Cigarette Smoking Man burns Mulder's office and the X-Files are closed.

The X-Files: Fight the Future (1998)

- The black ooze is creating living aliens inside the shells of the humans it takes over.
- The conspiracy realises that the Earth is not going to be colonised, but conquered.
- Mulder and Scully discover white domes filled with bees that are carrying the black ooze. Scully is stung, but is saved by the conspiracy's vaccine. Faced with evidence of aliens, the X-Files are re-opened …

PHOTOS: FOX BROADCASTING CO. SCOTT DRAVES (HTTP://DRAVES.ORG)

This month's movies on-demand from Sky Box Office



SKY BOX OFFICE SPECIAL EVENT

Heavyweight boxing

Evander Holyfield
v Lennox Lewis

Who will become the undisputed heavyweight champion of the world?

Saturday 13 March 10.00pm

See Channel 50 for details.

Jackie Brown

Quentin Tarantino's absorbing comedy-drama about an airline stewardess (Pam Grier) who gets into trouble with the law when she's caught smuggling cash into the States for gunrunning crook Ordell Robbie (Samuel L Jackson). Bridget Fonda, Robert De Niro and Robert Forster also star. Sky 15 (L,V,S,M) *Premiere*

Firestorm

Action adventure about the exploits of a team of 'smoke jumpers' – daredevil firefighters who parachute into blazing forests to combat the inferno. The team not only have to battle the blaze, but also cope with an escaped psychopath who's taken a hostage and is hiding in the forest. Sky 15 (L,V) *Premiere*

How to be a Player

Sexy comedy starring Bill Bellamy as Dray, a playboy with a passion for ladies – and lots of them. Keeping several gorgeous women on the go is a full-time occupation for Dray, but his sister is determined to see him get his comeuppance when she falls victim to a similarly smooth operator. Sky 18 (L,S,M) *Premiere*

The Butcher Boy

This darkly comic film from director Neil Jordan tells the story of Francie, a young boy who copes with his tormented childhood by living a vivid fantasy life. But when his best friend disowns him, events take a macabre and shocking turn. Starring Eammon Owens and Stephen Rea. Sky 15 (L,V) *Premiere*

Gattaca

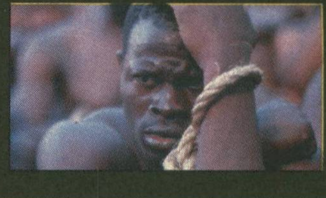
Sci-fi tale with Ethan Hawke and Uma Thurman. As a naturally born person in a world where genetic modification has produced a race of perfect people, Vincent must accept his position as a lowly janitor. But he dreams of entering the space programme and devises a risky plan. Sky 15 (L,V,S) *Premiere*

Kiss the Girls

Chilling thriller starring Morgan Freeman as a detective investigating a serial kidnapper who has abducted a string of young women. When one of the girls escapes, she volunteers to help bring the man to justice. Also starring Ashly Judd. Sky 18 (L,V,S) *Premiere*

Flubber

Chaotic comedy with Robin Williams as Phillip Brainard, an absent-minded professor who invents Flubber – a slippery green substance with a life of its own. The invention could make enough money to save his financially-strapped school, but someone else has their eye on it … Sky U *Premiere*



Amistad

Steven Spielberg's epic drama starring Matthew McConaughey and Anthony Hopkins. The story revolves around a court case over the ownership of a shipload of slaves who overpowered their captors at sea and landed in America. Sky 15 (L,V,S,M) *Premiere*

Term & Conditions: 1. Prices correct as at 1st March 1999 and inclusive of VAT at 17.5%. 2. The price of each movie/event will be added to your monthly bill. 3. For technical and operational reasons it is not possible to cancel any ordered movie. 4. You will be responsible for payment for all services ordered whether or not with your knowledge or consent. We therefore advise you to use the password facility to prevent unauthorised booking of these services. 5. Purchase of the movie/event is for broadcast on the set top box for which it has been ordered. It is not possible to transfer purchase from one set top box to another.

The next time you fancy a great night in, here's where to look – Sky Box Office, our movies on-demand service.

Only £2.95 per movie

You can see the best blockbusters months before they appear on any other UK channel, for just £2.95 a movie. You'll find all the films listed here every month – and there are exciting previews on TV Today on Channel 50. So take a look at what we've got to offer – and then get the best seat in the house.

How to order your movie

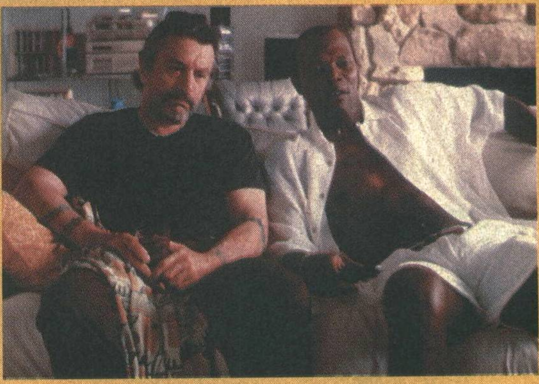
It's easy to order using your remote control. Simply tune in to Channel 50 and follow the instructions shown on TV Today.

(Remote control ordering is not yet available in all areas. It will be become available when the Cable & Wireless Digital Service is launched in 1999).

If you have any questions, you can phone the free TV on-demand helpline on **0500 60 10 50**.

Now all you have to do is choose what you want to watch.

Sky Box Office is not yet available in Millharbour, New Ash Green, Buckinghamshire and South Herts.

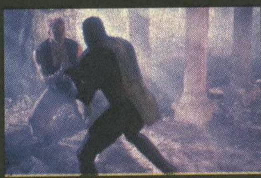


Jackie Brown

SKY box office

Chasing Amy

Ben Affleck stars in this intelligent comedy as Holden, a maker of comic books who thinks he has found the love of his life, Amy, until he discovers she is gay. Also stars Joey Lauren Adams, Jason Lee and Dwight Ewell. Sky 18 (L,V,S) *Premiere*



Mortal Kombat: Annihilation

Earth's finest young warriors band together to save the world against the evil overlord of the Outworld in this action adventure movie packed with spectacular stunts, special effects and kung-fu choreography. Sky 15 (V) *Premiere*

Fallen

Supernatural thriller with Denzel Washington as a detective who sends a serial killer to the electric chair, only to find the man's evil spirit comes back to unleash a wave a terror. Also starring John Goodman and Donald Sutherland. Sky 15 (L,V) *Premiere*

Good Burger

TV's Kenan and Kel star in this crazy comedy about two fast food workers whose burger business is threatened with takeover by a giant restaurant chain which has its eye on the boys' secret ingredient and will stop at nothing to get it. Sky PG

As Good as It Gets

Grouchy Melvin (Jack Nicholson) has to look after his neighbour's dog, and can't think of anything worse. But the situation leads to an unlikely romance with feisty waitress Carol (Helen Hunt) in this touching drama. Sky 15 (L)

Good Will Hunting

Oscar-winning comedy drama starring Matt Damon as a young genius struggling to come to terms with his traumatic life, and Robin Williams as the psychologist who reaches out to him. Sky 15 (L,S,V)

Starship Troopers

When Earth is threatened by an alien foe, teenager John Rico (Casper Van Dien) and his friends sign up to fight against vicious bug-like alien enemies. Will they survive, or become just another helping of human bug bait? Sky 18 (L,V,S)

The Edge

Alec Baldwin, Anthony Hopkins and Elle Macpherson star in this wilderness drama. The trio are stranded in Alaska and have to contend with a ferocious Kodiak bear, as well as their own suspicions about each other. Sky 15 (L,V)

The Postman

Futuristic drama starring Kevin Costner as a man who tries to unite the folk of a small village to defend themselves against a cruel dictator. Sky 15 (L,V,S)

Double Team

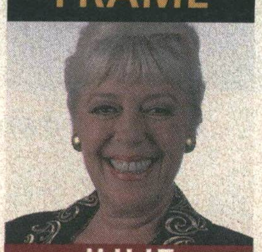
Action drama with Jean-Claude Van Damme and Dennis Rodman, who team up to take on a master criminal. Sky 18 (L,V,S)

L = Strong language M = Mature themes
S = Scenes of a sexual nature V = Violence

CABLE & WIRELESS

FILM PLANNER

IN THE FRAME



JULIE GOODYEAR MBE

What's your favourite musical and why?
High Society, because it gives me a lift.

Who's your favourite movie actor?
Laurence Olivier. I met him when I was working at Granada and he gave me a lot of valuable tips, which I've been able to use.

Who is your favourite actress?
Joanna Lumley, because she can laugh at herself.

What's your scariest movie moment?
Well, it was on the small screen – it was the Rovers Return fire in *Coronation Street*. I was in it and it was real!

What's your favourite comedy and why?
TV's *Only Fools and Horses*. Everything about it worked, from the writing to the acting. It was excellent.

Who was the best blonde bombshell?
It's got to be Marilyn Monroe – after Bet Lynch, of course!

What's your favourite weepie and why?
ET –The Extra-Terrestrial, because you wanted to reach through the screen and give ET a big hug.

Who was the best James Bond?
Sean Connery.

What's your favourite movie quote?
'Is that a gun in your pocket, or are you just glad to see me?' Mae West in *Sextette*.

● Julie Goodyear can be seen as Bet Lynch in *Classic Coronation Street*, weekdays on Granada Plus.

ANIMATION

A
ALADDIN & THE KING OF THIEVES 14, 23 Disney SUBTITLED ★★★
ALICE IN WONDERLAND 4, 16 Disney SUBTITLED ★★★
AMERICAN TAIL 2: FIEVEL GOES WEST 7, 16 Sky Premier ★★★

B
BAD BABY 3 Disney SUBTITLED ★★★
BEAVIS AND BUTT-HEAD DO AMERICA 28 Sky MovieMax SUBTITLED ★★★★
THE BRAVE LITTLE TOASTER GOES TO MARS 8 Disney SUBTITLED ★★★
THE BRAVE LITTLE TOASTER TO THE RESCUE 18 Disney SUBTITLED ★★★

G
A GOOFY MOVIE 1, 20 Disney SUBTITLED ★★★

L
LAND BEFORE TIME V: THE MYSTERIOUS ISLAND Voice of Jeff Bennett 27 Sky Premier PREMIERE ★★★

M
MACROSS PLUS 6 FilmFour ★★★★

O
101 DALMATIANS 11 Disney SUBTITLED ★★★★

S
SWORD IN THE STONE 13 Disney SUBTITLED ★★

W
WINNIE THE POOH'S MOST GRAND ADVENTURE 9 Disney SUBTITLED ★★★

COMEDY

A
ABBOTT AND COSTELLO IN HOLLYWOOD 31 TNT ★★★
ABBOTT AND COSTELLO MEET DR JEKYLL & MR HYDE 10 Sky Cinema ★★★
ADDICTED TO LOVE 10 Sky Premier SUBTITLED ★★★★
THE ADVENTURES OF FORD FAIRLANE 14 Sky MovieMax DS ★★★
ADVENTURES OF SHERLOCK HOLMES SMARTER BROTHER 5 Sky MovieMax ★★★
ALEX IN WONDERLAND 24 TNT ★★★
ARTISTS AND MODELS 1 Sky Cinema ★★★
THE ASSOCIATE 13 Sky MovieMax SUBTITLED ★★★

B
BARCELONA Taylor Nichols 9 FilmFour ★★★★
BEAN 9 Sky Premier ★★
BEDKNOBS AND BROOMSTICKS 14, 25 Disney SUBTITLED ★★★★
THE BEST HOUSE IN LONDON David Hemmings 21 TNT ★★★
BEVERLY HILL BRATS 20 HVC ★★
BEVERLY HILLS NINJA 5 Sky MovieMax PREMIERE ★★★
THE BIGGEST BUNDLE OF THEM ALL 6 TNT ★★★★
BILLY MADISON 7 Sky MovieMax SUBTITLED ★★★
BIO-DOME 14 Sky MovieMax SUBTITLED ★★★
BITTER MOON 21 FilmFour SUBTITLED ★★★★
BOB ROBERTS Tim Robbins 5 FilmFour ★★★★
BOGUS 28 Sky Premier SUBTITLED ★★★
THE BOMBER BOYS 10, 25 Sky Premier ★★
BOYS' NIGHT OUT Kim Novak 28 TNT ★★★
BRAINDEAD Timothy Balme 26 FilmFour ★★★★
BREAKFAST AT TIFFANY'S 2 Sky Cinema ★★★★★
BUCK PRIVATES Bud Abbott 12 Sky Cinema ★★★
BUDDY BUDDY Jack Lemmon, Walter Matthau 29 TNT ★★★★
BULLETPROOF 7 Sky MovieMax SUBTITLED ★★★
BULLETS OVER BROADWAY John Cusack 9 FilmFour ★★★★
BURY ME IN NIAGARA 8 Sky MovieMax ★★★

C
CANNONBALL FEVER 3 Sky Premier ★★
CARPOOL 3, 12, 21 Sky Premier SUBTITLED ★★★
CASPER: A SPIRITED BEGINNING 14 Sky Premier DS Steve Guttenberg ★★★
THE CHEROKEE KID 9, 19 Sky Premier DS ★★★
CRITICAL CONDITION 6 Sky MovieMax ★★★
CROCODILE DUNDEE 14 Sky MovieMax ★★★

D
DARKNESS IN TALLINN 4 FilmFour ★★★★
DEAR GOD 2, 11 Sky Premier SUBTITLED DS ★★★
DELICATESSEN 2 FilmFour ★★★★
THE DEVIL AND MISS JONES Jean Arthur 27 Sky Cinema ★★★★
DRACULA: DEAD AND LOVING IT 20 Sky MovieMax SUBTITLED ★★

E
EAT DRINK MAN WOMAN 17 FilmFour ★★★★
ED 15 Sky MovieMax SUBTITLED ★★★
8 HEADS IN A DUFFLE BAG Joe Pesci 26 Sky MovieMax PREMIERE ★★★
ERIK THE VIKING 5 Sky MovieMax SUBTITLED ★★★★

F
FAMILY PLAN Leslie Nielsen 14, 20, 31 Sky Premier SUBTITLED PREMIERE ★★★★
A FEAST AT MIDNIGHT 18 FilmFour ★★★★
FIERCE CREATURES 13 Sky Premier SUBTITLED ★★
FLIRTING WITH DISASTER 23 Sky Premier ★★★★
FRENCH KISS Meg Ryan 12 FilmFour ★★★
FROM NOON TILL THREE 11 Sky Cinema ★★★
THE FULL MONTY 16, 22 Sky Premier SUBTITLED PREMIERE ★★★★

G
GARBAGE PICKING 28 Disney SUBTITLED ★★★
GENTLEMEN PREFER BLONDES Marilyn Monroe 11 Sky Cinema ★★★★
GET SHORTY John Travolta 7 FilmFour ★★★★
GINGER ALE AFTERNOON 24 HVC ★
THE GNOME MOBILE 17 Disney SUBTITLED ★★★
GO WEST YOUNG MAN 6, 25 Sky Cinema ★★★
GODDESS OF LOVE 24 Sky MovieMax ★★★
GOING MY WAY Bing Crosby 16 Sky Cinema ★★★★★
GOOD MORNING VIETNAM 27 FilmFour ★★★★★
THE GREAT WHITE HYPE 1, 31 Sky Premier SUBTITLED ★★★★
GREEN CARD 21 Sky Premier ★★★
GRIDLOCK'D Tim Roth 26 Sky MovieMax SUBTITLED ★★★★
GROSSE POINTE BLANK John Cusack, Minnie Driver 2, 10, 29 Sky Premier SUBTITLED ★★★★
A GUIDE FOR THE MARRIED MAN Walter Matthau, Inger Stevens 7, 31 Sky Cinema ★★★

H
HAPPY GILMORE Adam Sandler 7 Sky MovieMax SUBTITLED ★★★
HELLO AGAIN Shelley Long 13, 22 Sky Premier ★★★★
HELLZAPOPPIN 20 Sky Cinema ★★★
HIGH SCHOOL HIGH 5 Sky MovieMax SUBTITLED ★★★
HIGHWAYS 14 HVC ★★
HIS GIRL 15 FilmFour ★★★★
HOME ALONE Macaulay Culkin 21, 27 Sky Premier ★★★★
HOME FRONT Jon Cryer 1, 10, 26 Sky Premier ★★★
THE HONEY POT 14 Sky Cinema ★★★
HONEY, WE SHRUNK OURSELVES 6, 30 Disney SUBTITLED ★★
HOT TIMES AT MONTCLAIR HIGH 1 HVC ★★
HOUSE ARREST 6, 16, 26 Sky Premier ★★★
HOWARD – A NEW BREED OF HERO Lea Thompson 8 Sky MovieMax DS ★★★

I
INTIMATE RELATIONS Julie Walters 1, 11 Sky Premier SUBTITLED ★★★★
IT TAKES TWO Kirstie Alley 7, 13, 18 Sky Premier ★★

J
JAMÓN JAMÓN 18 FilmFour ★★★★
THE JERKY BOYS John G Brennan 26 Sky MovieMax SUBTITLED ★★★
JERRY MAGUIRE 17 Sky Premier SUBTITLED ★★★
JINGLE ALL THE WAY 6, 19, 31 Sky Premier SUBTITLED DS ★★
JOE'S APARTMENT Jerry O'Connell 15 Sky MovieMax SUBTITLED DS ★★★
JUNGLE 2 JUNGLE Tim Allen 21 Disney SUBTITLED ★★★

K
KIDS IN THE HALL: BRAIN CANDY 28 Sky MovieMax ★★
KINGPIN 28 Sky MovieMax SUBTITLED ★★★★

L
LARGER THAN LIFE 24 Sky Premier ★★★★
LITTLE MONSTERS 15 Sky Premier DS ★★
LITTLE SHOP OF HORRORS 17 Sky Cinema ★★★★
LOOKING FOR TROUBLE 30 Sky MovieMax ★★★
THE LOVE BUG 10 Disney SUBTITLED ★★★
LOVERBOY 22 Sky MovieMax ★★★

M
M.A.S.H Donald Sutherland 4 Sky Cinema ★★★★★
MAGIC STICKS George Kranz 7 Sky MovieMax ★★★
MAGIC TOWN 3 Sky Cinema ★★★★
MAIL TO THE CHIEF 2, 29 Disney SUBTITLED ★★
MARS ATTACKS! Jack Nicholson 10 Sky MovieMax SUBTITLED DS ★★★★
MEET THE FEEBLES 26 FilmFour ★★★
METROPOLITAN Edward Clements 9 FilmFour SUBTITLED ★★★★
THE MIRROR HAS TWO FACES 27 Sky Premier SUBTITLED ★★★
A MODERN AFFAIR Lisa Eichhorn 6 Sky Premier ★★★
MONKEY BUSINESS Cary Grant, Marilyn Monroe 2 Sky Cinema ★★★★
MONSIEUR BEAUCAIRE 23 Sky Cinema ★★★
MR HEADMISTRESS 24 Disney SUBTITLED ★★★
MR RELIABLE 27 Sky MovieMax SUBTITLED ★★★
MR WRONG 29 Sky MovieMax SUBTITLED ★★★
MY FAVOURITE BLONDE 20 Sky Cinema ★★★
MY LITTLE CHICKADEE 25 Sky Cinema ★★★

N
NATIONAL LAMPOON'S THE DON'S ANALYST 23 Sky MovieMax PREMIERE ★★★
NEXT STOP GREENWICH VILLAGE Lenny Baker 2 Sky Cinema ★★★★
92 IN THE SHADE 4, 14 Sky Cinema ★★★
NO TIME FOR LOVE 6, 14 Sky Cinema ★★★
THE NUTTY PROFESSOR Eddie Murphy 20 Sky Premier SUBTITLED ★★★

O
OTHER PEOPLE'S MONEY Danny DeVito 6 FilmFour ★★★

P
PARENTS 28 Sky MovieMax DS ★★★
PENELOPE 20 TNT ★★★
THE PHILADELPHIA STORY Cary Grant 18 TNT ★★★★★
THE POPE MUST DIE 19 Sky Premier DS ★★
THE PRINCE OF L.A. Rich Longfellow 19 HVC ★★
A PRIVATE FUNCTION 17 FilmFour ★★★★
PRIVATE PARTS 21 Sky MovieMax SUBTITLED ★★★★

R
ROAD TO SINGAPORE 4 Sky Cinema ★★★
ROAD TO ZANZIBAR 5 Sky Cinema ★★★
ROMY & MICHELE'S HIGH SCHOOL REUNION 17 Sky MovieMax SUBTITLED ★★★

S
SAFETY PATROL 5 Disney SUBTITLED ★★★
SEA DEVILS 19, 25 Sky MovieMax ★★★
THE SECRET AGENT CLUB 28 Sky Premier ★★★
THE SHOP AROUND THE CORNER 25 TNT ★★★
THE SILENCE OF THE HAMS 12 Sky MovieMax ★★
SINGLES Bridget Fonda 20 FilmFour SUBTITLED ★★★
SLITHER James Caan, Peter Boyle 14 TNT ★★★
SNOWBOARD ACADEMY 10, 18 Sky MovieMax PREMIERE ★★★
SOMEONE ELSE'S AMERICA 10 Sky MovieMax DS ★★★★
SORROWFUL JONES 7 Sky Cinema ★★★
SPACE CASE 15 HVC ★★
SPACE JAM 5, 28 Sky Premier SUBTITLED ★★★
SPICEWORLD THE MOVIE 16 Sky MovieMax SUBTITLED ★★★
STRICTLY BUSINESS 2, 14, 26 Sky Premier ★★★
SUNDAY IN NEW YORK Cliff Robertson 9 TNT ★★★
THE SUNSHINE BOYS Walter Matthau 10 TNT ★★★★
SWEETHEARTS 20 Sky MovieMax ★★★
SWINGERS Jon Favreau 28 Sky MovieMax SUBTITLED ★★★★

T
TAKE YOUR BEST SHOT Robert Urich 7, 17, 26 Sky MovieMax ★★★
THINGS CHANGE 1 FilmFour ★★★★
TIN MEN Richard Dreyfuss, 6 FilmFour ★★★★
TO CATCH A YETI Meat Loaf, Chantellese Kent 4 HVC ★★
A TOUCH OF LARCENY 16 Sky Cinema ★★★
TRUST 7 FilmFour ★★★★
THE TRUTH ABOUT CATS & DOGS 5 Sky MovieMax SUBTITLED ★★★

Here's our alphabetical at-a-glance planner to March's films on Sky Premier, Sky MovieMax, Sky Cinema, FilmFour, TNT, Disney and HVC. For full details and times, please refer to the daily listings. **PREMIERE:** first showing on British TV. **WIDESCREEN:** a film shown in letterbox format. **LAST PLAY:** last showing on the channel indicated. **SUBTITLES:** a film subtitled on Page 888 of SKYTEXT. **DS:** Dolby Surround. Figures denote date of the month.

★★★★★ Unmissable ★★★★ Good ★★★ Quite good ★★ Average ★ Awful

TWENTY BUCKS 14 FilmFour ★★★★

V

VEGAS VACATION Chevy Chase 28 Sky MovieMax SUBTITLED ★★

W

THE WAR OF THE ROSES 16 Sky Premier SUBTITLED ★★★★

WHEN TOMORROW HITS 12 HVC ★★

WHERE THE SPIES ARE David Niven 1 TNT ★★★

WIDOW'S PEAK Mia Farrow 31 FilmFour SUBTITLED ★★★

WILD MANEUVERS Arnold Vosloo 3 HVC ★★

THE WITCHES Anjelica Huston DS 14 Sky Premier ★★★★

WOMAN OF THE YEAR Spencer Tracy 28 TNT ★★★

W. R. – MYSTERIES OF THE ORGANISM Mileana Dravic 13 FilmFour ★★★★

Y

YOU LUCKY DOG 22 Disney SUBTITLED ★★★

DOCUMENTARY

H

HAIL! HAIL! ROCK 'N' ROLL Chuck Berry 31 Sky Cinema DS ★★★

I

I AM CURIOUS – YELLOW 6 FilmFour ★★★★

K

THE KIDS ARE ALRIGHT 1 FilmFour ★★★★

M

MY KNEES WERE JUMPING: REMEMBERING THE KINDERTRANSPORTS 29 FilmFour ★★★★★

W

THE WAR ROOM 21 FilmFour ★★★★★

WIGSTOCK: THE MOVIE 20 Sky MovieMax ★★★★

DRAMA

A

ABOUT MRS LESLIE 2 Sky Cinema ★★★

ABOUT SARAH Kellie Martin 17 Sky Premier ★★★

L'ACCOMPAGNATRICE 3 FilmFour ★★★

THE ACCUSED Jodie Foster 18 Sky Premier DS ★★★★

ADA Susan Hayward, Dean Martin 16 TNT ★★★

ADRENALIN: FEAR THE RUSH Christopher Lambert 4, 18 Sky MovieMax ★★

ADVISE & CONSENT 16 Sky Cinema ★★★★

ALASKA Thora Birch 9 Sky MovieMax SUBTITLED ★★★★

ALEX AND THE GYPSY Jack Lemmon, James Woods 28 Sky Cinema ★★★

ALFRED THE GREAT David Hemmings 3 TNT ★★★

ALL THE WINTERS THAT HAVE BEEN Richard Chamberlain, Karen Allen 10 Sky MovieMax ★★★

AMATEUR 7 FilmFour ★★★★

AMY Jenny Agutter, Barry Newman 22 Sky Premier ★★★

AND BABY MAKES SIX 3, 18 Sky MovieMax ★★

ANGELA 14 FilmFour ★★★★

ANGELS & INSECTS 24 FilmFour ★★★★

ANGELS IN THE ATTIC Clayton Taylor 9, 22 Sky Premier ★★★

THE ANGRY HILLS 2 TNT ★★★

ANNE OF WINDY POPLARS 11 Sky Cinema ★★★

ANOTHER COUNTRY 15 FilmFour ★★★★

AROUND THE WORLD IN 80 DAYS 18 Sky Cinema ★★★★

ARTURO'S ISLAND Reginald Kernan 28 TNT ★★★★

THE ASPHALT JUNGLE Sterling Hayden 27 TNT ★★★

AT RISK 18 HVC ★★

B

BABETTE'S FEAST 17 FilmFour ★★★★

BACKDRAFT Kurt Russell 24, 30 Sky Premier ★★★

THE BAD AND THE BEAUTIFUL 3 TNT ★★★★

THE BALLAD OF LITTLE JO 8 FilmFour ★★★

BASIC DECEPTION 19 HVC ★★★

BATAAN 25 TNT ★★★★

BATTLE BENEATH THE EARTH 3 TNT ★★★

BEFORE SUNRISE 15 FilmFour SUBTITLED ★★★

THE BEGUILED Clint Eastwood 25 Sky Cinema ★★★★

BEN-HUR Charlton Heston, Jack Hawkins 21 TNT ★★★★★

BENT 29 FilmFour ★★★★

THE BIG KNIFE Jack Palance 20 Sky Cinema ★★★

THE BIG MAN Liam Neeson 3, 12, 22 Sky Premier ★★★★

BIGFOOT – THE UNFORGETTABLE ENCOUNTER 7 HVC ★★

BILOXI BLUES 13 Sky MovieMax DS ★★★★

BLEEDING HEARTS Elliot Gould 12 HVC ★★

A BLUEPRINT FOR MURDER 9 Sky Cinema ★★★

BLUME IN LOVE 30 Sky Cinema ★★★

BONFIRE OF THE VANITIES 9 FilmFour ★★★

BOUND 15 Sky MovieMax SUBTITLED ★★★

BOUNTY HUNTER 2002 28 HVC ★★

BOUNTY HUNTERS 4 Sky Premier ★★★

BRIDGE TO THE SUN Carroll Baker 27 TNT ★★★

BRINK! 12, 27 Disney SUBTITLED ★★★

BROKEN ENGLISH Aleksandra Vujcic 24 Sky MovieMax PREMIERE SUBTITLED ★★★★

BROKEN SILENCE 30 Sky MovieMax ★★★

BROTHERLY LOVE Peter O'Toole 4 TNT ★★★

BRUBAKER Robert Redford 29 Sky Cinema ★★★

THE BRUCE 21 Sky MovieMax PREMIERE ★★★★

BRUTAL GLORY 16 Sky MovieMax ★★

BUCK AND THE MAGIC BRACELET Matt McCoy 7, 18, 29 Sky MovieMax WIDESCREEN ★★★

BURNING SECRET 3, 12, 26 Sky Premier ★★★

THE BUTTERCREAM GANG 16 Sky MovieMax ★★★

C

CAB TO CANADA 11 Sky MovieMax PREMIERE ★★★★

CAL John Lynch, Helen Mirren 16 FilmFour SUBTITLED ★★★★

CALL NORTHSIDE 777 4 Sky Cinema ★★★★

CANNERY ROW 29 TNT ★★★

CARRIERS 30 Sky MovieMax ★★★

CATCH-22 Alan Arkin 22 Sky Cinema ★★★★

CAUGHT Edward James 20 Sky MovieMax DS ★★★

CHALLENGERS Gwynyth Walsh 18 Sky MovieMax ★★★

CHAMPION Kirk Douglas 23 Sky Cinema ★★★★

A CHANGE OF HEART Andrew McCarthy 12 Sky MovieMax PREMIERE ★★★

CHARLIE'S GHOST STORY 8, 18, 27 Sky Premier ★★

CHE! Omar Sharif 3, 28 Sky Cinema ★★★

CHILDREN OF A LESSER GOD William Hurt 18 Sky Premier SUBTITLED ★★★

THE CINCINNATI KID Steve McQueen 6 TNT WIDESCREEN ★★★★

CINEMA PARADISO Philippe Noiret 9, 19, 28 Sky MovieMax ★★★★★

CITY ACROSS THE RIVER 19 Sky Cinema ★★★

CITY THAT NEVER SLEEPS 10 Sky Cinema ★★★

CLARA'S HEART 5 Sky Premier ★★★

CLEOPATRA Elizabeth Taylor 17 Sky Cinema ★★★★

CLOSE MY EYES Alan Rickman 8 FilmFour ★★★

CLUBHOUSE DETECTIVES 20 Sky Premier ★★★

THE COLOR PURPLE Whoopi Goldberg, Danny Glover 17 Sky Premier SUBTITLED ★★★★

CONTRABAND Conrad Veidt 23 Sky Cinema ★★★

CORNERED Dick Powell 9 Sky Cinema ★★★

COUPE DE VILLE 13 Sky MovieMax ★★★

COYOTE SUMMER 15 Sky MovieMax ★★★

THE CROSSING GUARD Jack Nicholson 3 Sky Premier SUBTITLED ★★★★

THE CURE Joseph Mazello 8, 17 Sky MovieMax ★★★

D

D3: THE MIGHTY DUCKS 28 Disney ★★★

DANGEROUS AFFAIRS 29 HVC ★★

THE DAY THEY ROBBED THE BANK OF ENGLAND Aldo Ray 18 TNT ★★★

DAYLIGHT Sylvester Stallone 3, 29 Sky Premier SUBTITLED ★★★

DAYS OF GLORY Gregory Peck 15 Sky Cinema ★★★★

DAYS OF HEAVEN Richard Gere 6 Sky Cinema SUBTITLED ★★★

DAYS OF WINE AND ROSES 7 Sky Cinema ★★★★

DEAD PRESIDENTS 30 Sky MovieMax SUBTITLED DS ★★★★

DEAD SILENCE 6, 28 Sky Premier SUBTITLED ★★★

THE DEAD ZONE Christopher Walken 19 FilmFour SUBTITLED ★★★

DEADLINE U.S.A. 8, 27 Sky Cinema ★★★★

DEATH BEFORE SUNRISE 24 HVC ★★

DEMETRIUS AND THE GLADIATORS Victor Mature 27 Sky Cinema ★★★★

DENISE CALLS UP Alanna Ubach 28 FilmFour ★★★

DESERT RATS Richard Burton 1, 19, 28 Sky Cinema ★★★

DESERT STEEL David Naughton 22 HVC ★★

DESPERATE Steve Brodie 15 Sky MovieMax ★★

DESTINATION GOBI 15, 28 Sky Cinema ★★★

DIE HARD 2 Bruce Willis 21 Sky MovieMax ★★★★

DIRTY MARY, CRAZY LARRY Peter Fonda 17 Sky Cinema ★★★★

DON'T LOOK NOW 18 FilmFour ★★★★

DONNIE BRASCO Al Pacino 25 Sky Premier SUBTITLED DS ★★★★

DOUBLE EDGE Faye Dunaway 3 HVC ★★★

DRAGNET Jack Webb 5 Sky Cinema ★★★

E

EAST OF EDEN 14 Sky Cinema ★★★★

EAT A BOWL OF TEA 27 Sky MovieMax ★★★

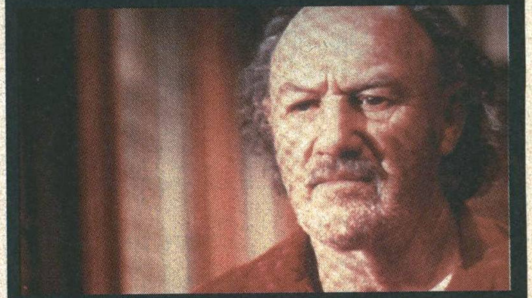
EBIRAH – HORROR OF THE DEEP Akira Takarada 28 Sky MovieMax ★★★

MARCH PREMIERES

Water baby. Sandra Bullock reprises her role of sassy heroine Annie Porter in the explosive, ocean-bound action thriller 'Speed 2: Cruise Control'. Sky Premier Saturday 6th 8.00pm

START I
START II

Fearless Hong Kong action icon Jackie Chan hurls himself into more bone-crunching stunts in the spy movie spoof 'Jackie Chan's First Strike'. Sky MovieMax Friday 19th 9.30pm



Gene Hackman contributes a typically blistering performance as a death row inmate in the John Grisham adaptation 'The Chamber'. Sky Premier Thursday 4th 8.30pm

A trick photographer, Charles Castle (Toby Stephens, left), embarks on an obsessive investigation into the existence of fairies in the hallucinatory period drama 'Photographing Fairies'. Sky Premier Thursday 25th 8.30pm

FILM PLANNER FILM PLANNER FILM PLANNER

THE EFFECT OF GAMMA RAYS ON MAN-IN-THE-MOON MARIGOLDS 16, 29 Sky Cinema ★★★★
THE EIGHTH DAY Daniel Auteuil 4 Sky Cinema ★★★★
EMMA 24 Sky MovieMax SUBTITLED ★★★★
END OF INNOCENCE Dyan Cannon 30 HVC ★★
LES ENFANTS DU PARADIS PARTS I & 2 Pierre Brasseur 2 FilmFour ★★★★
THE ENGLISH PATIENT Ralph Fiennes 19 Sky Premier SUBTITLED ★★★★
ENTERTAINING ANGELS Moira Kelly 9, 20 Sky Premier SUBTITLED ★★★
ESCAPE FROM EAST BERLIN 15 TNT ★★★
ESCAPE FROM WILDCAT CANYON 21 Disney PREMIERE ★★★
THE EUROPEANS Lee Remick 10 Sky Cinema ★★★
EVEN COWGIRLS GET THE BLUES 8 FilmFour ★★★
F
FATAL JUDGEMENT Patty Duke 17 HVC ★★
FATHER BROWN 26 Sky Cinema ★★★★
FEAST OF JULY 14, 22 Sky Premier DS ★★★
A FIGHT FOR JUSTICE 22 Sky MovieMax ★★★
THE FIGHTING SEABEES 14 Sky Cinema ★★★★
THE FIXER 18 TNT ★★★★
FLESH AND FURY Tony Curtis 13 Sky Cinema ★★★★
FLIPPER Paul Hogan 3 Sky MovieMax SUBTITLED ★★★
FLY AWAY HOME 18 Sky Premier SUBTITLED ★★★
THE FLYING LEATHERNECKS 13 Sky Cinema ★★★
FLYING TIGERS John Wayne 7 Sky Cinema ★★★
FOR HOPE Polly Bergen 9 Sky MovieMax ★★★
FOREVER LOVE 10, 19, 30 Sky Premier PREMIERE ★★★
FOR EVER MOZART 23 FilmFour ★★★
FOXFIRE 29 Sky Premier ★★
FREEZE FRAME 28 Sky MovieMax ★★
FRENCH CONNECTION II Gene Hackman 12, 23, 31 Sky Cinema ★★★★
FRIENDSHIP'S FIELD 27 Sky MovieMax ★★★
FROM THE TERRACE 18 Sky Cinema ★★★★
FUNNY CAR SUMMER 10 HVC ★★
G
THE GALLANT HOURS 18 Sky Cinema ★★★
THE GAMBLER Michael Gambon 14 FilmFour ★★★★
GENTLEMAN'S AGREEMENT Gregory Peck 8, 27 Sky Cinema ★★★★
GIANT James Dean 10 Sky Cinema ★★★★
THE GIRL IN ROOM 17 27 Sky Cinema ★★★
THE GLASS MENAGERIE 15 Sky Cinema ★★★★
GOLD IN THE STREETS 23 Sky MovieMax ★★★
GOLDEN EARRINGS 31 Sky Cinema ★★★
GOOD GUYS WEAR BLACK Chuck Norris 24 Sky MovieMax ★
GRACE OF MY HEART 27 Sky MovieMax ★★★
LA GRANDE BOUFFE 18 FilmFour ★★★★
THE GREAT WHITE HOPE 9, 31 Sky Cinema ★★★★
THE GREATEST SHOW ON EARTH Betty Hutton 7, 19 Sky Cinema ★★★★
GUINEVERE 5, 13, 25 Sky MovieMax ★★★
GUS 12 Sky MovieMax ★★★
H
HALLOWEENTOWN 26 Disney PREMIERE ★★★
HAMLET Kenneth Branagh 8 Sky Premier SUBTITLED ★★★
HEART FULL OF RAIN 29 Sky MovieMax ★★★
HEARTS ADRIFT 2, 19 Sky Premier DS ★★★
HEAT AND DUST 3, 25 Sky Cinema DS ★★★★
HEAVENLY CREATURES 26 FilmFour ★★★★
HELLFIGHTERS John Wayne 30 Sky Cinema ★★★★
HIDDEN IN AMERICA 14 Sky MovieMax ★★★★
THE HILL 2 TNT WIDESCREEN ★★★★
HLAS POUR MOI Gerard Depardieu 16 FilmFour ★★★★
A HOLIDAY AFFAIR Robert Mitchum 29 Sky Cinema ★★★
A HOLIDAY FOR LOVE 16, 25 Sky MovieMax ★★
HOLLOW REED Sam Bould 31 FilmFour SUBTITLED ★★★★
HOLLYWOOD CONFIDENTIAL 16 Sky MovieMax PREMIERE ★★★
HOME INVASION 7, 15 Sky MovieMax ★★★
HONKYTONK MAN 12 Sky Cinema SUBTITLED ★★★
HOTEL SORRENTO 3, 28 Sky Premier SUBTITLED ★★★
HOUSE OF SEVEN GABLES 28 Sky Cinema ★★★
HOWARDS END 15 Sky Cinema ★★★★
THE HUNCHBACK OF NOTRE DAME Charles Laughton, Cedric Hardwicke 23 Sky Cinema ★★★★
THE HUSTLER Paul Newman 13 Sky Cinema ★★★★
I
I STILL LOVE L.A. 31 Sky MovieMax PREMIERE ★★★
I'LL BE SEEING YOU Ginger Rogers 4 Sky Cinema ★★★★
IN HARM'S WAY John Wayne 26 Sky Cinema ★★★★
IN NAME ONLY 8 Sky Cinema ★★★
IN YOUR WILDEST DREAMS 5 HVC ★★
INVISIBLE DAD 6, 14, 27 Sky MovieMax ★★★
J
JACKIE CHAN'S FIRST STRIKE Jackie Chan 19, 31 Sky MovieMax PREMIERE ★★★
JET PILOT 3 Sky Cinema ★★★
JITTERS 24 Sky Premier ★★
JULIA Jane Fonda 4 Sky Cinema ★★★★
JUMP 1 HVC ★★
JUMP CUT 13 HVC ★★
K
THE KARATE KILLERS 12 TNT ★★★
KEEPING THE PROMISE 5, 14, 29 Sky Premier ★★★
KES 24 FilmFour ★★★★
KEYS TO TULSA 26 Sky MovieMax SUBTITLED ★★★★
THE KID Rod Steiger 29 Sky MovieMax ★★★
KID IN KING ARTHUR'S COURT 13, 19 Disney ★★★
KING DAVID Richard Gere DS 11 Sky Cinema ★★★
KNIGHTS OF THE ROUND TABLE Robert Taylor 11 TNT WIDESCREEN ★★★
L
LABYRINTH 13 Disney SUBTITLED ★★★
THE LAST BEST YEAR 30 Sky MovieMax ★★★★
THE LAST DAYS OF FRANKIE THE FLY 31 Sky MovieMax SUBTITLED ★★★★
LAURA LANSING SLEPT HERE Katharine Hepburn 4, 16 Sky MovieMax ★★★
LAWS OF GRAVITY 25 Sky MovieMax ★★★
THE LEADING MAN 11, 26 Sky Premier PREMIERE ★★★
LEO TOLSTOY'S ANNA KARENINA 10 Sky Premier SUBTITLED ★★★
THE LEOPARD 14 Sky Cinema ★★★
THE LIES HE TOLD 6, 16, 30 Sky Premier ★★★
LIFE IS SWEET David Thewlis 8 FilmFour SUBTITLED WIDESCREEN ★★★★
THE LIGHTHORSEMEN 10 Sky Cinema ★★★
LIKE WATER FOR CHOCOLATE Marco Leonardi 18 FilmFour ★★★★
LILITH 5 FilmFour ★★★
LITTLE DORRIT PART 1: NOBODY'S FAULT Alec Guinness 3 Sky Premier ★★★
LITTLE DORRIT PART 2: LITTLE DORRIT'S STORY 10 Sky Premier ★★★
LITTLE WOMEN June Allyson, Margaret O'Brien 9 TNT ★★★
LONG DAY'S JOURNEY INTO NIGHT Ralph Richardson 14 Sky Cinema ★★★
THE LOST WORLD 2, 14 FilmFour ★★★
THE LOST WORLD: JURASSIC PARK Jeff Goldblum 5 Sky Premier SUBTITLED DS ★★★
LUST FOR LIFE 15 TNT WIDESCREEN ★★★
M
MAC John Turturro 21 FilmFour ★★★★
THE MADNESS OF KING GEORGE 22 FilmFour WIDESCREEN ★★★★
THE MAGUS Anthony Quinn 11, 24 Sky Cinema ★★★
MALCOLM X Denzel Washington, Angela Bassett 13 FilmFour ★★★★
THE MAN WHO CAPTURED EICHMANN 2, 24 Sky Premier SUBTITLED ★★★
THE MAN WITHOUT A FACE 1 FilmFour ★★★
MARGARET'S MUSEUM 20 Sky MovieMax ★★★
MARIE: THE TRUE STORY Sissy Spacek 18 Sky MovieMax ★★★
MARY REILLY 8, 25 Sky Premier SUBTITLED ★★
MATILDA Danny DeVito 7 Sky Premier SUBTITLED ★★★★
MAURICE 15 FilmFour ★★★
MEDUSA'S CHILD – PART 1 Vincent Spano 17 Sky MovieMax PREMIERE ★★★
MEDUSA'S CHILD – PART 2 Vincent Spano 18 Sky MovieMax PREMIERE ★★★
MICHAEL COLLINS Liam Neeson 5, 17 Sky Premier SUBTITLED ★★★★
MICKEY ONE Warren Beatty 4 FilmFour ★★★
THE MILAGRO BEANFIELD WAR Sonia Braga 5 Sky Cinema DS ★★★★
MILDRED PIERCE Joan Crawford 17 TNT ★★★★
MISTER BUDDWING James Garner 30 TNT ★★★★
MILLER'S CROSSING 7 FilmFour SUBTITLED ★★★★
MISS EVERS' BOYS 1, 11, 27 Sky Premier ★★★
MISTER KINGSTREET'S WAR 23 HVC ★★
MISTRIAL Bill Pullman 4, 13, 24 Sky Premier ★★★
MOLL FLANDERS Robin Wright 2, 13, 28 Sky Premier SUBTITLED DS ★★★★
MONEY KINGS 14 Sky Premier PREMIERE ★★★★
MOONSHINE HIGHWAY Kyle MacLachlan 7 Sky Premier SUBTITLED ★★★
THE MOSAIC PROJECT 11 HVC ★★
MR HOLLAND'S OPUS Richard Dreyfuss 5 Sky MovieMax SUBTITLED DS ★★
MURPHY'S ROMANCE Sally Field 16 Sky MovieMax ★★★
N
NELLY AND MONSIEUR ARNAUD Emmanuelle Beart 14 FilmFour ★★★★
NEVER SO FEW Frank Sinatra 30 TNT WIDESCREEN ★★★
NEW JACK CITY Wesley Snipes, Ice-T DS 19 Sky MovieMax ★★★
NINJA KIDS 6 HVC ★★
NO HIGHWAY IN THE SKY 26 Sky Cinema ★★★★
NIGHT OF THE EAGLE 6 FilmFour ★★★★
NONE BUT THE LONELY HEART Cary Grant 24 Sky Cinema ★★★★
NONE SHALL ESCAPE 26 Sky Cinema ★★★
NORMAL LIFE 16 Sky MovieMax ★★
NORTH STAR 2, 10, 19, 29 Sky Premier ★★★
NORTHERN LIGHTS 9, 20 Sky Premier ★★★
NORWOOD Glen Campbell 26 Sky MovieMax ★★★
NOTHING PERSONAL 16 FilmFour ★★★★
O
OF LOVE AND SHADOWS Antonio Banderas 7 Sky Premier ★★★
OLD YELLER Dorothy McGuire 5 Sky Premier ★★★
ON DANGEROUS GROUND 24 Sky Cinema ★★★
ONCE A THIEF Alain Delon 11 TNT ★★★
101 DALMATIANS 7, 31 Disney SUBTITLED ★★★★
187 12 Sky MovieMax PREMIERE DS ★★★
ONE MAN OUT 6 HVC ★★
OPTIONS Matt Salinger 17, 26 Sky MovieMax ★★★
OPERATION CROSSBOW George Peppard 22 TNT ★★★
ORDINARY PEOPLE 11 Sky Cinema ★★★
OUR MOTHER'S HOUSE Dirk Bogarde 30 TNT ★★★
P
PANTHER Kadeem Hardison 13 FilmFour ★★★
A PASSAGE TO INDIA Judy Davis 7 Sky Cinema ★★★★
PASSION FISH Mary McDonnell 14 FilmFour ★★★★
THE PASSWORD IS COURAGE 20 TNT ★★★
THE PEOPLE VS LARRY FLYNT 20, 30 Sky Premier SUBTITLED ★★★
THE PEREZ FAMILY Marisa Tomei 9 Sky Premier ★★★
THE PERFECT MOTHER 21, 29 Sky Premier SUBTITLED ★★★
THE PHANTOM 21 Sky MovieMax SUBTITLED ★★
PHENOMENON 1 Sky MovieMax SUBTITLED ★★★
PHOTOGRAPHING FAIRIES Toby Stephens 25, 31 Sky Premier PREMIERE ★★★
THE PILLOW BOOK 16 FilmFour SUBTITLED WIDESCREEN ★★★
A PLACE IN THE SUN Montgomery Clift 9 Sky Cinema ★★★★
PONY SOLDIER Tyrone Power 22 Sky Cinema ★★★
POSSUMS 2, 11, 21 Sky MovieMax ★★★
POWDER 22 Sky Premier SUBTITLED ★★
THE PRESIDENT'S LADY 6 Sky Cinema ★★★
PRIDE OF THE MARINES John Garfield 23 TNT ★★★
THE PRINCESS BRIDE Mandy Patinkin 28 Sky Premier ★★★
THE PROPRIETOR 1, 10, 25 Sky Premier ★★★
R
RACE AGAINST THE HARVEST Wayne Rogers 11, 20 Sky MovieMax ★★★
THE RAIN PEOPLE James Caan 2 Sky Cinema ★★★★
THE RAINBOW 12, 22 Sky Cinema DS ★★★★
RAISE THE RED LANTERN 8 FilmFour ★★★★
RAN 24 FilmFour WIDESCREEN ★★★★
RANSOM 23 TNT ★★★
REBEL WITHOUT A CAUSE James Dean 24 Sky Cinema SUBTITLED ★★★★★
RED BEARD Yuzo Kayama 10 FilmFour ★★★
RING OF FIRE 24 TNT ★★★
THE ROARING TWENTIES James Cagney, Humphrey Bogart 2 TNT ★★★★
ROBIN AND MARIAN 25 FilmFour ★★★
ROOM AT THE TOP 14 Sky Cinema ★★★★
ROSEANNE: AN UNAUTHORIZED BIOGRAPHY 22 Sky MovieMax SUBTITLED ★★
ROUGH MAGIC Bridget Fonda 7, 13 Sky Premier ★★★
ROUGHCUT 20 HVC ★★
S
SAVAGE JUSTICE 10 HVC ★★
SAVAGE MESSIAH Scott Antony 5 TNT ★★★
THE SEA WOLVES Gregory Peck 27 Sky Cinema ★★★
SECRET OBSESSION 11 HVC ★★
THE SECRET OF THE PURPLE REEF 13 Sky Cinema ★★
SECRET OF TREASURE MOUNTAIN 8 HVC ★★
SELENA 18, 30 Sky Premier SUBTITLED PREMIERE ★★★
A SENSUOUS SUMMER 29 HVC ★★
SEX IS A FOUR LETTER WORD 26 HVC ★★
SHAFT 31 TNT WIDESCREEN ★★★★
SHAFT IN AFRICA Richard Roundtree 8 TNT ★★★
SHANGHAI TRIAD Gong Li 17, 29 Sky Cinema WIDESCREEN ★★★
SHAUGHNESSY Matthew Settle 3, 17 Sky Premier ★★★
THE SHELTERING SKY 16 Sky Premier DS ★★★★
SHEPHERD ON THE ROCK Bernard Hill 2, 12, 21 Sky MovieMax ★★★
SHOOT THE PIANIST 13 FilmFour ★★★★
SHOWDOWN IN LITTLE TOKYO Dolph Lundgren 6, 15 Sky MovieMax ★★
SILENT LIES Elizabeth Anne Allen 29 Sky MovieMax PREMIERE ★★★
SIMPLE MEN Robert Burke 31 FilmFour SUBTITLED ★★★★
A SIMPLE TWIST OF FATE 7 FilmFour ★★★★
SIN & REDEMPTION 31 Sky MovieMax ★★★
SITTING TARGET Oliver Reed, Jill St John 19 TNT ★★★
SKYJACKED 4 TNT ★★★
THE SLAB BOYS Robin Laing 1 FilmFour ★★★★
SLAVES TO THE UNDERGROUND 21 FilmFour ★★★★
SLEEPERS 2, 15, 26 Sky Premier SUBTITLED ★★★★
SLING BLADE Billy Bob Thornton 6 Sky MovieMax SUBTITLED ★★★
SOIGNE TA DROITE Jean-Luc Godard 2 FilmFour ★★★
SOLDIERS OF INNOCENCE 25 HVC ★★
SOLO Mario Van Peebles 21 Sky MovieMax DS ★★★
SOME MOTHER'S SON 4, 15, 26 Sky Premier ★★★★
SOMETHING BORROWED, SOMETHING BLUE 1, 22, 31 Sky MovieMax ★★★
SONS AND LOVERS 7 Sky Cinema ★★★
SPANKING THE MONKEY 8 FilmFour ★★★★
THE SPITFIRE GRILL 12, 23, 29 Sky Premier SUBTITLED ★★★
SQUANDERERS Chad McQueen 22 HVC ★★
STAND BY ME River Phoenix 1 FilmFour ★★★★
A STAR IS BORN Fredric March, Janet Gaynor 18 Sky Cinema ★★★
THE STAR MAKER Sergio Castellitto 4 Sky Premier WIDESCREEN ★★★
STARDUST David Essex 6 FilmFour ★★★
THE STARS LOOK DOWN 11 Sky Cinema ★★★
STEEL Shaquille O'Neal 4, 19, 27 Sky MovieMax SUBTITLED ★★

MILLENNIUM MOVIES

As part of Britain's biggest ever celebration of cinema, Sky Premier and *Cable Guide* are giving you the chance to vote for your three favourite films. Sky Premier is also offering voters the chance to win one of 25,000 fantastic prizes.

OVER 25,000 PRIZES!

- One family trip to Hollywood
- Two parties at Planet Hollywood with a private film viewing for you and 34 of your friends
- Five Sony widescreen TVs
- 10,000 classic videos
- 10,000 movie trivia games
- 4000 Millennium Movie baseball caps
- 1000 Millennium Movie sweatshirts

HOW TO VOTE

Choose your favourite three films. All eligible votes will be entered automatically into the prize draw and could also win one of our 25,000 prizes. The first 5000 valid entries will receive a Millennium Movies trivia game. You can vote by using one of the following methods.

BY PHONE 0640 678877

Be ready with your name, address and favourite movie choices. Calls cost no more than 60p per minute (proceeds go to RADA) and should last no longer than 2½ minutes. If you are under 18 years old, ask the bill payer for their permission before you call. Only one person can vote on each call.

BY INTERNET

Visit Sky's website http://www.sky.co.uk/vote/ and vote. Only one person can vote per visit.

BY POST

Complete and cut out the form below and send it in a stamped addressed envelope to Millennium Movies Vote, PO Box 1803, London NW1 8NQ

VOTING CLOSES 31 MAY 1999

Name...
Address...
....
....
..............................Postcode..................................
Telephone..
My favourite movies are:
1..
2..
3..
If you are under 18 get your parent or guardian to sign here
....

Terms and Conditions: Vote for your three favourite movies of the last millennium. All votes (other than those set out below) will automatically be entered into our free prize draw. Any *Cable Guide* or Sky employees, their agents and families are not permitted to enter the free prize draw. To participate if below 18 years, gain permission from a parent or guardian. One entry per person, up to a maximum of five entries per household allowed. Full details of prizes can be obtained by sending a stamped addressed envelope marked 'Prize Details' to the voting address. Each postal entry must be sent with sufficient postage. Entries must be received by 31 May 1999. Winners will be drawn by 30 June 1999 and winners will be informed by 31 July 1999. A list of winners' names can be obtained by sending a stamped addressed envelope marked 'Winners List' to the voting address. The first 5000 valid entries will receive a Movie Trivia Game. A further 20,000 prize winners will be drawn from all entries received by 31 May 1999. Prizes will be awarded to entrants drawn in the following order: a ten-day Hollywood holiday for four people, including flights, hotels, transfers and a total of £1000 spending money; two Planet Hollywood film preview parties for you and 34 guests, including coach hire from one location, film preview party and food; five Sony widescreen televisions; 1000 Millennium Movies sweatshirts; 4000 Millennium Movies baseball caps; and 10,000 classic videos from a selection of 30 titles. The promoters' decision is final. No correspondence will be entered into. Entries will not be returned. Promoter: BSkyB, Grant Way, Isleworth, Middlesex, TW7 5QD

STOLEN WOMEN 8, 20, 29 Sky Premier ★★★
THE STONE BOY 4, 13, 25 Sky Premier ★★★★
THE STORY ON PAGE ONE 6 Sky Cinema ★★★
STRIPTEASE 14 Sky MovieMax SUBTITLED ★★
SUNDAY 15 FilmFour ★★★
SURVIVAL ISLAND Terence Ford 31 HVC ★★
SWEET BIRD OF YOUTH Paul Newman 21 TNT ★★★★
SWEET SMELL OF SUCCESS Burt Lancaster 10 FilmFour ★★★★
TAKE THE HIGH GROUND 4 TNT ★★
TEMPTING FATE 24 Sky MovieMax ★★★
TELEFON Charles Bronson, Lee Remick 26 TNT ★★★★
THE TEN COMMANDMENTS 20 Sky Cinema ★★
TERMINATION MAN 24 Sky MovieMax ★★
TERMS OF ENDEARMENT 17 Sky Cinema ★★★★
36 HOURS James Garner 7 TNT ★★★★
THREE FACES OF EVE 1 Sky Cinema ★★★
THREE WISHES 8, 17 Sky Premier SUBTITLED DS ★★★
TIGHT SPOT Ginger Rogers 13 Sky Cinema ★★★
THE TIN SOLDIER 15, 24 Sky Premier ★★★
TO HAVE AND HAVE NOT 18 TNT ★★★★
TO SIR, WITH LOVE II 23 Sky MovieMax ★★★★
TOM AND HUCK 13, 23 Sky Premier ★★★
TORN BETWEEN TWO LOVERS Joseph Bologna 4, 30 Sky MovieMax ★★★
TOUCH AND GO 9 Sky MovieMax ★★★
THE TRAIL OF THE LONESOME PINE 7 Sky Cinema ★★★
TRUE CONFECTIONS 18 HVC ★★
TWO BROTHERS, A GIRL & A GUN 28 HVC ★★
TWO WEEKS IN ANOTHER TOWN 10 TNT ★★★
TWO WOMEN 29 Sky MovieMax PREMIERE ★★★
U **THE UNBELIEVABLE TRUTH** Robert Burke 29 FilmFour ★★★★
UNCONQUERED Gary Cooper 20 Sky Cinema ★★★★
UNDER THE VOLCANO 24 Sky Cinema ★★★
UNFINISHED BUSINESS 29 HVC ★★
UNTIL SEPTEMBER 17, 31 Sky MovieMax ★★★
URBAN WARLORDS 8 HVC ★★
V **VANISHING POINT** Viggo Mortensen 24 Sky MovieMax ★★★★
VANYA ON 42ND STREET 10 FilmFour ★★★★
A VERY PRIVATE AFFAIR Brigitte Bardot 14 TNT ★★★
THE VIPS Elizabeth Taylor 15 TNT WIDESCREEN ★★★★
THE VIRGIN QUEEN Stacy Christensen 9 HVC ★
W **THE WALKING STICK** 15 TNT ★★★
WALL STREET Michael Douglas 16 Sky Premier SUBTITLED DS ★★★★
WANTED 11 Sky MovieMax PREMIERE ★★★
WARRIORS OF VIRTUE 17 Sky Premier ★★★
THE WAY TO DUSTY DEATH Linda Hamilton 13 Sky MovieMax ★★★
WE THE JURY Kelly McGillis 6, 23 Sky Premier ★★★
THE WEDDING 4, 12, 23, 31 Sky Premier ★★★
WHILE MY PRETTY ONE SLEEPS 11 Sky Premier SUBTITLED ★★★
WHITE MAN'S BURDEN 27 Sky Premier ★★★
THE WHITE TOWER Glenn Ford 5 Sky Cinema ★★★
WILD RIVER Montgomery Clift 5 Sky Cinema ★★★
THE WIND IN THE WILLOWS 23 Sky MovieMax SUBTITLED ★★★
THE WINGS OF EAGLES John Wayne 17 TNT ★★★
WISH YOU WERE HERE 26 FilmFour ★★★★
Y **THE YELLOW ROLLS-ROYCE** 8 TNT WIDESCREEN ★★★
YENTL Barbra Streisand 10 Sky MovieMax DS ★★★★
YOUR CHEATIN' HEART 10 TNT ★★★
Z **ZABRISKIE POINT** Mark Frechette 13 TNT WIDESCREEN ★★★★
ZORBA THE GREEK Anthony Quinn 17 Sky Cinema ★★★★

EROTIC DRAMA

B **BEHIND CONVENT WALLS** 20 FilmFour ★★★
BIKINI WITNESS Lisa Comshaw 13 HVC ★★
C **COVER ME** Rick Rossovich 3, 11 Sky MovieMax ★★
D **DAMAGE** Jeremy Irons 5 FilmFour ★★★
DELICIOUS 31 HVC ★★
E **EMMANUELLE 5** 4 Sky MovieMax ★★
H **HEART STRINGS** 14 HVC ★★
I **IN TOO DEEP** Hugo Race 21 HVC ★★
INTIMATE OBSESSION 26 Sky MovieMax ★★
M **MADDAMS FAMILY** 9 HVC ★★
MARRIED PEOPLE, SINGLE SEX II 1 Sky MovieMax ★★
P **PLAYBACK** 2, 11, 28 Sky MovieMax ★★
PREACHING TO THE PERVERTED 7 Sky MovieMax ★★★
PROFILE FOR MURDER 8 Sky MovieMax ★★

HORROR

A **THE ADDICTION** 22 Sky MovieMax SUBTITLED ★★★★
B **THE BLACK ROOM** 9 Sky Cinema ★★★
BODY PARTS Jeff Fahey 2 Sky MovieMax ★★★
BORDELLO OF BLOOD 23, 31 Sky MovieMax ★★
C **CHILDREN OF THE DAMNED** 13 TNT ★★★
D **DAMIEN: OMEN II** 3 Sky MovieMax ★★★
THE DARK DEALER 27 HVC ★★
DON'T LOOK IN THE BASEMENT 17 HVC ★★
E **EVIL OF FRANKENSTEIN** 29 Sky Cinema ★★★
EYE OF THE DEVIL Deborah Kerr 2 TNT ★★★
F **FASCINATION** Franca Mai 27 FilmFour WIDESCREEN ★★★★
FEAR Ally Sheedy 24 Sky MovieMax ★★★
THE FEARLESS VAMPIRE KILLERS Jack MacGowran 12 TNT WIDESCREEN ★★★
FRANKENSTEIN Boris Karloff 2 Sky Cinema ★★★
FRIDAY THE 13TH 10 Sky MovieMax ★★★★
FROM DUSK TILL DAWN 27 FilmFour ★★★★
G **GODZILLA'S REVENGE** 14 FilmFour ★★★
H **THE HUNGER** Catherine Deneuve, David Bowie 16 TNT WIDESCREEN ★★★★
I **IN BETWEEN** Robert Forster 2, 26 HVC ★★
THE INNOCENTS 1 FilmFour ★★★★
THE ISLAND OF DR MOREAU Marlon Brando, Val Kilmer 22 Sky MovieMax SUBTITLED ★★
K **KING KONG** Fay Wray 1 Sky Cinema ★★★★
L **THE LEGEND OF HELL HOUSE** Roddy McDowall 5 Sky Cinema ★★★
M **THE MASK OF FU MANCHU** Boris Karloff, Lewis Stone 19 TNT ★★★
P **PAPERHOUSE** 20 Sky MovieMax ★★★
THE POWER 24 TNT ★★★
Q **QUICKSILVER HIGHWAY** 10 Sky MovieMax PREMIERE ★★★
R **RABID** Marilyn Chambers 12 FilmFour ★★★★
S **SCANNERS** Jennifer O'Neill 12 FilmFour ★★★★
SCREAMERS Peter Weller 8, 18 Sky Premier ★★★
SHAKMA 21 HVC ★★
THE SHINING Jack Nicholson 18 FilmFour ★★★★★
V **VAMPIRES IN VENICE** 5 Sky Premier ★★★
VILLAGE OF THE DAMNED George Sanders, Barbara Shelley 16 TNT ★★★★
Y **YOU'LL FIND OUT** Kay Kyser 8 Sky Cinema ★★

MUSICAL

B **THE BAND WAGON** Fred Astaire 1 TNT ★★★
BAWDY ADVENTURES OF TOM JONES 22 Sky Cinema ★★★
C **CABARET** Liza Minelli 12 FilmFour ★★★★
CINDERELLA Whitney Houston 14, 15 Disney SUBTITLED ★★★
E **EVITA** Madonna, Antonio Banderas 7, 15, 26 Sky Premier SUBTITLED ★★★★
F **FAME** Irene Cara 16 TNT ★★★★
G **GIGI** 20 TNT WIDESCREEN ★★★
GYPSY Rosalind Russell 22 Sky Cinema ★★★
I **IRENE** Anna Neagle 21 Sky Cinema ★★★
K **KID GALAHAD** 30 Sky Cinema ★★★★
L **LOVE ME OR LEAVE ME** 14 TNT ★★★
O **ONE HUNDRED MEN AND A GIRL** Deanna Durbin 13 Sky Cinema ★★★
P **PURPLE RAIN** Prince 2, 13 Sky MovieMax ★★★
S **SEVEN BRIDES FOR SEVEN BROTHERS** Howard Keel 8 TNT ★★★
SEVEN DAYS' LEAVE Lucille Ball 16 Sky Cinema ★★★
T **THAT'S RIGHT YOU'RE WRONG** Lucille Ball 5, 14, 23 Sky MovieMax ★★★★
TOP HAT Fred Astaire, Ginger Rogers 21 Sky Cinema ★★★

MYSTERY/ THRILLER

A **SUDDEN IMPACT** 26 Sky Cinema ★★★
ABSOLUTE POWER 11 Sky Premier SUBTITLED DS ★★★
AIR FORCE ONE Harrison Ford 27, 30 Sky Premier SUBTITLED PREMIERE ★★★★
ASUNDER Blair Underwood 18 Sky MovieMax ★★★★
B **BACK IN BUSINESS** 3 Sky MovieMax ★★★
BAD LIEUTENANT Harvey Keitel 2 FilmFour ★★★★
BADLANDS Sissy Spacek 6 Sky Cinema ★★★
BANISHED BEHIND BARS 10 Sky MovieMax ★★★
BEFORE HE WAKES Jaclyn Smith 1 Sky MovieMax ★★★

BERLIN EXPRESS Robert Ryan 3 Sky Cinema ★★★
BEWARE MY LOVELY Ida Lupino 14 Sky Cinema ★★★
THE BIG STEAL Robert Mitchum, Jane Greer 13 Sky Cinema ★★★★
THE BLACK ARROW 7, 28 Sky Cinema ★★★
BLACK RAINBOW 19 FilmFour WIDESCREEN ★★★
BLINK Madeline Stowe 2 FilmFour ★★★
BLOOD AND WINE 3, 14 Sky Premier SUBTITLED ★★★
BLOOD ON HER HANDS 9 Sky MovieMax ★★★
BLOODHOUNDS II 19 Sky MovieMax ★★★
BLOW-UP David Hemmings 31 FilmFour ★★★★
BLUE VELVET Kyle MacLachlan, Isabella Rossellini 4 Sky MovieMax ★★★
BRASS TARGET Sophia Loren 25 TNT ★★★★
BREAKOUT Charles Bronson 3 Sky Cinema ★★★
BULLITT 21 Sky Cinema SUBTITLED ★★★★
BURIED ALIVE 2 30 Sky MovieMax ★★★

C
CALL ME Patricia Charbonneau 8 Sky MovieMax ★★★
LE CERCLE ROUGE 3 FilmFour ★★★★
CHAIN REACTION Keanu Reeves 26 Sky Premier SUBTITLED ★★
THE CHAMBER Chris O'Donnell 4, 23 Sky Premier ★★★★
CITY OF INDUSTRY 6 Sky MovieMax SUBTITLED ★★★
CITY ON FIRE 4 FilmFour WIDESCREEN ★★★★
CONSPIRACY THEORY Mel Gibson 5, 24 Sky Premier SUBTITLED ★★★
COOL BREEZE Thalmus Rasulala 17 TNT ★★★
COSMIC SHOCK 6 Sky MovieMax ★★★
CRUISING Al Pacino 13 Sky Cinema ★★★

D
DANGEROUS OBSESSION 15 HVC ★★
DANTE'S PEAK Pierce Brosnan 12 Sky Premier SUBTITLED ★★★★
THE DARK AVENGER 13, 29 Sky Cinema ★★★
DEAD AGAIN Kenneth Branagh, Emma Thompson 12, 23, 31 Sky Premier ★★★
DEAD BANG Don Johnson 7 Sky MovieMax DS ★★
DEAD CALM Sam Neill, Nicole Kidman 6 Sky Premier ★★★★
DEATH DOLL Andrea Walters, William Dance 31 HVC ★★
DEATH HUNT Charles Bronson 25 Sky MovieMax ★★★
THE DEFENDERS: CHOICE OF EVILS 25 Sky MovieMax PREMIERE ★★★
DESPERADO Antonio Banderas 20 FilmFour ★★★★
THE DESPERATE HOURS Humphrey Bogart 12 Sky Cinema ★★★
THE DEVIL'S OWN Harrison Ford, Brad Pitt 8 Sky Premier SUBTITLED ★★★★
DIPLOMATIC COURIER Tyrone Power 6, 24 Sky Cinema ★★★
DON'T BOTHER TO KNOCK Marilyn Monroe 20 Sky Cinema ★★★
DOUBLE CROSS Thomas Edwards, John M. Craig 25 HVC ★★
THE DOUBLE MAN 26 Sky MovieMax ★★★
THE DRIVER Ryan O'Neal 3 FilmFour ★★★

E
THE ELITE Andrea Gall 5 HVC ★★

F
FARGO Frances McDormand 17 Sky Premier DS SUBTITLED ★★★★
FATAL AFFAIR C Thomas Howell, Jay Underwood 8 Sky MovieMax ★★★★
THE FIEND WHO WALKED THE WEST Hugh O'Brian 19, 28 Sky Cinema ★★★
THE FRENCH CONNECTION Gene Hackman 12, 30 Sky Cinema ★★★★

G
GLADIATOR 2000 Lorenzo Lamas 2 HVC ★★★
THE GLIMMER MAN 6 Sky Premier SUBTITLED ★★
THE GUNS OF NAVARONE Gregory Peck, David Niven 6 Sky Cinema ★★★★

H
HARD EIGHT 27 Sky MovieMax PREMIERE ★★★
THE HOUND OF THE BASKERVILLES 12 Sky Cinema ★★★★
IN MY SISTER'S SHADOW 2, 17 Sky MovieMax PREMIERE ★★★

J
JUDAS KISS 7 Sky Premier PREMIERE ★★★★

K
KISS OF A STRANGER Mariel Hemingway 1 Sky MovieMax ★★★
THE KREMLIN LETTER Bibi Andersson 5, 31 Sky Cinema ★★★

L
L.A. CONFIDENTIAL Kevin Spacey, Kim Basinger 20, 23, 31 Sky Premier SUBTITLED PREMIERE ★★★★
L.A. TAKEDOWN 3 FilmFour ★★★★
LAST MAN STANDING Bruce Willis, Christopher Walken 1 Sky Premier SUBTITLED ★★★★
THE LAST RUN George C Scott 7 TNT ★★★
THE LAUGHING POLICEMAN Walter Matthau 9, 26 Sky Cinema ★★★★
LEGEND OF LILI Nadine Van Der Velde 27 HVC ★★
THE LINEUP Warner Anderson 21 Sky Cinema ★★★
LOSS OF FAITH John Ritter 7 Sky MovieMax ★★★
LOVE AT LARGE Tom Berenger 1 Sky Premier ★★

M
M. BUTTERFLY 5 FilmFour ★★★★
MADIGAN Richard Widmark 28 Sky Cinema ★★★
MARKED FOR DEATH Steven Seagal 25 Sky MovieMax ★★
MCQ John Wayne 19 Sky Cinema ★★★★
MARLOWE James Garner 23 TNT ★★★
MIDNIGHT CROSSING Faye Dunaway 12, 23 Sky MovieMax ★★★★
MOTHER, MAY I SLEEP WITH DANGER? 1, 18 Sky MovieMax ★★
MURDER & MISDEMEANORS 1 Sky MovieMax PREMIERE ★★★
MURDER AT 1600 12 Sky MovieMax SUBTITLED ★★★
A MURDER OF CROWS Cuba Gooding Jr 21 Sky Premier SUBTITLED ★★★

N
THE NAKED RUNNER 26 Sky Cinema ★★★
NEVER TALK TO STRANGERS Rebecca DeMornay 5, 16, 25 Sky Premier DS ★★★
NEXT OF KIN Patrick Swayze 15 Sky MovieMax ★★★
THE NIGHT CALLER Shanna Reed 1 Sky MovieMax ★★★
NIGHT CANVAS Joan Giammarco 30 HVC ★★
NIGHT DIGGER Patricia Neal 5 TNT ★★★
NIGHT FALLS ON MANHATTAN 8, 30 Sky Premier SUBTITLED ★★★
NO WAY TO TREAT A LADY Rod Steiger, Lee Remick 8, 16 Sky Cinema ★★
NOTORIOUS Cary Grant 10 Sky Cinema ★★★★

O
OBSESSION Sally Gray 20 Sky Cinema ★★★
THE OUTFIT Robert Duvall, Karen Black 13 TNT ★★★
OVERDRIVE Steve Guttenberg 9 Sky MovieMax ★★

P
THE PERFECT WEAPON Jeff Speakman 11 Sky MovieMax DS ★★
PICKUP ON SOUTH STREET Richard Widmark 4 FilmFour ★★★
PIERROT-LE-FOU 12 FilmFour WIDESCREEN ★★★
POINT BREAK 3 FilmFour SUBTITLED WIDESCREEN ★★★
THE POSTMAN ALWAYS RINGS TWICE Lana Turner, John Garfield 22 TNT ★★★★★
PROFESSIONAL AFFAIR 4 HVC ★★

R
REAPER Chris Sarandon 9 Sky MovieMax ★★★
REBECCA Laurence Olivier 15, 25 Sky Cinema SUBTITLED ★★★★
RESERVOIR DOGS 4 FilmFour SUBTITLED WIDESCREEN DS ★★★★★
RUMBLE IN THE BRONX Jackie Chan 19 Sky MovieMax SUBTITLED ★★★★
RUN ANGEL RUN William Smith 23 HVC ★★

S
THE SAINT Val Kilmer 8 Sky Premier DS SUBTITLED ★★★
SCENE OF THE CRIME 29 Sky MovieMax ★★★
THE SEVEN-UPS Roy Scheider 6, 15, 30 Sky Cinema ★★★
SHADOW CONSPIRACY 12 Sky MovieMax SUBTITLED ★★★
SHOWDOWN Billy Blanks 22 Sky MovieMax ★★★
THE SNIPER Adolphe Menjou 20 Sky Cinema ★★★
SOUTHERN COMFORT 11 FilmFour ★★★★
SPAWN Michael Jai White 8 Sky MovieMax DS SUBTITLED ★★★
SPEED 2: CRUISE CONTROL Sandra Bullock 6, 9, 24 Sky Premier DS SUBTITLED PREMIERE ★★
SPELLBOUND Ingrid Bergman, Gregory Peck 1 Sky Cinema ★★★★
THE SPLIT Jim Brown, Diahann Carroll 9 TNT ★★★
STEPHEN KING'S THINNER Robert J Burke 9 Sky MovieMax SUBTITLED ★★★
STRANGER IN THE HOUSE 22 Sky MovieMax ★★★
SUDDEN IMPACT 8, 18 Sky Cinema ★★★

T
THEY WON'T BELIEVE ME Robert Young 3, 12, 23 Sky MovieMax ★★★
TONY ROME Frank Sinatra 27 Sky Cinema ★★★
TOO CLOSE TO HOME Judith Light 4, 19 Sky MovieMax ★★★
TORTURED OBSESSION 7 HVC ★★
THE TOWERING INFERNO 3 Sky Cinema ★★★★
TOWN ON TRIAL 18 Sky Cinema ★★★
THE TRAIN 3 FilmFour SUBTITLED ★★★★
TWIST OF FATE Madchen Amick 3 Sky MovieMax ★★★
THE TWO-HEADED SPY 30 Sky Cinema ★★★

U
UN FLIC Alain Delon 11 FilmFour ★★★★
UNDER PRESSURE 28 Sky Premier ★★★★
THE UNTOUCHABLES 15 Sky Premier DS ★★★★
THE USUAL SUSPECTS Gabriel Byrne 4 FilmFour WIDESCREEN ★★★★★

V
VALLEY OF EAGLES 9, 19 Sky Cinema ★★★
THE VANISHING Gene Bervoets 17 FilmFour ★★★★

W
WAIT UNTIL DARK 25 Sky Cinema ★★★
WHITE HEAT James Cagney 31 TNT ★★★★
A WING AND A PRAYER Claudia Christian 17, 30 Sky MovieMax ★★★
WITHOUT WARNING 4 Sky MovieMax ★★★

Y
THE YELLOW CANARY 22 Sky Cinema ★★★

Z
ZIGZAG George Kennedy, Anne Jackson 17 TNT ★★★

SCIENCE FICTION/ FANTASY

A
THE ABYSS Ed Harris 29 Sky Cinema ★★★★
ALIEN NATION: THE UDARA LEGACY Eric Pierpoint 25 Sky MovieMax ★★★

B
BAD TASTE Peter Jackson 26 FilmFour ★★★★
BATTLE FOR THE GALAXY Rod Taylor 29 Sky MovieMax PREMIERE ★★★★
BATTLE FOR THE PLANET OF THE APES 6, 20, 31 Sky MovieMax ★★★
THE BOY FROM MERCURY 11, 19 Sky Premier WIDESCREEN DS ★★★
THE BRAIN FROM PLANET AROUS 20 FilmFour ★★★
BRAINSTORM 29 TNT WIDESCREEN ★★★

C
CITY LIMITS John Stockwell 9 HVC ★★
THE COSMIC MAN John Carradine 6 FilmFour ★★★★
1984 15 FilmFour ★★★★★

D
DAMNATION ALLEY Jan-Michael Vincent 12 Sky MovieMax ★★★
THE DAY THE EARTH STOOD STILL Michael Rennie 9 FilmFour ★★★
DEMON SEED Julie Christie 22 TNT ★★★★★
DESTINATION MOON John Archer 16 Sky Cinema ★★★
DESTROY ALL MONSTERS Akira Kubo 11, 17 Sky MovieMax ★★★

E
THE EARTH DIES SCREAMING Willard Parker 6 Sky Cinema ★★★
EARTH MINUS ZERO Pat Morita 2 Sky MovieMax DS ★★★

F
THE FIFTH ELEMENT Bruce Willis 31 Sky Premier SUBTITLED ★★★★
FORBIDDEN PLANET 7 FilmFour WIDESCREEN ★★★

G
GODZILLA VS GIGAN 5, 23 Sky MovieMax ★★★
GODZILLA VS MEGALON 2 Sky MovieMax ★★★

I
ICE PIRATES Robert Urich, Mary Crosby 3 TNT ★★★
I MARRIED A MONSTER FROM OUTER SPACE 18, 27 Sky Cinema ★★★
INDEPENDENCE DAY Bill Pullman 15 Sky Premier SUBTITLED DS ★★★★
INVASION OF THE ASTRO MONSTER 7, 20, 30 Sky MovieMax ★★★

J
JOURNEY TO MARS Keith Carradine 31 Sky MovieMax PREMIERE ★★★
JOURNEY TO THE CENTRE OF THE EARTH 11, 16 FilmFour ★★★★

L
LIFE, LIBERTY AND THE PURSUIT OF HAPPINESS ON THE PLANET OF THE APES Roddy MacDowall 1 Sky MovieMax ★★★

M
MEN IN BLACK Tommy Lee Jones, Will Smith, Rip Torn 19, 28 Sky Premier SUBTITLED ★★★★
MONSTER FROM GREEN HELL 13 FilmFour ★★★
MUTANT ON THE BOUNTY 16 HVC ★★

O
OMEGA DOOM 19 Sky MovieMax ★★★

Q
QUINTET Paul Newman, Bibi Andersson, Fernando Rey 15, 23 Sky Cinema ★★★

S
SON OF GODZILLA Tadao Takashima 8, 14, 25 Sky MovieMax ★★★
SPACE TRUCKERS Dennis Hopper, Stephen Dorff 4 Sky MovieMax DS ★★★
STAR TREK III: THE SEARCH FOR SPOCK 25 Sky Premier DS ★★★
STAR TREK V: THE FINAL FRONTIER William Shatner 14 Sky MovieMax DS ★★★
STAR TREK: FIRST CONTACT 12 Sky Premier SUBTITLED ★★★

T
TERROR OF MECHAGODZILLA Katsuhiko Sasaki 11, 30 Sky MovieMax ★★★★
TIME CHASERS 16 HVC ★★
TURBO: A POWER RANGERS MOVIE Jason David Frank 4, 17, 29 Sky Premier SUBTITLED ★★

W
WESTWORLD Yul Brynner 31 TNT WIDESCREEN ★★★★
WHITE DWARF 9, 21 Sky MovieMax DS ★★★

Z
ZARDOZ Sean Connery 1, 21 Sky Cinema ★★★

WESTERN

A
ALONG CAME JONES 19 Sky Cinema ★★★

B
THE BRAVADOS 27 Sky Cinema ★★★

C
CATLOW Yul Brynner 1 TNT ★★★★
CHUKA Rod Taylor 13 Sky Cinema ★★★

F
A FISTFUL OF DOLLARS Clint Eastwood, Gian Maria Volonté, Mario Brega 22 Sky Cinema ★★★★★
FIVE CARD STUD Dean Martin 30 Sky Cinema ★★★★★
FOR A FEW DOLLARS MORE Clint Eastwood 23 Sky Cinema ★★★★★
FROM HELL TO TEXAS Don Murray, Diane Varsi 20, 31 Sky Cinema ★★★★★

G
GUNFIGHT AT THE O.K. CORRAL 25 Sky Cinema ★★★★
THE GUNFIGHTER Gregory Peck 1, 28 Sky Cinema ★★★
GUNS FOR SAN SEBASTIAN Anthony Quinn, Charles Bronson 6 TNT ★★★★★

H
HANG 'EM HIGH Clint Eastwood 24 Sky Cinema ★★★
HEARTS OF THE WEST Jeff Bridges 7 TNT ★★★

L
THE LAST HARD MEN Charlton Heston 28 Sky Cinema ★★★
LAST STAND AT SABER RIVER 15 Sky Premier ★★

N
THE NAKED SPUR James Stewart 11 TNT ★★★

Q
THE QUICK AND THE DEAD 20 FilmFour ★★★

R
RAWHIDE Tyrone Power 21 Sky Cinema ★★★
THE REDHEAD AND THE COWBOY Glenn Ford 20 Sky Cinema ★★★

S
THE SHEEPMAN Glenn Ford 20 TNT ★★

T
THREE HOURS TO KILL 7 Sky Cinema ★★★
3.10 TO YUMA Glenn Ford, Van Heflin, Felicia Farr 8 Sky Cinema ★★★★
THE TIN STAR Henry Fonda 2 Sky Cinema ★★★

V
VENGEANCE VALLEY Burt Lancaster 30 TNT ★★★

W
WELCOME TO HARD TIMES 26 TNT ★★★
WILD ROVERS William Holden, Ryan O'Neal 13 TNT WIDESCREEN ★★★

SPORTS DIARY

KEY TO CHANNEL CODES
ESP: Eurosport
SK1: Sky Sports 1
SK2: Sky Sports 2
SK3: Sky Sports 3
L!VE: L!VE TV
ITV2: ITV2
BOX3: SKY BOX OFFICE 3

ATHLETICS

POLE VAULT STARS
4 12NOON ESP
Coverage of the tenth edition of the international event.
WORLD INDOOR CHAMPIONSHIPS
LIVE 5 7.30AM ESP
Coverage from Maebashi, Japan.
WORLD INDOOR CHAMPIONSHIPS
5 10.30AM ESP
WORLD INDOOR CHAMPIONSHIPS
5 10.00PM ESP
WORLD INDOOR CHAMPIONSHIPS
6 7.30AM ESP
WORLD INDOOR CHAMPIONSHIPS
6 12.30PM ESP
WORLD INDOOR CHAMPIONSHIPS
6 10.00PM ESP
WORLD INDOOR CHAMPIONSHIPS
LIVE 7 6.30AM ESP
WORLD INDOOR CHAMPIONSHIPS
7 9.15AM ESP
WORLD INDOOR CHAMPIONSHIPS
7 4.00PM ESP
WORLD INDOOR CHAMPIONSHIPS
7 10.15PM ESP
ROAD RACE OF THE MONTH
14 11.30AM SK2
Long-distance and marathon running.
ROAD RACE OF THE MONTH
14 11.30PM SK3
IAAF WORLD CROSS-COUNTRY CHAMPIONSHIPS
27 4.15PM ESP
The 27th IAAF World Cross-Country Championships are held today and tomorrow in Belfast, Ireland.
IAAF WORLD CROSS-COUNTRY CHAMPIONSHIPS
LIVE 28 12.40PM ESP
Coverage of the women's short race.

BADMINTON

ALL ENGLAND CHAMPIONSHIPS
13 10.00PM SK2
Day one action from the 89th Yonex All England Badminton Championships, a fast-paced tournament that offers a prize of £200,000.
ALL ENGLAND CHAMPIONSHIPS
14 4.30PM SK3
ALL ENGLAND CHAMPIONSHIPS
15 1.30PM SK3

BASKETBALL

ALL-STAR GAME
1 1.30PM SK2
Join Suzanne Dando and Kevin Cadle for action from the annual Dairylea Dunkers All Star Game, which takes place at the Newcastle Arena.
ENGLAND V BELANRUS
2 5.00PM ITV2
NBA 99: MATCH ACTION
4 7.00PM ITV2
NBA 99: MATCH ACTION
6 6.00PM ITV2
BASKETBALL
LIVE 6 7.00PM SK1
Suzanne Dando and Kevin Cadle present the event which pitches the best players from the northern league teams against the cream of the crop from the south.
NBA 99: MATCH ACTION
10 8.00PM ITV2
NBA 99: MATCH ACTION
13 6.00PM ITV2
UNIBALL TROPHY FINAL
LIVE 13 7.00PM SK1
Last year, the trophy was won by Sheffield Sharks, who beat the London Towers with a three pointer by Terrell Myers.
UNIBALL TROPHY FINAL
13 3.30AM SK1
NBA 99: MATCH ACTION
18 7.00PM ITV2
NBA 99: MATCH ACTION
20 6.00PM ITV2
BUDWEISER BASKETBALL LEAGUE
LIVE 20 7.00PM SK1
NBA 99: MATCH ACTION
24 8.00PM ITV2
NBA 99: MATCH ACTION
27 6.00PM ITV2
BUDWEISER BASKETBALL LEAGUE
28 5.00PM SK1
Presented by Suzanne Dando and Kevin Cradle.
NBA 99: MATCH ACTION
31 9.00PM ITV2

BOWLS

INTERNATIONAL BOWLS: AUSTRALIA V ENGLAND
1 8.00PM SK3
AUSTRALIA V ENGLAND
1 12MIDN'T SK2
AUSTRALIA V ENGLAND
2 12NOON SK2
AUSTRALIA V ENGLAND
2 3.30PM SK3
AUSTRALIA V ENGLAND
7 1.00AM SK2
AUSTRALIA V ENGLAND
8 8.00PM SK3
AUSTRALIA V ENGLAND
9 10.00AM SK2
AUSTRALIA V ENGLAND
9 3.00PM SK3
AUSTRALIA V ENGLAND
15 8.00PM SK3
Action from the Triples stage in the second bowls Test.
AUSTRALIA V ENGLAND
15 2.30AM SK2
AUSTRALIA V ENGLAND
16 10.00AM SK2
AUSTRALIA V ENGLAND
16 3.30PM SK3
GOLDEN BOWLING BALL
19 10.00PM ESP
Coverage of the women's competition.
AUSTRALIA V ENGLAND
22 8.00PM SK3
AUSTRALIA V ENGLAND
22 12MIDN'T SK2
AUSTRALIA V ENGLAND
23 10.00AM SK2
AUSTRALIA V ENGLAND
23 3.30PM SK3
AUSTRALIA V ENGLAND
29 8.00PM SK3
AUSTRALIA V ENGLAND
29 1.00AM SK2
AUSTRALIA V ENGLAND
30 11.00AM SK2
AUSTRALIA V ENGLAND
30 2.00PM SK1
AUSTRALIA V ENGLAND
30 3.30PM SK3

BOXING

FIGHT NIGHT
1 12NOON SK3
Paul Dempsey presents action from the latest clash between two of today's top boxers.
RINGSIDE
3 8.00PM SK1
RINGSIDE
3 11.30PM SK2
RINGSIDE
4 10.00AM SK1
INTERNATIONAL CONTEST
5 9.00PM ESP
WORLD TITLE FIGHT: PETER CULSHAW V TOMAS RIVERA
5 9.00PM ITV2
FIGHT NIGHT
LIVE 6 9.00PM SK1
With ringside analysis from Glenn McCrory and Ian Darke.
FIGHT NIGHT
6 3.00AM SK1
FIGHT NIGHT
7 9.00AM SK1
FIGHT NIGHT
8 12NOON SK3
Paul Dempsey presents action from the latest clash between two of today's stop boxers.
RINGSIDE SPECIAL
11 10.00AM SK1
EVANDER HOLYFIELD V LENNOX LEWIS
13 10.00PM BOX 3
Coverage from Madison Square Gardens as the quest begins to find the undisputed heavyweight champion of the world, in the first unification fight since 1992.
INTERNATIONAL CONTEST
15 9.00PM ESP
INTERNATIONAL CONTEST
19 9.00PM ESP
INTERNATIONAL CONTEST
20 9.00PM ESP
FIGHT NIGHT
20 9.00PM SK1
Paul Dempsey presents the action, with Glenn McCrory and Ian Darke.
FIGHT NIGHT
20 3.00AM SK1
FIGHT NIGHT
21 9.00AM SK1
RINGSIDE
24 8.30PM SK3
RINGSIDE
24 12MIDN'T SK2
RINGSIDE
25 10.00AM SK1
RINGSIDE
25 2.30PM SK1
FIGHT NIGHT
LIVE 27 9.00PM SK1
Paul Dempsey presents the action, with commentary from Glenn McCrory and Ian Darke.
SATURDAY FIGHT NIGHT
27 2.30AM (BST) SK1
FIGHT NIGHT
28 3.00PM SK1
TUESDAY LIVE BOXING
LIVE 30 9.00PM ESP
From Levallois, France.
RINGSIDE
31 8.30PM SK3
RINGSIDE
31 11.30PM SK2

CRICKET

INTERNATIONAL CRICKET: WEST INDIES V AUSTRALIA
LIVE 5 2.00PM SK2
The first Test between the West Indies and Australia swings into action at Port of Spain, Trinidad.
WEST INDIES V AUSTRALIA
LIVE 5 4.30PM SK2
Australia are in confident mood following their 3-1 Ashes victory over England in January, while the Windies were humbled in the Test series in South Africa.
WEST INDIES V AUSTRALIA
LIVE 6 2.00PM SK2
WEST INDIES V AUSTRALIA
LIVE 6 4.30PM SK2
WEST INDIES V AUSTRALIA
LIVE 7 2.00PM SK3
WEST INDIES V AUSTRALIA
LIVE 7 2.00PM SK2
WEST INDIES V AUSTRALIA
LIVE 7 4.30PM SK2
WEST INDIES V AUSTRALIA
LIVE 7 4.30PM SK3
WEST INDIES V AUSTRALIA
LIVE 9 2.00PM SK2
WEST INDIES V AUSTRALIA
LIVE 9 4.30PM SK2
WEST INDIES V AUSTRALIA
LIVE 13 3.00PM SK2
WEST INDIES V AUSTRALIA
LIVE 13 5.30PM SK2
Coverage from Sabina Park, Jamaica.
WEST INDIES V AUSTRALIA
LIVE 14 3.00PM SK2
WEST INDIES V AUSTRALIA
LIVE 14 5.30PM SK2
WEST INDIES V AUSTRALIA
LIVE 15 3.00PM SK2
WEST INDIES V AUSTRALIA
LIVE 15 5.30PM SK2
WEST INDIES V AUSTRALIA
LIVE 16 3.00PM SK2
WEST INDIES V AUSTRALIA
LIVE 16 5.30PM SK2
WEST INDIES V AUSTRALIA
LIVE 17 3.00PM SK2
WEST INDIES V AUSTRALIA
LIVE 17 5.30PM SK2
WEST INDIES V AUSTRALIA
LIVE 26 2.00PM SK3
Coverage of the third Test between the West Indies and Australia in Bridgetown, Barbados.
WEST INDIES V AUSTRALIA
LIVE 27 2.00PM SK3
WEST INDIES V AUSTRALIA
LIVE 27 4.30PM SK3
WEST INDIES V AUSTRALIA
LIVE 28 3.00PM SK3
WEST INDIES V AUSTRALIA
LIVE 28 5.30PM SK3
WEST INDIES V AUSTRALIA
LIVE 29 3.00PM SK2
Fourth-day coverage of the third Test.
WEST INDIES V AUSTRALIA
LIVE 29 5.30PM SK2
Coverage of the fourth day's play.
WEST INDIES V AUSTRALIA
LIVE 30 3.00PM SK2
WEST INDIES V AUSTRALIA
LIVE 30 5.30PM SK2

CYCLING

TOUR OF LANGKAWAI
1 3.00PM ESP
Coverage of the tour which is now in its fourth year. It kicked off on 3 February with a prologue on the tropical island of Langkawi, then through nearly 2000km of rural Malaysia, finishing on 14 February.
TOUR OF MALAYSIA
1 6.00PM SK3
Action from the Tour of Malaysia, a highlight of the cycling calendar.

MY MOST MEMORABLE GAME

IAN CROCKER *Sky Sports Scottish and Spanish football commentator*

COCA-COLA CUP SEMI-FINAL, 1994, ASTON VILLA 3 TRANMERE ROVERS 1 (4-4 ON AGGREGATE, VILLA WON 5-4 ON PENALTIES

'The greatest game I have ever commentated on for Sky Sports was the Rangers v Celtic game earlier this year, which ended 2-2. But the greatest of all was when I was a radio commentator in Birmingham. The match was the Coca-Cola Cup semi-final second leg between Aston Villa and Tranmere Rovers and it was one of those incredible matches that had it all. Villa were 3-1 down from the first leg but got it back to 2-0 – but then John Aldridge scored for Tranmere. The game was surging from one end to the other. It took your breath away. Next, Villa scored again to make it 3-1, then Tranmere hit the post, and the match went to penalties. The shoot-out was just as dramatic, with both teams missing kicks, but in the end Mark Bosnich brilliantly saved the final Tranmere kick and Villa were through. When I finally switched off the microphone I was exhausted and my throat was done in. I could hardly speak for days. You only get to see about a dozen games like that in a lifetime and I'll never forget it.'

TOUR OF MALAYSIA
1 11.00PM SK2

TOUR OF MALAYSIA
2 6.00PM SK3

TOUR OF MALAYSIA
2 11.00PM SK2

TOUR OF MALAYSIA
3 6.00PM SK3

TOUR OF MALAYSIA
3 11.00PM SK2

TOUR OF MALAYSIA
4 6.00PM SK3

TOUR OF MALAYSIA
4 11.00PM SK2

TOUR OF MALAYSIA
5 6.00PM SK3

TOUR OF MALAYSIA
5 11.00PM SK2

TOUR OF MALAYSIA
6 7.00PM SK3

TOUR OF MALAYSIA
6 11.30PM SK3

TOUR OF MALAYSIA
7 12.30AM SK2

TOUR OF MALAYSIA
8 6.00PM SK3

TOUR OF MALAYSIA
9 6.00PM SK3

TOUR OF MALAYSIA
9 11.00PM SK2

TOUR OF MALAYSIA
10 6.00PM SK3

TOUR OF MALAYSIA
10 6.00PM SK3

TOUR OF MALAYSIA
10 11.00PM SK2

TOUR OF MALAYSIA
11 12MIDN'T SK2

TOUR OF MALAYSIA
12 6.00PM SK3

TOUR OF MALAYSIA
12 12MIDN'T SK2

TOUR OF MALAYSIA
13 5.00PM SK2

TOUR OF MALAYSIA
13 11.00PM SK3

TOUR OF MALAYSIA
13 4.30AM SK2

TOUR OF MALAYSIA
14 11.00AM SK2

TIRRENO-ADRIATICO TOUR
15 3.00PM ESP
Coverage of the sixth stage of the tour which begins at Sorrento and ends at San Benedeto Del Tronto.

TIRRENO-ADRIATICO TOUR
16 3.00PM ESP
Last year, some cyclists were on strike during the second stage and thus excluded from the race. The final winner was Rolf Jaermann of Switzerland.

TIRRENO-ADRIATICO TOUR
17 3.00PM ESP

WORLD CUP: MILAN-SANREMO
LIVE 20 2.45PM ESP

TOUR OF MALAYSIA
20 7.00PM SK2
Highlights of the 1999 tour of Malaysia.

EQUESTRIANISM

FEI WORLD CUP SERIES
2 12.30PM ESP
Coverage of the qualifying round in Bologna, Italy.

FEI WORLD CUP SERIES
12 11.30PM ESP
Coverage from Paris-Bercy, France.

FEI WORLD CUP SERIES
LIVE 14 2.00PM ESP

FEI WORLD CUP SERIES
31 1.00PM ESP

GOLF

WORLD CHAMPIONSHIPS
1 8.00AM SK2

GOLF
1 2.00PM SK3

LPGA 1999 – AUSTRALIAN LADIES MASTERS
2 7.00PM SK2
From Queensland.

EURO TOUR GOLF: PORTUGUESE ALGARVE OPEN
LIVE 4 1.00PM SK1
First-day coverage.

PORTUGUESE ALGARVE OPEN
4 7.00PM SK1

FORD GOLF USA: DORAL RYDER OPEN
LIVE 4 9.00PM SK2
Coverage of the opening day's play in the Doral Ryder Open in Miami.

PORTUGUESE ALGARVE OPEN
LIVE 5 1.00PM SK1
Last year, the tournament was won by England's Peter Mitchell.

PORTUGUESE ALGARVE OPEN
5 7.00PM SK3

FORD GOLF USA: DORAL RYDER OPEN
LIVE 5 9.00PM SK2

PORTUGUESE ALGARVE OPEN
LIVE 6 1.00PM SK3

DORAL RYDER OPEN
6 9.00PM SK2

PORTUGUESE ALGARVE OPEN
6 12MIDN'T SK2

PORTUGUESE ALGARVE OPEN
LIVE 7 12NOON SK1

DORAL RYDER OPEN
7 4.00PM SK1

DORAL RYDER OPEN
LIVE 7 8.00PM SK2

PORTUGUESE ALGARVE OPEN
7 11.00PM SK2

DORAL RYDER OPEN
9 11.00PM ESP
From Miami in Florida.

TURESPAÑA MASTERS
LIVE 11 1.00PM SK1

TURESPAÑA MASTERS
11 7.30PM SK3

FORD GOLF USA: HONDA CLASSIC
11 10.00PM SK2
Coverage from Coral Springs, Florida.

TURESPAÑA MASTERS
LIVE 12 1.00PM SK1

TURESPAÑA MASTERS
12 7.30PM SK1
Highlights from the second day's play in the Turespaña Masters.

HONDA CLASSIC
12 10.00PM SK2

TURESPAÑA MASTERS
LIVE 13 11.30AM SK3

TURESPAÑA MASTERS
13 6.00PM SK3

HONDA CLASSIC
LIVE 13 8.00PM SK3
Coverage from Heron Bay in Florida.

TURESPAÑA MASTERS
LIVE 14 12NOON SK3

TURESPAÑA MASTERS
14 11.30PM SK1
Highlights of the action from day four of the Turespana Masters.

EURO TOUR GOLF: MOROCCAN OPEN
LIVE 18 1.00PM SK1
Live action on the opening day of the 1999 Moroccan Open, which is staged at the Golf Royal d'Agadir course.

MOROCCAN OPEN
18 7.00PM SK1

BAY HILL INVITATIONAL
LIVE 18 9.00PM SK2
Coverage from the Bay Hill Club and Lodge in Florida.

MOROCCAN OPEN
LIVE 19 1.00PM SK1

MOROCCAN OPEN
19 7.00PM SK3

BAY HILL INVITATIONAL
LIVE 19 9.00PM SK2

BAY HILL INVITATIONAL
19 1.00AM SK2

EURO TOUR GOLF: MOROCCAN OPEN
LIVE 20 1.00PM SK3
Day-two coverage.

BAY HILL INVITATIONAL
LIVE 20 8.00PM SK2

MOROCCAN OPEN
20 11.00PM SK1

BAY HILL INVITATIONAL
20 1.00AM SK2

MOROCCAN OPEN
LIVE 21 12.30PM SK3

MOROCCAN OPEN
21 6.00PM SK2

MOROCCAN OPEN
21 11.00PM SK2

EURO SENIORS SAHARA CUP
23 4.00PM SK1

EURO SENIORS SAHARA CUP
23 7.00PM SK2

LPGA – STANDARD REGISTER PING
23 8.00PM SK2

BAY HILL INVITATIONAL
23 11.30PM ESP

EURO SENIORS – SAHARA CUP
23 12MIDN'T SK2

LPGA – STANDARD REGISTER PING
23 1.00AM SK2

EURO SENIORS – SAHARA CUP
24 10.00AM SK1

LPGA 1999 – STANDARD REGISTER PING
24 11.00AM SK2
Action from tMoon Valley golf course, Phoenix.

STANDARD REGISTER PING
24 4.00PM SK3

FORD GOLF USA: PLAYERS CHAMPIONSHIP
LIVE 25 4.30PM SK2
Live action from the TPC Sawgrass course in Jacksonville, Florida.

PLAYERS CHAMPIONSHIP
26 10.00AM SK2

PLAYERS CHAMPIONSHIP
LIVE 26 4.30PM SK2

PLAYERS CHAMPIONSHIP
LIVE 27 6.30PM SK2

PLAYERS CHAMPIONSHIP
28 11.00AM SK2

PLAYERS CHAMPIONSHIP
LIVE 28 7.30PM SK2

PLAYERS CHAMPIONSHIP
30 11.00PM ESP

LPGA 1999 – NABISCO DINAH SHORE
30 10.00PM SK2

LPGA 1999 – NABISCO DINAH SHORE
31 10.00AM SK2

GREYHOUND RACING

DOG NIGHT L!VE
4 9.00PM L!VE

DOG NIGHT L!VE
5 9.00PM L!VE

THE ARC TROPHY
LIVE 9 8.00PM SK1
Coverage from the Walthamstow stadium.

DOG NIGHT L!VE
11 9.00PM L!VE

DOG NIGHT L!VE
12 9.00PM L!VE

DOG NIGHT L!VE
18 9.00PM L!VE

DOG NIGHT L!VE
19 9.00PM L!VE

WILLIAM HILL GRAND NATIONAL
LIVE 23 8.00PM SK1
The quarter-finals of the William Hill Grand National, which is being staged at the Wimbledon stadium for the first time.

DOG NIGHT L!VE
25 9.00PM L!VE

DOG NIGHT L!VE
26 9.00PM L!VE

WILLIAM HILL GRAND NATIONAL
LIVE 30 8.00PM SK1

ICE HOCKEY

SEKONDA SUPERLEAGUE
4 7.30PM SK3
Coverage of the play-off presented by Dominik Holyer, with commentary from Steve James and Nick Rothwell.

SEKONDA SUPERLEAGUE
LIVE 11 7.30PM SK2

SEKONDA SUPERLEAGUE
LIVE 18 7.30PM SK3

SEKONDA SUPERLEAGUE
18 12.30AM SK2

SEKONDA SUPERLEAGUE
LIVE 25 7.30PM SK3

SEKONDA SUPERLEAGUE
LIVE 25 12.30AM SK2

ICE SKATING

KERI LOTION SKATING CLASSIC
2 9.00PM SK2
Coverage from Florida.

KERI LOTION SKATING CLASSIC
3 4.00PM SK3

FIGURE SKATING: EXHIBITION
3 7.30PM ESP
The line-up in Massachussets includes America's Nancy Kerrigan, the Ukraine's Viktor Petrenko, America's Jenni Meno and Todd Sand.

FIGURE SKATING: ISU GRAND PRIX FINAL
5 7.30PM ESP
Coverage from St Petersburg.

ISU GRAND PRIX FINAL
6 8.30PM ESP
Coverage of the women's free skating and the ice dancing free dance.

ISU GRAND PRIX FINAL
7 2.00PM ESP
Coverage from St Petersburg, Russia.

SPEED SKATING
13 5.30PM ESP
Coverage of the world speed skating single distance championships in Heerenveen, The Netherlands.

SPEED SKATING
14 6.00PM ESP

SHORT TRACK SPEED SKATING: WORLD CHAMPIONSHIP
LIVE 19 2.00PM ESP
Coverage from Sofia, Bulgaria of the most important event in this sport.

SHORT TRACK SPEED SKATING: WORLD CHAMPIONSHIP
20 6.30PM ESP

SHORT TRACK SPEED SKATING: WORLD CHAMPIONSHIP
21 4.30PM ESP

FIGURE SKATING: WORLD CHAMPIONSHIP
LIVE 22 6.00PM ESP

FIGURE SKATING: WORLD CHAMPIONSHIP
LIVE 23 11.30AM ESP

FIGURE SKATING: WORLD CHAMPIONSHIP
LIVE 23 5.30PM ESP

FIGURE SKATING: WORLD CHAMPIONSHIP
LIVE 24 1.30PM ESP

FIGURE SKATING: WORLD CHAMPIONSHIP
LIVE 24 5.00PM ESP

FIGURE SKATING WORLD CHAMPIONSHIP
LIVE 25 12NOON ESP

FIGURE SKATING WORLD CHAMPIONSHIP
LIVE 25 5.00PM ESP

FIGURE SKATING WORLD CHAMPIONSHIP
LIVE 26 12.30PM ESP

FIGURE SKATING WORLD CHAMPIONSHIP
LIVE 26 5.00PM ESP
Coverage of the ice dancing free dance event.

FIGURE SKATING WORLD CHAMPIONSHIP
LIVE 27 12NOON ESP

FIGURE SKATING WORLD CHAMPIONSHIP
LIVE 28 1.10PM ESP

FIGURE SKATING WORLD CHAMPIONSHIP
28 6.30PM ESP

FIGURE SKATING WORLD CHAMPIONSHIP
LIVE 30 7.30PM ESP

MOTOR CYCLING

MOTOCROSS: MOTO-X FREERIDE CHAMPIONSHIP
2 11.30PM SK2
A look at the best motorcyclists, from shoulder-to-shoulder combat ot the dirt tracks to hill-climbing action.

MOTOCROSS: MOTO-X FREERIDE CHAMPIONSHIP
3 4.30PM SK2
Includes action from the American Motorcylist Association and events at the Glen Helen Raceway Park in San Bernardino, California.

MOTOCROSS: MOTO-X FREERIDE CHAMPIONSHIP
6 5.00AM SK1

GILLES LALAY'S CLASSIC
18 12NOON ESP

MOTOCROSS: WORLD CHAMPIONSHIP
18 12.30PM ESP
Coverage of the 250CC event.

MOTOCROSS: WORLD CHAMPIONSHIP
21 5.30PM ESP
Coverage from Talavera de la Reina, Spain.

MOTOCROSS: WORLD CHAMPIONSHIP
24 11.30AM ESP

SUPERBIKE: WORLD CHAMPIONSHIP
27 11.30AM ESP

SUPERBIKE: WORLD CHAMPIONSHIP
27 5.00PM ESP
A preview of the forthcoming action in Kyalami, South Africa.

SUPERBIKES: WORLD CHAMPIONSHIP
LIVE 28 9.30AM SK1
Find out whether it will be Carl Fogarty's season again this year when he returns to the track.

SUPERBIKE: WORLD CHAMPIONSHIP
LIVE 28 11.00AM ESP

SUPERBIKE: WORLD CHAMPIONSHIP
LIVE 28 3.30PM ESP

SUPERBIKE
28 4.20PM ESP

SUPERBIKE: WORLD CHAMPIONSHIP
28 7.00PM SK1

SUPERBIKE: WORLD CHAMPIONSHIP
28 11.15PM ESP

SUPERBIKE: WORLD CHAMPIONSHIP
29 10.00AM SK1

MOTOCROSS: WORLD CHAMPIONSHIP
31 11.00AM ESP
Coverage from Greece.

MOTOR RACING

AUSTRALIAN RALLY CHAMPIONSHIP
3 5.30PM SK2
The Driver's Championship and the Manufacturer's Championship.

AUSTRALIAN RALLY CHAMPIONSHIP
3 7.30PM SK3

AUSTRALIAN RALLY CHAMPIONSHIP
3 9.30PM SK3

AUSTRALIAN RALLY CHAMPIONSHIP
3 1.00AM SK2

AUSTRALIAN RALLY CHAMPIONSHIP
4 3.00PM SK2

AUSTRALIAN RALLY CHAMPIONSHIP
5 5.00AM SK2

FORMULA ONE – 99 PREVIEW
6 9.30PM ITV2

AUSTRALIAN RALLY CHAMPIONSHIP
10 5.00PM SK2

AUSTRALIAN RALLY CHAMPIONSHIP
10 9.30PM SK3

AUSTRALIAN RALLY CHAMPIONSHIP
11 12.30PM SK2

FIA WORLD RALLY CHAMPIONSHIP
13 6.30PM ESP
Coverage of the Championship, which started in Monte Carlo.

AUSTRALIAN RALLY CHAMPIONSHIP
17 5.00PM SK2

AUSTRALIAN RALLY CHAMPIONSHIP
17 11.00PM SK2

AUSTRALIAN RALLY CHAMPIONSHIP
18 3.00PM SK2

FORMULA 3
18 6.30PM SK2

FORMULA 3
18 12MIDN'T SK2

FORMULA 3
19 2.30PM SK2

FORMULA 3
20 7.00PM SK3

NASCAR BUSCH – DARLINGTON RACEWAY
20 11.00PM SK2

FORMULA 3
21 7.30AM SK1

AUSTRALIAN RALLY
21 3.30AM SK1

NASCAR BUSCH – DARLINGTON RACEWAY
21 4.00PM SK1

CART: FEDEX CHAMPIONSHIP
LIVE 21 6.30PM ESP

NASCAR BUSCH – DARLINGTON RACEWAY
21 8.30PM SK3

NASCAR BUSCH – DARLINGTON RACEWAY
23 12NOON SK2

AUSTRALIAN RALLY CHAMPIONSHIP
24 11.30PM SK2

AUSTRALIAN RALLY CHAMPIONSHIP
25 3.00PM SK2

FORMULA 3
25 4.30PM SK3

FORMULA 3
25 12MIDN'T SK2

FORMULA 3
27 1.30PM SK3

RALLY: GRANADA – DAKAR
29 2.30PM ESP

INDY RACE LEAGUE – PHOENIX 200
30 2.00PM SK1

INDY RACE LEAGUE – PHOENIX 200
30 10.00PM SK2

INDY RACE LEAGUE – PHOENIX 200
31 4.00PM SK3

AUSTRALIAN RALLY CHAMPIONSHIP
31 6.00PM SK3

FOOTBALL

PREMIERSHIP ON SKY SPORTS

LEICESTER CITY V LEEDS UNITED

LIVE 1 7.00PM SK1

Coverage from Filbert Street as Leicester City take on Leeds United in the FA Carling Premiership.

LEICESTER CITY V LEEDS UTD

1 1.15AM SK1

Highlights.

MIDDLESBROUGH V SOUTHAMPTON

LIVE 14 3.00PM SK1

Coverage from the Riverside Stadium as Bryan Robson's Middlesbrough take on Dave Jones's Southampton.

MIDDLESBROUGH V SOUTHAMPTON

14 10.00PM SK2

ASTON VILLA V CHELSEA

LIVE 21 11.00AM SK1

Coverage from Villa Park. Villa remained at the top of the table for most of the first half of the campaign. However, they will be tested against all-star opponents Chelsea.

ASTON VILLA V CHELSEA

21 10.30PM SK1

FOOTBALL SPECIAL

22 8.00PM SK1

FOOTBALL SPECIAL

22 1.00AM SK1

FOOTBALL SPECIAL

23 12.30PM SK1

NATIONWIDE LEAGUE ON SKY SPORTS

FOOTBALL LEAGUE MATCH

12 4.30AM SK1

BURNLEY V PRESTON

LIVE 14 12NOON SK2

BURNLEY V PRESTON

14 11.30PM SK2

COLCHESTER V MANCHESTER CITY

LIVE 20 5.30PM BOX3

Coverage from Layer Road, with kick-off scheduled for 6.00pm.

WORTHINGTON CUP ON SKY SPORTS

WORTHINGTON CUP FINAL

LIVE 21 2.00PM SK2

Coverage from Wembley Stadium.

WORTHINGTON CUP FINAL

21 12MIDN'T SK1

FA CUP ON SKY SPORTS

FA CUP SPECIAL

6 5.30PM SK3

FA CUP SPECIAL

LIVE 7 3.30PM SK2

Action-packed coverage of round six of this season's FA Cup.

FA CUP FOOTBALL SPECIAL

7 10.30PM SK3

FA CUP FOOTBALL

16 1.00AM SK2

INTERNATIONAL MATCHES ON SKY SPORTS

ENGLAND UNDER-15 V REPUBLIC OF IRELAND UNDER-15

LIVE 12 7.30PM SK2

ENGLAND UNDER-15 V REPUBLIC OF IRELAND UNDER-15

12 12.30AM SK2

ENGLAND UNDER-21 V POLAND UNDER-21

LIVE 26 7.30PM SK1

ENGLAND UNDER-21 V POLAND UNDER-21

26 11.00PM SK2

ENGLAND UNDER-21 V POLAND UNDER-21

26 3.00AM SK2

ENGLAND V POLAND

LIVE 27 2.00PM SK2

England seem to find themselves drawn with the Poles in almost every qualifying group. The last time they met, in Poland in the World Cup qualifiers two years ago, England won 2-0. But how will they cope without Hoddle?

SWEDEN V LUXEMBOURG

LIVE 27 5.00PM SK2

SCOTLAND V BOSNIA HERZEGOVINA

LIVE 27 3.00PM SK1

Scotland's record at reaching the finals of the major international tournaments over the past few years has been impressive. Sadly, however, they are still to progress to the second round of the European Championships for the first time. With Bosnia still something of an unknown quantity, the likes of Colin Hendry and Kevin Gallacher can take nothing for granted. Presented by Jim White.

ENGLAND V POLAND

27 6.30PM SK1

ENGLAND V POLAND

27 11.00PM SK2

ENGLAND UNDER-16 V TURKEY UNDER-16

LIVE 30 7.30PM SK3

Live action from Brisbane Road as England's Under-16 stars of the future take on their counterparts from Turkey.

ENGLAND UNDER-16 V TURKEY UNDER-16

30 12NOON SK2

SCOTLAND V CZECH REPUBLIC

LIVE 31 7.00PM SK1

SCOTLAND V CZECH REPUBLIC

31 1.00AM SK1

ENGLAND UNDER-16 V TURKEY UNDER-16

31 4.00PM SK3

LONDON MASTERS ON SKY SPORTS

FOOTBALL

LIVE 24 7.30PM SK1.

Live action from London Arena with coverage of the London Masters six-a-side tournament.

FOOTBALL

24 1.00AM SK1

FOOTBALL

25 12.30PM SK1

SCOTTISH PREMIER LEAGUE ON SKY SPORTS

SCOTTISH FA CUP

LIVE 8 7.00PM SK1

Live action from the fifth round.

SCOTTISH FOOTBALL

8 1.00AM SK1

SCOTTISH LEAGUE MATCH

LIVE 14 6.00PM SK1

SCOTTISH LEAGUE MATCH

14 12.30AM SK2

SCOTTISH LEAGUE MATCH

LIVE 21 5.30PM SK3

SCOTTISH LEAGUE MATCH

21 1.30AM SK1

SPANISH FOOTBALL ON SKY SPORTS

SPANISH FOOTBALL

4 9.00PM SK1

Highlights from the top flight of La Liga in Spain, one of the most respected and prestigious leagues in world football.

SPANISH FOOTBALL

4 1.30AM SK1

SPANISH FOOTBALL

5 10.00AM SK1

SPANISH FOOTBALL

LIVE 6 8.00PM SK3

SPANISH FOOTBALL

6 1.00AM SK1

SPANISH FOOTBALL

7 9.00PM SK1

SPANISH FOOTBALL

11 8.30PM SK1

SPANISH FOOTBALL

13 11.30PM SK1

SPANISH FOOTBALL

14 8.30PM SK1

SPANISH FOOTBALL

16 1.00PM SK1

SPANISH FOOTBALL

18 9.00PM SK1

SPANISH FOOTBALL

18 2.00AM SK1

SPANISH FOOTBALL

19 10.00AM SK1

SPANISH FOOTBALL

19 3.30PM SK2

SPANISH FOOTBALL

19 7.00PM SK2

SPANISH FOOTBALL

LIVE 20 8.00PM SK3

SPANISH FOOTBALL

20 1.00AM SK1

SPANISH FOOTBALL

21 9.00PM SK1

SPANISH FOOTBALL

25 8.00PM SK1

SPANISH FOOTBALL

25 2.00AM SK1

SPANISH FOOTBALL

26 10.00AM SK1

MATCHES ON EUROSPORT

UEFA CUP: OLYMPIQUE DE MARSEILLES V CELTA DE VIGO

LIVE 2 8.00PM ESP

Coverage of the first legs of the quarter-finals of the Uefa Cup.

UEFA CUP

2 10.00PM ESP

UEFA CUP

LIVE 16 7.30PM ESP

UEFA CUP

4 7.30PM ESP

UEFA CUP: VARTEKS V REAL MALLORCA

4 9.30PM ESP

Coverage of the first leg of the quarter finals.

UEFA CUP

16 9.30PM ESP

UEFA CUP

LIVE 18 7.30PM ESP

Coverage of the second legs of the quarter-finals. Matches include Norway's Valerenga Fotball v Chelsea FC and Israels's Maccabi Haifa against Russia's Lokomotiv Moscow.

UEFA CUP

18 9.30PM ESP

EURO 2000

LIVE 27 7.30PM ESP

Coverage of the qualifying rounds.

EURO 2000: FRANCE V UKRAINE

LIVE 27 8.00PM ESP

Coverage of the qualifying rounds.

EURO 2000

27 10.00PM ESP

EURO 2000

28 8.00PM ESP

EURO 2000

31 9.30PM ESP

EUROPEAN CHAMPIONS' LEAGUE

REAL MADRID V DYNAMO KIEV

LIVE 3 7.00PM ITV2

Ukraininan team Dynamo Kiev put paid to Arsenal's hopes of European glory last year, and will hope to duplicate that success against Spain's Real Madrid.

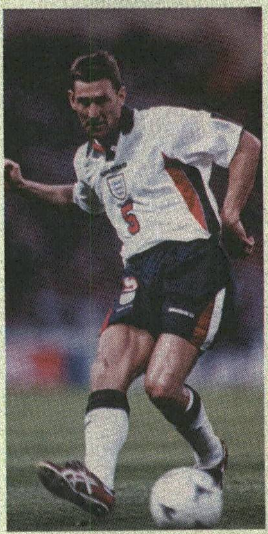
MANCHESTER UNITED V INTER MILAN

3 9.45PM ITV2

MATCHES OF THE MONTH

Nick Callow talks to Arsenal captain and stalwart England defender Tony Adams

England v Poland Sky Sports 2 Saturday 27th 2.00pm – LIVE



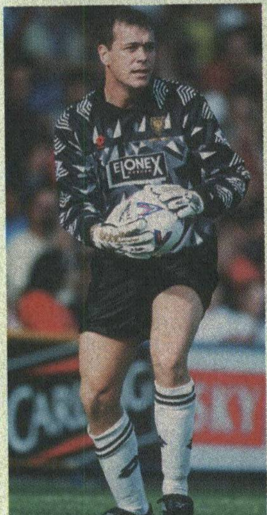
ENGLAND may have lost their manager and leading officials recently but they can always rely on Tony Adams never to let them down in a crisis. The Arsenal captain will again be at the heart of England's defence when they face Poland at the end of the month in a crucial Euro 2000 qualifier. It is the sort of game in which the reassuring presence of Adams (pictured) will rarely have been so vital. But he predicts that he and his team-mates will have to be at their absolute best to beat the Poles and recover from the slow start that has earned them only four points from three qualifying games. Adams admits: 'We've made it very difficult for ourselves and it's going to be very tough to qualify. But the type of character I am means that it is a challenge I'm going to relish. With everyone seeming to be on our case at the moment, it's going to give me great enjoyment to prove them wrong again. Whether that will prove to be the case or not, I don't know. When we reached the semi-finals in Euro 96 I firmly believed that we were the best side in the competition and I think we are still – or thereabouts.'

The European Championships, to be held in Belgium and Holland next year, probably represent the 33-year-old's last chance to win a major international trophy. But he remains as determined as ever to serve his country with pride. He says: 'I don't live in the past and I don't project about the future – I live for the day. I don't know what's around the corner or how long I've got left, but I know I want to do as much as possible in my career. If my country needs me, I'm here. I still feel I've got a lot to offer. It's down to whoever is the manager at the end of the day, but I don't have a problem with desire. I love playing for my country, it gives me absolute joy.'

Chris Hatherall talks to Scotland goalkeeper Neil Sullivan

Scotland v Bosnia Herzegovina Sky Sports 1 Saturday 27th 3.00pm – LIVE

Scotland v Czech Republic Sky Sports 1 Wednesday 31st 7.00pm – LIVE



SCOTLAND will have one foot in the Euro 2000 finals if they can win this month's two vital internationals against Bosnia Herzegovina at Ibrox and the Czech Republic at Celtic Park. Two home victories live on Sky would put them in a very strong position to reach the finals in Belgium and Holland. Already the Scots have picked up seven points from their first three games and two more victories would make them favourites to top the group.

At present, the Czech Republic lead by two points, with Scotland second. But with England in disarray following the sacking of Glenn Hoddle, the Scots are keen to grab the limelight and qualify before their rivals. Wimbledon keeper Neil Sullivan (pictured) said: 'These are very big matches and the squad has really grown in confidence recently. A few people criticised us for only beating the Faroe Islands 2-1, but the most important thing was that we won the game. The Czech Republic are still favourites because they are top, but if we could beat them then it would make things very interesting.'

Scotland beat the Faroe Islands thanks to goals from Craig Burley and Billy Dodds. But they could well be without both men for the match against Bosnia, with Burley currently recovering from injury and Dodds suspended. But Sullivan will be available, although he could face competition from Motherwell's Andy Goram, who has tentatively agreed to come out of international retirement.

Sullivan has been working on his penalty-saving technique since letting one in against the Faroes. 'I saved one against Michael Owen this season and I work quite a lot on it,' he admitted. 'I remember all the penalties against me and I keep a note of where certain players tend to put them. There's a few things I look for before they take the penalty, but I don't want to give too much away.' But quite how Sullivan will do his homework on Bosnia's largely unknown strike force is difficult to tell.

POOL

WORLD POOL LEAGUE
3 7.00PM SK1
Ball-potting action from the Victoria Inter-Continental Hotel in Warsaw, Poland.

WORLD POOL LEAGUE
3 11.00PM SK1

WORLD POOL LEAGUE
3 2.30AM SK1

WORLD POOL LEAGUE
4 12.30PM SK2

WORLD POOL LEAGUE
4 4.00PM SK2

WORLD POOL LEAGUE
10 7.00PM SK1

WORLD POOL LEAGUE
10 11.00PM SK1

WORLD POOL LEAGUE
10 2.30AM SK1

WORLD POOL LEAGUE
11 4.00PM SK2

WORLD POOL LEAGUE
17 7.00PM SK1

WORLD POOL LEAGUE
17 11.00PM SK1

WORLD POOL LEAGUE
17 2.30AM SK1

WORLD POOL LEAGUE
18 10.00AM SK1

WORLD POOL LEAGUE
18 4.00PM SK2

WORLD POOL LEAGUE
24 6.30PM SK1

WORLD POOL LEAGUE
24 11.00PM SK1

WORLD POOL LEAGUE
24 1.30AM SK2

WORLD POOL LEAGUE
25 9.30AM SK2

WORLD POOL LEAGUE
25 4.00PM SK1

WORLD POOL LEAGUE
31 5.00PM SK1

WORLD POOL LEAGUE
31 11.00PM SK1

RUGBY LEAGUE

RUGBY LEAGUE: CHALLENGE CUP
1 12NOON SK2

SUPER LEAGUE: WIGAN V HULL
LIVE 5 7.00PM SK1

SUPER LEAGUE: WIGAN V HULL
5 1.00AM SK2
Highlights.

AUSTRALIAN RUGBY LEAGUE
6 10.00AM SK1

SUPER LEAGUE: GATESHEAD V LEEDS
LIVE 7 6.30PM SK1

SUPER LEAGUE: GATESHEAD V LEEDS
7 11.00PM SK1

AUSTRALIAN RUGBY LEAGUE
13 9.30AM SK1

CHALLENGE CUP QUARTER-FINAL
13 9.30PM SK1

SUPER LEAGUE: LEEDS V WIGAN
LIVE 19 7.00PM SK1

SUPER LEAGUE: LEEDS V WIGAN
19 12MIDN'T SK2

AUSTRALIAN RUGBY LEAGUE
20 10.00AM SK1

SUPER LEAGUE: ST HELENS V GATESHEAD
LIVE 21 6.30PM SK1
Coverage of this match, with Eddie Hemmings and Mike Stephenson.

SUPER LEAGUE: ST HELENS V GATESHEAD
21 2.30AM SK1
Highlights

AUSTRALIAN RUGBY LEAGUE
27 10.00AM SK1

CHALLENGE CUP SEMI-FINAL
27 11.00PM SK1

AUSTRALIAN RUGBY LEAGUE
27 12.30AM (GMT) SK1

CHALLENGE CUP SEMI-FINAL
28 12NOON SK3

CHALLENGE CUP SEMI-FINAL
28 9.30PM SK1

RUGBY UNION

WORLD WIDE RUGBY: SUPER 12S
6 12NOON SK2

SUPER 12S TOURNAMENT
6 5.30PM SK1

SUPER 12S TOURNAMENT
6 10.00PM SK3

SUPER 12S
9 12.30PM SK2

SUPER 12S
12 8.00PM SK3

SUPER 12S
13 12NOON SK2

WOLVERHAMPTON V LEICESTER
LIVE 13 3.30PM SK3

RUGBY UNION UPDATE
13 1.00AM SK2

SUPER 12S
13 2.30AM SK2

SUPER 12S
20 12NOON SK2

INTERNATIONAL RUGBY UNION: ENGLAND V FRANCE
LIVE 20 1.30PM SK2
Coverage from Twickenham as England take on champions France in their second home game in the Five Nations Championship.

SUPER 12S
20 5.00PM SK2

ENGLAND V FRANCE
20 10.00PM SK3

ENGLAND V FRANCE
Coverage from Twickenham.
20 4.00AM SK2

SUPER 12S TOURNAMENT
21 6.00AM SK1

ENGLAND V FRANCE
Hlghlights.
21 11.30AM SK2

SUPER 12S TOURNAMENT
21 2.00PM SK1

SUPER 12S
22 1.00PM SK2

HONG KONG SEVENS
LIVE 26 8.30AM ESP

HONG KONG SEVENS
26 12MIDN'T ESP

SUPER 12S
27 12NOON SK2

HONG KONG SEVENS
27 6.30PM ESP

SUPER 12S
27 9.00PM SK3

SUPER 12S TOURNAMENT
28 6.00AM SK1

HONG KONG SEVENS
LIVE 28 7.30AM ESP

HONG KONG SEVENS
28 12NOON ESP

RUGBY UNION
LIVE 28 3.00PM SK2

HONG KONG SEVENS
28 10.15PM ESP

RUGBY UNION UPDATE
29 1.00PM SK3

SUPER 12S TOURNAMENT
29 3.00PM SK3

SKIING

SNOWBOARD
4 12.30PM ESP
Coverage of the fourth round of the ISF Swatch Boardercross World Tour in Copper Mountain, Colorado, US.

BIATHLON
LIVE 4 2.00PM ESP
Live coverage of the men's sprint at the World Cup in Val Cartier, Canada.

SKI JUMPING
LIVE 4 4.00PM ESP

ALPINE SKIING
LIVE 5 11.00AM ESP
Coverage of the women's downhill in Switzerland.

SNOWBOARD
LIVE 5 1.00PM ESP
Coverage of the Kreischberg, Austria.

BIATHLON
LIVE 5 2.00PM ESP

ALPINE SKIING
5 3.15PM ESP

CROSS-COUNTRY SKIING
LIVE 5 4.00PM ESP
From Lahti, Finland.

BIATHLON
5 5.30PM ESP

ALPINE SKIING
LIVE 6 9.30AM ESP

ALPINE SKIING
LIVE 6 11.00AM ESP

BIATHLON
LIVE 6 2.00PM ESP

CROSS-COUNTRY SKIING
6 3.00PM ESP

BIATHLON
LIVE 6 4.00PM ESP

SKI JUMPING
LIVE 6 5.00PM ESP

ALPINE SKIING
LIVE 7 9.30AM ESP

SKI JUMPING
LIVE 7 11.00AM ESP

CROSS-COUNTRY SKIING
7 1.00PM ESP

SKI JUMPING
7 5.30PM ESP

CROSS-COUNTRY SKIING
LIVE 8 4.00PM ESP

SKI JUMPING
LIVE 9 5.00PM ESP
Coverage of the K120 event in Trondheim, Norway.

SKI JUMPING
9 12MIDN'T ESP

ALPINE SKIING
LIVE 10 8.30AM ESP
World Cup action from Sierra Nevada, featuring the women's downhill event.

ALPINE SKIING
10 11.00AM ESP

ALPINE SKIING
LIVE 10 11.30AM ESP

ALPINE SKIING
LIVE 11 8.30AM ESP

BIATHLON
LIVE 11 9.30AM ESP

ALPINE SKIING
LIVE 11 11.20AM ESP

BIATHLON
LIVE 11 12.30PM ESP

NORDIC COMBINED SKIING
11 4.00PM ESP

NORDIC COMBINED SKIING
LIVE 11 4.30PM ESP

SKI JUMPING
LIVE 11 7.30PM ESP

BIATHLON
LIVE 12 11.45AM ESP

BIATHLON
LIVE 12 12.50PM ESP

ALPINE SKIING
LIVE 12 5.00PM ESP

ALPINE SKIING
LIVE 12 8.00PM ESP

ALPINE SKIING
LIVE 13 8.30AM ESP

BIATHLON
LIVE 13 9.45AM ESP

ALPINE SKIING
13 11.15AM ESP

BIATHLON
LIVE 13 12NOON ESP

NORDIC COMBINED SKIING
13 1.30PM ESP

NORDIC COMBINED SKIING
LIVE 13 2.00PM ESP

ALPINE SKIING
13 3.00PM ESP

CROSS-COUNTRY SKIING
13 4.00PM ESP

SNOWBOARD
13 5.00PM ESP

CROSS-COUNTRY SKIING
14 7.30AM ESP

ALPINE SKIING
LIVE 14 8.30AM ESP

BIATHLON
LIVE 14 9.30AM ESP

BIATHLON
LIVE 14 10.30AM ESP

ALPINE SKIING
LIVE 14 11.15AM ESP
The second leg of the men's giant slalom.

SKI JUMPING
LIVE 14 12NOON ESP
Coverage from Oslo, Norway.

CROSS-COUNTRY SKIING
14 3.30PM ESP

SNOWBOARD
14 5.00PM ESP

SNOWBOARD
18 1.00PM ESP
Coverage from Park City, the US.

CROSS-COUNTRY SKIING
LIVE 20 9.00AM ESP

SKI JUMPING
LIVE 20 10.00AM ESP

CROSS-COUNTRY SKIING
LIVE 20 12NOON ESP

CROSS-COUNTRY SKIING
20 4.00PM ESP

SKI JUMPING
20 5.00PM ESP

NORDIC COMBINED SKIING
LIVE 21 9.00AM ESP
From Zakopane, Poland.

SKI JUMPING
LIVE 21 10.00AM ESP

CROSS-COUNTRY SKIING
LIVE 21 12.15PM ESP

NORDIC COMBINED SKIING
LIVE 21 2.00PM ESP

SKI JUMPING
21 2.30PM ESP

CROSS-COUNTRY SKIING
21 3.30PM ESP

SPEED SKIING
22 12NOON ESP

CROSS-COUNTRY SKIING
22 1.30PM ESP

SNOOKER

1999 PREMIER SNOOKER LEAGUE
2 8.00PM SK1
Action from the most prestigious event in the snooker calendar, which is now in its 13th year.

PREMIER SNOOKER LEAGUE
2 1.00AM SK1

PREMIER SNOOKER LEAGUE
3 12.30PM SK1

1999 PREMIER SNOOKER LEAGUE
9 8.00PM SK3

1999 PREMIER SNOOKER LEAGUE
9 1.00AM SK1

1999 PREMIER SNOOKER LEAGUE
10 12.30PM SK1

1999 PREMIER SNOOKER LEAGUE
10 4.00PM SK3

1999 PREMIER SNOOKER LEAGUE
16 8.00PM SK1

1999 PREMIER SNOOKER LEAGUE
16 1.00AM SK1

PREMIER SNOOKER LEAGUE
17 10.00AM SK2

PREMIER SNOOKER LEAGUE
17 3.30PM SK3

PREMIER SNOOKER LEAGUE
23 8.00PM SK3

PREMIER SNOOKER LEAGUE
23 1.00AM SK1

1999 PREMIER SNOOKER LEAGUE
24 12.30PM SK1

PREMIER SNOOKER LEAGUE
24 4.00PM SK2

PREMIER SNOOKER LEAGUE
30 5.30PM SK3

PREMIER SNOOKER LEAGUE
30 1.00AM SK1

1999 PREMIER SNOOKER LEAGUE
31 12.30PM SK1

SWIMMING

TRIATHLON 1998 WORLD CUP – NOOSA
1 3.30PM SK2

TRIATHLON 1998 WORLD CUP – NOOSA
2 11.00AM SK1

SWIMMING
LIVE 3 5.30PM ESP
Coverage of the World Cup in Imperia, Italy.

SWIMMING
LIVE 4 5.45PM ESP

TENNIS

ATP TOURNAMENT: THE COPEHAGEN OPEN
LIVE 6 6.45PM ESP

THE COPEHAGEN OPEN
6 8.00PM ESP

THE COPEHAGEN OPEN
7 6.30PM ESP

WTA TOURNAMENT
LIVE 7 8.00PM ESP

ATP TOURNAMENT: THE FRANKLIN TEMPLETON CLASSIC
8 2.00PM ESP
Coverage of Andre Agassi's duel with Jason Stoltenberg.

WTA TOURNAMENT
LIVE 8 6.00PM ESP

MERCEDES SUPER 9
LIVE 8 8.00PM ESP

MERCEDES SUPER 9
9 1.00PM ESP

WTA TOURNAMENT
LIVE 9 6.45PM ESP

MERCEDES SUPER 9
LIVE 9 8.00PM ESP

MERCEDES SUPER 9
10 2.15PM ESP

MERCEDES SUPER 9
LIVE 10 6.00PM ESP

WTA TOURNAMENT
LIVE 10 8.00PM ESP

MERCEDES SUPER 9
11 2.00PM ESP

WTA TOURNAMENT
LIVE 11 6.00PM ESP

MERCEDES SUPER 9
11 9.00PM ESP

MERCEDES SUPER 9
12 2.00PM ESP

MERCEDES SUPER 9
LIVE 12 6.00PM ESP

MERCEDES SUPER 9
LIVE 12 8.45PM ESP

WTA TOURNAMENT
LIVE 12 10.00PM ESP

MERCEDES SUPER 9
LIVE 13 7.00PM ESP

WTA TOURNAMENT
LIVE 13 9.00PM ESP

MERCEDES SUPER 9
LIVE 13 11.00PM ESP

MERCEDES SUPER 9
LIVE 14 7.30PM ESP

WTA TOURNAMENT: THE LIPTON CHAMPIONSHIPS
21 8.30PM ESP

MERCEDES SUPER 9
LIVE 21 9.45PM ESP

MERCEDES SUPER 9
22 2.30PM ESP

WTA TOURNAMENT
LIVE 22 4.00PM ESP

MERCEDES SUPER 9
22 9.00PM ESP

MERCEDES SUPER 9
23 3.30PM ESP

WTA TOURNAMENT
LIVE 23 4.00PM ESP
Coverage of the women's Tournament in Key Biscayne.

MERCEDES SUPER 9
LIVE 23 9.00PM ESP

MERCEDES SUPER 9
23 10.00PM ESP

ATP TOURNAMENT
24 12NOON ESP

MERCEDES SUPER 9
24 3.30PM ESP

MERCEDES SUPER 9
24 9.30PM ESP

WTA TOURNAMENT
24 10.30PM ESP

MERCEDES SUPER 9
25 3.30PM ESP

MERCEDES SUPER 9
25 9.30PM ESP

WTA TOURNAMENT
25 10.30PM ESP

ATP TOURNAMENT
26 3.30PM ESP

WTA TOURNAMENT
26 9.30PM ESP

MERCEDES SUPER 9
27 11.00PM ESP

WTA TOURNAMENT
LIVE 28 5.00PM ESP

WTA TOURNAMENT: THE FAMILY CIRCLE CUP
LIVE 31 4.00PM ESP
Coverage from Hilton Head, US.

TABLE TENNIS

ENGLISH INTERNATIONAL OPEN TABLE TENNIS CHAMPIONSHIPS
15 6.00PM SK3
Action from the women's singles final, won last year by Tang Fei Ming of Taiwan.

ENGLISH INTERNATIONAL OPEN TABLE TENNIS CHAMPIONSHIPS
15 10.00PM SK2
Continued coverage.

ENGLISH INTERNATIONAL OPEN TABLE TENNIS CHAMPIONSHIPS
16 11.00AM SK1
Continued coverage.

ENGLISH INTERNATIONAL OPEN TABLE TENNIS CHAMPIONSHIPS
16 6.00PM SK3
Continued coverage of the women's doubles final.

ENGLISH INTERNATIONAL OPEN TABLE TENNIS CHAMPIONSHIPS
16 10.00PM SK2
Action from the 63rd English International Open Table Tennis Championships where current men's champion Jean Michel Saive is bidding to retain his crown.

ENGLISH INTERNATIONAL OPEN TABLE TENNIS CHAMPIONSHIPS
17 11.00AM SK1
Coverage of the women's doubles final.

ENGLISH INTERNATIONAL OPEN TABLE TENNIS CHAMPIONSHIPS
17 6.00PM SK3
Coverage of the men's singles final stage, which was won by Belgian star Jean Michel Saive last year.

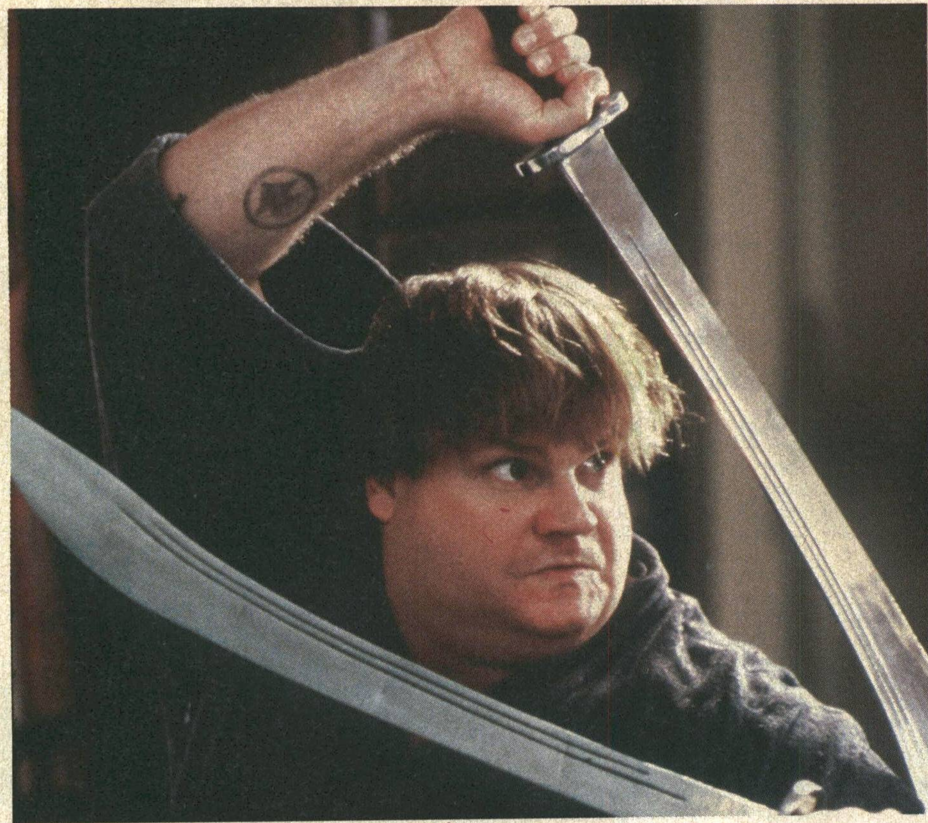
ENGLISH INTERNATIONAL OPEN TABLE TENNIS CHAMPIONSHIPS
17 10.00PM SK2

ENGLISH INTERNATIONAL OPEN TABLE TENNIS CHAMPIONSHIPS
18 11.00AM SK1
Action from the men's singles final.

ENGLISH INTERNATIONAL OPEN TABLE TENNIS CHAMPIONSHIPS
18 6.00PM SK3
Coverage of the men's double's stage.

ENGLISH INTERNATIONAL OPEN TABLE TENNIS CHAMPIONSHIPS
18 11.00PM SK2

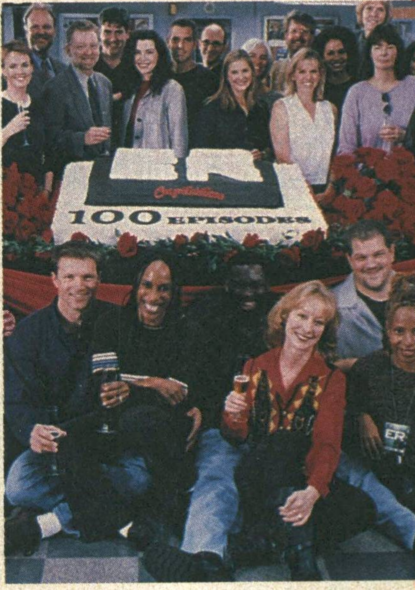
ENGLISH INTERNATIONAL OPEN TABLE TENNIS CHAMPIONSHIPS
19 11.00AM SK1
Coverage of the men's doubles final.



CHORTLE COMBAT

When roly-poly comic actor Chris Farley died in December 1997, Hollywood lost one of its sweetest clowns. Farley always approached his roles with a childlike exuberance. In the two films that brought him to the attention of cinema audiences around the world, *Tommy Boy* and *Black Sheep*, Farley's cuddly big-kid persona collided with his sidekick David Spade's dryly sarcastic characters to create some entertaining, odd-couple entanglements. But Farley went solo in *Beverly Hill's Ninja* and was given the space to really indulge his great talent for physical comedy. In the film, which high kicks its way onto Sky MovieMax screens this week, Farley hurled himself with abandon into the role of Haru, a man raised in a ninja academy in Japan, where all hopes of him being the 'Great White Ninja of legend' were dashed as soon as he started his training. Haru is a clumsy, accident-prone oaf who is so inept he can't even meditate without unleashing all manner of cosmic chaos. He's left behind one night when the school's real ninjas set off on a dangerous mission and is hired by default by a beautiful American woman who wants her seedy boyfriend followed. So our incompetent hero heads off for 'the hills of Beverly', little knowing his adoptive brother, Gobei, is secretly tagging along to bail him out of the inevitable comic complications he will encounter, and the stage is set for a series of hilarious slapstick riffs on the cliches of Kung Fu cinema. An excellent showcase for the much-missed star's great skills.

Sky MovieMax Friday 5th 9.00pm



A TON OF DRAMA

The phenomenally successful hospital soap *ER* celebrates its centennial episode this week. Entitled *Good Luck, Ruth Johnson*, it benefits from the show's customary blend of uncompromising action, knuckle-whitening suspense and affecting tenderness. The central theme of this incident-packed story is the 100th anniversary of the hospital itself. Born in the hospital on its opening day, the eponymous pensioner is being escorted around by Dr Carter as a treat to mark the event – but Carter finds the experience rather more than he bargained for when half her family turn up, too. A crash involving an ambulance leaves Dr Greene trying to save an injured paramedic, Nurse Hathaway deals with an eight-year-old whose friend has been killed and Dr Benton continues to consider surgery for his son. And as if that wasn't enough for one instalment, a new generation is also born into the chaos.

Sky One Thursday 4th 9.30pm

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Monday 1 March

SKY PREMIER

PREMIUM CHANNEL

MORNING

6.00 AM **6.00am Miss Evers' Boys**
1997, rating Sky PG, 113 mins
8.00 Home Front
1987, rating Sky PG, 88 mins
10.00 Love at Large
Tom Berenger, Elizabeth Perkins
1990, rating Sky PG, 98 mins
12noon Miss Evers' Boys
Alfre Woodard, Laurence Fishburne
1997, rating Sky PG, 113 mins
2.00pm Home Front
Jon Cryer, Lynn Redgrave
1987, rating Sky PG, 88 mins

3.00 PM **3.30**
Barry Norman's Film Night
Barry Norman delivers more of his own unique brand of movie news and reviews.

4.00 PM **4.00 Love at Large**
Tom Berenger, Elizabeth Perkins, Anne Archer
Mystery romance. A private detective is hired to identify a mysterious man who has been tormenting a woman and ends up tailing the wrong guy. When he realises that he is being followed himself, chaos and hilarity ensue. *1990, rating Sky PG, 98 mins*

5.00 PM

6.00 PM **6.00 Forever Love**
Reba McEntire, Tim Matheson
PREMIERE Drama based on a true story. When a young woman goes into a coma, her husband raises their daughter with the help of his wife's friend. The three of them form a loving, *de facto* family unit for 20 years until, miraculously, the woman comes out of her coma. *1998, rating Sky PG, 88 mins*

7.00 PM

8.00 PM **8.00 Intimate Relations**
Julie Walters, Rupert Graves, Matthew Walker, Laura Sadler
Fact-based comedy set in a small provincial town in the Fifties. After a couple take in a lodger, their apparently idyllic life is shattered when the wife sets out to seduce the young man. He soon finds himself ensnared in a web of deceit. Text *1995, rating Sky 15, 96 mins*

9.00 PM

10.00 PM **10.00 Last Man Standing**
Bruce Willis, Christopher Walken, Alexandra Powers
Western set in the Prohibition era. A bounty hunter cruises into the Texan bordertown of Jericho and finds himself in the heart of a bootlegging war. Text *1996, rating Sky 18, 97 mins*

11.00 PM **11.45**
The Mirror Has Two Faces
Barbra Streisand, Jeff Bridges
Romantic comedy. Text *1996, rating Sky 15, 121 mins*

12.00

NIGHT TIME

1.50am The Proprietor
Jeanne Moreau, Sean Young
1996, rating Sky 12, 109 mins
3.45-5.30am
The Great White Hype
Samuel L Jackson, Jeff Goldblum
Text *1996, rating Sky 15, 87 mins*

SKY MOVIEMAX

PREMIUM CHANNEL

6.00am Something Borrowed, Something Blue
1997, rating Sky PG, 88 mins
7.30 Movie Magic: Movie Mayhem
8.15 Action Heroes: Sean Connery
9.00 Before He Wakes
1997, rating Sky PG, 89 mins
11.00 Phenomenon
Text *1996, rating Sky PG, 118 mins*
1.00pm Femmes Fatales
1.30 Movie Magic: Movie Mayhem
2.15 Action Heroes: Sean Connery

3.00 Something Borrowed, Something Blue
Connie Sellecca, Twiggy Lawson, Shawnee Smith
Romantic drama in which a woman and her friends become the focus of a *First Time Brides* magazine cover story. However, the discovery of some dark secrets threatens to jeopardise their impending nuptials. *1997, rating Sky PG, 88 mins*

5.00 Before He Wakes
Jaclyn Smith, Diana Scarwid, Hope Lange, Timothy Carhart
Thriller based on a true story. A supposedly devoted wife shoots her husband dead, apparently by accident. When the police discover that her first husband died in a similar manner, they begin to unravel the truth. *1997, rating Sky PG, 89 mins*

7.00 Phenomenon
John Travolta, Kyra Sedgwick, Forest Whitaker, Robert Duvall
Touching drama about a garage mechanic whose mental powers are accelerated after what may have been an encounter with an alien spacecraft. Matters are complicated further by the arrival of FBI agents, who want to check out the phenomenon. Text *1996, rating Sky PG, 118 mins*

9.00 The Rockford Files: Murder and Misdemeanors
James Garner, John Amos, Joe Santos, Conrad Janis
PREMIERE Cop drama based on the TV series. When Jim Rockford helps a friend by taking on some of his cases, he soon finds himself under threat from both sides of the law. *1997, rating Sky 12, 86 mins*

11.00 The Night Caller
Tracy Nelson, Shanna Reed
PREMIERE Thriller. A woman develops an obsession with a radio psychologist. *1997, 90 mins*
12.35am Kiss of a Stranger
1997, rating Sky 18, 89 mins
2.10 Married People, Single Sex II
1994, rating Sky 18, 100 mins
3.55
Mother, May I Sleep with Danger?
1996, rating Sky 15, 86 mins
5.35-7.10am Life, Liberty and the Pursuit of Happiness on the Planet of the Apes
1974, rating Sky PG, 91 mins

Kel Mitchell and Kenan Thompson in star in 'Good Burger'. Sky Box Office 3, see below

SKY CINEMA

PREMIUM CHANNEL

4.00pm Desert Rats
Richard Burton, James Mason, Robert Newton, Robert Douglas
Wartime drama. While Rommel has the British on the retreat during his advance on the Suez Canal, an English captain leads a vastly outnumbered Australian squadron against the Desert Fox culminating in a series of daring raids during the siege of Tobruk. *1953, rating Sky U, 85 mins*

6.00 King Kong
Fay Wray, Robert Armstrong, Bruce Cabot, Noble Johnson
Monster movie in which a beautiful woman is snatched by a fearsome island beast after the creature has been captured and brought to New York as a living exhibit. The film ends with the classic climactic battle on top of the Empire State Building. *1933, rating Sky PG, 96 mins*

8.00 The Gunfighter
Gregory Peck, Helen Westcott, Millard Mitchell, Jean Parker, Karl Malden
Offbeat Western in which a retired gunslinger tries to live down his violent past. However, one man is not content to allow the man who is reputed to be the fastest gun to rest easy and forces him into a final showdown. *1950, rating Sky U, 82 mins*

10.00 Spellbound
Ingrid Bergman, Gregory Peck, Michael Chekhov, John Emery
Alfred Hitchcock's thriller in which the head of a psychiatric asylum retires, to be replaced by a famous colleague. It soon becomes clear, however, that the new doctor is an imposter. *1945, rating Sky PG, 111 mins*

11.55 Zardoz
Sean Connery, Niall Buggy
Science-fiction drama. *1974, rating Sky 15, 102 mins*
1.45am Three Faces of Eve
Joanne Woodward, David Wayne
Psychiatric drama. *1957, rating Sky PG, 88 mins*
3.20-5.05am Artists and Models
Dean Martin, Jerry Lewis
1955, rating Sky U, 105 mins

MOVIE RATINGS

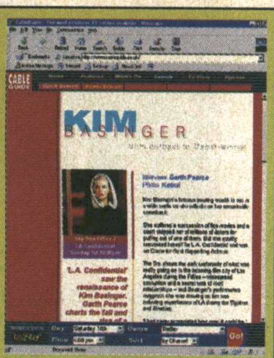
Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

FAMILY PACK

9.00pm
When the Lion Roars
Part one of this comprehensive and entertaining documentary series about Metro-Goldwyn-Meyer, the most lavish of all the Hollywood studios. The programme includes classic clips, rarely seen footage and interviews with studio employees, from designers to the film stars. Presented by Patrick Stewart.

11.00 The Band Wagon
Fred Astaire, Cyd Charisse, Oscar Levant, Nanette Fabray
Classic musical about a dancer who is coaxed out of semi-retirement by his friends to appear in a musical they have penned. *1953, 108 mins*
1.15am Catlow
Yul Brynner, Richard Crenna, Leonard Nimoy, Daliah Lavi
Comedy Western. *1971, 98 mins*
3.00-5.00am Where the Spies Are
David Niven, Francoise Dorleac
Spy spoof. *1965, 108 mins*



'L.A. Confidential' saw the renaissance of Kim Basinger. Garth Pearce charts the fall and

Want to know what John Travolta movies are on this month? Our new online TV listings guide will tell you!
http://www.cableguide.co.uk

FILMFOUR

ADD-ON CHANNEL

6.00pm Things Change
Don Ameche, Mike Nussbaum
David Mamet's comic fable about an elderly Italian shoeshine man who accepts an offer he cannot refuse. *1988, 97 mins*

7.10 Fake
Short film directed by Simon Dennis. When a husband overhears his wife organising a hitman to kill him, he fakes his own death.

8.00 The Kids Are Alright
Jeff Stein's rock documentary following the fortunes of British rock group The Who. From sweaty west London clubs to the recording of *Who Are You?* the high-velocity band bait awkward interviewers and smash up their instruments. *1978, 97 mins*

9.50 Hard Nut
Romantic comedy.

10.00 The Slab Boys
Robin Laing, Russell Barr, Bill Gardiner, Louise Berry
Drama. Three lads, who work in a carpet factory, pursue their dreams. *1997, 93 mins*

11.45 Stand By Me
Richard Dreyfuss, Wil Wheaton, River Phoenix, Corey Feldman
Rites of passage drama. *1986, rating 15, 85 mins*
1.15am The Man Without a Face
Mel Gibson, Nick Stahl
Drama. *1993, 110 mins*
3.10 The Innocents
Deborah Kerr, Michael Redgrave
Horror. *1961, 96 mins*
4.50-6.00am
The Turning of the Earth
Documentary going behind the scenes of John Ford's classic Western *The Searchers*.

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
THE POSTMAN
Kevin Costner stars in and directs this futuristic fantasy in which a postman brings hope to a shattered world. *1997, rating Sky 15, 170 mins*
PLAYS AT 12midnight, 3.00am

Sky Box Office 2
Channel 52
GOOD WILL HUNTING
Oscar-winning comedy drama starring Matt Damon and Robin Williams. *1997, rating Sky 15, 123 mins*
PLAYS AT 6.00am, 8.30am, 6.00pm, 8.30pm

Sky Box Office 3
Channel 53
GOOD BURGER
TV's Kenan and Kel perform with relish in this wacky comedy set in a fast food restaurant. *1997, rating Sky PG, 91 mins*
PLAYS AT 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm

Sky Box Office 3
Channel 53
AS GOOD AS IT GETS
Oscar-winning drama starring Jack Nicholson as a sharp-tongued misanthrope.*1997, rating Sky 15, 132 mins*
PLAYS AT 6.00pm, 8.30pm, 11.00pm, 1.30am, 4.00am

Sky Box Office 4
Channel 54
THE EDGE
Alec Baldwin and Anthony Hopkins star alongside a ferocious Kodiak bear in this wilderness drama. *1997, rating Sky 15, 113 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions. Customers with a Videoway set-top-box must view all events on Channel 50.

Monday 1 March

SKY ONE

ACTION/
SELECTION PACKS

7.00am Count Duckula
7.30 The Simpsons Text
8.00 The Simpsons Text
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You Text
1.30 Jeopardy
2.00 Sally Jessy Raphael
I'll Do Anything to Prove My Love

3.00 Jenny Jones
My Teen Daughter's Behaviour is Out of Control
In today's show, mothers ask for help with their difficult teenage offspring.

4.00 Guilty!
Will friends and family be found innocent or guilty of their domestic misdemeanours by the 100-strong jury audience? Hosted by Carole Malone.

5.00 Star Trek: Voyager
Tattoo
When Chakotay leads an Away Team to drill for minerals, they disturb a village's inhabitants. Stars Robert Beltran.

6.00 Guilty!
Too Old to Be a Beauty Queen
Guests resolve their problems.

6.30 Friends
The One with All the Jealousy
Monica falls for a waiter. Text

7.00 The Simpsons
Homie the Clown
With guest Joe Mantegna. Text

7.30 The Simpsons
Moaning Lisa
Lisa gets the Blues. Text

8.00 Star Trek: Deep Space Nine
In the Pale Moonlight
Sisko attempts to trick the Romulans into declaring war against the Dominion. Text

9.00 First Wave
Joshua
Foster tries to preserve evidence of alien life by keeping alive an alien who was wounded in an attempt to assassinate him.

10.00 South Park
Prehistic Iceman

10.30 Seinfeld
The Frogger
Jerry is forced into a relationship with a serial killer. Text

11.00 Friends
The One with All the Jealousy
Monica falls for a waiter. Text

11.30 Star Trek: Voyager
Tattoo
When Chakotay leads an Away Team to drill for minerals, it disturbs a village's inhabitants. Stars Robert Beltran.

12.30am The Commish
Head Case
Police drama series. Tony sets out to prove that a mental patient is not guilty of murder.
1.30-7.00am Long Play

UK GOLD

LIFESTYLE/
SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 When the Boat Comes In
10.30 Rhoda
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Dallas
2.55 The Bill
Crime of a Lesser Passion

3.25 The Bill
Force
Monroe tries to prove he still has the edge while out on the beat.

3.55 EastEnders
Michelle has plans to make a clean break from Walford. Stars Susan Tully.

4.30 Rhoda
With Friends like These
Starring Valerie Harper.

5.00 All Creatures Great and Small
Choose a Bright Morning
James receives a cry of help from the isolated Bramley family, who last came to town in 1929.

6.00 Dynasty
The Will
Alexis and Jeff are named as beneficiaries of Cecil's will, while Jeff refuses to give Fallon a divorce. Stars Joan Collins.

7.00 2Point4 Children
The Deep
Bill and Ben look after their neighbour's house.

7.40 Dad's Army
Everybody's Trucking
The platoon has to move an abandoned steam engine.

8.20 The Brittas Empire
Pregnant
Drug tests bring surprising results.

9.00 Casualty
What are Friends For?
A young mother with a broken arm brings the issue of domestic violence into the casualty department. With Julia Watson.

10.05 Hamish Macbeth
Destiny – Part II
Highland drama series. Kenneth and Ava have stolen the Stone of Destiny, and TV John is missing. With Robert Carlyle.

11.10 Open All Hours
Seventies sitcom starring Ronnie Barker, David Jason and Lynda Baron.

11.50 The Bill
Crime of a Lesser Passion

12.20am The Bill
Force
12.50 Blackadder II
Beer
1.25 French and Saunders
2.00-3.00am Dangerfield
Paul Dangerfield promises to keep a deadly secret for 24 hours. Nick warns Paul not to neglect his family.

LIVING

LIFESTYLE PACK

6.00am Tiny and Crew
9.00 Can't Cook, Won't Cook
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 Brookside
12.10pm Animal Rescue
12.40 Rescue 911
1.10 Special Babies
1.40 Beyond Belief
2.10 LA Law
Open Heart Perjury

3.10 Living Room
Upbeat and humorous magazine programme, featuring human interest stories, celebrities, fashion and beauty.

4.00 Michael Cole
No-holds-barred talk show in which the one-time director of public affairs for Harrods tackles sensational subjects.

4.50 Rolonda
Use Your Credit Cards and You're Dead
Audience participation talk show from America.

5.40 Ready, Steady, Cook
Hosted by Fern Britton.

6.15 The Jerry Springer Show
Outrageous US talk show in which Jerry Springer and his guests engage in discussion about relationship issues.

7.05 Rescue 911
William Shatner presents stories of real-life rescues by US emergency services.

7.35 Animal Rescue
Helping distressed animals.

8.10 Maury Povich
Talk show which tackles sensitive issues in a tactful, sympathetic manner.

9.00 FILM: Choices of the Heart
Melissa Gilbert, Martin Sheen, Mike Farrell, Rene Enriquez, Pamela Bellwood
Drama based on a true story. A young Irish woman is persuaded by a priest to turn her back on the materialistic world and become a lay missionary in El Salvador, a decision that leads to tragedy. *1983*

11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

ACTION PACK

6.00am Within These Walls
7.00 Bowler 7.30 Doctor at Large
8.00 Hallelujah 8.30 The Many Wives of Patrick 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Upstairs, Downstairs 11.00 The Gentle Touch 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 The Many Wives of Patrick 1.30 Me and My Girl
2.00 Upstairs, Downstairs

3.00 The Love Boat
Funny Valentine
Comedy drama series. A fortune teller falls for Captain Stubing, and Gopher helps a shy woman find romance.

4.00 The Professionals
Weekend in the Country
Bodie and Doyle's idyllic weekend is affected by a farmhouse seige. With Lewis Collins and Martin Shaw.

5.00 Hart to Hart
As the Harts Turn
Jonathan races to save Jennifer's life when an acting stint unites her with a bizarre actor-turned-killer.

6.00 Emmerdale
Christopher gatecrashes Charlton's bingo session.

6.30 Classic Coronation Street
A man from Bet's past turns up.

7.00 The Professionals
When the Heat Cools off
All-action thriller series about the hard-hitting operatives of CI5. Doyle suspects that he may have arrested the wrong man.

8.00 The Benny Hill Show
Slapstick nonsense from the Fastest Milkman in the West, with many pies-in-faces and scantily clad women chasing the bespectacled comedian.

9.00 The Sweeney
Ringer

10.00 The Brian Conley Show

10.30-11.00pm Wheeltappers & Shunters' Social Club

GRANADA MEN & MOTORS

ACTION PACK

11.00pm Rally World
Eric Michell presents rally action from around the globe.

11.30 The Power House
Looks at a modified Vauxhall Astra Saloon.

12midnight 2 Wheels
Weekly biking magazine. Paul Johnston compares the Honda CBR 600 with the Yamaha R6.
12.30am Motor Week
A look at the motoring industry.
1.00 Through the Gears
Presented by Merrick Beesley.
1.30-2.00am 4 Wheels Good

DISNEY CHANNEL

ADD-ON/
PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof Troop 8.25 Toons 8.45 Winnie the Pooh 9.00 Spot 9.05 Animal Shelf 9.15 Pocket Dragons 9.30 Bear 9.55 Toothbrush Family 10.00 Bite Size 10.10 Rosie and Jim 10.30 Big Garage 10.45 PB and J Otter 11.00 Sesame Street 12noon Spot 12.05pm Animal Shelf 12.15 Pocket Dragons 12.30 Bear 12.55 Toothbrush Family 1.00 Bite Size 1.10 Rosie and Jim 1.30 Big Garage 1.45 PB and J Otter 2.00 Winnie the Pooh 2.30 Quack Pack

3.00 The Little Mermaid
The undersea adventures of the beautiful mermaid Ariel. Text

3.30 Art Attack
Innovative art show hosted by Neil Buchanan. Text

4.00 101 Dalmatians
More canine fun. Text

4.30 Hercules: The TV Show
Hercules and the Drama Festival
Stars Corey Burton. Text

5.00 Recess
Animated series from the creators of *Rugrats*.

5.15 Pepper Ann

5.30 Smart Guy
More precocious antics. Text

6.00 Teen Angel
I Love Nitzke
Marty plays Cupid. Text

6.30 Boy Meets World
Raging Cory
Cory's father is under fire. Text

7.00 FILM: A Goofy Movie
Cartoon which marks Goofy's first feature film in his 63-year career, in which he tries to bond with his son while on a fishing trip. *1997* Text

8.15 Honey, I Shrunk the Kids: TV Show
More technical mayhem in the Szalinski household, where the father's eccentric inventions often run riot.

9.00 Double Dinosaurs
Fun with Jim Henson's animated prehistoric family, in the series which takes a look at human problems from the perspective of Jurassic animals. Text

10.00 Home Improvement Text

10.30 Wonder Years Text

11.00-12midnight Touched by an Angel Text

THE BOX

MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

MONDAY CONTINUES OVERLEAF...

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

CABLE CHOICE

FILM

Forever Love
Sky Premier 6.00pm
A moving drama based on the true story of a young woman who falls into a coma. When she awakens 20 years later, she must face a very different world and reacquaint herself with her family and friends. Country singing star Reba McEntire stars alongside Tim Matheson.

GENERAL

The Sweeney
Granada Plus 9.00pm
Another chance to see this classic series. John Thaw and Dennis Waterman are the cops who tonight carry out surveillance on a garage suspected of beind the base for criminal activities – or so it seems when an ambulance turns up disguised as a florist's van.

ADVERTISEMENT
A HOUSE IN FRANCE DAY
UK STYLE
4.30PM
A chance to see in its entirety this fascinating series, exclusive to UK Style, which follows the conversion of a Burgundian farm into a holiday home. Essential viewing for everyone who's ever dreamed of life in the sun.

Monday 1 March

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

MORNING

6.00 AM **7.30am Athletics**
8.30 Biathlon
10.00 Alpine Skiing
11.00 Football
Highlights from the European Futsal Championship 1999.
12noon Nordic Skiing
Coverage of the men's cross-country event.
1.30pm Nordic Skiing
Action from the ski jumping event at the World Cup.

3.00 PM **3.00 Cycling**
Top cycling action from the 1999 Tour of Langkawi. Now in its fourth year, this tour covers nearly 2000km of rural Malaysia.

4.00 PM **4.00 Biathlon**
Coverage of the women's relay event at the World Cup in Lake Placid, USA.

5.00 PM

5.30 Tractor Pulling
Coverage of the first important event of the season at the Euro Pull 1999 in Zwolle.

6.00 PM

6.30 Sleddog
The Yukon Quest International Sled Dog Race.

7.00 PM **7.00 YOZ Mag – Youth Only Zone**
Today's programme covers the International Freestyle event for skiing and snowboarding.

8.00 PM **8.00 Trial**
Highlights from the Indoor World Cup in Vienna, which includes 8 legs and is held from January to March.

9.00 PM **9.00 Strongest Man**
Action from The Atlantic Giant 1998 competition in the Faroe Islands which took place in July.

10.00 PM **10.00 Eurogoals**
All the best action from the European Football leagues.

11.00 PM **11.30-12.30am Boxing**
Coverage of an international contest.

12.00

NIGHT TIME

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Ford Football Special: Newcastle v Arsenal *Repeat from Sunday* **8.30 Snow Show 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Scottish Football: Kilmarnock v Rangers** *Repeat from Sunday* **11.00 Football League Review: Crystal Palace v Barnsley** *Repeat from Sunday* **12noon Aerobics Oz Style 12.30pm What a Weekend 1.00 Ford Football Special: Newcastle v Arsenal 2.30 Spanish Football**
Coverage from Spain where some of the finest football players in the world compete in the Primera Liga. *Repeat from Saturday*

4.30 Totalsport
The programme that showcases all sides of the sporting world.

5.00 Max Power
Featuring material from around the world, including both two and four-wheel motorsport. A weekly dose of truly international action.

6.00 Sky Sports Centre
Catch up with the latest news and views.

6.30 What a Weekend

7.00 Ford Monday Night Football: Leicester City v Leeds United – LIVE
Coverage of the Premiership match at Filbert Street as Leicester City take on Leeds United. Since David O'Leary took over as manager from George Graham, he has developed Leeds into a hard working and skilful team, eager to give the Foxes a run for their money. Presented by Richard Keys, with commentary from Martin Tyler and Andy Gray.

10.15 Sky Sports Centre
Catch up with all the very latest sporting events.

10.30 You're on Sky Sports!

11.15 Football League Review
A blow-by-blow account of all the recent Nationwide league action.

12.15am Sky Sports Centre
12.30 You're On Sky Sports!
1.15 Ford Monday Night Football: Leicester City v Leeds United
3.15-3.30am Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style
7.30 Racing News
8.00 Golf
12noon Rugby League: Challenge Cup
Highlights from a major tie in the fifth round.
1.30pm Basketball: All-Star Game
Join Suzanne Dando and Kevin Cadle for live action from the annual Dairylea Dunkers All Star Game.

3.30 Triathlon: 1998 World Cup Event – Noosa
Coverage of the competition that consists of long distance cycling, track and swimming events.

4.30 Powerboat and Jetsport World
Watercraft action from around the world.

5.00 Football League Review
Goals galore with a re-run of every ball hitting the back of the net in the Nationwide League.

6.00 V-Max
Offering an insight into the world of speed.

6.30 Powerboat and Jetsport World
Watercraft action.

7.00 World Motor Sport
The ultimate motor sport programme, taking viewers to the heart of the race world as well as providing a guide to who is racing where, when and how. There's a comprehensive roundup of the biggest and most exciting meetings in the world and a preview of the major events in store. Hit the road with some of the fastest drivers in the world.

9.30 V-Max

10.00 Max Power
Comprehensive coverage of motor sport including touring cars, single seaters, road racing and off road events.

11.00 Cycling: Tour of Malaysia
Top cycling action.

11.30 V-Max
Offering an insight into the world of speed.

12midnight International Bowls: Australia v England
Action from the crown green as Australia take on England in the first Test doubles stage.
2.00am-2.15am Sky Sports Centre

SKY SPORTS 3
PREMIUM CHANNEL

12noon Fight Night
Paul Dempsey presents action from the latest clash between two of today's top boxers. Ringside analysis comes from Glenn McCrory and Ian Darke.
2.00pm Golf
A chance to catch up with all the latest action from day five of the World Golf Championships.

6.00 Cycling: Tour of Malaysia
Top cycling action.

6.30 Fish TV: Tony Dean Outdoors
Angling action.

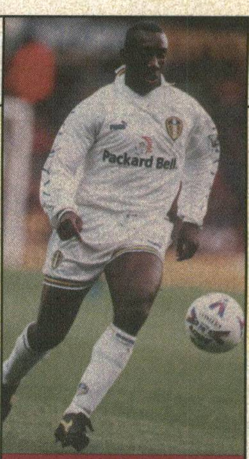
7.00 Fish TV: Gone Fishing
In search of salt and fresh water game fishing.

7.30 Totalsport
Extreme sporting action.

8.00 International Bowls: Australia v England
Action from the crown green as Australia take on England in the first Test doubles stage.

10.00 Shell's Wonderful World of Golf: Player v Thomson
A chance to relive great golfing moments.

11.00-11.30pm A to Z of Motorsport
Witness some of the true legends of the racing track with the best of motor racing nostalgia.



Jimmy Hasselbaink can pose problems for Leeds United against Leicester City. Sky Sports 1 7.00pm - Live

MUTV
ADD-ON CHANNEL

6.00pm Game On
A look at tonight's shows.

6.15 The Insiders
Inside Old Trafford.

6.30 Kids' Clinic
Top techniques.

7.00 Red Hot News
The nightly guide to what's happening at Old Trafford.

7.30 Red Legends
Norman Whiteside talks to Mike Duxbury.

8.00 Super Match – Premier Classic: Manchester City v Manchester United
A look at the derby encounter of 1993 when Manchester City took on United at Maine Road.

10.00 Talk of the Devils
With Steve Bower and Mark Pearson.

10.45 Junior Masterfan
Fun-packed quiz show.

11.15 Jump 'n' Pump
Aerobics exercises.

11.30-12midnight Red Hot News
Inside news for fans.

SCI-FI
ACTION PACK

7.30am Bloomberg Information Television
8.00 Sightings
9.00 Battlestar Galactica
10.00 Quantum Leap
11.00 Dark Shadows
11.30 New Alfred Hitchcock
12noon The Twilight Zone
12.30pm The Twilight Zone
1.00 Tales of the Unexpected
1.30 Number Eight
2.00 Amazing Stories
2.30 Mysteries, Magic and Miracles

3.00 Battlestar Galactica
The Man with Nine Lives
A con-man on the run adopts the identity of Starbuck's long-lost father.

4.00 The Incredible Hulk
The Slam
David Banner is arrested for vagrancy and sent to a work camp.

5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.

6.00 Time Trax
Darrow for the Defence
After an escaped convict is teleported to the past, his attorney tells him that his conviction was overturned.

7.00 Quantum Leap
A Leap for Lisa
Sam has become a young naval pilot, Al Calavicci, who is accused of rape and murder.

8.00 The Cape
Just a Rumour
DB's father betrays his fellow astronauts and his son with plans to shut down NASA.

9.00 Babylon 5
Eyes
Two high-ranking Earthforce security officers arrive on *Babylon 5* to evaluate Sinclair's loyalty.

10.00 FILM: Guyver: Dark Hero
David Kyter, Kathy Kristofferson, Christopher Mirendel, Bruno Giamotta
A young man develops a shadowy alter ego – The Guyver – which battles against evil forces unleashed at the site of an important archaeological dig. *1992*

12midnight Tales of the Unexpected
1.00 FILM: Automatic
Olivier Gruner
Sci-fi adventure. *1994*
2.40 Sci-Focus Special
3.00 Twilight Zone
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

4.00pm Trisha
Trisha Goddard shares heartwarming and hair-raising true stories with a studio audience.
5.00 The Mix
A rundown of the charts.
6.00 Bedrock
Battle of the sexes show featuring celebrity guests.
7.00 NBA 99
Basketball magazine show presenting the latest news from the US.
7.30 Wide Angle
With Katie Derham.
● FEATURE: page 13
8.00 Loved by You
Sitcom about newlyweds trying to balance their busy schedules.
8.30 Maggie Winters
US sitcom about a woman who returns to her small-town roots.
9.00 I Suppose You Think That's Funny
Presented by Liza Tarbuck.
9.30 The Thoughts of Chairman Alf
With Warren Mitchell.
10.00 Days Like These
10.30 Coronation Street
Sunday's episode from ITV.
11.00 Coronation Street
Tonight's episode from ITV.
11.30 See You Friday
Comedy series about a couple who live over 250 miles apart. With Neil Pearson and Mark Benton.
12midnight-2.00am FILM

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Dirty Talk 12.20 … & Muttley 12.45 FILM: Expose Me Again 1.00 The Five Minute Free View 1.05 FILM continues 2.00 Diva 2.25 FILM: Centrefold 3.40 Sonya 4.10-5.30am FILM: Arabia Nights

ADULT CHANNEL
ADD-ON CHANNEL

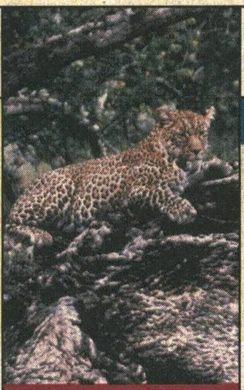
12midnight Gay Night: Man Hunt in Ibiza
12.10am Gay Night
12.20 Gay Night: Man Hunt in Ibiza
12.35 Gay Night: Jocks
1.30 Gay Night
1.45 Gay Night: Boyzone
2.40 Gay Night
2.50-4.00am Gay Night: Euroboy

Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Jump
Chuck Connors
Action adventure.
9.20 The Gap
9.40 FILM: Hot Times at Montclair High
Kim Valentine
Drama.
11.05-12midnight Bodacious Beauties
Erotic feature.



The leopard is just one of the animals featured in 'Killer Instinct'. Animal Planet 10.00pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Cross Wits
Crossword gameshow.
5.45
The Games Room
6.00 Family Fortunes
Big money gameshow.
6.30
The Games Room
6.45 Catchphrase
Hi-tech quiz.
7.15
The Games Room
7.25 100 Per Cent
General knowledge quiz.
7.55 The Crystal Maze
A team of contestants tackles a series of games and challenges in a giant fantasy world, with the aim of reaching a crystal dome. With Richard O'Brien.
9.00
The Games Room
9.15 Strike it Lucky
Michael Barrymore hosts the madcap gameshow.
9.45 The Games Room
10.00 Candid Camera
10.30
Karaoke Challenge
Ross King hosts the competition from the West Battery in Southsea.
11.00
Carnal Knowledge
Revealing the most intimate secrets of contestants, hosted by Graham Norton.
12midnight Strike it Lucky 12.30am Split Second 1.00 3-2-1 2.00 Love at First Sight 2.30 Studs 3.00 Simply Irresistible 3.30 Blockbusters 4.00 Fifteen to One 4.30 Don't Drink the Water 5.00-6.00am Shopping with Screenshop

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 Why Files 8.00 Fashion Show 8.30 Agony 9.00 Lie Detector 9.00 Why Files 9.30 Indecent Proposals 10.00 Agony 10.30 The Fashion Show 11.00 Judge Judy 11.30 Mind Games 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 The Fashion Show 2.00 Judge Judy 2.30 Mind Games
3.00 Agony
More advice for troubled souls.
3.30 Lie Detector
Examine deception using modern methods.
4.00
Indecent Proposals
Cash for foolishness.
4.30 Judge Judy
The harsh New York judge takes another case.
5.00 Agony
More advice for troubled souls.
5.30 The Why Files
Psychic investigations across the country.
6.00
The Fashion Show
A look at the headlines among the hemlines.
6.30
Indecent Proposals
7.00 Sport at Seven: Women's Wrestling
More grappling action in the ring.
8.00 The Why Files
Psychic investigators travel the country searching for the weird and wonderful.
8.30 Judge Judy
Solving another case.
9.00 Lie Detector
Psychic investigations.
9.30 Mind Games
9.57 Topless Darts
More sharp and shapely dart throwing.
10.00 Love Street
US erotic series.
10.30 Exotica Erotica
Late night entertainment for adults only.
11.30 Blue Review
11.45 Painted Ladies
11.57 Topless Darts
12midnight Love Street 12.30am Private Dancer 12.45 Pleasure Dome 1.00 Exotica Erotica 2.00 Orgasmatron 2.15 Janeycam 2.30 Love Street 3.00 Agony 3.30 The Why Files 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation L!VE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Food Network 9.30 Kitchen College 10.00 Restaurant 10.30 Alive and Cooking 11.00 Worrall Thompson 11.30 Slice of the Action 12noon Food Network 12.30pm Winter Nosh 1.00 Kitchen College 1.30 Tessa's Tastebuds 2.00 Lunch 2.30 Food Network 3.00 Cooked in a Flash NEW SERIES 3.30 A Slice of the Action 4.00 Ross in Thailand 4.30-5.00pm Gordon Ramsay's Passion for Flavour

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show presented by Bill Dodd.
5.30 Gridlock
Hosted by Simon Biagi.
6.00 London Bridge
Diane tells Liz the truth about Noel, and Kim still believes Diane's lies.
6.30 Get Back
Ticket to Ride
7.00 Boon
The Sharp End
Ken helps the traders, and Harry and Alex try to win a big contract and find they're at odds with their partner.
8.00
Birds of a Feather
An Inspector Stays
8.30 A Kind of Living
Beasley and Carol join evening classes.
9.00 The Ruth Rendell Mysteries: Means of Evil
Burden blames himself for not taking note of Hannah's brother.
10.00 Big Sky
The Things We Do for Love
Scotty and Rosie become involved with an illegal immigrant, and Chris begins to feel the pressure.
11.00 Hill Street Blues
Influential Eighties American police drama series set in a tough urban area, with human-interest storylines.
12midnight Us and Them
Oh What a Tangled Web...
Russell misinterprets Donna's attempts to cheer him up.
12.30am-1.00am Gridlock
Simon Biagi hosts the fast-paced gameshow.

ANIMAL PLANET
WORLD PACK

12noon The New Adventures of Black Beauty
12.30pm Hollywood Safari
Cruel People
1.30 Crocodile Hunter
Sleeping with Crocodiles
2.00 It's a Vet's Life
Important advice on caring for your pet's teeth – 95 per cent of domestic animals are in need of dental treatment.
2.30 Human/Nature
Reporters travel the world charting relationships with animals and the elements.
3.30 Harry's Practice
A look at the work of vet Harry Cooper in Tasmania.
4.00
Jack Hanna's Zoo Life
Denver Zoo, Colorado
With polar bears, Arctic wolves and Indonesian pigs.
4.30 Animal Doctor
5.00 Pet Rescue
The fortunes of abandoned animals as the RSPCA rescues them.
5.30 Crocodile Hunter
Suburban Killers
6.00
The New Adventures of Black Beauty
Children's drama series.
6.30 Lassie
The Raft
7.00 Rediscovery of the World
The Philippines
Jacques Cousteau's voyage continues with an exploration of the Palawan archipelago.
8.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
8.30 Going Wild with Jeff Corwin
Khao Sok, Thailand
9.00 Wild at Heart – Giraffes of the Transvaal
Investigating the deaths of giraffes across South Africa.
9.30 Emergency Vets
10.00 Killer Instinct
Chronicling the struggle of wild animals at the top of the food chain. Lions, wolves, cobras and lynx are the hunters featured.
11.00
Breed All About It
Cairn Terrier
A profile of the popular dog.
11.30-12midnight Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am The Ascent of Man
7.50 It'll Never Work
8.30 Vanessa
9.30 Esther
10.00 Tania and Ray
10.30 Lion Country
11.00
Your Life in Their Hands
12noon Spirit of the Jaguar
1.00pm The Pill: Prescription for Revolution
2.00 Quality Time
3.00 999 Lifesavers
More true stories of heroism and bravery.
3.30 Esther
Addicted to Soaps
Explore soap's popularity.
4.00 Vanessa
Vanessa Feltz explores more real-life topical issues with the help of guests and contributions from the studio audience.
5.00 Animal Hospital
Rolf and Steve catch up with the action at RSPCA Harmsworth Hospital.
5.30 Lion Country
A baby deer is born.
6.00 Romer's Egypt
5000-2215 BC
Egyptologist John Romer sets out on an energetic exploration of the ancient civilisation of Egypt.
7.00 Tomorrow's World Plus
Peter Snow and Philippa Forrester present reports about the future of science and technology.
8.00
Last of the Rhinos
A pregnant rhino.
8.30 Ray Mears' World of Survival
The Arctic
9.00 Secrets of Lost Empires
The Pyramid
A team of engineers attempts to reconstruct the Great Pyramid of Giza.
10.00 Lakesiders
Emma gets an appointment with a big London agent.
10.30 Superstore
Full Grey Jacket
Lucas goes for promotion.
11.00 Top Gear GTi
Test the latest models and cast an experienced eye over motoring news. Featuring interviews and consumer tips.
12midnight Crime Limited
Nick Ross presents the series intended to help crime victims by telling their stories through interviews and reconstructions.
12.30am-1.00am Crime Limited

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Livetime 7.00 Livetime 8.00 E! Celebrity Profile 9.00 Club Vegetarian 9.30 Healthbeat 10.00 The View 11.00 The Pet Show NEW SERIES 11.30 Gorgeous Gardens 12noon The Montel Williams Show 1.00pm Agony Livetime 2.00 The View
3.00 Agony Livetime
Magazine which offers viewers the opportunity to put questions to guests. Presented by Becky Want and Carl Wilde.
4.00 The Montel Williams Show
Cases of Mistaken Identity
US chat show hosted by Emmy Award-winner Montel Williams.
5.00 Club Vegetarian
With Michaela Strachan.
5.30-6.00pm Gorgeous Gardens
Gardening magazine.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Play: The Nature of the Game
How playing helps us to adapt to our environment.
7.30
Water: A Celebration
8.00
Lords of Hokkaido
A portrait of Japan's northern-most island which follows the fortunes of a family of red foxes.
9.00 Tribal Voice
This programme listens to a selection of music that is an electrifying blend of tribal tradition and Aboriginal freedom.
10.00 Lost Worlds: Curse of the T Rex
Discover the battle over the ownership of some T-Rex fossils found by the Black Hills Institute.
11.00 Lost Worlds: In Search of Human Origins
Explores the beginnings and expansion of the human race.
12midnight On the Edge: Antarctic Challenge
An attempt to scale the Holtedahl and Drygalski Mountains in Antarctica.
12.30am-1.00am On the Edge: Skis Against the Bomb

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits
9.00 Bytesize MTV
11.00 brand:new NEW SERIES
12noon Mad 4 Hits
2.00pm US Top 20
3.00 Bytesize MTV
4.00 Select MTV
6.00 Bytesize MTV
The best of MTV from around the world.
7.00 brand:new
8.00 Hit List UK
9.00 Mad 4 Hits
9.30 Say What??
Deciphering another selection of garbled lyrics.
10.00 Collexion: Manic Street Preachers – Everything Must Go
A selection of videos from the top Welsh band, including *Australia, Kevin Carter* and *Everything Must Go*. Plus, an interview with James Dean Bradfield and Nicky Wire.
10.30 UK Singled Out
11.00 Non-Stop Hits
12midnight Superock
1.00am Collexion: Manic Street Preachers – Everything Must Go
1.30 UK Singled Out
2.00-6.00am Night Videos

VHI
MUSIC & GAMES PACK

6.00am Breakfast 8.00 Pop-Up 9.00 Upbeat 12noon Ten of the Best 1.00pm Greatest Hits of... Made in Wales NEW 1.30 Pop-Up Video 2.00 Jukebox 5.00 Five@Five 5.30 Midnight Special with Tom Jones NEW 6.00 Happy Hour 7.00 Hits 8.00 Album Chart 9.00 Ten of the Best: Catherine Zeta Jones 10.00 Greatest Hits Of 11.00 Rock 'n' Roll Classics 11.30 Talk Music 12midnight Midnight 12.30am Greatest Hits of... Manic Street Preachers NEW 1.00 American Classic 2.00-6.00am Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Caprice's Travels 12.30pm Tales from the Flying Sofa 1.00 Holiday Maker 1.15 Holiday Maker 1.30 Floyd on Oz 2.00 The Flavours of Italy 2.30 Secrets of India 3.00 Grainger's World 4.00 Go 2 4.30 Across the Line 5.00 Cities of the World 5.30 Pathfinders 6.00 Floyd on Oz 6.30 On Tour 7.00 Caprice's Travels 7.30 Tales from the Flying Sofa 8.00 Travel Live 8.30 Go 2 9.00 Grainger's World 10.00 Secrets of India 10.30 Across the Line 11.00 On Tour 11.30-12midnight Pathfinders

UK STYLE
LIFESTYLE PACK

7.00am Going for a Song 7.30 Changing Rooms 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Style Challenge 9.30 Change That 10.00 Antiques Roadshow 11.00 Gardeners' World 11.30 The Terrace 12noon Can't Cook, Won't Cook 12.30pm Style 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Fat Man in France 2.30 Geoff Hamilton – A Man and His Garden 3.00 Stefan's Garden Roadshow 3.30 Can Ski... Will Ski! 4.00 The House Detectives 4.30 House in France 5.00 House in France 5.30 House in France 6.00 House in France 6.30 House in France 7.00 House in France 7.30 House in France 8.00 House in France 8.30 House in France 9.00 House in France 9.30 House in France 10.00 House in France 10.30 House in France 11.00 Antiques Roadshow 11.30 Antiques Roadshow 12midnight Gardener's World 12.25am Stefan's Shorts 12.30-1.00am Growing Places

Monday 1 March

DISCOVERY HOME & LEISURE
WORLD PACK

6.00 AM MORNING 6.00am Gourmet 6.30 Graham Kerr 7.00 Room Service 7.30 Painted House 8.00 Wedding Story 8.30 Baby Story 9.00 Simply Painting 9.30 Potted History 10.00 Real Gardens 10.30 Cookabout 11.00 Diceman 11.25 House 11.30 Fishing Australia 12noon Our House 12.30pm Antiques Trail 1.00 Our House 1.30 Hometime 2.00 New Yankee Workshop 2.30 Home Again 3.00 This Old House 3.30-4.00pm Go Fishing

DISCOVERY
WORLD PACK

3.00 PM

4.00 PM **4.00pm Rex Hunt's Fishing Adventures**
Portsmouth
4.30 Walker's World
Dubai
Hosted by Anna Walker.
5.00 PM **5.00 Time Travellers**
The Fall of the Maya
5.30 Terra X
Thailand – Land of the Jade Buddhas
Explorers search for clues.
6.00 PM **6.00 Wildlife SOS**
A baby hedgehog is saved from a gully.
6.30 Adventures of the Quest
Beyond the Glass
7.00 PM Documentary series. An underwater research vessel probes the farthest reaches of the world's seas.
7.30 The Quest
Psychic Science
8.00 PM **8.00 Nick's Quest**
Giant Otter
Nick Baker in Guyana.
8.30
The Supernatural
Lake Monster
9.00 PM **9.00**
The Fire Below Us
Visit Mount St Helen's which blew up with the force of hundreds of atom bombs, killing thousands.
10.00 PM **10.00 Planet Ocean**
Into the Abyss
A look at the magnitude of the shifting sea floors which are replaced every 200 million years.
11.00 PM **11.00 Wings**
Instant Thunder
An exploration of the B-52 bombers, which were built to deliver NATO's nuclear deterrent.
12.00 NIGHT TIME 12midnight The Andes
Life in the Sky
Looking for ancient treasures.
1.00am Terra X
Thailand – Land of the Jade Buddhas
1.30-2.00am
Time Travellers
The Fall of the Maya

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Blinky Bill 6.00 The Tidings 6.30 Tabaluga 7.00 Scooby-Doo 7.30 Dexter's Laboratory 8.00 Looney Tunes 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 The Tidings 10.00 The Magic Roundabout 10.30 The Fruitties 11.00 Tabaluga 11.30 Yo! Yogi 12noon Tom and Jerry 12.30pm Looney Tunes 1.00 Popeye 1.30 The Flintstones 2.00 The Jetsons 2.30 Droopy

3.00 Taz-Mania
More furry fast and furious animated action.
3.30 Scooby-Doo
More crime-busting with the cowardly canine.
4.00
The Powerpuff Girls
4.30
Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 I am Weasel
Animated comedy.
5.30
Cow and Chicken
More fun and chaos with the unlikely siblings.
6.00 Animaniacs
Animated antics with the Warners' creations.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.
7.00 Tom and Jerry
Madcap comic antics with the sparring cat and mouse duo.
7.30 Looney Tunes
Cartoon comedy.
8.00
Cartoon Cartoons
The best modern animation.
8.30-9.00pm
Cult Toons

'Budgie the Little Helicopter' heads off for another exciting adventure.
Nickelodeon 11.30am

NICKELODEON
FAMILY PACK

6.00am Rocko 6.30 Bruno 7.00 CatDog 7.30 Rugrats 8.00 Wild Thornberrys 8.30 Arthur 9.00 Children's BBC 10.00 Wimzies House 10.30 Papa Beaver 11.00 Magic School Bus 11.30 PB Bear/Budgie the Little Helicopter/ Animal Antics/Family Ness 12noon Rugrats 12.30pm Blues Clues 1.00 Bananas in Pyjamas 1.30 Little Bear Stories 2.00 Paddington Bear/Lizzie's Library/ Portland Bill/Mr. Ben 2.30 Children's BBC

3.00 Children's BBC
Including *Teletubbies*.
3.30 Doug
Doodle the day away with the painfully average hound, Doug.
4.00 Three Friends... and Jerry
NEW SERIES Animation.
4.30 Rugrats
Fun with the tousle-haired, nappied nippers.
5.00 Sister Sister
Comedy with Tia and Tamera.
5.30 Kenan & Kel
The adventures of two funky friends.
6.00 Renford Rejects
6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
American sitcom.
7.30 Grace Under Fire
Birthin' Babies
8.00 Ellen
Hello, I Must be Going
8.30 NewsRadio
Mistake
Dave is embarassed after upsetting the staffers.
9.00 Drop the Dead Donkey
Damien Down and Out
9.30 Whose Line is it Anyway?
Hosted by Clive Anderson.
10.00 Frasier
Frasier's Gotta Have It
10.30 Cheers
I Kid You Not
Carla tries to stop her son growing unduly mature.
11.00 Seinfeld
The Revenge
11.30 The Larry Sanders Show
The Breakdown – Part I
Larry faces another divorce.
12midnight Late Night with David Letterman
1.00am Taxi
Starring Danny DeVito.
1.30 Frontline
2.00 Dr Katz
2.30 Tibs and Fibs
3.00 Nightstand
3.30-4.00am
Abbott and Costello

FOX KIDS
FAMILY PACK

6.00am Dodo 6.05 Power Rangers 6.55 Spiderman 7.20 Oggy 7.30 Donkey Kong 8.00 Hero Turtles 8.25 Incredible Hulk 8.50 Iron Man 9.15 Fantastic Four 9.40 X-Men 10.05 Casper 10.30 Oggy 10.55 Eek!Stravaganza 11.05 Bobby's World 11.30 Louie 11.55 Home to Rent 12.05pm Dennis 12.30 Donkey Kong 1.00 Mowgli 1.25 Ace Ventura 1.55 Incredible Hulk 2.20 Iron Man 2.45 Fantastic Four

3.10 X-Men
3.30
Fox Kids X-Press
Presented by Roy and Lisa.
3.35 Spiderman
4.00 Goosebumps
Spooky stories.
4.25 Hero Turtles: The Next Mutation
4.50 Casper
Join the friendly ghost.
5.00
Dennis and Gnasher
The duo team up again.
5.30 Ace Ventura
Animated adventures of the zany pet detective.
6.00
Donkey Kong Country
6.30 Eek!Stravaganza
6.55-7.00pm Oggy and the Cockroaches

SHOP!
LIFESTYLE/ SELECTION PACKS

12midnight Bargain Shop!
12.30am Shop! Selection
1.30 Silversmith
2.30 Do it Youself!
3.00 Sporting Brand
4.00 On Screen
5.00 Branded!
6.00 Shop! Selection
7.00 Bargain Shop!
7.30 Dimanti Designs
8.30 Dress for Less
How to look stunning without stinging your purse.
9.30 The Clothes Line
10.00 Y-Zone
Everything for teenagers at unbeatable prices.
11.00 Silversmith
Contemporary designs for silver-lovers.
12noon Global Cuisine
Spanish cooking made easy with the help of the Shop! experts and the right product.
1.00pm Bargain Shop!
One-hour special.
2.00 Shop! Selection
Round-up of the best offers on Shop!
3.00 The Clothes Line
Fashionable gifts for special mothers everywhere!
4.00 On Screen
Unbeatable offers on videos.
5.00-6.00pm
Shop! Selection
A roundup of the best offers on Shop!

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 9.30 World Today 10.00 News 12noon News 1.00pm News 1.30 UK Today 2.00 News 2.30 World Today 3.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 UK Direct 5.00-6.00am BBC News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am Morning 5.30 Insight 6.00 Morning 6.30 Managing 7.00 Morning 7.30 Sport 8.00 Morning 8.30 Showbiz 10.30 Sport 11.30 Biz Asia 12.30pm Pinnacle 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Artclub 6.45 American 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 World View 11.30 Moneyline 12.30am Showbiz 1.15 Asian 1.30 Q&A 2.00 Larry King 4.30-5.00am Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 11.30 Money 12noon Sky News Today 2.30pm Your Call 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Primetime 12.30am CBS 1.30 Sky World News 2.30 Sky Business Report 3.30 Showbiz Weekly 4.30 The Book Show 5.30-6.00am CBS Evening News

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal 5.30 Télématin 7.00 Journal 7.30 Magellan 8.00 Infos 8.05 Zig Zag Café 9.00 Journal Télévisé TV5 9.15 Fiction: La Gazelle (3ème Passage) 11.00 Infos 11.05 Voilà Paris 11.30 Journal Télévisé France 12noon TV5 Infos 12.05pm Mise au Point 1.00 Journal Télévisé 1.15 Fiction: La Gazelle (4ème Passage) 3.00 Journal 3.15 Questions 3.30 Méditerranéo 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Fiction: La Gazelle (5ème Passage) 7.00 Journal 7.30 Journal 8.00 Infos 8.05 Le Point 9.00 Journal 9.15 Cinéma: Les Histoires D'Amour Finissent Mal en Général (1er Passage) 11.00 Journal 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Thekikaat 12.30pm Junoon 1.00 Swabimaan 1.30 FILM 4.00 Ek Kahani 4.30 Lahu Ke Phool 5.00 Inspector Vijay 5.30 Uran Chadini 6.00 Tiger 6.30 Lifeline 7.00 Swabimaan 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Swabimaan 12.30am Variety Programme 1.00 FILM 4.00 Inspector Vijay 4.30 Uran Chandini 5.00 Kaala Daira 6.00 Bhakti Sagar 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Your Zindagi 6.30 Geet Gata Chal 7.00 Faith 7.30 News 8.00 Ru-Ba-Ru 8.30 Tara-2 9.00 Jaan 9.30 Banegi Apni Baat 10.00 Pal-Do-Pal 11.00 Jhat Pat Khana 11.30 Parampara 12noon FILM: Ahista Ahista 3.00pm Bangla TV 3.30 Ikke Pe Ikka 4.00 Akbar Birbal 4.30 Quiz Contest 5.00 Neeyat 5.30 Chahat Aur Nafrat 6.00 Music Mag 6.30 Teacher 7.00 Ghar Jamai 7.30 Filmi Baatein 8.00 News 8.30 Mausam 9.00 Ktc Sa Re Ga Ma 10.00 Big Debate 11.00 Shapath 11.30 Blunt 12midnight News 12.30am Aap Ki Adalat 1.00 Bangla TV 1.30 Parivartan 2.00 FILM 4.30 Ebar Jombe Mowja 5.00 Punjabi Folk Songs 5.30-6.00am Old is Gold

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Money Matters 4.45 John Avanzini 5.00 Victory – Billy Joe Dougherty 5.30 Jack Van Impe 6.00 Global Harvest Force 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is your Day – Benny Hinn 8.15 Money Matters 8.30 Catch the Fire 9.00 Another Day of Victory 9.30 Life in the Word - Joyce Meyer 10.00 Power of Praise 10.30 A Call to Prayer 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports every half hour, plus: 2.15am Money 3.19 Clips 5.27am Weather

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am Select Committees 2.30pm House Of Commons 11.00 The Record 11.30-12midnight European Focus

SKY SOAP
LIFESTYLE PACK

11.00am
Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm As the World Turns
1.15 Albion Market
Lisa confronts Tony.
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
3.30-4.00pm
Emmerdale Farm

THE HISTORY CHANNEL
WORLD PACK

4.00pm Clash of Wings
The Bluff is Called
NEW SERIES First in a 13-part series about the war..
5.00 Lighter Than Air
The Golden Age
NEW SERIES Tracing the development of the airship.
6.00 Ancient Altered States
7.00 Wages of War
The Costs of War
NEW SERIES Profiles the men who have profited from war.
7.30-8.00pm
I, Witness: Leaving Home

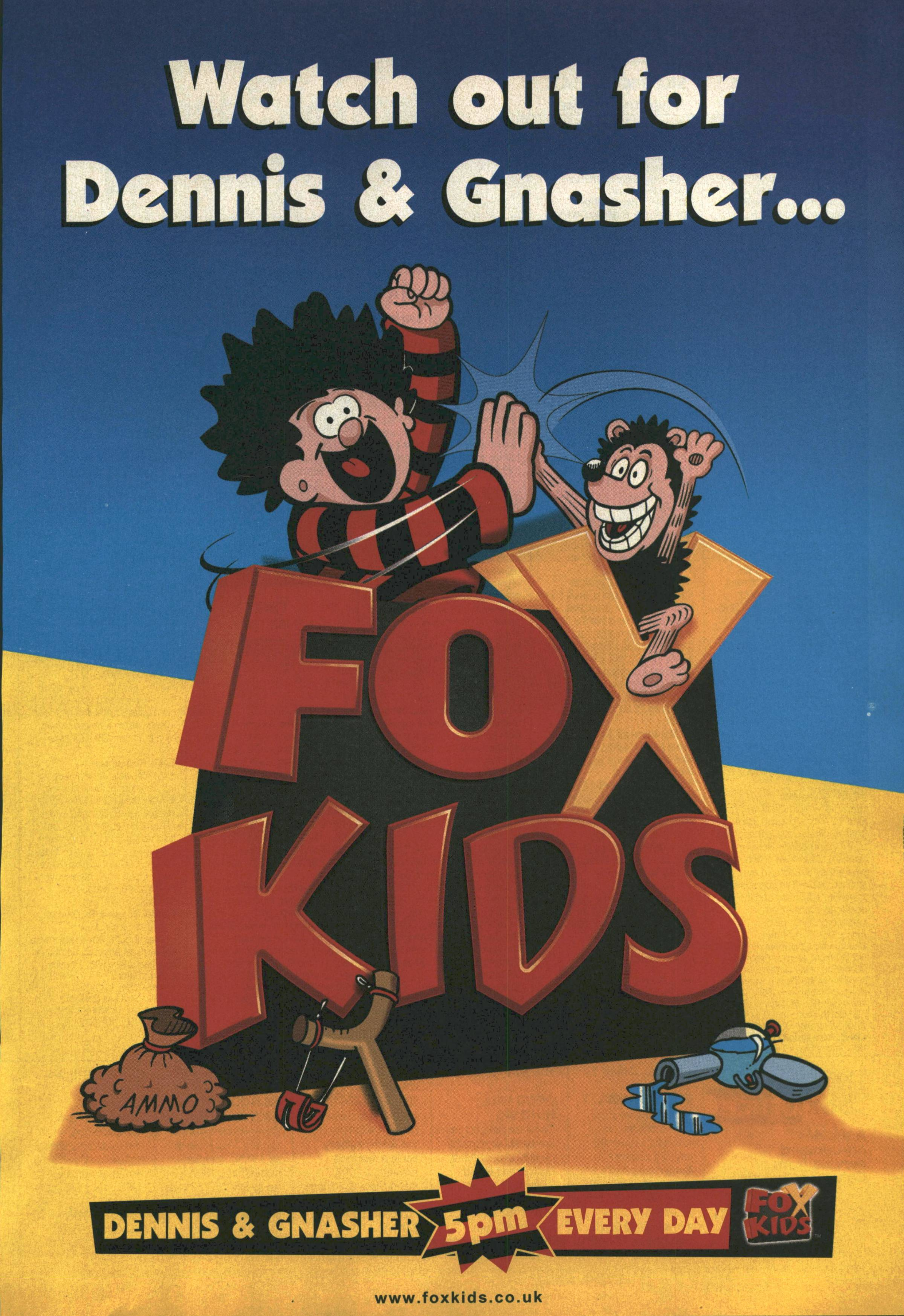
SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Sky Destinations
12noon
American Adventurer
12.30pm Around the World
1.00 Earth Journeys
1.30 Holiday Reflections
Malta
2.00 Islands of Australia
Norfolk and Christmas Island
3.00 Around the World
Bordeaux and Cork
3.30-4.00pm
World's Weirdest Places

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Lifestyle at 9.00am.

CABLE CHECK
Some of the channels listed may not be available in your area


Watch out for Dennis & Gnasher...
FOX KIDS
AMMO
DENNIS & GNASHER
5pm
EVERY DAY
FOX KIDS
www.foxkids.co.uk

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Tuesday 2 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

SKY PREMIER

PREMIUM CHANNEL

6.00am Hearts Adrift
1996, rating Sky PG, DS, 89 mins

8.00 The Man Who Captured Eichmann
Text *1996, rating Sky PG, 92 mins*

10.00 Dear God
Comedy drama. Text *1996, rating Sky PG, DS, 108 mins*

12noon The Directors: The Films of Ron Howard

1.00pm Hollywood Buzz

2.00 Hearts Adrift
Sydney Penny, Scott Reeves, Kathleen Noone, Nicolas Coster
Drama in which a daughter and her mother are both invigorated by a trip to stay with an old family friend and his son. *1996, rating Sky PG, DS, 89 mins*

4.00 The Man Who Captured Eichmann
Robert Duvall, Arliss Howard
True story about how secret agent Peter Malkin received a tip as to the whereabouts of Adolph Eichmann, a notorious war criminal. Malkin's manhunt leads him to Argentina, where a daring abduction is planned in order to bring Eichmann to justice. Text *1996, rating Sky PG, 92 mins*

6.00 Dear God
Greg Kinnear, Laurie Metcalf, Maria Pitillo, Tim Conway
Comedy drama about a convicted con artist who finds himself working in an LA post office in order to avoid a jail sentence. He redeems himself by making miracles work for people who have written to God for help. Text *1996, rating Sky PG, DS, 108 mins*

8.00 Grosse Pointe Blank
John Cusack, Minnie Driver, Dan Aykroyd, Joan Cusack
Black comedy about a hit man's return to his home town to carry out a murder. While he's there, he drops in on his high school reunion and is reunited with the girl who he stood up at the senior prom ten years earlier. Text *1997, rating Sky 15, 103 mins*

10.00 Sleepers
Brad Pitt, Robert De Niro
Drama. After a childish prank goes tragically wrong, four young altar boys in Sixties New York are sent to a reform school where they are abused by a sadistic guard. The scars follow them into adulthood and they decide to avenge their persecutor. Text *1996, rating Sky 18, 141 mins*

12.25am Moll Flanders
Robin Wright, Morgan Freeman
Adaptation of the classic Defoe novel about the life of a woman driven to crime. Text *1996, rating Sky 12, 118 mins*

2.30 North Star
1995, rating Sky 15, 85 mins

4.00-5.30am Strictly Business
1991, rating Sky 12, 79 mins

SKY MOVIEMAX

PREMIUM CHANNEL

7.10am Earth Minus Zero
1997, rating Sky PG, DS, 81 mins

9.00 Shepherd on the Rock
1995, rating Sky PG, 95 mins

11.00 Godzilla Vs Megalon
1973, rating Sky PG, 79 mins

1.00pm Possums
Mac Davis, Greg Coolidge
Family drama. A sports announcer takes unusual action to save the future of his favourite football team. *1997, rating Sky U, 93 mins*

3.00
Shepherd on the Rock
Bernard Hill, Betsy Brantley, John Bowles, Doug Bradley
Scottish drama about Culzean, a property developer who acquires the land surrounding a sheep farmer's property and desperately wants to get hold of the remainder, by whatever means. *1995, rating Sky PG, 95 mins*

5.00 Earth Minus Zero
Pat Morita, Brock Pierce, Marcia Strassman, Sam Jones
Family adventure about an alien called Minus who arrives on earth with a mission – to capture some humans for his zoo. When the unfortunate Heller family are on the receiving end of his shrinking ray gun, it's up to the children to save their parents. *1997, rating Sky PG, 81 mins*

7.00 Possums
Mac Davis, Greg Coolidge
Family drama about a small town sports announcer who takes unusual action to save the future of his favourite high school football team, the Possums. As a life-long supporter, Will Clark broadcasts bogus match reports which suggest the Possums are on a winning streak. *1997, rating Sky U, 93 mins*

9.00
In My Sister's Shadow
Janet Leigh, Nancy McKeon, Thomas McCarthy, Mark Dobies, Alexandra Wilson
PREMIERE Suspense thriller about a woman who becomes involved with her sister's ex-boyfriend, only to find herself caught up in his violent campaign for revenge. *1997, rating Sky PG, 89 mins*

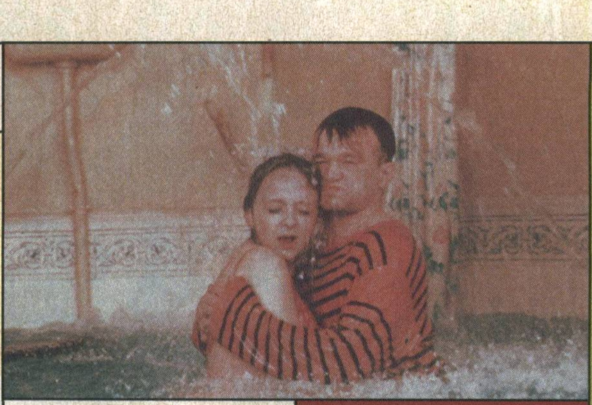
11.00 Body Parts
Jeff Fahey, Lindsay Duncan
Horror about a man whose arm takes on a violent life of it's own after an accident. *1991, rating Sky 18, 85 mins*

12.30am Silent Lies
Nancy Elizabeth Anne Allen
PREMIERE Tense drama. *1996, rating Sky PG, 88 mins*

2.05 Purple Rain
1984, rating Sky 15, 107 mins

3.55 Playback
1995, rating Sky 18, 90 mins

5.30-7.00am Godzilla Vs Megalon
1973, rating Sky PG, 78 mins



Marie-Laure Dougnac and Dominique Pinon star in 'Delicatessen'. FilmFour 8.00pm

SKY CINEMA

PREMIUM CHANNEL

4.00pm The Tin Star
Henry Fonda, Anthony Perkins, Betsy Palmer, Michel Ray, Neville Brand, Mary Webster
Powerful Western in which a young inexperienced sheriff teams up with Morg, a veteran bounty hunter, to round up some local trouble-makers after the former sheriff was murdered. *1957, rating Sky U, 90 mins*

6.00 Monkey Business
Cary Grant, Ginger Rogers, Charles Coburn, Marilyn Monroe, Hugh Marlowe
Comedy in which absent-minded professor Barnaby Fulton and his wife find themselves regressing to a state of childhood when a laboratory monkey dumps an elixir-of-youth potion into their water supply. *1952, rating Sky U, 93 mins*

8.00 The Rain People
James Caan, Shirley Knight, Marya Zimmet, Tom Aldredge, Robert Duvall
Drama about a pregnant housewife who, bored with her married life, decides to run away from home. En route, she meets a retired American football player and they forge an unlikely friendship. *1969, rating Sky 15, 97 mins*

10.00
Breakfast at Tiffany's
Audrey Hepburn, George Peppard, Patricia Neal
Romantic comedy set in New York. A young writer becomes fascinated by his new neighbour, a young woman from out of town who is a social butterfly. *1961, rating Sky PG, 110 mins*

11.55 100 Years... 100 Movies: Out of Control
The American Film Institute's commemoration of 100 years of US cinema.

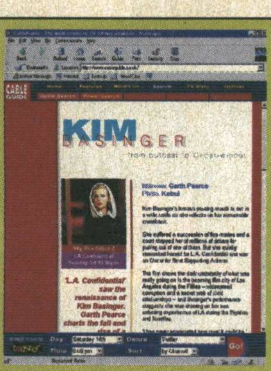
12.50am Frankenstein
1931, rating Sky PG, 67 mins

2.05 Next Stop Greenwich Village
1976, rating Sky 15, 107 mins

4.00-6.00am About Mrs Leslie
1954, rating Sky U, 100 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format


CABLE GUIDE
KIM BASINGER
'L.A. Confidential' saw the renaissance of Kim Basinger. Garth Pearce charts the fall and rise of a
Go!

Want to know what Cary Grant movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

TNT

FAMILY PACK

9.00pm The Angry Hills
Robert Mitchum, Stanley Baker, Elisabeth Mueller, Gia Scala, Theodore Bikel, Sebastian Cabot
War drama in which an American newspaper reporter, based in Greece during World War II, is hunted by the Nazis who are anxious to extract information from him about the Greek resistance. *1959, 101 mins*

11.00
The Roaring Twenties
James Cagney, Humphrey Bogart, Jeffrey Lynn
Classic gangster movie. Three ex-army buddies become involved in bootlegging to earn a living in the lean years after World War I. *1939, 103 mins*

1.00am Eye of the Devil
Deborah Kerr, Donald Pleasence
Horror. *1967, 87 mins*

2.45-5.15am The Hill
Sean Connery
Widescreen *1965, 124 mins*

FILMFOUR

ADD-ON CHANNEL

6.00pm The Lost World
Claude Rains, Michael Rennie, Jill St John, Richard Haydn
Adventure. A scientist leads an expedition into the Amazon, where he finds dinosaurs, cannibals, giant insects and other dangerous wildlife. *1960, 99 mins*

7.45 The Universe of Dermot Finn
Short film.

8.00 Delicatessen
Jean-Claude Dreyfus, Dominique Pinon
Futuristic black comedy telling the story of weird characters, cannibalism and even stranger events, set in a house owned by a butcher. *1990, 95 mins*

9.40 Foutaises
A cynical view of life, made by the directors of *Delicatessen*.

10.00 Bad Lieutenant
Harvey Keitel, Brian McElroy
Action drama. A man who is addicted to drugs, alcohol and gambling, and is up to his neck in debt, sets out to track down a nun's rapist when he discovers the $50,000 reward. *1992, 91 mins*

11.40 Soigne Ta Droite
Jean-Luc Godard
Drama about a film director who will work on anything no matter how bad it is. *1986, 79 mins*

1.15am Blink
Thriller. *1994, 101 mins*

3.00-6.15am Les Enfants Du Paradis – Parts 1 and 2
Thriller. *1945, 180 mins*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
THE POSTMAN
Kevin Costner stars in and directs this futuristic fantasy in which a postman brings hope to a shattered world. *1997, rating Sky 15, 170 mins*
PLAYS AT 12midnight, 3.00am

Sky Box Office 2
Channel 52
GOOD WILL HUNTING
Oscar-winning comedy drama about a maths prodigy starring Matt Damon and Robin Williams. *1997, rating Sky 15, 123 mins*
PLAYS AT 6.00pm, 8.30pm

Sky Box Office 3
Channel 53
GOOD BURGER
TV's Kenan and Kel perform with relish in this wacky comedy set in a fast food restaurant. *1997, rating Sky PG, 91 mins*
PLAYS AT 10.00am, 12noon, 2.00pm, 4.00pm

Sky Box Office 3
Channel 53
AS GOOD AS IT GETS
Oscar-winning drama starring Jack Nicholson as a sharp-tongued misanthrope. *1997, rating Sky 15, 132 mins*
PLAYS AT 6.00pm, 8.30pm, 11.00pm, 1.30am

Sky Box Office 4
Channel 54
THE EDGE
Alec Baldwin and Anthony Hopkins star alongside a ferocious Kodiak bear in this wilderness drama. *1997, rating Sky 15, 113 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions. Customers with a Videoway set-top-box must view all events on Channel 50.

Tuesday 2 March

SKY ONE

ACTION/ SELECTION PACKS

7.00am Count Duckula
7.30 The Simpsons Text
8.00 The Simpsons Text
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You Text
1.30 Jeopardy
2.00 Sally Jessy Raphael
It's Your Bachelor Party or Me

3.00 Jenny Jones
I Want You to Dump Your Mate
In today's show, concerned members of the public ask a friend or family member to leave their partners.

4.00 Guilty!
Rather than just chatting on a sofa, guests resolve their problems in a courtroom with the help of a judge and jury. Presented by Carole Malone.

5.00 Star Trek: Voyager
Cold Fire
The crew is hailed by Ocampa colonists on an alien space station, who lead them to the mate of The Caretaker. Text

6.00 Guilty!
Daughter, You're a Disappointment

6.30 Dream Team
Billy and Alex find out exactly where they stand with Trudie.

7.00 The Simpsons
Bart the Genius
Bart cheats on his school test.

7.30 The Simpsons
Call of the Simpson
Homer has an accident.

8.00 Rescue Medics
A real-life documentary series taking a look at the work of the unsung heroes.

8.30 Coppers
Thames Valley

9.00 World's Wildest Police Videos
This programme focuses on the insanity of criminal behaviour and the determination of extraordinary police officers.

10.00 Bloody Foreigners!
Germany
Tonight's show takes the viewer on a fast and funny trip through Germany, searching for the country's sense of humour. Text

11.00 Dream Team
Billy and Alex find out exactly where they stand with Trudie.

11.30 Star Trek: Voyager
Cold Fire
The crew is hailed by Ocampa colonists on an alien space station, who lead them to the mate of The Caretaker. Text

12.30am The Commish
The Lady Vanishes
Rachel kidnaps a young boy whom she suspects witnessed a murder.

1.30-7.00am Long Play
Music through the night.

UK GOLD

LIFESTYLE/ SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 When the Boat Comes In
10.30 Rhoda
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Dallas
2.55 The Bill
Walkabout

3.25 The Bill
Shades of Grey
Monroe sets out to prove that he can still do frontline policing.

3.55 EastEnders
Drama from the local residents of Albert Square, where Sharon confronts Grant. Starring Ross Kemp and Sid Owen.

4.30 Rhoda
Classic sitcom.

5.00 All Creatures Great and Small
The Playing Field
One of the practice's more traditional clients suddenly wants to become a cowboy.

6.00 Dynasty
The Siblings
Adam accepts his mother's offer of a job. Alexis visits Krystle's first husband in New York after learning that they are married.

7.00 2Point4 Children
Mayday
The harmonious family bank holiday Bill hoped for turns sour.

7.40 Dad's Army
Man of Action
Classic sitcom. Captain Mainwaring declares martial law.

8.20 The Brittas Empire
UXB
Brittas goes to Brussels, but Helen stays to look after the dog.

9.00 Red Dwarf V
Terrorform
Rimmer is taken prisoner.

9.40 Crime Traveller
Fashion Shoot
The adventures of a time-travelling detective. When a top fashion designer begins receiving death threats, Slade and Holly go undercover.

10.45 Bugs
Girl Power
Ros interrogates a 14-year-old girl who has broken in to the Hive – a highly secure government listening station – and finds a mirror-image of herself.

11.50 The Bill
Walkabout

12.20am The Bill
Shades of Grey

12.50 Blackadder II
Chains
Classic historical comedy.

1.25 French and Saunders
2.00-3.00am Dangerfield

LIVING

LIFESTYLE PACK

6.00am Tiny Living
9.00 Can't Cook, Won't Cook
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 Brookside
12.10pm Animal Rescue
12.40 Rescue 911
1.10 Special Babies
1.40 Beyond Belief
2.10 LA Law
Leapin' Lizards

3.10 Living Room
An upbeat and humorous magazine programme featuring human interest stories, celebrities, fashion and beauty.

4.00 Michael Cole
No-holds-barred talk show in which the one-time director of public affairs for Harrods tackles sensational subjects.

4.50 Rolonda
I Dumped You and Now I Regret it
Audience participation talk show.

5.40 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock.

6.15
The Jerry Springer Show
Outrageous American talk show in which Jerry Springer and his guests discuss relationships.

7.05 Rescue 911
Stories of rescues, hosted by William Shatner.

7.35 Animal Rescue
More pets are saved from a fate worse than death.

8.10 Maury Povich
Talk show dealing with sensitive human-interest subjects, discussed compassionately by the host, guests and the studio audience.

9.00
FILM: Saved by the Light
Eric Roberts, Lynette Walden Don Harvey, Robert Catrini
Epic dramatisation of the life of Dannion Brinkley, who was struck by lightning at the age of 25 and experienced life-changing spiritual and psychic visions while his apparently lifeless body was being wheeled to the morgue. *1995*

11.00-12midnight
Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

ACTION PACK

6.00am Within These Walls 7.00 Bowler 7.30 Doctor at Large 8.00 Hallelujah 8.30 The Many Wives of Patrick 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Upstairs, Downstairs 11.00 The Gentle Touch 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 The Many Wives of Patrick 1.30 Me and My Girl 2.00 Upstairs, Downstairs

3.00 The Love Boat
Julie falls for an older man while fending off a teenage boy's attentions, and young lovers get caught in the crossfire between their feuding parents.

4.00 The Professionals
When the Heat Cools Off
Can a copper arrest the wrong man and send him down for 30 years? Doyle thinks so. Starring Lewis Collins.

5.00 Hart to Hart
Jonathan and Jennifer's gift to Max as a send-off for his vacation turns out to be a lethal cigar, launching the Harts on a frantic search to save his life.

6.00 Emmerdale
Kathy helps Christopher win an important contract.

6.30
Classic Coronation Street
Gail makes a date.

7.00 The Professionals
Stake Out
Action series. Bodie and Doyle must stake out a bowling alley. With Lewis Collins, Gordon Jackson and Martin Shaw.

8.00 The Benny Hill Show
The pre-PC comedian stars in a series of sketches, featuring a host of quirky characters, guest stars and a bevy of semi-clad beauties.

9.00 The Sweeney
Jackpot

10.00
The Brian Conley Show

10.30-11.00pm
Wheeltappers & Shunters' Social Club

GRANADA MEN & MOTORS

ACTION PACK

11.00pm Sin City
A rough guide to the sexual underworld of European towns.

11.30 Real Sex
The novel ways in which men and women explore their sexuality.

12midnight Talking Dirty
Kathy Lloyd presents her own style of tongue-in-cheek advice.

12.20am Lord Lust's Lovelies
Tonight Lord Lust is joined by Rachel Travers and Sarah Jo Heeley.

12.30 Centrefolds
1.00 Noddy's Electric Ladyland
1.30-2.00am Battling Babes

DISNEY CHANNEL

ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof Troop 8.25 Toons 8.45 Winnie the Pooh 9.00 Spot 9.05 Animal Shelf 9.15 Dragons 9.30 Bear 9.55 Toothbrush 10.00 Bite Size 10.10 Rosie and Jim 10.30 Big Garage 10.45 PB and J Otter 11.00 Sesame Street 12noon Spot 12.05pm Animal Shelf 12.15 Dragons 12.30 Bear in Big Blue House 12.55 Toothbrush 1.00 Bite Size 1.10 Rosie and Jim 1.30 Big Garage 1.45 PB and J Otter 2.00 Winnie the Pooh 2.30 Quack Pack

3.00
The Little Mermaid
Undersea adventures. Text

3.30 Art Attack
More from the award-winning innovative art show. Text

4.00 101 Dalmatians Text
Canine capers make for fast frantic fun in this superb series.

4.30 Hercules
Hercules and the Big Kiss
With Sandra Bernhard. Text

5.00 Recess Text

5.15 Pepper Ann Text

5.30 Smart Guy
TJ's a young kid who's put into tenth grade. Teenagers are such a puzzle to him. Text

6.00 Teen Angel
One Dog Night Text
Steve has Marty change a dog into his mother's date.

6.30 Boy Meets World
The Eskimo Text

7.00
FILM: Mail to the Chief
Randy Quaid
Comedy drama. The President takes a course to help him make decisions about material on the internet. Meanwhile, a 13-year-old boy makes an unlikely computer expert. *1998* Text

8.30 Honey, I Shrunk the Kids
Science is serious fun in the Szalinski household, where dad's an eccentric inventor.

9.15 Double Dinosaurs
Prehistoric fun in this Stone Age sitcom. Text

10.00 Home Improvement
With Tim Allen. Text

10.30 The Wonder Years
The Lake Text

11.00-12midnight Dr Quinn: Medicine Woman

THE BOX

MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

TUESDAY CONTINUES OVERLEAF...

CABLE CHOICE

FILM

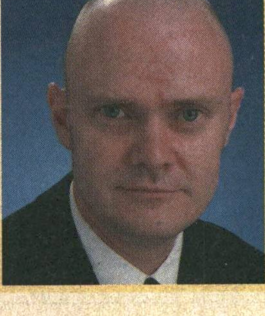
Breakfast at Tiffany's
Sky Cinema 10.00pm

This witty romantic comedy set in New York stars George Peppard as a writer enchanted and fascinated by his new neighbour, played by Audrey Hepburn. It's playing as part of the Oscar-winners season – Henry Mancini won for his score and for the song Moon River.

GENERAL

Sin City
Granada Men & Motors 11.00pm

This new series offers a rough guide to the sexual underworld of the towns and cities of Britain and Europe. Did you know Northampton is a venue for wife-swapping and fetish parties, while leafy Cheshire is a hotbed of sexual exhibitionism? Watch and find out more.



ADVERTISEMENT

DON'T FEED THE GONDOLAS 10.30PM

What's Irish, but a bit Italian; political, but a bit satirical and is guaranteed to have you in stitches? *Don't Feed the Gondolas*, of course and it's exclusive to Challenge TV. Sit back and tune in tonight at 10.30pm.

Tuesday 2 March

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

7.30am Athletics
8.30 Nordic Skiing
World Championship action.
10.00 Biathlon
11.00 Eurogoals
12.30pm Equestrianism
1.30 Sleddog
Action from the Yukon Quest.
2.00 Nordic Skiing
Coverage of the World Championships in Ramsau, Austria.

3.00 Biathlon
Top-drawer action from the World Cup in Lake Placid, US.

4.30 Eurogoals
All the best action from the European football leagues.

6.00 Trial
Coverage of the ATPI Tour in Paris-Bercy, France.

7.30 Football
Highlights of some of the latest Uefa Cup action.

8.00 Football – LIVE
Top action from the Uefa Cup. The winter break is over and the European Cups are back this week. Tonight are the first legs of the quarter-finals. After beating Aston Villa FC at home in the earlier rounds Spanish side Celta Vigo could go all the way.

10.00 Football
Uefa Cup tie in which Girondins de Bordeaux play Italian giants Parma. Bordeux, the 1995/96 runners-up, head an impressive French challenge with Marseille. Players Micoud, Laslandes and Wiltord have all been grabbed recent French headlines.

12midnight-12.30am
Four Wheels Drive
Season Review. All the best moments of the season just past.

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Sky Sports Centre 7.15 V-Max 7.45 Totalsport 8.15 You're On Sky Sports! 9.00 Racing News 9.30 Aerobics 10.00 Football League Review 11.00 Triathlon: 1998 World Cup Event – Noosa 12noon Aerobics 12.30pm V-Max 1.00 Monday Night Football: Leicester City v Leeds United *Repeat from Monday*

3.00 Spanish Football
Football action from the Primera Liga, the Spanish top flight. This league boasts some of the world's finest footballing talent but it has been dominated by giants Barcelona and Real Madrid over the past seasons. *Repeat from Sunday*

5.00
World Wrestling Federation – Live Wire
Michael Cole presents exclusive coverage of WWF bouts.

6.00
Sky Sports Centre
All the major headlines from the world of sport.
6.30 Inside Scottish Football
The goals, transfers, news and views from the new Scottish Premier Division.
7.30 Fastrax
A unique blend of news, action and profiles.

8.00 1999 Premier Snooker League
Action from the 1999 Premier Snooker League. Featuring the seven biggest names in the game, including veterans Steve Davis and Jimmy White, the latter of whom was beaten in the final last year by current World Number Four Ken Doherty.

10.00
Sky Sports Centre
10.15
You're On Sky Sports!
The fans chance to air their views.
11.00 Inside Scottish Football
Go to the heart of the Scottish domestic game with a unique insight into football north of the border.

12midnight
Sky Sports Centre
The latest sporting events.
12.15am
You're On Sky Sports!
1.00
Premier Snooker League
3.00-3.15am
Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style 7.30 Sky Sports Centre 7.45 Racing News 8.15 Moto-Plus 8.45 Sky Sports Centre 9.00 Fish TV 9.30 Fish TV 10.00 Angling: Marlin World Cup 12noon International Bowls: Australia v England 2.00pm Powerboat and Jetsport World 2.30 Totalsport

3.00
World Motor Sport
Fast-paced coverage from the circuit where all the latest news and views are tracked. From the frantic pace of the Indy Racing League, to the never-say-die approach of the Nascar series, World Motor Sport features every lap from every track. The programme includes features on the key players in the race world.
5.30 Fastrax

6.00 Sports Unlimited
For a truly comprehensive look at the world of alternative sports, this show covers those people rarely hear about.
7.00 Golf: LPGA 1999 – Australian Ladies Masters
Action from the 1999 LPGA Australian Ladies Masters which is staged at Ashmore in Queensland.

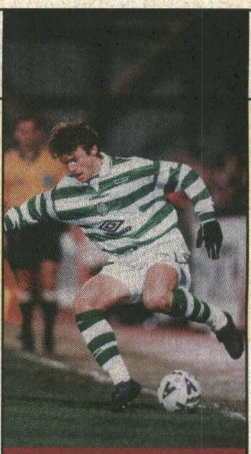
9.00
Ice Skating: Keri Lotion Skating Classic
A selection of top US and international stars team up for this figure skating event which takes place at the Ocean Center in Daytona Beach, Florida.
10.30 Snowboarding: Snowboarder Magazine
11.00 Cycling: Tour of Malaysia
The action continues on day two of the Tour of Malaysia.
11.30 Moto Cross: Moto-X Freeride Championship
12.30am Golf: LPGA 1999 – Australian Ladies Masters
Action from the 1999 LPGA Tournament at Ashmore.
2.30-2.45am
Sky Sports Centre

SKY SPORTS 3
PREMIUM CHANNEL

12noon World Wrestling Federation – Live Wire 1.00pm Fish TV: Tony Dean Outdoors 1.30 Fish TV: Gone Fishing 2.00 Golden Age of Racing: A to Z of Motorsport 2.30 Shell's Wonderful World of Golf: Player v Thomson
A chance to relive great golfing moments.

3.30
International Bowls: Australia v England
Action from the crown green in the first Test doubles stage.

5.30 Snowboarding: Snowboarder Magazine
6.00 Cycling: Tour of Malaysia
The action continues.
6.30 Fish TV: Ultimate Fishing Show
Advice from the experts.
7.00
Fish TV: Fishing Tales
Terrific action and tips.
7.30 Snowboarding: Snowboarder Magazine
8.00 Angling: Marlin World Cup
Staged at Sun International's La Pirogue Hotel and Sugar Beach Resort on the island's south west coast. Some 30 teams from Europe, South Africa, Pakistan and Malaysia battle for the World Cup, with a bonus prize of £27,000.
10.00 The Entertainers: Super Scots
10.30-11.30pm Superbouts: Hill v Emebe
Classic footage of the World title fight between two of the sport's giants.



Players such as Celtic's Lubo Moravcik feature in 'Inside Scottish Football'. Sky Sports 1 6.30pm, 11.00pm

MUTV
ADD-ON CHANNEL

6.00pm Game On
Preview of today's shows.
6.15
Megastore Megabuys
6.30
Junior Masterfan
7.00 Red Hot News
The latest developments from Old Trafford.
7.30
Wild About United
Fans air their views.
8.00 Super Match – Reserve Match
Aspiring players hope to impress the boss and win a coveted place in Alex Ferguson's all-star side.

10.00
Talk of the Devils
Debating the latest developments.
10.45 Man-U Menu
With Mark Simpkin.
11.15 The Insiders
Open the doors of Old Trafford.
11.30-12midnight
Red Hot News
The latest developments.

SCI-FI
ACTION PACK

7.30am Bloomberg TV 8.00 Sightings 9.00 Buck Rogers in the 25th Century 10.00 Quantum Leap 11.00 Dark Shadows 11.30 Alfred Hitchcock 12noon Twilight Zone 12.30pm The Twilight Zone 1.00 Tales of Unexpected 1.30 Tales of Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00 Buck Rogers in the 25th Century
Mark of the Saurian
Buck insists a high-ranking ambassador is actually a lizard creature.
4.00
The Incredible Hulk
My Favourite Magician
Banner discovers there are secrets as well as tricks up the magician's sleeve.
5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.

6.00 Time Trax
One on One
Sahmbi invents a way to control men's minds and tries to sell it to unscrupulous businessmen.
7.00 Quantum Leap
Lee Harvey Oswald
Time-traveller Sam Beckett finds himself propelled into the body of Lee Harvey Oswald.
8.00 V
The Dissident
Diana seals off the Open City with an impenetrable force field which destroys humans.
9.00 Twin Peaks
Pete Martel finds the plastic-wrapped corpse of teenager Laura Palmer. Agent Dale Cooper arrives to investigate.
10.00 FILM: James Herbert's Fluke
Samuel L Jackson, Matthew Modine, Eric Stoltz
Thriller in which a man is killed but returns to life as a dog. He goes back to his house to try to protect his family from his killer.
11.45
Sci-Focus Special
12midnight Dark Skies
To Prey in Darkness
1.00am FILM: Spaceballs
Comedy. *1987*
3.00 The Twilight Zone
Spur of the Moment
3.30-4.00am Dark Shadows
Gothic soap starring Jonathan Frid.

ITV2
ACCESS PACK

4.00pm Trisha
Trisha Goddard shares heartwarming true stories with a studio audience.
5.00
International Basketball: England v Belarus
Action from the court.
6.00 Bedrock
Battle of the sexes show.
7.00 Champion's League Preview
A look ahead to forthcoming European matches.
7.30 Dealer's Choice
Richard Simmonds presents an offbeat look at the world of buying used cars, in which experts Mike Rutherford and Honest John air their views.
8.00 Soap Fever
The show devoted to the world of soaps presented by Liza Tarbuck.
9.00 New Jerry Springer
Jerry Springer and guests engage in discussion.
9.45 Words With
10.00 Emmerdale
A chance to catch up with the latest farm events.
10.30 Wish You Were Here
Another chance to see Monday's episode of the travel show. With Judith Chalmers.
11.00 Taggart
Movie length episode of the Glaswegian detective drama. Starring Blythe Duffe and James MacPherson.
1.00am-2.00am Feature

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Amateur Girls 12.20 Strap-O Gram Girls 12.45 FILM: Can Can 1.00 The Five Minute Free View 1.05 FILM continues 2.00 Adult Feature 2.25 FILM: Angel Baby 3.40 Brenda
4.10-5.30am
FILM: Expose Me Now

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day
12.10am Girl Hunt
12.30 New Model File
12.50 Totty Try-outs
Erotic series.
1.10 FILM: Night Creatures
Crystal Wilder, Alicia Rio
Erotic horror in which an age old story comes to life.
2.30-4.00am
FILM:Cirque de Sex 2

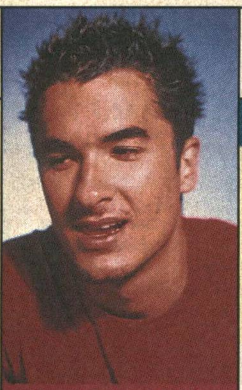
Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: In Between
Robert Forster, Wings Hauser
Comedy in which strangers are stuck in a world between heaven and hell.
9.30 Gladiator 2000
Lorenzo Lamas
Action and adventure.
10.55-12midnight
Consenting Adults
Leanna Hart, J.J. Michaels
Erotic feature film.

Tuesday 2 March



Zane Lowe guides us through the new releases, bands and gigs in 'brand:new'. MTV 11.00am, 7.00pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Games Room
5.15 Cross Wits
Tom O'Connor hosts.
5.45
The Games Room
6.00 Family Fortunes
With Les Dennis.
6.30
The Games Room
6.45 Catchphrase
Hi-tech quiz.
7.15
The Games Room
7.25 100 Per Cent
Gameshow without a host.
7.55
The Crystal Maze
A team of contestants tackles a series of ingenious games and fiendish challenges in a giant fantasy world. With Richard O'Brien.
9.00
The Games Room
9.15 Strike it Lucky
With Michael Barrymore.
9.45
The Games Room
10.00 Candid Camera
Pranks caught on film.
10.30 Don't Feed the Gondolas: Director's Cut
Hosted by Sean Moncrieff.
11.00
Carnal Knowledge
Saucy quiz show that rips open the bedroom curtains of the British public, hosted by Graham Norton.
12midnight Strike it Lucky
12.30am Split Second
1.00 3-2-1
2.00 Love at First Sight
2.30 Studs
3.00 Simply Irresistible
3.30 Blockbusters
4.00 Fifteen to One
4.30 Don't Drink the Water
5.00-6.00am Screenshop

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 Why Files 7.30 Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 The Why Files 9.30 Indecent Proposal 10.00 Agony 10.30 The Fashion Show 11.00 Judge Judy 11.30 Mind Games 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 The Fashion Show 2.00 Judge Judy 2.30 Mind Games
3.00 Agony
Moral dilemmas explored and discussed.
3.30 Lie Detector
Phillippa Mole exposes more deception.
4.00
Indecent Proposals
Cash for foolishness.
4.30 Judge Judy
Another case for the feared American judge.
5.00 Agony
Moral dilemmas explored and discussed.
5.30 The Why Files
Psychic investigations into the paranormal.
6.00
The Fashion Show
The latest in fashion.
6.30
Indecent Proposals
Cash for foolishness.
7.00
Bangers and Smash
All the crashes and thrills from the stock car racing circuit presented by the sports-mad Louise Brady.
8.00 The Why Files
Psychic investigations into the paranormal.
8.30 Judge Judy
Another case for the feared American judge.
9.00 Lie Detector
Exposing deception.
9.30 Mind Games
With psychic Marc Paul and Melissa Hilton.
9.57 Topless Darts
10.00 Love Street
US erotic series.
10.30 Exotica Erotica
Exploring the limits of the erotic imagination.
11.30 Blue Review
11.45 Janeycam
11.57 Topless Darts
12midnight Love Street 12.30am Private Dancer 12.45 Pleasure Dome 1.00 Exotica Erotica 2.00 Orgasmatron 2.15 Painted Ladies 2.30 Love Street 3.00 Agony 3.30 Lie Detector 4.00 Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation L!VE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Kitchen College 10.00 Green Gourmet 10.30 Alive and Cooking 11.00 Worrall Thompson 11.30 A Slice of the Action 12noon Network 12.30pm Loyd's Louisiana 1.00 Kitchen College 1.30 Modern British 2.00 Chez Bruno 2.30 Network
3.00 Winter Nosh
3.30 A Slice of the Action
4.00 Tessa's Tastebuds
4.30-5.00pm
Lunch with Ed Baines
Graham Cole

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show.
5.30 Gridlock
Simon Biagi hosts the fast-paced gameshow.
6.00 London Bridge
Diane tells Liz the truth about Noel.
6.30 Get Back
She's a Woman
Sitcom with Kate Winslet.
7.00 Boon
Deadline
Boon tries to protect a woman from her husband who is being a nuisance. Starring Michael Elphick.
8.00 Chancer
Weapons from the Wall
Eighties wheeler-dealer drama series starring Clive Owen, Leslie Phillips and Caroline Langrishe.
9.00 The Upper Hand
The Babysitter
Joanna babysits.
9.30 Flying Start
Emma B and Ed Sanders host the travel gameshow.
10.00 Peak Practice
Roses around the Door
Jack discovers the harsh realities of country life when a farm worker falls victim to a crippling illness.
11.00 Hill Street Blues
Influential Eighties American police drama series set in a tough urban area, with Daniel J Travanti and Veronica Hamel.
12midnight Us and Them
Nightstalker
Donna learns some surprising things about her father.
12.30am-1.00am Gridlock
Simon Biagi hosts the fast-paced gameshow featuring quickfire rounds of word puzzles.

ANIMAL PLANET
WORLD PACK

12noon The New Adventures of Black Beauty
12.30pm Hollywood Safari
War Games
1.30 Crocodile Hunter
Suburban Killers
A look at the deadly species that inhabit Australia's suburbs.
2.00 Breed All About it
Cairn Terrier
A profile of the popular breed.
2.30 Human/Nature
Charting man's relationships with the natural world.
3.30 Harry's Practice
A look at the work of vet Harry Cooper in his practice in northern Tasmania.
4.00
Jack Hanna's Zoo Life
Nepal
4.30 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
5.00 Pet Rescue
Wendy Turner and Mark Evans follow the fortunes of abandoned animals.
5.30 Crocodile Hunter
Dinosaurs Down Under
6.00
The New Adventures of Black Beauty
Children's drama series.
6.30 Lassie
The Horse Healer
7.00 Rediscovery of the World
Secret Societies of Dolphins and Whales
Underwater exploration with Jacques Cousteau.
8.00 Animal Doctor
Follow RSPCA vets as they go on their rounds.
8.30 Totally Australia
A Stately Gift
Visit the Currumbin Sanctuary on Australia's Gold Coast.
9.30 Emergency Vets
A puppy nearly strangles himself by accident in the back garden.
10.00
The Last Paradises
Fynboss
10.30
Animal Detectives
Parrots
11.00 All-Bird TV
Looking at man and birds.
11.30-12midnight Emergency Vets
A cocker spaniel has a blockage in his intestines.

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am The Ascent of Man
7.50 It'll Never Work
8.30 Vanessa
9.30 Esther
10.00 Tania and Ray
10.30 Lion Country
11.00
Your Life in Their Hands
12noon Spirit of the Jaguar
1.00pm Quiet Revolution
2.00 The Selling Game
A look at the antiques trade.
3.00 999 Lifesavers
More extraordinary true stories of heroism and bravery.
3.30 Esther
Born in Unusual Places
4.00 Vanessa
Vanessa Feltz tackles real-life issues in her popular day-time chat show.
5.00 Animal Hospital
Presented by Rolf Harris and Steve Knight.
5.30 Lion Country
Rhinos Winston and Babs have a lovers' tiff.
6.00 Romer's Egypt
2700 –1070BC
John Romer continues his historical pilgrimage through the land of the ancient pharaohs.
7.00
The Human Animal
The Hunting Ape
What made our ape ancestors cross the threshold to humanity?
8.00
Rainbow Warriors
A focus on chameleons.
8.30 Ray Mears' World of Survival
Arnhemland
9.00 Secrets of Lost Empires
Stonehenge
Art Malik follows an attempt to work out how Stonehenge was built.
10.00
Premier Passions
In the 1996-7 season, Sunderland Football Club went through flotation on the stock market.
11.00
Jeremy Clarkson's Motorworld
Vietnam
11.30 The Power and the Glory
12midnight Crime Limited
Nick Ross presents the series intended to help crime victims by telling their stories through reconstructions.
12.30am-1.00am
Crime Limited
Nick Ross unveils more real-life crime.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Agony Livetime
7.00 Agony Livetime
8.00 E! In Focus
9.00 Gorgeous Gardens
9.30 Best Direct Best Buys
10.00 The View
11.00 The Psychic Zone
11.30 Cook's Garden
12noon
The Montel Williams Show
1.00pm Fashion Livetime
2.00 The View
3.00
Fashion Livetime
Interactive show which enables viewers to put questions to celebrity guests and experts.
4.00 The Montel Williams Show
Surprise Former Dates
US chat show with Emmy Award winner Montel Williams.
5.00 Cook's Garden
With Toby Buckland and Susan Brookes.
5.30-6.00pm
The Pet Show

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Lights! Cameras! Bugs!
With Steve Kutcher.
7.30
Clan of the Crocodile
Visit Papua New Guinea.
8.00
Kingdom of the Bear
Follow the story of the continuous battle for power in the natural wilderness of northern Siberia.
9.00 Natural Born Killers: Jaguar – Year of the Cat
Travel to the rainforest of Belize to witness the powerful jaguar.
10.00
The Serpent's Delight
A look at the noble viper.
10.30
Mzee – The Chimp That's a Problem
11.00 Whale's Tale
Witness the very different attitudes towards whales manifested by tourists in New Zealand and Nordic Sea whale hunters.
12midnight-1.00am
The Shark Files: Sharks
Meet scientists and expert divers who dare to enter the watery realm of the shark bringing extraordinary photography and data on how sharks feed, rest, give birth and why they attack.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits
9.00 Bytesize MTV
A collection of the best moment from MTV around the world.
11.00 brand:new
Presented by Zane Lowe.
12noon Mad 4 Hits
2.00pm Hit List UK
3.00 Bytesize MTV
4.00 Select MTV
6.00 Bytesize MTV
A collection of the best moment from MTV around the world.
7.00 brand:new
Presented by Zane Lowe.
8.00 US Top 20
9.00 Mad 4 Hits
9.30 MTV Megamix
10.00 Celebrity Deathmatch
Claymation wrestling series in which two celebrities go head to head in mortal combat.
10.30
Ultrasound – Back in the Day
11.00 Mad 4 Hits
12midnight Alternative Nation
1.00am Celebrity Deathmatch
1.30
Ultrasound – Back in the Day
2.00am-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12noon Ten of the Best: Jon Bon Jovi 1.00pm Greatest Hits of... Bon Jovi 1.30 Pop-Up Video 2.00 Jukebox 4.30 VH1 to 1: Bon Jovi 5.00 Five@Five 5.30 Pop-Up Video 6.00 Happy Hour 7.00 VH1 Hits 8.00 Greatest Hits of... Bon Jovi 9.00 Bob Mills' Big 80s 10.00 Ten of the Best: Jon Bon Jovi 11.00 VH1 Spice 12midnight Bon Jovi – Live at Wembley NEW 1.30am VH1 to 1: Bon Jovi
2.00-6.00am Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon World of Tom 12.30pm Earthwalkers 1.00 Travel 1.30 Floyd on Spain 2.00 Flavours of Italy 2.30 Adventure Travels 3.00 Top of the World 4.00 Stepping the World 4.30 Aspects of Life 5.00 Reel World 5.30 Oceania 6.00 Floyd on Spain 6.30 On Tour 7.00 World of Tom 7.30 Earthwalkers 8.00 Holiday Maker 8.30 Stepping the World 9.00 Top of the World 10.00 Adventure 10.30 Aspects of Life 11.00 On Tour 11.30-12midnight Oceania

UK STYLE
LIFESTYLE PACK

7.00am Going for a Song 7.30 Going for a Song 8.00 Celebrity Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Style Challenge 9.30 Change That 10.00 Holiday in Style 11.00 Delia Smith's Winter Collection 11.30 DIY Show 12noon Can't Cook, Won't Cook 12.30pm Style Challenge 1.00 Change That 1.30 Celebrity Ready, Steady, Cook 2.00 Looking Good 2.30 An Englishwoman's Garden 3.00 Growing Places 3.30 The Face 4.00 The Air Show 4.30 How Does Your Garden Grow? 5.30 Can't Cook, Won't Cook 6.00 Waterlines 6.30 Can Ski... Will Ski! 7.00 Holiday in Style 8.00 Style Challenge
8.30 Change That
9.00 Changing Rooms
9.30 Ready, Steady, Cook
10.00 The House Doctor
10.30 Changing Rooms
11.00
How Does Your Garden Grow?
12midnight Gardeners' World
12.30am-1.00am
Travel Show Guides

Tuesday 2 March

DISCOVERY HOME & LEISURE
WORLD PACK

6.00 AM

MORNING

6.00am Gourmet 6.30 Graham Kerr 7.00 Room Service 7.30 Painted House 8.00 Wedding Story 8.30 A Baby Story 9.00 Simply Painting 9.30 Potted History 10.00 Real Gardens 10.30 Cookabout 11.00 Diceman 11.30 Fishing Australia 12noon Our House 12.30pm Antiques Trail 1.00 Our House 1.30 Hometime 2.00 Yankee Workshop 2.30 Home Again 3.00 This Old House 3.30-4.00am Go Fishing

3.00 PM

DISCOVERY
WORLD PACK

4.00 PM
4.00pm Rex Hunt's Fishing Adventures
Rex visits the Yarra River in search of the Murray cod.
4.30 Walker's World
Anna explores Finland.

5.00 PM
5.00 Time Travellers
The Death March of De Soto
5.30 Terra X
Islands of the Dragon Tree
A look at the legend.

6.00 PM
6.00 Wildlife SOS
Baby hedgehogs, goslings and owls are admitted.
6.30 Adventures of the Quest
The Hidden Deep

7.00 PM
Discover hidden secrets of the Great Barrier Reef.
7.30 The Quest
Lunar Mysteries
How does the moon affect life on earth?

8.00 PM
8.00 Great Escapes
Into Death Zone
Only four people have ever climbed all 14 of the world's highest peaks.
8.30 Out There

9.00 PM
9.00 Trailblazers
Peru
NEW Explore beneath the surface of Peru looking for traces of pre-Conquistador traditions.

10.00 PM
10.00 Pedal for the Planet
Looks at what it is really like to cross the Atlantic in a pedal-powered boat for three months.

11.00 PM
11.00 Force 21
Investigating the elite US soldiers of the future, who are equipped with the highest level of physical and mental fitness.

12.00

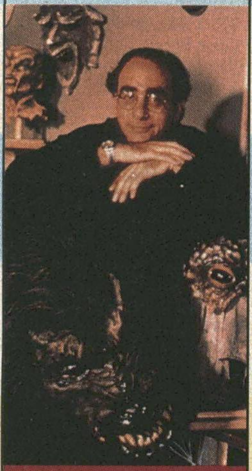
NIGHT TIME

12midnight Spell of the North
Greenland Ice Giant
Examine the voyages of the early explorers and adventurers.
1.00am Terra X
Islands of the Dragon Tree
1.30-2.00am Time Travellers

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Blinky Bill 6.00 The Tidings 6.30 Tabaluga 7.00 Scooby-Doo 7.30 Dexter's Laboratory 8.00 Looney Tunes 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 The Tidings 10.00 The Magic Roundabout 10.30 The Fruitties 11.00 Tabaluga 11.30 Yo! Yogi 12noon Tom and Jerry 12.30pm Looney Tunes 1.00 Popeye 1.30 The Flintstones 2.00 The Jetsons 2.30 Droopy

3.00 Taz-Mania
Antipodean antics and devilish doings.
3.30 Scooby-Doo
Canine crime-busting with Scooby and the gang.
4.00 The Powerpuff Girls
Girl power crime-fighting.
4.30 Dexter's Laboratory
Chemical chaos.
5.00 I am Weasel
Animated antics.
5.30 Cow and Chicken
More antics with the odd pairing.
6.00 Animaniacs
Cartoon mayhem with the friends.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.
7.00 Tom and Jerry
Comic antics with the sparring cat and mouse duo.
7.30 Looney Tunes
More classic animation.
8.00 Cartoon Cartoons
8.30-9.00am Cult Toons
A much-loved favourite.



RL Stine wrote 'Goosebumps', the eerie tales full of spine-tingling chills. Fox Kids 4.00pm

NICKELODEON
FAMILY PACK

6.00am Rocko's Modern Life 6.30 Bruno the Kid 7.00 CatDog 7.30 Rugrats 8.00 The Wild Thornberrys 8.30 Arthur 9.00 Children's BBC 10.00 Wimzie's House 10.30 Papa Beaver Stories 11.00 Magic School Bus 11.30 PB Bear/Budgie the Little Helicopter/ Animal Antics/Family Ness 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Little Bear Stories 2.00 Paddington Bear/Lizzie's Library/ Portland Bill/Mr. Men 2.30 Children's BBC on Nickelodeon

3.00 Children's BBC on Nickelodeon
Including *Teletubbies.*
3.30 Doug
Doodle the day away with the painfully average Doug.
4.00 Three Friends... and Jerry
Suburban adolescent antics.
4.30 Rugrats
Fun with the terrible tots.
5.00 Sister Sister
Tia and Tamera and their respective single parents all try to live together.
5.30 Kenan & Kel
Teen comedy.
6.00 Renford Rejects
6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
Stars Jenny McCarthy.
7.30 Grace Under Fire
Vegas
8.00 Ellen
Trick or Treat – Who Cares?
Audrey takes a job at Ellen's bookstore.
8.30 NewsRadio
Space
9.00 Drop the Dead Donkey
The Evangelist
9.30 Whose Line is it Anyway?
With Clive Anderson.
10.00 Frasier
First Date
10.30 Cheers
Don't Paint Your Chickens
Rebecca gets disappointed and frustrated.
11.00 Seinfeld
The Heart Attack
11.30 The Larry Sanders Show
The Breakdown
Larry copes with his divorce.
12midnight Late Night with Letterman
1.00am Taxi
1.30 Frontline
2.00 Dr Katz
2.30 Fibs and Tibs
3.00 Nightstand
3.30-4.00am Abbott and Costello

FOX KIDS
FAMILY PACK

6.00am Adventures of Dodo 6.05 Power Rangers Turbo 6.55 Spiderman 7.20 Oggy 7.30 Donkey Kong Country 8.00 Hero Turtles: Next Mutation 8.25 Incredible Hulk 8.50 Iron Man 9.15 Fantastic Four 9.40 X-Men 10.05 Casper 10.30 Oggy 10.55 Eek!Stravaganza 11.05 Bobby's World 11.30 Life with Louie 11.55 Home to Rent 12.05pm Dennis and Gnasher 12.30 Donkey Kong Country 1.00 Mowgli 1.25 Ace Ventura 1.55 The Incredible Hulk 2.20 Iron Man 2.45 Fantastic Four

3.10 X-Men
More mutant conflict.
3.30 Fox Kids X-Press
With Roy and Lisa.
3.35 Spiderman
Crime-fighting action.
4.00 Goosebumps
A collection of spooky, spine-tingling stories.
4.25 Hero Turtles: The Next Mutation
4.50 Casper
5.00 Dennis and Gnasher
Dennis and Gnasher take on the adult enemy.
5.30 Ace Ventura
Animated adventures.
6.00 Donkey Kong Country
6.30 Eek!Stravaganza
6.55-7.00pm Oggy and the Cockroaches

SHOP!
LIFESTYLE/ SELECTION PACKS

12midnight Bargain Shop!
1.00am Shop! Selection
2.00 Do it Yourself
2.30 On Screen
3.30 Junior Choice
4.30 Jewellery Box
5.30 Shop! Selection
6.00 Shop! Selection
6.30 Bargain Shop!
7.30 The Gold Collection
8.30 The Clothes Line
9.30 Junior Sports Store
10.00 Shop! of the Week
11.00 Home Style
12noon Switched On
Looks at a range of TVs and audio equipment.
1.00pm Bargain Shop!
Unbeatable prices and special offers.
1.30 Shop! Selection
Roundup of the best offers on Shop!
2.30 Good Hair Days
Umberto Giannini presents the best products for people with busy lives.
3.00 Shop! Feature
Our special range of Mother's Day gifts.
4.00 Jewellery Box
Take advantage of great jewellery offers.
5.00-6.00pm Shop! Selection
A roundup of the best offers on Shop!

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 7.00 News 9.00 News 9.30 World Today 10.00 News 12noon News 1.00pm News 1.30 UK Today 2.00 News 2.30 World Today 3.00 News 5.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 Correspondent 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am Morning 5.30 Insight 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.15 American Edition 11.30 Biz Asia 12.30pm Fortune 1.15 Asian Edition 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Beat 5.00 Larry King 6.45 American Edition 7.30 Business 8.30 Q&A 9.30 Insight 10.30 Sport 11.00 View 11.30 Moneyline 12.30am Showbiz 1.30 Q&A 2.00 Larry King 4.15 American Edition 4.30-5.00pm Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 11.30 Money 12noon Sky News Today 2.30pm Your Call 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline
8.00 News on the Hour
8.30 Sky Business Report
9.30 Sky World News
10.00 Primetime
12.30am CBS Evening News
1.00 News on the Hour
1.30 Sky World News
2.30 Sky Business Report
3.30 The Book Show
4.30 Showbiz Weekly
5.30-6.00am CBS Evening News

INTERNATIONAL

TV5 5.00am Journal 5.30 Télématin 7.00 Journal 7.30 Découverte 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Cinéma: Les Histoires d'Amour Finissent Mal en Général (3ème Passage) 11.00 TV5 Infos 11.05 Voilà Paris 11.30 Journal 12noon Infos 12.05pm Documentaire: Tabala 1.00 Journal 1.15 Cinéma: Les Histoires d'Amour Finissent Mal en Général (4ème Passage) 3.00 Journal 3.15 Questions 3.30 Bons Baisers d'Amérique 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Cinéma: Les Histoires d'Amour Finissent Mal en Général (5ème Passage) 7.00 Journal 8.00 Infos 8.05 Temps Présent 9.00 Journal 9.15 Les Grandes Marées 11.00 Journal 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Dhur Ki Bani 9.00 FILM 11.30 News 12noon Kabhi Yeh Kabhi Woh 12.30pm Golmaal 1.00 Zameen Aasman 1.30 FILM 4.00 Akbar Birbal 4.30 Jeevan Sangram 5.00 Dooriyan 6.00 Baaje Payal 6.30 Zamana Badal Gaya 7.00 Zameen Aasman 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Zameen Aasman 12.30am Baaje Payal 1.00 FILM
4.00 Music Box
4.30 Kabhi Yeh Kabhi Woh
5.00 Dooriyan
6.00 Akbar Birbal
6.30 News
7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Aap Ki Farmaish 6.30 Usha Uthap 7.00 Faith: Hindu 2 7.30 News 8.00 Out and About 8.30 Tara-2 9.00 Himalaya's Hasratein 10.00 Stage Plays 11.00 Khana Khazana 11.30 Parampara 12noon FILM: Jagga Daku 3.00pm Bangla TV – Nokhattrer Rat 3.30 Cine Magic 4.00 Akbar Birbal 4.30 Zee Top Ten 5.30 Ashirwad 6.00 1 to 10 6.30 Humm Tara Rum 7.00 Jee Sahab 7.30 Chalo Cinema 8.00 News 8.30 Daraar 9.00 Do Aur Do Paanch 9.30 Zanjeeren
10.00 Hadd Kar Di
10.30 Mahabharat
11.30 Yaadon Ke Rang
12midnight News
12.30am Pakistan Business
1.00 Bangla TV
1.30 Parivartan
2.00 FILM: Zameen Aasman
4.30 Lollypop
5.30-6.00am Hey Ha Ho

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzini 5.00 Hour of Deliverance 5.30 Ashley McGuickan/Euro Spirit 6.00 Good News – Rick Renner 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is Your Day – Benny Hinn 8.15 Good Morning Europe 8.30 Chronicles of Revival/ Steve Penny 9.00 Another Day of Victory 9.30 Life in the Word – Joyce Meyer 10.00 Derek Prince – Church on the Way 10.30 John Avanzini 10.40 Good Morning Europe 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial reports every half hour, plus: 2.45am Focus on Eastern Europe 3.45 Financial Goals 4.24am Sports

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30amHouse of Lords 7.00 The Record 7.30 House of Lords 2.30pm House of Commons 11.00 Record 11.30-12midnight European Focus

SKY SOAP
LIFESTYLE PACK

11.00am Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
Jackie and Kathy try to start married life on a high note.
3.30-4.00pm Emmerdale Farm

THE HISTORY CHANNEL
WORLD PACK

4.00pm Clash of Wings
The Plunge into Reality
Follow the stories of the Battles of France and Britain.
5.00 The Aircraft Carriers
How the modern aircraft carrier is the unchallenged mistress of the seas.
6.00 Rites of Death
Seeking the universal theme which runs through all death rites and rituals.
7.00-8.00pm Bombs
The history of the bomb.

SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Sky Destinations
12noon American Adventurer
12.30pm Around the World
1.00 Earth Journeys
1.30 Travel Trails
2.00 Islands of Australia
Fraser Island
3.00 Around the World
Kenya and Corsica
3.30-4.00pm African Adventures
Kwa Zulu Natal South

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Beauty Workshop at 11.00am.

CABLE CHECK
Some of the channels listed may not be available in your area

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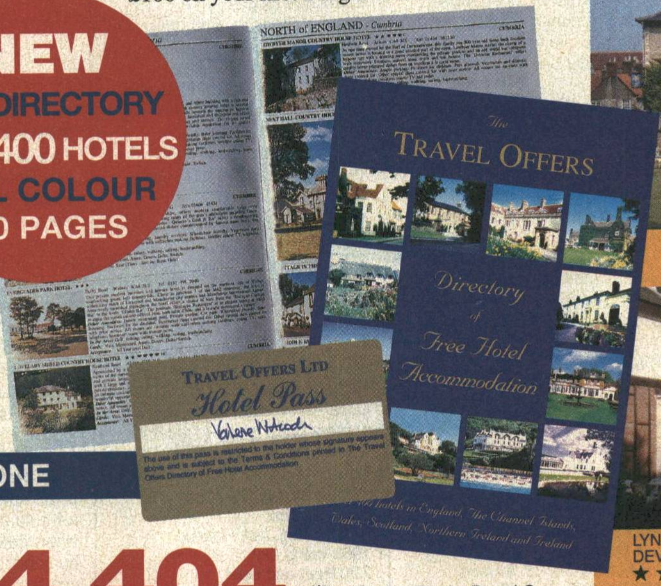
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SAVE £154

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ARGYLL
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SAVE £82

THE TALBOT HOTEL
nr YORK
★ ★ ★ ♛ ♛ ♛ ♛
SAVE £122

LYNTON COTTAGE HOTEL
DEVON
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Wednesday 3 March

SKY PREMIER

PREMIUM CHANNEL

6.00 AM **6.00am Shaughnessy**
1996, rating Sky PG, 89 mins
MORNING **7.45 Carpool**
Text *1996, rating Sky PG, 86 mins*
9.15 Cannonball Fever
Melody Anderson, Peter Boyle
1989, rating Sky PG, 91 mins
11.00 Burning Secret
David Eberts, Faye Dunaway
Austrian drama. *1988,*
rating Sky PG, 100 mins
1.00pm Little Dorrit Part 1:
Nobody's Fault
3.00 PM *Alec Guinness, Sarah Pickering,*
Derek Jacobi, Joan Greenwood
Two-part adaptation of the Charles
Dickens' classic romantic novel
about love across the classes.
1988, rating Sky U, 168 mins
4.00 PM **4.00 Shaughnessy**
Matthew Settle, Linda Kozlowski
Drama about an Irish-American
who finds himself in trouble in
New York when he becomes the
target of a violent gang. Leaving
5.00 PM behind his girlfriend, he heads
West, but soon encounters
hostility from the locals in the
small town he chooses as his
new home. *1996, rating Sky PG,*
89 mins
6.00 PM **6.00 Carpool**
Tom Arnold, David Paymer,
Rhea Perlman, Rod Steiger
Crazy comedy. A father takes
over carpool duties from his ill
wife and manages to involve
7.00 PM himself and the kids in a bungled
raid on a patisserie where they
are all taken hostage. Text
1996, rating Sky PG, 86 mins
7.30
Barry Norman's Film Night
8.00 PM **8.00 Daylight**
Sylvester Stallone, Dan Hedava
Subterranean disaster movie. A
massive explosion in the New
Jersey Tunnel results in both
ends of the tunnel collapsing.
9.00 PM survivors are trapped in the
central section and must rely on
a former emergency medic to
get them out before that too
collapses. Text *1996,*
rating Sky 12, 110 mins
10.00 PM **10.00 Blood and Wine**
Jack Nicholson, Michael Caine,
Steven Dorff, Judy Davis
Action-packed thriller about a
thief whose wife and stepson
leave him and accidentally take
11.00 PM the valuable loot from his latest
robbery with them. Text *1996,*
rating Sky 15, 97 mins
11.45 The Crossing Guard
Jack Nicholson, Anjelica Huston
Thriller. A father plans to avenge
12.00 his daughter's death. Text *1995,*
rating Sky 15, 106 mins
NIGHT TIME **1.40am The Big Man**
Liam Neeson, Billy Connolly
Contemporary Scottish drama.
1990, rating Sky 18, 111 mins
3.35-5.30am Hotel Sorrento
Caroline Goodall, Caroline Gillmer
Text *1996, rating Sky 15, 108 mins*

SKY MOVIEMAX

PREMIUM CHANNEL

7.00am Movie Magic: Four Heads are Better Than One 7.30 Action Heroes: Tom Cruise 8.15 Femmes Fatales: Julia Roberts 9.00 Flipper
Text *1996, rating Sky PG, 91 mins*
11.00 And Baby Makes Six
Colleen Dewhurst, Warren Oates
1979, rating Sky PG, 98 mins
1.00pm Movie Magic
1.30 Femmes Fatales
2.15 Action Heroes: Tom Cruise

3.00
They Won't Believe Me
Robert Young, Rita Johnson, Jane Greer, Susan Hayward
Classic film noir following the tale of a low-life on trial for the murder of his wife. As the case unfolds, it becomes clear that he did not commit the act in question, but that he was responsible for the deaths of two other women. *1947, rating Sky PG, 91 mins*

5.00 And Baby Makes Six
Colleen Dewhurst, Warren Oates, Maggie Cooper, Timothy Hutton
Drama in which a middle-aged wife and mother is shocked to discover she is pregnant. Her family, worried about her health, doesn't want her to go through with the birth – until husband Michael sees the ultrasound. *1979, rating Sky PG, 98 mins*

7.00 Flipper
Paul Hogan, Elijah Wood, Chelsea Field, Isaac Hayes
Family adventure about a boy's friendship with a tame dolphin. Sandy and Flipper set out to prove that a local charter boat skipper is dumping toxic chemicals into the sea. Text *1996, rating Sky PG, 91 mins*

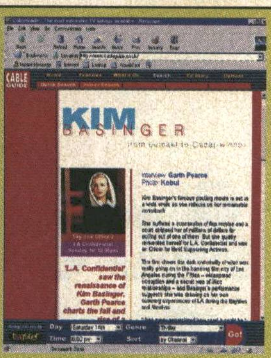
8.30
E! News Week in Review

9.00 Change of Heart
Jean Smart, John Terry, Craig Damon, Dorian Harewood
PREMIERE Drama about a very happily married woman whose life explodes when she finds her husband in bed with another man. After the initial shock, the two struggle to find peace and acceptance, and to rebuild their shattered lives. *1998, rating Sky 12, 96 mins*

11.00 Twist of Fate
Madchen Amick, Chris Mulkey
Thriller. A female prosecutor teams up with a police detective to find her friend's killer. *1998, rating Sky 18, 92 mins*

12.40am Back in Business
1996, rating Sky 18, 89 mins
2.15 Cover Me
1995, rating Sky 18, 90 mins
3.50 Damien: Omen II
1978, rating Sky 18, 103 mins
5.40-7.20am
They Won't Believe Me
1947, rating Sky PG, 91 mins

Burt Lancaster battles the Nazis in the explosive wartime thriller 'The Train'. FilmFour 6.00pm



CABLE GUIDE
KIM BASINGER
'L.A. Confidential' saw the renaissance of Kim Basinger. Garth Pearce charts the fall and
Day
Saturday 14th
Genre
Thriller
Time
Sort
by Channel
Go!

Want to know what Michael Caine movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

SKY CINEMA

PREMIUM CHANNEL

4.00pm Magic Town
James Stewart, Jane Wyman, Regis Toomey, Kent Smith, Ned Sparks, Wallace Ford
Political comedy about an opinion poll expert whose discovery of the ideal average town is short-lived when the locals cotton on to their new-found notoriety. *1947, rating Sky U, 99 mins*

6.00 Jet Pilot
John Wayne, Jay C Flippen, Janet Leigh, Paul Fix, Richard Rober, Roland Winters, Hans Conried
Romantic adventure in which an American pilot finds himself falling in love with a beautiful Russian counterpart. *1957, rating Sky U, 108 mins*

8.00 Breakout
Charles Bronson, Robert Duvall, Randy Quaid, John Huston, Jill Ireland, Sheree North
Violent action thriller laced with touches of comedy. A devil-may-care bush pilot is sent on a mission to spring a wrongly-imprisoned man from a seedy Mexican jail. *1975, rating Sky 15, 93 mins*

10.00
The Towering Inferno
Irwin Allen
Steve McQueen, Paul Newman, William Holden, Faye Dunaway, Fred Astaire, Susan Blakely, Richard Chamberlain
Oscar-winning action thriller about a burning sky-scraper in which partygoers are trapped on the upper floors. *1974, rating Sky 15, 158 mins*

12.45am Che!
Omar Sharif, Jack Palance
1969, rating Sky 15, 92 mins
2.20 Heat and Dust
Julie Christie, Greta Scacchi
1983, rating Sky 15, DS, 124 mins
4.30-5.55am Berlin Express
Robert Ryan, Merle Oberon
1948, rating Sky PG, 83 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

FAMILY PACK

9.00pm
The Bad and the Beautiful
Kirk Douglas, Lana Turner, Walter Pidgeon, Dick Powell, Barry Sullivan, Gloria Grahame
Showbusiness melodrama about a ruthless Hollywood producer, told through the memories of the people exploited by him on his rise to prominence, as he explains his latest project to three of his associates. *1952, 113 mins*

11.15 Ice Pirates
Robert Urich, Mary Crosby, Michael D Roberts
Sci-fi drama. A band of space pirates play Robin Hood in an adventure set in an arid future when water has become humanity's most precious commodity. *1984, 91 mins*

1.15am Alfred the Great
Historical drama. *1969, 117 mins*
3.30-5.00am
Battle Beneath the Earth
War drama. *1967, 88 mins*

FILMFOUR

ADD-ON CHANNEL

6.00pm The Train
Burt Lancaster, Paul Scofield, Jeanne Moreau, Michel Simon, Suzanne Flon, Albert Remy
Gripping World War II thriller directed by John Frankenheimer. A French railwayman with Resistance sympathies is determined to foil a Nazi plot to make off with France's national art treasures before Paris is liberated by the Allies. *1964, 128 mins*

8.15 The Driver
Ryan O'Neal, Bruce Dern, Isabelle Adjani, Ronee Blakely
An obsessed cop is determined to catch a professional getaway driver. But the criminal, sensing his determination, keeps upping the stakes. *1978, 87 mins*

9.45 Joyride
Short film.
10.00 LA Takedown
Scott Plank, Michael Rooker
Drama following the story of a cop who begins to respect, and then even like, the leader of a gang of armed robbers he's tracking. *1989, 93 mins*

11.40 Le Cercle Rouge
Alain Delon, Yves Montand
An American gangster-style film set in France. An aristocratic thief, a murderer and an ex-police sharpshooter set up a jewel heist. *1970, 150 mins*

2.00am Point Break
Keanu Reeves, Patrick Swayze
Thriller. *1990, 122 mins*
4.00-6.00am L'Accompagnatrice
Drama. *1992, 107 mins*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
THE EDGE
Alec Baldwin and Anthony Hopkins star alongside a ferocious Kodiak bear in this wilderness drama written by David Mamet. Also starring Elle Macpherson. *1997, rating Sky 15, 113 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
AS GOOD AS IT GETS
Oscar-winning drama starring Jack Nicholson as a sharp-tongued misanthrope who gradually escapes from his self-imposed isolation. With Helen Hunt and Greg Kinnear. *1997, rating Sky 15, 132 mins*
PLAYS AT 6.00am, 8.30am, 6.30pm, 9.00pm

Sky Box Office 3
Channel 53
GOOD WILL HUNTING
Comedy drama starring Matt Damon as an underachieving mathematical genius. With Robin Williams. *1997, rating Sky 15, 123 mins*
PLAYS AT
8.00am, 10.30am, 1.00pm, 3.30pm, 6.00pm, 8.30pm, 11.00pm, 1.30am, 4.00am

Sky Box Office 4
Channel 54
MORTAL KOMBAT: ANNIHILATION
Kung-fu action movie in which a band of warriors battle to save earth from an evil overlord. Stars Robin Shou and James Remar. *1997, rating Sky 15, 90 mins*
PLAYS AT
8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions. Customers with a Videoway set-top-box must view all events on Channel 50.

Wednesday 3 March

SKY ONE
ACTION/
SELECTION PACKS

7.00am Count Duckula
7.30 The Simpsons Text
8.00 The Simpsons Text
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You Text
1.30 Jeopardy
2.00 Sally Jessy Raphael
American talk show.

3.00 Jenny Jones
My Teen Developed Too Soon and Her Classmates Harass Her
Bullied teenagers and their parents discuss their problems with the comedienne.

4.00 Guilty!
Another edition of the show that tackles the crimes and misdemeanours committed by friends, lovers, families and colleagues.

5.00 Star Trek: Voyager
Maneuvres
Kazon intruders board the *USS Voyager* and steal a Transporter control module, enabling their leader to unite rival sects.

6.00 Guilty!
Stop Stringing me Along, I've Said I was Wrong

6.30 Friends
The One Where Monica and Richard are Friends Text

7.00 The Simpsons
Homer's Odyssey
Homer contemplates suicide when he loses his job. Text

7.30 The Simpsons
The Telltale Head Text

8.00
Mortal Kombat: Conquest
Cold Reality
Action adventure series that takes the viewers to another dimension.

9.00 The X-Files
731 – Part II
Mulder becomes trapped aboard a train about to explode, and Scully searches for links between the government and testing. Text

10.00 Miami Uncovered
Eight-part series about one of America's most glamorous cities, focusing on the night and beachlife of the sunshine state of Florida.

11.00 Friends
The One Where Monica and Richard are Friends Text

11.30 Star Trek: Voyager
Maneuvres
Sci-fi drama.

12.30am The Commish
Ghost
After shooting a dangerous armed robber, a police officer is accused of murdering an unarmed man.

1.30-7.00am Long Play
A VJ-free zone that brings you more of the music you want to hear.

UK GOLD
LIFESTYLE/
SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 When the Boat Comes In
10.30 Rhoda
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Dallas
2.55 The Bill
Shades of Grey – Part II

3.25 The Bill
Women at Work
A jealous lover hires a decoy woman to test her man.

3.55 EastEnders
Grant has a money scam, with Clyde in mind. Starring Ross Kemp and Daniella Westbrook.

4.30 Rhoda
Comedy. Brenda's attractive lodger shows an interest in Joe.

5.00 All Creatures Great and Small
When Dreams Come True
Helen is finally up and about, but chaos awaits her. Starring Christopher Timothy.

6.00 Dynasty
Mark
Blake tries to make amends to Adam by buying him a car, and Alexis lures Krystle's ex-husband to Denver. With Joan Collins.

7.00 2Point4 Children
Seven Dials
What could possibly stop Bill and Ben being on time for David's acting competition?

7.40 Dad's Army
Gorilla Warfare
Wartime sitcom.

8.20 The Brittas Empire
The Last Day
Brittas prepares for his departure to Brussels. With Chris Barrie.

9.00 Men Behaving Badly
Hair
Tony returns from his holidays sporting a beard, and finds Dorothy has moved into the flat.

9.40 Men Behaving Badly
The Good Pub Guide
Gary grills the pub's new landlord on his lock-in and deferred-payment policies.

10.20
Only Fools and Horses
Christmas special of the classic sitcom from 1990. Starring David Jason, Nicholas Lyndhurst and Buster Merryfield.

11.55 The Bill
Shades of Grey – Part II

12.25am The Bill
Women at Work

12.55 Dangerfield
Diana has been attacked again.

1.50-3.00am Dangerfield
A Peeping Tom is found dead.

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Can't Cook, Won't Cook
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 Brookside
12.10pm Animal Rescue
12.40 Rescue 911
1.10 Special Babies
1.40 Beyond Belief
Anthology mystery series.
2.10 LA Law
Chariots of Meyer

3.10 Living Room
An upbeat and humorous magazine programme, featuring human interest stories, celebrities, fashion and beauty.

4.00 Michael Cole
The one-time director of public affairs for Harrods hosts this audience-participation talk show.

4.50 Rolonda
I Can't Stand That My Girfriend's Best Friend is a Man
Audience participation talk show from America, hosted by Rolonda Watts.

5.40 Ready, Steady, Cook
Fern Britton hosts the cookery show with two top chefs.

6.15
The Jerry Springer Show
American talk show in which the host and his guests engage in lively debate.

7.05 Rescue 911
Stories of real-life rescues by American emergency services. Hosted by William Shatner.

7.35 Animal Rescue
Following RSPCA vets.

8.10 Maury Povich
Talk show taking a compassionate look at human-interest stories, hosted by the veteran journalist.

9.00 FILM: Family Rescue
George C Scott, Rachel Leigh Cook, Dom Diamont, Ally Sheedy
Drama about a 15-year-old girl who becomes pregnant after she is raped by her mother's boyfriend. But when the courts grant him custody of the child, she turns to her grandfather for help in changing the legal decision. *1995*

11.00-12midnight
Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 Holding the Fort 7.30 Doctor at Large 8.00 Hallelujah 8.30 The Many Wives of Patrick 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Upstairs, Downstairs 11.00 The Gentle Touch 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 The Many Wives of Patrick 1.30 Me and My Girl 2.00 Upstairs, Downstairs

3.00 The Love Boat
Sounds of Silence
A famous rock star falls in love with a deaf passenger, and Doc helps a tongue-tied gambler win the heart of his bride.

4.00 The Professionals
Stake Out
The team is ordered to stake out a bowling alley when it becomes clear that there's an atom bomb inside, primed to explode.

5.00 Hart to Hart
A Change of Hart
The Harts act out a perilous charade when a hit woman assigned to kill Jonathan takes them hostage.

6.00 Emmerdale
Rachel arrives back from her holiday in time for Kate's return.

6.30
Classic Coronation Street
The search for Nicky continues.

7.00 The Professionals
Long Shot
Cowley knows that a cop assassin called Ramos is in town and he's holding a young girl captive. With Lewis Collins.

8.00 The Benny Hill Show
The Pre-PC comedian stars in a series of sketches, featuring a host of quirky characters, guest stars and a bevy of beauties.

9.00 The Sweeney
Thin Ice

10.00
The Brian Conley Show

10.30-11.00pm
Wheeltappers & Shunters' Social Club

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Football Feva
Football series which looks at all aspects of the game from a global perspective – from match highlights to player profiles, and from fashion to computer games.

12midnight Real Sex
A look at the ways we explore our sexuality in today's society.

12.30am Snowgirls

1.00
Elvis Has Just Left the Building
Pop music quiz presented by Mike Sweeney.

1.30-2.00am V.P.L.

DISNEY CHANNEL
ADD-ON/
PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof 8.25 Toons 8.45 Winnie the Pooh 9.00 Spot 9.05 Animal Shelf 9.15 Pocket Dragons 9.30 Bear 9.55 Toothbrush 10.00 Bite Size 10.10 Rosie and Jim 10.30 Big Garage 10.45 PB and J 11.00 Sesame Street 12noon Spot 12.05pm Animal Shelf 12.15 Pocket Dragons 12.30 Bear 12.55 Toothbrush 1.00 Bite Size 1.10 Rosie and Jim 1.30 Big Garage 1.45 PB and J 2.00 Winnie the Pooh 2.30 Quack Pack

3.00 The Little Mermaid
The charming undersea adventures of Ariel. Text

3.30 Art Attack
Art show hosted by Neil Buchanan. Text

4.00 101 Dalmatians
Canine animated series. Text

4.30
Hercules: The TV Show
Hercules and the Prince of Thrace Text

5.00 Recess
Animated series from the creators of *Rugrats*. Text

5.15 Pepper Ann Text

5.30 Smart Guy
US comedy series. Text

6.00 Teen Angel
Jeremiah Was a Bullfrog
Marty uses his magic to make a frog talk. Text

6.30 Boy Meets World
Heartbreak Cory Text

7.00 FILM: Bad Baby
Voices of Kathleen Turner, James Belushi, Deni Derryberry
Children's animation about Eubie Goode, a two-year-old superstar brat and his long-suffering parents, Gloria and Cornelius. *1997* Text

8.20 Honey, I Shrunk the Kids: The TV Show
Honey, We've Been Swallowed by Grandpa Text

9.05 Double Dinosaurs
Prehistoric children's entertainment about the Sinclair's, the family of scaly but lovable dinosaurs who do more than just chew grass. Text

10.00 Home Improvement

10.30 The Wonder Years
Day One Text

11.00-12midnight
Touched by an Angel Text

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

WEDNESDAY CONTINUES OVERLEAF...

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

CABLE CHOICE

FILM
Daylight
Sky Premier 8.00pm
A suspenseful disaster flick starring Sylvester Stallone as a former emergency medic attempting to lead a handful of survivors to safety from the collapsing New Jersey Tunnel. A perfect vehicle for Stallone's mixture of muscle and macho action.

GENERAL
Spin City
Paramount Comedy Channel 8.30pm
This sitcom is the best thing Michael J Fox has done since the *Back to the Future* films. The second series starts on Paramount tonight. When Fox agrees to represent the mayor in his divorce case, but finds himself attracted to the opposing attorney.

ADVERTISEMENT
LOOKING GOOD
9.00PM
UK STYLE
Lowri Turner presents everything there is to know about fashion and beauty with tips on how to turn the ordinary into the extraordinary.

Wednesday 3 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

7.30am Athletics
8.30 Nordic Skiing
9.30 Football
11.00 Football
1.00pm Tennis
News from the ATP Tour.
1.30 Nordic Skiing
Action from the K90 individual ski-jumping event at the World Championships from Ramsau in Austria.
2.30 Football
Highlights from the first leg of the Uefa Cup quarter-finals. With action from the matches between Athletic Madrid and Roma, Bordeaux and Parma, Bologna and Lyon, and Celta Vigo and Marseille.

4.30
Start Your Engines
Motorsports action featuring news from special CART events and a preview of FIA European drag racing.

5.30
Swimming – LIVE
Coverage from the World Cup in Imperia, Italy. Five new world records were set last season in the 1997-98 World Cup, so stars such as the Italian Emiliano Brembilla will be looking forward to proving themselves in a tough field.

7.30 Figure Skating
Figure skating exhibition in Massachussets, featuring such Olympic champions and medalists as Nancy Kerrigan, Viktor Petrenko, Isabelle Brasseur and Lloyd Eisler. The legendary Marina Klimova and Sergei Ponomarenko will also be performing.

9.00 Dancing
Highlights from the World Professional Latin Dance Championship in Sun City, South Africa.

10.00 Fitness
Highlights from the Miss Fitness Europe 1998 competition, held in the Sava Centre, Belgrade.

11.00
Start Your Engines
Motorsports action featuring news and a preview of FIA European drag racing.

12midnight-12.30am Luge
Action from the World Natural Track Junior Championship, held in Huttau, Austria.

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Sky Sports Centre 7.15 World Wrestling Federation – Live Wire 8.15 You're On Sky Sports! 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Inside Scottish Football 11.00 Max Power 12noon Aerobics Oz Style 12.30pm Premier Snooker League 2.30 Fastrax

3.00 Inside Scottish Football
The definitive guide to what is happening in all the leagues north of the border.

4.00 Superbouts: Hill v Emebe
Classic WBA World Heavyweight boxing action featuring Virgil Hill and Jean-Marie Emebe.

5.00 World Wrestling Federation – Shotgun
Fast-paced, theatrical wrestling action from the ring. Presented by Michael Cole and Kevin Kelly.

6.00
Sky Sports Centre
The latest sports news.

6.30
Unbelievable Sports
Weird and wacky sports.

7.00
World Pool League
Action from the tables of the Victoria Inter-Continental Hotel in Warsaw.

8.00 Ringside
Paul Dempsey presents the show that covers all the best boxing action from around the country.

9.30
Unbelievable Sports
An insight into weird and wonderful sports from around the globe.

10.00
Sky Sports Centre

10.15
You're On Sky Sports!
Fans air their views on the world of football.

11.00
World Pool League
Action from the first World Pool League, held at the Victoria Inter-Continental Hotel in Warsaw.

12midnight
Sky Sports Centre
12.15am
You're On Sky Sports!
1.00 Rugby League World
NEW SERIES
2.30 World Pool League
3.30-3.45am
Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style
7.30 Sky Sports Centre
7.45 Racing News
8.15 Fastrax
8.45 Sky Sports Centre
9.00 Fish TV: Ultimate Fishing Show
9.30 Fish TV: Fishing Tales
10.00 Sports Unlimited
11.00 Golf: LPGA 1999 – Australian Ladies Masters
1.00pm Golf Extra
Comprehensive roundup of all the significant action from the fairways and greens.

4.00 Snowboarding: Snowboarder Magazine

4.30 Motocross: Moto-X Freeride Championship
A review of various American Motorcyclist Association events.

5.30 Australian Rally Championship
Rally action from Australia.

6.00
Watersports World
Comprehensive guide to the best action on water, with everything from powerboating to canoeing.

7.00 Golf Extra
Comprehensive roundup of all the latest golfing action, featuring a look at the progress of all the leading lights of the golfing world.

10.00
Watersports World
Comprehensive guide to watersports, featuring exclusive footage, interviews and news.

11.00 Cycling: Tour of Malaysia
Action from the third day of the 1999 Tour Of Malaysia.

11.30 Ringside
Paul Dempsey presents boxing action from around the country.

1.00am
Australian Rally Championship
Action from Australia.
1.30 Unbelievable Sports
2.00-2.15am
Sky Sports Centre

SKY SPORTS 3
PREMIUM CHANNEL

12noon World Wrestling Federation – Shotgun
1.00pm Fish TV: Ultimate Fishing Show
1.30 Fish TV: Fishing Tales
The best in game fishing from around the world.
2.00 The Entertainers: Super Scots
2.30
Superbouts: Hill v Emebe
Classic action from the ring with the meeting between Virgil Hill and Jean-Marie Emebe in the 1988 WBA World Heavyweight title clash.

3.30 Powerboat and Jetsport World
Watersports action.

4.00 Ice Skating: Keri Lotion Skating Classic
Action from the Ocean Centre in Daytona Beach, Florida, where a selection of top US and international stars glide across the ice.

5.30 European Tour Weekly
Comprehensive roundup of Euro Tour Golf, featuring all the latest action.

6.00 Cycling: Tour of Malaysia
Action from the third day of the 1999 Tour of Malaysia.

6.30 Fish TV: Fishing Texas

7.00
Fish TV: Ultimate Fishing Show

7.30 Australian Rally Championship
Action from Australia.

8.00
Rugby League World
In-depth preview of the Superleague season, as well as a look at the major rugby league action from around the world.

9.30 Australian Rally Championship
Motorsport action from both stages of the Australian Rally Championship.

10.00-11.30pm FA Cup Final Classics: Sunderland v Leeds
Andy Gray presents a trip down memory lane to the FA Cup final in 1973, an all-northern clash between Leeds and Sunderland.

For a full run down of all the live sport on Cable TV, BBC1, BBC2, ITV, Channel 4 and Channel 5, visit Cable Guide's new online programme guide. http://www.cableguide.co.uk

MUTV
ADD-ON CHANNEL

6.00pm
Game On Special
A look ahead to the game with Inter Milan in the first leg of the quarter-finals of the European Cup.

7.00 Red Hot News
The show that rounds up all the latest developments from Old Trafford.

7.30 Kids' Clinic
Top tips from the squad.

8.00 Super Match – Premier Classic: Queen's Park Rangers v Manchester United

8.55 Red Hot Update

9.00 Super Match – Premier Classic: QPR v Manchester United
In 1993, with Cantona out, United looked to wingers Giggs and Kanchelskis.

10.00
Talk of the Devils
Journalists and fans debate the latest developments from one of the world's biggest clubs.

11.00
Junior Masterfan
Teams of under-16s compete in this quiz show.

11.30-12midnight
Red Hot News

SCI-FI
ACTION PACK

7.30am Bloomberg 8.00 Sightings 9.00 Battlestar Galactica 10.00 Quantum Leap 11.00 Dark Shadows 11.30 Ray Bradbury Theatre 12noon Twilight Zone 12.30pm Twilight Zone 1.00 Tales of the Unexpected 1.30 Tales of Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00
Battlestar Galactica
Murder Aboard the Rising Sun
Starbuck, is accused of murdering a fellow pilot.

4.00
The Incredible Hulk
Jake
An elderly rodeo star is critically injured following an attack by cattle thieves.

5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences. Presented by Tim White.

6.00 Time Trax
Return of the Yakuza
Darien has to stop a Yakuza from the future who is trying to unify the Japanese crime families.

7.00 Quantum Leap
Lee Harvey Oswald
Sam is propelled into the life of Lee Harvey Oswald, where he is powerless to do anything.

8.00 VR.5
In the process of exploring her VR ability, Sydney Bloom discovers that the co-worker to whom she is attracted is a serial killer.

9.00 Lexx
791
790 is overjoyed when the crew discovers that the pilot of a crashed ship was a headless cyborg.

10.00 FILM: Escape from New York
Kurt Russell, Lee Van Cleef
Futuristic action thriller. When the president's plane crashes on the prison island of Manhattan, it is up to one-eyed mercenary Snake Plissken to find him and bring him back to safety. *1981*

12midnight
PSI Factor – Chronicles of the Paranormal
1.00am FILM: Monolith
Bill Paxton, Lindsay Frost
Sci-fi thriller. *1993*
3.00 The Twilight Zone
Stopover in a Quiet Town
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

4.00pm Trisha
Trisha Goddard shares heartwarming and hair-raising true stories with a studio audience.

5.00 Sport in Action
All the latest news and footage from the world of sport.

5.10 Baywatch
More basking on the beach with bikini-clad women in this lifeguard action series. Starring David Hasselhoff.

6.00 Bedrock
Fun with celebrity guests, music, bedroom webcams, e-mail activity and a daily Battle of the Sexes.

7.00 Champions League
Quarter-finals first leg action presented by Russ Williams or Gaby Yorath.

7.45 Real Madrid v Dynamo Kiev – LIVE
Action from tonight's game in which Real Madrid will be aiming for victory again.

9.45 Champions League
Extended highlights of Manchester United v Inter Milan plus all of tonight's goals from Europe.

11.00 Coronation Street
Repeat of tonight's ITV episode of this long-running soap set in Manchester.

11.30 Emmerdale
Another chance to catch tonight's episode of the Yorkshire-based soap.

12midnight-2.00am Film

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Preview 12.10am Adult Feature 12.20 Strap-on Christmas Special 12.45 Ben Behaving Badly 1.00 The Five Minute Free View 1.05 Ben Behaving Badly Continues
1.45 FILM: Forever Night
3.00 Leg Sex Special
3.30 Julia
4.10-5.30 FILM: Sinful Desire

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day
12.10am New Model File – Ali 12.35 Neil Down – Sex Therapist
1.00 Biker Annie
1.25 Satan's Daughters of Sin – Part 1
1.50 FILM: Spread Sheets
3.10
Caught at Home – Amanda
3.20-4.00am Girls Night In

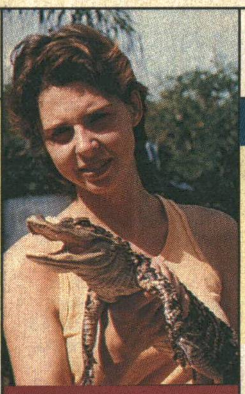
Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Double Edge
Faye Dunaway, Amos Kollek
9.25 The Door
Short films.
9.45 FILM: Wild Manoeuvers
Arnold Vosloo
Comedy drama.
11.10 Classic Wets
11.55-12midnight Erotic Dreams

Wednesday 3 March



Watch out for alligators in the Everglades in 'Go 2: Florida'. Travel 4.00pm, 8.30pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Cross Wits
With guest Sue Cook.
5.45
The Games Room
6.00 Family Fortunes
Big-money gameshow hosted by Les Dennis.
6.30
The Games Room
6.45 Catchphrase
Hosted by Roy Walker.
7.15
The Games Room
7.25 100 Per Cent
General knowledge quiz.
7.55
The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and fiendish challenges in a giant fantasy world.
9.00
The Games Room
9.15 Strike it Lucky
Michael Barrymore hosts the madcap gameshow.
9.45
The Games Room
10.30
Karaoke Challenge
Mike Read hosts the competition from Coney Beach, Porthcawl.
11.00
Carnal Knowledge
The quiz show in which the British public reveal their most intimate and sexy secrets.
12midnight Strike it Lucky
12.30am Split Second
1.00 3-2-1
2.00 Love at First Sight
2.30 Studs
3.00 Simply Irresistible
3.30 Blockbusters
4.00 Fifteen to One
4.30 Don't Drink the Water
5.00-6.00am Screenshop

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Shopping 7.00 Why Files 7.30 Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 Why Files 9.30 Indecent Proposals 10.00 Agony 10.30 Fashion Show 11.00 Judge Judy 11.30 Mind Games 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 The Fashion Show 2.00 Judge Judy 2.30 Mind Games

3.00 Agony
More much-needed relationship advice.
3.30 Lie Detector
Uncovering deception using modern methods.
4.00
Indecent Proposals
People embarrass themselves for cash.
4.30 Judge Judy
Another case for the judge.
5.00 Agony
More much needed relationship advice.
5.30 The Why Files
The weird, the wonderful and the plain spooky.
6.00
The Fashion Show
A look at the headlines among the hemlines.
6.30
Indecent Proposals
7.00
Grass Roots Football
The latest news from the world of soccer in the show for the hardcore football fanatic.
8.00 The Why Files
Psychic investigators travel in search of wierd happenings events.
8.30 Judge Judy
More courtroom drama.
9.00 Lie Detector
More lies uncovered in an unconventional way.
9.30 Wife Swapping
NEW SERIES
9.57 Topless Darts
10.00 Love Street
American erotic series.
10.30 Exotica Erotica
Late night entertainment for adults only.
11.30 Ogasmatron
11.45 Painted Ladies
11.57 Topless Darts

12midnight Love Street 12.30am Private Dancer 12.45 Pleasure Dome 1.00 Exotica Erotica 2.00 Blue Review 2.15 Janeycam 2.30 Love Street 3.00 Agony 3.30 The Why Files 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation L!VE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Kitchen College 10.00 From the Ground Up 10.30 Alive and Cooking 11.00 Worrall Thompson 11.30 Slice of the Action 12noon Network 12.30pm Scotland's Larder 1.00 Kitchen College 1.30 Cookshop 2.00 Indian Kitchen 2.30 Network
3.00 Loyd's Louisiana
3.30 A Slice of the Action
4.00
Thoroughly Modern British
Spring
4.30-5.00pm Chez Bruno

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Presented by Bill Dodd.
5.30 Gridlock
Simon Biagi hosts the fast-paced gameshow.
6.00 London Bridge
Kim punishes Diane, and Sam feels abandoned.
6.30 Our House
Suzi Becker presents the lifestyle series.
7.00 Boon
Message in the Bottle
Ken investigates the case of a businessman who is accused of kidnapping a young child.
8.00 Men of the World
Happy Birthday, Kendle
8.30 Superchefs
Ross Burden v Paul Bloxham
Ross and Paul get cooking.
9.00 Head Over Heels
At the Hop
The Academy is stirred up by the arrival of a princess, so it is left to Jimmy to save the day.
10.00 Soldier, Soldier
Leaving
As the regiment prepare to depart for Bosnia, the agony of separation from their loved ones grows.
11.00
Hill Street Blues
Eighties American police drama series set in a tough urban area, with human-interest storylines.
12midnight US and Them
Out of It
Everyone tries to remember the previous night's party.
12.30am-1.00am Gridlock
Simon Biagi hosts the fast-paced gameshow in which three contestants battle against each other.

ANIMAL PLANET
WORLD PACK

12noon The New Adventures of Black Beauty
Children's drama series.
12.30pm Hollywood Safari
On the Run
1.30 Crocodile Hunter
Dinosaurs Down Under
2.00 All-Bird TV
A study of the relationship between humans and birds.
2.30 Human/Nature
Looking at our relationships with animals and the elements.
3.30 Harry's Practice
A look at the work of vet Harry Cooper in his practice in northern Tasmania.
4.00
Jack Hanna's Zoo Life
Noah's Ark
4.30 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
5.00 Pet Rescue
Wendy Turner and Mark Evans follow the fortunes of abandoned animals.
5.30 Crocodile Hunter
Hidden River
6.00
The New Adventures of Black Beauty
6.30 Lassie
Biker Boys
Lassie saves a young boy.
7.00 Rediscovery of the World
Madagascar – Island of Heart and Soul
More explorations with Jacques Cousteau.
8.00 Animal Doctor
The work of RSPCA vets.
8.30 Horse Tales
Arabian Knights
A behind-the-scenes look at the Endurance World Cup.
9.00 Going Wild
Wings Over Europe
9.30 Emergency Vets
In this episode a cocker spaniel has a blockage in his intestines.
10.00
Crocodile Hunter
Outlaws of the Outback
Series following wildlife expert Steve Irwin across Australia.
11.00 Wildlife ER
Visiting the US-based Wildlife Centre which offers unparalleled technology.
11.30-12midnight
Emergency Vets

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am The Ascent of Man
7.50 It'll Never Work 8.30 Vanessa 9.30 Esther
10.00 Little Monsters
10.30 Lion Country
11.00
Your Life in Their Hands
12noon Spirit of the Jaguar
1.00pm Presumed Guilty – A Women's History of Divorce 1945-1969
2.00 Years Apart
3.00 999 Lifesavers
Extraordinary true stories of heroism and bravery.
3.30 Esther
Hooked on Danger
Topical talk show.
4.00 Vanessa
Vanessa Feltz tackles real-life issues with a studio audience.
5.00 Animal Hospital
Catch up with the action at the busy 24-hour RSPCA Harmsworth Hospital.
5.30 Lion Country
Presented by Paul Heiney.
6.00 Romer's Egypt
1570 – 30 BC
John Romer continues his historical pilgrimage through the land of the pharaohs.
7.00
The Human Animal
The Human Zoo
Desmond Morris considers the subtleties of human hierarchy.
8.00 The Rat Race
Wildlife on UK Horizons
With David Attenborough.
8.30 Ray Mears's World of Survival
Siberia
9.00 Secrets of Lost Empires
The Obelisks of Ancient Egypt
An attempt to build an Egyptian style obelisk.
10.00 Airport
A brand new plane joins Aeroflot's fleet.
10.30
Neighbours at War
Suburban disagreements.
11.00 Top Gear GTi
A specially extended edition of the show which tests the latest models and casts an experienced eye over the hottest news.
12midnight Crime Limited
Nick Ross presents the series intended to help crime victims by sympathetically telling their stories through interviews and reconstructions.
12.30am-1.00am
Crime Limited

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Fashion Livetime
7.00 Fashion Livetime 8.00 E! Celebrity Profile 9.00 Great British Food 9.30 Craftwork 10.00 The View
11.00 Restaurant Recipes
NEW SERIES
11.30 Gardeners' Diary
12noon
The Montel Williams Show
1.00pm Health Livetime
2.00 The View
3.00 Health Livetime
Interactive magazine programme which offers viewers the opportunity to put questions to celebrity guests and experts.
4.00 The Montel Williams Show
Troubled Teens
Emmy Award winner Montel Williams helps guests deal with problems.
5.00
Gardeners' Diary
5.30-6.00pm
Restaurant Recipes
With Loulla Astin.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Spunkey Monkey
Meet the macaque.
7.30
New Orleans Brass
With Danny Barker.
8.00
The Wild Boars
Profiles the animals that lead a rich life in the wild, and can adapt to many different types of territory.
9.00
The Amazon Warrior
Journey into the heart of the Amazon and meet the Kayapo warrior known as Payakan.
10.00
Hitchiking Vietnam: Letters from the Trail
A fascinating trek through enchanted Vietnam with Karin Muller.
11.00 On the Edge: Deep Diving
Discover the ocean world.
11.30
On the Edge: Deep into the Labyrinth
12midnight-1.00am
Extreme Earth: Icebound – 100 Years of Antartic Discovery
Documentary celebrating 100 years of Antarctic discovery and exploration and features the knowledge of 'walking Antartic encylopedias'.

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

CABLE CHECK
Some of the channels listed may not be available in your area

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits
9.00 Bytesize MTV
Superb music and big stars.
11.00 brand:new
Zane Lowe presents the ultimate new UK music show.
12noon Mad 4 Hits
2.00pm The European Top 20
3.00 Bytesize MTV
4.00 Select MTV
Presented by Donna Air.
6.00 Bytesize MTV
Superb music and big stars.
7.00 brand:new
With Zane Lowe
8.00
The Lick R&B Chart Show NEW
9.00 Mad 4 Hits
9.30 Artist Cut
A behind-the-scenes look at links between songs and videos.
10.00 MTV Live
10.30 Snowball 99
NEW SERIES Hit the slopes the MTV way.
11.00 Mad 4 Hits
12midnight Yo!
1.00am MTV Live
1.30 Snowball 99
2.00-6.00am Night Videos

VHI
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12noon Ten of the Best: Cheryl Baker 1.00pm Greatest Hits of... Eurythmics 1.30 Pop-Up Video 2.00 Jukebox 4.30 Talk Music 5.00 Five@Five 5.30 Pop-up Video 6.00 Happy Hour with Toyah Willcox 7.00 VH1 Hits 9.00 Bob Mills' Big 80s 10.00 The VH1 Classic Chart 11.00 Greatest Hits of... Revolver NEW 12midnight Mills 'n' Collins 1.00am Around and Around 2.00-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Dream Destinations 12.30pm Go Greece 1.00 Holiday Maker 1.30 Flavours of France 2.00 Flavours of Italy 2.30 No Truckin' Holiday 3.00 Fat Man Goes Cajun NEW 4.00 Go 2 4.30 Amazing Races 5.00 Cities 5.30 Caprice's Travels 6.00 Flavours of France 6.30 Tour 7.00 Dream Destinations 7.30 Go Greece 8.00 Travel Live 8.30 Go 2 9.00 Fat Man Goes Cajun 10.00 No Truckin' Holiday 10.30 Amazing Races 11.00 On Tour 11.30-12midnight Caprice

UK STYLE
LIFESTYLE PACK

7.00am Going for a Song 7.30 Changing Rooms 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Style Challenge 9.30 Change That 10.00 Antiques Roadshow 11.00 Looking Good 11.30 Changing Rooms 12noon Can't Cook, Won't Cook 12.30pm Style Challenge 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Floyd's American Pie 2.30 Garden Roadshow3.00 Geoff Hamilton 3.30 Waterlines 4.00 The House Detectives
4.30 Antiques Roadshow
5.30 Can't Cook, Won't Cook
6.00 The Face
6.30 Wilderness Walks
7.00 Antiques Roadshow
8.00 Style Challenge
8.30 Change That
9.00 Looking Good
9.30 Ready, Steady, Cook
10.00 Changing Rooms
10.30 Going for a Song
11.00 Garden Roadshow
11.30 Geoff Hamilton
12midnight The Terrace
12.30am-1.00am Travel Xpress

Wednesday 3 March

DISCOVERY HOME & LEISURE
WORLD PACK

6.00 AM
MORNING

6.00am Today's Gourmet 6.30 Graham Kerr 7.00 Room Service 7.30 Painted House 8.00 Wedding Story 8.30 Baby Story 9.00 Simply Painting 9.30 Potted History 10.00 Real Gardens 10.30 Cookabout 11.00 Diceman 11.30 Fishing Australia 12noon Our House Down Under 12.30pm Antiques Trail 1.00 Our House 1.30 Hometime 2.00 New Yankee 2.30 Home Again 3.00 This Old House 3.30-4.00pm Go Fishing

3.00 PM

DISCOVERY
WORLD PACK

4.00 PM
4.00pm Rex Hunt's Fishing Adventures
Mallacoota
4.30 Walker's World
Namibia
Anna goes ballooning.
5.00 PM
5.00 Time Travellers
The Voyages of the Vikings
5.30 Terra X
Mystery of the Anasazi Indians
Mystery solving series.
6.00 PM
6.00 Wildlife SOS
The helpers deal with the aftermath of a fire.
6.30 Adventures of the Quest
Mirror World
7.00 PM
The similarities between the land-living and aquatic creatures are astounding.
7.30 The Quest
Is Anyone Out There?
Debating other lifeforms.
8.00 PM
8.00 Arthur C Clarke's Mysterious Universe
Monsters of the Deep
8.30 Creatures Fantastic
Apocalypse
9.00 PM
9.00 Searching for Lost Worlds
Skull Wars
NEW The story of the discovery in of an ancient skull in 1924 .
10.00 PM
10.00 On the Trail of the New Testament
A fragment of papyrus that has been rediscovered could be an important link relevant to Christian history.
11.00 PM
11.00 Navy SEALS – The Silent Option
No US Navy SEAL has ever surrendered, been captured or left behind by his comrades.
12.00
NIGHT TIME
12midnight The Curse of Tutankhamen
The tale of King Tut and his curse continues to fascinate.
1.00am Terra X
Mystery of the Anasazi Indians
1.30-2.00am Time Travellers

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Blinky Bill 6.00 The Tidings 6.30 Tabaluga 7.00 Scooby-Doo 7.30 Dexter's Laboratory 8.00 Looney Tunes 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 The Tidings 10.00 The Magic Roundabout 10.30 The Fruitties 11.00 Tabaluga 11.30 Yo! Yogi 12noon Tom and Jerry 12.30pm Looney Tunes 1.00 Popeye 1.30 The Flintstones 2.00 The Jetsons 2.30 Droopy

3.00 Taz-Mania
Devilish antics.
3.30 Scooby-Doo
Creepy capers with the cowardly canine and his fellow sleuths.
4.00 The Powerpuff Girls
Superhero action.
4.30 Dexter's Laboratory
More chemical chaos.
5.00 I am Weasel
The superhero fur ball comes to the rescue.
5.30 Cow and Chicken
Mismatched sibling rivalry.
6.00 Animaniacs
Energetic escapades.
6.30 The Flintstones
Prehistoric men behaving badly – but these two have big hearts in their loinclothes.
7.00 Tom and Jerry
Comic antics with the sparring cat and mouse.
7.30 Looney Tunes
More cartoon madness and mayhem.
8.00 Cartoon Cartoons
Cartoon classics.
8.30-9.00pm Cult Toons
Animated antics.

CABLE GUIDE
KIM BASINGER

Want to know if your favourite episode of *Grace Under Fire* is on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

NICKELODEON
FAMILY PACK

6.00am Rocko's Life 6.30 Bruno the Kid 7.00 CatDog 7.30 Rugrats 8.00 Wild Thornberrys 8.30 Arthur 9.00 Children's BBC 10.00 Wimzie's House 10.30 Papa Beaver Stories 11.00 Magic School Bus 11.30 PB Bear/Budgie Little Helicopter/ Animal Antics/Family Ness 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Little Bear 2.00 Paddington Bear /Lizzie's Library/Portland Bill/Mr Men 2.30 Children's BBC

3.00 Children's BBC on Nickelodeon
Fun with the Teletubbies.
3.30 Doug
Doodle the day away with the painfully average Doug.
4.00 Three Friends... and Jerry
Surburban fun.
4.30 Rugrats
Fun with the tousle-headed nippers.
5.00 Sister Sister
More fun with the reunited identical twins.
5.30 Kenan & Kel
Fun with the funky friends.
6.00 Renford Rejects
Football fun.
6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
Stars Jenny McCarthy.
7.30 Grace Under Fire
Jimmy Moves In
8.00 Ellen
She Ain't Friendly, She's My Mother
8.30 Spin City
Paul Flew Over the Cuckoo's Nest
9.00 Drop the Dead Donkey
George's Daughter
9.30 Whose Line is it Anyway?
With Clive Anderson.
10.00 Frasier
The Life of the Party
Frasier and Niles decide to throw a singles party.
10.30 Cheers
The Cranemakers
11.00 Seinfeld
The Deal
Jerry sets some new rules.
11.30 The Larry Sanders Show
The List
12midnight Late Night with David Letterman
1.00am Taxi
1.30 Frontline
2.00 Dr Katz
2.30 Tibs and Fibs
3.00 Nightstand
3.30-4.00am Abbott and Costello

FOX KIDS
FAMILY PACK

6.00am Dodo 6.05 Power Rangers Turbo 6.30 Power Rangers Turbo 6.55 Spiderman 7.20 Oggy and the Cockroaches 7.30 Donkey Kong 8.00 Hero Turtles 8.25 Hulk 8.50 Iron Man 9.15 Fantastic Four 9.40 X-Men 10.05 Casper 10.30 Oggy 10.55 Eek!Stravaganza 11.05 Bobby's World 11.30 Life with Louie 11.55 Home to Rent 12.05pm Dennis and Gnasher 12.30 Donkey Kong 1.00 Mowgli 1.25 Ace Ventura 1.55 The Incredible Hulk 2.20 Iron Man 2.45 Fantastic Four

3.10 X-Men
Superhero action.
3.30 Fox Kids X-Press
3.35 Spiderman
Crime-fighting capers.
4.00 Goosebumps
Spooky stories.
4.25 Hero Turtles: The Next Mutation
The turtles are back.
4.50 Casper
5.00 Dennis and Gnasher
Dennis and Gnasher team up with their pals.
5.30 Ace Ventura
Ace is on the case.
6.00 Donkey Kong Country
6.30 Eek!Stravaganza
6.55-7.00pm Oggy and the Cockroaches

SHOP!
LIFESTYLE/ SELECTION PACKS

12midnight Bargain Shop!
12.30am Shop! Selection
1.30 Shop! Feature
2.30 Do it Yourself
Time-saving equipment for those DIY tasks around the house.
3.00 Time Zone
4.00 Home Style
5.00 Beauty Secrets
6.00am Shop! Selection
A roundup of the best offers on Shop!
7.00 Bargain Shop!
Shop! brings you unbeatable prices and special offers – every day.
7.30 Time Zone
A collection of beautiful clocks and watches.
8.30 On the High Street
Featuring women's fashion from one of top stores.
9.30 Shop! Feature
Offering a special range of Mother's Day gifts.
10.00 The Early Years
11.00 Dimanti Designs
12noon Fitness Zone
1.00pm Bargain Shop!
1.30 Shop! Selection
2.30 The Clothes Line
3.00 Labels
4.00 Showcase
5.00-6.00pm Shop! Selection

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 8.00 News 9.00 News 9.30 World 10.00 News 11.00 News 12noon News 1.00pm News 1.30 UK Today 2.00 News 2.30 World Today 3.00 News 4.00 News 5.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 2.30am Zero 30 1.00 News 2.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 LifeWatch 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day plus 5.00am Morning 5.30 Insight 6.00 Morning 6.30 Moneyline 7.00 Morning 7.30 Sport 8.00 Morning 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm Business Unusual 1.30 World 2.30 Showbiz 3.30 Sport 4.30 Style 5.00 Larry King 6.45 American 7.30 Business 8.30 Q & A 9.30 Insight 10.00 Business 10:30 Sport 11.00 World View 11.30 Moneyline 12.30am Showbiz 1.15 Asian 1.30 Q & A 2.00 Larry King 4.15 American 4.30-5.00am World Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus 6.00am Sunrise
11.30 Money
12noon Sky News Today
2.30pm PMQs
4.30 Sky World News
5.00 Live at Five
7.30 Sportsline
8.30 Sky Business Report
9.30 Sky World News
10.00 Primetime
12.30am CBS Evening News
1.30 Sky World News
2.30 Sky Business Report
3.30 Global Village
4.30 Fashion TV
5.30-6.00am CBS News

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal 5.30 Télématin 7.00 Journal 7.30 Funambule 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Les Grandes Marées 11.00 Infos 11.05 Voilà Paris 11.30 Journal 12noonTV5 Infos 12.05pm Temps Présent 1.00 Journal 1.15 Les Grandes Marées 3.00 Journal 3.15 TV5 Questions 3.30 Grands gourmands 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Les Grandes Marées 7.00 Journal 7.30 Journal et Journal du Temps
8.00 TV5 Infos
8.05 Au nom de la Loi
9.00 Journal Télévisé TV5
9.15 Urgence
10.15 L'Homme de Suez
11.00 Journal Télévisé Belge
11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL
CABLE EXCLUSIVE

7.30am News 8.00 Subah Aaj Tak 8.30 Jai Veer Hanuman 9.00 FILM 11.30 News 12noon Balcony 12.30pm Suzhal 1.00 Kashmakash 1.30 FILM 4.00 Akbar Birbal 4.30 Aarti 5.00 Kahani Ghar 6.00 Edit 6.30 Asianet Aur Aap 7.00 Kashmakash 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Spaghetti Junction 12.30am Asianet Aur Aap 1.00 FILM 4.00 Aarti 4.30 A Mouthful of Sky
5.00 Kashmakash
5.30 Sunghursh
6.00 Akbar Birbal
6.30 News
7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Out and About 6.30 Yoodle-Ae-Oo 7.00 Faith: Christian 7.30 Daily News 8.00 India Business Report 8.30 Tara-2 9.00 Rishtey – The Love Stories 10.00 Sofia 11.00 Aashiana 11.30 Parampara 12noon FILM: Khandan 3.00pm Zee Bangla 3.30 Hum Paanch 4.00 Akbar Birbal 4.30 Ek Minute 5.00 Jungle Book 5.30 Mausam 6.00 Top of the Tops 6.30 Banegi Anegi Apni Baat 7.00 Baat Ban Jaye 7.30 It's My Choice 8.00 News 8.30 Amanat 9.00 Urdu 10.00 Ikke Pe Ikka 10.30 Woh 11.00 Purushkhetra 12midnight News 12.30am Tandoori Masala 1.00 Bangla TV 1.30 Parivartan 2.00 Lakho Vanzaro 4.30 Narsaiyo 5.00 Char Raasta 5.30-6.00am Hit Thi Hit Hai

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzini 5.00 Quentin Road Bible Hour 5.30 7 a Vivre 6.00 Life is for Living 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is Your Day 8.15 Good Morning Europe 8.30 Revival Now 9.00 Another Day of Victory 9.30 Life in the Word
10.00 Dr A R Bernard
10.30 John Avanzini
10.40 Good Morning Europe
10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus: 2.15am Money 2.49 Kavanagh's Picks 3.24am Sports

BBC PARLIAMENT
NEWS & SPORT PACK
CABLE EXCLUSIVE

5.30am Select Committees 7.00 The Record 7.30 Select Commities 9.30 House of Commons 11.00 The Record 11.30-12midnight Europe Focus

SKY SOAP
LIFESTYLE PACK

11.00am Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
Peter makes a promise.
3.00 Emmerdale Farm
3.30-4.00pm Emmerdale Farm

THE HISTORY CHANNEL
WORLD PACK

4.00pm Clash of Wings: Hlitler's Biggest Gamble
Episode three covers the Great Patriotic War.
5.00 Classic Cars: Tucker
The story of Preston Tucker.
6.00 The Knights Templair
Investigate the riches of the legendary Knights of Templar.
7.00-8.00pm Stealth Technology
The Persian Gulf War was virtually ended in one night by the F-117 Stealth Fighter.

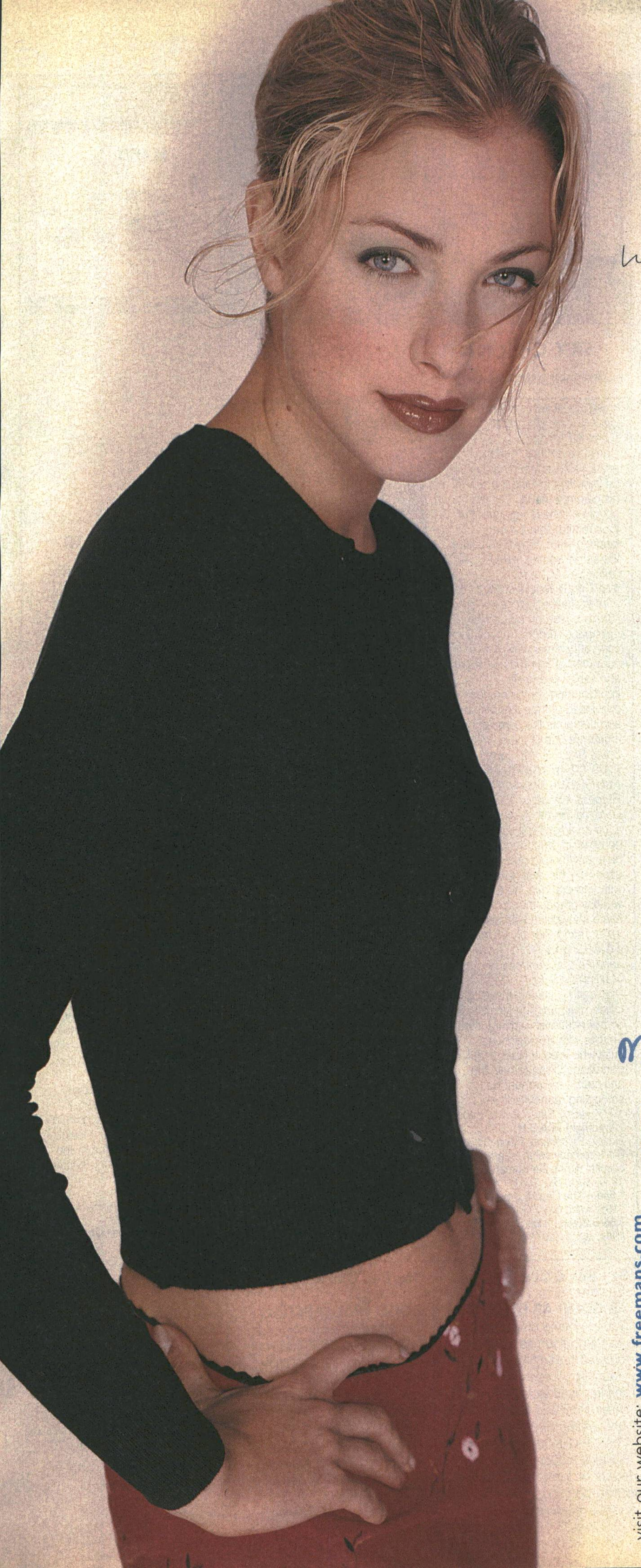
SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Sky Destinations
12noon American Adventurer
12.30pm Around the World
Corfu, India Train
1.00 Earth Journeys
Alaska
1.30 Exotic Islands
2.00 Islands of Australia
3.00 Around the World
3.30-4.00pm Great Chefs of Europe

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 11.00am.

CABLE CHECK
Some of the channels listed may not be available in your area



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83D

Thursday 4 March

SKY PREMIER

PREMIUM CHANNEL

6.00 AM **6.00am The Wedding**
1997, rating Sky PG, 108 mins
8.00 The Stone Boy
1984, rating Sky PG, 88 mins
MORNING **10.00**
Turbo: A Power Rangers Movie
Text *1997, rating Sky PG, 95 mins*
12noon The Directors: The Films of Herbert Ross
1.00pm
Femmes Fatales: Glenn Close
2.00 The Wedding
Halle Berry, Lynn Whitfield,
3.00 PM Romantic drama about a young bride-to-be who finds herself the subject of another man's advances, just days before her wedding to a musician her parents disapprove of. *1997, rating Sky PG, 108 mins*

4.00 PM **4.00 The Stone Boy**
Robert Duvall, Jason Presson
Touching drama about the reaction of a family of farmers to the death of their son, who is accidentally killed by his brother. *1984, rating Sky PG, 88 mins*

5.00 PM **5.45 Turbo: A Power Rangers Movie**
Jason David Frank, Nakia Burrise
Kids adventure. Divatox, a screeching villainess, is in 6.00 PM pursuit of Lerigot, a kindly wizard with fantastical powers. With the conjurer in her clutches, she plans to use him to release the molten monster Maligore, with whom she aims to spend eternity 7.00 PM as joint rulers of the galaxy. Only the Power Rangers can put a stop to her plan. Text *1997, rating Sky PG, 95 mins*

7.30 Tracey Takes On ...
Comedy sketches.

8.00 PM **8.00 Hollywood Buzz**
All the gossip from Tinseltown.

8.30 The Chamber
Gene Hackman, Chris O'Donnell
PREMIERE Drama about a racist killer awaiting execution and the 9.00 PM young lawyer who tries to get him a last minute reprieve, despite the fact that he has shown no remorse for the deaths. The lawyer is actually the grandson of the killer, and has 10.00 PM taken the case in order to rid himself of the shame of the killing that has plagued his family. *1996, rating Sky 15, 108 mins*

10.25 Mistrial
Bill Pullman, Robert Loggia
11.00 PM Tense drama. A cop is so incensed that a criminal, who killed two policemen, has been freed that he takes the court hostage to hold his own retrial. *1996, rating Sky 15, 88 mins*

12.00 **12midnight Some Mother's Son**
Helen Mirren, Fionnula Flanagan
NIGHT TIME Drama. *1996, rating Sky 15, 107 mins*
1.55am The Star Maker
Sergio Castellitto, Tiziana Lodato
Italian drama. Widescreen *1995, rating Sky 18, 102 mins*
3.45-6.00am Bounty Hunters
Michael Dudikoff, Lisa Howard
Thriller. *1996, rating Sky 15, 93 mins*

SKY MOVIEMAX

PREMIUM CHANNEL

7.15am
Torn Between Two Lovers
1979, rating Sky PG, 89 mins
9.00 Laura Lansing Slept Here
1988, rating Sky PG, 96 mins
11.00 Too Close to Home
Judith Light, Rick Schroder
Thriller. *1997, rating Sky PG, 88 mins*
1.00pm Steel
Shaquille O'Neal, Annabeth Gish
Action adventure. Text *1997, rating Sky PG, 93 mins*

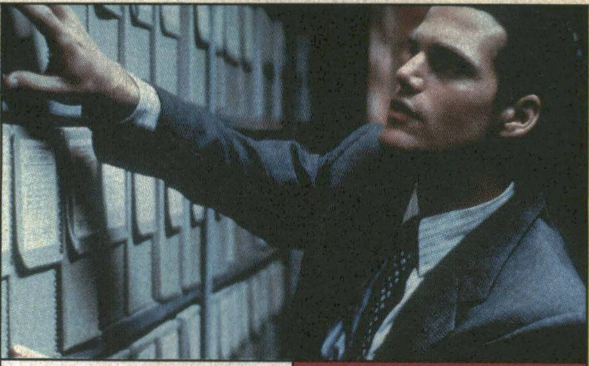
3.00
Torn Between Two Lovers
Joseph Bologna, Lee Remick, George Peppard, Giorgio Tozzi
Romantic drama. A happily married woman is plunged into a passionate affair with a handsome architect. She wrestles with her conscience, trying to decide which of the two men she really loves. *1979, rating Sky PG, 89 mins*

5.00 Too Close to Home
Judith Light, Rick Schroder,
Thriller based on a true story. A mother's good relationship with her son deteriorates when he announces that he wants to set up home with his girlfriend. She interferes to such an extent that the couple elope. The mother is so obsessed that she takes drastic steps to get her son back. *1997, rating Sky PG, 88 mins*

7.00 Steel
Shaquille O'Neal, Annabeth Gish, Judd Nelson
Action adventure. A former weapons designer, who left his job after a project was sabotaged, is alarmed to see street gangs fighting with the weapons he designed. With the help of his uncle he sets out to confront the problem head-on. Text 1997, rating Sky PG, 93 mins

9.00 Space Truckers
Dennis Hopper, Stephen Dorff
Futuristic action movie about an intergalactic trucker who has fallen on hard times, and doesn't ask too many questions about what he is transporting. However, his latest shipment proves not to be the innocuous cargo he expected but actually a team of deadly killing machines. *1997, rating Sky 15, DS, 92 mins*

11.00
Adrenalin: Fear the Rush
Christopher Lambert
Thriller. In a plague-ridden future, two cops try to prevent a disease spreading to a quarantined city. *1995, rating Sky 18, 73 mins*
12.30am Without Warning
1998, rating Sky 15, 93 mins
2.10 Blue Velvet
1986, rating Sky 18, 115 mins
4.10 Emmanuelle 5
1986, rating Sky 18, 77 mins
5.30-7.00am
Laura Lansing Slept Here
1988, rating Sky PG, 96 mins



Chris O'Donnell plays a lawyer in the premiere of the thriller 'The Chamber'. Sky Premier 8.30pm

SKY CINEMA

PREMIUM CHANNEL

4.00pm Road to Singapore
Bing Crosby, Bob Hope, Dorothy Lamour
Comic adventure. A man escapes his impending marriage by travelling to Singapore with his carefree friend. The two go into business together, but their relationship becomes strained when they both fall for the same woman. *1940, rating Sky U, 81 mins*

6.00 Call Northside 777
James Stewart, Richard Conte,
Drama based on a true story. A newspaper reporter uncovers the case of two men who were convicted of killing a policeman and sentenced to life imprisonment. He becomes convinced of their innocence, and befriends the campaigning mother of one of them. *1948, rating Sky PG, 106 mins*

8.00 92 in the Shade
Peter Fonda, Warren Oates, Burgess Meredith, Margot Kidder
Comedy drama. A dropout gets a job as a fishing guide in his old home town, but nobody wants to have anything to do with him, especially his rival guides. Faced with financial ruin, he turns to his wealthy grandfather for help, and has a showdown with his rivals. *1979, rating Sky 15, 87 mins*

10.00 Julia
Jane Fonda, Vanessa Redgrave, Maximillian Schell
Biopic of successful playwright Lillian Hellman. The film focuses on her relationship during the Thirties with lifelong friend, Julia who lives in Russia. Julia persuades Lillian to help the anti-fascist movement by smuggling money to them. *1977, rating Sky PG, 112 mins*
12midnight M.A.S.H
Donald Sutherland, Elliott Gould,
Black comedy set in an army hospital during the Korean War. *1970, rating Sky 15, 111 mins*
1.55am The Eighth Day
1996, rating Sky PG, 113 mins
3.55-5.20am I'll Be Seeing You
1944, rating Sky PG, 81 mins

MOVIE RATINGS

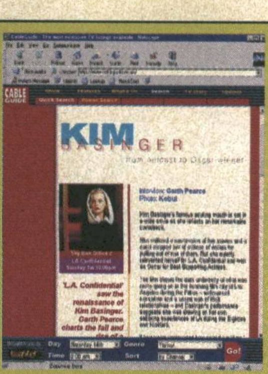
Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

FAMILY PACK

9.00pm Skyjacked
Charlton Heston, Yvette Mimieux, James Brolin, Claude Akins, Jeanne Crain
Action adventure in which a commercial flight is hijacked by a mad Vietnam veteran who demands that it be diverted to Moscow. *1972, 100 mins*

11.00
Take the High Ground
Richard Widmark, Karl Malden, Elaine Stewart, Russ Tamblyn, Carleton Carpenter
Action drama. A tough sergeant moulds a bunch of raw recruits into a fighting machine to give them a chance of surviving a war. *1953, 101 mins*
1.00am Brotherly Love
Peter O'Toole, Susannah York
Comedy. *1969, 108 mins*
3.00-5.00am Skyjacked
Action tale. *1972, 100 mins*



'L.A. Confidential' saw the renaissance of Kim Basinger. Garth Pearce charts the fall and

Want to know what Gene Hackman movies are on this month? Our new online TV listings guide will tell you!
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FILMFOUR

ADD-ON CHANNEL

6.00pm
Pickup on South Street
Richard Widmark, Jean Peters
The story of a tough pickpocket who accidentally becomes embroiled in a Cold War plot. *1953, 81 mins*

7.25 Bus to Queens
A Russian couple, who are new to New York, make their way across town encountering mistrust and communication problems.

8.00 Darkness in Tallinn
Ivo Unkkivi, Milena Gulbe, Monika Mager
Black comedy thriller. A small-time criminal is recruited by a gang who plan to heist the bullion reserves of Estonia – but things go wrong. *1993, 95 mins*

9.40 Wired
Short film about an ex-terrorist who is out for revenge.

10.00 The Usual Suspects
Gabriel Byrne, Kevin Spacey
Thriller in which a docked ship explodes and one of the survivors tells his tale to the police of how five disparate villains meet up bound by one thing – arch global villain Keyser Soze. *1995, 101 mins*

11.50 Reservoir Dogs
Harvey Keitel, Tim Roth
Violent thriller. A gang of thugs is recruited to carry out a jewellery heist, but it goes horribly and violently wrong. *1992, 95 mins*

1.30am City on Fire
ChowYun-Fat, Danny Lee
1987, 100 mins
3.15-6.00am Mickey One
1965, 89 mins

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
THE EDGE
Alec Baldwin and Anthony Hopkins star alongside a ferocious Kodiak bear in this wilderness drama written by David Mamet. Also starring Elle Macpherson. *1997, rating Sky 15, 113 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
AS GOOD AS IT GETS
Oscar-winning drama starring Jack Nicholson as a sharp-tongued misanthrope who gradually escapes from his self-imposed isolation. With Helen Hunt and Greg Kinnear. *1997, rating Sky 15, 132 mins*
PLAYS AT 6.00am, 8.30am, 6.30pm, 9.00pm

Sky Box Office 3
Channel 53
GOOD WILL HUNTING
Comedy drama starring Matt Damon as an underachieving mathematical genius. With Robin Williams. *1997, rating Sky 15, 123 mins*
PLAYS AT
8.00am, 10.30am, 1.00pm, 3.30pm, 6.00pm, 8.30pm, 11.00pm, 1.30am, 4.00am

Sky Box Office 4
Channel 54
MORTAL KOMBAT: ANNIHILATION
Kung-fu action movie in which a band of warriors battle to save earth from an evil overlord. Stars Robin Shou and James Remar. *1997, rating Sky 15, 90 mins*
PLAYS AT
8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions. Customers with a Videoway set-top-box must view all events on Channel 50.

Thursday 4 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula
7.30 The Simpsons Text
8.00 The Simpsons Text
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You Text
1.30 Jeopardy
2.00 Sally Jessy Raphael
I'm Scarred for Life

3.00 Jenny Jones
Help Me Change My Promiscuous Teen's Life
Concerned parents ask Jenny for advice on how to control their teenage offspring.

4.00 Guilty!
Carole Malone tackles the crimes of friends and lovers as she invites her guests to resolve their disputes in a courtroom with the help of a judge and jury.

5.00 Star Trek: Voyager
Resistance
Janeway, Tuvok, Torres and Neelix transport to an Alsaurian city occupied by the hostile Mokra. With Alan Scarfe.

6.00 Guilty!
You're Still in Love with Your Ex
With Carole Malone.

6.30 Dream Team
Sean and Fletch come to blows over Mica.

7.00 The Simpsons
There's No Disgrace Like Home
The family tries therapy. Text

7.30 The Simpsons
Life in the Fast Lane
Marge is tempted to stray. Text

8.00 America's Dumbest Criminals
A nervous groom breaks into a pharmacy to steal condoms.

8.30 World's Weirdest TV
Hosted by Jenny Powell.

9.00 Friends
The One with Ross's Sandwich
Joey gets fed up with hiding Chandler and Monica's secret.

9.30 ER
Good Luck, Ruth Johnson
Hathaway treats an eight-year-old boy who deliberately shot and killed his friend, and the hospital celebrates its 100th anniversary.

10.30 Veronica's Closet
Veronica's Cheating Partners

11.00 Dream Team
Sean and Fletch come to blows over Mica.

11.30 Star Trek: Voyager
Resistance
Janeway, Tuvok, Torres and Neelix transport to an Alsaurian city occupied by the hostile Mokra. With Alan Scarfe.

12.30am The Commish
A Christmas Story
Tony hopes that an investigation will help an old friend to get over the death of his wife.

1.30-7.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 When the Boat Comes In
10.30 Rhoda
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Dallas
2.55 The Bill
Solid Evidence
A little girl disappears after school.

3.25 The Bill
Going Down
A drug addict fails to keep clean.

3.55 EastEnders
Michelle invites some friends around for dinner.

4.30 Rhoda
Call Me Grandma
Mama Ida arranges yet another date for Brenda.

5.00 All Creatures Great and Small
A New Chapter
James and Helen are busy preparing for their move to Rowangarth. With John McGlynn.

6.00 Dynasty
Kirby
Alexis tries to bring about a meeting between Krystle and Mark Jennings, who is working as a tennis coach at La Mirage.

7.00 2Point4 Children
The Truth is out There
Rona is in danger of losing her house. With Belinda Lang.

7.40 Dad's Army
The Godiva Affair
The platoon tries morris dancing.

8.20 The Brittas Empire
In the Beginning
It is the year 2019, and the former staff gather for their annual tribute to Sir Gordon Brittas.

9.00 The Young Ones
Bomb
Someone has left an atomic bomb in the kitchen.

9.45 Bottom
Hole
Richie Richard and Eddie Hitler are trapped on a Ferris wheel.

10.25 Common as Muck
The lads rush to the seaside to stop Nev marrying the gold-digging Irene. While Ken and Sharon enter the same hairdressing competition. With Edward Woodward.

11.35 The Bill
Solid Evidence
A girl disappears after school.

12.05am The Bill
Going Down

12.35 Blackadder the Third
Dish and Dishonesty

1.10 French and Saunders

1.45-3.00am Dangerfield
An ethical dilemma troubles Paul.

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Can't Cook, Won't Cook
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 Brookside
12.10pm Animal Rescue
12.40 Rescue 911
1.10 Special Babies
1.40 Beyond Belief
2.10 The Jerry Springer Show
Outrageous American talk show featuring outspoken guests.

3.10 Living Room
Upbeat and humorous magazine programme, featuring human interest stories, celebrities, fashion and beauty.

4.00 Michael Cole
No-holds-barred talk show in which the one-time director of public affairs for Harrods tackles sensational subjects.

4.50 Rolonda
When it Comes to Sex, I Want Control
Audience participation talk show from America.

5.40 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock.

6.15
The Jerry Springer Show
Outrageous American talk show featuring outspoken guests.

7.05 Rescue 911
William Shatner presents real-life rescues by emergency services.

7.35 Animal Rescue
Follow vets as they give a hand to animals in distress.

8.10 Maury Povich
Talk show in which sensitive human-interest subjects are discussed compassionately between the host, the studio audience and guests.

9.00
FILM: Dying to Love You
Tim Matheson, Tracy Pollan, Christine Ebersole
Tense thriller. A lonely, divorced man places an ad in the personal column of a newspaper and unwittingly puts his life in danger. The young woman who responds seems perfect, but he realises that she is not quite what she seems. *1993*

11.00-12midnight
The Sex Files II
The Kebab
Pam Spurr discusses onanism and drag artist Brian Murphy reviews naughty nightwear.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 Holding the Fort 7.30 Doctor at Large 8.00 Hallelujah 8.30 The Many Wives of Patrick 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Upstairs, Downstairs 11.00 The Gentle Touch 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 The Many Wives of Patrick 1.30 Me and My Girl 2.00 Upstairs, Downstairs

3.00 The Love Boat
Super Mom
An insecure wife jeopardises her relationship with her husband while a GI and an USO singer meet again unexpectedly.

4.00 The Professionals
Long Shot
Cowley and his boys learn that a cop assassin is in town and that he's holding an innocent girl captive. With Lewis Collins.

5.00 Hart to Hart
Hartstruck
A young woman's romantic obsession with Jonathan spreads into murderous envy, and Jennifer is the target.

6.00 Emmerdale
Frank's chances of financial recovery are looking uncertain.

6.30
Classic Coronation Street
Gail makes a big decision.

7.00 The Professionals
Look After Annie
Bodie plays Cupid with a gun, when Cowley appears to fall in love with Annie, a femme fatale. With Gordon Jackson.

8.00 The Benny Hill Show
The pre-PC comedian stars in a series of sketches, featuring a host of quirky characters, guest stars and a bevy of semi-clad beauties.

9.00 The Sweeney
Queen's Pawn

10.00
The Brian Conley Show

10.30-11.00pm
Wheeltappers & Shunters' Social Club

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Motor Week
Motoring magazine with Howard Stableford.

11.30 4 Wheels
The weekly motoring magazine featuring national reports.

12midnight Rally World
Eric Michell presents rally action from around the globe.

12.30am The Power House
A look at the only modified Vauxhall Astra Saloon in the UK.

1.00-2.00am Performance Power
Sarah Donohue goes behind the scenes of powerboat meetings.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof 8.25 Classic Toons 8.45 Winnie 9.00 Spot 9.05 Animal Shelf 9.15 Dragons 9.30 Bear 9.55 Toothbrush 10.00 Bite Size 10.10 Rosie and Jim 10.30 Big Garage 10.45 PB and J Otter 11.00 Sesame Street 12noon Spot 12.05pm Animal Shelf 12.15 Dragons 12.30 Bear 12.55 Toothbrush 1.00 Bite Size 1.10 Rosie and Jim 1.30 Big Garage 1.45 PB and J Otter 2.00 Winnie 2.30 Quack Pack

3.00 The Little Mermaid
The charming adventures of a beautiful mermaid. Text

3.30 Art Attack
Innovative art show hosted by Neil Buchanan. Text

4.00 101 Dalmatians
Canine capers. Text

4.30
Hercules: The TV Show
Hercules and the Tapestry of Fate

5.00 Recess
Fourth grade fun. Text

5.15 Pepper Ann
Cool teen adventures. Text

5.30 Smart Guy
Precocious antics. Text

6.00 Teen Angel
Feathers Day
Steve takes Katie to her Indian Girl meeting. Text

6.30 Boy Meets World
First Girlfriend's Club Text

7.00
FILM: Alice in Wonderland
Voice of Kathryn Beaumont
Animated version of Lewis Carroll's classic tale for children. *1951* Text

8.15 Honey, I Shrunk the Kids: The TV Show
Honey, We're Stuck in the Seventies
Amy travels back in time to date her dreamy history teacher. Text

9.00 Double Dinosaurs
Prehistoric entertainment with the scaly but lovable Sinclair family in this Stone Age sitcom, created by Jim Henson, the man behind the Muppets. Text

10.00 Home Improvement
Sitcom starring Tim Allen. Text

10.30 The Wonder Years

11.00-12midnight Dr Quinn: Medicine Woman

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

THURSDAY CONTINUES OVERLEAF...

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

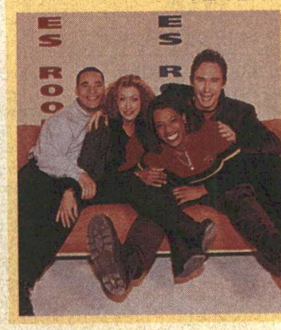
CABLE CHOICE

FILM

The Chamber
Sky Premier 8.30pm
Not the best of author John Grisham's best-sellers, but it makes a great movie. Chris O'Donnell is the young lawyer attempting to win a reprieve for his unrepentant grandfather, played by Gene Hackman, who's on death row for murdering two children.

GENERAL

ER
Sky One 9.30pm
The new series of this phenomenally successful hospital soap continues. Tonight, Nurse Hathaway treats an eight-year-old boy who purposely shot and killed his friend. Meanwhile, the hospital celebrates its 100th anniversary. Starring Hollywood heartthrob George Clooney.


ADVERTISEMENT

THE GAMES ROOM FROM 5.00PM

Tune into *The Games Room* on Challenge TV tonight, enter one of our quizzes and, who knows, you could be coming down to *The Games Room* this Saturday where a celebrity chef will be cooking a delicious dinner for two lucky winners.

Thursday 4 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

7.30am Athletics
8.30 Biathlon
10.00 Luge
10.30 Sleddog
11.00 Football
12noon Athletics
12.30pm Snowboard
1.00 Biathlon
Action from the World Cup in Lake Placid, US.

2.00 Biathlon – LIVE
Coverage from the World Cup in Val Cartier, Canada.

3.30 Nordic Skiing
Action from the K120 ski jumping event at the World Championships, held in Ramsau, Austria.

4.00
Ski Jumping – LIVE
Coverage from the K120 event at the World Cup in Kuopio, Finland. This event signifies the start of the last leg of the World Cup, before the final in Planica, Slovenia.

5.45
Swimming – LIVE
Coverage of the World Cup in Imperia, Italy. Last year this event produced some upsets, including Italy's Lorenzo Vismara's win over the Russian Alex Popov in the 50m freestyle, so this year we can expect more fierce competition.

7.30 Football
Action from the first leg of the Uefa Cup Winners' Cup quarter-finals. The featured matches are Chelsea FC v Valerenga Fotball and Lokomotiv Moscow v Maccabi Haifa.

9.30 Football
More action from the first leg of the Uefa Cup Winners' Cup quarter-finals. The featured matches are NK Varteks v Real Mallorca and Lazio v Panionios GS.

11.30-12.30am
Ski Jumping
Highlights from the World Cup in Kuopio, Finland.

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Sky Sports Centre
7.15 World Wrestling Federation – Shotgun
8.15 You're On Sky Sports!
9.00 Racing News
9.30 Aerobics Oz Style
10.00 Ringside
11.30 Unbelievable Sports
12noon Aerobics Oz Style
12.30pm
European Tour Weekly
1.00
Euro Tour Golf: Portuguese Algarve Open – LIVE
Action from day one of the 1999 Portuguese Algarve Open. This is an important year for the world's top US and European golfers with the highly prestigious Ryder Cup taking place in September.

5.00 World Wrestling Federation – Superstars
The latest news from behind the scenes of the WWF.

6.00
Sky Sports Centre
The latest sports news.

6.30 Football League Review
Nationwide League action.

7.00 Euro Tour Golf: Portuguese Algarve Open
Highlights of the action so far in the 1999 Portuguese Algarve Open. European and American players will be keen to prove their worth and gain a place in the Ryder Cup teams.

9.00 Spanish Football
Highlights from the top flight of La Liga in Spain, one of the most respected and prestigious leagues in world football.

10.00
Sky Sports Centre
Fast-moving sports news.

10.15
You're On Sky Sports!
Sports fans have their say.

11.00
Trans World Sport
An eclectic mix of sport from around the world, featuring everything from football to sky-diving.

12midnight
Sky Sports Centre
12.15am
You're On Sky Sports!
1.00
Football League Review
1.30 Spanish Football
2.30 Trans World Sport
3.30 Rugby Club
4.30-4.45am Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style
7.30 Sky Sports Centre
7.45 Racing News
8.15 Unbelievable Sports
8.45 Sky Sports Centre
9.00 Fish TV: Fishing Texas
9.30 Golf Extra
12.30pm
World Pool League
1.30 Rugby League World
A preview of the Superleague season.

3.00 Australian Rally Championship
3.30
Unbelievable Sports
A collection of the world's most bizarre sports.

4.00
World Pool League
The world's top pool stars line up for action at the Victoria Inter-Continental Hotel in Warsaw.

5.00 Football League Review
Nationwide League action.

5.30
What a Weekend
Sports weekend roundup.

6.00 Futbol Mundial
Football stories from around the world.

6.30 The Rugby Club
Stuart Barnes and Dewi Morris review the latest action with Mark Durden-Smith.

7.30
Trans World Sport
Special features, exclusive footage and interviews plus reports on the latest in the world of sport.

8.30 Futbol Mundial
Various football stories from far-flung corners of the globe.

9.00
Ford Golf USA: Doral Ryder Open – LIVE
Coverage from the opening day's play at the Doral Ryder and Country Club in Miami. The tournament features some of the top players in the world, who'll compete for a slice of the total prize money of $3 million.

11.00 Cycling: Tour of Malaysia
Action from the Tour.

11.30
The Rugby Club
With Mark Durden-Smith.

12.30am Tight Lines
1.30 What a Weekend
2.00 Ice Hockey: Superleague Play-Off
Dominik Holyer presents action from the Sekonda Superleague play-off.
Repeat from Sky Sports 3
4.30-4.45am Sports Centre

SKY SPORTS 3
PREMIUM CHANNEL

12noon World Wrestling Federation – Superstars
Action from the World Wrestling Federation circuit, hosted by Kevin Kelly.

1.00pm
Fish TV: Fishing Texas
1.30 Fish TV: Ultimate Fishing Show
2.00 FA Cup Final Classics: Sunderland v Leeds
A trip down footballing memory lane with action from the all-northern FA Cup final in 1973.

3.30 V-Max
The world of speed from inside the cockpit.

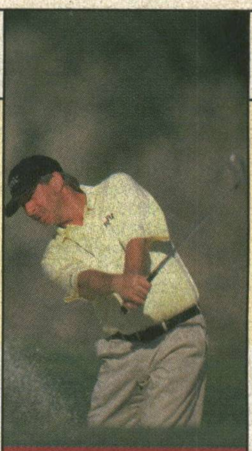
4.00
Rugby League World
An in-depth preview of the upcoming Superleague season, plus a look at rugby league from around the world.

5.30
Inside the PGA Tour
Experience life behind the scenes of the professional golf tour.

6.00 Cycling: Tour of Malaysia
6.30
Fish TV: Tight Lines
Bruno Brookes and Keith Arthur present the show for amateur anglers.

7.30 Ice Hockey: Superleague Play-Off
Dominik Holyer presents action from the Sekonda Superleague play-off. Steve James provides the commentary while Nick Rothwell is at rinkside providing expert analysis.

10.00-11.30pm
Bobby Charlton's Football Scrapbook: Ron 'Chopper' Harris
Former Chelsea legend Ron 'Chopper' Harris joins Bobby Charlton and Dickie Davies to look back on his eventful career.



England's Peter Mitchell defends his title in the Portuguese Algarve Open. Sky Sports 1 1.00pm - Live

MUTV
ADD-ON CHANNEL

6.00pm Game On
6.15
Megastore Megabuys
Merchandise offers.

6.30 Junior Masterfan
Fast-paced quiz show.

7.00 Red Hot News
All the latest developments from Old Trafford.

7.30 Man-U Menu
Culinary delights from Utd's chef Jesper Jespersen.

8.00 Super Match – Reserve Match
Another match featuring the players hoping to break into the first team.

8.55 Red Hot Update
9.00 Super Match – Reserve Match
The match continues featuring the players hoping to break into the first team.

10.00
Talk of the Devils
Debate on the latest developments from one of the world's biggest clubs.

10.45 FAN
With Terry Christian.

11.15 The Insiders
United's unsung heroes.

11.30-12midnight
Red Hot News
News from Old Trafford.

SCI-FI
ACTION PACK

7.30am Bloomberg 8.00 Sightings 9.00 Buck Rogers in the 25th Century 10.00 Quantum Leap 11.00 Dark Shadows 11.30 Ray Bradbury 12noon Twilight Zone 12.30pm Twilight Zone 1.00 Tales of Unexpected 1.30 Tales of Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00 Buck Rogers in the 25th Century
The Golden Man
The adventures of an American astronaut in the 25th century.

4.00
The Incredible Hulk
Behind the Wheel
David Banner tries to reverse the effects of an experiment.

5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences. Presented by Tim White.

6.00 Time Trax
Missing
When thieves steal Selma believing she's a credit card, Darian has a race against time to find them.

7.00 Quantum Leap
The Leaping of the Shrew
Sam leaps into the body of Nikos, a Greek sailor adrift with a spoiled heiress who has sunk her luxury yacht.

8.00
Roswell: Cover-Ups and Close Encounters
Investigation into whether there was a cover-up of the Roswell incident.

9.00 Babylon 5
Legacies.
Minabari Warriors threaten to start another war with the Earth alliance when a corpse is stolen.

10.00 FILM: Scanner Force
Liliana Komorowska, Valerie Valous
Horror. When a new drug turns a telekinetic woman evil she unleashes her terrifying mental powers, causing death and destruction in her quest for global domination. *1992*

12midnight Twin Peaks
1.00am FILM: Child's Play
Mary Crosby, Nicholas Clay
Horror. *1984*
2.30 The Twilight Zone
Cavender is Coming
3.00 The Twilight Zone
Queen of the Nile
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

4.00pm Trisha
Heartwarming and hair-raising true stories.

5.00 Heartbeat
Nostalgic police drama series set in a Sixties Yorkshire Dales village. Starring Nick Berry and Derek Fowles.

6.00 Bedrock
Magazine programme featuring celebrity guests, music, bedroom webcams, e-mail activity and a daily Battle of the Sexes.

7.00 NBA 99: Match Action
A chance to see a recent match from the US.

8.00 Champions' League Review
Highlights from yesterday's match action.

9.00 New Jerry Springer
Outrageous US talk show in which outspoken guests engage in heated disputes as they try to resolve their relationship difficulties.

9.45 Words With

10.00 Emmerdale
Another chance to catch up on news from the village.

10.30 Airline
Real-life docu-drama following the trials and tribulations of airline staff.

11.00
Trevor McDonald Meets ...
● FEATURE: page 13

11.30 The Locker
Fitness magazine presented by Gabby Yorith.

12midnight-2.00am Feature

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Digging the Dirt Hole 12.20 The Omar Show 12.45 FILM: Club Hades 1.00 The Five Minute Free View 1.05 FILM continues 2.00 Northern Exposer 2.25 FILM: Live Sex 3.40 Lesley 4.10-5.30am FILM: Night Shifts

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day
12.10am Dungeon Dykes
12.35 Our First Time
1.00 Kinky Clubbers 3
Erotic series.
1.15 FILM: Raunch
Jay Milo, Brenda Barfly
Erotic fantasy.
2.20 Leather Lovelies
2.35-4.00am
FILM: The Boss

Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

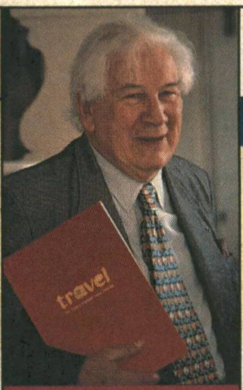
CABLE EXCLUSIVE

8.00pm
FILM: To Catch a Yeti
Meatloaf
Comedy. A man is hired to capture the legendary beast.

9.30
FILM: Professional Affair
Allen Silva
Thriller. A mobster wants to find his missing money.

11.00-12midnight
Lovers' Paradise 3

Thursday 4 March



Peter Ustinov travels by rail in 'Ustinov on the Orient Express'. Travel 3.00pm, 9.00pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Cross Wits
Hosted by Tom O'Connor.
5.45
The Games Room
6.00 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.30
The Games Room
6.45 Catchphrase
Quiz hosted by Roy Walker.
7.15
The Games Room
7.25 100 Per Cent
7.55
The Crystal Maze
Contestants face another series of games and challenges in the giant fantasy world which leads them to the crystal dome. Hosted by Richard O'Brien.
9.00
The Games Room
9.15 Strike it Lucky
With Michael Barrymore.
9.45
The Games Room
10.00 Candid Camera
10.30 Don't Feed the Gondolas
Celebrity quiz show where contestants examine the international media.
11.00
Carnal Knowledge
The quiz show that reveals the most intimate secrets of the British public, hosted by Graham Norton.

12midnight Strike it Lucky 12.30am Split Second 1.00 3-2-1 2.00 Love at First Sight 2.30 Studs 3.00 Simply Irresistible 3.30 Blockbusters 4.00 Fifteen to One 4.30 Don't Drink the Water 5.00-6.00am Shopping with Screenshop

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 Why Files 7.30 Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 Why Files 9.30 Indecent Proposals 10.00 Agony 10.30 Fashion Show 11.00 Judge Judy 11.30 Mind Games 12noon Why Files 12.30pm Agony 1.00 Lie Detector 1.30 Fashion Show 2.00 Judge Judy 2.30 Mind Games

3.00 Agony
More much needed relationship advice.
3.30 Lie Detector
Uncovering deception using modern methods.
4.00
Indecent Proposals
Cash for foolishness.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
More much needed relationship advice.
5.30 The Why Files
Psychic investigations into the weird and wonderful.
6.00
The Fashion Show
A look at the headlines among the hemlines.
6.30
Indecent Proposals
7.00 Sport at Seven: Women's Wrestling
Leotard-clad women prove that men are not the only forces to be reckoned with in the ring.
8.00 The Why Files
Psychic investigations into the weird and wonderful.
8.30 Judge Judy
The feared American judge with another case.
9.00 Sport at Nine: Dog Night L!VE
Canine sport in this double dose of action.
9.30 Dog Night L!VE
9.57 Topless Darts
10.00 Love Street
American erotic series.
10.30 Exotic Erotica
Late night entertainment for adults only.

11.30 Blue Review
11.45 Janeycam
11.57 Topless Darts
12midnight Love Street 12.30am Private Dancer 12.45 Pleasure Dome 1.00 Exotica Erotica 2.00 Orgasmatron 2.15 Painted Ladies 2.30 Love Street 3.00 Agony 3.30 Why Files 4.00 Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation L!VE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Coxon's Kitchen 10.00 Chef for a Day 10.30 Alive and Cooking 11.00 Worrall Thompson 11.30 A Slice of the Action 12noon Network 12.30pm Food Factory 1.00 Coxon's Kitchen College 1.30 Green Gourmet 2.00 Cookshop 2.30 Network 3.00 Scotland's Larder 3.30 Slice of the Action 4.00 From the Ground Up 4.30-5.00pm Mridula's Indian Kitchen
Exotic Indian cookery

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show presented by Bill Dodd.
5.30 Gridlock
Hosted by Simon Biagi.
6.00 London Bridge
Ant feels redundant when Ravi returns.
6.30 Our House
Lifestyle series presented by Suzi Becker.
7.00 Boon
Is There Anyone There?
Ken is called in to guard expensive antique fittings in an eerie manor and has a spine-chilling confrontation.
8.00 Animal SOS
Behind-the-scenes at the Blue Cross animal hospital.
8.30
An Inspector Calls
Bay Watchers
9.00 St Elsewhere
Pig Too Far
Hospital drama series. Dr Erlich proposes to his girlfriend in order to break through her sexual reserve.
10.00 Tales from the Hollywood Hills
The Old Reliable
Two sisters battle over a book containing kiss-and-tell memoirs.
11.00
Hill Street Blues
Eighties US police drama series set in a tough urban area. Starring Daniel J Travanti and Bruce Weitz.
12midnight Us and Them
Bodily Functions
Comedy series. Nick is depressed about being scrawny.
12.30am-1.00am Gridlock
Fast-paced gameshow hosted by Simon Biagi.

ANIMAL PLANET
WORLD PACK

12noon The New Adventures of Black Beauty
Children's drama series.
12.30pm Hollywood Safari
Star Attraction
1.30 Crocodile Hunter
Hidden River
2.00 Wildlife ER
From the American-based Wildlife Centre.
2.30 Human/Nature
Reporters travel the world charting man's relationships with animals and the elements.

3.30 Harry's Practice
A look at the work of vet Harry Cooper.
4.00
Jack Hanna's Zoo Life
Marine World Africa USA
4.30 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
5.00 Pet Rescue
With Wendy Turner and Mark Evans.
5.30 Crocodile Hunter
Travelling the Dingo Fence
With Steve Irwin.
6.00
The New Adventures of Black Beauty
6.30 Lassie
Where's Timmy?
Children's drama series.
7.00 Rediscovery of the World
South Africa – A Sanctuary for Life
Follow Jacques Cousteau and his team.
8.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
8.30 The Blue Beyond
The Lost Ocean
A look at the work of a conservation team hoping to free a captive dolphin into the wild off the coast of the Bahamas.
9.30 Emergency Vets
A guide dog is treated.
10.00
Deadly Australians
Arid and Wetlands
10.30
The Big Animal Show
Corals and Fish
11.00 Wild Rescues
The unique relationship between humans and animals explored.
11.30-12midnight
Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/
ACCESS PACKS

7.00am The Mind Traveller
7.50 It'll Never Work
8.30 Vanessa
9.30 Esther
10.00 Move Over Babe!
10.30 Lion Country
11.00
Your Life in Their Hands
12noon Spirit of the Jaguar
1.00pm The Look
2.00
The Fame Game – Update

3.00 999 Lifesavers
More true stories of heroism and bravery.

3.30 Esther
First Love
Esther Rantzen and her studio audience discuss first love.
4.30 Vanessa
Vanessa Feltz hosts the popular chat show.
5.00 Animal Hospital
With Rolf Harris and Steve Knight.
5.30 Lion Country
A behind-the-scenes look at Longleat.
6.00 Easter Island – The Secrets
An investigation into the mysteries of Easter Island and the civilisation that lived there.
7.00
The Human Animal
The Biology of Love
A focus on the most basic of urges common to all animals – to reproduce.
8.00 They Came from the Sea
8.30 Ray Mears's World of Survival
Savaii
With expert Ray Mears.
9.00 Secrets of Lost Empires
The Incas
Engineers attempt to emulate the building skills of the Inca civilisation.
10.00
Island of Dreams
Romance in the Sun
Follow the fortunes of four British women who found romance in Greece.
11.00 Robot Wars
Action-packed gameshow, with commentary by Jonathan Pearce.
11.30 Sex Acts
A look at gender.
12midnight Crime Limited
Nick Ross presents the series intended to help crime victims by sympathetically telling their stories through interviews and reconstructions.
12.30-1.00am
Crime Limited

GRANADA BREEZE
LIFESTYLE/
SELECTION PACKS

6.00am Health Livetime 7.00 Health Livetime 8.00 E! True Hollywood Story 9.00 More Calories Please 9.30 Gorgeous Gardens 10.00 The View 11.00 Julia Carling's Style Guide NEW SERIES 11.30 Rosemary Conley's Low-Fat Cookbook 12noon Montel Williams Show 1.00pm Food Livetime 2.00 View

3.00 Food Livetime
Interactive magazine programme which offers viewers the opportunity to put questions to celebrity guests on air.
4.00 The Montel Williams Show
Sylvia Browne Explains
US chat show presented by the Emmy Award-winning host.
5.00 Julia Carling's Style Guide
5.30-6.00pm
Rosemary Conley's Low-Fat Cookbook

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Shipwrecks: Shipwreck on the Skeleton Coast
An exploration below the waves at some of the world's shipwrecks.
8.00 Shipwrecks: Miracle at Sea
A look at the remarkable story of Tony Bullimore, who survived for five days under a capsized boat.
9.00 Shipwrecks: Search for the Battleship Bismarck
A search for the battleship that was designed to sink the British Hood.
10.00
Shipwrecks: Titanic
Readings of personal accounts of the tragedy and archival footage of the infamous disaster.
11.00 Shipwrecks: Treasures of the Titanic
11.30 Shipwrecks: Shipwrecks – A Natural History
12midnight Shipwrecks: Lifeboat – Friendly Rivals
12.30am-1.00am
Shipwrecks: Lifeboat – Not a Cross Word Spoken
Love is in the air in this episode as the summer season approaches in south Devon.

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits
9.00 Bytesize MTV
11.00 brand:new
Interviews and news, presented by Zane Lowe.
12noon Mad 4 Hits
2.00pm So 90s
Armstrong and Miller with the best and the worst music of the decade from current stars and more favourites to more obscure one-hit wonders.
3.00 Bytesize MTV
The best clips from MTV.
4.00 Select MTV
6.00 Bytesize MTV
7.00 brand:new
8.00 European Top 20
The hottest hits from across the continent.
9.00 Mad 4 Hits
9.30 Say What?
The true lyrics behind some of the past and present's most misunderstood songs.
10.00 The Late Lick NEW
11.00 Mad 4 Hits
12midnight MTV Eagle's Claw
1.00am The Late Lick
2.00-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12noon Ten of the Best 1.00pm Greatest Hits of... 1.30 Pop-Up Video 2.00 Jukebox 4.00 Behind the Music 5.00 Five@Five 5.30 Pop-Up Video 6.00 Happy Hour with Clare Grogan 7.00 VH1 Hits 9.00 Bob Mills' Big 80s 10.00 Blondie Uncut 11.00 American Classic 12midnight Mills 'n' Collins 1.00am VH1 Spice 2.00-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Snow Safari 12.30pm Getaways 1.00 Travel 1.30 Out to Lunch 2.00 Flavours of Italy 2.30 Travelling Lite 3.00 Ustinov on the Orient Express 4.00 Stepping the World 4.30 Journeys Around World 5.00 Reel World 5.30 Around Britain 6.00 Out to Lunch 6.30 On Tour 7.00 Snow Safari 7.30 Getaways 8.00 Travel Live 8.30 Stepping the World 9.00 Ustinov on the Orient Express 10.00 Travelling Lite10.30 Journeys Around the World 11.00 On Tour 11.30-12midnight Around Britain

UK STYLE
LIFESTYLE PACK

7.00am Going for a Song 7.30 The DIY Show 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Style Challenge 9.30 Change That 10.00 How Does Your Garden Grow? 11.00 The Terrace 11.30 Changing Rooms 12noon Can't Cook, Won't Cook 12.30pm Style Challenge 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Looking Good 2.30 How Does Your Garden Grow? 3.30 Wilderness Walks 4.00 Travel Show Guides 4.30 Holiday in Style 5.30 Can't Cook, Won't Cook 6.00 Air Show 6.30 Waterlines 7.00 Travel Show Guides 7.30 Travel Xpress 8.00 Style Challenge 8.30 Change That 9.00 Can Ski... Will Ski! 9.30 Ready, Steady, Cook 10.00 The DIY Show 10.30 Changing Rooms 11.00 Geoff Hamilton – A Man and His Garden 11.30 Growing Places 12midnight Travel Xpress 12.30am-1.00am Travel Show Guides

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

Thursday 4 March

DISCOVERY HOME & LEISURE
WORLD PACK

6.00 AM MORNING 6.00am Today's Gourmet 6.30 Graham Kerr 7.00 Room Service 7.30 Painted House 8.00 Wedding 8.30 Baby Story 9.00 Painting 9.30 Potted History 10.00 Gardens 10.30 Cookabout 11.00 Diceman 11.30 Rex Hunt 12noon Our House Down Under 12.30pm Antiques Trail 1.00 Our House 1.30 Hometime 2.00 Workshop 2.30 Home Again 3.00 This Old House 3.30-4.00pm Go Fishing

3.00 PM

DISCOVERY
WORLD PACK

4.00 PM **4.00pm Rex Hunt's Fishing Adventures**
Henty River
4.30 Walker's World
New Zealand
Anna visits New Zealand.
5.00 PM **5.00 Time Travellers**
The Lost City of Zimbabwe
5.30 Terra X
The Mysteries of Easter Island
Secrets of Easter Island.
6.00 PM **6.00 Wildlife SOS**
A rescue operation to save a Canada goose.
6.30 Adventures of the Quest
The Boiling Sea
7.00 PM Studying reasons why thousands of tuna amass in the Coral Sea.
7.30 The Quest
The Mysterious Stones of Carnac
8.00 PM **8.00 Discover Magazine**
Weird Worlds
NEW This episode takes a look at different kinds of strange animal behaviour.
9.00 PM **9.00 Science Frontiers**
Robots Revenge
A look at the dark side of robotics development, and the potential for abuse.
10.00 PM **10.00 Invisible Places**
World of War
A look at the secret and safe underground places to which people have fled throughout history.
11.00 PM **11.00 Forensic Detectives**
Deadly Dealings
NEW Leading investigators discover who hires assassins.
12.00 **12midnight Super Structures**
The World's Biggest Oil Platform
NIGHT TIME **1.00am Terra X**
The Mysteries of Easter Island
1.30-2.00am Time Travellers

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Blinky Bill 6.00 The Tidings 6.30 Tabaluga 7.00 Scooby-Doo 7.30 Dexter's Laboratory 8.00 Looney Tunes 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 The Tidings 10.00 The Magic Roundabout 10.30 The Fruitties 11.00 Tabaluga 11.30 Yo! Yogi 12noon Tom & Jerry 12.30pm Looney Tunes 1.00 Popeye 1.30 The Flintstones 2.00 The Jetsons 2.30 Droopy

3.00 Taz-Mania
Animated antics with the hungry Antipodean.
3.30 Scooby-Doo
More ghostly investigations with the clean-cut gang.
4.00 The Powerpuff Girls
Girl power adventures.
4.30 Dexter's Laboratory
Bedroom chemistry chaos.
5.00 I am Weasel
Superhero adventures.
5.30 Cow and Chicken
Adventures with the mismatched siblings.
6.00 Animaniacs
Crazy antics in Spielberg's tribute to cartoons.
6.30 The Flintstones
Stone-age adventures with the friends from Bedrock.
7.00 Tom and Jerry
Painful comic antics with the constantly sparring cat and mouse duo.
7.30 Looney Tunes
Classic cartoon action.
8.00 Cartoon Cartoons
The best from the Network.
8.30-9.00pm Cult Toons

Michael J Fox stars in 'Spin City'. Paramount Comedy Channel 8.30pm

NICKELODEON
FAMILY PACK

6.00am Rocko's Modern Life 6.30 Bruno the Kid 7.00 CatDog 7.30 Rugrats 8.00 The Wild Thornberrys 8.30 Arthur 9.00 Children's BBC 10.00 Wimzie's 10.30 Papa Beaver 11.00 Magic Bus 11.30 PB Bear/Budgie/ Animal Antics/ Family Ness 12noon Rugrats 12.30pm Blue's Clue's 1.00 Bananas in Pyjamas 1.30 Little Bear 2.00 Paddington Bear/ Lizzie's Library/ Portland Bill/Mr. Men 2.30 Children's BBC

3.00 Children's BBC on Nickelodeon
Including *Teletubbies.*
3.30 Doug
Doodle the day away with average boy Doug.
4.00 Three Friends... and Jerry
Suburban teenage fun.
4.30 Rugrats
Fun with the over-imaginative toddlers.
5.00 Sister Sister
Domestic disharmony with the identical twins.
5.30 Kenan & Kel
The adventures of the two funky friends.
6.00 Renford Rejects
6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
Stars Jenny McCarthy.
7.30 Grace Under Fire
Quentin Gets His Gun
8.00 Ellen
Salad Days
8.30 Spin City
Porn in the USA
Stars Michael J Fox.
● FEATURE: pages 14-15
9.00 Drop the Dead Donkey
Dave's Day
Dave delivers a vital tape.
9.30 Whose Line is it Anyway?
10.00 Frasier
Party, Party
The brothers struggle to keep their romances alive.
10.30 Cheers
Hot Rocks
11.00 Seinfeld
The Baby Shower
Jerry gets illegal cable.
11.30 The Larry Sanders Show
The Stalker
12midnight Late Night with David Letterman
Irreverent US chat show.
1.00am Taxi
1.30 Frontline
2.00 Dr Katz
2.30 Tibs and Fibs
3.00-4.00 Nightstand
3.30-4.00am Abbot and Costello

FOX KIDS
FAMILY PACK

6.00am Dodo 6.05 Power Rangers 6.55 Spiderman 7.20 Oggy 7.30 Donkey Kong 8.00 Hero Turtles 8.25 Hulk 8.50 Iron Man 9.15 Fantastic Four 9.40 X-Men 10.05 Casper 10.30 Oggy 10.55 Eek!Stravaganza 11.05 Bobby's World 11.30 Life with Louie 11.55 Home to Rent 12.05pm Dennis and Gnasher 12.30 Donkey Kong 1.00 Mowgli 1.25 Ace Ventura 1.55 Incredible Hulk 2.20 Iron Man 2.45 Fantastic Four

3.10 X-Men
Animated mutant heroics.
3.30 Fox Kids X-Press
3.35 Spiderman
Crime-fighting adventures.
4.00 Goosebumps
More spooky stories.
4.25 Hero Turtles: The Next Mutation
4.50 Casper
Comedy cartoon capers.
5.00 Dennis and Gnasher
More rebellious antics.
5.30 Ace Ventura
Madcap fun with the zany pet detective.
6.00 Donkey Kong Country
6.30 Eek!Stravaganza
6.55-7.00pm Oggy and the Cockroaches

SHOP!
LIFESTYLE/ SELECTION PACKS

12midnight Bargain Shop!
12.30am Shop! Selection
1.30 The Early Years
2.30 Shop! Feature
Mother's Day gift ideas
3.00 Dimanti Designs
A sparkling selection of diamond-look jewellery.
4.00 Labels
Casual fashion from big brand names.
5.00 Showcase
Fine collectibles from Wedgewood.
6.00 Shop! Selection
The best offers on Shop!
7.00 Bargain Shop!
Special offers on Shop!
7.30 Silversmith
8.30 Branded!
9.30 Good Hair Days
10.00 Beauty Secrets
11.00 In the Kitchen with Susan Brookes
Culinary advice for beginners.
12noon Dress for Less
1.00pm Bargain Shop!
Special offers on Shop!
1.30 Shop! Selection
The best offers on Shop!
2.30 Do it Yourself
3.00 Plugged In
4.00 The Gold Collection
Classy jewellery selection.
5.00-6.00pm Shop! Selection
The best offers on Shop!

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 24 7.00 News 8.00 News 9.30 The World Today 10.00 News 11.00 News 12noon News 1.00pm News 1.30 UK Today 2.00 News 2.30 The World Today 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 Face in the Crowd 5.00-6.00am BBC News 24

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am Morning 5.30 Insight 6.00 Morning 6.30 Moneyline 7.00 Morning 7.30 Sport 8.00 Morning 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.15 American 11.30 Asia 12.30pm Science 1.15 Asian 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Travel 5.00 King 6.45 American 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.30am Showbiz 1.15 Asian 1.30 Q&A 2.00 Larry King 4.15 American Edition 4.30-5.00am World

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 11.30 Money 12noon Sky News Today 2.30pm Your Call
4.30 Sky World News
5.00 Live at Five
7.30 Sportsline
8.30 Sky Business Report
9.30 Sky World News
10.00 Primetime
12.30am CBS Evening News
1.30 Sky World News
2.30 Sky Business Report
3.30 Fashion TV
4.30 Global Village
5.30-6.00am CBS Evening News

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal des Journaux 5.30 Télématin 7.00 Journal 7.30 A Bon Entendeur 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Fiction: Quatre et Demie 10.15 Fiction: L'Homme de Suez 11.00 Infos 11.05 Voilà Paris 11.30 Journal 12noon Infos 12.05pm Au nom de la Loi 1.00 Journal 1.15 Fiction: Urgence 2.15 Fiction: L'Homme de Suez 3.00 Journal 3.15 Questions 3.30 Télétourisme 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Fiction: Urgence 6.15 Fiction: L'Homme de Suez 7.00 Journal 7.30 Journal 8.00 Infos 8.05 L'Orient Express 9.00 Journal 9.15 Fiction: L'Inspecteur Lavardin 11.00 Journal 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Akhir Kyon 9.00 FILM 11.30 News 12noon Balcony 12.30pm Galatnaama 1.00 Zameen Aasman 1.30 FILM 4.00 Krodopati Fokatlal 4.30 Naquab 5.00 Aashiana 6.00 Dekh Bhai Dekh 6.30 Mumkin 7.00 Zameen Aasman 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Zameen Aasman 12.30am A Mouthful of Sky 1.00 FILM 4.00 Galatnaama
4.30 Balcony
5.00 Agar
6.00 Holy Qur'an
6.30 News
7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Hero Kal Aajaur Kal 6.30 Awaaz Nayee Andaz Wohi 7.00 Faith 7.30 News 8.00 Karobari Duniya 8.30 Tara 9.00 Zanjeeren 9.30 Health 10.00 Drama 11.00 Pot Luck 11.30 Parampara 12noon FILM: Tata Birla 3.00pm Bangla 3.30 Demand 4.00 Akbar Birbal 4.30 Fairdeal Antakshari 5.30 Daraar 6.00 Pop 6.30 Hurray 7.00 Gudgudee 7.30 Cine 8.00 News 8.30 Chahat Aur Nafrat 9.00 Hasratein 10.00 Blunt 10.30 X-Zone 11.30 Tera Fun Teri Kahani 12midnight News 12.30am Business 1.00 Bangla 1.30 Parivartan 2.00 FILM: Galiyon Ka Badshah 5.00 Mrs Madhuri Dixit 5.30-6.00am Guldasta

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning 4.45 John Avanzini 5.00 Light and Life/Dynamic Gospel Ministries 5.30 Scott Webb 6.00 Voice of Faith 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 Your Day 8.15 Good Morning 8.30 Potters House 9.00 Another Day of Victory 9.30 Life in the Word 10.00 Rick Joyner 10.30 John Avanzini 10.40 Good Morning 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports every half hour, plus: 3.49am Technology Report 4.19am Fund Managers' Corner

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am House of Lords
7.00 The Record
7.30 House of Lords
2.30pm House of Commons
11.00 The Record
11.30-12midnight European Focus

SKY SOAP
LIFESTYLE PACK

11.00am Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
3.30-4.00pm Emmerdale Farm
Annie is furious with Jack.

THE HISTORY CHANNEL
WORLD PACK

4.00pm Clash of Wings
Wings of the Rising Sun
The airborne battle for the Pacific during World War II.
5.00 Artillery
The evolution of cannons.
6.00 The Great Sphinx
Debate on the true age of the Egyptian monument.
7.00-8.00pm Norad: The Electronic Sentinel
The development of the North American Aerospace Defence Command.

SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Sky Destinations
12noon American Adventurer
12.30pm Around the World
1.00 Earth Journeys
Wilderness Adventures
1.30 Was it Good for You?
2.00 Islands of the Pacific
3.00 Around the World
Mississippi and Estonia
3.30-4.00pm Travel Trails

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Miniature Bears at 8.00pm.

CABLE CHECK
Some of the channels listed may not be available in your area

WIN A TV!

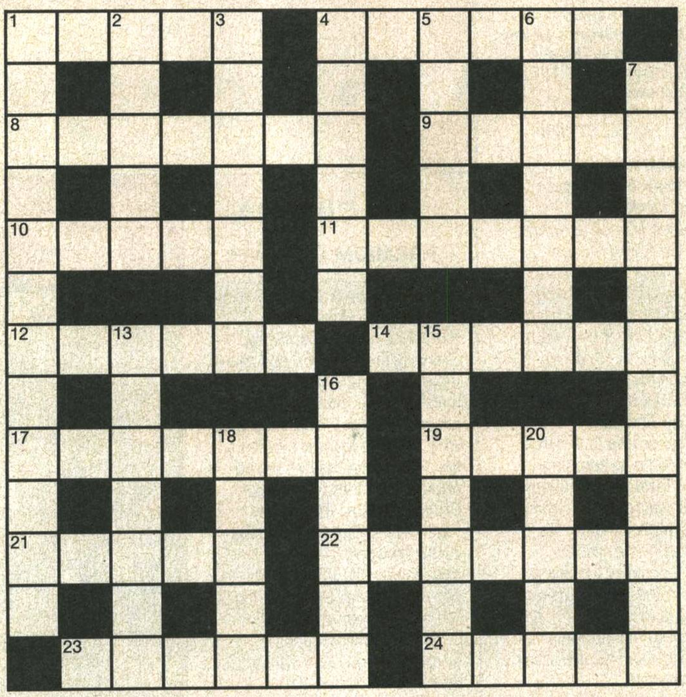
PRIZE CROSSWORD

SPONSORED BY CHALLENGE TV

FOR MORE BRAINTEASERS, TUNE INTO CHALLENGE TV NIGHTLY FROM 5.00PM

Your crossword know-how could win you a fabulous 21in Teletext television! When you've completed the puzzle, send it to us with your name and address by 17 March. The first correct entry drawn wins.

No 3 by Peter Knight



Across

1. It sounds as if Peter takes over (5)
4. Guess who's coming to it in such a jacket? (6)
8. Factual series on public transport? (7)
9. Close to sounding like a narrow valley, she is (5)
10. Mr Reeves could make a nuclear entry (5)
11. Just the boy for *The Bill*? (7)
12. Judy lost her head about ITN perhaps in a mess (6)
14. Loves Selwyn to show a ship, say (6)
17. *Eastenders* character from the East Centre (7)
19. Jerry might work a computer (5)
21. Respond to being in the theatre, acting (5)
22. He must be mad to form an Ian cult (7)
23. 'Hot' Youth in film – not Nolte's, however (6)
24. In which we made a film with Noel Coward (5)

Down

1. Big bombs are a game to Bob Holness (12)
2. A fish called Dawn a different name (5)
3. Was put down for Buds, due to the editing (7)
4. Don't acknowledge Sid? Now that's wrong! (6)
5. Mr Havers may have a line about Gateshead (5)
6. See mine as being wrong for one's foes (7)
7. It may save a dog appearing on Living (6,6)
13. Chris goes round the world on TV (7)
15. Noel turned Desmond out (7)
16. Irving wrote capital music once (6)
18. About being born with Ms Wood, mostly (5)
20. Out-and-out way it appeared in Butterworth (5)

F	R	A	N	C	■	S	H	R	I	M	P	■
I	■	P	■	A	■	T	■	O	■	I	■	J
F	L	I	P	P	E	R	■	B	E	T	T	E
T	■	N	■	I	■	O	■	I	■	C	■	R
E	I	G	H	T	■	B	A	N	S	H	E	E
E	■	■	■	A	■	E	■	■	■	U	■	M
N	E	S	T	L	E	■	S	T	I	M	P	Y
T	■	H	■	■	■	S	■	R	■	■	■	P
O	V	E	R	A	C	T	■	A	R	E	N	A
O	■	L	■	N	■	O	■	I	■	V	■	X
N	Y	L	O	N	■	W	I	L	L	I	A	M
E	■	E	■	A	■	E	■	E	■	T	■	A
■	E	Y	E	L	I	D	■	D	R	A	W	N

FEBRUARY SOLUTION

Send completed crosswords (only one per household) to:
Prize Crossword No 3,
CABLE GUIDE, 172 Tottenham Court Road, London W1P 0JJ

● Congratulations to January's TV winner, Mr M Holcroft from Blackpool

The first correct entry drawn at random wins. There is no cash alternative to the prize. If the prizewinner cannot take up the prize, *Cable Guide* reserves the right to award it to a runner-up. The Editor's decision is final. No employees of *Cable Guide*, Challenge TV or associated companies are eligible to enter.

CABLE CHANNEL CONTACTS

Don't be shy! Write to your favourite cable channel

THE ADULT CHANNEL
PO Box 308, Hayes,
Middlesex UB3 4XB
adult@spicecos.com

ASIANET LTD
PO Box 291,
Unit 1 Endsleigh
Industrial Estate,
Endsleigh Road,
Southall, Middlesex
UB2 5QR
info@asianet-tv.com

BBC NEWS 24
80 Wood Lane,
London W12 0TT
*newsonline@bbc.
co.uk*

BBC PARLIAMENT
80 Wood Lane,
London W12 0TT
parliament@bbc.co.uk

BLOOMBERG INFORMATION TELEVISION
Citygate House,
39-45 Finsbury
Square,
London
EC2A 1PQ
*feedback@
bloomberg.com*

THE BOX
Imperial House,
11-13 Young Street,
London
W8 5EH

CARLTON SELECT, CARLTON FOOD
45 Foubert Place,
London W1V 2DN
*hello@carltonfood
network.com*

CARTOON NETWORK
18 Soho Square,
London W1V 5FD
*cartoon.europe@
turner.com*

CHALLENGE TV
160 Great Portland St,
London W1N 5TB
*challengetv_
enquiries@
flextech.co.uk*

THE CHRISTIAN CHANNEL EUROPE
Television Centre
PO BOX 232
Sunderland SR1 1YJ

CNBC
4th Floor,
3 Shortlands,
London
W6 8BX
*feedback@
cnbceurope.com*

CNN INTERNATIONAL
CNN House,
19-22 Rathbone
Place, London
W1P 1DF
*cnn.feedback@
cnn.com*

DISCOVERY CHANNEL, DISCOVERY HOME & LEISURE ANIMAL PLANET
160 Great Portland St,
London W1N 5TB
*comments_uk@
discovery.com*

DISNEY CHANNEL
Beaumont House,
Kensington Village,
Avonmore Road,
London
W14 8TS
*tdctalk@
studio.disney.com*

EUROSPORT UK
55 Drury Lane,
London WC2B 5SQ
email via
www.eurosport.com

FILMFOUR
124 Horseferry Road,
London SW1P 2TX
*feedback@
filmfour.com*

FOX KIDS
338 Euston Road
London
NW1 3AZ

GRANADA PLUS, GRANADA BREEZE, MEN & MOTORS
Franciscan Court,
16 Hatfields,
London
SE1 8DJ
plus@gsb.co.uk
breeze@gsb.co.uk
men@gsb.co.uk

HOME VIDEO CHANNEL (HVC)
PO Box 308,
Hayes, Middlesex
UB3 4XB
adult@spicecos.com

ITV2
Network Centre
200 Grays Inn Road
London
WC1X 8HF
frontroom@itv2.co.uk

LIVE TV
24th Floor,
One Canada Square,
Canary Wharf,
London
E14 5AP
cable@livetv.co.uk

LIVING
160 Great
Portland Street,
London W1N 5TB
*webmaster@
livingtv.co.uk*

MTV
17-29 Hawley
Crescent,
London
NW1 8TT
info@mtv.co.uk

MUTV
274 Deansgate
Manchester
M3 4JB

NATIONAL GEOGRAPHIC CHANNEL
6 Centaurs Business
Park, Grant Way,
Isleworth,Middlesex
TW7 5QD
*feedback@
sky.co.uk*

NICKELODEON
15-18 Rathbone
Place, London
W1P 1DF
Email2Nick@aol.com

PARAMOUNT COMEDY CHANNEL
15-18 Rathbone
Place, London
W1P 1DF

QVC
Maxcopolo House,
Chelsea Bridge,
Queenstown Road,
London
SW8 4NQ
*qvcuk_webmaster
@qvc.com*

RAPTURE
Hardwick House,
Norwich NR1 3LW
*rapture@
rapture.co.uk*

THE SCI-FI CHANNEL
77 Charlotte Street,
London
W1P 2DD
*feedback@
www.scifi.com*

SHOP! THE HOME SHOPPING CHANNEL
100 Old Hall Street
Liverpool
L70 1DX

SKY PREMIER, SKY MOVIEMAX, SKY CINEMA, SKY ONE, SKY NEWS, SKY SOAP, SKY SPORTS 1, 2 & 3, SKY TRAVEL SKY BOX OFFICE
6 Centaurs Business
Park, Grant Way,
Isleworth,Middlesex
TW7 5QD
*feedback@
sky.co.uk*

TELEVISION X: THE FANTASY CHANNEL
PO Box 7302,
London E14 9EH
*televisionx@
televisionx.co.uk*

TNT
18 Soho Square,
LondonW1V 5FD
*tnt.europe@
turner.com*

TRAVEL
66 Newman Street,
London
W1P 3LA
*webmaster@
travelchannel.co.uk*

TV5 EUROPE
15 Rue Cognacq-Jay,
75007 Paris,
France
*debreil@
europe.tv5.org*

UK GOLD, UK ARENA, UK STYLE, UK HORIZONS, UK PLAY
160 Great Portland St,
London
W1N 5TB
*talkback@
ukhorizons.co.uk*

VH1
17-29 Hawley
Crescent,
London
NW1 7EP
vh1.text@mtvne.com

ZEE TV
Unit 7, Belvue
Business Centre,
Belvue Road,
Northolt, Middlesex
UB5 5QQ

Friday 5 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

SKY PREMIER

PREMIUM CHANNEL

6.00am Clara's Heart
Whoopi Goldberg, Michael Ontkean
1988, rating Sky PG, 103 mins

8.00 Keeping the Promise
Keith Carradine, Gordon Tootoosis
1997, rating Sky U, 88 mins

10.00 Space Jam
Text *1996, rating Sky U, 84 mins*

12noon Old Yeller
Dorothy McGuire, Fess Parker
1957, rating Sky PG, 80 mins

2.00pm Clara's Heart
Whoopi Goldberg, Michael Ontkean
Kathleen Quinlan, Spalding Gray
Touching drama in which a young boy turns to his nanny to escape from the harsh realities of his parents' divorce. *1988, rating Sky PG, 103 mins*

4.00 Keeping the Promise
Keith Carradine, Gordon Tootoosis, Maury Chaykin
Drama set in 1768. Leaving their home in Massachusetts, Will and Anne Hallowell move to Maine with their family in search of new prospects. But tragedy soon strikes in the form of grief and guilt, and the family's entire existence is threatened.
1997, rating Sky U, 88 mins

6.00 Space Jam
Michael Jordan, Bill Murray
Theresa Randle, Wayne Knight
Spaced-out action-adventure which blends live action with hip animation. When Bugs Bunny challenges the evil Nerdlucks to a game of basketball, he realises he's bitten off far more than they can chew. In desperation, they kidnap NBA star Michael Jordan.
Text *1996, rating Sky U, 84 mins*

8.00 The Lost World: Jurassic Park
Jeff Goldblum, Julianne Moore
Pete Postlethwaite, Arliss Howard, Richard Attenborough
Spielberg's blockbusting action adventure sequel in which a millionaire reveals the existence of more dinosaurs. This time they are roaming around within a self-contained eco-system on a Costa Rican island. Text *1997, rating Sky 12, DS, 123 mins*

10.10 Conspiracy Theory
Mel Gibson, Julia Roberts
Patrick Stewart, Stephen Kahan
Gripping thriller in which a New York cab driver, Jerry Fletcher, lands himself in serious trouble when he appears to have exposed a very big secret. Paranoid, Fletcher takes his theories to beautiful justice department attorney, Alice. Text *1997, rating Sky 15, 130 mins*

12.25am Never Talk to Strangers
Rebecca DeMornay
1995, rating Sky 18, 82 mins

1.55 Michael Collins
Liam Neeson, Julia Roberts
Text *1996, rating Sky 15, 127 mins*

4.05-5.45am Vampires in Venice
1988, rating Sky 18, 89 mins

SKY MOVIEMAX

PREMIUM CHANNEL

7.10am Guinevere
1993, rating Sky PG, 87 mins

9.00 That's Right You're Wrong
Lucille Ball, Kay Kyser
1939, rating Sky U, 90 mins

10.30 Mr Holland's Opus
Richard Dreyfuss, Gleanne Headly
Jay Thomas, Olympia Dukakis
Text *1995, rating Sky PG, 137 mins*

1.00pm Guinevere
Sheryl Lee, Noah Wyle
1993, rating Sky PG, 87 mins

3.00 Adventures of Sherlock Holmes Smarter Brother
Gene Wilder, Madeline Kahn
Spoof of Sir Arthur Conan Doyle's famous detective stories. Jealousy towards his sibling leads Sherlock's brother to try and upstage him at every turn.
1975, rating Sky PG, 87 mins

4.30 Mr Holland's Opus
Richard Dreyfuss, Gleanne Headly, Jay Thomas
Sentimental drama in which a composer turns to teaching music in a local school. Glenn Holland is desperate to write his own symphony but, with problems at home and the traumatic events of the sixties occurring in the world outside, he struggles to instil a sense of self-worth into his students. Text *1995, rating Sky PG, 137 mins*

7.00 P:review
Take a sneak peek at what's coming up on Sky.

7.30 UK Top Ten
A run down of the movies riding high at the UK box office.

8.00 Action Heroes: Arnold Schwarzenegger
Profile of the action hero.

8.30 Movie Magic: Ultimate Action
A look behind-the-scenes.

9.00 Beverly Hills Ninja
Chris Farley, Nicollette Sheridan
Robin Shou, Nathaniel Parker
PREMIERE Following a ship wreck, a baby is rescued by a clan of Ninja warriors and raised as one of their own.
1997, rating Sky 12, 85 mins

10.30 High School High
Jon Lovitz, Tia Carrere
Louise Fletcher, Mekhi Phifer
The hysterical story of a school teacher who quits his cosy job in order to help kids in a tough inner city school. Text *1996, rating Sky 15, 82 mins*

11.55 The Truth About Cats and Dogs
Text *1995, rating Sky 15, 93 mins*

1.35am Erik the Viking
Text *1989, rating Sky 15, 89 mins*

3.10 Adventures of Sherlock Holmes Smarter Brother
Gene Wilder, Madeline Kahn
1975, rating Sky PG, 87 mins

4.45-6.45am Godzilla Vs Gigan
1972, rating Sky PG, 85 mins

Chris Farley leaps into action in the premiere of 'Beverly Hills Ninja'. Sky MovieMax 9.00pm

SKY CINEMA

PREMIUM CHANNEL

4.00pm Road to Zanzibar
Bing Crosby, Bob Hope
Dorothy Lamour, Eric Blore
Comedy in which two con men travel to Africa in search of a long-lost gold mine. Chuck and his pal, Fearless, flee a carnival when their sideshow causes a fire. Just when they've saved enough to return to the USA, Chuck blows all the money.
1941, rating Sky PG, 87 mins

6.00 Dragnet
Jack Webb, Ben Alexander
Richard Boone, Stacy Harris
Big-screen spin-off from the popular television series. Sergeant Friday and Officer Frank Smith ignore 57 varieties of civil liberties while investigating the brutal murders of many beautiful models.
1954, rating Sky PG, 85 mins

8.00 Wild River
Montgomery Clift
Lee Remick, Jo Van Fleet
Drama in which an official must coax locals out of a valley in Tennessee before it floods. He encounters opposition from the locals and, in particular, a farmer who objects to the employment of local black labourers. One elderly resident refuses to move.
1960, 109 mins

10.00 The Milagro Beanfield War
Sonia Braga, Chick Vennera
Ruben Blades, Daniel Stern
Vivid drama in which a group of peasants take on the might of big business interests to fight for their livelihoods. It is Ladd Devine that plans on building a major new resort but he faces very strong competition. *1988, rating Sky 15, DS, 113 mins*

12midnight The Kremlin Letter
Bibi Andersson, Richard Boone
1970, rating Sky 18, 116 mins

2.05 The Legend of Hell House
Roddy McDowall, Pamela Franklin
1973, rating Sky 15, 90 mins

3.40-5.30am The White Tower
Glenn Ford, Claude Rains,
1950, rating Sky U, 92 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

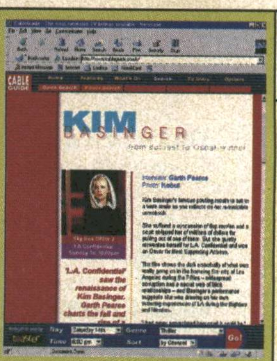
FAMILY PACK

9.00pm WCW Nitro
The latest WCW wrestling action from the US.

11.35 WCW Thunder
Further wrestling action from the USA.

1.30am Night Digger
Patricia Neal, Pamela Brown
Thriller in which a middle-aged spinster protects a psychopathic rapist. *1971, 98 mins*

3.15-5.00am Savage Messiah
Scott Antony, Dorothy Tutin
Biopic about French sculptor Henri Gaudier-Brzeska. *1972, 95 mins*



'L.A. Confidential' saw the renaissance of Kim Basinger. Garth Pearce charts the fall and

Want to know what Julia Roberts movies are on this month? Our new online TV listings guide will tell you!
http://www.cableguide.co.uk

FILMFOUR

ADD-ON CHANNEL

6.00pm Short Attention Span Cinema
More shorts which are guaranteed to amuse, engage, provoke and entertain.

8.00 Bob Roberts
Tim Robbins, Gore Vidal,
Giancarlo Esposito, Ray Wise
Satire on American politics and consequent media attention. A right-wing folk singer and self-made millionaire is out to unseat the incumbent Democrat senator. *1992, 100 mins*

9.45am Rooftop
Short film.

10.00pm M Butterfly
Jeremy Irons, John Lone
A French diplomat begins an affair with a Peking opera actor but is unaware that the object of his affection is selling secrets to the Chinese secret services.
1993, 97 mins

11.45 The Oath Director
Short film. A doctor revives a man, sentenced to death, who attempts suicide.

12midnight Shivers
Paul Hampton, Joe Silver
Horror. Parasites invade the bodies of residents of a luxury tower block, turning them into sex-mad zombies.
1974, 84 mins

1.30am Damage
Drama. *1992, 106 mins*

3.20-5.30am Lilith
Drama. *1964, 109 mins*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
THE EDGE
Alec Baldwin and Anthony Hopkins star alongside a ferocious Kodiak bear in this wilderness drama written by David Mamet. Also starring Elle Macpherson. *1997, rating Sky 15, 113 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
AS GOOD AS IT GETS
Oscar-winning drama starring Jack Nicholson as a sharp-tongued misanthrope who gradually escapes from his self-imposed isolation. With Helen Hunt and Greg Kinnear. *1997, rating Sky 15, 132 mins*
PLAYS AT 6.00am, 8.30am, 6.30pm, 9.00pm

Sky Box Office 3
Channel 53
GOOD WILL HUNTING
Comedy drama starring Matt Damon as an underachieving mathematical genius. With Robin Williams. *1997, rating Sky 15, 123 mins*
PLAYS AT
8.00am, 10.30am, 1.00pm, 3.30pm, 6.00pm, 8.30pm, 11.00pm, 1.30am, 4.00am

Sky Box Office 4
Channel 54
MORTAL KOMBAT: ANNIHILATION
Kung-fu action movie in which a band of warriors battle to save earth from an evil overlord. Stars Robin Shou and James Remar. *1997, rating Sky 15, 90 mins*
PLAYS AT
8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions. Customers with a Videoway set-top-box must view all events on Channel 50.

Friday 5 March

SKY ONE
ACTION/
SELECTION PACKS

7.00am Count Duckula
7.30 The Simpsons Text
8.00 The Simpsons Text
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You Text
1.30 Jeopardy
2.00 Sally Jessy Raphael
US talk show.

3.00 Jenny Jones
Your Body is Tight... But Your Clothes Ain't Right
In today's show, guests who dress too sexily are asked to change their style.

4.00 Guilty!
Carole Malone presents an alternative concept in the talk show genre where, instead of chatting on a sofa, guests resolve their problems in a courtroom.

5.00 Star Trek: Voyager
Prototype
When the crew finds a deactivated robot floating in space, Torres brings it back to life, only to be abducted by it.

6.00 Guilty!
You Treat Your Wife Like a Doormat/Slave

6.30 Friends
The One with Phoebe's Ex-Partner Text

7.00 The Simpsons
Bart the General
Bart protects Lisa from a bully.

7.30 The Simpsons
Homer's Night Out
Homer gets into trouble. Text

8.00 Beat the Crusher
Game show hosted by Freddie Starr and Melinda Messenger in which people are asked to perform outrageous tasks to have the chance to win a car.

9.00 Inside The X-Files
A special episode looking behind the scenes of this classic series. Featuring interviews with the series creator and cast, exciting footage and bloopers. Text

10.00 Cops
Fly-on-the-wall police documentary series. Text

10.30 Cops
Officers help a couple to search for their teenage daughter. Text

11.00 Friends
The One with Phoebe's Ex-Partner Text

11.30 Star Trek: Voyager
Prototype
A deactivated robot is found floating in space. Text

12.30am The Commish
Hidden
Tony helps a distraught father locate the son he lost to a witness relocation programme.

1.30-7.00am Long Play
Comprehensive selection of videos, charts and special features.

UK GOLD
LIFESTYLE/
SELECTION PACKS

7.00am Crossroads
7.30 Neighbours
7.55 EastEnders
8.30 The Bill
9.30 When the Boat Comes In
10.30 Rhoda
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Dallas
2.55 The Bill
Accomplice
A serial killer's past helps Carver find a missing teenage girl. But will they be in time to save her?

3.55 EastEnders
Clyde is planning a comeback fight, and the Mitchell brothers want to cash in.

4.30 Rhoda
Myrna's Story
Rhoda has to get tough with an overzealous member of staff.

5.00 All Creatures Great and Small
A Present from Dublin
Calum welcomes the new arrivals – one that bites and one that fits Siegfried's requirements.

6.00 Dynasty
La Mirage
Alexis promises to help her Congressman ex-lover with his re-election campaign if he will block Blake's government loan.

7.00
Ever Decreasing Circles
A suave new next door neighbour moves in.

7.40 Dad's Army
The Captain's Car
Mainwaring is offered the use of a Rolls-Royce.

8.20 The Brittas Empire
Back with a Bang
The Leisure Centre staff prepare a red-carpet welcome for Brittas.

9.00 The Thin Blue Line
Yuletide Spirit
Grim is on the trail of some highly dangerous carol singers.

9.40
Harry Enfield and Chums
More comic creations with Paul Whitehouse and Kathy Burke.

10.20 Ruby Wax Meets... Helen Mirren and Julianna Margulies
Celebrity chat.

11.00 The Bill
Accomplice
A serial killer's past helps Carver find a missing teenage girl. But will they be in time to save her? Stars Mark Wingett.

12midnight-3.00am
Dr Who Omnibus
The Chase
The Doctor and the Daleks land on the planet Mechanus after a frantic chase through space.

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Can't Cook, Won't Cook
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 The Heat is On
12.10pm Animal Rescue
12.40 Rescue 911
1.10 Special Babies
1.40 Beyond Belief
2.10 The Jerry Springer Show
Outrageous American talk show.

3.10 Living Room
Jayne Irving and Amanda Cross host an upbeat and humorous magazine programme, featuring human interest stories, celebrities, fashion and beauty.

4.00 Michael Cole
No-holds-barred talk show which tackles sensational subjects with a studio audience.

4.50 Rolonda
Addicted to Stripping
Talking to people who can't stop taking their clothes off.

5.40 Ready, Steady, Cook
Cookery show in which two top chefs compete against the clock to create exciting recipes from mystery ingredients.

6.15
The Jerry Springer Show
Outrageous American talk show featuring discussion about relationship issues.

7.05 Rescue 911
Stories of real-life rescues by American emergency services. Hosted by William Shatner.

7.35 Animal Rescue
More lives are saved.

8.10 Maury Povich
Talk show dealing with sensitive human-interest subjects, discussed compassionately by the host, her guests and the studio audience.

9.00 FILM: The Woman Who Sinned
Susan Lucci, Tim Matheson, Michael Dudikoff
Thriller. An unfulfilled businesswoman gets her neighbour to arrange an illicit evening with a handsome man for her. When she returns home, she finds her neighbour dead and herself heading a list of murder suspects. *1991*

11.00-12midnight
The Sex Files II
The Frontal
Psychologist Pam Spurr discusses DIY porn, and there's a look at erotic corsets.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 Holding the Fort 7.30 Doctor at Large 8.00 Hallelujah 8.30 The Many Wives of Patrick 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Upstairs, Downstairs 11.00 The Gentle Touch 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 The Many Wives of Patrick 1.30 Me and My Girl 2.00 Upstairs, Downstairs

3.00 The Love Boat
Third Wheel
Gopher and his mum go on stage, a middle-aged couple get a surprise, and a recent bride experiences motherhood.

4.00 The Professionals
Look After Annie
Bodie must rescue the woman Cowley is in love with. Stars Lewis Collins, Gordon Jackson and Martin Shaw.

5.00 Hart to Hart
Too Close to Hart
The Harts believe their plan to expose an art forgery ring is a masterpiece, only to discover a dangerous flaw in their thinking.

6.00 Emmerdale
Kathy is shocked by the news of her 'engagement'.

6.30
Classic Coronation Street
Gail argues with Brian.

7.00 The Professionals
Hunter Hunted
The theft of a lethal laser-beam rifle leads to a sadistic death-stalk by an old friend of Doyle's with a vendetta.

8.00 The Benny Hill Show
A series of sketches, featuring a host of quirky characters, guest stars, a bevy of beauties and an old bald man having his head slapped repeatedly.

9.00 The Sweeney
Jigsaw

10.00
The Brian Conley Show

10.30-11.00pm
Wheeltappers & Shunters' Social Club

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Talking Dirty
Late night series hosted by Kathy Lloyd.

11.20 Centrefolds
Fly-on-the-wall documentary.

11.50 Lord Lust's Lovelies

12midnight Football Feva
Football magazine programme.

1.00am The Best of the Tube
Cult music show. With Frankie Goes to Hollywood, Cyndi Lauper, Cameo and The Communards.

1.30-2.00am
Elvis Has Just Left the Building
Pop music quiz.

DISNEY CHANNEL
ADD-ON/
PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi 7.00 Classic Toons 7.10 Aladdin 7.35 Dalmatians 8.00 Goof Troop 8.25 Toons 8.45 Winnie 9.00 Spot 9.05 Animal Shelf 9.15 Dragons 9.30 Bear 9.55 Toothbrush 10.00 Bite Size 10.10 Rosie and Jim 10.30 Big Garage 10.45 PB and J 11.00 Sesame Street 12noon Spot 12.05pm Animal Shelf 12.15 Dragons 12.30 Bear 12.55 Toothbrush Family 1.00 Bite Size 1.10 Rosie and Jim 1.30 Garage 1.45 PB and J 2.00 Winnie the Pooh 2.30 Quack Pack

3.00 The Little Mermaid
The undersea adventures of the beautiful mermaid Ariel. Text

3.30 Art Attack
Innovative art show that aims to make art fun. Text

4.00 101 Dalmatians
More canine capers and daring doggy deeds. Text

4.30 Hercules
Hercules and the Living Legend
Hercules helps Achilles.

5.00 Recess
Animated series from the creators of Rugrats. Text

5.15 Pepper Ann Text

5.30 Smart Guy
TJ is put in the 10th grade. Text

6.00 Teen Angel
The Play's the Thing
Steve wins the lead role in the school play. Text

6.30 Boy Meets World
Brothers Text

7.00 FILM: Safety Patrol
Bug Hall, Leslie Nielsen
Family comedy. Young Scout Bozell wants to be on the school's safety patrol, and enlists the help of a private eye to prove that he's not guilty of causing an accident. *1995* Text

8.30
Honey, I Shrunk the Kids
Honey, The House is Trying to Kill Us Text

9.15 Double Dinosaurs
Prehistoric animated comedy from Jim Henson, which takes an unusual view of domestic problems, in the form of the Jurassic Sinclair family. Text

10.00 Home Improvement
Award-winning sitcom. Text

10.30 Wonder Years Text

11.00-12midnight
Touched by an Angel Text

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

FRIDAY CONTINUES OVERLEAF...

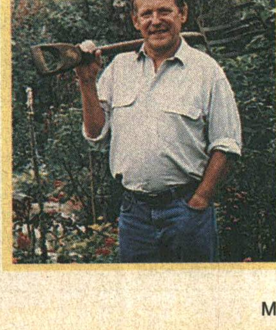
CABLE CHOICE

FILM

Beverly Hills Ninja
Sky MovieMax 9.00pm
Get ready for some martial arts fun with the late, great Chris Farley, who plays a man raised at a secret ninja training ground. A bumbling idiot, Chris seems to be an unlikely all-action hero, until a woman hires him to spy on her boyfriend in America.

GENERAL

The Benny Hill Show
Granada Plus 8.00pm
Benny Hill's version of comedy (all innuendo and slapstick) used to look horribly dated and unwatchable. However, these days the quirky characters, daft songs and silent chases are considered comic high art, so we can watch through new eyes.



ADVERTISEMENT
GARDENERS' WORLD
9.00PM
UK STYLE
Alan Titchmarsh encourages you to get to grips with your garden, whatever its shape or size. Also features reports from home and abroad by Pippa Greenwood, Stephen Lacy, Roy Lancaster and Bob Flowerdew.

Friday 5 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

7.30am Athletics – LIVE
Coverage from the World Indoor Championships.
10.30 Athletics
11.00 Alpine Skiing – LIVE
Coverage from the World Cup in St-Moritz, Switzerland.
12.30pm Ski Jumping
1.00 Snowboard – LIVE
Coverage from the FIS World Cup in Kreischberg, Austria.
2.00 Biathlon – LIVE
Coverage from the World Cup in Val Cartier, Canada.

3.15 Alpine Skiing
Highlights from the World Cup, held in St-Moritz, Switzerland.

4.00 Cross-Country Skiing – LIVE
Coverage from the World Cup in Lahti, Finland. As the 1998-99 World Cup draws to a close, all eyes will be on Norwegians Bente Martinsen and Bjoern Daehlie to take the honours in the men's and women's events respectively.

5.30 Biathlon
Action from the World Cup in Val Cartier, Canada.

6.30 Alpine Skiing
Action from the women's downhill event at the World Cup, held in the resort of St Moritz in Switzerland.

7.30 Figure Skating
Action from the ISU Grand Prix Final in St Petersburg. A total of 181 skaters from 26 countries participated in the series, with only the top six singles and top five pairs and dance couples qualifying for the final.

9.00 Boxing
Action from the ring with an international contest.

10.00 Athletics
Highlights from the World Indoor Championships in Maebashi, Japan.

11.00 YOZ Action – Youth Only Zone
Youth sports magazine programme featuring all the thrills and spills of street sports.

12midnight-12.30am Snowboard
Action from the ISF Swatch Boardercross World Tour in Copper Mountain, Colorado.

SKY SPORTS 1
PREMIUM CHANNEL

6.30am Futures in Sport 7.00 Sky Sports Centre 7.15 WWF – Superstars 8.15 You're On Sky Sports! 9.00 Racing News 9.30 Aerobics 10.00 Spanish Football 11.00 League Review 11.30 Futbol Mundial 12noon Aerobics Oz Style 12.30pm What a Weekend 1.00 Euro Tour Golf: Portuguese Algarve Open – LIVE
Coverage from day two of the Portuguese Algarve Open, held at Le Meridien, Penina, featuring many of the world's finest golfers. Last year, the tournament was won by England's Peter Mitchell, who this year is not in the rankings of top earning players on the European Tour.

5.00 Futbol Mundial
Footballing action from around the world.

5.30 What a Weekend
Roundup of all the sporting action from the weekend.

6.00 Sky Sports Centre
Catch up with all the latest sporting events as they happen in this fast paced sports news programme.

7.00 Super League: Wigan v Hull – LIVE
Coverage from the JJB Superleague. The season kicks off with the champions Wigan, who have not made a flying start to 1999, taking on Hull, who are looking to improve on their form from the last campaign.

9.30 Gillette World Sport Special
Comprehensive report on alternative sports from across the globe.

10.00 Sky Sports Centre
Catch up with all the sporting news and views with this comprehensive news service.

11.00 Hold the Back Page
Three leading football journalists read between-the-lines and analyse the back page headlines.

12midnight Sky Sports Centre 1.00am World Wrestling Federation – Raw 3.00 Super League: Wigan v Hull 4.00 Hold the Back Page 5.00-6.00am Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style 7.30 Sky Sports Centre 7.45 Racing News 8.15 What a Weekend 8.45 Sky Sports Centre 9.00 Tight Lines 10.00 The Rugby Club 11.00 Ford Golf USA: Doral Ryder Open 1.00pm Football League Review 1.30 Futbol Mundial 2.00 International Cricket: West Indies v Australia – LIVE
Coverage from the first Test between West Indies and Australia, held in Port of Spain, Trinidad.

4.00 Gillette World Sport Special
Comprehensive report on alternative sports.

4.30 International Cricket: West Indies v Australia – LIVE
Coverage from the first Test between the West Indies and Australia, held in Port of Spain, Trinidad. Australia are in confident mood following their 3-1 Ashes victory over England in January. Meanwhile, the Windies were humiliated in South Africa in their recent Test series. This is an ideal opportunity for the once formidable cricketing nation to re-establish themselves on home soil. A sound opening is an absolute must, however, as confidence could be a key ingredient in their success, in the face of the resilient Australian bowling and batting.

9.00 Ford Golf USA: Doral Ryder Open – LIVE
Coverage from the second day of the Doral Ryder Open, at the Doral Ryder Open and Country Club in Miami, where some of the world's top players will be competing for a slice of the $3million total prize money.

11.00 Cycling: Tour of Malaysia
Further action from the tour.

11.30 Max Power
Motorsport action with an international flavour.

12.30am Extreme Sailing 1.00 Super League: Wigan v Hull 2.00 Sky Sports Centre 3.00 Ford Golf USA: Doral Ryder Open 5.00 Australian Rally Championship 5.30-6.00am Moto-Plus

SKY SPORTS 3
PREMIUM CHANNEL

11.30am Futures in Sport 12noon Trans World Sport 1.00pm Fish TV: Tight Lines
Angling questions answered by fishing fanatics Bruno Brookes and Keith Arthur.
2.00 Bobby Charlton's Football Scrapbook: Ron 'Chopper' Harris
Former Chelsea legend Ron 'Chopper' Harris joins Bobby Charlton and Dickie Davies to look back on his career.

3.30 Football League Review
Review of all the goals in the Nationwide League.

4.00 Survival of the Fittest
Athletes test their stamina.

4.30 Max Power
Motorsports action from around the world.

5.30 Moto-Plus
Motoring mayhem for those who like to live life in the fast lane.

6.00 Cycling: Tour of Malaysia
Further highlights from the two-wheeled tour.

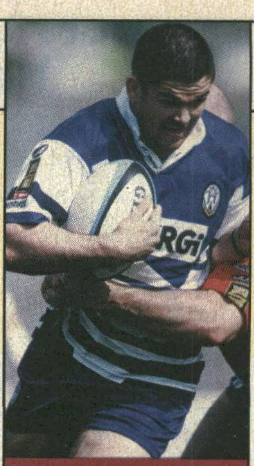
6.30 Inside the Senior PGA Tour

7.00 Euro Tour Golf: Portuguese Algarve Open
Highlights from the second day's play in this year's Portuguese Algarve Open, held at Le Meridien, Penina. The event was won last year by Peter Mitchell.

9.00 Moto-Plus
Motoring mayhem for adrenalin junkies.

9.30 Extreme Sailing
Thrills and spills on the high seas.

10.00-12midnight World Wrestling Federation – Raw
Action from the World Wrestling Federation world championship, with star fighters such as Cactus Jack, The Outlaws and The Headbangers battle it out for supremacy. Jim Ross, Kevin Kelly and Michael Cole commentate.



Andy Farrell's Wigan Warriors could prove a hard challenge for Hull. Sky Sports 1 7.00pm - Live

MUTV
ADD-ON CHANNEL

6.00pm Game On
6.15 The Insiders
Manchester United's unsung heroes.
6.30 Kids' Clinic
Top tips for kids.
7.00 Red Hot News Special
News from Old Trafford.
7.30 The Boss
7.45 What the Players Say
8.00 Super Match: Vintage Reds – Manchester City v Liverpool
Classic 1979/80 action.
8.55 Red Hot Update
9.00 Red Replays
From transfer news to controversial views, this is the show that reviews the week inside Old Trafford. With Carolyn Ashton.
10.00 Red Legends
Norman Whiteside talks to Mike Duxbury.
10.30 Wild About United
Why fans love the Reds.
11.00 The Boss
11.15 What the Players Say
11.30-12midnight Red Hot News Special

SCI-FI
ACTION PACK

7.30am Bloomberg 8.00 Sightings 9.00 Battlestar Galactica 10.00 Quantum Leap 11.00 Dark Shadows 11.30 Ray Bradbury Theatre 12noon Twilight Zone 1.00pm Tales of the Unexpected 1.30 Tales of the Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00 Battlestar Galactica
Greetings from Earth
Apollo and Starbuck discover a primitive ship with direct links to Earth.

4.00 The Incredible Hulk
Homecoming
The nostalgia of Thanksgiving draws David Banner back home.

5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences. Presented by Tim White.

6.00 The Ray Bradbury Theatre
Fee Fie Foe Fum

6.30 New Alfred Hitchcock
Don't Sell Yourself Short

7.00 Quantum Leap
Nowhere to Run
Sam takes over the body of a handicapped Vietnam war veteran who is trying to adjust to life back home.

8.00 Amazing Stories
Gather Ye Acorns

8.30 Highlander: The Raven
So Shall Ye Reap
Nick helps Amanda's friend.

9.30 The Hunger
The Sloan Men
A woman falls in love with an ordinary man... *or so* she thinks, until she meets her future mother-in-law.

10.00 FILM: Witchboard
Todd Allen, Tawny Kitaen, Burke Byrnes
Horror. During a college party, a group of friends bring out an Ouija board and play with it for laughs. However, they unwittingly release the evil spirit of an axe murderer who runs amok on campus. *1987*

12midnight FILM: Akira
Voice of Mitsuo Iwara
Manga animation. *1988*
2.30am 100 Years of Horror
Mutants
3.00 Dark Shadows
Modern day vampire yarn.
3.30-4.00am Dark Shadows
Modern day vampire yarn.

ITV2
ACCESS PACK

4.00pm Trisha
Trisha Goddard shares heartwarming and hair-raising true stories with a studio audience.
5.00 Don't Try This at Home
Darren Day and Davina McCall present a show in which ordinary people are challenged to perform dangerous acts. Contestants attempt to beat their phobias by tackling them head-on.
6.00 Bedrock
Teenage fun with celebrity guests, music, bedroom webcams and e-mail activity.
7.00 Futbol Mundial
Comprehensive roundup of the latest news and action from the world of football.
7.30 Taking the Pitch
Bob Mills hosts the knockout soccer quiz.
8.00 The Mix
Weekly rundown of charts, gossip and interviews.
9.00 Boxing on 2 – LIVE
Peter Culshawkes on Tomas Rivera in the world title fight from Liverpool.
11.00 Coronation Street
Catch up with the latest gossip and scandal from Wetherfield.
11.30 TBA
12midnight
Reg and Harry's CFN
1.00am-2.00am Feature

TELEVISION X
ADD-ON CHANNEL

12midnight Free View 12.10am Sex Fest 12.20 Super.... 12.45 FILM: Temptation 1.00 Free View 1.05 FILM continues 2.00 Five Minute Free View 2.05 Adult Feature 2.30 FILM: The Dinner Party 3.00 Free View 3.05 FILM continues 3.40 Sammi 4.10-5.30am FILM: Splendor in the ...

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day
12.10am Biker Annie
12.35 Kinky Clubbers 5
12.55 FILM: The Spicier Side of Nina Hartley
2.05 FILM: The Case of the Cockney Cupcake
Megan Leigh, Jon Martin
Erotic comedy.
3.05 Electric Blue Show
3.35-4.00am LA Swimstyles

Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: In Your Wildest Dreams
Trevor Black, Lise Wibum
Comic adventure.
9.25 Requiem
Short film.
9.50 FILM: The Elite
Andrea Gall, Dana Wise
Slasher thriller.
11.25-12midnight Electric Blue Show

Friday 5 March

'Lions: Finding Freedom' follows a pride of free-ranging lions. Animal Planet 10.00pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Cross Wits
With Tom O'Connor.
5.45
The Games Room
6.00 Family Fortunes
Hosted by Les Dennis.
6.30
The Games Room
6.45 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.15
The Games Room
7.25 100 Per Cent
General knowledge quiz.
7.55
The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and fiendish challenges in a giant fantasy world.
9.00
The Games Room
9.15 Strike it Lucky
The madcap gameshow.
9.45
The Games Room
10.00 Candid Camera
More revelatory evidence.
10.30
Karaoke Challenge
Gloucester
With Yvette Fielding.
11.00
Carnal Knowledge
The quiz show that rips open the bedroom curtains to reveal the most intimate sexy secrets.
12midnight Strike it Lucky 12.30am Split Second 1.00 Candid Camera 1.30 Through Keyhole 2.00 Love at First Sight 2.30 Studs 3.00 Simply Irresistible 3.30 Blockbusters 4.00 Fifteen to One 4.30 Don't Drink the Water 5.00-6.00am Screenshop

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 Why Files 7.30 Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 Why Files 9.30 Indecent Proposals 10.00 Agony 10.30 The Fashion Show 11.00 Judge Judy 11.30 Mind Games 12noon Why Files 12.30pm Agony 1.00 Lie Detector 1.30 Fashion Show 2.00 Judge Judy 2.30 Mind Games
3.00 Agony
More much-needed relationship advice.
3.30 Lie Detector
Uncovering deception using modern methods.
4.00
Indecent Proposals
Cash for foolishness.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
More relationship advice.
5.30 The Why Files
Searching for the weird, the wonderful and the plain spooky.
6.00
The Fashion Show
A look at the headlines among the hemlines.
6.30
Indecent Proposals
7.00 Sport at Seven: Bangers and Smash
More cracking stock-car racing from the L!VE stable. Hosted by Louise Brady.
8.00 The Why Files
Psychic investigators search for the weird, the wonderful and the spooky.
8.30 Judge Judy
The feared Judge is here.
9.00 Dog Night L!VE
Top class action from the race track.
9.57 Topless Darts
More sharp and shapely dart throwing.
10.00 Love Street
US erotic series.
10.30 Exotica Erotica
Adult entertainment series.
11.30 Orgasmatron
11.45 Painted Ladies
11.57 Topless Darts
More sharp and shapely throwing.
12midnight Love Street 12.30am Dancer 12.45 Pleasure Dome 1.00 Exotica Erotica 2.00 Blue Review 2.15 Janeycam 2.30 Love Street 3.00 Agony 3.30 Why Files 4.00 Fashion 4.30 Agony 5.00 Detector 5.30 Body Heat 5.45-6.00am Nation L!VE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Kitchen College 10.00 The Cookshop 10.30 Alive and Cooking 11.00 Worrall Thompson Cooks 11.30 A Slice of the Action 12noon Network 12.30pm Newman Meets 1.00 Kitchen College 1.30 Gordon Ramsay 2.00 Can't Stand The Heat 2.30 Network
3.00 Food Factory
3.30 A Slice of the Action
4.00 New Chefs on the Block
4.30-5.00pm Perfect Pasta
With Aido Zilli.

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show presented by Bill Dodd.
5.30 Gridlock
Hosted by Simon Biagi.
6.00 London Bridge
Sam is devastated when Ant reveals that she is his perfect woman.
6.30 Our House
Lifestyle series.
7.00 Boon
Away From it All
Harry sends Ken to a rural retreat run by his nephew, but life is anything but relaxing.
8.00 Blue Heelers
I Spy
Maggie's apology to PJ has to wait until they have dealt with an emergency call from a toddler.
9.00 Love Hurts
The Morning After
The wine deal pushes Frank further apart from Tessa which strengthens her interest in the Ethiopian project.
10.00 That's Love
Tristan vows eternal love for Patsy.
10.30 The Screen
Magazine programme looking at the latest movies.
11.00
Hill Street Blues
Influential Eighties US police drama series set in a tough urban area, with human-interest storylines.
12midnight Grown Ups
Comedy series about a group of five friends who met at university and, 15 years later, are still living in the same town.
12.30am Gridlock
Hosted by Simon Biagi.
1.00-2.00am
The Last Place on Earth

ANIMAL PLANET
WORLD PACK

12noon The New Adventures of Black Beauty
12.30pm Hollywood Safari
1.30 Crocodile Hunter
Travelling the Dingo Fence
2.00 Wild Rescues
The unique relationship between humans and animals is explored.
2.30 Human/Nature
Reporters travel the world charting man's relationships with animals and the elements.
3.30 Harry's Practice
A look at the work of vet Harry Cooper in his practice in northern Tasmania.
4.00
Jack Hanna's Zoo Life
San Diego Zoo
4.30 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
5.00 Pet Rescue
Wendy and Mark follow the fortunes of animals.
5.30
Deadly Australians
Coastal and Ocean
6.00
The New Adventures of Black Beauty
Children's drama series.
6.30 Lassie
Lassie is Missing
7.00 Rediscovery of the World
The Andaman Islands
Jacques Cousteau's expedition visits the Bay of Bengal.
8.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
8.30 Animal X
The stranger aspects of the animal kingdom.
9.00 Ocean Wilds
Patagonia
9.30 Emergency Vets
A greyhound is treated after being attacked by its owner's Rottweiler.
10.00 Lions – Finding Freedom
Free-ranging lions are quickly becoming one of Africa's rarest wildlife groups.
11.00 Vet School
Students from Cambridge University face the challenge of becoming a vet.
11.30-12midnight Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Explosion Live
7.50 It'll Never Work
8.30 Vanessa
9.30 Esther
10.00 Vet School
10.30 Lion Country
11.00 Your Life in Their Hands
12noon Cheetahs and Cubs in a Land of Lions
1.00pm The Look
2.00 Family Values
3.00 999 Lifesavers
More extraordinary true stories of heroism.
3.30 Esther
Talking with the Dead
Guests include Katie Boyle.
4.00 Vanessa
Vanessa Feltz tackles real-life issues with a studio audience.
5.00 Animal Hospital
With Rolf Harris and Steve Knight.
5.30 Lion Country
A visit to Longleat village and safari park.
6.00 Easter Island – The Story
The history of the society that lived, flourished and declined on this mystical island.
7.00
The Human Animal
The Immortal Genes
Desmond Morris looks at the natural history of the human parent and child.
8.00
Enter the Dragons
Wildlife on UK Horizons
8.30 Ray Mears's World of Survival
Namibia
9.00 Secrets of Lost Empires
The Colosseum
A discussion about who was responsible for this construction.
10.00 Holiday Reps
In Menorca, Eve's friends are over for their holiday.
10.30 The Cruise
Teach Me Tonight
Jack the dancer has a plan.
11.00 Top Gear GTi
Testing the latest models and casting an experienced eye over the hottest motoring news, in this extended edition.
12midnight-1.00am Tomorrow's World Plus
Peter Snow and Philippa Forrester present reports about the future of science and technology.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Food Livetime 7.00 Food Livetime 8.00 E! True Hollywood Story 9.00 The Psychic Zone 9.30 Healthbeat 10.00 The View 11.00 Roddy Llewellyn's Indoor Garden 11.30 Best Direct Best Buys 12noon The Montel Williams Show 1.00pm Psychic Livetime 2.00 The View
3.00
Astrology Livetime
Magazine programme which offers viewers the opportunity to put questions to celebrity guests.
4.00 The Montel Williams Show
Emmy award winner Montel Williams uses his unique, passionate approach to help his guests.
5.00
Roddy Llewellyn's Indoor Garden
5.30-6.00pm
The Psychic Zone

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Season of the Salmon
A rare close-up of the Alaskan Brown bear.
7.30
Diving with Seals
8.00 The Shark Files: Great White – In Search of the Giant
An exploration of whether the great white shark is in danger of extinction.
9.00 Animal Insitinct
Friday Night Wild encounters some of the most feared animals and some of the most rugged terrain on earth.
10.00
Kruger Park 100 – The Vision Lives On
This programme celebrates the 100-year anniversary of this National Park.
11.00 Search for the Great Apes
Following the dedication of the late Dian Fossey, the heroine on which *Gorillas In The Mist* was based.
12midnight-1.00am
Mirrorworld
Explore above and below the water's surface of New Zealand's spectacular Fjordland. A remote control camera is used to delve to depths of over 1,000 feet.

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Mad for Hits
A selection of the best new music hits.
9.00 Bytesize MTV
11.00 brand:new
12noon Mad 4 Hits
2.00pm The MTV Dancefloor Chart Show
3.00 Bytesize MTV
4.00 Select MTV
5.00 News
6.30 UK Singled Out
Dating game.
7.00 brand:new
What's hot and what's not.
8.00 The MTV Dancefloor Chart Show
9.00 MTV Megamix
It's party time on MTV.
10.00 News
A roundup of the latest news.
10.30 UK Singled Out
11.00 The Grind
12midnight Partyzone
1.00am News
1.30 UK Singled Out
2.00 Club Mix
3.00 MTV Megamix
4.00 Partyzone
5.00-6.00am Night Videos

VHI
MUSIC & GAMES PACK

6.00am Breakfast 8.00 Pop-Up Video VH1 Upbeat 12noon Ten of the Best 1.00pm Greatest Hits of... Cher NEW 1.30 Pop-Up Video 2.00 Jukebox 4.30 Bee Gees 5.00 Five@Five 5.30 Pop-Up Video 6.00 Something for the Weekend 7.00 Greatest Hits of... The Movies 7.30 Talk Music 8.00 Ed Sullivan NEW 8.30 Party Hits 9.00 Kate & Jono Show 10.00 Ten of the Best: Caprice NEW 11.00 Spice NEW SERIES 12midnight Behind the Music: Metallica NEW 1.00am Friday Rock 2.00-6.00am Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Snow Safari 12.30pm Ribbons of Steel 1.00 Travel Live 1.30 Gatherings and Celebrations 2.00 Flavours of Italy 2.30 Journeys 3.00 On Top 4.00 Go 2 4.30 On the Loose 5.00 Ribbons of Steel 5.30 Snow Safari 6.00 Gatherings and Celebrations 6.30 On Tour 7.00 The Magic of Africa 8.00 Holiday Maker 8.15 Holiday Maker 8.30 Go 2 9.00 On Top 10.00 Journeys 10.30 On the Loose 11.00 On Tour 11.30-12midnight Reel World

UK STYLE
LIFESTYLE PACK

7.00am Going for a Song 7.30 Terrace 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Style 9.30 Change That 10.00 Holiday in Style 11.00 Air Show 11.30 The DIY Show 12noon Can't Cook, Won't Cook 12.30pm Style 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Taste of the Sea 2.30 Growing Places 3.00 An Englishwoman's Garden 3.30 Wilderness Walks 4.00 Tales from the Riverbank 4.30 Antiques Roadshow 5.30 Can't Cook, Won't Cook 6.00 Tales from the Riverbank 6.30 The Face 7.00 The House Detectives 7.30 Ready, Steady, Cook 8.00 Style Challenge 8.30 Change That 9.00 Gardeners' World 9.30 How Does Your Garden Grow? 10.30 Stefan's Garden Roadshow 11.00 Gardening from Scratch 11.30 Can Ski... Will Ski! 12midnight Our Man in...Tthe Bronx 12.40am-1.00am Heaven in Your Hands

Friday 5 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Today's Gourmet 6.30 Graham Kerr 7.00 Room Service 7.30 Painted House 8.00 Wedding Story 8.30 Baby Story 9.00 Painting 9.30 History 10.00 Global Gardens 10.30 Cookabout 11.00 The Diceman 11.30 Rex Hunt 12noon Our House 12.30pm Antiques Trail 1.00 Our House 1.30 Hometime 2.00 New Yankee Workshop 2.30 Home Again 3.00 This Old House 3.30-4.00pm Go Fishing

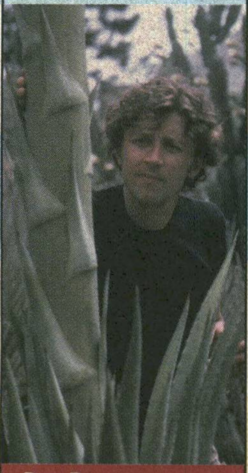
DISCOVERY
WORLD PACK

4.00pm Rex Hunt's Fishing Adventures
Portsea
4.30 Walker's World
Zimbabwe and Botswana
With Anna Walker.
5.00 Time Travellers
Who Were the Israelites?
Archaeological findings examined.
5.30 Terra X
The Voyage Home
6.00 Wildlife SOS
Featuring the sad story of an injured fox which was too badly hurt to survive.
6.30 Adventures of the Quest
Alaska: Of Ice and Rock
Exploring the land with a violent geological past and present.
7.30 The Quest
Violent Sleep
8.00
Outback Adventures
Troy joins a convoy.
8.30
Uncharted Africa
NEW SERIES *Hunting*
9.00 Shoot to Thrill
A profile of Marc Wolff, one of the most sought-after aerial stunt co-ordinators for Hollywood films.
10.00
Pinochet and Allende – Anatomy of a Coup
An historical account of the final hours of Salvador Allende.
11.00
Weapons of War
German Bombers – The Weakest Link
A look at the German bomber force.
12midnight
Birth of a Salesman
Follows a group of new door-to-door salesmen.
1.00am Terra X
The Voyage Home
1.30-2.00am
Time Travellers
Who Were the Israelites?

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Blinky Bill 6.00 The Tidings 6.30 Tabaluga 7.00 The Powerpuff Girls 7.30 Dexter's Laboratory 8.00 Looney Tunes 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 The Tidings 10.00 The Magic Roundabout 10.30 The Fruitties 11.00 Tabaluga 11.30 Yo! Yogi 12noon Tom and Jerry 12.30pm Looney Tunes 1.00 Popeye 1.30 The Flintstones 2.00 The Jetsons 2.30 Droopy

3.00 Taz-Mania
More devillish fun with Taz.
3.30 Scooby-Doo
Scooby, Shaggy and the gang solve another baffling mystery.
4.00
The Powerpuff Girls
4.30
Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 I am Weasel
Animated antics.
5.30
Cow and Chicken
Cartoon capers with the two siblings.
6.00 Animaniacs
Animated animal antics.
6.30 The Flintstones
Prehistoric men behaving badly – but they have their women to control them.
7.00 Tom and Jerry
Madcap comic antics with the sparring cat and mouse duo.
7.30 Looney Tunes
Fun with the Looney gang.
8.00
Cartoon Cartoons
Homegrown animation.
8.30-9.00pm
Cult Toons



Dan Pearson presents 'Global Gardens'. Discovery Home & Leisure 10.00am

NICKELODEON
FAMILY PACK

6.00am Rocko 6.30 Bruno the Kid 7.00 CatDog 7.30 Rugrats 8.00 The Wild Thornberrys 8.30 Arthur 9.00 Children's BBC 10.00 Wimzie's House 10.30 Papa Beaver Stories 11.00 Magic School Bus 11.30 PB Bear/Budgie/Animal Antics/ Family Ness 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Little Bear Stories 2.00 Paddington Bear/Lizzie's Library/Portland Bill/Mr. Men 2.30 Children's BBC

3.00 Children's BBC on Nickelodeon
Including *Teletubbies.*
3.30 Doug
Doodle the day away with Doug.
4.00 Three Friends and Jerry
4.30 Rugrats
Fun with the nippers who have over-fertile imaginations.
5.00 Sister Sister
Twice the comedy and four times the fun.
5.30 Kenan & Kel
The adventures of two funky friends.
6.00 Renford Rejects
6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
US Sitcom.
7.30 Grace Under Fire
Rob v Jimmy
8.00 Ellen
What's Up, Ex-Doc?
Spence isn't sure that his father knows best.
8.30 Spin City
Wonder Woman
9.00 Drop the Dead Donkey
Christmas Party
9.30 Whose Line is it Anyway?
Chaotic improvisation.
10.00 Life of Python
An unprecedented look at the history of Python as told by members of the troupe. They recall the blend of talents that created the unequalled brand of humour.
11.15 Lancelot Link
11.30 The Larry Sanders Show
Larry's Agent
12midnight Late Night with David Letterman
1.00am Taxi
1.30 Frontline
2.30 Dr Katz
2.30 Tibs and Fibs
3.00 Nightstand
3.30-4.00am
Abbott and Costello

FOX KIDS
FAMILY PACK

6.00am Dodo 6.05 Power Rangers 6.30 Power Rangers 6.55 Spiderman 7.20 Oggy 7.30 Donkey Kong Country 8.00 Hero Turtles: The Next Mutation 8.25 Incredible Hulk 8.50 Iron Man 9.15 Fantastic Four 9.40 X-Men 10.05 Casper 10.30 Oggy 10.55 Eek!Stravaganza 11.05 Bobby's World 11.30 Life with Louie 11.55 Home to Rent 12.05pm Dennis and Gnasher 12.30 Donkey Kong Country 1.00 Mowgli 1.25 Ace Ventura 1.55 The Incredible Hulk 2.20 Iron Man 2.45 Fantastic Four

3.10 X-Men
Mutant adventures.
3.30
Fox Kids X-Press
Magazine programme.
3.35 Spiderman
4.00 Goosebumps
More spooky stories.
4.25 Hero Turtles: The Next Mutation
4.50 Casper
Fun with the friendly ghost.
5.00
Dennis and Gnasher
The boy and his dog cause more menacing mayhem.
5.30 Ace Ventura
Zany pet detective.
6.00
Donkey Kong Country
6.30 Eek!Stravaganza
6.55-7.00pm Oggy and the Cockroaches

SHOP!
LIFESTYLE/ SELECTION PACKS

12midnight Bargain Shop!
12.30am Shop! Selection
1.30 Dress for Less
2.30 Good Hair Days
3.00 The Gold Collection
4.00 Beauty Secrets
5.00 Plugged In
6.00 Shop! Selection
7.00 Bargain Shop!
7.30 Diamanti Designs
Diamond-look jewellery.
8.30 Labels
Casual fashion from the biggest brands in the business!
9.30 Travel Bag
10.00 Junior Choice
Activity toys.
11.00 Silversmith
Contemporary designs in silver jewellery.
12noon On the High Street
High street store Hawkshead is featured.
1.00pm Bargain Shop!
1.30 Shop! Selection
2.30 Good Hair Days
Stylists from Vidal Sassoon share their haircare secrets.
3.00 Feel Good Factor
Mother's Day gifts.
4.00 Cook's Den
Appliances and accessories for the kitchen.
5.00-6.00pm
Shop! Selection
A roundup of the best offers.

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 24 7.00 News 9.30 World Today 10.00 News 1.30pm UK Today 2.00 News 2.30 World Today 3.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Seven Days 1.00 News 2.30 Simpson's World 3.00 News 3.30 Science Review 4.00 News 4.30 Reporters 5.00 News 5.30-6.00am Straight Talk

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am Morning 5.30 Insight 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm Earth Matters 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Inside Europe 5.00 Larry King 6.45 American 7.30 Business 8.30 Q&A 9.00 Perspectives 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.30am Showbiz 1.30 Q&A 2.00 Larry King 3.00 7 Days 3.30 Newsroom 4.30-5.00am World Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour every hour, plus: 6.00am Sunrise 11.30 Money 2.30pm Your Call 4.30 World News 5.00 Live at Five 7.30 Sportsline 8.30 Business Report 9.30 World News 10.00 Primetime 12midnight News on the Hour
12.30am CBS News
1.00 News on the Hour
1.30 World News
2.30 Business Report
3.30 Week in Review
4.00 News on the Hour
4.30 Fashion TV
5.00 News on the Hour
5.30-6.00am
CBS Evening News

INTERNATIONAL

TV5 5.00am Journal Télévisé TV5 5.15 Journal des Journaux 5.30 Télématin et le Journal 7.00 Journal 7.30 D 8.05 Zig Zag Café 9.00 Journal 9.15 Fiction: L'Inspecteur Lavardin 11.00 TV5 Infos 11.05 Voilà Paris 11.30 Journal 12noon TV5 Infos 12.05pm Faut pas Rêver 1.00 Journal 1.15 Fiction: L'Inspecteur Lavardin 3.00 Journal 3.15 TV5 Questions 3.30 Les Carnets du Bourlingueurs 4.00 TV5 Infos 4.05 Pyramide 4.30 Questions Pour un Champion 5.00 Journal 5.15 Fiction: L'Inspecteur Lavardin 7.00 Journal 7.30 Journal et le Journal 8.00 TV5 Infos 8.05 Savoir Plus 9.00 Journal 9.15 Débat de Société 11.00 Journal 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL
CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Holy Qur'an 9.00 FILM 11.30 News 12noon Lifeline 12.30pm Daal Mein Kala 1.00 Swabimaan
1.30 FILM
4.00 Akbar Birbal
4.30 Paranda
5.30 Chidi Ka Ghulam
6.00 Tiger
6.30 Asianet Aur Aap
7.00 Swabimaan
7.30 News
8.00 A Mouthful of Sky
8.30 Aarzoo
9.00 FILM
11.30 News
12midnight Edit
12.30am Asianet Aur Aap
1.00 FILM
4.00 A Mouthful of Sky
4.30 Swabimaan
5.00 BPL Oye Countdown
6.00 Akbar Birbal
6.30 News
7.00-7.30am Mehfil

ZEE TV
ADD-ON CHANNEL

6.00am Sorry Meri Lorry 6.30 Mast Must Show 7.00 Faith: Muslim 7.30 News 8.00 Zee World 8.30 Tara-2 9.00 Adhikar 10.00 Anhoni 11.00 Zaike Ka Safar 11.30 Parampara 12noon FILM: Mukhti 3.00pm Bangla TV – Nokhattrer Rat 3.30 It's My Choice 4.00 Akbar Birbal 4.30 Zee Zone 5.30 Amanat 6.00 Artist of the Fortnight 6.30 Zee TV – Showcase 7.00 Chashme Baddoor 7.30 Entertainment Express 8.00 News 8.30 Aashirwad 9.00 FILM: Khudaar 12midnight News 12.30am Ru-Ba-Ru 1.00 X-Zone 2.00 FILM: Bees Saal Baad 5.00 Filmi Baatein 5.30-6.00am All Time Hits

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 River of Life 4.30 Let the Fire Burn 5.00 Chronicles of Revival 5.30 Paul Scanlon 6.00 Good News 6.30 Changing your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is Your *Day 8.15* Good Morning Europe 8.30 The Messenger 9.00 Another Day of Victory 9.30 Life in the Word *10.00 In Times Like* These 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the hald hour, plus: 2.19am Boarding Pass 4.24 Sports 4.45am Clarke's Chronicles

BBC PARLIAMENT
NEWS & SPORT PACK
CABLE EXCLUSIVE

5.30am Select Committees
7.00 The Record
7.30 Select Committees
3.00pm House of Lords
11.00 The Record
11.30-12midnight Straight Talk

SKY SOAP
LIFESTYLE PACK

11.00am
Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm
As the World Turns
David abducts Lily and Julia.
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
3.30-4.00pm
Emmerdale Farm

THE HISTORY CHANNEL
WORLD PACK

4.00pm Clash of Wings
The African Tutorial
5.00 Trans-Atlantic Cable
2,500 Miles of Copper
6.00 Hidden Cities of the Etruscans
7.00-8.00pm Helicopters
Discover why the machine that Wilbur Wright once thought worthless is now an indispensable part of our world, from mercy missions to patrolling our neighbourhoods.

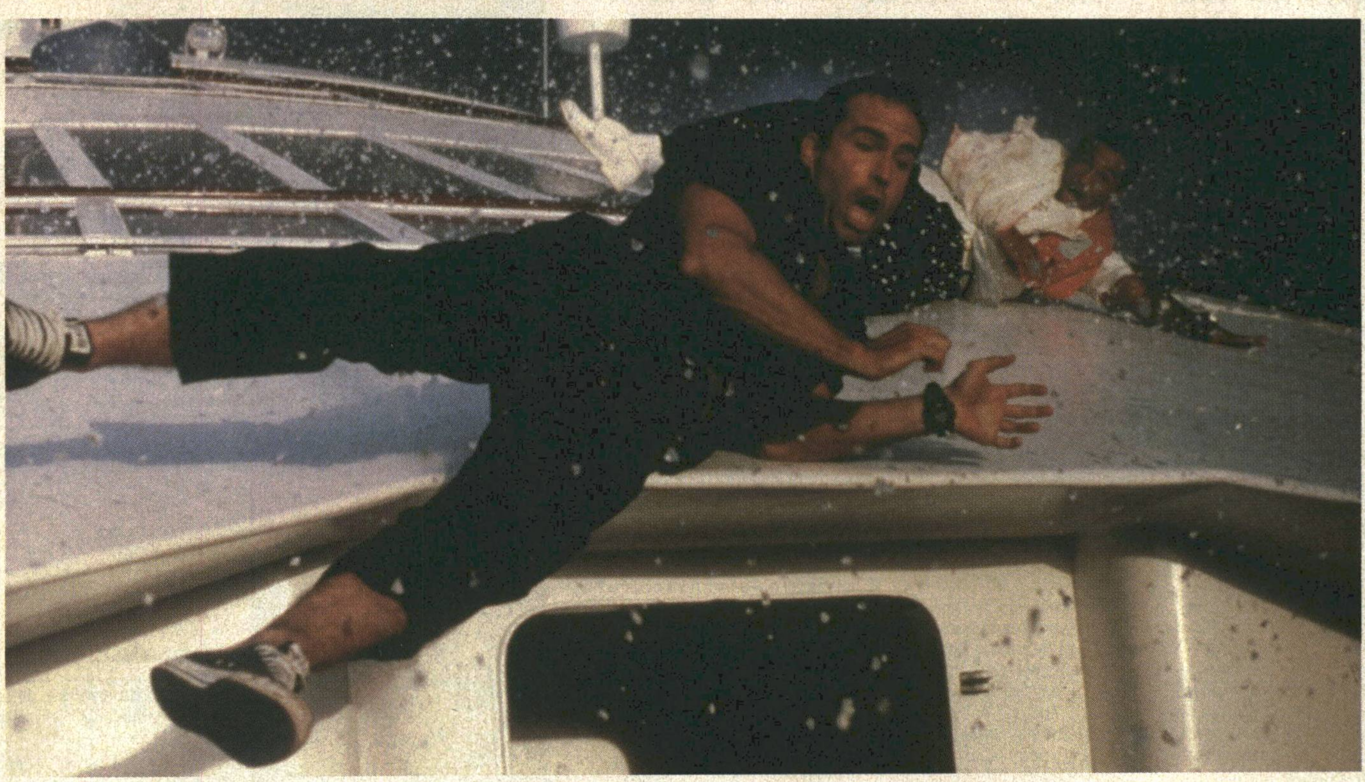
SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Sky Destinations
12noon
American Adventurer
12.30pm Around the World
1.00 Earth Journeys
1.30
Great Houses of Europe
2.00 Islands of the Pacific
3.00 Around the World
3.30-4.00pm
Sky Destinations
Guernsey

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Lifestyle at 9.00am.

CABLE CHECK
Some of the channels listed may not be available in your area



BUILT FOR SPEED

With its exhausting, against-the-clock plot, scenes of unrelenting tension and deftly mounted set-pieces, *Speed* rates as one of the finest action movies of the decade. The astonishingly assured directorial debut of Dutch-born former cinematographer Jan de Bont, this 1994 blockbuster succeeded in revitalising an increasingly tired-looking genre. To attempt a sequel to a film of such pedigree sounds foolhardy, especially after its star, Keanu Reeves, had refused to participate. But in this week's premiere of *Speed 2: Cruise Control*, de Bont has pulled off this daunting task with aplomb. With Reeves absent from the proceedings, de Bont turns his attentions to Sandra Bullock, who reprises her role of affable accidental heroine Annie Porter. She provides an identifiable and engaging comic counterpoint to the elaborately mounted pyrotechnics and de Bont makes the most of her quirky charisma. The director boldly eschews the urban backdrop of the first film, in which Los Angeles served as a sort of giant white-knuckle theme park ride, and takes to the high seas for this latest adventure. One minute Porter and her new boyfriend Alex (Jason Patric) are enjoying a romantic cruise aboard a luxury liner, and the next they find themselves pitted against embittered, unhinged computer expert Willem Dafoe, who has set the ship on a collision course with a Caribbean island. Having served his Hollywood apprenticeship behind the lens on such adrenaline-fuelled classics as *Die Hard* and *The Hunt for the Red October*, de Bont certainly knows how skilfully applied camerawork can heighten the excitement of a set-piece. On *Speed 2* he is brilliantly served by Clint Eastwood's regular cameraman, Jack N Green, and his dynamic designer visuals. The film is an unapologetic pick and mix of elements taken from the aforementioned *Die Hard*, the runaway train movie (a sub-genre to which de Bont paid homage in the subway-set climax of *Speed*) and the ocean-bound disaster epic *The Poseidon Adventure*. But this combination of influences is assembled with humour and panache and, as pure escapist entertainment, the result is a great success.

Sky Premier Saturday 6th 8.00pm

THE SIXTH SEASON IS OUT THERE

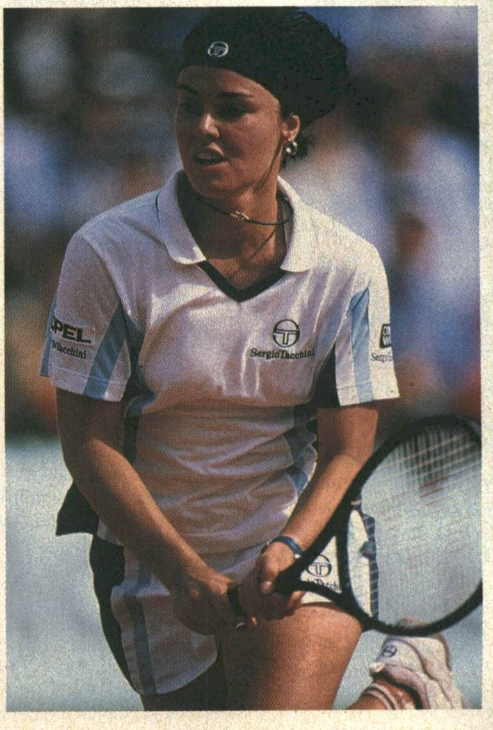
Since its modest debut on Sky One back in January 1994, *The X-Files* has developed into an influential, multi-award winning epic. The series has well over 100 episodes under its belt and the eagerly anticipated sixth season kicks off this week with, appropriately enough, *The Beginning* – an episode in which Mulder and Scully's re-assignment to the X-Files hangs in the balance unless they can find proof of extraterrestrial life. The storylines continue to evolve with bewildering cleverness and the show's global army of fans just can't seem to get enough. With so many questions requiring answers, loose ends needing to be tied up and twists and turns to be straightened out, there is certainly plenty of scope for compelling revelations in future episodes. It sounds as though devotees of the series should make the most of it while it lasts, though. Creator Chris Carter is contracted to write a seventh season but the prospect of an eighth seems doubtful. After the success of *The X-Files* movie last year, however, there is a possibility that the series could survive as a cinematic franchise.

Sky One Sunday 7th 9.00pm

TEEN QUEEN

After her recent triumph at the Australian Open, Martina Hingis, the 18-year-old 'Can't Miss Swiss', will now be looking to reclaim her crown as the reigning top women's tennis player – and victory at the $1,250,000 WTA tournament in Indian Wells would boost her chances. Last year, Hingis defeated current world number one Lindsay Davenport in the final.

Eurosport from Saturday 6th 8.00pm – Live



Saturday 6 March

SKY PREMIER
PREMIUM CHANNEL

6.00 AM **6.00am The Lies He Told**
1996, rating Sky PG, 88 mins
8.00 Jingle All the Way
MORNING
Seasonal comedy. Text *1996, rating Sky PG, DS, 86 mins*
10.00 House Arrest
Jamie Lee Curtis, Kevin Pollack
1996, rating Sky PG, 104 mins
12noon We the Jury
Kelly McGillis, Lauren Hutton
1996, rating Sky PG, 89 mins
2.00pm The Lies He Told
Gary Cole, Karen Sillas
3.00 PM Riveting drama in which a lawless renegade, who is on the run from the authorities, lures a trusting young woman into a secret world of lust and deception. *1996, rating Sky PG, 88 mins*

4.00 PM **4.00 Jingle All the Way**
Arnold Schwarzenegger, Sinbad, Phil Hartman, Rita Wilson
Christmas comedy. A businessman is on a quest to find the season's hottest toy for
5.00 PM his son, whom he has neglected. However, it proves to be a difficult task. Text *1996, rating Sky PG, DS, 86 mins*

5.30 House Arrest
Jamie Lee Curtis, Kevin Pollack,
6.00 PM *Jennifer Love Hewitt*
Comedy in which two parents are locked in their basement by their children and told that they cannot come out until they have sorted out their differences.
7.00 PM When the children's friends find out what has happened, the idea catches on quickly. *1996, rating Sky PG, 104 mins*

7.30 P:review
Hosted by Jessica Whittaker.

8.00 PM **8.00**
Speed 2: Cruise Control
Sandra Bullock, Jason Patric, Willem Dafoe, Colleen Camp
PREMIERE Action adventure. Annie, who rode a booby-trapped
9.00 PM bus in *Speed*, goes on a cruise with her boyfriend, a member of the SWAT team. His skills come in handy when a ship's ex-employee vows revenge. Text *1997, rating Sky PG, 120 mins*

10.00 PM **10.05 The Glimmer Man**
John Gray, Steven Seagal, Keenan Ivory Wayans
Action thriller. A cop pursues a serial killer who seems to know a lot about the policeman's
11.00 PM secret past. Text *1996, rating Sky 18, 87 mins*

11.40 Dead Calm
Sam Neill, Nicole Kidman
Thriller. A couple are menaced on board their yacht by a killer.
12.00 *1988, rating Sky 15, 92 mins*
NIGHT TIME
1.20am Dead Silence
James Garner, Lolita Davidovich
Text *1996, rating Sky 15, 95 mins*
3.00 A Modern Affair
Lisa Eichhorn, Stanley Tucci
1994, rating Sky 15, 91 mins
4.35-6.05am We the Jury
Kelly McGillis, Lauren Hutton
1996, rating Sky PG, 89 mins

SKY MOVIEMAX
PREMIUM CHANNEL

7.00am Femmes Fatales: Geena Davis 7.30 Action Heroes: Harrison Ford 8.15 Movie Magic: Effects on the High Seas
9.00 Cosmic Shock
1997, rating Sky PG, 88 mins
11.00 Invisible Dad
1997, rating Sky U, 86 mins
1.00pm Femmes Fatales
1.30 Action Heroes
2.15 Movie Magic: Effects on the High Seas

3.00 Battle for the Planet of the Apes
Roddy McDowall, Claude Akins, John Huston
Sci-fi adventure, the last in the *Planet of the Apes* series, in which divisions emerge between the ruling apes, and the subservient humans are given with their last chance to fight back. *1973, rating Sky PG, 83 mins*

5.00 Invisible Dad
Karen Black, Russ Tamblyn, Charles Dierkop, Shayna Ryan
Family adventure about a young boy named Doug Bailey, whose father's new machine renders himself invisible. It is up to Doug to try and reverse the process before his father is doomed to spend the rest of his life being unseen. *1997, rating Sky U, 86 mins*

7.00 Cosmic Shock
Connie Sellecca, Ed Marinaro, Jessica Walter, Marsha Warfield
Thriller. A renowned astronomer, Dr Paul Sorenson, discovers a comet on a collision course with earth, but no one will believe him. To avert a major disaster, he and his followers commandeer a nuclear missile, with the FBI in pursuit. *1997, rating Sky PG, 88 mins*

9.00 Sling Blade
Billy Bob Thornton, Dwight Yoakam, John Ritter
Powerful drama. A convict with learning disabilities is released from an asylum some 25 years after he committed his gruesome crime. On returning to the southern town where he grew up, he strikes up an unlikely friendship with a boy and his widowed mother. Text *1995, rating Sky 15, 129 mins*

11.20 Swingers
Jon Favreau, Vince Vaughn
Hip comedy about the trials and tribulations of single life. Text *1996, rating Sky 15, 92 mins*

1.00am City of Industry
Harvey Keitel, Stephen Dorff
Text *1996, rating Sky 18, 93 mins*
2.40 Critical Condition
Richard Pryor, Rachel Ticotin
1987, rating Sky 15, 94 mins
4.15-6.00am
Showdown in Little Tokyo
Dolph Lundgren, Brandon Lee
1991, rating Sky 18, 75 mins

SKY CINEMA
PREMIUM CHANNEL

11.00am Go West Young Man
Mae West, Randolph Scott
Comedy in which a film star falls in love with a farm boy. *1936, rating Sky U, 76 mins*

12.30pm
The Earth Dies Screaming
Willard Parker, Virginia Field
Thriller. An astronaut returns to earth to find that the robots have taken over. *1964, 62 mins*

2.00 Diplomatic Courier
Tyrone Power, Patricia Neal, Stephen McNally
Thriller about a courier for the US state department who finds himself embroiled in espionage after he fails to pick up a vital package. *1952, 97 mins*

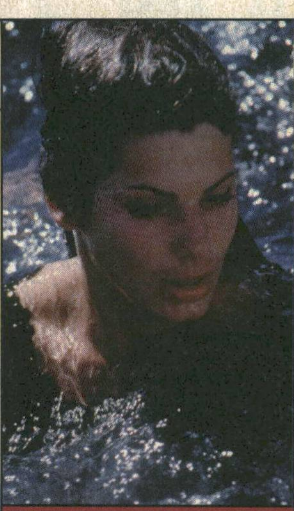
4.00
The Story on Page One
Rita Hayworth, Anthony Franciosa, Mildred Dunnock, Gig Young, Hugh Griffith, Sanford Meisner, Robert Burton
Tense drama. A lawyer agrees to defend a woman who is accused, together with her lover, of murdering her husband. *1959, 118 mins*

6.00
The President's Lady
Susan Hayward, Charlton Heston, John McIntire, Fay Bainter, Whitfield Connor
Drama based on the story of President Andrew Jackson, from his early years to his marriage to Rachel Donelson Robards. The plot focuses on the later scandal about the legality of their marriage. *1953, Sky PG, 94 mins*

8.00 Days of Heaven
Richard Gere, Brooke Adams, Sam Shepherd
Drama, set at the turn of the century, following the lives of Bill and Abby who escape their poverty in Chicago and travel to Texas. When they arrive at a farm which is owned by a terminally ill farmer, they see a chance to make money. Text *1978, rating Sky PG, 89 mins*

10.00
The Guns of Navarone
Gregory Peck, David Niven, Anthony Quinn, Stanley Baker, Anthony Quayle, James Darren
Action classic, based on a novel by Alistair MacLean and set during World War II, following a group of Allied soldiers as they attempt to neutralise strategic German weaponry in Greece. *1961, rating Sky PG, 150 mins*

12.30am Badlands
Sissy Spacek, Martin Sheen
Terence Malick's acclaimed thriller. *1973, rating Sky 18, 90 mins*
2.05 The Seven-Ups
Roy Scheider, Tony Lo Bianco
1973, rating Sky 15, 99 mins
3.50-5.20am No Time for Love
Claudette Colbert, Fred MacMurray
1943, rating Sky PG, 80 mins



Sandra Bullock stars in the premiere of 'Speed 2: Cruise Control'. Sky Premier 8.00pm

MOVIE RATINGS

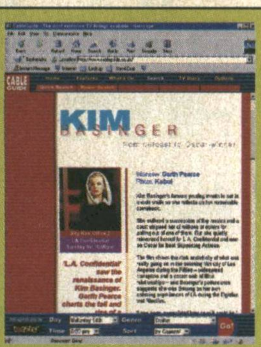
Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm The Biggest Bundle of Them All
Raquel Welch, Edward G Robinson, Vittorio De Sica
Comic crime caper about a bunch of amateurish American criminals who try to kidnap a mobster. When it turns out the old hood is flat broke, he persuades the kidnappers to join him in a multi-million dollar heist. *1968, 104 mins*

11.00 The Cincinnati Kid
Steve McQueen, Edward G Robinson, Karl Malden
Drama about professional gamblers in the Thirties and the effect of a young newcomer on a circle of card players. Widescreen *1965, 101 mins*

1.00am Guns for San Sebastian
Anthony Quinn, Anjanette Comer
Wild West tale. *1968, 111 mins*
3.00-5.00am
The Biggest Bundle of Them All
Raquel Welch, Edward G Robinson
Comic crime caper. *1968, 104 mins*



Want to know what Ricahrd Gere movies are on this month? Our new online TV listings guide will tell you!
http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm The Cosmic Man
John Carradine, Karl Sorensen
Cult sci-fi film in which the inhabitant of a levitating white globe observes the human race. *1959, 69 mins*

7.10 Macross Plus
First part of a Japanese *anime* series, set on Eden, a colonised planet. Two rival pilots must ignore their differences to save their colony. *1994, 40 mins*

8.00
Other People's Money
Danny DeVito, Penelope Anne Miller, Gregory Peck
Comedy which satirises the greedy business ethics of Eighties Wall Street corporate executives. *1991, 97 mins*

9.40 Seven Shiny Coins
Short drama. The lives of three individuals cross in just one afternoon.

10.00 Tin Men
Richard Dreyfuss, Danny DeVito
Barry Levinson's sharp comedy, set in Baltimore in 1963. Two rival aluminium siding salesmen meet in a road accident and the escalating dispute leads them to try to undermine the other's trade. *1987, 95 mins*

11.50 Hotel
William Marsh's story of rejected love as a man recalls the past.

12midnight I am Curious – Yellow
Lena Nyman, Vilgot Sjoman
Swedish semi-documentary film. *1967, 117 mins*
2.00am Night of the Eagle
Peter Wyngarde, Janet Blair
1962, 83 mins
3.30-6.00am Stardust
David Essex, Adam Faith
1974, 107 mins

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
THE EDGE
Alec Baldwin and Anthony Hopkins star alongside a ferocious Kodiak bear in this wilderness drama written by David Mamet. Also starring Elle MacPherson. *1997, rating Sky 15, 113 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
AS GOOD AS IT GETS
Oscar-winning drama starring Jack Nicholson as a sharp-tongued misanthrope who gradually escapes from his self-imposed isolation. *1997, rating Sky 15, 132 mins*
PLAYS AT 6.00am, 8.30am, 6.30pm, 9.00pm

Sky Box Office 3
Channel 53
GOOD WILL HUNTING
Comedy drama starring Matt Damon as a underachieving mathematical genius. With Robin Williams. *1997, rating Sky 15, 123 mins*
PLAYS AT
8.00am, 10.30am, 1.00pm, 3.30pm, 6.00pm, 8.30pm, 11.00pm, 1.30am, 4.00am

Sky Box Office 4
Channel 54
MORTAL KOMBAT: ANNIHILATION
Kung-fu action movie in which a band of warriors battle to save earth from an evil overlord. Stars Robin Shou and James Remar. *1997, rating Sky 15, 90 mins*
PLAYS AT
8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions. Customers with a Videoway set-top-box must view all events on Channel 50.

Saturday 6 March

SKY ONE

ACTION/ SELECTION PACKS

7.00am What-a-Mess 7.30 Street Sharks 8.00 The Adventures of Sinbad 9.00 The Simpsons 9.30 Garfield and Friends 10.00 Xena: Warrior Princess Text **11.00 World Wrestling Federation – Live Wire 12noon World Wrestling Federation – Shotgun 1.00pm The New Adventures of Superman 2.00 America's Dumbest Criminals 2.30 America's Dumbest Criminals**

3.00 Guilty!
Marc is accused by best friend David of being too much of a baby to have a baby. Plus, Fred is accused by his wife Jane of loving the pub more than her.

4.00 Star Trek: Deep Space Nine
Home Front – Part I
Evidence that Changelings are targeting earth sends Sisko back to his home planet. Text

5.00 Star Trek: Voyager
Alliances
To strengthen *Voyager's* position in the quadrant, Janeway reluctantly seeks an alliance with the Kazon. Text

6.00 Xena: Warrior Princess
Past Imperfect
In order to save a town from destruction, Xena must find who is copying her past evil deeds.

7.00 VIP
Scents and Sensibility
Vallery signs on to protect a researcher who has isolated a powerful sexual stimulant. Starring Pamela Anderson.

8.00 JAG
Mr Rabb Goes to Washington
Adventure series following Lieutenant 'Harm' Rabb Jr, a young and handsome Navy lawyer in the JAG.

9.00 FILM: Die Hard 2: Die Harder
Bruce Willis, Bonnie Bedelia, William Atherton, Franco Nero
Action sequel. New York cop John McClane finds himself in the wrong place at the wrong time when a group of terrorists attempts to sabotage an airport's landing system. Can he avert the death of thousands passengers? *1990, 118 mins*

11.15 Beat the Crusher
The Welsh town of Caerphilly plays host to the crusher and its owners, Melinda Messenger and Freddie Starr, as contestants compete to win a car.

12.15am Showbiz Weekly
Hosted by Tania Bryer.

12.45 The Big Easy
Black Bag

1.45 Fire
Vendetta

2.45-7.00am Long Play
A VJ free zone that brings you more of the music you want to see.

UK GOLD

LIFESTYLE/ SELECTION PACKS

7.00am Angels
Soap set in St Angela's Hospital.

7.30 Neighbours Omnibus

9.25 Dallas Omnibus
Another chance to catch last week's episodes.

12.10pm EastEnders Omnibus
Michelle plans to make a clean break from Walford, while Sharon confronts Grant. However, he has other things on his mind as he plots a money scam with Clyde.

3.00 The Bill Omnibus
Police drama series. Ackland and Jarvis search for the truth when an attractive lawyer's ex-boyfriend admits stabbing her fiance. Against her wishes, Page must impersonate a young woman who has gone missing, while the rest of the team is called into action when two children are snatched from school. The kidnapper is later caught, but after the children's father has already decided to pay up the ransom money.

5.20 Butterflies
Carla Lane's bittersweet sitcom. Starring Wendy Craig.

6.00 FILM: Doctor at Large
Dirk Bogarde, Muriel Pavlow, Donald Sinden, Shirley Eaton, James Robertson Justice
Medical comedy. A young doctor is now qualified and trying to find a surgeon's post. He ends up taking a circuitous route via the Riviera, where he comes up against the formidable Sir Lancelot Spratt, yet again. *1957*

8.00 What a Carry On!
A compilation of slapstick and double entendres from the popular Carry On films.

8.35 Harry Enfield and Chums
Including Kevin the Teenager and rich couple Stanley and Pammy.

9.15 The Thin Blue Line
Court in the Act

9.55 Red Dwarf V
Quarantine
Rimmer forces a potentially contaminated crew to spend 12 weeks in quarantine.

10.35 Monty Python's Flying Circus
Seminal comedy sketch show.

11.15 Live at Jongleurs
The best in stand-up comedy from one of London's top comedy clubs.

11.50 FILM: Sweet Liberty
Alan Alda, Michael Caine
Comedy. *1986*

1.45am Yes, Minister
The Whisky Priest

2.20 Rock Goes to College
AC/DC in concert.

3.00-7.00am Shopping with Screenshop

LIVING

LIFESTYLE PACK

6.00am Tiny Living

9.00 Mrs Greenthumbs
Gardening tips presented by stand-up comedian Cassandra Danz.

9.30 LA Law Omnibus
Catch up with the week's events at the prestigious law firm. Becker is asked by a female judge to act in her own divorce case, and a superhero is urged to retire by his television bosses.

12noon The Jerry Springer Weekend
Back-to-back episodes of the outrageous American talk show in which Jerry Springer and his guests engage in lively and often controversial debate.

8.00pm The Jerry Springer UK Special – Behind the Scenes
Documentary.

8.40 The Jerry Springer Show – UK Special
Special edition of the outrageous American talk show.

9.30-12midnight Jerry Springer Weekend
Continuing the weekend of back-to-back episodes of the notorious American talk show in which Jerry Springer lights the fuse and stands back as families and friends become embroiled in mud-slinging and name calling.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

ACTION PACK

6.00am Jason King
7.00 Bootsie and Snudge
7.30 That's My Boy
8.00 Watching
8.30 No Strings
9.00 Mission: Impossible
10.00 The Persuaders
11.00 Man in a Suitcase
12noon Fiddlers Three
12.30pm Emmerdale Omnibus
A chance to catch up with the past week's events in this soap.

3.00 Bonanza
The Gunmen
Hoss and Little Joe are mistaken for gunmen and become involved in a feud between the Hadfields and the McFaddens.

4.00 The High Chaparral
Gold is Where You Leave it
John Cannon drives gold prospectors from an abandoned mine on his land and they retaliate by plotting murder.

5.00 Hawaii Five-O
Anatomy of a Bribe
When Honolulu's new Global Trade Centre is devastated by a deadly fire, a crooked building contractor becomes a target.

6.00 The Persuaders
Read and Destroy
Danny and Brett are up to their ears in espionage when an international spy plans to publish his memoirs. With Tony Curtis.

7.00 Mission: Impossible
The Amateur
The IMF needs the prototype of an Iron Curtain country's secret weapon, but getting it poses a problem. With Peter Graves.

8.00 The Return of Sherlock Holmes
Silver Blaze
The most remarkable racehorse in England has gone missing from its Dartmoor stable.

9.00 Another Audience with Dame Edna
Guests include Kiri Te Kanawa, Clive James and Jane Seymour.

10.00-11.00pm An Audience with Dudley Moore

GRANADA MEN & MOTORS

ACTION PACK

11.00pm Snowgirls
Saucy ski show.

11.30 Sin City
A rough guide to the sexual underworld of European towns and cities.

12midnight V.P.L.
Alternative fashion programme, presented by Kelly Brook.

12.30am The Best of the Tube
Presented by Jools Holland and Paula Yates.

1.00 Battling Babes

1.30-2.00am Noddy's Electric Ladyland

DISNEY CHANNEL

ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 The Little Mermaid 8.25 Toons 8.30 Hercules: The TV Show 9.00 Double Art Attack 9.35 Doug 10.00 Recess 10.15 Pepper Ann 10.30 Ned's Newt 10.45 Microsoap 11.00 Teen Angel 11.30 Student Bodies 12noon Smart Guy 12.30pm Boy Meets World 1.00 Dinosaurs 1.30 Amazing Animals 1.55 New Adventures of Winnie the Pooh 2.10 Bite Size 2.20 Bear 2.45 Winnie the Pooh

3.00 The Little Mermaid
The charming undersea adventures of Ariel. Text

3.30 Goof Troop
Series dedicated to the character of Goofy. Text

4.00 101 Dalmatians
Canine capers in this animated series. Text

4.30 Hercules: The TV Show
Heroic adventures. Text

5.00 Crash Zone
Australian kids get a dream job testing computer games. Text

5.30 Microsoap
Children's sitcom.

5.45 Smart Guy Text

6.10 Teen Angel
Steve, Marty, Jordan and Uncle Lou Text

6.35 Boy Meets World
A Kiss is More Than Just a Kiss Text

7.00 FILM: Honey, We Shrunk Ourselves
Rick Moranis, Eve Gordon
Wacky Wayne, the absent-minded inventor is back again causing chaos – but this time it's the adults, not the kids, who get shrunk. *1997* Text

8.15 Honey, I Shrunk the Kids: TV Show
American comedy series based on the film. Text

9.00 Double Dinosaurs
Prehistoric comedy in this Stone Age sitcom based around the scaly but lovable Sinclairs. Based on an idea by Jim Henson of *The Muppet's* fame.

10.00 Home Improvement

10.30 The Wonder Years
Full Moon Rising Text

11.00-12midnight Dr Quinn: Medicine Woman

THE BOX

MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

SATURDAY CONTINUES OVERLEAF...

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

CABLE CHOICE

FILM

Speed 2: Cruise Control
Sky Premier 8.00pm
After driving an out-of-control bus in the first movie, Sandra Bullock returns for a new adventure on a boat. She thinks her new boyfriend (Jason Patric) is a policeman and takes him on a romantic cruise to stop him putting his life in danger. Wrong move, Sandra.

GENERAL

Birds of a Feather
Carlton Select 7.30pm
This incredibly popular series is worth a second look as Pauline Quirke, Linda Robson and Lesley Joseph weave their comedy magic. In an episode called *An Inspector Stays*, the police use Tracey and Sharon's home for a surveillance operation.

ADVERTISEMENT

THE BRITISH JERRY SPRINGER SHOW 8.40PM

As part of the *Jerry Springer* weekend, you can see the first ever show with British guests. They said the British would never be mad enough to divulge all their darkest secrets, but *living* has proved them wrong!

JERRY Springer

Saturday 6 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

7.30am Athletics
Coverage of the World Indoor Championships in Maebashi, Japan.
9.30 Alpine Skiing – LIVE
10.30 Biathlon
11.00 Alpine Skiing – LIVE
Action from the World Cup in St Moritz, Switzerland.
12.30pm Athletics
2.00 Biathlon – LIVE
Action from the World Cup in Val Cartier, Canada.
3.00
Cross-Country Skiing
Action from the World Cup in Lahti, Finland.
4.00 Biathlon – LIVE
Up-to-date World Cup coverage from Val Cartier, Canada.
5.00
Ski Jumping – LIVE
More action from the World Cup in Lahti.
6.45 Tennis – LIVE
Coverage of the ATP Tournament held this week in Copenhagen. The tournament was won last year by Sweden's Magnus Gustafsson.
8.00 Tennis
Highlights of the ATP Tournament in Denmark.
8.30 Figure Skating
Coverage of the ISU Grand Prix Final in St Petersburg, Russia.
10.00 Athletics
Coverage of the World Indoor Championships in Maebashi, Japan.
11.00 Sumo
Highlights of the Grand Sumo Tournament in Tokyo.
12midnight-1.00am Boxing
Another top international contest from the boxing world.

SKY SPORTS 1
PREMIUM CHANNEL

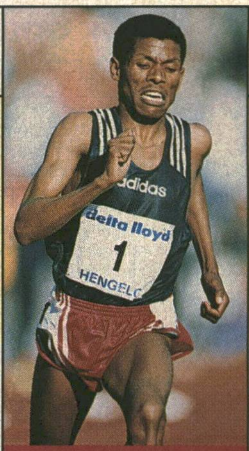
6.00am
Hold the Back Page
7.00 Sky Sports Centre
8.00 Aerobics Oz Style
8.30 Racing News
9.00 Super League: Wigan v Hull
10.00
Australian Rugby League
12noon
Gillette Soccer Saturday
Jeff Stelling presents the fastest and most comprehensive football results service on television, including post-match interviews with the men that matter and detailed analysis from the Sky Sports pundits.
5.30pm World Wide Rugby: Super 12s Tournament
Action from rugby union's Super 12s tournament involving clubs from Australia, South Africa and New Zealand.
7.00
Basketball – LIVE
Suzanne Dando and Kevin Cadle present the action from the Budweiser Basketball League, won last season by Greater London Leopards.
9.00
Fight Night – LIVE
Paul Dempsey presents action from a title fight between two of today's top boxers. Ringside analysis is provided by Glenn McCrory and Ian Darke.
11.00 Gillette World Sport Special
With David Jensen.
11.30 FA Cup Special
Highlights from a top match in the sixth round of this year's FA Cup.
Repeat from Sky Sports 3
1.00am Spanish Football
Action from La Primera Liga, the top flight in Spain.
3.00 Fight Night
5.00-6.00am Moto Cross: Moto-X Freeride Championship

SKY SPORTS 2
PREMIUM CHANNEL

6.00am Sports Unlimited
7.00 Aerobics Oz Style
7.30 Racing News
8.00 Soccer AM
12noon World Wide Rugby: Super 12s
Action involving clubs from Australia, South Africa and New Zealand.
1.30pm Extreme Sailing
2.00
International Cricket: West Indies v Australia – LIVE
Action from Port of Spain, Trinidad on day two of the first Test, as the West Indies attempt to revive their fortunes against Australia.
4.00 Second Innings: Mark Ramprakash
A look at Mark Ramprakash's first Test century.
4.30 International Cricket: West Indies v Australia – LIVE
The action continues on day two of the first Test between the West Indies and Australia. West Indies captain Brian Lara has been increasingly criticised in recent months. He temporarily lost his captaincy before the Test series with South Africa, only to be reinstated at the 11th hour. On his day, however, Lara remains one of the most dangerous batsmen in the world. After a difficult year, he began to find his form with Warwickshire towards the end of the season and, if he can rediscover his touch at international level, he may create problems for the Aussies.
9.00 Ford Golf USA: Doral Ryder Open
The action continues from the Doral Ryder and Country Club in 1999's Doral Ryder Open, won last year by American Michael Bradley.
12midnight Euro Tour Golf: Portuguese Algarve Open
2.00am Basketball
Repeat From Sky Sports 3
4.00 Max Power
5.00 Gillette World Sport Special
5.30-6.00am Extreme Sailing

SKY SPORTS 3
PREMIUM CHANNEL

12noon Max Power
Footage from around the world, including both two and four-wheel motorsport in one-off events and Championships.
1.00pm Euro Tour Golf: Portuguese Algarve Open – LIVE
Action from day three in the 1999 Portuguese Algarve Open. The tournament features many of the world's finest players, including Englishman Peter Mitchell who putted his way to a magnificent victory in last year's tournament.
5.00 Extreme Sailing
Some breathtaking sailing from around the world.
5.30 FA Cup Special
Highlights from a top match in the sixth round of this year's FA Cup. The Twin Towers of Wembley are now in sight for some of the teams and therefore the excitement is sure to be explosive.
7.00 Cycling: Tour of Malaysia
7.30 Gillette World Sport Special
David Jensen presents this comprehensive report.
8.00 Spanish Football – LIVE
Football action from the top flight in Spain. The country's premier division boasts teams featuring some of the finest players in the world.
10.00 World Wide Rugby: Super 12s Tournament
Action from the Rugby Union's Super 12s Tournament involving clubs from Australia, South Africa and New Zealand.
11.30-12midnight Cycling: Tour of Malaysia
The cycling continues.


Haile Gebreselassie runs at the World Indoor Championships in Maebashi, Japan. Eurosport 7.30am

MUTV
ADD-ON CHANNEL

6.00pm Game On
Preview of tonight's shows.
6.05 Watch This If You Love Man-U!
Post-match analysis from the men in the know, including squad members, celebrity guests, journalists and fans.
7.30 Kids' Clinic
A look at mastering the skill of push passing.
8.00 Super Match – Vintage Reds: Manchester United v Stoke City
Vintage action from the 1971/72 season.
9.00 Did You See...?
Catch up with this week's highlights on MUTV, including behind-the-scenes looks at the world's richest football club.
10.00 Man-U Menu
With Ken Hom, who makes ostrich stir-fry.
10.30 FAN
Magazine show, presented by Terry Christian.
11.00 Jump 'n' Pump
Energetic aerobics show.
11.15
Megastore Megabuys
11.30-12midnight
Red Hot News
Rounding up all the latest developments from Old Trafford.

SCI-FI
ACTION PACK

7.30am Planet Mirth
8.00 Deepwater Black
8.30 The Doctors – 30 Years of Time Travel
9.00 Max Headroom
10.00 Robocop
11.00 The Incredible Hulk
12noon-5.00pm The Invisible Man 12noon *The Klae Resource* 1.00pm *The Fine Art of Diplomacy* 2.00 *Man of Influence*
3.00 *Eyes Only*
When Paula Simon is suspected of leaking classified information, Dan Westin is assigned to get the required proof.
4.00 *Barnard Wants Out*
Dan is asked to help a renowned scientist who once defected to Europe and now wishes to return to America.
5.00 FILM: First Men in the Moon
Edward Judd, Lionel Jeffries, Martha Hyer Eric Chitty, Betty McDowall
A Victorian inventor discovers a material that defies gravity and uses it to build the world's first spaceship. Lavish adaptation of a story by HG Wells. *1967*
7.00 Robocop
Officer Missing
When OCP institutes cost-cutting nightly power blackouts, a roving gang terrorizes the streets.
8.00 Flash Gordon
When Emperor Ming of Mongo launches a devastating attack on planet earth, Flash Gordon and Dale Arden join Dr Zarkov aboard his rocket ship to travel to Mongo in an attempt to put a stop to the dictator's plan. Starring Sam J Jones and Melody Anderson.
10.00 FILM: Dead Fire
Matt Frewer, Monika Schnarre, C Thomas Howell, Colin Cunningham
Futuristic thriller set in 2064 about a space station which orbits earth regenerating the radiation-poisoned atmosphere, containing the few surviving members of humankind. *1997*
12midnight Mystery Science Theatre 3000
Hobgoblins
1.45am Sci-Focus Special
2.00 Planet Mirth
2.30 100 Years of Horror
3.00 Dark Shadows
3.30-4.00am Dark Shadows
Gothic series.

ITV2
ACCESS PACK

9.25am Videotech
9.55 Sport in Action
10.00 H₂O
10.30 Home and Away
12.20pm Mad for It
Live children's programme, with games and guests.
12.50 Whizziwig
Caveman Rock
1.15 Hurricanes
Animated football action.
1.45 The Locker
Health and fitness magazine presented by Gabby Yorath.
2.15 Futbol Mundial
Worldwide football review.
2.45 Football First
Live football updates from around the country.
5.30 NBA '99
US basketball magazine.
6.00 NBA '99
A top US basketball game.
7.00 Formula 1 Night: Review of the '98 Season
8.00 Golden Lotus
A celebration of 50 years of the Lotus racing team.
8.30 Ken Tyrrell
A portrait of Ken Tyrrell as he retires from F1 racing.
9.30 F1 '99 Preview
A preview of the 1999 season which gets under way in Australia tomorrow.
10.40
Trevor McDonald Meets...
The renowned newscaster talks to broadcasting legend Murray Walker.
11.10 Feature
11.40-2.00am FILM

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Suburban Tales
12.20 Adult Feature
12.45 FILM:... Jill Kelly
2.05 Sex Talk
2.30 FILM: The ...master
3.00 The Five Minute Free View 3.05 FILM continues
3.40 Alison 4.10-5.30am FILM: Call Girls

ADULT CHANNEL
ADD-ON CHANNEL

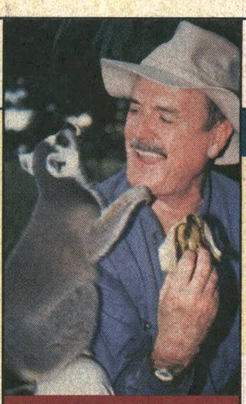
12midnight Dish of the Day
12.10am Neil Down – Sex Therapist
12.40 Lesbian Fantasies
1.00 Girl Hunt
1.20
FILM: Temple of Passion
Erotic feature film.
2.40 Girls About Town
2.55-4.00am
FILM: Neutron Man

Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Ninja Kids
JC Bonin, Ramon Christopher
Action and adventure.
9.40 FILM: One Man Out
Stephen McHattie
Action adventure.
11.15
Classic Wets – Enfield '93
Adult competition.
11.55-12midnight
Erotic Dreams



John Cleese is on the trail of lemurs in 'Cleese in the Trees'. UK Horizons 9.00pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Candid Camera
More filmed wind-ups.
5.45
The Games Room
6.00 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.30
The Games Room
6.45 Name that Tune
Well noted music quiz.
7.15
The Games Room
7.25 Roll with It!
Celebrity music gameshow.
7.55
The Crystal Maze
Adventure gameshow in which a team of contestants tackles a series of games in four different fantasy worlds.
9.00
The Games Room
9.15 Strike it Lucky
Madcap gameshow.
9.45
The Games Room
10.00 Candid Camera
10.30 Don't Feed the Gondolas
Celebrity quiz show about bizarre media stories, hosted by Sean Moncrieff.
11.00
Carnal Knowledge
Quiz show that rips open the bedroom curtains of the public to reveal their most intimate secrets.
12midnight Strike it Lucky 12.30am Name That Tune 1.00 Don't Feed Gondolas 1.30 Roll with It! 2.00 Karaoke 2.30 Studs 3.00 Simply Irresistible 3.30 Blockbusters 4.00 Say the Word 4.30 Don't Drink the Water 5.00-6.00am Shopping with Screenshop

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Shopping 7.00 Why Files 7.30 Fashion 8.00 Agony 8.30 Lie Detector 9.00 Why Files 9.30 Indecent Proposals 10.00 Wrestling 11.00 Judge Judy 11.30 Mind Games 12noon Why Files 12.30pm Agony 1.00 Lie Detector 1.30 Agony 2.30 Mind Games
3.00
Indecent Proposals
The public perform foolish acts for money.
3.30
Bangers and Smash
Adrenalin-fuelled action from the stock car circuit presented by Louise Brady.
4.30 Agony
Help and advice for troubled souls.
5.00 Agony
More advice for more troubled souls.
5.30 The Why Files
Weird and wonderful events from around the country.
6.00
The Fashion Show
The latest fashion news.
6.30
Indecent Proposals
Cash paid for foolish stunts.
7.00 Sport at Seven: Women's Wrestling
Grappling action from the ring as the women don their leotards and get to grips with each other.
8.00 The Why Files
Weird and wonderful events from around the country.
8.30 Judge Judy
The feared judge hands down another sentence.
9.00 Sport at Nine: Bangers and Smash
Stock car racing action.
9.57 Topless Darts
More sharp and shapely dart throwing.
10.00 Love Street
American erotic series.
10.30 Exotica Erotica
Late night entertainment for adults only.
11.30 Blue Review
11.45 Janeycam
11.57 Topless Darts
12midnight Love Street 12.30am Private Dancer 12.45 Home Shopping 2.00 Orgasmatron 2.15 Painted Ladies 2.30 Love Street 3.00 Agony 3.30 The Why Files 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am What's in the Box?

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Kitchen College 10.00 Scotland's Larder 10.30 Cookshop 11.00 Ross in Thailand 11.30 Slice of the Action 12noon Network 12.30pm Ed Baines 1.00 Can't Stand the Heat 1.30 Cooked in a Flash 2.00 Newman Meets 2.30 Network
3.00 Winter Nosh
3.30 A Slice of the Action
Celebrity food quiz hosted by Paul Ross.
4.00 Country Kitchen
4.30-5.00pm Food Factory

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show.
5.30 Byker Grove
Beckett is handcuffed by a police officer.
6.00 Byker Grove
Kelly finds that being an agony aunt is not quite what she expected.
6.30 Blockbusters
General knowledge quiz.
7.00 Flying Start
7.30
Birds of a Feather
An Inspector Stays
The police use the house for a surveillance operation.
8.00 Lovejoy
Swings and Roundabouts
Lovejoy's fairground friend Boswell is arrested, and the chase is on to stop the sale of his carousel.
9.00
Perfect Scoundrels
The Milk of Human Kindness
Guy and Harry try to make money out of bogus diaries.
10.00 Stay Lucky
Hard Times, Hard Men
Thomas pits his instinct against Sally's intellect as they both try to extract money from a local councillor.
11.00
Hill Street Blues
Influential Eighties US police drama series set in a tough urban area, with human-interest storylines.
12midnight-2.00am
Fields of Fire
Mini series. A young Englishman arrives in Australia but has trouble finding acceptance among the locals. He soon becomes involved in an explosive romantic triangle.

ANIMAL PLANET
WORLD PACK

12noon The Creatures of the Full Moon
A look at an animal rarely caught on film – the horseshoe crab.
1.00pm Tortoise and Turtle
Profile of the species that have survived for over 150 million years.
2.00 Profiles of Nature
Claws – The World of Lobsters and Crabs
3.00 Lassie
Rush to Judgement
Lassie helps to clear the name of Ethan's uncle.
3.30 Lassie
Father and Son
4.00 Animal Doctor
Series following animal doctors from the RSPCA as they respond to reports of pet emergencies and animal cruelty.
5.00 Wildlife ER
The work of a special medical centre for animals.
5.30
Breed All About It
Labradors
6.00 Hollywood Safari
Walking the Dog
Troy tries to break up an illegal marijuana crop farm using a specially mounted camera on the back of a dog.
7.00 Crocodile Hunter
Outlaws of the Outback
Steve takes his father on a search for an injured rogue crocodile which is terrifying the local population.
8.00 Giant Grizzlies of the Kodiak
Profile of the great brown bears of Alaska, which are the most powerful carnivores on earth.
9.00
Klondike and Snow
Staff at Denver Zoo work round the clock to save the lives of two abandoned polar bear cubs.
10.00 In the Footsteps of a Bear
A look at the world's largest land predator, the Kodiak brown bear based off the south east coast of Alaska.
11.00
Deadly Australians
Arid and Wetlands
11.30-12midnight
The Big Animal Show
Corals and Fish

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Get Going with UK Horizons 9.00 Presumed Guilty – A Women's History of Divorce 1945-1969 10.00 Quiet Revolution 11.00 Top Gear GTi 12noon The Day the Universe Changed 1.00pm Superstore 1.30 Vets in Practice 2.00 The Great Bears of Alaska
3.00 The Living Isles
Julian Pettifer explores the history and wildlife of the British Isles.
3.30 The Living Isles
Presented by Julian Pettifer.
4.00 Life on Earth
The Infinite Variety
The story of life from the first primitive cells to the plants and animals that now live around us.
5.00 Animal Hospital Roadshow
The team visits animal centres around Britain.
5.30 Mysteries with Carol Vorderman
6.00 Typhoid Mary
A look at the astonishing case of Mary Mallon, a roving cook with typhoid fever, who was held in isolation for 23 years.
7.00 Around the World in 80 Days
The Challenge
Michael Palin sets off from London's Reform Club, heading for Venice.
8.00 Crusades
Destruction
Terry Jones reports on the historical aftermath of the Crusades, which still affects society today.
9.00
Cleese in the Trees
Operation Lemur
John Cleese goes on the trail of lemurs, to save them from extinction.
10.00 Pole to Pole
Mediterranean Maze
Michael lands in Istanbul for the next stage of his journey – across Turkey and the Med to Egypt.
11.00 Life of Python
Documentary charting the rise and fall of the Monty Python comedy team, from their earliest performances to their eventual break-up.
12midnight-1.00am
Around the World in 80 Days
Dateline to Deadline
With only 22 days to go, delays, misunderstandings and a bomb all conspire to impede Michael Palin's journey around the globe.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am E! In Focus 7.00 The View 8.00 Rosemary Conley's Low-Fat Cookbook 8.30 Gardeners' Diary 9.00 Montel Williams 10.00 E! True Hollywood Story 11.00 The Psychic Zone 11.30 Cook's Garden 12noon Restaurant Recipes 12.30pm Indoor Garden 1.00 Home and Garden Livetime 2.00 The View
3.00 Home and Garden Livetime
Your chance to put questions to celebrity guests and leading experts live on air.
4.00 The Montel Williams Show
Surprise Former Dates
Montel Williams helps viewers and guests deal with topical issues.
5.00-6.00pm E! True Hollywood Story
Bob Crane
The truth behind Hollywood personalities.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Extreme Earth: After the Hurricane
Floridians rebuild their lives after Hurricane Andrew.
7.30 Extreme Earth: Landslide!
8.00
Nature's Nightmares: Little Creatures Who Run the World
An exploration into the world of ants.
9.00 Survivors: Cameramen Who Dared
The cameramen who go to extraordinary lengths to ensure they get the shot.
10.00
Channel 4 Originals: Caveman Spaceman
An expedition into the depths of the Lechuguilla Cave in New Mexico.
11.00
Natural Born Killers: Komodo Dragons
An intimate look at this swimming, running, giant killing machine.
12midnight
Skis Against the Bomb
The story of Norwegian resistance fighters who tried to prevent the Germans from developing an atomic bomb in Norway in 1940.
12.30am-1.00am
Nile, Above the Falls

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits
9.00 Bytesize MTV
10.00 European Top 20
12noon News Weekend Edition
News from the music business.
12.30pm Say What?
1.00 Total Request
Viewers' most requested songs.
2.00 The Lick R&B Chart
3.00 Bytesize MTV
4.00 Select MTV
6.00 News Weekend Edition
6.30 MTV Live
A series of live performances from big names in the music business.
7.00 MTV Megamix
8.00 Dancefloor Chart
9.00 Mad 4 Hits
9.30 News Weekend Edition
10.00
Beavis & Butt-head Double Bill
Irreverently juvenile views on some of the biggest videos around.
11.00 The Grind Double Bill
12midnight brand:new
The latest sounds around, presented by Zane Lowe.
1.00am Saturday Night Mix
3.00 Chill Out Zone
5.00-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Breakfast in Bed 9.00 Greatest Hits of... The Movies 9.30 Talk Music 10.00 Something for the Weekend 11.00 VH1 Classic Chart 12noon Ten of the Best 1.00pm Greatest Hits of... Michael Jackson 1.30 Pop-Up Video 2.00 American Classic 3.00 Album Chart 4.00 Number Ones Weekend 8.00 Disco Party 9.00 Kate & Jono 10.00 Bob Mills' Big 80s 11.00 VH1 Spice 12midnight Midnight Special 12.30am Ed Sullivan 1.00-6.00am Number Ones Weekend

TRAVEL
FREE BONUS CHANNEL

12noon Go 2 12.30pm India 1.00 Aspects of Life 1.30 Flavours of France 2.00 Floyd 2.30 Champagne Charlie 3.00 Scandinavian Summers 4.00 Across the Line 4.30 Earthwalkers 5.00 Dream Destinations 5.30 Holiday Maker 5.45 Holiday 6.00 Flavours 6.30 Go 2 7.00 Tour of Britain 8.00 Aspects of Life 8.30 Caprice's Travels 9.00 Scandinavian Summers 10.00 Across the Line 10.30 Holiday 10.45 Holiday 11.00 Earthwalkers 11.30-12midnight Dream Destinations

UK STYLE
LIFESTYLE PACK

7.00am The Face 7.30 Tales from the Riverbank 8.00 Air Show 8.30 Waterlines 9.00 Can Ski... Will Ski! 9.30 How Does Your Garden Grow? 10.30 Gardening from Scratch 11.00 Growing Places
11.30
Stefan's Garden Roadshow
12noon Geoff Hamilton – A Man and His Garden
12.30pm Gardeners' World
1.00 The Face
1.30 Tales from the Riverbank
2.00 Air Show
2.30-3.00pm Waterlines

UK ARENA
LIFESTYLE PACK

3.00pm Arena 100 3.30 Reviews You Can Use 3.45 Sister Wendy 4.05 Siouxsie and the Banshees 4.50 Later On 6.10 Motown Live NEW SERIES 7.05 Pet Shop Boys Concert 8.00 Arena People: Degas 9.00 Best of Not Nine O'Clock News 9.30 Marty 10.00 Movie Club 10.05 FILM: The Passion of Darkly Noon
Thriller. *1995*
12.10am The Arena 100 12.40 Best of Not Nine O'Clock News 1.10-3.00am FILM: The Passion of Darkly Noon

Saturday 6 March

DISCOVERY HOME & LEISURE
WORLD PACK

6.00 AM
MORNING

6.00am Rex Hunt 6.30 Fishing Australia 7.00 Screaming Reels 7.30 Four Walls 8.00 Gimme Shelter 8.30 Workshop 9.00 Rex Hunt 9.30 Fishing Australia 10.00 Screaming Reels 10.30 Four Walls 11.00 Gimme Shelter 11.30 Workshop 12noon Yankee Workshop 12.30pm Hammer it Home 1.00 Doing it Up 1.30 Home Again 2.00 Go Fishing 2.30 Two's Country 3.00-4.00pm Campaigns in History

3.00 PM

DISCOVERY
WORLD PACK

4.00 PM

4.00pm Flightpath
Northern Wings
A look at the Canadian Maritime Air Group's Aurora, one of the world's most versatile aeroplanes.

5.00 PM

5.00 The Century of Warfare
An investigation into the aircraft carriers and submarines that changed the face of naval warfare.

6.00 PM

6.00 The Century of Warfare
Documentary revealing how improvements in technology increases the importance of bombers.

7.00 PM

7.00 Invisible Places
World of War
A look at the secret and safe underground places to which people have fled throughout history.

8.00 PM

8.00 Fast Cars
A look at the materials and technical ingenuity that make fast cars so exciting, plus the sensation of getting behind the wheel.

9.00 PM

9.00 Test Pilots
Spin Doctors
NEW SERIES Following test pilots through the entire experimental flight process.

10.00 PM

10.00
Extreme Machines
Speed Freaks
A look at what drives people to create new speed records.

11.00 PM

11.00 The Century of Warfare
A look at the how aircraft carriers and submarines changed the face of naval warfare.

12.00

NIGHT TIME

12midnight
The Century of Warfare
Documentary about the use of bombers during World War II.
1.00am-2.00am
Weapons of War
German Bombers – The Weakest Link

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild
5.30 Magic Roundabout 6.00 Tidings 6.30 Blinky Bill
7.00 Tabaluga
7.30 Sylvester and Tweety
8.00 Powerpuff Girls
8.30 Animaniacs
9.00 Dexter's Laboratory
10.00 Cow and Chicken
10.30 I am Weasel
11.00 Beetlejuice
11.30 Tom and Jerry
12noon-9.00pm
Dexter's Laboratory
A marathon stretch of back-to-back episodes featuring the boy genius with a secret laboratory in his bedroom. Only his sister Dee Dee knows what he gets up to, and together they embark on a series of adventures.

'The Thin Red Line: Biography' profiles Emperor Hirohito. The History Channel 7.00pm

NICKELODEON
FAMILY PACK

7.00am Tales from the Cryptkeeper 7.30 Brothers Flub
8.00 NickAlive including Sister Sister/Kenan & Kel/Sabrina
10.00 Rugrats
10.30 Hey Arnold!
11.00 Angry Beavers
11.30 CatDog
12noon The Wild Thornberrys
12.30pm Rocko's Modern Life
1.00 Kablam!
1.30 Ren & Stimpy
2.00 Clarissa Explains it All
2.30 Clarissa Explains it All

3.00 Kenan & Kel
The adventures of two funky friends.
3.30 Kenan & Kel
Two funky friends who are always up to no good.
4.00 Sister Sister
Tia and Tamera and their respective single parents all try to live together.
4.30 Sister Sister
More from the twin sisters.
5.00 Sabrina the Teenage Witch
Adolescent sorcery.
5.30 Sabrina the Teenage Witch
6.00 Moesha
6.30-7.00pm Nick News NEW SERIES

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
US sitcom.
7.30 Grace Under Fire
Sam's Dad
8.00 Ellen
Movie Show
8.30 Spin City
The Goodbye Girl
Mike can't accept an uncommitted relationship.
9.00 Drop the Dead Donkey
In Place of Alex
9.30 Whose Line is it Anyway?
Hosted by Clive Anderson.
10.00 Frasier
Sweet Dreams
10.30 Cheers
What's Up Doc
Sam makes a play for Sheila, a fellow psychiatrist.
11.00 Seinfeld
The Chinese Restaurant
11.30 The Larry Sanders Show
The Hankerciser 200
Hank creates trouble.
12midnight FILM: It's a Mad, Mad, Mad, Mad World
Spencer Tracy, Phil Silvers
Slapstick comedy. *1963*
2.50am Gogs
3.00 Nightstand
3.30-4.00am
Abbott and Costello

FOX KIDS
FAMILY PACK

6.00am Dodo 6.05 Masked Rider 6.30 Beetleborgs Metallix 6.55 Power Rangers Turbo 7.45 Alien Detectors 8.10 Mortal Kombat 8.35 Mowgli 9.00 Goosebumps 9.25 Eerie Indiana 9.50 Home to Rent 10.00 Sam and Max 10.25 Mad Jack 10.50 Spy Dogs 11.00 Louie 11.25 Dennis and Gnasher 11.50 It's Your Call: Spiderman or Incredible Hulk 1.55pm Incredible Hulk 2.20 Iron Man 2.45 Fantastic Four

3.10 X-Men
3.30
Fox Kids X-Press
Presented by Roy and Lisa.
3.35 Spiderman
4.00 Goosebumps
Spine-chilling stories.
4.25 Eerie Indiana: The Other Dimension
Spooky series.
4.50 Casper
5.00
Dennis and Gnasher
The duo take on the adults.
5.30 Ace Ventura
Animated adventures of the zany pet detective.
6.00
Donkey Kong Country
6.30 Eek!Stravaganza
6.55-7.00pm Oggy and the Cockroaches

SHOP!
LIFESTYLE/ SELECTION PACKs

12midnight Bargain Shop!
12.30am Shop! Selection
1.30 Silversmith
2.30 Travel Bag
3.00 On the High Street
4.00 Feel Good Factor
5.00 Cook's Den
6.00 Shop! Selection
7.00 Bargain Shop!
7.30 In the Kitchen with Susan Brookes
8.30 Plugged In
9.30 Junior Sports Store
10.00 Spotlight on Sports
11.00 Time Zone
12noon The Clothes Line
1.00pm Bargain Shop!
All the best unbeatable prices and special offers.
1.30 Switched On
Featuring the latest in home entertainment from leading brand Philips.
2.30 Shop! Feature
Mother's Day gift ideas .
3.00 The Gold Collection
Show you care with this special range of personalised jewellery.
4.00 Y-Zone
This show features everything that teenagers want.
5.00-6.00pm
Shop! Selection
A roundup of the best offers on Shop!

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am BBC News 9.30 Seven Days 10.30 Science Review 11.10 Dateline London 12.30pm Chronicles 2.30 Seven Days 3.30 Science Review 4.15 Newsround 24 7.30 Correspondent 8.30 Face in the Crowd 9.30 Reporters 10.10 Dateline London 11.30 USA Direct 12.30am Seven Days 2.30 Simpson's World 3.30 Science Review 4.30 Reporters 5.30-6.00am Straight Talk

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am News 5.30 Inside Europe 6.30 Moneyline 7.30 Sport 8.30 Business 9.30 Pinnacle Europe 10.30 Sport 11.30 7 Days 12.30pm Moneyweek 1.00 Report 2.30 Travel 3.30 Sport 4.30 Pro Golf Weekly 5.00 Larry King 6.30 Fortune 7.30 Beat 8.30 Style 9.30 Artclub 10.30 Sport 11.00 World View 11.30 Global View 12.30am 7 Days 1.00 World Today 1.30 Diplomatic License 2.00 Larry King 3.00 World Today 3.30 Both Sides 4.30-5.00am Evans, Novak, Hunt & Shield

SKY NEWS
NEWS & SPORT PACK

News on the hour, every hour, plus: 6.00am Sunrise 9.30 Showbiz Weekly 10.30 Fashion TV 11.30 Week in Review 1.30pm Fox Files 2.30 Fashion TV 3.30 Global Village 4.30 Week in Review 5.00 Live At Five 7.30 Sportsline 8.30 Fox Files 9.30 Global Village 10.00 Primetime 11.30 Sportsline Extra 12.30am Showbiz Weekly 1.30 Fashion TV 2.30 The Book Show 3.30 Week in Review 4.30 Global Village 5.30-6.00am Showbiz Weekly

INTERNATIONAL

3SAT 6.20am 7 Tage Anders Fernsehen 6.30 Türkei 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 8.45 Slowenien Magazin 9.15 Euro-City 10.30 Vor 30 Jahren 11.15 Quer 12.15pm Oasis 1.00 Neues 1.30 Leib and Seele 2.15 Frau-TV 2.45 Strassenbekanntschaften 3.00 Die Stunde der Harten Männer 4.35 Tips and Trends Sportiv 5.00 Allein in der Wildnis 5.30 Ausland 6.00 Heute 6.20 Kulturdokumentation 7.00 Tagesschau 7.15 Da Capo 8.00 Viel Lermen um Nichts 10.30 Boulevard Bio 11.15 Seitenblicke 11.55-12midnight Tohuwabohu

TV5 5.00am Journal Télévisé 5.15 Journal des Journaux 6.00 Infos 6.05 Bus et Compagnie 7.00 Journal Télévisé de Radio Canada 7.30 Mission Pirattak 8.00 Infos 8.05 Bus et Compagnie 9.00 Journal Télévisé 9.15 Génies en Herbe 10.00 Infos 10.05 Outremers 11.00 Infos 11.05 Images de Pub 11.20 France Feeling 11.30 Journal Télévisé 12noon Infos 12.05pm Bus et Compagnie \

1.00 Journal Télévisé 1.15 Bouillon de Culture 2.30 Le Roman de l'Homme 3.00 Journal Télévisé 3.15 Questions pour un Champion 3.30 Sport Africa 4.00 Infos 4.05 Reflets 5.00 Journal Télévisé 5.15 Des Racines et des Ailes 7.00 Journal Télévisé Belge 7.30 Journal Télévisé de France Télévision et Le Journal du Temps 8.00 Infos 8.05 Thalassa 9.00 Journal Télévisé 9.15 Envoyé Spécial 11.00 Journal Télévisé Suisse 11.30-12midnight Soir

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 8.00 Sant Darshan 9.00 Variety Programme 10.00 Interactive Live 11.30 News 12noon Sankalp 12.30pm Pakistan This Week 1.00 Pakistan Business 1.30 FILM 4.00 Edit 4.30 Thekikaat 5.00 Agar 6.00 Ek Mulaqat 6.30 BPL Oye 7.30 Sansar 8.00 Junoon 8.30 Mumkin 9.00 FILM 11.30 Baaje Payal 12midnight Mumkin 12.30am Ek Mulaqat 1.00 FILM 4.30 Junoon 5.00 Vishwamitra 6.00 Chand Ghazlien 6.30 News 7.00-7.30am Mehfil

ZEE TV
ADD-ON CHANNEL

6.00am TV 6.30 Shabads 7.00 Faith 7.30 News 8.00 Business 8.30 Entertainment Express 9.00 Do Aur Do Paanch 9.30 Jungle 10.00 Ladkiwale Ladkewale 10.30 Big Debate 11.30 Khana Khazana 12noon FILM: Juaari 3.00pm Lollypop 4.00 Public Demand 4.30 Cine Technical Awards 6.30 Cine Awards Curtain Raisers 7.00 Top Ten 8.00 News 8.30 Jaan 9.00 FILM: Mere Do Anmol Ratan 12midnight News 12.30am Chalo Cinema 1.00 Presents 2.00 FILM: Darpan 5.00 Mrs Madhuri Dixit 5.30-6.00am Yaadein

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Just for Parents 4.30 This is Your Day 5.00 Agape Today 6.00 Fernandez 6.30 Global Harvest Force 7.00 Jack van Impe 7.30 700 Club 8.00 Kidz Club 8.30 Gospel Bill 9.00 Highway to Heaven 9.30 Jesse Duplantis 10.00 CCM Weekend Jam 10.30-11.00am This is Your Day

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports every half hour, plus: 2.15am Euro 99 4.24 Sports 5.49am Food for Thought

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am Select Committees 2.00pm Minister's Questions 2.30 Hearts and Minds 3.00-12midnight House of Lords

SKY SOAP
LIFESTYLE PACK

11.00am Emmerdale Farm
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm Emmerdale Farm
1.00 Emmerdale Farm
1.30 Take the High Road
Mrs McTaggart has another attack of selective deafness.
2.00 Take the High Road
Dougal wants meat.
2.30 Take the High Road
3.00 Take the High Road
3.30-4.00pm
Take the High Road

THE HISTORY CHANNEL
WORLD PACK

4.00pm The Thin Red Line: Guadalcanal
A visit to this jungle island, whose role in World War II is highlighted in the film *The Thin Red Line.*
4.30
The Thin Red Line: Guadalcanal
Witness America's first ground victory in the Pacific .
5.00
The Thin Red Line: Iwo Jima
6.00
The Thin Red Line: Okinawa
7.00-8.00pm
The Thin Red Line: Biography
Hirohito NEW

CABLE CHECK
Some of the channels listed may not be available in your area

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is South Western Silver at 4.00pm.

Borrow £10,000 for just £122 a month

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- You will be dealing with a dependable and responsible company which is a subsidiary of the Lloyds TSB Group.
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- No interviews or arrangement fees.
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12.9%

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HOMEOWNER LOAN REPAYMENTS

		WITH SINGLE COVER			WITHOUT COVER		
VARIABLE APR	LOAN £	180 months	120 months	60 months	180 months	120 months	60 months
10.9%	20,000	251.69	307.35	489.79	220.78	269.60	429.64
12.9%	10,000	138.58	165.14	254.97	121.57	144.86	223.66
14.9%	5,000	76.06	88.64	132.75	66.72	77.75	116.44

Typical Example: Borrow £10,000 over 5 years, at **12.9% APR (variable)** and your monthly repayments without cover will be £223.66 with a total repayment of £13,419.60. Loans are secured by a mortgage on your property. Written quotations are always available.

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ADDRESS: ____________________

____

POSTCODE: __________ DATE OF BIRTH: __________ TEL. DAY: __________ TEL. EVE: __________

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The information you provide may be used and disclosed: to our marketing agencies for research; as general credit information for credit decisions; for fraud prevention and tracing of debtors; to associated companies who may send you details about their products and services and to credit reference agencies to carry out a search and a record that this search was made will be shown on any later search. Offer applies to UK mainland only. Loans subject to status. Rates effective 04.01.99.

082/D82/19.2

Sunday 7 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

SKY PREMIER

PREMIUM CHANNEL

6.05am
Femmes Fatales: Winona Ryder
7.00 Evita
Text *1996, rating Sky PG, 129 mins*
9.15 American Tail 2: Fievel Goes West
1991, rating Sky U, 72 mins
10.45 Matilda
Text *1996, rating Sky PG, 94 mins*
12.30pm Hollywood Buzz
1.00 Evita
Text *1996, rating Sky PG, 129 mins*

3.15 American Tail 2: Fievel Goes West
Voices of John Cleese, James Stewart, Dom DeLuise
Sequel to Steven Spielberg's 1986 cartoon blockbuster. When his family moves out to the Old West, Fievel gets into the gun-slinging spirit, teaming up with a dozy but wise sheriff to take on a posse of bad guys. *1991, rating Sky U, 72 mins*

5.00 Matilda
Danny DeVito, Rhea Perlman, Embeth Davidtz, Pam Ferris
Fantasy based upon the Roald Dahl novel about Matilda Wormwood, a young girl who is neglected at home and sent off to boarding school. However, she soon gets revenge when she discovers that she has magical powers. Text *1996, rating Sky PG, 94 mins*

7.00 It Takes Two
Kirstie Alley, Steve Guttenberg, Mary-Kate Olsen, Ashley Olsen, Philip Bosco
Family comedy, inspired by the classic tale *The Prince and the Pauper*, about an unlikely couple who are brought together by two conspiring, identical looking girls from very different walks of life. *1995, rating Sky U, 97 mins*

9.00
Barry Norman's Film Night
More news, reviews, and interviews.

9.30 Judas Kiss
Emma Thompson, Greg Wise
PREMIERE Thriller. A pair of small-time con artists, Coco Chavez and Junior Armstrong, attempt to kidnap a young, rich executive – but their plans go badly wrong when someone is murdered during the kidnap. *1998, rating Sky 15, 98 mins*

11.15
Of Love and Shadows
Antonio Banderas
Drama set in turbulent Chile during the Seventies, in which a fashion reporter falls for a mysterious photographer. *1996, rating Sky 15, 99 mins*
1.00am Rough Magic
1995, rating Sky 12, 100 mins
2.45 Moonshine Highway
Text *1995, rating Sky 12, 92 mins*
4.20-5.00am Hollywood Buzz

SKY MOVIEMAX

PREMIUM CHANNEL

6.00am
Buck and the Magic Bracelet
Children's adventure. Widescreen
1996, rating Sky PG, 95 mins
8.00 Take Your Best Shot
1989, rating Sky PG, 92 mins
10.00 Billy Madison
Text *1995, rating Sky PG, 86 mins*
12noon
Buck and the Magic Bracelet
1996, rating Sky PG, 95 mins

2.00pm Take Your Best Shot
Robert Urich, Jeffrey Tambor
Comedy about an out-of-work actor whose marriage is falling apart, and his struggle to turn his life around. *1989, rating Sky PG, 92 mins*

3.50 Magic Sticks
George Kranz, Kelly Curtis, Chico Hamilton, Jack McGee
Comedy. An unemployed jazz musician acquires a pair of magic drum sticks, which cause certain people to become enslaved to the rhythm of his beat whenever he plays. *1987, rating Sky PG, 84 mins*

5.20 Loss of Faith
John Ritter, Michele Scarabelli, Daphne Zuniga
Drama about a crime writer who is researching the kidnapping of a baby who belongs to a wealthy couple. At first, it seems that the baby's father is guilty, but then he is discovered dead. *1997, rating Sky PG, 89 mins*

7.00 Billy Madison
Adam Sandler, Bridgette Wilson
Comedy about a spoiled rich-kid who, at 27, makes a bet that he can get through school, from start to finish, in just six months. His prize is the family's business empire. Text *1995, rating Sky PG, 86 mins*

8.30 Happy Gilmore
Adam Sandler, Christopher McDonald, Julie Bowen
Comedy about Happy Gilmore, a violent underachiever and failed ice hockey player, who stumbles upon a hitherto hidden talent for golf. Text *1996, rating Sky 12, 88 mins*

10.00 Bulletproof
Adam Sandler, Daman Wayans, James Caan, Kristen Wilson
Action comedy. An undercover cop befriends a petty criminal to get to a drug baron, but matters soon get out of hand. Text *1996, rating Sky 18, 81 mins*

11.30 Preaching to the Perverted
Christien Anholt
British erotic comedy. *1997, rating Sky 18, 96 mins*
1.10am Dead Bang
Don Johnson, William Forsythe
1989, rating Sky 18, 98 mins
2.55 Home Invasion
1997, rating Sky 18, 86 mins
4.25-6.10am
Invasion of the Astro Monster
1967, rating Sky U, 90 mins

SKY CINEMA

PREMIUM CHANNEL

11.00am
The Trail of the Lonesome Pine
Fred MacMurray, Henry Fonda
US frontier drama. *1936, rating Sky U, 95 mins*

12.45pm The Black Arrow
Louis Hayward, Janet Blair
Thrilling action movie set during the Wars of the Roses. A valiant knight sets out for justice – and romance. *1948, rating Sky PG, 73 mins*

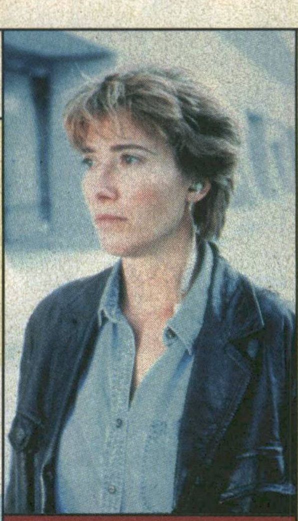
2.15 The Greatest Show on Earth
Betty Hutton, Charlton Heston, Cornel Wilde, Dorothy Lamour, Gloria Grahame, Henry Wilcoxon
Lavish drama set within a large-scale circus, following the triumphs and tragedies of the assorted characters who call the big top their home. Directed by Cecil B DeMille. *1952, 147 mins*

4.45 A Guide for the Married Man
Walter Matthau, Inger Stevens, Robert Morse, Lucille Ball, Jack Benny, Sid Caesar
Gene Kelly directs this comedy about a faithful husband who is led down the road to adultery by a notorious philanderer. *1967, 89 mins*

6.20 Flying Tigers
John Wayne, Paul Kelly, John Carroll, Anna Lee
Romance set against the backdrop of World War II China. Two flying aces take a break from fighting the Japanese to vie for the affections of a military nurse, but battles are looming. *1942, rating Sky PG, 95 mins*

8.00 Sons and Lovers
Trevor Howard, Dean Stockwell, Mary Ure, Wendy Hiller, William Lucas, Conrad Phillips
Bleak drama based on the DH Lawrence novel of the same name, in which the sensitive son of an alcoholic coal miner is urged by his mother to make something of his life and escape to London to become an artist. *1960, rating Sky PG, 99 mins*

10.00 A Passage to India
Judy Davis, Victor Bannerjee, Peggy Ashcroft, James Fox, Alec Guinness, Nigel Havers
David Lean's epic Oscar-winning drama set in colonial India, adapted from the classic novel by EM Forster of the same name. Tensions arise when a visiting English woman accuses a young Indian doctor of rape. *1984, rating Sky PG, 157 mins*
12.45am Three Hours to Kill
Dana Andrews, Donna Reed
1954, rating Sky 12, 77 mins
2.10 Days of Wine and Roses
Jack Lemmon, Lee Remick
1962, rating Sky 12, 112 mins
4.10-5.35am Sorrowful Jones
Bob Hope, Lucille Ball
1949, rating Sky U, 84 mins



Emma Thompson plays a detective in the premiere of the thriller 'Judas Kiss'. Sky Premiere 9.30pm

MOVIE RATINGS

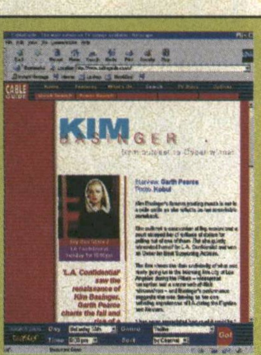
Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

FAMILY PACK

9.00pm Hearts of the West
Jeff Bridges, Andy Griffith, Donald Pleasence, Blythe Danner, Alan Arkin, Alex Rocco
Modern Western about a starry-eyed novelist who arrives in Thirties Hollywood hoping to write Westerns and joins up with a Western movie crew in order to hide from a pair of vengeful con men. *1975, 99 mins*

11.00 36 Hours
James Garner, Rod Taylor, Eva Marie Saint, Werner Peters
A US officer is involved in an accident prior to D-Day and awakes in what seems to be the early Fifties, where he is coaxed into talking. *1964, 115 mins*
1.15am The Last Run
George C Scott, Tony Musante, Trish Van Devere
Crime thriller. *1971, 105 mins*
3.00-5.00am Hearts of the West
Jeff Bridges, Andy Griffith
Western. *1975, 99 mins*



Want to know what Steve Martin movies are on this month? Our new online TV listings guide will tell you!
http://www.cableguide.co.uk

FILMFOUR

ADD-ON CHANNEL

6.00pm
A Simple Twist of Fate
Steve Martin, Gabriel Byrne
Adaptation of George Eliot's *Silas Marner*. A lonely recluse shuns all company until, one winter night, an orphan girl turns up on his doorstep. *1994, 102 mins*

7.45 Whacked!
Short film. Why are people in New York dropping dead?

8.00 Trust
Adrienne Shelly, Martin Donovan, Merritt Nelson
Hal Hartley's dark comedy drama looking at teenage life in Long Island. After Maria tells her parents she is pregnant, her father dies of shock, her mother kicks her out and her boyfriend dumps her. Can Matthew, who is equally unstable, help her out? *1990, 101 mins*

10.00 Amateur
Isabelle Huppert, Martin Donovan, Elina Lowensohn
Hal Hartley's comedy about an ex-nun who writes pornography for a living, an amnesiac who's forgotten he's an international killer and a naive young porn star. Their lives intertwine with bizarre consequences. *1994, 98 mins*

11.50 Get Shorty
John Travolta, Gene Hackman
Comedy about a loan shark in LA. *1995, 101 mins*
1.35am Miller's Crossing
Gabriel Byrne, Albert Finney
Drama. *1990, 110 mins*
3.30-6.00am Forbidden Planet
Leslie Nielson, Walter Pidgeon
1956, 95 mins

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
THE EDGE
Alec Baldwin and Anthony Hopkins star alongside a ferocious Kodiak bear in this wilderness drama written by David Mamet. Also starring Elle Macpherson. *1997, rating Sky 15, 113 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
AS GOOD AS IT GETS
Oscar-winning drama starring Jack Nicholson as a sharp-tongued misanthrope. Also starring Helen Hunt. *1997, rating Sky 15, 132 mins*
PLAYS AT 6.00am, 8.30am, 11.00am, 1.30pm, 4.00pm, 6.30pm, 9.00pm

Sky Box Office 3
Channel 53
GOOD WILL HUNTING
Comedy drama starring Matt Damon as a underachieving mathematical genius. With Robin Williams. *1997, rating Sky 15, 123 mins*
PLAYS AT 8.00am, 10.30am, 1.00pm, 3.30pm, 6.00pm, 8.30pm, 11.00pm, 1.30am, 4.00am

Sky Box Office 4
Channel 54
MORTAL KOMBAT: ANNIHILATION
Kung-fu action movie in which a band of warriors battle to save earth from an evil overlord. Stars Robin Shou and James Remar. *1997, rating Sky 15, 90 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions. Customers with a Videoway set-top-box must view all events on Channel 50.

SKY ONE
ACTION/ SELECTION PACKS

6.00am Hour of Power 7.00 What-a-Mess 7.30 Street Sharks 8.00 Orson and Olivia 8.30 Tattooed Teenage Alien Fighters from Beverly Hills 9.00 The Simpsons 9.30 Garfield and Friends 10.00 Dream Team Omnibus 11.00 World Wrestling Federation – Superstars 12noon Kung Fu 1.00pm The New Adventures of Superman 2.00 Beverly Hills, 90210

3.00 V.I.P
Scents and Sensibility
Vallery signs on to protect a researcher who has isolated a powerful sexual stimulant. Starring Pamela Anderson.

4.00 Star Trek: Deep Space Nine
Paradise Lost – Part II
Sisko and Odo discover evidence of a *Starfleet* plot to seize control of the planet. Text

5.00 Star Trek: Voyager
Threshold
Paris makes history by shuttling to Warp Ten, but the experience causes startling biochemistry changes. Text

6.00 The Simpsons
Some Enchanted Evening
Homer decides to make an effort to stop being a slob. Text

6.30 The Simpsons
Springfield Files Text

7.00 King of the Hill
Hilloween Text

7.30
3rd Rock from the Sun
Indecent Dick
Sally is tempted to pose naked.

8.00 Earth: Final Conflict
Between Heaven and Hell
A Taelon genetic experiment conducted by Dr Belman goes awry when her daughter injects herself with alien DNA.

9.00 The X-Files
The Beginning
NEW SERIES The agents hunt down a deadly extraterrestrial creature, and a government conspiracy is investigated.

10.00 Miami Uncovered
Lifting the lid on one of America's most glamorous cities – Miami in Florida.

11.00 South Park
Terrence and Philip in Not Without My Anus
The windy crusaders defend themselves against a conspiracy.

11.30 Forever Knight
Avenging Angel

12.30am Tales from the Crypt
About Face

1.00 Sightings
A focus on paranormal and supernatural activity. Text

2.00-7.00am Long Play
Enjoy a variety of music throughout the night.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Angels
7.30 Middlemarch
8.30 Blake's Seven
9.25 Dr Who Omnibus – Planet of Evil
11.10 Dallas Omnibus
Another chance to see last week's episodes of the classic American soap opera.

1.00pm FILM: Shenandoah
James Stewart, Doug McClure
US Civil War drama. *1965*

3.00 The Bill Omnibus
WDC Croft has trusted the parents of a young drug addict to keep him clean – but it now looks as if he has been taken for a ride. A serial killer's past helps Carver to find a teenage girl, and concern turns to alarm when it emerges that a missing girl's mother is a prostitute. CID investigates when a woman hired by a jealous woman to test her man, is run over by a car.

5.25
Keeping Up Appearances
Hyacinth volunteers Richard's services when there is a problem with the lights at the Church Hall.

6.00 Ballykissangel
In the Can
Hollywood rolls into town in the shape of Quigley and his video camera, attempting to make a new tourist film.

7.05 The Good Life
The Guru of Surbiton
Tom's philosophy of life attracts two young disciples.

7.45 To the Manor Born
One of Audrey's old friends wants to pay a visit, but she is unaware of the drop in status of the former lady of the manor.

8.25
Only Fools and Horses
A Losing Streak

9.05
Black Adder the Third
Duel and Duality
The regent is challenged to a duel by the Duke of Wellington.

9.45 Blackadder's Christmas Carol
Blackadder's loathsome relatives pay him a visit on Christmas Eve.

10.40
Auf Wiedersehen, Pet
Another Country
When work at the Manor is stopped, the hapless brickies go to the local village, where they are treated with suspicion.

11.45 Whatever Happened to the Likely Lads?
Storm in a Tea Chest

12.25am Ruby Wax Meets... Pamela Anderson
1.00 Pride and Prejudice
2.00-3.00am Minder
The Last Video Show
3.00-7.00am
Shopping with Screenshop

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Mrs Greenthumbs
Gardening tips presented by stand-up comedian Cassandra Danz.

9.30 Can't Cook, Won't Cook
Two more hopeless cooks brave the kitchen.

10.00 Brookside Omnibus
Another chance to see last week's episodes.

12noon
The Jerry Springer Weekend – From Midday to Midnight
Back-to-back episodes of the outrageous American talk show, in which Jerry Springer and his guests engage in lively discussion about relationship issues.

4.00pm The Jerry Springer UK Special – Behind the Scenes
Follow British guests as they visit Chicago to appear on the show.

4.40 The Jerry Springer Show – UK Special
Special edition of the outrageous American talk show in which British guests join Jerry Springer to engage in heated discussion.

5.30-12midnight
Jerry Springer Weekend
Continuing the weekend of back-to-back episodes of the notorious American talk show in which Jerry Springer lights the fuse and stands back to witness and adjudicate over more mud-slinging and counter-accusation.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Jason King 7.00 Bootsie and Snudge 7.30 That's My Boy 8.00 Watching 8.30 Dharma and Greg 9.00 Dempsey & Makepeace 10.00 Behind the Velvet Ropes 10.30 Homes with Style 11.00 The Return of Sherlock Holmes
12noon Jeeves and Wooster
1.00pm Love and Marriage
1.30 Please Sir
2.00 Poirot

3.00 Bonanza
The Fear Merchants
An evil backwoods politician who wants to be mayor stirs up trouble for Virginia City's ethnic minorities.

4.00 The High Chaparral
The Kinsman
The Cannons care for a wounded relative who repays them by stealing their ranch payroll. Starring Leif Erickson.

5.00 Classic Coronation Street – The Omnibus
Omnibus edition of the week's events in this classic soap set in the most famous street in Britain. Brian is in no hurry to come home, and Gail makes a date with a lorry driver's mate. Ted turns up and Bet agonises over whether to tell him that he is the father of her son. Hilda learns the truth about Eddie and Stan's decorating job, while Eddie keeps up a pretence in order to spend the night with Marion.

7.30 Dharma and Greg
Old Yeller
Dharma buys an old schoolbus.

8.00 Poirot
The Dream
Can a man be induced by hypnosis to dream so clearly of suicide that he is driven to commit the act?

9.00 Jeeves and Wooster
Bertie's Aunt Agatha decides that he should marry. Stars Hugh Laurie and Stephen Fry.

10.00-11.00pm
Clive James
At the Playboy Mansion

GRANADA MEN & MOTORS
ACTION PACK

11.00pm 2 Wheels
Biking magazine programme.

11.30 Around the World on Two Wheels
An attempt to become the fastest man in the world on a motorcycle.

12midnight Through the Gears
International motoring and bike sport magazine.

12.30am 4 Wheels
Motoring reports from a team of presenters across the UK.

1.00 Biker's Night Off
Zany quiz show.

1.30-2.00am Motor Week

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear in the Big Blue House 6.25 Classic Toons 6.35 Gummi Bears 7.00 Classic Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 The Little Mermaid 8.25 Classic Toons 8.30 Hercules: The TV Show 9.00 Double Art Attack 9.35 Doug 10.00 Recess 10.15 Pepper Ann 10.30 Ned's Newt 10.45 Microsoap 11.00 Teen Angel 11.30 Student Bodies 12noon Smart Guy 12.30pm Boy Meets World 1.00 Movie Surfers Go Inside Mighty Joe Young 1.30 FILM: Flash *1998*

3.00 The Little Mermaid
Undersea adventures of the beautiful mermaid Ariel. Text

3.30 Goof Troop
Goofy tries to keep his son and his own crazy nature in line. Text

4.00 101 Dalmatians
Canine capers and daring doggy deeds. Text

4.30
Hercules: The TV Show
Adventures with the hero. Text

5.00 Crash Zone
Five Australian kids get a dream job testing computer games. Text

5.30 Microsoap
Sitcom for kids. Text

5.45 Smart Guy
More precocious antics. Text

6.10 Teen Angel
Who's the Boss
Marty is visited from heaven. Text

6.35 Boy Meets World
The Heart is a Lonely Hunter Text

7.00 FILM: 101 Dalmatians
Glenn Close, Jeff Daniels, Joely Richardson, Joan Plowright, Hugh Laurie
Live action version of one of the best-loved Disney classics. Roger and Anita have to rescue their dogs Pongo and Perdita and their pups when the evil fashion victim Cruella steals them for their skins. *1994*

8.40 Honey, I Shrunk the Kids: TV Show
Honey, You've Got Nine Lives
Wayne worries about the ethics of his latest invention. Text

9.30 Dinosaurs Text

10.00 Home Improvement
Sitcom starring Tim Allen. Text

10.30 The Wonder Years
Triangle Text

11.00-12midnight
Touched by an Angel Text

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

SUNDAY CONTINUES OVERLEAF...

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

CABLE CHOICE

FILM

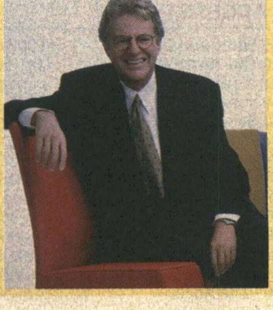
Judas Kiss
Sky Premier 9.30pm

A thriller about a pair of small-time con artists who attempt to kidnap a young executive. Their plans go wrong and end in the unwitting murder of an innocent woman, a crime that is investigated by the unlikely but effective duo of Emma Thompson and Alan Rickman.

GENERAL

The X-Files
Sky One 9.00pm

The sixth series of the cult show starts tonight, continuing from last season's cliffhanger. As a review panel probes Mulder's claims regarding the existence of aliens and a government conspiracy, the agents hunt down an extraterrestrial creature.



ADVERTISEMENT

living

BEHIND THE SCENES OF THE BRITISH JERRY SPRINGER SHOW 4.00PM

This special documentary follows the British guests on their adventure in Chicago. Find out why they really want to go on *The Jerry Springer Show* – only on *living*.

Sunday 7 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

6.30am Athletics – LIVE
9.15 Athletics
9.30 Alpine Skiing – LIVE
World Cup action from Norway featuring the men's Super-G event.
10.30 Biathlon
11.00 Ski Jumping – LIVE
1.00pm
Cross-Country Skiing
2.00 Figure Skating
Coverage of the ISU Grand Prix Final in St Petersburg.
4.00 Athletics
Highlights from the World Indoor Championships in Maebashi, Japan.
5.30 Ski Jumping
Highlights of the World Cup in Lahti, Finland.
6.30 Tennis
Coverage of the final of the ATP Tournament in Copenhagen.
8.00 Tennis – LIVE
Coverage of the WTA Tournament in Indian Wells, USA, where the world's best players come together over a ten-day period to compete for a total of $3,700,000 in prize money.
9.30 Figure Skating
Action from the ISU Grand Prix Final in St Petersburg.
10.00 Sportscentre
A special Sunday edition.
10.15 Athletics
Coverage of the World Indoor Championships in Maebashi, Japan.
11.15-12.30am
Ski Jumping
Coverage of the World Cup in Lahti, Finland.

SKY SPORTS 1
PREMIUM CHANNEL

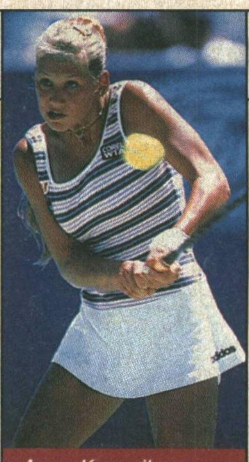
6.00am V-Max
6.30 World Wide Rugby:
Super 12s Tournament
8.00 Aerobics Oz Style
8.30 Extreme Sailing
9.00 Fight Night
11.00 Goals on Sunday
12noon
Euro Tour Golf: Portuguese Algarve Open – LIVE
Coverage of the 1999 Portuguese Algarve Open as it reaches its climax on day four.
4.00pm
Ford Golf USA: Doral Ryder Open
Highlights from day three of the Doral Ryder Open, staged at the Doral Resort and Country Club in Miami.
6.00 Snow Show
The show that offers advice to the aspiring skier or snowboarder.
6.30 Super League: Gateshead Thunder v Leeds Rhinos – LIVE
Coverage of the JJB Superleague match. Presented by Eddie Hemmings and Mike Stephenson.
9.00
Spanish Football
Action featuring two teams playing in the top flight of La Liga.
10.30 Snow Show
The leisure, sport and travel show that visits winter resorts worldwide.
11.00 Super League: Gateshead Thunder v Leeds Rhinos
Highlights from the JJB Superleague match featuring the cream of rugby league talent.
1.00am-2.30am
Spanish Football
Spanish football action in La Liga, featuring two teams battling for those precious points at a crucial stage of the season.

SKY SPORTS 2
PREMIUM CHANNEL

6.00am Watersports World
7.00 Aerobics Oz Style
Daily workout.
7.30 Gillette World Sport Special
8.00 Soccer Extra
Update on football.
11.00 Sports Unlimited
Exploring wacky sports.
12noon World Motor Sport
Ultimate motor sport programme.
3.00pm Gillette World Sport Special
David Jensen presents a comprehensive report on alternative sports.
3.30
FA Cup Special – LIVE
Action from round six of this season's FA Cup. The Twin Towers of Wembley are now well in sight and the teams are likely to adopt a more cautious approach on the pitch. This round of the competition has, however, produced some memorable matches in the past. The match is followed by the draw for the Semi-Finals.
7.00 Max Power
Featuring material from around the world, including both two-and four-wheel motorsport. A weekly dose of international action.
8.00
Ford Golf USA: Doral Ryder Open – LIVE
Action on the closing day of the 1999 Doral Ryder Open staged at the Doral Resort and Country Club in Miami attracting the biggest names in the sport at this time.
11.00 Euro Tour Golf: Portuguese Algarve Open
Highlights from the final day's play in this year's Portuguese Algarve Open, which has featured the cream of the golfing crop from the European Tour.
1.30am-2.00am
Snow Show
Focussing on skiing, snowboarding and anything else connected to winter sports.

SKY SPORTS 3
PREMIUM CHANNEL

11.30am
Futures in Sport
The show that prepares ex-professionals for sports business and management.
12noon Basketball
Suzanne Dando and Kevin Cadle present action from the Budweiser Basketball League.
2.00pm International Cricket: West Indies v Australia – LIVE
Coverage of day three of the first Test between West Indies and Australia in Port of Spain, Trinidad.
4.00 Snow Show
Featuring product reviews of the latest equipment.
4.30 International Cricket: West Indies v Australia – LIVE
The coverage continues on the third day of the first Test between West Indies and Australia. This is make or break time for Brian Lara and his team. The squad were beset by problems last year which sadly translated onto the field in the defeats by South Africa during the previous Test series. Team morale needs to be boosted before the World Cup begins in the summer and there is no better time for them to resurrect their international standing than against the Aussies.
9.00 Moto-Plus
Motoring mayhem for those who like to live life in the fast lane.
9.30 Max Power
Featuring material from around the world, including both two-and four-wheel motor sport.
10.30-12midnight FA Cup Football Special
Highlights from the sixth round of the FA Cup, the final of which is being staged at the famous Wembley Stadium for the last time before its massive refurbishment.


Anna Kournikova competes for the $1,250,000 title at the WTA, Indian Wells. Eurosport 8.00pm – Live

MUTV
ADD-ON CHANNEL

6.00pm Game On
Preview of tonight's shows.
6.05 Watch This if You Love Man-U!
Reflections on yesterday's Premiership match.
7.15
Megastore Megabuys
7.30 Red Legends
Norman Whiteside talks to Mike Duxbury.
8.00 Super Match – Premier Classic: Manchester United v Aston Villa
Archive action from 1993.
8.55 Red Hot Update
9.00 Super Match – Premier Classic: Manchester United v Aston Villa
Continued Premiership action from the archives.
10.00 Red Replays
Review of the week inside Old Trafford, including features on the latest transfer news and controversial views.
11.00
Wild About United
United devotees say why they adore the Reds.
11.30-12midnight Red Hot News
All the latest developments from Old Trafford.

SCI-FI
ACTION PACK

7.30am Chocky
8.00 Battlestar Galactica
9.00 Buck Rogers in the 25th Century
10.00 Quantum Leap
11.00 Space Rangers
The Trial
12noon Man Beast – Myth or Mystery
2.00pm Mystery Science Theatre 3000
Hobgoblins
Offbeat series.
3.45
Sci-Focus Special
A fascinating look behind the scenes at the making of a sci-fi movie.
4.00 The Flash
Deadly Nightshade
Sci-fi drama. Stars John Wesley Shipp, Amanda Pays and Alex Desert.
5.00 The Cape
Just a Rumour
DB's father betrays his fellow astronauts and his son with plans to shut down NASA.
6.00 Roswell: Cover-Ups and Close Encounters
7.00 V
The Dissident
Donovan and Ham must kidnap an alien genius who has developed an impenetrable force field.
8.00 Quantum Leap
Running for Honour
Sam leaps into the body of a Cadet Commander in 1964, to go to the help of a former room-mate.
9.00 Babylon 5
A Voice in the Wilderness
Sinclair and Ivanova discover the remnants of a technically advanced ancient civilisation.
10.00 Lexx
Wake the Dead
After floating in cryosleep for almost 300 years, five rowdy teenagers board the Lexx to carry on the party.
11.00 Highlander: The Raven
So Shall Ye Reap
Amanda convinces Nick to help her to do a favour for an old friend.
12midnight
Battlestar Galactica
Greetings from Earth
1.00am Buck Rogers in the 25th Century
Olympiad
2.00 The Tomorrow People
3.00 Dark Shadows
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

9.25am
This Morning – This Week
11.00 Emmerdale Omnibus
This week's episodes.
12.20pm CD:UK
Chart show with live acts.
1.15 The Zig and Zag Show
Comic puppet antics.
1.30 Children's Ward
The daily dramas of hospital life on the children's ward.
2.00 Adam's Family Tree
The Daily Femail
2.25 Get Wet
2.55 Sooty and Co
3.10 The Worst Witch
Drama series set in a school for trainee witches.
3.40 Survival
An award-winning nature documentary series.
4.40
Coronation Street Omnibus
6.30 Who, What, Why?
7.00 Dealer's Choice
An offbeat look at the art of buying used cars.
7.30 Wide Angle
8.00 Soap Fever
Liza Tarbuck presents the show devoted to soaps.
9.00
Trevor McDonald Meets...
9.30 I Suppose You Think That's Funny
10.00 The Uninvited
Second episode of a four-part science fiction chiller.
11.00 Feature
11.30 The Thoughts of Chairman Alf
12midnight-2.00am Feature

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Viewers' Wives 12.25 FILM: New Wave Hookers 3 1.00 The Five Minute Free View 1.05 FILM continues 1.30 FILM: Stepsisters 2.40 FILM: ...man 7 – On the Dark Side 3.50 Jade 4.10-5.30am FILM: Gone Wild

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day
12.10am Totty Try-Outs
12.25 FILM: Betrayal
1.45 Dungeon Dykes
Watch as Natasha draws you into her forbidden world of lesbian lust.
2.10 FILM: Black Buttman 2
3.30-4.00am
In Loving Colour
Erotic mini series.

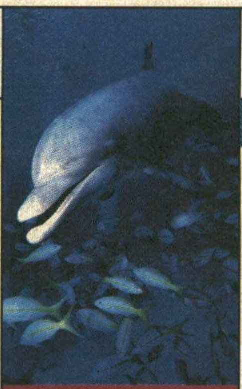
Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Bigfoot – The Unforgettable Encounter
Matt McCoy, David Rasche
Family adventure.
9.25 No Need to Stand
9.45 FILM: Once in Time
10.10
FILM: Tortured Obsession
11.25 Electric Blue Show
11.55-12midnight
Erotic Dreams

Sunday 7 March



'Dolphin: Island of Dolphins' explores the South Atlantic. National Geographic Channel 8.30pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Candid Camera
More pranks.
5.45
The Games Room
6.00 Family Fortunes
Big-money gameshow hosted by Les Dennis.
6.30
The Games Room
6.45 Name That Tune
With Jools Holland.
7.15
The Games Room
7.25 Roll with It!
Hosted by Keith Chegwin.
7.55
The Crystal Maze
Presenter Richard O'Brien takes the team through the four zones – Futuristic, Aztec, Medieval and Ocean World.
9.00
The Games Room
9.15 Strike it Lucky
Madcap gameshow.
9.45
The Games Room
10.00 Candid Camera
Video pranks.
10.30 Don't Feed the Gondolas
Sean Moncrieff hosts the celebrity quiz show.
11.00
Carnal Knowledge
The quiz show that rips open the bedroom curtains of the British public to reveal their sexy secrets.
12midnight Strike it Lucky 12.30am Name that Tune 1.00 Don't Feed the Gondolas 1.30 Roll with It! 2.00 Karaoke Challenge 2.30 Second Guess 3.00 Simply Irresistible 3.30 Give Us a Clue 4.00 Say the Word 4.30 Gladiators 2000 5.00-6.00am Screenshop

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 The Why Files 7.30 The Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 The Why Files 9.30 Indecent Proposals 10.00 Bangers and Smash 11.00 Judge Judy 11.30 Mind Games 12noon The Why Files 12.30pm Agony 1.00 Lie Detector
1.30 Agony
2.30 Mind Games
3.00
Indecent Proposals
Cash for ridicule, as people embarrass themselves for money.
3.30 Wrestling
An hour of top wrestling action.
4.30 Judge Judy
More courtroom drama as the feared American judge tackles another case.
5.00 Judge Judy
Another case for the feared American judge.
5.30 The Why Files
Psychic investigations into the paranormal.
6.00
The Fashion Show
The latest fashions.
6.30
Indecent Proposals
Cash for foolishness.
7.00 Sport at Seven: Bangers and Smash
Stock car racing hosted by Louise Brady.
8.00 The Why Files
The weird, the wonderful and the plain spooky.
8.30 Judge Judy
More courtroom drama with the US judge.
9.00
Women's Wrestling
Spandex-clad action as two women get to grips with each other in the ring.
9.57 Topless Darts
10.00 Love Street
American sensual offering.
10.30 Exotica Erotica
Another sensual offering.
11.30 Orgasmatron
11.45 Painted Ladies
More rolling round in paint.
11.57 Topless Darts
12midnight Love Street 12.30am Private Dancer 12.45 Shopping 1.00 Exotica 2.00 Blue Review 2.15 Janeycam 2.30 Love Street 3.00 Agony 3.30 Why Files 4.00 Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am What's in the Box

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Coxon's Kitchen 10.00 Chef for a Day 10.30 What's Cooking? 11.00 Loyd's Louisiana 11.30 Slice of the Action 12noon Network 12.30pm Cookshop 1.00 Japaneasy 1.30 Modern British 2.00 From the Ground Up 2.30 Network
3.00 Superchefs
3.30 A Slice of the Action
4.00 Gordon Ramsay's Passion for Flavour
4.30-5.00pm Chez Bruno
Bruno prepares oysters.

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show presented by Bill Dodd.
5.30 Our House
Hosted by Suzi Becker.
6.00
Pull the Other One
Hosted by Paul Coia.
6.30
The 10 Percenters
Office comedy series.
7.00 The Upper Hand
The Babysitter
7.30
An Inspector Calls
Bay Watchers
Beach inspectors.
8.00 The Darling Buds of May
Stranger at the Gates
Mariette and Charley find the missing Pieter, but can they persuade him to stay?
9.00 The Guilty
Brilliant lawyer Steven Vey's fatal flaws are alcohol and women, but he is at the peak of his career and hopes to become a high-court judge. However, his life is irrevocably changed because of a secretary at his chambers and a son he has never seen.
11.00
Hill Street Blues
American police drama series set in a tough urban area. Stars Daniel J Travanti and Bruce Weitz.
12midnight
The Ruth Rendell Mysteries
Means of Evil – Part II
Burden blames himself for Hannah's death.
1.00am-2.00am
Gone to the Dogs
Starring Jim Broadbent and Harry Enfield.

ANIMAL PLANET
WORLD PACK

12noon
The Big Game Auction
1.00pm
The Giraffe of Etosha
Experience the lives of giraffes in Etosha.
2.00 Horse Tales
Arabian Knights
2.30
Going Wild with Jeff Corwin
Khao Sok, Thailand
In search of the binturong.
3.00 The Blue Beyond
The Lost Ocean
A look at the work of a conservation team hoping to free a captive dolphin into the wild.
4.00 Hollywood Safari
Dinosaur Bones
Peter and Josh stumble upon some dinosaur bones while out playing in the wood.
5.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
5.30 Pet Rescue
Presented by Wendy Turner and Mark Evans.
6.00
Life with Big Cats
NEW A look at how Hollywood actress Tippi Hedren established a wild cat reserve north of LA.
7.00 Hollywood Animal Stars
NEW A celebration of Hollywood's animal film stars including Lassie, Flipper, Trigger and Babe.
8.00 Tiger Hunt: The Elusive Sumatran
Set in the Way Kambas National Park in Sumatra, we follow the Tiger Project Team at work.
9.00 Emergency Vets
Stories from the veterinary hospital in Denver.
9.30 Emergency Vets
Including a stray cat caught in a car's fan belt.
10.00
Crocodile Hunter
Sharks Down Under
Steve Irwin focuses on several different species of shark.
11.00-12midnight Rediscovery of the World
Australia – Tasmania
Narrated by Mel Gibson.

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am It'll Never Work 7.30 The Great Egg Race 8.05 Barnardo's Children 9.05 Savagery and the American Indian 10.00 Savagery and the American Indian 11.00 Top Gear GTi 12noon Tomorrow's World Plus 1.00pm Clive James – Postcard from Miami 2.00 Bats Need Friends
3.00
Natural Neighbours
Dolphin Dreaming
With Griff Rhys Jones.
3.30 The Secret Life of Seahorses
Explore the magical world of the seahorse.
4.15 Face to Face: David Attenborough
Jeremy Isaacs talks to Sir David Attenborough.
5.00 Animal Hospital Roadshow
With Rolf Harris and Shauna Lowry.
5.30 Mysteries with Carol Vorderman
6.00 Search for the Lost Tomb – KV5
The story of archaeologist Kent Weeks's search for one of Egypt's lost tombs.
7.00 Ice Mummies
Frozen in Heaven
The series that reveals the secrets of ancient frozen bodies investigates the rituals of the Inca people.
8.00 Life on Earth
Conquest of the Waters
The story of life from the first primitive cells to the plants and animals that live around us.
9.00
Supernatural Science
Physical Feats
What various bizarre feats reveal about human psychology.
10.00 Airport
Jeremy is bound for Moscow, but his plane is carrying someone who wants to go to Paris.
10.30 Hollywood Kids
Life as a child star in Tinseltown.
11.30
Billy Connolly's World Tour of Australia
Billy goes to Melbourne.
12.20am Soho Stories
Eternal Light
Two elderly Jewish Soho residents are featured, in the week before their beloved synagogue closes for ever.
12.30-1.00am
Crime Limited

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am E! Celebrity Profile 7.00 The View 8.00 The Pet Show 8.30 Indoor Garden 9.00 Montel Williams 10.00 E! True Hollywood Story 11.00 Style Guide 11.30 Gardeners' Diary 12noon Rosemary Conley's Low- Fat Cookbook 12.30pm Gorgeous Gardens 1.00 E! Celebrity Profile 2.00 The View
3.00 The Pet Show
The ultimate guide to man's best friend.
3.30 Cook's Garden
Presented by Susan Brookes.
4.00 The Montel Williams Show
Sylvia Browne Explains
The Emmy-Award winning presenter helps viewers and guests with problems.
5.00-6.00pm E! True Hollywood Story
Elizabeth Glazer
A series of compelling documentaries.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Dolphins: The Spinner Dolphins
A visual extravaganza as the dolphins demonstrate their acrobatic abilities in preparation for their hunt.
8.00 Dolphins: Hunts of the Dolphin King
8.30 Dolphins: Island of Dolphins
Exploring the island of Fernando de Noronha.
9.00 Dolphins: A World with Dolphins
Bridget Fonda experiences the joys and mysteries of the most charismatic animals in the sea.
10.00 Mysterious World: The Secret Underworld
Explore the remarkable Movile cave in Romania, discovered in 1996.
11.00
A Natural Passion
Witness the wildlife film-makers who risk their lives to bring the wonders of the world to our screens.
12midnight-1.00am
Explorer
Discover how Sir Ernest Shackleton and his crew took bitter defeat and turned it into heroic survival as they watched their ship being crushed by the frozen sea.

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits
9.00 Bytesize MTV
10.00 Hit List UK
12noon
News Weekend Edition
12.30pm Snowball 99
Hit the slopes the MTV way with this ice-cool show.
1.00 Total Request
Viewers' choice of hits.
2.00 European Top 20
3.00 Bytesize MTV
3.30 UK Singled Out
4.00 Select MTV
6.00 News Weekend Edition
6.30 Sundance Film Festival
NEW Movie special.
7.00 MTV Live Presents Natalie Imbruglia
Davina MacCall hosts this candid insight into the Australian star.
8.00 Mad for Hits
9.30 News Weekend Edition
10.00 So 90s
10.30 MTV Live
11.00 brand:new
12midnight The Late Lick
1.00am So 90s
1.30 MTV Live
2.00-7.00am Night Videos

VHI
MUSIC & GAMES PACK

6.00am Breakfast in Bed 9.00 Pop-Up Video 10.00 Something for the Weekend 12noon Ten of the Best: Sting 1.00pm Greatest Hits of... The Spice Girls 1.30 Ed Sullivan's Rock 'n' Roll Classics: Top Hits of 1970 2.00 Clare Grogan Show 3.00 Talk Music 3.30 VH1 to 1: Blondie NEW **4.00 Number Ones Weekend 8.00 VH1 Album Chart 9.00 Kate & Jono 10.00 Behind the Music: Billy Joel 11.00 Around and Around 12midnight Soul Vibration 2.00am-6.00am VH1 Late Shift**

TRAVEL
FREE BONUS CHANNEL

12noon Oceania 12.30pm Reel World 1.00 Adventure Travels 1.30 Flavours of Italy 2.00 Gatherings & Celebrations 2.30 Wild Ireland 3.00 Aerial Tour of Britain 4.00 Magic of Africa 5.00 Oceania 5.30 Holiday Maker 6.00 Flavours of Italy 6.30 Wild Ireland 7.00 Destinations 8.00 Go 2 8.30 Adventure Travels 9.00 Magic of Africa 10.00 Flavours of France 10.30 Holiday Maker 10.45 Holiday Maker 11.00 Secrets of India 11.30-12midnight Reel World

UK STYLE
LIFESTYLE PACK

7.00am Wine World 7.30 Floyd's American Pie 8.00 Fat Man in France 8.30 Madhur Jaffrey's Flavours of India 9.00 Delia Smith's Winter Collection 9.30 Antiques Roadshow 10.30 Changing Rooms 11.00 DIY Show 11.30 Going for a Song 12noon The Terrace 12.30pm Changing Rooms 1.00 Wine World 1.30 Floyd's American Pie 2.00 Fat Man in France 2.30-3.00pm Madhur Jaffrey's Flavours of India

UK ARENA
LIFESTYLE PACK

3.00pm Burning Down the House 3.55 Reviews You Can Use 4.10 FILM: Build My Gallows High *1947* **6.00 The First, The Last, My Everything** NEW **6.30 The Arena 100 7.00 Reviews You Can Use 8.00 Arena People: John Cale 9.00 Playhouse 10.30 Arena People: Burt Bacharach 11.30 Reviews You Can Use 12midnight FILM: Build My Gallows High** *1947* **1.50am Reviews You Can Use 2.05-3.00am Arena People: Burt Bacharach**

Sunday 7 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Charlie West 6.30 Rex Hunt 7.00 Fishing with Henry NEW SERIES 7.30 Hometime 8.00 Hometime 8.30 Home Savvy 9.00 Charlie West 9.30 Rex Hunt 10.00 Fishing with Henry 10.30 Hometime 11.00 Hometime 11.30 Home Savvy 12noon Workshop 12.30pm Routes NEW SERIES 1.00 Car Show 1.30 Road 2.00 Hooked on Fishing 2.30 Two's Country 3.00-4.00pm Time Team

DISCOVERY
WORLD PACK

4.00pm Wings
Instant Thunder
A profile of the massive B-52 bomber, built to deliver NATO's nuclear deterrent.

5.00 Flightline
Profile of the biplane.

5.30 Coltrane's Planes and Automobiles
Supercharger

6.00 Shipwreck!
An exploration of the mystery of the most famous shipwreck on the Great Lakes, on the anniversary of its sinking.

7.00
The Supernatural
Lake Monster

7.30
Creatures Fantastic
Dragons

8.00 Searching for Lost Worlds
Skull Wars
The story of the discovery of an ancient skull in South Africa in 1924.

9.00
Ancient Inventions
War and Conflict
Terry Jones traces the history of modern military hardwares.

10.00
Ancient Inventions
City Life
Terry Jones discovers how our urban ancestors invented a host of devices.

11.00
Ancient Inventions
Sex and Love
The ancients devoted as much attention to attracting a partner as we do today.

12midnight
Discover Magazine
Weird Worlds
Millions of bats go on nightly forays in Texas.

1.00am-2.00am
Justice Files
Why They Kill
Considering motivation.

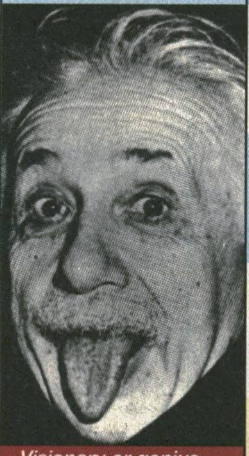
SKY SOAP
LIFESTYLE PACK

11.00am Emmerdale Farm
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm Emmerdale Farm
1.00 Emmerdale Farm
1.30 Albion Market
Lisa confronts Tony.
2.00 Albion Market
2.30 Albion Market
3.00 Albion Market
3.30-4.00pm Albion Market
Peggy suspects that Carol is behind Tony's decision.

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Magic Roundabout 6.00 Tidings 6.30 Blinky Bill 7.00 Tabaluga 7.30 Sylvester and Tweety 8.00 Powerpuff Girls 8.30 Animaniacs 9.00 Dexter's Laboratory 10.00 Cow and Chicken 10.30 I am Weasel 11.00 Beetlejuice 11.30 Tom and Jerry 12noon-9.00pm Johnny Bravo

Comedy marathon featuring the egomaniac admirer of pretty women.



Visionary or genius, Albert Einstein was definitely one of the 'Giants of the Century'. The History Channel 6.00pm

THE HISTORY CHANNEL
WORLD PACK

4.00pm
The Atomic Bombing of Japan: Rain of Ruin
NEW On August 6, 1945, a B-52 changed history.

5.30 Unsolved Mysteries of World War II
Pearl Harbour

6.00 Giants of the Century
Matter and Life

7.00-8.00pm
Saints and Slinners
Between Two Empires
NEW SERIES

NICKELODEON
FAMILY PACK

7.00am Tales from the Cryptkeeper 7.30 Brothers Flub
8.00 NickAlive including Sister Sister/Kenan & Kel/Sabrina
10.00 Rugrats
10.30 Hey Arnold!
11.00 Angry Beavers
11.30 CatDog
12noon The Wild Thornberrys
12.30pm Rocko's Modern Life
1.00 Kablam!
1.30 Ren & Stimpy
2.00 Clarissa Explains it All
2.30 Clarissa Explains it All

3.00 Kenan & Kel
The adventures of two funky friends.

3.30 Kenan & Kel
Two funky friends who are always up to no good.

4.00 Sister Sister
Tia and Tamera and their respective single parents all try to live together.

4.30 Sister Sister
More from the twin sisters.

5.00 Sabrina the Teenage Witch
Adolescent sorcery.

5.30 Sabrina the Teenage Witch

6.00 Moesha

6.30-7.00pm Nick News

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny

7.30 Grace Under Fire
Grace Graduates
Stars Brett Butler.

8.00 Ellen
Ellen's Choice

8.30 Spin City
In the Heat of the Day
The Mayor launches a fitness program.

9.00 Cheers
The Gift of Woody

9.30 Cheers
Call Me Irresponsible
Carla begins to worry about her marriage.

10.00 Taxi
Shut it Down – Part I
The cabbies go on strike.

10.30 Taxi
Shut it Down – Part II
Stars Danny DeVito.

11.00 Seinfeld
The Bus Boy
George feels guilty.

11.30 The Larry Sanders Show
Life Behind Larry

12midnight Duckman
12.30am We know Where You Live 1.00 Comedy Store 1.30 Club Class
2.00 Dr Katz
2.30 Tibs and Fibs
3.00 Nightstand
3.30-4.00am
Abbott and Costello

CABLE CHECK
Some of the channels listed may not be available in your area

FOX KIDS
FAMILY PACK

6.00am Dodo 6.05 Masked Rider 6.30 Beetleborgs 6.55 Power Rangers Turbo 7.20 Power Rangers Turbo 7.45 Bureau of Alien Detectors 8.10 Mortal Kombat 8.35 Mowgli 9.00 Goosebumps 9.25 Eerie, Indiana: The Other Dimension 9.50 Home to Rent 10.00 Sam and Max 10.25 Mad Jack 10.50 Spy Dogs 11.00 Louie 11.25 Dennis and Gnasher 11.50 It's your call: Spiderman or the Incredible Hulk 1.55pm Incredible Hulk 2.20 Iron Man 2.45 Fantastic Four

3.10 X-Men
Superhero action.

3.30
Fox Kids X-Press

3.35 Spiderman
Crime-fighting capers.

4.00 Goosebumps
A collection of spooky stories.

4.25 Eerie, Indiana: The Other Dimension

4.50 Casper

5.00
Dennis and Gnasher
Dennis and Gnasher team up with their pals.

5.30 Ace Ventura
Ace is on the case.

6.00
Donkey Kong Country

6.30 Eek!Stravaganza

6.55-7.00pm Oggy and the Cockroaches

SHOP!
LIFESTYLE/
SELECTION PACKs

12midnight Bargain Shop!
12.30am Shop! Selection
1.30 Spotlight on Sports
2.30 Junior Sports Store
3.00 Switched On
4.00 The Gold Collection
5.00 Y-Zone
6.00 Shop! Selection
A roundup of the best offers on Shop!
7.00 Bargain Shop!
Shop! brings you the best bargains money can buy.
7.30 Shop! Feature
8.30 Feel Good Factor
Hints and tips, and the latest products to revitalise face and body.
9.30 Do it Yourself
Feel safer with Shop!'s range of home security products.
10.00 Home Style
Shop! shows you why studies and home offices don't have to be dull.
11.00 The Gift Store
Bringing top quality ideas to the screen
12noon Jewellery Box
More great offers from Shop!'s collection.
1.00pm Bargain Shop!
1.30 On Screen
2.30 Junior Sports Store
3.00 Sporting Brands
4.00 Branded!
5.00-6.00pm
Shop! Selection

QVC
LIFESTYLE/
SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Celebrate with Gold at 9.00pm.

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/
ACCESS PACKS

News on the hour every hour, plus: 6.00am News 9.30 Seven Days 10.30 Science 11.10 Dateline 12noon News 12.30pm Chronicles 1.00 News 2.00 News 2.30 Seven Days 3.00 News 3.30 Science Review 4.15 Newsround 24 7.00 News 7.30 Correspondent 8.00 News 8.30 Face in the Crowd 9.30 Reporters 10.10 Dateline 11.30 USA Direct 12.30am Simpson's World 2.30 USA Direct 3.30 Chronicles 4.30 Dateline London 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am News 5.30 Global View 6.30 World Business 7.30 Sport 8.30 Beat 9.30 Artclub 10.30 Sport 11.30 Earth 12.30pm Diplomatic License 1.00 Report 1.30 World 2.30 Europe 3.30 Sport 4.30 Showbiz 5.00 Late Edition 6.30 Business 7.00 Perspectives 7.30 Europe 8.30 Pinnacle 9.30 Insight 10.30 Sport 11.00 View 11.30 Style 12midnight World 12.30am Beat 1.15 Edition 1.30 Science 2.00 World 2.30 Artclub 5.00-6.00am Pinnacle

SKY NEWS
NEWS & SPORT PACK

News every hour, on the hour plus: 6.00am Sunrise 9.30 Fox Files 10.00 Sunday with Adam Boulton 11.30 The Book Show 1.30pm Fashion TV 2.30 Showbiz 3.30 Fox Files 4.30 Sunday 5.00 Live at Five 7.30 Sportsline 8.30 The Book Show 9.30 Showbiz Weekly 10.00 Primetime 11.30 Review 12.30am CBS Evening News 1.30 Sunday with Adam Boulton 2.30 Fox Files 3.30 The Book Show 4.00 News on the Hour 4.30 Global Village 5.00 News on the Hour 5.30-6.00am Evening News

INTERNATIONAL

3SAT 6.20am 7 Tage Anders Fernsehen 6.45 KunstStreifzüge 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Lyrik für Alle 8.15 Die Gezinkten Karten der Constanze Mozart 9.00 Das Literarische Quartett 10.30 Der Schaum der Tage 11.45 Meine Bildergeschichte 12noon Zeit im Bild 12.05pm Wochenschau 12.30 Rückblende 12.45 Kein Schöner Land 1.30 Geh'n Wir Mal nach Hagenbeck 2.10 Wenn das die Nachbarn wüsslen 3.00 Hitec – Dokumentation 3.30 Quo Vadis? 4.15 Tierporträt 4.30 Teletips vom Hausarzt 5.00 Tagebuch 5.15 Rundschau 6.00 Heute 6.10 Rüge NeunzehnZehn 7.00 Tagesschau 7.15 China: 5000 Jahre Zivilisation 8.15 Roglers Freiheit 9.00 Most – Nachruf auf eine Alte Stadt 10.30 Der Kommissar 11.00-12.45am Sidney Poitier

TV5 5.00am Journal 5.15 Journal des Journaux 6.00 Infos 6.05 Bus et Compagnie 7.00 Journal 7.30 Mission Pirattak 8.00 Infos 8.05 Bus et Compagnie 9.00 Journal 9.15 Rince Ta Baignoire 10.00 Infos 10.05 Thalassa 11.00 Infos 11.05 Télécinéma 11.30 Journal 3 12noon Infos 12.05pm L'Orient Express 1.00 Journal 1.15 Trésors du Monde 3.00 Journal 3.15 Questions 3.30 Kiosque 4.00 Infos 4.05 Kiosque 4.30 Questions pour un Champion 5.00 Journal 5.15 Vivement Dimanche 7.00 Journal 7.30 Journal 8.00 Infos 8.05 Faut pas Rêver 9.00 Journal 9.15 Elvis 11.00 Journal 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL
CABLE EXCLUSIVE

7.30am Sant Darshan 8.00 Bhakti Sagar 9.00 Dhyan Ki Lehren 10.00 Holy Qur'an 10.30 Jai Veer Hanuman 11.00 Dhur Ki Bani 11.30 Variety 12.30pm Pakistan 1.00 Pakistan Business 1.30 FILM 4.00 BPL Oye 5.00 Spaghetti Junction 5.30 Fut A Fut 6.00 Paltan 6.30 Asianet Aur Aap 7.00 Daal Mein Kala 7.30 Golmaal 8.00 Main Anari Tu Anari 8.30 FILM 11.30 News 12midnight Main Anari Tu Anari 12.30am Aur Aap 1.00 FILM 4.00 Indipop 4.30 Balcony 5.00 Fut A Fut 5.30 Paltan 6.00 Chand Ghazalien 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Kya Scene Hai 6.30 Shabads 7.00 Faith 7.30 News 8.00 Business 8.30 Sitaron Ka Karwan 9.00 Tandoori Masala 9.30 Out and About 10.00 Mahabharat 11.00 Aap Ki Adalat 11.30 Health 12noon FILM: Sikander-e-azam 3.00pm KTC Sa Re Ga Ma 4.00 Zee & You 4.30 Sofia 5.30 Hadd Kar Di 6.00 Adhikar 7.00 Fairdeal Antakshari 8.00 News 8.30 FILM: Neeyat Yodha 12midnight News 12.30am World 1.00 Bangla 1.30 Parivartan 2.00 FILM: Andolan 5.00 Amar Kathayen 5.30-6.00am Sa Re Ga Na

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Sandfords 4.30 Your Day 5.00 Voice of Faith 5.30 Potters House 6.00 Praise 7.00 Ray McCauley 7.30 Taking Authority 8.00 Winning Ways 8.30 Ray Bevan/Terry Savelle 9.00 Life is for Living/ Colin Urquhart 9.30 In Touch 10.30-11.00am Your Day

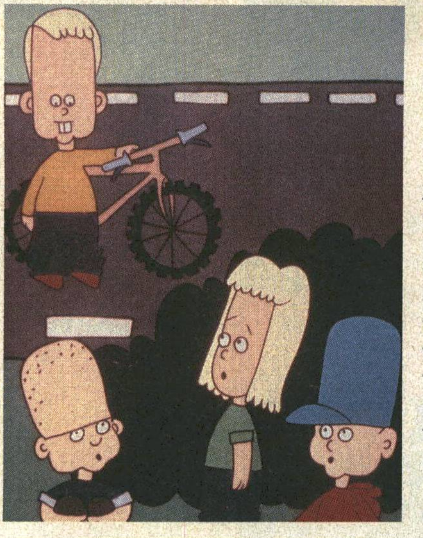
BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus:
2.19am Technology Report
3.15am Euro '99 4.24 Sports

BBC PARLIAMENT
NEWS & SPORT PACK
CABLE EXCLUSIVE

5.30am Select Committees 11:00am Straight Talk 11:30 European Focus 12noon America Week 3.00pm Scottish Lobby 3:30 Select Committees 11:30-12midnight Welsh Lobby

POWER CABLE THE YOUNG PERSON'S GUIDE TO WHAT'S ON THIS MONTH

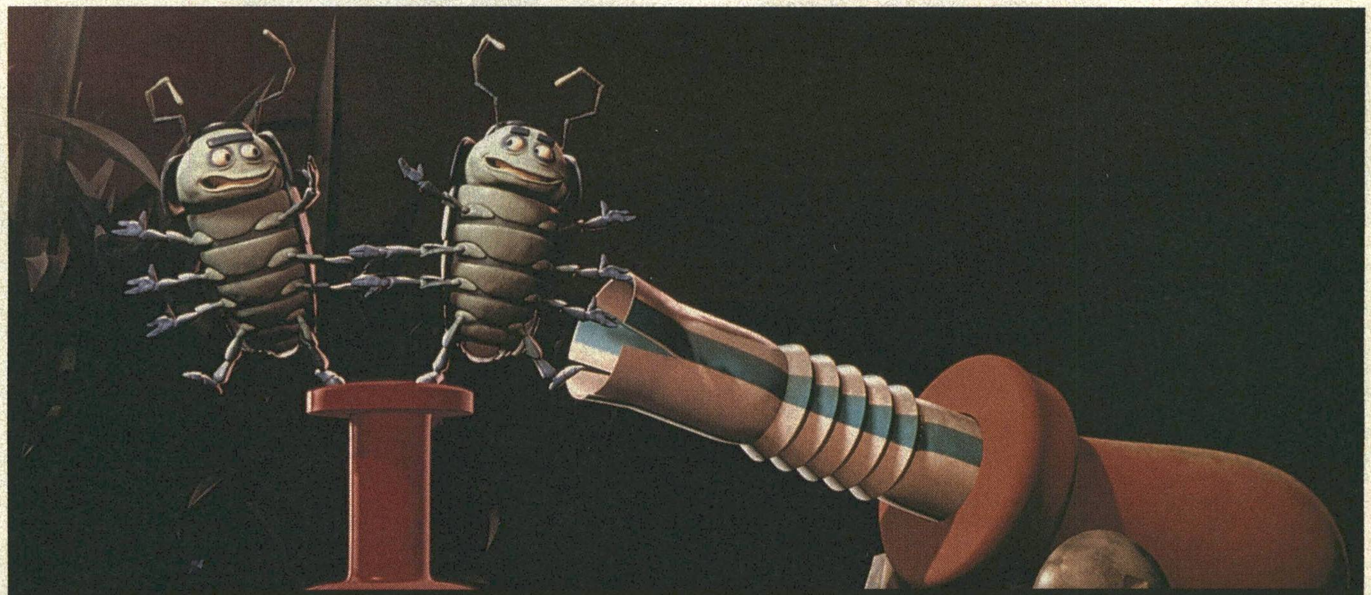


KID'S STUFF!

Frank and his sidekicks, Thomas and Eric, are best friends. Then along comes new kid on the block Jerry. Luckily for Jerry an addition to the trio is permitted and *Three Friends ... & Jerry* come into being. Jerry has some strange habits, ant collecting being among them, which may be why Linda, the school babe, is not interested in him, or the others. In fact, Linda does her very best to avoid the foursome, preferring to spend her time with Tess and Mimmi, who all refer to Jerry simply as 'Brat'. The friends soon realise that there are a lot of lessons in life to learn!
Three Friends ... & Jerry, Nickelodeon, weekdays 4.00pm

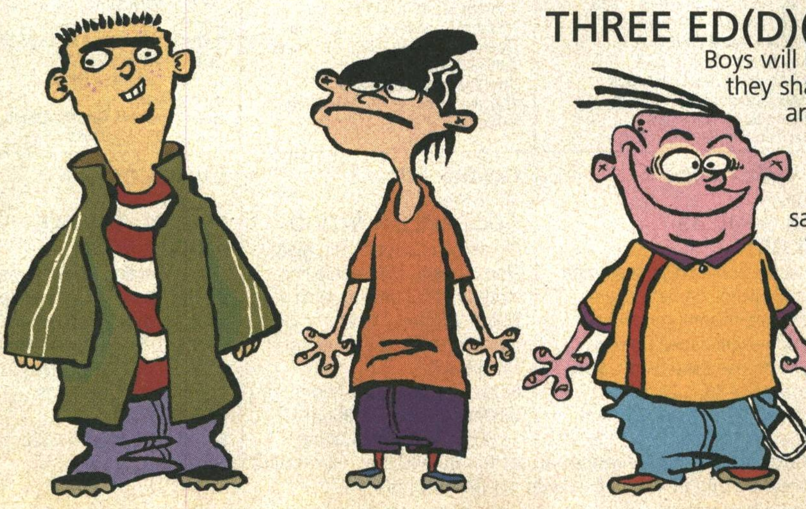
MUM'S THE WORD

Fox Kids will be celebrating Mother's Day with a selection of mum-related episodes from Fox Kids series. And if you can tell the channel why you think your mum is super, you could win her an all-expenses-paid family day out at Beaulieu, the top tourist attraction in the New Forest. *X-Press* presenter Lisa O'Connell says: 'I'll be bringing Mum breakfast in bed with a big bunch of flowers.' Join Roy Agyeman and Lisa (above) every day from 3.30pm for more fun and games and your favourite Fox Kids characters in *X-Press*.
Supermum Day, Fox Kids, Sunday 14th, 6.00am–11.50am



ANIMATING ANTICS

As part of Disney Channel's Big Free for All Weekend (13th-15th), you can go behind the scenes and witness the making of the Disney blockbuster, *A Bug's Life*. It stars twin Hungarian pillbugs, Tuck & Roll (above), who are fired from a circus gun. Following in the footsteps of *Toy Story*, this stunning computer-animated feature film tells the imaginative tale of a colony of ants who, with the help of a circus crew of bugs, are determined to fight off the annual invasion of gangster grasshoppers. Featuring the voices of Kevin Spacey, Julia Louis-Dreyfus (*Seinfeld*) and David Hyde Pierce (*Frasier*), the film's combination of charming characters, comic touches and breathtaking visual effects, has proved to be a spectacular hit. Find out how the animators got to grips with the bugs, from the drawing board to the big screen, in this fascinating insight.
Movie Surfers Go Inside Disney's 'A Bug's Life'. Disney Channel, Sunday 14th 1.00pm



THREE ED(D)(Y)S ARE BETTER THAN ONE

Boys will be adolescents. In this case, they're chums because they share the same name, live in the same cul-de-sac and are finding puberty hell on earth. The dizzy trio, who suffer continuous attacks of greasy hair and acne, are the creation of Canadian master animator Danny Antonucci. 'I think Ed is a funny name,' he says, 'but don't ask me to explain.' Ed loves monster 'B' movies and has a little sister called Sarah. Edd is smart and very polite. He spends his free time studying and mails his socks to girls he has a crush on. Eddy is the official leader of the pack. He was the only kid in his year to have once been suspended for a whole week – for playing in class a saucy tape he found in his parent's bedroom! WORDS: IVAN WATERMAN.
Ed, Edd 'n' Eddy, Cartoon Network, starts Monday 15th 6.00pm

COMPILED BY PHILIPPA BEGLIN. PHOTOS: CARTOON NETWORK, FOX KIDS, © DISNEY, NICKELODEON

Monday 8 March

MORNING

SKY PREMIER
PREMIUM CHANNEL

6.00 AM

6.00am Stolen Women
Janine Turner, Jean Louisa Kelly 1996, rating Sky PG, 88 mins

8.00 Charlie's Ghost Story
Cheech Marin, Anthony Edwards 1994, rating Sky PG, 85 mins

9.30 Three Wishes
Patrick Swayze, Joseph Mazzello
Romantic fantasy. Text *1995, rating Sky PG, DS, 111 mins*

11.30 Hamlet
Kenneth Branagh, Julie Christie, Derek Jacobi, Kate Winslet

3.00 PM

Shakespeare's classic tragedy. Text *1996, rating Sky PG, 232 mins*

3.30pm
Barry Norman's Film Night
More movie news and reviews.

4.00 PM

4.00 Charlie's Ghost Story
Cheech Marin, Anthony Edwards, Linda Fiorentino
Family adventure. A young boy befriends the ghost of a long-dead conquistador when

5.00 PM

his father discovers the warrior's bones. The Spanish warrior appears and insists that the young man help him by burying his remains on hallowed ground. *1994, rating Sky PG, 85 mins*

6.00 PM

6.00 Three Wishes
Patrick Swayze, Mary Elizabeth Mastrantonio, Joseph Mazzello, David Marshall Grant
Romantic fantasy. The lives of a widow and her two sons

7.00 PM

are transformed after she accidentally runs over a mysterious stranger, and insists that he stay with them until he recovers. Text *1995, rating Sky PG, DS, 111 mins*

8.00 PM

8.00 The Saint
Val Kilmer, Elisabeth Shue
Movie version of the classic TV series. Simon Templar is a gentleman and a master thief. His skills are tested to their limit

9.00 PM

when he comes to the aid of a young scientist, who discovers that a billionaire is planning to crown himself the first Czar of the Russian Empire. Text *1997, rating Sky 12, DS, 111 mins*

10.00 PM

10.00 The Devil's Own
Harrison Ford, Brad Pitt, Margaret Colin
Thriller. A police officer takes in and befriends an Irish houseguest, unaware that the

11.00 PM

young man is a terrorist on a secret mission to buy missiles for the IRA. Text *1997, rating Sky 18, 107 mins*

11.55
Night Falls on Manhattan

12.00

NIGHT TIME

Andy Garcia, Richard Dreyfuss
Conspiracy thriller. Text *1997, rating Sky 15, 108 mins*

1.50am Mary Reilly
Julia Roberts, John Malkovich
Text *1996, rating Sky 15, 104 mins*

3.40-5.45am Screamers
Peter Weller, Roy Dupois 1995, rating Sky 18, 104 mins

SKY MOVIEMAX
PREMIUM CHANNEL

7.00am
Femmes Fatales: Meryl Streep
7.30 Movie Magic: Mouthing Off
8.15 Action Heroes: Wesley Snipes
9.00 Son of Godzilla
1967, rating Sky U, 82 mins
11.00
Howard – A New Breed of Hero
1986, rating Sky PG, DS, 104 mins
1.00pm Femmes Fatales
1.30 Movie Magic: Mouthing Off
2.15 Action Heroes: Wesley Snipes

3.00 Son of Godzilla
Tadao Takashima, Akira Kubo, Akihiko Hirata, Beverly Maeda
Cult Japanese sci-fi movie about a nuclear experiment that causes creatures and plants to mutate and threaten mankind. However, when they attack Godzilla's offspring, the monster arrives to defend him and save the day. *1967, rating Sky U, 82 mins*

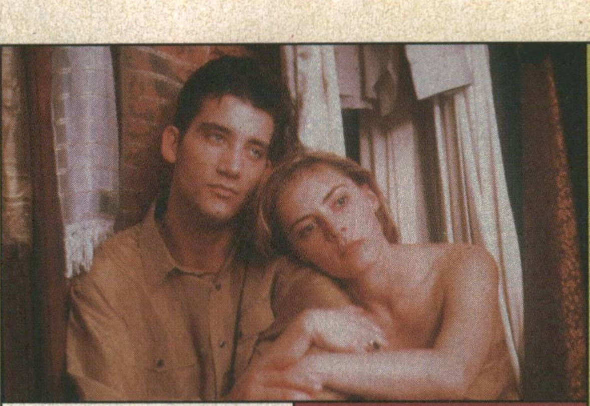
5.00 Bury Me in Niagara
Jean Stapleton, Geraint Wyn Davies, Shae D'Lyn
Off-beat, supernatural comedy. A doctor discovers a rare jewel while operating on a Japanese gangster. He passes the gem onto his mother who promptly dies and is buried with it. She then returns from Heaven to help him out as the mob search for it. *1993, rating Sky PG, 89 mins*

7.00 Howard – A New Breed of Hero
Lea Thompson, Jeffrey Jones, Tim Robbins, Ed Gale, Chip Zien, Tim Rose
Based on the Marvel Comics character, this is the story of Howard, a walking, talking, cigar-chomping duck from another world, and his bizarre adventures on earth. *1986, rating Sky PG, DS, 104 mins*

9.00 Fatal Affair
C Thomas Howell, Maxim Roy, Jay Underwood
Thriller in which a man is plagued by the husband of his murdered ex-lover. When the murder case is thrown out due to lack of evidence, the jealous husband embarks on his own private vendetta against his dead wife's former lover. *1997, rating Sky 15, 90 mins*

11.00 Spawn
John Leguizamo, Martin Sheen
Dark, spectacular tale of a superhero trapped between good and evil. Text *1997, rating Sky 15, DS, 94 mins*

12.40am Profile for Murder
Lance Henriksen, Jeff Wincott 1997, rating Sky 18, 91 mins
2.15 The Cure
1997, rating Sky 12, 95 mins
3.55 Call Me
1988, rating Sky 18, 90 mins
5.30-7.00am
Bury Me in Niagara
1993, rating Sky PG, 89 mins



Clive Owen and Saskia Reeves star in a story of forbidden love 'Close My Eyes'. FilmFour 10.00pm

SKY CINEMA
PREMIUM CHANNEL

4.00pm Deadline USA
Humphrey Bogart, Ethel Barrymore, Kim Hunter,
Tense drama. An editor looks forward to impending retirement when his paper is sold. However, when one of his journalists is beaten up by a gangster, he battles to expose the criminal's involvement in a murder before his journal is closed for good. *1952, 84 mins*

6.00 In Name Only
Carole Lombard, Cary Grant, Kay Francis, Charles Coburn, Peggy Ann Garner, Katherine Alexander, Helen Yinson
Powerful melodrama about a love triangle. A rich gentleman falls in love with a beautiful artist while out riding one day, but finds himself caught in a loveless marriage to a devious woman. *1939, rating Sky PG, 90 mins*

8.00
No Way to Treat a Lady
Rod Steiger, Lee Remick, Eileen Heckart, George Segal
Thriller with a comic twist in which a detective goes on the trail of a killer. His quest is given greater urgency by his realisation that his new girlfriend could become the next victim of the murderer. *1968, rating Sky 15, 104 mins*

10.00
Gentleman's Agreement
Gregory Peck, Dorothy McGuire, John Garfield, Celeste Holm
Drama in which a journalist goes undercover as a Jew in order to complete his latest article and is stunned by the anti-Semitism he encounters. Elia Kazan picked up the Best Director Oscar and the film also won Best Picture. *1947, rating Sky PG, 113 mins*

12midnight Sudden Impact
Clint Eastwood, Sondra Locke
Dirty Harry action movie. *1983, rating Sky 18, 112 mins*
2.00am You'll Find Out
Kay Kyser, Boris Karloff 1940, rating Sky U, 93 mins
3.40-5.30am 3.10 to Yuma
Glenn Ford, Van Helfin 1957, rating Sky PG, 88 mins

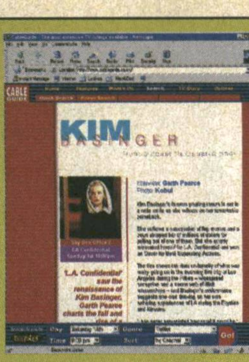
MOVIE RATINGS
Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm
When the Lion Roars
Patrick Stewart hosts the second part of a comprehensive documentary about Metro-Goldwyn-Meyer, the most lavish of all the Hollywood studios. The programme includes classic clips, rarely seen footage, and interviews with studio employees, from designers to stars. *101 mins*

11.00 Seven Brides for Seven Brothers
Howard Keel, Jane Powell, Jeff Richards, Russ Tamblyn
Musical comedy in which seven hard-working, wood-chopping brothers decide to get married. *1954, 98 mins*

1.00am Shaft in Africa
Richard Roundtree, Frank Finlay
Detective sequel. *1973, 112, mins*
2.45-5.00am
The Yellow Rolls-Royce
Rex Harrison, Shirley MacLaine
Widescreen *1965, 118 mins*



'L.A. Confidential' saw the renaissance of Kim Basinger. Garth Pearce charts the fall and

Want to know what Martin Sheen movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm
Raise the Red Lantern
Gong Li, Ma Jingwu, He Caifei
Drama. A 19-year-old woman reluctantly agrees to become the concubine and fourth wife of a wealthy husband. But her life inside the gilded palace is made a misery by the back-biting and insults of the other three wives. In Chinese with English subtitles. *1991, 119 mins*

8.00 Life is Sweet
David Thewlis, Alison Steadman, Jim Broadbent, Claire Skinner
Mike Leigh drama observing British suburban life in a series of vignettes ranging from the farcical to the tragic. *1990, 98 mins*

9.50 Hello, Hello, Hello
Short drama by David Thewlis. A policeman encounters a woman who is searching through a skip.

10.00 Close My Eyes
Clive Owen, Saskia Reeves
A love story with a surprising twist. A brother and sister who have been brought up by different parents meet as adults. The man is transfixed by the change in his now beautiful sister and their mutual attraction runs out of control. *1991, 104 mins*

12midnight
Spanking the Monkey
Jeremy Davies, Alberta Watson
Drama. *1994, 95 mins*
1.40am The Ballad of Little Jo
Suzy Amis, Ian McKellan
Drama. *1993, 116 mins*
3.40-6.00am
Even Cowgirls Get the Blues
Drama. *1993, 92 mins*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
THE EDGE
Alec Baldwin and Anthony Hopkins star alongside a ferocious Kodiak bear in this wilderness drama written by David Mamet. Also starring Elle MacPherson. *1997, rating Sky 15, 113 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
AS GOOD AS IT GETS
Oscar-winning drama starring Jack Nicholson as a sharp-tongued misanthrope who gradually escapes from his self-imposed isolation. *1997, rating Sky 15, 132 mins*
PLAYS AT 6.00am, 8.30am, 6.30pm, 9.00pm

Sky Box Office 3
Channel 53
GOOD WILL HUNTING
Comedy drama starring Matt Damon as a underachieving mathematical genius. With Robin Williams. *1997, rating Sky 15, 123 mins*
PLAYS AT
8.00am, 10.30am, 1.00pm, 3.30pm, 6.00pm, 8.30pm, 11.00pm, 1.30am, 4.00am

Sky Box Office 4
Channel 54
MORTAL KOMBAT: ANNIHILATION
Kung-fu action movie in which a band of warriors battle to save earth from an evil overlord. Stars Robin Shou and James Remar. *1997, rating Sky 15, 90 mins*
PLAYS AT
8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions. Customers with a Videoway set-top-box must view all events on Channel 50.

Monday 8 March

SKY ONE
ACTION/
SELECTION PACKS

7.00am Count Duckula 7.30 The Chris Evans Breakfast Show 8.30 Hollywood Squares 9.00 Sally Jessy Raphael 10.00 The Oprah Winfrey Show 11.00 Guilty! 12noon Jenny Jones 1.00pm Mad About You Text 1.30 Jeopardy 2.00 Sally Jessy Raphael *Back Off He's My Man Now*

3.00 Jenny Jones
Stop Bullying My Overweight Child
Guests are concerned that their children are being bullied because of the weight.

4.00 Guilty!
The crimes and misdemeanours committed by friends, lovers, families and colleagues. Hosted by Carole Malone.

5.00 Star Trek: Voyager
Meld
One crewman murders another, leading Tuvok to attempt to understand violent impulses through a mind-meld. Text

6.00 Guilty!
Stop Trying to Control My Mate
Hosted by Carole Malone.

6.30 Friends
The One Where Ross and Rachel Take a Break Text

7.00 The Simpsons
Another Simpsons Clipshow
Featuring Michelle Pfeiffer. Text

7.30 The Simpsons
Lard of the Dance
With guest Lisa Kudrow. Text

8.00 Star Trek: Deep Space Nine
His Way
Odo gets lessons in romance from a holographic Sixties lounge singer. Text

9.00 First Wave
Marker
Cade Foster investigates the disappearance of two drag-racing teenagers on a lonely stretch of country highway.

10.00 Seinfeld
The Maid
Jerry beds his maid. Text

10.30 Seinfeld
The Puerto Rican Day
Jerry is caught in a jam. Text

11.00 Friends
The One Where Ross and Rachel Take a Break Text

11.30 Star Trek: Voyager
Meld
One crewman murders another, leading Tuvok to attempt to understand violent impulses through a mind-meld. Text

12.30am The Commish
The Johnny Club
A seemingly accidental death exposes a neighbour's bigamy.

1.30-7.00am Long Play
Tune in for a VJ-free music zone.

UK GOLD
LIFESTYLE/
SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders 8.30 The Bill 9.00 The Bill 9.30 When the Boat Comes In 10.30 Dallas 11.55 Neighbours 12.25pm EastEnders 1.00 Juliet Bravo 2.00 Dallas *Swan Song* The Ewing family members face the greatest crisis of their lives.

3.25 The Bill
Last Fare
A minicab cab driver is stabbed.

3.55 The Bill
Stolen Thunder
An inexperienced barrister is assigned to Deakin and Proctor's court case.

4.25 EastEnders
Pauline seeks to expose a secret.

5.00 All Creatures Great and Small
The Salt of the Earth
Period drama series. Siegfried is saddened by the death of a young bull terrier.

6.00 Dynasty
Acapulco
Upon learning that she is still married to Mark, Krystle heads for Acapulco to arrange a divorce. Stars Linda Evans.

7.00 Ever Decreasing Circles
Martin is ousted as chairman of the residents' association.

7.40 Dad's Army
Turkey Dinner
The platoon organises a dinner for local pensioners.

8.20 The Brittas Empire
Body Language
Colin suspects that aliens are about to take over the centre.

9.00 Casualty
Things We Do for Love
When an unwelcome visitor interrupts a family gathering, the staff in A&E are left to pick up the pieces. Stars Julia Watson.

10.05 Prince
Drama. In the confined space of a Sixties working class terrace the most important member of the family is a huge Alsatian dog. Years later, the daughter of the house returns to a cemetery in an attempt to understand why. With Sean Bean, Janet McTeer, and Celia Montague.

11.40 The Bill
Last Fare

12.10am The Bill
Stolen Thunder
Stars Shaun Scott.

12.40 Blackadder the Third
Ink and Incapability

1.15 French and Saunders

1.50 -3.00pm Dangerfield
Behind Closed Doors

LIVING
LIFESTYLE PACK

6.00am Tiny and Crew 9.00 Can't Cook, Won't Cook 9.30 The Roseanne Show 10.00 The Jerry Springer Show 10.50 Maury Povich 11.40 Brookside 12.10pm Animal Rescue 12.40 Rescue 911 1.10 Special Babies 1.40 Beyond Belief: Fact or Fiction 2.10 Side Effects Hospital drama with Albert Schultz.

3.10 Living Room
An upbeat and humorous magazine programme, featuring human interest stories, celebrities, fashion and beauty.

4.00 Michael Cole
No-holds-barred talk show in which the one-time director of public affairs for Harrods tackles sensational subjects.

4.50 Rolonda
Honey, I Have a Sex Fantasy for You
Audience participation talk show.

5.40 Ready, Steady, Cook
Fern Britton hosts the cookery show with two guest chefs.

6.15 The Jerry Springer Show
Outrageous American talk show in which Jerry Springer and his guests engage in discussion about relationship issues.

7.05 Rescue 911
William Shatner hosts the series featuring the stories of rescues by US emergency services.

7.35 Animal Rescue
Distressed animals rescued.

8.10 Maury Povich
Talk show taking a compassionate look at human-interest stories with the host and his guests.

9.00 FILM: Silent Cradle
Lorraine Bracco, Margot Kidder, Jason Gedrick, John Heard
Tense drama. A pregnant reporter is pushed down the stairs while investigating the case of two abandoned children. She is told by hospital staff that she has suffered a miscarriage, but soon finds that she is the victim of a baby supply racket, and that the baby is still alive. *1997*

11.00-12midnight The Sex Files II
Girls on Top
Pam Spurr discusses dirty weekends and drag artist Danny Edwards performs a number.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 Holding the Fort 7.30 Doctor at Large 8.00 Hallelujah 8.30 The Many Wives of Patrick 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Upstairs, Downstairs 11.00 The Gentle Touch 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 The Many Wives of Patrick 1.30 Me and My Girl 2.00 Upstairs, Downstairs

3.00 The Love Boat
The Captain and the Lady
The opening episode of the glamorous, romantic comedy series set aboard the ocean cruiser, the *Pacific Princess*.

4.00 The Professionals
Hunter Hunted
All-action thriller series. The theft of a lethal laser-beam rifle, which is to be tested by Doyle, proves to be no coincidence.

5.00 Hart to Hart
A Lighter Hart
Jonathan and Jennifer discover that a health club is lacing their nutritional diet drinks with dangerous drugs.

6.00 Emmerdale
Kate is haunted by the ghost of Pete Whiteley.

6.30 Classic Coronation Street
Hilda exposes a charade.

7.00 The Professionals
The Rack
All-action thriller series. CI5 is placed on trial after busting a long-suspected narcotics group. With Lewis Collins.

8.00 The Benny Hill Show
Pre-PC comedy icon Benny Hill in a series of hilarious sketches, featuring a host of quirky characters, guest stars and a bevy of beauties.

9.00 The Sweeney
Night Out

10.00 The Brian Conley Show

10.30-11.00pm Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Rally World
Eric Michell presents rally action from around the globe.

11.30 The Power House
A look at one of the first Ford Escort's in the UK to be modified.

12midnight 2 Wheels
Weekly biking magazine show.

12.30am Motor Week
A weekly look at the motoring industry, featuring car launches from all over the world.

1.00 Through the Gears
With Merrick Beesley.

1.30-2.00am 4 Wheels Good

DISNEY CHANNEL
ADD-ON/
PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof Troop 8.25 Toons 8.45 Winnie the Pooh 9.00 Spot 9.05 Animal Shelf 9.15 Pocket Dragons 9.30 Bear 9.55 Toothbrush 10.00 Bite Size 10.10 Rosie and Jim 10.30 Big Garage 10.45 PB and J 11.00 Sesame St 12noon Spot 12.05pm Animal Shelf 12.15 Pocket Dragons 12.30 Bear 12.55 Toothbrush 1.00 Bite Size 1.10 Rosie and Jim 1.30 Big Garage 1.45 PB and J 2.00 Winnie the Pooh 2.30 Quack Pack

3.00 The Little Mermaid
The undersea adventures of mermaid Ariel. Text

3.30 Art Attack
Innovative art show hosted by Neil Buchanan. Text

4.00 101 Dalmatians
Fun with Cruella de Vil and her hapless henchmen. Text

4.30 Hercules: The TV Show
Animated adventures.

5.00 Recess
Fun with TJ, Vince, Spinelli, Mikey, Gretchen and Gus. Text

5.15 Pepper Ann Text

5.30 Smart Guy
Pilot Text

6.00 Teen Angel
Look Ma, No Face
Marty learns that a girl he had a crush on also liked him. Text

6.30 Boy Meets World
Boy Meets Real World

7.00 FILM: The Brave Little Toaster Goes to Mars
Cartoon fun in which the electrical appliance flies to Mars in a laundry basket. *1997* Text

8.15 Honey, I Shrunk the Kids: TV Show
Honey, I Know What You're Thinking
Amy uses the latest invention to gain access to a clique. Text

9.00 Double Dinosaurs
Fun with the prehistoric Sinclair family in this Stone Age sitcom based on an idea by Jim Henson, the man responsible for the Muppets. Text

10.00 Home Improvement
Stars Tim Allen. Text

10.30 Wonder Years Text

11.00-12midnight Touched by an Angel Text

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

MONDAY CONTINUES OVERLEAF...

CABLE CHOICE

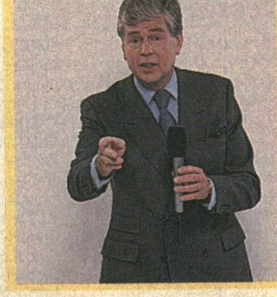
FILM

Spawn
Sky MovieMax 11.00pm
Stunning special effects elevate this tale of a superhero trapped between the forces of good and evil. Spawn is a former government assassin burned to death and allowed by the Devil to return to Earth, where he finds out there's a chance he could leave evil behind.

GENERAL

Whose Line is It Anyway?
Paramount Comedy Channel 9.30pm
This makes a change from the usual comedy series on this channel. We can tune in each night to former criminal barrister Clive Anderson putting four comics through their improv paces. Favourites like Paul Merton and Tony Slattery ply their trade.

ADVERTISEMENT



MICHAEL COLE – 4.00PM
He's mastered the art of smooth talking and now he is returning for a second series of his popular talk show. In the first series, Michael covered issues including 'Pierced and Proud', and asked the questions everyone wants to know the answers to.

Monday 8 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

7.30am Figure Skating

9.30 Athletics
Action from the World Indoor Championships in Maebashi.

11.00 Biathlon
Highlights from the World Cup in Val Cartier, Canada.

12.30pm Ski Jumping
Another chance to see the action from the World Cup in Lahti, Finland.

2.00 Tennis
Highlights from the ATP Tournament in Scottsdale, USA, that was held last week. The prize money for the winner of this hard-court tournament was $350,000.

4.00 Cross-Country Skiing – LIVE
World Cup action from the men and women's sprint relay in Helsinki, Finland.

6.00 Tennis – LIVE
Coverage of the WTA Tournament in Indian Wells, USA on the fourth day of the competition.

8.00 Tennis – LIVE
The latest action from the ATP Mercedes Super 9 Tournament in Indian Wells, USA. The world's best players on the WTA Tour and the ATP Tour, including Pete Sampras, will come together over a ten-day period to compete for a total of $3,700,000 in prize money.

10.00 Eurogoals
Football magazine looking at the best goals scored in top matches across the continent.

11.30-12.30am Boxing
International boxing action.

SKY SPORTS 1
PREMIUM CHANNEL

7.00am FA Cup Football Special
8.30 Snow Show
9.00 Racing News
9.30 Aerobics Oz Style
10.00 Super League: Gateshead v Leeds
12noon Aerobics Oz Style
12.30pm What a Weekend
1.00 FA Cup Football Special
2.30 Spanish Football
The best of the action from La Liga. *Repeated from Saturday.*

4.30 Powerboat and Jetsport World
Competition from the off-shore, circuit and personal watercraft classes.

5.00 Max Power
Featuring material from around the world, including both two and four-wheel motor sport.

6.00 Sky Sports Centre
Sporting news.

6.30 What a Weekend
Catch up with all the major sporting developments.

7.00 Scottish Football: Scottish FA Cup Round 5 – LIVE
Action from the fifth round of the Scottish FA Cup, won last season by Hearts. Presented by Jim White with commentary from Ian Crocker and expert analysis from legendary former Scottish international Charlie Nicholas.

10.00 Sky Sports Centre

10.15 You're On Sky Sports!
Fans air their views on football's key issues.

11.00 Football League Review
A look at all of the action from the Nationwide League including footage of every goal scored.

12midnight Sky Sports Centre
12.15am You're On Sky Sports!
1.00 Scottish Football
2.30 Football League Review
3.30-3.45am Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style
7.30 Racing News
8.00 Ford Golf USA: Doral Ryder Open
10.00 Euro Tour Golf: Portuguese Algarve Open
Highlights from the final day's play.

12.30pm Max Power
1.30 Powerboat and Jetsport World
2.00 International Cricket: West Indies v Australia – LIVE
The action continues apace with coverage of the fourth day's play in the first Test between West Indies and Australia.

4.00 Second Innings: England v South Africa – Headingley

4.30 International Cricket: West Indies v Australia – LIVE
Action from Port of Spain, Trinidad, on day four of the first Test between West Indies and Australia. This is make or break time for Clive Lloyd's Windies side who were beset by problems last year that sadly translated onto the field in the defeats by South Africa during the previous Test series. Team morale needs to be boosted before the World Cup begins in the summer and there is no better time for them to resurrect their international standing than against the Aussies.

9.00 V-Max
An insight into the world of speed on land, water and in the air.

9.30 World Motor Sport
Fast-paced coverage from the circuit where all the latest news and views are tracked, including the Indy racing league and the NASCAR series.

12.30am Cycling: Tour of Malaysia
Action from the seventh day.

1.00 International Bowls: Australia v England
Action from the first Test singles stage.

3.00-3.15am Sky Sports Centre

SKY SPORTS 3
PREMIUM CHANNEL

12noon Fight Night
Paul Dempsey presents action from the latest clash between two of today's top boxers. Ringside analysis comes from Glenn McCrory and Ian Darke.

2.00pm World Motor Sport
Fast-paced coverage from the circuit where all the latest news and views are tracked. From the frantic pace of the Indy Racing League to the never-say-die approach of the NASCAR series, *World Motor Sport* features every lap from every track. The programme also includes features on the key movers and shakers in the race world. In addition, viewers can gain an insight into life behind the wheel from the men who smash the records and thrill the crowds.

5.00 Football League Review
A look at all of the action from the Nationwide League, including all the goals scored.

6.00 Cycling: Tour of Malaysia
Action from the seventh day of the tour.

6.30 Fish TV: Tony Dean Outdoors

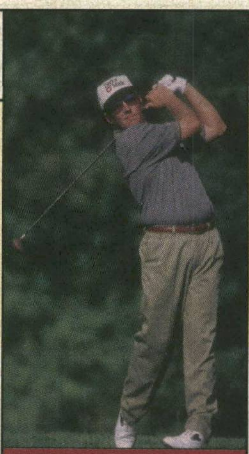
7.00 Fish TV: Gone Fishing
Presented by Graham Sinclair.

7.30 Totalsport
Showcase of all sports.

8.00 International Bowls: Australia v England
International bowls action from the first Test singles stage between Australia and England.

10.00 Shell's Wonderful World of Golf: De Vicenzo v Snead
Classic golfing action from the past.

11.00-11.30pm A to Z of Motorsport
A look back over some classic footage from the archives.



Michael Bradley defends his $3,000,000 title at the Doral Ryder Open in Miami. Sky Sports 2 8.00am

MUTV
ADD-ON CHANNEL

6.00pm Game On

6.15 The Insiders
United's unsung heroes.

6.30 Kids Clinic
Young players demonstrate basic ball control skills.

7.00 Red Hot News
The latest developments from Old Trafford.

7.30 Red Legends
Norman Whiteside talks to Bryan Robson.

8.00 Super Match – Premier Classic: Manchester United v West Ham
A classic game from 1996.

8.55 Red Hot Update

9.00 Super Match – Premier Classic: Manchester United v West Ham
Continued action with United away to West Ham.

10.00 Talk of the Devils
Debate on the latest developments from Utd.

10.45 Junior Masterfan
Fast-paced quiz show.

11.15 Jump 'n' Pump
Energetic aerobics show.

11.30-12midnight Red Hot News
The latest news from Utd.

SCI-FI
ACTION PACK

7.30am Bloomberg Information Television 8.00 Sightings 9.00 Battlestar Galactica 10.00 Quantum Leap 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon The Twilight Zone 1.00pm Tales of the Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00 Battlestar Galactica
Greetings from Earth
Apollo and Starbuck intercept a primitive ship floating through space.

4.00 The Incredible Hulk
The Snare
David Banner accepts a ride from a man who isn't just a friendly samaritan.

5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.

6.00 Time Trax
To Live and Die in Docker Flats
Darien pursues a fugitive from the future to a little Texas town.

7.00 Quantum Leap
Killin' Time
Time traveller Sam Beckett finds himself inhabiting the life of a Fifties mass murderer.

8.00 The Cape
Play Astronaut for Me
Drama series set on a NASA base. Jack is stalked by an obsessed admirer.

9.00 Babylon 5
A Voice in the Wilderness
Sinclair and the *Babylon 5* crew become involved in a political struggle for control of a planet.

10.00 FILM: The Running Man
Arnold Schwarzenegger
Sci-fi. TV host Damon Killian faces a problem when his show, in which convicts bid for their freedom against trained athlete assassins, is boring the public. Enter the ultimate killing machine who takes things a bit too far. *1987*

12midnight VR.5
Sydney Bloom accidentally manifests her VR ability.

1.00am FILM: Fluke
Samuel L Jackson
Drama. *1995*

2.45 Sci-Focus Special
3.00 Dark Shadows
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

4.00pm Trisha

5.00 The Mix
A weekly rundown of charts, gossip and interviews.

6.00 NBA '99
Basketball magazine featuring the best US action.

6.30 Bedrock
An hour of fun with celebrity guests, music and a daily Battle of the Sexes.

7.30 Wide Angle
Katie Derham looks at the week's news coverage.

8.00 Loved by You
Sitcom about the trials and tribulations of newlyweds.

8.30 Maggie Winters
US sitcom about a woman returning to her home town.

9.00 I Suppose You Think That's Funny
Celebrity panel game, hosted by Liza Tarbuck.

9.30 Days like These
Sitcom set in Seventies Luton centring on the lives of a group of teenagers.

10.00 Cold Feet
Nineties romantic comedy drama about a trio of thirtysomething couples.

11.00 Feature

11.30 Coronation Street
Another chance to catch up all the news and gossip from the folk of Weatherfield.

12.30am See You Friday
Comedy series about a couple coping with a long distance relationship.

1.00-2.00am Feature

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Dirty Talk 12.20 ... and Muttley 12.45 FILM: Adventures of Mikki Finn 1.00 The Five Minute Free View 1.05 FILM continues 2.00 Sorority Sex Kittens 2.25 FILM: Never Say Never Again 3.40 Maxine 4.10-5.30am FILM: ...watch

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Gay Night: Man Hunt in Ibiza
12.10am Gay Night
12.20 Gay Night: Man Hunt in Ibiza
12.35 Gay Night: Red Hot
1.35 Gay Night
1.50 Gay Night: Just Boys
2.45 Gay Night
3.00-4.00am Gay Night: Splash Tops

Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Secret of Treasure Mountain
Raymond Burr, Pat Hogan
Drama. *1956*

9.25 Sure Thing
Short film about two outcasts at school.

9.50 FILM: Urban Warlords
Action adventure.

11.20-12midnight Classic Wets – Nottingham '95
Adult competition.

Monday 8 March

Ginny Buckley presents 'The Pet Show'. Granada Breeze 11.00am

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Cross Wits
Crossword quiz.
5.45
The Games Room
6.00 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.30
The Games Room
6.45 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.15 The Games Room
7.25 100 Per Cent
General knowledge quiz.
7.55 The Crystal Maze
A team of contestants tackle a series of games and challenges in a giant fantasy world to win a prize in the Crystal Dome. With Richard O'Brien.
9.00
The Games Room
9.15 Strike it Lucky
With Michael Barrymore.
9.45
The Games Room
10.00 Candid Camera
More amusing scenarios caught on film.
10.30
Karaoke Challenge
From Southsea.
11.00
Carnal Knowledge
Revealing intimate sexy secrets of contestants, hosted by Graham Norton and Maria McErlane.
12midnight Strike it Lucky 12.30am Split Second 1.00 3-2-1 2.00 Love at First Sight 2.30 Studs 3.00 Simply Irresistible 3.30 Blockbusters 4.00 Fifteen to One 4.30 Don't Drink the Water 5.00-6.00am Shopping with Screenshop

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 Why Files 7.30 Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 Why Files 9.30 Indecent Proposals 10.00 Agony 10.30 Fashion Show 11.00 Judge Judy 11.30 Mind Games 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 The Fashion Show 2.00 Judge Judy 2.30 Mind Games

3.00 Agony
More much needed advice for troubled souls.
3.30 Lie Detector
Examining deception using modern methods.
4.00
Indecent Proposals
Cash for foolishness.
4.30 Judge Judy
The tough New York judge takes another case.
5.00 Agony
More much needed advice for troubled souls.
5.30 The Why Files
Psychic investigations around the country.
6.00
The Fashion Show
A look at the headlines among the hemlines.
6.30
Indecent Proposals
7.00 Sport at Seven: Women's Wrestling
Another grappling bout in the ring.
8.00 The Why Files
Psychic investigations along the length and breadth of the country.
8.30 Judge Judy
Another case solved.
9.00 Lie Detector
Psychic investigations.
9.30 Mind Games
9.57 Topless Darts
More sharp and shapely dart throwing.
10.00 Love Street
American erotic series.
10.30 Exotica Erotica
Late night entertainment for adults only.
11.30 Blue Review
11.45 Painted Ladies
11.57 Topless Darts
More shapely throwing.
12midnight Love Street 12.30am Private Dancer 12.45 Pleasure Dome 1.00 Exotica Erotica 2.00 Orgasmatron 2.15 Janeycam 2.30 Love Street 3.00 Agony 3.30 The Why Files 4.00 The Fashion Show 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation L!VE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Kitchen College 10.00 Restaurant 10.30 First Taste 11.00 Worrall Thompson 11.30 A Slice of the Action 12noon Network 12.30pm Nordic Nosh NEW SERIES 1.00 Kitchen College 1.30 Tessa's Tastebuds 2.00 Lunch 2.30 Network 3.00 Cooked in a Flash 3.30 A Slice of the Action 4.00 Ross in Thailand 4.30-5.00pm Gordon Ramsay's Passion for Flavour

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show presented by Bill Dodd.
5.30 Gridlock
Hosted by Simon Biagi.
6.00 London Bridge
Sam dismisses Ant, and Liz faces Isobel's fury.
6.30 Our House
Lifestyle series presented by Suzi Becker.
7.00 Boon
Minder
Rocky and Alex are planning a surprise birthday party for Ken. Starring Michael Elphick.
8.00
Birds of a Feather
All Gone Pear Shaped
Tracey has a new friend.
8.30 A Kind of Living
Parental problems loom.
9.00 The Ruth Rendell Mysteries: The Speaker of Mandarin
Wexford is delighted to be invited onto a police delegation to China.
10.00 Big Sky
A Family Affair
Paula and Lightfoot attempt to snare a drug dealer, and Jimbo has trouble dealing with Max.
11.00
Hill Street Blues
Influential Eighties US police drama set in a tough urban area, with human interest storylines.
12midnight Grown Ups
Mel decides to throw a surprise party for Bob, which results in a case of mistaken identity for Murray.
12.30am-1.00am Gridlock
Simon Biagi hosts the fast-paced gameshow.

ANIMAL PLANET
WORLD PACK

12noon The New Adventures of Black Beauty
12.30pm Hollywood Safari
Blaze
1.30 Deadly Australians
Coastal and Ocean
2.00 It's a Vet's Life
Jane visits a circus to check on the animals' welfare.
2.30 Human/Nature
How Japanese pandas have been saved from the brink of extinction, and the rehabilitation of Thai gibbons.
3.30 Harry's Practice
A look at the work of vet Harry Cooper in his practice in northern Tasmania.
4.00
Jack Hanna's Zoo Life
Riverbanks Zoo
Get close to a baby king cobra snake.
4.30 Animal Doctor
5.00 Pet Rescue
Follow the fortunes of abandoned animals.
5.30
Deadly Australians
Forest
6.00
The New Adventures of Black Beauty
Children's drama series.
6.30 Lassie
Big Smoke
7.00 Rediscovery of the World
Australia: Fortunes in the Sea
Jacques Cousteau's quest to understand land and sea.
8.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
8.30 Going Wild with Jeff Corwin
Borneo
9.00 Wild at Heart
Red Roos in the Bush
How a bushman discovers more about kangaroos.
9.30 Emergency Vets
Veterinary stories.
10.00 Hunters
Savage Pack
A look at animals' survival strategies. Wild dogs are among the most formidable predators on earth.
11.00
Breed All About it
Labradors
A profile of labradors.
11.30-12midnight Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am The Day the Universe Changed 7.50 The Great Egg Race 8.30 Vanessa 9.30 Esther 10.00 Vet School 10.30 Lion Country 11.00 Making Babies 12noon State of the Ark 1.00pm Living in the Past 1.30 Living in the Past 2.00 Inside Story

3.00 999 Lifesavers
More true stories of heroism and bravery.
3.30 Esther
Shoplifting
Hosted by Esther Rantzen.
4.00 Vanessa
Vanessa Feltz tackles more real-life topical issues with the help of guests and the opinions of the studio audience.
5.00 Animal Hospital
Action from the RSPCA Harmsworth Hospital.
5.30 Lion Country
The story of the baby pelicans continues.
6.00 Romance in the Stones
The Curious Journey
Retarcing an 18th century search for standing stones.
7.00 Tomorrow's World Plus
Peter Snow and Philippa Forrester present reports about the future of science and technology.
8.00 Gannets – The Storm Birds
8.30 Ray Mears's World of Survival
The Spice Islands, Indonesia
9.00 Echo of the Elephants
Documentary about Echo the elephant, who lives in Kenya's Amboseli National Park.
10.00 The Clampers
Follow the clampers, bailiffs and court adjudicators.
10.30 Superstore
Operation Checkout
11.00 Top Gear GTi
Testing the latest models, casting an eye over the latest motoring news and featuring interviews and consumer tips.
12midnight-1.00am
Law Women
A profile of women who have made it in the world of crime and punishment. Detective Inspector Sue Hill heads the serious crime investigation squad at Hounslow CID.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Psychic Livetime 7.00 Astrology Livetime 8.00 E! Celebrity Profile 9.00 Restaurant Recipes 9.30 Healthbeat 10.00 The View 11.00 The Pet Show 11.30 Gorgeous Gardens 12noon The Montel Williams Show 1.00pm Agony Livetime 2.00 The View

3.00 Agony Livetime
Magazine programme which offers viewers the chance to put questions to celebrity guests and leading experts.
4.00 The Montel Williams Show
Emmy award winner Montel Williams helps viewers and guests to deal with topical issues.
5.00 Best Direct Best Buys
Home shopping.
5.30-6.00pm
Gorgeous Gardens

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Hunters on the Wing
Investigate the flight behaviour of birds of prey.
7.30 Dublin's Outlaw Horses
8.00
Living with Leopards
Stunning film taking a close look at four generations of a leopard family in Kenya.
9.00
The Winds of Eternity
A look at the physics and formations of all winds and how the earth uses wind to cool itself.
10.00 Lost Worlds: Colossal Claw
A dinosaur with a skull like a crocodile has been discovered in the Sahara.
10.30 Dinosaur Fever
11.00 Lost Worlds: In Search of Human Origins
Reveals how modern man's human ancestors made their living.
12midnight-1.00am
On the Edge: Wall Crawler
Discover how 20 years of climbing in natural landscapes has won Alain Robert international recognition as one of the best solo climbers of all time.

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits
9.00 Bytesize MTV
11.00 brand:new
MTV's newest show hosted by Zane Lowe.
12noon Mad 4 Hits
2.00pm US Top 20
3.00 Bytesize MTV
The best of MTV from around the world.
4.00 Select MTV
Video jukebox.
6.00 Bytesize MTV
MTV's newest show hosted by Zane Lowe.
7.00 brand:new
MTV's newest show hosted by Zane Lowe.
8.00 Hit List UK
9.00 News Daily Edition NEW
News from the music industry.
9.30 Say What??
10.00 Biorhythm: Jim Carrey
NEW Profile of the actor.
10.30 UK Singled Out
11.00 Mad 4 Hits
12midnight Superock
1.00am Biorhythm: Jim Carrey
1.30 UK Singled Out
2.00-6.00am Night Videos

VHI
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12noon Ten of the Best: Paul Young 1.00pm Greatest Hits of... Shakin' Stevens NEW 1.30 Pop-Up Video 2.00 Jukebox 4.00 Behind the Music: Fleetwood Mac 5.00 Five@Five 5.30 Pop-up Video 6.00 Happy Hour 7.00 Hits 8.00 Album Chart 9.00 Bob Mill's Big 80s 10.00 Greatest Hits – The Jam 11.00 Ed Sullivan's Rock 'n' Roll Classics: Top Hits of 1970 11.30 Talk Music 12midnight Country NEW 1.00am American Classic 2.00-6.00am Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Caprice's Travels 12.30 Tales from the Flying Sofa 1.00 Holiday Maker 1.15 Holiday Maker 1.30 Floyd on Oz 2.00 The Flavours of Italy 2.30 Secrets of India 3.00 Grainger's World 4.00 Go 2 4.30 Across the Line 5.00 Cities of the World 5.30 Pathfinders 6.00 Floyd on Oz 6.30 On Tour 7.00 Caprice's Travels 7.30 Tales from the Flying Sofa 8.00 Travel Live 8.30 Go 2 9.00 Grainger's World 10.00 Secrets of India 10.30 Across the Line 11.00 On Tour 11.30-12midnight Pathfinders

UK STYLE
LIFESTYLE PACK

7.00am Going for a Song 7.30 Changing Rooms 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Style Challenge 9.30 Change That 10.00 Antiques Roadshow 11.00 Gardeners' World 11.30 The Terrace 12noon Can't Cook, Won't Cook 12.30pm Style Challenge 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Fat Man in France 2.30 Geoff Hamilton – A Man and His Garden 3.00 Stefan's Garden Roadshow 3.30 Can Ski... Will Ski! 4.00 The House Detectives 4.30 Antiques Roadshow 5.30 Can't Cook, Won't Cook 6.00 Wilderness Walks 6.30 The Air Show 7.00 Antiques Roadshow 8.00 Style Challenge 8.30 Change That 9.00 Delia Smith's Winter Collection 9.30 Celebrity Ready, Steady, Cook 10.00 Antiques Roadshow 11.00 Gardeners' World 11.30 Growing Places 12midnight Gardening from Scratch 12.30-1.000am Travel Xpress

Monday 8 March

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Today's Gourmet 6.30 Graham Kerr 7.00 Room Service 7.30 The Painted House 8.00 Wedding Story 8.30 Baby Story 9.00 Simply Painting 9.30 Great Gardening 10.00 Global Gardens 10.30 Two's Country 11.00 The Diceman 11.30 Rex Hunt 12noon Our House 12.30pm Antiques Trail 1.00 House 1.30 Hometime 2.00 New Yankee Workshop 2.30 Home Again 3.00 Old House 3.30-4.00pm Go Fishing

DISCOVERY
WORLD PACK

4.00pm Rex Hunt's Fishing Adventures
South West Rocks

4.30
A River Somewhere
Bhutan

5.00 Time Travellers
The Myth of Masada

5.30 Terra X: The Voyage Home
Tracking currents and winds.

6.00 Wildlife SOS
A cygnet bullied by two older swans is moved to safety.

6.30 Adventures of the Quest
In Shadow of the White Shark

7.30 The Quest
Making Mummies
A look at ways to preserve bodies after death.

8.00 Nick's Quest
The Elephant That Had No Tusks

8.30
The Supernatural
Chinese Wildmen

9.00 Electric Skies
Examining the myths and mysteries surrounding lightning, the most capricious and awesome of nature's powers.

10.00
The Great Egyptians
Ramses
A profile of the man who ruled ancient Egypt for an unprecedented 67 years.

11.00
Wings: The Bear Trap
A look at the the Soviet Hind Mi-24, a brutally effective weapon used in the war in Afghanistan.

12midnight Planet Ocean
Into the Abyss
An exploration into the moving sea floors.

1.00am Terra X: The Voyage Home

1.30-2.00am Time Travellers
The Myth of Masada

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Blinky Bill 6.00 The Tidings 6.30 Tabaluga 7.00 Scooby-Doo 7.30 Dexter's Laboratory 8.00 Looney Tunes 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 The Tidings 10.00 The Magic Roundabout 10.30 The Fruitties 11.00 Tabaluga 11.30 Yo! Yogi 12noon Tom and Jerry 12.30pm Looney Tunes 1.00 Popeye 1.30 The Flintstones 2.00 The Jetsons 2.30 Droopy

3.00 Taz-Mania
Crazy antics with the devilish Taz.

3.30 Scooby-Doo
Scooby and the meddling kids catch more villains.

4.00
The Powerpuff Girls
Girl power to the rescue.

4.30
Dexter's Laboratory
Chemical chaos.

5.00 I am Weasel
Rodent fun.

5.30
Cow and Chicken
Crazy cartoon capers with the two siblings.

6.00 Animaniacs
Animated animal antics.

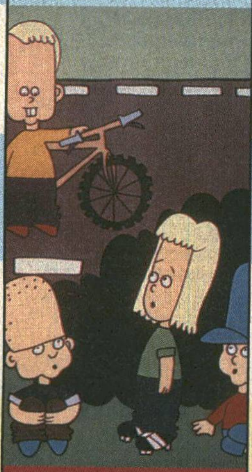
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock to the dismay of their wives.

7.00 Tom and Jerry
Madcap comic antics with the cat and mouse duo.

7.30 Looney Tunes
Crazy antics with the Looney gang.

8.00
Cartoon Cartoons

8.30-9.00pm
Cult Toons
Classics from the vault.



More hilarious cartoon capers in the new series of 'Three Friends... and Jerry'. Nickelodeon 4.00pm

NICKELODEON
FAMILY PACK

6.00am Rocko's Modern Life 6.30 Bruno 7.00 CatDog 7.30 Rugrats 8.00 Wild Thornberrys 8.30 Arthur 9.00 Children's BBC 10.00 Wimzie's House 10.30 Papa Beaver 11.00 Magic School Bus 11.30 PB Bear/ Budgie/Animal Antics/Family Ness 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Little Bear Stories 2.00 Paddington Bear/Lizzie's Library/Portland Bill/Mr. Men 2.30 Children's BBC

3.00 Children's BBC on Nickelodeon
Including *Teletubbies*.

3.30 Doug
Doodle the day away with Doug.

4.00 Three Friends... and Jerry
Adolescent escapades.

4.30 Rugrats
Fun with the tousle-headed nippers.

5.00 Sister Sister
Comedy with Tia, Tamera and their parents.

5.30 Kenan & Kel
Stars Kenan Thompson and Kel Mitchell.

6.00 Renford Rejects

6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
US sitcom.

7.30 Grace Under Fire
Grace's New Job

8.00 Ellen
Do You Fear What I Fear?

8.30 Spin City
Radio Daze
The Mayor has to face the truth about his popularity.

9.00 Drop the Dead Donkey
Sally's Accountant

9.30 Whose Line is it Anyway?
Classic improvisation.

10.00 Frasier
The Good Son
Stars Kelsey Grammer.

10.30 Cheers
Sisterly Love
Susan visits Cheers.

11.00 Seinfeld
The Note
Jerry asks for a favour.

11.30 The Larry Sanders Show
Artie's Gone

12midnight Late Night with David Letterman
1.00am Taxi
1.30 Frontline
2.00 Dr Katz
2.30 Tibs and Fibs
3.00 Nightstand
3.30-4.00am
Abbott and Costello

FOX KIDS
FAMILY PACK

6.00am Dodo 6.05 Power Rangers 6.55 Spiderman 7.20 Oggy 7.30 Donkey Kong 8.00 Hero Turtles 8.25 Hulk 8.50 Iron Man 9.15 Fantastic Four 9.40 X-Men 10.05 Casper 10.30 Oggy 10.55 Eek!Stravaganza 11.05 Bobby's World 11.30 Life with Louie 11.55 Home to Rent 12.05pm Dennis and Gnasher 12.30 Donkey Kong 1.00 Mowgli 1.25 Ace Ventura 1.55 Incredible Hulk 2.20 Iron Man 2.45 Fantastic Four

3.10 X-Men
Superhero antics.

3.30
Fox Kids X-Press

3.35 Spiderman
Animated action.

4.00 Goosebumps
Spine-tingling thrills and laughter.

4.25 Hero Turtles: The Next Mutation

4.50 Casper

5.00
Dennis and Gnasher
Cartoon antics as Dennis and Gnasher team up.

5.30 Ace Ventura
Animated adventures.

6.00
Donkey Kong Country

6.30 Eek!Stravaganza

6.55-7.00pm Oggy and the Cockroaches

SHOP!
LIFESTYLE/ SELECTION PACKS

12midnight Bargain Shop!
12.30am Shop! Selection
1.30 The Gift Store
2.30 Do it Yourself
3.00 Sporting Brands
4.00 On Screen
5.00 Branded!
6.00 Shop! Selection
7.00 Bargain Shop!
7.30 The Gold Collection
8.30 Dress for Less
Spring outfits for special occasions for less than £75.
9.30 Travel Bag
Get organised with a great range of luggage.
10.00 Y-Zone
Ideas for teenagers want.
11.00 The Gift Store
The solution to your Mother's Day gift dilemmas.
12noon
The Gold Collection
A special range of personalised jewellery
1.00pm Bargain Shop!
One-hour special.
2.00 Shop! Selection
Roundup of the best offers.
3.00 The Clothes Line
Weekend wardrobe ideas to suit all women.
4.00 On Screen
The Playstation hour.
5.00-6.00pm
Shop! Selection
Roundup of the best offers.

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 9.30 World Today 10.00 News 12noon News 1.00pm News 1.30 UK Today 2.00 News 2.30 World Today 3.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 UK Direct 5.00-6.00am BBC News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am Morning 5.30 Insight 6.00 Morning 6.30 Managing 7.00 Morning 7.30 Sport 8.00 Morning 8.30 Showbiz 10.30 Sport 11.30 Biz Asia 12.30pm Pinnacle 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Artclub 6.45 American 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 World View 11.30 Moneyline 12.30am Showbiz 1.15 Asian 1.30 Q&A 2.00 Larry King 4.30-5.00am Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 11.30 Money 12noon Sky News Today 2.30pm Your Call 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Primetime 12.30am CBS 1.30 Sky World News 2.30 Sky Business Report 3.30 Showbiz Weekly 4.30 The Book Show 5.30-6.00am CBS Evening News

INTERNATIONAL

TV5 5.00am Journal Télévisé TV5 5.15 Journal des Journaux 5.30 Télématin 7.00 Journal Télévisé de Radio Canada 7.30 Magellan 8.00 TV5 Infos 8.05 Zig Zag Café. 9.00 Journal 9.15 Fiction: Elvis Azziz 11.00 TV5 Infos 11.05 Voilà Paris 11.30 Journal Télévisé France 3 12noon TV5 Infos 12.05pm Mise au Point 1.00 Journal Télévisé TV5 1.15 Fiction: Elvis Azziz 3.00 Journal TV5 3.15 TV5 Questions 3.30 Méditerranéo 4.00 TV5 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal TV5 5.15 Fiction: Elvis Azziz 7.00 Journal Suisse 7.30 Journal de France 8.00 TV5 Infos 8.05 Le Point 9.00 Journal TV5 9.15 FILM: Les Petits Calins (1er Passage) 11.00 Journal Belge 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL
CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Thekikaat 12.30pm Junoon 1.00 Swabimaan 1.30 FILM 4.00 Ek Kahani 4.30 Lahu Ke Phool 5.00 Inspector Vijay 5.30 Uran Chadini 6.00 Tiger 6.30 Lifeline 7.00 Swabimaan 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Swabimaan 12.30am Variety Programme 1.00 FILM 4.00 Inspector Vijay 4.30 Uran Chandini 5.00 Kaala Daira 6.00 Bhakti Sagar 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Your Zindagi 6.30 Geet Gata Chal 7.00 Faith 7.30 News 8.00 Ru-Ba-Ru 8.30 Tara-2 9.00 Jaan 9.30 Banegi Apni Baat 10.00 Pal-Do-Pal 11.00 Jhat Pat Khana 11.30 Parampara 12noon FILM: Imaandar 3.00pm Bangla TV 3.30 Ikke Pe Ikka 4.00 Akbar Birbal 4.30 Quiz 5.00 Neeyat 5.30 Chahat Aur Nafrat 6.00 Music Mag 6.30 Teacher 7.00 Ghar Jamai 7.30 Filmi Baatein 8.00 News 8.30 Mausam 9.00 KTC 10.00 Big Debate 2 11.00 Shapath 11.30 Blunt 2 12midnight News 12.30am Aap Ki Adalat 1.00 Bangla TV 1.30 Parivartan 2.00 FILM: Munda Gowaach Gya 4.30 Ebar Jombe Mowja 5.00 Punjabi Folk Songs 5.30-6.00am Old is Gold

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Money Matters 4.45 John Avanzini 5.00 Victory – Billy Joe Dougherty 5.30 Jack Van Impe Presents 6.00 Global Harvest Force/ Heart Connection 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is Your Day 8.15 Money Matters 8.30 Catch the Fire 9.00 Another Day of Victory 9.30 Life in the Word 10.00 Power of Praise 10.30 A Call to Prayer 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports every half hour, plus: 2.15am Money 3.19 Clips 5.27am Weather

BBC PARLIAMENT
NEWS & SPORT PACK
CABLE EXCLUSIVE

5.30am Select Committees 2.30pm House Of Commons 11.00 The Record 11.30-12midnight European Focus

SKY SOAP
LIFESTYLE PACK

11.00am
Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm
As the World Turns
Lily goes into labour.
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
3.30-4.00pm
Emmerdale Farm

THE HISTORY CHANNEL
WORLD PACK

4.00pm Clash of Wings
Germany's Last Chance
5.00 Lighter than Air
To the Edge of Space
6.00
Lost Castles of England
Bloody Olde England
7.00 Fabulous Fortunes
Wages of War – The Dogs of War
Continuing the look at gun runners and arms dealers.
7.30-8.00pm
I, Witness Getting By

SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Sky Destinations
12noon
American Adventurer
12.30pm Around the World
1.00 Earth Journeys
Tropical Eco-Tours
1.30 Holiday Reflections
Egypt
2.00 Islands of the Pacific
3.00 Around the World
3.30-4.00pm
World's Weirdest Places

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 3.00pm.

CABLE CHECK
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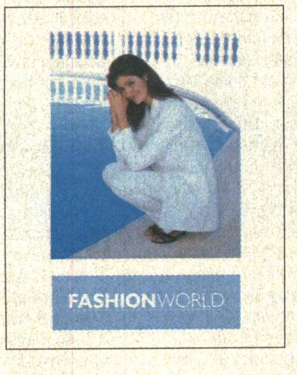

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Tuesday 9 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

SKY PREMIER

PREMIUM CHANNEL

6.00am Angels in the Attic
1997, rating Sky PG, 82 mins
8.00 Northern Lights
1997, rating Sky PG, 87 mins
10.00 Speed 2: Cruise Control
Sandra Bullock, Jason Patric
Action adventure. Text *1997, rating Sky PG, DS, 120 mins*
12.05pm The Directors: The Films of Arthur Hiller
1.05 Hollywood Buzz
2.00 Bean
Rowan Atkinson, Peter MacNicol
Comedy in which Mr Bean has managed to get a job as a security guard. His latest assignment finds him travelling to America to look after a famous painting. *1997, rating Sky PG, 85 mins*

4.00 Angels in the Attic
Clayton Taylor, Steven Losack Dalin Christiansen
Family movie in which a pair of kids discover a hidden stash of money in the attic of their apartment block. Being charitable souls, they set out to distribute it among the needy. But they little realise that the money belongs to a bank robber. *1997, rating Sky PG, 82 mins*

6.00 Northern Lights
Diane Keaton, Maury Chaykin Kathleen York, Joseph Cross, Crystal Verge
Quirky Disney comedy adapted from a Broadway play. A widow discovers at her brother's funeral that, as the only living relative, she must take charge of her young nephew, a child she never knew existed. *1997, rating Sky PG, 87 mins*

8.00 Bean
Rowan Atkinson Peter MacNicol, Pamela Reed
Comedy in which Mr Bean has managed to get a job as a security guard. His latest assignment finds him travelling to America as an art expert, to look after the famous Whistler's Mother painting as it is transported from Britain to LA. *1997, rating Sky PG, 85 mins*

10.00 Speed 2: Cruise Control
Sandra Bullock, Jason Patric Willem Dafoe, Colleen Camp
After finding herself stuck on an out-of-control bus in the first movie, Annie returns. This time her new boyfriend, Alex, takes her on a romantic cruise. What Annie does not realise though, is that Alex is a SWAT team member. Text *1997, rating Sky PG, 120 mins*

12.05am The Perez Family
Marisa Tomei, Alfred Molina
1995, rating Sky 15, 108 mins
2.00 Entertaining Angels
Moira Kelly, Heather Graham
Text *1997, rating Sky 12, 107 mins*
3.50-6.00am The Cherokee Kid
1996, rating Sky 12, 89 mins

SKY MOVIEMAX

PREMIUM CHANNEL

7.00am Alaska
Thora Birch, Vincent Kartheiser
1988, rating Sky PG, 104 mins
9.00 Cinema Paradiso
Philippe Noiret, Jacques Perrin
1988, rating Sky PG, 118 mins
11.00 For Hope
Polly Bergen
1996, rating Sky PG, 92 mins
1.00pm White Dwarf
Paul Winfield, Neal McDonough
1995, rating Sky PG, 87 mins

3.00 Cinema Paradiso
Philippe Noiret, Jacques Perrin, Salvatore Cascio
Charming Oscar and BAFTA award-winning Italian drama. A young boy grows up in love with the magic of cinema. The film explores our protagonist's childhood days spent in the projection booth, through to his adult career as a movie director. *1988, rating Sky PG, 118 mins*

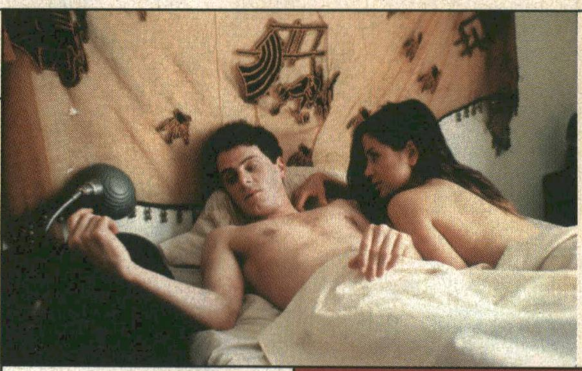
5.00 Alaska
Thora Birch, Vincent Kartheiser, Dirk Benedict, Charlton Heston
Adventure about a family which moves to Alaska and becomes caught up in the plight of a baby polar bear. After his wife dies suddenly, Jake Barnes decides to start life afresh as a plane supplier in Alaska with his children, Jessie and Sean. Text *1996, rating Sky PG, 104 mins*

7.00 For Hope
Polly Bergen, Henry Czerny, Dana Delany, Chris Demetral, Lesley Ewen
Poignant drama which chronicles the life and death of a young woman who suffered from scleroderma, and how she and her family dealt with the traumas they had to endure. *1996, rating Sky PG, 92 mins*

9.00 Blood on Her Hands
Nicholas Campbell, Joe Grifasi Philip Casnoff, Susan Lucci, John O'Hurley
PREMIERE Tense thriller. A man is conned by his lover into murdering her husband, after which she betrays him and frames him for the crime. *1997, 91 mins*

11.00 Reaper
Chris Sarandon, Catherine Mary Stewart, Vlasta Vrana
Thriller in which an author of violent crime novels suffers from writer's block. *1997, rating Sky 18, 91 mins*

12.35am Stephen King's Thinner
Text *1996, rating Sky 18, 88 mins*
2.10 Overdrive
1997, rating Sky 15, 88 mins
3.45 Touch and Go
1986, rating Sky 15, 97 mins
5.25-7.00am White Dwarf
1995, rating Sky PG, DS, 87 mins



Chris Eigeman and Mira Sorvino star in the comedy of manners 'Barcelona'. FilmFour 3.25am

SKY CINEMA

PREMIUM CHANNEL

4.00pm
A Blueprint for Murder
Joseph Cotten, Jean Peters, Gary Merrill
Thriller. When two orphans, Polly and Doug, live with their stepmother; Polly collapses with the same mystery symptoms that killed her father. The symptoms match strychnine poisoning, but snaring the culprit proves difficult. *1953, 74 mins*

6.00 Cornered
Dick Powell, Walter Slezak Nina Vale, Micheline Cheirel
On being demobbed at the end of World War II, Canadian flyer Laurence Gerardre returns to France to discover who ordered the killing of a group of Resistence fighters, including his new bride. *1945, rating Sky PG, 98 mins*

8.00
The Great White Hope
James Earl Jones, Lou Gilbert, Jane Alexander
Drama. Jack Jefferson is a boxer who must contend with the racism and hatred of mid-century white America. He is not only the first black heavyweight contender; but is in love with a white woman. *1970, rating Sky 15, 99 mins*

10.00
A Place in the Sun
Montgomery Clift, Elizabeth Taylor, Shelley Winters, Raymond Burr
Weighty, Oscar-winning drama in which a doomed young man finds himself trapped between his true love and a wealthier woman. *1951, rating Sky PG, 117 mins*

12.05am 100 Years... 100 Movies: Fantastic Flights
1.00 The Laughing Policeman
Walter Mathau, Bruce Dern
1977, rating Sky 18, 107 mins
2.55 Valley of Eagles
1951, rating Sky PG, 79 mins
4.20-5.45am The Black Room
1935, rating Sky PG, 65 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

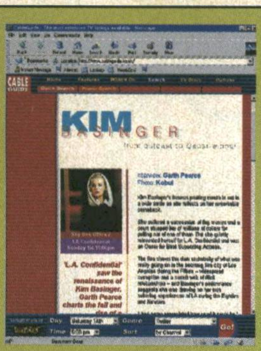
TNT

FAMILY PACK

9.00pm Little Women
June Allyson, Margaret O'Brien, Elizabeth Taylor, Janet Leigh, Mary Astor, Peter Lawford
Screen version of Louisa May Alcott's classic coming-of-age novel about four sisters who are left to fend for themselves after their father goes off to fight in the Civil War. The story focuses on Jo, the independent-minded one, who is torn between family responsibilities and her desire to be a writer. *1949, 117 mins*

11.15 Sunday in New York
Cliff Robertson, Jane Fonda, Rod Taylor, Robert Culp
Frivolous sex comedy in which a morally upright young woman tries to decide whether to sleep with her fiancé. *1963, 105 mins*

1.15am The Split
Jim Brown, Diahann Carroll
Thriller. *1968, 89 mins*
2.45-5.00am Little Women
June Allyson, Margaret O'Brien
Drama. *1949, 117 mins*



KIM BASINGER

Interview: Garth Pearce
Photo: Kobal

'L.A. Confidential' saw the renaissance of Kim Basinger. Garth Pearce charts the fall and

Want to know what Billy Wilder movies are on this month? Our new online TV listings guide will tell you!
http://www.cableguide.co.uk

FILMFOUR

ADD-ON CHANNEL

6.00pm The Day the Earth Stood Still
Michael Rennie, Patricia Neal
Sci-fi classic. A flying saucer lands in Washington so that the pilot can warn earth to change its warring ways. Along the way, the pilot finds time to learn about earthling habits. *1951, 88 mins*

7.35 Holiday Romance
Charming short with Eva Pope and Oz Milburn.

8.00
Bonfire of the Vanities
Tom Hanks, Melanie Griffith, Bruce Willis, Kim Cattrall
Brian De Palma's witty and satirical cinematic version of the acclaimed novel. A celebrated Wall Street bond trader tries to cover up his mistress's car accident involving a young black man, but ends up on trial himself. *1990, 119 mins*

10.00
Bullets Over Broadway
John Cusack, Joe Viterelli, Jennifer Tilly, Dianne Wiest
Comedy about a playwrite whose hopes of getting his show on Broadway with a top name cast rests with gangster money, and there are some conditions. *1994, 95 mins*

11.45 I was Catherine the Great's Stable Boy
12midnight Jean-Luc Goddard – Self Portrait in December
Documentary about the acclaimed French director. *1994, 90 mins*
1.30am Metropolitan
Edward Clements
Comedy. *1990, 95 mins*
3.25-6.00am Barcelona
Comedy. *1994, 97 mins*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
THE EDGE
Alec Baldwin and Anthony Hopkins star alongside a ferocious Kodiak bear in this wilderness drama written by David Mamet. Also starring Elle MacPherson. *1997, rating Sky 15, 113 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
AS GOOD AS IT GETS
Oscar-winning drama starring Jack Nicholson as a sharp-tongued misanthrope who gradually escapes from his self-imposed isolation. Also starring Helen Hunt. *1997, rating Sky 15, 132 mins*
PLAYS AT 6.30pm, 9.00pm

Sky Box Office 3
Channel 53
GOOD WILL HUNTING
Comedy drama starring Matt Damon as a underachieving mathematical genius. With Robin Williams. *1997, rating Sky 15, 123 mins*
PLAYS AT 10.30am, 1.00pm, 3.30pm, 6.00pm, 8.30pm, 11.00pm, 1.30am, 4.00am

Sky Box Office 4
Channel 54
MORTAL KOMBAT: ANNIHILATION
Kung-fu action movie in which a band of warriors battle to save earth from an evil overlord. Stars Robin Shou and James Remar. *1997, rating Sky 15, 90 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions. Customers with a Videoway set-top-box must view all events on Channel 50.

Tuesday 9 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula 7.30 The Chris Evans Breakfast Show 8.30 Hollywood Squares 9.00 Sally Jessy Raphael 10.00 The Oprah Winfrey Show 11.00 Guilty! 12noon Jenny Jones 1.00pm Mad About You Text 1.30 Jeopardy 2.00 Sally Jessy Raphael *I've Had Enough, Get Out of My House*

3.00 Jenny Jones
Pageant Nightmares, They Stole My Title
Jenny Jones and guests discuss the problems of everyday life.

4.00 Guilty!
Guests resolve their problems in a courtroom with the help of a judge and jury. Straight-talking *Sunday Mirror* columnist Carole Malone presents the cases.

5.00 Star Trek: Voyager
Dreadnought
Voyager spots a Cardassian-designed, self-guided missile which is capable of significant destruction. Text

6.00 Guilty!
You're a Lookalike Loser
Hosted by Carole Malone.

6.30 Dream Team
Football drama which follows the fortunes of Harchester United.

7.00 The Simpsons
Lisa's Sax
How Lisa got her saxophone. Text

7.30 The Simpsons
The Wizard of Evergreen Terrace Text

8.00 Rescue Medics
Paramedics are called to the scene of an air rifle shooting.

8.30 Coppers
Skye
Real-life police action from Skye.

9.00 World's Wildest Police Videos
Footage of real crime in progress filmed on everything from videocams to hi-tech surveillance equipment.

10.00 Bloody Foreigners!
Italy
Maria Grazia Cucinotta serves up her favourite pasta, and hitches a ride with the Falchi – Italy's crimebusting bike cops. Text

11.00 Dream Team
More from Harchester United.

11.30 Star Trek: Voyager
Dreadnought
Voyager spots a Cardassian-designed, self-guided missile, which is capable of significant destruction. Text

12.30am The Commish
The Golden Years
Tony's parents uncover a disturbing rift in their relationship.

1.30-7.00am Long Play
It's a VJ-free music zone with something for everyone's tastes.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders 8.30 The Bill 9.00 The Bill 9.30 When the Boat Comes In 10.30 Rhoda 11.00 Dallas 11.55 Neighbours 12.25pm EastEnders 1.00 Juliet Bravo 2.00 Dallas 2.55 The Bill *PC*

3.25 The Bill
No Trace
Loxton finally leaves the force, but has a score to settle first.

3.55 EastEnders
Mark talks things over with Gill, and Diane gets a surprise visit from Pauline.

4.30 Rhoda
Love Songs of J Nicholas Lobo
Joe gives someone a job.

5.00 All Creatures Great and Small
Cheques and Balances
Siegfried assigns James to the wily skinflint Biggins and himself to the charming Dennis Pratt.

6.00 Dynasty
The Locket
Blake travels to the Far East after Steven is presumed to have died in an oil rig explosion. Stars John Forsythe.

7.00 Ever Decreasing Circles
Sitcom about domestic disharmony in suburbia.

7.40 Dad's Army
Ring Dem Bells
The platoon is ordered to assist in the making of a training film.

8.20 The Brittas Empire
At the Double
Brittas invites members of a circus to the leisure centre.

9.00 Red Dwarf V
Quarantine
Rimmer forces a crew to spend 12 weeks in quarantine.

9.40 Crime Traveller
The Revenge of the Chronology Protection Hypothesis
The adventures of a time-travelling detective.

10.45 Bugs
The Two Becketts
Series set in the world of hi-tech crime and surveillance. An international crime lord awaiting trial is desperate to stop two key witnesses from testifying.

11.50 The Bill
PC

12.20am The Bill
No Trace

12.50 Blackadder the Third
Nob and Nobility
Starring Rowan Atkinson.

1.25 French and Saunders
Comedy sketch show.

2.00-3.00 Dangerfield

LIVING
LIFESTYLE PACK

6.00am Tiny Living 9.00 Can't Cook, Won't Cook 9.30 The Roseanne Show 10.00 The Jerry Springer Show 10.50 Maury Povich 11.40 Brookside 12.10pm Animal Rescue 12.40 Rescue 911 1.10 Special Babies 1.40 Beyond Belief: Fact or Fiction 2.10 Side Effects *Social Diseases*

3.10 Living Room
An upbeat and humorous magazine programme, featuring human interest stories, celebrities, fashion and beauty.

4.00 Michael Cole
No-holds-barred talk show in which the one-time director of public affairs for Harrods tackles sensational subjects.

4.50 Rolonda
He Ain't Ugly… He's My Lover
Audience participation talk show with Rolonda Watts.

5.40 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock.

6.15 The Jerry Springer Show
Outrageous American talk show in which Jerry Springer and his guests engage in discussion.

7.05 Rescue 911
William Shatner hosts the series featuring stories of real-life rescues.

7.35 Animal Rescue
More pets in distress are saved.

8.10 Maury Povich
US talk show in which the respected broadcaster deals with his guests' sensitive issues in a caring manner.

9.00 FILM: Portraits of Innocence
Jennifer Gray, Michael Ironside Costas Mandylor
Fast-paced psychological thriller about intrigue and drama in the world of criminal law. A young female criminal lawyer is caught up in the case of a photographer who becomes the prime suspect when a number of his models are murdered.

11.00-12midnight The Sex Files II
The Starfish
Talk show dealing with the interesting and imaginative side of sex.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 Holding the Fort 7.30 Doctor at Large 8.00 Hallelujah 8.30 The Many Wives of Patrick 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Upstairs, Downstairs 11.00 The Gentle Touch 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 The Many Wives of Patrick 1.30 Me and My Girl 2.00 Upstairs, Downstairs

3.00 The Love Boat
Oh Dale the Main Comedy
A rejected suitor trails the girl he loves, and a couple try to salvage their marriage by taking a second honeymoon.

4.00 The Professionals
The Rack
CI5 is placed on trial after busting a long-suspected narcotics group. With Lewis Collins and Gordon Jackson.

5.00 Hart to Hart
Two Harts are Better Than One
Jonathan and Jennifer reveal how they first met and fell in love in the midst of murder and international intrigue.

6.00 Emmerdale
Archie buries a time capsule and uncovers some evidence.

6.30 Classic Coronation Street
Mike is consoling himself.

7.00 The Professionals
First Night
A visiting Israeli minister is abducted and a hovercraft and helicopter pursuit carries Bodie and Doyle into a suburban siege.

8.00 The Benny Hill Show
Comedy icon Benny Hill in a series of hilarious sketches, featuring a host of quirky characters, guest stars and a bevy of beauties.

9.00 The Sweeney
The Placer

10.00 The Brian Conley Show

10.30-11.00pm Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Sin City
A rough guide to the sexual underworld of European towns.

11.30 Real Sex
Exploring the ways in which men and women use their sexuality.

12midnight Talking Dirty
Late night series presented by Kathy Lloyd.

12.20am Lord Lust's Lovelies
Late-night series.

12.30 Centrefolds
A look at the diary of a centrefold.

1.00 Noddy's Electric Ladyland

1.30-2.00am Battling Babes

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof Troop 8.25 Classic Toons 8.45 Winnie 9.00 Spot 9.05 Animal Shelf 9.15 Pocket Dragons 9.30 Bear 9.55 Toothbrush 10.00 Bite Size 10.10 Rosie and Jim 10.30 Big Garage 10.45 PB & J 11.00 Sesame Street 12noon Spot 12.05pm Animal Shelf 12.15 Dragons 12.30 Bear 12.55 Toothbrush 1.00 Bite Size 1.10 Rosie and Jim 1.30 Big Garage 1.45 PB & J 2.00 Winnie 2.30 Quack Pack

3.00 The Little Mermaid
Charming undersea adventures with Ariel and her friends. Text

3.30 Art Attack
Award-winning innovative art show. Text

4.00 101 Dalmatians
Daring doggy deeds make for fast frantic fun. Text

4.30 Hercules: The TV Show
Fun with the Greek demi-god.

5.00 Recess Text

5.15 Pepper Ann Text

5.30 Smart Guy
Brother, Brother
Marcus creates his own twin so that he can date two girls. Text

6.00 Teen Angel
Back to De Polo
Marty discovers that one of his powers is time travel. Text

6.30 Boy Meets World
It's Not You, It's Me…

7.00 FILM: Winnie the Pooh's Most Grand Adventure
Winnie the Pooh and his friends set off on a grand adventure to rescue Christopher Robin, who has disappeared. *1997*

8.15 Honey, I Shrunk the Kids: The TV Show
Honey, I Got Duped
Wayne accidentally activates one of his inventions. Text

9.00 Double Dinosaurs
Fun with the prehistoric Sinclair family in this Stone Age sitcom based on an idea by Jim Henson, the man responsible for the Muppets. Text

10.00 Home Improvement

10.30 The Wonder Years
Dinner Out Text

11.00-12midnight Dr Quinn: Medicine Woman

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

TUESDAY CONTINUES OVERLEAF…

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

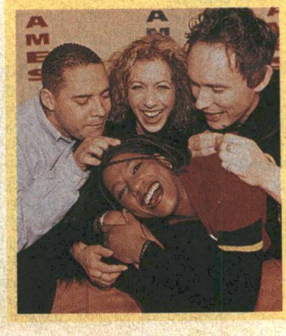
CABLE CHOICE

FILM

Cinema Paradiso
Sky MovieMax 9.00am, 3.00pm
This Oscar-winning Italian film is a supremely moving celebration of the magic of cinema. Directed by Giuseppe Tornatore, it tells of a young boy who grows up in love with movies. The characters of his home village are poignant, funny and extremely affecting.

GENERAL

Ever Decreasing Circles
UK Gold 7.00pm
The re-run of this comedy series began last week and is a must because of its excellent take on domestic disharmony in suburbia and the nicely observed main characters – boring hubby Richard Briers, bubbly wife Penelope Wilton and potential rogue Peter Egan.



ADVERTISEMENT

THE GAMES ROOM FROM 5.00PM
The Games Room on Challenge TV is the only show where viewers have the chance to win great prizes every night of the week. So why not tune in tonight and give us a call for the chance to take part in one of our live on-air competitions.

Tuesday 9 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

7.30am Cross-Country Skiing 9.00 Ski Jumping 10.30 Alpine Skiing 11.30 Eurogoals The best action and most spectacular goals in Europe from the all European leagues. **1.00pm Tennis** ATP Tour – Mercedes Super 9 Tournament in Indian Wells, USA.

3.30 Eurogoals
The best action and most spectacular goals in Europe from the all European leagues.

5.00
Ski Jumping – LIVE
Top drawer action from the World Cup in Trondheim, Norway.

6.45 Tennis – LIVE
Coverage of the WTA Tournament in Indian Wells, USA.

8.00 Tennis – LIVE
Up-to-the minute action from the ATP Tour – Mercedes Super 9 Tournament in Indian Wells, USA. Today is day two of this prestigous competition.

10.00 Boxing
Highlights of a world class boxing bout.

11.00 Golf
Highlights from the Doral-Ryder Open in Miami, Florida.

12midnight-12.30am Ski Jumping
Action from the World Cup in Trondheim, Norway.

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Sky Sports Centre 7.15 V-Max 7.45 Totalsport 8.15 You're On Sky Sports! 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Football League Review 11.00 Max Power 12noon Aerobics Oz Style 12.30pm V-Max 1.00 Scottish Football *Repeat from Monday* **2.30 Spanish Football** Featuring two teams playing in the top flight of La Liga. Barcelona and Real Madrid have dominated the top two places in recent years but the league is becoming more open. *Repeat from Sunday*

4.00 Sports Unlimited
There is no middle ground here and with everything from snowboarding to drag racing this show doesn't miss a thing.

5.00 World Wrestling Federation – Live Wire
Michael Cole presents coverage of exclusive World Wrestling Federation bouts.

6.00
Sky Sports Centre
All the major headlines from the world of sport.

6.30 Inside Scottish Football
All the major goals and other action from the Scottish Premiership.

7.30 Fastrax
Features from the world's alternative sports.

8.00 Greyhounds: The Arc Trophy – LIVE
Live exhilarating action from the Walthamstow stadium in the UK Packaging Arc Final, the first major event in the run up to the Derby in June. Out of the 48 dogs competing over the eight heats, six will battle it out in the final 475 metres.

10.00
Sky Sports Centre
10.15
You're On Sky Sports!
The programme that allows football fans their say.

11.00 Inside Scottish Football
Gain a valuable insight into life in the new Scottish Premier League with a look behind the scenes.

12midnight Sky Sports Centre 12.15am You're On Sky Sports! 1.00 1999 Premier Snooker League 3.00 Fastrax 3.30-3.45am Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style 7.30 Sky Sports Centre 7.45 Racing News 8.15 Moto-Plus 8.45 Sky Sports Centre 9.00 Fish TV: Tony Dean Outdoors 9.30 Fish TV: Gone Fishing 10.00 International Bowls: Australia v England 12noon Powerboat and Jetsport World 12.30pm World Wide Rugby: Super 12s 2.00 International Cricket: West Indies v Australia – LIVE Coverage of the Test between the two nations that have dominated the sport in the past decade.

4.00 Totalsport
The programme that showcases all sides of the sporting world.

4.30 International Cricket: West Indies v Australia – LIVE
The first Test between West Indies and Australia concludes in Port of Spain, Trinidad with live action from day five. Australian spin bowler Shane Warne has been dogged by injuries which have placed a question mark over his career. Warne is believed by many to be the finest spin bowler of all time and if he can stay fit then he could create major problems for the home side.

9.00 Sports Unlimited
Everything from snowboarding and drag racing to biking and squash, this show doesn't miss a thing.

10.00 Rugby League Academy
Take a look at the game's stars of the future, with the youngsters currently impressing the coaches.

11.00 Cycling: Tour of Malaysia
The Tour continues into its eighth day.

11.30 Fastrax
Speed is on the agenda.

12midnight Sports Unlimited
Lifting the lid on such diverse activities as mountain biking and skating.
1.00am Inside Scottish Football 2.00-2.15am Sky Sports Centre

SKY SPORTS 3
PREMIUM CHANNEL

12noon World Wrestling Federation – Live Wire 1.00pm Fish TV: Tony Dean Outdoors 1.30 Fish TV: Gone Fishing 2.00 Shell's Wonderful World of Golf: De Vicenzo v Snead Classic golfing action from the past as Roberto De Vicenzo goes head-to-head with rival Sam Snead.

3.00
International Bowls: Australia v England
International bowls action from the first Test Singles stage between Australia and England.

5.00 Rugby League Academy
Take a look at the game's stars of the future, with the youngsters currently impressing the coaches.

6.00 Cycling: Tour of Malaysia
The Tour continues into its eighth day.

6.30 Fish TV: Ultimate Fishing Show

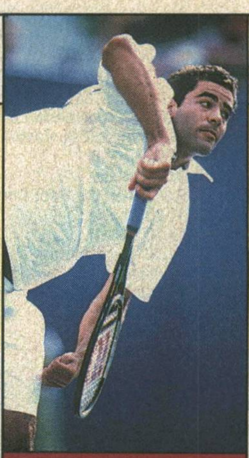
7.00 Fish TV: Fishing Tales
With Mike Sakamoto.

7.30 Snowboarding: Snowboarder Magazine

8.00 1999 Premier Snooker League
Coverage of the 1999 Premier Snooker league. The tournament takes place between January and May and is a showcase for the sport's biggest names. With the likes of Ronnie O'Sullivan, John Higgins, and Ken Doherty the excitement is guaranteed.

10.00
The Entertainers: Cup Magic

10.30-11.30pm Superbouts: Curry v Hwang
Classic footage of the world title fight between two of the sport's giants.



Pete Sampras is at the ATP Tour in Indian Wells where he is a past double winner. Eurosport 8.00pm – Live

MUTV
ADD-ON CHANNEL

6.00pm Game On

6.15
Megastore Megabuys
Man United merchandise.

6.30
Junior Masterfan

7.00 Red Hot News
News from Old Trafford.

7.30
Wild About United
United devotees on why they adore the Reds.

8.00 Super Match – Reserve Match
Reserve team action from the men hoping to break into the first team.

8.55 Red Hot Update

9.00 Super Match – Reserve Match
The action continues, featuring the players aspiring to be part of the high-flying first team.

10.00
Talk of the Devils
Discussion programme.

10.45 Man-U Menu
A look at how the Old Trafford pies are made.

11.15 The Insiders
The behind-the-scenes staff at Old Trafford.

11.30-12midnight Red Hot News
News from Old Trafford.

SCI-FI
ACTION PACK

7.30am Bloomberg Television 8.00 Sightings 9.00 Buck Rogers in the 25th Century 10.00 Quantum Leap 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon Twilight Zone 1.00pm Tales of The Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00 Buck Rogers in the 25th Century
The Crystals
A woman is unable to recollect her past but has a terrifying vision of her future.

4.00
The Incredible Hulk
Babalao
David is targeted for elimination by a voodoo healer.

5.00 Sightings
The 100-Year UFO Cover-Up
Extraordinary real-life stories involving luck and superstition.

6.00 Time Trax
A Close Encounter
Darien helps an extraterrestrial find his friend, who was accidentally left on Earth.

7.00 Quantum Leap
Star Light, Star Bright
Sam leaps into 1966 and into the body of Max Stoddard, who is a firm believer in UFOs.

8.00 V
Reflections in Terror
With a blood sample from the Starchild, Diana creates an uncontrollable and deadly clone.

9.00 Twin Peaks
Pete Martell finds the plastic-wrapped corpse of a teenager. FBI agent Dale Cooper arrives in Twin Peaks to investigate.

10.00 FILM: Poltergeist 2: The Other Side
JoBeth Williams
Craig T Nelson
Horror in which the Freeling family move into their grandmother's house to try to escape the trauma of their daughter's abduction.

11.40
Sci-Focus Special

12midnight Dark Skies
Strangers in the Night
1.00am FILM: Dead Fire
Matt Frewer, Monika Schnarre
Futuristic thriller.
3.00 Dark Shadows
Gothic drama series.
3.30-4.00am Dark Shadows
Gothic soap starring Jonathan Frid.

ITV2
ACCESS PACK

4.00pm Trisha
5.00 Gladiators
More hopefuls compete against Wolf and co.
6.00 Board Wild
Coverage of international snowboarding, windsurfing, surfing and skateboarding.
6.30 Bedrock
An hour of fun with celebrity guests, music and a daily Battle of the Sexes.
7.30 Dealer's Choice
How to buy used cars.
8.00
Trevor McDonald Meets...
Britain's most popular newscaster talks to another celebrity guest.
8.30 Dream Ticket
A guide to holidays and weekend breaks.
9.00 New Jerry Springer
Outrageous talk show with lively debate about relationship issues.
9.45 Words With
Celebrities show 'n' tell.
10.00 Soap Fever
Show devoted to the world of soaps, presented by Liza Tarbuck. With celebrity guests and tributes to soap's greatest icons.
11.00 Emmerdale
Another chance to catch up with all the gossip from the village in the Yorkshire Dales.
11.30 Feature
12midnight Feature
12.30am-1.00am
Wish You Were Here

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Amateur Girls 12.20 Strap-O-Gram Girls 12.45 FILM: Betrayed 1.00 The Five Minute Free View 1.05 FILM continues 2.00 Adult Feature 2.25 FILM: Smells Like Sex 3.40 Sasha 4.10-5.30am FILM: Back Street

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day
12.10am Girl Hunt
12.25 New Model File
12.50 Totty Try-Outs
1.10 FILM: Bad Company
Jake Williams, Marc Wallice, Kylie Ireland
Erotic thriller. A gambler bets his own girlfriend.
2.35-4.00am
FILM: Silky Thighs

Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm
FILM: The Virgin Queen
Stacy Christensen
College-based drama.
9.25 Dinner for Two
Short film.
9.35 FILM: City Limits
John Stockwell, Rae Chong
Sci-fi adventure. *1985*
11.00-12midnight
Maddam's Family
Erotic comedy.

Tuesday 9 March

Discover the real flavour of Barbados in 'Stepping the World'. Travel 4.00pm, 8.30pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Cross Wits
With guest Sue Cook.
5.45
The Games Room
6.00 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.30
The Games Room
6.45 Catchphrase
Quiz hosted by Roy Walker.
7.15
The Games Room
7.25 100 Per Cent
7.55
The Crystal Maze
Contestants face another series of games and challenges in the giant fantasy world which leads them to the crystal dome. Hosted by Richard O'Brien.
9.00
The Games Room
9.15 Strike it Lucky
With Michael Barrymore.
9.45
The Games Room
10.00 Candid Camera
Comedy camera footage.
10.30 Don't Feed the Gondolas: Director's Cut
Quiz show highlights.
11.00
Carnal Knowledge
The quiz show that reveals the most intimate secrets of the British public, hosted by Graham Norton.
12noon Strike it Lucky
12.30am Split Second 1.00
3-2-1 2.00 Love at First
Sight 2.30 Studs
3.00 Simply Irresistible
3.30 Blockbusters
4.00 Fifteen to One
4.30 Don't Drink the Water
5.00-6.00am Screenshop

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 Why Files 7.30 Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 Why Files 9.30 Indecent Proposals 10.00 Agony 10.30 Fashion Show 11.00 Judge Judy 11.30 Mind Games 12noon Why Files 12.30pm Agony 1.00 Lie Detector 1.30 Fashion Show 2.00 Judge Judy 2.30 Mind Games

3.00 Agony
More much needed relationship advice.
3.30 Lie Detector
Uncovering deception using modern methods.
4.00
Indecent Proposals
Cash for foolishness.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
More much needed relationship advice.
5.30 The Why Files
Psychic investigations into the weird and wonderful.
6.00
The Fashion Show
A look at the headlines among the hemlines.
6.30
Indecent Proposals
7.00 Sport at Seven: Bangers and Smash
Stock car racing action hosted by Louise Brady.
8.00 The Why Files
Psychic investigations into the weird and wonderful.
8.30 Judge Judy
The feared American judge with another case.
9.00 Lie Detector
Uncovering deception using modern methods.
9.30 Mind Games
9.57 Topless Darts
Darts with a difference.
10.00 Love Street
American exotic series.
10.30 Exotica Erotica
Late night entertainment series for adults only.
11.30 Blue Review
11.45 Janeycam
11.57 Topless Darts
12midnight Love Street 12.30am Private Dancer 12.45 Pleasure Dome 1.00 Exotica Erotica 2.00 Orgasmatron 2.15 Painted Ladies 2.30 Love Street 3.00 Agony 3.30 Why Files 4.00 Fashion Show 4.30 Agony 5.00 Lie Detector
5.30 BodyHeat
5.45-6.00am Nation LIVE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Coxon's Kitchen 10.00 Green Gourmet 10.30 First Taste 11.00 Worrall Thompson 11.30 Slice of the Action 12noon Network 12.30pm Loyd's Louisiana 1.00 Coxon's Kitchen 1.30 Thoroughly Modern 2.00 Chez Bruno 2.30 Network
3.00 Nordic Nosh
3.30 A Slice of the Action
4.00 Tessa's Tastebuds
Peppers
4.30-5.00pm
Lunch with Ed Baines

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show presented by Bill Dodd.
5.30 Gridlock
Hosted by Simon Biagi.
6.00 London Bridge
Lucy wants to know where Cliff was the night Nick died.
6.30 Our House
With Suzi Becker.
7.00 Boon
Love or Money
Ken gets emotionally involved with a wealthy woman – a 65-year-old pools winner.
8.00 Chancer
Killing Floor
Blake tries to find out where Crane has hidden his half-million pounds, while Robert tracks down Jamie.
9.00 The Upper Hand
Playing to Win
Tom tries too hard in a gymnastics competition.
9.30 Flying Start
Travel game show.
10.00 Peak Practice
Impulsive Behaviour
Jack helps a young priest to face some home truths, but will he be there for Beth in her hour of need?
11.00
Hill Street Blues
Eighties US police drama series set in a tough urban area. Starring Daniel J Travanti and Bruce Weitz.
12midnight Grown Ups
Bob suggests a new game in which everyone has to make an Oscar acceptance speech.
12.30am-1.00am Gridlock
Simon Biagi hosts the fast-paced gameshow.

ANIMAL PLANET
WORLD PACK

12noon The New Adventures of Black Beauty
Children's drama series.
12.30pm Hollywood Safari
Underground
1.30 Deadly Australians
Forest
2.00 Breed All About It
Labradors
2.30 Human/Nature
Reports on the natural world including salvaging the reputation of the Australian dingo, and breeding miniature horses.

3.30 Harry's Practice
A look at the work of vet Harry Cooper.
4.00
Jack Hanna's Zoo Life
Willie B Zoo
The animal expert meets a gorilla at Atlanta Zoo.
4.30 Animal Doctor
5.00 Pet Rescue
With Wendy Turner and Mark Evans.
5.30
Deadly Australians
Arid and Wetlands
6.00
The New Adventures of Black Beauty
6.30 Lassie
Open Season
Children's drama series.
7.00 Rediscovery of the World
Australia: People of Fire and Water
More explorations with Jacques Cousteau.
8.00 Animal Doctor
Follow animal doctors from the RSPCA.
8.30 Totally Australia
MacQuarie Island
A look at this tiny island which lies over 1,000 miles south of Tasmania and plays host to a multitude of seabirds, penguins and seals.
9.30 Emergency Vets
10.00
The Last Paradises
Cabrera
10.30
Animal Detectives
Rhinos
11.00 All-Bird TV
Join an irreverent journey into the relationship between humans and birds.
11.30-12midnight
Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am The Day the Universe Changed
7.50 The Great Egg Race
8.30 Vanessa
9.30 Esther
10.00 Vet School
10.30 Lion Country
11.00 Making Babies
12noon State of the Ark
1.00pm Living in the Past
1.30 Living in the Past
2.00 Nannies

3.00 999 Lifesavers
More true stories of heroism and bravery.
3.30 Esther
Meet the Baddies
With Esther Rantzen.
4.00 Vanessa
Vanessa Feltz tackles real-life issues with a studio audience.
5.00 Animal Hospital
With Rolf Harris and Steve Knight.
5.30 Lion Country
A behind-the-scenes look at Longleat.
6.00 The Search for the Holy Grail
A look at the legend of the Holy Grail, the chalice said to have been used by Jesus at the Last Supper.
7.00 QED – Challenging Children
Baby Love
A series about the pressures of raising children in Nineties Britain.
8.00 Lost Lakes of the Pacific
8.30 BG Wildlife Photographer of the Year
A look at Jonathan Scott.
9.00 Echo of the Elephants: The Next Generation
Meet Echo the elephant and her calf. Narrated by David Attenborough.
10.00
Premier Passions
Following the fortunes of Sunderland Football Club from late 1996 to the present day.
11.00
Jeremy Clarkson's Motorworld
11.30 The Power and the Glory
State of the Art
12midnight-1.00am
Law Women
The Lawyer
A profile of June Venters, a criminal defence solicitor in South London.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Agony Livetime 7.00 Agony Livetime 8.00 E! in Focus 9.00 Julia Carling's Style Guide 9.30 The Good Housekeeping Show 10.00 The View 11.00 The Psychic Zone 11.30 Cook's Garden 12noon The Montel Williams Show 1.00pm Fashion Livetime 2.00 The View

3.00
Fashion Livetime
Magazine programme which offers viewers the opportunity to put questions to celebrity guests.
4.00 The Montel Williams Show
Dumped Because of my Looks
US chat show with the Emmy Award winning host.
5.00 Cook's Garden
Gardening advice from the experts with green fingers.
5.30-6.00pm
The Pet Show

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Secrets of the Mangroves
7.30 Old World Italy
Travel to Pietrasanta, Italy, where artisans shape marble hewn from hillsides.
8.00
Living with Leopards
Second part of this study illuminating the importance of family to one of Africa's most beautiful creatures.
9.00 Natural Born Killers: Tiger's Eye
9.30 Natural Born Killers: Kimberley's Sea Crocodiles
A visit to Australia.
10.00 Africa Unbottled: Preserving the Heritage
This programme goes on location with Val Kilmer in a stunning tour of Africa.
11.00 Those Wonderful Dogs
This programme explores the age-old and honourable friendship between man and dog.
12midnight-1.00am
The Shark Files: Legends of Killer Sharks
An account of the worst spate of shark attacks ever, including cases in 1916 in New Jersey, and in South Africa during Black December, 1958.

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits
9.00 Bytesize MTV
11.00 brand:new
12noon Mad 4 Hits
2.00pm Hit List UK
Cat Deeley steers you through the best selling records in the UK.
3.00 Bytesize MTV
All the best MTV packed into one minute slots.
4.00 Select MTV
The only live video jukebox.
6.00 Bytesize MTV
7.00 Mad 4 Hits
8.00 US Top 20
The latest stateside chart action.
9.00 News Daily Edition
Catch the latest whispers from the music scene.
9.30 MTV Megamix
10.00 Celebrity Deathmatch
Clay wrestling animation.
10.30
Ultrasound – Janet Jackson
11.00 Mad 4 Hits
12midnight Alternative Nation
1.00am Celebrity Deathmatch
1.30 Ultrasound – Janet Jackson
2.00-6.00am Night Videos

VHI
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12noon Ten of the Best: Conor Reeves NEW 1.00pm Greatest Hits of... Bruce Springsteen NEW 1.30 Pop-Up Video 2.00 Jukebox 4.30 VH1 to 1: Duran Duran 5.00 Five@Five 5.30 Pop-Up Video 6.00 Happy Hour with Clare Grogan 7.00 VH1 Hits 9.00 Bob Mills' Big 80s 10.00 Behind the Music – Billy Joel 11.00 VH1 Spice 12noon Jobson's Choice 1.00am The VH1 Album Chart 2.00-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon World of Tom 12.30pm Earthwalkers 1.00 Travel Live 1.30 Floyd 2.00 Flavours of Italy 2.30 Adventure Travels 3.00 On Top of the World 4.00 Stepping the World 4.30 Aspects of Life 5.00 Reel World 5.30 Oceania 6.00 Floyd 6.30 On Tour 7.00 World of Tom 7.30 Earthwalkers 8.00 Holiday Maker 8.15 Holiday Maker 8.30 Stepping the World 9.00 On Top of the World 10.00 Adventure Travels 10.30 Aspects of Life 11.00 On Tour 11.30-12midnight Oceania

UK STYLE
LIFESTYLE PACK

7.00am Going for a Song 7.30 Going for a Song 8.00 Celebrity Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Style Challenge 9.30 Change That 10.00 Holiday in Style 11.00 Delia Smith's Winter Collection 11.30 The DIY Show 12noon Can't Cook, Won't Cook 12.30pm Style Challenge 1.00 Change That 1.30 Celebrity Ready, Steady, Cook 2.00 Looking Good 2.30 An Englishwoman's Garden 3.00 Growing Places 3.30 The Face 4.00 The Air Show 4.30 How Does Your Garden Grow? 5.30 Can't Cook, Won't Cook 6.00 Waterlines 6.30 Can Ski... Will Ski! 7.00 Holiday in Style 8.00 Style Challenge 8.30 Change That 9.00 Changing Rooms 9.30 Ready, Steady, Cook 10.00 The House Doctor 10.30 Changing Rooms 11.00 How Does Your Garden Grow? 12midnight Gardeners' World 12.30am-1.00am Travel Show Guides

Tuesday 9 March

DISCOVERY HOME & LEISURE
WORLD PACK

6.00 AM MORNING 6.00am Today's Gourmet 6.30 Graham Kerr 7.00 Room Service 7.30 Painted House 8.00 Wedding Story 8.30 A Baby Story 9.00 Simply Painting 9.30 Great Gardening Plot 10.00 Global Gardens 10.30 Two's Country 11.00 Diceman 11.30 Rex Hunt 12noon Our House 12.30pm Antiques Trail 1.00 Our House 1.30 Hometime 2.00 Yankee Workshop 2.30 Home Again 3.00 Old House 3.30-4.00pm Go Fishing

3.00 PM

DISCOVERY
WORLD PACK

4.00 PM **4.00pm Rex Hunt's Fishing Adventures**
South West Rocks
4.30
A River Somewhere
Cobungra River, Australia
5.00 PM **5.00 Time Travellers**
Unravelling Hitler's Conspiracy
Hitler's occult obsession.
5.30 Terra X
Death Trap at Ayers Rock
6.00 PM **6.00 Wildlife SOS**
A grass snake needs a check-up.
6.30 Adventures of the Quest
Alaska: Of Ice and Rock
7.00 PM Alaska is a land with a violent geological past.
7.30 The Quest
Dodging Disaster
How do they predict volcanic eruptions?
8.00 PM **8.00 Great Escapes**
Longest Search
A rescue in the Scottish mountains of Glencoe.
8.30 Out There
Survival stories.
9.00 PM **9.00 Trailblazers**
Namibia
Namibia is Africa's youngest independent nation and boasts the oldest desert in the world.
10.00 PM **10.00**
The Great Egyptians
Akhenaten
The pharaoh Akhenaten changed his name to honour the sun god Aten.
11.00 PM **11.00 Code Red**
Saving lives when a submarine is stranded at the bottom of the ocean continues to challenge scientists today.
12.00 NIGHT TIME **12midnight**
Pedal for the Planet
What it is really like to cross the Atlantic in a pedal-powered boat.
1.00am Terra X
Death Trap at Ayers Rock
1.30-2.00am Time Travellers
Unravelling Hitler's Conspiracy

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Blinky Bill 6.00 The Tidings 6.30 Tabaluga 7.00 Scooby-Doo 7.30 Dexter's Laboratory 8.00 Looney Tunes 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 The Tidings 10.00 The Magic Roundabout 10.30 The Fruitties 11.00 Tabaluga 11.30 Yo! Yogi 12noon Tom and Jerry 12.30pm Looney Tunes 1.00 Popeye 1.30 The Flintstones 2.00 The Jetsons 2.30 Droopy

3.00 Taz-Mania
Antipodean antics and devilish doings.
3.30 Scooby-Doo
Canine crime busting with Scooby and the gang.
4.00
The Powerpuff Girls
4.30
Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 I am Weasel
Animated antics.
5.30
Cow and Chicken
More trouble and strife with the odd duo.
6.00 Animaniacs
Cartoon mayhem.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.
7.00 Tom and Jerry
Comic antics with the sparring cat and mouse.
7.30 Looney Tunes
Classic cartoon capers with Bugs and the crew.
8.00
Cartoon Cartoons
8.30-9.00pm
Cult Toons
From Hanna Barbera.

Brett Butler faces the work or kids dilemma in 'Grace Under Fire'. Paramount Comedy Channel 7.30pm

NICKELODEON
FAMILY PACK

6.00am Rocko's Modern Life 6.30 Bruno the Kid 7.00 CatDog 7.30 Rugrats 8.00 The Wild Thornberrys 8.30 Arthur 9.00 Children's BBC 10.00 Wimzie's House 10.30 Papa Beaver Stories 11.00 The Magic School Bus 11.30 PB Bear/Budgie the Little Helicopter/Animal Antics/Family Ness 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Little Bear Stories 2.00 Paddington Bear/Lizzie's Library/Portland Bill/Mr. Men 2.30 Children's BBC

3.00 Children's BBC on Nickelodeon
Including *Teletubbies*.
3.30 Doug
Doodle the day away with the painfully average Doug.
4.00 Three Friends... and Jerry
Suburban adolescent antics.
4.30 Rugrats
Fun with the terrible tots.
5.00 Sister Sister
Tia and Tamera and their respective single parents all try to live together.
5.30 Kenan & Kel
Teen comedy.
6.00 Renford Rejects
6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
Fun with Jenny and Maggie.
7.30 Grace Under Fire
Smells Like Victory
8.00 Ellen
Horshack's Law
Ellen is invited to a birthday party for John Travolta.
8.30 Spin City
The Thirty Year Itch
9.00 Drop the Dead Donkey
Henry's Lost Love
9.30 Whose Line is it Anyway?
Hosted by Clive Anderson.
10.00 Frasier
Space Quest
Frasier awakes to find his morning routine is ruined.
10.30 Cheers
The Visiting Lecher
11.00 Seinfeld
The Truth
11.30 The Larry Sanders Show
Larry Loses Interest
Larry gets into a film project.
12midnight Late Night with David Letterman
1.00am Taxi
1.30 Frontline
2.00 Dr Katz
2.30 Tibs and Fibs
3.00 Nightstand
3.30-4.00am
Abbott and Costello

FOX KIDS
FAMILY PACK

6.00am Adventures of Dodo 6.05 Power Rangers Turbo 6.55 Spiderman 7.20 Oggy 7.30 Donkey Kong Country 8.00 Hero Turtles: The Next Mutation 8.25 The Incredible Hulk 8.50 Iron Man 9.15 Fantastic Four 9.40 X-Men 10.05 Casper 10.30 Oggy 10.55 Eek!Stravaganza 11.05 Bobby's World 11.30 Life with Louie 11.55 Home to Rent 12.05pm Dennis and Gnasher 12.30 Donkey Kong Country 1.00 Mowgli 1.25 Ace Ventura 1.55 The Incredible Hulk 2.20 Iron Man 2.45 Fantastic Four

3.10 X-Men
More conflicts between humans and mutant.
3.30 Fox Kids X-Press
With Roy and Lisa.
3.35 Spiderman
4.00 Goosebumps
A collection of spooky, spine-tingling stories.
4.25 Hero Turtles: The Next Mutation
4.50 Casper
5.00
Dennis and Gnasher
Dennis and Gnasher take on the enemy – adults.
5.30 Ace Ventura
Fun with the pet detective.
6.00
Donkey Kong Country
6.30 Eek!Stravaganza
6.55-7.00pm Oggy and the Cockroaches

SHOP!
LIFESTYLE/ SELECTION PACKS

12midnight Bargain Shop!
1.00am Shop! Selection
2.00 Do it Yourself
2.30 On Screen
3.30 Junior Choice
4.30 Jewellery Box
5.30 Shop! Selection
6.00 Shop! Selection
6.30 Bargain Shop!
7.30 Silversmith
8.30 The Clothes Line
9.30 Junior Sports Store
10.00 Shop! of the Week
11.00 Home Style
Another selection of interior design items at unbeatable prices.
12noon Switched On
Expert advice on the latest in home entertainment.
1.00pm Bargain Shop!
More special offers.
1.30 Shop! Selection
A roundup of the best offers available on Shop!
2.30 Good Hair Days
The best in hair accessories.
3.00 Shop! Feature
More exclusive offers.
4.00 Jewellery Box
Another chance to take advantage of our unbeatable jewellery offers.
5.00-6.00pm
Shop! Selection
A roundup of the best offers on Shop!

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 7.00 News 9.00 News 9.30 The World Today 10.00 News 12noon News 1.00pm News 1.30 UK Today 2.00 News 2.30 World Today 3.00 News 5.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 Correspondent 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am Morning 5.30 Insight 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.15 American Edition 11.30 Biz Asia 12.30pm Fortune 1.15 Asian Edition 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Beat 5.00 Larry King 6.45 American Edition 7.30 Business 8.30 Q&A 9.00 News 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.30am Showbiz 1.15 Asian Edition 1.30 Q&A 2.00 Larry King 4.30-5.00am Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise
11.30 Money
12noon Sky News Today
2.30pm Your Call
4.30 Sky World News
5.00 Live at Five
7.30 Sportsline
8.30 Sky Business Report
9.30 Sky World News
10.00 Primetime
12.30am CBS Evening News
1.30 Sky World News
2.30 Sky Business Report
3.30 The Book Show
4.30 Showbiz Weekly
5.30-6.00am
CBS Evening News

INTERNATIONAL

TV5 5.00am Journal Télévisé 5.15 Journal 5.30 Télématin 7.00 Journal 7.30 Découverte 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Cinéma: Les Petits Calins (3ème Passage) 11.00 Infos 11.05 Voilà Paris 11.30 Journal 12noon Infos 12.05pm Documentaire: Remedios de Cuba 1.00 Journal 1.15 Cinéma: Les Petits Calins (4ème Passage) 3.00 Journal 3.15 Questions 3.30 Bons Baisers d'Amérique 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Cinéma: Les Petits Calins (5ème Passage) 7.00 Journal 7.30 Journal 8.00 Infos
8.05 Temps Présent
9.00 Journal
9.15 Fiction: Les Alsaciens
11.00 Journal Télévisé Belge
11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL
CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Dhur Ki Bani 9.00 FILM 11.30 News 12noon Kabhi Yeh Kabhi Woh 12.30pm Golmaal 1.00 Zameen Aasman 1.30 FILM 4.00 Akbar Birbal 4.30 Jeevan Sangram 5.00 Dooriyan 6.00 Baaje Payal 6.30 Zamana Badal Gaya 7.00 Zameen Aasman 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Zameen Aasman 12.30am Baaje Payal 1.00 FILM 4.00 Music Box 4.30 Kabhi Yeh Kabhi Woh 5.00 Dooriyan
6.00 Akbar Birbal
6.30 News
7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Aap Ki Farmaish 6.30 Usha Uthap Show 7.00 Faith: Hindu 2 7.30 News 8.00 Out and About 8.30 Tara 9.00 Himalaya's Hasratein 10.00 Stage Plays 11.00 Khana Khazana 11.30 Parampara 12noon FILM 3.00pm Bangla TV – Nokhattrer Rat 3.30 Cine Magic 4.00 Akbar Birbal 4.30 Zee Top Ten 5.30 Aashirwad 6.00 1 to 10 6.30 Humm Tara Rum 7.00 Jee Sahab 7.30 Chalo Cinema 8.00 News 8.30 Daraar 9.00 Do Aur Do Paanch 9.30 Zanjeeren 10.00 Hadd Kar Di 10.30 Mahabharat 11.30 Yaadon Ke Rang 12midnight News 12.30am Pakistan Business Week 1.00 Bangla TV 1.30 Parivartan 2.00 FILM: Yahudi Ki Ladki 4.30 Lollypop 5.30-6.00am Hey Ha Ho

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzini 5.00 Hour of Deliverance 5.30 Ashley McGuickan/Euro Spirit 6.00 Good News 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is Your Day 8.15 Good Morning Europe 8.30 Chronicles of Revival/Steve Penny 9.00 Another Day of Victory 9.30 Life in the Word 10.00 Derek Prince 10.30 John Avanzini 10.40 Good Morning Europe 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus: 2.45am Focus on Eastern Europe 3.45am Financial Goals

BBC PARLIAMENT
NEWS & SPORT PACK
CABLE EXCLUSIVE

5.30 Select Committees 7.00am The Record 7.30 House of Lords 2.30pm House of Commons 11.00 The Record 11.30-12midnight European Focus

SKY SOAP
LIFESTYLE PACK

11.00am
Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm
As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
3.30-4.00pm
Emmerdale Farm
Joe is working hard to keep the stallion he rescued.

THE HISTORY CHANNEL
WORLD PACK

4.00pm Clash of Wings
The Biggest Battleground
5.00 The Ocean Liners
6.00 Life and Death in Britain's Ancient Theatres
Bloody Olde England
Travel back to 17th-century London to visit its theatres.
7.00-8.00pm In Search of History – Scotland Yard's Greatest Investigations
NEW The stories that made the Yard legendary.

SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Sky Destinations
12noon
American Adventurer
12.30pm Around the World
1.00 Earth Journeys
1.30 Travel Trails
Milton Keynes
2.00 Islands of the Pacific
Hawaii
3.00 Around the World
Mexico, Destiny Cruise
3.30-4.00pm
African Adventures

QVC
LIFESTYLE/ SELECTION PACKS

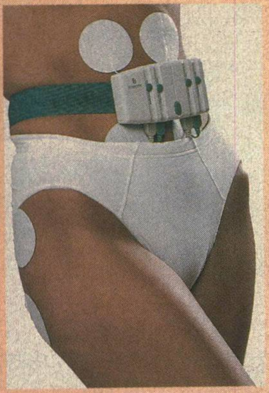
QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Mascot Crystal at 5.00pm.

CABLE CHECK
Some of the channels listed may not be available in your area

When it's time to work out, just relax.

Let Gymbody 8 take the strain

Slendertone's revolutionary Gymbody 8 will firm and tone your figure while you just relax. 30 years of research and development brings you effective salon-style treatment in a lightweight, portable unit. And it's so easy to use in comfort and privacy at home, as often as you choose!



A streamlined figure in just 3 weeks!

With Gymbody 8, you can easily achieve a flatter tummy and shapelier bottom in just 3 weeks! It contracts and relaxes your muscles 240 times in only 40 minutes – imagine trying to do that number of sit-ups!

Maximum results, minimum effort

It's simple! Adjust the belt holding the small battery operated Gymbody 8 unit around your waist, place the pads on the muscles to be exercised and switch on. Just sit back, relax and watch those muscles work. Or you can walk the dog, watch TV or whatever you choose.

Tried, tested and acclaimed by experts

Electronic Muscle Stimulation (EMS), used in Gymbody 8 is developed from the pioneering work by Bio Medical Research, the manufacturers of Slendertone. Try this totally safe* and portable body beautifier and reap the benefits for years to come.

The easy way to pay

For the price of just a few trips to the gym, the complete Gymbody 8 programme is yours to keep. Payment can be made in 3 easy instalments – first payment **only £36** and then 2 further monthly payments of just £35 (including postage and packing).† So order yours today – just call the credit card hotline on **0345 69 72 78** with your card details or complete the coupon below.

***If you suffer any serious medical condition you should consult your doctor before using this product.**

PAD POSITIONS
slendertone
ELECTRODES

30 years of research and development

AS SEEN ON TV!

What you get

- The totally portable, battery operated Slendertone Gymbody 8 unit with replaceable self-adhesive exercise pads**
- FREE demonstration video
- 4 detachable leads – for complete versatility
- Compact carrying case – ideal for travel
- Advice and service from the Slendertone Careline
- 12 month product guarantee
- Complete satisfaction or your money back

**Self-adhesive pads will need replacing between 30 and 50 uses at a cost of £15. Long life strap-on exercise pads, which last up to 5 years, are available as an optional extra for £26.

FREE VIDEO

THE LOOKING GOOD, FEELING GREAT SHOW

Starring Anita Harris with special guests Vicki Brattle and Sophie Allisstone of 'Play Your Cards Right' fame, showing you exactly how to use your Gymbody 8 for amazing results!

CREDIT CARD HOTLINE

To place your order by credit card – or to receive your FREE video and information on other toning products from Slendertone, please call the Slendertone credit card hotline quoting ref GSSZCG1/99 (local call charge only).

☎ 0345 69 72 78

MONEY BACK GUARANTEE

We are confident that you will be absolutely delighted with your Slendertone Gymbody 8. If, however, you are not completely satisfied, simply call our customer careline on 0345 69 72 78, within 30 days for a full unconditional refund or replacement, whichever you prefer.

slendertone®

Bio Medical Research, 12 Fenton Way,
Southfields, Basildon SS15 6TY

To order, simply complete this coupon and post in an envelope with your payment to:
Slendertone UK, 12 Fenton Way, Southfields, Basildon SS15 6TY

MOPS

YES, I would like to order a Slendertone Gymbody 8 for just £99.95 plus £4.95† p&p (total £104.90).

Name (Mr/Mrs/Miss/Ms) ______

Address ______

______

Postcode ______

Tel. No. ______

☐ I am ordering for myself ☐ I am ordering as a gift

Please tick method of payment:

☐ **A single payment of £104.90.**

☐ By cheque payable to Slendertone UK (please write your cheque guarantee card number on the back).

☐ By credit/debit card. Please debit my Access/Visa/Switch/Delta for £104.90.

† £4.95 p&p applies to UK only.
For non UK international courier delivery – £34.95.

☐ **By instalments.**

☐ By cheque. I enclose 3 cheques payable to Slendertone UK. The first cheque for £36 and 2 cheques for £35 each, dated at monthly intervals. (Please write your cheque guarantee card number on the back of each cheque).

☐ By credit/debit card. Please debit my Visa/Access/Switch/Delta for first instalment of £36 and 2 further instalments of £35 each at monthly intervals.

Acct/card No: (Switch only)

Start date ___/___ Switch issue no. ___/___

Expiry date ___/___ Signature ______

☐ I would like to receive a FREE video – the Looking Good, Feeling Great Show starring Anita Harris.

☐ I would like to receive more information on other toning products from Slendertone.

Please allow up to 14 days for delivery. GSSZCG1/99

If you would prefer not to receive information from other companies with products or services which may be of interest to you, please tick this box ☐

Wednesday 10 March

6.00 AM · MORNING · 3.00 PM · 4.00 PM · 5.00 PM · 6.00 PM · 7.00 PM · 8.00 PM · 9.00 PM · 10.00 PM · 11.00 PM · 12.00 · NIGHT TIME

SKY PREMIER
PREMIUM CHANNEL

6.00am The Bomber Boys
1995, rating Sky PG, 88 mins
7.45 Home Front
Jon Cryer, Lynn Redgrave
1987, rating Sky PG, 88 mins
9.30 Forever Love
Reba McEntire, Tim Matheson
1998, 88 mins
11.15 The Bomber Boys
Martin Sheen, Joe Mantegna
1995, rating Sky PG, 88 mins
1.00pm Little Dorrit Part II: Little Dorrit's Story
Alec Guinness, Sarah Pickering, Derek Jacobi, Joan Greenwood
The concluding part of this two-part adaptation of Charles Dickens's classic novel. *1987, rating Sky U, DS, 176 mins*

4.00 Home Front
Jon Cryer, Lynn Redgrave, Nicholas Pryor, Viveka Davis, Paul Gleason, Andrew Duncan
Comedy in which an aspiring political candidate and his wife decide to use their son as a ploy to gain popularity in the opinion polls. However, their rebellious offspring has other ideas. *1987, rating Sky PG, 88 mins*

6.00 Forever Love
Reba McEntire, Tim Matheson
Moving drama based on a true story about a young woman who falls into a coma. When she awakens, 20 years later, she must reacquaint herself with her family and friends. *1998, rating Sky PG, 88 mins*

7.30 Barry Norman's Film Night
Appraising the new releases.

8.00 Addicted to Love
Meg Ryan, Matthew Broderick, Kelly Preston, Tcheky Karyo
Comedy. An astronomer sets up a hidden camera in his ex-girlfriend's New York apartment so he can spy on her new relationship. Then he meets a woman who vows to get revenge on the new boyfriend, who recently dumped her. Text *1997, rating Sky 15, 96 mins*

10.00 Grosse Pointe Blank
John Cusack, Minnie Driver
Black comedy. A hit man returns to his home town to carry out a contract killing, which coincides with his school reunion. There, he meets the woman whom he stood up on prom night, and is now a local disc jokey. Text *1997, rating Sky 15, 103 mins*

11.50 Leo Tolstoy's Anna Karenina
Sophie Marceau, Sean Bean
Lavish period drama. Text *1997, rating Sky 12, 104 mins*
1.40am The Proprietor
Jeanne Moreau, Sean Young
1996, rating Sky 12, 109 mins
3.35-5.10am North Star
James Caan, Christopher Lambert
1995, rating Sky 15, 85 mins

SKY MOVIEMAX
PREMIUM CHANNEL

7.00am Movie Magic 7.30 Femmes Fatales 8.15 Action Heroes: Sylvester Stallone
9.00 Yentl
1983, rating Sky PG, DS, 128 mins
11.15 Snowboard Academy
PREMIERE Screwball comedy. *1997, rating Sky PG, 86 mins*
1.00pm Movie Magic: Ghost Stories 1.30 Femmes Fatales: Geena Davis 2.15 Action Heroes: Sylvester Stallone

3.00 Yentl
Barbra Streisand, Mandy Patinkin, Amy Irving, Nehemiah Persoff
Musical, set among the East European Jewish community, in which a young girl disguises herself as a boy to get an education in a man's world. Problems arise when she falls in love with a fellow student. *1983, rating Sky PG, DS, 128 mins*

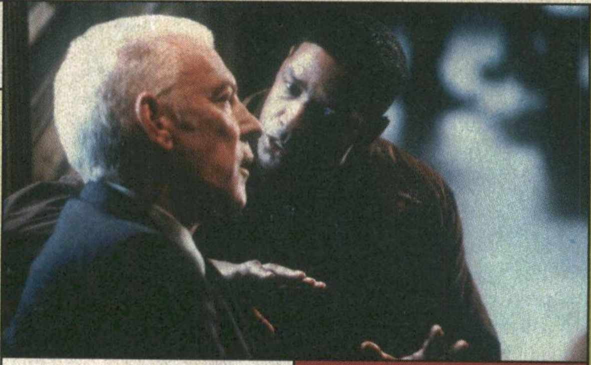
5.15 All the Winters That Have Been
Richard Chamberlain, Karen Allen, Hal Holbrook
Epic love story. Dane, a wildlife protection agent, falls in love with Hannah. But their love is torn apart after Dane is forced to arrest her brother. Twenty years later, the lovers are reunited and Dane learns that he has a son. *1997, rating Sky PG, 91 mins*

7.00 Snowboard Academy
Corey Haim, Brigitte Nielsen
Screwball comedy in which a financially stricken ski instructor has one last chance when a group of misfits go all out to save his school from a villain. *1997, rating Sky PG, 86 mins*

8.30 E! News Week in Review
All the latest news from Hollywood.

9.00 Mars Attacks!
Jack Nicholson, Glenn Close, Annette Bening, Pierce Brosnan, Sarah Jessica Parker, Tom Jones
Tim Burton's hilarious fantasy about an alien invasion of earth. The President must decide whether to take the advice of his gung-ho general or a peace-loving scientist, as the little green men wreak havoc. Text *1996, rating Sky 12, DS, 101 mins*

11.00 Quicksilver Highway
Christopher Lloyd, Matt Frewer
PREMIERE Horror based on novels by Stephen King and Clive Barker. *1997, rating Sky 15, 87 mins*
12.30am Banished Behind Bars
Annie Wood, Gail Harris
1995, rating Sky 18, 89 mins
2.05 Someone Else's America
1995, rating Sky 15, DS, 92 mins
3.40 Friday the 13th
1980, rating Sky 18, 91 mins
5.15-7.00am All the Winters That Have Been
1997, rating Sky, 91 mins



Donald Sutherland and Denzel Washington star in the thriller 'Fallen'. Sky Box Office 2, see below

SKY CINEMA
PREMIUM CHANNEL

4.00pm Notorious
Cary Grant, Ingrid Bergman, Claude Rains, Louis Calhern
Alfred Hitchcock's masterly thriller set in post-World War II South America. A glamorous woman, whose father has been arrested for his political views, agrees to marry a high-profile Nazi in order to help a handsome American spy. *1946, rating Sky U, 101 mins*

6.00 City That Never Sleeps
Gig Young, Mala Powers, William Talman, Chill Wills
Realistic drama about the Chicago police, focusing on one particular cop whose working and private lives clash on one fateful night. A proposed crime which will pay enough to change his life tempts him to cross the line. *1953, rating Sky U, 86 mins*

8.00 The Lighthorsemen
Peter Phelps, Gary Sweet, John Walton, Tim McKenzie, Jon Blake, Bill Kerr, Sigrid Thornton
Sprawling historical action epic which details a World War I battle in Palestine, won for the British by four veterans of Gallipoli in the Australian Lighthorsemen, a special mounted cavalry. *1987, rating Sky PG, 114 mins*

10.00 Giant
James Dean, Rock Hudson, Elizabeth Taylor, Carroll Baker
Classic drama in which a young ranch-hand strikes oil on his small plot of land and becomes a wealthy man. But money appeals to his evil nature, and he becomes embittered over the loss of the woman he loves, who is already married. *1956, rating Sky PG, 190 mins*
1.15am Hollywood Aliens and Monsters
Documentary with Mark Hamill. *1998, rating Sky 15, 97 mins*
2.55 Abbott and Costello Meet Dr Jekyll and Mr Hyde
1953, rating Sky PG, 73 mins
4.15-6.00am The Europeans
Lee Remick, Robin Eillis
1979, rating Sky U, 87 mins

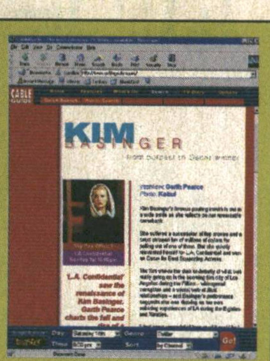
MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm Two Weeks in Another Town
Kirk Douglas, Edward G Robinson, Cyd Charisse
Melodrama in which, after three years in a sanitarium, a one-time film star is offered a small role in a movie being shot in Rome but ends up having to save the entire project after the director suffers a heart attack. *1962, 103 mins*

11.00 The Sunshine Boys
Walter Matthau, George Burns, Richard Benjamin, Lee Meredith
Endearing comedy about two feuding ex-vaudevillians who reluctantly agree to reunite as the Sunshine Boys for a TV special. *1975, 111 mins*
1.15am Your Cheatin' Heart
George Hamilton, Susan Oliver
Hank Williams biopic. *1964, 95 mins*
3.00-5.00am Two Weeks in Another Town
Kirk Douglas, Edward G Robinson
Melodrama. *1962, 103 mins*



'L.A. Confidential' saw the renaissance of Kim Basinger. Garth Pearce charts the fall and

Want to know what Kirk Douglas movies are on this month? Our new online TV listings guide will tell you!
http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm Vanya on 42nd Street
André Gregory, Wallace Shawn, George Gaynes, Brooke Smith
The late Louis Malle's final and unique filmed production of Anton Chekhov's Uncle Vanya. The film takes the form of a rehearsal set inside the decrepit splendour of the New Amsterdam Theatre in New York. *1994, 115 mins*

8.00 Unbelievable Truth
Adrienna Shelly, Robert John Burke, Chris Cooke
Hal Hartley's first feature film. An enigmatic man returns to his home town after serving time for murder. When a local girl falls for him, he faces considerable hostility. *1990, 90 mins*

9.35 Music of Chance
James Spader, Mandy Patinkin, M Emmet Walsh, Charles Durning
Drama based on the novel by Paul Auster. A man who travels around the country encounters a professional gambler when he stops to give him a lift. He decides to back his new friend for a forthcoming poker game against two eccentric millionaires. When he fails to win, the two men find themselves in a bizarre situation. *1993, 94 mins*
12.30am Things Change
Don Ameche, Joe Mantegna
Comic drama by David Mamet. *1998, rating PG, 97 mins*
1.10 Sweet Smell of Success
Burt Lancaster, Tony Curtis
1957, rating PG, 92 mins
2.45-6.00am Red Beard
1965, 180 mins

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
FIRESTORM
Action adventure. A team of firefighters parachute into a blazing forest to combat an inferno started during a prison breakout. Starring Howie Long and Suzy Amis. *1997, rating Sky 15, 85 mins*
PLAYS AT
12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
FALLEN
Supernatural thriller starring Denzel Washington as a detective both hunting and hunted by an evil spirit demon which inhabits human bodies. With John Goodman. *1997, rating Sky 15, 120 mins*
PLAYS AT
8.30am, 6.30pm, 9.00pm

Sky Box Office 3
Channel 53
FLUBBER
Children's comedy about an absent-minded professor who invents a rubbery substance. Stars Robin Williams. *1997, rating Sky U, 90 mins*
PLAYS AT 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 4
Channel 54
DOUBLE TEAM
Action thriller. When his son is kidnapped, an anti-terrorist agent teams up with an arms dealer to get him back. Stars Dennis Rodman and Jean-Claude Van Damme. *1997, rating Sky 18, 90 mins*
PLAYS AT
8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions. Customers with a Videoway set-top-box must view all events on Channel 50.

Wednesday 10 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula 7.30 The Chris Evans Breakfast Show 8.30 Hollywood Squares 9.00 Sally Jessy Raphael 10.00 The Oprah Winfrey Show 11.00 Guilty! 12noon Jenny Jones 1.00pm Mad About You Text 1.30 Jeopardy 2.00 Sally Jessy Raphael *Did You Kill Someone I Love?*

3.00 Jenny Jones
Paternity Tests Reveal Fatherhood
US talk show. Guests find out the identity of their children's fathers in today's episode.

4.00 Guilty!
Vain Poser
Guests resolve their problems in a courtroom with the help of a judge and jury Carole Malone presents the cases.

5.00 Star Trek: Voyager
Death Wish
Sci-fi series. The omnipotent Q returns to the *Starfleet* vessel. Starring Kate Mulgrew and Robert Beltran. Text

6.00 Guilty!
Vain Poser

6.30 Friends
The One with the Morning After
Ross is unable to stop Rachel finding out about Chloe. Text

7.00 The Simpsons
Bart Star
Animated cult comedy. Bart becomes a quarterback. Text

7.30 The Simpsons
Treehouse of Horror VIII Text

8.00 Mortal Kombat: Conquest
Immortal Kombat
Shang Tsung's sorcery puts Siro and Taja's lives in danger, and Kung Lao must save his friends.

9.00 The X-Files
Revelations
Scully attempts to protect a boy whose death could trigger the coming of Armageddon. With Gillian Anderson. Text

10.00 Miami Uncovered
Another chance to see Sunday's episode of this documentary which lifts the lid on one of America's most glamourous cities – Miami.

11.00 Friends
The One with the Morning After

11.30 Star Trek: Voyager
Death Wish
Sci-fi series. The omnipotent Q returns to *Starfleet*. Text

12.30am The Commish
Accused
Tony finds himself accused of sexual harassment.

1.30-7.00am Long Play
It's music all night long, with charts, top videos and no VJs.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders 8.30 The Bill 9.00 The Bill 9.30 When the Boat Comes In 10.30 Rhoda 11.00 Dallas 11.55 Neighbours 12.25pm EastEnders 1.00 Juliet Bravo 2.00 Dallas 2.55 The Bill *A New Way to Pay Old Debts*

3.25 The Bill
After All These Years
A car crash seems suspicious.

3.55 EastEnders
Rachel and Michelle prepare for their housewarming, while Dot is looking for a lodger.

4.30 Rhoda
Friends and Mothers
Mother Ida sees Rhoda's middle-aged neighbour as a threat.

5.00 All Creatures Great and Small
Female of the Species
Callum becomes much more enthusiastic when he meets the new veterinary student.

6.00 Dynasty
The Search
Blake refuses to believe that Steven is dead and hires a psychic to help with the search. Adam takes advantage of Kirby.

7.00 Ever Decreasing Circles
Sitcom about domestic disharmony in suburbia.

7.40 Dad's Army
When You've Got to Go
Mrs Pike is astonished to discover that her son has received his call-up papers.

8.20 The Brittas Empire
A Walk on the Wild Side
Starring Chris Barrie.

9.00 Men Behaving Badly
Cowardice
Gary shows his cowardice in a road rage incident.

9.40 Men Behaving Badly
Your Mate v Your Bird
Three becomes a crowd.

10.20 Only Fools and Horses
Fatal Extraction
Christmas special of the classic sitcom from 1993. Del is not only suffering from toothache, but also from Raquel's attempts to turn him into a pipe and slippers man. Meanwhile, Rodney is startled by Cassandra's wish to start a family.

12.05am The Bill
A New Way to Pay Old Debts

12.35 The Bill

1.05 Dangerfield
Treasure

2.00-3.00am Dangerfield

LIVING
LIFESTYLE PACK

6.00am Tiny Living 9.00 Can't Cook, Won't Cook 9.30 The Roseanne Show 10.00 The Jerry Springer Show 10.50 Maury Povich 11.40 Brookside 12.10pm Animal Rescue 12.40 Rescue 911 1.10 Special Babies 1.40 Beyond Belief: Fact or Fiction 2.10 Side Effects *House of Caduceus*

3.10 Living Room
An upbeat and humorous magazine programme, featuring human interest stories, celebrities, fashion and beauty.

4.00 Michael Cole
The one-time director of public affairs for Harrods hosts this talk show.

4.50 Rolonda
I'm in Love with a Sex Predator
Audience participation talk show from America.

5.40 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock.

6.15 The Jerry Springer Show
American talk show in which the host and his guests engage in lively, and often controversial debate about relationship issues.

7.05 Rescue 911
Stories of real-life rescues by American emergency services. Hosted by William Shatner.

7.35 Animal Rescue
Follow RSPCA vets.

8.10 Maury Povich
Talk show which takes a compassionate look at human interest stories with the host and his guests.

9.00 FILM: The Secretary
Mel Harris, Sheila Kelly, Barry Bostwick, James Russo, Ray Baker, Rod McCary
Suspense thriller. A woman who is both a mother and a successful executive discovers that her new secretary, Deidre Bosnell, has become a dangerous psychotic after not receiving a promotion. *1994*

11.00-12midnight The Sex Files II
Split the Whisker
Former *Coronation Street* star Lynne Perrie and Michelle Stevens review erotic fiction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 Holding the Fort 7.30 Doctor at Large 8.00 Hallelujah 8.30 The Many Wives of Patrick 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Upstairs, Downstairs 11.00 The Gentle Touch 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 The Many Wives of Patrick 1.30 Me and My Girl 2.00 Upstairs, Downstairs

3.00 The Love Boat
Ex Plus Y
Comedy series. Two newlyweds encounter an ex-husband, while two 13-year-olds fall in love. Guest starring Loretta Swit.

4.00 The Professionals
First Night
A visiting Israeli minister is abducted, and a hot pursuit carries Bodie and Doyle into a suburban siege.

5.00 Hart to Hart
Straight through the Hart
Jonathan Hart thunders into the glamour of the polo world, unaware that he and Jennifer have become targets for murder.

6.00 Emmerdale
Chris declares his love for Kathy, while Frank outrages Dolly.

6.30 Classic Coronation Street
Rita prepares for Chalky's visit.

7.00 The Professionals
The Man without a Past
Bodie is suspended from duty and embarks on a solo trail of revenge when a restaurant bomb leaves his girlfriend injured.

8.00 The Benny Hill Show
Comedy icon Benny Hill in a series of hilarious sketches, featuring a host of quirky characters, guest stars and a bevy of beauties.

9.00 The Sweeney
Cover Story

10.00 The Brian Conley Show

10.30-11.00pm Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Football Feva
Football series which looks at all aspects of the game from a global perspective.

12midnight Real Sex
A look at the ways in which we explore our sexuality in today's society.

12.30am Snowgirls
Saucy ski show.

1.00 Elvis Has Just Left the Building

1.30-2.00am V.P.L .

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi 7.00 Toons 7.10 Aladdin 7.35 Dalmatians 8.00 Goof Troop 8.25 Toons 8.45 Winnie the Pooh 9.00 Spot 9.05 Animal Shelf 9.15 Pocket Dragons 9.30 Bear 9.55 Toothbrush 10.00 Bite Size 10.10 Rosie and Jim 10.30 Big Garage 10.45 PB and J 11.00 Sesame Street 12noon Spot 12.05pm Animal Shelf 12.15 Pocket Dragons 12.30 Bear 12.55 Toothbrush 1.00 Bite Size 1.10 Rosie and Jim 1.30 Big Garage 1.45 PB and J 2.00 Winnie the Pooh 2.30 Quack Pack

3.00 The Little Mermaid
Charming undersea adventures of the Ariel. Text

3.30 Art Attack
Award-winning innovative art show with Neil Buchanan. Text

4.00 101 Dalmatians
Animated series based on the classic canine story. Text

4.30 Hercules: The TV Show
Animated adventures. Text

5.00 Recess
Animated series from the creators of *Rugrats*. Text

5.15 Pepper Ann Text

5.30 Smart Guy
The Code Text

6.00 Teen Angel
The Un-Natural
Casey decides to try out for a professional ball team. Text

6.30 Boy Meets World
Fraternity Row Text

7.00 FILM: The Love Bug
Dean Jones, Michele Lee
Children's adventure. Ex-racing driver Jim Douglas is almost arrested when a magical Volkswagon Beetle adopts him. Once he is forced to buy the car, Jim finds he stands a chance of beating his track rival. *1968* Text

8.45 Honey, I Shrunk the Kids: TV Show
Honey, They're After Me Lucky Charms Text

9.30 Dinosaurs
Prehistoric comedy in this Stone Age sitcom about the Sinclair family. Text

10.00 Home Improvement
Stars Tim Allen. Text

10.30 Wonder Years Text

11.00-12midnight Touched by an Angel Text

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

WEDNESDAY CONTINUES OVERLEAF...

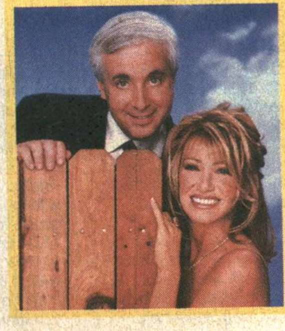
CABLE CHOICE

FILM

Quicksilver Highway
Sky MovieMax 11.00pm
A horror movie premiere comprising two separate stories adapted from works by terror scribes Stephen King and Clive Barker. Christopher Lloyd is a storyteller who regales people with tales such as the one about the hitchhiker who falls victim to false teeth with a taste for human blood.

GENERAL

Men Behaving Badly
UK Gold 9.00pm, 9.40pm
Tonight there are two episodes in a row, as Martin Clunes, Neil Morrissey, Leslie Ash and Caroline Quentin try to make sense of their relationships. In the first episode, Clunes plays the coward in a road rage incident, while in the second he chooses between love and friendship.



ADVERTISEMENT

CANDID CAMERA 10.00PM

That sneaky lens is back, surprising people when they least expect it. Peter Funt and Suzanne Somers host this new series of classic camera capers. And if it catches you out? Just don't forget to 'Smile, you're on *Candid Camera*'!

Wednesday 10 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

7.30am Biathlon **8.30 Alpine Skiing – LIVE** Highlights from the World Cup in Sierra Nevada, Spain. **10.00 Ski Jumping** Action from the K120 event in Trondheim, Norway. **11.00 Alpine Skiing** **11.30 Alpine Skiing – LIVE** **12.45pm Golf** **1.45 Tennis** **2.15 Tennis** Highlights of the ATP Tour's Mercedes Super 9 Tournament in Indian Wells, USA.

4.15 Alpine Skiing
Women's downhill action from the World Cup in Sierra Nevada, Spain.

5.00
Start Your Engines
NEW Motor sports series with highlights from the Superbike and Supersport World Championships.

6.00 Tennis – LIVE
Up-to-the-minute third day action from the ATP Tour's Mercedes Super 9 Tournament in Indian Wells, USA.

8.00 Tennis – LIVE
Sixth day action from the WTA Tournament in Indian Wells, USA.

9.30 Boxing
Ringside coverage of another international boxing contest.

10.30 Strongest Man
Another chance to catch the amazing examples of strength from some of 1998's contenders in the Faroe Islands.

11.30-12.30am
Start Your Engines

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Sky Sports Centre **7.15 World Wrestling Federation – Live Wire** **8.15 You're On Sky Sports!** **9.00 Racing News** **9.30 Aerobics Oz Style** **10.00 Inside Scottish Football** **11.00 Rugby League Academy** **12noon Aerobics Oz Style** **12.30pm 1999 Premier Snooker League** **2.30 Fastrax**

3.00 Inside Scottish Football
A unique insight into Scottish football, and the movers and shakers of soccer north of the border.

4.00 Superbouts: Curry v Hwang
Relive the classic action from the clash between Don Curry and Jun-sok Hwang in 1983.

5.00 World Wrestling Federation – Shotgun
Michael Cole and Kevin Kelly provide up-to-the-minute news from the previous week.

6.00
Sky Sports Centre
Catch up with the latest sporting news.

6.30 European Tour Weekly

7.00
World Pool League
The world's top pool stars line up for action in the first World Pool League from Warsaw.

8.00 Ringside Special
This episode showcases the talents of British Heavyweight star Lennox Lewis and takes a look back at the best moments of his career so far. With Paul Dempsey.

9.30 Sports Auction Preview
A preview of the football memorabilia auction.

10.00
Sky Sports Centre

10.15
You're On Sky Sports!
Fans air their views on the key footballing issues.

11.00
World Pool League
Action from Poland, as the best of world pool take part in the inaugural World Pool League.

12midnight
Sky Sports Centre
12.15am
You're On Sky Sports!
1.00 Rugby League World
2.30 World Pool League
3.30-3.45am
Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style **7.30 Sky Sports Centre** **7.45 Racing News** **8.15 Fastrax** **8.45 Sky Sports Centre** **9.00 Fish TV: Ultimate Fishing Show** **9.30 Fish TV: Fishing Tales** **10.00 World Motor Sport** **1.00pm Sports Unlimited** **2.00 Golf Extra** Essential viewing for golfing enthusiasts or those who would simply like to know more about the game. This programme offers a comprehensive round-up of all the significant action from the fairways.

5.00 Australian Rally Championship
Action from the Australian Rally Championship.

5.30
Watersports World
A guide to water sports.

6.30 Sports Auction Preview
A preview of the forthcoming football memorabilia auction.

7.00 Golf Extra
All the major players and the tournaments in which they appear are featured on golf's essential and most comprehensive round-up.

10.00
Watersports World
The ultimate guide to watersports, with exclusive footage, interviews and news.

11.00 Cycling: Tour of Malaysia
Coverage of the ninth day of the tour.

11.30 Sports Auction Preview

12midnight
European Tour Weekly
12.30am Ringside Special
An insight into the career of British Heavyweight boxing sensation Lennox Lewis. Presented by Paul Dempsey.
2.00-2.15am
Sky Sports Centre

SKY SPORTS 3
PREMIUM CHANNEL

12noon World Wrestling Federation: Shotgun Presented by Michael Cole and Kevin Kelly. **1.00pm Fish TV: Ultimate Fishing Show** **1.30 Fish TV: Fishing Tales** With Mike Sakamoto. **2.00 The Entertainers: Cup Magic** **2.30 Superbouts: Curry v Hwang** Relive the classic action from the ring with the meeting between Don Curry and Jun-sok Hwang in 1983.

3.30 Snowboarding: Snowboarder Magazine

4.00 1999 Premier Snooker League
Action from the 1999 Premier Snooker League, the event which is now in its 13th year. It features the seven biggest names in the game, including veterans Steve Davis and Jimmy White who will be competing against last year's winner Ken Doherty.

6.00 Cycling: Tour of Malaysia
Coverage of the ninth day.

6.30 Fish TV: Fishing Texas
With Reid Ryan.

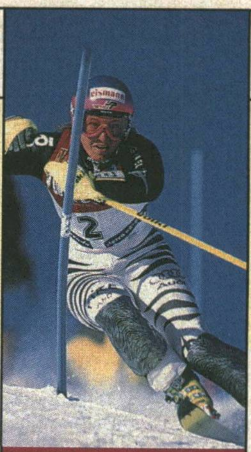
7.00 Fish TV: Ultimate Fishing Show

7.30
Unbelievable Sports
An insight into the world's wackier sports.

8.00
Rugby League World
All the latest rugby league developments around the world, including the Super League and the Australian National Rugby League championship.

9.30 Australian Rally Championship
Action from the Australian Rally Championship.

10.00-11.30pm
FA Cup Final Classics: Liverpool v Newcastle
Andy Gray takes a look back at the FA Cup final clash from 1974 between Liverpool and Newcastle in which Kevin Keegan ran riot for the Reds.



German Martina Ertl competes in the women's downhill at the World Cup. Eurosport 8.30am, 11.30am – Live

MUTV
ADD-ON CHANNEL

6.00pm Game On

6.15 The Insiders
United's unsung heroes.

6.30 FAN
Magazine show presented by Terry Christian.

7.00 Red Hot News
The latest developments from Old Trafford.

7.30 Kids Clinic
Players demonstrate basic ball control skills.

8.00 Super Match – Premier Classic: Leicester City v Manchester United
Classic action from 1997.

8.55 Red Hot Update

9.00 Super Match – Premier Classic: Leicester City v Manchester United
More from United's visit to Filbert Street.

10.00
Talk of the Devils
Journalists and fans debate the Reds.

10.45
Junior Masterfan
Fast-paced quiz show.

11.15 Jump 'n' Pump
Energetic aerobics show.

11.30-12midnight
Red Hot News
News from Old Trafford.

SCI-FI
ACTION PACK

7.30am Bloomberg Information Television **8.00 Sightings** **9.00 Battlestar Galactica** **10.00 Quantum Leap** **11.00 Dark Shadows** **11.30 The Ray Bradbury Theatre** **12noon The Twilight Zone** **1.00pm Tales of the Unexpected** **2.00 Amazing Stories** **2.30 Mysteries, Magic and Miracles**

3.00
Battlestar Galactica
Baltar's Escape
Baltar takes some very important hostages during a prison breakout.

4.00
The Incredible Hulk
Captive Night
Drama. Starring Bill Bixby, Lou Ferrigno, and Jack Colvin.

5.00 Sightings
The 100-Year UFO Cover-Up
Extraordinary real-life stories involving luck, superstition and UFOs.

6.00 Time Trax
The Gravity of it All
Darien pursues a Middle East arms dealer who has kidnapped a scientist and his invention.

7.00 Quantum Leap
Deliver Us from Evil
Time-travelling scientist Sam Beckett re-enters the life of Jimmy La Matta, a retarded Sixties teenager.

8.00 VR.5
Dr Strangechild
Syndey has her first assignment, to discover the whereabouts of a runaway teenage genius.

9.00 Lexx
Wake the Dead
After floating in cryosleep for almost 300 years, five rowdy teenagers board the Lexx to carry on the party.

10.00 FILM: Maximum Overdrive
Emilio Estevez, Pat Hingle
After earth passes through the tail of a mysterious comet, all the planet's machines come to life and revolt against mankind, terrorising their human creators and threatening anything that gets in their way. *1986*

12midnight
PSI Factor – Chronicles of the Paranormal
1.00am
FILM: Scanner Force
Liliana Komorowska
Drama. *1992*
3.00 Dark Shadows
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

4.00pm Trisha
5.00 The Locker
Health-and-fitness magazine, presented by Gabby Yorath.
5.30 Futbol Mundial
All the latest news and action from the world of football.
6.00 Minty
Children's drama series about two lookalikes.
6.30 Bedrock
An hour of fun with celebrity guests, music and a daily Battle of the Sexes.
7.30 Taking the Pitch
Knockout soccer quiz, hosted by Bob Mills, with celebrities, players and fans.
8.00 NBA '99
One of the week's top games from the basketball courts of the US.
9.10 Baywatch
The adventures of the lifeguards on Malibu Beach, where high drama is as guaranteed as sun and sand. Stars David Hasselhoff.
10.00 Airline
Documentary series following the passengers and staff of budget airline EasyJet.
10.30 Feature
11.00 Coronation Street
Another chance to catch up with the latest news and gossip from The Street.
11.30 Emmerdale
Another chance to catch up with all the news and gossip from the Yorkshire Dales.
12midnight-2.00am Feature

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View **12.10am Exposed** **12.20 FILM: Lost Angels** **1.00 The Five Minute Free View** **1.05 FILM continues** **1.30 FILM: Edge** **2.40 FILM: Perplexed** **3.40 Tabatha** **4.10-5.30am FILM: California or Bust**

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day **12.10am New Model File** **12.35 Neil Down – Sex Therapist** **1.00 Biker Annie Chapter 4** **1.30 Satan's Daughters of Sin** **1.55 FILM: ...Slickers 2** **3.15 Caught at Home** **3.25-4.00am Humungous ...**

Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm
FILM: Funny Car Summer
Jim Dunn
Action adventure.
9.25
Poetry for an Englishman
Short film.
9.55 FILM: Savage Justice
Julia Montgomery, Carl Morris
Action drama.
11.15-12midnight
Classic Wets – Sheffield '95

Wednesday 10 March

Caprice takes to the road once again in 'Caprice's Travels'. Travel 5.30pm, 11.30pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Cross Wits
With Tom O'Connor.
5.45
The Games Room
6.00 Family Fortunes
The big money gameshow hosted by Les Dennis.
6.30
The Games Room
6.45 Catchphrase
Quiz hosted by Roy Walker.
7.15
The Games Room
7.25 100 Per Cent
General knowledge quiz.
7.55
The Crystal Maze
A team of intrepid contestants tackle a series of ingenious games and fiendish challenges in a giant fantasy world.
9.00
The Games Room
9.15 Strike it Lucky
The madcap gameshow.
9.45
The Games Room
10.00 Candid Camera
More revelatory fun.
10.30 Karaoke Challenge
Wakefield
With Jonathan Morris.
11.00
Carnal Knowledge
The quiz show that rips open the bedroom curtains of the British public to reveal their intimate secrets.
12midnight Strike it Lucky 12.30am Split Second 1.00 3-2-1 2.00 Love at First Sight 2.30 Studs 3.00 Simply Irresistible 3.30 Blockbusters 4.00 Fifteen to One 4.30 Don't Drink the Water 5.00-6.00am Screenshop

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Shopping 7.00 Why Files 7.30 Fashion 8.00 Agony 8.30 Detector 9.00 Why Files 9.30 Proposal 10.00 Agony 10.30 Fashion 11.00 Judge Judy 11.30 Mind 12noon Why Files 12.30pm Agony 1.00 Detector 1.30 Fashion 2.00 Judge Judy 2.30 Mind Games
3.00 Agony
More relationship dilemmas discussed.
3.30 Lie Detector
Unmasking deception using modern methods.
4.00
Indecent Proposals
Cash for stupidity.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
More relationship dilemmas discussed.
5.30 The Why Files
The weird, the wonderful and the plain spooky.
6.00
The Fashion Show
A look at the headlines among the hemlines.
6.30
Indecent Proposals
7.00 Sport at Seven: Grass Roots Football
More top-drawer footballing action.
8.00 The Why Files
The weird, the wonderful and the plain spooky.
8.30 Don't Call Me Di
NEW A documentary about Sophie Rhys-Jones.
9.00 Lie Detector
Unmasking deception using modern methods.
9.30 Mind Games
10.00 Love Street
American erotic series.
10.30 Exotica Erotica
Saucy late night entertainment series.
11.30 Orgasmatron
11.45 Painted Ladies
11.57 Topless Darts
More shapely dart throwing.
12midnight Love Street 12.30am Private Dancers 12.45 Pleasure Dome 1.00 Exotica 2.00 Review 2.15 Janeycam 2.30 Love 3.00 Agony 3.30 Why 4.00 Fashion 4.30 Agony 5.00 Detector 5.30 Body 5.45-6.00am Nation L!VE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Food Network 9.30 Coxon's Kitchen 10.00 From The Ground Up 10.30 First Taste 11.00 Worrall Thompson 11.30 Slice of the Action 12noon Food Network 12.30pm Scotland's Larder 1.00 Coxon's Kitchen 1.30 The Cookshop 2.00 Indian Kitchen 2.30 Food Network
3.00 Loyd's Louisiana
3.30 A Slice of the Action
Celebrity food quiz.
4.00 Thoroughly Modern British
4.30-5.00pm Chez Bruno

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show.
5.30 Gridlock
Simon Biagi hosts this fast-paced gameshow.
6.00 London Bridge
Sid is shocked when he hears about Nancy's escort agency.
6.30 Our House
Lifestyle series.
7.00 Boon
Blackballed
Ken and Harry's relationship comes under strain when Harry is arrested for fraud. With Michael Elphick.
8.00 Men of the World
Stolen Kiss
Kendle loves Becky, and Lenny loves his new TV.
8.30 Superchefs
Vineet Bhattia v Alex Mackay
9.00 Head Over Heels
L'il Pink Dress
Catherine's romantic fantasies are shattered and Bernadette takes up modelling.
10.00 Pie in the Sky
The Best of Both Worlds
Detective Inspector Harry Crabbe is about to retire and realise his own private dream – to open a restaurant.
11.00
Hill Street Blues
Influential Eighties US police drama series set in a tough urban area, with human-interest storylines.
12midnight Grown Ups
Comedy series about a group of five friends who met at university and, 15 years later, are still living in the same town.
12.30am-1.00am Gridlock
Simon Biagi hosts the fast-paced gameshow.

ANIMAL PLANET
WORLD PACK

12noon The New Adventures of Black Beauty
12.30pm Hollywood Safari
1.30 Deadly Australians
Arid and Wetlands
2.00 All-Bird TV
An irreverent journey into the relationship and interaction between humans and birds.
2.30 Human/Nature
Olivia Newton-John explores the complex social hierarchy of New York dogs. Plus, a woman who has devoted her life to bats.
3.30 Harry's Practice
A look at the work of vet Harry Cooper in his practice.
4.00 Jack Hanna's Zoo Life
Primate Special
4.30 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
5.00 Pet Rescue
Wendy and Mark follow the fortunes of animals.
5.30
Deadly Australians
Urban
6.00
The New Adventures of Black Beauty
Children's drama series.
6.30 Lassie
The Feud
7.00 Rediscovery of the World
The Great White Shark
A natural world documentary by explorer Jacques Cousteau.
8.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
8.30 Horse Tales
Rodeo Barrel Racing
Real-life stories.
9.00 Going Wild
Mysteries of the Seasnake
The seasnake is more deadly than its land-bound cousins.
9.30 Emergency Vets
10.00
Crocodile Hunter
Sharks Down Under
Steve Irwin focuses on the placid nurse shark and wobbegongs.
11.00 Wildlife ER
The American Wildlife Centre offers unparalleled medical technology.
11.30-12midnight Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am The Day the Universe Changed
7.50 The Great Egg Race
8.30 Vanessa
9.30 Esther
10.00 Vet School
10.30 Lion Country
11.00 Making Babies
12noon State of the Ark
1.00pm Living in the Past
1.30 Living in the Past
2.00 Househusbands
3.00 Trust Me, I'm a Doctor
Dr Phil Hammond presents a guide to medicine.
3.30 Esther
Political Correctness
4.00 Vanessa
Vanessa Feltz tackles real-life issues with a studio audience.
5.00 Animal Hospital
Rolf Harris and Steve Knight catch up with the action.
5.30 Lion Country
Longleat, village and a safari park.
6.00 The Myth of the Spanish Inquisition
The popular misconception of the Spanish Inquisition as a sadistic and fanatical regime is refuted.
7.00
The Human Animal
Beyond Survival
Morris explores the inventiveness of human behaviour.
8.00
Backstreet Bandits
A look at the racoon.
8.30 BG Wildlife Photographer of the Year
9.00 Africa's Forgotten Elephants
A remarkable story of exploration, following award-winning film-maker Cynthia Moss.
10.00 Airport
Behind-the-scenes at the world's busiest airport.
10.30
Neighbours at War
Documentary series.
11.00 Top Gear GTi
The Team present a specially extended edition of their show. Features extra information, interviews and tips.
12midnght-1.00am
Law Women
The Governor
A profile of Stacy Tasker, deputy governor of Maidstone prison.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Fashion Livetime
7.00 Fashion Livetime 8.00 E! Celebrity Profile 9.00 Great British Food 9.30 Best Direct Best Buys
10.00 The View
11.00 Restaurant Recipes
11.30 Gardeners' Diary
12noon The Montel Williams Show
1.00pm Health Livetime
2.00 The View
3.00 Health Livetime
Magazine programme which offers viewers the opportunity to put questions to celebrity guests and leading experts.
4.00 The Montel Williams Show
Confronting My Stalker
Montel Williams uses his passionate approach to help viewers and guests.
5.00
Gardeners' Diary
5.30-6.00pm
Restaurant Recipes
Presented by Loulla Astin.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm The Ghosts of Madagascar
7.30
The Nuba of Sudan
Travel into the heart of Sudan.
8.00 Polar Bear Alert
A unique close-up look at the habits and habitats of polar bears.
9.00 Bunny Allen: A Gypsy in Africa
This programme tells the amazing tale of Bunny Allen, the most famous 'white hunter'.
10.00 Back Roads America: North-east
Take an excursion through the back roads of the North-east of America.
11.00 On the Edge: Race for the Palio
Twice a year, the citizens of Siena, confront each other.
11.30 On the Edge: Deep Flight
12midnight-1.00am
Extreme Earth: Valley of Ten Thousand Smokes
Follow the story of the Katmai region of Alaska, which was decimated by a monstrous volcano over 80 years ago.

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits
It's party time on MTV.
9.00 Bytesize MTV
11.00 brand:new
12noons Mad 4 Hits
2.00pm European Top 20
The best from Europe.
3.00 Bytesize MTV
4.00 Select MTV
Choice cuts on MTV.
6.00 Bytesize MTV
7.00 Brand:New
8.00 The Lick
R&B Chart Show NEW
9.00 News Daily Edition
The latest music news.
9.30 Artist Cut
10.00 MTV Live
A classic live performance.
10.30 Snowball 99
11.00 Mad 4 Hits
More great new music.
12midnight Yo!
1.00am MTV Live
A classic live performance.
1.30 Snowball 99
3.00-6.00am Night Videos
A selection of videos.

VHI
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12.00 Ten of the Best: Meatloaf 1.00pm Greatest Hits of... Diana Ross NEW 1.30 Pop-Up Video 2.00 Jukebox 4.30 Talk Music 5.00 Five@Five 5.30 Pop-Up Video 6.00 Happy Hour with Toyah Willcox 7.00 VH1 Hits 9.00 Bob Mills' Big 80s 10.00 The VH1 Classic Chart 11.00 Revolver 12midnight Beach Boys – Endless Harmony Part I 1.00am Around and Around 2.00-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Dream Destinations 12.30pm Go Greece 1.00 Holiday Maker 1.15 Holiday Maker 1.30 Flavours of France 2.00 Flavours of Italy 2.30 No Truckin' Holiday 3.00 Secrets of Choco 4.00 Go 2 4.30 Amazing Races 5.00 Cities of World 5.30 Caprice's Travels 6.00 Flavours of France 6.30 On Tour 7.00 Dream Destinations 7.30 Go Greece 8.00 Travel Live 8.30 Go 2 9.00 Secrets of Choco 10.00 No Truckin' 10.30 Amazing Races 11.00 On Tour 11.30-12midnight Caprice's Travels

UK STYLE
LIFESTYLE PACK

7.00am Going for a Song 7.30 Changing Rooms 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Style Challenge 9.30 Change That 10.00 Antiques Roadshow 11.00 Looking Good 11.30 Changing Rooms 12noon Can't Cook, Won't Cook 12.30pm Style Challenge 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Floyd's American Pie 2.30 Stefan's Garden Roadshow 3.00 Geoff Hamilton – A Man and His Garden 3.30 Waterlines 4.00 The House Detectives 4.30 Antiques Roadshow 5.30 Can't Cook, Won't Cook 6.00 The Face 6.30 Wilderness Walks 7.00 Antiques Roadshow 8.00 Style Challenge 8.30 Change That 9.00 Looking Good 9.30 Ready, Steady, Cook 10.00 Changing Rooms 10.30 Going for a Song 11.00 Stefan's Garden Roadshow 11.30 Geoff Hamilton – A Man and His Garden 12midnight The Terrace 12.30am-1.00am Travel Xpress

Wednesday 10 March

DISCOVERY HOME & LEISURE
WORLD PACK

6.00 AM MORNING
6.00am Today's Gourmet 6.30 Graham Kerr 7.00 Room Service 7.30 Painted House 8.00 Wedding Story 8.30 A Baby Story 9.00 Simply Painting 9.30 Great Gardening Plot 10.00 Global Gardens 10.30 Two's Country 11.00 The Diceman 11.30 Rex Hunt 12noon Our House Down Under 12.30pm Antiques Trail 1.00 Our House 1.30 Hometime 2.00 New Yankee Workshop 2.30 Home Again 3.00 This Old House 3.30-4.00pm Charlie West

3.00 PM

DISCOVERY
WORLD PACK

4.00 PM **4.00pm Rex Hunt's Fishing Adventures**
Fishing advice.
4.30
A River Somewhere
Wyoming
5.00 PM **5.00 Time Travellers**
Athens, Daughter of Egypt?
5.30 Terra X
The Curse of Oak Island
More mysteries revealed.
6.00 PM **6.00 Wildlife SOS**
A two-week-old fox cub is brought to the centre.
6.30 Adventures of the Quest
Alaska: Freezing Point
7.00 PM Andrew and Liz Wright encounter an array of natural beauty – from bears to spawning salmon.
7.30 The Quest
An Upright Man
8.00 PM **8.00**
Arthur C Clarke's Mysterious World
The Riddle of the Stones
8.30
Creatures Fantastic
9.00 PM **9.00 Searching for Lost Worlds**
Atlantis – Minoans
Reveals the similarities between the Minoans and Plato's Atlantis.
10.00 PM **10.00**
The Great Egyptians
Sneferu
Documentary about the iron-willed pharaoh who ruled 4,500 years ago.
11.00 PM **11.00**
SAS Australia: Battle for the Golden Road
The soldiers who endure a punishing regime in order to join Australia's SAS.
12.00 NIGHT TIME 12midnight On the Trail of the New Testament
1.00am Terra X
The Curse of Oak Island
1.30-2.00am
Time Travellers
Athens, Daughter of Egypt?

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Blinky Bill 6.00 The Tidings 6.30 Tabaluga 7.00 Scooby-Doo 7.30 Dexter's Laboratory 8.00 Looney Tunes 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 The Tidings 10.00 The Magic Roundabout 10.30 The Fruitties 11.00 Tabaluga 11.30 Yo! Yogi 12noon Tom and Jerry 12.30pm Looney Tunes 1.00 Popeye 1.30 The Flintstones 2.00 The Jetsons 2.30 Droopy

3.00 Taz-Mania
Devilish antics.
3.30 Scooby-Doo
Canine capers with the doggy sleuth and the gang.
4.00
The Powerpuff Girls
Cute crime fighting.
4.30
Dexter's Laboratory
More chemical chaos.
5.00 I Am Weasel
Adventures of the superhero.
5.30
Cow and Chicken
Fun with the odd siblings.
6.00 Animaniacs
More antics of the Warner brothers and sister.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.
7.00 Tom and Jerry
Madcap comic antics with the sparring cat and mouse duo.
7.30 Looney Tunes
Classic cartoons.
8.00
Cartoon Cartoons
The best modern animation.
8.30-9.00pm
Cult Toons

The lovable 'Casper' is still as friendly as ever. Fox Kids 10.05am, 4.50pm

NICKELODEON
FAMILY PACK

6.00am Rocko 6.30 Bruno the Kid 7.00 CatDog 7.30 Rugrats 8.00 Wild Thornberrys 8.30 Arthur 9.00 Children's BBC on Nickelodeon including Teletubbies 10.00 Wimzie's House 10.30 Papa Beaver Stories 11.00 Magic School Bus 11.30 PB Bear/Budgie/ Animal Antics/Family Ness 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Little Bear Stories 2.00 Paddington Bear/Lizzie's Library /Portland Bill/Mr. Men 2.30 Children's BBC on Nickelodeon

3.00 Children's BBC on Nickelodeon
Including *Teletubbies.*
3.30 Doug
Doodle the day away with the painfully average Doug.
4.00 Three Friends... and Jerry
4.30 Rugrats
Fun with the tousle-haired nippers who have over-fertile imaginations.
5.00 Sister Sister
Tia, Tamera and their parents try to live together.
5.30 Kenan & Kel
The adventures of two funky friends.
6.00 Renford Rejects
6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
Stars Jenny McCarthy.
7.30 Grace Under Fire
Grace Under Construction
8.00 Ellen
Morgan PI
Ellen's store gets robbed.
8.30 Spin City
My Life is a Soap Opera
US sitcom.
9.00 Drop the Dead Donkey
Helen'll Fix it
9.30 Whose Line is it Anyway?
Game of improvisation.
10.00 Frasier
Dinner at Eight
Stars Kelsey Grammer.
10.30 Cheers
A Bar is Born
Sitcom set in a Boston bar.
11.00 Seinfeld
The Pen
Jerry and Elaine visit his parents in Florida.
11.30 The Larry Sanders Show
12midnight Late Night with David Letterman
1.00am Taxi
1.30 Frontline
2.00 Dr Katz
2.30 Tibs and Fibs
3.00 Nightstand
3.30-4.00am
Abbott and Costello

FOX KIDS
FAMILY PACK

6.00am Dodo 6.05 Power Rangers 6.55 Spiderman 7.20 Oggy 7.30 Donkey Kong 8.00 Hero Turtles: Next Mutation 8.25 Incredible Hulk 8.50 Iron Man 9.15 Fantastic Four 9.40 X-Men 10.05 Casper 10.30 Oggy 10.55 Eek!Stravaganza 11.05 Bobby 11.30 Louie 11.55 Home to Rent 12.05pm Dennis and Gnasher 12.30 Donkey Kong 1.00 Mowgli 1.25 Ace Ventura 1.55 Incredible Hulk 2.20 Iron Man 2.45 Fantastic Four
Battling to save the world.

3.10 X-Men
3.30
Fox Kids X-Press
With Roy and Lisa.
3.35 Spiderman
4.00 Goosebumps
More spooky stories.
4.25 Hero Turtles: The Next Mutation
4.50 Casper
Mischievous capers.
5.00
Dennis and Gnasher
More menacing antics.
5.30 Ace Ventura
Animated adventures of the zany pet detective.
6.00
Donkey Kong Country
6.30 Eek!Stravaganza
6.55-7.00pm Oggy and the Cockroaches

SHOP!
LIFESTYLE/ SELECTION PACKS

12midnight Bargain Shop!
12.30am Shop! Selection
1.30 Shop! Feature
2.30 Do it Yourself
3.00 Time Zone
4.00 Home Style
5.00 Beauty Secrets
6.00 Shop! Selection
7.00 Bargain Shop!
7.30 Time Zone
8.30 On the High Street
9.30 Shop! Feature
10.00 The Early Years
11.00 Dimanti Designs
12noon Fitness Zone
Equipment and advice for working-out at home.
1.00pm Bargain Shop!
Unbeatable prices and special offers.
1.30 Shop! Selection
A roundup of the best offers.
2.30 Travel Bag
Get organised for your travels with our great range of luggage.
3.00 Labels
Footwear by the best-known fashion brands.
4.00 Character Collections
Irresistible collectibles inspired by Beatrix Potter's much-loved characters.
5.00-6.00pm
Shop! Selection
A roundup of the best offers on Shop!

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 9.30 World Today 10.00 News 11.00 News 12noon News 1.00pm News 1.30pm UK Today 2.00 News 2.30 World Today 3.00 News 4.00 News 5.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 LifeWatch 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 Insight 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm Business Unusual 1.00 News 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Style 5.00 Larry King 6.45 Edition 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.30am Showbiz Today 1.30 Q&A
2.00 Larry King
3.30 Newsroom
4.30-5.00am World Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.00 News on the Hour 11.30 Money 12noon Sky News Today 2.30pm PMQs 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.00 News on the Hour 8.30 Sky Business Report 9.00 News on the Hour 9.30 Sky World News 10.00 Primetime 12.30am CBS News 1.30 Sky World News 2.30 Sky Business Report 3.30 Global Village 4.00 News on the Hour 4.30 Fashion TV 5.30-6.00am CBS News

INTERNATIONAL

TV5 5.00am Journal Télévisé TV5 5.15 Journal des Journaux 5.30 Télématin et le Journal 7.00 Journal 7.30 Funambule 8.05 Zig Zag Café 9.00 Journal 9.15 Fiction: Les Alsaciens 11.00 TV5 Infos 11.05 Voilà Paris 11.30 Journal 12noon TV5 Infos 12.05pm Temps Présent 1.00 Journal 1.15 Fiction: Les Alsaciens 3.00 Journal 3.15 TV5 Questions 3.30 Grands Gourmands 4.00 TV5 Infos 4.05 Pyramide 4.30 Questions Pour un Champion 5.00 Journal 5.15 Fiction: Les Alsaciens 7.00 Journal 7.30 Journal et le Journal 8.00 TV5 Infos 8.05 Faits Divers 9.00 Journal 9.15 Fiction: Urgence 10.15 Fiction: L'Homme de Suez
11.00 Journal
11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 8.00 Subah Aaj Tak 8.30 Jai Veer Hanuman 9.00 FILM 11.30 News 12noon Balcony 12.30pm Suzhal 1.00 Kashmakash 1.30 FILM 4.00 Akbar Birbal 4.30 Aarti 5.00 Kahani Ghar 6.00 Edit 6.30 Asianet Aur Aap 7.00 Kashmakash 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Spaghetti Junction 12.30am Asianet Aur Aap 1.00 FILM
4.00 Aarti
4.30 A Mouthful of Sky
5.00 Kashmakash
5.30 Sunghursh
6.00 Akbar Birbal
6.30 News
7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Out and About 6.30 Yoodle-Ae-Oo 7.00 Faith: Christian 7.30 News 8.00 India Business 8.30 Tara-2 9.00 Rishtey 10.00 Sofia 11.00 Aashiana 11.30 Parampara 12noon FILM: Seeta Maryam Margaret 3.00pm Zee Bangla 3.30 Hum Paanch 4.00 Akbar Birbal 4.30 Ek Minute 5.00 Jungle Book 5.30 Mausam 6.00 Top of the Tops 6.30 Banegi Apni Baat 7.00 Baat Ban Jaye 7.30 It's My Choice 8.00 News 8.30 Amanat 9.00 Urdu Drama 10.00 Ikke Pe Ikka 10.30 Woh 11.00 Purushkhetra 12midnight News 12.30am Tandoori Masala 1.00 Bangla TV 1.30 Parivar 2.00 FILM: Siva Sakthi
4.30 Narsaiyo
5.00 Char Raasta
5.30-6.00am Hit Thi Hit Hai

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzimi 5.00 Quentin Road Bible Hour 5.30 7 â Vivre 6.00 Life is for Living 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is your Day 8.15 Good Morning 8.30 Revival Now 9.00 Another Day of Victory 9.30 Life in the Word 10.00 Dr A R Bernard 10.30 John Avanzini 10.40 Good Morning 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus: 2.15am Money 3.24 Sports 4.49am Kavanagh's Picks

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am Select Committees 7.00 The Record 7.30 Select Committees 9.30 House of Commons 11.00pm The Record 11.30-12midnight European Focus

SKY SOAP
LIFESTYLE PACK

11.00am
Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm
As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
3.30-4.00pm
Emmerdale Farm
Joe and Ruth become close.

THE HISTORY CHANNEL
WORLD PACK

4.00pm Clash of Wings
The Cost of Incompetence
5.00 Classic Cars
Saab
6.00 Hadrian's Wall
History of this Roman wall.
7.00-8.00pm
The Monkey Trial
History on Trial
Follow the 1925 battle between Tennessee legislature and the fledgling American Civil Liberties Union.

SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Sky Destinations
12noon
American Adventurer
12.30pm Around the World
1.00 Earth Journeys
1.30 Exotic Islands
2.00 Heritage Guides
Scotland
3.00 Around the World
Tunisia and Somerset
3.30-4.00pm
Great Chefs of Europe

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is DIY at 11.00pm.

CABLE CHECK
Some of the channels listed may not be available in your area

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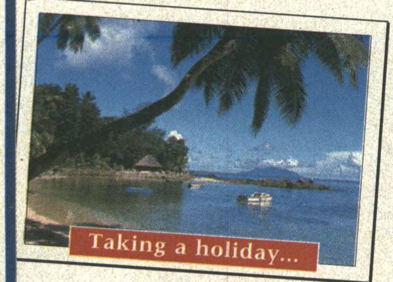
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...or home improvements

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£50,000	469.64	551.36	673.41	1073.51	435.90	10.9%
£30,000	282.15	330.68	403.81	643.87	261.30	
£25,000	235.02	275.38	336.41	536.46	217.65	
£20,000	187.90	220.19	269.01	429.05	174.01	
£17,000	170.72	196.77	237.36	372.42	160.55	11.9%
£15,000	150.62	173.61	208.43	328.59	141.65	
£12,000	120.48	138.87	167.52	262.85	113.40	
£10,000	100.38	115.71	139.59	219.03	94.40	
£8,500	91.17	103.43	123.22	190.17	86.86	12.9%
£7,500	80.43	91.25	108.71	167.79	76.63	
£6,000	64.33	72.98	86.95	134.21	61.28	
£5,000	53.54	60.77	72.42	111.82	51.05	

Typical example: £5,000 x 60 mths @ £111.82/mth. Total Cost £6709.20. APR 12.9% (VAR).

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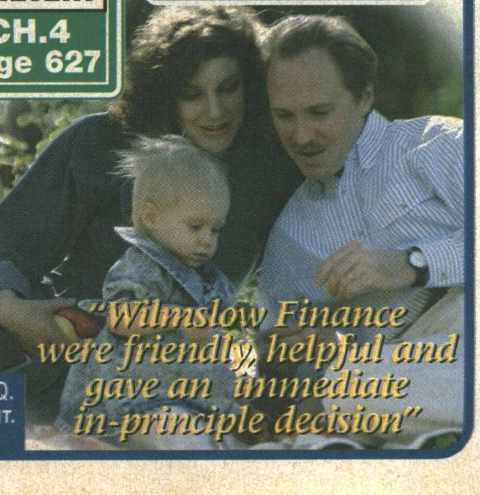
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Thursday 11 March

SKY PREMIER

PREMIUM CHANNEL

6.00 AM **6.00am Miss Evers' Boys**
1997, rating Sky PG, 113 mins
MORNING
8.00 Dear God
Comedy drama. Text *1996,*
rating Sky PG, DS, 108 mins
10.00 The Boy from Mercury
Family drama. Widescreen *1996,*
rating Sky PG, DS, 84 mins
12noon The Directors:
The Films of Robert Zemeckis
1.00pm Femmes Fatales
2.00 Miss Evers' Boys
Alfre Woodard, Laurence Fishburne
3.00 PM Drama inspired by real-life events.
A nurse is involved with a
programme in which black men
with syphilis were given placebos
in place of medicine. *1997,*
rating Sky PG, 113 mins
4.00 PM **4.00 Dear God**
Greg Kinnear, Laurie Metcalf
Comedy drama. A con artist is
sentenced to spend 12 months
in full-time work to avoid a jail
sentence and finds work in a Los
5.00 PM Angeles post office. He soon
finds himself trying to work
miracles for those who have
sought divine help through the
post. Text *1996, rating Sky PG,*
DS, 108 mins
6.00 PM **6.00**
The Boy from Mercury
James Hickey, Rita Tushingham,
Family drama. Following the
death of his father, an eight-year-old
boy retreats into his own
7.00 PM fantasy world, believing that he is
from the planet Mercury.
Widescreen *1996,*
rating Sky PG, DS, 84 mins
7.30 Tracey Takes On...
Comedy sketches.
8.00 PM **8.00 Hollywood Buzz**
All the gossip from Tinseltown.
8.30 The Leading Man
John Bon Jovi, Anna Galiena
PREMIERE Romantic drama. A
Hollywood actor on the London
9.00 PM stage offers to seduce the
playwright's wife, so that he can
concentrate on his romance with
the leading lady. However, things
do not go smoothly. *1996,*
rating Sky 15, 96 mins
10.00 PM **10.10 Absolute Power**
Clint Eastwood, Gene Hackman
Thriller. A master thief witnesses
a bloody murder at the home of
Washington's leading power-broker.
The President was
11.00 PM having an affair with the victim
and, unable to go to the police,
the thief becomes entangled in a
web of deceit and intrigue which
endangers his life. Text *1997,*
rating Sky 15, DS, 116 mins
12.00 **12.15am Intimate Relations**
Julie Walters, Rupert Graves
NIGHT TIME
Black comedy set in Fifties Britain.
Text *1995, rating Sky 15, 96 mins*
1.55 The Mirror Has Two Faces
Text *1996, rating Sky 15, 121 mins*
4.00-6.00am
While My Pretty One Sleeps
Text *1997, rating Sky 12, 89 mins*

SKY MOVIEMAX

PREMIUM CHANNEL

7.00am Destroy All Monsters
1968, rating Sky PG, 86 mins

9.00 Race Against the Harvest
1986, rating Sky PG, 89 mins

11.00 Possums
Mac Davis, Greg Coolidge
Family drama about a football team. *1997, rating Sky U, 93 mins*

1.00pm Cab to Canada
Maureen O'Hara, Jason Beghe
PREMIERE Heart-warming drama. *1998, rating Sky PG, 87 mins*

3.00 Destroy All Monsters
Akira Kubo, Jun Tazaki, Yukiko Kobayashi, Kenji Sahara
Thrilling cult Japanese action movie in which invading aliens release the earth's monsters from captivity to wreak havoc on the major cities. A spacecraft is sent to the alien base to regain control of the monsters and turn them against the aliens. *1968, rating Sky PG, 86 mins*

5.00 Possums
Mac Davis, Greg Coolidge
Family drama. A small town sports announcer takes unusual action to save the future of his favourite high school football team, the Possums. He broadcasts bogus match reports which suggest the Possums are on a winning streak, in the hope that his charade will save the team. *1997, rating Sky U, 93 mins*

7.00 Cab to Canada
Maureen O'Hara, Jason Beghe
Drama based on a true story. An elderly woman hires a taxi to take her to a funeral, but then convinces the driver to take her on a 3,000- mile round trip to Vancouver. Although there is initial animosity between the driver and his fare, as the journey progresses a friendship develops. *1998, rating Sky PG, 87 mins*

9.00 Wanted
Michael Sutton, Tracey Gold, Robert Culp, Timothy Busfield
PREMIERE Drama. A troubled young man turns his back on his violent life in the city and flees to the country. Once there, he meets a school teacher and falls in love with her. However, his new life is shattered when his past catches up with him. *1998, rating Sky 12, 92 mins*

11.00 The Perfect Weapon
Dante Basco, John Dye
Martial arts action movie. A tough street fighter seeks to avenge his guardian's death. *1991, rating Sky 18, 81 mins*

12.30am Cover Me
1995, rating Sky 18, 90 mins

2.05 Terror of Mechagodzilla
1975, rating Sky 12, 80 mins

3.30 Playback
1995, rating Sky 18, 90 mins

5.05-7.00am
Race Against the Harvest
1986, rating Sky PG, 89 mins

Howie Long feels the heat as a firefighter in the adventure 'Firestorm'. Sky Box Office 1, see below

SKY CINEMA

PREMIUM CHANNEL

4.00pm
The Stars Look Down
Michael Redgrave, Margaret Lockwood, Nancy Price, Edward Rigby
Gripping drama set around a troubled coal mine in Northeast England. A coal miner's son battles against his background when he decides to pursue a career in politics. *1939, rating Sky PG, 95 mins*

6.00
Gentlemen Prefer Blondes
Marilyn Monroe, Jane Russell, Charles Coburn, Elliott Reid
Classic comedy. Two showgirls head off together on a fun-filled cruise to Paris, where one intends to marry a millionaire. However, there are plenty of romantic complications on the boat to France. *1953, rating Sky U, 87 mins*

8.00 From Noon Till Three
Charles Bronson, Jill Ireland, Douglas Fowley
Western spoof in which a famous bank robber becomes a legend when he interrupts a raid so he can flirt with a pretty woman. But when someone else is mistakenly shot instead of him, he finds himself unable to prove his identity. *1976, rating Sky 15, 95 mins*

10.00 Ordinary People
Donald Sutherland, Timothy Hutton, Mary Tyler Moore
Oscar-winning drama. The death of a favourite son traumatises a family, particularly the younger brother, who believes he could have saved his sibling. In the midst of the grief, the father tries to keep his family together. Oscars included Best Picture. *1980, rating Sky 15, 119 mins*

12.05am King David
Richard Gere, Edward Woodward
1984, rating Sky 15, DS, 109 mins

2.00 The Magus
Anthony Quinn, Michael Caine
1968, rating Sky 15, 111 mins

4.00-5.25am
Anne of Windy Poplars
1940, rating Sky U, 82 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

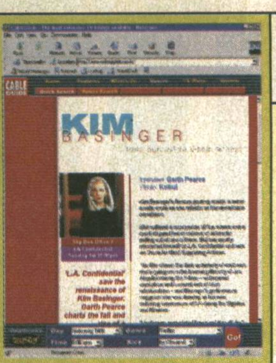
FAMILY PACK

9.00pm Knights of the Round Table
Robert Taylor, Ava Gardner, Mel Ferrer, Stanley Baker
Medieval adventure. A tale of love and valour as King Arthur's favourite, the gallant Sir Lancelot, defends his king and country, while all the while harbouring a secret love for his queen. Widescreen *1953, 110 mins*

11.15 The Naked Spur
James Stewart, Robert Ryan, Janet Leigh, Ralph Meeker
Western. A US Civil War veteran tracks a killer to claim the reward on offer so he can buy a farm and settle down. *1953, 91 mins*

1.00am Once a Thief
Alain Delon, Ann-Margret
Drama. *1965, 102 mins*

3.00-5.00am
Knights of the Round Table
Robert Taylor, Ava Gardner
Medieval adventure. Widescreen *1953, 110 mins*



KIM BASINGER

'L.A. Confidential' saw the renaissance of Kim Basinger. Garth Pearce charts the fall and

Want to know what Winona Ryder movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR

ADD-ON CHANNEL

6.00pm
L'Accompagnatrice
Romane Bohringer, Elena Safnova
Drama. In occupied Paris, a bored musician gets a job with a famous singer. As the singer's collaborating husband wrestles with his conscience, the musician lives an increasingly vicarious life through the singer's triumphs. *1992, 111 mins*

7.50 Mr Morris

8.00 Stand by Me
Wil Wheaton, River Pheonix
Comedy drama. A writer recalls one summer of his youth, when he and three friends set out to find the dead body of a missing teenager. Along the way, they realise that they will always have this summer to look back on. *1986, 85 mins*

9.40 Cold Feet
Comedy short about a suicide.

10.00 Southern Comfort
Keith Carradine, Powers Boothe
Thriller. While on manoeuvres in the Louisiana swamps, a group of national guardsmen find themselves in deadly conflict with the local Cajuns and trapped in unknown territory. *1981, 102 mins*

11.50 The Driver
Ryan O'Neal, Bruce Dern.
Action thriller about a cop who is in pursuit of a getaway driver. *1978, 87 mins*

1.20am Un Flic
Alain Delon, Catherine Deneuve
Thriller. *1972, 98 mins*

3.00-6.00am Journey to the Centre of the Earth
James Mason, Pat Boone
Adventure. *1959, 130 mins*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
FIRESTORM
Action adventure. A team of firefighters parachutes into a blazing forest to combat an inferno which started during a prison breakout. Stars Howie Long and Suzy Amis. *1997, rating Sky 15, 85 mins*
PLAYS AT
12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
FALLEN
Supernatural thriller starring Denzel Washington as a detective both hunting and hunted by an evil spirit demon which inhabits human bodies. With John Goodman. *1997, rating Sky 15, 120 mins*
PLAYS AT 6.00am, 8.30am, 6.30pm, 9.00pm

Sky Box Office 3
Channel 53
FLUBBER
Children's comedy about an absent-minded professor. Stars Robin Williams. *1997, rating Sky U, 90 mins*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 4
Channel 54
DOUBLE TEAM
Action thriller. When his son is kidnapped, an anti-terrorist agent teams up with an arms dealer to get him back. Stars Dennis Rodman and Jean-Claude Van Damme. *1997, rating Sky 18, 90 mins*
PLAYS AT
8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions. Customers with a Videoway set-top-box must view all events on Channel 50.

Thursday 11 March

SKY ONE
ACTION/
SELECTION PACKS

7.00am Count Duckula
7.30
The Chris Evans Breakfast Show
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You Text
1.30 Jeopardy
2.00 Sally Jessy Raphael
I Must Reveal My Secret!

3.00 Jenny Jones
You Said I Was Fat, Now I'm All That
In today's edition of the talk show, guests who have lost weight reveal their new looks.

4.00 Guilty!
Guests resolve their problems in a courtroom with the help of a judge and jury. Straight-talking *Sunday Mirror* columnist Carole Malone presents the cases.

5.00 Star Trek: Voyager
Lifesigns
While treating a Viidian female for the Phage, The Doctor feels romantic for the first time. Starring Kate Mulgrew. Text

6.00 Guilty!
Obsessed with Strippers and it's Out of Control

6.30 Dream Team
More trials and tribulations for the players of Harchester United.

7.00 The Simpsons
Bart Carny
A carnival worker and his son move in with the Simpsons. Text

7.30 The Simpsons
Bart the Mother Text

8.00 America's Dumbest Criminals
A polite fugitive reveals his hiding spot.

8.30 World's Weirdest TV
Hosted by Jenny Powell.

9.00 Friends
The One with the Inappropriate Sister

9.30 ER
The Miracle Worker
Corday meets a new beau on Christmas Eve.

10.30 Veronica's Closet
Veronica's Secret Santa
Santa Claus gives Ronnie what she wants and Leo becomes frantic over a lost voice-mail.

11.00 Dream Team
More trials and tribulations for the players of Harchester United.

11.30 Star Trek: Voyager
Lifesigns
While treating a Viidian female for the Phage, The Doctor feels romantic for the first time. Text

12.30am The Commish
The Trial
Tony must protect an aggressive defence lawyer whose methods are questionable.

1.30-7.00am Long Play
Music through the night.

UK GOLD
LIFESTYLE/
SELECTION PACKS

7.00am Crossroads 7.30
Neighbours 7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 When the Boat Comes In
10.30 Rhoda
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Dallas
2.55 The Bill
Sands of Time

3.25 The Bill
Identity Crisis
Boulton puts pressure on a young couple to get a result.

3.55 EastEnders
There's worry around the square when Nick Cotton comes back to town.

4.30 Rhoda
Rhoda tries to prove that girls nights out without men are fun.

5.00 All Creatures Great and Small
Jackpot
James is challenged to a race, and a retired sheepdog takes up chasing cars.

6.00 Dynasty
Samantha
Blake's behaviour becomes erratic as he continues to believe that Steven is alive, and Fallon reconciles with Krystle.

7.00
Ever Decreasing Circles
Sitcom about domestic disharmony in suburbia. Starring Richard Briers.

7.40 Dad's Army
Is There Honey Still for Tea?
Private Godfrey's cottage is to be demolished to make room for the new airstrip.

8.20 The Brittas Empire
We All Fall Down

9.00 The Young Ones
Interesting
The boys have a party, and one of the guests brings a mysterious present for Rik.

9.40 Bottom
Terror
Eddie and Richie come to realise the cash potential of trick-or-treat.

10.20 Common as Muck
Ken and Sharon launch their new hair and beauty salon, and Stranks obtains a compulsory purchase order for the yard. Work and money problems begin to tell on Parry and on his marriage.

11.30 The Bill

12midnight The Bill
12.35am Blackadder the Third
Sense and Senility
A visit to the theatre is arranged.
1.05 French and Saunders
1.40-2.45am Dangerfield
Al has problems with her boyfriend.

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Can't Cook, Won't Cook
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 Brookside
12.10pm Animal Rescue
12.40 Rescue 911
1.10 Special Babies
1.40 Beyond Belief: Fact or Fiction
2.10 Side Effects
The Last Rights
Dr Chen's promise to a terminally ill patient could cost him his practice.

3.10 Living Room
Magazine programme featuring human interest stories, celebrities, fashion and beauty.

4.00 Michael Cole
Talk show in which the ex-director of public affairs for Harrods tackles sensational subjects.

4.50 Rolonda
Oh, Why Did I Sleep with You?
Audience participation talk show from America hosted by Rolonda Watts.

5.40 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes.

6.15
The Jerry Springer Show
More heated discussion about relationship issues.

7.05 Rescue 911
William Shatner hosts the series featuring the stories of real-life rescues.

7.35 Animal Rescue
More pets are saved.

8.10 Maury Povich
Talk show which takes a compassionate look at human interest stories with the host and his guests.

9.00
FILM: A Cry in the Dark
Meryl Streep, Sam Neill, Nick Tate, Bruce Myles, Maurie Fields, Charles Tingwell
The true story of the Australian couple accused of murdering their baby daughter. Claiming the child was dragged off by a dingo while they were camping at Ayers Rock, they were initially absolved of the murder. But now, with a new investigation under way, they find themselves charged with the crime. *1988*

11.30-12midnight Sex Life
A lighthearted but informative discussion about sex.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 Holding the Fort 7.30 Doctor at Large 8.00 Hallelujah 8.30 The Many Wives of Patrick 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Upstairs, Downstairs 11.00 The Gentle Touch 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 The Many Wives of Patrick 1.30 Me and My Girl 2.00 Upstairs, Downstairs

3.00 The Love Boat
Message for Maureen
A former sports star meets the journalist who has crucified her in print, and a stage-struck Mexican stowaway creates chaos.

4.00 The Professionals
The Man Without a Past
Bodie is suspended and embarks on a trail of revenge when a restaurant bomb leaves his girlfriend injured.

5.00 Hart to Hart
Hostage Harts
Jennifer fears for Jonathan's life when jewel thieves take him hostage during a robbery while he's on a business trip in Paris.

6.00 Emmerdale
Dolly drops a bombshell.

6.30
Classic Coronation Street
Gail and Brian make their peace over Les Charlton.

7.00 The Professionals
In the Public Interest
Bodie and Doyle become hunted men after they investigate why a city's crime rate has mysteriously fallen.

8.00 The Benny Hill Show
Comedy icon Benny Hill in a series of hilarious sketches, featuring a host of quirky characters, guest stars and a bevy of beauties.

9.00 The Sweeney
Golden Boy

10.00
The Brian Conley Show

10.30-11.00pm
Wheeltappers & Shunters' Social Club

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Motor Week
A look at the motoring industry.

11.30 4 Wheels
News and reviews from the world of motoring plus top tips on car maintenance.

12midnight Rally World
Eric Michell presents rally action from around the globe.
12.30am The Power House
A look at one of the first Ford Escorts in the UK to be modified.
1.00-2.00am
Performance Power
Presented by Sarah Donohue.

DISNEY CHANNEL
ADD-ON/
PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof Troop 8.25 Toons 8.45 Winnie the Pooh 9.00 Spot 9.05 Animal Shelf 9.15 Dragons 9.30 Bear 9.55 Toothbrush 10.00 Bite 10.10 Rosie and Jim 10.30 Big Garage 10.45 PB and J Otter 11.00 Sesame Street 12noon Spot 12.05pm Animal Shelf 12.15 Dragons 12.30 Bear 12.55 Toothbrush 1.00 Bite Size 1.10 Rosie and Jim 1.30 Big Garage 1.45 PB 2.00 Winnie the Pooh 2.30 Quack Pack

3.00 The Little Mermaid
Undersea adventures with the beautiful mermaid Ariel. Text

3.30 Art Attack
Award-winning innovative art show hosted by Neil Buchanan.

4.00 101 Dalmatians
Purred it Through the Grapevine/Lobster Tale

4.30 Hercules: The TV Show
Hercules and the World's First Doctor

5.00 Recess
Animated series from the creators of *Rugrats*. Text

5.15 Pepper Ann Text

5.30 Smart Guy
Don't Do That Thing You Do Text

6.00 Teen Angel
Marty Buys the Farm Text

6.30 Boy Meets World
No Guts, No Cory
Cory and Topanga play out a love affair in a flashback scene. Text

7.00
FILM: 101 Dalmatians
The original, animated version of the delightfully dotty tale of dalmatians Pongo and Perdita, and their pups, who are stolen by the evil fashion victim Cruella De Vil. *1961*

8.20 Honey, I Shrunk the Kids: The TV Show
Honey, They Call Me the Space Cowboy Text

9.00 Double Dinosaurs
Stone Age sitcom. Based on an idea by Jim Henson of Muppet fame, this series uses state-of-the-art puppetry and audio-animatronics. Text

10.00 Home Improvement
10.30 The Wonder Years
The Road Test Text
11.00-12midnight Dr Quinn: Medicine Woman

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

THURSDAY CONTINUES OVERLEAF...

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

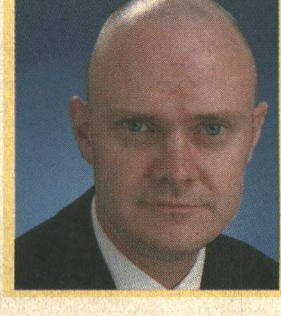
CABLE CHOICE

FILM

The Leading Man
Sky Premier 8.30pm
Pop star-turned-actor Jon Bon Jovi stars in this drama as a Hollywood heart-throb making his London theatre debut. Sexual intrigue ensues as Jon offers to seduce the playwright's wife in order to leave the playwright free to persue an actress with whom he has fallen in love.

GENERAL

Drop the Dead Donkey
Paramount Comedy Channel 9.00pm
The TV newsroom has never looked this much like a psychiatrist's waiting room. The characters in this current affairs-based comedy are faced with legal action as newsreader Sally decides to prove she is the most attractive and popular member of Globelink's team.



ADVERTISEMENT
DON'T FEED THE GONDOLAS
10.30PM
Don't Feed the Gondolas is a frank, farcical and phenomenonally funny look at Irish politics. Hosted by Sean Moncrieff, this show is guaranteed to provide you with some light-hearted entertainment.

Thursday 11 March

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

6.00 AM MORNING **7.30am Alpine Skiing**

8.30 Alpine Skiing – LIVE

9.30 Biathlon – LIVE
Coverage from the World Cup in Holmenkollen, Norway.

11.20 Alpine Skiing – LIVE
Coverage from the World Cup in Sierra Nevada, Spain.

12.30pm Biathlon – LIVE
Coverage from the World Cup in Holmenkollen, Norway.

2.00 Tennis
3.00 PM Highlights from the Mercedes Super 9 Tournament in Indian Wells, USA. The world's best players from the WTA and ATP tours compete for the total prize money of $3.7m.

4.00 PM **4.00 Nordic Combined Skiing**
Action from the World Cup in Falun, Sweden.

4.30 Nordic Combined Skiing – LIVE
5.00 PM Coverage of cross-country skiing from the World Cup in Falun, Sweden.

5.30 Racing Line
Motor sport magazine with reviews and previews.

6.00 PM **6.00 Tennis – LIVE**
Coverage of the quarter-finals of the Evert Cup, part of the WTA Tour, in Indian Wells, USA. Reigning champion 7.00 PM Martina Hingis will be hoping to scoop the $205,000 winner's purse again this year.

7.30 Ski Jumping – LIVE
8.00 PM Coverage from the K115 event at the World Cup in Falun, Sweden. Janne Ahonen will be hoping to hold on to his lead ahead of Martin Schmitt.

9.00 PM **9.00 Tennis**
Action from day four of the Mercedes Super 9 Tournament, part of the ATP Tour, held in Indian Wells, USA.

10.00 PM **10.00 Football**
World Cup Legends
A look back at some of the greatest players to have ever graced the playing fields of the world.

11.00 PM **11.00 Racing Line**
Motor sport magazine.

11.30-12.30am Ski Jumping
Action from the World Cup in Falun, Sweden.

12.00 NIGHT TIME

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Sky Sports Centre

7.15 World Wrestling Federation – Shotgun

8.15 You're On Sky Sports!

9.00 Racing News

9.30 Aerobics Oz Style

10.00 Ringside Special

11.30 Unbelievable Sports

12noon Aerobics Oz Style

12.30pm European Tour Weekly

1.00 Euro Tour Golf: Turespaña Masters – LIVE
Coverage from the first day's play in the 1999 Turespaña Masters. Defending champion Miguel Angel Jiménez will be hoping to stay ahead of the field as the cream of European and American golfers seek to fine tune their form for this year's Ryder Cup, staged in Brookline, Boston, in September.

5.00 World Wrestling Federation – Superstars
Kevin Kelly presents the latest behind-the-scenes news from the WWF.

6.00 Sky Sports Centre

6.30 Boxing: Big Fight Countdown
Preview of the upcoming heavyweight bout.

7.00 Football League Review
All the action from the Nationwide League with every goal scored in the lower divisions.

8.00 Futbol Mundial
Footballing action from around the globe.

8.30 Spanish Football
Action from a match in La Liga, considered to be one of the toughest leagues in the world, that features the talents of some of the best footballers in the world.

10.00 Sky Sports Centre

10.15 You're On Sky Sports!
Football phone-in programme.

11.00 Boxing: Big Fight Countdown
Preview of the upcoming heavyweight bout.

11.30 Trans World Sport

12.30am You're On Sky Sports!

1.15 Sky Sports Centre

1.30 Football League Review

2.30 Spanish Football

4.00-4.15am Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style

7.30 Sky Sports Centre

7.45 Racing News

8.15 Unbelievable Sports

8.45 Sky Sports Centre

9.00 Fish TV: Fishing Texas

9.30 Golf Extra

12.30pm Australian Rally Championship

1.00 Rugby League World
Rugby league news.

2.30 Ringside Special: The Lennox Lewis Story
An insight into the career of benevolent British heavyweight boxing sensation Lennox Lewis, who has set up a school for underprivileged children.

4.00 World Pool League
Top pool action from the tables of the Victoria Inter-Continental Hotel in Warsaw, Poland.

5.00 Football League Review
Round-up of all the goals scored in the Nationwide League, plus news, views and features.

6.00 What a Weekend
Review of the weekend's sporting action.

6.30 The Rugby Club
Rugby show, with match highlights and analysis.

7.30 Ice Hockey: Superleague Play-Off – LIVE
Coverage of a vital match from the Sekonda Superleague play-off. Presented by Dominik Holyer, with commentary from Steve James and insightful rinkside reports from Nick Rothwell.

10.00 Ford Golf USA: Honda Classic
Action from day one of the Honda Classic at Coral Springs, Florida, as some of the world's best golfers line up for the latest leg of the PGA Tour.

12midnight Cycling: Tour of Malaysia

12.30am The Rugby Club

1.30 Ice Hockey: Superleague Play-Off

4.00-4.15am Sky Sports Centre

SKY SPORTS 3
PREMIUM CHANNEL

12noon World Wrestling Federation – Superstars

1.00pm Fish TV: Fishing Texas

1.30 Fish TV: Ultimate Fishing Show
Top tips and expert advice, plus fly-on-the-wall footage of fresh and seawater angling.

2.00 FA Cup Final Classics: Liverpool v Newcastle
Andy Gray takes a look back at the FA Cup final clash from 1974.

3.30 Sports Auction Preview
Preview of the Soccer Legends 1999 auction.

4.00 Rugby League World
The programme that keeps you up-to-date with all the latest global rugby league developments. With action from the Super League and Australian National Rugby League.

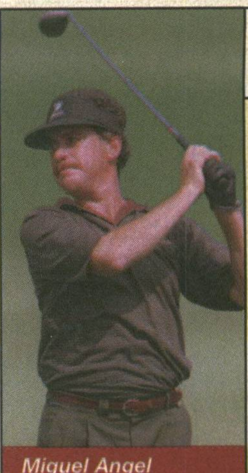
5.30 Inside the PGA Tour
Golfing legends of the Tour.

6.00 Cycling: Tour of Malaysia
Action from the tenth day of the tour.

6.30 Tight Lines
Angling queries answered by fishing enthusiasts Keith Arthur and Bruno Brookes.

7.30 Euro Tour Golf: Turespaña Masters
Highlights from the opening day's play in the Turespaña Masters, the latest leg of the European Tour. Defending champion Miguel Angel Jiménez will be hoping to stay ahead of the field as the cream of European and American golfers seek to fine tune their form for this year's Ryder Cup.

10.00-11.30pm Bobby Charlton's Football Scrapbook: Andy Gray
Andy Gray joins presenters Bobby Charlton and Dickie Davies for a look back over the highlights of his footballing career as a player with Everton during the Eighties.



Miguel Angel Jiménez aims to retain his crown at the Turespaña Masters. Sky Sports 1 1.00pm – Live

MUTV
ADD-ON CHANNEL

6.00pm Game On

6.15 Megastore Megabuys

6.30 Junior Masterfan
Under-16s' competition.

7.00 Red Hot News
The show that rounds-up all the latest developments from Old Trafford.

7.30 Man-U Menu
With Mark Simpkin.

8.00 Super Match: Reserve Match
Reserve team action from the men hoping to break into Fergie's all-star side.

8.55 Red Hot Update

9.00 Super Match: Reserve Match
Continued action from the men hoping to break into Fergie's all-star side.

10.00 Talk of the Devils
Fans chat about their favourite team – the Reds.

10.45 FAN
Magazine show presented Reds fan Terry Christian.

11.15 The Insiders
Meet the unsung heroes behind the scenes.

11.30-12midnight Red Hot News

SCI-FI
ACTION PACK

7.30am Bloomberg 8.00 Sightings 9.00 Buck Rogers in the 25th Century 10.00 Quantum Leap 11.00 Dark Shadows 11.30 Ray Bradbury Theatre 12noon Twilight Zone 1.00pm Tales of the Unexpected 1.30 Tales of the Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00 Buck Rogers in the 25th Century
Satyr
The adventures of an American astronaut transported to the future.

4.00 The Incredible Hulk
Broken Image
Banner is set up as a decoy by a gangster he resembles

5.00 Sightings
Alien Abduction: The Real Story
Extraordinary stories of aliens and UFOs. Presented by Tim White.

6.00 Time Trax
Happy Valley
Darien investigates a housing development where residents are fleeing from their homes.

7.00 Quantum Leap
Trilogy
Sam becomes embroiled in a cycle of violence surrounding a girl who may be a murder witness.

8.00 PSI Factor – Chronicles of the Paranormal
More paranormal investigations from the files of the OSIR.

9.00 Babylon 5
Babylon Squared
When *Babylon 4* reappears after four years in a violent time warp, a rescue team has to evacuate the crew.

10.00 FILM: Downdraft
Vincent Spano, Paul Koslo
Sci-fi adventure set in the near future about the designer of a super computer, who plans to use it to start World War III. Only a maverick secret agent and a Russian computer hacker can stop him. *1996*

12midnight Twin Peaks

1.00am FILM: The Late Nancy Irving
Christina Raines
Drama. *1984*

2.30 The Twilight Zone
A World of His Own

3.00 Dark Shadows

3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

4.00pm Trisha
Talk show rivalling Vanessa.

5.00 Heartbeat
Police drama series set in a Yorkshire village during the Sixties. Starring Nick Berry.

6.00 Wildtrack

6.30 Bedrock
Featuring celebrity guests, and a range of music.

7.30 The Locker
Gabby Yorath presents a fitness and health magazine programme.

8.00 Who, What, Why?
Current affairs programme hosted by John Suchet, which aims to make the news easy to understand.

8.30 Bill Bryson's Notes from a Small Island
Best-selling author Bill Bryson's ode to this green and pleasant land. In this episode he recounts the steps he first took when he arrived in Britain from Des Moines, Iowa in 1973.

9.00 Touching Evil
Drama series about maverick cop Dave Creegan. A group of youngsters are being manipulated through the internet, so Creegan enlists the help of a convicted murderess to track down the man behind their crimes.

11.00 Emmerdale
Tonight's episode from ITV of the soap set in Yorkshire.

11.30 Feature

12.30am-2.00am FILM

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Adult Feature 12.20 The Omar Show 12.45 FILM: Man Bait 1.00 The Five Minute Free View 1.05 FILM continues 2.00 Northern Exposer 2.25 FILM: Secret Lives 3.40 Beatrice 4.10-5.30am FILM: Midnight Woman

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day

12.10am Dungeon Dykes
Lesbian programme.

12.35 Our First Time

1.00 Kinky Clubbers

1.15 Lesbian Fantasies

1.40 FILM: Final Obsession
Crystal Gold, Stephanie Swift
Erotic feature.

2.55 Leather Lovelies

3.10-4.00am Baronesque

Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Secret Obsession
Drama. *1988*

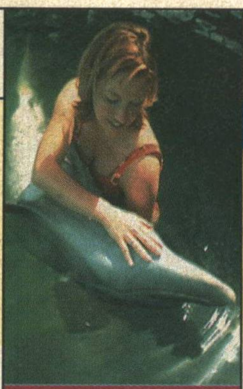
9.25 Cat's Cradle
Short film.

9.40 FILM: The Mosaic Project
Action adventure. *1995*

11.05 Malibu Hardbodies

11.30-12midnight LA Women

Thursday 11 March



Captive dolphin, Stefania, is prepared for life in the ocean in 'The Blue Beyond'. Animal Planet 8.30pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm The Games Room

5.15 Cross Wits Tom O'Connor hosts.

5.45 The Games Room

6.00 Family Fortunes Presented by Les Dennis.

6.30 The Games Room

6.45 Catchphrase Hi-tech quiz hosted by Roy Walker.

7.15 The Games Room

7.25 100 Per Cent Gameshow without a host.

7.55 The Crystal Maze A team of intrepid contestants tackle a series of ingenious games and fiendish challenges in a giant fantasy world.

9.00 The Games Room

9.15 Strike it Lucky With Michael Barrymore.

9.45 The Games Room

10.00 Candid Camera Jokes caught on film.

10.30 Don't Feed the Gondolas Sean Moncrieff hosts the celebrity quiz show.

11.00 Carnal Knowledge The quiz show that rips open the bedroom curtains of the British public. Hosted by Graham Norton.

12midnight Strike it Lucky
12.30am Split Second
1.00 3-2-1
2.00 Love at First Sight
2.30 Studs
3.00 Simply Irresistible
3.30 Blockbusters
4.00 Fifteen to One
4.30 Don't Drink the Water
5.00-6.00am Screenshop

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 Why Files 7.30 Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 The Why Files 9.30 Indecent Proposals 10.00 Agony 10.30 The Fashion Show 11.00 Judge Judy 11.30 Mind Games 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 The Fashion Show 2.00 Judge Judy 2.30 Mind Games

3.00 Agony Moral dilemmas explored and discussed.

3.30 Lie Detector Exposing deception the modern way.

4.00 Indecent Proposals Cash for foolishness.

4.30 Judge Judy The feared American judge with another case.

5.00 Agony Moral dilemmas explored and discussed.

5.30 The Why Files Psychic investigations into the paranormal.

6.00 The Fashion Show The latest fashions.

6.30 Indecent Proposals Cash for foolishness.

7.00 Sport at Seven: Women's Wrestling Spandex-clad grappling as two leotard-wearing Amazons get to grip with one another in the ring.

8.00 The Why Files Psychic investigations into the paranormal.

8.30 Judge Judy Another case for the feared American judge.

9.00 Dog Night L!VE Greyhound racing from the country's top venues, hosted by Stevie Knuckles.

9.30 Dog Night L!VE

9.57 Topless Darts

10.00 Love Street US adult series.

10.30 Exotica Erotica More tales of the erotic imagination.

11.30 Blue Review

11.45 Janeycam

11.57 Topless Darts

12midnight Love Street 12.30am Private Dancer 12.45 Pleasure Dome 1.00 Exotica Erotica 2.00 Orgasmatron 2.15 Painted Ladies 2.30 Love Street 3.00 Agony 3.30 The Why Files 4.00 Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation L!VE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Kitchen College 10.00 Chef for a Day 10.30 First Taste 11.00 Worrall Thompson Cooks 11.30 A Slice of the Action 12noon Network 12.30pm Food Factory 1.00 Kitchen College 1.30 The Green Gourmet 2.00 The Cookshop 2.30 Network
3.00 Scotland's Larder
3.30 A Slice of the Action
4.00 From the Ground Up
4.30-5.00pm
Mridula's Indian Kitchen
Visit the Red Fort restaurant.

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm What's Cooking? Culinary quiz show.

5.30 Gridlock Simon Biagi hosts the fast-paced gameshow.

6.00 London Bridge Convinced that Cliff is Nick's murderer, Lucy plans to leave with Amber.

6.30 Our House With Suzi Becker.

7.00 Boon *Whispering Grass* Boon's Girl Friday Alex falls in love with a man who has just been released from prison. With Michael Elphick.

8.00 Safe and Sound *Near Miss* Comedy with Des McAleer.

8.30 An Inspector Calls *Kitchen Raids*

9.00 St Elsewhere *Blizzard* A raging snowstorm creates multiple problems for the patients and staff of St Eligius. With Ed Flanders.

10.00 Tales from the Hollywood Hills *The Closed Set* A ruthless film star resolves to save her career, no matter what the cost.

11.00 Hill Street Blues Influential Eighties American police drama series set in a tough urban area, with Daniel J Travanti and Veronica Hamel.

12midnight Grown Ups Mel decides she hates her job and wants a baby. Meanwhile, Claire discovers that she is pregnant. With Penny Bunton.

12.30am-1.00am Gridlock Simon Biagi hosts the fast-paced gameshow.

ANIMAL PLANET
WORLD PACK

12noon The New Adventures of Black Beauty

12.30pm Hollywood Safari *Walking the Dog*

1.30 Deadly Australians *Urban* A look at the dangerous wildlife of towns and cities.

2.00 Wildlife ER Helping animals in critical need of attention.

2.30 Human/Nature A report on the battle to preserve the Philippine eagle.

3.30 Harry's Practice A look at the work of vet Harry Cooper in his practice in northern Tasmania.

4.00 Jack Hanna's Zoo Life *Great Smoky Mountains* On the trail of the red wolf.

4.30 Animal Doctor The work of RSPCA vets.

5.00 Pet Rescue With Wendy Turner and Mark Evans.

5.30 Deadly Australians *Arid Environment* The creatures of the interior.

6.00 The New Adventures of Black Beauty Children's drama series.

6.30 Lassie *Day in the Life*

7.00 Rediscovery of the World *The Sea of Cortez: Legacy of Cortez* Jacques Cousteau's team visits Mexico's ocean gulf.

8.00 Animal Doctor A behind-the-scenes look at the work of RSPCA vets.

8.30 The Blue Beyond *My Ocean, My Freedom* A look at the work of a conservation team hoping to free a captive dolphin into the waters of the Bahamas.

9.30 Emergency Vets Stories from Alameda East veterinary hospital.

10.00 Deadly Australians *Urban*

10.30 The Big Animal Show *Animals of Savannah*

11.00 Wild Rescues Celebrating the bond between man and animals.

11.30-12midnight Emergency Vets Helping sick animals.

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am The Day the Universe Changed
7.50 The Great Egg Race
8.30 Vanessa
9.30 Esther
10.00 Vet School
10.30 Lion Country
11.00 Making Babies
12noon State of the Ark
1.00pm Living in the Past
1.30 Living in the Past
2.00 House Traders

3.00 Trust Me, I'm a Doctor Dr Phil Hammond presents a guide to medicine.

3.30 Esther *Happy Pills*

4.00 Vanessa Vanessa Feltz tackles real-life issues with a studio audience.

5.00 Animal Hospital With Rolf Harris and Steve Knight.

5.30 Lion Country The keepers try to catch 13 free-roaming peacocks.

6.00 Search for the Lost Tomb – KV5 The story of archaeologist Kent Weeks's search for one of Egypt's lost tombs in the Valley of the Kings.

7.00 QED – Challenging Children *Crisis in the Classroom* Featuring a pioneering education scheme being tried in Westminster.

8.00 The Fastest Claw in the West Follow the mantis shrimp.

8.30 BG Wildlife Photographer of the Year

9.00 Polar Bear: A Wildlife Special David Attenborough presents a film which uncovers the true nature of the polar bear.

10.00 Island of Dreams *For Better or Worse* The fortunes of British women who fell in love on a Greek island.

11.00 Robot Wars Action-packed gameshow with Jeremy Clarkson.

11.30 Plastic Fantastic *The Rocket in Your Pocket*

12midnight-1.00am Trial Stories Recreating real-life trials.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Health Livetime 7.00 Health Livetime 8.00 E! True Hollywood Story 9.00 More Calories Please 9.30 Gorgeous Gardens 10.00 The View 11.00 Julia Carling's Style Guide 11.30 Rosemary Conley's Low-Fat Cookbook 12noon The Montel Williams Show 1.00pm Food Livetime 2.00 The View

3.00 Food Livetime Interactive magazine which offers viewers the opportunity to put questions to celebrity guests and experts.

4.00 The Montel Williams Show *Wedding Proposals* US chat show hosted by Emmy award-winner Montel Williams.

5.00 Julia Carling's Style Guide

5.30-6.00pm Rosemary Conley's Low-Fat Cookbook

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm The Living Laboratory A look at lemmings.

7.30 Where Roots Endure Visit the Sea Islands.

8.00 The New Chimpanzees Award-winning film travelling across Equatorial Africa to document the behaviour of chimpanzees.

9.00 Extreme Earth: On the Trail of Killer Storms Follow tornado hunters on a pursuit through the American Mid-West.

10.00 On the Edge: Croc People A look at the residents of Darwin as they deal with a population explosion of saltwater crocodiles.

11.00 Visions of the Deep Rarely seen footage.

11.30 The Treasure Island Visit Cocos Island.

12midnight-1.00am Ocean Worlds: Toothwalkers – Giants of the Arctic Ice Travel to the vast expanses of the Arctic to discover more about the walrus, famous for its massive bulk and sabre-like tusks.

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits

9.00 Bytesize MTV The best of MTV.

11.00 brand:new With Zane Lowe.

12noon Mad 4 Hits

2.00pm So 90s Armstrong and Miller dish up a sardonic taste of humour as they introduce the best and the worst music of the decade from mega-hits to one-hit wonders.

3.00 Bytesize MTV

4.00 Select MTV

6.00 Bytesize MTV

7.00 brand:new With Zane Lowe.

8.00 European Top 20

9.00 News Daily Edition

9.30 Say What?

10.00 The Late Lick NEW With Trevor Nelson.

11.00 Mad 4 Hits

12midnight MTV Unplugged with Bryan Adams Music session with the evergreen Canadian rocker.

1.00am The Late Lick With Trevor Nelson.

2.00-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12noon Ten of the Best: Paul McKenna 1.00pm Greatest Hits of... Phil Collins 1.30 Pop-Up Video 2.00 Jukebox 5.00 Five@Five 5.30 Pop-Up Video 6.00 Happy Hour with Clare Grogan 7.00 The Viewers' Top 40 Artists of All Time 11.00 American Classic
12midnight Beach Boys – Endless Harmony Part 2
1.00am VH1 Spice
2.00-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Snow Safari 12.30pm Getaways 1.00 Travel Live 1.30 Brian Turner 2.00 Flavours of Italy 2.30 Travelling Lite 3.00 Beyond My Shore NEW 4.00 Stepping the World 4.30 Journeys Around the World 5.00 Reel World 5.30 Around Britain 6.00 Brian Turner 6.30 On Tour 7.00 Snow Safari 7.30 Getaways 8.00 Travel 8.30 Stepping the World 9.00 Beyond My Shore 10.00 Travelling Lite 10.30 Journeys Around the World 11.00 On Tour 11.30-12midnight Around Britain

UK STYLE
LIFESTYLE PACK

7.00am Fat Man in France 7.30 The DIY Show 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Style Challenge 9.30 Change That 10.00 How Does Your Garden Grow? 11.00 The Terrace 11.30 Changing Rooms 12noon Can't Cook, Won't Cook 12.30pm Style Challenge 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Looking Good 2.30 How Does Your Garden Grow?
3.30 Wilderness Walks
4.00 Travel Show Guides
4.30 Holiday in Style 5.30 Can't Cook, Won't Cook 6.00 The Air Show 6.30 Waterlines 7.00 Travel Show Guides 7.30 Travel Xpress 8.00 Style Challenge 8.30 Change That 9.00 Can Ski... Will Ski! 9.30 Ready, Steady, Cook 10.00 The DIY Show 10.30 Changing Rooms 11.00 Geoff Hamilton – A Man and His Garden
11.30 Growing Places
12midnight Travel Xpress
12.30am-1.00am Travel Show Guides

Thursday 11 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Gourmet 6.30 Graham Kerr 7.00 Room Service 7.30 Painted House 8.00 Wedding Story 8.30 A Baby Story 9.00 Simply Painting 9.30 Gardening Plot 10.00 Global Gardens 10.30 Two's Country 11.00 Diceman 11.30 Rex Hunt 12noon Our House 12.30pm Antiques Trail 1.00 Our House 1.30 Hometime 2.00 Yankee Workshop 2.30 Home Again 3.00 Old House 3.30-4.00pm Charlie West

DISCOVERY
WORLD PACK

4.00pm Rex Hunt's Fishing Adventures
Coolangatta
4.30
A River Somewhere
Yarraki River
5.00 Time Travellers
Caesar's Nightmare: An Ambush in the Forest
5.30 Terra X
The Phantom in the Diamond Mountains
6.00 Wildlife SOS
A rescued Canada goose has its broken leg reset.
6.30 Untamed Africa: Mother Courage
A look at the mother of a family of cheetahs.

7.30 The Quest
Big Foot
Could such a creature really exist?
8.00
Discover Magazine
Cannibalism
This episode explores the disturbing behaviour of cannibalism.
9.00
Science Frontiers
Robots Revenge
The dark side of robotics development and the potential for abuse.
10.00
The Great Egyptians
Cleopatra
Documentary which overturns the classic image of Cleopatra.
11.00
Forensic Detectives
Body Count
Serial killers leave more clues after each murder.
12midnight Invisible Places
World of War
1.00am Terra X
The Phantom in the Diamond Mountains
1.30-2.00am
Time Travellers
Caesar's Nightmare: An Ambush in the Forest

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Blinky Bill 6.00 The Tidings 6.30 Tabaluga 7.00 Scooby Doo 7.30 Dexter's Laboratory 8.00 Looney Tunes 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 The Tidings 10.00 The Magic Roundabout 10.30 The Fruitties 11.00 Tabaluga 11.30 Yo! Yogi 12noon Tom and Jerry 12.30pm Looney Tunes 1.00 Popeye 1.30 The Flintstones 2.00 The Jetsons 2.30 Droopy

3.00 Taz-Mania
Antipodean antics with the angry devil.
3.30 Scooby-Doo
Canine crime busting with Scooby and the gang.
4.00
The Powerpuff Girls
Girl power crime-fighting.
4.30
Dexter's Laboratory
Chemical chaos.
5.00 I am Weasel
Animated antics.
5.30
Cow and Chicken
Trouble and strife with the mismatched siblings.
6.00 Animaniacs
Cartoon mayhem.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock, but they have big hearts.
7.00 Tom and Jerry
Comic antics with the sparring cat and mouse.
7.30 Looney Tunes
Classic cartoon fun from the Looney archives.
8.00
Cartoon Cartoons
The best modern animation.
8.30-9.00pm
Cult Toons

I. R. Baboon is Weasel's enemy in 'I am Weasel'. Cartoon Network 5.00pm

NICKELODEON
FAMILY PACK

6.00am Rocko's Modern Life 6.30 Bruno the Kid 7.00 CatDog 7.30 Rugrats 8.00 The Wild Thornberrys 8.30 Arthur 9.00 Children's BBC 10.00 Wimzie's House 10.30 Papa Beaver Stories 11.00 Magic School Bus 11.30 PB Bear/Budgie/Animal Antics/Family Ness 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas 1.30 Little Bear 2.00 Paddington Bear/ Lizzie's Library/Portland Bill/Mr. Men 2.30 Children's BBC

3.00 Children's BBC on Nickelodeon
Including *Teletubbies*.
3.30 Doug
Doodle the day away with painfully average Doug.
4.00 Three Friends and Jerry
Suburban adolescent antics.
4.30 Rugrats
Fun with the terrible tots.
5.00 Sister Sister
Tia and Tamera and their respective single parents all try to live together.
5.30 Kenan & Kel
Teen comedy.
6.00 Renford Rejects
6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
Stars Jenny McCarthy.
7.30 Grace Under Fire
Don't Ask, Don't Tell
8.00 Ellen
Oh, Sweet Rapture
Audrey buys a new car.
8.30 Spin City
Family Affair
Mike's mother visits.
9.00 Drop the Dead Donkey
Sally's Libel
9.30 Whose Line is it Anyway?
Hosted by Clive Anderson.
10.00 Frasier
I Hate Frasier Crane
10.30 Cheers
How to Marry a Mailman
Cliff gets a call from his girlfriend, who moved away.
11.00 Seinfeld
The Dog
Jerry is asked to dog sit.
11.30 The Larry Sanders Show
Broadcast Nudes
12midnight Late Night with David Letterman
1.00am Taxi
1.30 Frontline
2.00 Dr Katz
2.30 Tibs and Fibs
3.00 Nightstand
3.30-4.00am
Abbott and Costello

FOX KIDS
FAMILY PACK

6.00am Dodo 6.05 Power Rangers Turbo 6.55 Spiderman 7.20 Oggy 7.30 Donkey Kong Country 8.00 Hero Turtles 8.25 Incredible Hulk 8.50 Iron Man 9.15 Fantastic Four 9.40 X-Men 10.05 Casper 10.30 Oggy 10.55 Eek!Stravaganza 11.05 Bobby's World 11.30 Louie 11.55 Home to Rent 12.05pm Dennis and Gnasher 12.30 Donkey Kong 1.00 Mowgli 1.25 Ace Ventura 1.55 Incredible Hulk 2.20 Iron Man 2.45 Fantastic Four

3.10 X-Men
More mutant conflict.
3.30
Fox Kids X-Press
With Roy and Lisa.
3.35 Spiderman
4.00 Goosebumps
A collection of spooky, spine-tingling stories.
4.25 Hero Turtles: The Next Mutation
4.50 Casper
5.00
Dennis and Gnasher
Dennis and Gnasher team up with their pals to take on the adult enemy.
5.30 Ace Ventura
6.00
Donkey Kong Country
6.30 Eek!Stravaganza
6.55-7.00pm Oggy and the Cockroaches

SHOP!
LIFESTYLE/ SELECTION PACKS

12midnight Bargain Shop!
12.30am Shop! Selection
1.30 The Early Years
2.30 Shop! Feature
3.00 Dimanti Designs
4.00 Labels
5.00 Character Collections
6.00 Shop! Selection
7.00 Bargain Shop!
7.30 Jewellery Box
8.30 Branded!
9.30 Good Hair Days
10.00 Beauty Secrets
11.00 In the Kitchen with Susan Brookes
Hints and tips from Susan on the best equipment to make the most of your microwave.
12noon Dress for Less
Working wardrobe ideas for Spring.
1.00pm Bargain Shop!
1.30 Shop! Selection
A roundup of the best offers on Shop!
2.30 Do it Yourself
Top brand workshop equipment.
3.00 Household Solutions
Give your home a real spring clean with the help of our timesaving products.
4.00 The Gold Collection
Jewellery featuring the birthstone aquamarine.
5.00-6.00pm
Shop! Selection

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 24 7.00 News 8.00 News 9.00 News 9.30 The World Today 10.00 News 12noon News 1.30pm UK Today 2.00 News 2.30 World Today 3.00 News 5.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 Face in the Crowd 5.00-6.00am BBC News 24

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am Morning 5.30 Insight 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm Technology 1.30 World Report 2.30 Showbiz Today 3.30 World Sport 4.30 Travel Now 5.00 Larry King 6.45 American Edition 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.30am Showbiz 1.15 Asian Edition 1.30 Q&A 2.00 Larry King 4.15 American Edition 4.30-5.00am World Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise
11.30 Money
12noon Sky News Today
2.30pm Your Call
4.30 Sky World News
5.00 Live at Five
7.30 Sportsline
8.30 Sky Business Report
9.30 Sky World News
10.00 Primetime
12.30am CBS Evening News
1.30 Sky World News
2.30 Sky Business Report
3.30 Fashion TV
4.30 Global Village
5.30-6.00am
CBS Evening News

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal des Journaux 5.30 Télématin 7.00 Journal 7.30 Autant Savoir 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Fiction: Quatre et Demie (2ème Passage) 10.15 Fiction: L'Homme de Suez (3ème Passage) 11.00 Infos 11.05 Voilà Paris 11.30 Journal 12noon Infos 12.05pm Faits Divers 1.00 Journal 1.15 Fiction: Urgence (2ème Passage) 2.15 Fiction: L'Homme de Suez (4ème Passage) 3.00 Journal 3.15 Questions 3.30 Télétourisme 4.00 Infos 4.05 Pyramide 4.30 Questions 5.00 Journal 5.15 Fiction: Urgence (3ème Passage) 6.15 Fiction: L'Homme de Suez (5ème Passage) 7.00 Journal 7.30 Journal 8.00 Infos 8.05 Les Trains: Les Trains de Luxe en Asie 9.00 Journal 9.15 Fiction: L'Inspecteur Lavardin
11.00 Journal
11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL
CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Akhir Kyon 9.00 FILM 11.30 News 12noon Balcony 12.30pm Galatnaama 1.00 Zameen Aasman 1.30 FILM 4.00 Krodpati Fokatlal 4.30 Naquab 5.00 Aashiana 6.00 Dekh Bhai Dekh 6.30 Mumkin 7.00 Zameen Aasman 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Zameen Aasman 12.30am A Mouthful of Sky 1.00 FILM 4.00 Galatnaama 4.30 Balcony 5.00 Agar 6.00 Holy Qur'an 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Hero Kal Aaj Aur Kal 6.30 Awaaz Nayee Andaz Wohi 7.00 Sai Baba 7.30 News 8.00 Karobari Duniya 8.30 Tara-2 9.00 Zanjeeren 9.30 Health 10.00 Drama 11.00 Pot Luck 11.30 Parampara 12noon FILM: Amar Devdas 3.00pm Nokhattrer Rat 3.30 Public Demand 4.00 Akbar Birbal 4.30 Fairdeal Antakshari 5.30 Daraar 6.00 Pop 6.30 Hip Hip Hurray 7.00 Gudgudee 7.30 Cine 8.00 News 8.30 Chahat Aur Nafrat 9.00 Himalaya's Hasratein 10.00 Blunt 2 10.30 X-Zone 11.30 Tera Fun Teri Kahani 12midnight News 12.30am Business 1.00 Bangla 1.30 Parivartan 2.00 FILM: Bekarar 5.00 Mrs Madhuri Dixit 5.30-6.00am Guldasta

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzini 5.00 Light and Life/Dynamic Gospel Ministries 5.30 Scott Webb 6.00 Voice of Faith – Waltar Hallam 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is your Day 8.15 Good Morning Europe 8.30 Potters House 9.00 Another Day of Victory 9.30 Life in the Word 10.00 Rick Joyner 10.30 John Avanzini 10.40 Good Morning Europe 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports every half hour, plus: 2.19am Fund Manager's Corner 3.57 Weather 4.24am Sports

BBC PARLIAMENT
NEWS & SPORT PACK
CABLE EXCLUSIVE

5.30am House of Lords 7.00 Record 7.30 House of Lords 2.30pm House of Commons 11.00 The Record 11.30-12midnight European Focus

SKY SOAP
LIFESTYLE PACK

11.00am
Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm
As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
A meal with a client ends in a reckoning with the police.
3.30-4.00pm
Emmerdale Farm

THE HISTORY CHANNEL
WORLD PACK

4.00pm Clash of Wings
Air Superiority Lost and Won
How the Allies overcame Germany's sophisticated night fighter force.
5.00 Future Weapons
6.00 The Black Death: Bloody Olde England
Appearing in 542 AD, the origins of the deadly plague are unclear.
7.00-8.00pm
History on Trial: The Infamous Dreyfus Affair

SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Sky Destinations
12noon
American Adventurer
12.30pm Around the World
1.00 Earth Journeys
Texas Eco-Attractions
1.30 Was it Good for You?
Dominican Republic
2.00 Heritage Guides
3.00 Around the World
Ibiza and Eilat
3.30-4.00pm Travel Trails
Glasgow

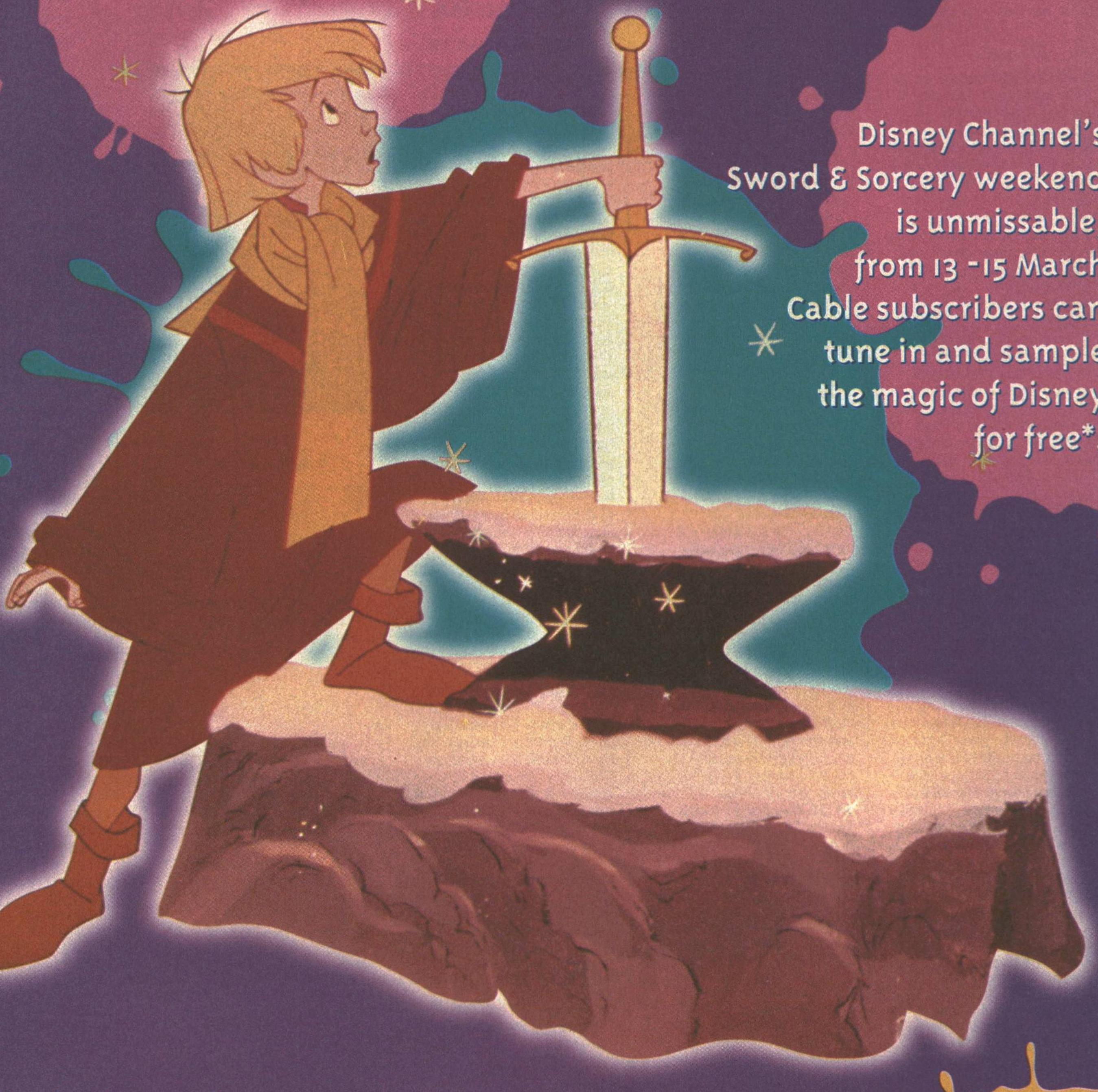
QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is In the Salon with Alison at 4.00pm.

CABLE CHECK
Some of the channels listed may not be available in your area

BIG FREE FOR ALL!
13-15 March

Disney Channel is about to be set free!



Disney Channel's Sword & Sorcery weekend is unmissable; from 13 -15 March Cable subscribers can tune in and sample the magic of Disney for free*.

© Disney

Don't miss the magic.

Tune in to three spellbinding days of classic Disney including, **The Sword in the Stone**, **Bedknobs and Broomsticks**, **A Knight in Camelot** and the brand new series of **Hercules**.

*Cable customers who don't subscribe to Disney Channel can watch for free from 13 to 15 March. Disney Channel is available in the UK and Ireland as a premium bonus channel, free of charge, to subscribers to both Sky's Premium Movie Channels. It is also available as a stand-alone premium channel from participating cable operators. Call your local operator to subscribe.

Disney Channel

Friday 12 March

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

SKY PREMIER

PREMIUM CHANNEL

6.00am A Change of Heart
1997, rating Sky PG, 86 mins

8.00 The Wedding
1997, rating Sky PG, 108 mins

10.00 Carpool
Tom Arnold, David Paymer
Text *1996, rating Sky PG, 86 mins*

12noon Burning Secret
David Eberts, Faye Dunaway
Post-World War I drama. *1988, rating Sky PG, 100 mins*

2.00pm A Change of Heart
Andrew McCarthy, Teri Polo
Moving drama about Keith Lussier, a young man who loses his wife to cancer and then faces a struggle to maintain custody of his three-month-old foster child. *1997, rating Sky PG, 86 mins*

4.00 The Wedding
Halle Berry, Lynn Whitfield, Marianne Jean-Baptiste, Shirley Knight, Eric Thai
Romantic drama. A young bride-to-be finds herself the subject of another man's advances just days before her wedding to a jazz musician her parents disapprove of. Torn between two lovers, which way will she turn? *1997, rating Sky PG, 108 mins*

6.00 Carpool
Tom Arnold, David Paymer, Rhea Perlman, Rod Steiger
Comedy about an impatient advertising executive who reluctantly takes over carpool duties from his ill wife. When he stops off to buy pastries for his passengers in a bid to keep them quiet, he and the kids are taken hostage. Text *1996, rating Sky PG, 86 mins*

8.00
Star Trek: First Contact
Patrick Stewart, Jonathan Frakes, Levar Burton
Sci-fi adventure. Captain Jean-Luc Picard and his crew roll into action when the deadly Borgs, a group of cybernetically enhanced aliens, hatch a plan to travel back in time to post-World War III earth. Text *1996, rating Sky 12, 106 mins*

10.00 Dante's Peak
Pierce Brosnan, Linda Hamilton
Disaster movie. Harry Dalton is a volcanologist who has been predicting that the long-dormant mountain next to a village, Dante's Peak, is about to erupt. But locals prove resistant to his theories. Text *1997, rating Sky 12, 104 mins*

11.50 The Spitfire Grill
Ellen Burstyn, Alison Elliott
Touching drama. Text *1996, rating Sky 12, 112 mins*

1.50am Dead Again
Kenneth Branagh
Reincarnation thriller. *1991, rating Sky 15, 104 mins*

3.40-6.00am The Big Man
Liam Neeson, Billy Connolly
1990, rating Sky 18, 111 mins

SKY MOVIEMAX

PREMIUM CHANNEL

7.00am Shepherd on the Rock
1995, rating Sky PG, 95 mins

9.00 Gus
Ed Asner, Tim Conway
1976, rating Sky U, 93 mins

11.00 They Won't Believe Me
Robert Young, Rita Johnson
1947, rating Sky PG, 91 mins

1.00pm Shepherd on the Rock
Doug Bradley, Oliver Parker
Scottish drama. *1995, rating Sky PG, 95 mins*

3.00 Gus
Ed Asner, Tim Conway, Tom Bosley, Harold Gould, Don Knotts, Gary Grimes
Family drama about a flailing football team which recruits Gus the mule to help them out of the rut. Despite the outrage from other players, Gus helps his team all the way to the championships. *1976, rating Sky U, 93 mins*

5.00 Damnation Alley
Jan-Michael Vincent, George Peppard, Paul Winfield, Dominique Sanda, Kip Niven, Jackie Earle Haley
Sci-fi adventure in which a handful of survivors trek across a desolate nuclear wasteland in a desperate attempt to find some remaining fragments of the modern world. *1977, rating Sky PG, 87 mins*

7.00 P:review
Take a sneak peek at what's coming up on Sky.

7.30 UK Top Ten
Counting down the UK's current top ten box office movies.

8.00 Femmes Fatales: Sharon Stone
Profile of the sultry star of *Basic Instinct* and *Casino*.

8.30 Movie Magic: Body Building

9.00 187
Samuel L Jackson, John Heard
PREMIERE Drama. A teacher in New York transfers to LA after surviving a near-fatal stabbing by a student. Things couldn't get worse though, when he realises the pupils are more unruly in the new school. Yet he is determined to use extreme measureS to uphold discipline. Text *1997, rating Sky 15, 114 mins*

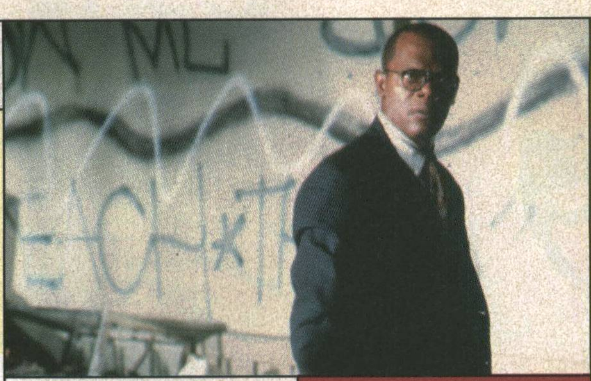
11.00 Murder at 1600
Wesley Snipes, Diane Lane
Action thriller about a homicide detective who investigates a murder at the White House. Text *1997, rating Sky 15, 102 mins*

12.50am Shadow Conspiracy
Charlie Sheen, Donald Sutherland
Text *1997, rating Sky 15, 98 mins*

2.35 The Silence of the Hams
1993, rating Sky 15, 78 mins

4.00 Midnight Crossing
1988, rating Sky 18, 93 mins

5.40-7.15am Damnation Alley
1977, rating Sky PG, 87 mins



Samuel L Jackson plays a teacher in crisis in the premiere of '187'. Sky MovieMax 9.00pm

SKY CINEMA

PREMIUM CHANNEL

4.00pm Buck Privates
Bud Abbott, Lou Costello, Lee Bowman, Alan Curtis, Jane Frazee, Alan Curtis
Abbott and Costello comedy. Our heroes play unsuccessful salesmen who find themselves unwittingly joining the Army in order to escape a jail sentence. However, they then meet a very determined cop. *1941, rating Sky U, 81 mins*

6.00 The Desperate Hours
Humphrey Bogart, Fredric March, Arthur Kennedy, Martha Scott, Gig Young
Thrilling portrayal of real life events, in which a family endures a tense hostage situation when it is terrorised by a trio of escaped convicts. Based on John Hayes's novel and the Broadway play. *1955, rating Sky PG, 108 mins*

8.00 Honkytonk Man
Clint Eastwood, Kyle Eastwood, John McIntire, Alexa Kenin, Verna Bloom, Matt Clark
Drama about the ups and downs of a dying country and western singer during the Great Depression, who arrives in Nashville with his nephew and grandfather in tow for an all-or-nothing audition. Text *1982, rating Sky 15, 118 mins*

10.00
The French Connection
Gene Hackman, Fernando Rey, Roy Scheider, Marcel Bozzuffi
Thriller in which a New York detective almost single-handedly puts a stop to an illicit drugs operation in his home town. *1971, rating Sky 18, 99 mins*

11.45
French Connection II
Gene Hackman, Fernando Rey
John Frankehneimer's thriller. *1975, rating Sky 18, 109 mins*

1.40am The Rainbow
Sammi Davis, Paul McGann
Adaptation of a DH Lawrence's novel. *1988, rating Sky 15, 107 mins*

3.35-5.00am
The Hound of the Baskervilles
1939, rating Sky PG, 76 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

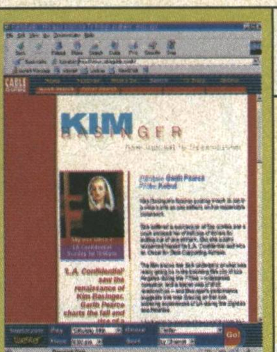
FAMILY PACK

9.00pm WCW Nitro
The latest wrestling action from the US.

11.35 WCW Thunder
WCW wrestling action from the US.

1.15am
The Fearless Vampire Killers
Jack MacGowran, Roman Polanski, Alfie Bass, Jessie Robins
Horror set in a small village in Transylvania. Widescreen *1967*

3.15-5.00am The Karate Killers
Robert Vaughn, David McCallum
Spy adventure. *1967, 89 mins*



KIM BASINGER

'L.A. Confidential' saw the renaissance of Kim Basinger. Garth Pearce charts the fall and

Want to know what Humphrey Bogart movies are on this month? Our new online TV listings guide will tell you!
http://www.cableguide.co.uk

FILMFOUR

ADD-ON CHANNEL

6.00pm Short Attention Span Cinema
A selection of short films.

8.00 Cabaret
Liza Minelli, Michael York, Helmut Lang, Joel Grey
Oscar-winning musical about the life of Kit Kat Club singer Sally Bowles, who falls in love with Brian in pre-World War II Berlin. But as their story in the hedonistic city unfolds, the Nazi advance continues. Songs include *Money Makes the World Go Round*. *1972, 123 mins*

10.10 Scanners
Jennifer O'Neill, Patrick McGoohan, Stephen Lack
David Cronenberg's special-effects based horror. An underground movement plans to dominate the world by using scanners – people who have great psychic powers, strong enough to control minds and exploit them for evil ends. *1980, 98 mins*

12midnight Rabid
Marilyn Chambers
Horror. *1976, 87 mins*

1.35am Pierrot-le-Fou
Jean-Paul Belmondo, Anna Karina
French drama. Widescreen *1965, 105 mins*

3.30-6.00am French Kiss
Comedy. *1995, 106 mins*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
FIRESTORM
Action adventure. A team of firefighters parachute into a blazing forest to combat an inferno which started during a prison breakout. Stars Howie Long and Suzy Amis. *1997, rating Sky 15, 85 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
FALLEN
Supernatural thriller in which a detective is both hunting and hunted by an evil spirit demon which inhabits human bodies. Stars Denzel Washington and John Goodman. *1997, rating Sky 15, 120 mins*
PLAYS AT 6.00am, 8.30am, 6.30pm, 9.00pm

Sky Box Office 3
Channel 53
FLUBBER
Children's comedy about an absent-minded professor. Stars Robin Williams. *1997, rating Sky U, 90 mins*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 4
Channel 54
DOUBLE TEAM
Action thriller. When his son is kidnapped, an anti-terrorist agent teams up with an arms dealer to get him back. Starring Dennis Rodman and Jean-Claude Van Damme. *1997, rating Sky 18, 90 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions. Customers with a Videoway set-top-box must view all events on Channel 50.

Friday 12 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula
7.30
The Chris Evans Breakfast Show
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You
Till Death Do Us Part Text
1.30 Jeopardy
2.00 Sally Jessy Raphael

3.00 Jenny Jones
I Want My Teen's Freaky Gear Outta Here
Parents beg Jenny to change their teenagers' images with conservative makeovers.

4.00 Guilty!
The crimes and misdemeanours committed by friends, lovers, families and colleagues. Carole Malone presents the cases.

5.00 Star Trek: Voyager
Investigations
Neelix hears a rumour that a fellow crew member has expressed displeasure and requested leave. Text

6.00 Guilty!
You're a Sleazy Stripper
Presented by Carole Malone

6.30 Friends
The One without the Ski Trip
Chandler's feeling blue. Text

7.00 The Simpsons
All Singing, All Dancing
Musical highlights. Text

7.30 The Simpsons
D'oh in the Wind
Homer becomes a hippie. Text

8.00 Beat the Crusher
Swindon plays host to Freddy, Melinda and the crusher in this episode of the outrageous gameshow in which contestants risk losing their own cars.

9.00
Really Caught in the Act 6
NEW Amazing real-life footage of men and women carrying out crimes caught by street cameras from all over the world.

10.00 Cops
Virginia Beach
Police officers respond to an attempted rape. Text

10.30 Cops
More real-life drama. Text

11.00 Friends
The One without the Ski Trip
Chandler's feeling blue. Text

11.30 Star Trek: Voyager
Investigations
Neelix hears a rumour that a fellow crew member has expressed displeasure and requested leave. Text

12.30am The Commish
Cry Wolf
A con artist offers to help Tony solve the theft of some gold coins.

1.30-7.00am Long Play
A VJ-free music zone.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads 7.30
Neighbours 7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 When the Boat Comes in
10.30 Rhoda
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Dallas
2.55 The Bill
The Same Stripe – Part I
A good deed misfires badly.

3.25 The Bill
The Same Stripe – Part II
An informer disappears.

3.55 EastEnders
The police need Eddie's help to nail the Mitchells.

4.30 Rhoda
Bump in the Night
A burglar is stalking Rhoda because she might identify him.

5.00 All Creatures Great and Small
Two of a Kind
Siegfried prides himself on his first-hand knowledge while treating a dog for a weak heart.

6.00 Dynasty
Danny
Sammy Jo tells Krystle and Blake why she has brought her son to Denver, while Alexis continues her affair with Mark.

7.00
Ever Decreasing Circles
Sitcom about domestic disharmony in suburbia.

7.40 Dad's Army
Come in, Your Time is up
Mainwaring's bumbling team attempt to bring ashore a German aircraft crew.

8.20 The Brittas Empire
Mr Brittas Falls in Love
Sitcom with Chris Barrie.

9.00 The Thin Blue Line
Court in the Act
Fowler prepares his force for the rigours of cross-examination.

9.40
Harry Enfield and Chums
Kevin the Teenager falls ill.

10.20
Ruby Wax Meets... Bill Cosby and Fran Drescher
Ruby visits New York and Los Angeles.

11.00 The Bill
The Same Stripe – Part I
A good deed misfires badly.

11.30 The Bill
The Same Stripe – Part II
An informer disappears.

12midnight Dr Who
Time Meddler
The Tardis materialises in Hastings in 1066.

1.45-3.00am Blake's Seven
Seek Locate Destroy
Blake plans to steal the message decoder from a top security installation.

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 The Heat is On
12.10pm Animal Rescue
12.40 Rescue 911
1.10 Special Babies
1.40 Beyond Belief: Fact or Fiction
Anthology mystery series.
2.10 Side Effects
Life at an inner-city walk-in health clinic. With Albert Schultz.

3.10 Living Room
Upbeat and humorous magazine programme, featuring human interest stories, celebrities, fashion and beauty.

4.00 Michael Cole
No-holds-barred talk show in which the one-time director of public affairs for Harrods tackles sensational subjects.

4.50 Rolonda
I'm Stuck in the Middle of a Bad Relationship
Audience participation talk show from America, hosted by Rolonda Watts.

5.40 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes.

6.15
The Jerry Springer Show
Outrageous American talk show.

7.05 Rescue 911
William Shatner presents the stories of real-life rescues.

7.35 Animal Rescue
Helping animals in distress.

8.10 Maury Povich
Talk show in which the veteran American broadcaster tackles sensitive issues in a discreet manner.

9.00 FILM:
A Kidnapping in the Family
Kate Jackson, Tracey Gold
Drama in which a family is torn apart when a young woman is accused of cult worship and child abuse by her own mother. When her son vanishes without a trace along with her mother, she vows not to rest until the boy is safely home again. *1996*

11.00-12midnight
The Sex Files II
Yawning
Kevin Day reviews pornographic magazines and acrobatic male stripper Stephen Kane performs.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 Holding the Fort 7.30 The Odd Couple 8.00 Hallelujah 8.30 The Many Wives of Patrick 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Upstairs, Downstairs 11.00 The Gentle Touch 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 The Many Wives of Patrick 1.30 Me and My Girl 2.00 Upstairs, Downstairs

3.00 The Love Boat
Help, Murder
A married couple enjoy getting away from their kids for the first time, and bartender Isaac falls head-over-heels in love.

4.00 The Professionals
In the Public Interest
Bodie and Doyle are hunted men after they investigate why a city's crime rate has mysteriously fallen. With Lewis Collins.

5.00 Hart to Hart
Pandora Has Wings
Jennifer races to save Jonathan, who is serving as radar operator aboard a fighter jet rigged by a saboteur to explode.

6.00 Emmerdale
Kate and Joe talk openly about their feelings at last.

6.30
Classic Coronation Street
Len finally agrees to move.

7.00 The Professionals
Rogue
Bodie and Doyle find the dead bodies of two key witnesses in the trial of a long-suspected drug smuggler. With Lewis Collins.

8.00 The Benny Hill Show
Comedy icon Benny Hill in a series of hilarious sketches, featuring a host of quirky characters, guest stars and a bevy of beauties.

9.00 The Sweeney
Stoppo Driver

10.00
The Brian Conley Show

10.30-11.00pm
Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Talking Dirty
Presented by Kathy Lloyd.

11.20 Centrefolds
Modelling adventures.

11.50 Lord Lust's Lovelies
More aristocratic shenanigans.

12midnight Football Feva
Football series which looks at all aspects of the game.

1.00am The Best of the Tube
Madonna's first appearance on British TV.

1.30-2.00am
Elvis has Just Left the Building
Pop music quiz show.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof 8.25 Classic Toons 8.45 Winnie 9.00 Spot 9.05 Animal Shelf 9.15 Dragons 9.30 Bear 9.55 Toothbrush 10.00 Bite Size 10.10 Rosie and Jim 10.30 Big Garage 10.45 PB and J Otter 11.00 Sesame Street 12noon Spot 12.05pm Animal Shelf 12.15 Dragons 12.30 Bear 12.55 Toothbrush 1.00 Bite Size 1.10 Rosie and Jim 1.30 Big Garage 1.45 PB and J Otter 2.00 Winnie 2.30 Quack Pack

3.00 The Little Mermaid
The charming adventures of the beautiful mermaid. Text

3.30 Art Attack
Innovative art show hosted by Neil Buchanan. Text

4.00 101 Dalmatians
Canine capers. Text

4.30
Hercules: The TV Show
Hercules and the King of Thessaly Text

5.00 Recess
Fourth grade fun. Text

5.15 Pepper Ann
Cool teen adventures. Text

5.30 Smart Guy
Lab Rats Text

6.00 Teen Angel
Date with An Angel
Marty keeps Steve's heart from being broken. Text

6.30 Boy Meets World
Donna Karan Text

7.00 FILM: Brink!
Erik Von Detton, Sam Horrigan
Drama. Brink, a young man who skates for the love of it, is lured to a rival team. He gets a chance for fame and glory, but soon he must decide whether it's worth it. *1998* Text

8.30 Honey, I Shrunk the Kids: The TV Show
Honey, You're Living in the Past
Nick relives his own birth. Text

9.00 Double Dinosaurs
Stone Age sitcom using puppet animation featuring the Sinclairs family, dad, Earl; mum, Fran; kids, Robbie, Charlene and Baby; and grandma, Ethyl. Text

10.00 Home Improvement

10.30 The Wonder Years
Grandpa's Car Text

11.00-12midnight
Touched by an Angel Text

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

FRIDAY CONTINUES OVERLEAF...

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

CABLE CHOICE

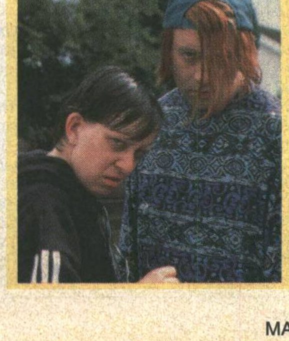
FILM

187
Sky MovieMax 9.00pm
Samuel L Jackson stars in this premiere as a dedicated New York high school teacher who fails one of his students and becomes the victim of a violent attack. He is left emotionally and physically scarred but returns to teaching, only to find himself in the same hostile situation.

GENERAL

Really Caught in the Act 6
Sky One 9.00pm
The latest in this series, supplied by camera footage from private detectives and security companies, is just as bizarre as ever. See the two stupid vandals who destroy the phone in a lift and then panic when the lift gets stuck and they realise they've destroyed their only lifeline.

ADVERTISEMENT



HARRY ENFIELD AND CHUMS 9.40PM
UK GOLD
Messers Enfield, Whitehouse and friends serve up a feast of character comedy. Check out some new characters and the old favourites – Smashie and Nicey, The Slobs and Kevin the Teenager.

Friday 12 March

6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

7.30am Golf
8.30 Biathlon
10.00 Ski Jumping
11.15 Racing Line
11.45 Biathlon – LIVE
12.30pm Nordic Combined Skiing
12.50 Biathlon – LIVE
1.30 Snowboard
Action from the FIS World Cup in Kreischberg, Austria.
2.00 Tennis
Further coverage of the ATP Tour's Mercedes Super 9 Tournament in Indian Wells, USA.

4.00 Biathlon
Action from the World Cup in Holmenkollen, Norway.

5.00
Alpine Skiing – LIVE
Coverage of the women's night slalom event at the World Cup in Sierra Nevada, Spain.

6.00 Tennis – LIVE
Coverage of the ATP Tour's Mercedes Super 9 Tournament in Indian Wells, USA.

8.00
Alpine Skiing – LIVE
Coverage of the second leg of the women's night slalom at the World Cup.
8.45 Tennis – LIVE
Further coverage of the ATP Tour's Mercedes Super 9 Tournament in Indian Wells, USA.

10.00 Tennis – LIVE
Action from the semi-finals of the WTA Tournament in Indian Wells, USA.

11.30-12.30am
Equestrianism
Coverage of the freestyle dressage to music qualifier in the FEI World Cup Series in Paris-Bercy.

SKY SPORTS 1
PREMIUM CHANNEL

6.30am Futures in Sport
7.00 Sky Sports Centre
7.15 WWF – Superstars
8.15 You're On Sky Sports!
9.00 Racing News 9.30 Aerobics Oz Style 10.00 Boxing: Big Fight Countdown 10.30 Spanish Football *Repeat from Thursday* **12noon Aerobics Oz Style 12.30pm Boxing: Big Fight Countdown 1.00 Euro Tour Golf: Turespaña Masters – LIVE**
Action from day two of the Turespaña Masters.

5.00 Futbol Mundial
The show for the true football fan.
5.30 What a Weekend
A preview of another action-packed weekend.

6.00
Sky Sports Centre
Catch up with all the very latest sporting events as and when they happen.

7.00 Boxing: Big Fight Countdown
The countdown to the fight between Evander Holyfield and Lennox Lewis.
7.30 Euro Tour Golf: Turespaña Masters
Highlights from the second day's play in the Turespaña Masters.

10.00
Sky Sports Centre
Catch up with news and views from the most comprehensive sports service on television.
11.00 Boxing: Big Fight Countdown
Countdown to the clash of the heavyweight giants.
11.30
Hold the Back Page

12.30am Sky Sports Centre
Featuring major headlines from the world of sport.
1.30 World Wrestling Federation – Raw
3.30 Sky Sports Centre
4.30-6.00am
Friday Night Football: Football League Match

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style
7.30 Sky Sports Centre
7.45 Racing News
8.15 What a Weekend
8.45 Sky Sports Centre
9.00 Tight Lines
10.00 Ford Golf USA: Honda Classic
12noon The Rugby Club
1.00pm Ice Hockey: Superleague Play-Off
Presented by Dominik Holyer. *Repeat from Thursday*

3.30 Boxing: Big Fight Countdown
The countdown to the clash of boxing giants Holyfield and Lewis.

4.00
Trans World Sport
In-depth news and information reporting on everything from the normal to the downright bizarre.

5.00 The Rugby Club
Mark Durden-Smith, Stuart Barnes and Dewi Morris present the most comprehensive rugby show on television.

6.00 Moto-Plus
Motoring mayhem for those who like to live life in the fast lane.
6.30 Extreme Sailing
Revealing the most daring seafarers in action, risking life and limb.
7.30 International Football: England Under-15s v Ireland Under-15s – LIVE
International football action featuring possible stars of the future.

9.30 Boxing: Big Fight Countdown
10.00 Ford Golf USA: Honda Classic
More action from this year's Honda Classic, which takes place at Coral Springs, Florida.

12midnight Cycling: Tour of Malaysia 12.30am International Football: England Under-15s v Republic of Ireland Under-15s 2.30 Sky Sports Centre 3.30 Ford Golf USA: Honda Classic 5.30-6.00am Extreme Sailing

SKY SPORTS 3
PREMIUM CHANNEL

11.30am Futures in Sport
The show that prepares ex-professionals in sports business and management.
12noon Trans World Sport
Foray into sports news.
1.00pm Fish TV: Tight Lines
2.00
Bobby Charlton's Football Scrapbook: Andy Gray
Sky Sports pundit Andy Gray joins presenters Bobby Charlton and Dickie Davies.

3.30
Survival of the Fittest
An examination of both the physical and mental strengths of athletes.

4.00 Football League Review
A blow-by-blow account of all the recent Nationwide League action, including every goal scored.

5.00 Gillette World Sport Special
With David Jensen.
5.30 Fastrax
A unique blend of news, profiles and lifestyle.

6.00 Cycling: Tour of Malaysia
Top-class cycling action.
6.30 Inside the Senior PGA Tour
Behind the scenes.
7.00 Max Power
Touring cars, single seaters, road racing and off road events are packed together in a weekly dose of truly international action.

8.00 World Wide Rugby: Super 12s
Action from the rugby union's Super 12s Tournament involving clubs from Australia, South Africa and New Zealand.

10.00-12midnight
World Wrestling Federation – Raw
Jim Ross, Kevin Kelly and Michael Cole report on the latest action from the World Wrestling Federation circuit.

For a full rundown of all the live sport on Cable TV, BBC1, BBC2, ITV, Channel 4 and Channel 5, visit Cable Guide's new online programme guide. http://www.cableguide.co.uk

MUTV
ADD-ON CHANNEL

6.00pm Game On
6.15 The Insiders
Meet the unsung heroes behind the scenes.
6.30 Kids Clinic
With David Healy.
7.00 Red Hot News Special
Featuring pre-match news.
7.30 The Boss
7.45 What the Players Say
8.00 Super Match – Vintage Reds: Manchester United v Manchester City
Footage from 1982.
8.55 Red Hot Update
9.00 Red Replays
A review of the week inside Old Trafford, including news of transfers and an insight into the players themselves.
10.00 Red Legends
Norman Whiteside talks to ex-Man United player Bryan Robson.
10.30
Wild About United
11.00 The Boss
11.15 What the Players Say
11.30-12midnight
Red Hot News Special

SCI-FI
ACTION PACK

7.30am Bloomberg Information Television 8.00 Sightings 9.00 Battlestar Galactica 10.00 Quantum Leap 11.00 Dark Shadows 11.30 The Ray Bradbury Theatre 12noon The Twilight Zone 1.00pm Tales of the Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00
Battlestar Galactica
Experiment in Terra
Apollo is recruited by a heavenly being to rescue some mortals.

4.00
The Incredible Hulk
Proof Positive
Jack McGee's obsession with finding the Hulk takes a severe setback.

5.00 Sightings
Alien Abduction: The Real Story
Extraordinary real-life stories involving luck, superstition and UFOs.

6.00 The Ray Bradbury Theatre
The Happiness Machine
6.30
New Alfred Hitchcock
There Was a Little Girl
7.00 Quantum Leap
Trilogy
Sam Beckett becomes embroiled in a terrifying cycle of violence surrounding a young girl.

8.00 Amazing Stories
Mirror, Mirror
Horror novelist Jordan Manmouth is terrorised by a phantom.
8.30 Highlander: The Raven
Birthright
Amanda breaks into an auction house.
9.30 The Hunger
Plain Brown Envelope
10.00
FILM: Demon House
Amelia Kinkade, Patricia Rodriguez, Kris Holdenreid
Horror about a group of teenagers who seek refuge in an empty funeral home following the apparent shooting of a police officer. *1996*
11.35
Sci-Focus Special

12midnight
FILM: Megazone 23
Sci-fi thriller. *1985*
1.45am Sci-Focus Special
2.00 The Guyver
Haunted Village
2.30 100 Years of Horror
3.00 Dark Shadows
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

4.00pm Trisha
The most popular talk show on TV.
5.00
Don't Try This at Home!
Davina McCall present a show in which ordinary people are challenged to perform dangerous acts.
6.00 Comin 'Atcha
Comedy series featuring girl band Cleopatra.
6.30 Bedrock
Celebrity guests and music.
7.30 Futbol Mundial
All the latest news and action from the world of football.
8.00 The Mix
A weekly rundown of charts, gossip and interviews, presented by Shovell of pop group M People.
9.00 New Jerry Springer
Controversial American talk show in which the host and his guests engage in lively debate about relationship issues.
9.45 Words With
Celebrities relate anecdotes based on words given to them.
10.00 The Uninvited
Four-part science fiction chiller. Blake and Melissa find an ally in a top scientist prepared to back up their claims on TV.
11.00 Coronation Street
Tonight's episode from ITV.
11.30 Feature
12.30am-2.00am FILM

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Sex Fest 12.20 Adult Feature 12.45 FILM: Naked Ambition 2.00 Five Minute Free View 2.05 ...Malone 2.30 FILM Fantasy Chamber 3.00 Five Minute Free View 3.05 FILM: continues 3.40 Camilla 4.10-5.30am FILM: Bat Babe

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day
12.10am Biker Annie
12.35 Kinky Clubbers
12.55 FILM: Waterbabies 3
Erotic feature film.
2.05 Electric Blue
Erotic magazine.
2.35-4.00am
FILM: The Nightshift
Christina West, Jill Kelly
Erotic feature film

Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm
FILM: Bleeding Hearts
Elliot Gould, Karen Kirkland
Drama about a failed writer who gets dumped.
9.30
FILM: When Tomorrow Hits
Lawrence Monoson
Action drama.
11.00-12midnight
Electric Blue

Gloria Estefan's remarkable rise to fame is the subject of 'Behind the Music'. VH1 4.00pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Cross Wits
Hosted by Tom O'Connor.
5.45
The Games Room
6.00 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.30
The Games Room
6.45 Catchphrase
7.15
The Games Room
7.25 100 Per Cent
General knowledge quiz show without a host.
7.55
The Crystal Maze
Intrepid contestants tackle a series of ingenious games and fiendish challenges in a giant fantasy world.
9.00
The Games Room
9.15 Strike it Lucky
Madcap gameshow.
9.45
The Games Room
10.00 Candid Camera
Exposing more gullible members of the public.
10.30
Karaoke Challenge
From Brighton.
11.00 Carnal Knowledge
The quiz show that rips open the bedroom curtains of the British public to reveal their sexy secrets.

12midnight Strike it Lucky 12.30am Split Second 1.00 Candid Camera 1.30 Keyhole 2.00 Love at First Sight 2.30 Studs 3.00 Simply Irresistible 3.30 Blockbusters 4.00 Fifteen to One 4.30 Don't Drink the Water 5.00-6.00am Shopping with Screenshop

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 The Why Files 7.30 The Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 The Why Files 9.30 Indecent Proposals 10.00 Agony 10.30 The Fashion Show 11.00 Judge Judy 11.30 Mind Games 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 The Fashion Show 2.00 Judge Judy 2.30 Mind Games

3.00 Agony
More much needed relationship advice.
3.30 Lie Detector
Uncovering deception using modern methods.
4.00 Indecent Proposals
Cash for foolishness.
4.30 Judge Judy
Courtroom disputes settled by the esteemed judge.
5.00 Agony
Relationship advice for troubled souls.
5.30 The Why Files
Psychic investigators into the weird and wonderful.
6.00
The Fashion Show
What's hip to wear, and how to wear it.
6.30
Indecent Proposals
7.00 Sport at Seven: Bangers and Smash
Stock car racing hosted by Louise Brady.
8.00 The Why Files
Weird and spooky stories from around the world.
8.30 Judge Judy
The feared American judge with another case.
9.00 Sport at Nine: Dog Night L!VE
More action from the greyhound tracks.
9.57 Topless Darts
Shapely dart throwing.
10.00 Love Street
American erotic series.
10.30 Exotica Erotica
Adult entertainment to dazzle the senses.
11.30 Orgasmatron
11.45 Painted Ladies
11.57pm Topless Darts

12midnight Love Street 12.30am Private Dancer 12.45 Pleasure Dome 1.00 Exotica Erotica 2.00 Blue Review 2.15 Janeycam 2.30 Love Street 3.00 Agony 3.30 The Why Files 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation L!VE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Kitchen College 10.00 The Cookshop 10.30 First Taste 11.00 Worrall Thompson 11.30 A Slice of the Action 12noon Network 12.30pm French Lunch 1.00 Kitchen College 1.30 Passion for Flavour 2.00 Can't Stand the Heat 2.30 Food Network 3.00 Food Factory 3.30 A Slice of the Action 4.00 New Chefs on The Block 4.30-5.00pm Perfect Pasta with Aldo Zilli

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show presented by Bill Dodd.
5.30 Gridlock
Fast-paced gameshow.
6.00 London Bridge
Kim tries to understand why Lucy has run away.
6.30 Our House
Lifestyle series presented by Suzi Becker.
7.00 Boon
A Shot in the Dark
Harry falls hopelessly in love with a woman he meets at a fair, but his boasting lands him in trouble.
8.00 Blue Heelers
Reality Bites
Australian drama series about a police force in a country town.
9.00 Love Hurts
Time to Go Home
Frank is unable to understand how important the Ethiopian project is to Tessa.
10.00
The Good Sex Guide
Making the Earth Move
Guests discuss the key to a woman's climax.
10.30 The Screen
11.00
Hill Street Blues
Eighties American police drama series starring Daniel J Travanti and Veronica Hamel.

12midnight Grown Ups
Jim and Claire disagree about the prospect of another baby.
12.30am Gridlock
Hosted by Simon Biagi.
1.00-2.00am
The Last Place on Earth
Gentlemen and Players
Starring Martin Shaw.

ANIMAL PLANET
WORLD PACK

12noon The New Adventures of Black Beauty
12.30pm Hollywood Safari
Dinosaur Bones
1.30 Deadly Australians
Arid Environment
2.00 Wild Rescues
Celebrating the bond between humans and animals.
2.30 Human/Nature
Olivia Newton-John visits a sanctuary for retired circus animals.

3.30 Harry's Practice
Harry pays some surprise house calls on unsuspecting pet owners around Australia.
4.00
Jack Hanna's Zoo Life
Bringing Up Baby
See a lynx kitten and penguin chicks.
4.30 Animal Doctor
5.00 Pet Rescue
Follow the fortunes of rescued animals.
5.30 Deadly Australians
See Australia's giant squid and a giant octopus.
6.00
The New Adventures of Black Beauty
6.30 Lassie
Cats Out of the Bag
Lassie saves some kittens.
7.00 Rediscovery of the World
Marquesas Islands: Mountains from the Sea
The team encounters the proud Marquesas people.
8.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
8.30 Animal X
How can a dog possess powers to hypnotise?
9.00 Ocean Wilds
Ningaloo
Watch corals fill the sea en masse with eggs and sperm.
9.30 Emergency Vets
Animal rescue stories.
10.00 Lions – Finding Freedom
A look at how free-ranging lions are becoming one of Africa's rarest wildlife groups.
11.00 Vet School
Follow veterinary students from Cambridge University.
11.30-12midnight Emergency Vets
Stories from Alameda East veterinary hospital.

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am The Day the Universe Changed
7.50 The Great Egg Race
8.30 Vanessa
9.30 Esther
10.00 Vet School
10.30 Lion Country
11.00 Making Babies
12noon State of the Ark
1.00pm Living in the Past
2.00 The Garden
Reviving a council estate.

3.00 Trust Me, I'm a Doctor
A guide to what does and does not work in medicine.
3.30 Esther
Bizarre Eating Habits
4.00 Vanessa
Real-life issues with a studio audience.
5.00 Animal Hospital
Catch up with the action at the busy 24-hour RSPCA Harmsworth Hospital.
5.30 Lion Country
Presented by Paul Heiney.
6.00 The True Story of the Roman Arena
A reconstruction of the brutal world of Rome's Colosseum, where cruelty was an art form.
7.00 QED – Challenging Children
Gifted Children
A series about the pressures of raising children in Nineties Britain.
8.00
Baboons Rule OK
Wildlife on UK Horizons
8.30 BG Wildlife Photographer of the Year
9.00
Cheetahs and Cubs in a Land of Lions
The story of a cheetah struggling to bring up her cubs in the Serengeti.
10.00 Holiday Reps
Caroline's flatmate tries to find her a boyfriend.
10.30 Hotel Update
Another visit to the Adelphi hotel in Liverpool.
11.00 Top Gear GTi
A specially extended edition of the show featuring extra information, interviews and a range of consumer tips.

12midnight-1.00am
Tomorrow's World Plus
Includes reports about the future of science and technology, and glimpses into the archives.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Food Livetime 7.00 Food Livetime 8.00 E! True Hollywood Story 9.00 The Psychic Zone 9.30 Healthbeat 10.00 The View 11.00 Roddy Llewellyn's Indoor Garden 11.30 More Calories Please 12noon The Montel Williams Show 1.00pm Psychic Livetime 2.00 The View

3.00
Astrology Livetime
Interactive magazine programme which offers viewers the opportunity to put questions to experts.
4.00 The Montel Williams Show
Stories of Sexual Abuse
US chat show presented by Emmy award-winner Montel Williams.
5.00
Roddy Llewellyn's Indoor Garden
5.30-6.00pm
The Psychic Zone

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm The War of Wings and Tongues
How frogs and dragonflies live side by side.
7.30 Fire Bombers
Controlling wild fires.
8.00 The Shark Files: The Smile of the Shark
Watch divers feed sharks by hand in an attempt to learn more about these dangerous beasts.
9.00 Friday Night Wild: Sea Turtle
Travel underwater on the back of a sea turtle for 4,000 kilometres through the Mediterranean.
10.00
Monkeys of Hanuman
The arid sandstone cliffs of north-western India are a stronghold for langur monkeys.
11.00 Koalas in My Backyard
Meet the people who look after native Australian wildlife that is threatened by suburban sprawl.

12midnight-1.00am
Kyonaing's Elephant
Burma is the only country in the world where the government still employs a great number of elephants to work in the forests to collect precious wood.

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits
9.00 Bytesize MTV
11.00 brand:new
12noon Mad 4 Hits
2.00pm The MTV Dancefloor Chart Show
3.00 Bytesize MTV
4.00 Select MTV
6.00 News Weekend Edition
Don't miss all the weekly music and celebrity juice.
6.30 UK Singled Out
The wackiest dating show the world has ever seen.
7.00 brand:new
8.00 The MTV Dancefloor Chart Show
June Sarpong presents the latest and hottest dance sounds around.
9.00 MTV Megamix
10.00 News Weekend Edition
10.30 UK Singled Out
11.00 The Grind Double Bill
12midnight Partyzone
1.00am News Weekend Edition
1.30 UK Singled Out
2.00 Club Mix
3.00 MTV Megamix
4.00 Partyzone
5.00-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12noon Ten of the Best: Human League 1.00pm Greatest Hits of... Aerosmith NEW 1.30 Pop-Up Video 2.00 Jukebox 4.00 Behind the Music 5.00 Five@Five 5.30 Pop-Up Video 6.00 Something for the Weekend 7.00 Greatest Hits of... The Movies 7.30 Talk Music 8.00 Ed Sullivan's Rock 'n' Roll Classics 8.30 Party Hits 9.00 Kate and Jono 10.00 Ten of Best: Cleo Roccos NEW 11.00 VH1 Spice 12midnight Friday Rock Show 2.00am-6.00am Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Snow Safari 12.30pm Ribbons of Steel 1.00 Travel Live 1.30 Gatherings 2.00 Flavours of Italy 2.30 Journeys Around the World 3.00 On Top of the World 4.00 Go 2 4.30 Wildest Africa 5.00 Ribbons of Steel 5.30 Snow Safari 6.00 Gatherings 6.30 On Tour 7.00 Fat Man Goes Cajun 8.00 Holiday Maker 8.15 Holiday Maker 8.30 Go 2 9.00 On Top of the World 10.00 Journeys Around the World 10.30 On the Loose in Wildest Africa 11.00 On Tour 11.30-12midnight Reel World

UK STYLE
LIFESTYLE PACK

7.00am Fat Man in France 7.30 The Terrace 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Style Challenge 9.30 Change That 10.00 Holiday in Style 11.00 The Air Show 11.30 The DIY Show 12noon Can't Cook, Won't Cook 12.30pm Style Challenge 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Rick Stein's Taste of the Sea 2.30 Growing Places 3.00 An Englishwoman's Garden 3.30 Wilderness Walks 4.00 Tales from the Riverbank 4.30 Travels with Pevsner 5.30 Can't Cook, Won't Cook 6.00 Tales from the Riverbank 6.30 The Face 7.00 The House Detectives 7.30 Ready, Steady, Cook 8.00 Style Challenge 8.30 Change That 9.00 Gardeners' World 9.30 How Does Your Garden Grow?
10.30
Stefan's Garden Roadshow
11.00 Gardening from Scratch
11.30 Can Ski... Will Ski!
12midnight-1.00am
Our Man in... Lagos

Friday 12 March

DISCOVERY HOME & LEISURE
WORLD PACK

6.00 AM MORNING 6.00am Today's Gourmet 6.30 Graham Kerr 7.00 Room 7.30 Painted House 8.00 Wedding Story 8.30 A Baby Story 9.00 Simply Painting 9.30 Gardening Plot 10.00 Global Gardens 10.30 Two's Country 11.00 Diceman 11.30 Rex Hunt 12noon Our House 12.30pm Antiques Trail 1.00 Our House 1.30 Hometime 2.00 Yankee Workshop 2.30 Home Again 3.00 Old House 3.30-4.00pm Charlie West

3.00 PM

DISCOVERY
WORLD PACK

4.00 PM **4.00pm Rex Hunt's Fishing Adventures**
Gerringong
4.30
A River Somewhere
Yarraki River
5.00 PM **5.00 Time Travellers**
The Search for the Neanderthal
5.30 Terra X
The Mallorca Conspiracy
Unsolved mysteries.
6.00 PM **6.00 Wildlife SOS**
Documentary about the work of a wildlife sanctuary.
6.30 Untamed Africa
Hunger and Desire: Wild Discovery
7.00 PM Two male leopards impose a reign of terror on the plain.
7.30 The Quest
Surviving in Space
Will we ever travel to the outer reaches of the galaxy?
8.00 PM **8.00**
Outback Adventures
Troy travels to the remote group of Pelleu islands.
8.30 Uncharted Africa
Mahale
9.00 PM **9.00 Test Pilots**
Spin Doctors
Joining a Navy test pilot as he practises regaining control of a fighter jet that has spun out-of-control.
10.00 PM **10.00**
The Great Egyptians
Tutankhamun
Examining the short life and perplexing death of the boy king Tutankhamun,
11.00 PM **11.00 Weapons of War**
Kreigsmarine – The Forgotten Service
German naval architects laid plans for the best naval force in the world.
12.00 NIGHT TIME **12midnight**
Pinochet and Allende – Anatomy of a Coup
1.00am Terra X
The Mallorca Conspiracy
1.30-2.00am
Time Travellers
The Search for the Neanderthal

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Blinky Bill 6.00 The Tidings 6.30 Tabaluga 7.00 Scooby Doo 7.30 Dexter's Laboratory 8.00 Looney Tunes 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 The Tidings 10.00 The Magic Roundabout 10.30 The Fruitties 11.00 Tabaluga 11.30 Yo! Yogi 12noon Tom and Jerry 12.30pm Looney Tunes 1.00 Popeye 1.30 The Flintstones 2.00 The Jetsons 2.30 Droopy

3.00 Taz-Mania
Antipodean antics and devilish doings.
3.30 Scooby-Doo
Canine crime-busting with Scooby and the gang.
4.00
The Powerpuff Girls
Girl power crime fighting.
4.30
Dexter's Laboratory
Chemical chaos.
5.00 I am Weasel
Animated antics.
5.30
Cow and Chicken
More chaos with the mismatched siblings.
6.00 Animaniacs
Cartoon mayhem.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock – but they have big hearts.
7.00 Tom and Jerry
Comic antics with the sparring cat and mouse.
7.30 Looney Tunes
Classic cartoon capers with the Looney gang.
8.00
Cartoon Cartoons
The best modern animation.
8.30-9.00pm
Cult Toons

Michael Palin stars in the medieval satire 'Jabberwocky'. Paramount Comedy Channel 10.00pm

NICKELODEON
FAMILY PACK

6.00am Rocko's Modern Life 6.30 Bruno the Kid 7.00 CatDog 7.30 Rugrats 8.00 The Wild Thornberrys 8.30 Arthur 9.00 Children's BBC 10.00 Wimzie's House 10.30 Papa Beaver Stories 11.00 The Magic School Bus 11.30 PB Bear/Budgie the Little Helicopter/Animal Antics/Family Ness 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Little Bear Stories 2.00 Paddington Bear/Lizzie's Library/Portland Bill/Mr. Men 2.30 Children's BBC

3.00 Children's BBC on Nickelodeon
Including *Teletubbies.*
3.30 Doug
Doodle the day away with painfully average Doug.
4.00 Three Friends... and Jerry
Suburban adolescent antics.
4.30 Rugrats
Fun with the terrible tots.
5.00 Sister Sister
Tia and Tamera and their respective single parents all try to live together.
5.30 Kenan & Kel
Teen comedy.
6.00 Renford Rejects
6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
Stars Jenny McCarthy.
7.30 Grace Under Fire
A River Runs Through Him
8.00 Ellen
Witness
8.30 Spin City
Family Affair
The mayor is photographed with a prostitute.
9.00 Drop the Dead Donkey
Lady Merchant
9.30 Whose Line is it Anyway?
Hosted by Clive Anderson.
10.00
FILM: Jabberwocky
Michael Palin, Max Wall, Harry H Corbett, Deborah Fallender, John Le Mesurier, Annette Badland
Terry Gilliam's Pythonesque medieval satire in which a young, errant peasant infiltrates a royal court and gets into all kinds of scrapes. *1977*
12midnight Late Night with David Letterman
1.00am Taxi
1.30 Frontline
2.00 Dr Katz
2.30 Tibs and Fibs
3.00 Nightstand
3.30-4.00am
Abbott and Costello

FOX KIDS
FAMILY PACK

6.00am Dodo 6.05 Power Rangers Turbo 6.55 Spiderman 7.20 Oggy 7.30 Donkey Kong 8.00 Hero Turtles 8.25 Incredible Hulk 8.50 Iron Man 9.15 Fantastic Four 9.40 X-Men 10.05 Casper 10.30 Oggy 10.55 Eek!Stravaganza 11.05 Bobby's World 11.30 Life with Louie 11.55 Home to Rent 12.05pm Dennis 12.30 Donkey Kong 1.00 Mowgli 1.25 Ace Ventura 1.55 Incredible Hulk 2.20 Iron Man 2.45 Fantastic Four

3.10 X-Men
3.30
Fox Kids X-Press
With Roy and Lisa.
3.35 Spiderman
Crime-fighting action.
4.00 Goosebumps
A collection of spooky, spine-tingling stories.
4.25 Hero Turtles: The Next Mutation
4.50 Casper
5.00
Dennis and Gnasher
Dennis and Gnasher team up with their pals to take on the adult enemy.
5.30 Ace Ventura
6.00
Donkey Kong Country
6.30 Eek!Stravaganza
6.55-7.00pm Oggy and the Cockroaches

SHOP!
LIFESTYLE/ SELECTION PACKS

12midnight Bargain Shop!
12.30am Shop! Selection
1.30 Dress for Less
2.30 Good Hair Days
3.00 The Gold Collection
4.00 Beauty Secrets
5.00 Household Solutions
6.00 Shop! Selection
7.00 Bargain Shop!
7.30 Dimanti Designs
8.30 Labels
9.30 Travel Bag
10.00 Junior Choice
11.00 Silversmith
12noon On the High Street
Featuring Spring fashion from high street store Dorothy Perkins.
1.00pm Bargain Shop!
More special offers.
1.30 Shop! Selection
A roundup of the best offers on Shop!
2.30 Good Hair Days
To celebrate Mother's Day, one mother gets a professional hair makeover.
3.00 Feel Good Factor
Bharti Vyas, beauty consultant to the stars, presents her own range.
4.00 Cook's Den
Latest looks for stylish kitchens.
5.00-6.00pm
Shop! Selection
A roundup of the best offers on Shop!

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 7.00 News 8.00 News 9.00 News 9.30 World Today 10.00 News 12noon News 1.00pm News 1.30 UK Today 2.00 News 2.30 World 3.00 News 4.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Seven Days 1.00 News 2.30 Simpson's World 3.00 News 3.30 Science 4.00 News 4.30 Reporters 5.00 News 5.30-6.00am Straight Talk

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am Morning 5.30 Insight 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm Earth 1.15 Asian Edition 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Inside Europe 5.00 Larry King 6.45 American Edition 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business Today 10.30 World Sport 11.00 World View 11.30 Moneyline 12.30am Showbiz Today 1.30 Q&A 2.00 Larry King Live 3.00 7 Days 4.30-5.00am World Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise
11.30 Money
12noon Sky News Today
2.30pm Your Call
4.30 Sky World News
5.00 Live at Five
7.30 Sportsline
8.30 Sky Business Report
9.30 Sky World News
10.00 Primetime
12.30am CBS Evening News
1.30 Sky World News
2.30 Sky Business Report
3.30 Week in Review
4.30 Fashion TV
5.30-6.00am
CBS Evening News

INTERNATIONAL

TV5 5.00am Journal Télévisé 5.15 Journal 5.30 Télématin 7.00 Journal 7.30 D 8.00 TV5 Infos 8.05 Zig Zag Café 9.00 Journal Télévisé TV5 9.15 Fiction: L'Inspecteur Lavardin 11.00 Infos 11.05 Voilà Paris 11.30 Journal Télévisé 12noon Infos 12.05pm Faut pas Rêver 1.00 Journal Télévisé 1.15 Fiction: L'Inspecteur Lavardin 3.00 Journal Télévisé 3.15 Questions 3.30 Les Carnets du Bourlingueurs 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal Télévisé 5.15 Fiction: L'Inspecteur Lavardin 7.00 Journal 7.30 Journal Télévisé de France 8.00 Infos
8.05 Comment Ca Va ?
9.00 Journal Télévise TV5
9.15 D'un Monde a l'Autre
11.00 Journal Télévisé Suisse
11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Holy Qur'an
9.00 FILM 11.30 News
12noon Lifeline 12.30pm Daal Mein Kala 1.00 Swabimaan 1.30 FILM 4.00 Akbar Birbal 4.30 Paranda 5.30 Chidi Ka Ghulam 6.00 Tiger 6.30 Aur Aap 7.00 Swabimaan 7.30 News 8.00 A Mouthful of Sky 8.30 Aarzoo 9.00 FILM 11.30 News 12midnight Edit
12.30am Asianet Aur Aap
1.00 FILM
4.00 A Mouthful of Sky
4.30 Swabimaan
5.00 BPL Oye Countdown
6.00 Akbar Birbal
6.30 News
7.00-7.30am Mehfil

ZEE TV
ADD-ON CHANNEL

6.00am Sorry Meri Lorry 6.30 Mast Must Show 7.00 Faith: Muslim 7.30 News 8.00 World 8.30 Tara 9.00 Adhikar 10.00 Yeh Zindagi 11.00 Zaike Ka Safar 11.30 Parampara 12noon FILM: Triveni 3.00pm Bangla TV – Nokhattrer Rat 3.30 It's My Choice 4.00 Akbar Birbal 4.30 Zee Zone 5.30 Amanat 6.00 Artist of the Fortnight 6.30 Showcase 7.00 Chasme Baddoor 7.30 Entertainment Express 8.00 News 8.30 Aashirwad 9.00 FILM: Ajay 12midnight News 12.30am Ru-Ba-Ru 1.00 X-Zone 2.00 FILM: Aadmi 5.00 Filmi Baatein 5.30-6.00am All Time Hits

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 River of Life 4.30 Let the Fire Burn 5.00 Chronicles of Reviival 5.30 Paul Scanlon
6.00
Good News – Rick Renner
6.30 Changing Your World
7.00
Believer's Voice of Victory
7.30 Kidz TV
7.45 This is Your Day – Benny Hinn
8.15 Good Morning Europe
8.30 The Messenger – John Bevere
9.00 Another Day of Victory
9.30 Life in the Word – Joyce Meyer
10.00 In Times Like These
10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports every half hour: 2.19am Boarding Pass 4.10 Clips 4.45am Clarke's Chronicle

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am Select Committees 7.00 The Record 7.30 Select Committees 3.00pm House of Lords 11.00 The Record 11.30-12midnight Straight Talk

SKY SOAP
LIFESTYLE PACK

11.00am
Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm
As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
Sandie's pregnancy is causing problems with Phil.
3.30-4.00pm
Emmerdale Farm

THE HISTORY CHANNEL
WORLD PACK

4.00pm Clash of Wings
True Airpower
Looks at the atomic bomb.
5.00 Forensic Science
Looks at new technology in trapping criminals.
6.00 Camelot: Bloody Olde England
In search of King Arthur.
7.00-8.00pm History on Trial: Salem Witch Trials
NEW Examines the hysteria which swept Salem Village in Massachusetts in 1692.

SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Sky Destinations
12noon
American Adventurer
12.30pm Around the World
1.00
Travels with Chuck Henry
1.30
Great Houses of Europe
2.00 Heritage Guides
3.00 Around the World
3.30-4.00pm
Sky Destinations
Maldives

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 5.00pm.

CABLE CHECK
Some of the channels listed may not be available in your area

SECTION 3 SATURDAY 13TH MARCH – FRIDAY 19TH MARCH

CAN THE SAINTS PERFORM A MIRACLE?

The season got off to a bad start for Dave Jones's Southampton, who travel to the Cellnet Riverside Stadium this week to take on Bryan Robson's Middlesbrough. The team conceded 16 goals in their first five games, losing a depressing 5-0 to Premiership newcomers Charlton Athletic in their second match. For the most part, things have been pretty bleak for the Saints ever since and they have struggled to remove themselves from the danger of the relegation zone. Luck has been against them but they have battled bravely and, though the players have appeared increasingly despondent, they are still capable of summoning the sort of do-or-die spirit that resulted in the team's shock 3-0 win against top league heavyweights Leeds. The home side, meanwhile, have lacked the necessary spark to lift themselves above the mid-table position – they'll need to tighten up a somewhat hesitant defence if they are to prevent former Chelsea hero, the 34-year-old forward Mark Hughes (pictured), or determined Norwegian striker Egil Ostenstad from ploughing through.

PONY
SANDERSON

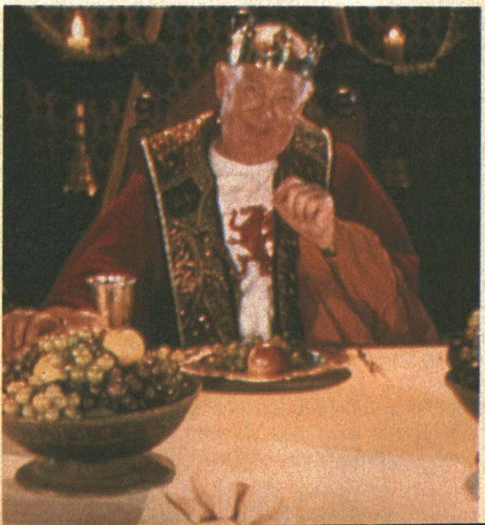
Sky Sports 1 Sunday 14th 3.00pm – LIVE

GRIN AND BARE IT

The film that captured the hearts of audiences around the world, and went on to claim *Four Weddings and a Funeral*'s title of the most successful British film of all time, makes its bow on Sky Premier screens this week. Director Peter Cattaneo's infectious feel-good smash *The Full Monty* tells the story of a motley group of unemployed Sheffield steelworkers who hit upon a novel money-making plan – they form a stripping troupe that will dare to go all the way and bare all. The sympathetic characters are brilliantly brought to life by a fine ensemble that's headed by *Trainspotting*'s Robert Carlyle. While outrageously bawdy humour is the order of the day, the film boasts many moments of affecting poignancy, which derive largely from the friends' acutely observed struggles to maintain their self-worth. The gritty Northern locales, which are photographed with affection by John de Borman (who also works in a more magical context this month in the Sky Premier debut of *Photographing Fairies*), seem to encourage the earthy humour of the film and it is a testament to Catteneo and his players' deep compassion for the characters that an inspirational comedy could arise out of such seemingly bleak situations. While the film received Oscar nominations for best picture, best director, and best original screenplay, it went home with just a single statuette for Anne Dudley's wistful, harmonica-driven original score, which jostled for position on the soundtrack with a collection of rousing pop tunes that, ironically, are remembered with much more fondness: *You Sexy Thing* kick-started a mini renaissance for slick Seventies soulsters Hot Chocolate, Tom Jones's *You Can Leave Your Hat On* enhanced the sweaty, raunchy atmosphere of the climactic night club sequence, while disco diva Donna Summer's high-energy hit *Hot Stuff* accompanied the film's funniest scene – the classic dole queue dance.

Sky Premier Saturday 13th 10.00pm

● *The Full Monty*'s lone Academy Award earns it a place in Sky Premier's Oscar Winners season, which plays throughout the week as part of the channel's build up to its live coverage of the 71st Oscar ceremony. Highlights also include the alien invasion epic *Independence Day* (Monday 15th 8.00pm), which took home a statuette for its dazzling, state-of-the-art effects, and Brian De Palma's period mob movie *The Untouchables* (Monday 15th 10.25pm), which benefits from Sean Connery's award-winning supporting turn as a grizzled Irish cop-turned-gangster hunter. There's another chance to marvel at Michael Douglas's Oscar-scooping study in ruthlessness in *Wall Street* (Tuesday 16th 8.00pm), while representing the Best Actress recipients are Frances McDormand, who garnered a gong for her incarnation of a pregnant police chief in the snowbound shaggy dog story *Fargo* (Wednesday 17th 10.20pm), and Jodie Foster in the rape revenge drama *The Accused* (Thursday 18th 10.40pm). But weighing in with the most metal is the lyrical epic *The English Patient* (Friday 19th 10.00pm), which swept the 1996 awards ceremony to pick up a whopping nine Oscars, including those for best picture, best director, best cinematography and best score.



DISNEY MAKES A FREE WEEKEND OF IT

With its mix of beguiling movies and fantastic programmes, Disney Channel always succeeds in providing maximum enjoyment to its viewers. Now to allow everyone to sample Disney's magic, the channel is broadcasting unencrypted for a whole weekend. Among the highlights are the enchanting time-travel adventure *A Kid in King Arthur's Court*, starring a pre-superstardom Kate Winslet, while *Labyrinth* is a captivating fantasy that showcases the puppeteering mastery of the late Jim Henson and benefits from the acting and singing talents of David Bowie. The wacky Whoopi Goldberg headlines *A Knight in Camelot*, while *Doug* and *Hercules* are also hawking their wares.

Disney Channel Saturday 13th-Monday 15th

Saturday 13 March

SKY PREMIER
PREMIUM CHANNEL

6.00 AM **6.00am The Stone Boy**
1984, rating Sky PG, 88 mins
8.00 Tom and Huck
MORNING *Brad Renfro, Jonathan Taylor*
1995, rating Sky PG, 88 mins
10.00 It Takes Two
Kirstie Alley, Steve Guttenberg
1995, rating Sky U, 97 mins
12noon Hello Again
Shelley Long, Judith Ivey
1987, rating Sky PG, 92 mins
2.00pm The Stone Boy
Robert Duvall, Glenn Close, Jason
3.00 PM *Presson, Frederic Forest, Gail*
Young, Cindy Fisher, Dean Cain
Drama about a family of farmers
whose lives are turned upside
down by a tragic event. *1984,*
rating Sky PG, 88 mins
4.00 PM **4.00 Tom and Huck**
Brad Renfro, Jonathan
Taylor Thomas, Eric Schweig,
Charles Rocket
A darker version of a Mark
Twain classic in which two
5.00 PM mischievous boys embark on a
series of adventures, including a
terrifying encounter with the
murderous Injun Joe. *1995,*
rating Sky PG, 88 mins
5.45 It Takes Two
6.00 PM *Kirstie Alley, Steve Guttenberg,*
Mary-Kate Olsen, Ashley Olsen,
Philip Bosco
Family comedy inspired by the
classic tale *The Prince and the*
Pauper. An unlikely couple are
7.00 PM brought together by two
conspiring, identical looking girls
from very different walks of life.
1995, rating Sky U, 97 mins
7.30 P:review
A look at forthcoming shows.
8.00 PM **8.00 Fierce Creatures**
John Cleese, Jamie Lee Curtis,
Kevin Kline, Michael Palin
Slapstick comedy. To raise the
profits of a flagging zoo, the
director decides to replace all
9.00 PM the cute and fluffy animals with
fierce, man-eating, violent
creatures. However, the zoo
keepers rebel and stage a
fun-filled revolution. Text *1997,*
rating Sky 12, 89 mins
10.00 PM **10.00 The Full Monty**
Robert Carlyle, Tom Wilkinson,
Mark Addy, Paul Barber
PREMIERE Comedy drama. The
worldwide smash hit about a
group of unemployed Sheffield
11.00 PM men who turn to stripping to
make ends meet. Text *1997,*
rating Sky 15, 88 mins
11.35 Mistrial
Bill Pullman, Robert Loggia
Tense drama in which a whole
12.00 courtroom is held hostage. *1996,*
rating Sky 15, 88 mins
NIGHT TIME **1.10am Moll Flanders**
Robin Wright, Morgan Freeman
Classic drama. Text *1996,*
rating Sky 12, DS, 118 mins
3.15-5.00am Rough Magic
Bridget Fonda, Russell Crowe
1995, rating Sky 12, 100 mins

SKY MOVIEMAX
PREMIUM CHANNEL

7.15am
Femmes Fatales: Kim Basinger
7.45 Action Heroes: John Travolta
8.15 Movie Magic: Down and Out
9.00 Guinevere
1993, rating Sky PG, 87 mins
11.00 The Associate
Whoopi Goldberg, Dianne Wiest
Text *1996, rating Sky PG, 109 mins*
1.00pm Femmes Fatales
1.30 Action Heroes: John Travolta
2.15 Movie Magic: Down and Out

3.00 Guinevere
Sheryl Lee, Noah Wyle, Sean Patrick Flannery
Modern version of the legend of King Arthur. Queen Guinevere is caught between her love for King Arthur and the dashing Sir Lancelot. But when Arthur is captured, and Camelot is threatened, she devotes all her energies to the call of her country. *1993, rating Sky PG, 87 mins*

5.00
The Way to Dusty Death
Linda Hamilton, Simon MacCorkindale, Uwe Ochsenknecht
Action adventure in which a jaded alcoholic ex-car racing champion finds himself enmeshed in a diamond smuggling plot and joins forces with a beautiful ex-KGB agent. *1995, rating Sky PG, 113 mins*

7.00 The Associate
Whoopi Goldberg, Dianne Wiest, Eli Wallach, Tim Daly
Comedy in which a bright businesswoman is frustrated by the male domination of her work environment. To overcome the sexism, she invents a male business partner but runs into difficulty when she can't keep him secret for long. Text *1996, rating Sky PG, 109 mins*

9.00 Biloxi Blues
Matthew Broderick, Christopher Walken, Matt Mulhern, Corey Parker, Casey Siemaszko
Neil Simon's comedy drama. An aspiring young writer leaves home for the first time and is forced to survive the rigours of basic training at a boot camp in Biloxi, where he meets Epstein, a quiet subversive. *1988, rating Sky 15, DS, 102 mins*

11.00 Broken English
Aleksandra Vijcic
PREMIERE Emotional drama about racial conflicts amongst families in New Zealand. *1996, rating Sky 18, 88 mins*

12.40am Coupe De Ville
Patrick Dempsey, Arye Gross
Witty road movie. *1991, 94 mins*
2.25 Purple Rain
Prince, Apollonia Kotero
1984, rating Sky 15, 107 mins
4.15-6.15am
The Way to Dusty Death
1995, rating Sky PG, 113 mins

SKY CINEMA
PREMIUM CHANNEL

11.00am
One Hundred Men and a Girl
Deanna Durbin, Adolphe Menjou
Musical comedy. *1937, rating Sky U, 81 mins*

12.30pm Flesh and Fury
Tony Curtis, Jan Sterling, Mona Freeman, Wallace Ford
Boxing drama about a deaf fighter who battles against adversity. *1952, rating Sky PG, 79 mins*

2.00 The Dark Avenger
Errol Flynn, Joanne Dru, Patrick Holt, Peter Finch, Christopher Lee
Latter-day Flynne swashbuckler about a royal-blooded swordsmaster who battles anyone who threatens the British empire. *1955, 85 mins*

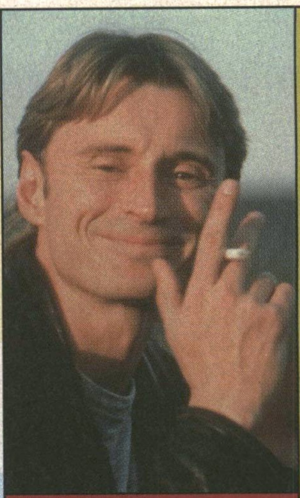
4.00 No Way Out
Richard Widmark, Linda Darnell, Stephen McNally, Sidney Poitier, Ruby Dee, Ossie Davis.
Drama about a black doctor who finds himself the subject of a racist witch-hunt when the brother of a petty, bigotted hoodlum dies while in his care. *1950, rating Sky PG, 80 mins*

6.00 Chuka
Rod Taylor, Ernest Borgnine, Louis Hayward, John Mills
Western in which a drifting gunslinger enters a Southwestern fort and immediately becomes embroiled with its commander. He tries to promote peace between the Indians attacking the fort and the undisciplined soldiers. *1967, rating Sky PG, 101 mins*

8.00
The Flying Leathernecks
John Wayne, Robert Ryan, Janis Carter, Jay C Flippen, Don Taylor, William Harrigan
World War II action drama in which two American officers clash over their fundamentally differing approaches to the treatment of their soldiers. *1951, rating Sky PG, 98 mins*

10.00 The Hustler
Paul Newman, Jackie Gleason, George C Scott, Piper Laurie
Acclaimed drama about a hot-shot young pool hustler and his intense rivalry with the low-life king of the pool halls. The naive, but talented hustler achieves a level of notoriety on the scene, but his winning streak takes a turn for the worse. *1961, rating Sky PG, 129 mins*

12.15am Cruising
Al Pacino, Paul Sorvino
Thriller. *1980, rating Sky 18, 96 mins*
2.00 The Big Steal
Robert Mitchum, Jane Greer
1949, rating Sky PG, 68 mins
3.15 Clint Eastwood
3.45-5.20am Tight Spot
Ginger Rogers, Edward G Robinson
1955, rating Sky PG, 92 mins



Robert Carlyle stars in the premiere of 'The Full Monty'. Sky Premier 10.00pm

MOVIE RATINGS

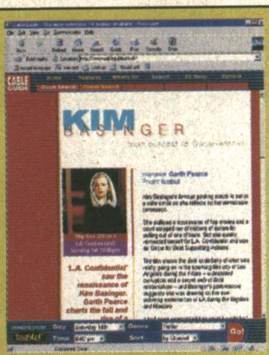
Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm The Outfit
Robert Duvall, Karen Black, Joe Don Baker, Robert Ryan, Timothy Carey, Richard Jaeckel
Thriller. An ex-con takes on the Mafia to avenge the killing of his brother, with whom he raided a bank – unaware that it was run by the mob. He systematically works his way closer to a showdown with the chief. *1973, 99 mins*

11.00 Wild Rovers
William Holden, Ryan O' Neal
Western. An ageing cowhand and his young sidekick decide to rob a bank to put the sparkle and dignity back in their lives. Widescreen *1971, 125 mins*

1.30am Zabriskie Point
Mark Frechette, Daria Halprin
Drama. A young man goes on the run when accused of murdering a poilceman. *1970, 112 mins*
3.30-5.00am
Children of the Damned
Sci-fi chiller. *1964, 86 mins*



'L.A. Confidential' saw the renaissance of Kim Basinger. Garth Pearce charts the fall and

Want to know what Whoopi Goldberg movies are on this month? Our new online TV listings guide will tell you!
http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm
Monster from Green Hell
Jim Davis, Robert Griffin
Fifties sci-fi drama. Wasps are sent into space as part of an experiment, and end up in Africa as giant mutations. *1957, rating PG, 67 mins*

7.10 Macross Plus
Japanese animation set in the near future on Eden, the first planet colonised by mankind.

8.00 Malcolm X
Denzel Washington, Angela Bassett, Albert hall, Delroy Lindo
Spike Lee's engrossing and controversial biopic of the revolutionary American black leader Malcolm X, tracing his transformation from street hustler to prison inmate to religious convert, and his ascension to national leadership preaching the words of Elijah Muhammad. *1992, rating 15, 193 mins*

11.20 Panther
Kadeem Hardison, Marcus Chong
A fictional look at the rise of the Black Panthers movement in America in the late Sixties. The film shows the disaffection of the black population at the time, as well as the FBI-fuelled white fear of the movement. *1995, rating 15, 118 mins*

1.25am W.R. – Mysteries of the Organism
Mileana Dravic, Jagoda Kaloper
1971, rating 18, 80 mins
2.50 The Cincinnati Kid
Steve McQueen, Ann-Margret
1965, rating PG, 97 mins
4.35-6.00am Godzilla Raids Again
Horror. *1955, rating PG, 82 mins*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
FIRESTORM
Action adventure. Firefighters parachute into a forest to fight an inferno which a convict started. With Howie Long. *1997, rating Sky 15, 85 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
FALLEN
Supernatural thriller in which a detective hunts a demon. Stars Denzel Washington *1997, rating Sky 15, 120 mins*
PLAYS AT 6.00am, 8.30am, 6.30pm, 9.00pm

Sky Box Office 3
Channel 53
FLUBBER
Chaotic children's comedy starring Robin Williams and Wil Wheaton. *1997, rating Sky U, 90 mins*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm

BOXING: EVANDER HOLYFIELD V LENNOX LEWIS
Heavyweight champion of the world Lennox Lewis, holder of the WBC title, meets Evander Holyfield, WBA and IBF champion at Madison Square Gardens.
PLAYS AT 10.00pm

Sky Box Office 4
Channel 54
DOUBLE TEAM
Action thriller. An anti-terrorist agent tries to get his son back. Stars Dennis Rodman and Jean-Claude Van Damme. *1997, rating Sky 18, 90 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions. Customers with a Videoway set-top-box must view all events on Channel 50.

Saturday 13 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am What-a-Mess 7.30 Superhuman Samurai Syber Squad 8.00 The Adventures of Sinbad 9.00 The Simpsons Text **9.30 Garfield and Friends 10.00 The Best of the Chris Evans Breakfast Show 11.00 WWF – Live Wire 12noon WWF – Shotgun 1.00pm Adventures of Superman 2.00 America's Dumbest Criminals 2.30 America's Dumbest Criminals**

3.00 Guilty!
Bernard is charged with being the most selfish man in Britain by his wife Sue. Plus, Roly is accused by his ex-wife Diane of being an out of control grandad.

4.00 Star Trek: Deep Space Nine
Crossfire
Odo's hidden feelings for Kira interfere with his duty to protect the Bajoran First Minister. Text

5.00 Star Trek: Voyager
Deadlock
Voyager, while attempting to evade pursuing Viidian vessels, enters a plasma cloud. Starring Kate Mulgrew. Text

6.00
Xena: Warrior Princess
The Key to the Kingdom
Autolycus, Joxer and a Xena look-a-like, Meg, kidnap a baby from two corrupt rulers.

7.00 V.I.P
Diamonds are a Val's Best Friend
Nikki's cousin steals a diamond that V.I.P were hired to protect. Drama about an LA bodyguard agency with Pamela Anderson.

8.00 JAG
People v Mac
Adventure series about a navy lawyer in the Judge Advocate General Corps, who investigates crime in the military.

9.00 FILM: Cocoon
Steve Guttenberg, Don Ameche, Wilford Brimley, Hume Cronyn, Brian Dennehy, Jack Gilford, Jessica Tandy, Gwen Verdon, Herta Ware, Tahnee Welch
Enchanting fantasy about a curious boat skipper who watches as a group of Florida pensioners are rejuvenated by some strange alien pods – an actual fountain of youth. *1985*

11.15 Beat the Crusher
Swindon plays host to Freddy Starr, Melinda Messenger and the crusher as more contestants play to win a brand new car, while risking their own property.

12.15am Showbiz Weekly
Hosted by Tania Bryer.

12.45 The Commish
Brooklyn
Tony and Paulie reopen the murder investigation of an old friend.

1.45 Fire
Vendetta – Part V

2.45-7.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Neighbours Omnibus
Another chance to see last week's episodes and catch up on all the gossip from Ramsay Street.

9.00 Dallas Omnibus
Another chance to see last week's episodes, where the Ewing family members face the biggest crisis of their lives.

12.10pm EastEnders Omnibus
Another chance to see last week's action from Albert Square.

3.00 The Bill Omnibus
Another chance to see last week's episodes. Rawton investigates when a cab driver is stabbed during a robbery, Deakin and Proctor are furious that an inexperienced young barrister is assigned to their case. Loxton finds himself in trouble when he stops and searches an off-duty black policeman, and then tries to settle an old score.

5.20 Butterflies
Sitcom about a woman torn between her boring, dependable husband and her handsome, unpredictable friend.

6.00
FILM: Bless This House
Sidney James, Diana Coupland
Comedy based on the televison series about the Abbott family. The Abbotts get off to a bad start with their pompous new neighbours. Sid is caught plastering over the hole he made in the living room wall, and then Mike sets his sights on their precious daughter. *1972*

8.00 What a Carry On!
A compilation of slapstick and double entendres from the *Carry On* films.

8.35
Harry Enfield and Chums
More comic creations.

9.15 The Thin Blue Line
Ism Ism Ism
Fowler has to deal with an illegal asylum seeker.

9.55 Red Dwarf V
Demons and Angels
The crew encounter four demonic doppelgangers eager to kill their angelic counterparts.

10.35 Monty Python's Flying Circus
Seminal comedy sketch show.

11.10 Live at Jongleurs
Stand-up comedy from one of London's top comedy clubs.

11.45
FILM: The Wild Geese
Richard Burton, Roger Moore
Action adventure. A former team of mercenaries are brought out of retirement to rescue a kidnapped African leader. *1978*

2.10am-3.00am
Sight and Sound in Concert

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Mrs Greenthumbs
9.30 Can't Cook, Won't Cook
10.00 Maury Povich
10.50 Living Room
11.40 Rolonda
12.30pm FILM: People Will Talk
Cary Grant, Jeanne Crain
Comedy drama about an unconventional doctor teaching at a medical school. *1951*

2.30 Special Babies

3.00
FILM: This Can't Be Love
Katharine Hepburn, Anthony Quinn, Jason Bateman
Romantic drama. A retired screen legend finds her emotions in chaos when a man she was briefly married to 50 years ago comes back into her life. However, he has an ulterior motive as to why he has returned to woo her. 1994

5.05 The Roseanne Show
Highlights from the series.

5.35 Ready, Steady, Cook
Antony Worrall Thompson and Thane Prince create new recipes from mystery ingredients.

6.10 Michael Cole
No-holds-barred talk show in which the one-time director of public affairs for Harrods tackles sensational subjects with a studio audience.

7.00 Rescue 911
Stories of real-life rescues by American emergency services.

7.30 Beyond Belief: Fact or Fiction
Anthology mystery series.

8.00 Ally McBeal
The Promise
Ditzy lawyer Ally becomes the object of an obese man's affections after she saves his life. Stars Calista Flockhart.

9.00 Jerry Springer Double Bill
Outrageous American talk show in which Jerry Springer and his variety of guests engage in lively – and sometimes heated – discussion about issues arising from their relationships.

10.45 Entertainment Now!
Magazine programme featuring the latest gossip, lifestyle and showbiz news.

11.00-12midnight
Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Jason King
7.00 Bootsie and Snudge
7.30 That's My Boy
8.00 Watching
8.30 No Strings
9.00 Mission: Impossible
10.00 The Persuaders
11.00 Man in a Suitcase
12noon Fiddlers Three
Ralph sets out to find a new job.
12.30pm Emmerdale Omnibus
Soap set in the Yorkshire Dales.

3.00 Bonanza
The Spanish Grant
A beautiful woman becomes part of a deceitful plan that threatens the livelihood of many Virginia City homesteaders.

4.00 The High Chaparral
Champion of the Western World
Billy Blue plans to earn money for an expensive silver saddle by boxing 'The Champion of the Western World'.

5.00 Hawaii Five-0
Turkey Shoot
The grieving roommate of a murder victim attempts to assist McGarrett. Stars Jack Lord and James MacArthur.

6.00 The Persuaders
Nuisance Value
Danny and Brett are accused of kidnapping a woman after they go to her aid. With Tony Curtis and Roger Moore.

7.00 Mission: Impossible
The Catafalque
With the threat of a missile crisis looming, the IMF is called upon to expose a secretly signed nuclear arms treaty.

8.00 The Return of Sherlock Holmes
The Devil's Foot
Holmes takes a holiday in Cornwall, but becomes involved in a murder investigation.

9.00 An Audience with Jasper Carrot

9.30-11.00pm
An Audience with Kenneth Williams
A virtuoso performance from one of Britain's favourite comic actors.

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Snowgirls
Saucy ski show focusing on the action on and off the slopes.

11.30 Sin City
A rough guide to the sexual underworld of Europe.

12midnight V.P.L.
Alternative fashion programme.

12.30am The Best of the Tube
Cult music show.

1.00 Battling Babes

1.30-2.00am
Noddy's Electric Ladyland
Eccentric pop quiz presented by Noddy Holder.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 The Little Mermaid 8.25 Toons 8.30 Hercules 9.00 Double Art Attack 9.35 Doug 10.00 Recess 10.15 Pepper Ann 10.30 Ned's Newt 10.45 Microsoap 11.00 Teen Angel 11.30 Crash Zone 12noon Smart Guy 12.30pm Boy Meets World 1.00 Movie Surfers Go Inside Disney's Mighty Joe Young NEW **1.30 FILM: Sword in the Stone** *1963* **2.50 Hercules: The TV Show**
Hercules and the Techno-Greeks

3.20 FILM: Labyrinth
David Bowie, Jennifer Connelly,
Fantasy adventure directed by Jim Henson. The evil King of the Goblins has captured a baby boy, and the boy's teenage sister must navigate the mystical labyrinth in order to rescue him. On her quest she meets a dazzling array of fantastic creatures. *1986* Text

5.00 Crash Zone
Computer-age drama. Text

5.30 Microsoap Text

5.45 Smart Guy
Baby it's You... and You... and You Text

6.10 Teen Angel
Honest Abe and Popular Steve
Marty tries his best to make Steve popular. Text

6.35 Boy Meets World
Stormy Weather Text

7.00 FILM:
Kid in King Arthur's Court
Thomas Ian Nicholas, Joss Ackland, Ron Moody
A Californian teenager is summoned to the 12th century by magician Merlin. Once there he trains to become a knight in King Arthur's Court. *1995*

8.30 Honey, I Shrunk the Kids: The TV Show
Honey, I'm Streakin'
Wayne invents Speed DMAN, the quickest man on earth. Text

9.10 Double Dinosaurs
Stone Age comedy from Jim Henson using state-of-the-art puppetry. Text

10.00 Home Improvement

10.30 The Wonder Years
Kodachrome Text

11.00-12midnight Dr Quinn: Medicine Woman

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

SATURDAY CONTINUES OVERLEAF...

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

CABLE CHOICE

FILM

The Full Monty
Sky Premier 10.00pm

The premiere of the British comedy that rocked Hollywood in 1997 is the story of a group of Sheffield steelworkers who decide to become strippers rather than live in despair on the dole. Robert Carlyle is the tragi-comic hero who is also trying to rescue his relationship with his son.

GENERAL

World Championship Heavyweight Boxing
Sky Box Office 10.00pm

Britain's WBC champion Lennox Lewis takes on Evander Holyfield in the first unification fight in this division since 1992. Lewis will win the fame he craves if he can stop the heroic Holyfield, who survived an ear-biting from Mike Tyson to hold both the WBA and IBF belts.

ADVERTISEMENT

MONTY PYTHON'S FLYING CIRCUS 10.35PM
UK GOLD
Perhaps the ultimate in TV comedy, this legendary series of bizarre characters and sketches has gained worldwide cult status. Not to be missed!

Saturday 13 March

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

MORNING

6.00 AM **7.30am Snowboard**
8.00 Alpine Skiing
8.30 Alpine Skiing – LIVE
9.45 Biathlon – LIVE
11.15 Alpine Skiing
12noon Biathlon – LIVE
1.30pm
Nordic Combined Skiing
2.00 Nordic Combined Skiing – LIVE
Cross-country action from the World Cup in Oslo.

3.00 PM **3.00 Alpine Skiing**
Women's Giant Slalom action from the World Cup in Sierra Nevada, Spain.

4.00 PM **4.00**
Cross-Country Skiing
Highlights from the World Cup in Falun, Sweden.

5.00 PM **5.00 Snowboard**
Action from the FIS World Cup in Olang, Italy.
5.30 Speed Skating
A round-up of all the latest events in the World Speed
6.00 PM Skating Single Distance Championships in Heerenveen, Netherlands.
6.30 FIA World Rally Championship
Coverage from Kenya.

7.00 PM **7.00 Tennis – LIVE**
Semi-final action from the ATP Tour – Mercedes Super 9 Tournament in Indian Wells, USA.

8.00 PM

9.00 PM **9.00 Tennis – LIVE**
Action as and when it happens from the finals of the WTA Tournament in Indian Wells, USA.

10.00 PM

11.00 PM **11.00-1.00am**
Tennis – LIVE
More ATP Tour action from the Mercedes Super 9 Tournament in Indian Wells, USA.

12.00

NIGHT TIME

SKY SPORTS 1
PREMIUM CHANNEL

6.00am Hold the Back Page 7.00 Sky Sports Centre 8.00 Aerobics Oz Style 8.30 Racing News
9.00 Boxing: Big Fight Countdown
9.30 Australian Rugby League
11.30 Boxing: Big Fight Countdown
12noon Gillette Soccer Saturday
Jeff Stelling presents the fastest and most comprehensive football results service on television, including post-match interviews with the men that matter and detailed analysis from the Sky Sports pundits.

5.30pm
Bobby Charlton's Football Scrapbook: Andy Gray
Andy Gray joins hosts Bobby Charlton and Dickie Davies for a look back over the highlights of his footballing career as a player with Everton.

7.00
Basketball: Uniball Trophy Final – LIVE
Exclusive coverage of the 1999 Uniball Trophy Final. Last year the trophy was won by the Sheffield Sharks under the watchful eye of rookie coach Chris Finch. They beat the London Towers at the death with a three pointer by Terrell Myers.

9.30 Rugby League: Challenge Cup Quarter-Final
Highlights from a key match in the quarter-final stages of the 1999 rugby league Challenge Cup.

11.00
Extreme Sailing
Highlights of the latest sailing action and news.
11.30
Spanish Football

1.30am Euro Tour Golf: Turespaña Masters
Highlights from the third day's play in the 1999 Turespaña Masters.
Repeat from Sky Sports 3
3.30-6.00am Basketball: Uniball Trophy Final

SKY SPORTS 2
PREMIUM CHANNEL

6.00am Sports Unlimited
7.00 Aerobics Oz Style
7.30 Racing News
8.00 Soccer AM
12noon World Wide Rugby: Super 12s
2:00pm Max Power
Featuring material from around the world, including both two- and four-wheel motor sport.

3.00 International Cricket: West Indies v Australia – LIVE
The second Test between West Indies and visitors Australia begins with coverage from Sabina Park, Jamaica.

5.00 Cycling: Tour of Malaysia
Twelfth day action.
5.30 International Cricket: West Indies v Australia – LIVE
Action from Sabina Park, Jamaica, as hosts West Indies try to outplay their Australian opponents on day one of the second Test. One glance at Ian Bishop's figures and one could be mistaken for thinking that the West Indian paceman is nothing more than a workmanlike performer at international level. This could not be further from the truth. In reality, Bishop's career has been blighted by injury in recent years. He is, however, determined to prove his fitness and silence his detractors with some convincing performances.

10.00 Badminton: All England Championships
Highlights of the action from day one of the 89th Yonex All England Badminton Championships at the Birmingham NEC. Top players taking part include Danish star Peter Gade and defending champion, China's Sun Jun.

1.00am
Rugby Union Update
Rugby magazine.
2.30 World Wide Rugby: Super 12s
4.30 Cycling: Tour of Malaysia
5.00-6.00am Max Power

SKY SPORTS 3
PREMIUM CHANNEL

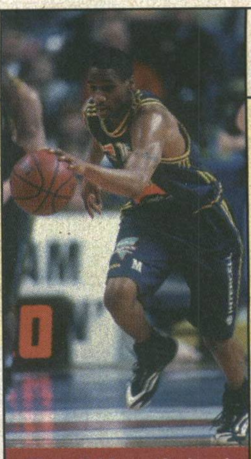
11.30am Euro Tour Golf: Turespaña Masters – LIVE
Coverage of the Turespaña Masters as the third day swings into action. The tournament was won last year by Spain's Miguel Angel Jiménez, who was right hand man to Spanish legend Seve Ballesteros in the 1997 Ryder Cup.

3.30pm Rugby Union: Northampton v Leicester – LIVE
Mark Durden-Smith presents action from two of the league's top teams. Judging by the Tiger's impressive current form, Northampton have a challenging game ahead of them.

6.00 Euro Tour Golf: Turespaña Masters
Highlights from the third day's play in the 1999 Turespaña Masters.

8.00 Ford Golf USA: Honda Classic – LIVE
Action from day three of the Honda Classic, staged at the TPC course at Heron Bay in Florida.

11.00 Cycling: Tour of Malaysia
Twelfth day coverage.
11.30-12midnight Gillette World Sport Special



Terrell Myers helped Sheffield triumph in last year's Uniball Trophy Final. Sky Sports 1 7.00pm – Live

MUTV
ADD-ON CHANNEL

6.00pm Game On
6.05 Watch This if You Love Man-U!
Post-match analysis from squad members, celebrity guests, stars from the past, journalists and fans.
7.30 Kids Clinic
Young professionals David Healy and Ryan Ford demonstrate basic ball control skills.
8.00 Super Match – Vintage Reds: Manchester United v Derby
Footage from 1977.
8.55 Red Hot Update
9.00 Did You See ...?
Behind the scenes at the world's richest football club. Featuring transfer news and insights into the players themselves.
10.00 Man-U Menu
With Mark Simpkin and Jesper Jespersen in the Old Trafford kitchen.
10.30 FAN
Magazine show.
11.00 Jump 'n' Pump
Aerobics exercise.
11.15
Megastore Megabuys
11.30-12midnight
Red Hot News

SCI-FI
ACTION PACK

7.30am Planet Mirth 8.00 Miracles 9.00 Max Headroom 10.00 Robocop
11.00 The Incredible Hulk
12noon-5.00pm
New Alfred Hitchcock
12noon *Breakdown*
12.30pm *Road Hog*
1.00 *Final Escape*
1.30 *Night Fever*
2.00 *The Night Caller*
2.30 *Human Interest Story*

3.00
Wake Me When I'm Dead
A woman kills her husband while under hypnosis.
3.30 *Beast in View*
Another tale of suspense.
4.00 *Prisoners*
An escaped convict enters a woman's immaculate home.
4.30 *Four O'Clock*
A revenge act backfires.
5.00 FILM: 20 Million Miles to Earth
William Hopper, Joan Taylor, Frank Puglia
A spacecraft carrying the first human expedition to Venus crash-lands on its return to Earth, with dire consequences. *1957*
6.30 The Ray Bradbury Theatre
Mars is Heaven
7.00 Robocop
What Money Can't Buy
Robocop's rescue of a young boy in need of a lung transplant is thwarted by a ruthless criminal.
8.00
FILM: Waterworld
Kevin Kostner, Chaim Jeraffi, Rick Aviles, RD Call, Dennis Hopper
Sci-fi adventure. In the far future, the entire world is covered by oceans after the polar ice caps have melted. The remaining people travel the seas in search of land, including a solitary traveller known as the Mariner who leaves his singular existence to become the protector of a woman and a young girl who are being pursued by the evil Deacon.
11.15 The Hunger
Plain Brown Envelope
11.45
Sci-Focus Special
12midnight Mystery Science Theatre 3000
Puma Man
2.00am Planet Mirth
2.30 100 Years of Horror
Girl Ghouls
3.00 Dark Shadows
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

9.25am Videotech
With Margherita Taylor.
9.55 Sport in Action
10.00 Board Wild
10.30 Home and Away
Omnibus edition of the Australian soap.
12.20pm Mad for it
12.50 Whizziwig
Day in Day Out
Children's drama series.
1.15 Hurricanes
Animated adventure.
1.45 Brilliant Creatures
2.00 Sooty's Amazing Adventures
2.15 The Scoop
2.45 Football First
Live football updates.
5.30 NBA '99
Basketball magazine featuring the best US action.
6.00 NBA '99
One of the week's top US basketball games.
7.00 Where the Heart Is
Drama series set in a small Yorkshire village.
8.00 Maggie Winters
American sitcom about a woman who returns to her small-town roots when her big-city dreams go bust.
8.30 Taking the Pitch
Knockout soccer quiz hosted by Bob Mills.
9.00 Double Bill
Tuesday's and Thursday's episodes from ITV.
11.00 Feature
11.30 God's Gift
12.30am-2.00am FILM

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Suburban Tales 12.20 Adult Feature 12.45 FILM: Haiku 1.00 Free View 1.05 FILM continues 2.00 Free View 2.05 Sex Talk 2.30 FILM: Hard Talk 3.00 Free View 3.05 FILM continues 3.40 Gina 4.10-5.30am FILM: Naked Goddess

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day
12.10am
Neil Down – Sex Therapist
12.40 Lesbian Fantasies
1.00 Girl Hunt
1.20 FILM: ...skin Gump
Adult fiction.
2.20 Girls About Town
2.35-4.00am
Moist to the Touch
Erotic thriller.

Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Jump Cut
Lawrence Gardner
Comedy about three nutty guys trying to form a film company.
9.45 FILM: Bikini Witness
Lisa Comshaw
Erotic adventure.
11.15-12midnight
Classic Wets: Preston '92
Adult competition.

Madonna's impressive pop career comes under the spotlight in 'Behind the Music'. VH1 6.00pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
Viewer's quiz.
5.15 Candid Camera
5.45
The Games Room
6.00 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.30
The Games Room
6.45 Name that Tune
Music quiz presented by Jools Holland.
7.15
The Games Room
7.25 Roll with it!
7.55
The Crystal Maze
A team of intrepid contestants tackle a series of ingenious games and fiendish challenges in a giant fantasy world.
9.00
The Games Room
9.15 Strike it Lucky
Madcap gameshow.
9.45
The Games Room
10.00 Candid Camera
Antics caught on camera.
10.30 Don't Feed the Gondolas
Sean Moncrieff hosts the celebrity quiz show.
11.00
Carnal Knowledge
The public reveal their most intimate sexy secrets to hosts Graham Norton and Maria McErlane.
12midnight Strike it Lucky 12.30am Name That Tune 1.00 Don't Feed the Gondolas 1.30 Roll with it! 2.00 Karaoke Challenge 2.30 Studs 3.00 Simply Irresistible 3.30 Blockbusters 4.00 Say the Word 4.30 Don't Drink the Water 5.00-5.30am Shopping with Screenshop

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 The Why Files 7.30 The Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 The Why Files 9.30 Indecent Proposals 10.00 Wrestling 11.00 Judge Judy 11.30 Mind Games 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 Agony 2.30 Mind Games
3.00 Don't Call Me Di
Documentary about Sophie Rhys Jones.
3.30
Bangers and Smash
More stock-car racing action hosted by Louise Brady.
4.30 Agony
More advice is offered to those with relationship problems.
5.00 Agony
Advice for troubled souls.
5.30 The Why Files
Psychic investigators go in search of the strange and the spooky.
6.00 Don't Call Me Di
Documentary about Sophie Rhys Jones.
6.30
Indecent Proposals
Cash for embarrassment.
7.00 Sport at Seven: Women's Wrestling
Another grappling bout from the ring.
8.00 The Why Files
Psychic investigations.
8.30 Judge Judy
Another case for the feared American Judge.
9.00 Sport at Nine: Bangers and Smash
9.57 Topless Darts
More sharp and shapely dart throwing.
10.00 Love Street
American erotic series.
10.30 Exotica Erotica
11.30 Blue Review
Sexy video reviews.
11.45 Janeycam
11.57 Topless Darts
12midnight Love Street 12.30am Private Dancer 12.45 Home Shopping 1.00 Exotica Erotica 2.00 Orgasmatron 2.15 Painted Ladies 2.30 Love Street 3.00 Agony 3.30 The Why Files 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am What's in the Box?

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Kitchen College 10.00 Scotland's Larder 10.30 Cookshop 11.00 Ross in Thailand 11.30 A Slice of the Action 12noon Network 12.30pm Ed Baines 1.00 Can't Stand the Heat 1.30 Cooked in a Flash 2.00 French Lunch 2.30 Network 3.00 Nordic Nosh 3.30 A Slice of the Action 4.00 Tessa Bramley's Country Kitchen 4.30-5.00pm Food Factory
Fun food for the young.

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show.
5.30 Byker Grove
Kath plans a surprise birthday party for Mary.
6.00 Byker Grove
Duncan finally reappears at the Grove.
6.30 Blockbusters
Bob Holness hosts the general knowledge quiz.
7.00 Flying Start
Travel gameshow.
7.30
Birds of a Feather
All Gone Pear Shaped
Tracey has a new friend.
8.00 Lovejoy
Never Judge a Book by its Cover
The team searches a Cambridge Antiques Fair for religious books.
9.00
Perfect Scoundrels
The Play's the Sting
An elderly millionaire is about to invest in a bogus theatrical production.
10.00 Stay Lucky
An Unsavoury Business
Thomas and Sally attend a large charity benefit, but the organisers are not all that they seem.
11.00
Hill Street Blues
Eighties American police drama series set in a tough urban area, with human-interest storylines.
12midnight-2.00am
Fields of Fire
The second part in the mini-series telling an epic story of love and loyalty spanning two decades.

ANIMAL PLANET
WORLD PACK

12noon Giant Grizzlies of the Kodiak
1.00pm Klondike & Snow
Staff at Denver Zoo get to grips with rearing two polar bear cubs, which were abandoned by their mother.
2.00
In the Footsteps of a Bear
A look at the world's largest land predator, Alaska's Kodiak brown bear.
3.00 Lassie
That Boy and Girl Thing
Children's drama series. Timmy is teased at school.
3.30 Lassie
Friends of Mr Cairo
4.00 Animal Doctor
Following animal doctors from the RSPCA and other rescuers as they respond to reports of emergencies and animal cruelty.
5.00 Wildlife ER
A look at life at the US-based Wildlife Centre.
5.30
Breed All About It
Greyhounds
6.00 Hollywood Safari
Dinosaur Bones
Peter and Josh stumble on some dinosaur bones and a paleontologist confirms them as a new species.
7.00 Crocodile Hunter
Sharks Down Under
Steve Irwin focuses on several species of shark, from the placid nurse shark, to the tiger shark.
8.00 Deadly Reptiles
More encounters with reptiles are revealed with actual footage combined with reconstructions and eye-witness accounts.
9.00
Wild, Wild Reptiles
Documentary series uncovering some of the most dangerous reptiles in the world.
10.00 Reptiles of the Living Desert
Examining the relationship of man and beast in the fragile ecosystem of the southern Moroccan desert.
11.00
Deadly Australians
Urban
11.30-12midnight
The Big Animal Show
Animals of Savannah

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Get Going with UK Horizons 9.00 The Myth of the Spanish Inquisition 10.00 The Search for the Holy Grail 11.00 Top Gear GTi 12noon Tomorrow's World Plus 1.00pm Superstore 1.30 Vets in Practice 2.00 The Natural World
3.00
Incredible Journeys
A Caribou's Trek
3.30
Enter the Dragons
Indonesia's monitor lizard.
4.00 Life on Earth
Building Bodies
David Attenborough examines the creatures and fossils of the Great Barrier Reef.
5.00 Animal Hospital Roadshow
With Rolf Harris.
5.30 Secrets of the Paranormal
UFO – Britain's Secret File
6.00 Crusades
Pilgrims in Arms
Terry Jones, the former *Monty Python* star, explores the history of the Crusades.
7.00
The Extinction Files
A four-billion-year journey back in time to find the winners and losers of extinction and evolution.
8.00
Spirit of the Jaguar
The origins of the wildlife and ancient civilisations of the Caribbean and Central America.
9.00 Airport
Heathrow's photographer Dennis Stone awaits Michael Jackson.
9.30 Pole to Pole
Shifting Sands
Michael Palin heads for the equator, the midpoint of his journey.
10.30 Top Gear GTi
Testing the latest models and casting an experienced eye over the hottest motoring news.
11.30
The Manageress
A woman in a man's world, 25-year-old Karen Brady is the most powerful woman in British football.
12.30am-1.00am
UFO Diaries
The Mars Connection
An investigation into why so many attempts to land probes on Mars have failed.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am E! In Focus 7.00 The View 8.00 Rosemary Conley's Low-Fat Cookbook 8.30 Gardeners' Diary 9.00 Montel Williams 10.00 E! True Hollywood Story 11.00 Psychic Zone 11.30 Cook's Garden 12noon Restaurant Recipes 12.30pm Indoor Garden 1.00 Home and Garden Livetime 2.00 The View
3.00 Home and Garden Livetime
Interactive magazine programme presented by Ginny Buckley and Steve Whatley.
4.00 The Montel Williams Show
Dumped Because of My Looks
US chat show which deals with guests' topical issues.
5.00-6.00pm E! True Hollywood Story
Divine – Part I
The truth behind Hollywood personalities.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Extreme Earth: Vanuatu Volcano
A look at the volcanoes of the Vanuatu archipelago in the South Pacific.
8.00 Nature's Nightmares: Bugs
Join Sally Love and Terry Erwin on a field trip to one of the four remaining virgin cloud forests in Ecuador.
9.00
Survivors: Everest – Into the Death Zone
9.30 Survivors: In the Footsteps of Crusoe
The search for the fur seal.
10.00
Channel 4 Originals: The City of Gold and How to Get There
Writer Charlie Nicholl in search of Eldorado.
11.00 Natural Born Killers: On the Edge of Extinction
Documentary about the elephants' future.
12midnight Herculaneum: Voices of the Past
A Roman coastal resort.
12.30am-1.00am
Alchemy in Light
Three artists demonstrate the fragile process of making art from glass.

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits
9.00 Bytesize MTV
10.00 European Top 20
12noon
News Weekend Edition
The week's music news.
12.30pm Say What?
1.00 Total Request
2.00 The Lick R&B Chart
3.00 Bytesize MTV
4.00 Select MTV
6.00
News Weekend Edition
6.30 MTV Live
7.00 MTV Megamix
8.00 The MTV Dancefloor Chart Show
9.00 Mad 4 Hits
9.30
News Weekend Edition
10.00
Beavis and Butt-head
10.30 Movie Special
Sundance Film Festival
11.00 The Grind Double Bill
12midnight brand:new
1.00am
Saturday Night Music Mix
3.00 Chill Out Zone
5.00-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Breakfast in Bed 9.00 Greatest Hits 9.30 Talk Music 10.00 Something for the Weekend 11.00 Classic Chart 12noon Ten of the Best 1.00pm Greatest Hits 1.30 Pop-Up Video 2.00 American Classic 3.00 Album Chart 4.00 Rock 'n' Roll Mothers Weekend 6.00 Behind the Music 7.30 VH1 to 1 8.00 Disco Party 9.00 Kate & Jono 10.00 Bob Mills 11.00 VH1 Spice 12midnight Midnight Special 12.30am Ed Sullivan 1.00 Best of Lilith Fair 3.00-6.00am Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Go 2 12.30pm India 1.00 Aspects of Life 1.30 France 2.00 Floyd on Spain 2.30 Footsteps of Champagne Charlie 3.00 Scandinavian Summers 4.00 Across the Line 4.30 Earthwalkers 5.00 Dream Destinations 5.30 Holiday Maker 6.00 France 6.30 Go 2 7.00 Aerial Tour of Britain 8.00 Aspects of Life 8.30 Caprice's Travels 9.00 Scandinavian 10.00 Across the Line 10.30 Holiday Maker 11.00 Earthwalkers 11.30-12midnight Dream Destinations

UK STYLE
LIFESTYLE PACK

7.00am The Face 7.30 Tales from the Riverbank 8.00 The Air Show 8.30 Waterlines 9.00 Can Ski... Will Ski! 9.30 How Does Your Garden Grow? 10.30 Gardening from Scratch 11.00 Growing Places 11.30 Stefan's Garden Roadshow 12noon Geoff Hamilton – A Man and His Garden 12.30pm Gardeners' World 1.00 The Face 1.30 Tales from the Riverbank 2.00 The Air Show 2.30-3.00pm Waterlines

UK ARENA
LIFESTYLE PACK

3.00pm The House 4.00 The Arena 100 4.30 The First, the Last, My Everything 5.00 Reviews You Can Use 5.15 Building Sights 5.25 Ian Dury 6.10 Motown Live 7.05 Later On... Soul Queens 8.00 Arena People: Bowie at 50 9.00 Best of Not the Nine O'Clock News 9.30 Marty 10.00 Movie Club 10.05 FILM: Eva *1962* 12.10am Best of Not the Nine O'Clock News 12.40 The First, the Last, My Everything 1.10-3.00am FILM: Eva *1962*

Saturday 13 March

DISCOVERY HOME & LEISURE
WORLD PACK

6.00 AM MORNING 6.00am Rex Hunt 6.30 Fishing Australia 7.00 Screaming Reels 7.30 Four Walls 8.00 Gimme Shelter 8.30 In the Workshop 9.00 Rex Hunt 9.30 Fishing Australia 10.00 Screaming Reels 10.30 Four Walls 11.00 Gimme Shelter 11.30 In the Workshop 12noon Workshop 12.30pm Furniture Guys 1.00 Doing it Up 1.30 Home Again 2.00 Go Fishing 2.30 Two's Country 3.00-4.00pm Campaigns

DISCOVERY
WORLD PACK

3.00 PM

4.00 PM **4.00pm Flightpath**
Hurricane Hunters
Profile of the pilots and weather officers who fly into the eye of the storm to help hurricane forecasting.

5.00 PM **5.00 The Century of Warfare**
With World War II over, the nuclear arms race begins and the threat of global destruction looms.

6.00 PM **6.00 The Century of Warfare**
Communism redraws the map of Asia, with the Korean conflict and the occupation of Tibet and Kashmir.

7.00 PM **7.00**
21st Century Jet
Up, Up and Away
The design, construction and launch of the huge Boeing 777 airliner.

8.00 PM **8.00 Electric Skies**
The myths and mysteries surrounding lightning, including first-hand testament to the power of this terrifying force.

9.00 PM **9.00 Test Pilots**
Night Flights
Low level, high-speed night flight using only night vision goggles and digital terrain navigation systems.

10.00 PM **10.00**
History's Mysteries
The Sphinx and the Enigma of the Pyramids
Insights and discoveries about ancient Egypt.

11.00 PM **11.00 The Century of Warfare**
With World War II over, the nuclear arms race begins and the threat of global destruction looms.

12.00 NIGHT TIME **12midnight**
The Century of Warfare
Communism redraws the map of Asia.
1.00am-2.00am
Weapons of War
Kreigsmarine – The Forgotten Service
Profile of the Nazi Navy.

SKY SOAP
LIFESTYLE PACK

11.00am Emmerdale Farm
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm Emmerdale Farm
1.00 Emmerdale Farm
1.30 Take the High Road
2.00 Take the High Road
2.30 Take the High Road
3.00 Take the High Road
The glamour of television comes to Glendarroch.
3.30-4.00pm
Take the High Road

CARTOON NETWORK
FAMILY PACK

5.00am Omer and Starchild 5.30 Magic Roundabout 6.00 Tidings 6.30 Blinky Bill 7.00 Tabaluga 7.30 Sylvester and Tweety 8.00 Powerpuff Girls 8.30 Animaniacs 9.00 Dexter's Laboratory 10.00 Cow and Chicken 10.30 I am Weasel 11.00 Beetlejuice 11.30 Tom and Jerry

12noon-9.00pm
Cow and Chicken
A marathon day of the surreal cartoon. Cow and chicken are unlikely siblings, the inexplicable offspring of an ordinary suburban couple who take in farmyard animals. In every episode, the young, innocent heifer and her slightly irresponsible elder brother find themselves in trouble with their feared enemy Diablo. Luckily Cow can change at the blink of an eye into Supercow, the strangest superhero to grace a TV screen, and save the day once more.

'Jack Dee' kicks off the stand-up weekend that will have you in stitches. Paramount Comedy Channel 9.00pm

THE HISTORY CHANNEL
WORLD PACK

4.00pm
Hunt for the A-Bomb Spies
The spies who stole the secret of the atomic bomb.
4.30 Solo Over Russia
5.00 The Ultra Spies
Cracking the Enigma code.
5.30 Mata Hari – The Seductive Spy
6.00 The Enemy Within
6.30 The Honey Trap
7.00-8.00pm Biography
Adolf Eichmann
Profiles the notorious Nazi.

NICKELODEON
FAMILY PACK

7.00am Cryptkeeper 7.30 Brothers Flub 8.00 NickAlive including Sister Sister/Kenan & Kel/Sabrina the Teenage Witch
10.00 Rugrats
10.30 Hey Arnold!
11.00 Angry Beavers
11.30 CatDog
12noon Wild Thornberrys
12.30pm Rocko's Modern Life
1.00 Kablam!
1.30 The Ren & Stimpy Show
2.00 Clarissa Explains it All
2.30 Clarissa Explains it All

3.00 Kenan & Kel
The adventures of two funky friends.
3.30 Kenan & Kel
Two funky friends who are always up to no good.
4.00 Sister Sister
Tia and Tamera and their respective single parents all try to live together.
4.30 Sister Sister
More from the twin sisters.
5.00 Sabrina the Teenage Witch
Adolescent sorcery.
5.30 Sabrina the Teenage Witch
More adolescent sorcery.
6.00 Moesha 6.30-7.00pm Nick News

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
Stars Jenny McCarthy.
7.30 Grace Under Fire
Don't Ask, Don't Tell
8.00 Ellen
Ellen: with Child
Ellen babysits for Paige.
8.30 Spin City
They Shoot Horses, Don't They?
9.00 Jack Dee
Stand-up comedy from the miserable commentator.
9.30 Whose Line is it Anyway?
Improvisation gameshow.
10.00
Vic Reeves New Year Big Night Out
Hosted by the dashing, intelligent and larger than life Vic Reeves.
11.00
Raw – Eddie Murphy
The American movie star goes back to his roots with an outrageously rude live comedy show.
12.30am Comedy Store
Dylan Moran
1.00 Festival of Fun
1.30 Comedy Network
2.00 Dr Katz
2.30 Tibs and Fibs
3.00 Nightstand
3.30-4.00am
Abbott and Costello

CABLE CHECK
Some of the channels listed may not be available in your area

FOX KIDS
FAMILY PACK

6.00am Dodo 6.05 Masked Rider 6.30 Beetleborgs 6.55 Power Rangers 7.45 Alien Detectors 8.10 Kombat 8.35 Mowgli 9.00 Goosebumps 9.25 Eerie, Indiana: The Other Dimension 9.50 Home to Rent 10.00 Sam and Max 10.25 Mad Jack 10.50 Spy Dogs
11.00 Louie
11.25 Dennis and Gnasher
11.50 It's Your Call: Ace Ventura or Sam and Max
1.55pm The Incredible Hulk
2.20 Iron Man
2.45 Fantastic Four

3.10 X-Men
Mutant superhero action.
3.30
Fox Kids X-Press
3.35 Spiderman
Crime-fighting adventures.
4.00 Goosebumps
More spooky stories.
4.25 Eerie, Indiana: The Other Dimension
4.50 Casper
Fun with the friendly ghost.
5.00
Dennis and Gnasher
Rebellious cartoon antics.
5.30 Ace Ventura
Animated adventures of the zany pet detective.
6.00
Donkey Kong Country
6.30 Eek!Stravaganza
6.55-7.00pm Oggy and the Cockroaches

SHOP!
LIFESTYLE/ SELECTION PACKs

12midnight Bargain Shop!
12.30am Shop! Selection
1.30 Silversmith
2.30 Travel Bag
3.00 On the High Street
Affordable fashion from a high street retailer.
4.00 Feel Good Factor
Advice on how to pamper yourself from a professional beauty therapist.
5.00 Cook's Den
6.00 Shop! Selection
7.00 Bargain Shop!
7.30 In the Kitchen with Susan Brookes
Culinary advice for beginners from TV chef Susan.
8.30 Household Solutions
9.30 Junior Sports Store
Sports clothing and accessories for youngsters.
10.00 Spotlight On Sports
11.00 Time Zone
12noon The Clothes Line
1.00pm Bargain Shop!
Bargain prices on quality goods on Shop!
1.30 Switched On
2.30 Shop! Feature
Ideas for those stuck for the perfect Mother's Day gift.
3.00 The Gold Collection
Top of the range jewellery.
4.00 Y-Zone
5.00-6.00pm
Shop! Selection
The best offers on Shop!

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is In The Kitchen with Tefal at 1.00pm.

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am BBC News 24 9.30 Seven Days 10.30 Science Review 11.10 Dateline 12.30pm Chronicles
2.30 Seven Days
3.30 Science Review
4.15 Newsround
7.30 Correspondent
8.30 Face in the Crowd
9.30 Reporters
10.10 Dateline London
11.30 USA Direct 12.30am Seven Days 2.30 Simpson's World 3.30 Science Review
4.30 Reporters
5.30-6.00am Straight Talk

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am News 5.30 Inside Europe 6.30 Moneyline 7.30 Sport 8.30 Business 9.30 Pinnacle 10.30 Sport 11.30 7 Days 12.30pm Moneyweek 1.00 Report 1.30 Report 2.30 Travel 3.30 Sport 4.30 Golf 5.00 Larry King 6.30 Fortune 7.30 Beat 8.30 Style 9.30 Artclub 10.30 Sport 11.00 World View 11.30 Global View 12.30am 7 Days 1.00 World Today 1.30 Diplomatic License 2.00 Larry King 3.00 World Today 3.30 Jesse Jackson 4.30-5.00am Evans, Novak, Hunt & Shields

SKY NEWS
NEWS & SPORT PACK

News on the hour, every hour, plus: 6.00am Sunrise 9.30 Showbiz Weekly 10.30 Fashion 11.30 Week in Review 12noon Sky News Today 1.30pm Fox Files 2.00 Sky News Today 2.30 Fashion TV 3.30 Global Village 4.30 Week in Review 5.00 Live at Five 7.30 Sportsline Extra 8.30 Fox Files 9.30 Global Village 10.00 Primetime 11.30 Sportsline Extra 12.30am Showbiz Weekly 1.30 Fashion TV 2.30 The Book Show
3.30 Week in Review
4.30 Global Village
5.30-6.00am Showbiz Weekly

INTERNATIONAL

3SAT 6.20am 7 Tage Anders Fernsehen 6.30 Türkei – Land, Leute und Sprache 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 8.45 Alpen Donau Adria 9.15 Heimat Fremde Heimat 9.45 Der Report 10.30 Vor 30 Jahren 11.15 Quer 12.15pm Das Deutsche Schlagermagazin 1.00 Neues... Aus Computerredaktionen 1.30 Leib and Seele 2.15 Frauensache 2.40 Das Lesachtal 3.00 Ganovenehre 4.35 Tips and Trends Mobil 5.00 Scientology – Machenschaften und Moneten 5.30 Ausland 6.00 Heute 6.20 Konrad und Ellen Latte – Überleben in der Illegalität 7.00 Tagesschau 7.15 Nabucco 8.15 Traumschlösser im Bau 9.45 Abdullah Ibrahim and String Orchestra 10.15 Boulevard Bio 11.15 Seitenblicke – Revue 11.40-12midnight Projekt X

TV5 5.00am Journal Télévisé 5.15 Journal des Journaux 6.00 Infos 6.05 Bus 7.00 Journal Télévisé 7.30 Mission Pirattak 8.00 Infos 8.05 Bus et Compagnie 9.00 Journal Télévisé 9.15 Génies en Herbe 10.00 Infos 10.05 Outremers 11.00 Infos 11.05 Images de Pub 11.20 France Feeling 11.30 Journal Télévisé 12noon Infos 12.05pm Bus et Compagnie 1.00 Journal Télévisé 1.15 Bouillon de Culture 2.30 Le Roman de l'Homme 3.00 Journal Télévisé 3.15 Questions 3.30 Sport Africa 4.00 Infos 4.05 Reflets 5.00 Journal Télévisé 5.15 France Europe Express 7.00 Journal Télévisé Belge 7.30 Journal Télévisé 8.00 Infos 8.05 Thalassa 9.00 Journal Télévisé 9.15 Envoyé Spécial 11.00 Journal Télévisé 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL
CABLE EXCLUSIVE

7.30am News 8.00 Sant Darshan 9.00 Variety Programme 10.00 Interactive Live 11.30 News 12noon Sankalp 12.30pm Pakistan 1.00 Pakistan Business 1.30 FILM 4.00 Edit 4.30 Thekikaat 5.00 Agar 6.00 Ek Mulaqat 6.30 BPL Oye 7.30 Sansar 8.00 Junoon 8.30 Mumkin 9.00 FILM 11.30 Baaje Payal 12midnight Mumkin 12.30am Ek Mulaqat 1.00 FILM 4.30 Junoon 5.00 Vishwamitra
6.00 Chand Ghazalien
6.30 News
7.00-7.30am Mehfil

ZEE TV
ADD-ON CHANNEL

6.00am Showcase 6.30 Shabads 7.00 Faith 7.30 News 8.00 Pakistan Business 8.30 Entertainment 9.00 Do Aur Do Paanch 9.30 Jungle Book 10.00 Lagkiwale Ladkewale 10.30 Debate 11.30 Khana Khazana 12noon FILM: Baat Ek Raat Ki 3.00pm Lolly Pop 4.00 Jaal 5.00 Demand 5.30 Rishtey 6.30 Cine Awards 7.00 Top Ten 8.00 News 8.30 Jaan 9.00 FILM: Naseeb 12midnight News 12.30am Chalo Cinema 1.00 Zee Presents 2.00 FILM: Vachan 5.00 Mrs Madhuri Dixit 5.30-6.00am Yaadein

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Just for Parents 4.30 This is Your Day 5.00 Agape Today – Happy Caldwell 6.00 Ferdenandez 6.30 Global Harvest Force 7.00 Jack van Impe 7.30 700 Club
8.00 Kidz Club
8.30 The Gospel Bill Show
9.00 Highway to Heaven
9.30 Jesse Duplantis
10.00 CCM Weekend Jam
10.30-11.00am
This is Your Day

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus: 2.15am Euro '99 4.19 Food for Thought 5.19am Clips

BBC PARLIAMENT
NEWS & SPORT PACK
CABLE EXCLUSIVE

5.30am Select Committees
2.00pm
Prime Minister's Questions
2.30 Hearts and Minds
3.00pm-12midnight
House of Lords

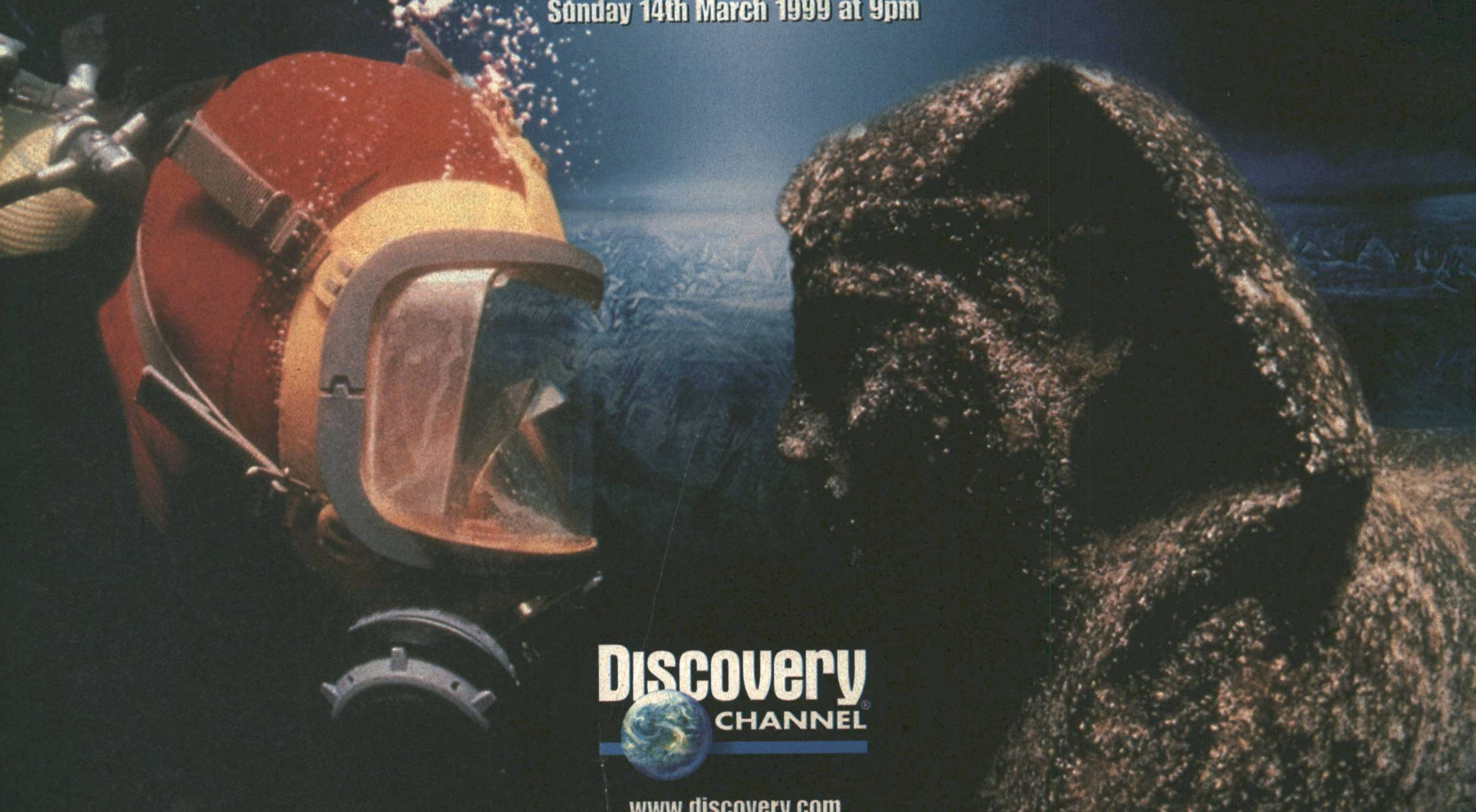
WATCH WITH THE WORLD WITNESS THE DISCOVERY

Discovery Channel dives deep into time and finds the ancient golden city of Alexandria, fabled home of Antony and Cleopatra. Underwater cameras will reveal the majestic landscape of Cleopatra's Palace and treasures unseen for thousands of years.

Watch the first ever simultaneous worldwide premiere of this programme only on Discovery Channel.

CLEOPATRA'S PALACE
IN SEARCH OF A LEGEND

Sunday 14th March 1999 at 9pm



Discovery Channel

www.discovery.com

Sunday 14 March

SKY PREMIER
PREMIUM CHANNEL

6.00am
Femmes Fatales: Angela Bassett
7.00 Keeping the Promise
1997, rating Sky U, 88 mins
8.45 Casper: A Spirited Beginning
1997, rating Sky PG, 90 mins
10.30 The Witches
1990, rating Sky PG, 88 mins
12.30pm Hollywood Buzz
1.00 Keeping the Promise
Keith Carradine, Gordon Tootoosis
1997, rating Sky U, 88 mins

3.00 Casper: A Spirited Beginning
Rodney Dangerfield, Steve Guttenberg, James Earl Jones
Children's comedy which marks the return of Casper, the friendliest ghost of them all. On the run from Kibosh, Casper meets Stinkie, Stretch and Fatso, who train him to use his ghoulish powers. *1997, rating Sky PG, 90 mins*

5.00 The Witches
Anjelica Huston, Mai Zetterling Jasen Fisher, Rowan Atkinson, Jane Horrocks, Brenda Blethyn
Splendidly scary and wickedly witty adaptation of Roald Dahl's popular children's novel about a young orphan boy who encounters a convention of sinister witches in the hotel where he is staying. *1990, rating Sky PG, 88 mins*

7.00 Family Plan
Leslie Nielson, Judge Reinhold Eddie Bowz, Emily Procter
PREMIERE Quirky comedy in which a group of fun-loving orphans wage a war against a greedy developer who wants to turn a summer camp into a luxury holiday resort. The kids dream up all kinds of schemes to send the greedy man packing. *1997, rating Sky PG, 92 mins*

9.00
Barry Norman's Film Night
More of Barry Norman's own unique news and reviews.

9.30 Money Kings
Lauren Holly, Peter Falk Timothy Hutton, Colm Meany
PREMIERE Crime drama about a Korean War veteran who runs an illegal gambling operation from his Boston Pub, which interests the mob. *1998, Sky rating 15, 96 mins*

11.15 Blood and Wine
Jack Nicholson, Michael Caine Steven Dorff, Jennifer Lopez
Action-packed thriller about a crook who finds his crimes are catching up with him. **Text**
1996, rating Sky 15, 97 mins

1.00am Feast of July
Ben Chaplin, Halle Berry
1995, rating Sky 15, DS, 111 mins
3.00 Strictly Business
Tommy Davidson, Halle Berry
1991, rating Sky 12, 79 mins
4.25-5.00am Hollywood Buzz

SKY MOVIEMAX
PREMIUM CHANNEL

6.15am
That's Right You're Wrong
1939, rating Sky U, 90 mins
8.00 Son of Godzilla
1967, rating Sky U, 82 mins
10.00 Invisible Dad
1997, rating Sky U, 86 mins
12noon
Star Trek V: The Final Frontier
William Shatner, Leonard Nimoy
1989, rating Sky PG, 102 mins
2.00pm That's Right You're Wrong
Lucille Ball, Kay Kyser
Comedy in which a struggling band of would-be actors try to make the big time in Hollywood, but luck is not on their side until their manager falls in love with a budding movie starlet. *1939, rating Sky U, 90 mins*

4.00 Invisible Dad
Karen Black, Russ Tamblyn Fred Olen Ray
Family adventure about a young boy, Doug Bailey whose father's new machine renders him invisible. It is up to Doug to try and reverse the process before his father is doomed to spend the rest of his life being unseen. *1997, rating Sky U, 86 mins*

6.00 Star Trek V: The Final Frontier
William Shatner, Leonard Nimoy DeForest Kelly, James Doohan
Captain Kirk and his crew find themselves kidnapped by a renegade Vulcan. Forced to risk their lives by taking the *Enterprise* beyond the Final Frontier, the crew goes in search of God and the meaning of life. *1989, rating Sky PG, 102 mins*

8.00 Bio-Dome
Pauly Shore, Stephen Baldwin Kylie Minogue, Joey Adams
Comedy about two drop-outs who agree to spend a year sealed in an experimental environmental community. **Text**
1996, rating Sky 15, 91 mins

9.30 Striptease
Demi Moore, Burt Reynolds Robert Patrick, Ving Rhames
Notorious comedy drama. Erin Grant is a former FBI clerk who struggles to maintain custody of her young daughter, and is forced to work in a topless bar to make enough money to support herself financially. **Text**
1996, rating Sky 15, 112 mins

11.30 The Adventures of Ford Fairlane
Andrew Dice Clay, Wayne Newton
Comedy adventure. *1990, rating Sky 18, 98 mins*

1.15am Crocodile Dundee
Paul Hogan, Linda Kozlowski
1986, rating Sky 15, 93 mins
2.55 Hidden in America
Beaur Bridges, Jeff Davison
1996, rating Sky 12, 91 mins
4.30-6.00am Son of Godzilla
Tadao Takashima, Akira Kubo
1967, rating Sky U, 82 mins

SKY CINEMA
PREMIUM CHANNEL

11.00am The Fighting Seabees
John Wayne, Susan Hayward
World War II action adventure.
1944, rating Sky U, 95 mins
1.00pm Hollywood Hall of Fame: Laurel and Hardy
Profiles the comedy duo.
1.30 No Time for Love
Claudette Colbert, Fred MacMurray
Romantic comedy. An aristocratic woman meets a rugged workman.
1943, rating Sky PG, 80 mins

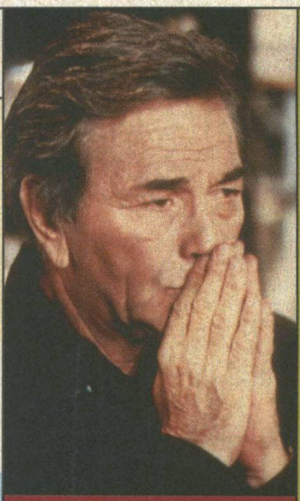
3.00 The Leopard
Burt Lancaster, Claudia Cardinale, Alain Delon, Rina Morelli, Paolo Stoppa
Epic Italian drama in which the head of a Sicilian dynasty struggles to come to terms with the events around him during the Italian reunification of the 1860s. Landowner Prince Salina must watch the decrease of his power and influence. While most of the aristocracy tries to ignore the nationalist movements, he finds it impossible to do so. *1963, rating Sky PG, 155 mins*

5.45 The Honey Pot
Rex Harrison, Susan Hayward, Capucine, Cliff Robertson, Edie Adams, Maggie Smith, Adolfo Celi, Hugh Manning
Comedy thriller in which a wealthy man tells a trio of his former lovers that he is dying. As they arrive in Venice to share his last days, and also his money, he hatches an elaborate plan involving murder to play them off against one another. *1967, rating Sky PG, 126 mins*

8.00 Room at the Top
Laurence Harvey, Simone Signoret, Donald Wolfit
Classic, Oscar-winning British drama based on John Braine's novel about a young man who will stop at nothing to better his career. Eventually, he realises he must sacrifice his true love to marry the boss's daughter. *1958, rating Sky 15, 118 mins*

10.00 East of Eden
James Dean, Raymond Massey Julie Harris, Jo Van Fleet Burl Ives, Richard Davalos
Classic tale of teenage angst set in the second decade of the 20th Century. Inarticulate Cal Trask cannot relate to his strict, moral father Adam, or to his blue-eyed brother. *1955 rating Sky PG, 110 mins*

11.55 92 in the Shade
Peter Fonda, Warren Oates,
Comedy drama. *1979, rating Sky 15, 87 mins*
1.30am Beware My Lovely
Ida Lupino, Robert Ryan
1952, rating Sky PG, 73 mins
2.50-5.35am
Long Day's Journey Into Night
1962, rating Sky PG, 163 mins



Peter Falk has plenty to worry about in the premiere of 'Money Kings'. Sky Premiere 9.30pm

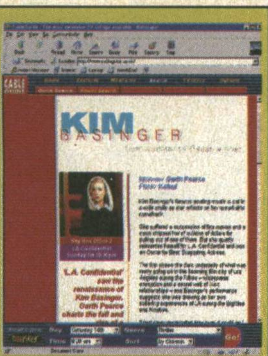
MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm
Love Me or Leave Me
Doris Day, James Cagney Cameron Mitchell, Robert Keith
Musical biography of singer Ruth Etting. A gangster takes a shine to a young dancer and secures her a job in a chorus line. Pushed by the gangster, and with her powerful drive to succeed, she rises to fame and fortune. But her happiness is marred by his obsessive love. *1955, 117 mins*

11.15 Slither
James Caan, Peter Boyle, Sally Kellerman, Louise Lasser
Offbeat road movie in which a thief gets involved in the hunt for a stolen fortune. *1973, 93 mins*
1.15am A Very Private Affair
Brigitte Bardot, Marcello Mastroianni
Classic drama. *1962, 90 mins*
3.00-5.00am
Love Me or Leave Me
Doris Day, James Cagney
Musical biography. *1955, 117 mins*



CABLE GUIDE
KIM BASINGER
'L.A. Confidential' saw the renaissance of Kim Basinger. Garth Pearce charts the fall and
Go!

Want to know what Michael Caine movies are on this month? Our new online TV listings guide will tell you!
http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm Nelly and Monsieur Arnaud
Emmanuelle Beart, Michel Serrault
A wife leaves her husband to work for an old judge on his memoirs. Their relationship blossoms but emotional complications ensue. *1995, 102 mins*

7.45 Love Over Goldfish
A story from a fish's viewpoint.

8.00 Passion Fish
Mary McDonnell, Alfre Woodard, Vondie Curtis-Hall
John Sayle's film portrays a fading soap-star who has been crippled by an accident and needs a live-in nurse. But the star is so intolerant that no-one stays more than a few days until one visitor, who badly needs the job to succeed, takes up the offer. *1992, 130 mins*

10.15 Angela
Miranda Stuart-Rhyne, Charlotte Blythe, Anna Thompson, John Ventimiglia
Rebecca Miller's directorial debut in which a 10-year-old, who is influenced by her father's religious beliefs, decides that the only way she can cure her mentally ill mother is to purify the family of sin. *1994, 105 mins*

12midnight Twenty Bucks
Linda Hunt, David Rasche
Drama. *1993, 88 mins*
1.30am The Gambler
Michael Gabon, Jodhi May
Drama. *1997, 94 mins*
3.05 The Lost World
Adventure. *1960, 99 mins*
4.45-6.00am Godzilla's Revenge
Horror. *1969, 70 mins*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
FIRESTORM
Adventure about a team of firefighters who parachute into a forest fire caused by a convict. Starring Howie Long. *1997, rating Sky 15, 85 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
FALLEN
Supernatural thriller starring Denzel Washington and John Goodman. *1997, rating Sky 15, 120 mins*
PLAYS AT 6.00am, 8.30am, 11.00am, 1.30pm, 4.00pm, 6.30pm, 9.00pm

Sky Box Office 3
Channel 53
BOXING: EVANDER HOLYFIELD V LENNOX LEWIS
Action from Madison Square Gardens, where WBC title holder Lennox Lewis takes on WBA holder Evander Holyfield. PLAYS AT 9.00am, 12noon

Sky Box Office 3
Channel 53
FLUBBER
Chaotic children's comedy with Robin Williams and Wil Wheaton. *1997, rating Sky U, 90 mins*
PLAYS AT 4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 4
Channel 54
DOUBLE TEAM
Action thriller. An anti-terrorist agent tries to get his son back from kidnappers. Stars Jean-Claude Van Damme. *1997, rating Sky 18, 90 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions. Customers with a Videoway set-top-box must view all events on Channel 50.

Sunday 14 March

SKY ONE
ACTION/
SELECTION PACKS

6.00am Hour of Power 7.00 What-a-Mess 7.30 Superhuman Samurai Syber Squad 8.00 Orson and Olivia 8.30 Tattooed Teenage Alien Fighters from Beverly Hills 9.00 Simpsons Text 9.30 Garfield and Friends 10.00 Dream Team Omnibus 11.00 World Wrestling Federation – Superstars 12noon Kung Fu 1.00pm The New Adventures of Superman 2.00 Beverly Hills, 90210

3.00 V.I.P
Diamonds are a Val's Best Friend
Nikki's cousin steals a valuable diamond that V.I.P was hired to protect. Stars Pamela Anderson.

4.00 Star Trek: Deep Space Nine
Return to Grace
A demoted dukat enlists Kira's aid in regaining his former status in the Cardassian Empire. Text

5.00 Star Trek: Voyager
Innocence
Tuvok and Bennet's shuttle crash lands on a sacred haven for an alien race which has shunned outside contact. Text

6.00 The Simpsons
Marge Be Not Proud Text

6.30 The Simpsons
Viva Ned Flanders
Homer takes Flanders to Las Vegas. Text

7.00 King of the Hill
Jumpin' Crack Bass
Hank faces a jail term. Text

7.30 3rd Rock from the Sun
Happy New Dick

8.00 Earth: Final Conflict
Isabel
An ailing Maiya must merge with her dimensional double, Isabel, before the Taelons use her to crack the Liberation movement.

9.00 The X-Files
Drive
An armed man infected with a deadly pathogen climbs into Mulder's car and instructs the agent to keep driving.

10.00 Miami Uncovered
Wild action and adventure from the sunshine state of Florida.

11.00 Forever Knight
Fallen Idol
A wrestler fears that he will lose his nephew's admiration when a rival competitor is found dead.

12midnight Tales from the Crypt
Smoke Wrings
An ex-con introduces a device to an advertising agency which makes products impossible to resist.
12.30am LAPD
A lover's quarrel ends in homicide.
1.00 Sightings
2.00-7.00am Long Play

UK GOLD
LIFESTYLE/
SELECTION PACKS

7.00am Middlemarch
7.55 Blake's Seven
8.50 Dr Who and the Pyramids of Mars
10.40 Dallas Omnibus
12.30pm FILM: To Kill a Mockingbird
Gregory Peck, Mary Badham
The Oscar-winning film telling the story of sinister events in a prejudiced Southern town in Thirties America. *1962*

3.00 The Bill Omnibus
DC Jim Carver is desperate to impress by collaring an infamous jewel thief, but soon discovers he has let himself be led up the garden path. When a good deed misfires badly, Ackland finds herself on the wrong end of an investigation, and things look even bleaker when one of her trusted informers disappears without a trace. Starring Mark Wingett, Kevin Lloyd, Simon Rouse, Trudie Goodwin, Janet Dale and Eric Richard.

5.25 Ask the Family
General knowledge quiz show presented by Robert Robinson.

6.00 Ballykissangel
The Facts of Life
Fr Peter sets out to find the mother of a newborn baby left on his doorstep and an ex-prison officer arrives in the villlage.

7.05 The Good Life
Mr Fix-it
Tom and Barbara are visited by the press.

7.45 To the Manor Born
Audrey helps Richard catalogue his antique china.

8.25 Only Fools and Horses
No Greater Love
When Rodney falls in love, he doesn't appreciate Del's help.

9.05 Blackadder Goes Forth
Plan A – Captain Cook

9.40 Blackadder Goes Forth
Plan B – Corporal Punishment
Starring Rowan Atkinson.

10.20 Auf Wiedersehen, Pet
A Home from Home
Wayne is given the hard shoulder by the other lads and is forced to start thinking about how to regain his popularity.

11.25 Whatever Happened to the Likely Lads?
Rodney Bewes, James Bolam. Seventies sitcom about a couple of Geordie friends.

12.05am Ruby Wax Meets... Sharon Stone
Sharon gives Ruby a taste of her own medicine.
12.45 Pride and Prejudice
Drama starring Colin Firth.
1.40 Minder
3.00-7.00am Screenshop

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Mrs Greenthumbs
9.30 Can't Cook, Won't Cook
10.00 Animal Rescue
10.30 Brookside Omnibus
12.30pm FILM: Emma's Wish
Joanna Kerns, Della Reese
Drama about a 75-year-old woman who tries to rebuild the relationship she once enjoyed with her only daughter.
2.30 Special Babies

3.00 FILM: A Mother's Courage: The Mary Thomas Story
Alfre Woodard, Mary Thomas, Isiah Thomas
Dramatisation of a single mother's attempts to protect her large family from gangs and drugs. Determined to keep all nine of her children in school, she must guide them away from the daily temptations of the street. *1989*

5.05 The Roseanne Show
Highlights from the series.

5.35 Ready, Steady, Cook
Cookery show hosted by Fern Britton.

6.10 Michael Cole
No-holds-barred talk show in which the one-time director of public affairs for Harrods tackles sensational subjects with a studio audience.

7.00 Rescue 911
Footage of real-life rescues performed by American emergency services.

7.30 Beyond Belief: Fact or Fiction

8.00 Ally McBeal
The Attitude
Ally clashes with a client's rabbi, while Georgia considers suing her law firm for sex discrimination.

9.00 Jerry Springer Double Bill
Outrageous American talk show in which Jerry Springer and his guests engage in lively discussion about relationships.

10.45 Entertainment Now!
The latest gossip, lifestyles and showbiz news.

11.00-12midnight Sex Life Down Under
Exploring issues relating to sex.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Jason King 7.00 Bootsie and Snudge 7.30 That's My Boy 8.00 Watching 8.30 Dharma and Greg 9.00 Dempsey & Makepeace 10.00 Behind the Velvet Ropes 10.30 Homes with Style 11.00 The Return of Sherlock Holmes
12noon Jeeves and Wooster
1.00pm Love and Marriage
1.30 Please Sir
2.00 Poirot

3.00 Bonanza
Blood on the Land
The Cartwrights clash with a greedy shepherd who is trying to muscle in on the Ponderosa. With Lorne Greene.

4.00 The High Chaparral
Ride of the Savage Land
Buck and Manolito invade the Apache stronghold to rescue a captive white girl. With Leif Erickson and Cameron Mitchell.

5.00 Classic Coronation Street – The Omnibus
Hilda susses Eddie and Marion's charade, Gail breaks off her friendship with Les Charlton, and Mike consoles himself with drink. Len finally agrees to move into the new house, Brian returns, and he and Gail are reunited. They have words over her working in the cafe, and Brian makes a last minute decision and tells delighted Gail he's not going back to Qatar.

7.30 Dharma and Greg
The Second Coming Of Leonard
Greg is unhappy when Dharma's ex-boyfriend comes for a visit.

8.00 Poirot
Problem at Sea
Murder is inevitably afoot when Poirot takes a Mediterranean cruise. With David Suchet, Hugh Fraser and Philip Jackson.

9.00 Jeeves and Wooster
Wooster decides he is in love with Bobbie Wickham. Starring Hugh Laurie and Stephen Fry.

10.00-11.00pm Clive James
Las Vegas

GRANADA MEN & MOTORS
ACTION PACK

11.00pm 2 Wheels
Biking news and reviews.

11.30 Around the World on two Wheels
Nick Sanders continues his quest .

12midnight Through the Gears
Presented by Merrick Beesley.
12.30am 4 Wheels
News and reviews from the world of motoring.
1.00 Biker's Night Off
Zany quiz show for bikers presented by Paul Johnston.
1.30-2.00am Motor Week

DISNEY CHANNEL
ADD-ON/
PREMIUM CHANNEL

6.00am Bear in the Big Blue House 6.25 Classic Toons 6.35 Gummi Bears 7.00 Classic Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Little Mermaid 8.25 Classic Toons 8.30 Hercules: The TV Show 9.00 Double Art Attack 9.35 Doug 10.00 Recess 10.15 Pepper Ann 10.30 Ned's Newt 10.45 Microsoap 11.00 Teen Angel 11.30 Crash Zone 12noon Smart Guy 12.30pm Boy Meets World 1.00 Movie Surfers Go Inside A Bug's Life NEW 1.30 FILM: Aladdin and the King of Thieves *1995*

3.00 Hercules: The TV Show
Hercules and the Assassin Text

3.30 FILM: Cinderella
Whitney Houston, Brandy
Rogers and Hammerstein's fabulous musical version of this classic fairytale. A Fairy Godmother comes to the aid of downtrodden Cinderella and helps her get to the ball. *1997* Text

5.00 Crash Zone
Five kids get a dream job testing computer games. Text

5.30 Microsoap Text

5.45 Smart Guy
Primary Brothers Text

6.10 Teen Angel
I Love Nitzke Text

6.35 Boy Meets World
Life Lessons
Cory and Shawn learn about the importance of studying.

7.00 FILM: Bedknobs and Broomsticks
Angela Lansbury, David Tomlinson, Roddy McDowall
Comedy. A witty witches' brew bubbling with fun and fantasy, music and adventure. A prim and proper English witch joins forces with a phoney magician and three Cockney urchins to help save war-torn Britain from the Nazi invaders. *1971* Text

9.15 Honey, I Shrunk the Kids: The TV Show
Honey, Meet the Barbarians
Diane decides to run for the school board, to try to stop budget cuts. Text

10.00 Home Improvement

10.30 The Wonder Years
Private Butthead Text

11.00-12midnight Touched by an Angel Text

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

SUNDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

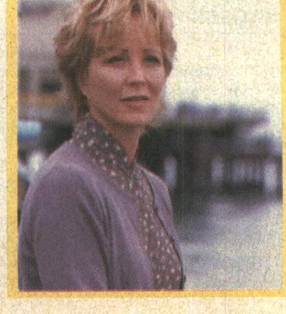
CABLE CHOICE

FILM

Money Kings
Sky Premier 9.30pm
Premiere drama about a Korean War veteran, played by Peter (*Colombo*) Falk, who runs an illegal gambling operation from his Boston pub. It's small-time stuff until the mob want in. Then late-payers, including Timothy Hutton, see their lives destroyed, until Falk takes on the mob.

GENERAL

The Simpsons
Sky One 6.30pm
This new episode is called *Viva Ned Flanders* and features guest voices from Seventies pop group The Moody Blues. Sixty-year-old Springfield senior citizen Ned abandons his God-fearing ways and decides to live for laughs, choosing good-time guy Homer as his fun guide.



ADVERTISEMENT
living
MOTHER'S DAY MOVIE – EMMA'S WISH 12.30PM
This magical movie is about an elderly woman who wants to make ammends with her daughter, who she hasn't spoken to for years.

Sunday 14 March

6.00 AM · MORNING · 3.00 PM · 4.00 PM · 5.00 PM · 6.00 PM · 7.00 PM · 8.00 PM · 9.00 PM · 10.00 PM · 11.00 PM · 12.00 · NIGHT TIME

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

7.30am
Cross-Country Skiing
8.30 Alpine Skiing – LIVE
9.30 Biathlon – LIVE
10.30 Biathlon – LIVE
11.15 Alpine Skiing – LIVE
12noon Ski Jumping – LIVE
Coverage from the K112 event at the World Cup in Oslo, Norway.
2.00pm
Equestrianism – LIVE
Coverage from the FEI World Cup Series in Paris-Bercy.

3.30
Cross-Country Skiing
Action from the relay events at the World Cup in Falun, Sweden.

5.00 Snowboard
Coverage of the snowboard cross event at the FIS World Cup in Olang, Italy.

6.00 Speed Skating
Action from the World Speed Skating Single Distance Championships in Heerenveen, Netherlands.

7.30 Tennis – LIVE
Coverage of the finals at the ATP Tour's Mercedes Super 9 Tournament in Indian Wells, USA.

10.30 Sportscentre
A special Sunday edition of the sports news bulletin.
10.45 Speed Skating
Coverage of the World Speed Skating Championships in Heerenveen, Netherlands.
11.45-12.30am
Ski Jumping
Action from the World Cup in Oslo, Norway.

SKY SPORTS 1
PREMIUM CHANNEL

6.00am Moto-Plus 6.30 Rugby League: Challenge Cup Quarter-Final *Repeat from Saturday* **8.00 Aerobics Oz Style 8.30 Extreme Sailing 9.00 Ford Golf USA: Honda Classic**
Repeat from Saturday
11.00 Goals on Sunday
12noon Rugby Union Update
Repeat from Saturday
1.30pm
Gillette World Sport Special
2.00 Superbouts: Curry v Hwang

3.00 Ford Super Sunday: Middlesbrough v Southampton – LIVE
Coverage from the Riverside Stadium as Bryan Robson's Middlesbrough side take on Dave Jones's Southampton in the FA Carling Premiership. Up against experienced campaigners such as Andy Townsend, Gary Pallister and Paul Gascoigne – will the Saints make the grade? Presented by Richard Keys.

6.00 Scottish Football: Aberdeen v Celtic – LIVE
Action from Pittodrie as the Dons entertain the Scottish Premier League champions .Presented by Jim White. With commentary from Ian Crocker, and studio analysis from Charlie Nicholas.

8.30 Spanish Football
Spanish top flight action in La Liga as two teams containing some of the world's greatest players battle for crucial points.

10.00 Rugby League: Challenge Cup Quarter-Final
Highlights from the Silk Cut Challenge Cup.

11.30 Euro Tour Golf: Turespaña Masters
Highlights of the action from day four of the Turespana Masters.

1.30am-3.00am
Spanish Football
Quality football action from one of Europe's most respected leagues.

SKY SPORTS 2
PREMIUM CHANNEL

6.00am Watersports World
7.00 Aerobics Oz Style
7.30 Gillette World Sport Special
8.00 Soccer Extra
11.00
Cycling Tour of Malaysia
11.30 Athletics: Road Race of the Month
12noon Football League: Burnley v Preston – LIVE
With Marcus Buckland.

3.00pm International Cricket: West Indies v Australia – LIVE
Coverage of day two in the second Test between West Indies and Australia. The action takes place at Sabina Park in Jamaica.

5.00 Second Innings: Angus Fraser – West Indies v England – Trinidad
5.30 International Cricket: West Indies v Australia – LIVE
The coverage continues from Sabina Park, Jamaica, on day two of the second Test, as the West Indies attempt to stave off any potential Australian onslaught. A key player in the visitors' fortunes could be Stuart MacGill. The Aussie spinner understudied for the injured Shane Warne against England in the fifth Ashes Test and his impressive performance could earn him a place against the home side.

10.00 Ford Football Special: Middlesbrough v Southampton
Highlights of the action from the Riverside Stadium as Middlesbrough take on Southampton.
11.30 Football League Review: Burnley v Preston
With Marcus Buckland.

12.30am Scottish Football: Aberdeen v Celtic
Presented by Jim White with commentary from Ian Crocker.
1.30-3.00am
Rugby League: Challenge Cup Quarter-Final
Repeat from Sky Sports 1

SKY SPORTS 3
PREMIUM CHANNEL

11.30am Futures in Sport
The show for ex-professionals, or anyone else, who needs training in sports business and management.
12noon Euro Tour Golf: Turespaña Masters – LIVE
The action from this year's Turespaña Masters reaches its exciting climax on day four with coverage from the Spanish fairways.

4.00pm Snow Show
Tips for aspiring skiers and snowboarders.
4.30 Badminton: All England Championships
Action from day two of the Yonex All England Badminton Championships at the Birmingham NEC, featuring the finest players from around the world.

8.00 Ford Golf USA: Honda Classic – LIVE
Coverage of the 1999 Honda Classic draws to a close at Coral Springs, Florida. Who will be left to putt their way to glory and walk away with the $2.6m prize money?

11.00 Snow Show
Showing the lighter side of winter.
11.30-12midnight Athletics: Road Race of the Month

Will Paul Gascoigne be smiling when Middlesbrough take on Southampton? Sky Sports 1 3.00pm – Live

MUTV
ADD-ON CHANNEL

6.00pm Game On
Preview of tonight's TV.
6.05 Watch This if You Love Man-U!
The key figures at Old Trafford reflect on this weekend's drama.
7.15
Megastore Megabuys
7.30 Red Legends
Norman Whiteside talks with Bryan Robson.
8.00 Super Match – Premier Classic: Newcastle v Manchester United
Classic footballing action from 1996, as the Reds travel to Tyneside to face the flamboyant talents of Kevin Keegan's Toon Army. United will be hoping to exploit the gaps left in Newcastle's defence as they attack.
10.00 Red Replays
A review of all the latest news from inside Old Trafford, including transfers, injuries and all the latest goals.
11.00
Wild About United
United devotees say why they love the Reds.
11.30-12midnight
Red Hot News

SCI-FI
ACTION PACK

7.30am Chocky
8.00 Battlestar Galactica
9.00 Buck Rogers in the 25th Century
10.00 Quantum Leap
11.00 Space Rangers
12noon FILM: It Came from Outer Space
Vintage sci-fi yarn. *1953*
1.35pm Sci-Focus Special
2.00 Mystery Science Theatre 3000
Puma Man
Pleasance tracks down incognito ancient Aztec god Puma Man to modern-day London.

4.00 The Flash
Captain Cold
Super-hero sci-fi action starring John Wesley Shipp, Amanda Pays and Alex Desert.
5.00 The Cape
Play Astronaut for Me
Jack is stalked by an obsessed admirer. Stars Corbin Bernsen and Adam Baldwin.
6.00 Project UFO
The Washington DC Incident
A US airforce pilot sees a UFO and gives chase until he plummets to his death.
7.00 V
Reflections in Terror
With a blood sample from the Starchild, Diana creates an uncontrollable and deadly clone.
8.00 Quantum Leap
Temptation Eyes
Sam Beckett leaps into the life of an ageing TV newsreader with flagging viewing figures.
9.00 Babylon 5
The Quality of Mercy
Talia is traumatised after scanning the mind of a killer, and Dr Franklin helps a former physician.
10.00 Lexx
Nook
The crew arrives on Nook, a planet populated only by men who have never seen a woman.
11.00 Highlander: The Raven
Birthright
Amanda breaks into an auction house to collect what is rightfully hers.
12midnight
Battlestar Galactica
Greetings from Earth
1.00am Buck Rogers in the 25th Century
2.00 The Tomorrow People
2.30 The Tomorrow People
3.00 Dark Shadows
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

9.25am This Morning – This Week
Highlights from this week's editions presented by Richard Madeley and Judy Finnigan.
11.00 Emmerdale Omnibus
This week's episodes.
12.20pm CD:UK
New music chart show.
1.15 The Big Bang
1.30 Children's Ward
2.00 Adam's Family Tree
The Glow in the Dark Ages
2.25 Get Wet
Gameshow presented by Simeon Courtie.
2.55 Sooty and Co
3.10 The Worst Witch
Sweet Talking Guys
3.40 Survival
An award-winning nature documentary series.
4.40 Coronation Street Omnibus
6.30 Who, What, Why?
Current affairs programme.
7.00 Dealer's Choice
7.30 Wide Angle
Katie Derham looks at the week's news.
8.00 Soap Fever
Presented by Liza Tarbuck.
9.00
Trevor McDonald Meets...
9.30 I Suppose You Think That's Funny
10.00 Hornblower
12midnight Feature
12.30am Paul Merton in Galton and Simpson's ...
1.00-2.00am Feature

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View
12.10am Viewers' Wives
12.20 FILM: Head Trip
1.00 Five Minute Free View
1.05 FILM: continues
1.30 FILM: ... Teaser File
2.40 FILM: Love on the Run
3.50 Jo
4.10-5.30am
FILM: The Conquest

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day
12.10am Totty Try-Outs
12.25
FILM: Shades of Blonde
1.45 Dungeon Dykes
2.10 FILM: Forever
The honeymoon is over for a young, newlywed, couple.
3.10-4.00am
In Loving Colour

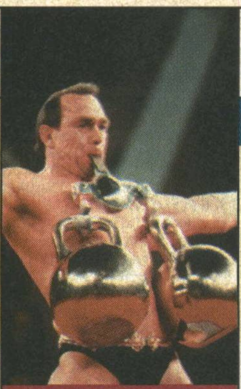
Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Highways
Patrick Behr, Lisa De Caro
Action comedy about five college students who embark on an eventful journey.
9.35 FILM: Heart Strings
Drama about a big game animal trainer who puts his career before his lover.
11.00-12midnight
Lovers' Paradise

Sunday 14 March



Stunning feats are performed as part of 'The Soviet Circus'. National Geographic Channel, 7.00pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Candid Camera
Antics caught on camera.
5.45
The Games Room
6.00 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.30
The Games Room
6.45 Name That Tune
Hosted by Jools Holland.
7.15
The Games Room
7.25 Roll with it!
Pop quiz.
7.55
The Crystal Maze
The programme with an eclectic collection of games and challenges, both mental and physical. With Richard O'Brien.
9.00
The Games Room
9.15 Strike it Lucky
Madcap gameshow.
9.45
The Games Room
10.00 Candid Camera
Antics caught on camera.
10.30 Don't Feed the Gondolas
Celebrity quiz show hosted by Sean Moncrieff.
11.00
Carnal Knowledge
Graham Norton and Maria McErlane unearth more sexy secrets in this saucy quiz show.

12midnight Strike it Lucky 12.30am Name that Tune 1.00 Don't Feed the Gondolas 1.30 Roll with it! 2.00 Karaoke Challenge 2.30 Second Guess 3.00 Simply Irresistible 3.30 Give Us a Clue 4.00 Say the Word 4.30 Gladiators 2000 5.00-6.00am Shopping with Screenshop

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 The Why File Files 7.30 The Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 The Why Files 9.30 Indecent Proposal 10.00 Bangers and Smash 11.00 Judge Judy 11.30 Mind Games 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 Agony 2.30 Mind Games

3.00
Indecent Proposals
Cash for foolishness.
3.30 Wrestling
Another grappling bout from the ring.
4.30 Judge Judy
Another case for the feared American Judge, Judy Sheindlin.
5.00 Judge Judy
5.30 The Why Files
Psychic investigators travel the country in search of the weird and the spooky.
6.00
The Fashion Show
A look at the headlines among the hemlines.
6.30
Indecent Proposals
7.00 Sport at Seven Bangers and Smash
More fast-paced action from the world of stock car racing.
8.00 The Why Files
Stories of strange happenings as revealed by the psychic investigators.
8.30 Judge Judy
Another case solved.
9.00 Sport at Nine: Women's Wrestling
Action from another bout.
9.57 Topless Darts
More sharp and shapely dart throwing.
10.00 Love Street
US erotic series.
10.30 Exotica Erotica
Saucy late night chat.
11.30 Orgasmatron
11.45 Painted Ladies
11.57 Topless Darts

12midnight Love Street 12.30am Private Dancer 12.45 Home Shopping 1.00 Exotica Erotica 2.00 Blue Review 2.15 Janeycam 2.30 Love Street 3.00 Agony 3.30 The Why Files 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 Body Heat 5.45-6.00am What's in the Box

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Kitchen College 10.00 Chef for a Day 10.30 What's Cooking? 11.00 Loyd's Louisiana 11.30 A Slice of the Action 12noon Network 12.30pm The Cookshop 1.00 Japaneasy 1.30 Modern British 2.00 From the Ground Up 2.30 Network 3.00 Superchefs 3.30 A Slice of the Action 4.00 Gordon Ramsay's Passion for Flavour 4.30-5.00pm Chez Bruno
Tour through France.

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
5.30 Animal SOS
George the tabby cat is rushed to the Blue Cross hospital after an accident.
6.00
Pull the Other One
Hosted by Paul Coia.
6.30
The 10 Percenters
Galaxy Quest 8
7.00 The Upper Hand
Playing to Win
7.30
An Inspector Calls
Kitchen Raids
With the food inspectors.
8.00 The Darling Buds of May
A Season of Heavenly Gifts
It seems like Pop's lucky day when he helps an ex-RAF pilot.
9.00 The Guilty
The second part in the story of the fall from grace of brilliant lawyer Steven Vey because of his weakness for alcohol and women. Nicky has bravely retaliated against Vey, but she underestimates his capacity to fight dirty. With Michael Kitchen and Caroline Catz.
11.00
Hill Street Blues
Eighties American police drama series set in a tough urban area, with human-interest storylines.
12midnight The Ruth Rendell Mysteries: The Speaker of Mandarin
Wexford is delighted to be invited to a police delegation in China.
1.00am-2.00am
Gone to the Dogs
Comedy drama series.

ANIMAL PLANET
WORLD PACK

12noon
Hollywood Animal Stars
1.00pm Tiger Hunt: The Elusive Sumatran
2.00 Horse Tales
Rodeo Barrel Racing
2.30
Going Wild with Jeff Corwin
Borneo
Biologist Jeff Corwin heads into deepest Borneo in search of the shy orang-utan.
3.00 The Blue Beyond
My Ocean, My Freedom
A look at the work of a conservation team hoping to free a captive dolphin into the wild.
4.00 Hollywood Safari
Ghost Town
When Josh and his two friends decide to camp out in an old ghost town, strange things begin to happen.
5.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
5.30 Pet Rescue
Follow the fortunes of abandoned animals.
6.00 Giants of the Nullarbor
After being hunted to near-extinction, a school of white whales now return annually to the seas off the Nullarbor.
7.00 Hollywood Animal Stars
Part two of this celebration of Hollywood's animal film stars including Lassie, Flipper, Trigger and Babe.
8.00
Profiles of Nature
NEW *The Red Fox*
Chronicling a year in the life of one fox family, revealing their survival skills.
9.00 Emergency Vets
Doctors Taylor and Peterson use some innovative technology to help heal a dog's broken leg.
9.30 Emergency Vets
10.00
Crocodile Hunter
Wild in the USA
Steve Irwin travels to the US to relocate a large cougar.
11.00-12midnight Rediscovery of the World
Lilliput in Antarctica
Children meet dolphins, whales and penguins.

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ACCESS PACKS

7.00am It'll Never Work 7.30 The Great Egg Race 8.00 Face to Face: David Attenborough 8.40 Born to Be Wild 9.05 Excalibur 10.00 Excalibur 11.00 Top Gear GTi 12noon Tomorrow's World Plus 1.00pm Clive James – Postcard from Bombay 2.00 Fifi's Boys – Wild Chimpanzees

3.00
Incredible Journeys
A Swallow's Odyssey
3.30 Gannets – The Storm Birds
Wildlife documentary.
4.00 Eagle: A Wildlife Special
David Attenborough reports on the different eagles throughout the world.
5.00 Animal Hospital Roadshow
With Rolf Harris.
5.30 Secrets of the Paranormal
Doctor Who?
6.00 Crusades
Jerusalem
Terry Jones sets out on the 1000-mile walk from the Bosporus to the Holy City.
7.00 Crater of Death
An investigation into why some species survived the meteoritic impact that wiped out the dinosaurs and most of life on earth.
8.00 Life on Earth
Invasion of the Land
David Attenborough documents the many species of amphibians which are living today.
9.00
Supernatural Science
Buried Alive
Investigation of zombies in Haiti, including the case of Clairvus Narcisse.
10.00 Hotel
Cameras follow the staff and guests at Liverpool's Adelphi Hotel.
10.30 Hollywood Kids
Documentary following Tinseltown's child stars.
11.30
Billy Connolly's World Tour of Australia
Billy plays Adelaide and Perth.
12.20am Soho Stories
Love for Sale
A look at life in and around the Soho area of London.
12.30-1.00am
Crime Limited

GRANADA BREEZE
LIFESTYLE/SELECTION PACKS

6.00am E! Celebrity Profile 7.00 The View 8.00 The Pet Show 8.30 Indoor Garden 9.00 Montel Williams 10.00 E! True Hollywood Story 11.00 Julia Carling's Style Guide 11.30 Gardeners' Diary 12noon Rosemary Conley's Low-Fat Cookbook 12.30pm Gorgeous Gardens 1.00 E! Celebrity Profile 2.00 The View

3.00 The Pet Show
Pet care advice provided by top veterinary experts.
3.30 Cook's Garden
With Toby Buckland and Susan Brookes.
4.00 The Montel Williams Show
Wedding Proposals
US chat show. Today's topic is different marriage proposals.
5.00-6.00pm E! True Hollywood Story
Divine – Part II
Revealing the truth about Hollywood personalities.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
The Soviet Circus
An intimate behind-the-scenes look at the vibrant, lively circuses of the former Soviet Union.
8.00 Small Town, Big Top
Visit the Merriweather Circus in Iowa, US.
8.30 Under the Little Big Top
9.00 Circus of Dreams
Follows 10-year-old Pinky, as the Amazing Plastic Lady.
9.30 Mystery of the Nazca Lines
10.00 Kumari – The Strange Secret of the Kingdom of Nepal
10.30 Mystery of the Neanderthals
The missing link.
11.00 Korup: An African Rainforest
Explore how the rainforest provides a refuge for a remarkable community of plants and wildlife.
12midnight-1.00am
Explorer
Meet some of anthropologist Shirley Strum's best friends as she lives among baboons in Kenya, and discover the Lost Empire of Tiwanaku, which existed in 1000AD.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits
9.00 Bytesize
10.00 Hit List UK
12noon News Weekend Edition
12.30pm Snowball 99
1.00 Total Request
2.00 European Top 20
3.00 Bytesize MTV
3.30 UK Singled Out
4.00 Select MTV Special Mothers Day Edition
6.00 News Weekend Edition
6.30 MTV Ultrasound
7.00 All Time Top 10 Motherhood Videos
8.00 Mothers Cut
Mothers of stars such as Snoop Doggy Dog and Busta Rhymes talk about their famous offspring.
9.00 Mad 4 Hits
9.30 News Weekend Edition
10.00 So 90s
10.30 MTV Live
11.00 brand:new
12midnight The Late Lick
The latest videos and news from the R&B scene.
1.00am So 90s
1.30 MTV Live
2.00-6.00am Night Videos

VHI
MUSIC & GAMES PACK

6.00am Breakfast in Bed 9.00 Pop-Up Video 10.00 Something for the Weekend 12noon Ten of the Best: Jerry Hall 1.00pm Greatest Hits of: Tina Turner 1.30 Ed Sullivan 2.00 The Clare Grogan Show 3.00 Talk Music 3.30 VH1 to 1: Tina Turner 4.00 Rock 'n' Roll Mothers Weekend 8.00 Album Chart Show 9.00 The Kate & Jono Show 10.00 Behind the Music: Gloria Estefan 11.00 Around and Around 12midnight Soul Vibration 2.00am-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Oceania 12.30pm Reel World 1.00 Adventure Travels 1.30 The Flavours of Italy 2.00 Gatherings and Celebrations 2.30 Wild Ireland 3.00 An Aerial Tour of Britain 4.00 Antarctica Alive 5.00 Oceania 5.30 Holiday Maker 6.00 The Flavours of Italy 6.30 Wild Ireland 7.00 Destinations 8.00 Go 2 8.30 Adventure Travels 9.00 Antarctica Alive 10.00 Flavours of France 10.30 Holiday Maker 11.00 Secrets of India 11.30-12midnight Reel World

UK STYLE
LIFESTYLE PACK

7.00am Wine World 7.30 Floyd's American Pie 8.00 Fat Man in France 8.30 Rick Stein's Taste of the Sea 9.00 Delia Smith's Winter Collection 9.30 Antiques Roadshow 10.30 Changing Rooms 11.00 The DIY Show 11.30 Going for a Song 12noon The Terrace 12.30pm Changing Rooms 1.00 Wine World 1.30 Floyd's American Pie 2.00 Fat Man in France 2.30-3.00pm Rick Stein's Taste of the Sea

UK ARENA
LIFESTYLE PACK

3.00pm The House 3.55 FILM: Angel Face *1953* 5.30 The Impressionists 6.00 The First, the Last, My Everything 6.30 The Arena 100 7.00 Reviews You Can Use 8.00 Cracked Actor: David Bowie 9.00 Playhouse: Down Among the Big Boys 10.55 Trouble Man – The Last Years of Marvin Gaye 11.45 Cracked Actor: David Bowie 12.45am Reviews You Can Use 1.00 The First, the Last, My Everything 1.30 The Arena 100 2.00-3.00am Reviews You Can Use

Sunday 14 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Charlie West Fishing 6.30 Rex Hunt 7.00 Fishing with Henry 7.30 Hometime 8.00 Hometime 8.30 Home Savvy 9.00 Charlie West 9.30 Rex Hunt 10.00 Fishing with Henry 10.30 Hometime 11.00 Hometime 11.30 Home Savvy 12noon New Yankee Workshop 12.30pm Routes 1.00 The Car Show 1.30 The Road Show 2.00 Hooked on Fishing 2.30 Two's Country 3.00-4.00pm Time Team

DISCOVERY
WORLD PACK

4.00pm Wings
The Bear Trap
The Soviet Hind MI-24 was invincible until the Mujahadin discovered Stinger Missiles.

5.00 Flightline
The Bantam microlight.

5.30
Coltrane's Planes and Automobiles
V8

6.00
Mysteries of Magic
The Impossible Made Possible
The links between science, technology and illusion.

7.00
The Supernatural
Chinese Wildmen

7.30
Creatures Fantastic
Creatures of the Night

8.00 Searching for Lost Worlds
Atlantis – Minoans
A look at the lost civilisation found at the turn of the century on Crete.

9.00 Cleopatra's Palace: In Search of a Legend
NEW See footage of the submerged royal city of Alexandria.

10.00
The Real Cleopatra
NEW A look at Cleopatra's life, presenting dramatic re-enactments and visiting key archaeological sites.

11.00
The Great Egyptians
Hatshepsut
Meet the daughter and wife of a king who ruled ancient Egypt for 22 years.

12midnight
Discover Magazine
Cannibalism
Explore the disturbing behaviour of cannibalism.

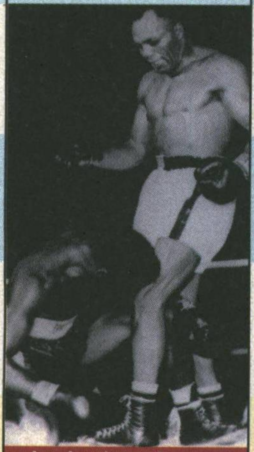
1.00am-2.00am
Justice Files
Scammed
Scams are often ingenious but can also be devastating.

SKY SOAP
LIFESTYLE PACK

11.00am Emmerdale Farm
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm Emmerdale Farm
1.00 Emmerdale Farm
1.30 Albion Market
Cedric and Larry make a bet on their dogs.
2.00 Albion Market
Derek tells Chan he has to leave the market.
2.30 Albion Market
3.00 Albion Market
3.30-4.00pm Albion Market

CARTOON NETWORK
FAMILY PACK

5.00am Omer 5.30 The Magic Roundabout 6.00 The Tidings 6.30 Blinky Bill 7.00 Tabaluga 7.30 Sylvester and Tweety 8.00 The Powerpuff Girls 8.30 Animaniacs 9.00 Dexter's Laboratory 10.00 Cow and Chicken 10.30 I am Weasel 11.00 Beetlejuice 11.30 Tom and Jerry 12noon-9.00pm I am Weasel
Marathon day of back-to-back episodes full of calamity and chaos with the rodent avenger weasel.



Joe Louis and Jersey Joe Walcott's 1947 fight features in 'Kings of the Ring'. The History Channel 4.00pm

THE HISTORY CHANNEL
WORLD PACK

4.00pm Kings of the Ring
A look into the lives of some heavyweight champions.
6.00 Giants of the Century
Image and Dream
A look at seminal film-makers of our time, including Charlie Chaplin, Orson Welles and Federico Fellini.
7.00-8.00pm
Saints and Sinners
Set Over Nations
A look at Christian reforms in the 10th century.

NICKELODEON
FAMILY PACK

7.00am Tales from the Cryptkeeper 7.30 Brothers Flub 8.00 NickAlive including Sister Sister/Kenan & Kel/Sabrina the Teenage Witch 10.00 Rugrats 10.30 Hey Arnold! 11.00 Angry Beavers 11.30 CatDog 12noon The Wild Thornberrys 12.30pm Rocko's Modern Life 1.00 Kablam! 1.30 The Ren and Stimpy Show 2.00 Clarissa Explains it All 2.30 Clarissa Explains It All

3.00 Kenan & Kel
The adventures of two funky friends.

3.30 Kenan & Kel
Starring Kenan Thompson and Kel Mitchell.

4.00 Sister Sister
There's twice the comedy and four times the fun.

4.30 Sister Sister
Twins Tia and Tamera share their families.

5.00 Sabrina the Teenage Witch
Stars Melissa Joan Hart.

5.30 Sabrina the Teenage Witch

6.00 Moesha

6.30-7.00pm Nick News

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny

7.30 Grace Under Fire
Riverboat Queen
DC has to flirt with a man.

8.00 Ellen
Lobster Diary

8.30 Spin City
Miracle Near 34th Street
The mayor makes some poor decisions.

9.00 Vic Reeves
Hosted by Vic Reeves.

9.30 Whose Line is it Anyway?
Game of improvisation hosted by Clive Anderson.

10.00 FILM: Monty Python Live at the Hollywood Bowl
A fast-paced production which not only uses live performances, but also animated and filmed action. *1982*

11.30 Jack Dee Live at the Palladium
Dee's at his best at this world famous venue.

12.45am Comedy Store
With Phil Jupitus.
1.15 Festival of Fun
1.45 Comedy Network
2.00 Dr Katz
2.30 Tibs and Fibs
3.00 Nightstand
3.30-4.00am
Abbott and Costello

CABLE CHECK
Some of the channels listed may not be available in your area

FOX KIDS
FAMILY PACK

6.00am Dodo 6.05 Power Rangers Turbo 6.55 Masked Rider 7.20 Beetleborgs Metallix 7.45 X-Men 8.10 Spiderman 8.35 Mowgli 9.00 Goosebumps 9.25 Eerie, Indiana: Other Dimension 9.55 Oggy 10.00 Sam and Max 10.12 Home to Rent 10.25 C-Bear and Jamal 10.50 Casper 11.00 Louie 11.25 Dennis and Gnasher 11.50 Ace Ventura or Sam and Max 1.55pm Incredible Hulk 2.20 Iron Man 2.45 Fantastic Four

3.10 X-Men

3.30
Fox Kids X-Press
With Roy and Lisa.

3.35 Spiderman
Arachnid adventures.

4.00 Goosebumps
Spooky stories filled with spine-tingling thrills.

4.25 Eerie, Indiana: The Other Dimension

4.50 Casper

5.00
Dennis and Gnasher
Dennis and Gnasher take on the adults.

5.30 Ace Ventura
Ace is on the case again.

6.00
Donkey Kong Country

6.30 Eek!Stravaganza

6.55-7.00pm Oggy and the Cockroaches

SHOP!
LIFESTYLE/ SELECTION PACKs

12midnight Bargain Shop!
12.30am Shop! Selection
1.30 Spotlight on Sports
2.30 Junior Sports Store
3.00 Switched On
A look at the best deals in home entertainment.
4.00 The Gold Collection
More great offers on top quality jewellery.
5.00 Y-Zone
Teenage essentials.
6.00 Shop! Selection
A roundup of the best offers on Shop!
7.00 Bargain Shop!
7.30 Shop! Feature
8.30 Feel Good Factor
9.30 Do it Yourself
10.00 Home Style
Brighten up your home without spending a fortune.
11.00 The Gift Store
12noon Jewellery Box
1.00pm Bargain Shop!
1.30 On Screen
Shop! recommends the best in home computing.
2.30 Junior Sports Store
3.00 Sporting Brands
The Reebok hour.
4.00 Branded!
Street-style from the hottest fashion brands.
5.00-6.00pm
Shop! Selection
A roundup of the best offers on Shop!

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. call free phone 0800-50-40-30 at any time. Today's highlight is DIY with Harry Greene at 10.00am.

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am BBC News 24 9.30 Seven Days 10.30 Science Review 11.10 Dateline London 12noon News 12.30pm Chronicles 2.30 Seven Days 3.30 Science Review 4.15 Newsround 24 7.30 Correspondent 8.30 Face in the Crowd 9.30 Reporters 10.10 Dateline London 11.30 USA Direct 12.30am Simpson's World 2.30 USA Direct 3.00 News 3.30 Chronicles 4.30-5.00am Dateline London

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am News 5.30 Global View 6.30 Business 7.30 Sport 8.30 Beat 9.30 Artclub 10.30 Sport 11.30 Earth 12.30pm Diplomatic 1.00 World Report 1.30 World News 2.30 Europe 3.30 Sport 4.30 Showbiz 5.00 Late Edition 6.30 Unusual 7.30 Europe 8.30 Pinnacle Europe 9.30 Insight 10.30 Sport 11.00 World View 11.30 Style 12midnight World 12.30am Beat 1.15 Asian 1.30 Science 2.00 World Today 2.30 Artclub 3.00 Time & Again 4.30-5.00am Europe

SKY NEWS
NEWS & SPORT PACK

News on the hour, every hour, plus: 6.00am Sunrise 9.30 Fox Files 10.00 Adam Boulton 11.30 Book Show 12noon Sky News Today 1.30pm Fashion TV 2.30 Showbiz Weekly 3.30 Fox Files 4.30 Adam Boulton 5.00 Live at Five 7.30 Sportsline 8.30 Book Show 9.30 Showbiz Weekly 10.00 Primetime 11.30 Week in Review 1.30am Adam Boulton 2.30 Fox Files 3.30 Book Show 4.30 Global Village 5.30-6.00am CBS Evening News

INTERNATIONAL

3SAT 6.20am 7 Tage Anders Fernsehen 6.45 KunstStreifzüge 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Lyrik für Alle 8.15 Mozart in den Niederlanden 9.00 Die Bestenliste – Das Literaturmagazin 10.00 Der Mann, der Sherlock Holmes War 11.45 Titel Fogt 12noon Zeit im Bild 12.05pm Wochenschau 12.30 Rückblende 12.45 Zum 09 Todestag 1.45 ... das alles nach der frzte Rath 2.10 Wenn das die Nachbarn Wüssten 3.00 HITEC 3.30 Quo Vadis? 4.15 Tierporträt 4.30 Teletips für Tierfreunde 5.00 Tagebuch 5.15 Rundschau 6.00 Heute 6.10 Markwort NeunzehnZehn 7.00 Tagesschau 7.15 China: 5000 Jahre Zivilisation 9.35 United Slapstick Award 1999 9.00 Kaddisch 10.30 Der Kommissar 11.20-12.40am Die letzte Fähre

TV5 5.00am Journal TV5 5.15 Journal des Journaux 6.00 TV5 Infos 6.05 Bus et Compagnie 7.00 Journal de Radio Canada 7.30 Mission Pirattak 8.00 Infos 8.05 Bus et Compagnie 9.00 Journal TV5 9.15 Rince Ta Baignoire 10.00 TV5 Infos 10.05 Thalassa 11.00 TV5 Infos 11.05 Télécinéma 11.30 Journal France 3 12noon Infos 12.05pm Les Trains 1.00 Journal TV5 1.15 Trésors du Monde 3.00 Journal TV5 3.15 TV5 Questions 3.30 Kiosque 4.00 Infos 4.05 Kiosque 4.30 Questions pour un Champion 5.00 Journal TV5 5.15 Vivement Dimanche 7.00 Journal Belge 7.30 Journal France Télévision 8.00 Infos 8.05 Faut Pas Rêver 9.00 Journal TV5 9.15 Fiction: Tango Mambo et Tcha Tcha 11.00 Journal Suisse 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am Sant Darshan 8.30 Bhakti Sagar 9.00 Dhyan Ki Lehren 10.00 Qur'an 10.30 Jai Veer Hanuman 11.00 Dhur Ki Bani 11.30 Variety 12.30pm Pakistan 1.00 Business 1.30 FILM 4.00 BPL Oye 5.00 Spaghetti 5.30 Fut a Fut 6.00 Paltan 6.30 Aur Aap 7.00 Daal Mein Kala 7.30 Golmaal 8.00 Main Anari 8.30 FILM 11.30 News 12midnight Main Anari 12.30am Aur Aap 1.00 FILM 4.00 Indipop 4.30 Balcony 5.00 Fut 5.30 Paltan 6.00 Chand Ghazalien 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Kya Scene Hai 6.30 Shabads 7.00 Faith 7.30 News 8.00 Business 8.30 Sitaron Ka Karwan 9.00 Tandoori Masala 9.30 Out and About 10.00 Mahabharat 11.00 Aap Ki Adalat 11.30 Health 12noon FILM: Bhai Behen 3.00pm KTC Sa Re Ga Ma 4.00 Zee & You 4.30 Sofia 5.30 Hadd Kar Di 6.00 Adhikar 7.00 Zee Cine Awards 11.00 Fairdeal Antakshari 12midnight News 12.30am World 1.00 Bangla 1.30 Parivartan 2.00 FILM: Jaan Pe Khel Kar 5.00 Amar Kathayen 5.30-6.00am Sa Re Ga Na

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Sandfords 4.30 Your Day 5.00 Voice of Faith 5.30 Potters House 6.00 Praise 7.00 Ray McCauley 7.30 Taking Authority 8.00 Winning Ways 8.30 Ray Bevan 9.00 Life is for Living 9.30 In Touch 10.30-11.00am Your Day

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus: 3.15am Euro 99 3.50 Ask the IFA 4.24 Sports 4.49 Market Review 5.19am Technology Report

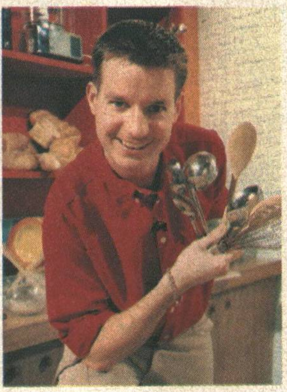
BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am Select Committees
11.00 Straight Talk
11.30 European Focus
12noon America this week
3.00pm Scottish Lobby
3.30 Select Committee
11.30-12midnight Welsh Lobby

FOOD THE MONTH'S MOUTH-WATERING HIGHLIGHTS

DOUGHS AND DONT'S



Do your souffles suffer from from the tug of gravity? Are your scones more like stones? If the answer's yes, you might benefit from the new series *Simply Baking,* presented by Andrew Nutter. The 26-part series looks at the basics of baking, covering everything from bread to meringues – with a range of recipes suitable for all levels of ability.

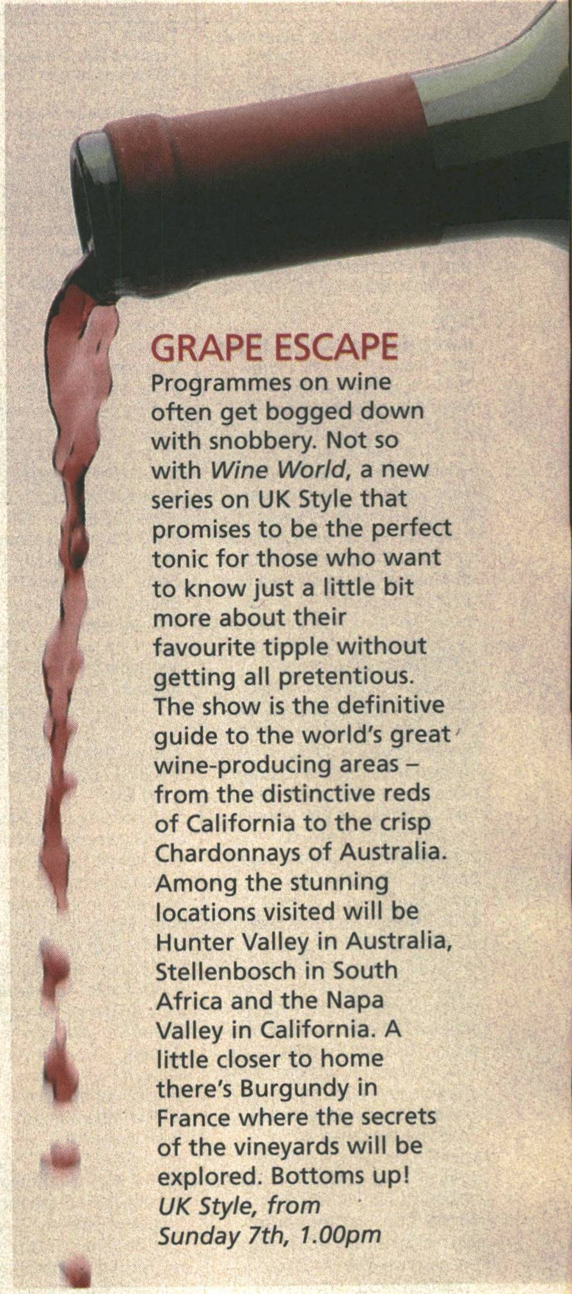
'My recipes are wicked, sensational and orgasmic,' says Andrew. A mouthwatering array of sweet and savoury dishes are tackled by the top chef – cakes, quiches, bread, croissants as well as traditional pies and flans and biscuits. (Try out Andrew's melt-in-the-mouth peanut butter cookies with the recipe below). He also demonstrates how to rescue dishes when they go wrong, plus ways to cheat your way to perfect pastry!

Carlton Food Network, starts Tuesday 30th, 2.00pm

PHOTOS: CARLTON FOOD NETWORK, UK STYLE

Ingredients
50g (2oz) margarine
50g (2oz) brown sugar
25g (1oz) peanut butter
1 tbsp skimmed milk
50g (20z) self-raising flour
40g (1½oz) oatmeal

Method
1 Preheat oven to 180C/350F/ Gas Mark 5
2 Put the margarine, sugar, peanut butter and milk in a bowl and mix together with a wooden spoon.
4 Sieve in the flour and mix in the oatmeal.
5 Divide the mixture into small balls and place them onto a greased baking tray, pressing down lightly.
6 Bake 10-12 minutes until golden brown.



GRAPE ESCAPE

Programmes on wine often get bogged down with snobbery. Not so with *Wine World*, a new series on UK Style that promises to be the perfect tonic for those who want to know just a little bit more about their favourite tipple without getting all pretentious. The show is the definitive guide to the world's great wine-producing areas – from the distinctive reds of California to the crisp Chardonnays of Australia. Among the stunning locations visited will be Hunter Valley in Australia, Stellenbosch in South Africa and the Napa Valley in California. A little closer to home there's Burgundy in France where the secrets of the vineyards will be explored. Bottoms up!

UK Style, from Sunday 7th, 1.00pm

LOVE STARS

BY MARGIE THILLART

1st Ron Howard 10th Sharon Stone
14th Michael Caine 16th Leo McKern
17th Kurt Russell 19th Bruce Willis
25th Elton John 28th Michael Parkinson

Sensational ★★★ Stimulating ★★ Satisfactory ★

Aries
21 March-20 April ★★

AN IDEA may begin to take shape, but input from loved ones will be all-important. Bear in mind that the keys to success this month are patience and team work. By your birthday, you should have something to celebrate.

Libra
24 September-23 October ★★

YOU'LL be pro-active in the area of relationships, but more inclined to let others take charge when it comes to work and finances. Fortunately, Jupiter attracts the right people into your life and help will always be on hand for you.

Taurus
21 April-21 May ★★

NEVER one to give up easily, you'll be especially tenacious from mid-March. Not only does Venus put you in a good mood, but it also boosts your financial and romantic prospects. Use charm and persuasion to get what you want.

Scorpio
24 October-22 November ★★

DON'T be surprised if you feel more daring and prepared to take chances this month. The spotlight for your sign is on fun and adventure, suggesting you'll spend more time acting out your fantasies and less worrying about the consequences.

Gemini
22 May-21 June ★★

YOU MAY have a soft spot for people who are emotionally needy or unable to fend for themselves, but you'll baulk at being used by others. Your stars are touchy this month, so remember to choose your company carefully.

Sagittarius
23 November-22 December ★

Bizarre developments in a relationship may leave you wondering what went wrong. However, you should avoid over-analysing emotional issues this month as events will happen in a random fashion and you'll have little control.

Cancer
22 June-23 July ★★★

ONCE in a while you stumble upon a brilliant idea or course of action. And this month it looks like inspiration will come unexpectedly through a loved one. Mars in your pleasure zone guarantees good times and successful joint ventures.

Capricorn
23 December-20 January ★★★

YOU'LL be especially thoughtful towards loved ones, making you more adorable in their eyes. Relationships look like going from strength to strength this month, due largely to the compassion and empathy you've developed recently.

Leo
24 July-23 August ★★

LIFE keeps evolving and changing, giving you plenty to think about but creating uncertainty. By mid-year you'll be in a more settled phase, but until then you must learn to roll with the punches and let destiny take its course.

Aquarius
21 January-19 February ★★

RATHER than letting trivial problems turn into serious issues, talk over your concerns with a loved one. Emotional detachment may be one of your specialities, but this month's stars demand you keep communciation lines open at all times.

Virgo
24 August-23 September ★★★

THERE'S plenty of energy in the relationship sector of your chart – most of it positive. In the weeks ahead, some of you will forge a new business or romantic alliance, while others enjoy happier times with their live in love.

Pisces
20 February-20 March ★★★

LIFE-CHANGING events often occur around your birthday and this year the shock waves will reverberate for months. You've done a lot of growing up in recent times, and now your hard work will reap wonderful rewards.

Monday 15 March

SKY PREMIER
PREMIUM CHANNEL

MORNING

6.00 AM **6.00am Last Stand at Saber River**
1997, rating Sky PG, 91 mins
7.35 Evita
Text *1996, rating Sky PG, 129 mins*
9.50 The Tin Soldier
Jon Voight, Ally Sheedy
1995, rating Sky PG, 99 mins
11.30 Last Stand at Saber River
Tom Selleck, Suzy Amis
1997, rating Sky PG, 91 mins
1.15pm Evita
Madonna, Antonio Banderas
Musical about the life of Eva Peron.
3.00 PM Text *1996, rating Sky PG, 129 mins*

3.30
Barry Norman's Film Night
Barry Norman delivers more
movie news and reviews.
4.00 PM **4.00 The Tin Soldier**
Jon Voight, Ally Sheedy,
Dom DeLuise, Trenton Knight
Family fantasy, based on the
Hans Christian Andersen tale
about a toy solider which comes
5.00 PM to life. The soldier reveals that he
cannot return to his own world
until he has helped defeat a local
gang leader so that the boy and
his mother can begin a new life.
1995, rating Sky PG, 99 mins
6.00 PM **6.00 Little Monsters**
Fred Savage, Howie Mandel,
Margaret Whitton, Ben Savage,
Daniel Stern, Rick Ducommun
Surreal fantasy comedy. A
young boy befriends a fun-loving
7.00 PM monster who lives beneath his
bed. Together, the pair embark
on a number of hilarious
supernatural escapades, playing
tricks on everyone. *1989,*
rating Sky PG, DS, 97 mins
8.00 PM **8.00 Independence Day**
Bill Pullman, Jeff Goldblum,
Will Smith, Mary McDonnell
Hugely successful science fiction
movie in which aliens invade the
earth and unleash a torrent of
9.00 PM destruction upon it's cities, killing
millions of people and forcing the
survivors to flee into the country.
The escapees include the US
President, a top pilot and a
scientific genius who plot the
10.00 PM downfall of the aliens. Text *1996,*
rating Sky 12, DS, 139 mins
10.25 The Untouchables
Kevin Costner, Robert De Niro,
Sean Connery, Andy Garcia
Brian De Palma's acclaimed
11.00 PM gangster thriller. A by-the-book
Federal agent recruits an
unconventional team to take on
the crime empire of Al Capone in
Prohibition-era Chicago. *1987,*
rating Sky 15, DS, 114 mins
12.00 **12.25am Sleepers**
Brad Pitt, Jason Patric, Kevin
Bacon, Robert De Niro
Powerful rites-of-passage drama.
Text *1996, rating Sky 18, 141 mins*
2.50-5.00am Some Mother's Son
Helen Mirren, Fionnula Flanagan
Northern Ireland drama based on
the Bobby Sands story. *1996,*
rating Sky 15, 107 mins

NIGHT TIME

SKY MOVIEMAX
PREMIUM CHANNEL

7.00am
Femmes Fatales: Meg Ryan
7.30 Movie Magic: Ghost Stories
8.15
Action Heroes: Michael Douglas
9.00 Coyote Summer
1996, rating Sky U, 89 mins
11.00 Ed
Text *1996, rating Sky PG, 90 mins*
1.00pm Femmes Fatales
1.30 Movie Magic: Ghost Stories
2.15 Action Heroes

3.00 Desperate
Steve Brodie, Audrey Long, Raymond Burr, Douglas Fowley
Drama in which a lorry driver finds himself intimidated by local thugs when he alerts the police to a gangster's plan to transport stolen furs. In despair, he goes on the run with his wife, only to find himself pursued by both the mob and the police. *1947, rating Sky PG, 70 mins*

5.00 Coyote Summer
Vinessa Shaw, Adam Beach, Bruce Weitz, Cindy Pickett
Heart-warming story of a troubled teenager who is sent to spend the summer with her aunt and uncle on a ranch while her single mother takes a business trip. The girl befriends a wild horse and slowly learns to come to terms with herself. *1996, rating Sky U, 89 mins*

7.00 Ed
Matt LeBlanc, Jack Warden
Sports comedy in which a baseball pitcher becomes unable to play in front of a crowd. Then he befriends a chimpanzee named Ed, who manages to restore his confidence. Text *1996, rating Sky PG, 90 mins*

8.30 Joe's Apartment
Jerry O'Connell, Megan Ward, Robert Vaughn, Don Ho
Comedy in which a young man teams up with some charismatic dancing cockroaches to fight the landlord who wants to knock down the building. Text *1996, rating Sky 15, DS, 77 mins*

10.00 Movietalk Special
Richard Jobson and his guests discuss whether the Oscars have become simply a marketing tool or whether they really are a measure of excellence.

11.00 Bound
Jennifer Tilly, Gina Gershon, Joe Pantoliano, John Ryan
Sexy film noir in which a gangster's moll and her female lover take on a mobster. Text *1996, rating Sky 18, 104 mins*

12.50am Next of Kin
Patrick Swayze, Liam Neeson
1989, rating sky 15, 104 mins
2.40 Home Invasion
1997, rating Sky 18, 86 mins
4.10 Showdown in Little Tokyo
1991, rating Sky 18, 75 mins
5.30-7.00am Desperate
1947, rating Sky PG, 70 mins

James Wilby and Hugh Grant star in an adaptation of EM Forster's 'Maurice'. FilmFour 10.15pm

SKY CINEMA
PREMIUM CHANNEL

4.00pm Destination Gobi
Richard Widmark, Don Taylor
War movie in which a team of weather surveyors from the US Navy find themselves under attack from Japanese forces during World War II. *1953, 86 mins*

5.30 Howards End
Emma Thompson, Vanessa Redgrave, Anthony Hopkins, Helena Bonham Carter, Crispin Bonham Carter, James Wilby, Peter Cellier
Lavish, Oscar-laden period drama based on the critically acclaimed novel by E M Forster. Two very different families' worlds collide in the early part of the 20th-Century when a poor woman inherits part of an estate from an upper class woman that she had befriended. *1992, rating Sky PG, 136 mins*

8.00 The Seven-Ups
Roy Scheider, Tony Lo Bianco, Richard Lynch, Larry Haines
Action thriller in which a cop sets out to stop rival mobsters from destroying one another in his city after one of his colleagues is killed in the cross-fire. This unofficial sequel to the *French Connection* is famous for it's memorable car chase scene. *1973, rating Sky 15, 99 mins*

10.00 Rebecca
Laurence Olivier, Joan Fontaine, George Sanders, Nigel Bruce
Alfred Hitchcock's thriller in which a young bride finds that her new house in Cornwall seems to contain some dark secrets. The film won a Best Picture Academy Award and Hitchcock picked up his first Best Director nomination. Text *1940, rating Sky PG, 125 mins*

12.10am Days of Glory
Gregory Peck, Alan Reed
1944, rating Sky 12, 82 mins
1.40 Quintet
Paul Newman, Bibi Andersson
1979, rating Sky 15, 114 mins
3.40-5.45am
The Glass Menagerie
1950, rating Sky U, 103 mins

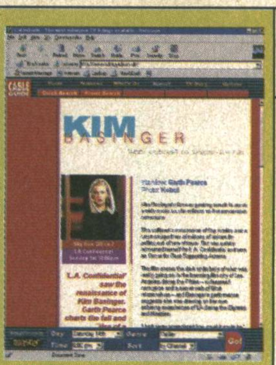
MOVIE RATINGS
Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm Lust for Life
Kirk Douglas, Anthony Quinn, James Donald, Pamela Brown, Everett Sloane, Noel Purcell
A visually striking adaptation of Irving Stone's biography of the tormented Dutch painter Vincent Van Gogh. Anthony Quinn won an Oscar for his performance as painter-friend Paul Gauguin. Widescreen *1956, 117 mins*

11.30 The VIPs
Elizabeth Taylor, Richard Burton, Maggie Smith, Orson Welles
Star-studded drama about the turbulent lives of a group of passengers going to New York. Widescreen*1963, 114 mins*

1.45am The Walking Stick
David Hemmings, Samantha Eggar
Crime drama. *1970, 98 mins*
3.30-5.00am
Escape from East Berlin
Don Murray
Adventure drama. *1962, 86 mins*



Want to know what Jon Voight movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm His Girl Friday
Cary Grant, Rosalind Russell
Comedy. Re-make of *The Front Page* in which a newspaper owner attempts to stop his editor joining a rival paper. However, he has his work cut out for him as his editor is also his ex-wife, who is shortly due to re-marry. *1940, 92 mins*

7.35 Lovely
Short film about an office tea lady.

8.00 1984
John Hurt, Richard Burton
Drama. A bleak and powerful adaptation of George Orwell's nightmare vision of life in a terrifying totalitarian state. A bureaucrat rebels against the system by falling in love, but discovers that no-one can escape the reach of Big Brother. *1984, 108 mins*

9.40 Trevor

10.15 Maurice
James Wilby, Hugh Grant, Mark Tandy, Rupert Graves
Drama. Lush Merchant Ivory adaptation of E M Forster's semi-autobiographical novel. The film looks at the lives of three gay men in Edwardian Britain and how their differing choices of relationships are tempered by the mood of the times. *1987, 134 mins*

12.40am Another Country
Rupert Everett, Besty Brantley
Drama. *1984, 87 mins*
2.10 Sunday
David Suchet, Lisa Harrow
Drama. *1997, 89 mins*
3.40-6.00am Before Sunrise
Ethan Hawke, Julie Delpy
Romance *1994, 97 mins*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
FIRESTORM
Action adventure. A team of firefighters parachute into a blazing forest to combat an inferno started during a prison breakout. Starring Howie Long and Suzy Amis. *1997, rating Sky 15, 85 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
FALLEN
Supernatural thriller starring Denzel Washington as a detective both hunting and hunted by an evil spirit demon which inhabits human bodies. With John Goodman. *1997, rating Sky 15, 120 mins*
PLAYS AT 6.00am, 8.30am, 6.30pm, 9.00pm

Sky Box Office 3
Channel 53
FLUBBER
Robin Williams raises chaos in this children's comedy as an absent-minded professor. *1997, rating Sky U, 90 mins*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 4
Channel 54
DOUBLE TEAM
Action thriller. When his son is kidnapped, an anti-terrorist agent teams up with an arms dealer to get him back. Stars Dennis Rodman and Jean-Claude Van Damme. *1997, rating Sky 18, 90 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions. Customers with a Videoway set-top-box must view all events on Channel 50.

SKY ONE

ACTION/ SELECTION PACKS

7.00am Count Duckula 7.30 The Chris Evans Breakfast Show 8.30 Hollywood Squares 9.00 Sally Jessy Raphael 10.00 The Oprah Winfrey Show 11.00 Guilty! 12noon Jenny Jones 1.00pm Mad About You Text 1.30 Jeopardy 2.00 Sally Jessy Raphael *Could This Animal Attack You?*

3.00 Jenny Jones
I Gave You All I Got, Now Give Me Another Shot!
Comedienne Jenny Jones chats with her guests who want their loved ones back.

4.00 Guilty!
Straight-talking columnist Carole Malone tackles the crimes and misdemeanours committed by friends and lovers.

5.00 Star Trek: Voyager
The Thaw
Voyager activates an automated message from the Kohls, who years earlier, survived an environmental catastrophe. Text

6.00 Guilty!
You Treat Women Like Dirt
Talk show with Carole Malone.

6.30 Friends
The One with The Hypnosis Tape Text

7.00 The Simpsons
Bart of Darkness Text

7.30 The Simpsons
King-Sized Homer
Homer intentionally gains weight so he can work from home. Text

8.00 Star Trek: Deep Space Nine
The Reckoning
Sisko must risk his son's life in order to fulfil his role as the Emissary. Text

9.00 First Wave
Motel California
Foster checks into a remote desert motel where unknowing guests find their every desire comes to life.

10.00 Seinfeld
The Clipshow – Parts I and II
A special two-part 100th episode that looks back at some of the moments which have defined the show.

11.00 Friends
The One with the Hypnosis Tape Text

11.30 Star Trek: Voyager
The Thaw
Sci-fi series. Text

12.30am The Commish
Letting Go
While trying to help an elderly woman recover her lost life savings, Tony learns that Rachel may have cancer.

1.30-7.00am Long Play
Enjoy a variety of music all night long.

UK GOLD

LIFESTYLE/ SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders 8.30 The Bill 9.00 The Bill 9.30 Pride and Prejudice 10.30 Rhoda 11.00 Dallas 11.55 Neighbours 12.25pm EastEnders 1.00 Juliet Bravo 2.00 Dallas 2.55 The Bill *Hot Plastic*

3.25 The Bill
Gaybashing
A man is assaulted in a public toilet, but what for?

3.55 EastEnders
Drama based on the local residents of Albert Square, in Walford.

4.30 Rhoda
Brenda and Rhoda both find that they have uninvited guests.

5.00 All Creatures Great and Small
Home and Away
James upsets the greyhound owners at the local dogtrack by being a little too conscientious.

6.00 Dynasty
Madness
Alexis demands custody of her grandson Danny when she hears that Blake and Krystle intend to adopt him.

7.00 Ever Decreasing Circles
Sitcom about domestic disharmony in suburbia.

7.40 Dad's Army
High Finance
Classic wartime sitcom.

8.20 The Brittas Empire
Snap Happy
Gordon Brittas is determined that there should be a commemorative staff photograph.

9.00 Casualty
Counting the Cost
Rivalry comes to a head in a hockey final, while a young boy refuses to say how he got his suspicious injuries.

10.05 Silent Witness
Buried Lies
Drama series about a forensic pathologist. While looking into the apparently accidental death of a young child who drowned, Dr Sam Ryan finds old injuries consistent with the child having been shaken viciously. But is this enough to stop the police closing the case?

11.50 The Bill
Hot Plastic

12.20am The Bill
Gaybashing

12.50 Blackadder the Third
Amy and Amiability

1.25 French and Saunders

2.00-3.00am Dangerfield

LIVING

LIFESTYLE PACK

6.00am Tiny Living 9.00 Can't Cook, Won't Cook 9.30 The Roseanne Show 10.00 The Jerry Springer Show 10.50 Maury Povich 11.40 Brookside 12.10pm Animal Rescue 12.40 Rescue 911 1.10 Special Babies 1.40 Beyond Belief: Fact or Fiction 2.10 Side Effects With Albert Schultz.

3.10 Living Room
An upbeat and humorous magazine programme, featuring human interest stories, celebrities, fashion and beauty.

4.00 Michael Cole
The one-time director of public affairs for Harrods hosts this talk show.

4.50 Rolonda
I'm Afraid My Child Might Kill Me
Audience participation talk show from America, hosted by Rolonda Watts.

5.40 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock.

6.15 The Jerry Springer Show
American talk show in which the host and his guests engage in lively discussion.

7.05 Rescue 911
Stories of real-life rescues by American emergency services. Hosted by William Shatner.

7.35 Animal Rescue
Follow RSPCA vets.

8.10 Maury Povich
American broadcast journalist Maury Povich hosts this compelling and personal talk show dealing with emotional conflicts.

9.00 FILM: Loving Evangeline
Karl Bury, Kelly Rowan, Shari Belafonte-Harper
Drama. A man returns to his boyhood home when his younger brother is killed in a boating incident. He becomes obsessed with the owner of the marina from which the boat was rented who believes the death was no accident. *1998*

11.00-12midnight The Sex Files II
Surprise
Sex talk show presented by Katrina Buchanan.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

ACTION PACK

6.00am Within These Walls 7.00 Holding the Fort 7.30 The Odd Couple 8.00 Hallelujah 8.30 The Many Wives of Patrick 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Upstairs, Downstairs 11.00 The Gentle Touch 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 The Many Wives of Patrick 1.30 Me and My Girl 2.00 Upstairs, Downstairs

3.00 The Love Boat
The Joker is Mild
A has-been comedian abuses a family tie in an astonishing bid to make a come-back. With guest Patty Duke Astin.

4.00 The Professionals
Rogue
A founder member of CI5 becomes a quarry of his own pupils when Bodie and Doyle find two key witnesses dead.

5.00 Hart to Hart
Harts and Hounds
A traditional fox hunt is marred by murder during the Harts' visit to England – and sends them on the trail of the killer.

6.00 Emmerdale
Elizabeth accuses Elsa of behaving like a spoilt brat.

6.30 Classic Coronation Street
Ron Sykes threatens Brian.

7.00 The Professionals
Not a Very Civil Servant
When whole estates of new homes begin to crumble, CI5 unearths corruption and murder at the hands of a ministry.

8.00 The Benny Hill Show
The pre-political correctness comedian stars in a series of sketches featuring a host of quirky characters, guest stars and a bevy of beauties.

9.00 The Sweeney
Big Spender

10.00 The Brian Conley Show

10.30-11.00pm Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS

ACTION PACK

11.00pm Rally World
Eric Michell presents rally action from around the globe.

11.30 The Power House
Motoring series which looks at modified cars.

12midnight 2 Wheels
Hosted by Paul Johnston.

12.30am Motor Week

1.00 Through the Gears
The weekly, topical international motoring and bike sport magazine show. Presented by Merrick Beesley.

1.30-2.00am 4 Wheels Good

DISNEY CHANNEL

ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof Troop 8.25 Toons 8.45 Winnie the Pooh 9.00 Spot 9.05 Animal Shelf 9.15 Pocket Dragons 9.30 Bear 9.55 Toothbrush 10.00 Bite Size 10.10 Rosie and Jim 10.30 Big Garage 10.45 PB and J 11.00 Sesame Street 12noon Spot 12.05pm Animal Shelf 12.15 Pocket Dragons 12.30 Bea 12.55 Toothbrush 1.00 Bite Size 1.10 Rosie and Jim 1.30 Big Garage 1.45 PB and J 2.00 Winnie the Pooh 2.30 Quack Pack

3.00 The Little Mermaid
Undersea adventures with the beautiful mermaid Ariel. Text

3.30 Art Attack
Art show hosted by Neil Buchanan. Text

4.00 101 Dalmatians
Animated series based on the classic canine story. Text

4.30 Hercules: The TV Show
Hercules and the Bacchanal

5.00 Recess
Animated series from the creators of *Rugrats*. Text

5.15 Pepper Ann Text

5.30 Smart Guy
Adventures with TJ. Text

6.00 Teen Angel
One Dog Night
In a Seventies flashback, Marty changes a dog into a man. Text

6.30 Boy Meets World
Chasing Angela Text

7.00 FILM: Cinderella
Whitney Houston, Brandy
Rodgers and Hammerstein's fabulous musical version of this classic fairy tale where the Fairy Godmother comes to the aid of poor down-trodden Cinderella so that she may go to the ball.
1997 Text

8.25 Honey, I Shrunk the Kids: TV Show
Comedy series based on the film. Text

9.10 Double Dinosaurs
A double dose of this prehistoric comedy in this Stone-Age sitcom based around the scaly but lovable Sinclair family. Text

10.00 Home Improvement

10.30 The Wonder Years
Of Mastodons and Men Text

11.00-12midnight Touched by an Angel Text

THE BOX

MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

MONDAY CONTINUES OVERLEAF...

6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME

CABLE CHOICE

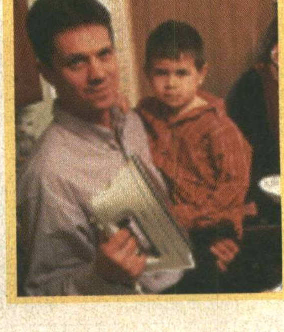
FILM

Maurice
FilmFour 10.15pm
James Ivory directed this Oscar-nominated adaptation of E M Forster's semi-autobiographical novel, which looks at the lives and relationships of three gay men in Edwardian Britain. Fine performances from James Wilby, Hugh Grant and Mark Tandy.

GENERAL

Greatest Hits Of ... The Cure
VH1 1.00pm
Since Robert Smith and fellow members of The Cure answered an advert in the Melody Maker from a record company looking for new bands, they have never looked back. Although they've been relatively quiet of late, they remain hugely popular and influential.

ADVERTISEMENT



WHY MEN DON'T IRON 9.00PM
UK HORIZONS
Is there a biological reason why most women are better at looking after the home and children and less driven to success in business than men? This controversial three part series answers this and other revelatory questions.

Monday 15 March

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

7.30am Alpine Skiing
8.30 Alpine Skiing
9.30 Biathlon
11.00 Rally
11.30 Speed Skating
12.30pm Ski Jumping
1.30 Snooker
Coverage of the quarter-final between John Higgins (Scotland) and John Parrott (England), at the German Masters in Bingen.

3.00 Cycling
Action from the sixth stage of the Tirreno to Adriatico Tour, a race that links the Tyrrhenean Sea and the Adriatic Sea.

4.00 Biathlon
Women's sprint event action from the World Cup in Holmenkollen, Norway.

5.00 Truck Sports
Review of the '98 Europa Truck Trial Season.

6.00 Adventure
The Gauloises Raid.

6.30 Sleddog
Action from the Yukon Quest International Sled Dog Race in Alaska.

7.00 YOZ Mag – Youth Only Zone
Includes highlights from the ISF World snowboard Championships in Val di Sole, Italy.

8.00 Trial
Coverage of the sixth round of the Indoor World Cup in Bremen, Germany.

9.00 Boxing
Another top International fighting contest.

10.00 Eurogoals
The best action from the top leagues in Europe.

11.30-12.30am Football
Programme dedicated to the legends of the World Cup.

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Ford Football Special: Middlesbrough v Southampton *Repeat from Sunday* **8.30 Snow Show 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Scottish Football 11.00 Football League Review: Burnley v Preston** *Repeat from Sunday* **12noon Aerobics Oz Style 12.30pm What a Weekend 1.00 Ford Football Special: Middlesbrough v Southampton 2.30 Spanish Football**
Action from a match in the Spanish top flight, as the likes of Barcelona and Real Madrid battle it out for those crucial league points in this closely-matched league. *Repeat from Saturday*

4.30 Powerboat and Jetsport World
Action from America, Asia, Africa and Europe.

5.00 Max Power
Featuring material from around the world, including both two- and four-wheel motorsport.

6.00 Sky Sports Centre
Sports headlines.

6.30 What a Weekend
Catch up on the weekend's sports action.

7.00 Football League Review
Nationwide League review including all the goals, news, interviews and analysis.

8.00 Sports Auction – LIVE
Coverage of the Soccer Legends 1999 auction. This is the chance to bid for some of the finest items of football memorabilia.

9.30 What a Weekend
Another chance to catch up on the weekend's sports action.

10.00 Sky Sports Centre
Top sports stories.

10.15 You're On Sky Sports!
Fans have their say.

11.00 Football League Review
Nationwide League review including all the goals, news, interviews and analysis.

12midnight Sky Sports Centre
Sports headlines.
12.15am You're On Sky Sports!
1.00 Football League Review
2.00 Totalsport
2.30-2.45am Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style
7.30 Racing News
8.00 Ford Golf USA: Honda Classic
11.00 Euro Tour Golf: Turespaña Masters
1.00pm Basketball: Uniball Trophy Final
Action from the 1999 Uniball Trophy Final. Last year the trophy was won by the Sheffield Sharks.

3.00 International Cricket: West Indies v Australia – LIVE
As the action from day three of the second Test commences at Sabina Park, Jamaica, the visitors attempt to continue where they left off in the Ashes series and conquer the West Indies.

5.00 Snow Show
Advice for aspiring skiers or snowboarders.

5.30 International Cricket: West Indies v Australia – LIVE
Continued coverage of the third day of this second Test from Sabina Park, Jamaica.

10.00 Table Tennis
Action from the 1999 English International Open Table Tennis Championships. At stake is a prize of $60,000.

11.00 Totalsport
Lifting the lid on the biggest issues in sport.

11.30 World Motor Sport
Fast-paced coverage from the circuit where all the latest news and views are tracked.

2.30am International Bowls: Australia v England
Action from the Triples stage in the second bowls Test.
4.30-4.45am Sky Sports Centre

SKY SPORTS 3
PREMIUM CHANNEL

12noon Rugby League: Challenge Cup Quarter-Final
Another chance to see action from the Silk Cut Challenge Cup quarter-finals in which the cream of the rugby league crop battle for the big prize.

1.30pm Badminton: All-England Championships
Highlights of the latest action from the Yonex All-England Badminton Championships at the Birmingham NEC.

5.00 Football League Review
Nationwide League review including all the goals, news, interviews and analysis.

6.00 Table Tennis
Action from the Women's Singles final in this year's English International Open Table Tennis Championships.

7.00 V-Max
The show about speed on land, water and in the air.

7.30 Totalsport
Top sporting issues are discussed.

8.00 International Bowls: Australia v England
Action from the Triples stage in the second bowls Test between Australia and England.

10.00 Shell's Wonderful World of Golf: Alliss v Lema
Programme reliving the most memorable golfing moments from the past.

11.00-11.30pm A to Z of Motorsport
Witness some of the true legends of the racing track.

Mark Calcavecchia defends his Honda Classic title and hopes to win the $2.6m prize money. Sky Sports 2 8.00am

MUTV
ADD-ON CHANNEL

6.00pm Game On
6.15 The Insiders
Meet the unsung heroes behind the scenes.

6.30 Kids Clinic
With Ryan Ford.

7.00 Red Hot News
The show that rounds up all the latest developments from Old Trafford.

7.30 Red Legends
With Paddy Crerand.

8.00 Super Match – Premier Classic: Manchester United v Middlesbrough
Classic action from 1997.

8.55 Red Hot Update

9.00 Super Match – Premier Classic: Manchester United v Middlesbrough
Continued Premiership action from the archives.

10.00 Talk of the Devils
Journalists and fans discuss the latest news.

10.45 Junior Masterfan
Under-16s compete to be Junior Masterfan.

11.15 Jump 'n' Pump
Aerobics exercise.

11.30-12midnight Red Hot News

SCI-FI
ACTION PACK

7.30am Bloomberg 8.00 Sightings 9.00 Battlestar Galactica 10.00 Quantum Leap 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon The Twilight Zone 1.00pm Tales of the Unexpected 1.30 Tales of the Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00 Battlestar Galactica
Take the Celestra
Starbuck enlists Apollo's help in rekindling an old flame.

4.00 The Incredible Hulk
Sideshow
David Banner is hired as a stage manager for a travelling carnival act.

5.00 Sightings
Bioperfection: The New Human Race
The series which reports on extraordinary real-life stories and encounters.

6.00 Time Trax
Lethal Weapons
Darien takes on a weapons manufacturer from the future. Stars Dale Midkiff.

7.00 Quantum Leap
Trilogy
Sam becomes embroiled in a terrifying cycle of violence surrounding a 10-year-old girl.

8.00 The Cape
Lost in Space
Peter endangers the life of one of his pupils and halts the launch of space shuttle Columbia.

9.00 Babylon 5
Chrysalis
Londo becomes obligated to a powerful mercenary agent. Stars Michael O'Hare and Jerry Doyle.

10.00 FILM: Timecop
Jean Claude Van Damme, Ron Silver, Mia Sara, Bruce McGill, Gloria Reuben, Scott Bellis
Sci-fi drama. Max Walker is a timecop who learns of a corrupt politician's plot to become president using time travel. *1994*

12midnight VR.5
Dr Strangechild
1.00am FILM: Poltergeist II: The Other Side
JoBeth Williams, Craig T Nelson, Heather O'Rourke
Sci-fi horror. *1986*
2.40 Sci-Focus Special
3.00 Dark Shadows
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

4.00pm Trisha
Today's talk show from ITV.

5.00 The Mix
A weekly rundown of charts, gossip and interviews, presented by Shovell of M People.

6.00 NBA '99
Basketball magazine featuring the best US action.

6.30 Bedrock
An hour of fun with celebrity guests, music, and bedroom webcams.

7.30 Wide Angle
Katie Derham looks at the week's news, and how it has been covered by the media.

8.00 Loved by You
Kate is doing the PR for a new book by an actress who was Michael and Dave's boyhood fantasy figure.

8.30 Maggie Winters
American sitcom about a woman who returns to her small-town roots when her big-city dreams go bust.

9.00 I Suppose You Think That's Funny
Celebrity panel game.

9.30 Days Like These
Sitcom set in the Seventies.

10.00 Cold Feet
Adam and Rachel want to move in together.

11.00 Coronation Street
Back-to-back episodes from yesterday and today on ITV.

12midnight Feature
12.30am-1.00am See You Friday

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Eurochicks 12.20 ..... and Muttley 12.45 FILM: Climax 2000 1.00 The Five Minute Free View 1.05 FILM continues 2.00 Sorority Sex Kittens 2.25 FILM: Club DV8 3.40 Luna 4.10-5.30am FILM: Paging Betty

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Gay Night: Man Hunt in Ibiza 12.10am Gay Night 12.20 Gay Night: Man Hunt in Ibiza 12.40 Gay Night: FILM: The Dirty Dozen 2.05 Gay Night 2.15 Gay Night: FILM: The Chain Reaction 3.35 Gay Night 3.45-4.00am Gay Night: Screen Test

Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

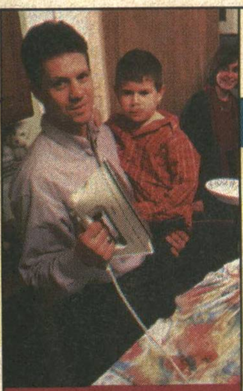
8.00pm FILM: Space Case
Hoyt Axton, Ray Walston, Joe Campanella
Sci-fi comedy set in the year 2094.

9.20 Out
Short drama.

9.35 FILM: Dangerous Obsession
Thriller.

11.00-12midnight Modern Love

Monday 15 March



'Why Men Don't Iron' looks at the the real differences between men and women. UK Horizons 9.00pm

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 Why Files 7.30 Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 Why Files 9.30 Indecent Proposals 10.00 Agony 10.30 Fashion Show 11.00 Judge Judy 11.30 Mind Games 12noon Why Files 12.30pm Agony 1.00 Lie Detector 1.30 The Fashion Show 2.00 Judge Judy 2.30 Mind Games

3.00 Agony
More much-needed relationship advice.
3.30 Lie Detector
Uncovering deception using modern methods.
4.00
Indecent Proposals
Cash for foolishness.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
More much-needed relationship advice.
5.30 The Why Files
Psychic investigations into the weird and wonderful.
6.00
The Fashion Show
A look at the headlines among the hemlines.
6.30
Indecent Proposals
7.00 Sport at Seven: Women's Wrestling
Leotard-clad women prove men are not the only forces to be reckoned with in the ring.
8.00 The Why Files
Psychic investigations into the weird and wonderful.
8.30 Judge Judy
The feared American judge with another case.
9.00 Lie Detector
Uncovering deception using modern methods.
9.30 Mind Games
With Marc Paul.
9.57 Topless Darts
10.00 Love Street
US erotic series.
10.30 Exotica Erotica
More dazzling visuals of an erotic kind.
11.30 Blue Review
11.45am
Painted Ladies
11.57pm Topless Darts
12midnight Love Street 12.30am Private Dancer 12.45 Pleasure Dome 1.00 Exotica Erotica 2.00 Orgasmatron 2.15 Janeycam 2.30 Love Street 3.00 Agony 3.30 Why Files 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation L!VE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Cross Wits
Hosted by Tom O'Connor.
5.45
The Games Room
6.00 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.30
The Games Room
6.45 Catchphrase
Quiz hosted by Roy Walker.
7.15
The Games Room
7.25 100 Per Cent
7.55
The Crystal Maze
Contestants face a series of challenges in a giant fantasy world, with the aim of collecting as many crystals as possible in the Crystal Dome.
9.00
The Games Room
9.15 Strike it Lucky
With Michael Barrymore.
9.45
The Games Room
10.00 Candid Camera
More comedy footage.
10.30
Karaoke Challenge
Mike Read presents the show from Porthcaw.
11.00
Carnal Knowledge
Quiz show that reveals the most intimate secrets of the British public. Hosted by Graham Norton.
12midnight Strike it Lucky 12.30am Split Second 1.00 3-2-1 2.00 Love at First Sight 2.30 Studs 3.00 Simply Irresistible 3.30 Blockbusters 4.00 Fifteen to One 4.30 Don't Drink the Water 5.00-6.00am Shopping with Screenshop

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Kitchen College 10.00 Restaurant Show 10.30 First Taste 11.00 Worrall Thompson 11.30 Slice of Action 12noon Network 12.30pm Nordic Nosh 1.00 Kitchen College 1.30 Tessa's Tastebuds 2.00 Ed Baines 2.30 Network
3.00 Cooked in a Flash
3.30 A Slice of the Action
4.00 Ross in Thailand
4.30-5.00pm
Gordon Ramsay's Passion for Flavour

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show presented by Bill Dodd.
5.30 Gridlock
Hosted by Simon Biagi.
6.00 My Two Wives
Moving In
6.30 Our House
Suzi Becker presents the lifestyle series which takes a look at unusual homes.
7.00 Shine on, Harvey Moon
Hail the Conquering Hero
Harvey Moon is discharged from the airforce and makes his way home.
8.00
Birds of a Feather
The Beautiful Game
8.30 A Kind of Living
Sitcom about a chauvinistic school teacher.
9.00 The Ruth Rendell Mysteries: The Speaker of Mandarin
Part two of a three part drama. Wexford believes he has found a clue.
10.00 Big Sky
The Wrong Box
Jimbo and Blake assist Lightfoot in tracking bugged packages to help crack a drugs ring.
11.00
Hill Street Blues
Eighties US police drama series set in a tough urban area. Starring Daniel J Travanti and Bruce Weitz.
12midnight My Two Wives
Moving In
Sitcom about a lawyer who lives in the flat above his ex-wife and children.
12.30am-1.00am Gridlock
Hosted by Simon Biagi.

ANIMAL PLANET
WORLD PACK

12noon The New Adventures of Black Beauty
12.30pm Hollywood Safari
Ghost Town
1.30 Deadly Australians
Featuring man-eating sharks, giant squids and the giant octopus.
2.00 It's a Vet's Life
More surgery cases with vet John Baxter.
2.30 Human/Nature
With Simon Reeve.
3.30 Harry's Practice
A look at the work of vet Harry Cooper in his practice in northern Tasmania.
4.00 Jack Hanna's Animal Adventures
Miami Serpentarium
4.30 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
5.00 Pet Rescue
With Wendy Turner and Mark Evans.
5.30 Crocodile Hunter
The Crocodile Hunter – Part I
6.00
The New Adventures of Black Beauty
Children's drama series.
6.30 Lassie
On the Case
7.00 Rediscovery of the World
New Zealand – The Rose and the Dragon
Explorer Jacques Cousteau rediscovers New Zealand.
8.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
8.30 Going Wild with Jeff Corwin
Olympic National Park
9.00 Wild At Heart
Long-Horned Beetles
Visit the animal kingdom.
9.30 Emergency Vets
Stories from Alameda East veterinary hospital.
10.00
The Savage Season
Visit the edge of the great Kalahari desert in northern Botswana as the winter begins to set.
11.00
Breed All About It
Greyhounds
A profile of the racing dog.
11.30-12midnight Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am The Day the Universe Changed 7.50 The Great Egg Race 8.30 Vanessa 9.30 Esther 10.00 Vets in Practice 10.30 Lion Country 11.00 Making Babies 12noon Kingdom of the Ice Bear: The Frozen Ocean 1.00pm The Day that Changed My Life 1.30 Situation Vacant 2.15 Situation Vacant
3.00 Trust Me, I'm a Doctor
Dr Phil Hammond discusses medicines.
3.30 Esther
Celebrity Siblings
4.00 Vanessa
Larger-than-life presenter Vanessa Feltz, formerly of *The Big Breakfast*, tackles real-life issues with a studio audience.
5.00 Animal Hospital
With Rolf Harris and Steve Knight.
5.30 Lion Country
A daily look at life at the stately home of Longleat.
6.00
The Un-Americans
To Hell with Truth
Last in the series of programmes looking at anti-communist paranoia.
7.00 Tomorrow's World Plus
Presented by Peter Snow.
7.30
The Body in Question
Naming the Parts
8.00 The Storm Troop
Follow capuchin monkeys.
8.30 BG Wildlife Photographer of the Year
All at Sea
9.00
Why Men Don't Iron
Learning the Difference
Series asking why most women are better at looking after the home.
10.00 The Clampers
Fly-on-the-wall look at British traffic wardens.
10.30
Back to the Floor
Working Holiday
11.00 Top Gear GTi
The latest models and the hottest motoring news, featuring consumer tips.

12midnight-1.00am
The OJ Simpson Trial
A recap of the murder trial which gripped the US.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Psychic Livetime
7.00 Astrology Livetime
8.00 E! Celebrity Profile
9.00 Restaurant Recipes
9.30 Healthbeat
10.00 The View
11.00 The Pet Show
11.30 Gorgeous Gardens
12noon
The Montel Williams Show
1.00pm Agony Livetime
2.00 The View
3.00 Agony Livetime
Interactive magazine programme which offers viewers the opportunity to put questions to celebrity guests. With Becky Want.
4.00 The Montel Williams Show
I'm in Love with Two Men
US chat show presented by the Emmy Award winning host.
5.00 Club Vegetarian
With Michaela Strachan.
5.30-6.00pm Gorgeous Gardens
Gardening magazine.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm World of the Kingfisher
A look at the kingfisher's breeding world in Africa.
7.30 Okavango Diary
Filming in Botswana.
8.00 Land of the Anaconda
Jesus Rivas delves into the layers of mud to unveil the secret world of the largest snake in the world.
9.00 Ron Haviv: Freelance in a World of Risk
Profile of the World Press award winner and his photographic achievements.
10.00 Mystery of the Mummies: The Mystery of the Cocaine Mummies
Why was cocaine and nicotine found in mummies?
11.00 Lost Worlds: In Search of Human Origins
Last part of a three part exploration into our human ancestors.
12midnight On the Edge: Nuclear Nomads
The Bikini Islanders return home for the first time after the detonation of the first hydrogen bomb.
12.30am-1.00am
On the Edge: U-Boats – Terror on the Shores

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits
9.00 Bytesize MTV
11.00 brand:new
Cutting edge music guide.
12noon Mad 4 Hits
2.00pm US Top 20
Weekly update on stateside chart action with a rundown of the hottest videos from the Billboard Hot 100.
3.00 Bytesize MTV Pop
4.00 Select MTV
6.00 Bytesize MTV
7.00 brand:new
8.00 Hit List UK
9.00 News Daily Edition
9.30 Say What??
A show for the music junkie who cannot stand to miss a word.
10.00 Movie Special: The Rise of the Movie Soundtrack NEW
10.30 UK Singled Out
Daring dating game with Richard Blackwood and Sarah Cawood.
11.00 Mad 4 Hits
12midnight Superock
1.00am Movie Special: The Rise of the Movie Soundtrack
1.30 UK Singled Out
2.00-6.00am Night Videos

VHI
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12noon Ten of the Best: Huggy Bear 1.00pm Greatest Hits of... The Cure NEW 1.30 Pop-Up Video 2.00 Jukebox 5.00 Five@Five 5.30 Pop-Up Video 6.00 Happy Hour with Toyah Willcox 7.00 VH1 Hits 8.00 VH1 Album Chart Show 9.00 Bob Mills' Big 80s 10.00 Greatest Hits of... Queen 11.00 Ed Sullivan's Rock 'n' Roll Classics 11.30 Talk Music 12midnight VH1 Country 1.00am American

TRAVEL
FREE BONUS CHANNEL

12noon Tread the Med 12.30pm Tales from the Flying Sofa1.00 Holiday Maker 1.30 Floyd on Oz 2.00 Flavours of Italy 2.30 Australian Odyssey 3.00 Escape from Antarctica NEW 4.00 Go 2 4.30 Across the Line 5.00 Cities of the World 5.30 Pathfinders 6.00 Floyd on Oz 6.30 On Tour 7.00 Tread the Med 7.30 Tales from the Flying Sofa 8.00 Travel Live 8.30 Go 2 9.00 Escape from Antarctica 10.00 An Australian Odyssey 10.30 Across the Line 11.00 On Tour 11.30-12midnight Pathfinders

UK STYLE
LIFESTYLE PACK

7.00am Fat Man in France 7.30 Changing Rooms 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Style Challenge 9.30 Change That 10.00 Antiques Roadshow 11.00 Gardeners' World 11.30 Terrace 12noon Can't Cook, Won't Cook 12.30pm Style Challenge 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Fat Man in France 2.30 Geoff Hamilton 3.00 Stefan's Garden Roadshow 3.30 Can Ski... Will Ski! 4.00 The House Detectives 4.30 Antiques Roadshow 5.30 Can't Cook, Won't Cook 6.00 Wilderness Walks 6.30 The Air Show 7.00 Antiques Roadshow 8.00 Style Challenge 8.30 Change That 9.00 Delia Smith's Winter Collection 9.30 Celebrity Ready, Steady, Cook 10.00 Antiques Roadshow 11.00 Gardeners' World 11.30 Growing Places 12midnight Gardening Neighbours 12.30am-1.00am Travel Xpress

Monday 15 March

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Today's Gourmet 6.30 Graham Kerr 7.00 Room Service 7.30 The Painted House 8.00 Wedding Story 8.30 A Baby Story 9.00 Simply Painting 9.30 Great Gardening Plot 10.00 Instant Gardens 10.30 Two's Country Cooking 11.00 Diceman 11.30 Rex Hunt 12noon Our House Down Under 12.30pm Antiques Trail 1.00 Our House 1.30 Hometime 2.00 New Yankee Workshop 2.30 Home Again 3.00 This Old House 3.30-4.00pm Charlie West

DISCOVERY
WORLD PACK

4.00pm Rex Hunt's Fishing Adventures
Sydney

4.30
A River Somewhere
Tongariro River, NZ

5.00 Hitler
The Private Man
Unravelling the truth about Hitler's childhood, youth, family background, and his ideology.

6.00 Wildlife SOS
At look at the work of staff at the Wildlife Aid rescue centre in Leatherhead.

6.30 Untamed Africa
Simba's Death
The lioness gives up her battle to live.

7.30 The Quest
The Face of Fear
An examination into the function of fear.

8.00 Nick's Quest
Orinoco Crocodile
Nick visits Venezuela.

8.30
The Supernatural
God Bear of Kamchatka

9.00 Killer Quake
Scientists reveal why the earthquake which hit Los Angeles in 1994, causing widespread damage, occurred.

10.00 Amazing Earth
The Catastrophic Past
Documenting the most catastrophic events in the Earth's 4.6 billion year history.

11.00 Wings
Hugging the Deck
A chronicle of the McDonnell Douglas A4 Skyhawk fighter, and its role.

12midnight
The Great Egyptians
Ramses
A history of Ramses the Great, who ruled ancient Egypt for a lengthy and unprecedented 67 years.

1.00am-2.00am Hitler
The Private Man

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Blinky Bill 6.00 The Tidings 6.30 Tabaluga 7.00 Scooby-Doo 7.30 Dexter's Laboratory 8.00 Looney Tunes 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 The Tidings 10.00 The Magic Roundabout 10.30 The Fruitties 11.00 Tabaluga 11.30 Yo! Yogi 12noon Tom and Jerry 12.30pm Looney Tunes 1.00 Popeye 1.30 The Flintstones 2.00 The Jetsons 2.30 Droopy

3.00 Taz-Mania
More devilish antics with the devil from down under.

3.30 Scooby-Doo
Canine crime-busting with Scooby and the gang.

4.00
The Powerpuff Girls
Cute crime fighting.

4.30
Dexter's Laboratory
Chemical chaos.

5.00 Ed, Edd 'n' Eddy
The trials and tribulations of the teenage pals.

5.30
Cow and Chicken
Fun with odd siblings.

6.00 Animaniacs
Comedy chaos with the Warner brother and sister.

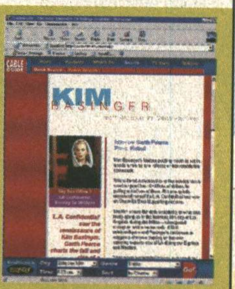
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.

7.00 Tom and Jerry
Madcap comic antics with the sparring cat and mouse duo.

7.30 Looney Tunes
Classic cartoons.

8.00
Cartoon Cartoons

8.30-9.00pm
Cult Toons
Animation from the archives.



Want to know if your favourite episode of *Taxi* is on this month?
Our new online TV listings guide will tell you!
http://www.cableguide.co.uk

NICKELODEON
FAMILY PACK

6.00am Rocko 6.30 Bruno the Kid 7.00 CatDog 7.30 Rugrats 8.00 Wild Thornberrys 8.30 Arthur 9.00 Children's BBC on Nickelodeon 10.00 Wimzie's House 10.30 Papa Beaver Stories 11.00 The Magic School Bus 11.30 PB Bear/Budgie the Little Helicopter/Animal Antics/Family Ness 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Little Bear Stories 2.00 Paddington Bear/Lizzie's Library/Portland Bill/Mr. Men 2.30 Children's BBC on Nickelodeon

3.00 Children's BBC on Nickelodeon
Including *Teletubbies.*

3.30 Doug
Doodle the day away with the painfully average Doug.

4.00 Three Friends... and Jerry
Suburban adventures.

4.30 Rugrats
More fun with the tousle-haired nippers.

5.00 Sister Sister
Tia, Tamera and their parents try to live together.

5.30 Kenan & Kel
The adventures of two funky friends.

6.00 Renford Rejects

6.30-700pm Moesha

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
Stars Jenny McCarthy.

7.30 Grace Under Fire
Finders Keepers

8.00 Ellen
Two Ring Circus
Paige has a dilemma over a pair of engagement rings.

8.30 Spin City
Same Time, Next Year

9.00 Drop the Dead Donkey
The New Newsreader

9.30 Whose Line is it Anyway?
Game of improvisation.

10.00 Frasier
Here's Looking at You
Frasier invests in a telescope.

10.30 Cheers
The Stork Brings a Crane

11.00 Seinfeld
The Library
Jerry's overdue book.

11.30 The Larry Sanders Show
Larry's Birthday

12midnight Late Night with David Letterman 1.00am Taxi 1.30 Frontline 2.00 Dr Katz 2.30 Tibs and Fibs 3.00 Nightstand 3.30-4.00am Abbott and Costello

FOX KIDS
FAMILY PACK

6.00am Adventures of Dodo 6.05 Power Rangers Turbo 6.30 Power Rangers Turbo 6.55 Spiderman 7.20 Oggy 7.30 Donkey Kong 8.00 Hero Turtles: Next Mutation 8.25 Incredible Hulk 8.50 Iron Man 9.15 Fantastic Four 9.40 X-Men 10.05 Casper 10.30 Oggy 10.55 Eek!Stravaganza 11.05 Bobby's World 11.30 Life with Louie 11.55 Home to Rent 12.05pm Dennis and Gnasher 12.30 Donkey Kong 1.00 Mowgli 1.25 Ace Ventura 1.55 Incredible Hulk 2.20 Iron Man 2.45 Fantastic Four

3.10 X-Men

3.30
Fox Kids X-Press
With Roy and Lisa.

3.35 Spiderman
Arachnid adventures.

4.00 Goosebumps
More spooky stories.

4.25 Hero Turtles: The Next Mutation

4.50 Casper
Mischievous capers.

5.00
Dennis and Gnasher
Menacing antics.

5.30 Ace Ventura
Animated adventures of the zany pet detective.

6.00
Donkey Kong Country

6.30 Eek!Stravaganza

6.55-7.00pm Oggy and the Cockroaches

SHOP!
LIFESTYLE/ SELECTION PACKS

12midnight Bargain Shop!
12.30am Shop! Selection
1.30 The Gift Store
2.30 Do it Yourself
3.00 Sporting Brands
4.00 On Screen
5.00 Branded!
6.00 Shop! Selection
7.00 Bargain Shop!
7.30 The Gold Collection
Aquamarine, the birthstone for March, is featured.
8.30 Dress for Less
Wardrobe ideas for spring.
9.30 Travel Bag
Accessories for travel.
10.00 Y-Zone
Teen essentials.
11.00 The Gift Store
A special range of gifts for Easter.
12noon
The Gold Collection
More offers on jewellery.
1.00pm Bargain Shop!
2.00 Shop! Selection
A roundup of the best offers on Shop!
3.00 The Clothes Line
Fashion problems solved.
4.00 On Screen
Shop! recommends the best in home computing.
5.00-6.00pm
Shop! Selection
A roundup of the best offers on Shop!

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 7.00 News 9.30 The World Today 10.00 News 1.30pm UK Today 2.00 News 2.30 The World Today 3.00 News 4.00 News 5.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 UK Direct 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 Best of Insight 6.30 Managing 7.30 Sport 8.30 Showbiz 9.00 NewsStand 10.30 Sport 11.30 Biz Asia 12.30pm Pinnacle Europe 1.30 World Report 2.30 Showbiz Today 3.30 Sport 4.30 Artclub 5.00 Newsstand 6.45 American Edition 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.30am Showbiz 1.30 Q&A 2.00 Larry King 3.30 Newsroom 4.30-5.00am World Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 11.30 Money 12noon Sky News Today 2.30pm Your Call 4.30 Sky World News 5.00 Live at Five 6.00 News on the Hour 7.30 Sportsline 8.00 News on the Hour 8.30 Sky Business Report 9.00 News on the Hour 9.30 Sky World News 10.00 Primetime 12.30am CBS News 1.30 Sky World News 2.30 Sky Business Report 3.30 Showbiz Weekly 4.30 The Book Show 5.30-6.00am CBS News

INTERNATIONAL

TV5 5.00am Journal Télévisé TV5 5.15 Journal des Journaux 5.30 Télématin et Le Journal 6.00 TV5 Infos 7.00 Journal 7.30 Magellan 8.05 Zig Zag Café 9.00 Journal 9.15 Fiction: Tango Mambo et Tcha Tcha 11.00 TV5 Infos 11.05 Voilà Paris 11.30 Journal 12.05pm Mise au Point 1.00 Journal 1.15 Fiction: Tango Mambo et Tcha Tcha 3.00 Journal 3.15 TV5 Questions 3.30 Méditerranéo 4.00 TV5 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Fiction: Tango Mambo et Tcha Tcha 7.00 Journal 7.30 Journal et Le Journal 8.00 TV5 Infos 8.05 Le Point 9.00 Journal 9.15 Cinéma: Tout Peines Confondues 11.00 Journal 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Thekikaat 12.30pm Junoon 1.00 Swabimaan 1.30 FILM 4.00 Ek Kahani 4.30 Lahu Ke Phool 5.00 Inspector Vijay 5.30 Uran Chadini 6.00 Tiger 6.30 Lifeline 7.00 Swabimaan 7.30 News 8.00 Variety Programme 8.30 FILM 11.30 News 12midnight Swabimaan 12.30am A Mouthful of Sky 1.00 FILM 4.00 Inspector Vijay 4.30 Uran Chandini 5.00 Kaala Daira 6.00 Bhakti Sagar 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Your Zindagi 6.30 Geet Gata Chal 7.00 Faith: Hindu 7.30 News 8.00 Ru-Ba-Ru 8.30 Tara-2 9.00 Jaan 9.30 Banegi Apni Baat 10.00 Pal-Do-Pal 11.00 Jhat Pat Khanna 11.30 Parampara 12noon FILM: Himmat 3.00pm Bangla TV – Nokhattrer Rat 3.30 Ikke Pe Ikka 4.00 Akbar Birbal 4.30 Quiz Contest 5.00 Neeyat 5.30 Chahat Aur Nafrat 6.00 Music Mag 6.30 Teacher 7.00 Ghar Jamai 7.30 Filmi Baatein 8.00 News 8.30 Mausam 9.00 KTC Sa Re Ga Ma 10.00 The Big Debate 11.00 Shapath 11.30 Blunt 12midnight News 12.30am Aap Ki Adalat 1.00 Bangla TV 1.30 Parivartan-2 2.00 FILM 4.30 Revathi 5.00 Punjabi Folk Songs 5.30-6.00am Old is Gold

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Money Matters 4.45 John Avanzini 5.00 Victory 5.30 Jack Van Impe Presents 6.00 Global Harvest Force/Heart Connection 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is your Day 8.15 Money Matters 8.30 Catch the Fire 9.00 Another Day of Victory 9.30 Life in the Word 10.00 Power of Praise 10.30 A Call to Prayer 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business with financial market reports on the half hour, plus: 2.15am Bloomberg Money 3.19 Clips 4.49am Ask the IFA

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am Select Committees 2.30pm House of Commons 11.00 The Record 11.30-12midnight European Focus

SKY SOAP
LIFESTYLE PACK

11.00am
Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm
As the World Turns
1.15 Albion Market
Jaz Sharma is in the dock.
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
3.30-4.00pm
Emmerdale Farm

THE HISTORY CHANNEL
WORLD PACK

4.00pm Vietnam
America in Vietnam
5.00 Project Cancelled
The Fairey Delta Two
NEW SERIES A look at how the British aircraft industry could field world class design.
6.00 Ancient Egypt
Quest for Immortality
7.00 Fabulous Fortunes
Lucky Strike – Nature's Bounty
7.30-8.00pm I, Witness
Joining Up

SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Sky Destinations
12noon
American Adventurer
12.30pm Around the World
1.00
Travels with Chuck Henry
1.30 Holiday Reflections
2.00 The World of Geo
3.00 Around the World
3.30-4.00pm
World's Weirdest Places
Wacky Places to Stay

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 3.00pm.

CABLE CHECK
Some of the channels listed may not be available in your area

Graceland officially authorises the first and only tribute of its kind.

ELVIS™
The King of Rock & Roll

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ELVIS

Actual size of sculpture is approximately 5½" (13.9 cm) in height.

A magnificent Collector's Edition sculpture displayed within a crystal-clear dome.

Elvis Presley. The King of Rock and Roll. The entertainer who not only influenced popular music history, but changed its very course.

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FRANKLIN MINT

Tuesday 16 March

SKY PREMIER

PREMIUM CHANNEL

MORNING

6.00 AM **6.00am The Lies He Told**
1996, rating Sky PG, 88 mins
8.00 American Tail 2:
Fievel Goes West
1991, rating Sky U, 72 mins
10.00 House Arrest
1996, rating Sky PG, 104 mins
12noon The Directors:
The Films of Joel Schumacher
1.00pm Hollywood Buzz
2.00 The Lies He Told
Gary Cole, Karen Sillas,
George R Robertson
3.00 PM Riveting drama in which a lawless renegade, who is on the run from the authorities, lures a trusting young woman into a secret world of lust and deception. *1996, rating Sky PG, 88 mins*

4.00 PM **4.00 American Tail 2: Fievel Goes West**
Voices of John Cleese, James Stewart, Dom DeLuise
Animated Western adventure. Fievel the mouse and his family 5.00 PM move out to the Old West. Once there, he gets into the gun-slinging spirit, teaming up with a dozy but wise sheriff to take on a posse of bad guys. *1991, rating Sky U, 72 mins*

6.00 PM **6.00 House Arrest**
Jamie Lee Curtis, Kevin Pollack, Jennifer Love Hewitt
Comedy. Two warring parents are locked in the basement by their children and told not to 7.00 PM come out until they have sorted out their differences. When the children's friends find out what has happened, they too place their parents under house arrest. *1996, rating Sky PG, 104 mins*

8.00 PM **8.00 Wall Street**
Michael Douglas, Charlie Sheen, Daryl Hannah, Terence Stamp
Oliver Stone's scorching drama about a young Wall Street dealer who, seduced by money and 9.00 PM power, hooks up with a high-powered company trader and is forced to compromise his morals and 'sell his soul' for success. Text *1987, rating Sky 15, DS, 120 mins*

10.00 PM **10.00 The Full Monty**
Robert Carlyle, Tom Wilkinson, Mark Addy, Paul Barber
Bittersweet comedy. A group of unemployed steelworkers turn to stripping to make ends meet. 11.00 PM However, to be a success they know that they have to go further than the conventional acts. Text *1997, rating Sky 15, 88 mins*

11.40
Never Talk to Strangers
12.00 *Rebecca DeMornay*
Tense thriller. *1995, rating Sky 18, DS, 82 mins*

NIGHT TIME

1.10am The Sheltering Sky
John Malkovich, Debra Winger
1990, rating Sky 18, 132 mins
3.30-5.20am The War of the Roses
Kathleen Turner, Michael Douglas
Text *1989, rating Sky 15, 112 mins*

SKY MOVIEMAX

PREMIUM CHANNEL

7.00am A Holiday for Love
1996, rating Sky U, 90 mins
9.00 Spiceworld the Movie
Melanie Brown, Emma Bunton
Musical adventure. Text *1997, rating Sky PG, 89 mins*
11.00 Laura Lansing Slept Here
Katharine Hepburn, Karen Austin
1988, rating Sky PG, 96 mins
1.00pm A Holiday for Love
Melissa Gilbert, Tim Matheson,
Drama. *1996, rating Sky U, 90 mins*

3.00
The Buttercream Gang
Michael D Weatherred
Children's adventure. The Butter Cream Gang is a group which is dedicated to doing good deeds for charity and needy locals. One of the boys moves to Chicago and falls in with a bad crowd. On his return, the gang decides that he must change his ways. *1992, rating Sky U, 94 mins*

5.00
Laura Lansing Slept Here
Katharine Hepburn, Karen Austin, Joel Higgins
Drama about a famous novelist who rises to the challenge that she cannot co-exist with a 'normal' middle-class family for a whole week. Will she be able to pull it off? *1988, rating Sky PG, 96 mins*

7.00
Spiceworld the Movie
Melanie Brown, Emma Bunton, Melanie Chisholm, Geri Halliwell,
Musical adventure starring pop sensations the Spice Girls. The film is a spoof of their lives and their spectacular rise to fame, and follows the preparations for a concert at the Royal Albert Hall and meetings with fans. Text *1997, rating Sky PG, 89 mins*

9.00
Hollywood Confidential
Edward James Olmos, Ricky Aiello, Brent Huff
PREMIERE Drama about a former LA police officer who runs a detective agency and specialises in keeping potential celebrity scandals out of the press. However, his latest case is more complex than usual. *1997, 89 mins*

11.00 Brutal Glory
Timothy Brantley
Drama based on a true story. A boxing champion takes his passion for the sport to the extremes to get ahead. *1989, rating Sky 15, 93 mins*
12.40am Normal Life
Ashley Judd, Luke Perry
1995, rating Sky 18, 97 mins
2.25 Murphy's Romance
1985, rating Sky 15, 103 mins
4.15-6.00am
The Buttercream Gang
1992, rating Sky U, 94 mins

Richard Dreyfuss, Barbara Hershey and Danny DeVito star in the comedy 'Tin Men'. FilmFour 8.10pm

SKY CINEMA

PREMIUM CHANNEL

4.00pm
Advise and Consent
Henry Fonda, Don Murray
Political drama. A politician is hand-picked by the President to become secretary of state. This causes a rift on the Senate floor between the supporters and opponents of the administration. An investigation into his past reveals dark secrets and results in blackmail. *1962, rating Sky PG, 132 mins*

6.30 Destination Moon
John Archer, Warner Anderson, Tom Powers, Dick Wesson,
Sci-fi drama. A businessman arranges for an expedition to the moon before the Russians get there first, but after the US astronauts fly there and establish a base, they realise they may not have enough fuel to return to earth. *1950, rating Sky U, 88 mins*

8.00 A Touch of Larceny
James Mason, George Sanders, Vera Miles, Oliver Johnston
Comedy. A deskbound former submarine commander falls in love with his wealthy new colleague's wife. To win her, he needs money, so he plans to make himself look like a traitor, so he can sue newspapers for libel when they print his story. *1959, rating Sky U, 88 mins*

10.00 Going My Way
Bing Crosby, Barry Fitzgerald
Oscar-winning comedy about an easy going cleric who faces a struggle for acceptance from the incumbent priest when he arrives in a gritty New York parish. However, he soon has street gangs singing in the choir, and organises a tour to pay off the church's mortgage. *1944, rating Sky U, 121 mins*
12.05am No Way to Treat a Lady
Rod Steiger, Lee Remick
1968, rating Sky 15, 104 mins
1.55 The Effect of Gamma Rays on Man-in-the-Moon Marigolds
Joanne Woodward, Nell Potts
1972, rating Sky 15, 97 mins
3.40-5.05am Seven Days' Leave
1942, rating Sky U, 84 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

FAMILY PACK

9.00pm Fame
Irene Cara, Lee Curreri, Paul McCrane, Barry Miller
Musical drama about life at New York's High School for the Performing Arts, where a chosen few strive to get to the top of their desired professions. The students include ambitious singer-dancer Coco, comedian Ralph, talented dancer Leroy, and keyboard player Bruno, whose taxi-driving father is forever plugging his son's music. *1980, 128 mins*

11.30 Ada
Susan Hayward, Dean Martin
Political drama about a former prostitute who marries a state governor. *1961, 109 mins*
1.45am The Hunger
David Bowie, Susan Sarandon
Erotic drama. *1983, 63 mins*
3.30-5.00am
Village of the Damned
George Sanders, Barbara Shelley
Horror. *1960, 74 mins*

KIM
BASINGER

Want to know what James Mason movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR

ADD-ON CHANNEL

6.00pm Journey to the Centre of the Earth
James Mason, Pat Boone, Peter Ronson
Drama in which an Edinburgh geology professor plans an expedition to the centre of the earth. Mason and his party arrive in Iceland to start their descent from one of the country's cave systems, and so begins a quest that takes in prehistoric beasts, lethal winds and near-starvation. *1959, 130 mins*

8.10 Tin Men
Richard Dreyfuss, Danny DeVito, Barbara Hershey
Comedy drama set in Sixties Baltimore about a hustler and a loser, both in the aluminium-siding business, whose lives converge after they are involved in a car accident. *1987, 95 mins*

10.05 The Pillow Book
Vivian Wu, Ewan McGregor, Yoshi Oida, Ken Ogata
Romantic drama about, a woman who is obsessed with books, papers and painting calligraphy on the human body. She meets ideal soul-mate Jerome, an English translator sent to Japan and together they fulfill they private fantasties. *1995, 126 mins*
12.15am Hélas Pour Moi
Gerard Depardieu, Bernard Verley, Laurence Masliah
Drama. *1993, 95 mins*
1.55 Nothing Personal
John Lynch, James Frain
Irish drama. *1995, 81 mins*
3.20-6.00am Cal
John Lynch, Helen Mirren
Irish drama. *1984, 99 mins*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
FIRESTORM
Action adventure. A team of firefighters parachute into a blazing forest to combat an inferno started during a prison breakout. Starring Howie Long and Suzy Amis. *1997, rating Sky 15, 85 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
FALLEN
Supernatural thriller starring Denzel Washington as a detective both hunting and hunted by an evil spirit demon which inhabits human bodies. With John Goodman and Donald Sutherland. *1997, rating Sky 15, 120 mins*
PLAYS AT 6.30pm, 9.00pm

Sky Box Office 3
Channel 53
FLUBBER
Robin Williams raises chaos in this children's comedy as an absent-minded professor. With Christopher McDonald. *1997, rating Sky U, 90 mins*
PLAYS AT 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 4
Channel 54
DOUBLE TEAM
Action thriller. When his son is kidnapped, an anti-terrorist agent teams up with an arms dealer to get him back. Stars Dennis Rodman and Jean-Claude Van Damme. *1997, rating Sky 18, 90 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions. Customers with a Videoway set-top-box must view all events on Channel 50.

Tuesday 16 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula
7.30
The Chris Evans Breakfast Show
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You Text
1.30 Jeopardy
2.00 Sally Jessy Raphael
Unbelievable Secrets Revealed!

3.00 Jenny Jones
Focus on Families: Paying the Price for Promiscuity
Jenny investigates the effects of promiscuous behaviour on family life.

4.00 Guilty!
Carole Malone hosts the show that passes judgement on the crimes and misdemeanours committed by friends, lovers, families and colleagues.

5.00 Star Trek: Voyager
Symbiogenesis
Whilst attempting to transport back to *Voyager* a bizarre occurrence causes Neelix and Tuvok to fuse together. Text

6.00 Guilty!
You Think You're Big, But You're a Chauvinist Pig

6.30 Dream Team
Drama following the lives of young footballers.

7.00 The Simpsons
Lisa's Rival Text

7.30 The Simpsons
Team Homer
Homer accepts Mr Burns into his new bowling league. Text

8.00 Rescue Medics
Paramedics are called when a man jumps off a bridge.

8.30 Coppers
Staffordshire
Fly-on-the-wall documentary.

9.00 World's Wildest Police Videos
Video clips of crazy criminals from all over the world. With footage from news helicopters and patrol car dashcams.

10.00 Bloody Foreigners!
Spain
A look at the land of scorching sun, and non-stop party action, featuring interviews with top Spanish personalities. Text

11.00 Dream Team
Drama about the players of Harchester United.

11.30 Star Trek: Voyager
Symbiogenesis
A bizarre occurrence causes Neelix and Tuvok to fuse together. Text

12.30am The Commish
The Kid
Paulie fights to prove a homeless teenager's innocence.

1.30-7.00am Long Play
Music all night long, with no interruptions from VJs.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads 7.30
Neighbours 7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 Pride and Prejudice
10.30 Rhoda
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Dallas
2.55 The Bill
Potential for Conflict

3.25 The Bill
Heartbreak Hotel
A charmer has been cheating women out of their savings.

3.55 EastEnders
Sharon has urgent business.

4.30 Rhoda
Rhoda's Sellout
Rhoda enters a battle of wills with a prosperous tuxedo chain store owner.

5.00 All Creatures Great and Small
The Course of True Love
The man James helped come to terms with retirement, Mr Potts, passes away.

6.00 Dynasty
Two Flights to Haiti
Alexis is in a position to control Blake's company after Jeff signs over voting control to her as the poison in his system takes hold.

7.00
Ever Decreasing Circles
Sitcom about domestic disharmony in suburbia.

7.40 Dad's Army
The Face on the Poster
Wilson makes a mess of the advertising for Mainwaring's recruitment drive.

8.20 The Brittas Empire
The Elephant's Child
Brittas organises a bungee jump.

9.00 Red Dwarf V
Demons and Angels
The crew members encounter their dark sides.

9.40 Crime Traveller
Sins of the Father
Slade has to confront the truth about his father when he finds himself accused of robbery.

10.45 Bugs
Hell and High Water
The team must prevent a rogue satellite from crashing on a city, but the key to averting disaster lies on a dangerous oil rig.

11.50 The Bill
Potential for Conflict
A new recruit might not graduate from Hendon.

12.20am The Bill
Heartbreak Hotel
12.50 Blackadder the Third
Duel and Duality
1.25 French and Saunders
2.00-3.00am Dangerfield

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Special Babies
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 Brookside
12.10pm Through the Keyhole
12.40 Rescue 911
1.10 Beyond Belief: Fact or Fiction
1.40 Maury Povich
2.30 Special Babies

3.00 Living Room
Upbeat and humorous magazine programme, featuring human interest stories, celebrities, fashion and beauty.

3.50 Michael Cole
No-holds-barred talk show which tackles sensational subjects with a studio audience.

4.40 Through the Keyhole

5.10 The Heat is On

5.40 Ready, Steady, Cook
Cookery show in which two chefs compete against the clock to create exciting recipes from mystery ingredients.

6.15
The Jerry Springer Show
Outrageous talk show in which Jerry Springer and his guests engage in lively discussion about relationship issues.

7.05 Rescue 911
Stories of real-life rescues by American emergency services.

7.35 Animal Rescue
With Wendy Turner.

8.10 LA Law
More drama with the young legal eagles. Starring Harry Hamlin, Susan Dey, Corbin Bernsen.

9.00 FILM: Lover's Knot
Bill Campbell, Jennifer Grey, Tim Curry, Adam Baldwin
Light-hearted romantic drama in which Cupid sends an angel to bring together two individuals who are evidently meant for each other. He is a dishy doctor, she a pretty poetry teacher, but Cupid's man has his work cut out making them a handsome couple. *1995*

11.00-12midnight
The Sex Files II
Have a Seat
Late-night talk show in which Katrina Buchanan talks to gender-ambiguous Alan Lana Pillay.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 Holding the Fort 7.30 The Odd Couple 8.00 Hallelujah 8.30 The Many Wives of Patrick 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Upstairs, Downstairs 11.00 The Gentle Touch 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 The Many Wives of Patrick 1.30 Me and My Girl 2.00 Upstairs, Downstairs

3.00 The Love Boat
Identical Problem
An old flame of Julie's resurfaces, and an elderly couple threaten to put a jinx on the Pacific Princess.

4.00 The Professionals
Not a Very Civil Servant
CI5 unearths corruption as a ministry hands out contracts for both building new homes and disposing of murder victims.

5.00 Hart to Hart
Love Game
Jonathan teams up with Martina Navratilova to expose a deceitful tennis pro and the stockbroker who's blackmailing him.

6.00 Emmerdale
Wilks orders Turner out of the bar.

6.30
Classic Coronation Street
Hilda is shocked to find Maggie has moved in with Mike.

7.00 The Professionals
A Stirring of Dust
CI5 join the Russians in a hunt for a defector whose return threatens the security of the whole network.

8.00 The Benny Hill Show
More slapstick comedy from the man who is one of Britain's most successful cultural exports to America. With risqué songs and plenty of custard pies.

9.00 The Sweeney
Contact Breaker
Regan helps a paroled convict.

10.00 Brian Conley Show

10.30-11.00pm
Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Sin City
A rough guide to the sexual underworld of European cities.

11.30 Real Sex
A candid and intriguing look at sexuality in today's society.

12midnight Talking Dirty
Late-night series presented by glamour model Kathy Lloyd.
12.20am Lord Lust's Lovelies
12.30 Centrefolds
1.00 Noddy's Electric Ladyland
Pop quiz hosted by Noddy Holder.
1.30-2.00am
Bigger Better Battling Babes

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof Troop 8.25 Toons 8.45 Winnie 9.00 Spot 9.05 Animal Shelf 9.15 Dragons 9.30 Bear 9.55 Toothbrush Family 10.00 Bite Size 10.10 Rosie and Jim 10.30 Garage 10.45 PB and J Otter 11.00 Sesame Street 12noon Spot 12.05pm Animal Shelf 12.15 Dragons 12.30 Bear 12.55 Toothbrush Family 1.00 Bite Size 1.10 Rosie and Jim 1.30 Garage 1.45 PB and J Otter 2.00 Winnie 2.30 Quack Pack

3.00 The Little Mermaid
The undersea adventures of the beautiful mermaid Ariel. Text

3.30 Art Attack
Innovative art show that aims to make art fun. Text

4.00 101 Dalmatians
More canine capers. Text

4.30
Hercules: The TV Show
Hades asks Poseidon to re-route the river Styx. Text

5.00 Recess
Animated series from the creators of *Rugrats*. Text

5.15 Pepper Ann Text

5.30 Smart Guy
TJ is put into the 10th grade. Text

6.00 Teen Angel
Jeremiah was a Bullfrog
Marty makes a frog talk. Text

6.30 Boy Meets World
How to Succeed in Business
Cory and Shawn swap roles. Text

7.00 FILM:
Alice in Wonderland
Voices of Kathryn Beaumont, Ed Wynn, Sterling Holloway
Animated version of the fantastical children's classic. *1951*

8.15
Honey, I Shrunk the Kids
Honey, He's Not Abominable, He's Just Misunderstood
Amy is rescued by a friendly Yeti after a snowboarding accident.

9.00 Double Dinosaurs
Prehistoric animated sitcom. Jim Henson's dinosaur family take an unusual view of human problems, using state-of-the-art puppetry and animatronics.

10.00 Home Improvement

10.30 The Wonder Years
Double Double Date Text

11.00-12midnight Dr Quinn: Medicine Woman

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

TUESDAY CONTINUES OVERLEAF...

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

CABLE CHOICE

FILM

The Pillow Book
FilmFour 10.05pm

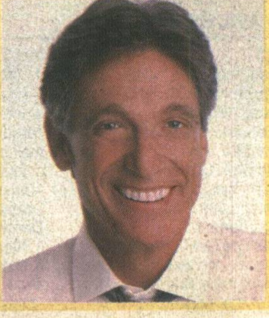
One of Peter Greenaway's most watchable films uses graphics, subtitles and superimpositions to tell the story of a Japanese girl with a fetish for calligraphy on the human body. She meets an English translator, played by Ewan McGregor, who indulges himself in the same passion.

GENERAL

Quantum Leap
Sci-Fi Channel 7.00pm

It's always a high-quality story when Scott Bakula's time traveller character Sam goes back in time on a mission, aided by his guardian angel Dean Stockwell. It's December 1971 and Sam leaps into the body of a farmer who is holding up a bank with his two brothers.

ADVERTISEMENT



MAURY
POVICH
10.50AM & 1.40PM

Maury Povich's one-hour talk show will be compelling, fast paced and distinguish itself from the other talk shows by taking a very personal approach to dealing with the emotional conflicts and problems facing his guests.

Tuesday 16 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

7.30am Adventure
8.00 Cart
9.30 Biathlon
11.00 Eurogoals
12.30pm Snowboard
1.00 Sleddog
1.30 Snooker
Another chance to see the semi-final of the German Masters between Ken Doherty of Ireland and John Parrott of England.

3.00 Cycling
Coverage of the seventh stage of the Tirreno to Adriatico event.

4.00 Eurogoals
Football magazine featuring all the recent European matches.

5.30 Stock Car
Another chance to see Super Indoor Stock Car racing action from Paris-Bercy, France. The programme includes the Grand Prix of Paris and the European Indoor Championships.

7.00 Football
An introduction to this evening's Uefa Cup quarter-final action.
7.30 Football: Celta de Vigo v Marseille – LIVE
Uefa Cup coverage of the second leg tie.

9.30 Football
Highlights of tonight's Uefa Cup matches.

12midnight-12.30am
Highlights from the third round of the FIA World Rally Championship in Kenya.

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Sky Sports Centre
7.15 V-Max 7.45 Totalsport
8.15 You're on Sky Sports!
9.00 Racing News
9.30 Aerobics Oz Style
10.00
Football League Review
11.00 Table Tennis
12noon Aerobics Oz Style
12.30pm Totalsport
1.00 Spanish Football
2.30
Football League Review

3.30 V-Max
An insight into the world of speed on land, water and in the air from inside the cockpit.

4.00 Sports Unlimited
Lifting the lid on those sports that never seem to make it into the public eye, from mountain biking to skating.

5.00 World Wrestling Federation – Live Wire
Michael Cole presents exclusive coverage of WWF bouts.

6.00
Sky Sports Centre
Top sports headlines.
6.30 Inside Scottish Football
A look behind the scenes at top flight football north of the border.
7.30 Fastrax
Magazine programme taking a peak at more high- speed competitors.

8.00 1999 Premier Snooker League
Coverage of the 1999 Premier Snooker league. This showcase for the sport's biggest names include Ronnie O'Sullivan, John Higgins, Stephen Hendry and defending champion Ken Doherty, plus veterans Steve Davis and Jimmy White.

10.00
Sky Sports Centre
Top sports news.
10.15
You're On Sky Sports!
Fans have their say.

11.00 Inside Scottish Football
All the news and views from inside the new Scottish Premier Division.

12midnight
Sky Sports Centre
12.15am
You're On Sky Sports!
1.00 1999 Premier Snooker League
3.00-3.15am
Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style
7.30 Sky Sports Centre
7.45 Racing News
8.15 Moto-Plus
8.45 Sky Sports Centre
9.00 Fish TV:
Tony Dean Outdoors
9.30 Fish TV: Gone Fishing
10.00 International Bowls: Australia v England
12noon World Motor Sport
Racing magazine.

3.00pm International Cricket: West Indies v Australia – LIVE
Coverage between the West Indies and Australia reaches the fourth day in the second Test from Sabina Park, Jamaica.

5.00 Totalsport
Magazine programme which covers the world's most extreme sports.
5.30 International Cricket: West Indies v Australia – LIVE
Continuing coverage from Sabina Park, Jamaica on the fourth day of the second Test between the West Indies and Australia. The West Indies are hoping that they can once again call upon the vast experience of Carl Hooper. The Kent all-rounder is a proven match-winner with both the ball and the bat, and he provides a crucial link with the great West Indies sides of years gone by.

10.00 Table Tennis
Action from the 63rd English International Open Table Tennis Championships.

11.00
Sports Unlimited
The programme which lifts the lid on such diverse activities as mountain biking and skating.

12midnight Snowboarding: Snowboarder Magazine
Top snowboarding action.
12.30am Fastrax
Racing magazine show.
1.00 FA Cup Football
Sixth round highlights.
2.30-2.45am
Sky Sports Centre

SKY SPORTS 3
PREMIUM CHANNEL

12noon World Wrestling Federation – Live Wire
Michael Cole presents exclusive coverage of WWF bouts.
1.00pm Fish TV:
Tony Dean Outdoors
1.30 Fish TV: Gone Fishing
2.00
Shell's Wonderful World of Golf: Alliss v Lema
Memorable golfing moments.

3.00 Golden Age of Racing: A to Z of Motorsport
Relive magical moments.
3.30
International Bowls: Australia v England
Action from the Triples stage in the second bowls Test between Australia and England.

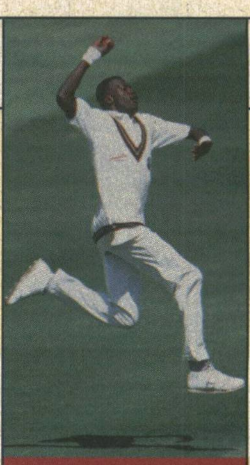
5.30 Fastrax
A look at the lives and performances of competitors in the fast lane.

6.00 Table Tennis
Women's Doubles Final action of the 1999 English International Open Table Tennis Championships, now in its the 63rd year.

7.00 Snowboarding: Snowboarder Magazine
7.30 FA Cup Football Replay – LIVE
Coverage of a sixth round FA Cup tie. Two more teams go head-to-head in a bid to break the deadlock and take a step closer to the Twin Towers of Wembley.

10.00 Superbouts: Hagler v Duran
Another opportunity to witness the action from this classic 1983 encounter.

11.00-11.30pm
The Entertainers: Manchester United
A profile of the Reds during the Nineties.



West Indies star Curtley Ambrose hopes to bowl over Australia. Sky Sports 2 3.00pm, 5.30pm - Live

MUTV
ADD-ON CHANNEL

6.00pm Game On
6.15
Megastore Megabuys
6.30
Junior Masterfan
Man-U quiz show.
7.00 Red Hot News
A round-up of all the latest news from home and around the football world.
7.30
Wild About United
8.00 Super Match – Reserve Match
Another reserve team match involving the Man Utd stars of the future.
8.55 Red Hot Update
9.00 Super Match: Reserve Match
Another reserve team match featuring the players looking for a place in the first team.
10.00
Talk of the Devils
Show dedicated to the fans.
10.45 Man-U Menu
This week, Mark Simpkin is working in the burger bar at Old Trafford.
11.15 The Insiders
Meet the heroes who work behind-the-scenes.
11.30-12midnight
Red Hot News

SCI-FI
ACTION PACK

7.30am Bloomberg 8.00 Sightings 9.00 Buck Rogers in the 25th Century 10.00 Quantum Leap 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon The Twilight Zone 1.00pm Tales of the Unexpected 1.30 Tales of the Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00 Buck Rogers in the 25th Century
Shgoratchx!
Wilma Deering is put in charge of seven little men known as the Zeerdonians.
4.00
The Incredible Hulk
Long Run Home
Banner accepts a lift by a motorcyclist, with dangerous consequences.
5.00 Sightings
Bioperfection: The New Human Race
Documentary series involving extraordinary real-life stories.
6.00 Time Trax
The Cure
Darien confronts his old adversary, Mordecai Sahmbi. Stars Dale Midkiff and Peter Donat.
7.00 Quantum Leap
Promised Land
Sam Beckett assumes the identity of a farmer who is in the act of holding up a bank with his two brothers.
8.00 V
The Conversion
Ham and Kyle are captured by Visitors. Stars Jane Badler and Robert Englund.
9.00 Twin Peaks
FBI Agent Dale Cooper and Sheriff Harry Truman discover more about the troubled secret life of the murdered Laura Palmer.
10.00 FILM: Parasite
Demi Moore, Robert Glaudini, Luca Bercovici
A scientist discovers a deadly parasite which can be used for the good of mankind, but some unscrupulous people have other uses in mind. *1982*
11.35
Sci-Focus Special
Latest sci-fi movie news.
12noon Dark Skies
Bloodlines
1.00am FILM: Halloween II
Jamie Lee Curtis, Donald Pleasence, Charles Cyphers
Horror. *1981*
2.45 Sci-Focus Special
3.00 Dark Shadows
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

4.00pm Trisha
Talk show.
5.00 Gladiators
With Ulrika Jonsson and Jeremy Guscott
6.00
Girls' Night In: Makeovers with This Morning
6.10 Bedrock
A special girlie edition with celebrity guests, music, and bedroom webcams.
7.10 Makeovers with This Morning
7.15
Wish You Were Here...?
A guide to the World's Hottest Nightspots.
7.55 Makeovers with This Morning
8.00 Man O Man
Big budget, action packed dating game hosted by Chris Tarrant.
9.00 The Real Life Monty
A cheeky behind the scenes look at male strippers working in the industry.
10.00 The Truth about Men
11.00 The Bare Necessities
A group of Yorkshire pit men stumble on an exotic new career on the very night that their colliery closes down – stripping.
12midnight Peak Practice
Drama series about a rural Derbyshire general practice.
1.00am-2.00am Soap Fever
Another chance to see the show devoted to the world of soaps. With Liza Tarbuck.

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Amateur Girls 12.20 Fantasy Night Calls 12.45 FILM: Dance Naked 1.00 The Five Minute Free View 1.05 FILM continues 2.00 Adult Feature 2.25 FILM: Sinderella 3.40 Penny 4.10-5.30am FILM: Adult Feature

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day
12.10am Girl Hunt
12.30 New Model File
Erotic programme.
12.55 Totty Try-Outs
1.10 Hard Headed
Erotic comedy drama series.
2.25 FILM: Night and Day
Erotic feature.
3.45-4.00am
Girls Who Like Girls

Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm
FILM: Time Chasers
Matthew Bruch
Sci-fi adventure. An inventor dreams of travelling through time to stop war and cure the world's problems. *1994*
9.30 FILM: Mutant on the Bounty
Sci-fi horror. *1989*
11.00-12midnight
Suburban Couples

Tuesday 16 March

Home-grown dishes from Toby Buckland in 'Cook's Garden'. Granada Breeze 11.30am, 5.00pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm The Games Room

5.15 Cross Wits
Hosted by Tom O'Connor.

5.45 The Games Room

6.00 Family Fortunes
The big money gameshow hosted by Les Dennis.

6.30 The Games Room

6.45 Catchphrase
Hi-tech quiz show.

7.15 The Games Room

7.25 100 Per Cent
General knowledge quiz.

7.55 The Crystal Maze
A team of intrepid contestants tackles a series of challenges in a fantasy world, trying to find as many crystals as possible.

9.00 The Games Room

9.15 Strike it Lucky
A chance to win big prizes.

9.45 The Games Room

10.00 Candid Camera

10.30 Don't Feed the Gondolas
Irish celebrity quiz about the strange world of the international media.

11.00 Carnal Knowledge
The quiz show that rips open the bedroom curtains of the British to reveal their most intimate secrets.

12midnight Strike it Lucky 12.30am Split Second 1.00 3-2-1 2.00 Love at First Sight 2.30 Studs 3.00 Simply Irresistible 3.30 Blockbusters 4.00 Fifteen to One 4.30 Don't Drink the Water 5.00-6.00am Shopping with Screenshop

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Shopping 7.00 The Why Files 7.30 Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 The Why Files 9.30 Indecent Proposals 10.00 Agony 10.30 The Fashion Show 11.00 Judge Judy 11.30 Mind Games 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 The Fashion Show 2.00 Judge Judy 2.30 Mind Games

3.00 Agony
Relationship problems and moral dilemmas.

3.30 Lie Detector
Unmasking deception with modern technology.

4.00 Indecent Proposals
What will you do if the price is right?

4.30 Judge Judy
Another case for the judge.

5.00 Agony
More dilemmas aired.

5.30 The Why Files
Psychic detectives search for the weird, the wonderful and the spooky.

6.00 The Fashion Show
News from the catwalk.

6.30 Indecent Proposals
What's your price?

7.00 Sport at Seven Bangers and Smash
Stock car racing presented by Louise Brady.

8.00 The Why Files
Strange happenings with the psychic detectives.

8.30 Judge Judy
The judge is on hand to dispense justice.

9.00 Lie Detector
Unmasking deception with modern technology.

9.30 Mind Games

9.57 Topless Darts
Darts with a difference.

10.00 Love Street
Exotic adult drama series from America.

10.30 Exotica Erotica
Another in this series of sensual adult offerings.

11.30 Blue Review

11.45 Janeycam

11.57 Topless Darts

12midnight Love Street 12.30am Private Dancer 12.45 Pleasure Dome 1.00 Exotica Erotica 2.00 Orgasmatron 2.15 Painted Ladies 2.30 Love Street 3.00 Agony 3.30 The Why Files 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation L!VE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Kitchen College 10.00 The Green Gourmet 10.30 First Taste 11.00 Worrall Thompson 11.30 A Slice of the Action 12noon Network 12.30pm Loyd's Louisiana 1.00 Kitchen College 1.30 Thoroughly Modern 2.00 Chez Bruno 2.30 Network 3.00 Nordic Nosh 3.30 A Slice of the Action 4.00 Tessa's Tastebuds 4.30-5.00pm Lunch with Ed Baines
With guest Rowland Rivron.

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm What's Cooking?
Culinary quiz show presented by Bill Dodd.

5.30 Gridlock
Fast-paced gameshow.

6.00 My Two Wives
The Unkindest Cut
Sitcom about a lawyer who lives above his ex-wife.

6.30 Our House
A look at unusual homes.

7.00 Shine on, Harvey Moon
Getting to Know You
Back from the war, Harvey Moon finds it difficult to settle into his old life.

8.00 Chancer
Hazard
Drama series about a wheeler-dealer hoping to hit the big time. Starring Clive Owen.

9.00 The Upper Hand
The Heiress
Laura is mysteriously named in a billionaire's will.

9.30 Flying Start
The travel gameshow.

10.00 Peak Practice
Hope to Die
Jack goes out on a limb, despite Beth's protestations, when he helps a chronically ill miner.

11.00 Hill Street Blues
Influential Eighties American police series set in a tough urban area, with human interest storylines.

12midnight My Two Wives
The Unkindest Cut
Sitcom about a lawyer who lives above his ex-wife.

12.30am-1.00am Gridlock
Fast-paced gameshow hosted by Simon Biagi.

ANIMAL PLANET
WORLD PACK

12noon The New Adventures of Black Beauty

12.30pm Hollywood Safari
Extinct

1.30 Crocodile Hunters
The Crocodile Hunter – Part I

2.00 Breed All About it
Greyhounds

2.30 Human/Nature
Autralian singer Olivia Newton-John visits the last refuge of the endangered howler monkey in Belize.

3.30 Harry's Practice
Vet Harry Cooper pays some surprise house calls on pet owners in northern Tasmania.

4.00 Jack Hanna's Animal Adventures
Cayman Encounters

4.30 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.

5.00 Pet Rescue
Follow the stories of animals rescued by the RSPCA.

5.30 Crocodile Hunters
The Crocodile Hunter – Part II

6.00 The New Adventures of Black Beauty

6.30 Lassie
The Sweet Science
More canine derring-do.

7.00 Rediscovery of the World
New Zealand – The Heron of the Single Flight
Divers come face-to-face with the elephant fish.

8.00 Animal Doctor
Following animal doctors from the RSPCA.

8.30 Totally Australia
Bizarre Beasts
What makes some of Australia's animal population so bizarre?

9.30 Emergency Vets
More animal stories from Alameda East veterinary hospital in Denver.

10.00 The Last Paradises
Amboseli

10.30 Animal Detectives
Turtles

11.00 All-Bird TV
An irreverent journey into the relationships between humans and birds.

11.30-12midnight Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am The Day the Universe Changed 7.50 The Great Egg Race 8.30 Vanessa 9.30 Esther 10.00 Vets in Practice 10.30 Lion Country 11.00 Making Babies – Tania and Ray's Story 11.30 Making Babies – Tania and Ray's Story 12noon Kingdom of the Ice Bear: The Land of Beyond 1.00pm The Day That Changed My Life 1.30 So Much to Lose 2.15 Situation Vacant

3.00 Trust Me, I'm a Doctor
A guide to what does and does not work in medicine.

3.30 Esther
Young Models

4.00 Vanessa
Vanessa Feltz tackles controversial issues before a studio audience.

5.00 Animal Hospital
Rolf Harris reports from a hospital for sick animals.

5.30 Lion Country
A daily look at life at Longleat safari park.

6.00 The Secret File on J Edgar Hoover
An investigation into how Hoover turned a blind eye to the Mafia during his 50 years as head of the FBI.

7.00 Baby It's You
Taking Hold
How babies develop.

7.30 The Body in Question
Try a Little Tenderness

8.00 The Haunted Huntress
A cheetah and her cubs.

8.30 BG Wildlife Photographer of the Year

9.00 Why Men Don't Iron
The Brain at Work
Do our different gender roles have their basis in biology?

10.00 Premier Passions
Following the fortunes of Sunderland Football Club, from late 1996 to the present day.

11.00 Jeremy Clarkson's Motorworld

11.30 The Power and the Glory
Those Red Cars

12midnight-1.00am The OJ Simpson Trial
Prosecution
The prosecution team presents its evidence: a 911 call for help from Nicole Brown, a glove found at OJ's home and a DNA blood test.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Livetime 7.00 Livetime 8.00 E! In Focus 9.00 Julia Carling's Style Guide 9.30 The Good Housekeeping Show 10.00 The View 11.00 The Psychic Zone 11.30 Cook's Garden 12noon The Montel Williams Show 1.00pm Fashion Livetime 2.00 The View

3.00 Fashion Livetime
Viewers get the chance to put questions to celebrity guests and leading experts by calling 0845 3034422.

4.00 The Montel Williams Show
The Dexter Manley Story
US chat show, hosted by Emmy award-winner Montel Williams.

5.00 Cook's Garden

5.30-6.00pm The Pet Show
The ultimate guide to man's best friend.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Seal Hunter's Cave

7.30 Rocky Mountain Beaver Pond
A closer look at one of nature's living marvels.

8.00 Kalahari
Exploring life in a harsh environment, where searing heat, chilling cold and lack of water create forbidding conditions.

9.00 Natural Born Killers: Lions of the African Night
Follow a pride of 30 lions as they go about their predatory business.

10.00 Mystery of the Mummies: Mystery Tomb of Abusir

10.30 Mystery of the Mummies: Ice Tombs of Siberia

11.00 The Grizzlies
A rare opportunity to watch a family of grizzly bears in the wild as they hunt for food and nurture their young.

12midnight-1.00am The Shark Files: Sharks of Pirate Island
Cocos Island was once notorious throughout the world as the fabled Treasure Island. A team of divers travels to the island to study the hammerhead shark.

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits
9.00 Bytesize MTV
11.00 brand:new
12noon Mad 4 Hits
2.00pm Hit List UK
The latest rundown of the UK's biggest singles.
3.00 Bytesize MTV Pop
A one-hour melting pot of the best of MTV.
4.00 Select MTV
Make MTV your personal video jukebox.
7.00 brand:new
Hosted by Zane Lowe.
8.00 US Top 20
9.00 News Daily Edition
News roundups, chart listings and what's on where in this new, up-to-the-minute show.
9.30 MTV Megamix
10.00 Celebrity Deathmatch
10.30 Ultrasound: Inside Madonna
11.00 Mad 4 Hits
12midnight Alternative Nation
1.00am Celebrity Deathmatch
1.30 Ultrasound: Inside Madonna
2.00-6.00am Night Videos

VHI
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12noon Ten of the Best: Mr Motivator NEW 1.00pm Greatest Hits of... Rod Stewart 1.30 Pop-Up Video 2.00 Jukebox 4.03 VH1 to 1: Jerry Lee Lewis 5.00 Five@Five 5.30 Pop-Up Video 6.00 Happy Hour with Toyah Willcox 7.00 VH1 Hits 9.00 Bob Mills's Big 80s 10.00 Behind the Music: Gloria Estefan 11.00 VH1 Spice 12midnight Jobson's Choice 1.00am VH1 Album Chart 2.00-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon World of Tom 12.30pm Earthwalkers 1.00 Travel Live 1.30 Floyd on Spain 2.00 Flavours of Italy 2.30 Adventure 3.00 On Top of the World 4.00 Stepping the World 4.30 Aspects of Life 5.00 Reel World 5.30 Champagne Charlie 6.00 Floyd 6.30 Tour 7.00 Tom 7.30 Walkers 8.00 Holiday Kenya 8.15 Greece 8.30 Stepping the World 9.00 On Top of the World 10.00 Adventure 10.30 Aspects of Life 11.00 Tour 11.30-12midnight Champagne Charlie

UK STYLE
LIFESTYLE PACK

7.00am Fat Man in France 7.30 Going for a Song 8.00 Celebrity Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Style Challenge 9.30 Change That 10.00 Holiday in Style 11.00 Delia Smith's Winter Collection 11.30 The DIY Show 12noon Can't Cook, Won't Cook 12.30pm Style Challenge 1.00 Change That 1.30 Celebrity Ready, Steady, Cook 2.00 Looking Good 2.30 Gardening Neighbours 3.00 Growing Places 3.30 The Face 4.00 The Air Show 4.30 How Does Your Garden Grow? 5.30 Can't Cook, Won't Cook 6.00 Waterlines 6.30 Can Ski... Will Ski! 7.00 Holiday in Style 8.00 Style Challenge 8.30 Change That 9.00 Changing Rooms 9.30 Ready, Steady, Cook 10.00 The House Doctor 10.30 Changing Rooms 11.00 How Does Your Garden Grow? 12midnight Gardeners' World 12.30am-1.00am Travel Show Guides

Tuesday 16 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Today's Gourmet 6.30 Graham Kerr 7.00 Room Service 7.30 Painted House 8.00 Wedding Story 8.30 A Baby Story 9.00 Simply Painting 9.30 Great Gardening Plot 10.00 Instant Gardens 10.30 Two's Country Cooking 11.00 Diceman 11.30 Rex Hunt 12noon Our House Down Under 12.30pm Antiques Trail 1.00 Our House 1.30 Hometime 2.00 New Yankee Workshop 2.30 Home Again 3.00 This Old House 3.30-4.00pm Charlie West Fishing

DISCOVERY
WORLD PACK

4.00pm Rex Hunt's Fishing Adventures
More fishing tips.

4.30
A River Somewhere
Turneffe Island, Belize

5.00 Hitler
The Seducer
Hitler played to the masses like no other politician, with catastrophic consequences.

6.00 Wildlife SOS
Behind-the-scenes at Wildlife Aid, which was founded by vet Simon Cowell 17 years ago.

6.30 Untamed Africa
The Great Migration
Follows the animals' long trek from south to north.

7.30 The Quest
Flight 427's Fatal Flaw
An air crash is investigated.

8.00 Great Escapes
Deadline
The seize of the Iranian Embassy in London.

8.30 Out There
More survival stories.

9.00 Trailblazers
Malawi
Discover the history and modern way of life of one of the world's poorest countries.

10.00 Inlandsis Descent in the Ice
Adventurous scientists clamber into Greenland's immense glacier.

11.00 Silent Warriors
Australian navy recruits are put through their paces in order to become members of the elite corps of clearance divers.

12midnight
The Great Egyptians
Akhenaten
A history of Akhenaten, father of the boy-king Tutankhamun.

1.00am-2.00am Hitler
The Seducer
Hitler's oratorical skills.

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Blinky Bill 6.00 The Tidings 6.30 Tabaluga 7.00 Scooby-Doo 7.30 Dexter's Laboratory 8.00 Looney Tunes 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 The Tidings 10.00 The Magic Roundabout 10.30 The Fruitties 11.00 Tabaluga 11.30 Yo! Yogi 12noon Tom and Jerry 12.30pm Looney Tunes 1.00 Popeye 1.30 The Flintstones 2.00 The Jetsons 2.30 Droopy

3.00 Taz-Mania
More devilish antics.

3.30 Scooby-Doo
The canine sleuth and the gang solve another mystery.

4.00
The Powerpuff Girls
Crime-busting girl power.

4.30
Dexter's Laboratory
More chemical chaos.

5.00 Ed, Edd 'n' Eddy
Growing up is hard to do for this trio of friends.

5.30
Cow and Chicken
Fun with the odd siblings.

6.00 Animaniacs
Animated antics of Yakko, Wakko and Dot.

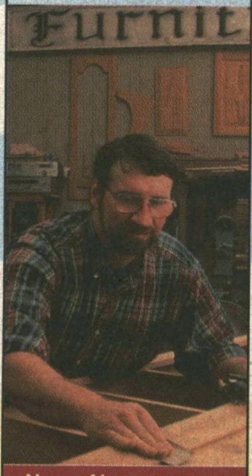
6.30 The Flintstones
Fred and Barney cause more mayhem.

7.00 Tom and Jerry
Madcap comic antics with the sparring cat and mouse duo.

7.30 Looney Tunes
Classic cartoon fun.

8.00
Cartoon Cartoons
The best modern animation.

8.30-9.00pm
Cult Toons



Norm Abram presents the 'New Yankee Workshop'. Discovery Home & Leisure 2.00pm

NICKELODEON
FAMILY PACK

6.00am Rocko 6.30 Bruno the Kid 7.00 CatDog 7.30 Rugrats 8.00 Wild Thornberrys 8.30 Arthur 9.00 Children's BBC on Nickelodeon 10.00 Wimzie's House 10.30 Papa Beaver Stories 11.00 The Magic School Bus 11.30 PB Bear/Budgie/Animal Antics/Family Ness 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Little Bear Stories 2.00 Paddington Bear/Lizzie's Library/Portland Bill/Mr. Men 2.30 Children's BBC on Nickelodeon

3.00 Children's BBC on Nickelodeon
Including *Teletubbies.*

3.30 Doug
Doodle the day away with the painfully average Doug.

4.00 Three Friends... and Jerry

4.30 Rugrats
Fun with the tousle-haired nippers who have over-fertile imaginations.

5.00 Sister Sister
Tia, Tamera and their parents try to live together.

5.30 Kenan & Kel
The adventures of two funky friends.

6.00 Renford Rejects

6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
Starring Jenny McCarthy.

7.30 Grace Under Fire
The Victory Tree

8.00 Ellen
A Penny Saved
The bookstore runs into financial difficulties.

8.30 Spin City
The Paul Lassiter Story

9.00 Drop the Dead Donkey
Joy
Joy is in a furious frenzy.

9.30 Whose Line is it Anyway?

10.00 Frasier
Call Me Irresponsible

10.30 Cheers
Death Takes a Holiday on Ice
Stars Rhea Perlman.

11.00 Seinfeld
The Parking Garage
Jerry can't find the exit.

11.30 The Larry Sanders Show
Being There

12midnight Late Night with David Letterman
1.00am Taxi
1.30 Frontline
2.00 Dr Katz
2.30 Tibs and Fibs
3.00 Nightstand
3.30-4.00am
Abbott and Costello

FOX KIDS
FAMILY PACK

6.00am Dodo 6.05 Power Rangers 6.30 Power Rangers 6.55 Spiderman 7.20 Oggy 7.30 Donkey Kong Country 8.00 Hero Turtles: The Next Mutation 8.25 Incredible Hulk 8.50 Iron Man 9.15 Fantastic Four 9.40 X-Men 10.05 Casper 10.30 Oggy 10.55 Eek!Stravaganza 11.05 Bobby's World 11.30 Life with Louie 11.55 Home to Rent 12.05pm Dennis and Gnasher 12.30 Donkey Kong Country 1.00 Mowgli 1.25 Ace Ventura 1.55 The Incredible Hulk 2.20 Iron Man 2.45 Fantastic Four

3.10 X-Men

3.30
Fox Kids X-Press
With Roy and Lisa.

3.35 Spiderman
Arachnid adventures.

4.00 Goosebumps
More spooky stories.

4.25 Hero Turtles: The Next Mutation
The turtles save the day.

4.50 Casper

5.00
Dennis and Gnasher
Dennis and Gnasher team up with their pals to take on the enemy – adults.

5.30 Ace Ventura

6.00
Donkey Kong Country

6.30 Eek!Stravaganza

6.55-7.00pm Oggy and the Cockroaches

SHOP!
LIFESTYLE/ SELECTION PACKS

12midnight Bargain Shop!
1.00am Shop! Selection
2.00 Do it Yourself
2.30 On Screen
3.30 Junior Choice
4.30 Jewellery Box
5.30 Shop! Selection
6.00 Shop! Selection
6.30 Bargain Shop!
7.30 Silversmith
A collection of Celtic designs in silver jewellery.
8.30 The Clothes Line
Fashion solutions, whatever your shape or size.
9.30 Junior Sports Store
Sports equipment for active kids.
10.00 Shop! of the Week
Another chance to see the best-selling hour from the past week.
11.00 Home Style
Lighting ideas.
12noon Switched On
Home entertainment.
1.00pm Bargain Shop!
1.30 Shop! Selection
2.30 Good Hair Days
To celebrate Mother's Day, one lucky mum gets a professional hair makeover.
3.00 Shop! Feature
Gift ideas for Easter.
4.00 Jewellery Box
5.00-6.00pm
Shop! Selection

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 7.00 News 8.00 News 9.00 News 9.30 World Today 10.00 News 11.00 News 1.30pm UK Today 2.00 News 2.30 World Today 3.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk
4.00 News
4.30 Correspondent
5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 Insight 6.00 Morning 6.30 Moneyline 7.00 Morning 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 World Sport 11.30 Biz Asia 12.30pm Fortune 1.30 World Report 2.30 Showbiz 3.30 Sport 4.30 Beat 5.00 Larry King 7.30 Business Today 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 World View 11.30 Moneyline 12.30am Showbiz 1.30 Q&A 2.00 Larry King 3.30 Newsroom
4.00 News
4.30-5.00am World Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.00 News on the Hour 11.30 Money 12noon News Today 2.30pm Your Call 4.30 World News 5.00 Live at Five 6.00 News on the Hour 7.30 Sportsline 8.30 Business Report 9.00 News on the Hour 9.30 World News 10.00 Primetime 12midnight News on the Hour
12.30am CBS News
1.30 World News
2.30 Business Report
3.30 Book Show
4.30 Showbiz Weekly
5.30-6.00am CBS News

INTERNATIONAL

TV5 5.00am Journal Télévisé TV5 5.15 Journal des Journaux 5.30 Télématin et Le Journal du Temps 7.00 Journal 7.30 Découverte 8.00 TV5 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Cinéma: Toutes Peines Confondues 11.05 Voilà Paris 11.30 Journal 12.05pm Documentaire: Carnets d'un Black en Ayiti 1.00 Journal 1.15 Cinéma: Toutes Peines Confondues 3.00 Journal 3.15 TV5 Questions 3.30 Bons Baisers d'Amérique 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Cinéma: Toutes Peines Confondues 7.00 Journal 7.30 Journal et Le Journal 8.05 Temps Présent 9.00 Journal 9.15 Fiction: Les Alsaciens 11.00 Journal 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Dhur Ki Bani 9.00 FILM 11.30 News 12noon Kabhi Yeh Kabhi Woh 12.30pm Golmaal 1.00 Zameen Aasman 1.30 FILM 4.00 Akbar Birbal 4.30 Jeevan Sangram 5.00 Dooriyan 6.00 Baaje Payal 6.30 Zamana Badal Gaya 7.00 Zameen Aasman 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Zameen Aasman 12.30am Baaje Payal 1.00 FILM 4.00 Music Box 4.30 Kabhi Yeh Kabhi 5.00 Dooriyan 6.00 Akbar Birbal 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Aap Ki Farmaish 6.30 Usha Uthap 7.00 Faith: Hindu 7.30 News 8.00 Out and About 8.30 Tara-2 9.00 Himalaya's Hasratein 10.00 Stage Plays 11.00 Khana Khazana 11.30 Parampara 12noon FILM: Rab Kulon Dar Sajna 3.00pm Bangla TV 3.30 Cine Magic 4.00 Akbar Birbal 4.30 Zee Top Ten 5.30 Aashir 6.00 1 to 10 6.30 Humm Tara Rum 7.00 Jee Sahab 7.30 Chalo Cinema 8.00 News 8.30 Daraar 9.00 Do Aur Do Paanch 9.30 Zanjeeren 10.00 Hadd Kar Di 10.30 Mahabharat 11.30 Yaadon Ke Rang 12midnight News 12.30am Pakistan Business 1.00 Bangla TV 1.30 Parivartan-2 2.00 FILM: Shama Aur Parwana
4.30 Lolly-Pop
5.30-6.00am Hey Ha Ho

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzini 5.00 Hour of Deliverance 5.30 Ashley McGuickan/Euro Spirit 6.00 Good News 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is Your Day 8.15 Good Morning Europe 8.30 Chronicles of Revival/Steve Penny 9.00 Another Day of Victory 9.30 Life in the Word 10.00 Derek Prince 10.30 John Avanzini 10.40 Good Morning Europe 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus: 2.45am Focus on Europe 3.45 Financial Goals 5.27 Weather

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am House of Lords 7.00 The Record 7.30 House of Lords 2.30pm House of Commons 11.00 The Record 11.30-12midnight European Focus

SKY SOAP
LIFESTYLE PACK

11.00am
Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm
As the World Turns
1.15 Albion Market
The trial of Jaz Sharma is coming to a climax.
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
3.30-4.00pm Emmerdale

THE HISTORY CHANNEL
WORLD PACK

4.00pm Vietnam
Dien Bien Phu
5.00 Pirate Ships
6.00 China
Dynasties of Power
Discover the glory of ancient China's greatest rulers and the secrets of their tombs.
7.00-8.00pm And the Winner Is: Biography
Jimmy Stewart
NEW A profile of one of the silver screen's best-loved actors.

SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Sky Destinations
12noon
American Adventurer
12.30pm Around the World
1.00
Travels with Chuck Henry
1.30 Travel Trails
2.00 The World of Geo
3.00 Around the World
Picardy and Cyprus
3.30-4.00pm
African Adventures

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Beauty Workshop at 11.00am.

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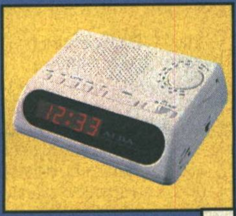
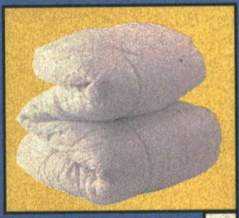

RADIO ALARM 073 ☐

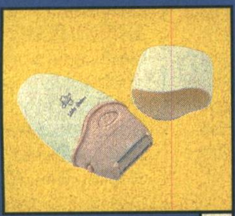
HOT AIR BRUSH 163 ☐

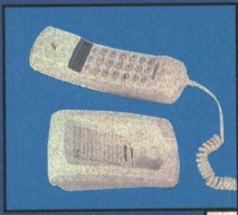

DOUBLE DUVET 443 ☐

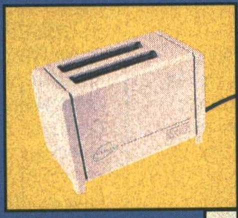
PACK 2 PILLOWS 033 ☐

KETTLE 083 ☐

STEAM IRON 053 ☐


LADY TRIMMER 273 ☐


TELEPHONE 433 ☐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Wednesday 17 March

SKY PREMIER

PREMIUM CHANNEL

6.00am About Sarah
1998, rating Sky PG, 89 mins
8.00 Three Wishes
Drama. Text *1995, rating Sky PG, DS, 111 mins*
10.00
Turbo: A Power Rangers Movie
Text *1997, rating Sky PG, 95 mins*
12noon About Sarah
1998, rating Sky PG, 89 mins
2.00pm Shaughnessy
Matthew Settle, Linda Kozlowski, Michael J White
Drama. An Irish-American finds himself in trouble in New York when he becomes the target of a violent gang. *1996, rating Sky PG, 89 mins*

3.45 Turbo: A Power Rangers Movie
Jason David Frank, Johnny Yong Bosch, Nakia Burrise
Children's adventure. The Power Rangers face the threat of the cunning Divatox, a screeching villainess who is in pursuit of Lerigot, a kindly wizard with fantastical powers. Text *1997, rating Sky PG, 95 mins*

5.45 Warriors of Virtue
Angus MacFadyen, Mario Yedidia, Marley Shelton
PREMIERE Fantasy adventure about a young boy who, during an initiation rite led by the school bully, is transported to the land of Tao, where he joins forces with the kangaroo warriors to fight the evil Komodo. *1997, rating Sky PG, 99 mins*

7.30
Barry Norman's Film Night
More unique movie news, reviews, and interviews.

8.00 Jerry Maguire
Tom Cruise, Cuba Gooding Jr, Renee Zellweger, Kelly Preston
Comedy drama. A key agent at a sports agency has a string of high-profile clients, a stunning girlfriend and all the friends he could want. But when Jerry issues a memo espousing a more caring philosophy for the firm, he is fired and left with one truculent spors star, whom he must represent. Text *1996, rating Sky 15, 133 mins*

10.20 Fargo
Frances McDormand, William H Macy, Steve Buscemi
Thriller. Car dealer Jerry Lundegaard's life is in tatters when he faces bankruptcy. After he hitches up with a pair of crooks, he decides to raise money by staging his own wife's kidnapping. Text *1995, rating Sky 18, 94 mins*

12midnight The Color Purple
Whoopi Goldberg, Danny Glover
Epic slave drama. Text *1985, rating Sky 15, 147 mins*
2.35-4.50am Michael Collins
Liam Neeson, Julia Roberts
Drama about the Irish Troubles. Text *1996, rating Sky 15, 127 mins*

SKY MOVIEMAX

PREMIUM CHANNEL

7.00am
Movie Magic: Cities Under Siege
7.30
Femmes Fatales: Meryl Streep
8.15 Action Heroes: Val Kilmer
9.00 Options
1989, rating Sky PG, 88 mins
11.00 Take Your Best Shot
1989, rating Sky PG, 92 mins
1.00pm Movie Magic
1.30 Femmes Fatales
2.15 Action Heroes: Val Kilmer

3.00 Options
Matt Salinger, Joanna Pacula, John Kani, Susan Anton
An American agent journeys deep into the African jungle to option the life story of a princess for a forthcoming film. However, he gets a lot more than he bargained for when she is kidnapped, plunging him into the heart of a perilous adventure. *1989, rating Sky PG, 88 mins*

5.00 Take Your Best Shot
Robert Urich, Jeffrey Tambor, Jack Bannon, Claudette Nevins, Susan Peretz, Richard Roat, Howard McGillin, Michael Bell
Comedy about an out-of-work actor whose marriage is falling apart, and his subsequent struggle to turn his life around. *1989, rating Sky PG, 92 mins*

7.00 A Wing and a Prayer
Claudia Christian, Jeff Yagher
Drama about an aircraft which must rely on the skill and bravery of an air traffic controller if it is to land safely. Adding further pressure to her life-saving task is the fact that her own husband is one of the terrified passengers. *1998, rating Sky PG, 88 mins*

8.30
E! News Week in Review

9.00 Romy and Michele's High School Reunion
Mira Sorvino, Lisa Kudrow
Comedy about two dizzy blondes who have been friends for life. On the night of their high school reunion, they want to appear successful so they pretend they are businesswomen – but events catch them unawares. Text *1997, rating Sky 15, 88 mins*

11.00 Medusa's Child
Vincen Spano, Gail O'Grady
PREMIERE Two-part drama. A nuclear scientist who invents a bomb which can destroy a computer-based society. *1997, rating Sky PG, 86 mins*

12.35am In My Sister's Shadow
1997, rating Sky PG, 89 mins
2.10 The Cure
1997, rating Sky 12, 95 mins
3.50 Until September
1984, rating Sky 15, 92 mins
5.25-7.00am Destroy All Monsters
1968, rating Sky PG, 85 mins

Eamonn Owens and Stephen Rea star in 'The Butcher Boy'. Sky Box Office 4, see below

SKY CINEMA

PREMIUM CHANNEL

4.00pm Cleopatra
Elizabeth Taylor, Richard Burton, Rex Harrison, Roddy McDowell, Pamela Brown, George Cole
Epic historical drama based on the life of the beautiful Queen Cleopatra of Egypt, who wanted to stabliise her power by manipulating the tensions in the Roman Empire. This expensive and controversial remake of the DeMille 1934 original, directed by Joseph L Mankiewicz, charts the 18 years leading up to the formation of the Roman Empire, from Cleopatra's first meeting with Julius Caesar, to her affair with Mark Anthony, climaxing in their famous demise. *1963, rating Sky PG, 233 mins*

8.00 The Little Shop of Horrors
Johnathan Haze, Jackie Joseph, Mel Welles, Dick Miller, Myrtle Vail, Jack Nicholson
Horror story about a carnivorous plant which grows beyond an acceptable size and then develops a penchant for human flesh and blood. Directed by Roger Corman. *1961, rating Sky PG, 68 mins*

10.00
Terms of Endearment
Shirley MacLaine, Danny DeVito Jack Nicholson, Debra Winger,
Oscar-winning drama about the troubled relationship between Aurora and Emma, a mother and her grown-up daughter, through Emma's marriage and Aurora's humourous interludes with her next-door neighbour. *1983, rating Sky 15, 126 mins*

12.15am Dirty Mary, Crazy Larry
Peter Fonda, Susan George,
Off-beat chase drama. *1974, rating Sky 15, 89 mins*
1.50 Shanghai Triad
Chinese drama. Widescreen *1995, rating Sky 15, 103 mins*
3.40-6.00am Zorba the Greek
1964, rating Sky PG, 136 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

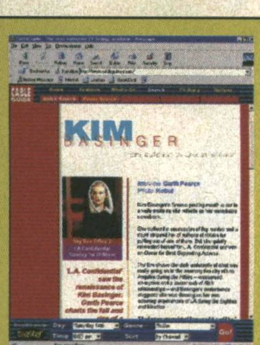
TNT

FAMILY PACK

9.00pm Mildred Pierce
Joan Crawford, Jack Carson, Zachary Scott, Eve Arden, Ann Blyth, Butterfly McQueen
Classic drama about a woman who struggles to build up her own business from scratch in a vain attempt to satisfy the snobbish, ungrateful daughter she dotes on. Joan Crawford won an Oscar for her performance. *1945, 113 mins*

11.15
The Wings of Eagles
John Wayne, Maureen O'Hara, Dan Dailey, Ward Bond
A biographical film about the naval aviator Frank Wead, whose obsession with military aviation ruined his life. *1957, 110 mins*

1.15am Zigzag
George Kennedy, Anne Jackson
Thriller about a dying man's insurance scam. *1970, 104 mins*
3.15-5.00am Cool Breeze
Thalmus Rasulala, Judy Pace
Crime thriller. *1972, 99 mins*



Want to know what Tom Cruise movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR

ADD-ON CHANNEL

6.00pm Babette's Feast
Stephanie Audran, Ghita Norby, Thomas Antoni, Viggo Bentzon
Oscar and BAFTA-winning drama about a refugee Catholic French servant in a Danish puritan household who, having been asked to cook a meal to celebrate an anniversary, prepares the most elaborate meal for her employers and their friends. *1987, 103 mins*

8.00
Eat Drink Man Woman
Sihun Lung, Kuei-Mei Yang, Chien-Lien Wu, Yuwen Wang
Ang Lee's Oscar-nominated comedy drama about a widowed Taiwanese master chef, whose close-knit family of three adult daughters who still live alone is disrupted by their various romances. *1994, 118 mins*

10.00 Delicatessen
Jean-Claude Dreyfuss, Dominique Pinon, Karin Viard, Marie-Laure Dougnac
Jean-Pierre Jeunet and Marc Caro's black comedy about bizarre characters, cannibalism and even stranger events set in the future in a house owned by a butcher. *1990, 95 mins*

11.45 Fridge
Comedy short.
12midnight A Private Function
Michael Palin, Maggie Smith
Comedy drama. *1984, 92 mins*
1.35am The Vanishing
Joanna Ter Steege
Thriller. *1988, 102 mins*
3.20-6.00am Close My Eyes
Clive Owen, Saskia Reeves
Drama. *1991, 104 mins*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
FALLEN
Supernatural thriller starring Denzel Washington as a detective both hunting and hunted by an evil spirit demon. *1997, rating Sky 15, 120 mins*
PLAYS AT 12midnight, 2.30am

Sky Box Office 2
Channel 52
AMISTAD
Epic drama about slavery from Steven Spielberg. Starring Anthony Hopkins. *1997, rating Sky 15, 149 mins*
PLAYS AT 8.00am, 6.00pm, 9.00pm, 5.00am

Sky Box Office 3
Channel 53
FLUBBER
Robin Williams raises chaos in this comedy as an absent-minded professor. *1997, rating Sky U, 90 mins*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm

Sky Box Office 3
Channel 53
STARSHIP TROOPERS
Action-packed sci-fi movie starring Casper Van Dien and Denise Richards. *1997, rating Sky 18, 124 mins*
PLAYS AT 8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
THE BUTCHER BOY
Black comedy drama in which a young boy finds hope in a vivid fantasy life. Stars Eamonn Owens and Stephen Rea. *1997, Sky 15, 105 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions. Customers with a Videoway set-top-box must view all events on Channel 50.

Wednesday 17 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula
7.30
The Chris Evans Breakfast Show
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You Text
1.30 Jeopardy
2.00 Sally Jessy Raphael
I Hate Being Your Slave

3.00 Jenny Jones
Out of Control Teens
Parents whose children are running wild come to Jenny for help in this US talk show.

4.00 Guilty!
You Think You're a Stud But You're Really a Dad
Guests resolve their problems in a courtroom with the help of a judge and jury.

5.00 Star Trek: Voyager
Resolutions
Janeway and Chakotay contract a deadly virus, and the doctor is unable to find a cure. Tuvok takes command. Text

6.00 Guilty!
You Think You're a Stud, But You're Really a Dud

6.30 Friends
The One with the Tiny T-Shirt
Rachel upsets Ross. Text

7.00 The Simpsons
Homer Versus the 18th Amendment
Prohibition is revived. Text

7.30 The Simpsons
Two Bad Neighbours Text

8.00
Mortal Kombat: Conquest
The Essence
Kung Lao must protect the Essence of a vanquished race hoping to escape Outworld.

9.00 The X-Files
War of The Coprophages
The agents investigate a town seemingly under attack by killer cockroaches. Starring Gillian Anderson. Text

10.00 Miami Uncovered
Documentary focusing on wild action and adventure from the sunshine state of Florida.

11.00 Friends
The One with the Tiny T-Shirt
Monica dates a millionaire. Text

11.30 Star Trek: Voyager
Resolutions
Tuvok takes command. Text

12.30am The Commish
Off Broadway – Part I
Tony teams up with a tough female NYPD detective to catch a serial killer.
1.30-7.00am Long Play
Enjoy a variety of music through the night.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 Pride and Prejudice
10.30 Rhoda
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Bugs
2.00 Dallas
2.55 The Bill
Humpty Dumpty – Part I

3.25 The Bill
Humpty Dumpty – Part II
Cryer thinks that Jimmy's fall off the roof was not an accident.

3.55 EastEnders
Ricky and Sam prepare to run away together.

4.30 Rhoda
Attack on Mr Right
Rhoda offers advice to Brenda about her Mr Right.

5.00 All Creatures Great and Small
The Call of the Wild
Calum has an article published, but the reactions of James and Siegfried are markedly different.

6.00 Dynasty
The Mirror
Blake learns of Alexis's plans to merge Denver-Carrington and Colbyco, and Steven's bandages are removed.

7.00
Ever Decreasing Circles
Sitcom about domestic disharmony in suburbia.

7.40 Dad's Army
Wake Up, Walmington
Captain Mainwaring's platoon masquerade as traitors.

8.20 The Brittas Empire
Reviewing the Situation
Julie is enjoying armed police protection.

9.00 Men Behaving Badly
Cardigan
Gary feels middle-aged when Deborah starts hanging out with her new student friends.

9.40 Men Behaving Badly
Rich and Fat
Tony discovers that Gary has £33,000 of savings in the bank.

10.20
Men Behaving Badly
Home-Made Sauna

11.00
Only Fools and Horses
Mother Nature's Son
Del has become a landowner and decided that he can enhance the lifestyle of his family by going green.

12.25am The Bill
Humpty Dumpty – Part I
12.55 The Bill
Humpty Dumpty – Part II
1.25 French and Saunders
2.00-3.00am Dangerfield

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Can't Cook, Won't Cook
9.30 The Roseanne Show
Highlights from the series.
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 Brookside
12.10pm Animal Rescue
12.40 Rescue 911
1.10 Special Babies
1.40 Beyond Belief: Fact or Fiction
2.10 Side Effects

3.10 Living Room
An upbeat and humorous magazine programme, featuring human interest stories, celebrities, fashion and beauty.

4.00 Michael Cole
Talk show hosted by the former director of public affairs for Harrods.

4.50 Rolonda
I'm Torn between My Lover and My Child
Audience participation talk show from America, hosted by Rolonda Watts.

5.40 Ready, Steady, Cook
Fern Britton hosts the cookery show where two top chefs create meals against the clock.

6.15
The Jerry Springer Show
Controversial US talk show hosted by Jerry Springer.

7.05 Rescue 911
Stories of real-life rescues by American emergency services. Hosted by William Shatner.

7.35 Animal Rescue
Follow the RSPCA vets.

8.10 Maury Povich
The veteran American broadcaster tackles more sensitive issues with his trademark dicretion.

9.00
FILM: Recipe for Revenge
Kim Huffman, Corbin Bernsen
Romantic drama about a young caterer who witnesses the murder of her friend and her friend's new partner. The woman tells the police that she could identify the man as the well-known television personality, Dr Passion, however he has a water-tight alibi. *1998, 120 mins*

11.00-12midnight
The Sex Files II
The Missionary
Hosted by Katrina Buchanan and with guest comedian Kevin Day.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 Holding the Fort 7.30 The Odd Couple 8.00 Hallelujah 8.30 The Many Wives of Patrick 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Upstairs, Downstairs 11.00 The Gentle Touch 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 The Many Wives of Patrick 1.30 Me and My Girl 2.00 Upstairs, Downstairs

3.00 The Love Boat
The Understudy
A married couple have fun pretending they are strangers, and a couple who lost their only child try to find a substitute.

4.00 The Professionals
A Stirring of Dust
CI5 hunt for a spy and defector whose sentimental return threatens the security of the whole network.

5.00 Hart to Hart
Passing Chance
While in Greece, Jonathan and Jennifer find themselves in a race to save their lives and the future of Hart Industries.

6.00 Emmerdale
Jack argues with Joe over the future of Beckindale.

6.30
Classic Coronation Street
Fred gets deeper in debt.

7.00 The Professionals
Blind Run
Bodie and Doyle are assigned to safeguard the enigmatic Mr X, an anonymous Arab diplomat. With Lewis Collins.

8.00 The Benny Hill Show
The popular comedian stars in a series of hilarious sketches, featuring a host of quirky characters, guest stars and a bevy of beauties.

9.00 The Sweeney
Abduction
Starring John Thaw.

10.00 Hale and Pace

10.30-11.00pm
Wheeltappers & Shunters' Social Club

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Football Feva
Football series which looks at all aspects of the game from a global perspective.

12midnight Real Sex
12.30am Snowgirls
1.00
Elvis Has Just Left the Building
Presented by Mike Sweeney.
1.30-2.00am V.P.L.
Alternative fashion programme, presented by Kelly Brook and Emma Morton-Smith.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof Troop 8.25 Toons 8.45 Winnie 9.00 Spot 9.05 Animal Shelf 9.15 Pocket Dragons 9.30 Bear 9.55 Toothbrush 10.00 Bite Size 10.10 Rosie and Jim 10.30 Big Garage 10.45 PB and J Otter 11.00 Sesame Street 12noon Spot 12.05pm Animal Shelf 12.15 Pocket Dragons 12.30 Bear 12.55 Toothbrush 1.00 Bite Size 1.30 Big Garage 1.45 PB and J Otter 2.00 Winnie the Pooh 2.30 Quack Pack

3.00 The Little Mermaid
Undersea adventures with the mermaid Ariel. Text

3.30 Art Attack
Award-winning art show hosted by Neil Buchanan. Text

4.00 101 Dalmatians
Animated series based on the classic canine story. Text

4.30
Hercules: The TV Show
Hercules and the Apollo Mission

5.00 Recess
Animated series from the creators of *Rugrats*. Text

5.15 Pepper Ann Text

5.30 Smart Guy
US comedy series. Text

6.00 Teen Angel
Feathers Day
Steve is talked into taking Katie to her Indian Girl meeting. Text

6.30 Boy Meets World
Last Tango in Philly Text

7.00
FILM: The Gnome Mobile
Walter Brennan, Karen Dotrice
Comedy about a lumber tycoon who sets off on a seemingly harmless trip to the airport to pick up his grandkids, and ends up helping a couple of gnomes find their lost colony. *1967* Text

8.25 Honey, I Shrunk the Kids: TV Show
Honey, I'm in the Mood for Love
With Peter Scholar. Text

9.10 Double Dinosaurs
Prehistoric comedy in this Stone-Age sitcom. Based on an idea by Jim Henson of *Muppet's* fame.

10.00 Home Improvement
Award-winning sitcom. Text

10.30 The Wonder Years

11.00-12midnight
Touched by an Angel

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

WEDNESDAY CONTINUES OVERLEAF...

CABLE CHOICE

FILM
Eat Drink Man Woman
FilmFour 8.00pm

Before *Sense and Sensibility* and *The Ice Storm*, Ang Lee worked very creditably in his native country and this 1994 offering is a classic. It's a comedy drama about a widowed Taiwanese master chef whose life is disrupted by the romances of his three adult daughters.

GENERAL
St Patrick's Day
MTV from 11.00am

MTV celebrates St Patrick's Day with programmes with an Irish flavour. The news programme *brand:new* takes an Irish slant and *Select MTV* gives you the chance to choose hits from groups including the Corrs and U2. *MTV Live – Boyzone* rounds off the evening.

ADVERTISEMENT

AMES ROO
AMES R
AMES ROOM

THE GAMES ROOM FROM 5.00PM
Challenge tv
Sit back, relax, tune in and win! It's that easy on Challenge TV – the only channel where you have the chance to win great prizes every night of the week in *The Games Room* by simply picking up the phone and giving us a call.

Wednesday 17 March

6.00 AM MORNING · 3.00 PM · 4.00 PM · 5.00 PM · 6.00 PM · 7.00 PM · 8.00 PM · 9.00 PM · 10.00 PM · 11.00 PM · 12.00 NIGHT TIME

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

7.30am Snowboard 8.00 Cart 9.30 Football 11.00 Football 1.00pm Tennis This week's round-up of the latest ATP Tour news. **1.30 Snooker** Coverage of the German Masters in Bingen. Semi-final action in which Mark J Williams plays Tony Drago.

3.00 Cycling Coverage of the eighth and final stage from Tirreno.

4.00 Football Highlights from the prestigious Uefa Cup competition.

6.00 Start Your Engines This motorsport magazine will bring the most powerful machines to the screen.

7.00 Tractor Pulling Coverage of the 1999 Euro pull from Zwolle, in the Netherlands.

8.00 Strongest Man Action from the Faroe Islands where this Atlantic Giant competition took place in 1998.

9.00 Darts Highlights from the American Darts European Grand Prix in Nachrodt and Widlingwelde.

10.00 Boxing Coverage of a top International contest.

11.00 Start Your Engines This motorsport magazine will bring the most powerful machines to the screen.

12midnight-12.30am Adventure Highlights of the Gauloises Raid, a 500km race through spectacular and dramatic scenery bringing together competitors from the five continents.

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Sky Sports Centre 7.15 World Wrestling Federation – Live Wire 8.15 You're On Sky Sports! 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Inside Scottish Football 11.00 Table Tennis 12noon Aerobics Oz Style 12.30pm FA Cup Football *Repeat from Tuesday* **2.00 Inside Scottish Football**

3.00 Snowboarding: Snowboarder Magazine

3.30 Fastrax A unique blend of news, action and profiles.

4.00 Watersports World From waterskiing to windsurfing and the all-new revolutionary wake-boarding.

5.00 World Wrestling Federation – Shotgun Promising unpredictability, excitement and glamour, Shotgun has the very latest news and reviews.

6.00 Sky Sports Centre All the latest sports news.

6.30 Unbelievable Sports Crazy sports series.

7.00 World Pool League Action from the inaugural World Pool League at the Victoria Inter-Continental Hotel in Warsaw, Poland.

8.00 Rugby League World A chance to catch up with the latest rugby league developments from around the world.

9.30 Unbelievable Sports An insight into some of the more wild and wacky sports.

10.00 Sky Sports Centre

10.15 You're On Sky Sports! Allowing the enthusiasts to vent their spleens.

11.00 World Pool League The world's top pool stars line up for action in the first World Pool League from the Victoria in Warsaw.

12midnight Sky Sports Centre The latest sports news. **12.15am You're On Sky Sports! 1.00 Rugby League World 2.30 World Pool League 3.30-3.45am Sky Sports Centre**

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style 7.30 Sky Sports Centre 7.45 Racing News 8.15 Fastrax 8.45 Sky Sports Centre 9.00 Fish TV: Ultimate Fishing Show 9.30 Fish TV: Fishing Tales 10.00 Premier Snooker League 12noon Golf Extra Essential for the keen golfer.

3.00pm International Cricket: West Indies v Australia – LIVE The second Test reaches its fifth day at Sabina Park, Jamaica as visitors Australia attempt to overcome the unpredictable West Indies and add to their Ashes success from January.

5.00 Australian Rally Championship Action from the Australian Rally Championship.

5.30 International Cricket: West Indies v Australia – LIVE The second Test concludes with action from Sabina Park, Jamaica as the West Indies entertain their Australian rivals on home soil. Windies tour manager Clive Lloyd criticised his side for having the wrong attitude against the South Africans in their recent Test series. Problems on and off the field meant the squad's historic tour was in danger even before a ball was bowled. But with the World Cup approaching, the team has another opportunity to sound a warning to the international stage that they are still capable of competing at the highest level.

10.00 Table Tennis Action from the English International Open Table Tennis Championships 1999, the longest running open tournament.

11.00 Australian Rally Championship Action from the Australian Rally Championship.

11.30 European Tour Weekly

12noon Golf Extra Golf's essential and most comprehensive round-up. **3.00am-3.15am Sky Sports Centre** Catch up with news and views from the most comprehensive sports service on television.

SKY SPORTS 3
PREMIUM CHANNEL

12noon World Wrestling Federation – Shotgun 1.00pm Fish TV: Ultimate Fishing Show 1.30 Fish TV: Fishing Tales 2.00 Superbouts: Hagler v Duran Another opportunity to witness the action from the classic 1983 encounter between 'Marvelous' Marvin Hagler and Roberto Duran.

3.00 The Entertainers: Manchester United

3.30 Premier Snooker League Coverage of the 1999 Premier Snooker league. The tournament takes place between January and May and is a showcase for the sport's biggest names. Excitement is guaranteed right until the end of the 17 frame.

5.30 European Tour Weekly The essential round-up of Euro Tour Golf.

6.00 Table Tennis Action from the English International Open Table Tennis Championships as the prestigious tournament reaches the Men's Final.

7.00 Golf Extra A comprehensive round-up of the developments in the world of golf, including results, forthcoming events and the form of the world's most talented stars. For golfing enthusiasts, this is essential viewing.

10.00-11.30pm FA Cup Final Classics: West Ham v Fulham Classic FA Cup action from 1975 with West Ham taking on Fulham in what was, at the time, only the second ever all-London final.

For a full rundown of all the live sport on Cable TV, BBC1, BBC2, ITV, Channel 4 and Channel 5, visit Cable Guide's new online programme guide. http://www.cableguide.co.uk

MUTV
ADD-ON CHANNEL

6.00pm Game On Special Can United reach the semi-finals?

6.30 Footie Families: FAN

7.00 Red Hot News The latest developments from Old Trafford.

7.30 Kids Clinic A look back at the last three episodes.

8.00 Super Match – Premier Classic: Manchester United v Manchester City Classic action from 1994.

8.55 Red Hot Update

9.00 Super Match – Premier Classic: Manchester United v Manchester City Join us for the second half of this classic clash.

10.00 Talk of the Devils A chance for fans to voice their opinions in this instant reaction to United's big night of European football.

11.00 Junior Masterfan Under Sixteens compete to be Junior Masterfan.

11.30-12midnight Red Hot News

SCI-FI
ACTION PACK

7.30am Bloomberg Television 8.00 Sightings Special 9.00 Battlestar Galactica 10.00 Quantum Leap 11.00 Dark Shadows 11.30 The Ray Bradbury Theatre 12noon Twilight Zone 1.00pm Tales of the Unexpected 1.30 Tales of the Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00 Battlestar Galactica *Hand of God* The Galactica crew decide to take on a Cylon base star in a fight to the death.

4.00 The Incredible Hulk *Falling Angels* When working with Orphans, Banner discovers a problem for two of his charges.

5.00 Sightings Special *Fire in the Brain – Unleashing Hidden Powers*

6.00 Time Trax *Perfect Pair* Darien reunites with his former partner, Mace Warfield, who has travelled back to the present time.

7.00 Quantum Leap *A Tale of Two Sweeties* Sam finds himself occupying the body of a man who has two wives and two sets of children.

8.00 VR.5 *Sisters* Syd investigates the mind of a bank teller who she discovers is stealing. With Lori Singer

9.00 Lexx *Nook* The crew arrives on a planet that consists of ocean and a single island populated only by men.

10.00 FILM: Tank Girl *Lori Petty, Malcolm McDowell* Living in extreme conditions outside the Realm of Water and Power, Tank Girl and her side kick Jet Girl are attacked and taken prisoner by the evil overlord. *1996*

12midnight PSI Factor – Chronicles of the Paranormal *Death at Sunset/Collision* **1.00am FILM: Downdraft** *Vincent Spano, Kate Vernon* High-octane action. *1996* **3.00 Dark Shadows 3.30-4.00am Dark Shadows**

ITV2
ACCESS PACK

4.00pm Trisha Today's talk show from ITV. **5.00 Champions League Preview** Rundown of the forthcoming fixtures in this presitigious event in the footballing calander. **5.30 Futbol Mundial** All the latest news and action from the world of football. **6.00 Bedrock** *An hour of fun with celebrity guests and music.* **7.00 Uefa Champions League – LIVE** Coverage of the second leg of one of tonight's quarter-finals. **9.45 Uefa Champions League** Highlights of Inter Milan v Manchester United, plus the goals from the other quarter-finals. **11.00 Coronation Street** Tonight's episode of the Manchester soap from ITV. **11.30 Emmerdale** Yesterday's and tonight's episodes from ITV. **12.30am TBA 1.30-2.00am The Locker** Gabby Yorath presents this fitness-and-health magazine programme. Expect tips on how to get started in a range of sports, plus behind the scenes footage of the fitness industry, plus medical and nutritional issues.

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Exposed 12.20 FILM: Extasy 1.00 The Five Minute Free View 1.05 FILM continues 1.30 FILM: Wicked Waxxx Worxxx 2.40 FILM: Paid to Play 3.30 Satina 4.10-5.30am FILM: Come Line

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day 12.10am New Model File Erotic programme. **12.35 Neil Down – Sex Therapist 1.00 Biker Annie 1.30 Silver Elegance 2.45 Caught at Home 2.55-4.00am FILM: Herman's Bed** Erotic comedy.

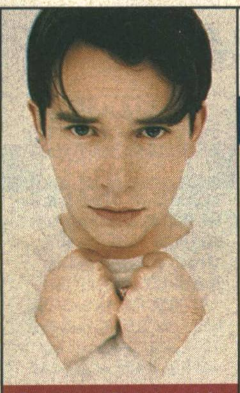
Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Fatal Judgement *Patty Duke, Peter Crook* Drama. **9.30 FILM: Don't Look in the Basement** *Rosie Holotik, Jessie Kirby* Horror. **10.50 FILM: The Cellist 11.20 Electric Blue 11.50-12midnight Lingerie Nights**

Wednesday 17 March



Stephen Gately adds spice to St Patrick's Day in 'MTV Live – Boyzone'. MTV 10.00pm, 1.00am

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Cross Wits
Fast-moving quiz show.
5.45
The Games Room
6.00 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.30
The Games Room
6.45 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.15
The Games Room
7.25 100 Per Cent
7.55
The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and fiendish challenges in a giant fantasy world.
9.00
The Games Room
9.15 Strike it Lucky
With Michael Barrymore.
9.45
The Games Room
10.00 Candid Camera
10.30
Karaoke Challenge
Exclusive karaoke competition hosted by Mike Read.
11.00
Carnal Knowledge
The quiz show that rips open the bedroom curtains of the British public to reveal their sexy secrets.
12midnight Strike it Lucky
12.30am Split Second
1.00 3-2-1
2.00 Love at First Sight
2.30 Studs
3.00 Simply Irresistible 3.30 Blockbusters 4.00 Fifteen to One 4.30-5.00am Don't Drink the Water
5.00-6.00am Screenshop

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Shopping 7.00 The Why Files 7.30 The Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 The Why Files 9.30 Indecent Proposal 10.00 Agony 10.30 The Fashion Show 11.00 Judge Judy 11.30 Mind Games 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 The Fashion Show 2.00 Judge Judy 2.30 Mind Games

3.00 Agony
More helpful advice for troubled souls.
3.30 Lie Detector
Unmasking deception using modern methods.
4.00
Indecent Proposals
Cash for foolishness.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
Advice for more troubled souls.
5.30 The Why Files
Psychic investigations into the weird and the spooky.
6.00
The Fashion Show
A look at the headlines among the hemlines.
6.30
Indecent Proposals
7.00 Sport at Seven: Grass Roots Football
Bringing you all the most recent football news and action.

8.00 The Why Files
Psychic investigations into all things weird.
8.30 Judge Judy
Alternative justice the American way.
9.00 Lie Detector
Unmasking deception using modern methods.
9.30 Mind Games
9.57 Topless Darts
Shapely dart throwing.
10.00 Love Street
American erotic series.

10.30 Exotica Erotica
Another sensual offering.

11.30am Orgasmatron
11.45 Painted Ladies
11.57 Topless Darts
12midnight Love Street 12.30am Private Dancers 12.45 Pleasure Dome 1.00 Exotica Erotica 2.00 Blue Review 2.15 Janeycam 2.30 Love Street 3.00 Agony 3.30 The Why Files 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation L!VE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Kitchen College 10.00 From the Ground up 10.30 First Taste 11.00 Worrall Thompson 11.30 A Slice of the Action 12noon Network 12.30pm Scotland's Larder 1.00 Kitchen College 1.30 The Cookshop 2.00 Indian Kitchen 2.30 Network
3.00 Loyd's Louisiana
3.30 A Slice of the Action
4.00
Thoroughly Modern British
Summer
4.30-5.00pm Chez Bruno

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show presented by Bill Dodd.
5.30 Gridlock
Hosted by Simon Biagi.
6.00 My Two Wives
Sara's Security Toy
6.30 Our House
Suzi Becker looks at some of the more unusual places that people call home.
7.00
Shine on, Harvey Moon
Getting Results
Comedy-drama following the trials and tribulations of a family in postwar London.
8.00 Men of the World
Farewell My Lovely
8.30 Superchefs
David Chambers v Amanda Grant
Cookery challenge.
9.00 Head Over Heels
Roll Over Beethoven
A handsome Hungarian music teacher causes both Heather and her mother to reconsider their love lives.
10.00 Pie in the Sky
The Truth Will Out
Freddy Fisher sends Inspector Henry Crabbe to look for a missing policeman.
11.00
Hill Street Blues
Eighties American police drama series starring Daniel J Travanti and Veronica Hamel.
12midnight My Two Wives
Sara's Security Toy
Sitcom about a lawyer and his two wives who all live in the same apartment block. Starring Peter Fisher.
12.30am-1.00am Gridlock
Fast paced gameshow hosted by Simon Biagi.

ANIMAL PLANET
WORLD PACK

12noon The New Adventures of Black Beauty
12.30pm Hollywood Safari
Dude Ranch
1.30 Crocodile Hunters
The Crocodile Hunter – Part II
2.00 All-Bird TV
A look at the interaction between humans and birds.
2.30 Human/Nature
Olivia Newton-John observes Alaskan grizzly bears, plus a look at why some rats are held to be sacred in India.

3.30 Harry's Practice
A look at the work of vet Harry Cooper in his practice in northern Tasmania.
4.00 Jack Hanna's Animal Adventures
Wildlife Way Station
4.30 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
5.00 Pet Rescue
Stories of rescued animals.
5.30
Crocodile Hunters
The Crocodile Hunter Goes West – Part I
6.00
The New Adventures of Black Beauty
6.30 Lassie
Poster Pup
Timmy gets food poisoning.
7.00 Rediscovery of the World
New Zealand – The Smouldering Sea
Visit a volcano in New Zealand.
8.00 Animal Doctor
A look at the work of RSPCA inspectors.
8.30 Horse Tales
Stunt Horses
Meet a top stunt film trainer.
9.00 Going Wild
Where the Bison Roam
9.30 Emergency Vets
Stories from Alameda East Veterinary Hospital in Denver.
10.00
Crocodile Hunter
Wild in the USA
10.30
Crocodile Hunter
With Steve Irwin.
11.00 Wildlife ER
See the activity at the American-based Wildlife Centre.
11.30-12midnight
Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am The Day the Universe Changed 7.50 The Great Egg Race 8.30 Vanessa 9.30 Esther 10.00 Vets in Practice 10.30 Lion Country 11.00 Making Babies 12noon Kingdom of the Ice Bear: The Final Challenge 1.00pm The Day that Changed My Life 1.30 Heart of the Angel 2.15 Situation Vacant

3.00 Trust Me, I'm a Doctor
Simple changes in diet can ease an irritable bowel.
3.30 Esther
Living Up to Your Parents
4.00 Vanessa
Talk show in which Vanessa Feltz and guests engage in discussion about real-life issues, and try to find some answers.
5.00 Animal Hospital
Catch up with the animals at Harmsworth Hospital.
5.30 Lion Country
Hans, the baby wallaby, meets the other wallabies.
6.00
Lenin's Secret Files
Secret documents, stored in a bomb-proof vault, reveal the truth behind the myth of Lenin.
7.00 Baby It's You
Word of Mouth
Observe babies learning.
7.30 The Body in Question
How Do You Feel?
8.00 Rhino Rescue
What does the future hold for the white rhino?
8.30 BG Wildlife Photographer of the Year
9.00
Why Men Don't Iron
The Emotional Difference
Is there a biological difference in the inclinations of the sexes?
10.00 Airport
Cabin crew trainees are given their results.
10.30
Neighbours at War
Suburban disputes.
11.00 Top Gear GTi
The team tests the latest models, dishes out some consumer tips and casts an experienced eye over the hottest motoring news.
12midnight-1.00am
The OJ Simpson Trial
Another chance to watch America's murder trial of the decade.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Fashion Livetime
7.00 Fashion Livetime
8.00 E! Celebrity Profile
9.00 Best Direct Best Buys
9.30 Craftwork
10.00 The View
11.00 Restaurant Recipes
11.30 Gardeners' Diary
12noon The Montel Williams Show
1.00pm Health Livetime
2.00 The View

3.00 Health Livetime
Interactive magazine programme which offers viewers the opportunity to put questions to celebrity guests and leading experts.
4.00 The Montel Williams Show
Forced to Pay Child Support
US chat show with a passionate approach.
5.00
Gardeners' Diary
Seasonal gardening.
5.30-6.00pm
Restaurant Recipes

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Return of the Lynx
7.30 The Eagle and the Snake
A look at the two enemies of the South China Sea.
8.00 Forgotten Apes
A caring environment can dramatically change the lives of animals which have suffered hardship in captivity.
9.00 The Tribe that Time Forgot
Meet an Amazonian tribe that dismembered and partially ate three people in 1976.
10.00 Mummies of the Takla Makan
How 2,000-year-old mummies with European features were found in the Chinese desert.
11.00 On the Edge: Return to Everest
Sir Edmund Hillary visits the people who spend their lives in the shadows of the mountain he conquered.
12midnight-1.00am
Extreme Earth: Journey to the Bottom of the World
Follow a bone-chilling expedition into the mysterious underworld of the dark labyrinth of Xibalba, one of the most exciting cave systems of Mexico.

MTV
MUSIC & GAMES PACK

6.00am Mad for Hits
9.00 Bytesize MTV
11.00 brand:new
12noon Mad for Hits
2.00pm European Top 20
3.00 Bytesize MTV Pop
St Patrick's Day Feature
4.00 Select MTV
St Patrick's Day Feature
Fast-paced request show hosted by Donna Air.
6.00 Bytesize MTV
7.00 brand:new
8.00 The Lick R&B Chart Show
With Trevor Nelson.
9.00 News Daily Edition
Up-to-the minute music news.
9.30 Artist Cut
A look at the making of your favourite artist's videos and songs.
10.00 MTV Live Boyzone
Live footage of Ronan and the boys singing their finest.
10.30 Snowball 1999
The only show that takes place totally in the snow.
11.00 Mad 4 Hits
12midnight Yo!
1.00am MTV Live Boyzone
1.30 Snowball 1999
2.00-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Breakfast 8.00 Planet Rock Profiles: The Corrs, Clannad, and the Cranberries NEW 9.00 Upbeat 12noon Ten of the Best: The Corrs 1.00pm Greatest Hits of... Irish Artists NEW 1.30 Planet Rock Profiles 2.00 Jukebox 4.30 VH1 to 1 – The Corrs NEW 5.00 Five@Five 5.30 Planet Rock Profiles 6.00 Happy Hour 7.00 Hits 8.00 Ten of the Best: The Corrs 9.00 Egos and Icons: U2 10.00 The Corrs Special NEW 11.00 The Sult Special NEW 12.30am Fleadh Festival 2.30-6.00am Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Dream Destinations 12.30pm Go Greece1.00 Holiday Maker 1.15 Holiday Maker 1.30 Flavours of France 2.00 Flavours of Italy 2.30 No Truckin' Holiday 3.00 Great Splendours 4.00 Go 2 4.30 Amazing Races 5.00 Cities of the World 5.30 A Golfer's Travels 6.00 Flavours of France 6.30 On Tour 7.00 Dream Destinations 7.30 Go Greece 8.00 Travel Live 8.30 Go 2 9.00 Great Splendours 10.00 No Truckin' Holiday 10.30 Amazing Races 11.00 On Tour 11.30-12midnight A Golfer's Travels

UK STYLE
LIFESTYLE PACK

7.00am Fat Man in France 7.30 Changing Rooms 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Style Challenge 9.30 Change That 10.00 Travels with Pevsner 11.00 Looking Good 11.30 Changing Rooms 12noon Can't Cook, Won't Cook 12.30pm Style Challenge 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Floyd's American Pie 2.30 Stefan's Garden Roadshow
3.00 Geoff Hamilton – A Man and His Garden
3.30 Waterlines
4.00 The House Detectives 4.30 Antiques Roadshow 5.30 Can't Cook, Won't Cook 6.00 The Face 6.30 Wilderness Walks 7.00 Antiques Roadshow 8.00 Style Challenge 8.30 Change That 9.00 Looking Good
9.30 Ready, Steady, Cook
10.00 Changing Rooms
10.30 Going for a Song
11.00
Stefan's Garden Roadshow
11.30 Geoff Hamilton – A Man and His Garden
12midnight The Terrace
12.30am-1.00am Travel Xpress

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

Wednesday 17 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Gourmet 6.30 Yan Can Cook 7.00 Homemaker 7.30 Period Rooms 8.00 Wedding 8.30 Baby Story 9.00 Painting 9.30 Gardening 10.00 Instant Gardens 10.30 Two's Country 11.00 Diceman 11.30 Rex Hunt 12noon Our House Down Under 12.30pm Antiques Trail 1.00 Our House 1.30 Home Savvy 2.00 Workshop 2.30 Home Again 3.00 This Old House 3.30-4.00pm Charlie West Fishing

DISCOVERY
WORLD PACK

4.00pm Rex Hunt's Fishing Adventures
Rex goes fishing for yellow fin bream.
4.30 The Car Show
A look at company cars.
5.00 Hitler
The Blackmailer
How Hitler was able to effectively blackmail the other European powers by threatening to go to war.
6.00 Wildlife SOS
Helping animals in distress.
6.30 Untamed Africa
Legacy
The young animals of the plain soon realise that speed, strength and courage are the only means by which they can survive in the wild.
7.30 Futureworld
The Road Ahead
8.00
Arthur C Clarke's Mysterious Universe
The Bermuda Triangle
8.30
Creatures Fantastic
9.00
History's Mysteries
Noah's Ark
9.30
History's Mysteries
Pathway to the Gods
10.00 Mysteries of the Ancient Ones
How the remote mesa dwellings of the Anasazi people were abandoned over one generation.
11.00
21st Century Jet
Up, Up and Away
Follow the design, construction and launch of the Boeing 777 airliner.
12midnight
The Great Egyptians
Sneferu
Examining the trials and final triumph of Sneferu, the iron-willed pharaoh, who ruled 4,500 years ago.
1.00am-2.00am Hitler
The Blackmailer

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Blinky Bill 6.00 The Tidings 6.30 Tabaluga 7.00 Scooby-Doo 7.30 Dexter's Laboratory 8.00 Looney Tunes 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 The Tidings 10.00 The Magic Roundabout 10.30 The Fruitties 11.00 Tabaluga 11.30 Yo! Yogi 12noon Tom and Jerry 12.30pm Looney Tunes 1.00 Popeye 1.30 The Flintstones 2.00 The Jetsons 2.30 Droopy

3.00 Taz-Mania
Devilish antics from the maniacal monster.
3.30 Scooby-Doo
Creepy capers with the cowardly canine.
4.00
The Powerpuff Girls
Girl power to the rescue.
4.30
Dexter's Laboratory
Chemical chaos.
5.00 Ed, Edd 'n' Eddy
Adolescent escapades.
5.30
Cow and Chicken
Fun with the seriously mismatched siblings.
6.00 Animaniacs
More manic mayhem.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock to their wives' constant dismay.
7.00 Tom and Jerry
Madcap comic antics with the cat and mouse duo.
7.30 Looney Tunes
Crazy antics with the Looney gang.
8.00
Cartoon Cartoons
8.30-9.00pm
Cult Toons
Classics from the vault.

Join Eek! the weird and wonderful cat in 'Eek!Stravaganza'. Fox Kids 10.55am, 6.30pm

NICKELODEON
FAMILY PACK

6.00am Rocko's Modern Life 6.30 Bruno 7.00 CatDog 7.30 Rugrats 8.00 Wild Thornberrys 8.30 Arthur 9.00 Children's BBC 10.00 Wimzie's House 10.30 Papa Beaver 11.00 Magic School Bus 11.30 PB Bear/Budgie/Animal Antics/Family Ness 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Little Bear Stories 2.00 Paddington Bear/Lizzie's Library/Portland Bill/Mr. Men 2.30 Children's BBC

3.00 Children's BBC on Nickelodeon
Including the *Teletubbies.*
3.30 Doug
Doodle the day away with Doug.
4.00 Three Friends... and Jerry
Adolescent escapades.
4.30 Rugrats
Fun with the tousle-haired nippers.
5.00 Sister Sister
Comedy with Tia, Tamera and their parents.
5.30 Kenan & Kel
Stars Kenan Thompson and Kel Mitchell.
6.00 Renford Rejects
6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
7.30 Grace Under Fire
Grace Under Funded
Grace has money worries.
8.00 Ellen
Too Hip for the Room
8.30 Spin City
Gentleman's Agreement
The mayor visits an all-male private club.
9.00 Drop the Dead Donkey
Paintball
9.30 Whose Line is it Anyway?
Comic improvisation.
10.00 Frasier
The Crucible
Frasier attempts to impress a famous artist.
10.30 Cheers
For Real Man Only
11.00 Seinfeld
The Café
11.30 The Larry Sanders Show
The Performance Artist
With Roseanne Arnold.
12midnight Late Night with David Letterman
1.00am Taxi
1.30 Frontline
2.00 Dr Katz
2.30 Tibs and Fibs
3.00 Nightstand
3.30-4.00am
Abbott and Costello

FOX KIDS
FAMILY PACK

6.00am Dodo 6.05 Power Rangers 6.55 Spiderman 7.20 Oggy 7.30 Donkey Kong 8.00 Hero Turtles: Next Mutation 8.25 Incredible Hulk 8.50 Iron Man 9.15 Fantastic Four 9.40 X-Men 10.05 Casper 10.30 Oggy 10.55 Eek!Stravaganza 11.05 Bobby 11.30 Louie 11.55 Home to Rent 12.05pm Dennis and Gnasher 12.30 Donkey Kong 1.00 Mowgli 1.25 Ace Ventura 1.55 Incredible Hulk 2.20 Iron Man 2.45 Fantastic Four

3.10 X-Men
3.30
Fox Kids X-Press
With Roy and Lisa.
3.35 Spiderman
Arachnid adventures.
4.00 Goosebumps
More spooky stories.
4.25 Hero Turtles: The Next Mutation
4.50 Casper
Mischievous capers.
5.00
Dennis and Gnasher
More menacing antics.
5.30 Ace Ventura
Animated adventures of the zany pet detective.
6.00
Donkey Kong Country
6.30 Eek!Stravaganza
6.55-7.00pm Oggy and the Cockroaches

SHOP!
LIFESTYLE/ SELECTION PACKS

12midnight Bargain Shop!
12.30am Shop! Selection
1.30 Shop! Feature
2.30 Do it Yourself
3.00 Time Zone
4.00 Home Style
5.00 Beauty Secrets
6.00 Shop! Selection
7.00 Bargain Shop!
7.30 Time Zone
8.30 On the High Street
Spring fashion from top high street store Dorothy Perkins.
9.30 Shop! Feature
Half an hour of great gift ideas for Easter.
10.00 The Early Years
Toys and games for the under-fives.
11.00 Dimanti Designs
Diamond-look jewellery.
12noon Fitness Zone
'Bums and Tums' special.
1.00pm Bargain Shop!
Special offers.
1.30 Shop! Selection
Roundup of the best offers on Shop!
2.30 Travel Bag
Holiday essentials.
3.00 Labels
Fashion brands.
4.00 Bears and Dolls
Collectible teddies.
5.00-6.00pm
Shop! Selection
Roundup of the best offers.

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 24 7.00 News 8.00 News 9.00 News 9.30 World Today 10.00 News 11.00 News 12noon News 1.00pm News 1.30 UK Today 2.00 News 2.30 World Today 3.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 LifeWatch 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 Insight 6.00 News 6.30 Moneyline 7.00 News 7.30 Sport 8.30 Showbiz Today 9.00 Larry King 10.30 World Sport 11.30 Biz Asia 12.30pm Business Unusual 1.00 News 1.30 World Report 2.30 Showbiz Today 3.30 Sport 4.30 Style 5.00 Larry King 6.45 Edition 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 World View 11.30 Moneyline 12.30am Showbiz Today 1.30 Q&A 2.00 Larry King 4.30-5.00am World Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.00 News on the Hour 11.30 Money 12noon Sky News Today 2.30pm PMQs 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.00 News on the Hour 8.30 Sky Business Report 9.00 News on the Hour 9.30 Sky World News 10.00 Primetime 12.30am CBS News
1.30 Sky World News
2.30 Sky Business Report
3.30 Global Village
4.00 News on the Hour
4.30 Fashion TV
5.30-6.00am CBS News

INTERNATIONAL

TV5 5.00am Journal TV5 5.15 Journal des Journaux 5.30 Télématin 7.00 Journal de Radio Canada 7.30 Funambule 8.00 TV5 Infos 8.05 Zig Zag Café 9.00 Journal TV5 9.15 Fiction: Les Alsaciens 11.00 TV5 Infos 11.05 Voilà Paris 11.30 Journal France 3 12noon TV5 Infos 12.05pm Temps Présent 1.00 Journal TV5 1.15 Fiction: Les Alsaciens 3.00 Journal TV5 3.15 TV5 Questions 3.30 Grands Gourmands 4.00 TV5 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal TV5 5.15 Fiction: Les Alsaciens 7.00 Journal Suisse 7.30 Journal de France Télévision 8.00 Infos 8.05 Strip Tease 9.00 Journal TV5 9.15 Fiction: Paparazzi 10.15 Fiction: L'Homme de Suez 11.00 Journal Belge 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 8.00 Subah Aaj Tak 8.30 Jai Veer Hanuman 9.00 FILM 11.30 News 12noon Balcony 12.30pm Suzhal 1.00 Kashmakash 1.30 FILM 4.00 Akbar Birbal 4.30 Aarti 5.00 Kahani Ghar 6.00 Edit 6.30 Asianet Aur Aap 7.00 Kashmakash 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Spaghetti Junction 12.30am Asianet Aur Aap 1.00 FILM
4.00 Aarti
4.30 A Mouthful of Sky
5.00 Kashmakash
5.30 Sunghursh
6.00 Akbar Birbal
6.30 News
7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Out and About 6.30 Yoodle-Ae-Oo 7.00 Faith: Christian 7.30 News 8.00 India Business 8.30 Tara-2 9.00 Rishtey 10.00 Sofia 11.00 Aashiana 11.30 Parampara 12noon FILM: Be-Misaal 3.00pm Zee Bangla 3.30 Hum Paanch 4.00 Akbar Birbal 4.30 Ek Minute 5.00 Jungle Book 5.30 Mausam 6.00 Top of the Tops 6.30 Banegi Apni Baat 7.00 Baat Ban Jaye 7.30 It's My Choice 8.00 News 8.30 Amanat 9.00 Urdu Drama 10.00 Ikke Pe Ikka 10.30 Woh 11.00 Purushkhetra 12midnight News 12.30am Tandoori Masala 1.00 Bangla TV 1.30 Parivartan-2 2.00 FILM: Sati Toral 4.30 Narsaiyo
5.00 Hasya Tena Ghar Raasta
5.30-6.00am Hit Thi Hit Hai

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzini 5.00 Quentin Road Bible Hour 5.30 7 à Vivre 6.00 Life is for Living 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is Your Day 8.15 Good Morning Europe 8.30 Revival Now 9.00 Another Day of Victory 9.30 Life in the Word – Joyce Meyer 10.00 Dr A R Bernard 10.30 John Avanzini 10.40 Good Morning Europe 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus: 2:15am Bloomberg Money 3.24 Sports 4.49 Kavanagh's Picks

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am Select Committees
7.00 The Record 7.30 Select
9.30 House of Commons
11.00pm The Record 11.30-12midnight European Focus

SKY SOAP
LIFESTYLE PACK

11.00am
Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm
As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
3.30-4.00pm
Emmerdale Farm
Sandie makes a discovery.

THE HISTORY CHANNEL
WORLD PACK

4.00pm Vietnam
Tet Offensive
5.00 Classic Cars
1955 Chevrolet
6.00
Maya: The Blood of Kings
A look at Mayan civilisation at its zenith.
7.00-8.00pm And the Winner is... Sidney Poitier
Profile of a leading man in an industry which had previously typecast black actors as incidental bits of comic relief.

SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Sky Destinations
12noon
American Adventurer
12.30pm Around the World
1.00
Travels with Chuck Henry
1.30 Exotic Islands
2.00 Independent Travellers' Guide
3.00 Around the World
3.30-4.00pm
Great Chefs of Europe

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Lifestyle at 9.00am.

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Thursday 18 March

MORNING

SKY PREMIER
PREMIUM CHANNEL

6.00 AM **6.00am Fly Away Home**
Text *1996, rating Sky U, 103 mins*
8.00 Charlie's Ghost Story
1994, rating Sky PG, 85 mins
10.00 It Takes Two
Kirstie Alley, Steve Guttenberg
1995, rating Sky U, 97 mins
12noon The Directors: The Films of Robert Wise
1.00pm Femmes Fatales: Susan Sarandon
2.00 Fly Away Home
Jeff Daniels, Anna Paquin,
3.00 PM *Dana Delany*
Uplifting family drama about a young girl who is reunited with her father after nine years when her mother is killed in a car accident. **Text** *1996, rating Sky U, 103 mins*

4.00 PM **4.00 Charlie's Ghost Story**
Cheech Marin, Anthony Edwards, Linda Fiorentino
Family adventure about a young boy who befriends the ghost of a long-dead adventurer. The boy
5.00 PM helps to bury the bones of the man on hallowed ground, and the ghost brings the boy closer to his father. *1994, rating Sky PG, 85 mins*

5.30 It Takes Two
6.00 PM *Kirstie Alley, Steve Guttenberg, Mary-Kate Olsen, Ashley Olsen, Philip Bosco*
Family comedy inspired by the classic tale *The Prince and the Pauper*, about an unlikely couple
7.00 PM who are brought together by two conspiring, identical girls from different walks of life. *1995, rating Sky U, 97 mins*

7.30 Tracey Takes On...
Comedy with Tracey Ullman.

8.00 PM **8.00 Hollywood Buzz**
Stay in touch with what's happening in Tinseltown.

8.30 Selena
Jennifer Lopez, Edward James Olmos, Constance Marie,
9.00 PM *Jon Seda, Jacob Vargas, Lupe Ontiveros, Jackie Guerra*
PREMIERE Compelling biography of the young singing star whose career was cut short by her brutal murder. *1997,*
10.00 PM *rating Sky PG, 122 mins*

10.40 The Accused
Jodie Foster, Kelly McGillis, Bernie Coulson, Leo Rossi
Harrowing drama about a young woman who, after being raped in
11.00 PM a bar, has trouble bringing her attackers to justice. The victim finds that the legal system is grossly unsympathetic to her plight. *1988, rating Sky 18, DS, 106 mins*

NIGHT TIME

12.00 **12.30am Children of a Lesser God**
William Hurt, Marlee Matlin
Romantic drama. **Text** *1986, rating Sky 15, 114 mins*
2.30 Screamers
Peter Weller, Roy Dupois
1995, rating Sky 18, 104 mins
4.20-5.45am The Directors: The Films of Robert Wise

SKY MOVIEMAX
PREMIUM CHANNEL

7.00am Buck and the Magic Bracelet
Matt McCoy, Abby Dalton
1996, rating Sky PG, DS, 95 mins
9.00 And Baby Makes Six
Colleen Dewhurst, Warren Oates
1979, rating Sky PG, 98 mins
11.00 Snowboard Academy
1997, rating Sky PG, 86 mins
1.00pm Buck and the Magic Bracelet
1996, rating Sky PG, DS, 95 mins

3.00 And Baby Makes Six
Colleen Dewhurst, Warren Oates, Maggie Cooper, Timothy Hutton
Drama in which a middle-aged woman is shocked to discover that she is pregnant. Her family doesn't want her to go through with the birth, fearing for her health – until, that is, her husband sees the ultrasound. *1979, rating Sky PG, 98 mins*

5.00 Challengers
Gwynyth Walsh, Eric Christmas, Steven Andrade, Gena Zamprogna
Family drama. Following the death of her father, Mackie moves to a new town determined to join a particular gang. When she finds that they have a strict boys-only rule, Mackie hatches an elaborate plan. *1989, rating Sky PG, 94 mins*

7.00 Snowboard Academy
Corey Haim, Brigitte Nielsen, Jim Varney
Screwball comedy about a financially stricken ski instructor whose last chance of saving his school from an evil villain lies with a group of misfits. *1997, rating Sky PG, 86 mins*

9.00 Asunder
Blair Underwood, Debbie Morgan, Michael Beach
PREMIERE Gripping thriller about the aftermath of a tragic fairground accident. When a man's wife dies after falling from a ferris wheel, he gets into a relationship with his best friend's wife, which has violent consequences. *1998, 91 mins*

11.00 Medusa's Child
Vincent Spano, Lori Loughlin
PREMIERE Part two of the drama about a scientist whose bomb has the power to destroy electronic communication. *1997, rating Sky PG, 87 mins*

12.35am Mother, May I Sleep with Danger?
Tori Spelling, Ivan Sergei
1996, rating Sky 15, 86 mins
2.10 Marie: The True Story
1985, rating Sky 15, 107 mins
4.05 Adrenalin: Fear the Rush
1995, rating Sky 18, 73 mins
5.25-7.00am Challengers
1989, rating Sky PG, 94 mins

Morgan Freeman stars in Steven Spielberg's epic drama 'Amistad'. Sky Box Office 2, see below

SKY CINEMA
PREMIUM CHANNEL

4.00pm A Star is Born
Frederic March, Janet Gaynor, Adolphe Menjou, Lionel Stander
Drama about a starry-eyed young woman whose dreams of making it big in Hollywood are fulfilled by the established actor with whom she falls in love. But can their relationship succeed when his career begins to slide as hers takes off? *1937, rating Sky U, 106 min*

6.00 From the Terrace
Paul Newman, Joanne Woodward, Myrna Loy, Leon Ames, Elizabeth Allen, Barbara Eden
Romantic drama about a young war veteran's rise to financial and social success. The young businessman in New York puts his work before pleasure – only to discover that he must now choose between two very different women. *1960, rating Sky PG, 144 mins*

8.30 I Married a Monster from Outer Space
Tom Tryon, Gloria Talbott, Ken Lynch, John Eldredge
Sci-fi thriller. A woman discovers that her husband's peculiar behaviour is down to the fact that he has been taken over by aliens, and decides to take them on. *1958, rating Sky PG, 75 mins*

10.00 Around the World in 80 Days
David Niven, Shirley MacLaine, Robert Newton, Marlene Dietrich
Star-studded adventure, which won a Best Picture Oscar, based on the classic Jules Verne novel about an English gentleman who bets that he can make it around the globe in under three months in a hot air balloon. *1956, rating Sky U, 135 mins*

12.20am Sudden Impact
Clint Eastwood, Sondra Locke
1983, rating Sky 18, 112 mins
2.20 Town on Trial
John Mills, Charles Coburn
Suspense thriller. *1956, rating Sky 12, 92 mins*
4.05-6.00am The Gallant Hours
James Cagney, Dennis Weaver
1960, rating Sky U, 111 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm The Philadelphia Story
Cary Grant, Katharine Hepburn, James Stewart, Ruth Hussey
Comedy classic about a bored heiress, destined for marriage to a stuffy executive, whose wedding plans are thrown into disarray by the arrival of her dashing playboy ex-husband. A poignant observation of life folllows. *1940, 108 mins*

11.15 To Have and Have Not
Humphrey Bogart, Lauren Bacall, Walter Brennan
Wartime drama about a US skipper in Nazi-occupied Martinique who falls for an attractive Resistance fighter. *1944, 96 mins*

1.15am The Fixer
Alan Bates, Dirk Bogarde
Drama. *1968, 127 mins*
3.30-5.00am The Day They Robbed the Bank of England
Crime caper. *1960, 82 mins*

KIM BASINGER

'L.A. Confidential' saw the renaissance of Kim Basinger. Garth Pearce charts the fall and

Want to know what Jodie Foster movies are on this month? Our new online TV listings guide will tell you!
http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm A Feast at Midnight
Freddie Findlay, Edward Fox
Arriving at a drab public school, a young boy decides to win friendship by supplementing the austere cuisine with a secret supply of goodies provided by his father. *1994, 107 mins*

7.50 The Date
A girl is keen to impress her date but suffers from wind.

8.00 Like Water for Chocolate
Marco Leonardi, Regina Torne, Lumi Cavazos, Claudette Maille
Romantic film about food and desire. When her mother forbids her youngest daughter from marrying, her passions are transferred to the food, while her true love chooses to marry her sister. *1992, rating 15, 109 mins*

9.55 Indulgence

10.00 La Grande Bouffe
Marcello Mastrioianni, Ugo Tognazzi, Michel Piccoli, Philippe Noiret
A satire on society's consumption, which sees four disparate men joined by the love of food gather together for an orgy of food and sex that ends in death, in various ways, for all of them. *1973, 124 mins*

12.10am Jamón Jamón
Penelope Cruz, Anna Galiena
Bigas Lunas's sex comedy about love rivals. *1992, 90 mins*
1.45 Don't Look Now
Donald Sutherland, Julie Christie
Classic drama. *1973, 105 mins*
3.30-6.00am The Shining
Jack Nicholson, Shelley Duvall
Horror. *1980, 115 mins*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
FALLEN
Supernatural thriller starring Denzel Washington as a detective both hunting and hunted by an evil spirit demon. *1997, rating Sky 15, 120 mins*
PLAYS AT
12midnight, 2.30am

Sky Box Office 2
Channel 52
AMISTAD
Epic drama about slavery from Steven Spielberg. Starring Anthony Hopkins. *1997, rating Sky 15, 149 mins*
PLAYS AT
8.00am, 6.00pm, 9.00pm, 5.00am

Sky Box Office 3
Channel 53
FLUBBER
Robin Williams raises chaos as an absent-minded professor in this comedy. *1997, rating Sky U, 90 mins*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm

Sky Box Office 3
Channel 53
STARSHIP TROOPERS
Action-packed sci-fi movie starring Casper Van Dien and Denise Richards. *1997, rating Sky 18, 124 mins*
PLAYS AT
8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
THE BUTCHER BOY
Black comedy drama in which a young boy takes refuge in a vivid fantasy life. Stars Eamonn Owens and Stephen Rea. *1997, Sky 15, 105 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions. Customers with a Videoway set-top-box must view all events on Channel 50.

Thursday 18 March

SKY ONE
ACTION/
SELECTION PACKS

7.00am Count Duckula
7.30
The Chris Evans Breakfast Show
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You Text
1.30 Jeopardy
2.00 Sally Jessy Raphael
Sally's Most Talented Kids

3.00 Jenny Jones
I'm Ready to Send My Teen to Jail
Desperate parents with out-of-control kids see no option but to send then to jail.

4.00 Guilty!
Guests resolve their problems in a courtroom with the help of a judge and jury. Presented by Carole Malone.

5.00 Star Trek: Voyager
Basics – Part I
First in a two-part story. *Voyager* receives a message from Seska telling Chakotay that the has a son derived from his DNA. Text

6.00 Guilty!
Your Job is Wrecking Our Relationship

6.30 Dream Team
Football drama following the antics of Harchester United.

7.00 The Simpsons
A Star is Burns Text

7.30 The Simpsons
Scenes From the Class Struggle in Springfield
Marge meets a rich friend. Text

8.00 America's Dumbest Criminals
More crimes that went wrong.

8.30 World's Weirdest TV
Jenny Powell presents more strange television clips.

9.00 Friends
The One with All the Resolutions
The friends have trouble sticking to their New Year's resolutions.

9.30 ER
Nobody Doesn't Like Amanda Lee
Dr Greene investigates Amanda Lee's journal articles.

10.30 Veronica's Closet
Veronica's From Venus, Josh's Parents are from Mars

11.00 Dream Team
Football drama following the antics of Harchester United, on and off the field.

11.30 Star Trek: Voyager
Basics – Part I
First in a two part story. Text

12.30am The Commish
Off Broadway
Connie Muldoon is determined to find a serial killer.

1.30-7.00am Long Play
A variety of rock, indie, R&B and dance tracks.

UK GOLD
LIFESTYLE/
SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 Pride and Prejudice
10.30 Rhoda
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Bugs
2.00 Dallas
2.55 The Bill
Walkabout

3.25 The Bill
Out
An ex-con would rather risk a sentence than grass on a friend.

3.55 EastEnders
An angry Sharon confronts Grant. Starring Letitia Dean and Ross Kemp.

4.30 Rhoda
Brenda's Unemployment
Brenda regrets quitting her job.

5.00 All Creatures Great and Small
The Nelson Touch
James castrates Lord Hulton's pigs, and then wins the pools! Starring Christopher Timothy.

6.00 Dynasty
Battle Lines
Blake blocks Alexis' attempts to take control of Denver-Carrington. Kirby observes Mark and Fallon in a passionate embrace.

7.00 Ever Decreasing Circles
Sitcom starring Richard Briers and Penelope Wilton.

7.40 Dad's Army
The Making of Private Pike
Captain Mainwaring is given a staff car which breaks down.

8.20 The Brittas Empire
http://etc
Brittas decides to computerise every task, causing chaos.

9.00 The Young Ones
Flood
Disaster looms as riots sweep the country.

9.40 Bottom
Break
Richie and Eddie prepare for their holiday.

10.20 Common as Muck
Parry's financial problems drive him to the brink of suicide when Pete calls in his debts. The lads come together and plot revenge.

11.30 The Bill
Walkabout
Page is unenthusiastic about having to impersonate a young woman who has gone missing.

12midnight The Bill
Shades of Grey
Prince Ludwig kidnaps Blackadder and Lord Melchett.

12.30am Blackadder Goes Forth
Plan A – Captain Cook

1.00 French and Saunders
1.40-2.45am Dangerfield

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Special Babies
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 Brookside
12.10pm Through the Keyhole
12.40 Rescue 911
1.10 Beyond Belief: Fact or Fiction
Anthology mystery series.
1.40 Maury Povich
2.30 Special Babies

3.00 Living Room
An upbeat and humorous magazine programme, featuring human interest stories, celebrities, fashion and beauty.

3.50 Michael Cole
No-holds-barred talk show.

4.50 Through the Keyhole

5.10 The Heat is On

5.40 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes from mystery ingredients.

6.15 The Jerry Springer Show
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

7.05 Rescue 911
Footage of real-life rescues.

7.35 Animal Rescue
Follow the fortunes of injured or rescued animals.

8.10 LA Law
More dramatic cases and personal entanglements from the young Californian attorneys. Starring Richard Dysart.

9.00 FILM: Love in Another Town
Victoria Principal, Adrian Pasdar, Mary Kay Place
Moving drama in which a glamorous interior designer relocates to a small town to recuperate from a traumatic divorce. Convinced she will never love again, she soon finds comfort in the arms of a rugged carpenter. *1997*

11.00-12midnight The Sex Files
The Lotus
Katrina Buchanan presents the talk show dealing with the imaginative side of sex.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 Holding the Fort 7.30 The Odd Couple 8.00 Hallelujah 8.30 The Many Wives of Patrick 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Upstairs, Downstairs 11.00 The Gentle Touch 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 The Many Wives of Patrick 1.30 Me and My Girl 2.00 Upstairs, Downstairs

3.00 The Love Boat
The Captain's Captain
Stubing's dad makes life miserable for his son, a dog-shy passenger is trapped in his cabin by a confused German shepherd.

4.00 The Professionals
Blind Run
Bodie and Doyle are assigned to safeguard an anonymous Arab diplomat pursued by equally anonymous assassins.

5.00 Hart to Hart
Long Lost Love
Jennifer has found a sister, and her father thinks he has another daughter when a beautiful woman enters their lives.

6.00 Emmerdale
Seth and Smokey are prepared for Archie's challenge.

6.30 Classic Coronation Street
Fred is put under pressure.

7.00 The Professionals
Fall Girl
When an old girlfriend from East Germany appears, Bodie is both framed for murder and hounded by Doyle and CI5.

8.00 The Benny Hill Show
Comedy from Benny in a series of sketches, featuring a host of quirky characters, guest stars and a bevy of beauties.

9.00 The Sweeney
Chalk and Cheese
Seventies police drama.

10.00 Hale and Pace

10.30-11.00pm Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Motor Week
A weekly look at the news from the motoring industry.

11.30 4 Wheels
Motoring magazine, presented by Diana Binks.

12midnight Rally World
Eric Michell presents rally action from around the globe.

12.30am The Power House
Motoring series which looks at modified cars and tips on modifying your own.

1.00-2.00am Performance Power
With Sarah Donohue.

DISNEY CHANNEL
ADD-ON/
PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof Troop 8.25 Toons 8.45 Winnie the Pooh 9.00 Spot 9.05 Animal Shelf 9.15 Dragons 9.30 Bear 9.55 Toothbrush 10.00 Bite Size 10.10 Rosie and Jim 10.30 Big Garage 10.45 PB and J Otter 11.00 Sesame Street 12noon Spot 12.05pm Animal Shelf 12.15 Dragons 12.30 Bear 12.55 Toothbrush 1.00 Bite Size 1.10 Rosie and Jim 1.30 Big Garage 1.45 PB and J Otter 2.00 Winnie 2.30 Quack Pack

3.00 The Little Mermaid
The charming undersea adventures of Ariel. Text

3.30 Art Attack
Innovative art show hosted by Neil Buchanan. Text

4.00 101 Dalmatians
Canine capers. Text

4.30 Hercules: The TV Show
Hercules and the Underworld Takeover Text

5.00 Recess
Adventures and fun from the fourth grade. Text

5.15 Pepper Ann
Capers with the cool teen. Text

5.30 Smart Guy Text

6.00 Teen Angel
The Play's the Thing
Steve wins the lead role in the school play. Text

6.30 Boy Meets World
Raging Cory Text

7.00 FILM: The Brave Little Toaster to the Rescue
Fantasy animated adventure. Radio and Kirby must help Rob find his thesis. *1997* Text

8.15 Honey, I Shrunk the Kids: The TV Show
Honey, the Bear is Bad News
Wayne turns Jentech's teddy into the leader of a band of killer teddies. Text

9.00 Double Dinosaurs
Stone-Age sitcom with huggable dinosaurs. A delightful series using state-of-the-art puppetry and audio-animatronics. Text

10.00 Home Improvement Text

10.30 The Wonder Years

11.00-12midnight Dr Quinn: Medicine Woman

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

THURSDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM
To Have And Have Not
TNT 11.15pm

A John Ford-directed wartime adventure drama about an opportunistic American skipper (Humphrey Bogart) in Nazi-occupied Martinique, who is drawn into the conflict when he falls for an attractive Resistance fighter, played by none other than Mrs Bogart, Lauren Bacall.

GENERAL
Friends
Sky One 9.00pm

After a New Year's Eve party, everyone makes disastrous resolutions for the coming year. The worst consequences are Joey being frustrated with Phoebe giving him guitar lessons and Rachel overhearing a sexy phone conversation between Monica and Chandler.

ADVERTISEMENT
ROMANCE WEEK – LOVE IN ANOTHER TOWN 9.00PM
This romantic film is based on a novel by Barbara Taylor Bradford. A divorcee begins a romance with a man who is many years younger than she.

Thursday 18 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

7.30am Sleddog
8.00 Cart
9.30 Triathlon
11.00 Football
12noon Motorcycling
Action from the Gilles Lalay's Classic enduro race, which is held annually in France.
12.30pm Motocross
1.00 Snowboard
1.30 Snooker
Action from the German Masters in Bingen. John Parrott takes on Welshman Mark J Williams in the final of this invitational tournament, with both players looking to take home the £25,000 winner's cheque.
4.00 Kung Fu
Martial arts exhibition by 25 of the highly-trained monks of Shaolin, from Wembley Arena and the London Arena.
5.00 Roller Skating
Action from the third Tatoo Roller In-Line event in Paris-Bercy, France. With demonstrations of speed slalom, dirt and double vert.
6.00 Racing Line
Motorsports magazine show, featuring a preview of the Rally of Portugal, plus a look at the Porsche Supercup in Melbourne.
7.00 Football
Preview of the evening's footballing action.
7.30 Football – LIVE
Coverage from the second legs of the Uefa Cup Winners' Cup quarter finals. The featured matches are Valerenga Fotball v Chelsea FC, and Maccabi Haifa v Lokomotiv Moscow, with both Chelsea and Lokomotiv Moscow hoping to snatch an all important away goal.
9.30 Football
Highlights from tonight's second leg games of the Uefa Cup Winners' Cup quarter finals. The featured matches are Valerenga Fotball v Chelsea FC, and Maccabi Haifa v Lokomotiv Moscow, with both Chelsea and Lokomotiv Moscow hoping to snatch an all important away goal.
11.30-12.30am
Racing Line
Motorsports magazine show, featuring a preview of the Rally of Portugal, plus a look at the Porsche Supercup in Melbourne.

SKY SPORTS 1
PREMIUM CHANNEL

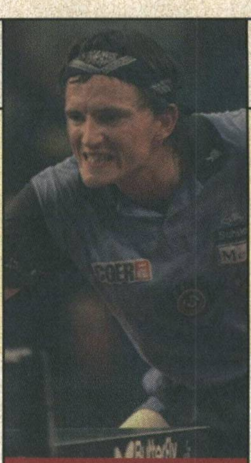
7.00am Sky Sports Centre
7.15 World Wrestling Federation – Shotgun
8.15 You're On Sky Sports!
9.00 Racing News
9.30 Aerobics Oz Style
10.00 World Pool League
11.00 Table Tennis
12noon Aerobics Oz Style
12.30pm European Tour Weekly
1.00 Euro Tour Golf: Moroccan Open – LIVE
Coverage from the opening day of the 1999 Moroccan Open which is staged at the Golf Royal D'Agadir course. Last year's winner, Stephen Leaney, will be looking to retain his title against a talented pack of the world's top golfers.
5.00
WWF – Superstars
The latest news from behind the scenes of the World Wrestling Federation. Hosted by Kevin Kelly.
6.00
Sky Sports Centre
6.30 Football League Review
Round-up of all the goals in the Nationwide League.
7.00 Euro Tour Golf: Moroccan Open
Coverage from the opening day of the 1999 Moroccan Open, which is staged at the Golf Royal D'Agadir course. Last year's winner Stephen Leaney will be looking to retain his title against a talented pack of the world's top golfers.
9.00 Spanish Football
Highlights from the top flight of La Liga in Spain, one of the most respected and prestigious leagues in world football.
10.00
Sky Sports Centre
10.15
You're On Sky Sports!
Football fans' phone-in discussion show.
11.00
Trans World Sport
In-depth news and information on everything from the normal to the bizarre in sports.
12midnight
Sky Sports Centre
12.15am You're On Sky Sports! 1.00 Football League Review
1.30 What a Weekend
2.00 Spanish Football
3.00 Trans World Sport
4.00-4.15am
Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style
7.30 Sky Sports Centre
7.45 Racing News
8.15 Unbelievable Sports
8.45 Sky Sports Centre
9.00 Fish TV: Fishing Texas
9.30 Golf Extra
Comprehensive round-up of news from the golfing world.
12.30pm
Rugby League World
2.00 Watersports World
3.00 Australian Rally Championship
Action from the Australian Rally Championship.
3.30
Unbelievable Sports
4.00
World Pool League
Action from the first World Pool League, held in the Victoria Inter-Continental Hotel in Warsaw.
5.00 Football League Review
Round-up of all the goals in the Nationwide League.
5.30 Futbol Mundial
Worldwide football news.
6.00 What a Weekend
The weekend's sports.
6.30 Formula 3: Season Preview
A look ahead to the coming season.
7.00
Trans World Sport
Eclectic mix of sport which looks at everything from powerlifting and golf to football and ice hockey.
8.00 Football League Review
Round-up of all the goals in the Nationwide League.
8.30 Futbol Mundial
Worldwide football news.
9.00
Ford Golf USA: Bay Hill Invitational – LIVE
Coverage from the fairways of the Bay Hill Club and Lodge in Florida as the Bay Hill Invitational swings into action. South African favourite Ernie Els is the current reigning champion and returns to defend his title.
11.00 Table Tennis
Action from the 1999 English International Open table tennis championships, the richest tournament of its kind in the UK.
12midnight
Formula 3: Season Preview
12.30am Ice Hockey: Superleague Play-off
Dominik Holyer presents the action, with commentary from Steve James.
3.00-3.15am
Sky Sports Centre

SKY SPORTS 3
PREMIUM CHANNEL

12noon World Wrestling Federation – Superstars
1.00pm
Fish TV: Fishing Texas
1.30 Fish TV: Ultimate Fishing Show
For true addicts of the sport who want to become complete anglers.
2.00 FA Cup Final Classics: West Ham v Fulham
Classic FA Cup action from 1975 with West Ham taking on Fulham in what was, at the time, only the second ever all-London final.
3.30
Rugby League World
The latest rugby league developments around the world. With action from the battlefields of the Superleague and the Australian National Rugby League championships.
5.00
Survival of the Fittest
5.30
Inside the PGA Tour
Behind the scenes with the legends of the PGA Tour.
6.00 Table Tennis
Action from the Men's Doubles at the English International Open Table Tennis Championships.
7.00 Futbol Mundial
Worldwide football show, featuring news, reviews, interviews, profiles and in-depth features.
7.30 Ice Hockey: Superleague Play-Off – LIVE
Dominik Holyer presents action from the Superleague Play-Off. Commentary comes from Steve James while Nick Rothwell is at rinkside providing expert analysis.
10.00-11.30pm
Bobby Charlton's Football Scrapbook: David O'Leary
Former Republic of Ireland star and current Leeds United manager David O'Leary joins Bobby Charlton and Dickie Davies to look back at one of the great cup shocks in footballing memory.


Belgian titleholder Jean Michael Saive hopes to win again at the English International Open. Sky Sports 1 11.00am

MUTV
ADD-ON CHANNEL

6.00pm Game On
6.15
Megastore Megabuys
Man United merchandise.
6.30
Junior Masterfan
7.00 Red Hot News
The latest developments from Old Trafford.
7.30 Man-U Menu
Mark Simpkin works in the burger bar at Old Trafford.
8.00 Super Match – Reserve Match
Reserve team action from the men hoping to break into the first team.
8.55 Red Hot Update
9.00 Super Match – Reserve Match
The action continues with the men dreaming about contesting the Premiership in the near future.
10.00
Talk of the Devils
Discussion show with journalists and fans chatting about the Reds.
10.45 FAN
Magazine show hosted by Reds fan Terry Christian.
11.15 The Insiders
United's unsung heroes.
11.30-12midnight
Red Hot News

SCI-FI
ACTION PACK

7.30am Bloomberg 8.00 Sightings Special 9.00 Buck Rogers 10.00 Quantum Leap 11.00 Dark Shadows 11.30 The Ray Bradbury Theatre 12noon The Twilight Zone 1.00pm Tales of the Unexpected 1.30 Tales of the Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles
3.00 Buck Rogers in the 25th Century
The Hand of the Goral
The starship *Searcher* and its human crew have become strangely altered.
4.00
The Incredible Hulk
Lottery
David Banner is the lucky winner of a lottery, but the Hulk destroys his winnings.
5.00
Sightings Special
Fire in the Brain – Unleashing Hidden Powers
An investigation into the power of the mind.
6.00 Time Trax
Catch Me if You Can
Darien is led on a chase across the Wisconsin plains by futuristic band robber Morgan Pierce.
7.00 Quantum Leap
Liberation
Sam becomes a housewife who decides to join her daughter in campaigning for women's rights.
8.00 PSI Factor – Chronicles of the Paranormal
Perestroika
A prehistoric monster which lives in Russia.
9.00 Babylon 5
Point of Departure
The ship gets a new leader, while ambassador Delenn continues with her transformation.
10.00
FILM: Sleeping Dogs
C Thomas Howell, Scott McNeill
Futuristic sci-fi adventure. A cat burglar teams up with a young woman with a view to pulling off his biggest and riskiest scam yet. However, in doing so he incurs the wrath of the local crimelord. *1997*
12midnight Twin Peaks
1.00am
FILM: Paint Me a Murder
Michelle Phillips, James Laurenson
Comedy drama. *1984*
2.30 The Twilight Zone
3.00 Dark Shadows
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

4.00pm Trisha
Topical talk show hosted by Trisha Goddard, who shares heart-warming and hair-raising true stories with the studio audience.
5.00 HeartBeat
Gentle-paced, nostalgic police drama series set in a Sixties Yorkshire village.
6.00 Bedrock
Another fun packed hour with celebrity guests, music and a daily Battle of the Sexes.
7.00 NBA '99
Slam-dunking action from one of the week's top games from the basketball courts of the US.
8.00
Champions League Review
Highlights from yesterday's second leg games of the Champions League quarter finals, in which Chelsea were hoping to score a vital away goal and progress to the last four.
9.00 Touching Evil
Creegan and his colleagues are on the trail of a serial killer. But things go badly wrong, and, just when they think they have the case under control, there is another murder.
11.00 Emmerdale
11.30 Who, What, Why?
Current affairs programme.
12midnight The Locker
Health and fitness magazine.
12.30am-2.00am Feature

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Feature 12.20 The Omar Show 1.00 The Five Minute Free View 1.05 FILM: Russian Roulette 2.20 Northern Exposer 2.45 FILM: Wicked Web 3.40 Amanda 4.10-5.30am FILM: Bare Market

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day
12.10am Dungeon Dykes
Erotic lesbian programme.
12.35 Our First Time
1.00 Kinky Clubbers
1.15 Lesbian Fantasies
1.40
FILM: Dirty Little Secrets
2.55 Leather Lovelies
3.05-4.00am Maid of Desire
Erotic programme.

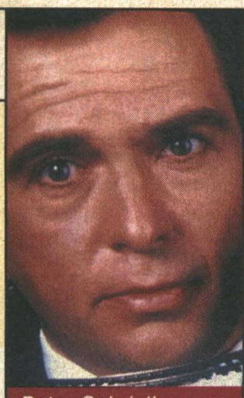
Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm
FILM: True Confections
Leslie Hope, Jill Riley
Romantic drama.
9.35 FILM: At Risk
Elana K Pyle, Vince Vaughn
Action thriller. A married artist searches for her lover, who has mysteriously disappeared.
11.10-12midnight
Classic Wets
Adult competition.

Thursday 18 March



Peter Gabriel's Sledgehammer video features in 'The Top 40 Videos of All Time'. VH1 7.00pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Cross Wits
Fast-moving quiz show.
5.45
The Games Room
6.00 Family Fortunes
Hosted by Les Dennis.
6.30
The Games Room
6.45 Catchphrase
Hi-tech quiz show.
7.15
The Games Room
7.25 100 Per Cent
General-knowledge quiz.
7.55
The Crystal Maze
Intrepid contestants tackle a series of ingenious games and fiendish challenges in a giant fantasy world. Hosted by Richard O'Brien.
9.00
The Games Room
9.15 Strike it Lucky
Madcap gameshow.
9.45
The Games Room
10.00 Candid Camera
Comedy video footage.
10.30 Don't Feed the Gondolas
Sean Moncrieff hosts the celebrity quiz show.
11.00
Carnal Knowledge
The quiz show that rips open the bedroom curtains of the British public to reveal their sexy secrets.

12midnight Strike it Lucky 12.30am Split Second 1.00 3-2-1 2.00 Love at First Sight 2.30 Studs 3.00 Simply Irresistible 3.30 Blockbusters 4.00 Fifteen to One 4.30 Don't Drink the Water 5.00-6.00am Shopping with Screenshop

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Shopping 7.00 The Why Files 7.30 The Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 The Why Files 9.30 Indecent Proposal 10.00 Agony 10.30 The Fashion Show 11.00 Judge Judy 11.30 Mind Games 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 The Fashion Show 2.00 Judge Judy 2.30 Mind Games

3.00 Agony
Moral relationship dilemmas discussed.
3.30 Lie Detector
Unmasking deception using modern methods.
4.00
Indecent Proposal
Cash for foolishness.
4.30 Judge Judy
The American judge takes on another case.
5.00 Agony
Moral relationship dilemmas discussed.
5.30 The Why Files
The weird, the wonderful and the plain spooky.
6.00
The Fashion Show
The latest from the catwalk.
6.30
Indecent Proposals
Cash for foolishness.
7.00 Sport at Seven: Women's Wrestling
Sweaty action from the ring as women get to grips with each other.
8.00 The Why Files
The weird, the wonderful and the plain spooky.
8.30 Judge Judy
The American judge takes on another case.
9.00 Dog Night L!VE
More action from the greyhound tracks.
9.30 Dog Night L!VE
More action from the greyhound tracks.
10.00 Love Street
American erotic series.
10.30 Exotica Erotica
Saucy late-night chat for adults only.
11.30 Blue Review
11.45 Janeycam
11.57 Topless Darts

12midnight Love Street 12.30am Private Dancer 12.45 Pleasure Dome 1.00 Exotica Erotica 2.00 Orgasmatron 2.15 Painted Ladies 2.30 Love Street 3.00 Agony 3.30 The Why Files 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6:00am Nation L!VE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Kitchen College 10.00 Chef for a Day 10.30 First Taste 11.00 Worrall Thompson 11.30 A Slice of the Action 12noon Network 12.30pm Food Factory 1.00 Kitchen College 1.30 The Green Gourmet 2.00 The Cookshop 2.30 Network

3.00 Scotland's Larder
Learning Curves
3.30 A Slice of the Action
4.00 From the Ground Up
4.30-5.00pm
Mridula's Indian Kitchen

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show presented by Bill Dodd.
5.30 Gridlock
Fast-paced gameshow.
6.00 My Two Wives
Mother's Day
Comedy about an Australian lawyer.
6.30 Our House
Lifestyle series.
7.00 Shine on, Harvey Moon
A Deal with the Devil
Harvey Moon's pal Lou gets involved in black market activities.
8.00 The Carlton London Restaurant Awards 1999
9.00 St Elsewhere
Hearing
Dr Auschlander gets some surprising results when he experiments with cannabis. Starring Ed Flanders.
10.00 Tales from the Hollywood Hills
Golden Land
Drama series starring James Sikking and Christina Pickles.
11.00
Hill Street Blues
Eighties American police drama series starring Daniel J Travanti and Veronica Hamel.

12midnight My Two Wives
Mother's Day
Sitcom about an Australian lawyer who lives in an apartment with his wife and daughter, while his ex-wife and children live downstairs.
12.30am-1.00am Gridlock
Fast-paced gameshow.

ANIMAL PLANET
WORLD PACK

12noon The New Adventures of Black Beauty
Children's drama series.
12.30pm Hollywood Safari
Rites of Passage
1.30 Crocodile Hunters
The Crocodile Hunter Goes West – Part I
2.00 Wildlife ER
Casualty for animals.
2.30 Human/Nature
Olivia Newton-John with reports on man's relationship with animals.

3.30 Harry's Practice
A look at the work of vet Harry Cooper in his practice in northern Tasmania.
4.00 Jack Hanna's Animal Adventures
Rhino on the Brink
4.30 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
5.00 Pet Rescue
Following the fortunes of abandoned animals.
5.30 Crocodile Hunter
The Crocodile Hunter Goes West – Part II
6.00
The New Adventures of Black Beauty
Children's drama series.
6.30 Lassie
Rush to Judgement
7.00 Rediscovery of the World
Channel Islands – Days of Future Past
The Channel Islands National Park, California.
8.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
8.30 Cousins Beneath the Skin
Toolmakers and Apprentices
Documentary exploring the capabilities of the chimpanzee.
9.30 Emergency Vets
Stories from Alameda East Veterinary Hospital.
10.00
Deadly Australians
Arid Environment
10.30
The Big Animal Show
Mountain Animals
11.00 Wild Rescues
Exploring the unique relationship between humans and animals.
11.30-12midnight
Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am The Day the Universe Changed 7.50 The Great Egg Race 8.30 Vanessa 9.30 Esther 10.00 Vets in Practice 10.30 Lion Country 11.00 Barnardo's Children 12noon Search for the Yeti 1.00pm The Day that Changed My Life 1.30 The Lady Killers 2.15 Situation Vacant

3.00 Plastic Fantastic
Series about people who have undergone plastic surgery.
3.30 Esther
Keep it in the Family
4.00 Vanessa
Vanessa Feltz tackles real-life issues with a studio audience.
5.00 Rolf's Amazing World of Animals
Family entertainment.
5.30 Lion Country
The stately home and safari park at Longleat.
6.00 Ten Pound Poms
The stories of Britons who paid £10 to emigrate to Australia under the Assisted Passage Scheme 50 years ago.
7.00 Baby it's You
The Thinker
How babies learn.
7.30
The Body in Question
Breathless
8.00
The Serpent's Secrets
Focus on the adder.
8.30 Meerkats United
The tale of a gang of cheeky meerkats.
9.00 What Sort of Gentleman are You After?
The story of a legal male, heterosexual, prostitute from Melbourne.
10.00
Island of Dreams
The Price of Love
Tales of British women who found romance on a Greek island.
11.00 Robot Wars
Action-packed game show with Jeremy Clarkson.
11.30 Crime Limited
Nick Ross presents the crime-cracking series.

12midnight-1.00am
The OJ Simpson Trial
Opening Arguments
Court coverage of one of the most talked about trials in American history. The prosecution claims OJ is an abusive man driven to murder by jealousy.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Health Livetime 7.00 Health Livetime 8.00 E! True Hollywood Story 9.00 More Calories Please 9.30 Gorgeous Gardens 10.00 The View 11.00 Julia Carling's Style Guide 11.30 Rosemary Conley's Low-Fat Cookbook 12noon The Montel Williams Show 1.00pm Food Livetime 2.00 The View

3.00 Food Livetime
Interactive magazine programme which offers viewers the opportunity to put questions to celebrity guests.
4.00 The Montel Williams Show
Outrageous US chat show, with Emmy Award-winner Montel Williams and his live studio audience.
5.00 Julia Carling's Style Guide
5.30-6.00pm
Rosemary Conley's Low-Fat Cookbook

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Scarlet Skies
Exploring the coastal marshes of Venezuela.
7.30 Killer Whales of the Fjord
Real-life Free Willy.
8.00 In the Land of the Grizzlies
Northern Exposure's Darren Burrows looks at one of the world's most amazing predators.
9.00 Exreme Earth: Land of Fire and Ice
Volcanic action in Iceland.
9.30 Extreme Earth: Liquid Earth
The Caprivi Strip, Namibia.
10.00 Mystery of the Mummies: Mystery of the Inca Mummy
10.30 Mystery of the Mummies: Maya Mysteries
11.00 Reef at Ras Mohammed
The formation of a coral reef, which begins in the deep crevices on the sea floor in the Straits of Tiran.

12midnight-1.00am Ocean Worlds: Sex on the Reef
Unveiling the most strikingly beautiful of all ecosystems – the coral reef. Scattered over vast distances, reefs are jewels in the tropical oceans populated by creatures of exquisite colour and form.

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits
9.00 MTV Bytesize
Superb music and big stars.
11.00 brand:new
The show that tells you who's hot and who's not.
12noon Mad 4 Hits
2.00pm So 90s
The best and the worst music of the decade.
3.00 Bytesize MTV Pop
Great moments from MTV in bite-sized chunks.
4.00 Select MTV
6.00 Bytesize MTV
7.00 brand:new
The show that tells you who's playing where and who's hot and who's not.
8.00 European Top 20
Top tracks from the continent.
9.00 News Daily Edition
9.30 Say What?
10.00 The Late Lick
A new look at the R&B scene.
11.00 Mad 4 Hits
12midnight Best of MTV UK
1.00am The Late Lick
R&B hits and news.
2.00-6.00am Night Videos

VHI
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12noon Ten of the Best: Martin Fry NEW 1.00pm Greatest Hits of... Level 42 1.30 Pop-Up Video 2.00 Jukebox 4.30 VH1 to 1: Whitney Houston 5.00 Five@Five 5.30 Pop-Up Video 6.00 Happy Hour with Clare Grogan 7.00 The Top 40 Videos of All Time 11.00 American Classic 12midnight Hey Hey We're The Monkees 1.00am VH1 Spice 2.00-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Snow Safari 12.30pm Getaways 1.00 Travel Live 1.30 Out to Lunch 2.00 The Flavours of Italy 2.30 On the Horizon 3.00 O Canada! 4.00 Stepping the World 4.30 Journeys Around the World 5.00 Reel World 5.30 Around Britain 6.00 Out to Lunch 6.30 On Tour 7.00 Snow Safari 7.30 Getaways 8.00 Travel Live 8.30 Stepping the World 9.00 O Canada! 10.00 On the Horizon 10.30 Journeys Around the World 11.00 On Tour 11.30-12midnight Around Britain

UK STYLE
LIFESTYLE PACK

7.00am Fat Man in France 7.30 The DIY Show 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Style Challenge 9.30 Change That 10.00 How Does Your Garden Grow? 11.00 The Terrace 11.30 Changing Rooms 12noon Can't Cook, Won't Cook 12.30pm Style Challenge 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Looking Good 2.30 How Does Your Garden Grow? 3.30 Wilderness Walks 4.00 Travel Show Guides 4.30 Holiday in Style 5.30 Can't Cook, Won't Cook 6.00 The Air Show 6.30 Waterlines 7.00 Travel Show Guides 7.30 Travel Xpress 8.00 Style Challenge 8.30 Change That 9.00 Can Ski... Will Ski! 9.30 Ready, Steady, Cook 10.00 The DIY Show 10.30 Changing Rooms 11.00 Home Front in the Garden 11.30 Growing Places 12midnight Travel Xpress 12.30am-1.00am Travel Show Guides

Thursday 18 March

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Gourmet 6.30 Yan Can Cook 7.00 Homemaker 7.30 Period Rooms 8.00 Wedding 8.30 Baby Story 9.00 Painting 9.30 Gardening Plot 10.00 Instant Gardens 10.30 Two's Country 11.00 Diceman 11.30 Rex Hunt 12noon Our House Down Under 12.30pm Antiques Trail 1.00 Our House 1.30 Home Savvy 2.00 Workshop 2.30 Home Again 3.00 Old House 3.30-4.00pm Charlie West

DISCOVERY
WORLD PACK

4.00pm Rex Hunt's Fishing Adventures
Fraser Island

4.30 The Car Show
A debate on whether diesel fuel is outdated.

5.00 Hitler
The Dictator
Profile of the dictator which asks why so many Germans succumbed to the Fuhrer's will.

6.00 Wildlife SOS
Profile of Wildlife Aid, which treats sick, injured and orphaned wild animals.

6.30 Untamed Africa
The Fire
A look at life during the dry season which often results in flash fires.

7.30 Futureworld
Safe and Secure
New security technology.

8.00
Discover Magazine
Money, Money, Money
An in-depth look at money, from counterfeit notes to how money ends its life.

9.00
Science Frontiers
Secrets of the Psychics
James Randi questions people who claim to have paranormal powers.

10.00 Hoover Dam
A look at this testimony to unparalleled determination and sacrifice during the Depression of the Twenties and Thirties.

11.00
Forensic Detectives
Electronic Witness
How criminals are caught by the electronic trails they leave behind.

12midnight
The Great Egyptians
Cleopatra
Documentary which portrays Cleopatra as a dowdy mother.

1.00am-2.00am Hitler
The Dictator
Profile of one of this century's most evil leaders.

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Blinky Bill 6.00 The Tidings 6.30 Tabaluga 7.00 Scooby-Doo 7.30 Dexter's Laboratory 8.00 Looney Tunes 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 The Tidings 10.00 The Magic Roundabout 10.30 The Fruitties 11.00 Tabaluga 11.30 Yo! Yogi 12noon Tom and Jerry 12.30pm Looney Tunes 1.00 Popeye 1.30 The Flintstones 2.00 The Jetsons 2.30 Droopy

3.00 Taz-Mania
Adventures with the ever-hungry Antipodean.

3.30 Scooby-Doo
Ghostly adventures with the clean-cut gang.

4.00
The Powerpuff Girls
Girl power action.

4.30
Dexter's Laboratory
Chemical chaos.

5.00 Ed, Edd 'n' Eddy
Suburban teenage fun.

5.30
Cow and Chicken
Madcap antics with the mismatched siblings.

6.00 Animaniacs
More animated antics.

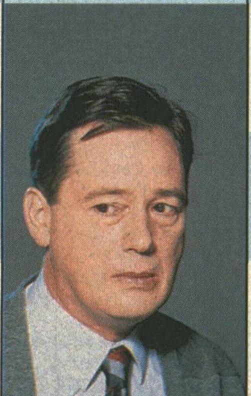
6.30 The Flintstones
Prehistoric men behaving badly – but they have big hearts in their loincloths.

7.00 Tom and Jerry
Madcap comic antics with the constantly sparring cat and mouse duo.

7.30 Looney Tunes
Classic cartoon capers.

8.00
Cartoon Cartoons
Animated action.

8.30-9.00pm
Cult Toons



George (Jeff Rawl) stars in 'Drop The Dead Donkey'. Paramount Comedy Channel 9.00pm

NICKELODEON
FAMILY PACK

6.00am Rocko's Modern Life 6.30 Bruno the Kid 7.00 CatDog 7.30 Rugrats 8.00 The Wild Thornberrys 8.30 Arthur 9.00 Children's BBC 10.00 Wimzie's House 10.30 Papa Beaver 11.00 The Magic School Bus 11.30 PB Bear/Budgie/Animal Antics/ Family Ness 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Little Bear Stories 2.00 Paddington/ Lizzie's Library/Portland Bill/ Mr. Men 2.30 Children's BBC

3.00 Children's BBC on Nickelodeon
Including *Teletubbies.*

3.30 Doug
Doodle the day away with the truly average Doug.

4.00 Three Friends... and Jerry
Adventures with the friends with the same name.

4.30 Rugrats
More fun with the babies.

5.00 Sister Sister
Twin sisters and their respective single parents all try to live together.

5.30 Kenan & Kel
Fun with the funky friends.

6.00 Renford Rejects

6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
Sassy US sitcom.

7.30 Grace Under Fire
Digging Up the Dirt

8.00 Ellen
Two Mammograms and a Wedding

8.30 Spin City
Deaf Man Walking
Is the mayor going deaf?

9.00 Drop the Dead Donkey
George and his Daughter

9.30 Whose Line is it Anyway?
Improvisation gameshow.

10.00 Frasier
Selling Out
Frasier stars in a television commercial for nuts.

10.30 Cheers
Two Girls for Every Boyd

11.00 Seinfeld
The Tape

11.30 The Larry Sanders Show
Hank's Wedding
Hank wants to marry on air.

12midnight Late Night with David Letterman
1.00am Taxi
1.30 Frontline
2.00 Dr Katz
2.30 Tibs and Fibs
3.00 Nightstand
3.30-4.00am
Abbott and Costello

FOX KIDS
FAMILY PACK

6.00am Adventures of Dodo 6.05 Power Rangers Turbo 6.55 Spiderman 7.20 Oggy and the Cockroaches 7.30 Donkey Kong 8.00 Hero Turtles 8.25 Hulk 8.50 Iron Man 9.15 Fantastic Four 9.40 X-Men 10.05 Casper 10.30 Oggy and the Cockroaches 10.55 Eek!Stravaganza 11.05 Bobby's World 11.30 Louie 11.55 Home to Rent 12.05pm Dennis and Gnasher 12.30 Donkey Kong Country 1.00 Mowgli 1.25 Ace Ventura 1.55 The Incredible Hulk 2.20 Iron Man 2.45 Fantastic Four

3.10 X-Men
More mutant heroics.

3.30
Fox Kids X-Press

3.35 Spiderman
Crime fighting adventures.

4.00 Goosebumps
Spooky stories filled with spine-tingling thrills.

4.25 Hero Turtles: The Next Mutation

4.50 Casper

5.00
Dennis and Gnasher
Trouble making antics.

5.30 Ace Ventura
The animated adventures of the zany pet detective.

6.00
Donkey Kong Country

6.30 Eek!Stravaganza

6.55-7.00pm Oggy and the Cockroaches

SHOP!
LIFESTYLE/ SELECTION PACKS

12midnight Bargain Shop!
12.30am Shop! Selection
1.30 The Early Years
2.30 Shop! Feature
3.00 Dimanti Designs
4.00 Labels
5.00 Bears and Dolls
6.00 Shop! Selection
7.00 Bargain Shop!
7.30 Jewellery Box
8.30 Branded!
9.30 Good Hair Days
10.00 Beauty Secrets

11.00 In the Kitchen with Susan Brookes
The TV chef provides secrets to being a successful host.

12noon Dress for Less
Casual Spring fashion.

1.00pm Bargain Shop!
Unbeatable prices and special offers on goods.

1.30 Shop! Selection
A roundup of the best offers on Shop!

2.30 Do it Yourself
The right equipment for successful home decorating.

3.00 Plugged in
Vacuum cleaners from the best-known electrical brands.

4.00 The Gold Collection
Top quality jewellery.

5.00-6.00pm
Shop! Selection
The best offers on Shop!

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 24 7.00 News 8.00 News 9.00 News 9.30 World Today 10.00 News 11.00 News 12noon News 1.00pm News 1.30 UK Today 2.00 News 2.30 World Today 3.00 News 4.00 News 5.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 Face in the Crowd 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am Morning 5.30 Insight 6.00 Morning 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.15 American 11.30 Asia 12.30pm Science 1.15 Asian 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Travel 5.00 Larry King 6.45 American Edition 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.30am Showbiz 1.15 Asian 1.30 Q&A 2.00 Larry King 4.15 American 4.30-5.00am World Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise
11.30 Money
2.30pm Your Call
4.30 Sky World News
5.00 Live at Five
7.30 Sportsline
8.30 Sky Business Report
9.30 Sky World News
10.00 Primetime
12.30am CBS Evening News
1.30 Sky World News
2.30 Sky Business Report
3.30 Fashion TV
4.30 Global Village
5.30-6.00am
CBS Evening News

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal des Journaux 5.30 Télématin 7.00 Journal 7.30 A Bon Entendeur 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Fiction: Quatre et Demie 10.15 Fiction: L'Homme de Suez 11.00 Infos 11.05 Voilà Paris 11.30 Journal 12noon Infos 12.05pm Strip Tease 1.00 Journal 1.15 Fiction: Paparazzi 2.15 Fiction: L'Homme de Suez 3.00 Journal 3.15 Questions 3.30 Télétourisme 4.00 Infos 4.05 Pyramide 4.30 Questions 5.00 Journal 5.15 Fiction: Paparazzi 6.15 Fiction: L'Homme de Suez 7.00 Journal 7.30 Journal 8.00 Infos 8.05
Les Trains de Luxe en Asie
9.00 Journal
9.15 Fiction: Anne Le Guen: Madame la Conseillère
11.00 Journal
11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Akhir Kyon 9.00 FILM 11.30 News 12noon Balcony 12.30pm Galatnaama 1.00 Zameen Aasman 1.30 FILM 4.00 Krodpati Fokatlal 4.30 Naquab 5.00 Aashiana 6.00 Dekh Bhai Dekh 6.30 Mumkin 7.00 Zameen Aasman 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Zameen Aasman
12.30am A Mouthful of Sky
1.00 FILM 4.00 Galatnaama
4.30 Balcony
5.00 Agar
6.00 Holy Qur'an
6.30 News
7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Hero Kal Aajauh Kal 6.30 Awaaz Nayee Andaz Wohi 7.00 Faith 7.30 News 8.00 Karobari Duniya 8.30 Tara-2 9.00 Zanjeeren 9.30 Health 10.00 Drama 11.00 Pot Luck 11.30 Parampara 12noon FILM: Ilamai Oonjala Dukirahu 3.00pm Bangla 3.30 Public Demand 4.00 Akbar Birbal 4.30 Fairdeal Antakshari 5.30 Daraar 6.00 Pop 6.30 Hip Hip Hurray 7.00 Gudgudee 7.30 Cine Magic 8.00 News 8.30 Chahat Aur Nafrat 9.00 Himalaya's Hasratein 10.00 Blunt 2 10.30 X-Zone 11.30 Tera Fun Teri Kahani 12midnight News 12.30am Business 1.00 Bangla 1.30 Parivartan 2.00 FILM: Aap Ke Deewane 5.00 Mrs Madhuri Dixit 5.30-6.00am Guldasta

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.05am Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzini 5.00 Light and Life/Dynamic Gospel Ministries 5.30 Scott Webb 6.00 Voice of Faith 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is Your Day 8.15 Good Morning Europe 8.30 Potters House 9.00 Another Day of Victory 9.30 Life in the Word 10.00 Rick Joyner 10.30 John Avanzini 10.40 Good Morning Europe 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus: 3.49am Technology Report 4.19am Fund Managers' Corner

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am House of Lords
7.00 The Record
7.30 House of Lords
2.30 House of Commons
11.00 The Record
11.30-12midnight
European Focus

SKY SOAP
LIFESTYLE PACK

11.00am
Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm
As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
3.30-4.00pm
Emmerdale Farm
Sandie and Phil grow apart, unlike Joe and Ruth.

THE HISTORY CHANNEL
WORLD PACK

4.00pm
Vietnam: Frontline America
Story of the protests against the Vietnam War.

5.00 Tanks
The evolution of the tank.

6.00 Inca
Secrets of Ancestors
Profile of the ancient Peruvian civilization.

7.00-8.00pm And the Winner is... Charlton Heston
A profile of the star of *The Ten Commandments.*

SKY TRAVEL
LIFESTYLE PACK

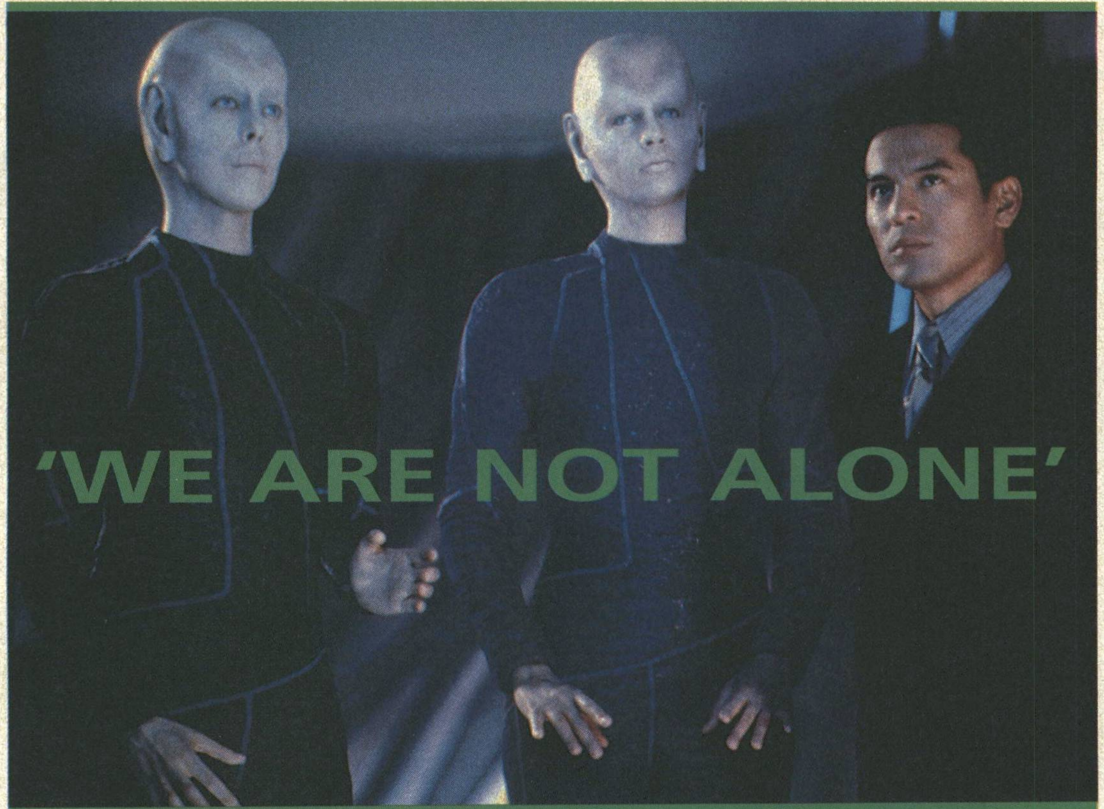
11.00am Dales Diaries
11.30 Sky Destinations
12noon
American Adventurer
12.30pm Around the World
1.00
Travels with Chuck Henry
1.30 Was it Good for You?
2.00 Independent Travellers' Guide
3.00 Around the World
Turkey and Hawaii
3.30-4.00pm Travel Trails
Docklands

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is In the Salon with Alison at 4.00pm.

CABLE CHECK
Some of the channels listed may not be available in your area

SCI-FI ZONE YOUR GUIDE TO OUT-OF-THIS-WORLD SHOWS ON CABLE. WORDS: PATRICK HOLM



'WE ARE NOT ALONE'

Steven Spielberg's movies *Close Encounters of the Third Kind* (1978) and *ET* (1982) both suggested that when humanity finally made contact with its brothers among the stars, the aliens would come in peace. This was a view which contradicted the B movie shockers of the 1950s, where aliens came bent on conquest. Since that time, TV and films have alternated between the two – and sometimes combined them. Gene Roddenberry shot to fame as the creator of *Star Trek*, but unfortunately never really came up with anything to follow it, despite numerous pilots. One of his 'lost' ideas resurfaced in the early 1990s and with the help of his widow, Majel, came to the screen as *Earth: Final Conflict*. As the series begins, dawn shines on the 21st century, confirming that mankind is not alone. An apparently benevolent race, the Taelons, have made contact and now 72 of their delegates – or Companions as they like to be known – are slowly but surely infiltrating Earth's society. Human nature being what it is, a resistance starts to grow to the aliens, led by an eccentric millionaire, Jonathan Doors. With the help of double agent William Boone, the resistance begins to discover what the aliens are up to – and it's definitely not to mankind's advantage. The Taelons themselves fear another race, and want to create a superhuman who can defeat these Juridians. However, Boone is mortally injured and then murdered. As the second season begins, attention is focused on a new half-human, half-alien who might be the only hope in *Earth's Final Conflict* – Liam Kincaid …
Sky One, Sundays, 8.00pm

FUTURE WATCH

WHAT SCI-FI FANS ARE WATCHING IN AMERICA …

What if 113 damned souls managed to escape from Hell? What would Satan do? That's the intriguing premise behind the new Fox show, *Brimstone*. Starring Peter Horton, best known for his role on *thirtysomething*, *Brimstone* follows Detective Ezekiel Stone, whose wife was raped and murdered 15 years ago. Stone pursued the suspect and killed him in cold blood, thus condemning himself to Hell when he was killed shortly thereafter. The Devil, here incarnated in the slightly sleazy form of Jon Glover, offers Stone a bargain, he can be released from Hell if, and only if, he manages to capture the 113 escapees …

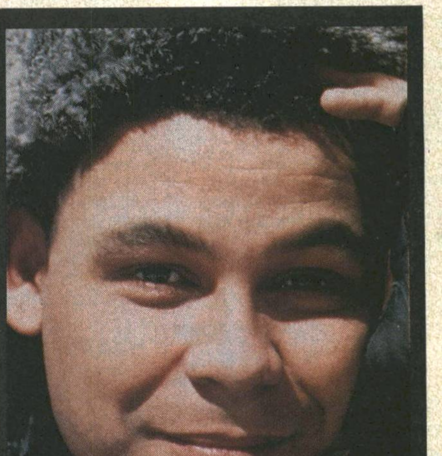
PHOTOS: ATLANTIS FILMS, UK GOLD

TIME MACHINE

RED DWARF

1988-1998, 52 episodes
Starring: Craig Charles (Lister), Chris Barrie (Rimmer), Danny John-Jules (Cat), Norman Lovett/Hattie Hayridge (Holly), David Ross/Robert Llewellyn (Kryten), Clare Grogan/Chloë Annett (Kochanski).

'It's cold outside. There's no kind of atmosphere.' So runs the theme from one of the BBC's longest running science fiction shows, and one of the few successful SF comedies, *Red Dwarf*. Since 1988, the antics of the last surviving human, slob Dave Lister, and his companions have continued to delight audiences, despite only eight seasons of the show being made. Based, most of the time, on board the huge ship of the title, Lister gets through the boredom of his days three million years after his birth (he's been held in suspended animation) with the Cat, a super-evolved feline, and a hologram of Arnold Rimmer, Lister's annoying superior officer whom the computer Holly recreates for him. Later on, they're joined by Kryten, an android with distinct personality problems, and eventually by Christine Kochanski, another universe's version of Lister's old girlfriend. Sharply observed character humour, above average special effects and a range of guest stars have kept *Red Dwarf* very watchable over the years, as well as adding a new range of insults to the English language.
UK Gold, Saturdays, 9.55pm



Friday 19 March

6.00 AM · MORNING · 3.00 PM · 4.00 PM · 5.00 PM · 6.00 PM · 7.00 PM · 8.00 PM · 9.00 PM · 10.00 PM · 11.00 PM · 12.00 · NIGHT TIME

SKY PREMIER

PREMIUM CHANNEL

6.00am The Boy from Mercury
1996, rating Sky PG, 84 mins

8.00 Forever Love
1998, rating Sky PG, 88 mins

10.00 Jingle All the Way
Arnold Schwarzenegger, Sinbad
Seasonal family comedy. Text *1996, rating Sky PG, DS, 86 mins*

12noon Hearts Adrift
Sydney Penny, Scott Reeves
1996, rating Sky PG, DS, 89 mins

2.00pm The Boy from Mercury
James Hickey, Rita Tushingham, Hugh O'Connor, Tom Courtenay
Family drama set in Dublin in which an eight-year-old boy retreats into his own fantasy world following the death of his father. *1996, rating Sky PG, 84 mins*

4.00 Forever Love
Reba McEntire, Tim Matheson, Bess Armstrong, Heather Stephens
Drama based on a true story. A young woman falls into a coma. When she awakens 20 years later she must reaquaint herself with her family and friends who have not forgotten her but who have built a life without her. *1998, rating Sky PG, 88 mins*

6.00 Jingle All the Way
Arnold Schwarzenegger, Sinbad, Phil Hartman, Rita Wilson
Christmas comedy in which a businessman tries to make amends for the fact that he has not had a lot of time for his son. Unfortunately, his son only wants a popular toy and dad finds himself on a frantic, last-minute shopping quest. Text *1996, rating Sky PG, DS, 86 mins*

8.00 Men in Black
Tommy Lee Jones, Will Smith, Linda Fiorentino, Vincent D'Onofrio, Rip Torn
J is recruited to the secretive Men in Black, agents who ensure that aliens who have settled on earth are not illegal immigrants. Together with old hand K, J must stop an intergalactic terrorist. Text *1997, rating Sky PG, 94 mins*

10.00 The English Patient
Ralph Fiennes, Juliette Binoche, Willem Dafoe, Kristin Scott Thomas, Colin Firth
Romantic drama about a mysterious man who is almost killed in a plane crash in Africa during World War II. He survives, but with ghastly burns, and is cared for by a young nurse who begins to fall for him. Text *1996, rating Sky 15, 155 mins*

12.40am North Star
James Caan, Christopher Lambert
Western adventure tale. *1995, rating Sky 15, 85 mins*

2.10 The Pope Must Die
Robbie Coltrane, Herbert Lom
1991, rating Sky 15, DS, 96 mins

3.50-5.35am The Cherokee Kid
Sinbad, James Coburn
1996, rating Sky 12, DS, 89 mins

SKY MOVIEMAX

PREMIUM CHANNEL

7.00am Too Close to Home
Judith Light, Rick Schroder
1997, rating Sky PG, 88 mins

9.00 Cinema Paradiso
Philippe Noiret, Jacques Perrin
1988, rating Sky PG, 118 mins

11.00 Steel
Shaquille O'Neal, Annabeth Gish
Text *1997, rating Sky PG, 93 mins*

1.00pm Sea Devils
Ida Lupino, Victor McLaglen
1937, rating Sky U, 84 mins

3.00 Cinema Paradiso
Philippe Noiret, Jacques Perrin, Salvatore Cascio
Charming Oscar and BAFTA award-winning Italian drama about a young boy who grows up in love with the magic of cinema. The film traces his childhood days spent in the projection booth to his adult career as a movie director. *1988, rating Sky PG, 118 mins*

5.00 Too Close to Home
Judith Light, Rick Schroder, Sarah Trigger, Harry J Lennix
Thriller based on a true story in which a mother's deadly obsession leads to murder and heartache for her son. Diana and her son Nick have a good relationship until he decides to set up home with his girlfriend and her love becomes deadly. *1997, rating Sky PG, 88 mins*

7.00 P:review
Jessica Whittaker presents a look ahead to the coming attractions on Sky.

7.30 UK Top Ten
A run-down of the top films.

8.00 Rumble in the Bronx
Jackie Chan, Anita Mui
Martial arts action. Chan moves to the Bronx to visit his uncle and help him sell his grocery store. But first he must dispatch the thugs who have been terrorising the shop. Text *1996, rating Sky 15, 85 mins*

9.30
Jackie Chan's First Strike
Jackie Chan, Jackson Lou
PREMIERE Martial arts action. When a member of an spy ring gets away during a sting operation, Jackie sets off around the world to track him down. *1997, 110 mins*

11.00 Steel
Shaquille O'Neal, Annabeth Gish
Action adventure in which a former weapons designer has a crisis of remorse. Text *1997, rating Sky PG, 93 mins*

12.40am Omega Doom
Rutger Hauer, Tina Cote
1996, rating Sky 15, 80 mins

2.05 New Jack City
Wesley Snipes, Ice-T, Judd Nelson
1991, rating Sky 18, DS, 96 mins

3.45 Bloodhounds II
1997, rating Sky 15, 84 mins

5.15-7.00am Sea Devils
1937, rating Sky U, 84 mins

'Jackie Chan's First Strike' sees the martial arts star on a perilous assignment. Sky MovieMax 9.30pm

SKY CINEMA

PREMIUM CHANNEL

4.00pm Desert Rats
Richard Burton, James Mason, Robert Newton, Robert Douglas
Wartime drama. As Rommel has the British on the retreat during his advance on the Suez canal, an English captain leads a vastly outnumbered Australian squadron against the Desert Fox on a series of daring raids during the siege of Tobruk. *1953, rating Sky U, 85 mins*

6.00 City Across the River
Stephen McNally, Thelma Ritter, Luis Van Rooten, Jeff Corey
Drama in which a boy is drawn into a street gang in Brooklyn, only to find himself falling into a life of serious crime. The kids become involved with a racketeer and it is up to the head of the local community centre to save them from a life of crime. *1949, rating Sky PG, 87 mins*

8.00 McQ
John Wayne, Eddie Albert, Colleen Dewhurst, David Huddleston,
Cop thriller in which an officer sets out to avenge the death of his partner. As he follows his leads, he slowly uncovers proof of corruption in the ranks with fellow officers involved in the sale of confiscated drugs. *1974, rating Sky 15, 106 mins*

10.00 The Greatest Show on Earth
Betty Hutton, Charlton Heston, Cornel Wilde, Dorothy Lamour
Lavish Oscar-winning drama set within a large-scale circus, following the triumphs and tragedies of the assorted characters who call the big top their home, including a clown with a mysterious past. *1952, rating Sky PG, 147 mins*

12.35am
The Fiend Who Walked the West
Hugh O'Brian, Robert Evans
Grisly thriller. *1958, 101 mins*

2.20 Valley of Eagles
Jack Warner, John McCallum
1951, rating Sky PG, 79 mins

3.45-5.15am Along Came Jones
1955, rating Sky PG, 86 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

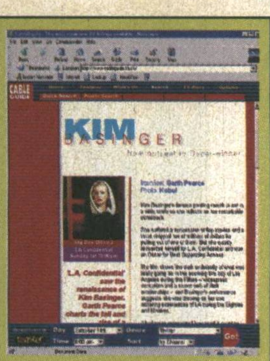
FAMILY PACK

9.00pm WCW Nitro
The latest WCW wrestling action from the USA.

11.35 WCW Thunder
WCW wrestling action from the USA.

2.00am Sitting Target
Oliver Reed, Jill St John, Ian McShane, Edward Woodward,
Tense action drama. *1972, 89 mins*

3.45-5.00am
The Mask of Fu Manchu
Boris Karloff, Lewis Stone, Karen Morley, Charles Starrett, Myrna Loy
Vintage horror. *1932, 66 mins*



Want to know what Jackie Chan movies are on this month? Our new online TV listings guide will tell you!
http://www.cableguide.co.uk

FILMFOUR

ADD-ON CHANNEL

6.00pm Short Attention Span Cinema
A series of short films.

8.00 The Cincinnati Kid
Steve McQueen, Edward G. Robinson, Karl Malden, Rip Torn
Gambling drama. A young card player known as The Cincinnati Kid, believes that his time has come and is determined to beat the master of the stud-poker table. *1965, 97 mins*

9.40
I Think I Was an Alcoholic
John Callahan's animation.

10.00 The Dead Zone
Christopher Walken
David Cronenberg adaptation of the Stephen King novel about a teacher who, awaking from a coma, finds that he can foretell the future. However, each call on his services drains him and so he decides to ration himself, until he is presented with a challenge that could effect the future of the world. *1983, 99 mins*

12midnight The Brood
Samantha Eggar, Oliver Reed
David Cronenberg's chilling horror. *1979, 88 mins*

1.35 Black Rainbow
Rosanna Arquette, Jason Robards
Thriller. *1991, 99 mins*

3.20-6.00am The Kids are Alright
Rock documentary. *1978, 97 mins*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
FALLEN
Supernatural thriller starring Denzel Washington as a detective both hunting and hunted by an evil spirit demon. *1997, rating Sky 15, 120 mins*
PLAYS AT 12midnight, 2.30am

Sky Box Office 2
Channel 52
AMISTAD
Epic drama about slavery from Steven Spielberg. Starring Anthony Hopkins. *1997, rating Sky 15, 149 mins*
PLAYS AT 8.00am, 6.00pm, 9.00pm, 5.00am

Sky Box Office 3
Channel 53
FLUBBER
Robin Williams raises chaos as an absent-minded professor in this comedy. *1997, rating Sky U, 90 mins*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm

Sky Box Office 3
Channel 53
STARSHIP TROOPERS
Action-packed sci-fi movie starring Casper Van Dien and Denise Richards. *1997, rating Sky 18, 124 mins*
PLAYS AT 8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
THE BUTCHER BOY
Black comedy drama in which a young boy takes refuge in a vivid fantasy life. Stars Eamonn Owens and Stephen Rea. *1997, Sky 15, 105 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Friday 19 March

SKY ONE
ACTION/
SELECTION PACKS

7.00am Count Duckula
7.30
The Chris Evans Breakfast Show
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You
Giblets for Murray Text
1.30 Jeopardy
2.00 Sally Jessy Raphael

3.00 Jenny Jones
Promiscuous Teens
Another edition of this entertaining and unpredictable talk show hosted by the American comedienne.

4.00 Guilty!
Carole Malone presents this unusual talk show in which guests resolve their problems in a courtroom with the help of a judge and jury.

5.00 Star Trek: Voyager
Basics – Part II
With *Voyager* in the hands of the Kazon, Janeway must find a way to retrieve her ship and rescue the crew. Text

6.00 Guilty!
So Lazy It's Driving Me Crazy

6.30 Friends
The One with the Dollhouse
Joey finds true love, and Monica inherits a doll's house. Text

7.00 The Simpsons
The Springfield Connection
Marge joins the police. Text

7.30 The Simpsons
Lisa the Iconoclast
Lisa delves into the past. Text

8.00 Dating Hell
NEW Rowland Rivron of *Don't Forget Your Toothbrush* and *Good Stuff* probes the deepest fears, motives and desires in our eternal quest for love.

9.00 World's Most Shocking Moments
NEW As-it-happened footage showing incredible accounts of courtroom brawls and catastrophic acts of nature.

10.00 Cops
Virginia Beach
Following the Chesapeake police department. Text

10.30 Cops
Fresno Text

11.00 Friends
The One with the Dollhouse
Joey finds true love, and Monica inherits a doll's house. Text

11.30 Star Trek: Voyager
Basics – Part II
With *Voyager* in the hands of the Kazon, Janeway must find a way to retrieve her ship. Text

12.30am The Commish
In the Shadows
1.30-7.00am Long Play
A wide selection of music to take you through the night.

UK GOLD
LIFESTYLE/
SELECTION PACKS

7.00am Crossroads
7.30 Neighbours
7.55 EastEnders
8.30 The Bill
9.30 Pride and Prejudice
10.30 Rhoda
11.00 Dallas
1.55 Neighbours
12.25pm EastEnders
1.00 Bugs
2.00 Dallas
2.55 The Bill
Twanky
It's Christmas in Sun Hill, and the festive panto proves to be the toughest case of the year for the boys and girls on the beat.

3.55 EastEnders
Ricky and Sam arrive back to face the music, while Grant's return puts Sharon in a spot.

4.30 Rhoda
The Return of Billy Glass
Martin Morgenstern's best friend and Ida's former fiancé pays a visit.

5.00 All Creatures Great and Small
Blood and Water
James finds himself in the middle of a war of silence between two brothers.

6.00 Dynasty
Reunion in Singapore
Eighties soap. Jeff comes to Kirby's rescue when she is attacked by Adam, and Steven finds out that he has a son.

7.00
Ever Decreasing Circles
Domestic disharmony in the heart of suburbia.

7.40 Dad's Army
Knights of Madness
Mainwaring and his troops stage the story of St George.

8.20 The Brittas Empire
Wake Up the Lion Within
Brittas encourages his staff to release their latent inner power.

9.00 The Thin Blue Line
Ism Ism Ism
Fowler meets an asylum seeker.

9.40
Harry Enfield and Chums
More comedy classics from Harry Enfield and chums.

10.20 Ruby Wax Meets... Jane Seymour, Lisa Kudrow and John Goodman
More celebrity chat.

11.00 The Bill
Twanky
The Christmas panto proves to be the toughest case of the year for the officers of Sun Hill police station.

12midnight Dr Who Omnibus
The Ark
1.45am Best of the Old Grey Whistle Test
2.15-3.00am
Sight and Sound in Concert
Featuring Level 42.

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Special Babies
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 The Heat is On
12.10pm Through the Keyhole
12.40 Rescue 911
1.10 Beyond Belief
Anthology mystery series.
1.40 Maury Povich
2.30 Special Babies

3.00 Living Room
Jayne Irving and Amanda Cross present the magazine programme with human interest, celebrities, fashion and beauty.

3.50 Michael Cole
No-holds-barred talk show in which the ex-director of public affairs for Harrods tackles sensational subjects.

4.50 Through the Keyhole

5.10 The Heat is On

5.40 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock.

6.15
The Jerry Springer Show
Jerry Springer and his guests engage in lively – and sometimes extremely heated – discussion.

7.05 Rescue 911
William Shatner hosts this show about real-life rescues by emergency services.

7.35 Animal Rescue
More life-saving action.

8.10 LA Law
More intrigue and entanglements with the young legal eagles of the Californian law firm. Starring Susan Dey.

9.00 FILM: This Matter of Marriage
Leslie Hope, Rick Peters, Sherry Miller, Natasha Greenblatt
Drama about a pair of female architects, who decide to re-enter the dating game. As they persue a building contract, their search for the ideal man seems fruitless – until one of them finds him living closer than she might have realised. *1998*

11.00-12midnight
The Sex Files II
Doggy Fashion
Lily Savage dishes all the dirt to Katrina Buchanan about her sordid past.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 Holding the Fort 7.30 The Odd Couple 8.00 Families 8.30 The Many Wives of Patrick 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Upstairs, Downstairs 11.00 The Gentle Touch 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 The Many Wives of Patrick 1.30 Me and My Girl 2.00 Upstairs, Downstairs

3.00 The Love Boat
Dear Beverley
An agony aunt is set upon by desperate passengers, and a separated couple rediscover their lost love.

4.00 The Professionals
Fall Girl
When an old girlfriend from East Germany appears, Bodie is framed for assassination and hounded by Doyle and CI5.

5.00 Hart to Hart
Highland Fling
A trip to the Scottish Highland Games is laced with danger when Jennifer gets caught in a clan leadership struggle.

6.00 Emmerdale
Kathy receives a mysterious letter.

6.30
Classic Coronation Street
Brian opens the S & T Garage for his first day as a boss.

7.00 The Professionals
Backtrack
When burglar Sam Blaydon is killed for seeing too much, Bodie and Doyle take to his trade at an embassy with a sinister secret.

8.00 The Benny Hill Show
Comedian Benny Hill stars in a series of slapstick sketches, featuring a host of oddball characters, guest stars and a bevy of buxom beauties.

9.00 The Sweeney
Faces
Hard-hitting action series.

10.00 Hale and Pace

10.30-11.00pm
Wheeltappers & Shunters' Social Club

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Talking Dirty
Late-night series presented by Kathy Lloyd.

11.20 Centrefolds

11.50
Lord Lust's Lovelies

12midnight Football Feva
Football series which looks at all aspects of the game from a global perspective.
1.00am The Best of the Tube
U2 perform at Colorado, plus Elvis Costello, and the Cocteau Twins.
1.30-2.00am
Elvis Has Just Left the Building

DISNEY CHANNEL
ADD-ON/
PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof Troop 8.25 Toons 8.45 Winnie 9.00 Spot 9.05 Animal Shelf 9.15 Pocket Dragons 9.30 Bear 9.55 Toothbrush Family 10.00 Bite Size 10.10 Rosie and Jim 10.30 Big Garage 10.45 PB and J Otter 11.00 Sesame St 12noon Spot 12.05pm Animal Shelf 12.15 Pocket Dragons 12.30 Bear 12.55 Toothbrush Family 1.00 Bite Size 1.10 Rosie and Jim 1.30 Big Garage 1.45 PB and J Otter 2.00 Winnie 2.30 Quack Pack

3.00 The Little Mermaid
The undersea adventures of the mermaid Ariel and her friends.

3.30 Art Attack
The award-winning show that makes art fun. Text

4.00 101 Dalmatians
Canine capers and daring doggy deeds make for frantic fun. Text

4.30
Hercules: The TV Show
Hercules and the Pool Party Text

5.00 Recess
Animated series. Text

5.15 Pepper Ann
Facing the perils of teen life. Text

5.30 Smart Guy
Being smart isn't easy. Text

6.00 Teen Angel (t)
Living Doll
Guest starring Amy Dolenz. Text

6.30 Boy Meets World
The Eskimo
Teenage sit-com. Text

7.00 FILM: Kid in King Arthur's Court
Thomas Ian Nicholas, Joss Ackland, Ron Moody, Art Malik, Kate Winslet
Californian teenager Calvin finds himself in the 12th-century court of King Arthur. *1995* Text

8.30 Honey, I Shrunk the Kids: The TV Show
From Honey, With Love
Wayne, codenam 'P', is secretly recruited to join Canada's Secret Service. Text

9.15 Double Dinosaurs
This animatronic series is based on an idea by Jim Henson of Muppet fame. Text

10.00 Home Improvement

10.30 The Wonder Years
Carnal Knowledge Text

11.00-12midnight
Touched by an Angel Text

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

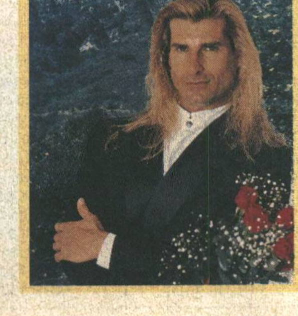
FRIDAY CONTINUES OVERLEAF...

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

CABLE CHOICE

FILM
Jackie Chan's First Strike
Sky MovieMax 9.30pm
Martial arts expert Jackie Chan plays a Hong Kong police officer contracted by the CIA and a Russian intelligence organisation to retrieve a stolen nuclear warhead. The assignment takes Chan on a wild trip from the mountains of the Ukraine to Australia.

GENERAL
Dating Hell
Sky One 8.00pm
The Russian roulette that is modern-day dating is the inspiration for a new game show in which suitably nubile singles gather around themed tables, united by their bizarre features or fixations. A concealed date-picker puts them through a series of challenges.


ADVERTISEMENT
UK HORIZONS
HOLLYWOOD EXPOSED 10.00PM
UK Horizons celebrates the glitz and glamour that is Oscar Night with a weekend devoted to some of the extraordinary inhabitants of Tinseltown. Follow the trials and tribulations of Hollywood men, women and kids, from Pam Anderson to Alan Alda.

Friday 19 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

7.30am Snowboard
8.00 Cart
9.30 Football
Action from the Uefa Cup Winners' Cup.
11.00 Football
1.00pm Racing Line
2.00 Short Track Speed Skating – LIVE
The latest action from the World Championships in Sofia, Bulgaria, which start today and finish on Sunday. This is the most important event in this sport and the last one of the season. Last year's winners in Vienna were China's Yang Yang and Canada's Marc Gagnon.
4.00 Football
Another chance to catch the latest action from the Uefa Cup Winners' Cup.
6.00 Trial
Highlights of all the latest action from the Indoor World Cup in Bremen, Germany.
7.00 Motorcycling
Offroad magazine programme.
8.00 And They Walked Away
A look at some of the most spectacular crashes in motor sports where the drivers came out alive.
9.00 Boxing
Another international contest from inside the ring.
10.00 Bowling
Action from the 1999 Golden Bowling Ball in Dresden, Germany. The prize money stands at 532,000 DM.
11.00 YOZ Action – Youth Only Zone
Magazine programme.
12midnight-12.30am Xtrem Sports
Action from the Winter X Games in Crested Butte, Colorado, US.

SKY SPORTS 1
PREMIUM CHANNEL

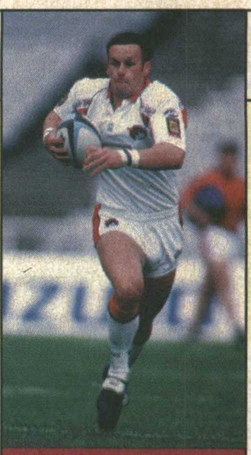
6.30am Futures in Sport
7.00 Sky Sports Centre
7.15 World Wrestling Federation: Superstars
8.15 You're On Sky Sports!
9.00 Racing News 9.30 Aerobics 10.00 Spanish Football 11.00 Table Tennis
12noon Aerobics
12.30pm What a Weekend
1.00 Euro Tour Golf: Moroccan Open – LIVE
Coverage from the Golf Royal D'Agadir course on day two of the Moroccan Open.
5.00 Futbol Mundial
Interviews, features and profiles from the world of football.
5.30 What a Weekend
Recent action.
6.00 Sky Sports Centre
Catch up with all the very latest sporting events as and when they happen.
7.00 Super League: Leeds v Wigan – LIVE
Action from the JJB Super League, rugby league's top flight, as current champions Wigan do battle with the equally formidable Leeds who finished as runners up in last season's campaign. Presented by Eddie Hemmings and Mike Stephenson.
9.30 Gillette World Sport Special
David Jensen presents a comprehensive report on alternative sports.
10.00 Sky Sports Centre
Catch up with all the latest news and views from the week's sporting action.
11.00 Hold the Back Page
A selection of football journalists cast an analytical eye over the big stories hitting the news.
12midnight Sky Sports Centre
1.00am World Wrestling Federation: Raw
3.00 Super League: Leeds v Wigan
4.00 Hold the Back Page
5.00-6.00am Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style
7.30 Sky Sports Centre
7.45 Racing News
8.15 What a Weekend
8.45 Sky Sports Centre
9.00 Trans World Sport
10.00 Ford Golf USA: Bay Hill Invitational
12noon Ice Hockey: Superleague Play-Off
2.30pm Formula 3: Season Preview
3.00 What a Weekend
A review of the sporting action at the weekend.
3.30 Spanish Football
Highlights from the top flight of La Liga in Spain, one of the most respected and prestigious leagues in world football.
4.30 Trans World Sport
Review of all the sports news, tournaments and competitions across the globe from the past week.
5.30 Gillette World Sport Special
Hosted by David Jensen.
6.00 The Rugby Club
Mark Durden-Smith presents a roundup of the latest news and match highlights, and chats with the top stars.
7.00 Spanish Football
Another chance to see the best of the action from a match in the Spanish top flight, as two sides compete for crucial points.
8.00 Max Power
Featuring material from around the world, including both two-and four-wheel motor sport.
9.00 Ford Golf USA: Bay Hill Invitational – LIVE
Action from the second day's play in the 1999 Bay Hill Invitational tournament at the magnificent Bay Hill Club and Lodge in Orlando. Can South Africa's Ernie Els successfully defend his title?
11.00 The Rugby Club
Stuart Barnes and Dewi Morris review the latest action. With Mark Durden-Smith.
12midnight Super League: Leeds v Wigan
1.00am Ford Golf USA: Bay Hill Invitational
3.00 Sky Sports Centre
4.00 The Rugby Club
5.00 Moto-Plus
5.30-6.00am Extreme Sailing

SKY SPORTS 3
PREMIUM CHANNEL

11.30am Futures in Sport
12noon Trans World Sport
With in-depth news and information on a wide range of sports.
1.00pm Football League Review
A look at all the action from the Nationwide League.
1.30 Futbol Mundial
2.00 Bobby Charlton's Football Scrapbook: David O'Leary
With the former Republic of Ireland star and current Leeds United manager.
3.30 Snowboarding: Snowboarder Magazine
4.00 Max Power
Featuring material from around the world, including both two-and four-wheel motor sport.
5.00 Watersports World
A comprehensive guide to the best action on the water, including jetskiing and canoeing.
6.00 Moto-Plus
Motoring series.
6.30 Inside the Senior PGA Tour
A behind-the-scenes look at the PGA's legends.
7.00 Euro Tour Golf: Moroccan Open
Highlights from the second day's play in the Moroccan Open, won last year by Australian Stephen Leaney.
9.00 Moto-Plus
Motoring series.
9.30 Extreme Sailing
The most daring seafarers in action, risking life and limb on the waves.
10.00-12midnight World Wrestling Federation: Raw
All the latest action from inside the ring.


Leeds Rhinos' Francis Cummins charges against Wigan. Sky Sports 1 7.00pm – Live

MUTV
ADD-ON CHANNEL

6.00pm Game On
6.15 The Insiders
Meet the unsung heroes behind the scenes.
6.30 Kids' Clinic
With Mark Wilson.
7.00 Red Hot News Special
Preview of future action.
7.30 The Boss
7.45 What the Players Say
8.00 Super Match – Vintage Reds: Manchester United v Derby County
Footage from 1972.
8.55 Red Hot Update
9.00 Red Replays
A review of all the latest news from inside Old Trafford, including transfer news and goal footage.
10.00 Red Legends
With Paddy Crerand.
10.30 Wild About United
Fans tell why they love the Reds.
11.00 The Boss
11.15 What the Players Say
11.30-12midnight Red Hot News Special
Preview of the week ahead.

SCI-FI
ACTION PACK

7.30am Bloomberg Information Television 8.00 Sightings 9.00 Battlestar Galactica 10.00 Quantum Leap 11.00 Dark Shadows 11.30 The Ray Bradbury Theatre 12noon The Twilight Zone 1.00pm Tales of the Unexpected
2.00 Amazing Stories
2.30 Mysteries, Magic and Miracles
3.00 Battlestar Galactica
Galactica Discovers Earth
After a 30-year search the Battlestar Galactica finds Earth.
4.00 The Incredible Hulk
Psychic
A chance meeting with Banner triggers a psychic's vision of him as the Hulk.
5.00 Sightings
The Living Dead
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.
6.00 The Ray Bradbury Theatre
Tomorrow's Child
6.30 New Alfred Hitchcock
In the Driver's Seat
7.00 Quantum Leap
Dr Ruth
Sam is shocked to find he has adopted the persona of a sex therapist in the middle of a radio phone-in.
8.00 Amazing Stories
Go to the Head of the Class
8.30 Highlander: The Raven
The French Connection
Starring Elizabeth Gracen and Paul Johansson.
9.30 The Hunger
A Matter of Style
A young vampire is taught the ways of his new world.
10.00 FILM: Creepshow
Carrie Nye, Viveca Lindfors, Stephen King, Leslie Nielsen
Horror. A collection of five gruesome tales based on stories by the legendary Stephen King. *1982*
12midnight FILM: Gunheddo
Masahiro Takashima
Sci-fi drama about a group of treasure hunters who meet an evil computer. *1989*
2.00am The Guyver
2.30 100 Years of Horror
3.00 Dark Shadows
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

4.00pm Trisha
The UK's most watched talk show.
5.00 Don't Try This at Home!
With Davina McCall.
6.00 Comin 'Atcha
Comedy series featuring girl band Cleopatra.
6.30 Bedrock
Featuring celebrity guests, music and e-mail activity.
7.30 Futbol Mundial
All the latest news.
8.00 The Mix
A weekly rundown of charts, gossip and interviews, presented by Shovell of M People.
9.00 New Jerry Springer
Controversial US talk show in which the host and his guests discuss relationship issues.
9.45 Words With
Celebrities relate anecdotes based on words they are given.
10.00 The Uninvited
Four-part sci-fi drama series. Gates denounces Blake as a terrorist on live TV and, along with his alien allies, pursues Blake and Melissa. Stars Leslie Grantham and Douglas Hodge.
11.00 Coronation Street
Another chance to catch tonight's episode from earlier on ITV.
11.30 Feature
12midnight-2.00am Feature

TELEVISION X
ADD-ON CHANNEL

12midnight Free View 12.10am Sex Fest 12.20 Adult Feature 12.45 FILM: Boogie Girls 1.00 Free View 1.05 FILM continues 2.00 Free View 2.05 Adult Feature 2.30 Dream Catcher 3.00 Free View 3.05 FILM Continues 3.40 Carly 4.10-5.30am FILM: Young Nurses in Lust

ADULT CHANNEL
ADD-ON CHANNEL

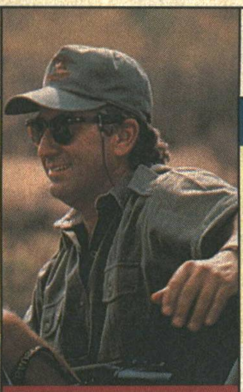
12midnight Dish of the Day
12.10am Biker Annie
Erotic series.
12.35 Kinky Clubbers
Erotic entertainment.
12.55 FILM: Betrayal
2.10 FILM: Concrete Heat
Steve Drake, Missy
Adult feature
3.25-4.00am Electric Blue Show

Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Basic Deception
Mimi Rogers, Mark Harmon
Thriller about a wife who uncovers her husband's secret life.
9.25 The Art of Drowning
9.55 FILM: The Prince of LA
Comedy.
11.15-12midnight Classic Wets – Basildon '92
Adult competition.



Filmmaker Wayne Crawford goes 'On the Loose in Wildest Africa'. Travel 4.30pm, 10.30pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Cross Wits
Fast-moving quiz show.
5.45
The Games Room
6.00 Family Fortunes
Two families play against each other for cash prizes.
6.30
The Games Room
6.45 Catchphrase
Hi-tech quiz show.
7.15
The Games Room
7.25 100 Per Cent
The quiz without a host.
7.55
The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and fiendish challenges in a giant fantasy world.
9.00
The Games Room
9.15 Strike it Lucky
The madcap gameshow.
9.45
The Games Room
10.00
Candid Camera
10.30
Karaoke Challenge
Porthcawl
Hosted by Mike Read.
11.00
Carnal Knowledge
The quiz show that rips open the bedroom curtains of the public to reveal their most intimate secrets.

12midnight Strike it Lucky 12.30am Split Second 1.00 Candid Camera 1.30 Through the Keyhole 2.00 Love at First Sight 2.30 Studs 3.00 Irresistible 3.30 Blockbusters 4.00 Fifteen to One 4.30 Don't Drink the Water 5.00-6.00am Screenshop

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 The Why Files 7.30 Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 Why Files 9.30 Indecent Proposals 10.00 Agony 10.30 Fashion 11.00 Judge Judy 11.30 Mind Games 12noon Why Files 12.30pm Agony 1.00 Lie Detector 1.30 Fashion Show 2.00 Judge Judy 2.30 Mind Games

3.00 Agony
Relationship problems and moral dilemmas discussed.
3.30 Lie Detector
Unmasking deception with the aid of technology.
4.00
Indecent Proposals
4.30 Judge Judy
Justice dispensed by a real-life judge.
5.00 Agony
Relationship problems and moral dilemmas discussed.
5.30 The Why Files
Psychic detectives search for the weird and spooky.
6.00
The Fashion Show
What's hip to wear, and how to wear it.
6.30
Indecent Proposals
7.00 Sport at Seven: Bangers and Smash
More stock car racing presented by Louise Brady.
8.00 The Why Files
Psychic detectives search for the weird and spooky.
8.30 Judge Judy
Justice dispensed by a real-life judge.
9.00 Dog Night L!VE
Greyhound racing.
9.30 Dog Night L!VE
Greyhound racing.
9.57 Topless Darts
Darts with a difference.
10.00 Love Street
Erotic American drama series.
10.30 Exotica Erotica
Strictly adult entertainment.
11.30am
Orgasmatron
11.45 Painted Ladies
11.57pm
Topless Darts

12midnight Love Street 12.30am Private Dancer 12.45 Pleasure Dome 1.00 Exotica 2.00 Blue Review 2.15 Janeycam 2.30 Love Street 3.00 Agony 3.30 Why Files 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation L!VE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Food Network
9.30 Kitchen College
10.00 Cookshop
10.30 First Taste
11.00 Worrall Thompson
11.30 A Slice of the Action
12noon Food Network
12.30pm French Lunch
1.00 Kitchen College
1.30 Gordon Ramsay
2.00 Can't Stand the Heat
2.30 Network
3.00 Food Factory
3.30 A Slice of the Action
4.00-5.00pm The Carlton London Restaurant Awards

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show presented by Bill Dodd.
5.30 Gridlock
With Simon Biagi.
6.00 My Two Wives
Taylor's Affair
Australian sitcom.
6.30 Our House
The more unusual places that people call home.
7.00 Shine on, Harvey Moon
In Sickness and in Health
Harvey is asked to stand as councillor, and Maggie is expecting a baby.
8.00 Blue Heelers
In the Gun
When a young criminal returns to Mt Thomas, Dash is forced to confront unpleasant memories.
9.00 Love Hurts
Drawing the Line
Frank returns from Israel alone. With Tessa and Alice still not back, his daughter Jade comes to stay.
10.00
The Good Sex Guide
With Margi Clarke.
10.30 The Screen
Magazine programme looking at the latest movies.
11.00
Hill Street Blues
More tough urban drama from Capt Frank Furillo and the officers of Hill Street station.

12midnight My Two Wives
Taylor's Affair
12.30am Gridlock
With Simon Biagi.
1.00-2.00am
The Last Place on Earth
Glories of the Race
Captain Scott's ill-fated expedition to the South Pole.

ANIMAL PLANET
WORLD PACK

12noon The New Adventures of Black Beauty
12.30pm Hollywood Safari
Aftershock
1.30 Crocodile Hunter
The Crocodile Hunter Goes West – Part II
More ravenous reptiles.
2.00 Wild Rescues
2.30 Human/Nature
Reporters travel the world charting man's relationships with animals and nature.

3.30 Harry's Practice
Vet Harry Cooper pays some house calls on ususpecting pet owners in northern Tasmania.
4.00 Jack Hanna's Animal Adventures
Elephants of Amboseli
4.30 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
5.00 Pet Rescue
What happens to animals rescued by the RSPCA?
5.30 Crocodile Hunter
Sleeping with Crocodiles
Wrestling with reptiles.
6.00
The New Adventures of Black Beauty
6.30 Lassie
Father and Son
Children's drama series.
7.00 Rediscovery of the World
Australia – The Last Barrier
Jacques Cousteau and his expedition team explore the Great Barrier Reef.
8.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
8.30 Animal X
The secrets of the biblical lion are unlocked.
9.00 Ocean Wilds
Silver Bank
Looks at humpback whales.
9.30 Emergency Vets
Stories from Alameda East Veterinary Hospital.
10.00 Ivory Orphans
A revealing insight into the rehabilitation of three orphaned elephant calves in Africa.
11.00 Vet School
A look at Cambridge University's prestigious veterinary school.
11.30-12midnight Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am The Day the Universe Changed 7.50 The Great Egg Race 8.30 Vanessa 9.30 Esther 10.00 Vets in Practice 10.30 Lion Country 11.00 Nannies 12noon The Witness Was a Fly 1.00pm The Day that Changed My Life 1.30 Two Sides of a Street 2.15 Situation Vacant

3.00 Plastic Fantastic
People who have undergone plastic surgery.
3.30 Esther
Rock Bottom
Tackling adversity.
4.00 Vanessa
Vanessa Feltz gets to grips with another selection of real-life issues.
5.00 Rolf's Amazing World of Animals
With Rolf Harris.
5.30 Lion Country
A behind-the-scenes look at Longleat.
6.00
Gold Rush Memories
One hundred years ago, gold was discovered on a tributary of the Klondike River in Canada.
7.00 Baby It's You
You and Me
The ways babies learn.
7.30
The Body in Question
Blood Relations
8.00 Scorpion
Separating fact from myth.
8.30 Alligator Hole
A look at the way alligators create water holes which are effectively fish farms.
9.00 Mistresses
Men Behaving Badly
Women reflect on male betrayal, and Denholm Elliot's widow reflects on the personal costs.
10.00
Hollywood Women
Glitz and Glamour
The first of a four-part series on the rise and rise of the Los Angeles lady.
11.00 Hollywood Men
The follow-up series to *Hollywood Women* and *Hollywood Kids* turns the spotlight on the men of Tinseltown.
12midnight -1.00am Hollywood Kids
The poor little rich kids of Beverley Hills.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Livetime 7.00 Livetime 8.00 E! True Hollywood Story
9.00 Psychic Zone
9.30 Best Direct Best Buys
10.00 The View 11.00 Roddy Llewellyn's Indoor Garden 11.30 More Calories Please 12noon Montel Williams Show
1.00pm Psychic Livetime
2.00 The View

3.00
Astrology Livetime
A magazine programme which allows you to question the experts live on air.
4.00 The Montel Williams Show
Criminals Caught on Tape
Emmy Award winner Montel Williams deals with topical issues.
5.00
Roddy Llewellyn's Indoor Garden
5.30-6.00pm
The Psychic Zone

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Okinawa: The Generous Sea
7.30 Golden Lions of the Rain Forest
Meet some of the last wild golden lion tamarins.
8.00 The Shark Files: Sharks of the Wild Coast
Follow a husband and wife documentary team in their pioneering shark research.
9.00 Friday Night Wild: A Breed Apart
Behind-the-scenes with Mario Luraschi, France's top horse trainer and stunt performer.
10.00
Friday Night Wild: Islands of the Iguana
Discover Fiji, the home of the multi-coloured, banded iguana.
11.00 Friday Night Wild: Ivory Pigs
Warthogs may have a bad reputation, but they are fascinating characters of the African Bush.
12midnight-1.00am
Friday Night Wild: Kiwi – A Natural History
Discover the lifestyle and environmental threats to the Kiwi birds of New Zealand.

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits
9.00 Bytesize MTV
11.00 brand:new
The best of the new releases.
12noon Mad 4 Hits
2.00pm The MTV Dancefloor Chart Show
3.00 Bytesize MTV Pop
4.00 Select MTV
Video jukebox choice.
6.00 News Weekend Edition
An in-depth look at the week's music and celebrity events.
6.30 UK Singled Out
7.00 brand:new
8.00 The MTV Dancefloor Chart Show
The latest rundown of the hottest dance tunes around.
9.00 MTV Megamix
10.00 News Weekend Edition
10.30 UK Singled Out
11.00 The Grind Double Bill
12midnight Partyzone
1.00am News Weekend Edition
1.30 UK Singled Out
2.00 Club Mix
3.00 MTV Megamix
4.00 Partyzone
5.00-6.00am Night Videos

VHI
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up 9.00 Upbeat 12noon Ten of the Best: Limahl NEW 1.00pm Greatest Hits of... Roxette NEW 1.30 Pop-Up Video 2.00 Jukebox 4.00 Behind the Music – REM 5.00 Five@Five 5.30 Pop-Up 6.00 Weekend 7.00 Greatest Hits of... The Movies 7.30 Talk Music 8.00 Ed Sullivan 8.30 VH1 Party Hits 9.00 The Kate & Jono Show 10.00 Ten of the Best: Pete Townsend NEW 11.00 VH1 Spice 12midnight Friday Rock Show 2.00am-6am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Guadeloupe 12.30pm Ribbons of Steel 1.00 Travel Live 1.30 Gatherings and Celebrations 2.00 Flavours of Italy 2.30 Journeys 3.00 Top of the World 4.00 Go 2 4.30 On the Loose in Wildest Africa 5.00 Ribbons 5.30 Guadeloupe 6.00 Gatherings 6.30 On Tour 7.00 Beyond My Shore 8.00 Ski Europe 8.15 Slovenia 8.30 Go 2 9.00 Top of the World 10.00 Journeys 10.30 Wildest Africa 11.00 On Tour 11.30-12midnight Reel World

UK STYLE
LIFESTYLE PACK

7.00am Fat Man in France 7.30 The Terrace 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Style Challenge 9.30 Change That 10.00 Holiday in Style 11.00 The Air Show 11.30 The DIY Show 12noon Can't Cook, Won't Cook 12.30pm Style Challenge 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Rick Stein's Taste of the Sea 2.30 Growing Places 3.00 Gardening Neighbours 3.30 Wilderness Walks 4.00 Tales from the Riverbank 4.30 Travels with Pevsner 5.30 Can't Cook, Won't Cook 6.00 Tales from the Riverbank 6.30 The Face 7.00 The House Detectives 7.30 Ready, Steady, Cook 8.00 Style Challenge 8.30 Change That 9.00 Gardeners' World 9.30 How Does Your Garden Grow? 10.30 Stefan's Garden Roadshow 11.00 Gardening Neighbours 11.30 Can Ski... Will Ski! 12midnight-1.00am Our Man in... Beirut

Friday 19 March

DISCOVERY HOME & LEISURE
WORLD PACK

6.00 AM MORNING

6.00am Today's Gourmet 6.30 Yan Can Cook 7.00 Homemaker 7.30 Period Rooms 8.00 Wedding 8.30 Baby 9.00 Painting 9.30 Great Gardening 10.00 Instant Gardens 10.30 Two's Country 11.00 Diceman 11.30 Rex Hunt 12noon Down Under 12.30pm Antiques Trail 1.00 Our House 1.30 Home Savvy 2.00 Yankee Workshop 2.30 Home Again 3.00 This Old House 3.30-4.00pm Charlie West

3.00 PM

DISCOVERY
WORLD PACK

4.00 PM

4.00pm Rex Hunt's Fishing Adventures
Rex enlists the help of a local angler.

4.30 The Car Show
Motoring magazine.

5.00 PM

5.00 Hitler
The Criminal
Did Hitler plan the Final Solution well in advance, and was the war entirely predetermined?

6.00 PM

6.00 Wildlife SOS
Over 140 volunteers work to treat sick, and orphaned animals.

6.30 Untamed Africa
The Return of Douma

7.00 PM

It is October now and the time has come for the animals to return home.

7.30 Futureworld
Home Sweet Home
Housing humans.

8.00 PM

8.00 Outback Adventures
With Troy and Simone.

8.30 Uncharted Africa
Makgadikgadi

9.00 PM

9.00 Test Pilots
Night Flights
Follow the work of a US Air Force test pilot as he flies his F-16 using only night vision goggles.

10.00 PM

10.00 Car Thieves
As criminals go to greater lengths to steal cars, the Greater Manchester Police are attempting to stay one step ahead.

11.00 PM

11.00 Weapons of War
British Fighter Command
The RAF improve the tried and tested machines which serve Britain well.

12.00 NIGHT TIME

12midnight The Great Egyptians
Tutankhamun
Documentary examining the short life and perplexing death of the boy king.

1.00am-2.00am Hitler
The Criminal
Did Hitler plan the war?

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Blinky Bill 6.00 The Tidings 6.30 Tabaluga 7.00 Scooby-Doo 7.30 Dexter's Laboratory 8.00 Looney Tunes 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 The Tidings 10.00 The Magic Roundabout 10.30 The Fruitties 11.00 Tabaluga 11.30 Yo! Yogi 12noon Tom and Jerry 12.30pm Looney Tunes 1.00 Popeye 1.30 The Flintstones 2.00 The Jetsons 2.30 Droopy

3.00 Taz-Mania
More furry fast and furious animated action.

3.30 Scooby-Doo
More crime-busting with the cowardly canine.

4.00 The Powerpuff Girls

4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.

5.00 Ed, Edd 'n' Eddy
The trials and tribulations of being a teenager.

5.30 Cow and Chicken
Silly sibling rivalry.

6.00 Animaniacs
Animated antics with the Warner's creations.

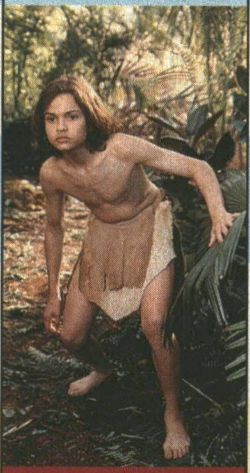
6.30 The Flintstones
Prehistoric men behaving badly.

7.00 Tom and Jerry
Madcap comic antics with the sparring cat and mouse.

7.30 Looney Tunes
Cartoon comedy.

8.00 Cartoon Cartoons
The best modern animation.

8.30-9.00pm Cult Toons



Sean Price McConnell stars in 'Mowgli: The New Adventures of the Jungle Book'. Fox Kids 1.00pm

NICKELODEON
FAMILY PACK

6.00am Rocko's Modern Life 6.30 Bruno the Kid 7.00 CatDog 7.30 Rugrats 8.00 The Wild Thornberrys 8.30 Arthur 9.00 Children's BBC 10.00 Wimzie's House 10.30 Papa Beaver Stories 11.00 Magic School Bus 11.30 PB Bear/Budgie the Little Helicopter 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Little Bear Stories 2.00 Paddington Bear/Lizzie's Library/Portland Bill/Mr. Men 2.30 Children's BBC

3.00 Children's BBC on Nickelodeon
Includes *Teletubbies.*

3.30 Doug
Doodle the day away with the painfully average Doug.

4.00 Three Friends... and Jerry
Suburban antics.

4.30 Rugrats
Fun with the nippers with the fertile imaginations.

5.00 Sister Sister
Twice the comedy, four times the fun.

5.30 Kenan & Kel
The adventures of two funky friends.

6.00 Renford Rejects

6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
More madness from Jenny.

7.30 Grace Under Fire
Mother Christmas

8.00 Ellen
Go Girlz
Ellen and Audrey throw Paige a bachelorette party.

8.30 Spin City
The Marrying Men

9.00 Drop the Dead Donkey
Awards

9.30 Whose Line is it Anyway?
With Clive Anderson.

10.00 FILM: The Rutles
Eric Idle, Neil Innes, Dan Ackroyd, Michael Palin, Mick Jagger
Spoof documentary charting the rise and fall of the pre-fab four. *1978*

11.20 Gogs
Pre-historic capers.

11.30 The Larry Sanders Show

12midnight Late Night with David Letterman
1.00am Taxi
1.30 Frontline
2.00 Dr Katz
2.30 Tibs and Fibs
3.00 Nightstand
3.30-4.00am
Abbott and Costello

FOX KIDS
FAMILY PACK

6.00am Dodo 6.05 Power Rangers Turbo 6.30 Power Rangers Turbo 6.55 Spiderman 7.20 Oggy 7.30 Donkey Kong Country 8.00 Hero Turtles: The Next Mutation 8.25 Incredible Hulk 8.50 Iron Man 9.15 Fantastic Four 9.40 X-Men 10.05 Casper 10.30 Oggy 10.55 Eek!Stravaganza 11.05 Bobby's World 11.30 Life with Louie 11.55 Home to Rent 12.05pm Dennis and Gnasher 12.30 Donkey Kong Country 1.00 Mowgli 1.25 Ace Ventura 1.55 Incredible Hulk 2.20 Iron Man 2.45 Fantastic Four

3.10 X-Men
Join Wolverine, Cyclops, Storm and Rogue.

3.30 Fox Kids X-Press

3.35 Spiderman

4.00 Goosebumps
Spine-tingling thrills.

4.25 Hero Turtles: The Next Mutation
The turtles are back.

4.50 Casper

5.00 Dennis and Gnasher
Dennis and Gnasher take on the enemy: adults.

5.30 Ace Ventura
Ace is on the case again.

6.00 Donkey Kong Country

6.30 Eek!Stravaganza

6.55-7.00pm Oggy and the Cockroaches

SHOP!
LIFESTYLE/ SELECTION PACKS

12midnight Bargain Shop!
12.30am Shop! Selection
1.30 Dress for Less
2.30 Good Hair Days
3.00 The Gold Collection
4.00 Beauty Secrets
5.00 Plugged In
Vacuums and cleaners from the best-known electrical brands.
6.00 Shop! Selection
A round-up of the best offers on Shop!
7.00 Bargain Shop!
7.30 Dimanti Designs
A sparkling collection of diamond-look jewellery.
8.30 Labels
Pack for a weekend away with our range of the biggest fashion brands.
9.30 Travel Bag
Essential equipment for travelling.
10.00 Junior Choice
11.00 Silversmith
12noon On the High Street
1.00pm Bargain Shop!
1.30 Shop! Selection
2.30 In the Garden
Horticultural products.
3.30 Home Style
4.00 Cook's Den
5.00-6.00pm
Shop! Selection
A round-up of the best offers on Shop!

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 9.30 World Today 10.00 News 1.00pm News 1.30 UK Today 2.00 News 2.30 World Today 3.00 News 4.00 News 5.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Seven Days 1.00 News 2.00 News 2.30 Simpson's World 3.00 News 3.30 Science 4.00 News 4.30 Reporters 5.00 News 5.30-6.00am Straight Talk

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus 5.00am Morning 5.30 Insight 6.00 Morning 6.30 Moneyline 7.00 Morning 7.30 Sport 8.00 Morning 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm Earth Matters 1.15 Asian 1.30 World Report 2.30 Showbiz Today 3.30 Sport 4.30 Europe 5.00 Larry King 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 World View 11.30 Moneyline 12.30am Showbiz 1.30 Q&A 2.00 Larry King 3.00 7 Days 4.15 American 4.30-5.00am World Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise
11.30 Money
12noon Sky News Today
2.30pm Your Call
4.30 Sky World News
5.00 Live at Five
7.30 Sportsline
8.30 Sky Business Report
9.30 Sky World News
10.00 Primetime
12.30am CBS Evening News
1.30 Sky World News
2.30 Sky Business Report
3.30 Week in Review
4.30 Fashion TV
5.30-6.00am
CBS Evening News

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal 5.30 Télématin et Le Journal du Temps 7.00 Journal 7.30 D 8.00 Infos 8.05 Zig Zag Café 9.15 Journal Anne Le Guen: Madame la Conseillère 11.05 Voilà Paris 11.30 Journal 12noon Infos 12.05pm Faut pas Rêver 1.00 Journal 1.15 Anne Le Guen: Madame la Conseillère 3.00 Journal 3.15 TV5 Questions 3.30 Les Carnets du Bourlingueurs 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Anne Le Guen: Madame la Conseillère 7.00 Journal 7.30 Journal et Le Journal du Temps 8.00 TV5 Infos 8.05 Savoir Plus
9.00 Journal
9.15 D'un Monde a l'Autre
11.00 Journal
11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL
CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Holy Qur'an 9.00 FILM 11.30 News 12noon Lifeline 12.30pm Daal Mein Kala 1.00 Swabimaan 1.30 FILM 4.00 Akbar Birbal 4.30 Paranda 5.30 Chidi Ka Ghulam 6.00 Tiger 6.30 Asianet Aur Aap 7.00 Swabimaan 7.30 News 8.00 A Mouthful of Sky 8.30 Aarzoo 9.00 FILM
11.30 News
12midnight Edit
12.30am Asianet Aur Aap
1.00 FILM
4.00 A Mouthful of Sky
4.30 Swabimaan
5.00 BPL Oye Countdown
6.00 Akbar Birbal
6.30 News
7.00-7.30am Mehfil

ZEE TV
ADD-ON CHANNEL

6.00am Sorry Meri Lorry 6.30 Mast Must Show 7.00 Faith 7.30 News 8.00 Zee World 8.30 Tara 9.00 Adhikar 10.00 Yeh Zindagi 11.00 Zaike ka Safar 11.30 Parampara 12noon FILM: Aag 3.00pm Bangla TV – Nokhattrer Rat
3.30 It's My Choice
4.00 Akbar Birbal
4.30 Zee Zone
5.30 Amanat
6.00 Artist of the Fortnight
6.30 Zee TV – Showcase
7.00 Chashme Baddoor
7.30 Entertainment Express
8.00 News 8.30 Aashirwas
9.00 Rakshak
12midnight News
12.30am Ru-Ba-Ru
1.00 X-Zone
2.00 Ankush
5.00 Filmi Baaten
5.30-6.00am All Time Hits

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 River of Life 4.30 Let the Fire Burn 5.00 Chronicles of Reviival 5.30 Paul Scanlon 6.00 Good News – Rick Renner 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is Your Day – Benny Hinn 8.15 Good Morning Europe 8.30 The Messenger – John Bevere 9.00 Another Day of Victory 9.30 Life in the Word – Joyce Meyer 10.00 In Times Like These 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports every half hour, plus:
2.19am Boarding Pass
3.15am Clarke's Chronicles

BBC PARLIAMENT
NEWS & SPORT PACK
CABLE EXCLUSIVE

5.30am Select 7.00 The Record 7.30 Lords 10.00 House of Commons 3.00pm House of Lords 11.00 The Record 11.30-12midnight Straight Talk

SKY SOAP
LIFESTYLE PACK

11.00am
Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm
As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
Hamish tries to give advice.
3.00 Emmerdale Farm
3.30-4.00pm
Emmerdale Farm
Joe and Ruth draw closer.

THE HISTORY CHANNEL
WORLD PACK

4.00pm Vietnam
Surrender
This episode looks at the fall of Saigon and the chain of blame in the final days.
5.00 Thomas Edison
Motion Pictures
6.00 Africa
A History Denied
7.00-8.00pm And The Winner Is... Michael Caine
One of cinema's most popular English actors.

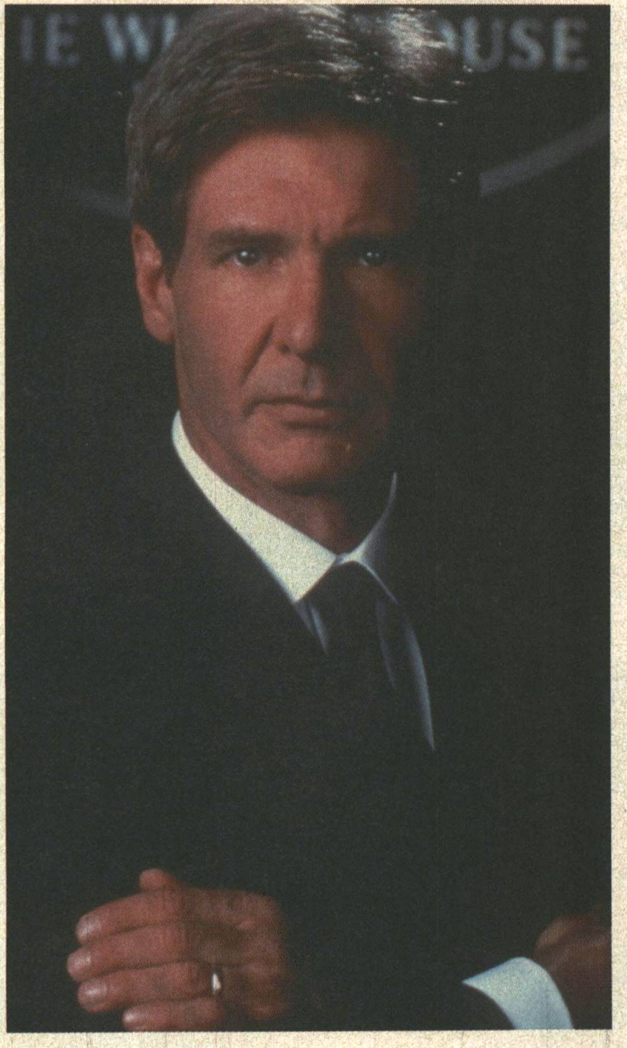
SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Sky Destinations
12noon
American Adventurer
12.30pm Around the World
1.00 Travels
1.30
Great Houses of Europe
2.00 Independent Travellers' Guide
3.00 Around the World
3.30-4.00pm
Sky Destinations
Cyprus

QVC
LIFESTYLE/ SELECTION PACKS

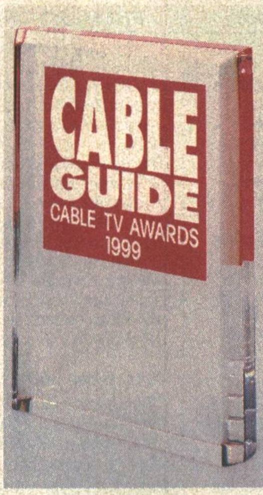
QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight Fashion Formulas at 5.00pm.

CABLE CHECK
Some of the channels listed may not be available in your area



UP, UP AND AWAY

The last of the recent trio of high-altitude action movies that also included the enjoyably overwrought *Turbulence* and the gripping prison-picture-in-the-sky *Con Air*, this week's *Air Force One* is also the most satisfying, thanks to the crisp, dramatic direction of Wolfgang Petersen. From the atmospheric nocturnal opening – in which elite, eerily silent special forces parachutists apprehend a ruthless Russian dictator so that he may be imprisoned – the German-born director establishes an adrenaline-charged urgency, which he manages to sustain right through to the masterfully mounted climax. Harrison Ford has played a host of honest, and ruggedly heroic figures and so lends an iconic weight to his portrayal of US President James Marshall. While in Russia, the President gives a rousing and controversial speech in which he pledges to clamp down on the likes of the aforementioned dictator, General Radek, who 'wield atrocity and terror' as 'political weapons'. Afterwards, Marshall, his family and advisors gather on the presidential plane of the title for their journey home, little knowing that some violently fanatical followers of Radek, led by Gary Oldman's Ivan Korshunov, have tricked their way on board by impersonating a news crew. The terrorists want Radek freed and vow to kill a passenger every half hour until he is released. Marshall, who Korshunov and his cohorts believe has escaped in an emergency pod, is the passengers' only hope. Plenty of consummately choreographed mayhem and suspenseful set-pieces ensue as Petersen cuts frantically between Marshall, the hostages and the White House. Ford is perfectly cast – no other actor could convey the President's selfless, rock-like determination quite as convincingly as he. Oldman, meanwhile, with his frequent explosive outbursts, is an effective counterpoint to Ford's understatement, making up in bluster and brutality what his character lacks in depth.
Sky Premier Saturday 27th 10.00pm



THE 1999 CABLE GUIDE CABLE TV AWARDS

With the weekend's Oscars ceremony having served as an appetizer, it is now time for the main sumptuous course in the form of the second annual *Cable Guide Cable TV Awards*. And the event has added credibility because all the winners were voted for by you, the readers. This year, the glittering ceremony is being presented from London's luxurious Grosvenor House by the cheekily ebullient Paul Ross and the lovely Jenny Powell, who took home one of last year's favourite personality awards. Other winners included Andy Gray for favourite sports personality, Tom and Jerry for favourite cartoon characters, L!VE TV for most innovative and exciting channel and Sky One for favourite cable TV channel. But which stars and channels will be the proud recipients of the stylish and sought-after *Cable Guide* gongs this year? Tune in and find out, or miss what is guaranteed to be the event of the year.
L!VE TV Tuesday 23rd 8.30pm

I'D LIKE TO THANK MY AGENT ...

The movers, shakers and designer-outfit clad glitterati of Tinseltown descend on the Dorothy Chandler Pavilion this week to take part in the annual no-expense-spared celebration of cinematic excellence – the Academy Awards. Now in its 71st year, the ceremony is being beamed live from Los Angeles to Sky Premier screens, so film fans can savour four uninterrupted hours of laughter, tears, backslapping and strange acceptance speeches. The brilliant Billy Crystal has bowed out as host this year, so the quick-witted Whoppi Goldberg steps in to present the event for what will be her third stint. Steven Spielberg's harrowing war drama *Saving Private Ryan* has been nominated for 11 awards, including best picture, best director and best actor (the double-Oscar-winning Tom Hanks, up for the fourth time), and is expected to dominate the proceedings. But acclaimed costume drama *Shakespeare in Love* scored a whopping 13 nominations. Anything could happen on the night and that's part of the attraction. Previous years have seen David Niven's presentation speech cut short by a streaker and Marlon Brando sending an actress posing as a Native American to refuse his award for *The Godfather* in a bid to alert people to the Natives' plight. Coverage gets under way at midnight with an entertaining hour-long overview by Barry Norman that whets the appetite for the main event.
Sky Premier Sunday 21st from 12midnight – LIVE

Saturday 20 March

SKY PREMIER
PREMIUM CHANNEL

6.00 AM **6.00am Stolen Women**
1996, rating Sky PG, 88 mins
8.00 Northern Lights
1997, rating Sky PG, 87 mins
10.00 Family Plan
Text *1997, rating Sky PG, 92 mins*
12noon Clubhouse Detectives
Michael Ballam, Michael Galeota
Entertaining children's adventure.
1996, rating Sky PG, 82 mins
2.00pm Stolen Women
Janine Turner, Jean Louisa Kelly,
Patrick Bergin, Dennis Weaver
3.00 PM Drama based on a true story about two women kidnapped by Sioux Indians and the affair that results between one of them and a handsome Indian chief. *1996, rating Sky PG, 88 mins*

4.00 PM **4.00 Northern Lights**
Diane Keaton, Maury Chaykin, Kathleen York
Family movie about a widow who, at her brother's funeral, discovers that as the only living
5.00 PM relative, she must take charge of her young nephew, a child she never knew existed. *1997, rating Sky PG, 87 mins*

5.30 Family Plan
Leslie Nielsen, Judge Reinhold,
6.00 PM *Eddie Bowz, Emily Procter*
Comedy about a group of fun-loving orphans who wage a war against the greedy developer who wants to turn their summer camp into a luxury
7.00 PM holiday resort. Text *1997, rating Sky PG, 92 mins*

7.30 P:review
Take a sneak peek at what's coming up on Sky in this coming week.

8.00 PM **8.00 The Nutty Professor**
Eddie Murphy, Jada Pinkett, James Coburn, Larry Miller
Special effects-filled comedy about an overweight and shy professor, Sherman Klump, who
9.00 PM invents a potion which can make him lean, hyperactive and obnoxious. His alter ego leaves a trail of destruction as he tries to impress his intended. Text *1996, rating Sky 12, 91 mins*

10.00 PM **10.00 L.A. Confidential**
Guy Pearce, Kevin Spacey, Russell Crowe, Kim Basinger
PREMIERE Acclaimed thriller set in Fifties LA, which is the seedy backdrop for tale of police
11.00 PM corruption and studio sleaze. Three very different cops are all after the truth after in-bred corruption seems to be rife. In the search for the truth, Bud White gets involved with a
12.00 prostitute, Lynn Bracken. *1997, rating Sky 18, 137 mins*

NIGHT TIME **12.20am**
The People Vs Larry Flynt
Text *1996, rating Sky 18, 124 mins*
2.30 Entertaining Angels
Text *1997, rating Sky 12, 107 mins*
4.25-6.00am Clubhouse Detectives
1996, rating Sky PG, 82 mins

SKY MOVIEMAX
PREMIUM CHANNEL

7.00am Femmes Fatales: Michelle Pfeiffer
7.30 Action Heroes: Bruce Willis
8.15 Movie Magic
9.00 Race Against the Harvest
1986, rating Sky PG, 89 mins
11.00
Invasion of the Astro Monster
1967, rating Sky U, 90 mins
1.00pm Femmes Fatales
1.30 Action Heroes: Bruce Willis
2.15 Movie Magic

3.00 Battle for the Planet of the Apes
Roddy McDowall, Claude Akins, John Huston
Sci-fi adventure. The last in the long-running *Planet of the Apes* series, in which divisions emerge between the ruling apes and the subservient humans who are faced with their last chance to fight back. *1973, rating Sky PG, 83 mins*

5.00
Race Against the Harvest
Wayne Rogers, Earl Holliman
Drama set in the heart of Middle America. Walter Duncan is in danger of losing his farm, and he knows his only hope is to enlist the help of a rival farmer who he hasn't spoken to for many years. Will Duncan's need for survival prevail or will his pride? *1986, rating Sky PG, 89 mins*

7.00 Dracula: Dead and Loving It
Leslie Nielsen, Peter MacNicol, Amy Yasbeck, Lysette Anthony
Mel Brooks's comedy retelling of the Dracula story. This spoof follows the traditional vampire tale but with one vital difference – this Count is clumsy, accident prone and has trouble doing what he loves best. Text *1995, rating Sky PG, 86 mins*

9.00 Caught
Edward James Olmos, Maria Conchita Alonso, Arie Verveen
Drama about a middle-aged couple who take in a kind-hearted down-and-out. While Joe and Betty are content, they still wish they could spice up their relationship. When Nick enters their lives, he seems to have the magic formula. *1996, rating Sky 15, DS, 105 mins*

11.00 Sweethearts
Janeane Garofalo, Mitch Rouse
PREMIERE Black comedy about a troubled young woman who agrees to go on a blind date. *1996, rating Sky 15, 82 mins*

12.30am Margaret's Museum
Helena Bonham Carter
Drama. *1995, 96 mins*
2.15 Wigstock: The Movie
RuPaul, Alexis Arquette
Documentary. *1995, rating Sky 15, 78 mins*
3.40-5.10am Paperhouse
1988, rating Sky 15, 88 mins

SKY CINEMA
PREMIUM CHANNEL

11.00am My Favourite Blonde
Bob Hope, Madeleine Carroll
Comedy. A hapless American and a spy take on the Nazis. *1942, rating Sky U, 75 mins*

12.30pm
The Redhead and the Cowboy
Glenn Ford, Rhonda Fleming
Western set in the US Civil War. *1951, rating Sky PG, 79 mins*

2.00 From Hell to Texas
Don Murray, Diane Varsi
Western in which a cowboy has a bounty placed on his head after he kills a man by accident. *1958, rating Sky PG, 96 mins*

3.45 Obsession
Robert Newton, Sally Gray, Naunton Wayne, Phil Brown
Taut thriller. London psychiatrist Clive Riordan schemes the perfect revenge after his wife's repeated affairs. After catching her and her American lover Bill Kronin in bed, Clive locks the bewildered man in a secret room and prepares to eliminate him. *1949, rating Sky PG, 93 mins*

5.30 The Big Knife
Jack Palance, Ida Lupino, Shelley Winters, Rod Steiger
Cynical drama in which a top screenwriter tries to split away from his powerful producer, but quickly discovers that tangling with the Hollywood hierarchy can be hazardous to a career. *1955, rating Sky PG, 109 mins*

7.30 Unconquered
Gary Cooper, Paulette Goddard, Howard Da Silva, Boris Karloff
Adventure set in the 18th century about a female criminal, Anny Hale, who is deported for slavery from Britain to America. In Virginia, heroic Captain Holden buys her, intending to free her, but villain Garth foils this plan and Abby goes to work in a tavern. Meanwhile, Garth's treachery doesn't stop there and Abby and Captain try to stop his evil plans as they fall in love. *1947, rating Sky PG, 147 mins*

10.00
The Ten Commandments
Charlton Heston, Yul Brynner, Anne Baxter, Nina Foch, Vincent Price
Biblical epic retelling the story of Moses, who leads his people to freedom after years of oppression by the Egyptians. The special effects won the movie an Academy Award. *1956, rating Sky U, 213 mins*

1.40am The Sniper
Adolphe Menjou, Arthur Franz
1952, rating Sky 15, 88 mins
3.10 Hellzapoppin
Ole Olsen, Chic Johnson
Comedy. *1941, rating Sky U, 84 mins*
4.40-5.55am
Don't Bother to Knock
Marilyn Monroe, Anne Bancroft
1952, rating Sky PG, 73 mins

Kim Basinger stars in the premiere of the thriller 'LA Confidential'. Sky Premier 10.00pm

MOVIE RATINGS

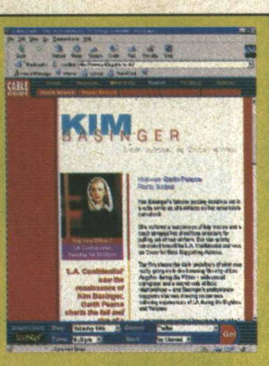
Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm Gigi
Leslie Caron, Maurice Chevalier, Louis Jourdan, Eva Gabor
Oscar-winning comedy musical set in the Paris of the late 19th century. Madame Alvarez is determined that her granddaughter carry on the family tradition by becoming the mistress of wealthy sugar magnate Gaston Lachaille. Widescreen *1958, 111 mins*

11.15 Penelope
Natalie Wood, Peter Falk, Lila Kedrova, Jonathan Winters
Comic drama about a neglected wife who resorts to stealing money from her husband in order to get his attention. *1966, 97 mins*

1.15am
The Password is Courage
Dirk Bogarde, Maria Perschy
War drama. *1962, 111 mins*
3.15-5.00am The Sheepman
Glenn Ford, Shirley MacLaine
Western. *1958, 83 mins*



KIM BASINGER
'L.A. Confidential' saw the renaissance of Kim Basinger. Garth Pearce charts the fall and
Go!

Want to know what Diane Keaton movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm The Brain from Planet Arous
John Agar, Joyce Meadows
Sci-fi comedy about Gor, a criminal brain from the planet Arous, who takes over the body of scientist Steve March. *1957, 68 mins*

7.10 Macross Plus
Third of four weekly Japanese animé series, set in the near future on Eden.

8.00
The Quick and the Dead
Gene Hackman, Sharon Stone
Western drama set in the Old West. Sheriff John Herod calls in all the crack shots from miles around to enter a deadly knockout tournament where he gets to choose who lives and who dies. *1995, 103 mins*

9.45 Pact
Black comedy.

10.00 Desperado
Antonio Banderas, Salma Hayek, Steve Buscemi
English-language remake of the low-budget film El Mariachi about a stranger who turns up in a Mexican border town with a guitar case full of weapons and a burning desire for revenge. *1995, 100 mins*

11.45 The Cutter
Short film.

12midnight
Behind Convent Walls
Ligia Branice, Marina Pierro
Drama. *1977, 87 mins*
1.30am Passion Fish
Mary McDonnell, Alfre Woodard
Drama. *1992, 130 mins*
3.40-6.00am Singles
Bridget Fonda, Matt Dillon
Comedy. *1992, 95 mins*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
FALLEN
Supernatural thriller starring Denzel Washington as a detective both hunting and hunted by an evil spirit demon. *1997, rating Sky 15, 120 mins*
PLAYS AT 12midnight, 2.30am

Sky Box Office 2
Channel 52
AMISTAD
Steven Spielberg's epic drama about slavery. Starring Anthony Hopkins. *1997, rating Sky 15, 149 mins*
PLAYS AT 8.00am, 6.00pm, 9.00pm, 5.00am

Sky Box Office 3
Channel 53
FLUBBER
Comedy about a wacky professor who invents a strange substance. Starring Robin Williams. *1997, rating Sky U, 90 mins*
PLAYS AT 7.00am, 9.00am, 11.00am, 1.00pm, 3.00pm

Sky Box Office 3
Channel 53
COLCHESTER V MANCHESTER CITY Coverage from Layer Road. 5.30pm
STARSHIP TROOPERS
Sci-fi. *1997, rating Sky 18, 124 mins*
PLAYS AT 8.30pm, 11.00pm, 1.30am

Sky Box Office 4
Channel 54
THE BUTCHER BOY
Black comedy drama in which a young boy finds hope in a vivid fantasy life. Stars Eamonn Owens and Stephen Rea. *1997, Sky 15, 105 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions. Customers with a Videoway set-top-box must view all events on Channel 50.

Saturday 20 March

SKY ONE

7.00am What-a-Mess 7.30 Superhuman Samurai Syber Squad 8.00 The Adventures of Sinbad 9.00 The Simpsons Text **9.30 Garfield and Friends 10.00 The Chris Evans Breakfast Show 11.00 WWF – Live Wire 12noon WWF – Shotgun 1.00pm The New Adventures of Superman 2.00 America's Dumbest Criminals 2.30 America's Dumbest Criminals**

3.00 Guilty!
Should Bryan and Janice continue their strip act, even though daughter Nicola can't stand the embarrassment? The jury decides.

4.00 Star Trek: Deep Space Nine
The Sons of Mogh
Cast out of Klingon society because of Worf's dishonour, his brother asks Worf to kill him.

5.00 Star Trek: Voyager
Flashback
After coming down with a mysterious ailment, Tuvok has visions of serving on a starship under Captain Sulu. Text

6.00 Xena: Warrior Princess
Daughter of Pomira
Xena and Gabrielle rescue the daughter of the leader of the dreaded Horde.

7.00 VIP
Deconstructing Peri
VIP is hired to protect a highly-strung actress whose memoirs threaten to create a scandal in Washington.

8.00 JAG
The Black Jet
Dramatic adventure series about a Navy lawyer who is sent around the world to investigate criminal matters.

9.00 FILM: Cocoon: The Return
Steve Guttenberg, Don Ameche, Courteney Cox, Jessica Tandy
Science fiction sequel to the 1985 blockbuster. A group of senior citizens who left earth with some friendly aliens return home to visit relatives. Will they return to the planet where nobody gets old, or choose to stay on earth? *1988*

11.00 Dating Hell
Another chance to see yesterday's episode of the show where love really is a battlefield. With Rowland Rivron of *Don't Forget Your Toothbrush.*

12midnight Showbiz Weekly

12.30am Unsolved Mysteries
Dramatic re-enactions of actual crimes. Text

1.30 Fire
La Corrida – Part I
Grevious's cousin Greta joins the platoon. Text

2.30-6.00am Long Play

UK GOLD

7.00am Angels
Soap set in St Angela's Hospital.

7.30 Neighbours Omnibus
Another chance to catch up with the week's Antipodean antics.

9.25 Dallas Omnibus
Another chance to see last week's episodes.

12.10pm EastEnders Omnibus
Ricky and Sam plan to run away, but Peggy's determined to stop them in their tracks.

3.00 The Bill Omnibus
Another chance to catch up with events at Sun Hill. An assault in a public toilet proves to be more than a simple mugging, and a good-looking charmer is cheating middle-aged women out of their savings. When Ashton and Stamp witness a boy falling from a rooftop, Cryer is convinced that the death was no accident and all evidence points to the boy's father.

5.20 Butterflies
Wendy Craig stars in this sitcom about a bored housewife contemplating an affair.

6.00 FILM: Pillow Talk
Rock Hudson, Doris Day, Tony Randall, Thelma Ritter, Nick Adams, Julia Mead
Romantic comedy about a couple of feuding neighbours who share a party line. Interior designer Jan has never met her playboy neighbour who hogs the line seducing women. When they finally come face-to-face, sparks begin to fly. *1959*

8.00 What a Carry On!
A compilation of favourite clips from the *Carry On* films.

8.35 Harry Enfield and Chums
Tim Nice-but-Dim transforms himself into a rock star.

9.15 The Thin Blue Line
Fly on the Wall
A film crew make a documentary about policing.

9.55 Red Dwarf
Back to Reality
The crew of Red Dwarf stumble across a deserted space ship.

10.35 Monty Python's Flying Circus
Another outing for this seminal comic sketch show.

11.15 Live at Jongleurs
Stand-up comedy.

11.45 FILM: Out of Africa
Meryl Streep, Robert Redford, Klaus Maria Brandauer, Michael Kitchen, Malick Bowens
Oscar-winning drama based on the story of Karen Blixen, who was abandoned in Kenya by her playboy husband. *1985*

2.35-7.00am Shopping with Screenshop

LIVING

6.00am Tiny Living
9.00 Mrs Greenthumbs
9.30 Can't Cook, Won't Cook
10.00 Maury Povich
10.50 Living Room
11.40 Rolonda

12.30pm FILM: Day-Time Wife
Tyrone Power, Linda Darnell
Romantic comedy about a young wife who suspects her husband of fooling around. *1939*

2.30 Special Babies

3.00 FILM: Miracle Child
Cloris Leachman, Crystal Bernard, Barnard Hughes, Grace Zabriskie
Lighthearted drama in which a mysterious storm delivers a baby girl to the porch of a lowly spinster. When a series of unexplained events occurs, the citizens of the surrounding town are convinced that the child has brought them good luck. *1993*

5.00 Entertainment Now

5.10 The Roseanne Show
Highlights

5.40 Through the Keyhole

6.10 Michael Cole
No-holds-barred talk show in which the one-time director of public affairs for Harrods tackles sensational subjects.

7.00 Rescue 911
William Shatner presents real-life rescues by emergency services.

7.30 Beyond Belief
Which of these extraordinary tales are based on fact?

8.00 Ally McBeal
Drawing the Lines
The firm helps a wife negate a pre-nuptial agreement, and Elaine's sexual harassment complaint comes to a head.

9.00 Jerry Springer Double Bill
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

10.45 Entertainment Now!
The latest gossip, celebrity interviews, lifestyles and showbiz news and views.

11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am Jason King
7.00 Bootsie and Snudge
7.30 That's My Boy
8.00 Watching: Visiting – Part 2
8.30 No Strings
9.00 The Avengers
10.00 The Persuaders
11.00 Man in a Suitcase
12noon Fiddlers Three

12.30pm Emmerdale Omnibus
A chance to catch up with the past week's events in this rural soap.

3.00 Bonanza
Desert Juice
Classic Western series. Hoss and Adam come to the aid of a young ranch hand who has been arrested for murder.

4.00 The High Chaparral
Bad Day for a Thirst
Classic Western series. Buck jeopardises his life when he tries to turn two Apaches into wranglers. With Leif Erickson.

5.00 Hawaii Five O
A Sentence to Steal
McGarrett uses an undercover agent to identify the burglars who've been stealing gold from dental-supply warehouses.

6.00 The Persuaders
A Death in the Family
A sharp decrease in the number of members of the Sinclair clan means that someone is anxious for them to join their ancestors.

7.00 The Avengers
Invasion of the Earthmen
Steed and co take on a military academy of ruthless teenage space travellers. With Patrick MacNee and Linda Thorson.

8.00 The Return of Sherlock Holmes
Wisteria Lodge
Mr Eccles awakes at Wisteria Lodge and finds no trace of his host, the footman or the cook.

9.00 Further Up Pompeii
Frankie Howerd dusts off his toga as lovable, lewd Lurcio, proprietor of the Bacchus Wine Bar.

10.00-11.00pm Bernard Manning in Las Vegas

GRANADA MEN & MOTORS

11.00pm Snowgirls
The girls are on the piste again in St Anton.

11.30 Sin City
A rough guide to the sexual underworld of European cities.

12midnight V.P.L.
Alternative fashion show.

12.30am The Best of the Tube
Vintage stuff from Simple Minds, Robert Palmer and The Cure.

1.00 Bigger Better Battling Babes

1.30-2.00am Noddy's Electric Ladyland
Eccentric pop quiz.

DISNEY CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 The Little Mermaid 8.25 Toons 8.30 Hercules: The TV Show 9.00 Art Attack 9.20 Art Attack 9.35 Doug 10.00 Recess 10.15 Pepper Ann 10.30 Ned's Newt 10.45 Microsoap 11.00 Teen Angel 11.30 Student Bodies 12noon Smart Guy 12.30pm Boy Meets World 1.00 Dinosaurs 1.30 Amazing Animals 1.55 Winnie the Pooh 2.05 Bite Size 2.20 Bear 2.45 Winnie the Pooh

3.00 The Little Mermaid
The undersea adventures of Ariel and her friends. Text

3.30 Goof Troop
Goofy's gone mad in his own cartoon series. Text

4.00 101 Dalmatians
Cartoon puppy fun. Text

4.30 Hercules: The TV Show
Hercules and the Drama Festival
Zeus gets theatrical. Text

5.00 Crash Zone
Australian teen adventure. Text

5.30 Microsoap
Innovative kids' sitcom. Text

5.45 Smart Guy
TJ finds that it's not so easy being smart. Text

6.10 Teen Angel
Grumpy Young Men Text

6.35 Boy Meets World
I Never Sang for my Legal Guardian Text

7.00 FILM: A Goofy Movie
Goofy stars in the first feature film of his 63-year career. Goofy and his son Max take to the road for a fishing trip but Max would rather be at home with his girlfriend Roxanne. *1997* Text

8.15 Honey, I Shrunk the Kids: TV Show
Honey, It's No Fun Being An Illegal Alien
Intergalactic comedy. Text

9.00 Double Dinosaurs
Based on an idea by Jim Henson of Muppet fame, this series takes an unusual view of human problems, using puppetry and audio-animatronics. Text

10.00 Home Improvement
Sitcom with Tim Allen. Text

10.30 The Wonder Years

11.00-12midnight Dr Quinn: Medicine Woman

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

SATURDAY CONTINUES OVERLEAF...

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

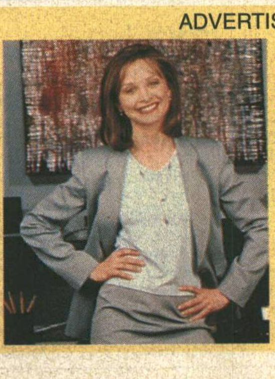
CABLE CHOICE

FILM

LA Confidential
Sky Premier 10.00pm
Slick cop drama set in the 1950s that won a Best Supporting Actress Oscar for Kim Basinger. She's mixed up in a bizarre murder case which an unlikely cop duo (one of whom is Guy Pearce, Mike from Neighbours) try to solve while both falling in love with Basinger.

GENERAL

Further up Pompeii
Granada Plus 9.00pm
Twenty years after *Up Pompeii*, Frankie Howerd threw on his toga again to amuse us with an array of catchphrases, double entendres and facial contortions. As Lurcio, Frankie is now a free man and running a wine bar frequented by an outrageous cast of characters.



ADVERTISEMENT

living

ALLY MCBEAL 8.00PM

Ally McBeal, played by Calista Flockhart, returns to *living* on Valentine's Day. Ally is comfortable in the courtroom but uneasy about various elements of her life outside, many of which come to live in fantasy sequences, flash-backs and voiceovers.

Saturday 20 March

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

7.30am YOZ – Youth Only Zone
9.00 Cross-Country Skiing – LIVE
10.00 Ski Jumping – LIVE
12noon Cross-Country Skiing – LIVE
Coverage of the World Cup from Oslo, Norway.
2.45pm Cycling – LIVE
Action from the Cycling World Cup currently being held in Milan.

4.00 Cross-Country Skiing
Coverage of the World Cup in Oslo, Norway.

5.00 Ski Jumping
Highlights from the World Cup in Planica, Slovenia.

6.30 Short Track Speed Skating
Coverage of the World Championships in Sofia, Bulgaria.

7.30 Figure Skating
Figure skating exhibition from Massachussets, US, featuring such Olympic champions and medalists as Nancy Kerrigan and Viktor Petrenko.

9.00 Boxing
Coverage of a top international contest.

10.00 Stock Car
Super Indoor Stock-Car races from Paris-Bercy.

11.30-1.00am Kung Fu
Coverage of the 13th Martial Arts Festival in Paris-Bercy, featuring the Shaolin Kung Fu Tournament.

SKY SPORTS 1
PREMIUM CHANNEL

6.00am Hold the Back Page
7.00 Sky Sports Centre
8.00 Aerobics Oz Style
8.30 Racing News
9.00 Super League: Leeds v Wigan
10.00 Australian Rugby League
12noon Gillette Soccer Saturday
Jeff Stelling presents the fastest and most comprehensive football results service on television, including post-match interviews with the men that matter and detailed analysis from the Sky Sports pundits.

5.30pm Bobby Charlton's Football Scrapbook: David O'Leary
Former Republic of Ireland star and current Leeds United manager David O'Leary joins Bobby Charlton and Dickie Davies.

7.00 Basketball – LIVE
Top-drawer basketball action from the Budweiser League, the competition won last season by the Greater London Leopards. Suzanne Dando and Kevin Cadle present the exclusive action.

9.00 Fight Night
Join Paul Dempsey for action between two of today's top boxers. Glenn McCrory and Ian Darke provide the ringside analysis.

11.00 Euro Tour Golf: Moroccan Open 1999
Highlights from the third day's play in the 1999 Moroccan Open.

1.00am Spanish Football
Action from a top match in La Primera Liga, the Spanish top flight. *Repeat from Sky Sports 3*
3.00 Fight Night
5.00 Totalsport
5.30-6.00am Unbelievable Sports

SKY SPORTS 2
PREMIUM CHANNEL

6.00am The Rugby Club
7.00 Aerobics Oz Style
7.30 Racing News
8.00 Soccer AM
12noon World Wide Rugby: Super 12s
1.30pm International Rugby Union: England v France – LIVE
Live action from Twickenham as England take on current champions France in their second home game of the Five Nations Championship. Following a year of mixed fortunes, Clive Woodward's men finished 1998 on a high by beating the world champions South Africa. Nothing can be taken for granted against the French side, however, especially with their often 'unorthodox' playing style. Presented by Mark Durden-Smith.

5.00 World Wide Rugby: Super 12s
Action from the rugby union's Super 12s Tournament involving clubs from Australia, South Africa and New Zealand.

6.30 Extreme Sailing
Life on the high seas is never plain sailing.

7.00 Cycling: Tour of Malaysia
Highlights of one of the major events in the cycling calendar featuring many of the world's big names.

8.00 Ford Golf USA: Bay Hill Invitational – LIVE
The live action continues on day three of the 1999 Bay Hill Invitational. The latest phase of the PGA Tour takes place at the superb Bay Hill golf course in Orlando where, last year, South Africa's Ernie Els added the title to his collection.

11.00 Motor Racing: NASCAR Busch – Darlington Raceway
Motor racing action from the NASCAR Busch Darlington Raceway.

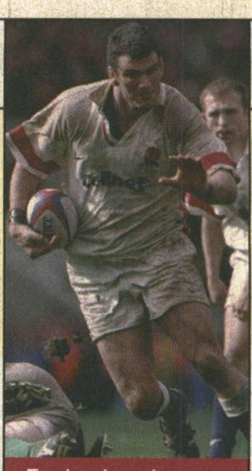
1.00am Ford Golf USA: Bay Hill Invitational
Catch up with all the latest action from the fairways of the Bay Hill Club.
4.00 Rugby Union Update: England v France
Highlights of the Five Nations.
5.30-6.00 V-Max

SKY SPORTS 3
PREMIUM CHANNEL

12noon Max Power
Featuring material from both two and four wheel motorsport, *Max Power* is a series of specials that goes under the skin of one-off events and Championships. Featuring touring cars, single seaters, road racing and off road events.
1.00pm Euro Tour Golf: Moroccan Open – LIVE
Live action from the fairways as the Moroccan Open continues into its third day. The latest leg of the European Tour features some of the world's best golf, including Australian Stephen Leaney, who won the title last year.

5.00 Ford Golf USA: Bay Hill Invitational
Action from the second day's play in the 1999 Bay Hill Invitational tournament at the magnificent Bay Hill Club and Lodge in Orlando. Can South Africa's Ernie Els successfully defend his title?

7.00 Formula 3
Discover the high speed life of the race track
7.30 Gillette World Sport Special
With David Jensen.
8.00 Spanish Football – LIVE
Action from a top match in La Primera Liga, the Spanish top flight. Is this season's championship to be won by one of the 'super-giants' or can a less prolific team break the stranglehold of the likes of Barcelona and Real Madrid?
10.00 Rugby Union Update: England v France
Highlights of the action from Twickenham in the Five Nations clash between England and current champions France.
11.30-12midnight Gillette World Sport Special
Presented by David Jensen.


England warhorse Martin Johnson could be the key against France. Sky Sports 2 1.30pm – Live

MUTV
ADD-ON CHANNEL

6.00pm Game On
6.05 Watch This If You Love Man-U
A full post-mortem into Saturday's football results with the first reaction from the United camp.
7.15 Megastore Megabuys
The latest bargains.
7.30 Kids Clinic
With Mark Wilson.
8.00 Super Match – Vintage Reds: Everton v Manchester United
Classic action from 1982.
8.55 Red Hot Update
9.00 Did you See...?
Catch up with this week's highlights on MUTV, the only channel with exclusive, behind-the-scenes access.
10.00 Man U Menu
Mark Simpkin is working in the burger bar at Old Trafford.
10.30 FAN
The magazine show.
11.00 Jump 'n' Pump
11.15 Megastore Megabuys
The latest bargains.
11.30-12midnight Red Hot News

SCI-FI
ACTION PACK

7.30am Planet Mirth 8.00 Miracles 9.00 Max Headroom 10.00 Robocop 11.00 The Incredible Hulk 12noon-5.00pm Tales of the Unexpected
12noon *Kindly Dig Your Grave* 12.30pm *Completely Foolproof* 1.00 *The Last Bottle in the World* 1.30 *The Eavesdropper* 2.00 *Hijack* 2.30 *Bosom Friends*

3.00 *Blue Marigold*
A fashion model tries to win back her boyfriend.
3.30 *Operation Safecrack*
A retired thief embarks on a publicity stunt.
4.00 *The Gift of Beauty*
A desire for beauty turns fatal.
4.30 *I Like it Here in Wilmington*
Stars Rod Taylor.

5.00 FILM: Sinbad and the Eye of the Tiger
Patrick Wayne, Jane Seymour
Sinbad is required to save the day when Good Prince Kassim is turned into a baboon by the sorceress Zenobiais. To make matters worse Kaliph of Charok is next. *1977*

7.00 Robocop
Ghosts of War
A band of mentally unfit war veterans steal a top secret weapon and lays siege to OCP.

8.00 FILM: Date with an Angel
Michael E Knight, Phoebe Cates, Emmanuelle Béart
Jim is about to be married to Patty. One day he wakes up to find an injured angel in his pool, and when Patty sees him trying to help it she leaps to the wrong conclusion. *1987*

10.00 FILM: Hemoglobin
Rutger Hauer, Kristin Lehmann
A chilling tale of human evolution gone horribly awry over three centuries.

11.45 Sci-Focus Special
A fascinating look behind the scenes of a recent sci-fi blockbuster movie.

12midnight Mystery Science Theatre 3000
The Deadly Mantis
1.45am Sci-Focus Special
2.00 Planet Mirth
2.30 100 Years of Horror
3.00 Dark Shadows
3.30-4.00am Dark Shadows
With Jonathan Frid.

ITV2
ACCESS PACK

9.25am Videotech
9.55 Sport in Action
10.00 Board Wild
Featuring coverage of international snowboarding, windsurfing, surfing and skateboarding events.
10.30 Home and Away
12.20pm It's a Mystery
12.40 Whizziwig
Double Trouble
1.05 The Adventures of Captain Pugwash
Children's animation.
1.15 Hurricanes
1.45 Brilliant Creatures
2.00 Sooty's Amazing Adventures
Animated adventures.
2.15 The Scoop
News and gossip from around the world.
2.45 Football First
Live football updates from around the country, using the latest technology.
5.30 NBA 99
Basketball magazine.
6.00 NBA 99
A top basketball games.
7.00 Where the Heart Is
Drama series.
8.00 Maggie Winters
American sitcom.
8.30 Taking the Pitch
Bob Mills hosts this knockout soccer quiz.
9.00 Double Bill
Tuesday's and Thursday's episodes of the police drama.
11.00 God's Gift
12midnight-2.00am Feature

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View
12.10am Suburban Tales
12.20 Adult Feature
12.45 FILM: Striptease
2.05 Sex Talk
2.30 FILM: The Devil in Miss Jones
3.40 Water Babies
4.10-5.30am FILM: Back Door Bradys

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day
12.10am Neil Down – Sex Therapist
12.40 Lesbian Fantasies
Lesbian programme.
1.00 Girl Hunt
1.20 FILM: Frontin' Da Booty
2.25 Girls About Town
2.40-4.00am FILM: Up Against It

Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Beverly Hill Brats
Martin Sheen
Comedy.
9.30 FILM: Roughcut
Richard Lynch
Action.
11.10 Electric Blue
Erotic magazine programme.
11.45 Encounters 4
Short erotic programme.

Saturday 20 March

Polar bears are among the creatures featured in 'Wildest Arctic'. Animal Planet 8.00pm

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 The Why Files 7.30 The Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 The Why Files 9.30 Indecent Proposals 10.00 Wrestling 11.00 Judge Judy 11.30 Mind Games 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 Agony 2.30 Mind Games

3.00
Indecent Proposals
Cash for foolishness.
3.30
Bangers and Smash
More stock-car racing action introduced by Louise Brady.
4.30 Agony
Debbie Currie and Miff Daniels offer advice for troubled souls.
5.00 Agony
Photo-story dilemmas.
5.30 The Why Files
Psychic investigators go in search of the strange and the spooky.
6.00
The Fashion Show
The latest fashions.
6.30
Indecent Proposals
Cash for embarrassment.
7.00 Sport at Seven: Women's Wrestling
Spandex-clad grappling as two leotard-wearing fighters get to grips with one another in the ring.
8.00 The Why Files
Psychic investigations into the paranormal.
8.30 Judge Judy
Another case for the feared American Judge.
9.00
Bangers and Smash
Stock-car racing action with Louise Brady.
9.57 Topless Darts
Shapely dart throwing.
10.00 Love Street
US erotic series.
10.30 Exotica Erotica
Imaginative erotic tales.
11.30 Blue Review
Review of adult films with Emily Bouffante.
11.45 Janeycam
11.57 Topless Darts
12midnight Love Street 12.30am Private Dancer 12.45 Home Shopping 1.00 Exotica Erotica 2.00 Orgasmatron 2.15 Painted Ladies 2.30 Love Street 3.00 Agony 3.30 The Why Files 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am What's in the Box?

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Coxon's College 10.00 Scotland's Larder 10.30 The Cookshop 11.00 Ross in Thailand 11.30 A Slice of the Action 12noon Network 12.30pm Ed Baines 1.00 The Carlton London Restaurant Awards 2.00 French Lunch 2.30 Food Network 3.00 Nordic Nosh 3.30 A Slice of the Action 4.00 Cooked in a Flash 4.30-5.00pm Food Factory
Food fun for the young.

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show.
5.30 Byker Grove
Gill prepares to respray the damaged car.
6.00 Byker Grove
A news report tells of a hit and run accident.
6.30 Blockbusters
Bob Holness hosts the general knowledge quiz.
7.00 Flying Start
Emma B and Ed Sanders host the travel game show.
7.30
Birds of a Feather
The Beautiful Game
8.00 Lovejoy
The Price of Fish
Charlotte invites Lovejoy away to value an antique clock, meanwhile Charlie Gimbert tries to evict him.
9.00
Perfect Scoundrels
Sweeter than Wine
Guy gets a shock during his courtship of a rich widow. With Peter Bowles
10.00 Stay Lucky
Sisters of Achill
Lively disappears during a visit to his birthplace on Ireland's West Coast. With Dennis Waterman.
11.00 Hill Street Blues
Influential Eighties American police drama series set in a tough urban area, with Daniel J Travanti and Veronica Hamel.
12midnight-2.00am
Fields of Fire
Part three of the series. A young Englishman arrives in Australia and soon becomes involved in an explosive romantic triangle. With Todd Boyce.

ANIMAL PLANET
WORLD PACK

12noon Deadly Reptiles
Features stories of people's encounters with reptiles.
1.00pm Wild, Wild Reptiles
Visit a place where terrible dragons still walk the earth.
2.00
Reptiles of the Living Desert
A documentary examining the relationship of man and beast in the fragile ecosystem of the southern Morocco desert.
3.00 Lassie
Bone of Contention
Lassie digs up an artefact.
3.30 Lassie
Timmy Falls in a Hole
With Robert Bray.
4.00 Animal Doctor
Following veterinarians from the RSPCA as they go about their rounds tending to sick and injured pets and animals.
5.00 Wildlife ER
Helping animals in critical need of attention.
5.30 Breed All About It
German Shepherds
A profile of the breed.
6.00 Hollywood Safari
Ghost Town
When Josh and his two friends decide to camp out one night in an old ghost town, strange things occur.
7.00 Crocodile Hunter
Wild in the USA
Steve travels to the USA to relocate a large cougar.
7.30 Crocodile Hunter
The Crocodile Hunter – Part I
8.00 Wildest Arctic
A look at the natural beauty and diverse wildlife found in the Arctic, a world of harsh extremes inhabited by both hunters and the hunted.
9.00 The Last Husky
A voyage across the world for a team of huskies, obliged to leave Antarctica because of the Madrid Protocol.
10.00 Snow White Killers of the Arctic
Although the Arctic summer is short, the competition for survival is fierce, and the result often leads to death.
11.00
Deadly Australians
Arid Environment
11.30-12midnight
The Big Animal Show
Mountain Animals

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Get Going with UK Horizons 9.10 Kicking and Screaming
10.00
Kicking and Screaming
11.00 Top Gear Gti
12noon
Tomorrow's World Plus
1.00pm Back to the Floor
1.30 Vets in Practice
2.00 Mandrills – Painted Faces of the Forest
3.00
Incredible Journeys
An Eel's Marathon
3.30
Baboons Rule OK
A look at baboons.
4.00 Life on Earth
The First Forests
A look at what happened when tiny plants began to invade the land over 400 million years ago.
5.00 Animal Hospital Roadshow
With Rolf Harris.
5.30 Secrets of the Paranormal
Bending Footballs
6.00 Crusades
Jihad
Terry Jones describes how the crusaders lost Jerusalem in 1144 to Zengi, the Arab leader.
7.00 Top Gear Gti
Testing the latest models and casting an experienced eye over the hottest motoring news. With Jeremy Clarkson.
8.00
Killing for a Living
NEW SERIES A look at the wild side of animal life in this series which follows the struggle for survival.
9.00 Airport
A national flag gets stuck halfway up the flagpole.
9.30 The Worst Job in the World
A look at unpleasant jobs.
10.00
Hollywood Women
Sex and Success
No-holds-barred four-part series on the rise of the Hollywood actress.
11.00 Hollywood Men
Desperately Seeking Success
What sets successful men apart? With Bruce Willis and Dudley Moore.
12midnight-1.00am
Hollywood Kids
A look at life as a child star in Tinseltown.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am E! In Focus 7.00 The View 8.00 Rosemary Conley's Low-Fat Cookbook 8.30 Gardeners' Diary 9.00 Montel 10.00 E! True Hollywood Story 11.00 The Psychic Zone 11.30 Cook's Garden 12noon Restaurant Recipes 12.30pm Roddy Llewellyn 1.00 Home and Garden Livetime 2.00 The View
3.00 Home and Garden Livetime
Interactive magazine show which offers viewers the opportunity to question celebrity guests.
4.00 The Montel Williams Show
The Dexter Manley Story
US chat show, hosted by Emmy-Award winner Montel Williams.
5.00-6.00pm E! True Hollywood Story
Tommy Lee
The truth behind the notorious stories.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Extreme Earth: Volcano!
Probe inside the mouths of active volcanoes and listen to the world's leading vulcanologists.
8.00
Nature's Nightmares: Nulla Pamba – The Good Snake
8.30 Nature's Nightmares: Rat Wars
9.00 Survivors: Extreme Skiing
Meet extreme skiers.
9.30
Survivors: Ice Climb
Tackling a frozen waterfall.
10.00
Channel 4 Originals: Hoverdoctors
Meet the doctors who travel deep into the jungles of Papua New Guinea.
11.00
Natural Born Killers: Wolves of the Sea
The world of the killer whale from the point of view of the mammal.
12midnight-1.00am
Flight Over Africa
Join bush pilot Tom Claytor as he hopes to be the first pilot in history to navigate the seven continents in a single-engine plane.

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Candid Camera
Pranks caught on film.
5.45
The Games Room
6.00 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.30
The Games Room
6.45 Name That Tune
Stylish music quiz.
7.15
The Games Room
7.25 Roll with It!
With Keith Chegwin.
7.55
The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and fiendish challenges in a giant fantasy world.
9.00
The Games Room
9.15 Strike it Lucky
Madcap gameshow.
9.45
The Games Room
10.00 Candid Camera
Antics caught on camera.
10.30 Don't Feed the Gondolas
Sean Moncrieff hosts the celebrity quiz show.
11.00
Carnal Knowledge
The public reveal their most intimate sexy secrets to hosts Graham Norton and Maria McErlane.
12midnight Strike it Lucky
12.30am Name That Tune
1.00 Don't Feed the Gondolas
1.30 Roll with It!
2.00 Karaoke Challenge
2.30 Studs
3.00 Simply Irresistible
3.30 Blockbusters
4.00 Say the Word
4.30 Don't Drink the Water
5.00-6.00am Screenshop

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits
8.00 Spice Girls's Favourite Videos – Sporty Spice
9.00 Spice Girls's Favourite Videos – Posh Spice
10.00 European Top 20
11.00 Backstreet Boys Favourite Videos
The Backstreet Boys share their top 40 favourite videos.
3.30 Backstreet Boys – The Story So Far
A look at the boys' interests and an acapella performance.
4.00pm Select MTV
6.00 News Weekend Edition
6.30 MTV Live
7.00
Spice Girls's A-Z of Girl Power
8.30 Collexion Boyzone
9.00 Mad 4 Hits
9.30 News Weekend Edition
10.00 Will Smith TV
Will Smith takes over MTV for four hours counting down the top videos of the day.
2.00am
Saturday Night Music Mix
3.00 Chill Out Zone
5.00-6.00am Night Videos

VHI
MUSIC & GAMES PACK

6.00am Breakfast 9.00 Greatest Hits of... The Movies 9.30 Talk Music 10.00 Weekend 11.00 Classic Chart 12noon Ten of the Best: Jason Donovan NEW 1.00pm Greatest Hits of... Duran Duran 1.30 Pop-Up Video – Teen Idols 2.00 American Classic 3.00 Album Chart 4.00 Take That – Berlin 5.30 Pop-Up Videos 6.00 Pop Pin-Ups 8.00 Disco Party 9.00 Kate & Jono 10.00 Bob Mills 11.00 Spice 12midnight Midnight Special 12.30am Ed Sullivan 1.00

TRAVEL
FREE BONUS CHANNEL

12noon Go 2 12.30pm Australian Odyssey 1.00 Aspects of Life 1.30 Flavours France 2.00 Floyd on Spain 2.30 Champagne Charlie 3.00 Scandinavian Summers 4.00 Across the Line 4.30 Earthwalkers 5.00 Dream Destinations 5.30 Holiday 6.00 Flavours of France 6.30 Go 2 7.00 Aerial Tour 8.00 Aspects of Life 8.30 Australian Odyssey 9.00 Scandinavia 10.00 Across the Line 10.30 Holiday 11.00 Earthwalkers 11.30-12midnight Dream Destinations

UK STYLE
LIFESTYLE PACK

7.00am The Face 7.30 Tales from the Riverbank 8.00 The Air Show 8.30 Waterlines 9.00 Can Ski... Will Ski! 9.30 How Does Your Garden Grow? 10.30 Gardening Neighbours 11.00 Growing Places 11.30 Stefan's Garden Roadshow
12noon
Home Front in the Garden
12.30pm Gardeners' World
1.00 The Face
1.30 Tales from the Riverbank
2.00 The Air Show
2.30-3.00pm Waterlines

UK ARENA
LIFESTYLE PACK

3.00pm The House 4.00 The Arena 100 4.30 The First, The Last, My Everything 5.00 Reviews You Can Use 5.15 Later on... Jools 98 6.10 Motown Live 7.05 Later on... Tony Bennett at Glastonbury 1998 8.00 The Peter Sellers Story – Southsea to Shepperton 9.00 The Last Goon Show of All 9.55 Movie Club 10.00 FILM: Quiz Show *1994* 12.30am The Arena 100 1.00 The First, The Last, My Everything 1.30 The Peter Sellers Story 2.30-3.00am Reviews You Can Use

Saturday 20 March

DISCOVERY HOME & LEISURE
WORLD PACK

6.00 AM MORNING

6.00am Rex Hunt's Fishing World 6.30 Fishing Australia 7.00 Screaming Reels 7.30 These Four Walls 8.00 Gimme Shelter 8.30 In the Workshop 9.00 Rex Hunt 9.30 Fishing Australia 10.00 Screaming Reels 10.30 These Four Walls 11.00 Gimme Shelter 11.30 In the Workshop 12noon New Yankee Workshop 12.30pm The Furniture Guys 1.00 Doing it Up 1.30 Home Again 2.00 Go Fishing 2.30 Two's Country 3.00-4.00pm Campaigns in History

3.00 PM

DISCOVERY
WORLD PACK

4.00 PM **4.00pm Flightpath**
Countdown to Orbit
Follow astronaut Bjarni Trygvasson preparing for his first mission into space after 15 years of training.

5.00 PM **5.00 The Century of Warfare**
A look at the conflicts that have taken place since the superpower nuclear stalemate.

6.00 PM **6.00 The Century of Warfare**
Documentary examining how the war in Vietnam changed America's role as a superpower.

7.00 PM **7.00 Hoover Dam**
Documents the construction of the Hoover Dam, which began during America's Depression in the Twenties and Thirties.

8.00 PM **8.00 Killer Quake**
Scientists reveal what caused the 1994 Los Angeles earthquake.

9.00 PM **9.00 Test Pilots**
Pushing the Envelope
The pilots push Lockheed's new F-22 Raptor fighter past its design limits.

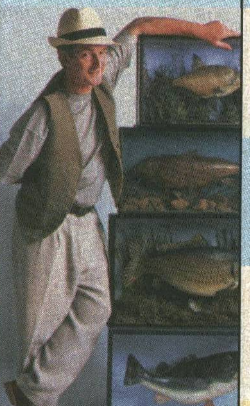
10.00 PM **10.00 Forensic Detectives**
Electronic Witness
How everyday electrical equipment leaves electronic traces of criminals.

11.00 PM **11.00 The Century of Warfare**
A look at the conflicts that have taken place since the superpower nuclear stalemate.

12.00 NIGHT TIME **12midnight The Century of Warfare**
1.00am-2.00am Weapons of War
British Fighter Command
How the RAF constantly improved a few tried-and-tested machines during World War II.

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 The Magic Roundabout 6.00 Tidings 6.30 Blinky Bill 7.00 Tabaluga 7.30 Sylvester and Tweety 8.00 The Powerpuff Girls 8.30 Animaniacs 9.00 Dexter's Laboratory 10.00 Cow and Chicken 10.30 I am Weasel 11.00 Beetlejuice 11.30 Tom and Jerry 12noon-9.00pm The Powerpuff Girls
Crime-fighting action with Blossom, Buttercup and Bubbles as they battle to save the world.



Nick Fisher is a natural-born fisherman in 'Screaming Reels'. Discovery Home & Leisure 7.00am, 10.00am

NICKELODEON
FAMILY PACK

7.00am Cryptkeeper 7.30 Brothers Flub 8.00 NickAlive including Sister Sister/Kenan & Kel/Sabrina the Teenage Witch
10.00 Rugrats
10.30 Hey Arnold!
11.00 Angry Beavers
11.30 CatDog
12noon Wild Thornberrys
12.30pm Rocko's Modern Life
1.00 Kablam!
1.30 The Ren & Stimpy Show
2.00 Clarissa Explains it All
2.30 Clarissa Explains it All

3.00 Kenan & Kel
The adventures of two funky friends.

3.30 Kenan & Kel
Two funky friends who are always up to no good.

4.00 Sister Sister
Tia and Tamera and their respective single parents all try to live together.

4.30 Sister Sister
More from the twin sisters.

5.00 Sabrina the Teenage Witch
Adolescent sorcery.

5.30 Sabrina the Teenage Witch

6.00 Moesha

6.30-7.00pm Nick News

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
US sitcom.

7.30 Grace Under Fire
Fire in the Hole

8.00 Ellen
When the Vow Breaks – Part I

8.30 Spin City
One Wedding and a Funeral

9.00 Drop the Dead Donkey
Gus and Death

9.30 Whose Line is it Anyway?
Game of improvisation.

10.00 Frasier
Oops
Frasier tells Bulldog that he is about to get the sack.

10.30 Cheers
The Art of the Steal

11.00 Seinfeld
The Nose Job

11.30 The Larry Sanders Show
The Grand Opening
Guest stars Jerry Seinfeld.

12midnight
FILM: Purple Rose of Cairo
Mia Farrow, Jeff Daniels
Comedy. *1985*
1.30am Club Class
2.00 Dr Katz
2.30 Tibs and Fibs
3.00 Nightstand 3.30-4.00am Abbott and Costello

FOX KIDS
FAMILY PACK

6.00am Adventures of Dodo 6.05 Masked Rider 6.30 Beetleborgs Metallix 6.55 Power Rangers 7.20 Power Rangers 7.45 Incredible Hulk 8.10 Ace Ventura 8.35 Mowgli 9.00 Goosebumps 9.25 Eerie, Indiana 9.50 Oggy and the Cockroaches 10.00 Donkey Kong 10.30 Mad Jack the Pirate 10.40 Casper 10.50 Eek!Stravaganza 11.00 Life with Louie 11.25 Dennis and Gnasher 11.50 Spiderman 1.55pm The Incredible Hulk
2.20 Iron Man
2.45 Fantastic Four

3.10 X-Men
More mutant mayhem.

3.30 Fox Kids X-Press
With Roy and Lisa.

3.35 Spiderman
Crime-fighting adventures.

4.00 Goosebumps
More spooky stories.

4.25 Eerie, Indiana: The Other Dimension
Out-of-this-world series.

4.50 Casper

5.00 Dennis and Gnasher
Menacing mayhem.

5.30 Ace Ventura
More adventure of the zany pet detective.

6.00 Donkey Kong Country 6.30 Eek!Stravaganza 6.55-7.00pm Oggy and the Cockroaches

SHOP!
LIFESTYLE/ SELECTION PACKs

12midnight Bargain Shop!
12.30am Shop! Selection
1.30 Silversmith
2.30 Travel Bag
3.00 On the High Street
4.00 In the Garden
5.00 Cook's Den
6.00 Shop! Selection
7.00 Bargain Shop!
7.30 In the Kitchen with Susan Brookes
8.30 Plugged In
Offers a selection of vacuum cleaners.
9.30 Junior Sports Store
Features a Puma special.
10.00 Spotlight on Sports
Featuring racket sports.
11.00 Time Zone
A collection of stylish watches.
12noon The Clothes Line
Featuring women's fashion from Berkertex.
1.00pm Bargain Shop!
1.30 Switched On
Shop! recommends the best in audio equipment.
2.30 Shop! Feature
Half-an-hour of gift ideas for Easter.
3.00 The Gold Collection
Stunning jewellery designs in white gold.
4.00 Y-Zone
Offers what teenagers want, at prices parents will like.
5.00-6.00pm Shop! Selection

SKY SOAP
LIFESTYLE PACK

11.00am Emmerdale Farm
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm Emmerdale Farm
1.00 Emmerdale Farm
1.30 Take the High Road
2.00 Take the High Road
Dougal decides to go in for wholesome buying.
2.30 Take the High Road
Dougal gets raffle tickets.
3.00 Take the High Road
3.30-4.00pm Take the High Road

THE HISTORY CHANNEL
WORLD PACK

4.00pm Corvette
A profile of the 1953 Corvette.
5.00 Thunderbird
Documents the history of the 1955 Ford Thunderbird.
6.00 Firebird
Discover how Pontiac, famed for producing family cars, designed the 1967 Firebird.
7.00-8.00pm And the Winner Is... Gary Cooper
NEW A profile of the star of *The Fountainhead.*

CABLE CHECK
Some of the channels listed may not be available in your area

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Tuscany Gold at 9.00pm.

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am BBC News 9.30 Seven Days 10.30 Science Review 11.10 Dateline London 12.30pm Chronicles 2.30 Seven Days 3.30 Science Review 4.15 Newsround 24 7.30 Correspondent 8.30 Face in the Crowd 9.30 Reporters 10.10 Dateline London 11.00 News 11.30 USA Direct 12midnight News 12.30am Seven Days 2.30 Simpson's World 3.30 Science Review 4.30 Reporters
5.30-6.00am Straight Talk

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am World News 5.30 Europe 6.30 Moneyline 7.30 Sport 8.30 Business 9.30 Pinnacle 10.30 Sport 11.30 7 Days 12.30pm Moneyweek 1.00 Report 2.30 Travel Show 3.30 Sport 4.30 Pro Golf 5.00 Larry King 6.30 Fortune 7.30 Beat 8.30 Style 9.30 Artclub 10.30 Sport 11.00 View 11.30 Global View 12.30am 7 Days
1.00 World View
1.30 Diplomatic License
2.00 Larry King Weekend
3.00 World Today 3.30 Jesse Jackson 4.30-5.00am Evans, Novak, Hunt & Shields

SKY NEWS
NEWS & SPORT PACK

News on the hour, every hour, plus: 6.00am Sunrise 9.30 Showbiz Weekly 10.30 Fashion 11.30 Week in Review 1.30pm Fox Files 2.30 Fashion 3.30 Global Village 4.30 Week in Review 5.00 Live at Five 7.30 Sportsline
8.30 Fox Files
9.30 Global Village
10.00 Primetime
11.30 Sportsline
12.30am Showbiz
1.30 Fashion TV
2.30 Book Show
3.30 Week in Review
4.30 Global Village
5.30-6.00am Showbiz Weekly

INTERNATIONAL

3SAT 6.00am Hablamos Español 6.30 Türkei – Land, Leute und Sprache 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 8.45 Slowenien Magazin 9.15 Schilling 9.45 Stadt – Land – Österreich 10.30 Vor 30 Jahren 11.15 Quer 12.15pm In Concert 1.00 Neues... Das Magazin 1.30 Leib and Seele 2.15 Frau TV 2.45 Das Waldviertel 3.05 Zum 70. Geburtstag von Nadja Tiller 4.35 Tips and Trends Domizil 5.00 Der Kurier der Sterne 5.30 Ausland 6.00 Heute 6.20 Foyer 7.00 Tagesschau 7.15 Fette Männer im Rock 9.00 Die Endlichkeit der Freiheit 10.15 Boulevard Bio 11.15 Seitenblicke – Revue 11.40-12.05am Ersatz für Suite 16

TV5 5.00am Journal Télévisé TV5 5.15 Journal des Journaux 6.00 TV5 Infos 6.05 Bus et Compagnie 7.00 Journal 7.30 Mission Pirattak 8.00 TV5 Infos 8.05 Bus et Compagnie 9.00 Journal 9.15 Génies en Herbe 10.00 TV5 Infos 10.05 Outremers 11.00 TV5 Infos 11.05 Images de Pub 11.20 France Feeling 11.30 Journal 12noon TV5 Infos 12.05pm Bus et Compagnie 1.00 Journal 1.15 Bouillon de Culture 2.30 Le Roman de l'Homme 3.00 Journal 3.15 TV5 Questions 3.30 Sport Africa 4.00 TV5 Infos 4.05 Reflets 5.00 Journal 5.15 Les Dicos d'Or 7.00 Journal 7.30 Journal et Le Journal 8.00 TV5 Infos 8.05 Thalassa 9.00 Journal 9.15 Envoyé Spécial 11.00 Journal 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 8.00 Sant Darshan 9.00 Variety Programme 10.00 Interactive Live 11.30 News 12noon Sankalp 12.30pm Pakistan This Week 1.00 Pakistan Business Update 1.30 FILM 4.00 Edit 4.30 Thekikaat 5.00 Agar 6.00 Ek Mulaqat 6.30 BPL Oye 7.30 Sansar 8.00 Junoon 8.30 Mumkin 9.00 FILM 11.30 Baaje Payal 12midnight Mumkin 12.30am Ek Mulaqat 1.00 FILM 4.30 Junoon 5.00 Vishwamitra 6.00 Chand Ghazlien 6.30 News 7.00-7.30am Mehfil

ZEE TV
ADD-ON CHANNEL

6.00am Zee TV 6.30 Shabads 7.00 Faith: Swami Narayan 7.30 News 8.00 Pakistan Business 8.30 Entertainment Express 9.00 Do Aur Do Paanch 9.30 Jungle Book 10.00 Ladkiwale Ladkewale 10.30 Big Debate 11.30 Khana Khazana 12noon FILM: Suhaagan 3.00pm Lolly-Pop 4.00 Jaal 5.00 Public Demand 5.30 Rishtey 6.30 Hum Paanch 7.00 Zee Top Ten 8.00 News 8.30 Jaan 9.00 FILM: Angaarey 12midnight News 12.30am Chalo Cinema 1.00 Zee Presents 2.00 FILM: Ahinsa 5.00 Mrs Madhuri Dixit 5.30-6.00am Yaadein

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Just for Parents 4.30 This is Your Day 5.00 Agape Today 6.00 Ferdenandez 6.30 Global Harvest Force 7.00 Jack van Impe 7.30 700 Club 8.00 Kidz Club 8.30 The Gospel Bill Show 9.00 Highway to Heaven 9.30 Jesse Duplantis 10.00 CCM Weekend Jam 10.30-11.00am This is Your Day

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus: 2.15am Euro '99 3.20 Ask the IFA 4.24 Sports 5.19am Clips

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am Select Committees
2.00pm PMQ's
2.30 Hearts and Minds
3.00-12midnight House of Lords
Coverage of proceedings.

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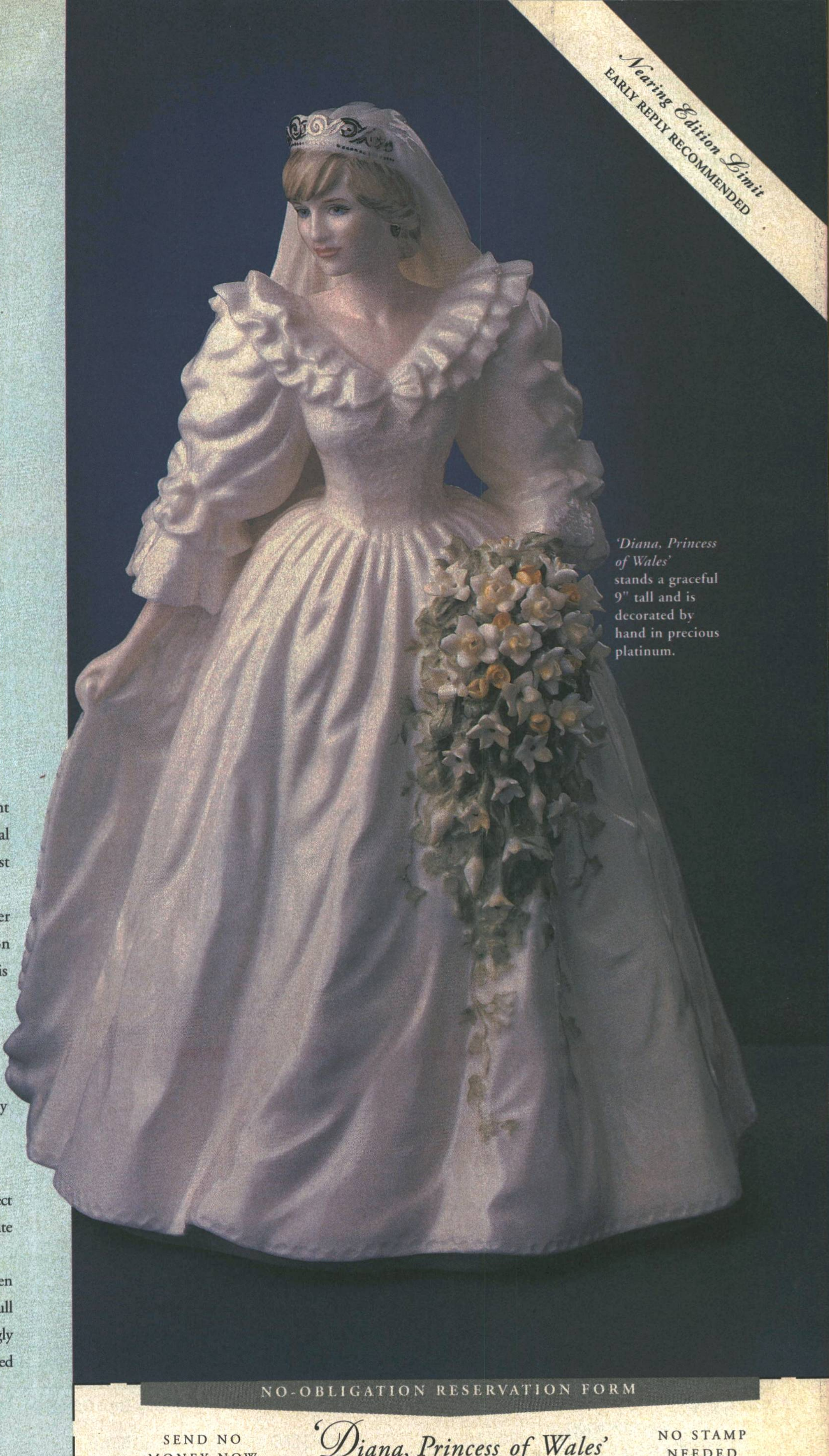

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Sunday 21 March

SKY PREMIER
PREMIUM CHANNEL

6.00 AM **6.00am Femmes Fatales: Whoopi Goldberg**

MORNING

7.00 The Perfect Mother
Text *1996, rating Sky PG, 89 mins*

9.00 Green Card
1990, rating Sky PG, 103 mins

11.00 Carpool
Text *1996, rating Sky PG, 86 mins*

12.30pm Hollywood Buzz

1.00 The Perfect Mother
Tyne Daly, Ione Skye Text *1996, rating Sky PG, 89 mins*

3.00 PM **3.00 Green Card**
Gerard Depardieu, Andie MacDowell, Bebe Neuwirth
Romantic comedy in which an illegal immigrant living and working illegally in New York,
4.00 PM marries an American for a visa. She needs a husband in order to take possession of a dream apartment but, once the cursory ceremony is over, they separate. *1990, rating Sky PG, 103 mins*

5.00 PM **5.00 Carpool**
Tom Arnold, David Paymer Rhea Perlman, Rod Steiger
Crazy comedy in which a husband reluctantly takes over carpool duties from his ill wife.
6.00 PM When Daniel stops off to buy pastries a bungled raid on the patisserie, means that he and the kids are taken hostage.
Text *1996, rating Sky PG, 86 mins*

7.00 PM **7.00 Home Alone**
Macaulay Culkin, Joe Pesci Daniel Stern, John Heard
Comedy in which a family rush off to Paris on Christmas vacation, and manage to leave
8.00 PM behind something very important – their youngest son Kevin. But once alone he enjoys himself, that is until a couple of burglers turn up to spoil the party. *1991, rating Sky PG, 99 mins*

9.00 PM **9.00 The Barry Norman Interview: Richard Attenborough – Both Sides of the Camera**
Barry Norman meets the doyen of the British film industry.

10.00 PM **10.00 A Murder of Crows**
Cuba Gooding Jr, Tom Berenger, Eric Stoltz
Gripping thriller about a defence lawyer who grows tired of defending obvious criminals
11.00 PM and decides to make a stand in court. In the process, he finds himself disbarred and subsequently tries to earn a living as a fishing teacher. Text *1998, rating Sky 18, 97 mins*

12.00 **12midnight**
NIGHT TIME
Oscar Night with Barry Norman
Barry Norman presents his own unique look at the glitziest showbiz event in the world.

1.00 The 71st Academy Awards
Live coverage of the ceremony.
● **Feature: Page 7**

5.00-5.30am Hollywood Buzz

SKY MOVIEMAX
PREMIUM CHANNEL

6.00am Shepherd on the Rock
1995, rating Sky PG, 95 mins

8.00 White Dwarf
1995m rating sky PG, 87 mins
Paul Winfield, Neal McDonough

10.00 Reckless Nights
Donna Bullock, Matt McCoy
1997, rating Sky PG, 85 mins

12noon Shepherd on the Rock
Bernard Hill, Betsy Brantley
1995, rating Sky PG, 95 mins

2.00pm White Dwarf
Paul Winfield, Neal McDonough Michael McGrady, Ele Keats
Futuristic fantasy in which Earthlings settle on a distant planet and must deal with two cultures and some very bizarre inhabitants. *1995, rating Sky PG, 87 mins*

4.00 Possums
Mac Davis, Greg Coolidge Jay Underwood
Family drama in which a small town sports announcer takes unusual action to save the future of his favourite high school football team, the Possums, when he takes to the air on his local radio station to give bogus match reports. *1997, rating Sky U, 93 mins*

6.00 Reckless Nights
Donna Bullock, Matt McCoy Teddi Siddall, Teryl Rothery
Drama in which teenage girl Lizzie Williams turns to drink when her home life is shattered by her parents seperation. She soon becomes an alcoholic and matters go from bad to worse when she kills her best friend while driving under the influence. *1997, rating Sky PG, 85 mins*

8.00 The Phantom
Billy Zane, Treat Williams, Kristy Swanson, Catherine Zeta Jones
Fantasy adventure based on the comic strip. Our suprehero travels to New York to prevent three ancient skulls from falling into the hands of the wrong man. Can The Phantom conquer his enemies and lay to rest this ancient grudge? Text *1996, rating Sky 12, 96 mins*

10.00 Die Hard 2: Die Harder
Bruce Willis, Bonnie Bedelia John Glover, William Atherton
New York cop John McClane returns when terrorists take control of Washington's Dulles Airport. The ever-resourceful McClane is the only man who can avert the death of thousands of passengers. *1990, rating Sky 18, 119 mins*

12.05am Private Parts
Howard Stern, Robin Quivers
Text *1997, rating Sky 18, 105 mins*

1.55 Solo
1996, rating Sky 18, 90 mins

3.30 The Bruce
PREMIERE *1988, rating Sky 15, 94 mins*

5.10-7.00am Possums
1997, rating Sky U, 93 mins

SKY CINEMA
PREMIUM CHANNEL

11.00am Top Hat
Fred Astaire, Ginger Rogers
Romantic musical set in various European locations featuring some spectacular dance sequences. *1935, rating Sky U, 94 mins*

1.00pm West Side Story
Natalie Wood, Richard Beymer Rita Moreno, Russ Tamblyn
Musical telling the story of the war between the Jets and the Sharks gang in New York, and the romance which develops against all the odds between two young members of both gangs. *1961, rating Sky PG, 145 mins*

3.30 My Fair Lady
Audrey Hepburn, Rex Harrison Stanley Holloway
The all time classic musical in which a cockney from the streets of London is taken in by a dialect coach and miraculously transformed into a socialite. Eliza Doolittle is a flower seller in Covent Garden but soon becomes the centre of a bet between Henry Higgins and Colonel Pickering. Can Eliza, a 'commoner' be turned into someone not entirely out of place in the social circles of Upper Class English society? *1964, rating Sky U, 164 mins*

6.30 Fiddler On The Roof
Topol, Norma Crane, Molly Picon Candice Bernstein, Leonard Frey Paul Mann, Rosalind Harris
Enormously popular, Academy Award-winning screen adaptation of the Broadway musical in which the focus is on pre-Revolution life among the Jewish community in the tiny Russian village of Pale. Tevye attempts to preserve Jewish heritage against growing odds and has to cope with the day to day problems of 'shtetl' life. *1971, rating Sky U, 171 mins*

9.30 Bullitt
Steve McQueen, Robert Vaughn, Simon Oakland Jacqueline Bisset
Classic thriller in which a San Francisco cop finds himself protecting a Mafia informant. When Bullitt's friend is shot and the witness is left at death's door by two men, a thrilling investigation begins. Text *1968, rating Sky 15, 109 mins*

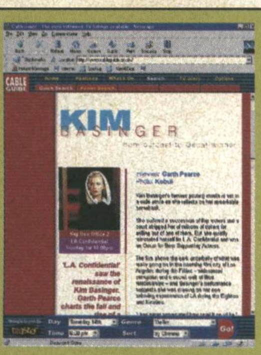
11.30 Zardoz
Sean Connery, John Alderton
Science fiction movie in which a freedom fighter attempts to liberate his people. *1974, rating Sky 15, 102 mins*

1.20am Rawhide
Tyrone Power, Susan Hayward
1951, rating Sky PG, 83 mins

2.50 The Lineup
Warner Anderson
1958, rating Sky PG, 86 mins

4.25-6.00am Irene
1940, rating Sky U, 82 mins

Tim Robbins stars as the millionaire with political ambition 'Bob Roberts'. FilmFour 10.00pm



CABLE GUIDE
KIM BASINGER
'L.A. Confidential' saw the renaissance of Kim Basinger. Garth Pearce charts the fall and
Day
Genre
Time
Sort
Go!

Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm Ben-Hur
Charlton Heston, Jack Hawkins, Stephen Boyd, Haya Harareet, Hugh Griffith, Sam Jaffe
Biblical spectacle which collected a then record 11 Oscars. It is the story of an aristocratic Jew living in Judaea who incurs the wrath of a childhood friend, now a Roman tribune. Although forced into slavery on a galley and compelled to witness the cruel persecution of his family, he survives, harbouring dreams of vengeance. *1959, 403 mins*

1.00am
The Best House in London
David Hemmings, Warren Mitchell
Comedy about the establishment of a government-sponsored bordello. *1968, 93 mins*

3.00-5.15am Sweet Bird of Youth
Paul Newman, Geraldine Page
Drama. *1962, 115 mins*

FILMFOUR
PREMIUM CHANNEL

6.00pm L'Accompagnatrice
Romane Bohringer, Elena Safnova, Richard Bohringer
A young woman feels stifled by life until she is offered the job of a piano accompanist. *1993, 107 mins*

7.55
The 20th Century Hall of Fame: Ronald Reagan
A snapshot of the former President of the USA.

8.00 The War Room
James Carville, George Stephanopoulos
Documentary following Bill Clinton's presidential campaign as the spin doctors cajoled their man into the White House. *1993, 92 mins*

9.40 Mailman
Dark comedy about a mailman's obsession with his perfect delivery record.

10.00 Bob Roberts
Tim Robbins, Gore Vidal, Alan Rickman, Ray Wise
Satire on American politics. A right-wing folk singer and self-made millionaire is out to unseat the incumbent Democrat senator. *1992, 100 mins*

11.45 Mac
John Turturro, Katherine Borowitz, Ellen Barkin
Drama about a carpenter who sets up a family business of his own. *1992, 113 mins*

1.50am
Slaves to the Underground
Molly Gross, Jason Bortz
Drama. *1997, 93 mins*

3.25-6.00am Bitter Moon
Comedy. *1992, 134 mins*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
FALLEN
Supernatural thriller starring Denzel Washington as a detective both hunting and hunted by an evil spirit demon. *1997, rating Sky 15, 120 mins*
PLAYS AT 12midnight, 2.30am

Sky Box Office 2
Channel 52
AMISTAD
Epic drama from Steven Spielberg. Starring Anthony Hopkins. *1997, rating Sky 15, 149 mins*
PLAYS AT 8.00am, 12noon, 3.00pm, 6.00pm, 9.00pm, 5.00am

Sky Box Office 3
Channel 53
FLUBBER
Robin Williams raises chaos in this comedy as an absent-minded professor. *1997, rating Sky U, 90 mins*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm

Sky Box Office 3
Channel 53
STARSHIP TROOPERS
Action-packed sci-fi movie starring Casper Van Dien and Denise Richards. *1997, rating Sky 18, 124 mins*
PLAYS AT 8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
THE BUTCHER BOY
Black comedy drama in which a young boy finds hope in a vivid fantasy life. Stars Eamonn Owens and Stephen Rea. *1997, Sky 15, 105 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions. Customers with a Videoway set-top-box must view all events on Channel 50.

Sunday 21 March

SKY ONE

ACTION/
SELECTION PACKS

6.00am Hour of Power 7.00 What-a-Mess 7.30 Superhuman Samurai Syber Squad 8.00 Orson and Olivia 8.30 Tattooed Teenage Alien Fighters from Beverly Hills 9.00 The Simpsons Text 9.30 Garfield and Friends 10.00 Dream Team Omnibus 11.00 WWF – Superstars 12noon Kung Fu 1.00pm The New Adventures of Superman 2.00 Beverly Hills, 90210 Text

3.00 VIP
Deconstructing Peri
The bodyguard agency is hired to protect an actress whose memoirs threaten to create a scandal in Washington.

4.00 Star Trek: Deep Space Nine
The Bar Association
Rom organises Quark's employees into a union and goes on strike. Text

5.00 Star Trek: Voyager
False Profits
The *Voyager* crew encounter the two Ferengi that were lost when the Barzan Wormhole turned out to be unstable.

6.00 The Simpsons
Homerpalooza
Homer, Bart and Lisa go to the Hullabalooza music festival. Text

6.30 The Simpsons
Bart's Comet

7.00 King of the Hill
Husky Bobby Text

7.30 3rd Rock from the Sun
Two-Faced Dick
Sally and Dick switch bodies.

8.00 Earth: Final Conflict
One Man's Castle
In the hope of transferring his consciousness into a healthy body, a disabled genius invents biosurrogates.

9.00 The X-Files
Triangle
A time warp in the Bermuda Triangle traps Agent Mulder aboard a 1939 luxury liner filled with murderous Nazis.

10.00 Miami Uncovered
A real-life look at Miami, one of America's most glamorous cities.

11.00 Forever Knight
Jane Doe
Nick helps Reese deal with his obsession with capturing a murderer from the past.

12midnight
Tales from the Crypt
The Third Pig
Animated and nasty twist on the children's tale *The Three Little Pigs.*
12.30am LAPD
A man risks his life to save his car.
1.00 Sightings Text
2.00-7.00am Long Play

UK GOLD

LIFESTYLE/
SELECTION PACKS

7.00am Angels
7.25 Middlemarch
8.25 Blake's Seven
9.20
Dr Who and the Android Invasion
The Kraals attempt to invade earth.
11.10 Dallas Omnibus
1.00pm FILM: Harvey
James Stewart, Josephine Hull
Comedy about an eccentric drunk who stumbles across a six-foot white rabbit – visible only to him.

3.00 The Bill Omnibus
Cryer is convinced that Jimmy's fall was not an accident, and all evidence points to Jimmy's father killing Bannerman and then pushing his son off the roof. The only problem is how to prove it. Daly has to put the pressure on when an ex-con would rather risk another sentence than grass on a friend, and putting on a panto proves to be the toughest case of the year for Page and the officers.

5.25 Ask the Family
Quiz show in which families compete against one another. Hosted by Robert Robinson.

6.00 Ballykissangel
Quigley acquires a housekeeper and revels in being waited on by the comely Nora, until it becomes clear that she has more on her mind than doing the dusting.

7.05 The Good Life
The Day Peace Broke Out
Tom takes the law onto his lands.

7.45 To the Manor Born
Arthur arrives as usual to help out on the Grantleigh estate, but Audrey cannot give him work.

8.25 Only Fools and Horses
The Yellow Peril
Del thinks the deal is too shady.

9.05 Blackadder Goes Forth
Plan C - Major Star
Charlie Chaplin does an impersonation of Baldrick.

9.45 Blackadder Goes Forth
Plan D – Private Plane
Blackadder takes to the skies.

10.25 Auf Wiedersehen, Pet
Cowboys
Oz regales Harry with his tales of Nashville and Merle Haggard.

11.30 Whatever Happened to the Likely Lads?
Seventies sitcom about a couple of Geordie friends.

12.10am
Ruby Wax Meets... Tom Hanks and Jean-Claude Van Damme
12.50 Pride and Prejudice
Bingley returns to Netherfield, bringing Darcy with him.
1.50 Funny for Money
3.00-7.00am Shopping with Screenshop

LIVING

LIFESTYLE PACK

6.00am Tiny Living
9.00 Mrs Greenthumbs
9.30 Can't Cook, Won't Cook
10.00 Animal Rescue
10.30 Brookside Omnibus
12.30pm FILM: My Favourite Wife
Irene Dunne, Cary Grant
Comedy about a woman who reappears after being shipwrecked to find her husband has remarried.
2.30 Special Babies
Featuring babies with special needs.

3.00 FILM: David and Bathsheba
Gregory Peck, Susan Hayward, Raymond Massey, Kieron Moore
Epic tale about King David, who, after returning from battle, falls in love with Bathsheba – the wife of one of his captains. When she falls pregnant by David, she risks being put to death as an adulteress so the King ensures her husband is killed in battle and marries Bathsheba himself. *1951*

5.40 Through the Keyhole
More snooping around people's homes with David Frost and Loyd Grossman.

6.10 Michael Cole
No-holds-barred talk show in which the one-time director of public affairs for Harrods tackles sensational subjects with a studio audience.

7.00 Rescue 911
Featuring real-life rescues by American emergency services.

7.30 Beyond Belief
Which tales are based on fact and which are fabrications?

8.00 Ally McBeal
The Dirty Joke
Ally tries to prove she is not a goody-goody by learning how to appreciate – and tell – dirty jokes. Calista Flockhart stars.

9.00 Jerry Springer Double Bill
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

10.45 Entertainment Now!
The latest gossip, lifestyles and showbiz news.

11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

ACTION PACK

6.00am Jason King 7.00 Bootsie and Snudge 7.30 That's My Boy 8.00 Watching 8.30 Dharma and Greg 9.00 Dempsey & Makepeace 10.00 Behind the Velvet Ropes 10.30 Homes with Style 11.00 The Return of Sherlock Holmes
12noon Jeeves & Wooster
1.00pm Love and Marriage
1.30 Please Sir
2.00 Poirot

3.00 Bonanza
The Stranger
Ben's campaign to become governor of Nevada is put in jeopardy by a police inspector from New Orleans. Text

4.00 The High Chaparral
Tiger by the Tail
Ricardo Montalban guest-stars as a wounded bandit leader who is captured by the Cannons who are then threatened by his gang.

5.00 Classic Coronation Street – The Omnibus
Hilda is shocked to find Maggie has moved in with Mike, and as Fred gets deeper into debt backing horses, he comes under increasing pressure from his bookie. Brian decides to go into partnership with Ron Sykes and, after being shown a dilapidated garage, he opens the S & T Garage for his first day as boss. Bet and Betty con Fred into confessing he's hired out Annie's Rover behind her back.

7.30 Dharma and Greg
Greg's plans for a romantic Valentine's Day getaway go awry.

8.00 Poirot
The Lost Mine
Poirot is asked to investigate the disappearance of a man who has a map showing the site of a valuable, long-lost silver mine.

9.00 Jeeves & Wooster
Aunt Agatha sends Bertie to pay off a young waitress in East Dulwich. Stars Stephen Fry and Hugh Laurie.

10.00-11.00pm Clive James: Racing

GRANADA MEN & MOTORS

ACTION PACK

11.00pm 2 Wheels
Weekly biking magazine programme.

11.30 Around the World on Two Wheels
Nick rides across India.

12midnight
Through the Gears
Presented by Merrick Beesley.
12.30am 4 Wheels
Motoring magazine.
1.00 Biker's Night Off
The bizarre quiz and chat show for bikers, presented by Paul Johnston.
1.30-2.00am Motor Week
The latest motoring news.

DISNEY CHANNEL

ADD-ON/
PREMIUM CHANNEL

6.00am Bear in the Big Blue House 6.25 Classic Toons 6.35 Gummi Bears 7.00 Classic Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 The Little Mermaid 8.25 Classic Toons 8.30 Hercules: The TV Show 9.00 Double Art Attack 9.35 Disney's Doug 10.00 Recess 10.15 Pepper Ann 10.30 Ned's Newt 10.45 Microsoap 11.00 Teen Angel 11.30 Student Bodies 12noon Smart Guy 12.30pm Boy Meets World 1.00 Dinosaurs 1.30 FILM: Escape from Wildcat Canyon PREMIERE *1998*

3.05 The Little Mermaid
More adventures with Ariel, Sebastian and Flounder. Text

3.30 Goof Troop
Goofy tries to keep his son and his own crazy nature in line. Text

4.00 101 Dalmatians
Canine capers with Pongo, Perdita and their 15 pups. Text

4.30 Hercules: The TV Show
Hercules and the Big Kiss Text

5.00 Crash Zone
Five kids test computer games.

5.30 Microsoap
Innovative, zany and fun-filled kids' sitcom. Text

5.45 Smart Guy Text
More fun with 10-year-old T.J.

6.10 Teen Angel
Look Ma, No Face Text

6.35 Boy Meets World
I Was a Teenage Spy
Cory lives life in the Fifties. Text

7.00 FILM: Jungle 2 Jungle
Tim Allen, Lolita Davidovitch
Comedy about a trader who discovers that he has a 13-year-old son living in a rainforest. Cultures clash as the pair get to know each other, especially when the boy returns to New York. *1997*

8.45 Honey, I Shrunk the Kids: TV Show
Honey, The Garbage is taking us Out
Wayne invents a garbage eating bug which mutates. Text

9.30 Dinosaurs
Stone-Age sitcom. Text

10.00 Home Improvement
Sitcom starring Tim Allen. Text

10.30 The Wonder Years

11.00-12midnight Touched by an Angel Text

THE BOX

MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

SUNDAY CONTINUES OVERLEAF...

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

CABLE CHOICE

FILM

Die Hard 2
Sky MovieMax 10.00pm

On a themed evening of Rebels With A Cause, it's time to enjoy perhaps the best of the *Die Hard* films as Bruce Willis returns as New York cop John McClane. This time, terrorists take control of Washington's Dulles Airport and threaten the passengers, including Bruce's wife.

GENERAL

Oscar Night with Barry Norman
Sky Premier 12midnight

Whoever you're rooting for in this year's Oscars (which follow this show) here's all the pre-ceremony flannel. Will *Saving Private Ryan* punch out *Shakespeare In Love*? Will Gwyneth Paltrow or Michael Caine weigh in with awards? Barry's the man to predict the winners.

ADVERTISEMENT

THE GAMES ROOM FROM 5.00PM

Challenge tv

Give Kevin Duala a call in *The Games Room* on Challenge TV tonight and, not only can you take part in one of our great quizzes for the chance to win a fantastic prize, but also have a chat to his celebrity guest.

Sunday 21 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

7.30am
Cross-Country Skiing
9.00 Nordic Combined Skiing – LIVE
Action from the latest events.
10.00 Ski Jumping – LIVE
From Planica, Slovenia.
12.15pm Cross-Country Skiing – LIVE
2.00 Nordic Combined Skiing – LIVE
2.30 Ski Jumping
World Cup highlights.

3.30
Cross-Country Skiing
Highlights of the men's relay action from the World Cup in Oslo, Norway.
4.30 Short Track Speed Skating
Another chance to watch the action from the World Championships in Sofia, Bulgaria.
5.30 Motocross
Highlights of the World Championship in Talavera de la Reina, Spain. The main favourite of this championship is the four times World Champion, Stefan Everts.
6.30 Cart – LIVE
All the latest action from the FedEx Championship Series in Miami, Florida. All eyes will be on young Scottish driver Dario Franchitti as he goes for the title this season. He finished in 3rd place last season and looks set to do even better this year.
8.30 Tennis
Highlights from the WTA Tournament in Key Biscayne, the fifth largest tennis tournament in the world in terms of prize money, where the winner stands to win $235,000.
9.30 Sportscentre
9.45 Tennis – LIVE
Action from the ATP Tour Mercedes Super 9 Tournament in Key Biscayne, Florida. Competitors include Pete Sampras.
11.00-12.30am
Ski Jumping
Highlights from the World Cup in Planica, Slovenia.

SKY SPORTS 1
PREMIUM CHANNEL

6.00am World Wide Rugby: Super 12s Tournament
7.30 Formula 3
8.00 Aerobics Oz Style
8.30 Extreme Sailing
9.00 Fight Night
11.00
Ford Football Special: Aston Villa v Chelsea LIVE
Coverage of this clash.
2.00pm World Wide Rugby: Super 12s Tournament
Action from the rugby union's Super 12s Tournament.

3.30 Australian Rally Championship
Action from down under.

4.00 Motor Racing: NASCAR Busch – Darlington Raceway
Motor racing action from the NASCAR Busch Darlington Raceway. This event is steeped in tradition as it is the place where the era of Nascar superspeedway racing began.

6.00 V-Max
An insight into the world of fast sports.
6.30 Super League: St Helens v Gateshead – LIVE
Action from the JJB Superleague as St Helens take on Gateshead. Presented by Eddie Hemmings and Mike Stephenson.

9.00 Spanish Football
Spanish top flight action from La Liga. The league features teams with some of the most talented players in the world.

10.30 Ford Football Special: Aston Villa v Chelsea
Highlights from the Premier League as Aston Villa take on Chelsea at Villa Park. Commentary from Martin Tyler and Andy Gray.

12midnight
Worthington Cup Final
Highlights from the final of this season's Worthington Cup competition.
1.30am Scottish Football: Kilmarnock v Celtic
Presented by Jim White.
2.30-4.30am Super League: St Helens v Gateshead

SKY SPORTS 2
PREMIUM CHANNEL

6.00am Watersports World
7.00 Aerobics Oz Style
7.30 Gillette World Sport Special
8.00 Soccer Extra
11.00 Moto-Plus
11.30 Rugby Union Update: England v France
1.00pm Superbouts: Hagler v Duran
2.00 Worthington Cup Football: Final – LIVE
Action from Wembley Stadium in the final of this season's Worthington Cup. The tournament has been in serious danger of losing its credibility altogether in recent seasons as its promise of European football for the winners was threatened by football's governing bodies. However, fortunately this did not come to fruition and the cup therefore retains its standing as a worthwhile competition, particularly for the smaller league clubs.
5.30 Snow Show
The show that gives an insight into skiing and snowboarding.
6.00 Euro Tour Golf: Moroccan Open
Highlights from the Moroccan Open, the latest leg of the European Tour as Australia's Stephen Leaney bids to defend his title.

8.00 Ford Golf USA: Bay Hill Invitational – LIVE
Action from the breathtaking fairways of the Bay Hill Lodge and Country Club as the action reaches a climax on day four of the $2.5 million Bay Hill Invitational. It's a battle of nerves as the remaining players edge closer to victory which will provide a boost to their world rankings, not to mention their bank balance.

11.00 Euro Tour Golf: Moroccan Open
Highlights from the Moroccan Open, the latest leg of the European Tour as Australia's Stephen Leaney bids to defend his title.
1.00am Inside the Senior PGA Tour
A look behind the scenes at the legends who take part in golf's Senior PGA Tour.
1.30-4.30am Ford Golf USA: Bay Hill Invitational

SKY SPORTS 3
PREMIUM CHANNEL

11.30am Futures in Sport
12noon Gillette World Sport Special
David Jensen presents a comprehensive report on the more alternative sports from across the globe.
12.30pm Euro Tour Golf: Moroccan Open – LIVE
Action from the Moroccan Open as the tournament reaches a resounding conclusion on day four.

4.30 Extreme Sailing
Breathtaking sailing action from around the world.
5.00 Gillette World Sport Special
Hosted by David Jensen.
5.30 Scottish Football: Kilmarnock v Celtic – LIVE
Jim White presents action from Rugby Park as Killie entertain the champions. The top flight has been dominated by Glasgow giants Rangers and Celtic but recently, teams such as Kilmarnock have shown that they have the ability to challenge for the championship crown. Commentary comes from Ian Crocker while Charlie Nicholas is in the studio providing expert analysis.
8.30 Motor Racing: NASCAR Busch – Darlington Raceway
Motor racing action from the NASCAR Busch Darlington Raceway. This event is steeped in tradition as it is the place where the era of NASCAR superspeedway racing began.
10.30 Max Power
Featuring material from around the world, including both two and four-wheel motorsport. Touring cars, single seaters, road racing and off road events are also featured.
11.30-12midnight Snow Show
Insight into winter sports.

Villa striker Julian Joachim could spell danger for Chelsea. Sky Sports 1 11.00am – Live

MUTV
ADD-ON CHANNEL

6.00pm Game On
Preview of the coming week's action.
6.05 Watch This If You Love Man-U!
A look at the weekend's football results.
7.15
Megastore Megabuys
7.30 Red Legends
Denis Law talks to Paddy Crerand.
8.00 Super Match – Premier Classic: Manchester City v Manchester United
Action from 1993.
8.55 Red Hot Update
9.00 Super Match – Premier Classic: Manchester City v Manchester United
Continued action from the 1993 season.
10.00 Red Replays
Review of all the latest news from inside Old Trafford, including transfer news and goal footage.

11.00
Wild About United
Fans tell why they love the Reds.
11.30-12midnight
Red Hot News

SCI-FI
ACTION PACK

7.30am Chocky
8.00 Battlestar Galactica
9.00 Buck Rogers in the 25th Century
10.00 Quantum Leap
11.00 Project UFO
12noon
FILM: Moon Zero Two
Sci-fi drama. *1969*
2.00pm Mystery Science Theatre 3000
The Deadly Mantis
Stars Michael J Nelson.

3.45
Sci-Focus Special
A behind the scenes look at the recent making of a sci-fi blockbuster movie.
4.00 The Flash
Twin Streaks
Sci-fi drama based on the cartoon, starring John Wesley Shipp, Amanda Pays, and Alex Desert.
5.00 The Cape
Lost in Space
Peter endangers the life of one of his pupils and halts the launch of space shuttle Columbia.
6.00 Project UFO
The Joshua Flats Incident
When several prominent citizens see a UFO, the airforce is called in. Starring William Jordan.
7.00 V
The Conversion
Ham and Kyle are captured by Visitors, and the Leader's special envoy assumes command.
8.00 Quantum Leap
The Last Gunfighter
Sam is transported back to the Wild West and into the identity of Means, a gunslinging hero.
9.00 Babylon 5
Revelations
Dr Franklin risks trying an experimental procedure to bring Garibaldi out of his coma.
10.00 Lexx
Norb
Sci-fi drama series with Xenia Seeberg, Michael McManus and Brian Downey.
11.00 Highlander: The Raven
The French Connection
Sci-fi adventure starring Elizabeth Gracen and Paul Johansson.
12midnight
Battlestar Galactica
Baltar's Escape
1.00am Buck Rogers in the 25th Century
2.00 The Tomorrow People
2.30 The Tomorrow People
3.00 Dark Shadows
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

9.25am
This Morning – This Week
Highlights from this week's editions of the morning magazine.
11.00 Emmerdale Omnibus
This week's episodes.
12.20pm CD UK
Music chart show.
1.15 The Big Bang
1.30 Children's Ward
The daily dramas of hospital life on the children's ward.
2.00 Adam's Family Tree
2.25 Get Wet
With Simeon Courtie and Elaine Hill.
2.55 Sooty and Co
3.10 Feature
3.40 Survival
4.40 Coronation Street Omnibus
This week's episodes.
6.30 Who, What, Why?
John Suchet presents a current affairs programme that aims to make the week's big story easily understood.
7.00 Dealer's Choice
Richard Simmonds explores the used-car market.
7.30 Wide Angle
8.00 Soap Fever
With Liza Tarbuck.
9.00
Trevor McDonald Meets...
9.30 I Suppose You Think That's Funny
10.00 McCallum
12midnight Paul Merton in Galton and Simpson's...
12.30am-2.00am Feature

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Viewers' Wives 12.20 FILM: Crows 1.00 The Five Minute Free View
1.05 FILM continues
1.30 FILM: Taboo
2.40
FILM: Babes Illustrated
3.50 Jenny
4.10-5.30am FILM: .... Sally

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day
12.10am Totty Try-outs
Erotic programme.
12.25
FILM: Sins of the Flesh
1.40 Dungeon Dykes
2.10 FILM: Silent Women
Adult feature.
3.25-4.00am
In Loving Colour
Erotic mini series.

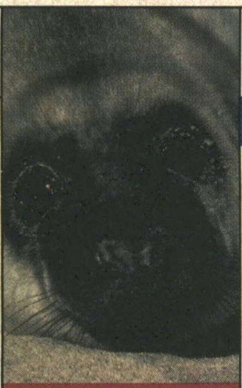
Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Shakma
Amanda Wyss, Christopher Atkins, Roddy McDowall
Horror.
9.40 FILM: In too Deep
Hugo Race, Samantha Press, Rebekah Elmaloglou
Adult drama.
11.25-12midnight
Blue Show
Erotic magazine programme.

Sunday 21 March



A seal is one of the wildlife found 'Beneath the North Atlantic'. Animal Planet 7.00pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Candid Camera
Hidden camera pranks.
5.45
The Games Room
6.00 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.30
The Games Room
6.45 Name That Tune
Stylish music quiz.
7.15
The Games Room
7.25 Roll with It!
Music gameshow.
7.55
The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and fiendish challenges in four fantasy worlds.
9.00
The Games Room
9.15 Strike It Lucky
Madcap gameshow.
9.45
The Games Room
10.00 Candid Camera
10.30 Don't Feed the Gondolas
Celebrity quiz show which takes a look at bizarre media stories.
11.00 Carnal Knowledge
Quiz show that rips open the bedroom curtains of the British public to reveal their most intimate secrets.
12midnight Strike it Lucky 12.30am Name That Tune 1.00 Don't Feed the Gondolas 1.30 Roll with It! 2.00 Karaoke Challenge 2.30 Second Guess 3.00 Simply Irresistible 3.30 Give Us a Clue 4.00 Say the Word 4.30 Gladiators 2000 5.00-6.00am Screenshop

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Shopping 7.00 The Why Files 7.30 Fashion 8.00 Agony 8.30 Lie Detector 9.00 Why Files 9.30 Indecent Proposal 10.00 Bangers 11.00 Judge 11.30 Mind Games 12noon Why Files 12.30pm Agony 1.00 Lie Detector 1.30 Agony 2.30 Mind Games
3.00
Indecent Proposals
Cash for foolish stunts.
3.30 Wrestling
Top grappling action as the usual line-up of characters battle it out in the ring with all the overblown theatrics of the local drama society.
4.30 Judge Judy
The fearsome judge hands down another sentence
5.00 Judge Judy
5.30 The Why Files
Psychic investigators travel the length and breadth of the country searching for spooky happenings.
6.00
The Fashion Show
The latest fashion news.
6.30
Indecent Proposal
Cash for foolish stunts.
7.00 Sport at Seven: Bangers and Smash
All the thrills and spills from the race track with stock car racing action. Hosted by Louise Brady.
8.00 The Why Files
Psychic investigators travel the length and breadth of the country searching for spooky happenings.
8.30 Judge Judy
9.00
Women's Wrestling
Female grappling action.
9.57 Topless Darts
More sharp and shapely dart throwing.
10.00 Love Street
US erotic series.
10.30 Exotica Erotica
Late night sensuality.
11.30 Orgasmatron
11.45 Painted Ladies
11.57 Topless Darts
12midnight Love Street 12.30am Private Dancer 12.45 Home Shopping 1.00 Exotica Erotica 2.00 Blue Review 2.15 Janeycam 2.30 Love Street 3.00 Agony 3.30 The Why Files 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 Body Heat 5.45-6.00am What's in the Box

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Kitchen College 10.00 Chef for a Day 10.30 What's Cooking? 11.00 Loyd's Louisiana 11.30 Slice of the Action 12noon Network 12.30pm Cookshop 1.00 Japaneasy 1.30 Modern British 2.00 From the Ground Up 2.30 Network
3.00 Superchefs
David Chambers v Amanda Grant
3.30 Slice of the Action
4.00 Passion for Flavour
4.30-5.00pm Chez Bruno

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show.
5.30 Animal SOS
Will the kitten found dumped in a drain survive the night?
6.00
Pull the Other One
Gameshow based on the art of deception.
6.30
The 10 Percenters
7.00 The Upper Hand
The Heiress
Class-bound sitcom.
7.30
An Inspector Calls
River Rage
8.00 The Darling Buds of May
A Season of Heavenly Gifts
Marcus Cope is determined to find the horde of cash and thwart Charley's plans.
9.00 Sharpe
Sharpe's Rifles
Sharpe was promoted from the ranks for saving the life of commander Sir Arthur Wellesley, later the Duke of Wellington. He is subsequently sent behind enemy lines in search of the Army's missing banker and comes across a beautiful Spanish guerrilla.
11.00
Hill Street Blues
Influential Eighties US police drama series set in a tough urban area, with human interest storylines.
12midnight The Ruth Rendell Mysteries: The Speaker of Mandarin
Wexford is convinced that the clue to a death lies somewhere in China.
1.00am-2.00am
Gone to the Dogs
Greyhound racing drama.

ANIMAL PLANET
WORLD PACK

12noon
Hollywood Animal Stars
1.00pm Profiles of Nature
The Red Fox
2.00 Horse Tales
Stunt Horses
A look at the work of a top film stunt trainer.
2.30 Going Wild with Jeff Corwin
Olympic National Park
In search of the bald eagle.
3.00 Cousins Beneath the Skin
Toolmakers and Apprentices
Documentary exploring the capabilities of chimpanzees.
4.00 Hollywood Safari
Extinct
The fight to stop a poacher in his pursuit of the mythical Arizona jaguar, supposedly extinct since 1905.
5.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
5.30 Pet Rescue
Abandoned animals rescued by the RSPCA.
6.00
Yindi, The Last Koala
True story charting a baby koala bear's recovery after being hit by a car, until its release back into the wild.
7.00 Beneath the North Atlantic
An exploration of the underwater world of the North Atlantic, home to a wide range of sea life.
8.00 Wildest Asia
A look at the possible threats to the exotic wildlife of Asia including Indian tigers, Chinese pandas and Sumatran orang-utans.
9.00 Emergency Vets
Dr Webb has to clear the lungs of a coughing beagle.
9.30 Emergency Vets
The vets treat a golden retriever with a limp.
10.00
Crocodile Hunter
Return to the Wild
Steve Irwin takes his father on a search for an injured rogue crocodile.
11.00-12midnight Rediscovery of the World
The Philippines
An exploration of the Palawan archipelago.

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am It'll Never Work 7.30 The Great Egg Race 8.00 Making Babies 8.30 Making Babies – Tania and Ray's Story 9.00 War Walks 9.30 War Walks 10.00 War Walks 10.30 War Walks 11.00 Top Gear GTi 12noon Tomorrow's World Plus 1.00pm Clive James – Postcard from Berlin 2.00 Masked Monkeys
3.00 Incredible Journeys
A Butterfly's Relay
3.30
Backstreet Bandits
A look at the raccoon.
4.00 Polar Bear: A Wildlife Special
David Attenborough presents a film which reveals the true nature of the polar bear.
5.00 Animal Hospital Roadshow
Animal first-aid.
5.30 Secrets of the Paranormal
Order from Chaos
6.00 Crusades
Destruction
Terry Jones uncovers the hidden story behind the Crusades, and looks at the historical aftermath.
7.00
Destination Mars
Veterans of the space race recall the challenge of building machines capable of landing on Mars.
8.00 Life on Earth
Victors of the Dry Land
David Attenborough looks at reptiles, the first vertebrates to happily live on solid ground.
9.00
Supernatural Science
Bermuda Triangle
Exploration of some of the strange happenings in the Bermuda Triangle.
10.00
Hollywood Women
Money and Power
A look at how some women make the Hollywood system work to their advantage.
11.00 Hollywood Men
Boys Will Be Boys
A look at the men of Tinseltown. Interviewees include Patrick Duffy and Hugh Hefner.
12midnight-1.00am
Hollywood Kids
Wild Children
A look at how wealth affects the youth of Tinseltown.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am E! Celebrity Profile 7.00 The View 8.00 Pet Show 8.30 Indoor Garden 9.00 Montel Williams 10.00 E! True Hollywood Story 11.00 Julia Carling's Style Guide 11.30 Gardeners' Diary 12noon Rosemary Conley's Cookbook 12.30pm Gorgeous Gardens 1.00 E! Celebrity Profile 2.00 The View
3.00 The Pet Show
Everything you need to know about pets.
3.30 Cook's Garden
How to prepare recipes from home-grown produce.
4.00 The Montel Williams Show
Johnnie Cochran
US chat show hosted by Emmy Award winner Montel Williams.
5.00-6.00pm E! True Hollywood Story
Jessica Hahn
The truth behind Hollywood personalities.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Wildlife Wars: Poachers and Profiteers
7.30 Wildlife Wars: Waterfowl Crisis
Duck hunting in the US.
8.00 Wildlife Wars: Wildlife Wars
The growing conflict between wild animals and the people who encroach upon their habitat.
9.00 Wildlife Wars: Bears Under Siege
A look at how game wardens and other wildlife officials thwart the illegal hunting of bears.
10.00 Mysterious World: Black Holes
Travel to the edge of space and beyond to discover everything about black holes.
11.00 Hunt for the Giant Bluefin
Actor John Heard leads an expedition to explore the threats posed to the giant blue fin tuna.
12midnight-1.00am
Explorer
A look at the unusual mating behaviour of sharks. Plus, an investigation into the curious relationship between rats and people in India.

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits
8.00 Spice Girls' Favourite Videos: Scary Spice
9.00 Spice Girls' Favourite Videos: Baby Spice
Emma Bunton's favourite videos.
10.00 Hit List UK
12noon News Weekend Edition
12.30pm Snowball 1999
1.00 Total Request
2.00 European Top 20
4.00 Select MTV
6.00 News Weekend Edition
6.30 Collexion: Robbie Williams
7.00 Brandy's Favourite Videos
9.00 Star Trax: Beastie Boys
The peaceful rappers choose their favourite songs.
9.30 News Weekend Edition
10.00 So 90s
10.30 MTV Live
11.00 Star Trax: Manic Street Preachers
The Welsh band choose their favourite songs, which includes Madonna's *Like a Virgin*.
12midnight The Late Lick
1.00am
Brandy's Favourite Videos
4.00-6.00am Night Videos

VHI
MUSIC & GAMES PACK

6.00am Breakfast in Bed 9.00 Pop-Up Video 10.00 Something for the Weekend 12noon Ten of the Best: Madonna 1.00pm Greatest Hits of... Wham! 1.30 Ed Sullivan 2.00 Clare Grogan 3.00 Talk Music 3.30 Storytellers – Hanson 4.00 Party in the Park 6.00 Pop Pin-Ups Weekend 8.00 The VH1 Album Chart Show 9.00 The Kate & Jono Show 10.00 Behind the Music 11.00 Around and Around 12midnight Soul Vibration 2.00am-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon River 12.30pm Reel World 1.00 Adventure Travels 1.30 Flavours of Italy 2.00 Gatherings 2.30 Wild Ireland 3.00 Tour of Britain 4.00 Alaska Alive 5.00 River 5.30 Holiday Maker 5.45 Holiday Maker 6.00 Flavours of Italy 6.30 Wild Ireland 7.00 Destinations 8.00 Go 2 8.30 Adventure Travels 9.00 Alaska Alive 10.00 Flavours of France 10.30 Holiday Maker 10.45 Holiday Maker 11.00 Guadeloupe 11.30-12midnight Reel World

UK STYLE
LIFESTYLE PACK

7.00am Wine World 7.30 Floyd's American Pie 8.00 Fat Man in France 8.30 Rick Stein's Taste of the Sea 9.00 Delia Smith's Winter Collection 9.30 Antiques Roadshow 10.30 Changing Rooms 11.00 The DIY Show 11.30 Going for a Song 12noon The Terrace 12.30pm Changing Rooms 1.00 Wine World 1.30 Floyd's American Pie 2.00 Fat Man in France 2.30-3.00pm Rick Stein's Taste of the Sea

UK ARENA
LIFESTYLE PACK

3.00pm The House 3.55 FILM: Rachel and the Stranger *1948*
5.35 The Impressionists
6.00 The First, The Last, My Everything
6.30 Arena 100
7.00 Reviews You Can Use
8.00 Arena People: Peter Sellers
9.00 Playhouse: Life Story
11.10 Marvin Gaye
12midnight The First, The Last, My Everything
12.30am Arena 100
1.00 Arena People: Peter Sellers
1.55-3.00am Reviews You Use

Sunday 21 March

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Charlie West Fishing 6.30 Rex Hunt 7.00 Fishing with Henry 7.30 Hometime 8.30 Home Savvy 9.00 Charlie West Fishing 9.30 Rex Hunt 10.00 Fishing with Henry 10.30 Hometime 11.30 Home Savvy 12noon New Yankee Workshop 12.30pm Routes 1.00 The Car Show 1.30 The Road Show 2.00 Hooked on Fishing 2.30 Two's Country 3.00-4.00pm Time Team

DISCOVERY
WORLD PACK

4.00pm Wings
Hugging the Deck
A chronicle of the McDonnell Douglas A4 Skyhawk, an invaluable fighter in war.

5.00 Flightline
Profile of the helicopter equivalent of a Ferrari.

5.30 Classic Trucks
The history of the commercial vehicle.

6.00 Zambezi Shark
A visit to the shallow murky waters along the shores of South Africa to see the predator Zambezi shark.

7.00
The Supernatural
God Bear of Kamchatka

7.30
Creatures Fantastic
Man Beasts

8.00
History's Mysteries
Noah's Ark

8.30
History's Mysteries
Pathway to the Gods

9.00 Flea Zone
Visit the bizarre world of fleas, including a look at the plausibility of flea circuses. Includes the world's first cat flea circus.

10.00 Ultimate Guide to Ants
A guide to the most organised insect in the animal kingdom.

11.00
Komodo Dragon
A scientific journey to remote Indonesian islands, the home of Komodo dragons.

12midnight
Discover Magazine
Money, Money, Money
Including a look at counterfeit notes and their detection.

1.00am-2.00am
Justice Files
Against Our Kids

CARTOON NETWORK
FAMILY PACK

5.00am Omer 5.30 The Magic Roundabout 6.00 The Tidings 6.30 Blinky Bill 7.00 Tabaluga 7.30 Sylvester and Tweety 8.00 The Powerpuff Girls 8.30 Animaniacs 9.00 Dexter's Laboratory 10.00 Cow and Chicken 10.30 I am Weasel 11.00 Beetlejuice 11.30 Tom and Jerry

12noon-9.00pm
Ed, Edd 'n' Eddy
A marathon stretch of back-to-back episodes of this cartoon about three adolescent friends growing up in suburbia.

Marilyn Monroe is uncovered in 'Giants of the Century: Stars and Glory'. The History Channel, 6.00pm

NICKELODEON
FAMILY PACK

7.00am Cryptkeeper 7.30 Brothers Flub 8.00 NickAlive including Sister Sister/Kenan & Kel/Sabrina the Teenage Witch 10.00 Rugrats 10.30 Hey Arnold! 11.00 Angry Beavers 11.30 CatDog 12noon Wild Thornberrys 12.30pm Rocko's Modern Life 1.00 Kablam! 1.30 The Ren & Stimpy Show 2.00 Clarissa Explains it All 2.30 Clarissa Explains it All

3.00 Kenan & Kel
The adventures of two funky friends.

3.30 Kenan & Kel
Two funky friends who are always up to no good.

4.00 Sister Sister
Tia and Tamera and their respective single parents all try to live together.

4.30 Sister Sister
More from the twin sisters.

5.00 Sabrina the Teenage Witch
Adolescent sorcery.

5.30 Sabrina the Teenage Witch
More adolescent sorcery.

6.00 Moesha 6.30-7.00pm Nick News

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
US comedy series.

7.30 Grace Under Fire
Grace Under Class

8.00 Ellen
When the Vow Breaks – Part II

8.30 Spin City
A River Runs through Me
With guest Raquel Welch.

9.00
Cheers Double Bill
Feeble Attraction

9.30 Cheers
Sam Ahoy

10.00 Taxi
Fantasy Borough – Part I
Starring Danny DeVito.

10.30 Taxi
Fantasy Borough – Part II
Quick-witted comedy.

11.00 Seinfeld
The Stranded

11.30 The Larry Sanders Show
NY or LA?
With guest Howard Stern.

12midnight Duckman
12.30am
We Know Where You Live
1.00 Comedy Store
1.30 Club Class
2.00 Dr Katz
2.30 Tibs and Fibs
3.00 Nightstand
3.30-4.00am
Abbott and Costello

FOX KIDS
FAMILY PACK

6.00am Dodo 6.05 Masked Rider 6.30 Beetleborgs Metallix 6.55 Power Rangers 7.45 X-Men 8.10 Ace Ventura 8.35 Mowgli 9.00 Goosebumps 9.50 Eek!Stravaganza 10.00 Donkey Kong Country 10.30 Sam and Max 10.40 Casper 10.50 Eek!Stravaganza 11.00 Life with Louie 11.25 Dennis and Gnasher 11.50 X-Men or Teenage Mutant Hero Turtles 1.55pm The Incredible Hulk 2.20 Iron Man 2.45 Fantastic Four

3.10 X-Men

3.30
Fox Kids X-Press
With Roy and Lisa.

3.35 Spiderman
Crime-fighting animation.

4.00 Goosebumps
Spine-tingling thrills.

4.25 Eerie, Indiana: The Other Dimension
Spooky series.

4.50 Casper

5.00
Dennis and Gnasher
The duo take on adults.

5.30 Ace Ventura
Animated adventures of the zany pet detective.

6.00
Donkey Kong Country
6.30 Eek!Stravaganza
6.55-7.00pm Oggy and the Cockroaches

SHOP!
LIFESTYLE/ SELECTION PACKs

12midnight Bargain Shop!
12.30am Shop! Selection
1.30 Spotlight on Sports
2.30 Junior Sports Store
3.00 Switched On
4.00 The Gold Collection
Stunning designs in white gold.
5.00 Y-Zone
Affordable items for teenagers.
6.00 Shop! Selection
7.00 Bargain Shop!
7.30 Shop! Feature
8.30 In the Garden
9.30 Do it Yourself
Featuring power tools from Bosch and Dremel.
10.00 Home Style
Ideas to improve your home for less than 50.
11.00 The Gift Store
Exclusive gift ideas from Beverly Hills Polo Club.
12noon Jewellery Box
1.00pm Bargain Shop!
1.30 On Screen
Make learning fun with this range of electronic activities.
2.30 Junior Sports Store
Puma special.
3.00 Sporting Brands
Clothing and footwear from the sporting business.
4.00 Branded!
5.00-6.00am
Shop! Selection

SKY SOAP
LIFESTYLE PACK

11.00am Emmerdale Farm
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm Emmerdale Farm
1.00 Emmerdale Farm
1.30 Albion Market
2.00 Albion Market
Will Jaz Sharma be convicted of manslaughter?
2.30 Albion Market
3.00 Albion Market
3.30-4.00pm Albion Market
The hairdressing salon is getting ready to open.

THE HISTORY CHANNEL
WORLD PACK

4.00pm Biography
Charlie Chaplin
NEW A look at this century's most brilliant comic mind.

6.00 Giants of the Century: Stars and Glory
A look at celebrities including Rudolph Valentino, Greta Garbo and Marilyn Monroe.

7.00-8.00pm
Saints and Sinners: Protest and Division
Looks at the notorious Pope Alexander Borgia.

CABLE CHECK
Some of the channels listed may not be available in your area

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Gola Sportswear at 9.00am.

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am BBC News 9.30 Seven Days 10.30 Science Review 11.10 Dateline London 12noon 12.30pm Chronicles 2.30 Seven Days 3.30 Science Review 4.15 Newsround 24 7.30 Correspondent 8.30 Face in the Crowd 9.30 Reporters 10.10 Dateline London 11.30 USA Direct 12.30am Simpson's World 2.30 USA Direct 3.00 News 3.30 Chronicles 4.00 News 4.30 Dateline London 5.00-6.00am BBC News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am World News 5.30 Global View 6.30 Business 7.30 Sport 8.30 Beat 9.30 Artclub 10.30 Sport 11.30 Earth Matters 12.30pm Diplomatic License 1.00 World Report 2.30 Inside Europe 3.30 Sport 4.30 Showbiz 5.00 Late Edition 6.30 Business Unusual 7.30 Inside 8.30 Pinnacle 9.30 Best of Insight 10.30 Sport 11.00 WorldView 11.30 Style 12midnight Today 12.30am Beat 1.30 Science 2.00 World Today 2.30 Artclub 3.00 CNN & Time 4.00 World News 4.30-5.00am Pinnacle Europe

SKY NEWS
NEWS & SPORT PACK

News on the hour, every hour, plus: 6.00am Sunrise 9.30 Fox Files 10.00 Sunday with Adam Boulton 11.30 The Book Show 1.30pm Fashion TV 2.30 Showbiz 3.30 Fox Files 4.30 Adam Boulton 5.00 Live at Five 7.30 Sportsline 8.30 The Book Show 9.30 Showbiz Weekly 10.00 Primetime 11.30 Week in Review 12.30am CBS Evening News 1.30 Sunday with Adam Boulton 2.30 Fox Files 3.30 The Book Show 4.30 Global Village 5.30-6.00am CBS Evening News

INTERNATIONAL

3SAT 6.00am Kulturgesprech 6.45 KunstStreifzge 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Lyrik fr Alle 8.15 Sir Colin Davis 9.45 Schrift-Typen 10.30 Hollywood 11.20 Der Siebte Dezember 12noon Zeit im Bild 12.05pm Wochenschau 12.30 Rckblende 12.45 Im Reich der Ewigen Dunkelheit 1.30 Dagmar Koller zu Gast Bei Karl Moik 1.55 Blick ins Land 2.10 Wenn Das Die Nachbarn Wflten 3.00 HITEC 3.30 Quo Vadis? 4.15 Tierportrt 4.30 Teletips vom Hausarzt 5.00 Tagebuch 5.15 Rundschau 6.00 Heute 6.10 Ruge neunzehnZehn 7.00 Tagesschau 7.15 China 8.15 Irgendwie Power Machen 9.50 Der Kommissar 10.50-12.20am Cagney and Lacey

TV5 5.00am Journal Télévisé 5.15 Journal des Journaux 6.00 Infos 6.05 Bus et Compagnie 7.00 Journal Télévisé 7.30 Mission Pirattak 8.00 Infos 8.05 Bus et Compagnie 9.00 Journal Télévisé 9.15 Rince ta Baignoire 10.00 Infos 10.05 Thalassa 11.00 Infos 11.05 Télécinéma 11.30 Journal Télévisé 12noon Infos 12.05pm Les Trains 1.00 Journal Télévisé 1.15 La carte au Trésor 3.00 Journal Télévisé 3.15 Questions 3.30 Kiosque 4.00 Infos 4.05 Kiosque 4.30 Questions pour un Champion 5.00 Journal Télévisé 5.15 Vivement Dimanche 7.00 Journal Télévisé 7.30 Journal Télévisé France Télévision et Le Journal du Temps 8.00 Infos 8.05 Faut pas Rêver 9.00 Journal Télévisé 9.15 Arnaqueuses 11.00-12midnight Journal Télévisé Suisse

ASIANET
ADD-ON CHANNEL
CABLE EXCLUSIVE

7.30am Sant Darshan 8.30 Bhaki Sagar 9.00 Dhyan Ki Lehren 10.00 Holy Qur'an 10.30 Jai Veer Hanuman 11.00 Dhur Ki Bani 11.30 Variety 12.30pm Pakistan 1.00 Business 1.30 FILM 4.00 BLP Oye 5.00 Spaghetti 5.30 Fut a Fut 6.00 Paltan 6.30 Aur Aap 7.00 Daal Mein Kala 7.30 Golmaal 8.00 Main Anari Tu Anari 8.30 FILM 11.30 News 12midnight Anari Tu Anari 12.30am Aur Aap 1.00 FILM 4.00 Indipop 4.30 Balcony 5.00 Fut a Fut 6.00 Chand Ghazlien 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Kya Scene Hai 6.30 Shabads 7.00 Faith 7.30 News 8.00 Business Report 8.30 Sitaron Ka Karwan 9.00 Tandoori Masala 9.30 Out and About 10.00 Mahabharat 11.00 Aap Ki Adalat 11.30 Health Show 12noon FILM: Mehfil 3.00pm KTC Sa Re Ga Ma 4.00 Zee and You 4.30 Sofia 5.30 Hadd Kar Di 6.00 Adhikar 7.00 Fairdeal Antakshari 8.00 News 8.30 Neeyat 9.00 FILM: Aar Ya Paar 12midnight News 12.30am World 1.00 Bangla TV 1.30 Parivartan 2.00 FILM: Hai Meri Jaan 5.00 Amar Kathayen 5.30-6.00am Sa Re Ga Na

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 The Sandfords 4.30 This is Your Day 5.00 Voice of Faith 5.30 Potters House 6.00 Praise the Lord 7.30 Taking Authority 8.00 Winning Ways 9.00 Life is for Living 9.30 In Touch 10.30-11.00am This is Your Day

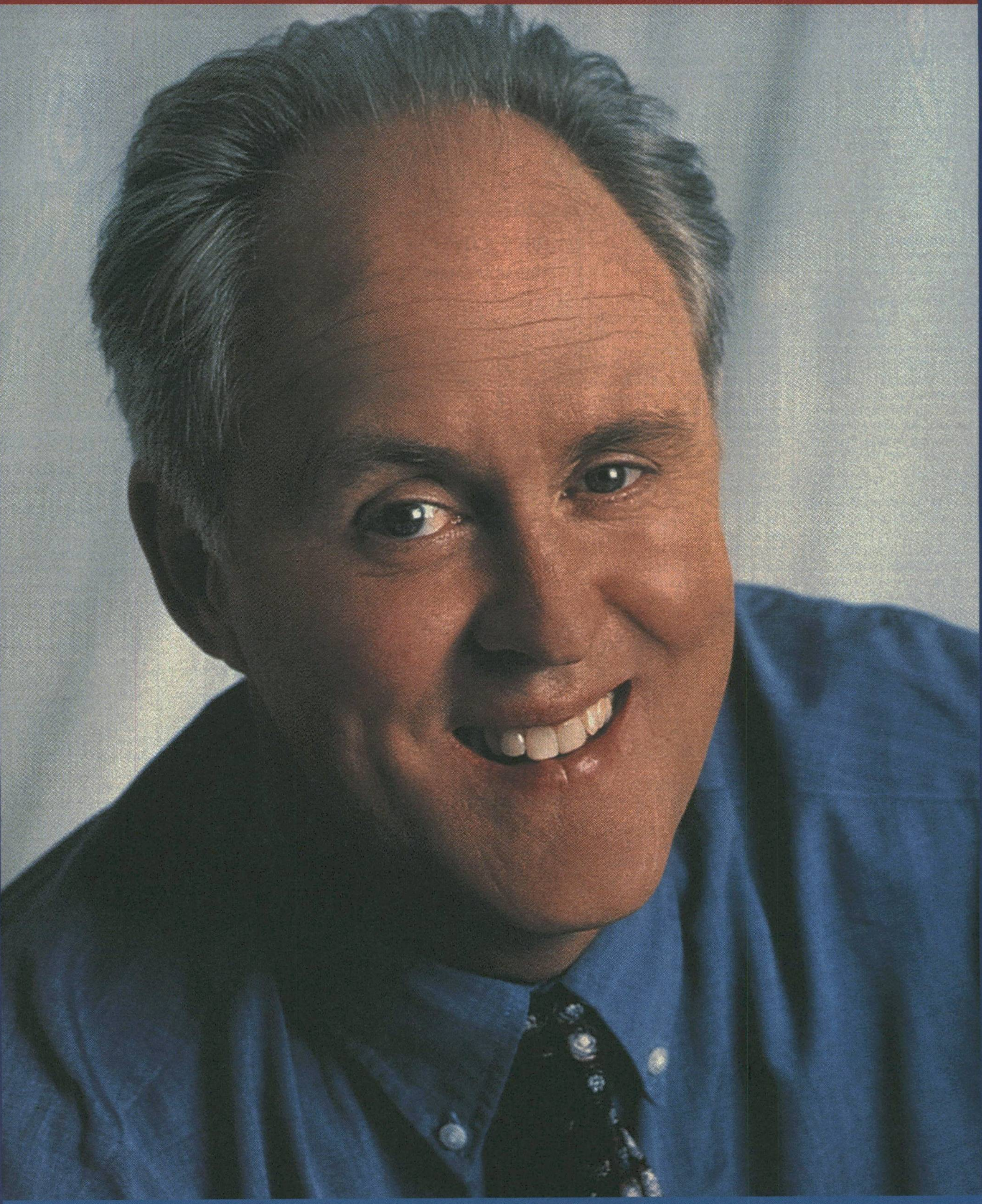
BLOOMBERG
WORLD PACK

Rolling business news with financial market reports every half hour, plus: 2.19am Technology Report 4.15pm Money 5.45am Roundtable

BBC PARLIAMENT
NEWS & SPORT PACK
CABLE EXCLUSIVE

5.30am Select Committees
11.00 Straight Talk
11.30 European Focus
12noon America This Week
3.00pm Scottish Lobby
3.30 Select Committees
11.30-12midnight Welsh Lobby

STAR OF THE MONTH JOHN LITHGOW



Background: Despite his hugely successful career in TV as Dick Solomon in *3rd Rock from the Sun*, Lithgow cut his teeth treading the boards. Born into a theatrical family – his dad was head of Princeton's McCarter Theater – Lithgow made his stage debut at the age of six when he appeared in *Henry V, Part 3.* Although his theatrical career has continued, it was his portrayal of transsexual Roberta Muldoon in the film *The World According to Garp* (1982) that brought success in the form of an Academy Award nomination and launched a prodigious career in film and TV.

Also seen in: *Terms of Endearment* (1983) and *The Pelican Brief* (1993).

Other talents: Aside from his considerable thesping abilities, Lithgow is a father of four, a writer of children's songs, an accomplished banjo and guitar player and a painter.

Watch out for: The film *Portofino* with Diane Wiest and the TV series *Don Quixote* with Bob Hoskins.

PHOTO: NBC

Monday 22 March

SKY PREMIER
PREMIUM CHANNEL

6.00am Amy
1981, rating Sky U, 96 mins
8.00 Hello Again
1987, rating Sky PG, 92 mins
10.00 Angels in the Attic
1997, rating Sky PG, 82 mins
12noon Amy
Jenny Agutter, Barry Newman
1981, rating Sky U, 96 mins
1.45pm Hello Again
Shelley Long, Judith Ivey
Comedy. A dead housewife is resurrected by her spiritualist sister. *1987, rating Sky PG, 92 mins*

3.30 The Barry Norman Interview: Richard Attenborough – Both Sides of the Camera

4.00 Angels in the Attic
Clayton Taylor, Steven Losack
Family adventure. A pair of kids find a stash of money in the attic of their apartment block and decide to hand it out to needy locals, dressed as angels. However, they find themselves in trouble when the bank robber who hid the money discovers what they have done with his loot.
1997, rating Sky PG, 82 mins

6.00
The 71st Academy Awards
Coverage of last night's Oscar ceremony hosted by Whoopi Goldberg. Find out whether Steven Spielberg's *Saving Private Ryan* has snatched the Best Picture award, or whether Terence Malick's war movie *The Thin Red Line* could steal the honours. Other films hoping to make the roll of honour include *The Truman Show, Buffalo 66, Elizabeth* and *Shakespeare in Love*. This year there are no surefire bets like *Titanic* last year which promises to lend a bit of suspense to the proceedings. Barry Norman covers all the awards and speeches, providing his opinion and on-the-spot analysis from an industry insider.

10.00 The Full Monty
Robert Carlyle, Tom Wilkinson, Mark Addy, Paul Barber
Bittersweet comedy. A group of unemployed steelworkers turn to stripping to make ends meet. However, to be a success they know that they have to go further than the conventional acts. Text
1997, rating Sky 15, 88 mins
11.35 Powder
Sean Patrick Flanery
Drama. Text *1995, rating Sky 12, 107 mins*
1.30am Feast of July
Ben Chaplin, Embeth Davidtz,
Drama. *1995, rating Sky 15, DS, 111 mins*
3.30-6.00am The Big Man
Liam Neeson, Joanne Whalley
1990, rating Sky 18, 111 mins

SKY MOVIEMAX
PREMIUM CHANNEL

7.00am Femmes Fatales: Uma Thurman 7.30 Movie Magic
8.15 Action Heroes: Andy Garcia
9.00 Roseanne: An Unauthorized Biography
Text *1994, rating Sky PG, 86 mins*
11.00 Something Borrowed, Something Blue
1997, rating Sky PG, 88 mins
1.00pm Femmes Fatales: Uma Thurman 1.30 Movie Magic
2.15 Action Heroes: Andy Garcia

3.00 Roseanne: An Unauthorized Biography
Denny Dillon, David Graf
Fact-based drama following the life of television comedienne Roseanne Barr. Running away from an abusive father, Roseanne takes her first steps to stardom on the stand-up comedy circuit, where she falls in love with comedian Tom Arnold. Text
1994, rating Sky PG, 86 mins

5.00 Something Borrowed, Something Blue
Connie Sellecca, Twiggy Lawson
Romantic drama. A woman and her best friends become the focus of a wedding magazine cover story. They are whisked off to Australia for a glamorous two week shoot, but some dark secrets look set to ruin their impending marriages. *1997, rating Sky PG, 88 mins*

7.00 A Fight for Justice
John Ritter, Tess Harper
Emotionally charged drama based on real events. A man caring for his terminally ill daughter is fired from his job, leaving the family facing financial ruin. In a bid to make such unfair dismissal illegal, father and daughter unite and take their fight all the way to Washington.
1996, rating Sky U, 87 mins

9.00
Stranger in the House
Michele Greene, Steve Railsback, Bruce Dinsmore
Thriller. A housewife decides to take her deceased mother's place in the company business. However, it soon transpires that her devious husband has something to hide, and together with his lover he plots to kill her.
1996, rating Sky 15, 91 mins

11.00 Showdown
Billy Blanks, Kenn Scott
Action movie. A school caretaker takes a new kid under his wing and teaches him how to defend himself against the school bully.
1993, rating Sky 18, 94 mins
12.40am Loverboy
1989, rating Sky 15, 92 mins
2.20 The Island of Dr Moreau
Text *1996, rating Sky 15, 94 mins*
4.00 The Addiction
Text *1997, rating Sky 18, 79 mins*
5.25-7.00am A Fight for Justice
1996, rating Sky U, 87 mins

Clint Eastwood stars in the classic spaghetti Western 'A Fistful of Dollars'. Sky Cinema 10.00pm

SKY CINEMA
PREMIUM CHANNEL

4.00pm
The Yellow Canary
Anna Neagle, Richard Greene
World War II thriller. An aristocrat sets sail for Canada after being ostracised for sympathising with the Nazis. On the boat she meets a Polish man who invites her to stay with him. However, on arrival, it transpires that all is not as it seems. *1944, rating Sky U, 94 mins*

6.00 Pony Soldier
Tyrone Power, Cameron Mitchell, Robert Horton
Western in which a Canadian Mountie has to escort a group of Indians back to their reservation. However, the perilous mission almost fails when two convicts captured by the Indians are released, and one of them kills the Indian chief's brother. *1952, rating Sky PG, 82 mins*

8.00 Catch-22
Alan Arkin, Richard Benjamin, Art Garfunkel, Martin Balsam, Orson Welles
Thriller adapted from the classic novel of the same name. During World War II, a conscript attempts to have himself declared insane in order to avoid further involvement in battle. Directed by Mike Nichols.
1970, rating Sky 15, 116 mins

10.00 A Fistful of Dollars
Clint Eastwood, Marianne Koch, Gian Maria Volonté, Mario Brega
Classic spaghetti Western based on Akira Kurosawa's *Yojimbo*. A mysterious gunfighter arrives in town, and offers his services to two feuding families. *1964, rating Sky 15, 96 mins*

11.40 The Bawdy Adventures of Tom Jones
Nicky Henson, Trevor Howard
Musical adventure. *1976, rating Sky 15, 89 mins*
1.15am The Rainbow
Sammi Davis, Paul McGann
Drama. *1988, rating Sky 15, 107 mins*
3.10-5.30am Gypsy
Rosalind Russell, Natalie Wood
Musical.*1962, rating Sky PG, 137 mins*

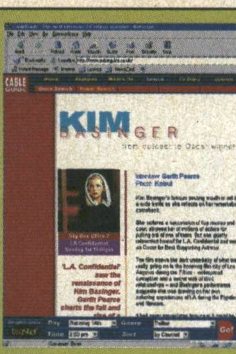
MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm MGM: When the Lion Roars – Part 3
Documentary about the most lavish of all the Hollywood studios, MGM. The programme includes classic clips, rarely-seen footage, and interviews with studio employees from designers to stars such as Freddie Bartholomew, Helen Hayes and Lillian Gish. Presented by Patrick Stewart.

11.00 The Postman Always Rings Twice
Lana Turner, John Garfield, Cecil Kellaway, Hume Cronyn
Classic film noir about an amoral drifter who gets involved with the frustrated young wife of the middle-aged roadhouse owner.
1946, 109 mins
1.15am Operation Crossbow
George Peppard, Tom Courtenay
War drama. *1965, 112 mins*
3.15-5.00am Demon Seed
Julie Christie, Fritz Weaver
Thriller. *1977, 91 mins*



CABLE GUIDE
KIM BASINGER
Interview: Garth Pearce
Photo: Kobal
'L.A. Confidential' saw the renaissance of Kim Basinger. Garth Pearce charts the fall and
Go!

Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you!
http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm
Sweet Smell of Success
Burt Lancaster, Tony Curtis, Susan Harrison
Drama about the power and destructive nature of the media. A columnist abuses his friendships to get stories for his column. *1957, 92 mins*

7.35 Syrup
Winner of the Short Film Jury Prize at Cannes.

8.00 The Madness of King George
Nigel Hawthorne, Helen Mirren, Rupert Everett, Amanda Donohoe, Rupert Graves
Multi-award-winning drama about King George III who, after 30 years on the throne, has begun to act very strangely. As his condition worsens he risks losing control of the country as well as his mind. *1994, 105 mins*

10.00 A Private Function
Maggie Smith, Denholm Elliot, Richard Griffiths, Michael Palin, Tony Haygarth, Liz Smith
Alan Bennett's hilarious drama set in a small town in Forties England about social climbing and contraband livestock.
1984, 92 mins

11.40 LA Takedown
Scott Plank, Michael Rooker
Drama about a cop who begins to like the leader of a gang of armed robbers he's tracking.
1989, 93 mins
1.15am Darkness in Tallin First
Milena Gulbe, Monika Mager
Comedy. *1993, 95 mins*
2.50-5.00am The Train
Burt Lancaster, Paul Schofield
Wartime thriller. *1964, 128 mins*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
FALLEN
Supernatural thriller starring Denzel Washington as a detective both hunting and hunted by an evil spirit demon. *1997, rating Sky 15, 120 mins*
PLAYS AT 12midnight, 2.30am

Sky Box Office 2
Channel 52
AMISTAD
Epic drama about slavery from Steven Spielberg. Starring Anthony Hopkins. *1997, rating Sky 15, 149 mins*
PLAYS AT 8.00am, 6.00pm, 9.00pm, 5.00am

Sky Box Office 3
Channel 53
FLUBBER
Robin Williams raises chaos in this comedy as an absent-minded professor. *1997, rating Sky U, 90 mins*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm

Sky Box Office 3
Channel 53
STARSHIP TROOPERS
Action-packed sci-fi movie starring Casper Van Dien and Denise Richards. *1997, rating Sky 18, 124 mins*
PLAYS AT 8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
THE BUTCHER BOY
Black comedy drama in which a young boy finds hope in a vivid fantasy life. Stars Eamonn Owens and Stephen Rea. *1997, Sky 15, 105 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions. Customers with a Videoway set-top-box must view all events on Channel 50.

Monday 22 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula
7.30 The Chris Evans Breakfast Show
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You Text
1.30 Jeopardy
2.00 Sally Jessy Raphael
Sally's Most Amazing Pets

3.00 Jenny Jones
Jenny, My Mate Has Got to Slow Down
Comedienne Jenny Jones hosts this entertaining and unpredictable talk show.

4.00 Guilty!
Guilty! is the talk show where, instead of just chatting on a sofa, guests resolve their problems in a courtroom with the help of a judge and jury.

5.00 Star Trek: Voyager
Sacred Ground
When Kes encounters trouble on an away mission, it is up to Janeway to do whatever she can to save her. Text

6.00 Guilty!
Too Fat to Be Happy
Presented by Carole Malone.

6.30 Friends
The One with a Chick and a Duck
Joey buys Chandler a pet. Text

7.00 The Simpsons
You Only Move Twice
The Simpsons relocate. Text

7.30 The Simpsons
A Milhouse Divided
Milhouse's parents divorce. Text

8.00 Star Trek: Deep Space Nine
Valiant
Jake and Nog are rescued by an elite group of Starfleet cadets on a secret mission. Text

9.00 First Wave
Breeding Ground
Science fiction drama. Foster investigates when a bullied pupil sets fire to her tormentor's jacket – using only her mind.

10.00 Seinfeld
The Finale – Parts I & II
In this final episode of the series, Jerry, George, Elaine and Kramer are arrested for their callous indifference to a car-jacking victim.

11.00 Friends
The One with a Chick and a Duck
Joey buys Chandler a pet. Text

11.30 Star Trek: Voyager
Sacred Ground
Trouble for Kes. Text

12.30am The Commish
In the Shadows
1.30-6.00am Long Play
Music all through the night.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 Pride and Prejudice
10.30 Rhoda
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Bugs
2.00 Dallas
2.55 The Bill
Things That Go Bump in the Night

3.25 The Bill
Square Peg, Round Hole
A cut from a needle means Boulton needs an HIV test.

3.55 EastEnders
Arthur is worried about the floral display competition, and Sharon must decide her future.

4.30 Rhoda
A Federal Case
Love arrives for Brenda.

5.00 All Creatures Great and Small
Where Sheep May Safely Graze
Alfred, the beloved cat of local confectioner Geoff Hatfield, falls ill, and James cannot find the cause.

6.00 Dynasty
Fathers and Sons
Steven returns to Denver for an emotional reunion, and is introduced to his brother Adam and son Danny.

7.00 Ever Decreasing Circles
Richard Briers stars in this sitcom of domestic disharmony in suburbia.

7.40 Dad's Army
The Miser's Hoard
Mainwaring plots to get Frazer's hoard of gold into his bank.

8.20 The Brittas Empire
The Disappearing Act
Colin's magic act misfires.

9.00 Casualty
Always on My Mind
Jack has a crisis of confidence, and Charlie picks up the pieces. A teenage girl shares her drugs, with unexpected results.

10.05 Silent Witness
Darkness Visible – Part I
Drama series about a forensic pathologist. In the first of a two-part story, Dr Sam Ryan has to unravel the history of a brutal death in a police cell and a possible cover-up. Then old flame Liam turns up to disrupt her home life as well.

12midnight The Bill
Things that Go Bump in the Night
12.30am The Bill
1.00 Blackadder Goes Forth
Plan B – Corporal Punishment
1.35 French and Saunders
2.05-3.00am Dangerfield

LIVING
LIFESTYLE PACK

6.00am Tiny and Crew
9.00 Special Babies
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 Brookside
12.10pm Through the Keyhole
12.40 Rescue 911
1.10 Beyond Belief
Anthology mystery series.
1.40 Maury Povich
2.30 Special Babies

3.00 Living Room
An upbeat magazine show, with human interest stories, celebrity interviews, and fashion and beauty makeovers.

3.50 Michael Cole
Talk show in which the one-time director of public affairs for Harrods tackles sensational subjects with a studio audience.

4.40 Through the Keyhole

5.10 The Heat is On

5.40 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock.

6.15 The Jerry Springer Show
More outrageous encounters and confessions from America's king of confrontational TV.

7.05 Rescue 911
William Shatner presents real-life rescues by emergency services.

7.35 Animal Rescue
More animal casualities come in for emergency treatment.

8.00 LA Law
Drama series from the US about a group of young, hotshot lawyers working for a California legal firm. With Susan Dey.

9.00 FILM: The Substitute Wife
Farrah Fawcett, Lea Thompson, Peter Weller
Drama, set in 19th-century Nebraska, about a woman stricken with a fatal illness who decides to find a replacement wife and mother for her family. The only suitable candidate she can produce is a prostitute looking for a fresh start. *1994*

11.00-12midnight The Sex Files II
Rock and Roll
Katrina Buchanan talks to sex therapist Patrick Keely, plus a look at sexy lingerie.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 Holding the Fort 7.30 The Odd Couple 8.00 Families 8.30 The Many Wives of Patrick 9.00 Classic Coronation Street
9.30 Emmerdale 10.00 Upstairs, Downstairs 11.00 The Gentle Touch 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 The Many Wives of Patrick 1.30 Me and My Girl
2.00 Upstairs, Downstairs

3.00 The Love Boat
Lonely at the Top
A clergyman takes six orphaned kids on an Xmas cruise, and an unhappy couple discover their need for each other.

4.00 The Professionals
Backtrack
Burglar Sam Blaydon is killed for seeing too much – so Bodie and Doyle take to his trade at an embassy with a sinister secret.

5.00 Hart to Hart
Year of the Dog
The Harts' lives are at stake when a valuable ancient jade carving leads them into the heart of mysterious Macao.

6.00 Emmerdale
Kim invites Aindow for a meal for two, and Frank takes up spying.

6.30 Classic Coronation Street
Bet's in the headlines.

7.00 The Professionals
The Madness Of Mickey Hamilton
A killer without a cause taxes CI5 when a series of hospitals are attacked and a convention is rigged with explosives.

8.00 The Benny Hill Show
Comedian Benny Hill stars in a series of slapstick sketches, featuring a host of quirky characters, guest stars and a bevy of beauties.

9.00 The Sweeney
Supersnout
Seventies police drama.

10.00 Hale and Pace

10.30-11.00pm Wheeltappers' & Shunters' Social Club

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Rally World
Eric Michell presents rally action from around the globe.

11.30 The Power House
Motoring series which looks at modified cars.

12midnight 2 Wheels
Biking magazine programme.
12.30am Motor Week
1.00 Through the Gears
1.30-2.00am 4 Wheels Good
Presented by Diana Binks, Ian Royle and John Stanley.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof Troop 8.25 Toons 8.45 Winnie 9.00 Spot 9.05 Animal Shelf 9.15 Pocket Dragons 9.30 Bear 9.55 Toothbrush Family 10.00 Bite Size 10.10 Rosie and Jim 10.30 Big Garage 10.45 PB and J Otter 11.00 Sesame St 12noon Spot 12.05pm Animal Shelf 12.15 Pocket Dragons 12.30 Bear 12.55 Toothbrush Family 1.00 Bite Size 1.10 Rosie and Jim 1.30 Big Garage 1.45 PB and J Otter 2.00 2.30 Quack Pack

3.00 The Little Mermaid
The undersea adventures of Ariel and her friends. Text

3.30 Art Attack
The show that proves that anyone can be an artist. Text

4.00 101 Dalmatians
Canine capers and daring doggy deeds make for frantic fun. Text

4.30 Hercules: The TV Show
Hercules and the Prince of Thrace Text

5.00 Recess
Animation *a la Rugrats*. Text

5.15 Pepper Ann
The perils of teendom. Text

5.30 Smart Guy
Being smart isn't easy. Text

6.00 Teen Angel
Back to De Polo
Marty takes up time travel. Text

6.30 Boy Meets World
Heartbreak Cory
Cory meets a new girl. Text

7.00 FILM: You Lucky Dog
Kirk Cameron, James Avery
Family comedy. When dog psychic Jack Morgan treats the inappropriately named pooch Lucky for depression he has no idea that his treatment will land him in the doghouse! *1998* Text

8.25 Honey, I Shrunk the Kids: The TV Show
Honey, You're So Transparent
Amy becomes invisible. Text

9.10 Double Dinosaurs
Based on an idea by Jim Henson, this series takes an unusual view of problems, using puppetry and animatronics. Text

10.00 Home Improvement

10.30 The Wonder Years
The Wedding Text

11.00-12midnight Touched by an Angel

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

MONDAY CONTINUES OVERLEAF...

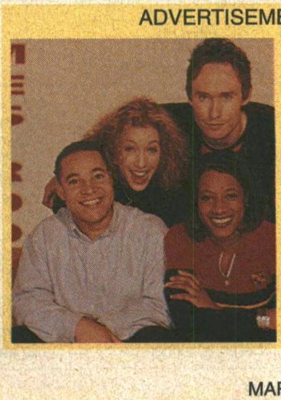
6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

CABLE CHOICE

FILM
Catch-22
Sky Cinema 8.00pm
Joseph Heller's novel is brought to the screen with a lavish budget and big-name cast, including Alan Arkin, Orson Welles and Anthony Perkins. The film explores the madness of army life through Arkin's WW II soldier, whose major concern is avoiding the horrors of combat.

GENERAL
Seinfeld
Sky One 10.00pm
Jerry Seinfeld reportedly turned down $5 million an episode for a tenth season of this very New York comedy. The details of this last ever episode were kept top secret and the show was watched by a staggering 76 million Americans.

ADVERTISEMENT



THE GAMES ROOM FROM 5.00PM

Tonight's the night on Challenge TV! Three lucky viewers will be in *The Games Room* playing for the week's star prize on The Jackpot. You too can have the chance to appear by simply phoning in and entering one of our competitions.

Monday 22 March

6.00 AM · MORNING · 3.00 PM · 4.00 PM · 5.00 PM · 6.00 PM · 7.00 PM · 8.00 PM · 9.00 PM · 10.00 PM · 11.00 PM · 12.00 · NIGHT TIME

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

7.30am Motocross
8.00 Short Track Speed Skating
9.00 Cross-Country Skiing
10.30 Cart
12noon Speed Skiing
12.30pm Ski Jumping Coverage of the World Cup in Planica, Slovenia.
1.30 Cross Country Skiing Action from the World Cup in Oslo, Norway.
2.30 Tennis Highlights of the ATP Tour's Mercedes Super 9 Tournament in Key Biscayne, Florida.
4.00 Tennis – LIVE Up-to-the-minute action from the WTA Tournament in Key Biscane, USA.
5.30 Sleddog Action from The Yukon Quest, the biggest long distance race of the year in Fairbanks, Alaska.
6.00 Figure Skating – LIVE A look back at the World Figure Skating Championships in Helsinki, Finland.
9.00 Tennis Recorded highlights of the ATP Tour's Mercedes Super 9 Tournament in Key Biscayne, Florida.
10.00 Eurogoals All the best goals from the European leagues.
11.30 FIA World Rally Championship in Portugal Coverage of the rally that climaxes in Great Britain.
12midnight-12.30am Motocross Coverage of the World Championship in Talavera de la Reina, Spain.

SKY SPORTS 1
PREMIUM CHANNEL

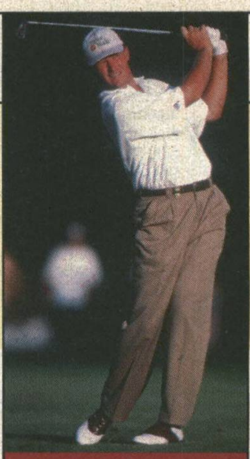
7.00am Max Power
8.00 Scottish Football
9.00 Racing News
9.30 Aerobics Oz Style
10.00 Snow Show
10.30 Worthington Cup Final *Repeat from Sunday*
12noon Aerobics Oz Style
12.30pm What a Weekend
1.00 Ford Football Special: Aston Villa v Chelsea
2.30 Spanish Football Action from a top match in the Spanish top flight. Is this season's championship to be a two horse race or can a team like Celta Vigo or Valencia break the stranglehold of Barcelona and Real Madrid? *Repeat from Saturday*
4.30 Powerboat and Jetsport World Action from the offshore circuit around the world.
5.00 Max Power This high-speed series features material from around the world, including both two and four-wheel motor sports.
6.00 Sky Sports Centre The latest news and views.
6.30 What a Weekend A look back at the weekend's action.
7.00 Football League Review A look at all of the action from the Nationwide League with every goal scored.
8.00 Ford Monday Night Football Special Richard Keys presents the latest action from teams in the Premier League as the championship race hots up and the relegation dogfights continue.
10.00 Sky Sports Centre
10.15 You're On Sky Sports! The show that allows the fans to vent their spleens.
11.00 Football League Review A blow-by-blow account of all the recent Nationwide League action, including every goal scored.
12midnight Sky Sports Centre
12.15am You're On Sky Sports!
1.00 Ford Monday Night Football Special
3.00 Football League Review
4.00-4.15am Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style
7.30 Racing News
8.00 Ford Golf USA: Bay Hill Invitational
11.00 Euro Tour Golf: Moroccan Open
1.00pm World Wide Rugby: Super 12s Action from Rugby Union's Super 12s Tournament involving Australasian clubs.
2.30 Moto-Plus
3.00 Super League: St Helens v Gateshead Highlights from the JJB Superleague clash between St Helens and Gateshead. Presented by Eddie Hemmings and Mike Stephenson. *Repeat from Sunday*
5.00 Football League Review Goals galore with a rerun of every ball hitting the back of the net in the Nationwide League.
6.00 Powerboat and Jetsport World Action from America, Asia, Africa and Europe.
6.30 V-Max High-speed action.
7.00 World Motor Sport Fast-paced coverage from the circuit where all the latest news and views are tracked. From the frantic pace of the Indy Racing League, to the never-say-die approach of the Nascar series, World Motor Sport features every lap from every track. The programme also includes features on the key movers and shakers in the race world. In addition, viewers can gain an insight into life behind the wheel from the men who smash the records and thrill the crowds.
10.30 V-Max Non-stop high-speed action over land and sea.
11.00 Totalsport The programme that showcases all sides of the sporting world.
11.30 Powerboat and Jetsport World
12midnight International Bowls: Australia v England Action from the Doubles phase of the second test.
2.00am-2.15am Sky Sports Centre Catch up with the latest news and views.

SKY SPORTS 3
PREMIUM CHANNEL

12noon Basketball
2.00pm Snow Show The leisure sport and travel show that visits winter resorts around the world.
2.30 What a Weekend Catch up with all the major developments from the weekend's action-packed sporting programme, from the Premiership goals to the knockouts in the ring.
3.00 Ford Golf USA: Bay Hill Invitational Action from the breathtaking fairways of the Bay Hill Lodge and Country Club as the action reaches a climax on day four of the $2.5million Bay Hill Invitational. It's a battle of nerves as the remaining players edge closer to a victory which will provide a boost to their world rankings, not to mention their bank balance. *Repeat from Sky Sports 2*
6.00 Snow Show Focussing on skiing and snowboarding.
6.30 Totalsport Presenting the most extreme sporting action.
7.00 Fish TV: Tony Dean Outdoors Presented by Tony Dean.
7.30 Fish TV: Gone Fishing Join host Graham Sinclair.
8.00 International Bowls: Australia v England Action from the Doubles phase of the bowls second Test between Australia and visitors England.
10.00 Shell's Wonderful World of Golf: Boros/Beard/Trevino Golfing action from the archives.
11.00-11.30pm A to Z of Motorsport A look back at classic footage from the archives.



South African Ernie Els returns to defend his title at the Bay Hill Invitational. Sky Sports 3 3.00pm

MUTV
ADD-ON CHANNEL

6.00pm Game On
6.15 The Insiders Meet the unsung heroes from Old Trafford.
6.30 Kids Clinic A revision class.
7.00 Red Hot News The show that rounds-up all the latest developments.
7.30 Red Legends Past household names are tracked down.
8.00 Super Match – Premier Classic: Newcastle United v Manchester United Classic action from 1996.
8.55 Red Hot Update
9.00 Super Match – Premier Classic: Newcastle United v Manchester United Continued action from the 1996 Premiership title race.
10.00 Talk of the Devils Journalists and fans debate the latest developments.
10.45 Junior Masterfan Quiz show.
11.15 Jump 'n' Pump MUTV's energetic enthusiasts put viewers through their paces.
11.30-12midnight Red Hot News All the latest developments from one of the world's biggest football clubs.

SCI-FI
ACTION PACK

7.30am Bloomberg Television 8.00 Sightings 9.00 Battlestar Galactica 10.00 Quantum Leap 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon Twilight Zone 1.00pm Tales of the Unexpected 1.30 Tales of the Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles
3.00 Battlestar Galactica *Galactica Discovers Earth* After a 30 year search, the *Battlestar Galactica* has found earth.
4.00 The Incredible Hulk *Between a Rock and a Hard Place* Banner tries to reverse the effects of his experiment.
5.00 Sightings *The Living Dead* Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.
6.00 Time Trax *The Dream Team* Darien protects a streetwise priest from a futuristic killer.
7.00 Quantum Leap *Blood Moon* It is 10 March 1975, and Sam beams into the body of Nigel Covington – in a coffin.
8.00 The Cape *Family Values* Drama series set on a NASA base. Riles is shocked to meet the son he never knew he had.
9.00 Babylon 5 *The Geometry of Shadows* Londo hears a bizarre prophecy that will affect the galaxy from a wizard and Ivanova is promoted.
10.00 FILM: Gamera – The Guardian of the Universe *Yonemori Yoshinari, Naoya Kusanagi, Asagi Kusanagi, Mayumi Nagamine* A secret convoy in the Pacific encounters a mysterious, moving island.
11.45 Sci-Focus Special Going behind the scenes.
12midnight VR.5 *Sisters*
1.00am FILM: Creepshow Horror. 1982
3.00 Dark Shadows
3.30-4.00am Dark Shadows Cursed to live forever as a vampire, Collins haunts his descendants to this day.

ITV2
ACCESS PACK

4.00pm Trisha
5.00 The Mix A weekly rundown of charts, gossip and interviews, presented by Shovell.
6.00 NBA 99 Basketball magazine.
6.30 Bedrock An hour of fun with celebrity guests, music and webcams.
7.30 Wide Angle Katie Derham looks at the week's news, and how it has been covered by the media.
8.00 Loved by You *Virtual Reality* A virtual reality experience with supermodel Caprice who persuades Michael to invest in a computer system.
8.30 Maggie Winters American sitcom about a woman who returns to her small-town roots when her big-city dreams go bust. With Faith Ford, Shirley Knight, Alex Kapp Horner, Jenny Robertson and Brian Haley.
9.00 ITV2's Great Detectives: Inspector Morse John Thaw and Kevin Whately both star in this classic police drama series. Features Colin Dexter's enigmatic chief inspector and his sidekick Sergeant Lewis.
11.00 Coronation Street Back-to-back episodes of the Manchester soap from yesterday and today on ITV.
12midnight-2.00am Feature

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View
12.10am Eurochicks
12.20 .... and Muttley
12.45 FILM: ...man 4
2.00 Sorority Sex Kittens
2.25 FILM: LA Topless Adult drama.
3.40 Marion
4.10-5.30am FILM: Cheerleader Nurses

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Gay Night: Man Hunt in Ibiza 12.10am Gay Night 12.20 Gay Night: Man Hunt in Ibiza 12.35 Gay Night: New Recruits – Just 18 1.30 Gay Night 1.40 Gay Night: Exhibition 2.35 Gay Night 2.45-4.00am Gay Night: FILM: Love Bites

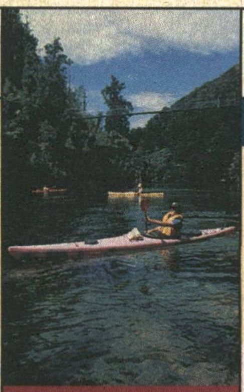
Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Desert Steel *David Naughton* Action adventure.
9.35 FILM: Squanderers *Chad McQueen, Don Swayze, Jo Estevez* Action adventure.
11.15-12midnight Classic Wets – Dartford '92 – Semi-Final Classic moments in Miss Wet T-shirt history.

Monday 22 March



Adventure and activity are a normal part of life in 'Go 2: New Zealand'. Travel 4.00pm, 8.30pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm The Games Room
5.15 Cross Wits
Hosted by Tom O'Connor.
5.45 The Games Room
6.00 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.30 The Games Room
6.45 Catchphrase
Hi-tech quiz show.
7.15 The Games Room
7.25 100 Per Cent
General knowledge quiz.
7.55 The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and fiendish challenges in a giant fantasy world.
9.00 The Games Room
9.15 Strike it Lucky
Madcap gameshow.
9.45 The Games Room
10.00 Candid Camera
10.30 Karaoke Challenge
South Shields
Jonathan Morris hosts the sing-along competition.
11.00 Carnal Knowledge
Contestants reveal their most intimate sexy secrets to hosts Graham Norton and Maria McErlane.
12midnight Strike it Lucky 12.30am Split Second 1.00 3-2-1 2.00 Love at First Sight 2.30 Studs 3.00 Simply Irresistible 3.30 Blockbusters 4.00 Fifteen to One 4.30 Don't Drink the Water 5.00-5.30am Shopping with Screenshop

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 The Why Files 7.30 The Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 The Why Files 9.30 Indecent Proposals 10.00 Agony 10.30 The Fashion Show 11.00 Judge Judy 11.30 Mind Games 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 The Fashion Show 2.00 Judge Judy 2.30 Mind Games
3.00 Agony
Advice for those with relationship problems.
3.30 Lie Detector
Unmasking deceit using modern methods.
4.00 Indecent Proposals
Cash for embarrassment.
4.30 Judge Judy
Another case solved by the American Judge.
5.00 Agony
Advice for troubled souls.
5.30 The Why Files
Psychic investigators in search of the weird and the spooky.
6.00 The Fashion Show
A look at the headlines among the hemlines.
6.30 Indecent Proposals
7.00 Sport at Seven: Women's Wrestling
Another grappling bout from the ring.
8.00 The Why Files
Psychic investigators in search of the weird and the spooky.
8.30 Judge Judy
Another case is solved.
9.00 Lie Detector
Unmasking deceit.
9.30 Mind Games
9.57 Topless Darts
More sharp and shapely dart throwing.
10.00 Love Street
American erotic series.
10.30 Exotica Erotica
Late-night TV for adults.
11.30 Blue Review
Sexy videos reviewed.
11.45 Painted Ladies
11.57 Topless Darts
Shapely dart throwing.
12midnight Love Street 12.30am Private Dancer 12.45 Pleasure Dome 1.00 Exotica Erotica 2.00 Orgasmatron 2.15 Janeycam 2.30 Love Street 3.00 Agony 3.30 The Why Files 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation L!ve

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Food Network 9.30 Kitchen College 10.00 Restaurant Show 10.30 First Taste 11.00 Worrall Thompson 11.30 Ideal Home Cooks 12noon Nordic Network 12.30pm Nordic Nosh 1.00 Kitchen College 1.30 Tessa's Tastebuds 2.00 Ed Baines 2.30 Network 3.00 Cooked in a Flash 3.30 Ideal Home for Cooks 4.00 Ross in Thailand 4.30-5.00pm Gordon Ramsay's Passion for Flavour

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm What's Cooking?
Culinary gameshow presented by Bill Dodd.
5.30 Gridlock
Word puzzles quiz.
6.00 My Two Wives
Anniversary
Sitcom about an Australian lawyer's unconventional living arrangements.
6.30 Our House
7.00 Shine on, Harvey Moon
A Party Line
Comedy drama set in the late Forties. Harvey Moon enters the political arena.
8.00 Birds of a Feather
Not in My Back Yard
Classic sitcom.
8.30 A Kind of Living
Stars Frances de la Tour.
9.00 The Ruth Rendell Mysteries: The Speaker of Mandarin
Final part of this murder mystery starring George Baker and Annette Crosbie.
10.00 Big Sky
Friends in High Places
Adventure series. The pilots search for a woman carrying important photographic evidence.
11.00 Hill Street Blues
Eighties American police drama series set in a tough urban area, with human-interest storylines.
12midnight My Two Wives
Anniversary
12.30am-1.00am Gridlock
Fast-paced gameshow hosted by Simon Biagi.

ANIMAL PLANET
WORLD PACK

12noon The New Adventures of Black Beauty
12.30pm Hollywood Safari
Bernice and Clyde
1.30 Crocodile Hunter
Sleeping with Crocodiles
2.00 It's a Vet's Life
John Baxter visits a Crufts-type competition for smaller animals.
2.30 Human/Nature
Reporters travel the world charting man's relationships with animals and the elements.
3.30 Harry's Practice
A look at the work of vet Harry Cooper.
4.00 Jack Hanna's Animal Adventures
A Day in Queen Elizabeth National Park
4.30 Animal Doctor
Behind-the-scenes drama.
5.00 Pet Rescue
Wendy Turner and Mark Evans follow the fortunes of abandoned animals.
5.30 Crocodile Hunter
Suburban Killers
6.00 The New Adventures of Black Beauty
Children's drama series.
6.30 Lassie
That Boy and Girl Thing
7.00 Rediscovery of the World
Cuba: Waters of Destiny
Jacques Cousteau and the team explore the waters around Cuba.
8.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
8.30 Going Wild with Jeff Corwin
Searches for the polecat.
9.00 Wild at Heart – Mountain Gorillas
Documentary series.
9.30 Emergency Vets
Stories from Alameda East Veterinary hospital.
10.00 Deadly Season
Documentary revealing the animals' struggle to survive during the driest season ever recorded in the Kruger National Park.
11.00 Breed All About It
German Shepherds
11.30-12midnight Emergency Vets
More animal stories.

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Doctors to Be 7.50 The Great Egg Race 8.30 Vanessa 9.30 Esther 10.00 Vets in Practice 10.30 Lion Country 11.00 Full Circle with Michael Palin 12noon Penguins in and out of Water 1.00pm The Day the Universe Changed 2.00 From A to B – Tales of Modern Motoring
3.00 Plastic Fantastic
Follows the progress of a woman who undergoes a breast augmentation operation.
3.30 Esther
4.00 Vanessa
Vanessa Feltz tackles real-life issues.
5.00 Rolf's Amazing World of Animals
Family entertainment show.
5.30 Lion Country
A daily look at life at Longleat stately home.
6.00 Savagery and the American Indian
The first of two programmes examining the fate of the American Indian.
7.00 Night Terrors
How one in fifty adults in Britain are affected.
7.30 The Body in Question
Heart of the Matter
8.00 Where Lemmings Dare
Profiles the Lemming.
8.30 Zoo's Company
Carnivores And Their Keepers
9.00 Prohibition: 13 Years That Changed America
The Roaring Twenties
Documents the real-life gangsters of the Twenties.
10.00 The Clampers
Mike Greenidge spots a fraudulent business permit.
10.30 Back to the Floor
A Class Apart
11.00 Robot Wars
Gameshow in which robots face a series of challenges.
11.30 The Power and the Glory
The Revolutionaries
12midnight-12.30am Sam Giancana – The Gangster Who Dreamed
The story of Al Capone's hitman is told in full.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Psychic Livetime 7.00 Astrology Livetime 8.00 E! Celebrity Profile 9.00 Restaurant Recipes 9.30 Healthbeat 10.00 The View 11.00 The Pet Show 11.30 Gorgeous Gardens 12noon The Montel Williams Show 1.00pm Agony Livetime 2.00 The View
3.00 Agony Livetime
Live interactive magazine show in which viewers put questions to celebrity guests and leading experts.
4.00 The Montel Williams Show
Mom, Tone Down Your Looks
US chat show.
5.00 Club Vegetarian
Susan Brookes visits the Vegetarian Society.
5.30-6.00pm Gorgeous Gardens

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Mystery of the Whale Lagoon
Discover Mexico's arid Baja California coastline.
7.30 Route 66: The Mother Road
8.00 The Harem of an Ethiopian Baboon
Documentary following the Geladas baboons in the highlands of Ethiopia during a four-day period.
9.00 Spirit of the Sound
Documents Puget Sound, America's largest estuary and home to an array of fish and wildlife.
10.00 Lost Worlds: Pompeii
Explore this once great city, which was buried under the volcanic ash of Vesuvius.
11.00 Lost Worlds: Mystery of the Neanderthals
11.30 Lost Worlds: Clues to the Past
Discover a lost city.
12midnight-1.00am On the Edge: Tsunami – Killer Wave
Documents this feared natural disaster, which has been causing havoc for thousands of years.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits
9.00 Bytesize MTV
The best of MTV packed into one-minute clips.
11.00 brand:new
Zane Lowe takes you through this week's hot new releases, plus interviews.
12noon Mad 4 Hits
Including *Live Spot.*
2.00pm US Top 20
3.00 Bytesize MTV Pop
4.00 Select MTV
Make MTV your personal video jukebox.
6.00 Bytesize MTV
7.00 brand:new
8.00 Hit List UK
UK chart rundown.
9.00 News Daily Edition
9.30 Say What?
10.00 The Verve Northern Souls
10.30 UK Singled Out
Dating gameshow.
11.00 Mad 4 Hits
12midnight Superock
1.00am The Verve Northern Souls
10.30pm UK Singled Out
3.00am-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 Upbeat 12noon Ten of the Best: Jimmy Nail 1.00pm Greatest Hits of... REM 1.30 Pop-Up Video 2.00 Jukebox 5.00 Five@Five 5.30 Pop-Up Video 6.00 Happy Hour 7.00 Hits 8.00 Album Chart Show 9.00 Bob Mills' Big 80's 10.00 Paul Weller Uncut 11.00 Ed Sullivan's Rock 'n' Roll Classics: Groovy Sounds 11.30 Talk Music 12midnight Country 1.00am American Classic 2.00-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Tread the Med 12.30pm Flying Sofa 1.00 Holiday Maker 1.15 Holiday Maker 1.30 Floyd on Oz 2.00 Italy 2.30 An Australian Odyssey 3.00 Antarctica Alive 4.00 Go 2 4.30 Across the Line 5.00 Cities of the World 5.30 Pathfinders 6.00 Floyd on Oz 6.30 On Tour 7.00 Tread the Med 7.30 Flying Sofa 8.00 Travel Live 8.30 Go 2 9.00 Antarctica Alive 10.00 An Australian Odyssey 10.30 Across the Line 11.00 On Tour 11.30-12midnight Pathfinders

UK STYLE
LIFESTYLE PACK

7.00am Gluck, Gluck, Gluck 7.30 Changing Rooms 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Style Challenge 9.30 Change That 10.00 Antiques Roadshow 11.00 Gardeners' World 11.30 The Terrace 12noon Can't Cook, Won't Cook 12.30pm Style Challenge 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Fat Man in France 2.30 Geoff Hamilton – A Man and His Garden 3.00 Stefan's Garden Roadshow 3.30 Can Ski... Will Ski! 4.00 The House Detectives 4.30 Antiques Roadshow 5.30 Can't Cook, Won't Cook 6.00 Wilderness Walks 6.30 The Air Show 7.00 Antiques Roadshow 8.00 Style Challenge 8.30 Change That 9.00 Delia Smith's Winter Collection 9.30 Celebrity Ready, Steady, Cook 10.00 Antiques Roadshow 11.00 Gardeners' World 11.30 Growing Places 12midnight Gardening Neighbours 12.30am-1.00am Travel Xpress

Monday 22 March

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Today's Gourmet 6.30 Yan Can Cook 7.00 Homemaker 7.30 Period Rooms 8.00 Wedding Story 8.30 A Baby Story 9.00 Simply Painting 9.30 Great Gardening Plot 10.00 Instant Gardens 10.30 Two's Country Cooking 11.00 The Diceman 11.30 Rex Hunt's Fishing Adventures 12noon Our House Down Under 12.30pm Antiques Trail 1.00 Our House 1.30 Home Savvy 2.00 New Yankee Workshop 2.30 Home Again 3.00 This Old House 3.30-4.00pm Charlie West

DISCOVERY
WORLD PACK

4.00pm Rex Hunt's Fishing Adventures
Port Hacking
More fishing tips.

4.30 The Car Show
With Mariella Frostrup.

5.00 Hitler-Stalin Dangerous Liaisons
Reveals how, through secret files, the German imperial army helped Lenin take power in Russia.

6.00 Wildlife SOS
Follow the work of Wildlife Aid in Leatherhead.

6.30 Untamed Africa
The Outsider
A thin young lion is trying to join one-eyed Wemba's clan.

7.30 Futureworld
New Frontiers
Documents the human colonisation of other worlds.

8.00 Nick's Quest
Leatherback Turtles
Visits the Pacific coast off Costa Rica.

8.30 Twisted Tales
Bat

9.00 The Day the Earth Shook
Takes a look at what scientists have learned from the Kobe earthquake disaster.

10.00 Amazing Earth
The Violent Present
Documents the most catastrophic events in the Earth's 4.6 billion-year history.

11.00 Wings
Flying Coffins
Journeys over the trenches of Europe in two of the most famous aircraft of the period.

12midnight Amazing Earth
The Catastrophic Past

1.00am-2.00am Hitler-Stalin Dangerous Liaisons
Reveals how, through secret files, the German imperial army helped Lenin take power in Russia.

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Blinky Bill 6.00 The Tidings 6.30 Tabaluga 7.00 Scooby-Doo 7.30 Dexter's Laboratory 8.00 Looney Tunes 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 The Tidings 10.00 The Magic Roundabout 10.30 The Fruitties 11.00 Tabaluga 11.30 Yo! Yogi 12noon Tom and Jerry 12.30pm Looney Tunes 1.00 Popeye 1.30 The Flintstones 2.00 The Jetsons 2.30 Droopy

3.00 Taz-Mania
More devilish antics.

3.30 Scooby-Doo
Another mystery is solved by Scooby and the gang of teen sleuths.

4.00 The Powerpuff Girls
Cute crime-fighting.

4.30 Dexter's Laboratory
More chemical chaos.

5.00 Ed, Edd 'n' Eddy
Growing up is hard to do for this trio of pals.

5.30 Cow and Chicken
Fun with the odd siblings.

6.00 Animaniacs
Animated antics of the Warner brothers and sister.

6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.

7.00 Tom and Jerry
Madcap comic antics with the sparring cat and mouse duo.

7.30 Looney Tunes
Classic cartoon fun.

8.00 Cartoon Cartoons

8.30-9.00pm Cult Toons
Inspired animation.

Celebrity interviews in 'Late Night with David Letterman'. Paramount Comedy Channel 12midnight

NICKELODEON
FAMILY PACK

6.00am Rocko's Modern Life 6.30 Bruno the Kid 7.00 CatDog 7.30 Rugrats 8.00 Wild Thornberrys 8.30 Arthur 9.00 Children's BBC on Nickelodeon 10.00 Wimzie's House 10.30 Papa Beaver Stories 11.00 The Magic School Bus 11.30 PB Bear/Budgie the Little Helicopter/Animal Antics/Family Ness 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Little Bear Stories 2.00 Paddington Bear/Lizzie's Library/Portland Bill/Mr. Men 2.30 Children's BBC on Nickelodeon

3.00 Children's BBC on Nickelodeon
Including *Teletubbies.*

3.30 Doug
Doodle the day away with the painfully average Doug.

4.00 Three Friends... and Jerry
Adolescent antics.

4.30 Rugrats
More fun with the tousle-haired nippers.

5.00 Sister Sister
Tia,Tamera and their single parents try to live together.

5.30 Kenan & Kel
The adventures of two funky friends.

6.00 Renford Rejects

6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
Starring Jenny McCarthy.

7.30 Grace Under Fire
Down in the Boondocks

8.00 Ellen
Give Me Equity or Give Me Death

8.30 Spin City
The Pope of Gracie Mansion

9.00 Drop the Dead Donkey
Gus recovers from his heart tremor.

9.30 Whose Line is it Anyway?

10.00 Frasier
Can't Buy Me Love
Frasier's plans for a romantic meal are dashed.

10.30 Cheers
Sammy and the Professor

11.00 Seinfeld
The Alternate Side

11.30 The Larry Sanders Show
Montana
Guest stars Robin Williams.

12midnight Late Night with David Letterman
1.00am Taxi
1.30 Frontline
2.00 Dr Katz
2.30 Tibs and Fibs
3.00 Nightstand
3.30-4.00am Abbott and Costello

FOX KIDS
FAMILY PACK

6.00am Dodo 6.05 Power Rangers 6.30 Power Rangers 6.55 Spider-man 7.20 Oggy 7.30 Donkey Kong 8.00 Hero Turtles: Next Mutation 8.25 Incredible Hulk 8.50 Iron Man 9.15 Fantastic Four 9.40 X-Men 10.05 Casper 10.30 Oggy 10.55 Eek!Stravaganza 11.05 Bobby's World 11.30 Life with Louie 11.55 Home to Rent 12.05pm Dennis and Gnasher 12.30 Donkey Kong Country 1.00 Mowgli 1.25 Ace Ventura 1.55 The Incredible Hulk 2.20 Iron Man 2.45 Fantastic Four

3.10 X-Men

3.30 Fox Kids X-Press
Magazine programme.

3.35 Spiderman
Arachnid adventures.

4.00 Goosebumps
More spooky stories.

4.25 Hero Turtles: The Next Mutation

4.50 Casper
Mischievous capers.

5.00 Dennis and Gnasher
More menacing fun.

5.30 Ace Ventura
Animated adventures with the zany pet detective.

6.00 Donkey Kong Country

6.30 Eek!Stravaganza

6.55-7.00pm Oggy and the Cockroaches

SHOP!
LIFESTYLE/ SELECTION PACKS

12midnight Bargain Shop!

12.30am Shop! Selection

1.30 The Gift Store

2.30 Do it Yourself
Featuring power tools from Bosch and Dremel.

3.00 Sporting Brands

4.00 On Screen

5.00 Branded!
Top fashion brands.

6.00 Shop! Selection

7.00 Bargain Shop!

7.30 The Gold Collection
Eighteen-carat gold jewellery special.

8.30 Dress for Less
Casual spring fashion.

9.30 Home Style
A collection of bedding.

10.00 Y-Zone

11.00 The Gift Store
Gift ideas from Beverly Hills Polo Club.

12noon The Gold Collection
Designs in white gold.

1.00pm Bargain Shop!

2.00 Shop! Selection
A roundup of the best offers.

3.00 The Clothes Line
Featuring women's fashion from Berkertex.

4.00 On Screen
Electronic activities for learning.

5.00-6.00pm Shop! Selection

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 7.00 News 8.00 News 9.00 News 9.30 The World Today 10.00 News 11.00 News 12noon News 1.00pm News 1.30 UK Today 2.00 News 2.30 The World Today 3.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 UK Direct 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 Best of Insight 6.00 News 6.30 Managing 7.00 News 7.30 Sport 8.30 Showbiz 9.00 NewsStand 10.30 Sport 11.30 Biz Asia 12.30pm Pinnacle Europe 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Artclub 5.00 News Stand 6.45 American 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 World View 11.30 Moneyline 12.30am Showbiz 1.30 Q&A 2.00 Larry King 4.15 American 4.30-5.00am World Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 11.30 Money 12noon News Today 2.30pm Your Call 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Business Report 9.30 World News 10.00 Primetime
12.30am CBS News
1.30 World News
2.30 Business Report
3.00 News on the Hour
3.30 Showbiz Weekly
4.00 News on the Hour
4.30 The Book Show
5.00 News on the Hour
5.30-6.00am CBS News

INTERNATIONAL

TV5 5.00am Journal Télévisé TV5 5.15 Journal des Journaux 5.30 Télématin et Le Journal du Temps 7.00 Journal 7.30 Magellan 8.00 TV5 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Fiction: Les Arnaqueuses 11.00 TV5 Infos 11.05 Voilà Paris 11.30 Journal 12noon TV5 Infos 12.05pm Mise au Point 1.00 Journal 1.15 Fiction: Les Arnaqueuses 3.00 Journal Télévisé TV5 3.15 Questions 3.30 Méditerranéo 4.00 TV5 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Fiction: Les Arnaqueuses 7.00 Journal 7.30 Journal et Le Journal 8.00 TV5 Infos 8.05 Le Point 9.00 Journal 9.15 Cinéma: Rendez Moi Ma Peau
11.00 Journal
11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Thekikaat 12.30pm Junoon 1.00 Swabimaan 1.30 FILM 4.00 Ek Kahani 4.30 Lahu Ke Phool 5.00 Inspector Vijay 5.30 Uran Chadini 6.00 Tiger 6.30 Lifeline 7.00 Swabimaan 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Swabimaan 12.30am Variety Programme 1.00 FILM 4.00 Inspector Vijay 4.30 Uran Chandini
5.00 Kaala Daira
6.00 Bhakti Sagar
6.30 News
7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Your Zindagi 6.30 Geet Gata Chal 7.00 Faith: Hindu 7.30 News 8.00 Ru-Ba-Ru 8.30 Tara-2 9.00 Jaan 9.30 Banegi Apni Baat 10.00 Pal-Do-Pal 11.00 Jhat Pat Khana 11.30 Parampara 12noon FILM: Mama Bhanja 3.00pm Bangla TV – Nokhattrer Rat 3.30 Ikke Pe Ikka 4.00 Akbar Birbal 4.30 Quiz Contest 5.00 Neeyat 5.30 Chahat Aur Nafrat 6.00 Music Mag 6.30 Teacher 7.00 Ghar Jamai 7.30 Filmi Baatein 8.00 News 8.30 Mausam 9.00 KTC Sa Re Ga Ma 10.00 The Big Debate 11.00 Shapath 11.30 Blunt 12midnight News 12.30am Aap Ki Adalat 1.00 Bangla TV 1.30 Parivartan 2.00 FILM: Bhagat Dhana Jhat
4.30 Revathi
5.00 Punjabi Folk Songs
5.30-6.00am Old is Gold

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Money Matters 4.45 John Avanzini 5.00 Victory 5.30 Jack Van Impe Presents 6.00 Global Harvest Force/Heart Connection 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is your Day 8.15 Money Matters 8.30 Catch the Fire 9.00 Another Day of Victory 9.30 Life in the Word 10.00 Power of Praise 10.30 A Call to Prayer 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial reports on the half hour, plus: 2.15am Bloomberg Money 4.24 Sports 5.27am Weather

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am Select Committees
2.30pm House of Commons
11.00 The Record
11.30-12midnight European Focus

SKY SOAP
LIFESTYLE PACK

11.00am Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
Seth unveils his new look.
3.30-4.00pm Emmerdale Farm
Annie has an accident.

THE HISTORY CHANNEL
WORLD PACK

4.00pm D-Day
Total Story D-1 –Part I

5.00 Project Cancelled
The Fairey Rotodyne

6.00 The Greatest Pharoahs: Part I

7.00 Fabulous Fortunes
Lucky Strike – Taking a Gamble

7.30-8.00pm I, Witness
Moving Pictures
A profile of army film unit cameraman Peter Hopkins.

SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Sky Destinations
12noon American Adventurer
12.30pm Around the World
1.00 Travels with Chuck Henry
1.30 Holiday Reflections
2.00 Independent Travellers' Guide
3.00 Around the World
Cape Horn
3.30-4.00pm World's Weirdest Places

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Pauline Dolls at 6.00pm.

CABLE CHECK
Some of the channels listed may not be available in your area

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Tuesday 23 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

SKY PREMIER

PREMIUM CHANNEL

6.00am We the Jury
1996, rating Sky PG, 89 mins
8.00 The Wedding
Halle Berry, Lynn Whitfield
1997, rating Sky PG, 108 mins
10.00 Tom and Huck
Brad Renfro, Eric Schweig
1995, rating Sky PG, 88 mins
12noon The Directors: The Films of Norman Jewison
1.00pm Hollywood Buzz
2.00 We the Jury
Kelly McGillis, Lauren Hutton
Taut courtroom drama about a TV presenter on trial for murder. She admits murdering her husband, but pleas justifiable homicide due to her husband's physical abuse. *1996, rating Sky PG, 89 mins*

4.00 The Wedding
Halle Berry, Lynn Whitfield, Shirley Knight, Eric Thal
Romantic drama about a young bride-to-be who finds herself the subject of another man's advances. Her parents disapprove of the jazz musician that she is about to marry. Torn between two lovers, which way will she turn? *1997, rating Sky PG, 108 mins*

6.00 Tom and Huck
Brad Renfro, Jonathan Taylor Thomas, Eric Schweig, Charles Rocket
Drama, based on Mark Twain's classic novel, in which Tom Sawyer and Huckleberry Finn embark on a series of adventures, including a terrifying encounter with Injun Joe. *1995, rating Sky PG, 88 mins*

8.00 The Chamber
Gene Hackman, Chris O'Donnell, Faye Dunaway
Thriller based on the best-selling novel by John Grisham. A young lawyer makes a last ditch attempt to win a reprieve for his unrepentant grandfather, who awaits his fate on death row for murdering two young children in a bombing in 1967. *1996, rating Sky 15, 108 mins*

10.00 LA Confidential
Guy Pearce, Russell Crowe, Danny DeVito, Kevin Spacey, James Cromwell, Kim Basinger
Acclaimed thriller set in the Fifties. A by-the-book detective finds himself reluctantly teamed with a thuggish partner to solve a complex murder case, which touches on police corruption and the Hollywood world. Text *1997, rating Sky 18, 132 mins*

12.20am The Spitfire Grill
Ellen Burstyn, Alison Elliott
Text *1996, rating Sky 12, 112 mins*
2.15 Dead Again
Kenneth Branagh, Derek Jacobi
1991, rating Sky 15, 104 mins
4.05-5.45am Flirting with Disaster
Ben Stiller, Patricia Arquette
1996, rating Sky 15, 88 mins

SKY MOVIEMAX

PREMIUM CHANNEL

7.00am Godzilla Vs Gigan
Minoru Takashima, Tomoku Umeda
1972, rating Sky PG, 85 mins
9.00 That's Right You're Wrong
Lucille Ball, Kay Kyser
1939, rating Sky U, 90 mins
11.00 The Wind in the Willows
Steve Coogan, Eric Idle
Text *1996, rating Sky U, 84 mins*
1.00pm Godzilla Vs Gigan
Minoru Takashima, Tomoku Umeda
1972, rating Sky PG, 85 mins

3.00
That's Right You're Wrong
Lucille Ball, Kay Kyser, Edward Everett Horton, Roscoe Karns
Musical comedy. A band of would-be actors try to make the big time in Hollywood, but luck is not on their side – until their manager falls in love with a movie starlet and she demands that they appear in her new film. *1939, rating Sky U, 90 mins*

5.00
They Won't Believe Me
Robert Young, Rita Johnson, Jane Greer, Susan Hayward
Classic Forties film noir following the tale of a man on trial for the murder of his wife. As the case unfolds, it is clear that he did not commit the act, but that his behaviour was responsible for the deaths of two other women. *1947, rating Sky PG, 91 mins*

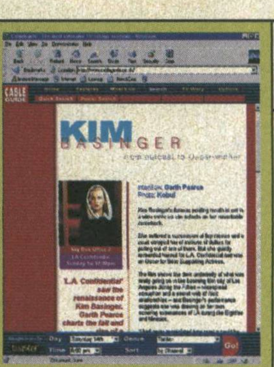
7.00
The Wind in the Willows
Steve Coogan, Eric Idle, Terry Jones, John Cleese
Adaptation of the classic Kenneth Grahame tale set by the river bank, in which Bagder, Ratty and Mole help their friend Toad out of scrapes and take on the pernicious weasels who have seized Toad Hall. Text *1996, rating Sky U, 84 mins*

9.00 National Lampoon's The Don's Analyst
Rick Aiello, Angie Dickinson, Sherilyn Fenn, Robert Loggia
PREMIERE Comedy about a Mafia boss who is driven to distraction by his tumultuous family life and turns to a psychoanalyst for help. However, hilarious consequences ensue. *1997, rating Sky PG, 103 mins*

11.00 Bordello of Blood
Erika Eleniak, Corey Feldman
Comic horror about a preacher who gains control of a group of vampire beauties. *1996, rating Sky 18, 83 mins*

12.30am To Sir, with Love II
1995, rating Sky 15, 89 mins
2.05 Gold in the Streets
1996, rating Sky 15, 93 mins
3.45 Midnight Crossing
1988, rating Sky 18, 93 mins
5.25-7.00am
They Won't Believe Me
1947, rating Sky PG, 91 mins

Isabelle Huppert and Martin Donovan star in Hal Hartley's 'Amateur'. FilmFour 10.00pm



KIM BASINGER

'L.A. Confidential' saw the renaissance of Kim Basinger. Garth Pearce charts the fall and

Want to know what Danny DeVito movies are on this month? Our new online TV listings guide will tell you!
http://www.cableguide.co.uk

SKY CINEMA

PREMIUM CHANNEL

4.00pm Contraband
Conrad Veidt, Valeria Hobson
Emeric Pressburger and Michael Powell's comedy drama, set during World War II. A Danish freighter captain arranges British shore passes for himself and his first officer, but they are stolen by two passengers. He follows them ashore and is soon caught up in a Nazi spy ring. *1940, rating Sky PG, 87 mins*

6.00 The Hunchback of Notre Dame
Charles Laughton, Cedric Hardwicke, Edmond O'Brien, Maureen O'Hara
The best of Hollywood's Quasimodo movies, in which the doomed occupant of Notre Dame's belltower falls in love with a beautiful peasant girl named Esmeralda. *1939, rating Sky PG, 111 mins*

8.00 Champion
Kirk Douglas, Marilyn Maxwell, Arthur Kennedy, Ruth Roman, Paul Stewart, Lola Albright
The story of an unscrupulous boxer, Midge Kelly, who punches his way to the top, regardless of everybody else in his life, including the waitress whom he was obliged to marry, and his lame brother. *1949, rating Sky 15, 95 mins*

10.00
For a Few Dollars More
Clint Eastwood, Lee Van Cleef, Jose Egger, Klaus Kinski
Sergio Leone's Western sequel to *A Fistful of Dollars*, about two cowboys who form an uneasy alliance. One infiltrates a band of desperadoes, while another watches his every move suspiciously. *1965, rating Sky 15, 126 mins*

12.10am French Connection II
Gene Hackman, Fernando Rey
Acclaimed thiller sequel. *1975, rating Sky 18, 109 mins*
2.05 Quintet
Paul Newman, Bibi Andersson
1979, rating Sky 15, 114 mins
4.05-5.35am Monsieur Beaucaire
1946, rating Sky PG, 89 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

FAMILY PACK

9.00pm Marlowe
James Garner, Gayle Hunnicutt, Carroll O'Connor, Rita Moreno, Sharon Farrell, William Daniels
Detective thriller. A seemingly dead-end missing person investigation puts private eye Philip Marlowe on a trail of murder, blackmail and brutality centering around a gangster and his television star mistress. *1969, 95 mins*

11.00 Ransom!
Leslie Nielsen, Donna Reed, Glenn Ford, Robert Keith
Emotional drama about the kidnapping of a couple's young son, which affects their entire hometown. *1956, 102 mins*

1.00am Pride of the Marines
John Garfield, Eleanor Parker
War drama based on the true account of a marine blinded during a Japanese attack. *1945, 119 mins*
3.15-5.00am Marlowe
James Garner, Gayle Hunnicutt
Detective thriller. *1969, 95 mins*

FILMFOUR

ADD-ON CHANNEL

6.00pm Things Change
Mike Nussbaum, Don Ameche
David Mamet's comic fable about an elderly Italian shoeshine man who accepts an offer he cannot refuse and agrees to confess to murder and go to jail in place of the Godfather. However, there are unexpected consequences. *1988, 100 mins*

7.40 Saxa

8.00 French Kiss
Timothy Hutton, Meg Ryan, Susan Anbeh, Kevin Kline, Jean Reno
Romantic comedy about Kate, whose life is turned upside down when her fiancé Charlie flies to Paris and falls in love with a busty French bimbo. Kate follows in hot pursuit, but is assailed by a French jewel thief. *1995, 106 mins*

10.00 Amateur
Elina Lowensohn, Isabelle Huppert, Martin Donovan
Comedy. An ex-nun who writes pornography, an amnesiac who's forgotten he's a vicious international killer and a naive young porn star all realise their lives are linked. *1994, 98 mins*

11.45 For Ever Mozart
Frederic Pierrot, Ghalia Lacroix
PREMIERE Jean-Luc Godard offers an insight into the events in Bosnia. *1996, 82 mins*

1.15am The Brood
Oliver Reed, Art Hindle
Chilling horror. *1979, 88 mins*
2.50-6.00am
Eat Drink Man Woman
Kuei-Mei Yang, Chien-Lien Wu
Comedy drama. *1994, 118 mins*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
FALLEN
Supernatural thriller starring Denzel Washington as a detective both hunting and hunted by an evil spirit demon. *1997, rating Sky 15, 120 mins*
PLAYS AT 12midnight, 2.30am

Sky Box Office 2
Channel 52
AMISTAD
Epic drama about slavery from Steven Spielberg. Starring Anthony Hopkins and Morgan Freeman. *1997, rating Sky 15, 149 mins*
PLAYS AT 6.00pm, 9.00pm

Sky Box Office 3
Channel 53
FLUBBER
Robin Williams raises chaos in this comedy as an absent-minded professor. With Marcia Gay Harden. *1997, rating Sky U, 90 mins*
PLAYS AT 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm

Sky Box Office 3
Channel 53
STARSHIP TROOPERS
Action-packed sci-fi movie starring Casper Van Dien and Denise Richards. *1997, rating Sky 18, 124 mins*
PLAYS AT 8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
THE BUTCHER BOY
Black comedy drama in which a young boy finds hope in a vivid fantasy life. Stars Eamonn Owens and Stephen Rea. *1997, Sky 15, 105 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions. Customers with a Videoway set-top-box must view all events on Channel 50.

SKY ONE

ACTION/ SELECTION PACKS

7.00am Count Duckula
7.30
The Chris Evans Breakfast Show
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You Text
1.30 Jeopardy
2.00 Sally Jessy Raphael
Most Outrageous Outtakes

3.00 Jenny Jones
Stop the Flashin' and Get Some Fashion
You don't have to bare all to look great is today's message.

4.00 Guilty!
Presented by *Sunday Mirror* columnist Carole Malone, Guilty! tackles the crimes and misdemeanours committed by friends, lovers and colleagues.

5.00 Star Trek: Voyager
The Chute
Kim and Paris are falsely accused of committing acts of terrorism and are incarcerated in an alien prison.

6.00 Guilty!
Spoilt Brat
Presented by Carole Malone.

6.30 Dream Team
Follow the fortunes of Harchester United Football Club.

7.00 The Simpsons
The Homer They Fall
Homer turns pro boxer. Text

7.30 The Simpsons
The Canine Mutiny
Bart wants a new dog. Text

8.00 Rescue Medics
The paramedics tend to an injured child.

8.30 Coppers
Scunthorpe
Following the work of the police.

9.00 World's Wildest Police Videos
This series focuses on the most extreme and extraordinary footage possible of real crime and crime-fighting in progress.

10.00 Bloody Foreigners!
France
This show investigates the truth behind France's reputation as a nation of lovers and visits a school teaching seduction. Text

11.00 Dream Team
Follow the fortunes of Harchester United Football Club.

11.30 Star Trek: Voyager
The Chute
Kim and Paris are falsely accused of terrorism.

12.30am The Commish
Father Image – Part I
An old friend and mentor helps Tony track a dangerous serial killer.

1.30-7.00am Long Play
A variety of rock, indie, R&B and dance tracks.

UK GOLD

LIFESTYLE/ SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 The House of Eliott
10.30 Rhoda
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Bugs
2.00 Dallas
2.55 The Bill
You Pays Your Money

3.25 The Bill
Hard Cash
Pink-tinged banknotes worth £30,000 are missing.

3.55 EastEnders
The Walford Gazette brings good and bad news for the Square.

4.30 Rhoda
The Marty Morgan Story
Ida jumps to conclusions when Martin starts acting suspiciously.

5.00 All Creatures Great and Small
The New World
Lady Hutton's sick cat prompts Siegfried into updating the practice's image.

6.00 Dynasty
The Downstairs Bride
Kirby's father disapproves of her marriage to Jeff, and Steven decides to move out of the mansion with Danny.

7.00
Ever Decreasing Circles
Sitcom about domestic disharmony in suburbia.

7.40 Dad's Army
Number Engaged
The motley crew is assigned to guard a vital telephone line.

8.20 The Brittas Empire
Gavin Featherly, RIP
When Gavin goes missing, everyone assumes the worst.

9.00 Red Dwarf
Back to Reality
The crew of Red Dwarf stumbles across a deserted space ship.

9.40 Crime Traveller
Death Minister
Holly takes Slade to task for his increasing dependency on the time machine.

10.45 Bugs
Pandora's Box
The team goes undercover at a toxic waste dump, and soon finds itself racing to prevent the spread of a lethal disease.

11.50 The Bill
You Pays Your Money
Why doesn't a family report the death of their landlord immediately?

12.20am The Bill
Hard Cash

12.50 Blackadder Goes Forth
Plan C – Major Star

1.25 French and Saunders

2.00-3.00am Dangerfield

LIVING

LIFESTYLE PACK

6.00am Tiny Living
9.00 Special Babies
9.30
The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 Brookside
12.10pm Through the Keyhole
12.40 Rescue 911
1.10 Beyond Belief
1.40 Maury Povich
2.10 Special Babies

3.00 Living Room
An upbeat magazine programme featuring human interest stories, celebrity interviews, and fashion and beauty make-overs.

3.50 Michael Cole
The ex-director of public affairs at Harrods tackles sensational subjects with a audience.

4.40 Through the Keyhole

5.10 The Heat is On

5.40 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting meals.

6.15
The Jerry Springer Show
More confessions and encounters from the king of confrontational TV.

7.05 Rescue 911
William Shatner presents real-life rescues by emergency services.

7.35 Animal Rescue
More real-life animal mishaps with a happy ending.

8.10 LA Law
More cases for the team at the California law firm. With Harry Hamlin, Richard Dysart, Susan Day and Corbin Bernsen.

9.00 FILM: Maid to Order
Ally Sheedy, Beverly D'Angelo, Michael Ontkean, Valerie Perrine, Dick Shawn, Tom Skerritt
Modern fairy tale in which a spoilt rich girl is forced to support herself by working as a maid. When her fairy godmother magically eliminates the past, she has to work for a crass, self-centred Malibu couple. *1987*

11.00-12midnight The Sex Files II
The Twist
Presenter Katrina Buchanan talks to 'third gender' person Christie Elan-Cane.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

ACTION PACK

6.00am Within These Walls 7.00 Holding the Fort 7.30 The Odd Couple 8.00 Families 8.30 Mind Your Language 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Upstairs, Downstairs 11.00 The Gentle Touch 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Mind Your Language 1.30 Me and My Girl 2.00 Upstairs, Downstairs

3.00 The Love Boat
The Old Man and the Runaway
A teenage runaway hides out in an old man's cabin, and a mysterious young man hides his true identity and vocation.

4.00 The Professionals
The Madness of Mickey Hamilton
A killer without a cause taxes CI5 when a series of hospitals is attacked and a convention is rigged for holocaust.

5.00 Hart to Hart
Trust Your Hart
Jonathan and Jennifer take in a girl whose parents died in the car crash that left her comatose for seven years.

6.00 Emmerdale
Kathy returns from London with some surprising news.

6.30
Classic Coronation Street
Marion's old flame reappears.

7.00 The Professionals
Servant of Two Masters
Bodie and Doyle stalk their own boss in disbelief when Cowley steals a lethal nerve gas and starts sales with a foreign power.

8.00 The Benny Hill Show
The comedian stars in a series of slapstick sketches, featuring a host of quirky characters, assorted guest stars and a bevy of buxom beauties.

9.00 The Sweeney
Big Brother
Seventies police drama.

10.00 Hale & Pace

10.30-11.00pm Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS

ACTION PACK

11.00pm Sin City
A rough guide to the sexual underworld of Europe.

11.30 Real Sex
A candid look at how men and women explore their sexuality.

12midnight Talking Dirty
Kathy Lloyd offers her own style of advice on the 'subject of the week'.

12.20am Lord Lust's Lovelies

12.30 Centrefolds

1.00 Noddy's Electric Ladyland

1.30-2.00am Bigger Better Battling Babes

DISNEY CHANNEL

ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof Troop 8.25 Toons 8.45 Winnie the Pooh 9.00 Spot 9.05 Animal Shelf 9.15 Pocket Dragons 9.30 Bear 9.55 Toothbrush Family 10.00 Bite Size 10.10 Rosie and Jim 10.30 Garage 10.45 PB and J Otter 11.00 Sesame St 12noon Spot 12.05pm Animal Shelf 12.15 Pocket Dragons 12.30 Bear 12.55 Toothbrush Family 1.00 Bite Size 1.10 Rosie and Jim 1.30 Big Garage 1.45 PB and J Otter 2.00 Winnie 2.30 Quack Pack

3.00 The Little Mermaid
The undersea adventures of Ariel and her friends. Text

3.30 Art Attack
The show that proves that anyone can be an artist. Text

4.00 101 Dalmatians
Canine capers and daring doggy deeds make for frantic fun. Text

4.30
Hercules: The TV Show
The Tapestry of Fate Text

5.00 Recess
Animated school days. Text

5.15 Pepper Ann
The perils of teendom. Text

5.30 Smart Guy
Being smart isn't easy. Text

6.00 Teen Angel
The Un-Natural
Casey plays ball. Text

6.30 Boy Meets World
First Girlfriend's Club
Hell hath no fury... Text

7.00 FILM: Aladdin and the King of Thieves
Voices of Robin Williams, Scott Weinger, Linda Larkin
It's wedding time as Aladdin and Jasmine tie the knot, but with the Big Blue Guy around, there's bound to be mayhem. *1995* Text

8.20 Honey, I Shrunk the Kids: The TV Show
Science is serious fun in the Szalinski household. Text

9.05 Double Dinosaurs
Based on an idea by Jim Henson, this series features puppetry and animatronics. Text

10.00 Home Improvement

10.30 The Wonder Years
Back to the Lake Text

11.00-12midnight Dr Quinn: Medicine Woman

THE BOX

MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

TUESDAY CONTINUES OVERLEAF...

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

CABLE CHOICE

THE CABLE GUIDE CABLE TV AWARDS 1999 L!VE TV 8.30pm

The programme most worth watching tonight is this coverage of *Cable Guide*'s annual celebration of the best in cable TV broadcasting. This year's awards are being presented from Grosvenor House in London by Paul Ross and Jenny Powell (left), a recipient of last year's favourite personality award.
Photo: Mark Harrison

ADVERTISEMENT

THE LIVING ROOM
3.00PM

living

The Living Room is *living*'s daytime magazine show that has all the comforts of your own living room. Presented by friends Jayne Irving and Amanda Cross, *The Living Room* is set in a comfy Victorian living room and is like popping to a friend's house for a chat.

Tuesday 23 March

6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

7.30am FIA World Rally Championship in Portugal
8.00 Figure Skating
Coverage of the World Championships in Helsinki.
9.30 Eurogoals
11.00 FIA World Rally Championship in Portugal
11.30 Figure Skating – LIVE
Coverage of the compulsory dances in the World Championships currently being held in Helsinki.

3.30pm Tennis
Highlights from the Mercedes Super 9 Tournament in Florida.

4.00 Tennis – LIVE
Direct coverage of the WTA Tournament being held in Key Biscayne, USA. Includes coverage of the women's tournament.

5.30
Figure Skating – LIVE
Watch all the action from the World Championships in Helsinki. A new era has begun in the men's skating with the introduction of the option for a quadruple jump in the short programme. The first clean quad in the short is yet to come but clean quads and quad combinations were regularly seen in the free.

9.00 Tennis – LIVE
Coverage of the ATP Mercedes Super 9 Tournament in Key Biscayne, Florida.

10.00 Tennis
More ATP Tour action. These highlights represent the best of the days play from Key Biscayne, Florida.

11.00 FIA World Rally Championship in Portugal
11.30-12.30am Golf
Action from some of the best golfers in today's game. This leg of the US PGA Tour comes direct from the Bay Hill Invitational in Orlando.

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Sky Sports Centre
7.15 V-Max 7.45 Totalsport
8.15 You're On Sky Sports!
9.00 Racing News
9.30 Aerobics Oz Style
10.00
Football League Review
11.00 Max Power
12noon Aerobics Oz Style
12.30pm Ford Monday Night Football Special
2.30 Spanish Football
Spanish top flight action from La Liga. The league features teams which boast some of the most talented players in the world. *Repeat from Sunday*

4.00 Golf: Euro Seniors – Sahara Cup
Action from the Sahara Cup, as South Africa take on Europe in the Seniors event.

5.00 World Wrestling Federation – Live Wire
Michael Cole presents coverage of an exclusive wrestling bout.

6.00
Sky Sports Centre
The major headlines from the world of sport.

6.30 Inside Scottish Football
All the goals, all the transfers, all the news and all the views from the new Scottish Premier Division.

7.30 Fastrax
Life in the fast lane.

8.00 Greyhounds: Grand National Quarter-Finals – LIVE
Action from the quarter-finals of the William Hill Grand National which is being staged at the Wimbledon stadium for the first time. This premier event for hurdlers was won in dramatic fashion last year by El Teno.

10.00
Sky Sports Centre
All the latest sports news.

10.15
You're On Sky Sports!
A chance to have your say.

11.00 Inside Scottish Football
Go to the heart of the Scottish domestic game with a unique insight into football north of the border.

12midnight
Sky Sports Centre
12.15am
You're On Sky Sports!
1.00
Premier Snooker League
3.00 Fastrax
3.30-3.45am
Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style
7.30 Sky Sports Centre
7.45 Racing News 8.15 Moto-Plus 8.45 Sky Sports Centre 9.00 Fish TV 9.30 Fish TV 10.00 International Bowls: Australia v England
12noon Motor Racing: NASCAR Busch-Darlington Raceway
2.00pm Totalsport
2.30 World Motor Sport
For any follower of motor sport, Sky Sports screens the ultimate show. *World Motor Sport* takes viewers to the heart of the race world and provides an essential guide to who is racing where, when and how.

6.00 Sports Unlimited
For a truly comprehensive look at the world of alternative sports, this show covers the sports people rarely hear about.

7.00 Golf: Euro Seniors – Sahara Cup
Action from the Sahara Cup, as South Africa take on Europe in the Seniors event.

8.00 Golf: LPGA 1999 – Standard Register Ping
Action from the fairways of the Moon Valley golf course, Phoenix, in the LPGA Standard Register – the latest stage of the ladies' professional golf tour.

10.00 Rugby League Academy
Take a look at the stars of tomorrow's game and those currently impressing.

11.00
Sports Unlimited
From snowboarding and drag racing to biking and squash, this show doesn't miss a trick in sport world.

12midnight Golf: Euro Seniors – Sahara Cup
Action from the Sahara Cup.
1.00am Golf: LPGA 1999 – Standard Register Ping
Action from the fairways.
3.00-3.15am
Sky Sports Centre

SKY SPORTS 3
PREMIUM CHANNEL

12noon World Wrestling Federation – Live Wire
1.00pm Fish TV
1.30 Fish TV
2.00 Golden Age of Racing: A to Z of Motorsport
Witness some of the true legends of the racing track.
2.30 Shells Wonderful World of Golf: Boros/ Beard/Trevino
Golfing action from the archives featuring star trio Julius Boros, Frank Beard and Lee Trevino.

3.30
International Bowls: Australia v England
Action from the doubles phase of the bowls second Test between Australia and visitors England.

5.30 Totalsport
The programme that showcases all sides of the sporting world.

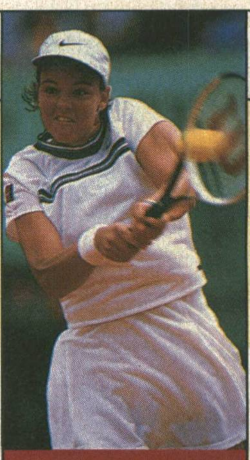
6.00 Rugby League Academy
Take a look at tomorrow's stars of the game, including match action.

7.00 Fish TV: Ultimate Fishing Show
7.30 Fish TV: Fishing Tales
Mike Sakamoto and his guests travel far and wide.

8.00 Premier Snooker League
Action from the 1999 Premier Snooker League. This event is now in its 13th year and is going from strength to strength. It features the seven biggest names in the game, including veterans such as Steve Davis and Jimmy White.

10.00 Tales from the Premiership: A Tale of Two Strikers
The story of Jurgen Klinsmann and Ian Wright.

10.30-11.30pm
Superbouts: Curry v Starling
Recalls a memorable 1984 meeting between Don Curry and Marlon Starling.



World number one Lindsay Davenport plays in the $1.9m WTA, Key Biscayne, Florida. Eurosport 4.00pm – Live

MUTV
ADD-ON CHANNEL

6.00pm Game On
6.15
Megastore Megabuys
All the latest bargains.
6.30
Junior Masterfan
7.00 Red Hot News
The latest developments from Old Trafford.
7.30
Wild About United
Why you adore United.
8.00 Super Match – Reserve Match
Reserve team action from the men hoping to break into Ferguson's side.
8.55 Red Hot Update
9.00 Super Match – Reserve Match
Continuing the action from tonight's reserve game.

10.00
Talk of the Devils
Dedicated to the journalists and fans who just love chatting about the Reds.
10.45 Man-U Menu
With Mark Simpkin and Jeper Jespersen.
11.15 The Insiders
A peek inside Old Trafford.
11.30-12midnight
Red Hot News

SCI-FI
ACTION PACK

7.30am Bloomberg TV 8.00 Sightings 9.00 Buck Rogers in the 25th Century 10.00 Quantum Leap 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon The Twilight Zone 1.00pm Tales of the Unexpected 1.30 Tales of the Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00 Buck Rogers in the 25th Century
Testimony of a Traitor
Buck is on trial for his life after being blamed for the nuclear holocaust.

4.00
The Incredible Hulk
Deathmask
David Banner is mistaken for a mass murderer and faces some rough justice.

5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences. With Tim White.

6.00 Time Trax
Almost Human
Evil scientist Dr Mordecai Sahmbi creates an android double of Darien and orders it to replace him.

7.00 Quantum Leap
Return of the Evil Leaper
Time travelling mayhem featuring Sam Beckett. Starring Scott Bakula.

8.00 V
The Hero
When aliens attack the Science Frontiers they hope to turn public opinion against the Resistance.

9.00 Twin Peaks
FBI Agent Dale Cooper demonstrates an unusual deductive technique for the Twin Peaks Sheriff's Department.

10.00
FILM: Fear No Evil
Stefan Arngrim, Kathleen Rowe McAllen
A teenager who is the embodiment of the demon Lucifer commits acts of demonic murder and destruction. However, his powers are challenged by an angelic 18-year-old girl. *1981*

12midnight
New Alfred Hitchcock
The Method Actor
12.30
New Alfred Hitchcock
1.00am FILM: Hemoglobin
Horror. *1997*
2.45 Sci-Focus Special
3.00 Dark Shadows
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

4.00pm Trisha
Today's talk show from ITV.
5.00 Gladiators
Ulrika Jonsson and Jeremy Guscott preside over more muscular mayhem.
6.00 Board Wild
Coverage of international snowboarding, windsurfing, surfing and skateboarding events, set to a pounding soundtrack.
6.30 Bedrock
An hour of celebrity fun.
7.30 Dealer's Choice
Richard Simmonds presents an offbeat look at the world of buying used cars.
8.00 Soap Fever
Liza Tarbuck presents a live show in front of a studio audience devoted to the world of soaps.
9.00
ITV2's Great Detectives: Sherlock Holmes
Another case for the great detective. With Jeremy Brett.
11.00 Emmerdale
Another chance to catch tonight's episode from ITV.
11.30 New Jerry Springer
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.
12.15am
Wish You Were Here...?
Holiday magazine.
12.45-2.00am Feature

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Amateur Girls 12.20 Fantasy Night Calls 12.45 FILM: ...man 10 1.00 The Five Minute Free View 1.05 FILM continues 2.00 Adult Feature 2.25 FILM: ...on Sally 3.40 Petra
4.10-5.30am
FILM: Double Down

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day
12.10am Girl Hunt
12.30 New Model
12.55 Totty Try-Outs
1.10 FILM: Steamy Sins
Erotic feature film.
2.25
FILM: Night and Day II
Erotic sequel.
3.35-4.00am English Rose
Erotic series.

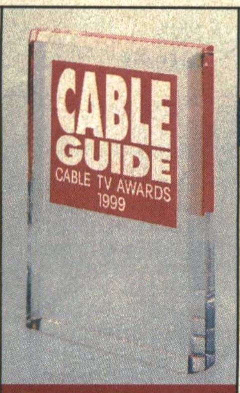
Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Mister Kingstreet's War
John Saxon
Pre-World War II drama.
9.30 FILM: Run Angel Run
William Smith
Action thriller.
11.05 Open Spaces Special – The Pick Up
11.40-12midnight
Close Arrest

Tuesday 23 March



A host of TV stars will be hoping to win a trophy at the 'Cable Guide Awards'. L!VE TV 8.30pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Cross Wits
Fast-moving quiz show.
5.45
The Games Room
6.00 Family Fortunes
Big money gameshow.
6.30
The Games Room
6.45 Catchphrase
Hi-tech wordplay quiz.
7.15
The Games Room
7.25 100 Per Cent
7.55
The Crystal Maze
A team of intrepid contestants tackles a series of games and challenges in four fantasy worlds. Host Richard O'Brien leads the way.
9.00
The Games Room
9.15 Strike it Lucky
Madcap gameshow.
9.45
The Games Room
10.00 Candid Camera
Hidden camera pranks.
10.30 Don't Feed the Gondolas
Celebrity quiz show about bizarre media stories.
11.00 Carnal Knowledge
The quiz show that rips open the bedroom curtains of the British public to reveal their sexy secrets.
12midnight Strike it Lucky 12.30am Split Second 1.00 3-2-1 2.00 Love at First Sight 2.30 Studs 3.00 Simply Irresistible 3.30 Blockbusters 4.00 Fifteen to One 4.30 Don't Drink the Water 5.00-6.00am Shopping with Screenshop

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 The Why Files 7.30 Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 Why Files 9.30 Indecent Proposals 10.00 Agony 10.30 Fashion Show 11.00 Judge Judy 11.30 Mind Games 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 Fashion 2.00 Judge Judy 2.30 Mind Games

3.00 Agony
More help and advice for troubled souls.
3.30 Lie Detector
Philippa Mole uncovers more deception.
4.00
Indecent Proposals
The general public perform foolish stunts for cash.
4.30 Judge Judy
All rise for the judge.
5.00 Agony
Advice for troubled souls.
5.30 The Why Files
Psychic investigators travel round the country on the lookout for phenomena.
6.00
The Fashion Show
The latest fashion news.
6.30
Indecent Proposals
More foolish stunts.
7.00 Sport at Seven: Bangers and Smash
High speed action, as Louise Brady introduces stock car racing highlights from around the country.
8.00 The Why Files
Psychic investigators take a look at paranormal phenomena.
8.30
Cable Guide Awards
NEW Awards show featuring the cable shows and personalities voted for by you, the *Cable Guide* reader. Hosted by Jenny Powell and Paul Ross.
10.00 Love Street
US erotic series.
10.30 Exotica Erotica
Sensual delights for the evening.
11.30 Blue Review
11.45 Janeycam
11.57pm
Topless Darts
12midnight Love Street 12.30am Private Dancer 12.45 Pleasure Dome 1.00 Exotica Erotica 2.00 Orgasmatron 2.15 Painted Ladies 2.30 Love Street 3.00 Agony 3.30 Why Files 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation L!VE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

First Taste 11.00 Worrall Thompson 11.30 Ideal Cooks 12noon Daily 12.30pm Lloyd's Louisiana 1.00 Kitchen College 1.30 Modern British 2.00 Chez Bruno 2.30 Food Network Daily 3.00 Nordic Nosh 3.30 Ideal Cooks 4.00 Tessa's Tastebuds 4.30-5.00pm Lunch with Ed Baines
Ed lunches with Meg Matthews.

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm What's Cooking?
Culinary quiz show.
5.30 Gridlock
Fast-paced gameshow hosted by Simon Biagi.
6.00 My Two Wives
Things That Go Bonk Next Door
Australian sitcom.
6.30 Our House
People's strange homes.
7.00 Shine on, Harvey Moon
The Course of True Love
Comedy drama following the trials and tribulations of a family in postwar London.
8.00 Soldier, Soldier
All the King's Men
Corporal Tony Wilton is wondering whether he will get back in time to see the birth of his first child.
9.00 Soldier, Soldier
Loyal to the Corps
Fusilier Dave Tucker is court-martialled after he attacks an NCO in a fit of jealous rage.
10.00 Soldier, Soldier
Something Old, Something New
Garvey and Nancy decide to get married on the eve of the departure to Hong Kong.
11.00 Soldier, Soldier
Saving Face
Senior Officer Major Cochrane is charged with the attempted rape of a well-connected Chinese girl.
12midnight Soldier, Soldier
The Last Post
While the politicians decide on the future of the regiment, the King's Fusiliers prepare for a beach landing attack on a company of marines.
12.30am-1.00am Gridlock
Fast-paced gameshow.

ANIMAL PLANET
WORLD PACK

12noon The New Adventures of Black Beauty
12.30pm Hollywood Safari
Bigfoot
1.30 Crocodile Hunter
Suburban Killers
2.00 Breed All About it
German Shepherds
A profile of an ever popular breed, the German shepherd.
2.30 Human/Nature
Reporters travel the world, charting man's relationships with animals and the elements.
3.30 Harry's Practice
A look at the work of vet Harry Cooper in his practice in northern Tasmania.
4.00 Jack Hanna's Animal Adventures
Saving Endangered Species
4.30 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
5.00 Pet Rescue
Follow the fortunes of RSPCA rescues.
5.30 Crocodile Hunter
Dinosaurs Down Under
A visit to Lark Quarry.
6.00
The New Adventures of Black Beauty
6.30 Lassie
Friends of Mr Cairo
Timmy directs a play.
7.00 Rediscovery of the World
Cape Horn – Waters of the Wind
Jacques Cousteau's ship strikes a hidden rock.
8.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
8.30 Totally Australia
Bio-Diversity – The Challenge
A look at what makes up the Australian ecosystems.
9.30 Emergency Vets
Animal rescue stories from Alameda East Veterinary Hospital in Denver.
10.00
The Last Paradises
Wood Buffalo
10.30
Animal Detectives
Walrus
11.00 All-Bird TV
An irreverent look at the relationship and interaction between humans and birds.
11.30-12midnight Emergency Vets

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Doctors to Be 7.50 The Great Egg Race 8.30 Vanessa 9.30 Esther 10.00 Vets in Practice 10.30 Lion Country 11.00 Full Circle with Michael Palin 12noon The Year of the Rat 1.00pm The Day the Universe Changed 2.00 From A to B – Tales of Modern Motoring

3.00 Plastic Fantastic
A look at plastic surgery in which a woman goes under the knife for rhinoplasty.
3.30 Esther
Twins
4.00 Vanessa
UK talk show, in which Vanessa Feltz discusses real-life issues in an earnest manner with her studio audience.
5.00 Rolf's Amazing World of Animals
Rolf celebrates the bond between humans and pets.
5.30 Lion Country
Life at Longleat safari park.
6.00 Savagery and the American Indian
A look at the United States Government's attempts to force the Indians into a European way of life.
7.00 Baby It's You
You and Me
How babies learn and grow.
7.30
The Body in Question
Shaping the Future
8.00 Wild Boar – King of the Wildwood
Wildlife on UK Horizons
Profile of wild boars.
8.30 Zoo's Company
The Ark
9.00
Prohibition: 13 Years that Changed America
The Road to Repeal
An insight into America's Prohibition era.
10.00
Premier Passions
With only five games left the threat of relegation looms, will Sunderland be able to avoid the drop?
11.00 Top Gear GTi
The *Top Gear* team tests the latest models and casts an experienced eye over the latest hot motoring news.
12midnight-1.00am
The Secret File on J Edgar Hoover
An investigation into the 50-year reign of J Edgar Hoover as director of the FBI.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Agony Livetime 7.00 Agony Livetime 8.00 E! in Focus 9.00 Julia Carling's Style Guide 9.30 Best Direct Best Buys 10.00 The View 11.00 The Psychic Zone 11.30 Cook's Garden 12noon The Montel Williams Show 1.00pm Fashion Livetime 2.00 The View

3.00
Fashion Livetime
Interactive programme which offers viewers the opportunity to put questions to celebrities.
4.00 The Montel Williams Show
Women Strip Searched
Women who feel they were dealt with roughly by the police and customs.
5.00 Cook's Garden
How to prepare dishes from home-grown produce.
5.30-6.00pm
The Pet Show

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Numbats
A profile of the extinction-threatened striped numbat.
7.30
The Subterraneans
Life in the NY subway.
8.00 Island of the Giant Bears
Profile of Kodiak Island, home to the densest concentration of wild brown bears in the world.
9.00
Natural Born Killers: The Secret Leopard
Documentary which reveals the family life of Africa's elusive leopard.
10.00 Amate
A profile of the great fig tree of the Belize rainforest, which provides a home to a variety of creatures.
11.00 Beeman
A look at the threat killer bees pose to humans.
11.30 Servals: The Elegant Predator
Wild cat's hunting methods.
12midnight-1.00am
The Shark Files: Sharks of the Red Triangle
The California coast is renowned for its spectacular beaches but these are also the favourite hunting ground of the great white shark.

CABLE CHECK
Some of the channels listed may not be available in your area

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits
9.00 Bytesize MTV
11.00 brand:new
MTV's brand new music show, featuring exposés of the business.
12noon Mad 4 Hits
The latest hits of MTV's play list.
2.00pm Hit List UK
3.00 Bytesize MTV Pop
4.00 Select MTV
Viewers' choice of recent hits.
6.00 Bytesize MTV
7.00 brand:new
8.00 US Top 20
US chart rundown.
9.00 News Daily Edition
The latest news.
9.30 MTV Megamix
10.00 Celebrity Deathmatch
10.30
Biorhythm: Snoop Doggy Dog
Musical video biography.
11.00 Mad 4 Hits
12midnight Alternative Nation
The latest from the alternative music scene.
1.00am Celebrity Deathmatch
1.30
Biorhythm: Snoop Doggy Dog
3.00-6.00am Night Videos

VHI
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12noon Ten of the Best: Wet Wet Wet 1.00pm Greatest Hits of... Tina Turner 1.30 Pop-Up Video 2.00 Jukebox 5.00 Five@Five 5.30 Pop-Up Video 6.00 Happy Hour with Toyah Willcox 7.00 VH1 Hits 9.00 Bob Mills' Big 80s 10.00 Beautiful South Uncut 11.00 VH1 Spice 12midnight Jobson's Choice 1.00am The VH1 Album Chart Show 2.00-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon World of Tom 12.30pm Earthwalkers 1.00 Travel 1.30 Floyd 2.00 Italy 2.30 Adventure Travels 3.00 Top of the World 4.00 Stepping the World 4.30 Aspects of Life 5.00 Reel World 5.30 Champagne Charlie 6.00 Floyd 6.30 On Tour 7.00 World of Tom 7.30 Earthwalkers 8.00 Holiday Maker 8.15 Holiday Maker 8.30 Stepping the World 9.00 Top of the World 10.00 Adventure Travels 10.30 Aspects of Life 11.00 On Tour 11.30-12midnight Champagne Charlie

UK STYLE
LIFESTYLE PACK

7.00am Gluck, Gluck, Gluck 7.30 Going for a Song 8.00 Celebrity Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Style Challenge 9.30 Change That 10.00 Holiday in Style 11.00 Delia Smith's Winter Collection 11.30 The DIY Show 12noon Can't Cook, Won't Cook 12.30pm Style Challenge 1.00 Change That 1.30 Celebrity Ready, Steady, Cook 2.00 Looking Good 2.30 Gardening Neighbours 3.00 Growing Places 3.30 The Face 4.00 The Air Show 4.30 How Does Your Garden Grow? 5.30 Can't Cook, Won't Cook 6.00 Waterlines 6.30 Can Ski... Will Ski! 7.00 Holiday in Style 8.00 Style Challenge 8.30 Change That 9.00 Changing Rooms 9.30 Ready, Steady, Cook 10.00 The House Doctor 10.30 Changing Rooms 11.00 How Does Your Garden Grow? 12midnight Gardeners' World 12.30am-1.00am Travel Show Guides

Tuesday 23 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Gourmet 6.30 Yan Can Cook 7.00 Homemaker 7.30 Period Rooms 8.00 Wedding 8.30 A Baby Story 9.00 Painting 9.30 Gardening 10.00 Instant Gardens 10.30 Two's Country Cooking 11.00 Diceman 11.30 Rex Hunt 12noon Our House Down Under 12.30pm Antiques Trail 1.00 Our House 1.30 Home Savvy 2.00 Workshop 2.30 Home Again 3.00 This Old House 3.30-4.00pm Charlie West

DISCOVERY
WORLD PACK

4.00pm Rex Hunt's Fishing Adventures
Brunswick Heads

4.30 The Car Show
Mariella Frostrup and Tristram Payne present the guru's guide to cars.

5.00 Hitler-Stalin Dangerous Liaisons
How Hitler and Stalin had to fight each other for supremacy in Europe.

6.00 Wildlife SOS
Helping sick, injured and orphaned wild animals.

6.30 Untamed Africa
The Birth of Tinga
Tinga the topi is born and has to prove he can survive in the savannah.

7.30 Futureworld
What's up, Doc?
How medical breakthroughs save lives.

8.00 Great Escapes
Lost in the Desert

8.30 Quantum: The Tony Bullimore Story
One of the greatest sea rescues this century.

9.00 Trailblazers
Windward Islands
Patricia Williamson goes behind the scenes of St Lucia and discovers the Caribbean rainforests.

10.00 Betty's Voyage
The story of four ordinary guys who undertake a 26,000-mile journey from London to Hong Kong in a red double-decker bus.

11.00 Bubmarine
Take a voyage on board one of America's new doomsday machines, the ballistic missile submarine *USS Michigan*.

12midnight Mysteries of the Ancient Ones
Why the remote mesa dwellings of the Anasazi people were abandoned in the space of one generation.

1.00am-2.00am Hitler-Stalin Dangerous Liaisons
The struggle of the dictators.

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Blinky Bill 6.00 The Tidings 6.30 Tabaluga 7.00 Scooby-Doo 7.30 Dexter's Laboratory 8.00 Looney Tunes 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 The Tidings 10.00 The Magic Roundabout 10.30 The Fruitties 11.00 Tabaluga 11.30 Yo! Yogi 12noon Tom and Jerry 12.30pm Looney Tunes 1.00 Popeye 1.30 The Flintstones 2.00 The Jetsons 2.30 Droopy

3.00 Taz-Mania
More devilish antics.

3.30 Scooby-Doo
The canine sleuth and the gang solve another mystery.

4.00 The Powerpuff Girls
Crime-busting girl power.

4.30 Dexter's Laboratory
More chemical chaos.

5.00 Ed, Edd 'n' Eddy
Growing up is hard to do for this trio of friends.

5.30 Cow and Chicken
Fun with the odd siblings.

6.00 Animaniacs
Animated antics of Yakko, Wakko and Dot.

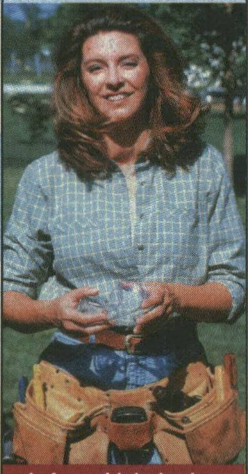
6.30 The Flintstones
Fred and Barney cause more mayhem.

7.00 Tom and Jerry
Madcap comic antics with the sparring cat and mouse duo.

7.30 Looney Tunes
Fun with the Looney gang.

8.00 Cartoon Cartoons
Homegrown animation.

8.30-9.00pm Cult Toons



JoAnne Liebeler is 'Home Savvy'. Discovery Home & Leisure 1.30pm

NICKELODEON
FAMILY PACK

6.00am Rocko 6.30 Bruno the Kid 7.00 CatDog 7.30 Rugrats 8.00 Wild Thornberrys 8.30 Arthur 9.00 Children's BBC on Nickelodeon including Teletubbies 10.00 Wimzie's House 10.30 Papa Beaver Stories 11.00 The Magic School Bus 11.30 PB Bear/Budgie/Animal Antics/Family Ness 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Little Bear Stories 2.00 Paddington Bear/Lizzie's Library/Portland Bill/Mr Men 2.30 Children's BBC on Nickelodeon

3.00 Children's BBC on Nickelodeon
Including *Teletubbies.*

3.30 Doug
Doodle the day away with the painfully average Doug.

4.00 Three Friends and Jerry

4.30 Rugrats
Fun with the tousle-haired nippers who have over-fertile imaginations.

5.00 Sister Sister
Tia, Tamera and their parents try to live together.

5.30 Kenan & Kel
The adventures of two funky friends.

6.00 Renford Rejects

6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
Stars Jenny McCarthy.

7.30 Grace Under Fire
Smells Like Victory

8.00 Ellen
A Deer Head for Joe
Joe's job is on the line.

8.30 Spin City
Bye Bye Birdie
It's Paul's stag night.

9.00 Drop the Dead Donkey
George is invited to his ex-wife's marriage.

9.30 Whose Line is it Anyway?

10.00 Frasier
Miracle on Third or Fourth Street

10.30 Cheers
What is... Cliff Clavin?
Sam loses his black book.

11.00 Seinfeld
The Red Dot

11.30 The Larry Sanders Show
The Gift Episode
With Danny DeVito.

12midnight Late Night with David Letterman
1.00am Taxi
1.30 Frontline
2.00 Dr Katz
2.30 Tibs and Fibs
3.00 Nightstand
3.30-4.00am Abbott and Costello

FOX KIDS
FAMILY PACK

6.00am Dodo 6.05 Power Rangers 6.30 Power Rangers 6.55 Spiderman 7.20 Oggy 7.30 Donkey Kong Country 8.00 Hero Turtles: Next Mutation 8.25 Incredible Hulk 8.50 Iron Man 9.15 Fantastic Four 9.40 X-Men 10.05 Casper 10.30 Oggy 10.55 Eek!Stravaganza 11.05 Bobby's World 11.30 Life with Louie 11.55 Home to Rent 12.05pm Dennis and Gnasher 12.30 Donkey Kong Country 1.00 Mowgli 1.25 Ace Ventura 1.55 The Incredible Hulk 2.20 Iron Man 2.45 Fantastic Four

3.10 X-Men

3.30 Fox Kids X-Press
With Roy and Lisa.

3.35 Spiderman
Arachnid adventures.

4.00 Goosebumps
More spooky stories.

4.25 Hero Turtles: The Next Mutation
The turtles save the day.

4.50 Casper

5.00 Dennis and Gnasher
Dennis and Gnasher team up with their pals to take on the enemy – adults.

5.30 Ace Ventura

6.00 Donkey Kong Country

6.30 Eek!Stravaganza

6.55-7.00pm Oggy and the Cockroaches

SHOP!
LIFESTYLE/ SELECTION PACKS

12midnight Bargain Shop!
1.00am Shop! Selection
2.00 Do it Yourself
2.30 On Screen
3.30 Junior Choice
4.30 Jewellery Box
5.30 Shop! Selection
6.00 Shop! Selection
6.30 Bargain Shop!
7.30 Silversmith
8.30 The Clothes Line
Featuring women's fashion from Berkertex.
9.30 Junior Sports Store
Puma special.
10.00 Shop! of the Week
Another chance to see the best-selling hour from the past week.
11.00 Home Style
Neat ideas to improve the home for less than £50.
12noon Switched On
The best in audio equipment.
1.00pm Bargain Shop!
Unbeatable prices.
1.30 Shop! Selection
Round up of the best offers.
2.30 Good Hair Days
Focusing on hair styling equipment from Babyliss.
3.00 Shop! Feature
Unbeatable offers on musical instruments.
4.00 Jewellery Box
Great jewellery.
5.00-6.00pm Shop! Selection

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 24 7.00 News 8.00 News 9.00 News 9.30 World Today 10.00 News 11.00 News 1.30pm UK Today 2.00 News 2.30 World Today 3.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 Correspondent 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 Insight 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm Fortune 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Beat 5.00 Larry King 7.30 Business Today 8.30 Q&A 9.30 Insight 10.00 News/Business 10.30 Sport 11.00 World View 11.30 Moneyline 12.30am Showbiz 1.30 Q&A 2.00 Larry King 3.30 Newsroom 4.30-5.00am World Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.00 News on the Hour 11.30 Money 12noon News Today 2.30pm Your Call 4.30 World News 5.00 Live at Five 6.00 News on the Hour 7.30 Sportsline 8.30 Business Report 9.00 News on the Hour 9.30 World News 10.00 Primetime 12midnight News on the Hour 12.30am CBS News 1.30 World News 2.30 Business Report 3.30 Book Show 4.30 Showbiz Weekly 5.30-6.00am CBS News

INTERNATIONAL

TV5 5.00am Journal TV5 5.15 Journal des Journaux 5.30 Télématin 7.00 Journal de Radio Canada 7.30 Découverte 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 FILM: La Fracture du Myocarde 11.00 Infos 11.05 Voilà Paris 11.30 Journal France 3 12noon Infos 12.05pm Expédition Pôle Sud 1.00 Journal 1.15 FILM: La Fracture du Myocarde 3.00 Journal 3.15 Questions 3.30 Bons Baisers d'Amérique 4.00 TV5 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal TV5 5.15 FILM: Rendez Moi Ma Peau 7.00 Journal Suisse 7.30 Journal de France Télévision 8.00 Infos 8.05 Temps Présent. 9.00 Journal TV5 9.15 FILM: Les Alsaciens 11.00 Journal Belge 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL
CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Dhur Ki Bani 9.00 FILM 11.30 News 12noon Kabhi Yeh Kabhi Woh 12.30pm Golmaal 1.00 Zameen Aasman 1.30 FILM 4.00 Akbar Birbal 4.30 Jeevan Sangram 5.00 Dooriyan 6.00 Baaje Payal 6.30 Zamana Badal Gaya 7.00 Zameen Aasman 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Zameen Aasman 12.30am Baaje Payal 1.00 FILM 4.00 Music Box 4.30 Kabhi Yeh Kabhi Won 5.00 Dooriyan 6.00 Akbar Birbal 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Aap Ki Farmaish 6.30 Usha Uthap 7.00 Faith: Hindu 7.30 News 8.00 Out and About 8.30 Tara-2 9.00 Himalaya's Hasratein 10.00 Stage Plays 11.00 Khana Khazana 11.30 Parampara 12noon FILM 3.00pm Bangla TV 3.30 Cine Magic 4.00 Akbar Birbal 4.30 Zee Top Ten 5.30 Aashirwad 6.00 1 to 10 6.30 Humm Tara Rum 7.00 Jee Sahab 7.30 Chalo Cinema 8.00 News 8.30 Daraar 9.00 Do Aur Do Paanch 9.30 Zanjeeren 10.00 Hadd Kar Di 10.30 Mahabharat 11.30 Yaadon Ke Rang 12midnight News 12.30am Pakistan Business 1.00 Bangla TV 1.30 Parivartan-2 2.00 FILM: Jhotey Raees 4.30 Lolly-Pop 5.30-6.00am Hey Ha Ho

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzini 5.00 Hour of Deliverance 5.30 Ashley Mc Guickan/Euro Spirit 6.00 Good News 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is Your Day 8.15 Good Morning Europe 8.30 Chronicles of Revival 9.00 Another Day of Victory 9.30 Life in the Word 10.00 Derek Prince – Church on the Way 10.30 John Avanzini 10.40 Good Morning Europe 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus: Focus on Eastern Europe 4.24am Sports 4.49 Kavanagh's Picks

BBC PARLIAMENT
NEWS & SPORT PACK
CABLE EXCLUSIVE

5.30am House of Lords 7.00 The Record 7.30 House of Lords 2.30pm Commons 11.00 The Record 11.30-12midnight European Focus

SKY SOAP
LIFESTYLE PACK

11.00am Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
3.30-4.00pm Emmerdale Farm
Matt tries to start again.

THE HISTORY CHANNEL
WORLD PACK

4.00pm D-Day
Total Story H-Hour – Part II

5.00 The River Boats
Discover the romantic history of these elegant vessels.

6.00 The Greatest Pharoahs
Second part looking at the lives of the great Pharaohs.

7.00-8.00pm Rockets
First Step to the Stars
The story of Robert Goddard, who launched the first liquid-fuelled rocket in 1926.

SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Sky Destinations
12noon American Adventurer
12.30pm Around the World
1.00 Travels with Chuck Henry
1.30 Travel Trails
2.00 Independent Travellers' Guide
3.00 Around the World
3.30-4.00pm African Adventures

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Lifestyle at 9.00am.

CABLE CHECK
Some of the channels listed may not be available in your area

LOUD TURN ON AND TUNE INTO THE MONTH'S BEST MUSIC ON CABLE

MEET THE HARD MEN OF ROCK ...

For metal fans, VH1 goes crazee this month with *March Metal Mayhem*. Tommy Vance introduces two *Friday Rock Show Specials* from two of the biggest heavy metal bands around. There's *Behind the Music* with the band Metallica (Friday 5th 12.00midnight) which explores the band's progress from garage band to global stadium. Today it is the most popular heavy metal band in the world. Then there's *The Friday Rock Show – Slayer Special* (Friday 12th 12.00midnight) – in which the show goes on the road with the hardest bands in metal. Tommy Vance gets the band out of bed and takes them on a bus tour of London. It's rounded off with scary Slayer (above) performing at the Astoria in London. Eat your heart out, Spinal Tap!

Here's our pick of 20 of the hottest tracks on The Box this month. To make your request, dial the number on screen, then key in the code for the video of your choice

Changes (142)	2Pac
One Week (635)	Barenaked Ladies
Maria (543)	Blondie
Baby One More Time (166)	Britney Spears
Jump (604)	Bus Stop
Erase Rewind (792)	Cardigans
Dr Greenthumb (335)	Cypress Hill
Premanent Tears (520)	Eagle Eye Cherry
Hot Spot (789)	Foxy Brown
Mr Cool Machine Gun (328)	Kula Shaker
Ex-Factor (429)	Lauryn Hill
Fly Away (530)	Lenny Kravitz
Crazy (418)	Moffatts
When a Woman's Fed Up (814)	R Kelly
Funk 'N' Drive (939)	Sonic Avengers
Better Best Forgotten (955)	Steps
Just Looking (918)	Stereophonics
Never Had it So Good (504)	Take 5
We Like to Party (920)	Vengaboys
Written in the Stars (259)	Elton John & LeAnn Rimes

1

2

3

4

5

PHOTOS: REDFERNS

KEEPING MUM

It's that time of year for motherly love, and to celebrate VH1 devotes itself to a *Mothers Weekend* (13th-14th), showing a series of specials on some of the leading Mums in music – Madonna, All Saints, the Spice Girls and many more. As our own special tribute, we've put together a collection of songs about mums ...

1 '*Mama Weer All Crazee Now*,' hollered whiskery Noddy Holder in 1972. 'We luv u Slade!' we screamed back from precarious platforms. The song got to Number One where it stayed for ten weeks.

2 Paul Simon's *Mother and Child Reunion* got to Number 5 in the charts back in 1972 where it remained for three months. Appropriately, in the words of Simon, 'Oh the mother and child reunion is only a moment away.'

3 *Mama Mia* – the Swedish quad Abba released this catchy tune in 1975 and it scrambled rapidly to Number 1 – one of their nine chart-toppers no less. They were björn to be famous.

4 *Mama*, the Spice Girls' tribute to their collective Mas, brought a tear to our collective eyes last year – and now two of them are imminent Mamas themselves.

5 '*Ma He's Making Eyes at Me*!' squeaked mini popster Lena Zavaroni in 1974. She got into the top ten and then, in the blink an eye (14 weeks in the charts), Lena's career as a chart topper shuddered to a halt.

Ones to watch ... Calling all musos! *brand:new* on MTV (Monday 1st) is an informed guide to all aspects of rock and pop. Presented by Zane Lowe, the programme features interviews with new bands, exposés, gig guides and much more ... VH1 is celebrating its fifth birthday with a chance to see some of the biggest stars filmed live in their studio in Camden. They kick off with *Paul Weller Uncut*, and will be featuring other big names – Crowded House, Elton John and Michael Hutchence. So tune in on Wednesday 24th and enjoy a week of rock and roll ... Last but not least, MTV takes an Irish angle on Wednesday 17th to celebrate St Patrick's Day of course. The channel will be playing some of your favourite Gaelic tunes from some of your favourite Gaelic artists – the Cranberries and U2, to name but two.

Wednesday 24 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

SKY PREMIER

PREMIUM CHANNEL

6.00am The Tin Soldier *1995, rating Sky PG, 99 mins*

8.00 Larger Than Life *Bill Murray, Janeane Garofalo 1996, rating Sky PG, 89 mins*

10.00 Speed 2: Cruise Control Action thriller. Text *1997, rating Sky PG, DS, 120 mins*

12.05pm Jitters *Joely Fisher, Brian Wimmer 1997, rating Sky PG, 88 mins*

2.00 The Man Who Captured Eichmann *Robert Duvall, Arliss Howard, Jeffrey Tambor, Joel Brooks* Fact-based thriller about the manhunt for one of the most notorious war criminals. Text *1996, rating Sky PG, 92 mins*

4.00 The Tin Soldier *Jon Voight, Ally Sheedy, Dom DeLuise, Trenton Knight* Family fantasy based on the Hans Christian Andersen tale. Twelve-year-old Billy is given a magical tin soldier, whose mission is to help Billy defeat the local bully and begin a new life with his widowed mother. *1995, rating Sky PG, 99 mins*

5.55 Larger Than Life *Bill Murray, Janeane Garofalo, Matthew McConaughey, Linda Fiorentino* Comedy in which a motivational speaker inherits a performing elephant from the late father he never even knew he had. *1996, rating Sky PG, 89 mins*

7.30 The Barry Norman Interview: Richard Attenborough – Both Sides of the Camera

8.00 Speed 2: Cruise Control *Sandra Bullock, Jason Patric, Willem Dafoe, Colleen Camp, Temuera Morrison* Sea-faring action sequel. While on a cruise with her boyfriend, who is a SWAT team member, Annie's ship is seized by a disgruntled ex-employee, who intends to blow it up. Text *1997, rating Sky PG, DS, 120 mins*

10.00 Conspiracy Theory *Mel Gibson, Julia Roberts* Thriller about a New York cab driver whose bizarre conspiracy theories land him in serious trouble when he stumbles upon the truth. He turns to a justice department attorney, who indulges his tales and is forced to take them seriously when he is abducted. Text *1997, rating Sky 15, 130 mins*

12.20am Backdraft *Kurt Russell, William Baldwin 1991, rating Sky 15, 131 mins*

2.40 Mistrial *Bill Pullman, Robert Loggia 1996, rating Sky 15, 88 mins*

4.15-6.00am The Man Who Captured Eichmann Manhunt thriller. Text *1996, rating Sky PG, 92 mins*

SKY MOVIEMAX

PREMIUM CHANNEL

7.00am Movie Magic: Twist and Shout 7.30 Femmes Fatales: Meg Ryan 8.15 Action Heroes: Sean Connery

9.00 Emma Text *1996, rating Sky U, 116 mins*

11.00 Vanishing Point *1996, rating Sky PG, 87 mins*

1.00pm Movie Magic

1.30 Femmes Fatales: Meg Ryan

2.15 Action Heroes: Sean Connery

3.00 Emma *Gwyneth Paltrow, Jeremy Northam, Toni Collette* Adaptation of the Jane Austen novel about a privileged young woman's naive attempts at match-making. She is convinced that her best friend can do better for herself, and steers her away from an interested farmer and towards the men of society. Text *1996, rating Sky U, 116 mins*

5.00 Goddess of Love *Vanna White, David Naughton, Little Richard, Amanda Bearse* Romantic comedy starring former American gameshow starlet Vanna White in her screen debut as the goddess Venus, who pursues the mortal love of a present-day man. *1988, rating Sky PG, 88 mins*

7.00 Vanishing Point *Viggo Mortensen, Keith David, Christine Elise, Steve Railsback* Action suspense remake. A man speeds across the country with the police in hot pursuit, desperate to get home to his wife whose pregnancy has taken a life-threatening turn. *1996, rating Sky PG, 87 mins*

8.30 E! News Week in Review

9.00 Tempting Fate *Tate Donovan, Ming-Na Wen, Abraham Benrubi, Matt Craven, Philip Baker Hall* PREMIERE Sci-fi drama with a twisted, *Twilight Zone* atmosphere. A doctor enjoys his holiday so much that he decides to stay on at the sleepy resort. However, he finds that paradise is not all it appears to be. *1998, rating Sky 12, 91 mins*

11.00 Fear *Ally Sheedy, Lauren Hutton, Michael O'Keefe, Stan Shaw,* Thriller about a young woman with psychic powers. *1990, rating Sky 18, 91 mins*

12.35am Good Guys Wear Black *Chuck Norris, Anne Archer 1979, rating Sky 15, 91 mins*

2.10 Broken English *Aleksandra Vujcic* Text *1996, rating Sky 18, 88 mins*

3.45 Termination Man *1997, rating Sky 15, 88 mins*

5.20-7.00am Goddess of Love *1988, rating Sky PG, 88 mins*

Uma Thurman and Ethan Hawke star in the premiere of 'Gattaca'. Sky Box Office 2, see below

SKY CINEMA

PREMIUM CHANNEL

4.00pm Diplomatic Courier *Tyrone Power, Patricia Neal, Stephen McNally* Cold War thriller about a courier for the US state department who finds himself embroiled in espionage after he fails to pick up a vital package. As he becomes deeper involved, he no longer knows who to trust. *1952, rating Sky PG, 97 mins*

6.00 None but the Lonely Heart *Cary Grant, Ethel Barrymore, Jane Wyatt, Barry Fitzgerald* Drama about a cockney man who tries to elevate himself above his humble origins, by fair means or foul. Ethel Barrymore won an Oscar for best-supporting actress as Grant's dying mother. *1944, rating Sky PG, 108 mins*

8.00 Rebel Without a Cause *James Dean, Natalie Wood, Sal Mineo, Dennis Hopper* Classic drama about the rebellious son of an overbearing mother and a withdrawn father, who is new to town and finds that the only way to adjust to the world is through violence and alcohol. Text *1955, rating Sky PG, 106 mins*

10.00 Hang 'Em High *Clint Eastwood, Inger Stevens, Ed Begley, Pat Hingle* Western about a cowboy who is unjustly sentenced to the gallows. However, he survives and sets out to track down the men who wanted him dead. *1968, rating Sky 18, 110 mins*

11.55 Under the Volcano *Albert Finney, Jacqueline Bisset* Pre-World War II drama about a diplomat in Mexico. *1984, rating Sky 15, 108 mins*

1.50am The Magus *Anthony Quinn, Michael Caine 1968, rating Sky 15, 111 mins*

3.50-5.10am On Dangerous Ground *Robert Ryan, Ed Begley 1951, rating Sky PG, 78 mins*

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

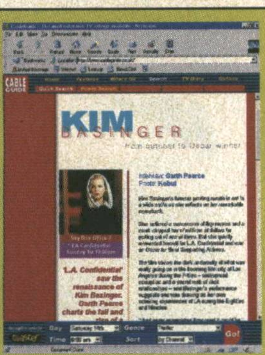
FAMILY PACK

9.00pm Alex in Wonderland *Donald Sutherland, Ellen Burstyn, Meg Mazursky, Glenna Sergent, Viola Spolin, Andre Phillipe* Comedy about a young film director who sets out to follow up his smash-hit debut but finds the movie moguls of Hollywood standing in his way. *1970, 110 mins*

11.15 The Power *George Hamilton, Suzanne Pleshette, Richard Carlson, Yvonne de Carlo, Earl Holliman* A scientific research team realises that one of its members has powerful ESP abilities and is killing them off one by one. *1968, 109 mins*

1.15am Ring of Fire *David Janssen, Joyce Taylor* Adventure. *1961, 86 mins*

3.00-5.00am Alex in Wonderland *Donald Sutherland, Ellen Burstyn* Comedy. *1970, 110 mins*



CABLE GUIDE

KIM BASINGER

Interview: Garth Pearce
Photo: Kobal

Sky Box Office 2

'L.A. Confidential' saw the renaissance of Kim Basinger. Garth Pearce charts the fall and

Want to know what Kurt Russell movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR

ADD-ON CHANNEL

6.00pm Nelly and Monsieur Arnaud *Emmanuelle Beart, Michel Serrault* Drama about a woman who leaves her disinterested husband to act as secretary to an old judge dictating his memoirs. Soon their master-employee relationship develops into something else, which causes complications. *1995, 102 mins*

8.00 Kes *David Bradley, Lynne Perrie, Freddie Fletcher* Ken Loach's acclaimed first feature about a young Barnsley schoolboy who escapes from the boredom of ordinary life by raising and training a kestrel. *1969, 107 mins*

9.55 Ran *Toshiro Mifune, Yuzo Kayama, Yoshio Tsuchiya* Akira Kurosawa's extremely violent interpretation of Shakespeare's play *King Lear*, where the treacherous siblings are sons and not daughters. The drama centers around the darkness of family betrayal as the head of the family precipitates his undoing, aided by those in whom he trusted most. *1985, 153 mins*

12.35am Bonfire of the Vanities *Melanie Griffith, Tom Hanks* Drama. *1990, 119 mins*

2.40 Angels and Insects *Mark Rylance, Patsy Kensit* Romantic drama. *1995, 112 mins*

4.35-5.00am Typically British Stephen Frears examines the history of cinema.

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1

Channel 51

HOW TO BE A PLAYER

Lively sex farce starring Def Jam's Bill Bellamy as Dray, a playboy with a passion for ladies who finds his lifestyle under threat. With Natalie Desselle and Mari Morrow. *1997, rating Sky 18, 90 mins*

PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2

Channel 52

GATTACA

Uma Thurman and Ethan Hawke star in this science-fiction drama set in a genetically-perfect future. With Jude Law and Alan Arkin. *1997, rating Sky 15, 102 mins*

PLAYS AT 7.00am, 9.00am, 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3

Channel 53

JACKIE BROWN

Comedy drama from Quentin Tarantino starring Pam Grier, Samuel L Jackson, Michael Keaton, Robert Forster and Robert De Niro. *1997, rating Sky 15, 148 mins*

PLAYS AT 6.00am, 9.00am, 12noon, 3.00pm, 6.00pm, 9.00pm, 12midnight, 3.00am

Sky Box Office 4

Channel 54

KISS THE GIRLS

Chilling thriller starring Morgan Freeman as a detective who investigates the kidnapping of his niece by a serial kidnapper who calls himself Casanova. With Ashley Judd. *1998, Sky 18, 110 mins*

PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions. Customers with a Videoway set-top-box must view all events on Channel 50.

Wednesday 24 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula
7.30
The Chris Evans Breakfast Show
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You Text
1.30 Jeopardy
2.00 Sally Jessy Raphael
You're Too Fat, I'm Leaving You

3.00 Jenny Jones
Jenny, Help Me Cover Up My Sexy Teen
Frank, provocative discussion with Jenny Jones and guests.

4.00 Guilty!
Tackles the crimes committed by friends, lovers, colleagues and families by placing them in front of a 100-strong jury. Presented by Carole Malone.

5.00 Star Trek: Voyager
The Swarm
As *Voyager* prepares to cross through an unknown territory, the Doctor has a major problem. Text

6.00 Guilty!
Open relationship is much too open

6.30 Friends
The One with the Screamer
With the voice of Ben Stiller. Text

7.00 The Simpsons
Burns, Baby Burns Text

7.30 The Simpsons
Brother from Another Series
With Kelsey Grammer and David Hyde Pierce. Text

8.00
Mortal Kombat: Conquest
Noob Saibot
When Siro consults a seer, he unleashes an underworld warrior intent on killing Kung Lao.

9.00 The X-Files
Syzygy
A rare alignment of the planets gives two teenage girls dangerous telekinetic powers. Text

10.00 Miami Uncovered
Another chance to see the boys and girls behaving badly in the Sun.

11.00 Friends
The One with the Screamer
With the voice of Ben Stiller. Text

11.30 Star Trek: Voyager
The Swarm
As *Voyager* prepares to cross through the territory of an unknown, the Doctor has a major problem. Text

12.30am The Commish
Father Image – Part II
Tony grows closer to catching the serial killer but his mentor's help starts to hinder him.
1.30-7.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 Pride and Prejudice
10.30 Rhoda
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Bugs
2.00 Dallas
2.55 The Bill
Taking it Easy

3.25 The Bill
Villain
An old man is accused of murder.

3.55 EastEnders
It's the day of Clyde's big fight and Etta is worried sick. With Letitia Dean, Bill Treacher and Wendy Richards.

4.30 Rhoda
Let's Call it Love
Sitcom with Valerie Harper.

5.00 All Creatures Great and Small
Mending Fences
A triple birthday celebration is marred by tragedy. With Christopher Timothy.

6.00 Dynasty
The Vote
Blake is furious when the merger of his company and Colbyco is approved, and Jeff accuses Adam of falsifying business reports.

7.00
Ever Decreasing Circles
Domestic sitcom with Richard Briers and Penelope Wilton.

7.40 Dad's Army
Never Too Old
Corporal Jones falls in love and decides to marry. With Clive Dunn and Arthur Lowe.

8.20 The Brittas Empire
Exposed
Sitcom with Chris Barrie.

9.00
One Foot in the Grave
Love and Death
Victor plans a seaside weekend away. With Richard Wilson.

9.40 Catherine Cookson's The Man Who Cried
The Journey – Part I
Period drama. Abel Mason's wife exposes his affair with a married woman with tragic consequences. When the woman's husband shoots his wife before turning the gun on himself, Abel takes to the road with his young son. The pair strike out northwards and Abel eventually finds work

11.40 The Bill
Taking it Easy
12.10am The Bill
Villain
12.40-2.25 Silent Witness
Sins of the Fathers
A body is found in a burnt-out restaurant owned by the father of a Vietnamese student Sam knows.

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Special Babies
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 Brookside
12.10pm Through the Keyhole
12.40 Rescue 911
1.10 Beyond Belief
1.40 Maury Povich
2.10 Special Babies

3.00 Living Room
An upbeat and humorous magazine show featuring human interest stories, celebrities, fashion and beauty.

3.50 Michael Cole
No-holds-barred talk show in which the one-time director of public affairs for Harrods tackles sensational subjects.

4.40 Through the Keyhole
David Frost and Loyd Grossman poke around celebrity homes, while a panel must guess who owns the house.

5.10 The Heat is On

5.40 Ready, Steady, Cook
Fern Britton presents the culinary challenge.

6.15
The Jerry Springer Show
Outrageous American talk show in which Jerry Springer's guests engage in heated disputes.

7.05 Rescue 911
William Shatner presents the stories of real-life rescues by US emergency services.

7.35 Animal Rescue
More lives are saved.

8.10 LA Law
Legal dilemmas and personal entanglements are all in a day's work for the young attorneys of a California law firm in this drama series from America.

9.00 FILM:
Too Good to Be True
Patrick Duffy, Loni Anderson, Glynnis O'Connor, Julie Harris
Thriller about a woman's obsessive jealousy. A successful author is captivated by a beautiful woman and, despite warning signals from her relatives, marries her. But soon her pathological possessiveness comes to the fore. *1989*

11.00-12midnight
The Sex Files II
The Box
Katrina Buchanan takes a course in erotic writing, and actress Su Pollard reviews sexy lingerie.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 Holding the Fort 7.30 The Odd Couple 8.00 Families 8.30 Mind Your Language 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Upstairs, Downstairs 11.00 The Gentle Touch 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Mind Your Language 1.30 Me and My Girl 2.00 Upstairs, Downstairs

3.00 The Love Boat
The Family Reunion
A woman forms an unlikely alliance, and a poor young couple are overwhelmed by the attention lavished on them.

4.00 The Professionals
Servant of Two Masters
Bodie and Doyle stalk their own boss in disbelief when Cowley steals a lethal new nerve gas. With Lewis Collins.

5.00 Hart to Hart
Harts on the Run
Jennifer takes refuge in a convent after witnessing a gangland slaying, and Jonathan must race to save her.

6.00 Emmerdale
Lynn scuppers Rachel's birthday plans.

6.30
Classic Coronation Street
Eddie frees Marion.

7.00 The Professionals
Purging of CI5
CI5 is rocked to its foundations by bombings and an assassination when a ghost with a vendetta appears.

8.00 The Benny Hill Show
The comedian stars in a series of hilarious sketches, featuring a host of quirky characters, guest stars and a bevy of beauties.

9.00 The Sweeney
Hit and Run
Seventies police drama.

10.00 Hale and Pace

10.30-11.00pm
Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Football Feva
Football series which looks at all aspects of the beautiful game from a global perspective.

12midnight Real Sex
How men and women explore their sexuality in today's society.
12.30am Snowgirls
The saucy ski show.
1.00
Elvis Has Just Left the Building
Pop music quiz with Mike Sweeney.
1.30-2.00am V.P.L.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi 7.00 Toons 7.10 Aladdin 7.35 Dalmatians 8.00 Goof Troop 8.25 Toons 8.45 Winnie the Pooh 9.00 Spot 9.05 Animal Shelf 9.15 Pocket Dragons 9.30 Bear 9.55 Toothbrush 10.00 Bite Size 10.10 Rosie and Jim 10.30 Big Garage 10.45 PB and J 11.00 Sesame Street 12noon Spot 12.05pm Animal Shelf 12.15 Pocket Dragons 12.30 Bear 12.55 Toothbrush 1.00 Bite Size 1.10 Rosie and Jim 1.30 Big Garage 1.45 PB and J 2.00 Winnie the Pooh 2.30 Quack Pack

3.00 The Little Mermaid
The charming undersea adventures of Ariel. Text

3.30 Art Attack
Award-winning innovative art show with Neil Buchanan. Text

4.00 101 Dalmatians
Animated series based on the classic canine story. Text

4.30
Hercules: The TV Show
Animated adventures. Text

5.00 Recess
Animated series from the creators of *Rugrats*. Text

5.15 Pepper Ann Text

5.30 Smart Guy
Being brainy can be hard. Text

6.00 Teen Angel
Marty Buys the Farm
Marty dies and returns to earth as a guardian angel. Text

6.30 Boy Meets World
Brothers Text

7.00
FILM: Mr Headmistress
Harland Williams, Katey Segal
Comedy. When a conman impersonates a headmistress to escape from some thugs, he is surprised to develop a concern for his students.
1998 Text

8.30 Honey, I Shrunk the Kids: TV Show
Life is never dull for the family of an eccentric inventor. Text

9.15 Double Dinosaurs
Prehistoric comedy in this Stone-Age sitcom about the Sinclair family. Text

10.00 Home Improvement
Stars Tim Allen. Text

10.30 Wonder Years Text

11.00-12midnight
Touched by an Angel Text

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

WEDNESDAY CONTINUES OVERLEAF...

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

CABLE CHOICE

FILM

Kes
FilmFour 8.00pm
The first of two films chosen by actor Nigel Hawthorne is the Ken Loach classic about a young schoolboy from Barnsley whose life revolves around caring for and training a kestrel. The film is bleak, unsentimental and a comment on lack of opportunity.

GENERAL

Catherine Cookson's the Man Who Cried
UK Gold 9.40pm
A period drama in two parts set in the summer of 1932. Abel Mason's wife exposes his affair with a married woman whose husband then shoots her before turning the gun on himself. Abel takes to the road with his young son to look for a new life.

ADVERTISEMENT

THE LIVING ROOM 3.00PM

living

The Living Room is *living*'s daytime magazine show that has all the comforts of your own living room. Presented by friends Jayne Irving and Amanda Cross, *The Living Room* is set in a comfy Victorian living room and is like popping to a friend's house for a chat.

Wednesday 24 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

7.30am FIA World Rally Championship
Action from Portugal.
8.00 Figure Skating
9.30 Ski Jumping
11.00 FIA World Rally Championship
Highlights from Portugal.
11.30 Motocross
12noon Tennis
12.30pm Golf
1.30 Figure Skating – LIVE
Coverage of the ladies qualifying action from the World Championships in Helsinki, Finland.

3.30 Tennis
Highlights of the ATP Tour's Mercedes Super 9 Tournament in Key Biscayne, Florida.

5.00
Figure Skating – LIVE
Coverage of the pairs free skating from the World Championships in Helsinki, Finland. This championship has been held almost every year since 1896 and is the major event of the season, attracting all the world's best skaters. Predicted favourites for today in Helsinki are the titleholders Elena Berezhnaya and Anton Sikharulidze from Russia. However, two new pairs who joined forces this season and may cause problems for the reigning champions are Maria Petrova and Alexei Tikhonov, also from Russia, and American's Kyoka Ina and John Zimmerman.

9.30 Tennis
Highlights from the ATP Tour's Mercedes Super 9 Tournament in Key Biscayne, Florida.

10.30 Tennis
Another chance to catch all the latest action from the WTA Tournament in Key Biscane, US.

11.30 FIA World Rally Championship
Action from the Third Stage in Portugal.

12midnight-12.30am
Speed Skiing
Highlights from the Pro World Cup in Grimentz, Switzerland.

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Sky Sports Centre 7.15 World Wrestling Federation – Live Wire 8.15 You're On Sky Sports! 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Golf: Euro Seniors – Sahara Cup 11.00 Rugby League Academy 12noon Aerobics Oz Style 12.30pm 1999 Premier Snooker League 2.30 Fastrax

3.00 Inside Scottish Football
A behind-the-scenes-look at the number one division, the the new Scottish Premier League.

4.00 Superbouts: Curry v Starling
Relive the memorable 1984 meeting between Don Curry and Marlon Starling.

5.00 World Wrestling Federation – Shotgun
Michael Cole and Kevin Kelly present the latest news updates from the WWF, including interviews.

6.00
Sky Sports Centre
All the latest sporting news and views.

6.30
World Pool League
Action from the Victoria Inter-Continental Hotel in Warsaw, Poland.

7.30 Football – LIVE
Action from London Arena with coverage of the London Masters six-a-side tournament.

10.00
Sky Sports Centre

10.15
You're On Sky Sports!
Sporting enthusiasts share their views on recent news.

11.00
World Pool League
The world's top pool stars line up for action in the first World Pool League from Warsaw.

12midnight
Sky Sports Centre
12.15am
You're On Sky Sports!
1.00 Football
3.00 Rugby League World
4.30-4.45am
Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics 7.30 Sky Sports Centre 7.45 Racing News 8.15 Fastrax 8.45 Sky Sports Centre 9.00 Fish TV: Ultimate Fishing Show 9.30 Fish TV: Fishing Tales 10.00 Inside Scottish Football 11.00 Golf: LPGA 1999 – Standard Register PING 1.00pm Golf Extra
Essential viewing for golfing enthusiasts or those who would simply like to know more about the game. This programme offers a comprehensive roundup of all the significant action from the fairways.

4.00 Premier Snooker League
Action from the 1999 Premier Snooker League, now in its 13th year. It features the seven biggest names in the game, including veterans such as Jimmy White who was beaten in the final last year by current World Number Four Ken Doherty.

6.00
Watersports World
The show that gives the viewer a comprehensive insight into a number of watersports.

7.00 Golf Extra
All the major players and the tournaments in which they appear are featured on golf's essential and most comprehensive roundup.

10.00 European Tour Weekly
An essential roundup of Euro Tour Golf.

10.30
Watersports World
A guide to the best action on the water.

11.30 Australian Rally Championship
Action from the Australian Rally Championship.

12midnight Ringside
Presented by Paul Dempsey.
1.30am World Pool League
Action from the Victoria Inter-Continental Hotel in Warsaw, Poland.
2.30-2.45am
Sky Sports Centre

SKY SPORTS 3
PREMIUM CHANNEL

12noon World Wrestling Federation – Shotgun
1.00pm Fish TV: Ultimate Fishing Show
1.30 Fish TV: Fishing Tales
2.00
Tales from the Premiership: A Tale of Two Strikers
2.30 Superbouts: Curry v Starling
Relive the classic action from the ring with the 1984 meeting between Don Curry and Marlon Starling.

3.30 V-Max
An insight into the world of speed on land, water and in the air.

4.00 Golf: LPGA 1999 – Standard Register PING
Action from the fairways of the Moon Valley golf course, Phoenix, in the LPGA Standard Register PING, the latest stage of the ladies' professional golf tour.

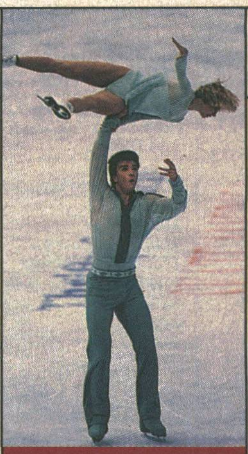
6.00 European Tour Weekly

6.30
Unbelievable Sports
A collection of the world's most bizarre sports.

7.00
Rugby League World
Keeps yourself up to date with all the latest rugby league developments around the world, from the battlefields of the Superleague to the Australian National Rugby League championship.

8.30 Ringside
Paul Dempsey presents the show that covers all the best boxing action from around the country.

10.00-11.30pm
FA Cup Final Classics: Liverpool v Newcastle United
Action from the memorable FA Cup final in which strikers Kevin Keegan and Malcolm McDonald clashed in a battle to prove who was the best goalscorer in England.



Top figure skating action with Elena Berezhnaya and Anton Sikharulidze
Eurosport
5.00pm – Live

MUTV
ADD-ON CHANNEL

6.00pm Game On
6.15 The Insiders
Meet the unsung heroes behind the scenes.

6.30 FAN
Magazine show.

7.00 Red Hot News
A roundup of all the latest developments from Old Trafford.

7.30 Kids Clinic
A revision class.

8.00 Super Match – Premier Classic: Coventry City v Manchester United
Relive the 1995 match.

8.55 Red Hot Update

9.00 Super Match – Premier Classic: Coventry City v Manchester United
Continued footage of the 1995 match.

10.00
Talk of the Devils
Fans share their views about recent Man Utd news.

10.45
Junior Masterfan

11.15 Jump 'n' Pump
Aerobics exercise programme.

11.30-12midnight
Red Hot News
All the news from Man Utd.

SCI-FI
ACTION PACK

7.30am Bloomberg Information Television 8.00 Sightings 9.00 Battlestar Galactica 10.00 Quantum Leap 11.00 Dark Shadows 11.30 The Ray Bradbury Theatre 12noon The Twilight Zone 1.00pm Tales of the Unexpected 1.30 Tales of the Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00
Battlestar Galactica
Galactica Discovers Earth
After a 30-year search the *Battlestar Galactica* has found earth.

4.00
The Incredible Hulk
Equinox
McGee follows Banner to a masquerade party, where Banner is a reluctant guest.

5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences. With Tim White.

6.00 Time Trax
Mother
While pursuing a 22nd-century embezzler, Darien encounters Kit Logan, who looks just like Selma.

7.00 Quantum Leap
Revenge of the Evil Leaper
Sam and fellow leaper Alia find themselves in a women's prison.

8.00 VR.5
Love and Death
Sydney's next assignment is to prod a troubled committee employee, into returning to work.

9.00 Lexx
Norb
Sci-fi series starring Xenia Seeberg, Michael McManus, and Brian Downey.

10.00 FILM: Ghostbusters II
Bill Murray, Dan Aykroyd, Sigourney Weaver
Comedy sequel. The spirit world's worst enemies return, and this time the team's supernatural foe is an ancient evil warrior named Vigo, who attempts to re-enter the world of the living via a baby. *1989*

12midnight
PSI Factor – Chronicles of the Paranormal
Perestroika
1.00am
FILM: Sleeping Dogs
C Thomas Howell
Futuristic adventure. *1997*
3.00 Dark Shadows
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

4.00pm Trisha
Britain's most popular talk show repeated from earlier today on ITV.
5.00 The Locker
Fitness and health magazine programme hosted by Gabby Yorath.
5.30 Futbol Mundial
All the latest news and action from the world of football.
6.00 Minty
Children's drama series about a bored schoolgirl.
6.30 Bedrock
Featuring celebrity guests, interviews and email activity
7.30 Taking the Pitch
Bob Mills hosts a knockout soccer quiz featuring celebrities, players and fans of clubs from England and Scotland.
8.00 NBA 99
One of the week's top basketball games from the US.
9.00 ITV2's Great Detectives: Anna Lee
Drama series about a tough, yet feminine, female detective. Starring Imogen Stubbs.
11.00 Coronation Street
Another chance to catch tonight's episode from ITV. Starring Barbara Knox and Michael Le Vell.
11.30 Emmerdale
Tonight's episode from ITV.
12midnight-2.00am Film

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Exposed 12.20 FILM: Jenna's Revenge 1.00 The Five Minute Free View
1.05 FILM continues
1.30 FILM: Naked Fugitive
2.40 FILM: Deep Space
3.50 Betsy ...
4.10-5.30am
FILM: New Barbarians

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day
12.10am New Model File
12.35
Neil Down – Sex Therapist
1.00 Biker Annie
1.30 FILM: Private Matters
Kirsty Waay, Selena
Erotic feature.
2.45 Caught at Home
2.55-4.00am
FILM: Coming of Fortune

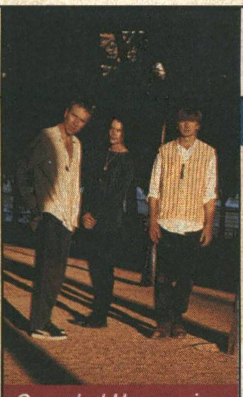
Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Ginger Ale Afternoon
Dana Anderson
Comedy.
9.25 The Space Between the Floor and the Door
9.50 FILM: Death Before Sunrise
Ulli Lommel, Natalia Negoda
Drama.
11.20-12midnight
Close Arrest

Wednesday 24 March



Crowded House give a memorable performance in 'The Best of Live at VH1'. VH1 10.00pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room

5.15 Cross Wits
Fast-moving quiz show.

5.45
The Games Room

6.00 Family Fortunes
The big money gameshow.

6.30
The Games Room

6.45 Catchphrase
Hi-tech quiz hosted by Roy Walker.

7.15
The Games Room

7.25 100 Per Cent
General-knowledge quiz.

7.55
The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and fiendish challenges in a giant fantasy world.

9.00
The Games Room

9.15 Strike it Lucky
With Michael Barrymore.

9.45
The Games Room

10.00 Candid Camera
More revelatory fun.

10.30
Karaoke Challenge
Gloucester
Sonia is your host tonight.

11.00
Carnal Knowledge
The show that rips open the bedroom curtains of the British public to reveal their intimate secrets.

12midnight Strike it Lucky 12.30am Split Second 1.00 3-2-1 2.00 Love at First Sight 2.30 Studs 3.00 Simply Irresistible 3.30 Blockbusters 4.00 Fifteen to One 4.30 Don't Drink the Water 5.00-6.00am Screenshop

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Shopping 7.00 Why Files 7.30 The Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 The Why Files 9.30 Indecent Proposal 10.00 Agony 10.30 Fashion Show 11.00 Judge Judy 11.30 Mind Games 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 The Fashion Show 2.00 Judge Judy 2.30 Mind Games

3.00 Agony
Advice for those with relationship problems.

3.30 Lie Detector
Unmasking deceit using modern methods.

4.00
Indecent Proposals
Cash for embarrassment.

4.30 Judge Judy
Another case solved by the American judge.

5.00 Agony
Advice for troubled souls.

5.30 The Why Files
Psychic investigators search for the weird, wonderful and the spooky.

6.00
The Fashion Show
A look at the headlines among the hemlines.

6.30
Indecent Proposals

7.00 Sport at Seven: Grass Roots Football
All the top footy action from the *Grass Roots* team.

8.00 The Why Files
Psychic investigators search for the weird, wonderful and the spooky.

8.30 Judge Judy
Another case is solved.

9.00 Lie Detector
Unmasking deceit.

9.30 Mind Games

9.57 Topless Darts
More sharp and shapely throwing.

10.00 Love Street
American erotic series.

10.30 Exotica Erotica
Late night TV tailored for adults only.

11.30 Orgasmatron

11.45 Painted Ladies

11.57pm
Topless Darts

12midnight Love Street 12.30am Private Dancers 12.45 Pleasure Dome 1.00 Exotica Erotica 2.00 Blue Review 2.15 Janeycam 2.30 Love Street 3.00 Agony 3.30 The Why Files 4.00 Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 Body Heat 5.45-6.00am Nation L!VE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

Ground Up 10.30 First Taste 11.00 Worrall Thompson 11.30 Ideal Home Cooks 12noon Network Daily 12.30pm Ballymaloe 1.00 Kitchen College 1.30 The Cookshop 2.00 Indian Kitchen 2.30 Network Daily 3.00 Loyd's Louisiana
Loyd cooks up a treat.
3.30 Ideal Home Cooks 4.00 Thoroughly Modern British 4.30-5.00pm Chez Bruno

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show presented by Bill Dodd.

5.30 Gridlock
With Simon Biagi.

6.00 My Two Wives
Super Proposal
Sitcom about an Australian lawyer.

6.30 Our House
With Suzi Becker.

7.00 Shine on, Harvey Moon
Safe as Houses
Comedy following the trials and tribulations of a family in postwar London.

8.00
Once in a Lifetime
Comedy about a woman running a music school.

8.30 Superchefs
Aldo Zilli v Valentina Harris

9.00 Head Over Heels
The Great Pretender
When Patsy organises a talent contest at the Rockit, surprise winner Daniel Dunn looks set to be a star.

10.00 Pie in the Sky
An Innocent Man
Crabbe is alarmed when Fisher sends a surveillance team into the restaurant to catch one of the customers.

11.00
Hill Street Blues
Influential Eighties US police drama series set in a tough urban area, with human-interest storylines.

12midnight My Two Wives
Super Proposal
Sitcom about an Australian lawyer who lives in an apartment with his wife and daughter.

12.30am-1.00am Gridlock
Simon Biagi hosts the fast-paced gameshow.

ANIMAL PLANET
WORLD PACK

12noon The New Adventures of Black Beauty 12.30pm Hollywood Safari 1.30 Crocodile Hunter
Dinosaurs Down Under
2.00 All-Bird TV
An irreverent journey into the relationship and interaction between humans and birds.
2.30 Human/Nature
Reporters travel the world charting the relationships with the animals and the elements.

3.30 Harry's Practice
A look at the work of vet Harry Cooper in his practice in northern Tasmania.

4.00
Jack Hanna's Zoo Life
Chimpanzees of Chambura Gorge

4.30 Animal Doctor
A look at the RSPCA.

5.00 Pet Rescue
With Wendy Turner and Mark Evans.

5.30 Crocodile Hunter
Hidden River
Rogue crocodiles.

6.00
The New Adventures of Black Beauty
Children's drama series.

6.30 Lassie
Bone of Contention

7.00 Rediscovery of the World
Queen Charlotte Islands
Jacques Cousteau's classic global journey of the land and the sea continues.

8.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.

8.30 Horse Tales
Polo Kings
Stories of individual horses.

9.00 Going Wild
Life against the Alps
Wildlife on the slopes.

9.30 Emergency Vets
Stories from Alameda East Veterinary Hospital.

10.00
Crocodile Hunter
Return to the Wild

10.30
Crocodile Hunter
Crocodile Hunter – Part I

11.00 Wildlife ER
Round-the-clock care to a variety of animals.

11.30-12midnight
Emergency Vets
Stories from Alameda East.

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Making Babies 7.50 The Great Egg Race 8.30 Vanessa 9.30 Esther 10.00 Vets in Practice 10.30 Lion Country 11.00 Full Circle with Michael Palin 12noon Pandas of the Sleeping Dragon 1.00pm The Day the Universe Changed 2.00 Car Squad

3.00 Plastic Fantastic
Focusing on people who have had plastic surgery.

3.30 Esther
Watching Him, Watching Her

4.00 Vanessa
Vanessa Feltz tackles some real-life issues with a studio audience.

5.00 Rolf's Amazing World of Animals
Family entertainment show.

5.30 Lion Country
A behind the scenes look at Longleat.

6.00
The First Americans
Archaeologists uncover evidence of a group of people who lived before the Incas and Aztecs.

7.00 Night Terrors
One in 50 adults in Britain suffer from 'night terrors'.

7.30 The Body in Question
Sleight of Hand

8.00 Wolves in White
Wildlife on UK Horizons
The progress of a pack of wild Arctic wolves.

8.30 Zoo's Company
Handle with Care

9.00 Prohibition: 13 Years That Changed America
The Dry Crusade
How a nation became possessed by prohibition.

10.00 Airport
Behind the scenes at the world's busiest airport, Heathrow.

10.30 Lakesiders
Series set at Lakeside.

11.00 Top Gear GTi
The *Top Gear* team present a special extended edition of their show for UK Horizons viewers.

12midnight-1.00am Savagery and the American Indian
First in a two-part look at the fate of American Indians.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Fashion Livetime 7.00 Fashion Livetime 8.00 E! Celebrity Profile 9.00 Great British Food 9.30 Craftwork 10.00 The View 11.00 Restaurant Recipes 11.30 Gardeners' Diary 12noon The Montel Williams Show 1.00pm Health Livetime 2.00 The View

3.00 Health Livetime
Interactive magazine programme which offers viewers the opportunity to put questions to celebrity guests and leading experts.

4.00 The Montel Williams Show
Help for Violent Young Women
Emmy Award-winning US chat show.

5.00
Gardeners' Diary
A guide to gardening.

5.30-6.00pm
Restaurant Recipes

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
New Fox in Town
Wildlife from a new angle.

7.30
Journey Through the Underworld

8.00
Survival of the Apes
Discover how logging in East Cameroon has left virgin rainforests open to the hunters.

9.00 The Art of the Warrior
This fascinating programme discovers the 4,000 year history behind martial arts skills.

10.00 Water Blasters
Join the men who set off huge blasts to build a New York water tunnel.

10.30 Rubbish Police
New York's garbage service.

11.00 On the Edge: Survival on the Ice
Franz Josef Land is a high arctic wilderness of breathtaking beauty, with 60 ice-covered islands.

12midnight Extreme Earth:
North Sea Storm
Life on an exploration rig.
12.15am Extreme Earth
Tornado Alley
12.30-1.00am
Extreme Earth
Volcano Island

CABLE CHECK
Some of the channels listed may not be available in your area

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits
All the latest hit videos.
9.00 Bytesize MTV
11.00 brand:new
12noon Mad 4 Hits
2.00pm European Top 20
The best of the current European favourites.
3.00 Bytesize MTV Pop
4.00 Select MTV
6.00 Bytesize MTV
7.00 brand:new
8.00
The Lick R&B Chart Show
The pick of the latest R&B.
9.00 Daily Edition
9.30 Artist Cut
10.00 MTV Live
The very best live music in an MTV special.
10.30 Snowball 1999
Music from the slopes.
11.00 Mad 4 Hits
All the latest hit videos.
12midnight Yo!
MTV's very own rap and hip hop show with guest stars.
1.00am MTV Live
1.30 Snowball 1999
2.00-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12noon Ten of the Best 1.00pm Greatest Hits of... Sheryl Crow 1.30 Pop-Up Video 2.00 Jukebox 4.30 Talk Music 5.00 Five@Five 5.30 Pop-Up Video 6.00 Happy Hour with Toyah Willcox 7.00 VH1 Hits 9.00 Bob Mills' Big 80s Live At VH1 Week 10.00 NEW SERIES The Best Of Live at VH1 10.30 INXS Uncut 11.00 Revolver 12midnight Madonna – The Girlie Show 2.30-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Destinations 12.30pm Go Greece 1.00 Holiday Maker 1.15 Holiday Maker 1.30 Flavours of France 2.00 Flavours of Italy 2.30 No Truckin' 3.00 Great Splendours 4.00 Go 2 4.30 Amazing Races 5.00 Cities of the World 5.30 A Golfer's Travels 6.00 Flavours of France 6.30 On Tour 7.00 Dream 7.30 Go Greece 8.00 Travel Live 8.30 Go 2 9.00 Great Splendours 10.00 No Truckin' 10.30 Races 11.00 Tour 11.30-12midnight Golfer's Travels

UK STYLE
LIFESTYLE PACK

7.00am Gluck, Gluck, Gluck 7.30 Changing Rooms 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Style Challenge 9.30 Change That 10.00 Travels with Pevsner 11.00 Looking Good 11.30 Changing Rooms 12noon Can't Cook, Won't Cook 12.30pm Style Challenge 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Floyd's American Pie 2.30 Stefan's Garden Roadshow 3.00 Home Front in the Garden 3.30 Waterlines 4.00 The House Detectives 4.30 Antiques Roadshow 5.30 Can't Cook, Won't Cook 6.00 The Face 6.30 Wilderness Walks 7.00 Antiques Roadshow 8.00 Style Challenge 8.30 Change that 9.00 Looking Good 9.30 Ready, Steady, Cook 10.00 Changing Rooms 10.30 Going for a Song 11.00 Stefan's Garden Roadshow 11.30 Home Front in the Garden 12midnight The Terrace 12.30am-1.00am Travel Xpress

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

Wednesday 24 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Gourmet 6.30 Yan Can Cook 7.00 Homemaker 7.30 Period Rooms 8.00 Wedding 8.30 Baby Story 9.00 Painting 9.30 Gardening Plot 10.00 Instant Gardens 10.30 Country Cooking 11.00 Diceman 11.30 Rex Hunt 12noon Our House Down Under 12.30pm Antiques Trail 1.00 Our House 1.30 Home Savvy 2.00 Workshop 2.30 Home Again 3.00 This Old House 3.30-4.00pm Charlie West Fishing

DISCOVERY
WORLD PACK

4.00pm Rex Hunt's Fishing Adventures
Rex compares river with lake fishing.

4.30 The Car Show
Perfecting a car's image.

5.00 Hitler-Stalin Dangerous Liaisons
A look at the decisive battle for the Russian Front in World War II, which cost millions of lives.

6.00 Wildlife SOS
The work of the charity Wildlife Aid.

6.30 Untamed Africa
The Brother of Talek
Profiles wildlife in the Talek region, with a look at the hatching of crocodile eggs.

7.30 Futureworld
Safe and Secure
How technology helps to protect you.

8.00
Arthur C Clarke's Mysterious World
Great Siberian Explosion

8.30
Creatures Fantastic

9.00 Atlantis
Investigation into evidence which suggests that the legendary city of Atlantis may have existed off the coast of South America.

10.00 The History of Writing
NEW A survey of writing stretching from its origins up to the most modern multimedia technologies.

11.00
Last of the Few
The Battle of Britain Memorial flight is recalled by those who took part in the actual battle.

12midnight Mysteries of the Ancient Ones
Theories about the remote mesa dwellings of the Anasazi people.

1.00am-2.00am Hitler-Stalin Dangerous Liaisons
Analysis of the battle for the Russian Front.

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Blinky Bill 6.00 The Tidings 6.30 Tabaluga 7.00 Scooby-Doo 7.30 Dexter's Laboratory 8.00 Looney Tunes 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 The Tidings 10.00 The Magic Roundabout 10.30 The Fruitties 11.00 Tabaluga 11.30 Yo! Yogi 12noon Tom and Jerry 12.30pm Looney Tunes 1.00 Popeye 1.30 The Flintstones 2.00 The Jetsons 2.30 Droopy

3.00 Taz-Mania
Devilish animated antics from down under.

3.30 Scooby-Doo
More spooky adventures with the clean-cut gang.

4.00
The Powerpuff Girls
Girl power action.

4.30
Dexter's Laboratory
Bedroom chemical chaos.

5.00 Ed, Edd 'n' Eddy
Suburban teenage fun.

5.30
Cow and Chicken
Crazy antics with the mismatched siblings.

6.00 Animaniacs
Cartoon capers set on the Warner Bros studio lot.

6.30 The Flintstones
Hare-brained fun with the Bedrock families.

7.00 Tom and Jerry
Violently comic antics with the constantly sparring cat and mouse duo.

7.30 Looney Tunes
Classic cartoon capers.

8.00
Cartoon Cartoons
The channel's favourites.

8.30-9.00pm
Cult Toons
Cartoons from the archives.

Want to know if your favourite episode of *Frasier* is on this month?
Our new online TV listings guide will tell you!
http://www.cableguide.co.uk

NICKELODEON
FAMILY PACK

6.00am Rocko's Modern Life 6.30 Bruno 7.00 CatDog 7.30 Rugrats 8.00 Wild Thornberrys 8.30 Arthur 9.00 Children's BBC 10.00 Wimzie's House 10.30 Papa Beaver Stories 11.00 Magic School Bus 11.30 PB Bear/Budgie/Animal Antics/Family Ness 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Little Bear Stories 2.00 Paddington Bear/Lizzie's Library/Portland Bill/Mr Men 2.30 Children's BBC

3.00 Children's BBC on Nickelodeon
Including *Teletubbies.*

3.30 Doug
Pass the time with the painfully average Doug.

4.00 Three Friends... and Jerry
Adolescent adventures.

4.30 Rugrats
Madcap fun with the imaginative toddlers.

5.00 Sister Sister
Two half-sisters and their respective single parents all try to live together.

5.30 Kenan & Kel
Fun with the funky friends.

6.00 Renford Rejects
6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
Stars Jenny McCarthy.

7.30 Grace Under Fire
Grace Under Construction

8.00 Ellen
Splitsville, Man
Ellen discovers that her parents are to separate.

8.30 Spin City
The Lady or the Tiger

9.00 Drop the Dead Donkey
Damien receives a death threat from drug barons.

9.30 Whose Line is it Anyway?

10.00 Frasier
Guess Who's Coming to Breakfast

10.30 Cheers
Finally – Part I
Sam plays gooseberry.

11.00 Seinfeld
The Subway

11.30 The Larry Sanders Show
You're Having My Baby Guest

12midnight Late Night with David Letterman
1.00am Taxi
1.30 Frontline
2.00 Dr Katz
2.30 Tibs and Fibs
3.00 Nightstand
3.30-4.00am
Abbott and Costello

FOX KIDS
FAMILY PACK

6.00am Dodo 6.05 Power Rangers 6.55 Spiderman 7.20 Oggy 7.30 Donkey Kong 8.00 Hero Turtles: The Next Mutation 8.25 Hulk 8.50 Iron Man 9.15 Fantastic Four 9.40 X-Men 10.05 Casper 10.30 Oggy 10.55 Eek!Stravaganza 11.05 Bobby's World 11.30 Louie 11.55 Home to Rent 12.05pm Dennis and Gnasher 12.30 Donkey Kong 1.00 Mowgli 1.25 Ace Ventura 1.55 Hulk 2.20 Iron Man 2.45 Fantastic Four

3.10 X-Men
More mutant heroics.

3.30
Fox Kids X-Press

3.35 Spiderman
Crime fighting adventures.

4.00 Goosebumps
More spooky stories filled with spine-tingling thrills.

4.25 Hero Turtles: The Next Mutation

4.50 Casper

5.00
Dennis and Gnasher
More rebellious antics.

5.30 Ace Ventura
Animated adventures of the zany pet detective.

6.00
Donkey Kong Country
6.30 Eek!Stravaganza
6.55-7.00pm Oggy and the Cockroaches

SHOP!
LIFESTYLE/ SELECTION PACKS

12midnight Bargain Shop!
12.30am Shop! Selection
1.30 Shop! Feature
2.30 Do it Yourself
3.00 Time Zone
4.00 Home Style
5.00 Beauty Secrets
6.00 Shop! Selection
7.00 Bargain Shop!
7.30 Time Zone
8.30 On the High Street
9.30 Shop! Feature
10.00 The Early Years
11.00 Dimanti Designs
12noon Fitness Zone
Clothing and equipment for aerobic workouts.
1.00pm Bargain Shop!
A look at all the latest offers and bargains available on the shelves of Shop!
1.30 Shop! Selection
Round up of the best offers available on Shop!
2.30 Travel Bag
Luggage and accessories to take on holiday.
3.00 Labels
Top brand fashion, ideal for big nights out.
4.00 Showcase
A look at the range of collectibles from Coalport.
5.00-6.00pm
Shop! Selection
Round up of the best offers available on Shop!

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 7.00 News 8.00 News 9.00 News 9.30 World Today 10.00 News 11.00 News 12noon News 1.00pm News 1.30 UK 2.00 News 2.30 World 3.00 News 4.00 News 5.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe 10.00 News 10.30 Interactive 11.00 News 11.30 USA 12midnight News 12.30am Zero 30 1.00 News 2.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 LifeWatch 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am Morning 5.30 Insight 6.00 Morning 6.30 Moneyline 7.00 Morning 7.30 Sport 8.00 Morning 8.30 Showbiz 9.00 Larry 10.30 Sport 11.15 American 11.30 Asia 12.30pm Business 1.15 Asian 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Style 5.00 Larry King 6.45 American 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.30am Showbiz 1.15 Asian 1.30 Q&A 2.00 Larry King 4.30-5.00am World Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise
11.30 Money
2.30pm PMQs
4.30 Sky World News
5.00 Live at Five
7.30 Sportsline
8.30 Sky Business Report
9.30 Sky World News
10.00 Primetime
12.30am CBS Evening News
1.30 Sky World News
2.30
Sky Business Report
3.30 Global Village
4.30 Fashion TV
5.30-6.00am
CBS Evening News

INTERNATIONAL

TV5 5.00am Journal Télévisé 5.15 Journaux 5.30 Télématin 7.00 Journal Télévisé 7.30 Funambule. 8.00 Infos 8.05 Zig Zag Café 9.00 Journal Télévisé 9.15 Fiction: Les Alsaciens 11.00 Infos 11.05 Voilà Paris 11.30 Journal Télévisé 12noon Infos 12.05pm Temps Presents 1.00 Journal Télévisé 1.15 Fiction: Les Alsaciens 3.00 Journal Télévisé 3.15 Questions. 3.30 Gourmands 4.00 Infos 4.05 Pyramide 4.30 Questions Pour un Champion 5.00 Journal Télévisé 5.15 Fiction: Les Alsaciens 7.00 Journal Télévisé 7.30 Journal Télévisé 8.00 Infos 8.05 Au Nom de la Loi 9.00 Journal 9.15 Fiction: Paparazzi 10.15 Fiction: L'Homme de Suez 11.00 Journal Télévisé 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 8.00 Subah Aaj Tak 8.30 Jai Veer Hanuman 9.00 FILM 11.30 News 12noon Balcony 12.30pm Suzhal 1.00 Kashmakash 1.30 FILM 4.00 Akbar Birbal 4.30 Aarti 5.00 Kahani Ghar 6.00 Edit 6.30 Asianet Aur Aap 7.00 Kashmakash 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Spaghetti Junction 12.30am Asianet Aur Aap 1.00 FILM 4.00 Aarti 4.30 A Mouthful of Sky 5.00 Kashmakash 5.30 Sunghursh 6.00 Akbar Birbal 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Out and About 6.30 Yoodle-Ae-Oo 7.00 Faith 7.30 News 8.00 India Business 8.30 Tara 9.00 Rishtey 10.00 Sofia 11.00 Aashiana 11.30 Parampara 12noon FILM: Ek Gunah Aur Sahi 3.00pm Bangla 3.30 Hum Paanch 4.00 Akbar Birbal 4.30 Ek Minute 5.00 Jungle Book 5.30 Mausam 6.00 Top of the Tops 6.30 Banegi Apni Baat 7.00 Baat Ban Jaye 7.30 It's My Choice 8.00 News 8.30 Amanat 9.00 Drama 10.00 Ikke Pe Ikka 10.30 Woh 11.00 Purushkhetra 12midnight News 12.30am Tandoori Masala 1.00 Bangla 1.30 Parivartan 2.00 FILM: Ram Rajya 4.30 Narsaiyo 5.00 Hasya Tena Ghar Vasya 5.30-6.00am Hit Thi Hit Hai

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzimi 5.00 Bible Hour 5.30 7 a Vivre 6.00 Life is for Living 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is Your Day 8.15 Good Morning Europe 8.30 Revival Now 9.00 Another Day of Victory 9.30 Life in the Word 10.00 Dr A R Bernard 10.30 John Avanzini 10.40 Good Morning Europe 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus:
2.15am Bloomberg Money
2.49am Kavanagh's Picks

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am Select Committees
7.00 The Record
7.30 Select Committees
9.30 House of Commons
11.00pm The Record
11.30-12midnight
European Focus

SKY SOAP
LIFESTYLE PACK

11.00am
Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm
As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
3.30-4.00pm
Emmerdale Farm
Dolly takes a day off.

THE HISTORY CHANNEL
WORLD PACK

4.00pm D-Day
Total Story Breakout – Part III
The story of the Normandy landings in World War II.

5.00 Classic Cars
Jeep
Profile of the design classic.

6.00 The Greatest Pharoahs – Part III
The tomb of Tutankhamen.

7.00-8.00pm Rockets: The Vengeance Weapon
A look at how rockets have evolved during the Cold War.

SKY TRAVEL
LIFESTYLE PACK

11.00am Trailside 11.30 Sky Destinations 12noon American Adventurer
12.30pm Around the World
1.00
Travels with Chuck Henry
1.30 Exotic Islands
2.00
Independent Travellers' Guide
3.00 Around the World
3.30-4.00pm
Great Chefs of Europe

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 11.00pm.

CABLE CHECK
Some of the channels listed may not be available in your area

Wall-to-Wall

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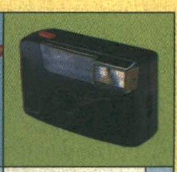
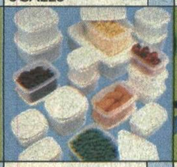
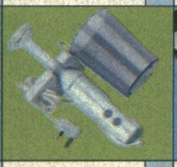
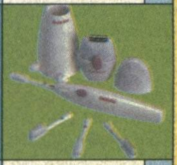
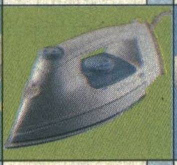
FREE £15 OFF £15 OFF BJ	 KITCHEN WEIGHING SCALES DE	 QUILT AND 2 PILLOWS LD	 JELLY BEAN PICNIC SET MV	 TRAVEL HAIRDRYER LM	 8 PIECE WOK SET LG	 WHEELBARROW AND TOOLS MK	 CAMERA AC
 JUG KETTLE AT	 36 PIECE MICRO SET JD	 MORPHY RICHARDS HAIRDRYER MF	 SWAN TOASTER AE	 24 PIECE CUTLERY SET HT	 RUCKSACK SEAT LQ	 HAND BLENDER DH	 CHILD'S KEYBOARD KW
 POWER SCREW-DRIVER MB	 20 PIECE DINNER SET AU	 7 PIECE UTENSIL SET ME	 UNIVERSAL REMOTE CONTROL LN	 SALTER BATHROOM SCALES FY	 40 PIECE TOOL KIT DP	 FLIGHT TRAVEL BAG MD	 TOOTHBRUSH & SHAVER MW
 5 PIECE PAN SET MG	 3 STAINLESS STEEL DISHES MA	 STEAM IRON EW	 ALARM CLOCK RADIO AF	 LUXURY TOWEL BALE DN	 LADIES WATCH MC	 KNIFE BLOCK KC	 WEEKEND BREAK ACCOM. FOR 2* AP

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Thursday 25 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

SKY PREMIER

PREMIUM CHANNEL

6.00am Star Trek III: The Search for Spock
1984, rating Sky PG, DS, 101 mins

8.00 The Stone Boy
1984, rating Sky PG, 88 mins

10.00 The Bomber Boys
1995, rating Sky PG, 88 mins

12noon The Directors: The Films of Lawrence Kasdan

1.00pm Femmes Fatales: Sandra Bullock

2.00 The Stone Boy
Robert Duvall, Jason Presson, Glenn Close, Wilford Brimley
Emotional and touching drama about a family of farmers whose lives are turned upside down when a tragic event occurs. *1984, rating Sky PG, 88 mins*

4.00 The Bomber Boys
Martin Sheen, Joe Mantegna
Comedy. When three friends escape home and flee to a secret hideout, they find an atomic bomb. Seeing their opportunity, they decide to hold the country to ransom by demanding that the President cancels school. *1995, rating Sky PG, 88 mins*

5.45 Star Trek III: The Search for Spock
William Shatner, Leonard Nimoy, James Doohan, DeForest Kelley, Nichelle Nichols
Sci-fi adventure in which the crew of the *Starship Enterprise* set out to find Mr Spock, presumed dead at the end of the last *Star Trek* instalment. *1984, rating Sky PG, DS, 101 mins*

7.30 Tracey Takes on...
Tracey Ullman takes on a variety of guises in this comedy series.

8.00 Hollywood Buzz
Stay in touch with what's happening in Tinseltown.

8.30 Photographing Fairies
Toby Stephens, Emily Woof
PREMIERE Fantasy drama based on a real-life event. A cynical photographer makes a living by disproving the verity of photographs of so-called supernatural phenomena until he sees a picture taken of fairies at the bottom of the garden. *1997, rating Sky 15, 102 mins*

10.15 Donnie Brasco
Al Pacino, Johnny Depp
Drama about an ageing small-time mobster, Lefty Ruggiero, who takes a young gangster under his wing and invests all his dreams in him – unaware that he is actually an FBI agent. Text *1997, rating Sky 18, 121 mins*

12.20am Mary Reilly
Julia Roberts, John Malkovich
Jekyll and Hyde adaptation. Text
1996, rating Sky 15, 104 mins

2.10 The Proprietor
1996, rating Sky 12, 109 mins

4.05-5.45am Never Talk to Strangers
1995, rating Sky 18, DS, 82 mins

SKY MOVIEMAX

PREMIUM CHANNEL

7.00am Guinevere
1993, rating Sky PG, 87 mins

9.00 Son of Godzilla
1967, rating Sky U, 82 mins

11.00 A Holiday for Love
1996, rating Sky U, 90 mins

1.00pm Guinevere
Sheryl Lee, Noah Wyle, Sean Patrick Flannery
Modern updating of the Arthurian legends, filmed in Lithuania. *1993, rating Sky PG, 87 mins*

3.00 Son of Godzilla
Tadao Takashima, Akira Kubo, Akihiko Hirata, Beverly Maeda
Cult Japanese sci-fi movie about a nuclear experiment which results in a series of mutated creatures and plants which threaten to wipe out humankind. When a giant spider attacks the son of Godzilla, the monster's father arrives on the scene. *1967, rating Sky U, 82 mins*

5.00 A Holiday for Love
Melissa Gilbert, Tim Matheson
Romantic drama about a high powered businessman who is sent to his hometown at Christmas to close the local tractor company. He realises that money isn't everything when he meets the hard-working employees – especially when he falls in love with one of them. *1996, rating Sky U, 90 mins*

7.00 Alien Nation: The Udara Legacy
Eric Pierpoint, Gary Graham, Michele Scarabelli
Sci-fi drama following the further adventures of detectives Matt Sikes and George Francisco, his alien partner. The duo encounters a group of rebel Newcomers which perpetuates terrorist acts on earth. *1997, rating Sky PG, 86 mins*

9.00 The Defenders: Choice of Evils
Beau Bridges, E G Marshall, Martha Plimpton, Jon Polito
PREMIERE Made-for-TV crime thriller. A firm of lawyers has to defend a journalist who is charged with a wrongful death. But because of a bureaucratic mistake, he is accidentally freed from prison, which sets him on the run. *1997, 95 mins*

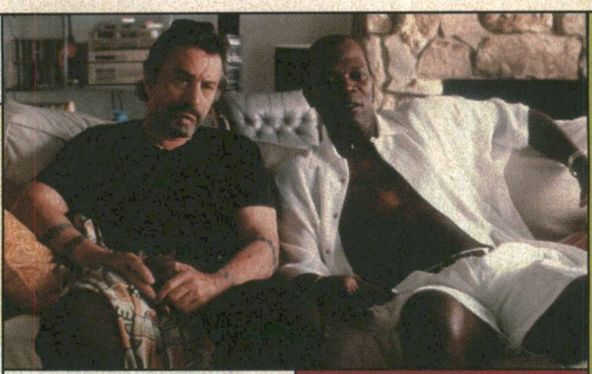
11.00 Viper
James McCaffrey, Dorian Harewood, Joe Nipote
Futuristic adventure. An ex-criminal is captured and made into a crime-fighter. *1994, rating Sky 12, 89 mins*

12.35am Marked for Death
1991, rating Sky 18, 89 mins

2.10 Laws of Gravity
1992, rating Sky 18, 94 mins

3.50 Death Hunt
1981, rating Sky 18, 93 mins

5.30-7.00am Sea Devils
1937, rating Sky U, 84 mins



Robert De Niro and Samuel L Jackson star in 'Jackie Brown'. Sky Box Office 3, see below

SKY CINEMA

PREMIUM CHANNEL

4.00pm Rebecca
Laurence Olivier, Joan Fontaine, George Sanders, Nigel Bruce
Alfred Hitchcock's first American movie was this eerie adaptation of Daphne DuMaurier's thriller about a young bride whose new house in Cornwall seems to contain some dark secrets. Could they relate to her husband's first wife? Text *1940, rating Sky PG, 125 mins*

6.15 Go West Young Man
Mae West, Randolph Scott, Alice Brady, Warren William, Elizabeth Patterson
Comedy about a film star who is as amorous off-stage as she is on-stage. Her latest fancy is a strapping mechanic Bud Norton,whom she attempts to poach from his girlfriend whether he likes it or not. *1936, rating Sky U, 76 mins*

8.00 Gunfight at the OK Corral
Burt Lancaster, Kirk Douglas, Rhonda Fleming, Jo Van Fleet
Epic Western based around the infamous shoot-out which involved Wyatt Earp and Doc Holliday. After the long career as lawman, legendary Earp quits and joins his brothers in Arizona. A showdown seems inevitable. *1957, rating Sky PG, 118 mins*

10.00 The Beguiled
Clint Eastwood, Geraldine Page, Jo Ann Harris, Elizabeth Hartman
Drama about a wounded soldier who finds shelter in a girls' school, where his arrival sparks a series of unexpected and unexplained incidents. *1971, rating Sky 15, 100 mins*

11.50 Wait Until Dark
Audrey Hepburn, Alan Arkin
Thriller in which a blind woman is stalked. *1967, 103 mins*

1.45am Heat and Dust
Julie Christie, Greta Scacchi
Lavish Merchant Ivory production.
1983, rating Sky 15, DS, 124 mins

3.55-5.15am My Little Chickadee
Mae West, WC Fields
1939, rating Sky PG, 80 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

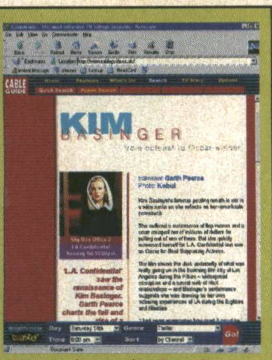
FAMILY PACK

9.00pm The Shop Around the Corner
James Stewart, Margaret Sullavan, Frank Morgan, Joseph Schildkraut
Romantic comedy about a bickering salesgirl and male shop assistant who are unaware they are lonely hearts pen pals. Tension mounts in the shop, but romance blooms via their letters. *1940, 95 mins*

11.00 Bataan
Robert Taylor, Robert Walker, Desi Arnaz, George Murphy, Thomas Mitchell, Lloyd Nolan
War drama set on the Bataan peninsula as a band of soldiers tries to delay the advancing Japanese. *1943, 120 mins*

1.00am Brass Target
Sophia Loren, John Cassavetes
Drama. *1978, 111 mins*

3.00-5.00am The Shop Around the Corner
James Stewart, Margaret Sullavan
Drama. *1940, 95 mins*



CABLE GUIDE

KIM BASINGER

Interview: Garth Pearce
Photo: Kobal

'L.A. Confidential' saw the renaissance of Kim Basinger. Garth Pearce charts the fall and rise of a

Want to know what Sean Connery movies are on this month? Our new online TV listings guide will tell you!
http://www.cableguide.co.uk

FILMFOUR

ADD-ON CHANNEL

6.00pm Robin and Marian
Sean Connery, Audrey Hepburn
Richard Lester's adaptation of the legend of Robin Hood and his love affair with Maid Marian. Robin comes back from the Crusades to find his love is the Abbess of a priory and that his arch enemy, the Sheriff of Nottingham, still wants him dead. *1976, 102 mins*

7.45 Sunny Spells

8.00 Get Shorty
John Travolta, Gene Hackman, Danny DeVito, Dennis Farina
Adaptation of Elmore Leonard's comedy of manners about a debt collector for the Mob who winds up in Los Angeles, where he discovers his skills are perfectly suited for the job of a movie producer. *1995, 105 mins*

9.50 Crawl Poignant
Short film.

10.00 Other People's Money
Danny DeVito, Gregory Peck, Penelope Anne Miller
Comedy satirising the rapacious business ethics of Eighties Wall Street corporate executives. *1991, 97 mins*

11.50 Tin Men
Richard Dreyfuss, Danny DeVito, Barbara Hershey
Comedy, set in Baltimore in 1963, about two rival aluminium salesmen who are locked in a war of one-upmanship.

1.40am Southern Comfort
Keith Carradine, Powers Boothe
Action drama. *1981, 102 mins*

3.30-6.00am The Dead Zone
Christopher Walken
Chilling drama. *1983, 99 mins*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
HOW TO BE A PLAYER
Lively sex farce starring Def Jam's Bill Bellamy as Dray, a playboy with a passion for ladies who finds his lifestyle under threat. With Natalie Desselle and Mari Morrow. *1997, rating Sky 18, 90 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
GATTACA
Uma Thurman and Ethan Hawke star in this science-fiction drama set in a genetically-perfect future. With Jude Law and Alan Arkin. *1997, rating Sky 15, 102 mins*
PLAYS AT 7.00am, 9.00am, 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
JACKIE BROWN
Comedy drama from Quentin Tarantino starring Pam Grier, Samuel L Jackson, Robert Forster, Michael Keaton and Robert De Niro. *1997, rating Sky 15, 148 mins*
PLAYS AT 6.00am, 9.00am, 12noon, 3.00pm, 6.00pm, 9.00pm, 12midnight, 3.00am

Sky Box Office 4
Channel 54
KISS THE GIRLS
Chilling thriller starring Morgan Freeman as a detective who investigates the kidnapping of his niece by a serial kidnapper who calls himself Casanova. With Ashley Judd. *1998, Sky 18, 110 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions. Customers with a Videoway set-top-box must view all events on Channel 50.

Thursday 25 March

SKY ONE

ACTION/
SELECTION PACKS

7.00am Count Duckula
7.30
The Chris Evans Breakfast Show
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You
1.30 Jeopardy
2.00 Sally Jessy Raphael
You Won't Believe Who I Married.

3.00 Jenny Jones
Take of the Weight or I'm Taking Off
The American comedienne discusses real life issues with the audience in this talk show.

4.00 Guilty!
Is Jacky wrong to be two-timing her partner even though he accepts it? Carole Malone presents the talk show that discusses emotional issues.

5.00 Star Trek: Voyager
Remember
Before she dies, an old woman uses her telepathic powers to transfer her memories into B'Elanna. Text

6.00 Guilty!
Control Freak Dad
Presented by Carole Malone.

6.30 Dream Team
Drama following the lives of young footballers.

7.00 The Simpsons
The City of New York Versus Homer Simpson Text
The family go to New York.

7.30 The Simpsons
Lisa the Simpson Text

8.00 America's Dumbest Criminals
A look at not-so-clever criminals.

8.30 World's Weirdest TV
Wacky TV clips from around the world hosted by Jenny Powell.

9.00 Friends
The One with Chandler's Work
American comedy.

9.30 ER
Double Blind
Hospital drama series starring Anthony Edwards.

10.30 Veronica's Closet
Veronica's Desk Job
US comedy starring Kirstie Alley as the owner of a lingerie company.

11.00 Dream Team
Drama following the lives of young footballers.

11.30 Star Trek: Voyager
Remember
Before she dies, an old woman uses her telepathic powers to transfer her memories into B'Elanna. Text

12.30am The Commish
1.30-7.00am Long Play
Music through the night.

UK GOLD

LIFESTYLE/
SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 The House of Eliott
10.30 Rhoda
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Bugs
2.00 Dallas
2.55 The Bill
Forgive and Forget

3.25 The Bill
Girl Power
A girl has to carry a knife to defend herself at school.

3.55 EastEnders
Phil stands up to Peggy for once, and Dot hears from the police.

4.30 Rhoda
Lenny is brokenhearted when Brenda turns down his marriage proposal.

5.00 All Creatures Great and Small
Big Fish, Little Fish
Siegfried befriends Colin when his goldfish dies, and James plays for the local cricket team.

6.00 Dynasty
The Dinner
Steven visits Claudia at the sanitarium, and Alexis is discovered by her daughter in Mark's bed.

7.00
Ever Decreasing Circles
Suburban domestic disharmony.

7.40 Last of the Summer Wine
Yorkshire-based comedy.

8.20 The Brittas Empire
Curse of the Tiger Women
Brittas prepares to celebrate the seventh anniversary of the Whitbury Leisure Centre.

9.00 The Young Ones
Bambi
The boys compete in a TV university quiz show.

9.40 Bottom
Dough
Richie devises a scheme to get rich quickly.

10.20 Common as Muck
The lads stage a prison breakout using their bin wagon. If they can get George Ward out of jail, he can lead them to the evidence to expose Stranks and Roberts. Starring Neil Dudgeon, Stephen Lord and Roy Hudd.

11.30 The Bill
Forgive and Forget
Starring Graham Cole.

12midnight The Bill
Girl Power
12.30am Between the Lines
Private Enterprise
1.25 Blackadder Goes Forth
Plan D – Private Plane
2.00-2.45am
French and Saunders

LIVING

LIFESTYLE PACK

6.00am Tiny Living
9.00 Special Babies
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 Brookside
12.10pm Through the Keyhole
12.40 Rescue 911
1.10 Beyond Belief
Anthology mystery series.
1.40 Maury Povich
2.30 Special Babies

3.00 Living Room
Jayne Irving and Amanda Cross host the upbeat and humourous magazine programme featuring human interest stories.

3.50 Michael Cole
No-holds-barred talk show in with the one-time director of public affairs for Harrods.

4.50 Through the Keyhole

5.10 The Heat is On

5.40 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock.

6.15
The Jerry Springer Show
Outrageous American talk show about relationships with Jerry and his guests in heated debate.

7.05 Rescue 911
Real-life rescues by American emergency services. With William Shatner.

7.35 Animal Rescue
More veterinary call-outs.

8.10 LA Law
Harry Hamlin, Susan Day anf Jimmy Smits star in this legal drama series from America.

9.00 FILM: Liz – The Elizabeth Taylor Story
First in a two-part mini series telling the story of legendary Hollywood star Elizabeth Taylor, from her childhood through to her whirlwind romances and many marriages. Starring Sherilyn Fenn, William McNamara, Nigel Havers, Katherine Helmond and Angus MacFadyen.

11.00-12midnight
The Spicy Sex Files
Hot Stuff
Talk show dealing with the more imaginative aspects of sex.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

ACTION PACK

6.00am Within These Walls 7.00 Holding the Fort 7.30 The Odd Couple 8.00 Families 8.30 Mind Your Language 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Upstairs, Downstairs 11.00 The Gentle Touch 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Mind Your Language 1.30 Me and My Girl 2.00 Upstairs, Downstairs

3.00 The Love Boat
Isaac's Double Standard
Isaac's possessive mother takes a cruise to stay near her son and a couple must overcome their hostility.

4.00 The Professionals
The Purging of CI5
CI5 is rocked to its foundations when a ghost with a vendetta appears. With Lewis Collins and Martin Shaw.

5.00 Hart to Hart
Whispers in the Wings
Jennifer is stalked by a psychotic stage manager who lurks in the wings as the Harts perform in a charity benefit in the Big Apple.

6.00 Emmerdale
Nick argues with Kathy.

6.30
Classic Coronation Street
It's the Fairclough's first day in their new house.

7.00 The Professionals
Stopover
Bodie and Doyle are pitted against a KGB killer team when a CI5 agent is raised from the dead.

8.00 The Benny Hill Show
Comedy icon Benny Hill in a series of hilarious sketches, featuring a host of quirky characters, guest stars and a bevy of beauties.

9.00 The Sweeney
Trap
The duo tackle an unsolved crime.

10.00 Hale and Pace

10.30-11.00pm
Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS

ACTION PACK

11.00pm Motor Week
A look at all the latest news within the motor industry.

11.30 4 Wheels
Motoring magazine presented by Diana Binks and Ian Royle.

12midnight Rally World
Rally action from around the globe.
12.30am The Power House
Motoring series which looks at modified cars.
1.00-2.00am
Performance Power
Series about leisure and sporting activities.

DISNEY CHANNEL

ADD-ON/
PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof 8.25 Toons 8.45 Winnie the Pooh 9.00 Spot 9.05 Animal Shelf 9.15 Pocket Dragons 9.30 Bear 9.55 Toothbrush 10.00 Bite Size 10.10 Rosie & Jim 10.30 Big Garage 10.45 PB & J Otter 11.00 Sesame Street 12noon Spot 12.05pm Animal Shelf 12.15 Pocket Dragons 12.30 Bear 12.55 Toothbrush 1.00 Bite Size 1.10 Rosie & Jim 1.30 Big Garage 1.45 PB & J Otter 2.00 Winnie the Pooh 2.30 Quack Pack

3.00 The Little Mermaid
The undersea adventures of Ariel and her friends. Text

3.30 Art Attack
Award-winning art show with Neil Buchanan. Text

4.00 101 Dalmatians
Canine capers. Text

4.30 Hercules: The TV Show
Hercules and the Girdle of Hippolyte

5.00 Recess

5.15 Pepper Ann

5.30 Smart Guy
TJ is a 10-year-old smart guy and just too clever for his own good. Text

6.00 Teen Angel
Date with an Angel
Steve's heart gets broken. Text

6.30 Boy Meets World
Boy Meets Real World
Cory shoots a documentary.

7.00 FILM: Bedknobs and Broomsticks
Jodie Foster, Angela Lansbury, Roddy McDowall, Bruce Forsyth
A prim and proper English witch joins force with a phoney magician and three Cockney urchins to help save war-torn Britain from the Nazi invaders. A galaxy of human stars is joined by a host of cartoon characters in a crazy comedy. *1971* Text

9.15 Honey, I Shrunk the Kids: The TV Show
Adventures in the Szalinski household with more high-tech inventions. Text

10.00 Home Improvement
Starring Tim Allen. Text

10.30 The Wonder Years

11.00-12midnight Dr Quinn: Medicine Woman

THE BOX

MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

THURSDAY CONTINUES OVERLEAF...

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

CABLE CHOICE

FILM

Photographing Fairies
Sky Premier 8.30pm

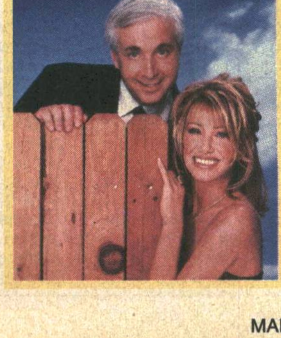
The premiere of a fantasy drama about a cynical photographer who makes a living disproving the verity of photographs of so-called supernatural phenomena. But when he sees a photo of fairies taken by two young girls, he declares it genuine and sets off to investigate.

GENERAL

Last Of The Summer Wine
UK Gold 7.40pm

Roy Clarke's original Comedy Playhouse that spawned the popular long-running series about the lives of three elderly friends in a South Yorkshire community. When Compo's television is removed, he retaliates by stealing Nora Batty's bloomers.

ADVERTISEMENT



CANDID CAMERA
10.00PM

'Smile, you're on *Candid Camera*!' are probably the most famous words in TV history and can only be heard on Challenge TV. Tune in tonight and watch this cheeky camera getting up to its usual tricks, fooling the unsuspecting public when they least expect it.

Thursday 25 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

7.30am FIA World Rally Championship
8.00 Figure Skating
9.30 Cart
11.00 FIA World Rally Championship
11.30 Sleddog
Yukon Quest
12noon
Figure Skating – LIVE
Coverage of the original dance event in the World Championships from Helsinki, Finland.

3.30pm Tennis
Action from the ATP Tour's Mercedes Super 9 Tournament in Key Biscayne, Florida.

5.00
Figure Skating – LIVE
Coverage of the men's free skating in the World Championships from Helsinki, Finland.

9.30 Tennis
Further coverage from the Mercedes Super 9 Tournament, part of the ATP Tour, in Key Biscayne.
10.30 Tennis
Action from the WTA Tournament in Key Biscayne.

11.30-12.30am Trial
Indoor World Cup action from Bremen, Germany.

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Sky Sports Centre
7.15 World Wrestling Federation – Shotgun
8.15 You're On Sky Sports!
9.00 Racing News
9.30 Aerobics Oz Style
10.00 Ringside
11.30 Unbelievable Sports
12noon Aerobics Oz Style
12.30pm Football
2.30 Ringside
Boxers from up and down the country are featured in this comprehensive guide to the best British boxing action. Presented by Paul Dempsey.

4.00
World Pool League
Action from the inaugural World Pool League at the Victoria Inter-Continental Hotel in Warsaw, Poland.
5.00
WWF – Superstars
The latest news from behind the scenes of the World Wrestling Federation.
6.00
Sky Sports Centre
6.30
Football League Review
Nationwide league action.
7.00 What a Weekend
A preview of all the weekend's action.
7.30 Futbol Mundial
All the action from the world game.
8.00 Spanish Football
Another chance to see the best of the action from a match in the Spanish top flight, where two sides compete for crucial points.

10.00
Sky Sports Centre
10.15
You're On Sky Sports!
Football fans phone in to talk about current issues.
11.00
Trans World Sport
Bringing the latest, ground-breaking sports stories from across the world with some humour thrown in.
12midnight
Sky Sports Centre
12.15am You're On Sky Sports! 1.00 Football League Review 1.30 What a Weekend 2.00 Spanish Football 4.00 Trans World Sport 5.00-5.15am
Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style
7.30 Sky Sports Centre
7.45 Racing News
8.15 Unbelievable Sports
8.45 Sky Sports Centre
9.00 Fish TV: Fishing Texas
9.30 World Pool League
10.30 Golf Extra
1.30pm
Rugby League World
All the latest news from the world of Rugby League.

3.00 Australian Rally Championship
Action from the Australian Rally Championship.
3.30
Unbelievable Sports
4.00
Inside the PGA Tour
Behind the scenes with the legends of the PGA Tour.
4.30 Ford Golf USA: 1999 Players Championship – LIVE
Action from the TPC Sawgrass course in Jacksonville as the 1999 Players Championship begins. The tournament features all the world's top golfers including Mark O'Meara, Vijay Singh, Tiger Woods and current champion Justin Leonard. The prize money stands at approximately $5 million.

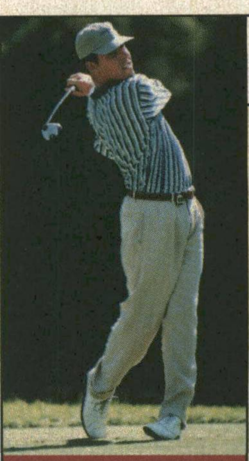
11.00
The Rugby Club
Stuart Barnes and Dewi Morris preview and review the action. With Mark Durden-Smith.
12midnight Formula 3
Motor racing action.
12.30am Ice Hockey: Superleague Play-Off
Action from the rink.
2.30am-2.45am
Sky Sports Centre

SKY SPORTS 3
PREMIUM CHANNEL

12noon World Wrestling Federation – Superstars
1.00pm
Fish TV: Fishing Texas
1.30 Fish TV: Ultimate Fishing Show
2.00 FA Cup Final Classics: Liverpool v Newcastle Utd
Action from the classic FA Cup final in which Bill Shankly led out Liverpool against Newcastle.

3.30
Watersports World
Featuring sports from waterskiing to windsurfing and the revolutionary wake-boarding.
4.30 Formula 3
Action from the trackside as another high-octane season of Formula 3 gets underway.
5.00 Football League Review
5.30 Futbol Mundial
With interviews, features and profiles from the world's favourite game.
6.00 What a Weekend
The show that looks back on another action packed sporting weekend.
6.30 The Rugby Club
Mark Durden-Smith, Stuart Barnes and Dewi Morris present the most comprehensive rugby show on television.
7.30 Ice Hockey: Superleague Play-Off – LIVE
Dominik Holyer presents live coverage of the Sekonda Superleague play-off. Commentary comes from Steve James while Nick Rothwell is at rinkside providing expert analysis.

10.00-11.30pm
Bobby Charlton's Football Scrapbook: Phil Thompson
Liverpool assistant manager Phil Thompson joins Bobby Charlton and Dickie Davies for a look back on some of the memorable moments from his career at Anfield.



Young American star Justin Leonard defends his Players Championship. Sky Sports 2 4.30pm – Live

MUTV
ADD-ON CHANNEL

6.00pm Game On
6.15
Megastore Megabuys
6.30
Junior Masterfan
Fun-packed quiz show.
7.00 Red Hot News
A roundup of all the latest developments from Old Trafford.
7.30 Man-U Menu
With chef Madhur Jaffrey.
8.00 Super Match – Reserve Match
Action with Alex Ferguson's reserve team.
8.55
Red Hot Update
9.00 Super Match – Reserve Match
The action continues with the players who are hoping to break into Alex Ferguson's first team.
10.00
Talk of the Devils
Journalists and fans discuss the Reds.
10.45 FAN
The magazine show for the modern fan.
11.15 The Insiders
Old Trafford's unsung heroes.
11.30-12midnight
Red Hot News

SCI-FI
ACTION PACK

7.30am Bloomberg 8.00 Sightings 9.00 Buck Rogers in the 25th Century
10.00 Quantum Leap 11.00 Dark Shadows 11.30 The Ray Bradbury Theatre
12noon Twilight Zone
1.00pm Tales of the Unexpected 1.30 Tales of the Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00 Buck Rogers in the 25th Century
The Dorian Secrets
Buck rescues a beautiful stowaway who is facing a death sentence.
4.00
The Incredible Hulk
Nine Hours
Banner must race against time to save a young boy and a reformed criminal.
5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences. With Tim White.
6.00 Time Trax
M.I.A.
Darien helps Ev Rankin rescue Ev's son from a sadistic Vietnam War criminal, Colonel Tenn.
7.00 Quantum Leap
Goodbye Norma Jean
Sam becomes the chauffeur of movie icon Marilyn Monroe, four days before her tragic death.
8.00 PSI Factor – Chronicles of the Paranormal
Threads
The OSIR investigates a disintegrating building.
9.00 Babylon 5
A Distant Star
An explorer friend of Captain Sheridan's tells more stories of strange actvities out on the Rim.
10.00
FILM: Witchboard – The Possession
David Nerman, Locky Lambert, Cedric Smith
Lured by the spirit of the ouija, a man passes through the portal connecting the physical world and a demonic parallel universe. *1995*

12midnight Twin Peaks
Agent Cooper demonstrates an unusual detection technique.
1.00am
FILM: Hell Mountain
Jack Scalia, Sarah Douglas
Post-apocalyptic thriller. *1998*
3.00 Dark Shadows
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

4.00pm Trisha
Today's show from ITV.
5.00 HeartBeat
6.00 Wildtrack
6.30 Bedrock
Another fun packed hour with celebrity guests, music and a daily Battle of the Sexes.
7.30 The Locker
Health and fitness magazine programme presented by Gabby Yorath, with tips on how to get started in a range of sports.
8.00
Who, What, Why?
Current affairs programme, hosted by John Suchet, that aims to present the latest news in a clear and unpatronising manner.
8.30
Bill Bryson's Notes from a Small Island
American author Bill Bryson retraces the steps he took in writing his bestselling book on his travels around Britain.
9.00 ITV2's Great Detectives: Taggart
The dour Glasgow detective Jim Taggart investigates another murder case.
11.00 Emmerdale
Another chance to catch up with all the gossip from the Yorkshire Dales.
11.30 Parking Wars
Documentary about the passion and paranoia surrounding parking spaces.
12midnight-2.00am Feature

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Feature 12.20 Red Hot Guide to Amsterdam
12.45 FILM: The Hustlers
1.00 Free View 1.05 FILM continues 2.20 Northern Exposer 2.25 FILM: Wild and Wicked 3.40 Micha
4.10-5.30am
FILM: New Positions

ADULT CHANNEL
ADD-ON CHANNEL

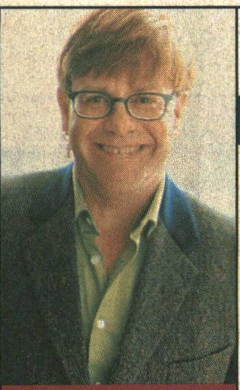
12midnight Dish of the Day
12.10am Dungeon Dykes
12.35 Our First Time
1.00 Kinky Clubbers
1.15 Lesbian Fantasies – Marina and Sasha
1.40 FILM: Ghost Town
A young couple are stranded.
2.50 Leather Lovelies
3.10–4.00am
Pleasure Dome

Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM:
Soldiers of Innocence
Dennis Christen, Sun Kyong Soe, Yong Nam Ann
War drama set in Korea.
9.45 FILM: Double Cross
Thomas Edwards, John M. Craig, Emily Newman
Thriller about betrayal.
11.15-12midnight Classic Wets – Hereford 95



Elton John performs and reveals the secrets behind his hits in 'Storytellers'. VH1 10.00pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Cross Wits
With Tom O'Connor
5.45
The Games Room
6.00 Family Fortunes
Two more families are up against each other.
6.30
The Games Room
6.45 Catchphrase
Hosted by Roy Walker.
7.15
The Games Room
7.25 100 Per Cent
7.55
The Crystal Maze
A team of contestants tackles a series of games and challenges in a giant fantasy world, with the aim of collecting as many crystals as they can.
9.00
The Games Room
9.15 Strike it Lucky
With Michael Barrymore.
9.45
The Games Room
10.00 Candid Camera
10.30 Don't Feed the Gondolas
Irish celebrity quiz show about the strange world of the international media.
11.00
Carnal Knowledge
The quiz show that rips open the bedroom curtains of the British to reveal their most intimate secrets.
12midnight Strike it Lucky 12.30am Split Second 1.00 3-2-1 2.00 Love at First Sight 2.30 Studs 3.00 Simply Irresistible 3.30 Blockbusters 4.00 Fifteen to One 4.30 Don't Drink the Water 5.00-6.00am Screenshop

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Shopping 7.00 The Why Files 7.30 Fashion 8.00 Agony 8.30 Lie Detector 9.00 The Why Files 9.30 Indecent Proposals 10.00 Agony 10.30 Fashion 11.00 Judge Judy 11.30 Mind Games 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 The Fashion Show 2.00 Judge Judy 2.30 Mind Games
3.00 Agony
Relationship problems and moral dilemmas discussed.
3.30 Lie Detector
Unmasking deception with the aid of technology.
4.00
Indecent Proposals
What's your price?
4.30 Judge Judy
Justice dispensed by a real-life judge.
5.00 Agony
Relationship problems and moral dilemmas discussed.
5.30 The Why Files
Psychic detectives search for the weird and spooky.
6.00
The Fashion Show
What's hip to wear, and how to wear it.
6.30
Indecent Proposals
7.00 Sport at Seven
Women's Wrestling
It's the women's turn to hit the mat.
8.00 The Why Files
Psychic detectives search for the weird and spooky.
8.30 Judge Judy
Justice dispensed by a real-life judge.
9.00 Dog Night L!VE
Greyhound racing.
9.30 Dog Night L!VE
Greyhound racing.
9.57 Topless Darts
10.00 Love Street
Erotic American drama series.
10.30 Exotica Erotica
Strictly adult entertainment.
11.30 Blue Review
11.45 Janeycam
11.57 Topless Darts
12midnight Love Street 12.30am Private Dancer 12.45 Pleasure Dome 1.00 Exotica 2.00 Orgasmatron 2.15 Painted Ladies 2.30 Love Street 3.00 Agony 3.30 Why Files 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation L!VE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Kitchen College 10.00 Chef for a Day 10.30 Nancy Lam 11.00 Worrall Thompson 11.30 Ideal Home Cooks 12noon Network 12.30pm Food Factory 1.00 Kitchen College 1.30 Green Gourmet 2.00 Cookshop 2.30 Network 3.00 Simply Fish NEW SERIES Seafood. 3.45 More Simply Antony NEW SERIES 4.30-5.00pm Mridula's Indian Kitchen

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Presented by Bill Dodd.
5.30 Gridlock
Simon Biagi hosts this fast-paced gameshow.
6.00 My Two Wives
The Ugly Duckling
Australian sitcom.
6.30 Our House
The more unusual places that people call home.
7.00 Shine on, Harvey Moon
Goodnight, Sweetheart
Harvey receives a 'Dear John' letter from Harriet, young Stanley's teacher.
8.00 Safe and Sound
The Fugitive
Romantic comedy.
8.30
An Inspector Calls
Special Investigations
9.00 St Elsewhere
In Sickness and in Health
Hospital drama series starring Ed Flanders, Cynthia Sikes, David Birney and David Morse.
10.00 A Marriage of Inconvenience
Prejudice – Part I
An African student arrives in England in 1945 and falls in love.
11.00
Hill Street Blues
More gritty urban drama from Capt Frank Furillo and the officers of Hill Street police station.
12midnight My Two Wives
The Ugly Duckling
Australian sitcom.
12.30am-1.00am Gridlock
Simon Biagi hosts this fast-paced gameshow.

ANIMAL PLANET
WORLD PACK

12noon The New Adventures of Black Beauty 12.30pm Hollywood Safari 1.30 Crocodile Hunter
Hidden River
2.00 Wildlife ER
Unparalleled medical technology, a special trauma centre and a team of experts.
2.30 Human/Nature
Man's relationships with animals and nature.
3.30 Harry's Practice
Australian vet Harry Cooper pays some surprise house calls on unsuspecting pet owners in northern Tasmania.
4.00
Jack Hanna's Zoo Life
Safari through Masai Mara
4.30 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
5.00 Pet Rescue
The RSPCA rescues abandoned animals.
5.30 Crocodile Hunter
Travelling the Dingo Fence
The world's longest fence.
6.00
The New Adventures of Black Beauty
6.30 Lassie
Timmy Falls in a Hole
Doggy do-gooding.
7.00 Rediscovery of the World
Borneo – The Ghost of the Sea Turtles
A turtle burial ground off the island of Sipadan, Borneo.
8.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
8.30 Cousins Beneath the Skin
Ntolohi, the Political Animal
The story of a chimpanzee leader who ruled through violence and diplomacy.
9.30 Emergency Vets
Stories from Alameda East Veterinary Hospital.
10.00
Deadly Australians
Killers of the deep.
10.30
The Big Animal Show
Lake and Swamp Birds
11.00 Wild Rescues
The unique relationship between humans and animals is explored.
11.30-12midnight Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Quiet Revolution 7.50 The Great Egg Race 8.30 Vanessa 9.30 Esther 10.00 Vets in Practice 10.30 Lion Country 11.00 Full Circle with Michael Palin 12noon Search for the Yeti 1.00pm The Day the Universe Changed 2.00 Traffic Jam
3.00 Plastic Fantastic
People who have had plastic surgery.
3.30 Esther
Inventors
Original inventors.
4.00 Vanessa
More chat and controversy from chatshow host Vanessa Feltz.
5.00 Rolf's Amazing World of Animals
Human and animal bonds.
5.30 Lion Country
Behind-the-scenes look at Longleat safari park.
6.00 Typhoid Mary
In the light of the Aids epidemic, does the state have a right to lock up infected people to protect the wider society?
7.00 Panic Attack
A young mother suffers from panic attacks.
7.30
The Body in Question
Native Medicine
8.00 Zebras – The Trailblazers
With David Attenborough.
8.30 Zoo's Company
Elephant Appeal
Australian documentary.
9.00 Sam Giancana – The Gangster who Dreamed
The story of Sam Giancana, Al Capone's hitman.
10.00 Rocky Mountain Cowboy
NEW Englishman Dylan Winter realises a life-long ambition when he joins cowboys Louis and Andy.
11.00 Top Gear GTi
The *Top Gear* team tests the latest models and casts an experienced eye over the hottest motoring news, interviews and tips.
12midnight-1am Savagery and the American Indian

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Livetime 7.00 Livetime 8.00 E! True Hollywood Story 9.00 More Calories Please 9.30 Gorgeous Gardens 10.00 The View 11.00 Julia Carling's Style Guide 11.30 Rosemary Conley's Low-Fat Cookbook 12noon The Montel Williams Show 1.00pm Livetime 2.00 The View
3.00 Food Livetime
Interactive programme which offers viewers the opportunity to put questions to celebrity guests and experts.
4.00 The Montel Williams Show
Jailed for Torturing His Bride
The Emmy Award-winner takes on topical issues.
5.00 Julia Carling's Style Guide
5.30-6.00pm
Rosemary Conley's Low-Fat Cookbook

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
The Last Frog
Frogs facing extinction.
7.30 Special Delivery
Postmen with far from easy rounds.
8.00
Elephant Journeys
Dr Richard Leakey speaks of some of the challenges elephants face in East Africa.
9.00 Extreme Earth: Storm of the Century
Witness some of the most extreme examples of the power unleashed by violent storms.
10.00 Rafting Through the Grand Canyon
The river that created one of the most dramatic land formations on earth.
11.00 Mystery of the Twilight Zone
Explore the unique ecosystem that exists off the coast of Papua New Guinea.
12midnight
Ocean Worlds: Wild Willy
In Norway, when the herring move in to spawn, so do the killer whales – to eat them.
12.30am-1.00am Ocean Worlds: Water Witches

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits
9.00 Bytesize MTV
The best of MTV.
11.00 brand:new
The latest releases.
12noon Mad 4 Hits
Uninterrupted video hits.
2.00pm So 90's
The best and the worst music of the decade.
3.00 Bytesize MTV Pop Edition
4.00 Select MTV
6.00 Bytesize MTV
The best of MTV.
7.00 brand:new
8.00 European Top 20
The hottest European playlist.
9.00 News Daily Edition
9.30 Say What?
People on the streets talk about misunderstood lyrics.
10.00 The Late Lick
11.00 Mad 4 Hits
Uninterupted video hits.
12midnight REM Uplink
REM perform new songs from their *Up* album as well as all their old favourites.
1.00am The Late Lick
2.00-6.00am Night Videos

VHI
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 Upbeat 12noon Ten of the Best: Billy Joel 1.00pm Greatest Hits of... Elton John 1.30 Pop-Up Video 2.00 Jukebox 4.30 VH1 to One – Elton and Billy 5.00 Five@Five 5.30 Pop-Up Video 6.00 Happy Hour with Clare Grogan 7.00 Hits 8.00 Hits of... Elton John 9.00 Bob Mills 10.00 Storytellers – Elton John 11.00 Tantrums and Tiaras NEW 12.30am VH1 to One: Elton and Billy 1.00 Spice 2.00-6.00am Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Across the Line – The Americas 12.30pm Getaways 1.00 Travel Live 1.30 Out to Lunch 2.00 Flavours of Italy 2.30 On the Horizon 3.00 O Canada! 4.00 Stepping the World 4.30 Around the World 5.00 Reel World 5.30 Around Britain 6.00 Out to Lunch 6.30 On Tour 7.00 Across the Line 7.30 Getaways 8.00 Live 8.30 Stepping the World 9.00 O Canada! 10.00 Horizon 10.30 Around the World 11.00 On Tour 11.30-12midnight Britain

UK STYLE
LIFESTYLE PACK

7.00am Gluck, Gluck, Gluck 7.30 The DIY Show 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Style Challenge 9.30 Change That 10.00 How Does Your Garden Grow? 11.00 The Terrace 11.30 Changing Rooms 12noon Can't Cook, Won't Cook 12.30pm Style Challenge 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Looking Good 2.30 How Does Your Garden Grow? 3.30 Wilderness Walks 4.00 Travel Show Guides 4.30 Holiday in Style 5.30 Can't Cook, Won't Cook 6.00 The Air Show 6.30 Waterlines 7.00 Travel Show Guides 7.30 Travel Xpress 8.00 Style Challenge 8.30 Change that 9.00 Can Ski... Will Ski! 9.30 Ready, Steady, Cook 10.00 The DIY Show 10.30 Changing Rooms 11.00 Home Front in the Garden 11.30 Growing Places 12midnight Travel Xpress 12.30am-1.00am Travel Show Guides

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Thursday 25 March

DISCOVERY HOME & LEISURE
WORLD PACK

6.00 AM
MORNING

6.00am Today's Gourmet 6.30 Yan Can Cook 7.00 Homemaker 7.30 Period Rooms 8.00 Wedding Story 8.30 A Baby Story 9.00 Simply Painting 9.30 The Great Gardening Plot 10.00 Instant Gardens 10.30 Cookabout 11.00 The Diceman 11.30 Rex Hunt 12noon Our House 12.30pm Antiques Trail 1.00 Our House 1.30 Home Savvy 2.00 New Yankee Workshop 2.30 Home Again 3.00 This Old House 3.30-4.00pm Charlie West Fishing

3.00 PM

DISCOVERY
WORLD PACK

4.00 PM
4.00pm Rex Hunt's Fishing Adventures
Coffin Bay
4.30
A River Somewhere
Bhutan

5.00 PM
5.00 Secret Fleets
Between 1942 and 1945, a secret war was waged from an Australian military base that decimated the Japanese war effort.

6.00 PM
6.00 Wildlife SOS
Visit Wildlife Aid which cares for sick, injured and orphaned wild animals.
6.30 Untamed Africa
The Son of Jumbe

7.00 PM
Liaram the cheetah is attacked by a lioness and left to die.
7.30 Futureworld
Planet Zoo
Exploring the natural world.

8.00 PM
8.00
Discover Magazine
Protecting the President
Exploring the many facets of Presidential security, including *Air Force One.*

9.00 PM
9.00
Science Frontiers
Killer Gas of Lake Nyos
A lake in a volcanic crater released an asphyxiating cloud of carbon dioxide.

10.00 PM
10.00
Super Structures
The Eurotunnel
A look at the creation of the Eurotunnel, the longest undersea railway tunnel.

11.00 PM
11.00
Forensic Detectives
Women Who Kill
Women are killers too, but use different techniques from men.

12.00
NIGHT TIME
12midnight Hoover Dam
The Hoover Dam stands testimony to determination and sacrifice during the Depression years.
1.00am-2.00am
Secret Fleets
The untold story of the decimation of the Japanese war effort from Australia.

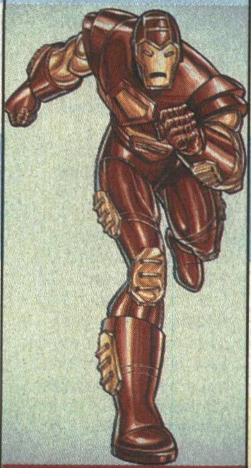
SKY SOAP
LIFESTYLE PACK

11.00am
Take the High Road
11.30 Emmerdale Farm
12noonEmmerdale Farm
12.30pm
As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
3.30-4.00pm
Emmerdale Farm
Dolly's absences have not gone unnoticed.

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Blinky Bill 6.00 The Tidings 6.30 Tabaluga 7.00 Scooby-Doo 7.30 Dexter's Laboratory 8.00 Looney Tunes 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 The Tidings 10.00 The Magic Roundabout 10.30 The Fruitties 11.00 Tabaluga 11.30 Yo! Yogi 12noon Tom and Jerry 12.30pm Looney Tunes 1.00 Popeye 1.30 The Flintstones 2.00 The Jetsons 2.30 Droopy

3.00 Taz-Mania
Antipodean antics with the devilish character.
3.30 Scooby-Doo
Creepy capers with the cowardly canine.
4.00
The Powerpuff Girls
Crime fighting action.
4.30
Dexter's Laboratory
Chemical chaos.
5.00 Ed, Edd 'n' Eddy
Adolescent escapades.
5.30
Cow and Chicken
Animated action with the mismatched siblings.
6.00 Animaniacs
Animated antics.
6.30 The Flintstones
Prehistoric animation, Betty and Wilma indulge their husbands's antics.
7.00 Tom and Jerry
Madcap comic antics with the constantly sparring cat and mouse duo.
7.30 Looney Tunes
All-time favourites.
8.00
Cartoon Cartoons
Animated fun.
8.30-9.00pm
Cult Toons



The invincible 'Iron Man' of the cartoon world leaps into action. Fox Kids 8.50am, 2.20pm

THE HISTORY CHANNEL
WORLD PACK

4.00pm D-Day to Berlin
A look at the life of wartime filmmaker George Stevens.
5.00 Fighters
Tracing the evolution of the fighter plane.
6.00 The Greatest Pharoahs – Part IV
Explores the life of Ramses II.
7.00-8.00pm Rockets: Missiles of the Cold War
Examine the development of the world's first operational ballistic missile, the A-4.

NICKELODEON
FAMILY PACK

6.00am Rocko's Modern Life 6.30 Bruno the Kid 7.00 CatDog 7.30 Rugrats 8.00 Wild Thornberrys 8.30 Arthur 9.00 Children's BBC 10.00 Wimzie's House 10.30 Papa Beaver 11.00 Magic School Bus 11.30 PB Bear/Budgie/Animal Antics/ Family Ness 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Little Bear 2.00 Paddington Bear/ Lizzie's Library/Portland Bill/ Mr. Men 2.30 Children's BBC

3.00 Children's BBC on Nickelodeon
Including *Teletubbies.*
3.30 Doug
Pass the time with the painfully average Doug.
4.00 Three Friends... and Jerry
Adolescent adventures.
4.30 Rugrats
More adventures with the over-imaginative toddlers.
5.00 Sister Sister
Two half sisters and their respective single parents all try to live together.
5.30 Kenan & Kel
Fun with the funky friends.
6.00 Renford Rejects
6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
Jenny and Maggie try to make it big in LA.
7.30 Grace Under Fire
8.00 Ellen
Looking Out for Number One
Ellen sees a therapist.
8.30 Spin City
Single White Male
9.00 Drop the Dead Donkey
Helen's parents come to stay at her flat.
9.30 Whose Line is it Anyway?
10.00 Frasier
A Mid Winter's Night's Dream
10.30 Cheers
Finally!
Rebecca is on cloud nine.
11.00 Seinfeld
The Pez Dispenser
11.30 The Larry Sanders Show
Would You Do Me a Favour
12midnight Late Night with David Letterman
1.00am Taxi
1.30 Frontline
2.00 Dr Katz
2.30 Tibs and Fibs
3.00 Nightstand
3.30-4.00am
Abbott and Costello

SKY TRAVEL
LIFESTYLE PACK

11.00am Trailside
11.30 Sky Destinations
12noon
American Adventurer
12.30pm Islands in the Sun
1.00
Travels with Chuck Henry
1.30 Was it Good for You?
2.00 Independent Travellers' Guide
Scotland
3.00 Around the World
3.30-4.00pm Travel Trails

FOX KIDS
FAMILY PACK

6.00am Dodo 6.05 Power Rangers 6.55 Spiderman 7.20 Oggy 7.30 Donkey Kong 8.00 Hero Turtles 8.25 Incredible Hulk 8.50 Iron Man 9.15 Fantastic Four 9.40 X-Men 10.05 Casper 10.30 Oggy 10.55 Eek!Stravaganza 11.05 Bobby's World 11.30 Louie 11.55 Home to Rent 12.05pm Dennis and Gnasher 12.30 Donkey Kong 1.00 Mowgli 1.25 Ace Ventura 1.55 Incredible Hulk 2.20 Iron Man 2.45 Fantastic Four

3.10 X-Men
3.30
Fox Kids X-Press
With Roy and Lisa.
3.35 Spiderman
Crime-fighting action.
4.00 Goosebumps
A collection of spooky, spine tingling stories.
4.25 Hero Turtles: The Next Mutation
4.50 Casper
5.00
Dennis and Gnasher
Dennis and Gnasher team up with their pals to take on the adult enemy.
5.30 Ace Ventura
6.00
Donkey Kong Country
6.30 Eek!Stravaganza
6.55-7.00pm Oggy and the Cockroaches

SHOP!
LIFESTYLE/ SELECTION PACKS

12midnight Bargain Shop!
12.30am Shop! Selection
1.30 The Early Years
2.30 Shop! Feature
3.00 Dimanti Designs
4.00 Labels
5.00 Showcase
6.00 Shop! Selection
7.00 Bargain Shop!
7.30 Jewellery Box
8.30 Branded!
9.30 Good Hair Days
Umberto Giannini demonstrates products to achieve salon looks at home.
10.00 Beauty Secrets
Advice for healthy nails.
11.00 In the Kitchen with Susan Brookes
Hints and tips from TV cook Susan on cooking for one.
12noon Dress for Less
Holiday clothes.
1.00pm Bargain Shop!
Special offers.
1.30 Shop! Selection
The best offers on Shop!
2.30 Do it Yourself
Featuring power tools from Bosch and Dremel.
3.00 Household Solutions
Timesaving products.
4.00 The Gold Collection
Offers on a variety of gemstone jewellery.
5.00-6.00pm
Shop! Selection

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Lifestyle at 9.00am.

CABLE CHECK
Some of the channels listed may not be available in your area

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 7.00 News 9.00 News 9.30 World Today 10.00 News 12noon News 1.00pm News 1.30 UK Today 2.00 News 2.30 The World Today 3.00 News 4.00 News 5.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 Face in the Crowd 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am Morning 5.30 Insight 6.00 Morning 6.30 Moneyline 7.00 Morning 7.30 Sport 8.00 Morning 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.15 American 11.30 Asia 12.30pm Science 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Travel 5.00 Larry King 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 World View 11.30 Moneyline 12.30am Showbiz 1.30 Q&A 2.00 Larry King 4.30-5.00am World Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise
11.30 Money
2.30pm Your Call
4.30 Sky World News
5.00 Live at Five
7.30 Sportsline
8.30 Sky Business Report
9.30 Sky World News
10.00 Primetime
12.30am CBS Evening News
1.30 Sky World News
2.30 Sky Business Report
3.30 Fashion TV
4.30 Global Village
5.00 News on the Hour
5.30-6.00am CBS Evening News

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal 5.30 Télématin 7.00 Journal 7.30 Autant Savoir 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Fiction: Quatre et Demie 10.15 Fiction: L'Homme de Suez 11.00 Infos 11.05 Voilà Paris 11.30 Journal 12noon Infos 12.05pm Au Nom de la Loi 1.00 Journal Télévisé TV5 1.15 Fiction: Paparazzi 2.15 Fiction: L'Homme de Suez 3.00 Journal 3.15 Questions 3.30 Télétourisme 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Fiction: Paparazzi 6.15 Fiction: L'Homme de Suez 7.00 Journal 7.30 Journal
8.00 Infos
8.05 Documentaire: Epopée en Amérique
9.00 Journal
9.15 Fiction: Anne Le Guen: Du Fil a Retordre
11.00 Journal
11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL
CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Akhir Kyon 9.00 FILM 11.30 News 12noon Balcony 12.30pm Galatnaama 1.00 Zameen Aasman 1.30 FILM 4.00 Krodpati Fokatlal 4.30 Naquab 5.00 Aashiana 6.00 Dekh Bhai Dekh 6.30 Mumkin 7.00 Zameen Aasman 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Zameen Aasman
12.30am A Mouthful of Sky
1.00 FILM 4.00 Galatnaama
4.30 Balcony
5.00 Agar
6.00 Holy Quran
6.30 News
7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Hero Kal Aaj Aur Kal 6.30 Awaaz Nayee Andaz Wohi 7.00 Faith: Sai Baba 7.30 News 8.00 Karobari Duniya 8.30 Tara 9.00 Zanjeeren 9.30 Zee Health Show 10.00 Urdu Drama 11.00 Pot Luck 11.30 Parampara 12noon FILM: Madhapur Ne Nele 3.00pm Nokhattrer Rat 3.30 Public Demand 4.00 Akbar Birbal 4.30 Fairdeal Antakshari 5.30 Daraar 6.00 Pop Time 6.30 Hip Hip Hurray 7.00 Gudgudee 7.30 Cine Magic 8.00 News 8.30 Chahat Aur Nafrat 9.00 Himalaya's Hasratein 10.00 Blunt 10.30 X-Zone 11.30 Tera Fun Teri Kahani 12midnight News 12.30am Zee Business Show 1.00 Bangla TV 1.30 Parivartan 2.00 FILM: Jawaan Mohobbat 5.00 Mrs Madhuri Dixit 5.30-6.00am Guldasta

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice 4.30 Good Morning 4.45 John Avanzini 5.00 Light and Life/ Dynamic Gospel Ministries 5.30 Scott Webb 6.00 Voice of Faith 6.30 Changing Your World 7.00 Believer's Voice 7.30 Kidz TV 7.45 Your Day 8.15 Good Morning 8.30 Potters House 9.00 Another Day of Victory 9.30 Life in the Word 10.00 Rick Joyner 10.30 John Avanzini 10.40 Good Morning 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

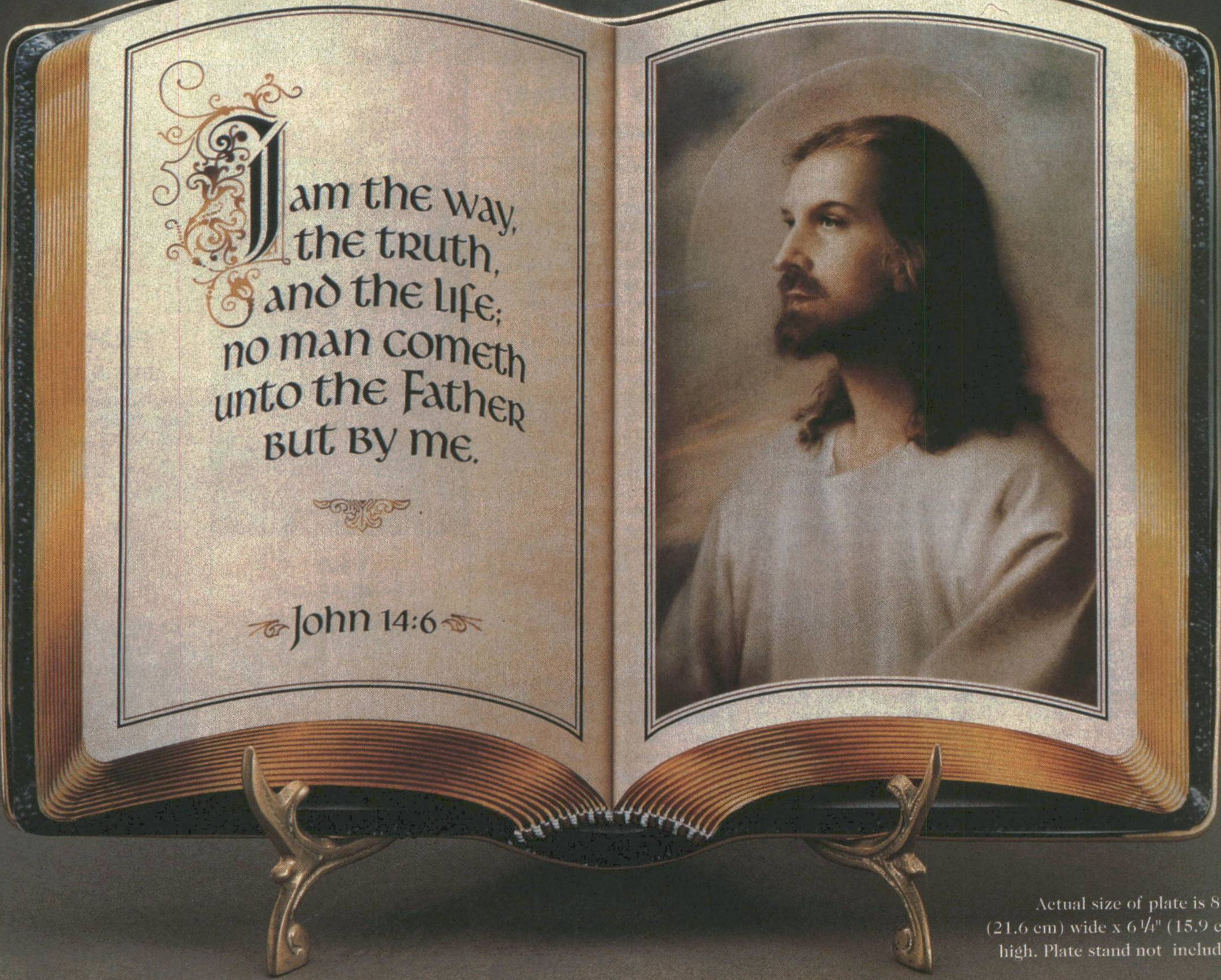
Rolling business news with financial market reports every half hour, plus: 2.19am Fund Manager's Corner 3.49 Technology 4.24am Sports

BBC PARLIAMENT
NEWS & SPORT PACK
CABLE EXCLUSIVE

5.30am House of Lords 7.00 The Record 7.30 House of Lords 2.30pm House of Commons 11.00 Record 11.30-12midnight European Focus

Franklin Mint presents its first ever Bible-shaped collector plate.

The Word of the Lord


I am the way, the truth, and the life: no man cometh unto the Father but by me.
John 14:6

Actual size of plate is 8 1/2" (21.6 cm) wide x 6 1/4" (15.9 cm) high. Plate stand not included.

A sublime portrait of Our Saviour shines forth from porcelain "pages" gilded with *22 carat gold.*

For those who truly believe, Our Lord is always present to comfort and sustain us. Now, Franklin Mint presents an inspirational work of art that symbolises His eternal presence.

I am the Way, a magnificent Bible-shaped plate, bearing the blessed image of Jesus Christ and his powerful words from The Gospel of St. John. It is a possession destined to become a treasured heirloom, and like a cherished family Bible, to be passed down to future generations. In the tradition of the most prized collectables, this heirloom collector plate is crafted in porcelain and lavished with breathtaking colour. It is hand-numbered and its porcelain pages are lavishly gilded with 22 carat gold.

This Collector's Edition heirloom plate is priced at just £24.50, and is available *exclusively* from Franklin Mint.

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The Collector's Choice in Heirloom Plates

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Or telephone FREE of charge on 0800 567 900.

(Quote ref. GB-20712-00031-001).

Please accept my order for *I am the Way.* I need SEND NO MONEY NOW. I will be invoiced £24.50* when my plate is sent to me.
Limit: one plate per collector. **Plus £2.95 postage and packaging.*

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All orders are subject to acceptance by Franklin Mint Limited.

MR/MRS/MISS ____________________
INITIAL NAME PLEASE PRINT CLEARLY

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Satisfaction Guaranteed. I can return my plate within 30 days of receipt, for any reason, for replacement, credit or refund.

GB-20712-00031-001

Friday 26 March

SKY PREMIER
PREMIUM CHANNEL

6.00 AM **6.00am Home Front**
1987, rating Sky PG, 88 mins
7.45 Evita
Madonna, Antonio Banderas
Text *1996, rating Sky PG, 129 mins*
10.00 House Arrest
Jamie Lee Curtis, Kevin Pollack
1996, rating Sky PG, 104 mins
12noon Burning Secret
David Eberts, Faye Dunaway
1988, rating Sky PG, 100 mins
2.00pm Home Front
Jon Cryer, Lynn Redgrave
3.00 PM Comedy in which a politician
decides to use his son as a ploy to
gain popularity in the opinion polls.
1987, rating Sky PG, 88 mins
3.45 Evita
Madonna, Antonio Banderas,
4.00 PM *Jonathan Pryce, Jimmy Nail*
Epic musical about the life of
Argentina's First Lady, based on
the Andrew Lloyd Webber and
Tim Rice stage production. The
movie follows Eva Duarte as she
5.00 PM moves from her poverty-stricken
home to Buenos Aires, through
her marriage to rising politician
Juan Perón and his subsequent
election to President. Text
1996, rating Sky PG, 129 mins
6.00 PM **6.00 House Arrest**
Jamie Lee Curtis, Kevin Pollack,
Jennifer Love Hewitt
Comedy in which two warring
parents are locked in their
basement by their children and
7.00 PM told that they cannot come out
until they have sorted out their
differences. When the children's
friends find out what has
happened, they follow suit.
1996, rating Sky PG, 104 mins
8.00 PM **8.00 Leading Man**
Jon Bon Jovi, Lambert Wilson,
Anna Galiena, Thandie Newton,
Barrie Humphries
Drama in which a Hollywood
heart-throb starring on the
9.00 PM London stage offers to solve the
playwright's dilemma. He frees
the writer to romance his lover
by seducing his wife. But then he
decides to seduce the mistress.
1996, rating Sky 15, 96 mins
10.00 PM **10.00 Chain Reaction**
Keanu Reeves, Morgan
Freeman, Rachel Weisz
Thriller about a government
conspiracy. A science student is
plunged into a risky adventure
11.00 PM when the formula for his team's
invention is stolen and one of the
scientists is murdered. Text
1996, rating Sky 12, 102 mins
11.50 Sleepers
Brad Pitt, Jason Patric
12.00 Rites of passage drama. Text
1996, rating Sky 18, 141 mins
NIGHT TIME **2.15am Some Mother's Son**
Helen Mirren, Fionnula Flanagan
Northern Ireland drama. *1996,*
rating Sky 15, 107 mins
4.10-5.45am Strictly Business
Tommy Davidson, Joseph C Phillips
1991, rating Sky 12, 79 mins

MORNING

SKY MOVIEMAX
PREMIUM CHANNEL

7.00am Take Your Best Shot
Robert Urich, Jeffrey Tambor
1989, rating Sky PG, 92 mins

9.00 The Double Man
Yul Brynner, Britt Ekland
1967, rating Sky PG, 100 mins

11.00 Options
Matt Salinger, Joanna Pacula
1989, rating Sky PG, 88 mins

1.00pm Take Your Best Shot
Robert Urich, Jeffrey Tambor
1989, rating Sky PG, 92 mins

3.00 The Double Man
Yul Brynner, Britt Ekland, Clive Revill, Anton Diffring
Thriller in which an American spy realises that he has an Eastern European doppelganger when he sets out to investigate the death of his son. Soon he finds himself in a trap, with the Communists planning to send his double back to the US. *1967, rating Sky PG, 100 mins*

5.00 Options
Matt Salinger, Joanna Pacula, John Kani, Susan Anton
An American agent journeys deep into the African jungle to option the life story of a princess for a forthcoming film. However, he gets a lot more than he bargained for when she is kidnapped, plunging him into the heart of a perilous adventure. *1989, rating Sky PG, 88 mins*

7.00 P:review
Take a sneak peek at what's coming up on Sky with host Jessica Whittaker.

7.30 UK Top Ten
Counting down the top films.

8.00 Action Heroes: Nicolas Cage
Profile of the star of *8MM*.

8.30
Movie Magic: Four Heads are Better Than One

9.00
8 Heads in a Duffle Bag
Joe Pesci, Andy Comeau
PREMIERE Black comedy. When a hitman's luggage containing the heads of his last eight victims is switched by mistake with that of a student on holday with his girlfriend, a desperate search to find it begins. *1997, 91 mins*

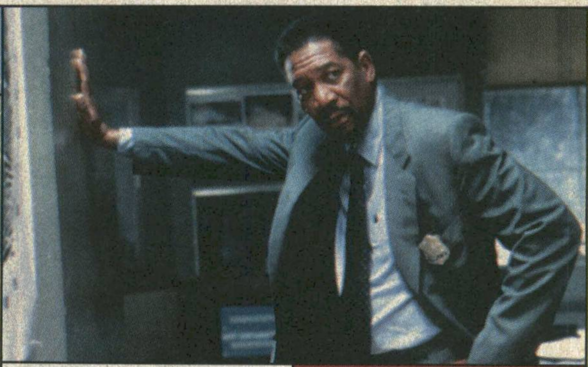
10.30 The Jerky Boys
John G Brennan, Kamal Ahmed
Comedy about a couple of rogues whose phone pranks enable them to bluff their way into Mafia high society. Text *1995, rating Sky 15, 78 mins*

12midnight Gridlock'd
Tim Roth, Tupac Shakur
Text *1996, rating Sky 18, 87 mins*

1.35am Keys to Tulsa
Eric Stoltz, Cameron Diaz Text
1997, rating Sky 18, 109 mins

3.30 Intimate Obsession
1996, rating Sky 18, 90 mins

5.05-6.45am Norwood
1969, rating Sky PG, 91 mins



Morgan Freeman stars in the thriller 'Kiss the Girls'. Sky Box Office 4, see below

SKY CINEMA
PREMIUM CHANNEL

4.00pm Father Brown
Alec Guinness, Peter Finch, Joan Greenwood, Cecil Parker
Detective drama. GK Chesterton's sleuthing priest sets out to outwit the arch villain Flambeau in his attempt to steal a priceless cross. *1955, rating Sky U, 87 mins*

5.30
No Highway in the Sky
James Stewart, Marlene Dietrich, Dora Bryan
Action adventure in which an engineer finds that his advice that aircraft have only a finite life goes unheeded – with fatal consequences. *1951, rating Sky U, 94 mins*

7.15 In Harm's Way
John Wayne, Kirk Douglas, Paula Prentiss, Patricia Neal, Tom Tryon, Jill Haworth
Epic war drama in which a US Navy official goes into battle against the Japanese in the South Pacific during World War II in retaliation for the devastation wrought during the bombing of Pearl Harbour. The captain's mission is further complicated by his romantic involvement with a nurse and his attempts to get closer to his estranged son, who is also a Naval officer. *1965, rating Sky PG, 160 mins*

10.00 Sudden Impact
Clint Eastwood, Sondra Locke, Pat Hingle, Bradford Dillman
The fourth in the *Dirty Harry* action series. After a violent incident that leaves an important local figure dead, detective Harry Callahan is forced to take a vacation. On holiday, he stumbles onto the case of a young female serial killer. *1983, rating Sky 18, 112 mins*

12midnight
The Laughing Policeman
Walter Matthau, Bruce Dern
1977, rating Sky 18, 107 mins

1.55am The Naked Runner
Frank Sinatra, Peter Vaughan
1967, rating Sky PG, 101 mins

3.40-5.05am None Shall Escape
Trevor Bardette, Marsha Hunt
1944, rating Sky PG, 82 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

KIM BASINGER

Want to know what Brad Pitt movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm Short Attention Span Cinema
A selection of short films.

8.00 Wish You Were Here
Emily Lloyd, Tom Bell
Comedy drama about Lynda, who lives with her family in a small English coastal town in the early Fifties. Starved for affection after her mother's death, she seeks attention by shocking family and friends with her rude behaviour. *1987, 88 mins*

9.30 Valley Girls
Short film from Sara Sugarman.

10.10 Heavenly Creatures
Kate Winslet, Melanie Lynskey
Oscar-nominated drama based on a real life event. Two teenage girls in New Zealand become infatuated with each other and plot to rid themselves of their parents who threaten to separate them. As their feelings escalate out of control, they lose grip on reality and turn to murder. *1994, 97 mins*

12midnight Meet the Feebles
Voice of Danny Mulheron
PREMIERE *1989, 93 mins*

1.35am Bad Taste
Alien comedy. *1987, 87 mins*

3.05 Braindead
Timothy Balme, Diana Penalver
Comedy. *1992, 100 mins*

4.50-6.00am Cinema of Unease
With actor Sam Neill.

TNT
FAMILY PACK

9.00pm WCW Nitro
The latest WCW wrestling action from the US.

11.35 WCW Thunder
WCW wrestling action from the US.

1.15am Telefon
Charles Bronson, Lee Remick, Donald Pleasence, Tyne Daly
Cold War thriller about a rogue Russian agent. *1977, 99 mins*

3.00-5.00am
Welcome to Hard Times
Henry Fonda, Janice Rule, Keenan Wynn, Janis Paige, Aldo Ray
Western. *1967, 99 mins*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
HOW TO BE A PLAYER
Lively sex farce starring Def Jam's Bill Bellamy as Dray, a playboy with a passion for ladies who finds his lifestyle under threat. With Natalie Desselle and Lark Voorhies. *1997, rating Sky 18, 90 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
GATTACA
Uma Thurman and Ethan Hawke star in this science-fiction drama set in a genetically-perfect future. With Jude Law and Alan Arkin. *1997, rating Sky 15, 102 mins*
PLAYS AT 7.00am, 9.00am, 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
JACKIE BROWN
Comedy drama from Quentin Tarantino starring Pam Grier, Samuel L Jackson, Robert Forster, Michael Keaton and Robert De Niro. *1997, rating Sky 15, 148 mins*
PLAYS AT 6.00am, 9.00am, 12noon, 3.00pm, 6.00pm, 9.00pm, 12midnight, 3.00am

Sky Box Office 4
Channel 54
KISS THE GIRLS
Chilling thriller starring Morgan Freeman as a detective who investigates the kidnapping of his niece by a serial kidnapper who calls himself Casanova. With Ashley Judd. *1998, Sky 18, 110 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions. Customers with a Videoway set-top-box must view all events on Channel 50.

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula
7.30
The Chris Evans Breakfast Show
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You
1.30 Jeopardy
2.00 Sally Jessy Raphael
I Snooped, Now I Know the Truth

3.00 Jenny Jones
Jenny, Your Guest was so Fine, She's Gotta be Mine
Viewers go on the show to meet previous guests who have caught their eyes.

4.00 Guilty!
Talk show in which guests resolve their problems in a courtroom with the help of a judge and jury. Presented by Carole Malone.

5.00 Star Trek: Voyager
Future's End – Part I
After being attacked by a ship from the future, the Voyager crew find themselves on 20th-century Earth. Text

6.00 Guilty!
School Teacher Who Shouldn't Be Stripping

6.30 Friends
The One with Ross' Thing
Ross has a strange growth. Text

7.00 The Simpsons
The Simpsons Spin-Off Text

7.30 The Simpsons
The Principal and the Pauper
Featuring the guest voice of Martin Sheen. Text

8.00 Dating Hell
The Russian roulette that is modern-day dating provides the focus for this gameshow, set in the exotic adult playground of a secluded nightclub.

9.00 Cheating Spouses: Caught on Tape
Private investigators reveal the caught-on-camera antics of unfaithful spouses.

10.00 Cops
Officers investigate at a local trailer park. Text

10.30 Cops
Officers respond to a call about a naked, knife-wielding man. Text

11.00 Friends
The One with Ross' Thing
Ross finds a strange growth on his buttocks. Text

11.30 Star Trek: Voyager
Future's End – Part I Text

12.30am The Commish
Redemption – Part II Following the death of Rachel's father, the search for the arsonist hots up.
1.30-7.00am Long Play
It's music all night long, with charts, top videos and a distinct lack of VJs.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads 7.30
Neighbours 7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 The House of Eliott
10.30 Rhoda
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Bugs
2.00 Dallas
2.55 The Bill
Puppy Walk

3.25 The Bill
Sprog
Ashton solves a break-in, despite his colleagues' scepticism.

3.55 EastEnders
The church is double-booked for Ricky and Sam's wedding and Charlie Cotton's funeral.

4.30 Rhoda
Don't Give Up the Office
Rhoda has a cash-flow problem.

5.00 All Creatures Great and Small
In Whom We Trust
An old friend of James and Siegfried's appears to be stealing from the practice.

6.00 Dynasty
The Threat
Krystle and Alexis thrash it out in a dramatic brawl in the lily pond, and the disgraced Congressman McVane threatens to kill Alexis.

7.00
Ever Decreasing Circles
Starring Richard Briers and Penelope Wilton.

7.40
Last of the Summer Wine
Starring Peter Sallis and Bill Owen.

8.20 The Brittas Empire
Gordon Brittas puts the table tennis coach on poolside duty, even though he can't swim.

9.00 The Thin Blue Line
Fly on the Wall
A BBC crew comes to Gasforth.

9.40
Harry Enfield and Chums
Tim Nice-but-Dim transforms himself into a rock star.

10.20 Ruby Wax Meets... Pamela Anderson
Ruby and Pamela Anderson have some serious girl talk.

10.55 The Bill
Puppy Walk
Ashton is taken in by a woman with a sob story.

11.25 The Bill
Sprog

11.55 Dr Who Omnibus
The Gunfighters
The Doctor finds himself in Tombstone alongside gunslingers Doc Holliday and Wyatt Earp.

1.50am Best of the Old Grey Whistle Test
Classic rock series.
2.20-3.00am
Best of the Old Grey Whistle Test

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Special Babies
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 The Heat is On
12.10pm Through the Keyhole
12.40 Rescue 911
1.10 Beyond Belief: Fact or Fiction
1.40 Maury Povich
2.30 Special Babies

3.00 Living Room
An upbeat and humorous magazine programme, featuring human interest stories, celebrities, fashion and beauty.

3.50 Michael Cole
No-holds-barred talk show.

4.40 Through the Keyhole

5.10 The Heat is On

5.40 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock.

6.15
The Jerry Springer Show
Outrageous talk show in which Jerry Springer and his guests engage in lively discussion about relationship issues.

7.05 Rescue 911
Footage of real-life rescues by American emergency services. With William Shatner.

7.35 Animal Rescue
Watch dramatic animal rescues.

8.00 LA Law

9.00 FILM: Liz – The Elizabeth Taylor Story
Sherilyn Fenn, William McNamara, Nigel Havers, Katherine Helmond
Concluding the two-part drama exploring the life of Hollywood goddess Elizabeth Taylor. The film follows her life from childhood, through her glittering career and takes a look at her whirlwind romances and many marriages.

11.00-12midnight
The Spicy Sex Files
Dream Strip

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 Holding the Fort 7.30 The Odd Couple 8.00 Families 8.30 Mind Your Language 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Upstairs, Downstairs 11.00 The Gentle Touch 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Mind Your Language 1.30 Me and My Girl 2.00 Upstairs, Downstairs

3.00 The Love Boat
The Congressman Was Indiscreet
A congressman unjustly accused of being involved in scandal takes refuge aboard the *Pacific Princess*. With Gavin MacLeod.

4.00 The Professionals
Stopover
Bodie and Doyle are pitted against a KGB killer team when a CI5 agent is raised from the dead. With Lewis Collins.

5.00 Hart to Hart
Max's Waltz
The Harts and Max frantically search for the latter's girlfriend, who has fallen victim to a pair of money-hungry crooks.

6.00 Emmerdale
Jack causes a stink at Frank's holiday village launch.

6.30
Classic Coronation Street
Rita finds faults with the house.

7.00 The Professionals
Dead Reckoning
CI5 face death and double-dealing when an exchanged British spy returns with a mixed bag of loyalties and identities.

8.00 The Benny Hill Show
The popular comedian in a series of slapstick sketches, featuring a host of quirky characters, guest stars, songs and a bevy of scantily-clad beauties.

9.00 The Sweeney
Golden Fleece
Seventies police drama.

10.00 Hale and Pace

10.30-11.00pm
Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Talking Dirty
Late night series presented by Kathy Lloyd.

11.20 Centrefolds
Centrefold adventures.

11.50 Lord Lust's Lovelies

12midnight Football Feva
Football series.
1.00am The Best of the Tube
With presenters Jools Holland and Paula Yates.
1.30-2.00am
Elvis Has Just Left the Building
Pop music quiz, presented by Mike Sweeney.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof Troop 8.25 Toons 8.45 Winnie 9.00 Spot 9.05 Animal Shelf 9.15 Dragons 9.30 Bear 9.55 Toothbrush Family 10.00 Bite Size 10.10 Rosie and Jim 10.30 Big Garage 10.45 PB and J Otter 11.00 Sesame St 12noon Spot 12.05pm Animal Shelf 12.15 Dragons 12.30 Bear 12.55 Toothbrush 1.00 Bite Size 1.10 Rosie and Jim 1.30 Big Garage 1.45 PB and J Otter 2.00 Winnie 2.30 Quack Pack

3.00 The Little Mermaid
Undersea adventures with the beautiful mermaid Ariel. Text

3.30 Art Attack
Innovative art show hosted by Neil Buchanan. Text

4.00 101 Dalmatians
Canine capers and daring doggy deeds. Text

4.30 Hercules: The TV Show
Greek demi-god, muscle-bound hunk and high school hero.

5.00 Recess
Six friends and their adventures in fourth grade life. Text

5.15 Pepper Ann Text

5.30 Smart Guy
Fun with TJ the 10 year old. Text

6.00 Teen Angel
Sings Like An Angel
Marty turns Steve into a modern-day Sinatra. Text

6.30 Boy Meets World
It's Not You, It's Me Text

7.00 FILM: Halloweentown
Debbie Reynolds
Marnie and her kids get a big shock when they follow grandma home to Halloweentown – and find out they come from a family of witches. *1998*

8.25 Honey, I Shrunk the Kids: The TV Show
Science is serious fun in the Szalinski household, where dad's an eccentric inventor. Text

9.10 Double Dinosaurs
Huge and huggable, the dinosaurs are prehistoric and funny. An unusual view of human problems, using state-of-the-art puppetry. Text

10.00 Home Improvement
Award-winning hit sitcom. Text

10.30 The Wonder Years

11.00-12midnight
Touched by an Angel Text

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

FRIDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

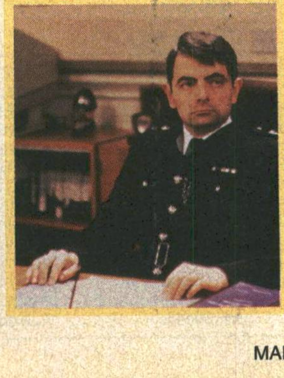
CABLE CHOICE

FILM
8 Heads in a Duffle Bag
Sky MovieMax 9.00pm

The premiere of a black comedy starring Joe Pesci as a courier for the mob who must deliver the heads of eight murder victims to a Mafia boss. But when the bag is mistakenly picked up by a student on vacation with his girlfriend, all sorts of problems arise.

GENERAL
Cheating Spouses: Caught on Tape
Sky One 9.00pm

With infidelity estimated at over 70 per cent, divorce is big business. Private investigators are making fortunes by revealing their video footage of misbehaving spouses. If you think commitment is dead, watch this and have your worst fears confirmed.



ADVERTISEMENT
THE THIN BLUE LINE
9.00PM
UK GOLD
Plenty of arresting comedy with Rowan Atkinson! In tonight's episode, the BBC decide to use Gasforth for a documentary about an ordinary police station. How ordinary can you get?

Friday 26 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

7.30am Golf
8.30 Rugby – LIVE
Coverage from the first round of the 1999 Hong Kong Sevens. This invitational seven-a-side tournament features 24 national teams, playing for a total prize money of $510,000.
12.30pm
Figure Skating – LIVE
Coverage of the ladies' short programme from the World Championships in Helsinki.

3.30 Tennis
Action from the Mercedes Super 9 Tournament, part of the ATP Tour, in Key Biscayne, Florida. With more than $2.5 million prize money at stake, top players such as last year's winner Marcelos Rios will be going all out for a win.
5.00
Figure Skating – LIVE
Coverage from Free Dance event at the World Championships in Helsinki. The favourites in this event are the World Champions Angelika Krylova and Oleg Ovsiannikov, who are dancing to a percussion-only accompaniment; last year's silver medallists Marina Anissina and Gwendal Peizerat, who won in Paris and Sapporo last November and December, and bronze medallists Shae-Lynn Bourne and Victor Kraatz, who have been working with Torvill and Dean to fine tune their act. Those with an outside chance of taking the honours include Irina Lobacheva and Ilia Averbukh, plus Italy's Barbara Fusar-Poli and Maurizio Margaglio.
9.30 Tennis
Action from the WTA Tournament in Key Biscayne, US. In the past, many winners of this tournament have gone on to become ranked number one in the world.
11.00 YOZ Action – Youth Only Zone
Youth sports magazine with news of all the latest trends in the world of street sports.
12midnight-12.30am Rugby
Highlights from the 1999 Hong Kong Sevens.

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Sky Sports Centre 7.15 WWF – Superstars 8.15 You're On Sky Sports! 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Spanish Football *Repeat from Thursday* **12noon Aerobics Oz Style 12.30pm Football League Review 1.00 What a Weekend 1.30 Futbol Mundial 2.00 Watersports World**

3.00 Rugby Club
Rugby magazine show, with match highlights and analysis. Presented by Mark Durden-Smith, Stuart Barnes and Dewi Morris
4.00
Trans World Sport
In-depth sports news and information, including everything from the normal to the downright bizarre.
5.00 Futbol Mundial
Worldwide football news.
5.30 What a Weekend
The show that looks back on another action packed sporting weekend.
6.00
Sky Sports Centre
Catch up with all the very latest sporting events as they happen with this sports news service.
7.00 Gillette World Sport Special
Comprehensive report on the more alternative sports from across the globe.
7.30 International Football: England v Poland – LIVE
Coverage from the Under 21s clash between England and Poland. With the European Championship qualifying phase at a crucial stage, this is the ideal opportunity for the aspiring youngsters to stake a claim to a first team place.
10.00
Sky Sports Centre
Catch up with all the news and views from Sky's comprehensive sports news service.
11.00
Hold the Back Page
Three of the country's leading football journalists review the latest action and analyse the back pages.
12midnight
Sky Sports Centre
1.00am World Wrestling Federation – Raw
3.00 Sky Sports Centre
4.00 Hold the Back Page
5.00-6.00am
Watersports World

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style
7.30 Sky Sports Centre
7.45 Racing News
8.15 What a Weekend
8.45 Sky Sports Centre
9.00 The Rugby Club
Rugby magazine show.
10.00 Ford Golf USA: Players Championship
Highlights from the 1999 Players Championship.
2.00pm Ice Hockey: Superleague Play-Off
Dominik Holyer presents the action from the ice, with commentary from Steve James. Nick Rothwell is at rinkside providing expert analysis and interviews.
Repeat from Thursday

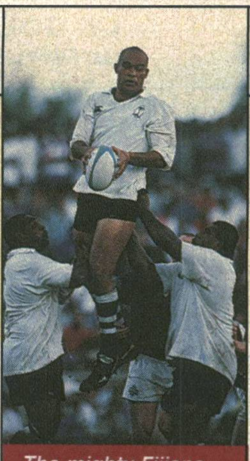
4.30
Ford Golf USA: Players Championship – LIVE
Coverage from the second day of the 1999 Players Championship at the TPC Sawgrass course in Jacksonville, Florida. The event is one of the highlights of the US PGA Tour and showcases the talents of some of the finest golfers on the professional stage, including last year's winner Justin Leonard. With $5million total prize money at stake players will be hoping to not only raise their chances of securing a team place for the Ryder Cup, to be played later this year, but to also walk away from the tournament considerably richer. The current tournament record is held by Greg Norman at 264 for the four rounds, and if anyone should break the record then they would hopefully raise a large amount of money for charity through the tournament's Birdies for Charity scheme. People are invited to pledge a certain amount of money per birdie scored, so the better the round scores the more money goes to the designated charities.
11.00 International Football: England v Poland U-21s
Highlights from the Under-21s clash between England and Poland.

1.00am
Hold the Back Page
2.00 Moto-Plus
2.30 Extreme Sailing
3.00 International Football: England v Poland U-21s
5.00-6.00am
Sky Sports Centre

SKY SPORTS 3
PREMIUM CHANNEL

12noon Trans World Sport
Sports magazine show covering everything from powerlifting to ice hockey.
1.00pm The Rugby Club
Mark Durden-Smith presents a roundup of the latest news and match highlights, together with in-depth analysis and interviews with the top stars.
2.00
International Cricket: West Indies v Australia – LIVE
Coverage from the first day of the third Test between the West Indies and Australia in Bridgetown, Barbados.

4.00 Inside the Senior PGA Tour
A look behind-the-scenes at the Senior PGA Tour.
4.30 International Cricket: West Indies v Australia – LIVE
Further coverage from the first day of the third Test between hosts West Indies and visitors Australia at Bridgetown, Barbados. After their disastrous recent tour of South Africa, the West Indies team has come in for a fair amount of criticism. The majority of the critics' venom has been directed towards the team's captain, record-breaking batsman Brian Lara whose form has slipped recently. However, he will be looking to prove his detractors wrong against an Australian side who are fresh from their Ashes victory, and who will be hoping to continue their run of good form.
9.00 Extreme Sailing
Seafaring action from the crest of the wave.
9.30 Gillette World Sport Special
Alternative sports review.
10.00-12midnight World Wrestling Federation – Raw
Wrestling magazine show hosted by Jim Ross, Kevin Kelly and Michael Cole. The show takes a look back at classic matches, has celebrity guest interviews and reviews all the latest action from the WWF Circuit.



The mighty Fijians defend their Hong Kong Sevens title. Eurosport 8.30am - Live

MUTV
ADD-ON CHANNEL

6.00pm Game On
6.15 The Insiders
A look at the unsung heroes of Old Trafford.
6.30 Kids Clinic
Revision time for the kids.
7.00 Red Hot News Special
7.30 The Boss
7.45 What the Players Say
Preview of the next match.
8.00 Super Match – Vintage Reds: Manchester City v Manchester United
Classic action from 1991.
8.55 Red Hot Update
9.00 Red Replays
Review of the week inside Old Trafford. Featuring everything from transfer news to controversial views about the club.
10.00 Red Legends
A portrait of former Reds.
10.30
Wild About United
Fans explain why they adore United.
11.00 The Boss
11.15
What the Players Say
11.30-12midnight
Red Hot
News Special

SCI-FI
ACTION PACK

7.30am Bloomberg 8.00 Sightings 9.00 Battlestar Galactica 10.00 Quantum Leap 11.00 Dark Shadows 11.30 The Ray Bradbury Theatre 12noon The Twilight Zone 1.00pm Tales of the Unexpected 1.30 Tales of the Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00
Battlestar Galactica
The Super Scouts
A Galactican shuttle-craft, filled with children, is attacked by the Cylons.
4.00
The Incredible Hulk
On the Line
Banner helps fight a forest fire, but the fire fighters suspect he caused it.
5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences. Presented by Tim White.
6.00 The Ray Bradbury Theatre
The Silent Towns
6.30
New Alfred Hitchcock
For Art's Sake
7.00 Quantum Leap
The Beast Within
Sam leaps into the body of a Vietnam veteran who is living in the woods with an outcast on medication.
8.00 Amazing Stories
Go to the Head of the Class
A tale of macabre revenge.
8.30 Highlander: The Raven
The Rogue
9.30 FILM: Bram Stoker's Dracula
Gary Oldman, Winona Ryder, Anthony Hopkins, Keanu Reeves
Horror. Francis Ford Coppola's superior vampire tale is a faithful adaptation of Bram Stoker's classic novel in which the ancient Count Dracula pursues the latest reincarnation of his lost love, the fiancée of an English solicitor, in order to fulfil his passionate and horrific desires. *1992*
12midnight
FILM: Fist of the North Star
Voice of Akira Kamiya
Manga animation. *1986*
2.00am The Guyver
Reactivation
2.30 100 Years of Horror
Maniacs
3.00 Dark Shadows
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

4.00pm Trisha
5.00
Don't Try This at Home!
Davina McCall presents the show in which ordinary people are challenged to perform dangerous acts.
6.00 Comin' Atcha
The Party
Comedy series. Mum will not let the girls go to the year's most happening party.
6.30 Bedrock
Teenage magazine show.
7.30 Futbol Mundial
All the latest news and action from the world of football.
8.00 The Mix
A weekly rundown of charts, gossip and interviews, presented by Shovell of chart-toppers M People.
9.00 ITV2's Great Detectives: Poirot
Another murder mystery for Agatha Christie's dapper Belgian detective to solve. Stars David Suchet.
11.00 Coronation Street
Another chance to catch up with all the gossip from the residents of Weatherfield's most famous street.
11.30 God's Gift
Davina McCall presents the high-spirited dating game in which five male specimens try their hardest to impress the female studio with their wit, charm and superior physical fitness.
12.30am-2.00am Feature

TELEVISION X
ADD-ON CHANNEL

12midnight Free View 12.10am Sex Fest 12.20 Exhibitionists 12.45 FILM: Gold Diggers 1.00 Free View 1.05 FILM continues 2.00 Free View 2.05 Supervirility 2.30 FILM: New Wave Hookers 3.00 Free View 3.05 FILM continues 3.40 Dorrie Courtney 4.10-5.30am FILM: Jezebel

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day
12.10am Biker Annie
12.35 Kinky Clubbers
12.55
FILM: Shades of Blonde
Feature about the waitresses in an ice cream parlour.
2.10 FILM: Dirty Work
Erotic feature film.
3.25-4.00am
Electric Blue Show

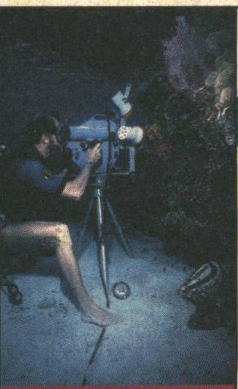
Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: In Between
Robert Forster, Wings Hauser
Horror about three strangers who are stuck in purgatory.
9.30 FILM: Sex is a Four Letter Word
Joy Smithers, Rhett Walton
Sex drama.
11.00-12midnight
Lovers' Paradise 2
Stars Gabrielle Nicole.

Friday 26 March



Jack McKenny's aquatic footage in 'Shark Shooters'. National Geographic Channel 8.00pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Cross Wits
With Tom O'Connor.
5.45
The Games Room
6.00 Family Fortunes
The big money gameshow hosted by Les Dennis.
6.30
The Games Room
6.45 Catchphrase
Hi-tech quiz show.
7.15
The Games Room
7.25 100 Per Cent
Quick-fire quiz.
7.55
The Crystal Maze
A team of contestants tackles a series of games and challenges in a giant fantasy world. Hosted by Richard O'Brien.
9.00
The Games Room
9.15 Strike it Lucky
With Michael Barrymore.
9.45
The Games Room
10.00 Candid Camera
More video surprises.
10.30
Karaoke Challenge
With Nikki Diamond, Geoff Peters and Question Mark.
11.00
Carnal Knowledge
Graham Norton and Maria McErlane host the quiz show that asks all of the British public.
12midnight Strike it Lucky
12.30am Split Second
1.00 Candid Camera
1.30 Through the Keyhole
2.00 Love at First Sight
2.30 Studs
3.00 Simply Irresistible
3.30 Blockbusters
4.00 Fifteen-To-One
4.30 Don't Drink the Water
5.00-6.00am Screenshop

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Shopping 7.00 Why Files 7.30 Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 The Why Files 9.30 Indecent Proposals 10.00 Agony 10.30 The Fashion Show 11.00 Judge Judy 11.30 Mind Games 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 The Fashion Show 2.00 Judge Judy 2.30 Mind Games

3.00
Indecent Proposals
Cash for craziness.
3.30 Judge Judy
The feared American judge with another case.
4.00 Agony
More helpful advice for troubled souls.
4.30 Lie Detector
Unmasking deception using modern methods.
5.00 Agony
More helpful advice for troubled souls.
5.30 The Why Files
Featuring the psychic investigators.
6.00
The Fashion Show
The lastest fashion news.
6.30
Indecent Proposals
Cash for craziness.
7.00 Sport at Seven: Bangers and Smash
Stock car racing action hosted by Louise Brady.
8.00 The Why Files
Featuring the psychic investigators.
8.30 Judge Judy
The feared American judge with another case.
9.00 Dog Night L!VE
Dog racing action.
9.30 Dog Night L!VE
With Stevie Knuckles.
9.57 Topless Darts
More shapely dart throwing.
10.00 Love Street
Erotic American series.
10.30 Exotica Erotica
More saucy tales from the erotic imagination.
11.30 Orgasmatron
11.45 Painted Ladies
11.57 Topless Darts
More shapely dart throwing.
12midnight Love Street 12.30am Private Dancer 12.45 Pleasure Dome 1.00 Exotica Erotica 2.00 Blue Review 2.15 Janeycam 2.30 Love Street 3.00 Agony 3.30 Why Files 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00 Nation L!VE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Kitchen College 10.00 The Cookshop 10.30 Nancy Lam 11.00 Worrall Thompson 11.30 Food for Thought 12noon Network 12.30pm French Lunch 1.00 Kitchen College 1.30 Gordon Ramsay 2.00 Can't Stand the Heat 2.30 Network
3.00 Food Factory
3.30 Ideal Home for Cooks
4.00 A Year at Ballymaloe
With Darina Allen.
4.30-5.00pm
Tessa's Tastebuds

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show presented by Bill Dodd.
5.30 Gridlock
With Simon Biagi.
6.00 My Two Wives
The Bald Facts
More from the lawyer.
6.30 Our House
A look at unusual places that people call home.
7.00 Shine on, Harvey Moon
Pick Yourself Up, Dust Yourself Down
Comedy drama about a family in post-war London.
8.00 Blue Heelers
In the Gun
When a young criminal returns to Mount Thomas, Dash is forced to confront unpleasant memories.
9.00 Love Hurts
Tracks of My Tears
Tessa and Frank are forced to reconsider their future together as the gulf between them widens.
10.00
The Good Sex Guide
With Margi Clarke.
10.30 The Screen
Magazine programme looking at the latest movies.
11.00 Hill Street Blues
Influential Eighties US police drama series set in a tough urban area, with storylines about the officers of Hill Street station.
12midnight My Two Wives
The Bald Facts
Sitcom about a lawyer.
12.30am Gridlock
Simon Biagi hosts the fast-paced gameshow.
1.00-2.00am
The Last Place on Earth
Foregone Conclusion

ANIMAL PLANET
WORLD PACK

12noon The New Adventures of Black Beauty
12.30pm Hollywood Safari
Quality Time
1.30 Crocodile Hunter
Travelling the Dingo Fence
2.00 Wild Rescues
Highlighting people who protect animals, and animals that protect people.
2.30 Human/Nature
A look at man's relationships with animals and the elements.

3.30 Harry's Practice
A look at the work of vet Harry Cooper in his practice in northern Tasmania.
4.00 Jack Hanna's Animal Adventures
The Game Warden
4.30 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
5.00 Pet Rescue
More heroics from the RSPCA.
5.30
Deadly Australians
Coastal and Ocean
6.00
The New Adventures of Black Beauty
Childrens' series.
6.30 Lassie
Lassie Saves Timmy
7.00 Rediscovery of the World
Channel Islands: Waters of Contention
Exploration of the Channel Islands off California.
8.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
8.30 Animal X
Featuring the world's greatest racehorse.
9.00 Ocean Wilds
Channel Islands
Wildlife on the islands.
9.30 Emergency Vets
Stories from a veterinary hospital in Denver.
10.00
Life with Big Cats
A look at how Hollywood actress Tippi Hedren established a wild cat reserve just north of LA.
11.00 Vet School
Students face the challenge of becoming a vet.
11.30-12midnight
Emergency Vets
Helping sick animals.

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Barnardo's Children 7.50 The Great Egg Race 8.30 Vanessa
9.30 Esther
10.00 Vets in Practice
10.30 Lion Country
11.00 Full Circle with Michael Palin
12noon Ice Fox
1.00pm The Day the Universe Changed
2.00 Yellow Line
3.00 Plastic Fantastic
A look at people who have undergone plastic surgery.
3.30 Esther
Titles
The upper classes.
4.00 Vanessa
UK talk show, in which Vanessa Feltz tackles real-life issues in an earnest manner with her studio audience.
5.00 Animal Hospital Roadshow
With Rolf Harris.
5.30 Lion Country
A look at the stately home and safari park of Longleat.
6.00 Las Vegas and the Mormons
Visit the gambling capital of the world, which is also home to thousands of God-fearing Mormons.
7.00 Live Luggage
A look at Heathrow's animal quarantine station.
7.30
The Body in Question
Balancing Act
8.00 Piranhas
David Attenborough takes a look at the feared fish.
8.30 Zoo's Company
Aussie Battlers
With a pregnant platypus.
9.00 The Secret File on J Edgar Hoover
An investigation into the 50-year reign of J Edgar Hoover as director of the FBI.
10.00 Holiday Reps
There is a surprise in store for Gaynor.
10.30 Hotel Update
Highlights from the documentary series
11.00 Jeremy Clarkson's Motorworld
Texas
11.30 Crime Limited
Nick Ross presents crime reconstructions.
12midnight
Tomorrow's World Plus
Featuring reports about the future of science and technology.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Livetime 8.00 E! True Hollywood Story
9.00 The Psychic Zone
9.30 Healthbeat
10.00 The View
11.00 Roddy Llewellyn's Indoor Garden
11.30 Best of Best Direct
12noon
The Montel Williams Show
1.00pm Psychic Livetime
2.00 The View
3.00
Astrology Livetime
Viewers can put questions to celebrity guests and leading experts live on air by calling 0845 3034422.
4.00 The Montel Williams Show
Children Reunited with Parents
Prodigal sons return to the bosom of their families.
5.00
Roddy Llewellyn's Indoor Garden
5.30-6.00pm
The Psychic Zone

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Nose No Good
The Grey Seal
7.30 Life on the Line
A profile of death-defying artist Philippe Petit.
8.00 The Shark Files
Shark Shooters
Following father and son underwater cameramen Jack and John McKenney at work.
Friday Night Wild
9.00 Snow Monkey Roundup
9.30
Vietnam's Great Ape
A hunt for the primate.
10.00
In Wildest Africa
Documentary capturing a huge cast of wildlife playing out one of this planet's most interesting dramas.
11.00 Giant Pandas – The Last Refuge
Featuring the giant panda in its natural environment, where it is in danger of becoming extinct.
12midnight-1.00am
Cold Water, Warm Blood
Off the coast of New Zealand a great upwelling of nutrients from the depths of the oceans has attracted a diverse collection of seals, whales and dolphins.

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits
9.00 Bytesize MTV
11.00 brand:new
12noon Mad 4 Hits
Including at 1.00-1.15, the MTV Live Spot.
2.00pm The MTV Dancefloor Chart Show
3.00 Bytesize MTV Pop
4.00 Select MTV
6.00
News Weekend Edition
NEW An in-depth look at the week's music and celebrity events, and the best showbiz gossip.
6.30 UK Singled Out
7.00 brand:new
8.00 The MTV Dancefloor Chart Show
9.00 MTV Megamix
10.00 News Weekend Edition
10.30 UK Singled Out
11.00 The Grind
12midnight Partyzone
1.00am News Weekend Edition
1.30 UK Singled Out
2.00 Club Mix
3.00 MTV Megamix
4.00 Partyzone
5.00-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12noon Ten of the Best 1.00pm Greatest Hits of... 1.30 Pop-Up Video 2.00 Jukebox 4.00 Behind the Music 5.00 Five@Five 5.30 Pop-Up Video 6.00 Something for the Weekend 7.00 Greatest Hits 7.30 Talk Music 8.00 Ed Sullivan 8.30 VH1 Party Hits 9.00 Kate & Jono 10.00 Live at VH1 10.30 Crowded House 11.00 VH1 Spice 12midnight Friday Rock 2.00am AC/DC Uncut 3.00-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Go Wild 12.30pm Ribbons of Steel 1.00 Travel Live 1.30 Gatherings 2.00 Flavours of Italy 2.30 Around the World 3.00 Top of the World 4.00 Go 2 4.30 On the Loose 5.00 Ribbons of Steel 5.30 Go Wild 6.00 Gatherings 6.30 On Tour 7.00 Escape from Antarctica 8.00 Holiday Maker 8.15 Holiday Maker 8.30 Go 2 9.00 Top of the World 10.00 Around the World 10.30 On the Loose 11.00 On Tour 11.30-12midnight Reel World

UK STYLE
LIFESTYLE PACK

7.00am Gluck, Gluck, Gluck 7.30 The Terrace 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Style Challenge 9.30 Change That 10.00 Holiday in Style 11.00 The Air Show 11.30 The DIY Show 12noon Can't Cook, Won't Cook 12.30pm Style Challenge 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Rick Stein's Taste of the Sea
2.30 Growing Places
3.00 Gardening Neighbours
3.30 Wilderness Walks
4.00 Tales from the Riverbank 4.30 Travels with Pevsner 5.30 Can't Cook, Won't Cook 6.00 Tales from the Riverbank 6.30 The Face 7.00 The House Detectives 7.30 Ready, Steady, Cook 8.00 Style Challenge 8.30 Change That 9.00 Gardeners' World 9.30 How Does Your Garden Grow? 10.30 Stefan's Garden Roadshow
11.00 Gardening Neighbours
11.30 Can Ski... Will Ski!
12midnight-1.00am
Our Man in... Calcutta

Friday 26 March

DISCOVERY HOME & LEISURE
WORLD PACK

6.00 AM

MORNING

6.00am Today's Gourmet 6.30 Yan Can Cook 7.00 Homemaker 7.30 Period Rooms 8.00 Wedding Story 8.30 A Baby Story 9.00 Simply Painting 9.30 Great Gardening Plot 10.00 Instant Gardens 10.30 Cookabout 11.00 The Diceman 11.30 Rex Hunt 12noon Our House Down Under 12.30pm Antiques Trail 1.00 Our House 1.30 Home Savvy 2.00 New Yankee Workshop 2.30 Home Again 3.00 This Old House 3.30-4.00pm Charlie West Fishing

3.00 PM

DISCOVERY
WORLD PACK

4.00 PM

4.00pm Rex Hunt's Fishing Adventures
Fishing in Tasmania.

4.30
A River Somewhere
Cobungra River, Australia

5.00 PM

5.00
Mutiny in the RAF
The forgotten story of the many hundreds of airmen stranded overseas at the end of World War II.

6.00 PM

6.00 Wildlife SOS
Behind the scenes at the Wildlife Aid rescue centre in Leatherhead.

6.30 Untamed Africa
The End of the Story

7.00 PM

The final episode in this series which follows the animals of the Masai Mara National Reserve, Kenya.

7.30 Futureworld
Performance Unlimited

8.00 PM

8.00
Outback Adventures
Trekking across Australia.

8.30
Uncharted Africa
Airborne

9.00 PM

9.00 Test Pilots
Pushing the Envelope
The pilots push Lockheed's new F-22 Raptor fighter past its design limits.

10.00 PM

10.00 One Way Ticket to Sirius
The tragic story behind the mysterious mass suicides across Switzerland, France and Quebec in 1994.

11.00 PM

11.00
Weapons of War
Bomber Command
A look at how, by 1942, the RAF had begun night bombing over Germany.

12.00

NIGHT TIME

12midnight Car Thieves
Greater Manchester Police try to stay one step ahead of criminals who steal cars then pass them off as legitimate second-hand cars.

1.00am-2.00am
Mutiny in the RAF
World War II's airmen.

SKY SOAP
LIFESTYLE PACK

11.00am
Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
Dolly makes a big decision.
12.30pm
As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
3.30-4.00pm
Emmerdale Farm

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Blinky Bill 6.00 The Tidings 6.30 Tabaluga 7.00 Scooby-Doo 7.30 Dexter's Laboratory 8.00 Looney Tunes 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 The Tidings 10.00 The Magic Roundabout 10.30 The Fruitties 11.00 Tabaluga 11.30 Yo! Yogi 12noon Tom and Jerry 12.30pm Looney Tunes 1.00 Popeye 1.30 The Flintstones 2.00 The Jetsons 2.30 Droopy

3.00 Taz-Mania
Animated antics with the Tasmanian devil.

3.30 Scooby-Doo
Adventures of the canine crime-buster and the gang.

4.00
The Powerpuff Girls
Cute crime fighting.

4.30
Dexter's Laboratory
More chemical chaos.

5.00 Ed, Edd 'n' Eddy
Growing up is hard to do for this trio of pals.

5.30
Cow and Chicken
Fun with the odd siblings.

6.00 Animaniacs
The Warner brothers and sister cause more mayhem.

6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.

7.00 Tom and Jerry
Madcap comic antics with the sparring cat and mouse duo.

7.30 Looney Tunes
Classic cartoon fun.

8.00
Cartoon Cartoons
8.30-9.00pm
Cult Toons
Classics from the vault.

Madness and mayhem from Jenny McCarthy in 'Jenny'. Paramount Comedy Channel 7.00pm

THE HISTORY CHANNEL
WORLD PACK

4.00pm
D-Day Remembered
5.00 Thomas Edison – Electric Light
6.00 The Great Sphinx
Visit one of ancient Egypt's most enduring legacies.
7.00-8.00pm
Rockets: Man in Space
This is the story of the space race, focusing on the quest to build a giant rocket that would power man to the moon.

NICKELODEON
FAMILY PACK

6.00am Rocko's Modern Life 6.30 Bruno the Kid 7.00 CatDog 7.30 Rugrats 8.00 Wild Thornberrys 8.30 Arthur 9.00 Children's BBC on Nickelodeon 10.00 Wimzie's House 10.30 Papa Beaver Stories 11.00 The Magic School Bus 11.30 PB Bear/Budgie the Little Helicopter/Animal Antics/Family Ness 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Little Bear Stories 2.00 Paddington Bear/Lizzie's Library/Portland Bill/Mr. Men 2.30 Children's BBC on Nickelodeon

3.00 Children's BBC on Nickelodeon
Including *Teletubbies*.

3.30 Doug
Doodle the day away with the painfully average Doug.

4.00 Three Friends... and Jerry
Adolescent escapades.

4.30 Rugrats
Fun with the tousle-haired tearaways.

5.00 Sister Sister
Tia, Tamera and their parents try to live together.

5.30 Kenan & Kel
The adventures of two funky friends.

6.00 Renford Rejects
6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
Jenny and Maggie try to make it big in LA.

7.30 Grace Under Fire

8.00 Ellen
The Parent Trap
Ellen recreates her parents' honeymoon.

8.30 Spin City
US sitcom.

9.00 Drop the Dead Donkey
Sally suffers a tragedy.

9.30 Whose Line is it Anyway?
Game of improvisation.

10.00 FILM: Fliegender Zirkus
Michael Palin, John Cleese, Terry Gillian, Terry Jones, Graham Chapman, Eric Idle
A collection of Monty Python sketches made for German television which have been redubbed into English and compiled into a film.

12midnight Late Night with David Letterman
1.00am Taxi
1.30 Frontline
2.00 Dr Katz
2.30 Tibs and Fibs
3.00 Nightstand
3.30-4.00am
Abbott and Costello

SKY TRAVEL
LIFESTYLE PACK

11.00am Trailside
11.30 Sky Destinations
12noon
American Adventurer
12.30pm Islands in the Sun
1.00
Travels with Chuck Henry
1.30 Great Houses Europe
2.00 Independent Travellers' Guide
3.00 Around the World
3.30-4.00pm
Sky Destinations

FOX KIDS
FAMILY PACK

6.00am Dodo 6.05 Power Rangers 6.30 Power Rangers 6.55 Spiderman 7.20 Oggy 7.30 Donkey Kong Country 8.00 Hero Turtles: The Next Mutation 8.25 The Incredible Hulk 8.50 Iron Man 9.15 Fantastic Four 9.40 X-Men 10.05 Casper 10.30 Oggy 10.55 Eek!Stravaganza 11.05 Bobby's World 11.30 Life with Louie 11.55 Home to Rent 12.05pm Dennis and Gnasher 12.30 Donkey Kong Country 1.00 Mowgli 1.25 Ace Ventura 1.55 The Incredible Hulk 2.20 Iron Man 2.45 Fantastic Four

3.10 X-Men
Mutant adventures.

3.30
Fox Kids X-Press
Daily magazine show.

3.35 Spiderman

4.00 Goosebumps
More spooky stories.

4.25 Hero Turtles: The Next Mutation

4.50 Casper
Mischievous capers.

5.00
Dennis and Gnasher
Menacing mayhem with the boy and his dog.

5.30 Ace Ventura
Zany pet detective.

6.00
Donkey Kong Country
6.30 Eek!Stravaganza
6.55-7.00pm Oggy and the Cockroaches

SHOP!
LIFESTYLE/ SELECTION PACKS

12midnight Bargain Shop!
12.30am Shop! Selection
1.30 Dress for Less
2.30 Good Hair Days
3.00 The Gold Collection
4.00 Beauty Secrets
5.00 Household Solutions
Time-saving products.
6.00 Shop! Selection
7.00 Bargain Shop!
7.30 Diamanti Designs
Collection of diamond-look jewellery.
8.30 Labels
Evening wear fashion.
9.30 Travel Bag
Holiday accessories.
10.00 Junior Choice
Children's toys.
11.00 Silversmith
Mexican turquoise jewellery.
12noon On the High Street
Fashion clothes from high street store Evans.
1.00pm Bargain Shop!
1.30 Shop! Selection
A round-up of the best offers.
2.30 In the Garden
Gardening tools and advice.
3.30 Home Style
A range of mirrors.
4.00 Cook's Den
Kitchen essentials.
5.00-6.00pm
Shop! Selection
A round-up of the best offers on Shop!

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 5.00pm.

CABLE CHECK
Some of the channels listed may not be available in your area

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 7.00 News 9.30 World Today 10.00 News 1.30pm UK Today 2.00 News 2.30 World Today 3.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Seven Days 1.00 News 2.30 Simpson's World 3.00 News 3.30 Science Review 4.00 News 4.30 Reporters 5.00 News 5.30-6.00am Straight Talk

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am CNN This Morning 5.30 Insight 6.30 Moneyline 7.00 This Morning 7.30 World Sport 8.00 This Morning 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm Earth Matters 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Inside Europe 5.00 Larry King 6.45 American 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.30am Showbiz Today 1.30 Q&A 2.00 Larry King 3.00 7 Days 4.30-5.00am Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 11.30 Money 12noon News Today 2.30pm Your Call 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.00 News on the Hour 9.30 Sky World News 10.00 Primetime 12midnight News on the Hour 12.30am CBS News 1.30 Sky World News 2.30 Sky Business Report 3.30 Week in Review 4.30 Fashion TV 5.00 News on the Hour 5.30-6.00am CBS News

INTERNATIONAL

TV5 5.00am Journal Télévisé TV5 5.15 Journal des Journaux 5.30 Télématin et Le Journal du Temps 7.00 Journal 7.30 D 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Fiction: Anne Le Guen: Du Fil a Retordre 11.00 Infos 11.05 Voilà Paris 11.30 Journal 12noon Infos 12.05pm Faut pas Rêver 1.00 Journal 1.15 Fiction: Anne Le Guen: Du Fil a Retordre 3.00 Journal 3.15 Questions 3.30 Les Carnets du Bourlingueurs 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Fiction: Anne Le Guen: Du Fil a Retordre 7.00 Journal 7.30 Journal et Le Journal 8.00 Infos 8.05 Pulsations 9.00 Journal 9.15 Mots Croisés 11.00 Journal 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL
CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Holy Quran 9.00 FILM 11.30 News 12noon Lifeline 12.30pm Daal Mein Kala 1.00 Swabimaan 1.30 FILM 4.00 Akbar Birbal 4.30 Paranda 5.30 Chidi Ka Ghulam 6.00 Tiger 6.30 Asianet Aur Aap 7.00 Swabimaan 7.30 News 8.00 A Mouthful of Sky 8.30 Aarzoo 9.00 FILM 11.30 News 12midnight Edit 12.30am Asianet Aur Aap 1.00 FILM 4.00 A Mouthful of Sky 4.30 Swabimaan 5.00 BPL Oye Countdown 6.00 Akbar Birbal 6.30 News 7.00-7.30am Mehfil

ZEE TV
ADD-ON CHANNEL

6.00am Sorry Meri Lorry 6.30 Mast Must Show 7.00 Faith: Muslim 7.30 News 8.00 Zee World 8.30 Tara-2 9.00 Adhikar 10.00 Yeh Zindagi 11.00 Zaike Ka Safar 11.30 Parampara 12noon FILM: Gawaar 3.00pm Bangla TV 3.30 It's My Choice 4.00 Akbar Birbal 4.30 Zee Zone 5.30 Amanat 6.00 Artist of the Fortnight 6.30 Zee TV 7.00 Chashme Baddoor 7.30 Entertainment Express 8.00 News 8.30 Aashirwad 9.00 FILM: Hero No 1 12midnight News 12.30am Ru-Ba-Ru 1.00 X-Zone 2.00 FILM: Shart 5.00 Filmi Baatein 5.30-6.00am All Time Hits

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 River of Life 4.30 Let the Fire Burn 5.00 Chronicles of Revival 5.30 Paul Scanlon 6.00 Good News 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is your Day 8.15 Good Morning Europe 8.30 The Messenger 9.00 Another Day of Victory 9.30 Life in the Word 10.00 In Times Like These 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus: 2.19am Boarding Pass 4.19 Clips 4.45am Clarke's Chronicle

BBC PARLIAMENT
NEWS & SPORT PACK
CABLE EXCLUSIVE

5.30am Select Committees 7.00 The Record 7.30 House of Lords 10.00 House of Commons 3.00pm House of Lords 11.00 The Record 11.30-12midnight Straight Talk

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	£25,000			337.00	275.98	249.19
	£22,500			303.30	248.38	224.27
	£20,000			269.60	220.78	199.35
11.9% Variable or fixed for up to 5 years NO FEES	£17,500	383.47	289.58	244.44	202.66	184.70
	£15,000	328.69	248.21	209.52	173.71	158.31
	£12,500	273.90	206.84	174.60	144.75	131.93
	£11,000	241.04	182.02	153.65	127.38	116.10
	£10,000	219.12	165.47	139.68	115.80	105.54
12.9% Variable or fixed for up to 5 years NO FEES	£9,000	201.29	153.30	130.38	109.41	100.61
	£8,000	178.93	136.27	115.89	97.25	89.43
	£7,500	167.74	127.75	108.65	91.17	83.84
	£6,000	134.20	102.20	86.92	72.94	67.07
	£5,000	111.83	85.17	72.43	60.78	55.89

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Saturday 27 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

SKY PREMIER

PREMIUM CHANNEL

6.00am Miss Evers' Boys
1997, rating Sky PG, 113 mins
8.00 Charlie's Ghost Story
1994, rating Sky PG, 85 mins
10.00 Home Alone
1991, rating Sky PG, 99 mins
11.45 Land Before Time V: The Mysterious Island
PREMIERE Animation. *1997, rating Sky U, 70 mins*
1.00pm Miss Evers' Boys
1997, rating Sky PG, 113 mins

3.00 Charlie's Ghost Story
Cheech Marin, Anthony Edwards, Linda Fiorentino
Family adventure about a young boy, Charlie McCammon, who befriends the ghost of a long-dead conquistador. *1994, rating Sky PG, 85 mins*

4.30 Land Before Time V: The Mysterious Island
Voices of Jeff Bennett, Aria Noelle Curzon, Thomas Dekker
Animated adventures of Littlefoot and his fellow infant dinosaur friends. *1997, rating Sky U, 70 mins*

5.45 Home Alone
Macaulay Culkin, Joe Pesci, Daniel Stern, John Heard
Comedy in which Kevin, young boy is left behind when his family rush off to Paris on Christmas vacation. All alone in their big suburban home, he discovers that fending for himself can be a lot of fun but also dangerous... *1991, rating Sky PG, 99 mins*

7.30 P:review
Take a sneak peek at what's coming up on Sky.

8.00 Highlights of the 71st Academy Awards
Catch up on the Oscar-night action with this special compilation of the evening's highlights – the winners, losers, dresses and speeches that everyone is talking about.

10.00 Air Force One
Harrison Ford, Glenn Close, Gary Oldman, William H Macy, Wendy Crewson
PREMIERE Thriller. The US President finds himself trapped after Russian communist radicals take command of the Presidential aircraft, Air Force One, and demand the release of the Kazakstan leader. *1997, rating Sky 15, 120 mins*

12.10am (GMT) White Man's Burden
John Travolta, Harry Belafonte
Drama about racial equality. *1995, rating Sky 15, 85 mins*
2.40-4.40am (BST) The Mirror Has Two Faces
Barbra Streisand, Jeff Bridges
Text *1996, rating Sky 15, 121 mins*

SKY MOVIEMAX

PREMIUM CHANNEL

7.00am Femmes Fatales: Geena Davis
7.30 Action Heroes: Tom Cruise
8.15 Movie Magic: Movie Mayhem
9.00 Friendship's Field
1996, rating Sky U, 84 mins
11.00 Steel
Text *1997, rating Sky PG, 93 mins*
1.00pm Femmes Fatales
1.30 Action Heroes: Tom Cruise
2.15 Movie Magic

3.00 Friendship's Field
Kate Maberly, Jonathan Hernandez, Dallen Gettling
Drama about two young children from very different backgrounds whose friendship, formed during the summer of 1965, overcomes the boundaries of race and culture. *1996, rating Sky U, 84 mins*

5.00 Invisible Dad
Karen Black, Russ Tamblyn, Charles Dierkop, Shayna Ryan
Family adventure. A young boy, Doug Bailey, discovers that his father's new machine has made him become invisible. It is up to Doug to try and reverse the process before his father is doomed to spend the rest of his life being unseen. *1997, rating Sky U, 86 mins*

7.00 Steel
Shaquille O'Neal, Richard Roundtree. Annabeth Gish
Action adventure. The basketball ace stars as John Henry, a weapons designer for the military, who leaves when one of his projects is sabotaged. After seeing his munitions used on the streets, he sets out to remedy the problem. Text *1997, rating Sky PG, 93 mins*

9.00 Eat a Bowl of Tea
Cora Miao, Russell Wong, Lau Siu Ming, Eric Tsang Chi Wai, Law Lan, Victor Wang
Warm-hearted comedy drama about a traditional Chinese family who must come to terms with the American way of life when Chinese women are finally allowed to accompany their husbands to the US. *1988, rating Sky 15, 99 mins*

11.00 Hard Eight
Gwyneth Paltrow, John C Reilly, Samuel L Jackson
PREMIERE Thriller about a man who begins a whole new way of life when he loses all his money. *1997, 101 mins*

12.45am (GMT) Grace of My Heart
Illeana Douglas, Matt Dillon
1996, rating Sky 15, 111 mins
3.45-5.30am (BST) Mr Reliable
Colin Friels, Jacqueline McKenzie
Comedy. Text *1996, rating Sky 15, 108 mins*

SKY CINEMA

PREMIUM CHANNEL

11.00am The Girl in Room 17
Edward G Robinson, Paulette Goddard
Police drama. *1953, rating Sky PG, 84 mins*
12.30pm The Devil and Miss Jones
Jean Arthur, Robert Cummings
Comedy. *1941, rating Sky U, 88 mins*
2.00 Gentleman's Agreement
Gregory Peck, Dorothy McGuire, John Garfield, Celeste Holm
Drama about a journalist who goes undercover as a Jew to complete his latest article and who is stunned by the anti-Semitism he encounters. *1947, rating Sky PG, 113 mins*

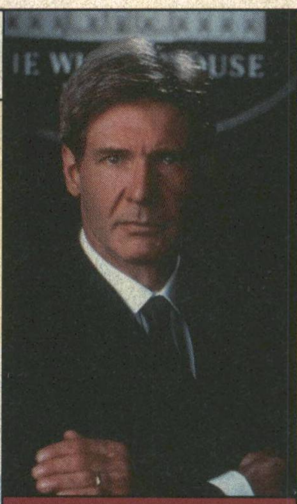
4.00 Demetrius and the Gladiators
Victor Mature, Susan Hayward, Michael Rennie, Debra Paget
Drama set in Ancient Rome. A brave Greek slave is sentenced to a bout in the dreaded arena when he refuses to reveal the location of the robe of Christ. He triumphs in the ring and assists the Christians. *1954, rating Sky PG, 96 mins*

6.00 Deadline USA
Humphrey Bogart, Ethel Barrymore, Kim Hunter
Tense drama. A newspaper editor battles to expose the gangster's involvement in a murder before his journal is closed in three day's time. *1952, rating Sky PG, 84 mins*

8.00 The Sea Wolves
Gregory Peck, Roger Moore, David Niven, Trevor Howard
Fact-based thriller about a retired unit of polo-playing British soldiers who are recruited back into action when the Germans cruise into Goa harbour. As the area is neutral, they undertake a mission to board and destroy three Nazi ships. *1980, rating Sky PG, 115 mins*

10.00 The Bravados
Gregory Peck, Joan Collins, Stephen Boyd, Albert Salmi
Western about a gunslinger on the trail of four men who brutally raped and murdered his wife. He finds them already in jail waiting to be executed, but then they escape. *1958, rating Sky PG, 94 mins*

11.40 (GMT) Tony Rome
Frank Sinatra, Jill St John
Detective mystery. *1967, rating Sky 15, 106 mins*
2.30am (BST) I Married a Monster from Outer Space
Tom Tryon, Gloria Talbott
Sci-fi thriller. *1958, 75 mins*
3.50-5.30am Demetrius and the Gladiators
1954, rating Sky, 96 mins



Harrison Ford plays the US President in the premiere of 'Air Force One'. Sky Premier 10.00pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

FAMILY PACK

9.00pm No Guts, No Glory: 75 Years of Award Winners
Dustin Hoffman hosts a tribute to Warner Bros award winners.

10.00 No Guts, No Glory: 75 Years of Stars
Goldie Hawn continues the tribute to the stars of Warner Bros films.

11.00 (GMT) The Asphalt Jungle
Sterling Hayden, Louis Calhern, Jean Hagen, James Whitmore
Classic drama about an ex-con's attempt to pull off one last heist, with the help of a crooked lawyer. *1950, 108 mins*
2.15 (BST) Dirty Dingus Magee
Frank Sinatra, George Kennedy
Mark of the Vampire (BST)
Bela Lugosi, Lionel Barrymore
Horror tale.

REMEMBER
CLOCKS GO FORWARD ONE HOUR FOR BRITISH SUMMER TIME AT 2.00AM

FILMFOUR

ADD-ON CHANNEL

6.00pm Godzilla's Revenge
Kenji Sahara, Sachio Sakai
Ishiro Honda's fantasy tells the story of a young boy who uses his imagination to travel to Monster Island to escape the pain of real life. *1969, 70 mins*

7.10 Macross Plus
Last of four weekly Japanese animé series, set in the near future of Eden.

8.00 Good Morning Vietnam
Robin Williams, Forest Whitaker
Comedy drama about an outrageous disc jockey who is shipped to Vietnam to bring humour to the Armed Forces Radio. Before long he becomes wildly popular, except with the bosses, but in his time off, he encounters the real war – and local women. *1987, 116 mins*

10.00 From Dusk Till Dawn
George Clooney, Quentin Tarantino, Harvey Keitel
Cult-horror adapted from Quentin Tarantino's script. Two men hijack a mobile home to get them to a midnight party at Mexico's most famous brothel, where the blood will flow before dawn. *1995, 103 mins*

11.50 Trunk
12midnight (GMT) Fascination
Brigitte Lahie, Franca Mai,
Horror film. *1979, 78 mins*
2.20am (BST) Desperado
Antonio Banderas, Salma Hayek
Action drama. *1995, 100 mins*
4.05-6.00am (BST) Blink
Aidan Quinn, Madeline Stowe
Thriller. *1994, 101 mins*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
HOW TO BE A PLAYER
Lively sex farce starring Def Jam's Bill Bellamy as Dray, a playboy with a passion for ladies who finds his lifestyle under threat. With Natalie Desselle and Mari Morrow. *1997, rating Sky 18, 90 mins*
PLAYS AT 12midnight (GMT), 2.00am (BST), 4.00am (BST)

Sky Box Office 2
Channel 52
GATTACA
Uma Thurman and Ethan Hawke star in this science-fiction drama set in a genetically-perfect future. Also starring Jude Law. *1997, rating Sky 15, 102 mins*
PLAYS AT 7.00am, 9.00am, 6.00pm, 8.00pm, 10.00pm (GMT), 4.00am (BST)

Sky Box Office 3
Channel 53
JACKIE BROWN
Comedy drama from Quentin Tarantino starring Seventies blaxsploitation icon Pam Grier alongside Samuel L Jackson. *1997, rating Sky 15, 148 mins*
PLAYS AT 6.00am, 9.00am, 12noon, 3.00pm, 6.00pm, 9.00pm, 12midnight (GMT)

Sky Box Office 4
Channel 54
KISS THE GIRLS
Chilling thriller starring Morgan Freeman as a detective who investigates the kidnapping of his niece by a serial kidnapper who calls himself Casanova. *1998, rating Sky 18, 110 mins*
PLAYS AT 8.00pm, 10.00pm (GMT), 4.00am (BST)

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions. Customers with a Videoway set-top-box must view all events on Channel 50.

Saturday 27 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am What-a-Mess 7.30 Superhuman Samurai Syber Squad 8.00 Sinbad 9.00 Simpsons 9.30 Garfield and Friends 10.00 The Best of the Chris Evans Breakfast Show 11.00 World Wrestling Federation – Live Wire 12noon WWF – Shotgun 1.00pm New Adventures of Superman 2.00 America's Dumbest Criminals 2.30 America's Dumbest Criminals

3.00 Guilty!
DJ Ricky faces the charge of treating his girlfriend like a doormat, and Lynda is accused of looking awful due to her numerous tattoos and piercings.

4.00 Star Trek: Deep Space Nine
Accession
A Bajoran appears mysteriously and challenges Sisko's claim to be the Emissary. Text

5.00 Star Trek: Voyager
Future's End – Part II
The crew of the *Voyager* must prevent a leading 20th-century industrialist from destroying the future. Text

6.00 Xena: Warrior Princess
If the Shoe Fits
Via imaginative storytelling, Xena, Gabrielle, Joxer and Aphrodite help a runaway Princess.

7.00 VIP
Val Got Game
Vallery Iron is hired to protect a promising pro-basketball prospect from a ruthless sports agent.

8.00 JAG
Jaggle Bells
The US Navy's Judge Advocate General Corps investigates, defends, and prosecutes the law of the sea.

9.00 FILM

11.00 Dating Hell
Game show set in an exotic, secluded nightclub, where modern-day dating resembles a game of Russian roulette. With Rowland Rivron.

12midnight Showbiz Weekly
The latest showbiz gossip.

12.30am (GMT) Unsolved Mysteries

2.30 (BST) Fire
La Corrida – Part II Text

3.30-6.00am Long Play
A VJ-free zone that brings you more of the music you want.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Angels
Soap set in St Angela's Hospital.

7.30 Neighbours Omnibus
Another chance to catch up on the goings on in Ramsey Street

9.25 Dallas Omnibus
JR warns Sue Ellen that she will never be safe if she takes his son.

12.10pm EastEnders Omnibus
Dot is in for a shock, Arthur is worried about the floral display competition.

3.00 The Bill Omnibus
Boyden and Page get involved with the last job of villain Frankie Winston. A cut from the needle of a drug-crazed heroin addict means Boulton needs an HIV test. The results will take months but he wants to know now. Quinnan smells a rat when a family of tenants fail to report the death of their landlord immediately. Stars Tony O'Callaghan, Lisa Geoghan, Russell Boulter, Kevin Lloyd, Bill Murray and Mark Wingett.

5.20 FILM: The Sting
Paul Newman, Robert Redford, Robert Shaw, Charles Durning, Ray Walston, Eileen Brennan
Entertaining Oscar-winning story set in Thirties Illinois in which two con men set up an elaborate sting to fleece a big-time crook in revenge for the killing of a friend. Their ruse employs a whole line-up of con artists in setting up a bookie's for a betting scam involving serious money and, given their target, a serious risk. Winner of seven Oscars. *1973*

8.00 What a Carry On!
A compilation of slapstick and double entendres from the films.

8.35 Bread
Christmas special from 1989 of the sitcom with Liverpool's Boswell family.

9.40 The Thin Blue Line
Alternative Culture
Grim declares war on drugs, while a plumbing crisis means the women have to share the men's locker room.

10.20 Red Dwarf VI
Psirens
In pursuit of the stolen *Red Dwarf*, Lister and the crew are attacked by Psirens.

11.00 Monty Python's Flying Circus
Seminal comedy sketch show.

11.40 Live at Jongleurs
The best in stand-up comedy from one of London's top clubs.

12.10am (GMT) FILM: Witness to the Execution
Sean Young, Tim Daly
Thriller. *1993*

3.00 (BST) Open All Hours
Sitcom about a miserly shopkeeper.

3.30 French and Saunders

4.00-7.00am Shopping with Screenshop

LIVING
LIFESTYLE PACK

6.00-9.00am Tiny Living
9.00 Mrs Greenthumbs
9.30 Can't Cook, Won't Cook
10.00 Maury Povich
10.50 Living Room
11.40 Rolonda

12.30pm FILM: Daddy Long Legs
Fred Astaire, Leslie Caron
Musical comedy. An orphan falls in love with a playboy. *1955*

2.30 Special Babies
Documentary series.

3.00 FILM: For the Love of Nancy
Tracey Gold, Jill Clayburgh, William Devane
Drama in which a teenager develops a critical anorexic disease. As Nancy Walsh's eating and exercise habits gradually get out of control, her parents decide that something must be done. But Nancy refuses their help. *1994*

5.00 Entertainment Now

5.10 The Roseanne Show
Celebrity interviews .

5.40 Through the Keyhole

6.10 Michael Cole
No-holds-barred talk show in which the one-time director of public affairs for Harrods tackles sensational subjects with a studio audience.

7.00 Rescue 911
William Shatner hosts the series featuring real-life rescues.

7.30 Beyond Belief: Fact or Fiction
Are the tales true or false?

8.00 Ally McBeal
Boy to the World
Ally befriends and defends a young transvestite prostitute, while Cage wonders about dating Ally.

9.00 Jerry Springer Double Bill
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

10.45 Entertainment Now!
The latest gossip, lifestyle and showbiz news.

11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Jason King
7.00 Bootsie and Snudge
7.30 That's My Boy
8.00 Watching
8.30 No Strings
9.00 The Avengers
10.00 The Persuaders
11.00 Man in a Suitcase
12noon Fiddlers Three

12.30pm Emmerdale Omnibus
A chance to catch up with the past week's events.

3.00 Bonanza
There's trouble for Ben and the boys when three US Army prisoners escape and take refuge on the Cartwright ranch. With Lorne Greene.

4.00 The High Chaparral
Billy Blue quits the ranch after a quarrel with his father and leads a peace representative of the President to Cochise. With Leif Erickson and Cameron Mitchell.

5.00 Hawaii Five-O
A Killer Grown Wings
Criminals threaten to destroy the entire Hawaiian cane sugar industry by using insecticide-resistant Borer moth larvae.

6.00 The Persuaders
The Man in the Middle
Patriotism has its penalties, as Brett Sinclair discovers when persuaded by Judge Fulton to plunge into the espionage jungle.

7.00 The Avengers
The Curious Case of the Countless Cues
Steed's friend is framed for the theft of a painting. With Patrick MacNee and Linda Thorson.

8.00 The Return of Sherlock Holmes
The Bruce Partington Plans
Holmes is perplexed by his brother Mycroft's strange and eccentric behaviour.

9.00 Frankie Howerd on Campus
Comedian Frankie Howerd shows Oxford University why the old ones are still the best.

10.00-11.00pm The Best of Bernard Manning

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Snowgirls
The saucy ski show.

11.30 Sin City
A rough guide to the sexual underworld of European towns and cities.

12midnight V.P.L.
Alternative fashion programme.

12.30am (GMT) The Best of the Tube
With presenters Jools Holland and Paula Yates.

2.00 (BST) Bigger Better Battling Babes

2.30-2.00am Noddy's Electric Ladyland

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Little Mermaid 8.25 Toons 8.30 Hercules 9.00 Double Art Attack 9.35 Doug 10.00 Recess 10.15 Pepper Ann 10.30 Ned's Newt 10.45 Microsoap 11.00 Teen Angel 11.30 Student Bodies 12noon Smart Guy 12.30pm Boy Meets World 1.00 Dinosaurs 1.30 Amazing Animals 1.55 Winnie the Pooh 2.10 Bite Size 2.20 Bear in the Big Blue House 2.45 New Adventures of Winnie the Pooh

3.00 The Little Mermaid
The charming undersea adventures of Ariel. Text

3.30 Goof Troop
Goofy fans watch out – the superstar's gone mad. Text

4.00 101 Dalmatians
Canine capers and daring doggy deeds make for fast fun. Text

4.30 Hercules
Animated adventures among the gods of ancient Greece. Text

5.00 Crash Zone
Five Australian kids get a dream job testing computer games.

5.30 Microsoap Text

5.45 Smart Guy
Comedy series. Text

6.10 Teen Angel
Wrestling with an Angel
Marty helps Steve. Text

6.35 Boy Meets World
The Happiest Show on Earth
Cory wants Topanga back. Text

7.00 FILM: Brink!
Erik Von Detton, Sam Horrigan
The high-speed world of in-line skating is the setting for this topical movie. A young man who skates for the love of it is lured to a rival team. *1998* Text

8.30 Honey, I Shrunk the Kids – The TV Show
Comedy series about a family headed by an inventor, based on the original motion picture. Text

9.15 Double Dinosaurs
Cute and cuddly animatronic monsters based on an original idea by Jim Henson of *The Muppets*. Text

10.00 Home Improvement
Back in the Saddle Shoes Again

10.30 The Wonder Years

11.00-12midnight Dr Quinn: Medicine Woman

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

SATURDAY CONTINUES OVERLEAF...

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

CABLE CHOICE

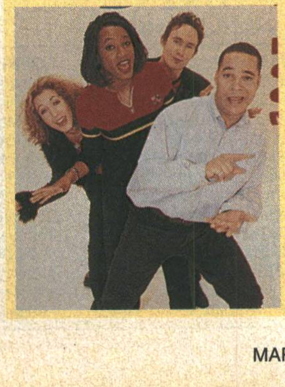
FILM

Air Force One
Sky Premier 10.00pm
Harrison Ford, as the President of the USA, is one of the more believable elements of this sky-high drama in which he is held hostage in his own plane. But if you can suspend disbelief, you'll certainly be rewarded with some top-notch, nail-biting action.

GENERAL

Lovejoy
Carlton Select 8.00pm
A new series of this delightful drama, set in the world of antiques, begins today with Ian McShane in the title role and Dudley Sutton as his attendant. Tonight, Lovejoy uses a dud cheque as a bridging loan but, when the deal falls through, he finds himself in big trouble.

ADVERTISEMENT



THE GAMES ROOM FROM 5.00PM

Join Kevin Duala and guests tonight in *The Games Room* on Challenge TV. A celebrity chef will be cooking dinner live on-air for two lucky competition winners. If you enter our Thursday night competition, it could be you next weekend.

Saturday 27 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

7.30am YOZ Action – Youth Only Zone

8.30 Rugby – LIVE
Action from the 1999 Hong Kong Sevens.

11.00 Start Your Engine
Motor sports magazine.

11.30 Superbike
World Championship action from South Africa.

12noon
Figure Skating – LIVE
Coverage of the ladies free skating action from the World Championships in Helsinki, Finland, where defending champion Michelle Kwan remains the favourite.

4.15pm Athletics
Action from the IAAF World Cross Country Championships in Belfast, Ireland.

5.00 Superbike
Highlights of the qualifying practice from the World Championship in Kyalami, South Africa.

6.00 FIA World Rally Championship
Highlights from Portugal.

6.30 Rugby
Coverage of the latest action from the 1999 Hong Kong Sevens.

7.30 Football – LIVE
An introduction to the Euro 2000 qualifying rounds.

8.00 Football – LIVE
Action from the Euro 2000 qualifying rounds. Tonight's action comes from the match between France and Ukraine, just two of the 49 countries competing for a place in the finals. The top teams in each group plus the best second place team will go through automatically.

10.00 Football
Another chance to catch the footage and updates from the EURO 2000 qualifying rounds.

11.00-1.00am Tennis
Coverage from the ATP Tour's Mercedes Super 9 Tournament in Key Biscayne, Florida.

SKY SPORTS 1
PREMIUM CHANNEL

6.00am
Hold the Back Page

7.00 Sky Sports Centre

8.00 Aerobics Oz Style

8.30 Racing News

9.00 Hold the Back Page

10.00
Australian Rugby League

12noon
Gillette Sports Saturday
Jeff Stelling presents the football results service.

3.00pm
International Football: Scotland v Bosnia Herzegovina – LIVE
Action from the European Championship qualifier between Scotland and Bosnia Herzegovina. Presented by Jim White.

4.45 Gillette Soccer Saturday
Jeff Stelling presents the football results service, including post-match interviews.

5.30 Superbikes: New Season Preview
A preview of the forthcoming action which begins in Kyalami, South Africa.

6.30 International Football Special: England v Poland
Highlights from Wembley in the European Championship qualifying match between England and Poland. Also features highlights of the matches between Scotland and Bosnia and Sweden against Luxemborg. Presented by Richard Keys.

9.00
Fight Night – LIVE
Paul Dempsey presents action from a fight between two of today's top boxers. As usual, Glenn McCrory and Ian Darke take their seats at the ringside where they provide expert analysis of every punch.

11.00 Rugby League: Challenge Cup Semi-Final
Highlights of the first of the semi-finals from this season's Silk Cut Challenge Cup.

12.30am (GMT)
Australian Rugby League
Presented by Chris Warren.

2.30 (BST)
Saturday Fight Night
Presented by Paul Dempsey.

4.30-5.00am Gillette World Sport Special

SKY SPORTS 2
PREMIUM CHANNEL

6.00am Sports Unlimited

7.00 Aerobics Oz Style

7.30 Racing News

8.00 Soccer AM

12noon World Wide Rugby: Super 12s
Action from rugby union's exciting Super 12s tournament.

2.00pm International Football: England v Poland and Sweden v Luxembourg – LIVE
Richard Keys introduces live action from Wembley as England clash with Poland in the latest European Championship qualifier. Remarkably, England seem to find themselves drawn with the Poles in almost every qualifying group. Last time they met in the World Cup qualifiers two years ago, Glenn Hoddle's side won 2-0. Another win will not only restore their chances of qualification but will also help to rebuild the team's confidence after Hoddle's departure last month. Plus, see how Sweden fare against underdogs Luxembourg. Commentary comes from Martin Tyler and Trevor Francis.

6.30 Ford Golf USA: Players Championship – LIVE
Day three of the 1999 Players Championship swings into action with coverage from the fairways of the TPC Sawgrass in Jacksonville. In last year's competition, Justin Leonard swept to victory but this year he faces a tough contest once again against the world's top golfers.

11.00 (GMT)
International Football Special: England v Poland
Highlights from the Euro 2000 qualifier.

2.30am (BST) Superbikes: New Season Preview
A preview of the forthcoming action beginning in Kyalami, Africa.

3.30 Rugby League: Challenge Cup Semi-Final
Repeat from Sky Sports 1

5.00-6.00am Max Power

SKY SPORTS 3
PREMIUM CHANNEL

12noon Max Power
Featuring both two and four wheel motorsport.

1.00pm Moto-Plus
Motoring action.

1.30 Formula 3
More action from the track

2.00
International Cricket: West Indies v Australia – LIVE
Coverage of the second day's play in the third Test between the West Indies and visitors Australia. The action takes place at Bridgetown in Barbados.

4.00 Second Innings: Darren Gough – England v South Africa

4.30 International Cricket: West Indies v Australia – LIVE
Coverage of the action between the West Indies and Australia on day two of the third Test at Bridgetown, Barbados. Veteran West Indies captain Brian Lara has been increasingly criticised in recent months. He temporarily lost his captaincy before the Test series with South Africa, only to be reinstated at the 11th hour. Lara still remains one of the most dangerous batsmen in the world. After a difficult year, he began to find his form with Warwickshire towards the end of the season and, if he can rediscover his touch at international level, he may create problems for the Aussies.

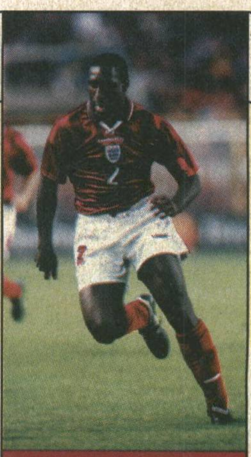
9.00 World Wide Rugby: Super 12s
Further action from rugby union's exciting Super 12s tournament which features clubs from South Africa, Australia and New Zealand.

11.00 Totalsport
Deals with the biggest issues facing world sport.

11.30-12midnight Gillette World Sport Special

REMEMBER

CLOCKS GO FORWARD ONE HOUR FOR BRITISH SUMMER TIME AT 2.00AM



Sol Campbell hopes to impress for England again in their clash against Poland. Sky Sports 2 2.00pm – Live

MUTV
ADD-ON CHANNEL

6.00pm Game On
A preview of tonight's television.

6.05 Watch This If You Love Man-U!
A review of today's results with the first reaction from the United camp.

7.30 Kids Clinic
A revision class with the kids practising all of the skills they've learnt so far.

8.00 Super Match – Vintage Reds: Liverpool v Manchester United
Footage from 1981.

8.55 Red Hot Update

9.00 Did You See...
Catch up with this week's highlights on MUTV, with behind the scenes footage from Old Trafford.

10.00 Man-U Menu
Hosts Mark Simpkin and Jeper Jespersen are joined by celebrity chef Madhur Jaffrey.

10.30 FAN

11.00 Jump 'n' Pump
Aerobics exercise.

11.15
Megastore Megabuys

11.30-12midnight Red Hot News

SCI-FI
ACTION PACK

7.30am Planet Mirth 8.00 Miracles 9.00 Max Headroom 10.00 Robocop 11.00-5.00pm The Incredible Hulk 11.00 David Banner's wife dies.
12noon
An experiment goes wrong.
1.00pm
Death in the Family – Part I
2.00
Death in the Family – Part II

3.00 *Final Round*
Scientist David Banner finds himself in trouble in Philadelphia when he is rescued from a pair of muggers by a fighter.

4.00 *The Beast Within*
David Banner gets a job at a zoo, where he meets an interesting scientist who is working on the same research as himself.

5.00 FILM: This Island Earth
Jeff Morrow, Faith Domergue, Rex Reason
Brilliant scientists are recruited for a mysterious project and then find themselves on an intergalactic voyage with an alien agent. *1955*

6.35
Sci-Focus Special

7.00 Robocop
Zone Five
To combat an epidemic of a narcotic, OCP recruits a gang of vigilantes to police Old Detroit.

8.00 FILM: Star Command
Jay Underwood, Chad Everett, Morgan Fairchild, Jennifer Bransford, Chris Conrad, Tembi Locke
In the year 2217, six space cadets are on their first training mission when they encounter an enemy force which threatens earth. *1995*

10.00 FILM: Poltergeist III
Tom Skerritt, Heather O'Rourke, Nancy Allen, Zelda Rubinstein, Lara Flynn Boyle, Kip Wentz
Horror sequel. Carol Anne goes to stay with her aunt to get away from her harrowing past, but the evil supernatural force follows her. *1988*

12midnight (GMT) Mystery Science Theatre 3000
The Undead
The crew of the Satellite of Love are tormented by Roger Corman's *The Undead.*

2.45am (BST)
Sci-Focus Special

3.00 (BST) Dark Shadows

3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

9.25am Videotech

9.55 Sport in Action

10.00 Board Wild
With snowboarding and windsurfing action.

10.30 Home and Away
Omnibus edition of the Australian soap.

12.20pm It's a Mystery

12.40 Whizziwig

1.05 The Adventures of Captain Pugwash
The Double-Dealing Duchess

1.15 Hurricanes
Animated adventure.

1.45 Brilliant Creatures
Presented by Terry Nutkins and Gail McKenna.

2.00 Sooty's Amazing Adventures
More hand-in-glove fun with no strings attached.

2.15 The Scoop

2.45 Football First
Live football updates from around the country.

5.30 NBA '99

7.00 Where the Heart Is
Drama series set in a small Yorkshire town.

8.00 Maggie Winters
American sitcom.

8.30 Taking the Pitch
Hosted by Bob Mills.

9.00 ITV2's Great Detectives: Prime Suspect
Award-winning crime drama.

11.00 Double Bill
Tuesday's and Thursday's episodes of the police drama.

1.00am-2.00am Feature

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Suburban Tales 12.25 Adult Feature 12.45 (GMT) FILM: Legacy 3.00 (BST) The Five Minute Free View 3.05 Sex Talk 3.30 FILM: Coming to Ibiza 4.10 Minnie 4.20-5.30am FILM: Quantum Deep

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day

12.10am (GMT)
Miss Wet T-Shirt Final

2.25 (BST)
Wet T-Shirt Exposed
Adult programme.

3.05
Neil Down – Sex Therapist
Erotic series.

3.30-4.00am
Lesbian Fantasies

Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm
FILM: Legend of Lili
Nadine Van Der Velde
Thriller.

9.40 FILM: The Dark Dealer
Rocky Patterson, Vincent Gaskins, Richard Hull Jr
Horror.

11.10 Classic Wets – Romford '92

11.55-12midnight Private Moments

Saturday 27 March

June Sarpong plays the hottest dance tracks in 'The MTV Dancefloor Chart Show'. MTV 8.00pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Candid Camera
More revelatory fun.
5.45
The Games Room
6.00 Family Fortunes
The big money gameshow.
6.30
The Games Room
6.45 Name That Tune
Jools Holland plays with his Blues Orchestra.
7.15
The Games Room
7.25 Roll with It!
With Keith Chegwin.
7.55
The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and fiendish challenges in a giant fantasy world.
9.00
The Games Room
9.15 Strike it Lucky
The madcap gameshow.
9.45
The Games Room
10.00 Candid Camera
More revelatory fun.
10.30 Don't Feed the Gondolas
Sean Moncrieff hosts this celebrity quiz show.
11.00
Carnal Knowledge
The quiz show that rips open the bedroom curtains of the British public to reveal their sexy secrets.

12midnight Strike it Lucky 12.30am (GMT) Name That Tune 2.00 (BST) Karaoke Challenge 2.30 Studs 3.00 Simply Irresistible 3.30 Blockbusters 4.00 Say the Word 4.30 Don't Drink the Water 5.00-7.00am Screenshop

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 The Why Files 7.30 The Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 The Why Files 9.30 Indecent Proposals 10.00 Wrestling 11.00 Judge Judy 11.30 Mind Games 12noon The Why Files 12.30pm Agony
1.00 Lie Detector
1.30 Agony
2.00 Cable Guide Awards
Join Jenny Powell and Paul Ross at this star-studded event to find out who *Cable Guide* readers voted for. ● **FEATURE: Page 9**

3.30
Bangers and Smash
More top stock-car racing action from the track. Hosted by Louise Brady.
4.30 Agony
Expert advice is at hand for those in trouble.
5.00 Agony
Expert advice is at hand for those in trouble.
5.30 The Why Files
Psychics investigate the wonderful and the spooky.
6.00
The Fashion Show.
6.30
Indecent Proposals
Cash for stupidity.

7.00 Sport at Seven: Women's Wrestling
More grappling action from the ring.

8.00 The Why Files
Psychics investigate the wonderful and the spooky.
8.30 Judge Judy
Another case for the feared American judge.
9.00
Bangers and Smash
More top stock-car racing hosted by Louise Brady.
9.57 Topless Darts
More shapely throwing.
10.00 Love Street
Erotic American series.
10.30 Exotica Erotica
More adult entertainment for your enjoyment.
11.30am Blue Review
11.45 Janeycam
11.57 Topless Darts
More shapely throwing.
12midnight Love Street 12.30am Private Dancer 12.45 (GMT) Home Shopping 2.00 (BST) Exotica Erotica 3.00 Orgasmatron 3.15 Painted Ladies 3.30 Love Street 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30-6.00am Indecent Proposals

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network
9.30 Kitchen College
10.00 Food Factory
10.30 Cookshop
11.00 Ross in Thailand
11.30 Ideal Home Cooks
12noon Network
12.30pm Lunch
1.00 Can't Stand the Heat
1.30 Cooked in a Flash
2.00 French Lunch
2.30 Food Network Daily
3.00 Nordic Nosh
3.30 Simply Fish
4.15-5.00pm
More Simply Antony

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show.
5.30 Byker Grove
Carl blackmails Gill over the accident.
6.00 Byker Grove
Julie tells Gill to go to the police but he runs away.
6.30 Blockbusters
Bob Holness hosts this general knowledge quiz.
7.00 Flying Start
Emma B and Ed Sanders present this game show.
7.30
Birds of a Feather
Not in My Back Yard
8.00 Lovejoy
Fair Exchange
Lovejoy uses a dud cheque as a bridging loan but the deal falls through and he's in trouble.
9.00
Perfect Scoundrels
The Day of Jubilo
Buchanan is threatened by two heavies for selling their boss a dud tulip farm.
10.00 Stay Lucky
A Roman Empire
The door to a career in show business management swings open for Thomas.
11.00
Hill Street Blues
Influential Eighties US police drama series set in a tough urban area, with human-interest storylines.
12midnight-2.00am
Fields of Fire
Mini-series telling an epic story of love and loyalty spanning two decades.

ANIMAL PLANET
WORLD PACK

12noon Wildest Arctic
1.00pm The Last Husky
A voyage across the world for a team of huskies, obliged to leave Antarctica because of the Madrid Protocol forcing all non-indigenous species to go.
2.00 Profiles of Nature
Snow White
Killers of the Arctic
Follow the battle for survival over the Arctic summer.
3.00 Lassie
Lassie Saves Timmy
3.30 Lassie
Dog Gone It
Lassie and Mel are stranded in the big city.
4.00 Animal Doctor
Following animal doctors from the RSPCA and other rescuers as they respond to reports of emergencies and animal cruelty.
5.00 Wildlife ER
The Wildlife Centre offers round-the-clock care.
5.30
Breed All About It
Great Danes
6.00 Hollywood Safari
Extinct
Troy and his family become embroiled in a fight to stop an evil poacher in his pursuit of the jaguar.
7.00 Crocodile Hunter
Return to the Wild
Steve Irwin takes his father, Bob – the original crocodile hunter – on a search for an injured rogue crocodile.
8.00 Tough at the Top
Investigating barely known, extremely shy and rare animals of Austria's Eastern Alps. Also, the world's highest waterfalls.
9.00 Animals of the Rocky Mountains
In a harsh terrain, hundreds of species rely on finely tuned changes to survive in this harsh environment.
10.00 Mountains
From Finland to Gibraltar, Scotland to Greece, the animal kingdom of Europe is a spectrum of diversity and beauty.
11.00
Deadly Australians
Man-eating sharks and giant squids are the focus.
11.30-12midnight
The Big Animal Show

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Get Going with UK Horizons 9.10 Kicking and Screaming
10.00 Kicking and Screaming
11.00 Top Gear GTi
12noon Tomorrow's World Plus
1.00pm Back to the Floor
1.30 Vets in Practice
2.00 Kingdom of the Ice Bear: The Frozen Ocean
3.00
Incredible Journeys
A Whale's Voyage
3.30 Rhino Rescue
What is the future for this remarkable beast?
4.00 Life on Earth
The Swarming Hordes
The story of life from the first primitive cells to the plants and animals that now live around us.
5.00 Animal Hospital Roadshow
Presented by Rolf Harris.
5.30 Secrets of the Paranormal
Ghost Rescue
6.00
Storm from the East
Birth of an Empire
A programme focusing on the Mongol Empire under Genghis Khan.
7.00
Darwin: The Legacy
An exploration into how different political thinkers have seized on Darwinism.

8.00
Killing for a Living
A look at the wild side of animal life in this five-part series of wildlife films.
9.00 Airport
Heathrow Airport is fogbound, and for Air Jamaica, it is a disaster.
9.30 Pole to Pole
Crossing the Line
After slow progress through Sudan, Michael Palin enters Ethiopia.
10.30 Top Gear GTi
The *Top Gear* regulars present this special edition of their show. They will be casting an experienced eye over the hottest motoring news.
11.30 CIA
Phoenix Rising
Series focusing on the workings of the CIA.
12.30-1.00am
Crime Limited
Nick Ross presents the series intended to help crime victims by sympathetically telling their stories through reconstructions.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am E! In Focus 7.00 The View 8.00 Rosemary Conley 8.30 Gardeners' Diary 9.00 Montel Williams Show 10.00 E! True Hollywood Story 11.00 The Psychic Zone 11.30 Cook's Garden 12noon Restaurant Recipes 12.30pm Roddy Llewellyn's Indoor Garden 1.00 Home and Garden Livetime 2.00 The View
3.00 Home and Garden Livetime
Interactive magazine programme which offers viewers the opportunity to put questions to guests.
4.00 The Montel Williams Show
Women Strip Searched
Emmy Award-winning U.S chat show hosted by Montel Williams.
5.00-6.00pm E! True Hollywood Story
John Lennon: The Final Days – Part I
A tribute to the Beatle.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Extreme Earth
Flood
Exposing the most costly deluge ever to strike America's heartland.
8.00
Nature's Nightmares
Bear Attack
8.30
Nature's Nightmares
Island Eaten By Rats
9.00 Survivors
On Hawaii's Giant Wave
To Hawaii for some of the finest surf in the world.
9.30 Survivors
Combat Cameramen
10.00
Channel 4 Originals
Storm Chasers
Track the men who trail these devastating storms through *Tornado Alley.*
11.00
Natural Born Killers
The Siberian Tiger: Predator or Prey?
Explore the realm of the world's largest cat.
12midnight-1.00am
Mountains of Fire
Meet vulcanologists Maurice and Katia Krafft, who are very much at home in the molten world of flowing lava as they capture alarming and fascinating close-up views of the world's active volcanoes.

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits
9.00 Bytesize MTV
10.00 European Top 20
Videos for the top 20 tracks from across the continent.
12noon News Weekend Edition
12.30pm Say What?
1.00 Total Request
2.00 The Lick R&B Chart
A rundown of the finest R&B tunes currently selling well.
3.00 Bytesize MTV Pop
All the best bits of MTV in bitesized slices.
4.00 Select MTV
6.00 News
6.30 MTV LIVE
7.00 MTV Megamix
8.00 The MTV Dancefloor Chart Show
9.30 News Weekend Edition
10.00 Beavis and Butt-head
Anarchy with the cartoon slackers.
11.00 The Grind
12midnight (GMT) brand:new
2.00am (BST)
Saturday Night Music Mix
3.00 Chill Out Zone
5.00-6.00am Night Videos
Videos for the early hours.

VHI
MUSIC & GAMES PACK

6.00am Breakfast in Bed 9.00 Greatest Hits of... Movies 9.30 Talk Music 10.00 Something for the Weekend 11.00 VH1 Classic Chart 12noon Ten of the Best: Phil Collins 1.00pm Greatest Hits of... Mariah Carey 1.30 Pop-Up Video 2.00 American Classic 3.00 VH1 Album Chart 4.00 Mega Hits 8.00 VH1 Disco 9.00 Kate & Jono Show 10.00 Bob Mills' Big 80s 11.00 VH1 Spice 12midnight Midnight Special 12.30am (GMT) Ed Sullivan 2.00-6.00am (BST) Mega Hits Weekend

TRAVEL
FREE BONUS CHANNEL

12noon Go 2 12.30pm An Australian Odyssey 1.00 Aspects of Life 1.30 Flavours of France 2.00 Floyd on Spain 2.30 In the Footsteps 3.00 Summers 4.00 Across Line 4.30 Earthwalkers 5.00 Destinations 5.30 Maker 5.45 Maker Costa Blanca 6.00 France 6.30 Go 2 7.00 Aerial Tour of Britain 8.00 Aspects of Life 8.30 Australian Odyssey 9.00 Summers 10.00 Across Line 10.30 Maker 10.45 Maker 11.00 Earthwalkers 11.30-12midnight Destinations

UK STYLE
LIFESTYLE PACK

7.00am Wonder Women 7.30 A Golfer's Travels 8.00 The Air Show 8.30 The Face 9.00 Can Ski... Will Ski! 9.30 How Does Your Garden Grow? 10.30 Gardening Neighbours 11.00 Growing Places 11.30 Stefan's Garden Roadshow
12noon
Home Front in the Garden
12.30pm Gardeners' World
1.00 Wonder Women
1.30 A Golfer's Travels
2.00 The Air Show
2.30-3.00pm The Face

UK ARENA
LIFESTYLE PACK

3.00pm The House 4.00 The Arena 100 4.30 The First, the Last, My Everything 5.00 Reviews You Can Use 5.15 Later on Emmylou Harris 6.10 Motown Live 7.05 Later on Duets 8.00 Arena People 9.00 Best of Not the Nine O'Clock News 9.30 Marty 10.00 Movie Club 10.05 FILM: Le Polygraph 12midnight Sister Wendy's Grand Tour 12.10am (GMT) Arena People 2.00 (BST) The Arena 100 2.30-3.00am The First, The Last, My Everything

Saturday 27 March

DISCOVERY HOME & LEISURE
WORLD PACK

MORNING

6.00 AM 6.00am Rex Hunt 6.30 Fishing Australia 7.00 Reels 7.30 Four Walls 8.00 Gimme Shelter 8.30 In the Workshop 9.00 Rex Hunt 9.30 Fishing Australia 10.00 Screaming Reels 10.30 Four Walls 11.00 Gimme Shelter 11.30 In Workshop 12noon Workshop 12.30pm Furniture Guys 1.00 Doing it Up 1.30 Home Again 2.00 Go Fishing 2.30 Two's Country 3.00-4.00pm Campaigns in History

3.00 PM

DISCOVERY
WORLD PACK

4.00 PM **4.00pm Flightpath**
Sky Giant
Exclusive film of the first-ever precision airdrop performed by nine Globemasters.

5.00 PM **5.00 The Century of Warfare**
The Middle East provides the stage for the century's longest-running wars.

6.00 PM **6.00 The Century of Warfare**
The United States leads a coalition against Iraq as war continues to plague the 20th century.

7.00 PM **7.00 Super Structures**
Eurotunnel
The story of one of this century's greatest super structures.

8.00 PM **8.00 The Day the Earth Shook**
A look at what scientists have learnt from Kobe, the earthquake that lay dormant for 1,000 years.

9.00 PM **9.00 Wild Rides**
We visit some of the most amazing roller coasters, and meet the men and women who design, build and ride them.

10.00 PM **10.00 Forensic Detectives**
Women Who Kill
Some women are killers too, but use different techniques from men.

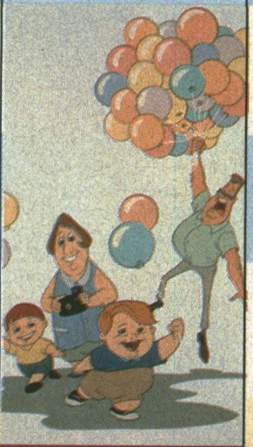
11.00 PM **11.00 The Century of Warfare**
The Middle East provides the stage for the century's longest-running wars.

12.00 **12midnight-2.00am The Century of Warfare**
The United States leads a coalition against Iraq as war continues to plague the 20th century.

NIGHT TIME

CARTOON NETWORK
FAMILY PACK

5.00am-9.00pm Cartoon-a-Thon
Cartoon network's massive tribute to the world of animation. Back to back cartoons all day, purely for your enjoyment.



No one could understand growing pains better than Louie in 'Life with Louie'. Fox Kids, 11.00am

NICKELODEON
FAMILY PACK

7.00am Tales from the Cryptkeeper 7.30 Brother's Flub 8.00 Sister Sister 8.30 Kenan & Kel 9.00 Sabrina the Teenage Witch 10.00 Rugrats 10.30 Hey Arnold! 11.00 Angry Beavers 11.30 CatDog 12noon The Wild Thornberrys 12.30pm Rocko's Modern Life 1.00 Kablam! 1.30 Ren & Stimpy 2.00 Clarissa Explains It All 2.30 Clarissa Explains It All

3.00 Kenan & Kel
Adventures of the two funky friends.

3.30 Kenan & Kel
The wild adventures of the two funky friends.

4.00 Sister Sister
There's twice the comedy and four times the fun.

4.30 Sister Sister
There's twice the comedy and four times the fun.

5.00 Sabrina the Teenage Witch
More magic teen comedy.

5.30 Sabrina the Teenage Witch

6.00 Moesha

6.30-7.00pm Nick News

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
Jenny and Maggie try to make it big in LA.

7.30 Grace Under Fire

8.00 Ellen
The Bubble Gum Incident
Paige plots revenge.

8.30 Spin City
Paul Flew Over the Cuckoo's Nest

9.00 Drop the Dead Donkey

9.30 Whose Line is it Anyway?
Chaotic comedy game hosted by Clive Anderson.

10.00 Frasier
You Can't Tell a Crook

10.30 Cheers
Woody of Won't He?
A mechanical bull arrives from a Texas bar.

11.00 Seinfeld
The Suicide

11.30 The Larry Sanders Show
People's Choice
With Elvis Costello.

12midnight (GMT) FILM: It's a Mad, Mad, Mad, Mad World
Spencer Tracey, Sid Caesar
Road comedy in which great wealth is at stake. *1963*

3.50-4.00am (BST) Gogs

FOX KIDS
FAMILY PACK

6.00am Dodo 6.05 Masked Rider 6.30 Beetleborgs Metallix 6.55 Power Rangers Turbo 7.20 Power Rangers Turbo 7.45 Alien Detectors 8.10 Kombat 8.35 Mowgli 9.00 Goosebumps 9.25 Eerie, Indiana: The Other Dimension 9.50 Home to Rent 10.00 Sam and Max 10.25 Mad Jack 10.50 Spy Dogs 11.00 Life with Louie 11.25 Dennis & Gnasher 11.50 Life with Louie or Eek!Stravaganza 1.55pm The Incredible Hulk 2.20 Iron Man 2.45 Fantastic Four

3.10 X-Men
Human and mutant combat.

3.30 Fox Kids X-Press

3.35 Spiderman
Superhero action.

4.00 Goosebumps
A collection of spooky stories filled with laughter.

4.25 Eerie, Indiana: The Other Dimension

4.50 Casper

5.00 Dennis and Gnasher
Dennis and Gnasher team up with their pals.

5.30 Ace Ventura
More pet detecting.

6.00 Donkey Kong Country

6.30 Eek!Stravaganza

6.55-7.00pm Oggy and the Cockroaches

SHOP!
LIFESTYLE/ SELECTION PACKs

12midnight Bargain Shop!
12.30am Shop! Selection
1.30 Silversmith
2.30 Travel Bag
3.00 On the High Street
4.00 In the Garden
5.00 Cook's Den
6.00 Shop! Selection
A roundup of the best offers on Shop!
7.00 Bargain Shop!
7.30 In the Kitchen with Susan Brookes
Hints and tips from TV cook Susan on cooking for one.
8.30 Household Solutions
Make light work of those chores with this range of timesaving products.
9.30 Junior Sports Store
Top brand clothing and footwear for babies and toddlers, including Adidas and Reebok.
10.00 Spotlight on Sports
Top sports clothing.
11.00 Time Zone
12noon The Clothes Line
1.00pm Bargain Shop!
1.30 Switched On
2.30 Shop! Feature
3.00 The Gold Collection
4.00 Y-Zone
5.00-6.00pm Shop! Selection

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am News 9.30 Seven Days 10.30 Science Review 11.10 Dateline London 12.30pm Chronicles 2.30 Seven Days 3.30 Science Review 4.15 Newsround 24 7.30 Correspondent 8.30 Face in the Crowd 9.30 Reporters 10.10 Dateline London 11.30 USA Direct 12.30am (GMT) Seven Days 2.30 (BST) Simpson's World 3.30 Science Review 4.30 Reporters 5.30-6.00am Straight Talk

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am World News 5.30 Europe 6.30 Moneyline 7.30 Sport 8.30 Business 9.30 Pinnacle 10.30 Sport 11.30 7 Days 12.30pm Moneyweek 1.00 World 1.30 World 2.30 Travel 3.30 Sport 4.30 Golf 5.00 Larry King 5.30 Larry King 6.30 Fortune 7.30 Beat 8.30 Style 9.30 Artclub 10.30 Sport 11.00 World View 11.30 Global View 12.30am (GMT) 7 Days 2.00 (BST) World Today 2.30 Diplomatic 3.00 Larry King 4.00 World Today 4.30-5.00am Both Sides

SKY NEWS
NEWS & SPORT PACK

News on the hour, every hour, plus: 6.00am Sunrise 9.30 Showbiz Weekly 10.30 Fashion TV 11.30 Week in Review 1.30pm Fox Files 2.30 Fashion TV 3.30 Global Village 4.30 Week in Review 5.00 Live At Five 7.30 Sportsline 8.30 Fox Files 9.30 Global Village 10.00 Primetime 11.30 Sportsline Extra 12.30am (GMT) Showbiz Weekly 2.00 (BST) News 2.30 The Book Show 3.30 Week in Review 4.30 Global Village 5.30-6.00am Showbiz Weekly

INTERNATIONAL

3SAT 6.00am Esquisses de France 6.30 Existenzgründung 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 8.45 Alpen Donau Adria 9.15 Heimat Fremde Heimat 9.45 Der Report 10.30 Vor 30 Jahren 11.15 Quer 12.15pm Absolut live! 1.00 Neues Die Computershow extra 1.30 Leib and Seele 2.15 Ungeschminkt 2.45 Soldatinnen – Frauen im Österreichischen Heer 3.05 Des Königs Dieb 4.35 Tips and trends mode 5.00 Abgefackelt 5.30 Ausland 6.00 Heute 6.20 Weimarer Tagebuch 7.00 Tagesschau 7.15 Der Freischütz 9.45 Ein Regiekurs bei Ruth Berghaus 10.45 Boulevard Bio 11.45-12.10 Seitenblicke – Revue

TV5 5.00am Journal 5.15 Journal des Journaux 6.00 TV5 Infos 6.05 Bus et Compagnie 7.00 Journal Télévisé de Radio Canada 7.30 Mission Pirattak 8.00 Infos 8.05 Bus et Compagnie 9.00 Journal Télévisé TV5 9.15 Génies en Herbe 10.00 Infos 10.05 Outremers 11.00 Infos 11.05 Images de Pub 11.20 France Feeling 11.30 Journal 12noon TV5 Infos 12.05pm Bus et Compagnie 1.00 Journal Télévisé TV5 1.15 Bouillon de culture 2.30 Le roman de l'Homme 3.00 Journal Télévisé TV5 3.15 TV5 Questions. 3.30 Sport Africa 4.00 Infos 4.05 Reflets 5.00 Journal 5.15 Des racines et des ailes 7.00 Journal 7.30 Journal Télévisé de France Télévision + Le Journal du Temps 8.00 Infos 8.05 Thalassa 9.00 Journal 9.15 Envoyé Spécial 11.00 Journal Suissé 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 8.00 Sant Darshan 9.00 Variety 10.00 Interactive Live 11.30 News 12noon Sankalp 12.30pm Pakistan This Week 1.00 Business 1.30 FILM 4.00 Edit 4.30 Thekikaat 5.00 Agar 6.00 Ek Mulaqat 6.30 BPL Oye 7.30 Sansar 8.00 Junoon 8.30 Manzil 9.00 FILM 11.30 Baaje Payal 12midnight Manzil 12.30am Ek Mulaqat 1.00 (GMT) FILM 3.30 (BST) Junoon 5.00 Vishwamitra 6.00 Chand Ghazlien 6.30 News 7.00-7.30am Mehfil

ZEE TV
ADD-ON CHANNEL

6.00am Zee TV – Showcase 6.30 Shabads 7.00 Faith 7.30 News 8.00 Business 8.30 Entertainment 9.00 Do Aur Do Paanch 9.30 Jungle 10.00 Ladkiwale 10.30 Big Debate 2 11.30 Khana Khazana 12noon Phir Subah Hogi 3.00pm Lolly-pop 4.00 Jaal 5.00 Demand 5.30 Rishtey 6.30 Hum Paanch 7.00 Zee Top Ten 8.00 News 8.30 Jaan 9.00 Herjaai 12midnight News 12.30am Ru-ba-ru 1.00 (GMT) X Zone 2.00 (BST) FILM: Shart 5.00 Filmi Baatein 5.30-6.00am All Time Hits

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Just for Parents 4.30 This is Your Day 5.00 Agape Today 6.00 Ferdenandez 6.30 Global Harvest Force 7.00 Jack van Impe 7.30 700 Club 8.00 Kidz Club 8.30 Gospel Bill Show 9.00 Highway to Heaven 9.30 Jesse Duplantis 10.00 Weekend Jam 10.30-11.00am This is Your Day

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus: 5.49am Food for Thought 10.15 Money 2.15pm Euro '99 5.49pm Clips

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am Select Committees
2.00pm Prime Minister's Question Time
2.30 Hearts and Minds
3.00pm-12midnight House of Lords

SKY SOAP
LIFESTYLE PACK

11.00am Emmerdale Farm
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm Emmerdale Farm
1.00 Emmerdale Farm
Sandie strikes up a friendship.
1.30 Take the High Road
2.00 Take the High Road
2.30 Take the High Road
3.00 Take the High Road
3.30-4.00pm Take the High Road
Fergus delivers a postcard from the honeymoon.

THE HISTORY CHANNEL
WORLD PACK

4.00pm The Ships of the Line
Warships
The History Channel celebrates some of the most important floating fortresses of all time.

5.00 The Frigates
Warships

6.00 Destroyers
Warships

7.00-8.00pm Admiral Lord Nelson

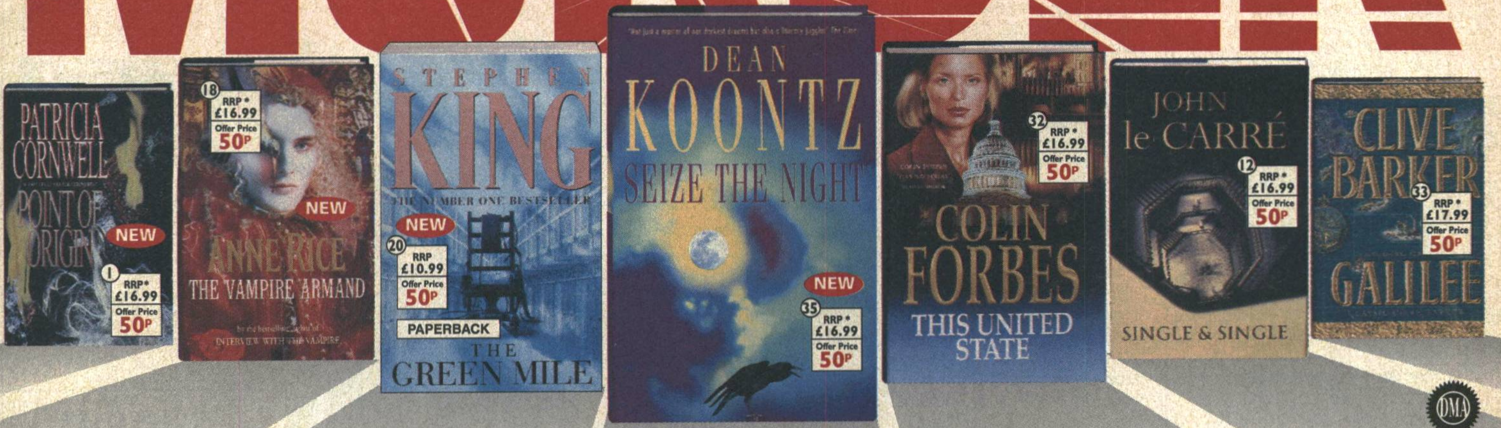
REMEMBER

CLOCKS GO FORWARD ONE HOUR FOR BRITISH SUMMER TIME AT 2.00AM

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Buckley Fashion Jury at 6.00pm.

Couldn't you just MURDER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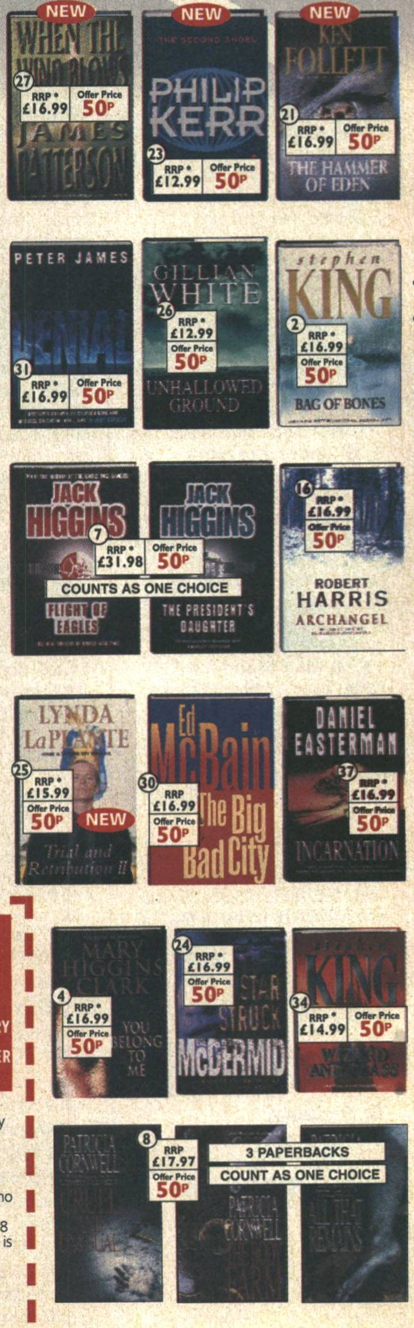
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THE MYSTERY AND THRILLER CLUB

To ensure that we provide our members with the very best service and value for money, membership is subject to acceptance and we may consult a licensed credit reference agency who may record the search. Applicants must be over 18 years of age and the offer is available only in the UK. Please allow 28 days for delivery.

The Mystery and Thriller Club, Swindon, SN99 9XX

Sunday 28 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

SKY PREMIER
PREMIUM CHANNEL

6.00am
Femmes Fatales: Demi Moore
7.00 The Princess Bride
1987, rating Sky PG, 94 mins
9.00 Space Jam
Text *1996, rating Sky U, 84 mins*
10.30 Bogus
Text *1996, rating Sky PG, 107 mins*
12.30pm Hollywood Buzz
All the gossip from Tinseltown.
1.00 The Princess Bride
1987, rating Sky PG, 94 mins

3.00 Space Jam
Michael Jordan, Theresa Randle
Comic adventure which blends live action with animation. When Bugs Bunny challenges the evil Nerdlucks to a basketball match he and his gang realise they have bitten off far more than they can chew. In desperation, they kidnap Michael Jordan to teach them some new tricks. Text *1996, rating Sky U, 84 mins*

5.00
The Secret Agent Club
Hulk Hogan, Lesley-Ann Down, Matthew McCurley
PREMIERE Action comedy. A secret agent uses his profession of toy seller as a cover, a fact that he has hidden from his son. However, when he is captured by an evil arms dealer it falls to the boy to rescue his father. *1996, rating Sky PG, 87 mins*

7.00 Men in Black
Tommy Lee Jones, Will Smith, Linda Fiorentino, Vincent D'Onofrio, Rip Torn
Sci-fi action movie. J is the newest recruit to the secretive Men In Black, agents who ensure that the aliens who have settled on Planet Earth are bona fide residents and not illegal immigrants. Text *1997, rating Sky PG, 94 mins*

9.00 Hollywood Buzz
The latest news from Tinseltown.

9.30 Under Pressure
Charlie Sheen, Mare Winningham
PREMIERE Action thriller about a Los Angeles fireman who runs wild during the height of summer after his wife leaves him. As he begins to lose his sanity, he embarks on a destructive trail which affects many innocent lives. *1997, Sky 15, 95 mins*

11.10 Moll Flanders
Robin Wright, Morgan Freeman
Classic drama. A young orphan with a wild spirit turns to prostitution to make a living before falling in love with an artist. Text *1996, rating Sky 12, DS, 118 mins*

1.15am Dead Silence
James Garner, Lolita Davidovich
Tense drama with a sting in its tail. Text *1996, rating Sky 15, 95 mins*
2.55-6.00am Hotel Sorrento
Caroline Goodall, Caroline Gillmer
Text *1996, rating Sky 15, 108 mins*

SKY MOVIEMAX
PREMIUM CHANNEL

6.00am
Ebirah – Horror of the Deep
1966, rating Sky PG, 83 mins
8.00 Vegas Vacation
Text *1997, rating Sky PG, 91 mins*
10.00 Cinema Paradiso
1988, rating Sky PG, 118 mins
12noon
Ebirah – Horror of the Deep
1966, rating Sky PG, 83 mins
2.00pm Freeze Frame
Shannen Doherty, Charles Haid
Drama. A young college girl becomes an investigative journalist against her father's will. Her first investigation involves a financial scandal and leads to her being pursued by corrupt politicians. *1992, rating Sky PG, 79 mins*

4.00 Cinema Paradiso
Philippe Noiret, Jacques Perrin, Salvatore Cascio
Italian drama about a man's love affair with the magic of cinema. From his childhood days spent in the projection booth to his adult career as a movie director, he never forgets the Nuovo Cinema Paradiso in the Sicilian village where he grew up. *1988, rating Sky PG, 118 mins*

6.00 Vegas Vacation
Chevy Chase, Beverly D'Angelo, Randy Quaid, Ethan Embry
Clark Griswald and his madcap family are planning the perfect holiday to the bright lights and glittering attractions of Las Vegas. But, although they bump into members of their extended family, things do not go according to plan. Text *1997, rating Sky PG, 91 mins*

8.00 Beavis and Butt-head Do America
Voice of Mike Judge
Animated comedy. When a pair of rock-loving teenagers' beloved TV set is stolen they embark on a crazy cross-country adventure to get it back. Text *1996, rating Sky 12, 78 mins*

9.30 Kingpin
Woody Harrelson, Randy Quaid
Comedy. An ex-professional bowler sets out to turn an Amish bowler into a professional. If they can just overcome their obvious differences he could be worth a fortune. Text *1995, rating Sky 15, 109 mins*

11.25 Swingers
Jon Favreau, Vince Vaughn
Hip comedy. Four friends try to cheer up a heartbroken friend by introducing him to the dating scenes of LA and Las Vegas. Text *1996, rating Sky 15, 92 mins*

1.05am Brain Candy
1996, rating Sky 15, 85 mins
2.35 Playback
1995, rating Sky 18, 90 mins
4.10 Parents
1988, rating Sky 18, 79 mins
5.35-7.00am Freeze Frame
1992, rating Sky PG, 78 mins

SKY CINEMA
PREMIUM CHANNEL

11.00am The Black Arrow
Louis Hayward, Janet Blair
Historic action adventure. *1948, rating Sky PG, 73 mins*
12.45pm
The Fiend Who Walked the West
Hugh O'Brian, Robert Evans
Grisly thriller about a brutal killer who, fresh out of jail, embarks on a shocking campaign of violence. *1958,101 mins*
2.30 Desert Rats
Richard Burton, James Mason, Robert Newton, Robert Douglas
World War II dramà. An English captain leads an Australian squadron against Rommel and his men during the siege of Tobruk. *1953, rating Sky U, 85 mins*

4.00 Destination Gobi
Richard Widmark, Don Taylor
Wartime action movie. A team of weather surveyors from the US Navy working in the Gobi desert find themselves under attack from Japanese forces. To regain their ship they employ the help of the local Mongol hordes. In return for rescuing them, the Mongol chief requests saddles for his horses. *1953, 88 mins*

6.00 The Gunfighter
Gregory Peck, Helen Westcott, Millard Mitchell, Jean Parker, Karl Malden, Skip Homeier
Western. A retired gunslinger tries to live down his violent past. However, the brothers of a man he killed in self-defence are after his blood, and before he can settle down to a quiet life he must face one final showdown. *1950, rating Sky U, 82 mins*

8.00 Madigan
Richard Widmark, Henry Fonda, Inger Stevens, James Whitmore
Thriller. The police commissioner gives a detective 24 hours to recapture a criminal who escaped his clutches before, stealing his gun in the process. The police commissioner also has his hands full with a black activist and a corrupt policeman. *1968, rating Sky 12, 97 mins*

10.00 The Last Hard Men
Charlton Heston, James Coburn,
Western in which a violent outlaw stages a prison break-out and then sets out for revenge against the sheriff who put him behind bars. *1976, rating Sky 18, 93 mins*

11.40 Alex and the Gypsy
Jack Lemmon, Genevieve Bujold
Romantic drama. A gypsy starts an affair with the man who can save her from prison. *1976, rating Sky 15, 95 mins*

1.20am Che!
Omar Sharif, Jack Palance
Drama. *1969, rating Sky 15, 92 mins*
2.55 House of Seven Gables
1940, rating Sky U, 85 mins
4.25-5.50am Desert Rats
1953, rating Sky U, 85 mins

It's good to talk: Alanna Ubach stars in the satire 'Denise Calls up'. FilmFour 8.00pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

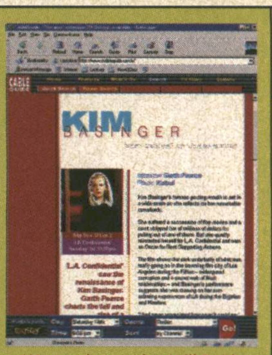
TNT
FAMILY PACK

9.00pm
No Guts, No Glory: 75 Years of Blockbusters
Michael Keaton, star of Quentin Tarantino's *Jackie Brown*, hosts a tribute to Warner Bros movies.

10.00 No Guts, No Glory: 75 Years of Comedies
Tribute show hosted by comedian and actor Billy Crystal, star of countless films including *Father's Day* and *Forget Paris*.

11.00 Woman of the Year
Spencer Tracy, Katharine Hepburn, Fay Bainter
Oscar-winning comedy about a sportswriter who is having marital problems with his columnist-wife. *1942, 114 mins*

1.15am Boys' Night Out
Kim Novak, James Garner, Tony Randall, Howard Duff, Janet Blair
Comedy. *1962, 108 mins*
3.15-5.00am Arturo's Island
Reginald Kernan, Vanni De Maigret, Kay Meersman
Drama. *1963, 90 mins*



Want to know what Will Smith movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm Babette's Feast
Stephane Audran, Ghita Nørby, Asta Esper Andersen
Comedy drama. A Catholic French refugee rewards the puritanical Danish sisters who have taken in her by cooking them an elaborate meal in honour of their deceased father. *1987, 103 mins*

7.50 Sun's Gonna Shine
Nostalgic short about the Blues.

8.00 Denise Calls Up
Alanna Ubach, Caroleen Feeney, Dan Gunther
PREMIERE Comedy. Hal Salwen takes a group of disparate New Yorkers and wittily explores the premise that they only ever interact over the phone. *1995, 80 mins*

9.25 It's Good to Talk
Oscar winning short film

9.45 Before Sunrise
Ethan Hawke, Julie Delpy
Romantic drama about Jesse, an American on his way to Vienna who meets Celine, an art student travelling back to Paris. After they meet on the train he suggests that they spend the next 15 hours together until his plane leaves. *1994, 97 mins*

11.30 Sunday
Lisa Harrow, David Suchet
Drama. *1997, 93 mins*

1.00am Vanya on 42nd Street
Julianna Moore, George Gaynes
Drama. *1994, 115 mins*
3.00 Delicatessen
Jean-Claude Dreyfus
Comedy. *1990, 95 mins*
4.40-6.00am
Monster from Green Hell
Horror yarn. *1957, 67 mins*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
HOW TO BE A PLAYER
Lively sex farce starring Def Jam's Bill Bellamy as Dray, a playboy with a passion for ladies who finds his lifestyle under threat. With Natalie Desselle. *1997, rating Sky 18, 90 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
GATTACA
Uma Thurman and Ethan Hawke star in this science-fiction drama set in a genetically-perfect future. *1997, rating Sky 15, 102 mins*
PLAYS AT 7.00am, 9.00am, 12noon, 2.00pm, 4.00pm, 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
JACKIE BROWN
Comedy drama from Quentin Tarantino starring Seventies blaxsploitation icon Pam Grier alongside Samuel L Jackson. *1997, rating Sky 15, 148 mins*
PLAYS AT 6.00am, 9.00am, 12noon, 3.00pm, 6.00pm, 9.00pm, 12midnight

Sky Box Office 4
Channel 54
KISS THE GIRLS
Chilling thriller starring Morgan Freeman as a detective who investigates the kidnapping of his niece by a serial kidnapper who calls himself Casanova. *1998, rating Sky 18, 110 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions. Customers with a Videoway set-top-box must view all events on Channel 50.

Sunday 28 March

SKY ONE
ACTION/
SELECTION PACKS

6.00am Hour of Power 7.00 What-a-Mess 7.30 Superhuman Samurai Syber Squad 8.00 Orson and Olivia 8.30 Tattooed Teenage Alien 9.00 The Simpsons Text 9. 30 Garfield and Friends 10.00 Dream Team Omnibus 11.00 WWF – Superstars 12noon Kung Fu 1.00pm The New Adventures of Superman 2.00 Beverly Hills 90210 *The Wedding – Part I*

3.00 VIP
Val Got Game
Vallery Iron is hired to protect a promising pro-basketball prospect from a ruthless agent. Stars Pamela Anderson.

4.00 Star Trek: Deep Space Nine
Rules of Engagement
The Klingon Empire accuses Worf of destroying a Klingon civilian ship during battle. Text

5.00 Star Trek: Voyager
Warlord
When an alien warrior dies on *Voyager*, his spirit takes over Kes's body in order to complete his battle plans. Text

6.00 The Simpsons
Girlie Edition
Bart upstages Lisa on TV. Text

6.30 The Simpsons
Wild Barts Can't Be Broken
Springfield's children rebel. Text

7.00 King of the Hill
The Man Who Shot Cane Skretteburg Text

7.30 3rd Rock from the Sun
The Indiana Solomons Text

8.00 Earth: Final Conflict
The Gauntlet
Sci-fi series set in the early 21st century, in which an alien species visits with a professed wish to share their knowledge.

9.00 The X-Files
Dreamland – Part I
Following a bizarre incident at the infamous Area 51, Mulder's consciousness is swapped with that of a stranger.

10.00 Miami Uncovered
The latest *Uncovered* delves beneath the surface in one of America's most glamorous, exciting and dangerous cities – Miami.

11.00 South Park
Cartman Gets an Anal Probe

11.30 Forever Knight
Ashes to Ashes
LaCroix's vampire daughter seeks revenge against her father.

12.30am LAPD
Gangsters threaten the public with a toy gun.

1.00 Sightings
On the trail of Bigfoot. Text

2.00-7.00am Long Play
Something for everyone.

UK GOLD
LIFESTYLE/
SELECTION PACKS

7.00am Angels
7.45 Dr Who Omnibus: The Brain of Morbius
9.35 Dallas Omnibus
11.30 FILM: Spartacus
Kirk Douglas, Laurence Olivier, Jean Simmons, Charles Laughton, Peter Ustinov, John Gavin
Critically acclaimed historical epic, set in 73 BC, about an abortive slave rebellion against the mighty Roman empire. *1960*

3.00pm The Bill Omnibus
This week's episodes of the police drama. Boyden and Page get involved with a villain's last job. Boulton needs an HIV test after a struggle with an addict ends in a needle cut, and Quinnan smells a rat when a young family delay in reporting the death of their landlord. Meanwhile, a thief's grandson may be of help in recovering a missing fortune. An old man is accused of attempted murder, and a father seeks revenge for the killing of his son.

5.25 Ask the Family
Family general knowledge quiz.

6.00 Ballykissangel
Only Skin Deep
Quigley announces plans for a beauty contest, and a stunningly attractive woman arrives in town claiming to be Eamonn's niece.

7.05 The Good Life
Mutiny
Seventies sitcom about a couple who become self-sufficient.

7.50 To the Manor Born
Stately humour with Penelope Keith and Peter Bowles.

8.30 Only Fools and Horses
It Never Rains
Del and Rodney take Grandad along on their holiday abroad.

9.10 Blackadder Goes Forth
Plan E – General Hospital

9.45 Blackadder Goes Forth
Plan F – Goodbyeee
Blackadder feigns madness to avoid going over the top.

10.25 Auf Wiedersehen, Pet
No Sex Please, We're Brickies
Oz is feeling frustrated over the lack of female company, until a surprise guest turns up.

11.30 Whatever Happened to the Likely Lads?
Seventies sitcom about two Geordie lads behaving badly.

12.10am Ruby Wax Meets... Pamela Anderson Lee
Ruby Wax meets the ex-*Baywatch* babe for the second time.

12.50 The Accountant
Drama about a Jewish accountant who is headhunted by the Mafia.

3.00-7.00am Shopping with Screenshop

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Mrs Greenthumbs
9.30 Can't Cook, Won't Cook
10.00 Animal Rescue
10.30 Brookside Omnibus
12.30pm FILM: Always Goodbye
Barbara Stanwyck, Herbert Marshall, Cesar Romero
A woman must choose between the man she loves or the father of her illegitimate son. *1938*
2.30 Special Babies

3.00 FILM: Jacqueline Bouvier Kennedy
Jaclyn Smith, James Franciscus, Rod Taylor, Stephen Elliott, Claudette Nevins, Donald Moffat
Biopic which documents the life of America's most dazzling first lady. In Washington, photographer and columnist Jackie meets a handsome young Congressman, John Fitzgerald Kennedy. The story dramatises their whirlwind romance and political life together, from his election as President in 1960, through to the tragic events of 22nd November 1963 in Dallas. *1981*

6.10 Michael Cole
No-holds-barred talk show in which the one-time director of public affairs for Harrods tackles sensational subjects with a studio audience.

7.00 Rescue 911
William Shatner presents real-life rescues by emergency services.

7.30 Beyond Belief: Fact or Fiction
Anthology mystery series.

8.00 Ally McBeal
Silver Bells
A case which involves a man with two common-law wives causes Ally, Billy and Georgia to examine their relationship.

9.00 Jerry Springer Double Bill
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

10.45 Entertainment Now!
The latest gossip, lifestyles and showbiz news.

11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Jason King 7.00 Bootsie and Snudge 7.30 That's My Boy 8.00 Watching 8.30 Time After Time 9.00 Dempsey & Makepeace 10.00 Behind the Velvet Ropes 10.30 Homes with Style 11.00 The Return of Sherlock Holmes
12noon Jeeves and Wooster
1.00pm Love and Marriage
1.30 Please Sir
2.00 Poirot

3.00 Bonanza
The Avenger
Ben and Adam look set to hang when they are convicted of killing a cattle buyer on the testimony of the man's daughter.

4.00 The High Chaparral
The Hair Hunter
A bounty on Apache scalps disrupts peace between the Cannons and the Indians. With Leif Erickson.

5.00 Classic Coronation Street – The Omnibus
Bet is in the news after a visit by an irate flea-pit owner, and an old flame of Marion's puts in an appearance, causing Eddie to call off their engagement. Maggie wants Mike to back her in buying a shop and his refusal puts a strain on their relationship. There's trouble at the Faircloughs house-leaving party and tempers are not improved when Rita keeps finding things wrong with the new house.

7.30 Time After Time
Outside Chance

8.00 Poirot
The Cornish Mystery
Poirot is called to Cornwall to help Mrs Pengelley, who suspects that her dentist husband is poisoning her.

9.00 Jeeves and Wooster
Aunt Dahlia urgently needs £500 for her magazine, so Bertie comes to the rescue with the idea of a hunger strike.

10.00-11.00pm Clive James

GRANADA MEN & MOTORS
ACTION PACK

11.00pm 2 Wheels
Weekly biking magazine programme.

11.30 Around the World on Two Wheels
Around the world on a motorbike.

12midnight Through the Gears
The weekly international motoring and bike sport magazine show.

12.30am 4 Wheels
Motoring magazine show.

1.00 Biker's Night Off
Bikers' quiz show.

1.30-2.00am Motor Week
All the latest motoring news.

DISNEY CHANNEL
ADD-ON/
PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 The Little Mermaid 8.25 Toons 8.30 Hercules: The TV Show 9.00 Double Art Attack 9.35 Doug 10.00 Recess 10.15 Pepper Ann 10.30 Ned's Newt 10.45 Microsoap 11.00 Teen Angel 11.30 Student Bodies 12noon Smart Guy 12.30pm Boy Meets World 1.00 Dinosaurs
1.30 FILM: Garbage Picking
Tony Danza, Ray Wise,
A garbage man turns pro footballer. *1998*

3.00 The Little Mermaid
The undersea adventures of the Ariel and her friends. Text

3.30 Goof Troop
Goofy's gone mad in his own cartoon series. Text

4.00 101 Dalmatians
Canine capers and daring doggy deeds make for frantic fun. Text

4.30 Hercules: The TV Show
Demi-god, hunk and hero. Text

5.00 Crash Zone
Five Australian kids get a dream job testing computer games.

5.30 Microsoap
Innovative kids' sitcom. Text

5.45 Smart Guy
It's not easy being smart. Text

6.10 Teen Angel
One Dog Night Text

6.35 Boy Meets World
Brother – Brother
Eric is leaving for college. Text

7.00 FILM: D3: The Mighty Ducks
Emilio Estevez, Jeffrey Nordling
Ice hockey sequel with the Mighty Ducks team. Disney's legendary ice hockey champs have been offered scholarships to the exclusive Eden Hall academy. *1996*

8.45 Honey, I Shrunk the Kids: TV Show
Science is serious fun in the Szalinski household, where dad's an eccentric inventor, and the whole family get involved in his crazy schemes. Text

9.30 Dinosaurs
Puppet fun. Text

10.00 Home Improvement

10.30 The Wonder Years
Politics as Usual Text

11.00-12midnight Touched by an Angel Text

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

SUNDAY CONTINUES OVERLEAF...

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

CABLE CHOICE

FILM
Under Pressure
Sky Premier 9.30pm
Charlie Sheen stars in this tense action thriller as a Los Angeles fireman who goes berserk at the height of a summer heatwave after his wife leaves him. As temperatures soar, he begins to lose his cool, and his sanity, setting him off on a destructive roller coaster ride.

GENERAL
Beverly Hills, 90210
Sky One 2.00pm
Quiff-tastic Brandon and girlfriend Kelly have put the past behind them and decided to make a commitment. This episode sees the culmination of this unfailing love story as they head for the altar – but, with such chequered backgrounds, will it go smoothly?

ADVERTISEMENT
UK GOLD
BALLYKISSANGEL
6.00PM
Stephen Tompkinson and Dervla Kirwan head the cast of this enchanting series. Tonight, Siobhan becomes suspicious when a beautiful girl, claiming to be Eamonn's niece, arrives just as Brian announces a beauty contest.

Sunday March 28

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

7.30am Rugby – LIVE
Action from the 1999 Hong Kong Sevens.

11.00 Superbike – LIVE
Coverage of the World Championship in Kyalami, South Africa.

12noon Rugby

12.40pm Athletics – LIVE
IAAF World Cross Country Championships in Belfast.

1.10 Figure Skating – LIVE
Coverage of the World Championships.

3.30
Superbike – LIVE
Action from World Championship in Kyalami, South Africa. Includes Coverage of The Sidecar World Cup.

4.20 Superbike
More from Kyalami.

5.00 Tennis – LIVE
Action from the WTA Tournament in Key Biscane, USA.

6.30 Figure Skating
Coverage from the World Championships in Helsinki, Finland.

8.00 Football
Highlights from the Euro 2000 qualifying rounds, including matches involving Greece, Norway, Russia, Ireland, Croatia, Yugoslavia, The Czech Republic, Switzerland, Romania, Portugal, Hungary, Israel, Turkey, and Cyprus.

10.00 Sportscentre
A special Sunday edition of the sports news bulletin.

10.15 Rugby
Highlights from today's play at the 1999 Hong Kong Sevens.

11.15-12.30am
Superbike
Highlights of the World Championship in Kyalami, South Africa.

SKY SPORTS 1
PREMIUM CHANNEL

6.00am World Wide Rugby: Super 12s Tournament

8.00 Aerobics Oz Style

8.30 Extreme Sailing

9.00 Fastrax

9.30 Superbikes – LIVE
Coverage of the World Championship in Kylami, South Africa.

2.30pm Gillette World Sport Special
Top sporting action.

3.00 Fight Night
A chance to catch the best of the action from a fight between two of today's top boxers. Presented by Paul Dempsey.

5.00 Basketball
Action from the Budweiser Basketball League as two teams battle for the precious points at a crucial stage of the season. Presented by Suzanne Dando and Kevin Cadle.

7.00 Superbikes
Highlights from the opening races in the first round of the new Superbike season from Kyalami in South Africa.

9.00 Snow Show
The sport and travel show that visits winter resorts around the world.

9.30 Rugby League: Challenge Cup Semi-Final
Highlights from the second semi-final in this season's rugby league Silk Cut Challenge Cup.

11.00 Basketball
Action from the Budweiser Basketball League as two teams battle for precious points at a crucial stage of the season. Presented by Suzanne Dando and Kevin Cadle.

1.00am Max Power

2.00-5.00am
World Wrestling Federation – Wrestlemania

SKY SPORTS 2
PREMIUM CHANNEL

6.00am Watersports World

7.00 Aerobics Oz Style

7.30 Gillette World Sport Special

8.00 Soccer Extra

11.00 Ford Golf USA: Players Championship
Highlights from the third day's play in the 1999 Players Championship, one of the major events on the US PGA Tour.

3.00pm
Rugby Union – LIVE
Live rugby union double-header featuring coverage of the Women's Cup Final, plus action from the clash between Saracens and Bath in the Allied Dunbar Premiership.

7.30 Ford Golf USA: Players Championship – LIVE
Live action from the fourth and final day of the 1999 Players Championship. The event is staged at the TPC Sawgrass in Jacksonville, Florida. Of all the major professional golfing talent that has competed in this event, who will be left standing on the fairways come the final hole? Last year it was 1997's Open Championship winner Justin Leonard, who putted his way to glory and increased his status as one of the best of golf's newer generation.

11.30 Inside the Senior PGA Tour
All the latest action.

12midnight Rugby Union Update

2.00am-3.30am
Rugby League: Challenge Cup Semi-Final
Semi-final action from this season's rugby league Silk Cut Challenge Cup.

SKY SPORTS 3
PREMIUM CHANNEL

12noon Rugby League: Challenge Cup Semi-Final
Highlights of the first of the semi-finals from this season's Silk Cut Challenge Cup.
Repeat from Saturday

1.30pm Totalsport

2.00 Superbouts: Curry v Starling
Another chance to relive the memorable 1984 Don Curry v Marlon Starling fight.

3.00 International Cricket: West Indies v Australia – LIVE
Live action of the third day's play in the third Test between West Indies and Australia, from Bridgetown, Barbados.

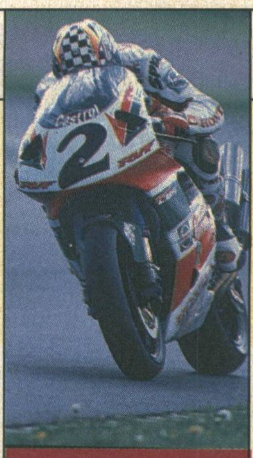
5.00 Snow Show
The show that gives an insight into skiing and snowboarding.

5.30 International Cricket: West Indies v Australia – LIVE
The live action continues at Bridgetown on day three of the third Test between respected cricketing nations West Indies and Australia. Experience could be the key in this series and if the West Indies' batsmen can do themselves justice, then a repeat of their results in South Africa can be avoided.

10.00 Max Power
Featuring material from around the world, including both two and four-wheel motor sport.

11.00
Extreme Sailing
The most breathtaking sailing action from around the world.

11.30-12midnight
Snow Show
Focusing upon skiing, snowboarding and the resorts where winter sports can be tackled.



Kiwi Aaron Slight represents Honda at the World Championships. Eurosport 11.00am, 3.30pm – Live

MUTV
ADD-ON CHANNEL

6.00pm Game On

6.05 Watch This if You Love Man-U!
A full post-mortem of Saturday's results with the United camp's reaction.

7.15
Megastore Megabuys

7.30 Red Legends
Ex-reds track down their former team-mates.

8.00 Super Match – Premier Classic: Wimbledon v Manchester United
A classic encounter.

8.55 Red Hot Update

9.00 Super Match – Premier Classic: Wimbledon v Manchester United
The classic encounter from Selhurst Park continues.

10.00 Red Replays
From transfer news to controversial views get the inside stories from Old Trafford.

11.00
Wild About United
United devotees on why they adore The Reds.

11.30-12midnight
Red Hot News

SCI-FI
ACTION PACK

7.30am Chocky

8.00 Battlestar Galactica

9.00 Buck Rogers in the 25th Century

10.00 Quantum Leap

11.00 Project UFO

12noon FILM: Mars Needs Women *1966*

1.30pm New Alfred Hitchcock

2.00 Mystery Science Theatre 3000

3.45
Sci-Focus Special
A look behind the scenes of a recent science fiction blockbuster movie.

4.00 The Flash
Done with Mirrors
Stars John Wesley Shipp, Amanda Pays and Alex Desert.

5.00 The Cape
Family Values
Riles is shocked to meet the son he never knew he had. Zeke must resolve all conflict with his brother.

6.00 Project UFO
The Fremont Incident
A police officer sees an alien craft land, but when he reports the incident he is ridiculed.

7.00 V
The Hero
Aliens posing as rebels attack Science Frontiers, hoping to turn the public against the Resistance.

8.00 Quantum Leap
Song for the Soul
Sam becomes Cheree, a member of all-girl group the Lovettes, but a record deal is hard to come by.

9.00 Babylon 5
The Long Dark
Two humans aboard *Babylon 5* experience horrifying visions, which Dr Franklin tries to interpret.

10.00 Lexx
Twilight
The crew of the *Lexx* continue its exploration of the Dark Zone.

11.00 Highlander: The Raven
The Rogue
Adventure set in the world of the Immortals.

12midnight
Battlestar Galactica
Experiment in Terra

1.00am Buck Rogers in the 25th Century

2.00 The Tomorrow People

2.30 New Alfred Hitchcock

3.00 Dark Shadows

3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

10.25am
This Morning – This Week

12noon
Emmerdale Omnibus

1.20pm CDUK

2.15 The Big Bang

2.30 Children's Ward

3.00 Adam's Family Tree

3.25 Get Wet

3.55 Sooty and Co

4.10 Feature

4.40 Survival

5.40
Coronation Street Omnibus

7.30 Who, What, Why?
Current affairs programme.

8.00 Dealer's Choice
Richard Simmonds presents an offbeat look at the world of buying used cars.

8.30 Wide Angle
Katie Derham looks at the week's news, and how it has been covered by the media.

9.00 Soap Fever
Liza Tarbuck presents a live show devoted to the world of soaps.

10.00
ITV2s Great Detectives: Inspector Wexford
Another case for Ruth Rendell's dour detective.

12midnight Trevor McDonald Meets...
The newsreader interviews a celebrity guest.

12.30am I Suppose You Think That's Funny
Celebrity panel game about comedy past and present.

1.00-3.00am Feature

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View

12.10am Viewers' Wives

12.20 FILM: Hard at Work

1.00 The Five Minute Free View

1.05 FILM continues

1.30 FILM: Lip Service

2.40 FILM: Adult Feature

3.50 Josephine

4.10-5.30am FILM: Airotica

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day

12.10am Totty Try-outs
Erotic programme.

12.25 East Meets West

1.40 Adult Feature

2.10
FILM: Sunset Rides Again

3.20 Bra Busters 5 – Big Cup Babes
Erotic programme with Dixie Bubbles.

Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Two Brothers, a Girl and a Gun
A couple whose luck has run out decide to seek refuge in the one place they would prefer to avoid – home.

9.35
FILM: Bounty Hunter 2002

11.05 Malibu Hardbodies

11.25-12 midnight
Electric Blue Show

Sunday 28 March

Prehistoric life is investigated in 'Dinosaur Hunters'. National Geographic Channel 7.00pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Candid Camera
More comedy clips.
5.45
The Games Room
6.00 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.30
The Games Room
6.45 Name that Tune

7.15
The Games Room
7.25 Roll with It!
7.55
The Crystal Maze
A team of contestants tackles a series of games and challenges in a giant fantasy world, with the aim of reaching a crystal dome. With Richard O'Brien.
9.00
The Games Room
9.15 Strike it Lucky
With Michael Barrymore.
9.45
The Games Room
10.00 Candid Camera
10.30 Don't Feed the Gondolas
Celebrity quiz show presented by Sean Moncrieff.
11.00
Carnal Knowledge
The quiz show revealing the intimate secrets of the British public, hosted by Graham Norton.

12midnight Strike it Lucky 12.30am Name That Tune 1.00 Don't Feed the Gondolas 2.00 Karaoke Challenge 2.30 Second Guess 3.00 Simply Irresistible 3.30 Give Us a Clue 4.00 Say the Word 4.30 Gladiators 2000 5.00-6.00am Screenshop

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 The Why Files 7.30 The Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 The Why Files 9.30 Indecent Proposals 10.00 Bangers and Smash 11.00 Judge Judy 11.30 Mind Games 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 Agony 2.30 Mind Games

3.00
Indecent Proposals
Cash for foolishness.
3.30 Wrestling
More grappling action in the ring.

4.30 Judge Judy
The harsh New York judge takes another case.
5.00 Judge Judy
The harsh New York judge takes another case.
5.30 The Why Files
Psychic investigations across the country.
6.00
The Fashion Show
A look at the headlines among the hemlines.
6.30
Indecent Proposals
7.00 Sport at Seven: Bangers and Smash
All the crashes and thrills from the stock car racing circuit presented by the sports-mad Louise Brady.
8.00 The Why Files
Psychic investigators into the paranormal.
8.30 Judge Judy
Another case for the feared American judge.
9.00 Wife Swapping
Two men swap partners for the evening.
9.57 Topless Darts
10.00 Love Street
10.30 Exotica Erotica
Adult entertainment.
11.30 Orgasmatron
11.45 Painted Ladies
Cavorting on canvas.
11.57 Topless Darts

12midnight Love Street
12.30am Private Dancer
12.45 Home Shopping
2.00 Exotica Erotica
3.00 Orgasmatron
3.15 Painted Ladies
3.30 Love Street
4.00 The Fashion Show
4.30 Agony
5.00 Lie Detector
5.30-6.00am Indecent Proposals

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Coxon's Kitchen 10.00 Chef for a Day 10.30 What's Cooking? 11.00 Loyd's Louisiana 11.30 Ideal Home for Cooks 12noon Network 12.30pm The Cookshop 1.00 Japaneasy 1.30 Modern British 2.00 From Ground Up 2.30 Network
3.00 Superchefs
Aldo Zilli v Valentina Harris
3.30 Ideal Home for Cooks
4.00 Gordon Ramsay's Passion for Flavour
4.30-5.00pm Chez Bruno

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
5.30 Animal SOS
Behind the scenes at the Blue Cross animals' hospital in London.
6.00
Pull the Other One
Hosted by Paul Coia.
6.30
The 10 Percenters
Libel
7.00 The Upper Hand
A Friend in Need
Comedy series.
7.30
An Inspector Calls
Special Investigations
8.00 The Master of Ballantrae
Adaptation of Robert Louis Stevenson's tale about two Scottish brothers who are lifelong rivals.
9.00 Sharpe
Sharpe's Eagle
Feature-length drama about the maverick 18th-century officer. Lieutenant Sharpe joins forces with the South Essex regiment and is given the task of destroying a key bridge but, owing to incompetence in high places, the regimental colours are lost.
11.00
Hill Street Blues
Eighties US police drama series set in a tough urban area. Starring Daniel J Travanti and Bruce Weitz.
12midnight The Ruth Rendell Mysteries: The Speaker of Mandarin
1.00am Tales of the Unexpected
1.30-2.00am
Tales of the Unexpected
Mrs Bixby and the Colonel's Coat

ANIMAL PLANET
WORLD PACK

12noon
Mozu the Snow Monkey
1.00pm Doctor Chimpanzee
Documentary series about the people who give medical help to animals in the wild.
1.30
Cousins Beneath the Skin
Toolmakers and Apprentices
2.30 Pataparu – Living with Strangers
Focusing on a troop of western red colobus monkeys living in the Abuko Nature Reserve in the Gambia.

3.30 Monkey Business
Behind the scenes at a unique wildlife sanctuary.
4.00 Monkey Business
Mike the keeper is assigned to a pair of love-struck orangutans.
4.30 Monkey Business
Tina looks after baby Limas.
5.00 Monkey Business
The remaining members of the chimpanzee clans unite.
5.30 Monkey Business
Paddy is acknowledged as the chimpanzee leader.
6.00 Monkey Business
Jimmy is put in the misfit chimpanzee group.
6.30 Monkey Business
Lonely chimp Charlie adopts a Spanish monkey.
7.00 The Holy Monkeys of Rajasthan
A look at why the Indian people of Rajasthan behold the monkey as a god.

8.00 Just Hanging On
A look at one of the many species facing extinction, the orang-utan and what can be done to arrest it's plight.
9.00 Gorilla, Gorilla
A moving and enchanting story about the relocation of a family of ten gorillas from Holland to their new home at Toronga Zoo, Australia.
10.00 Nature's Babies
Primates
Following the beginning of life for several different species, from birth to independence.
11.00-12midnight Cousins Beneath the Skin
Ntolohi, the Political Animal
A look at the saga of political intrigues worthy of Machiavelli.

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/
ACCESS PACKS

7.00am It'll Never Work
7.30 The Great Egg Race
8.00 Explosion Live 9.00 War Walks 9.30 War Walks
10.00 War Walks
10.30 Decisive Weapons
11.00 Top Gear GTi
12noon
Tomorrow's World Plus
1.00pm Clive James – Postcard from Cairo
2.00 Spirit of the Jaguar
3.00
Incredible Journeys
A Rattlesnake's Tale
3.30
Ladybird, Ladybird
A look at the insect.
4.00
Humpback Whale: A Wildlife Special
David Attenborough narrates this film about the humpback whale.
5.00 Animal Hospital Roadshow
With Rolf Harris.
5.30 Secrets of the Paranormal
In Search of Jane
6.00
Storm from the East
World Conquerors
Profile of Genghis Khan's son and heir, Ogedei, who lead an all powerful army.
7.00 Hunt for the Doomsday Asteroid
A look at scientists' fears about the big rocks orbiting the sun on a potential collision course with earth.
8.00 Life on Earth
Lords of the Air
The story of life from the first primitive cells to the plants and animals that now live around us.
9.00
Supernatural Science
Atlantis Found
Exploring the legends and myths surrounding the city of Atlantis.
10.00 Hotel
The staff face a potato crisis at a crucial moment.
10.30 Painted Babies
A look at the world of children's beauty contests in America and the months of gruelling training the children go through.
11.30
Billy Connolly's World Tour of Australia
12.20am Soho Stories
Queen for a Day
Soho inhabitants prepare for the gay festival. Danny joins a gaggle of drag queens on a pub crawl, and Noel's daughter gets married.
12.30-1.00am
Crime Limited

GRANADA BREEZE
LIFESTYLE/
SELECTION PACKS

6.00am E! Celebrity Profile
7.00 The View
8.00 The Pet Show
8.30 Roddy Llewellyn's Indoor Garden
9.00 The Montel Williams Show
10.00 E! True Hollywood Story
11.00 Julia Carling's Style Guide
11.30 Gardeners' Diary
12noon Rosemary Conley's Low-Fat Cookbook
12.30pm Gorgeous Gardens
1.00 E! Celebrity Profile
2.00 The View
3.00 The Pet Show
The ultimate guide to man's best friend.
3.30 Cook's Garden
A panel of culinary experts offer tips.
4.00 The Montel Williams Show
Jailed for torturing his Bride
US chat show hosted by the Emmy Award-winner.
5.00-6.00pm E! True Hollywood Story
John Lennon: The Final Days – Part II
Profile of the rock legend.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Dinosaur Night: Dinosaur Hunters
First of five programmes on the trail of the missing dinosaurs.
8.00 Dinosaur Night: Renaissance of the Dinosaurs
Experience new discoveries from faraway lands and private quarries.
9.00 Dinosaur Night: Dinosaurs – Land of the Giants
Discover how these giant creatures used their horns, frills and spikes.
10.00 Dinosaur Night: Dinosaurs – The Killer Elite
A look at the soft side of the carnivorous dinosaurs.
11.00
Dinosaur Night: Dinosaurs – And Then There Were None
Did a huge meteorite wipe out these creatures?
12midnight-1.00am
Explorer
Travel to Indonesia to witness the remarkable culture of the head-hunters of Borneo.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits
9.00 Bytesize MTV
Music, big stars, plus hot spots from MTV around the world.
10.00 Hit List UK
The hottest UK chart action.
12noon News Weekend Edition
12.30pm Snowball 1999
1.00 Total Request
2.00 European Top 20
3.00 Bytesize MTV Pop Edition
3.30 UK Singled Out
4.00 Select MTV
6.00 News Weekend Edition
Latest celebrity gossip.
6.30 Longform
7.00 Best of V98
Highlights from last year's festival.
8.00 Mad 4 Hits
9.00 Movie Special: The Rise of the Movie Soundtrack
9.30 News Weekend Edition
10.00 So 90s
10.30 MTV Live
11.00 brand:new
12midnight The Late Lick
1.00am So 90s
1.30 MTV Live
2.00-6.00am Night Vidoes
Music through the night.

VHI
MUSIC & GAMES PACK

6.00am Breakfast in Bed 9.00 Pop-Up Video 10.00 Something for the Weekend 12noon Ten of the Best 1.00pm Greatest Hits of... 1.30 Ed Sullivan's Rock 'n' Roll Classics 2.00 The Clare Grogan Show 3.00 Talk Music 3.30 VH1 to 1: Wet Wet Wet 4.00 Mega Hits Weekend 8.00 The VH1 Album Chart Show 9.00 The Kate & Jono Show 10.00 Behind the Music – REM 11.00 Around and Around 12midnight Soul Vibration 2.00am-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon River Somewhere 12.30pm Reel World 1.00 Adventure Travels 1.30 Flavours of Italy 2.00 Gatherings 2.30 Wild Ireland 3.00 An Aerial Tour of Britain 4.00 Blue Mountains Magic 5.00 River Somewhere 5.30 Holiday Maker 6.00 Flavours of Italy 6.30 Wild Ireland 7.00 Destinations 8.00 Go 2 8.30 Adventure Travels 9.00 Blue Mountains Magic 10.00 Flavours of France 10.30 Holiday Maker 11.00 Go Wild in Africa 11.30-12midnight Reel World

UK STYLE
LIFESTYLE PACK

7.00am Wine World 7.30 Floyd's American Pie 8.00 Fat Man in France 8.30 Rick Stein's Taste of the Sea
9.00 Two Fat Ladies
9.30 Antiques Roadshow
10.30 Changing Rooms
11.00 The DIY Show
11.30 Going for a Song
12noon The Terrace
12.30pm Changing Room
1.00 Wine World
1.30 Floyd's American Pie
2.00 Fat Man in France
2.30-3.00pm
Rick Stein's Taste of the Sea

UK ARENA
LIFESTYLE PACK

3.00pm The House 3.55 FILM: The Red Pony *1949* **5.30 The Impressionists 6.00 The First, The Last, My Everything 6.30 The Arena 100 7.00 Reviews You Can Use 8.00 Arena People 9.00 Playhouse: Cathy Come Home 10.35 Nobody Does It Better: The Music of James Bond 11.40 The First, The Last, My Everything 12.10am Arena People 1.05 Reviews You Can Use 1.35 The Arena 100 2.05-3.00am Nobody Does It Better: The Music of James Bond**

Sunday 28 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Charlie 6.30 Rex Hunt's 7.00 Fishing with Henry 7.30 Hometime 8.00 Hometime 8.30 Home Savvy 9.00 Charlie West 9.30 Rex Hunt 10.00 Fishing with Henry 10.30 Hometime 11.00 Hometime 11.30 Home Savvy 12noon New Yankee Workshop 12.30pm Routes 1.00 The Car Show 1.30 The Road Show 2.00 Hooked on Fishing 2.30 Two's Country – Get Stuck In 3.00-4.00am Time Team

DISCOVERY
WORLD PACK

4.00pm Wings
Flying Coffins
A journey over the trenches of Europe in Germany's Fokker triplane and England's Sopwith Camel.

5.00 Flightline
A test flight of the new Airbus 340.

5.30 Classic Trucks
The history of commercial vehicles.

6.00 Rocketships
An in-depth look inside the space shuttle, and into the *Saturn V* hanger, large enough to house a skyscraper.

7.00 Twisted Tales
Bat
The mythology of bats.

7.30 Creatures Fantastic
Mythical Cats

8.00 Atlantis
New evidence suggests that the legendary city of Atlantis may have actually existed off the coast of South America.

9.00 Space Colonies – Living Among the Stars
NEW Science documentary exploring the possibility of humans living in outer space.

10.00 It Came from Outer Space
NEW Documentary examining the theory that life on earth possibly originated in space.

11.00 Can We Reach the Stars?
Examining the dreams of science fiction, that we can travel to other galaxies and colonise planets.

12midnight Discover Magazine
Protecting the President
Exploring the many facets of Presidential security.

1.00am-2.00am Justice Files
Ugly Secrets
Examining the right to silence.

SKY SOAP
LIFESTYLE PACK

11.00am Emmerdale Farm
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm Emmerdale Farm
1.00 Emmerdale Farm
1.30 Albion Market
2.00 Albion Market
2.30 Albion Market
3.00 Albion Market
Keith discovers that Louise has been picking up men.
3.30-4.00pm Albion Market
There's a shock in store for Morris Ransome.

CARTOON NETWORK
FAMILY PACK

5.00am-9.00am Cartoon-a-Thon
Enjoy a day of back-to-back cartoons courtesy of the Cartoon Network.

More ambitious animation with a new series of the 'Brothers Flub'. Nickelodeon 7.30am

THE HISTORY CHANNEL
WORLD PACK

4.00pm Lusitania: Murder on the Atlantic
NEW A World War I tragedy.

6.00 Giants of the Century: Lines and Volumes
Take a look at the lives of some of the world's greatest artists including Pablo Picasso and Salvador Dali.

7.00-8.00pm Saints and Sinners
The Pope and the People
How the Church reacted to the French Revolution.

NICKELODEON
FAMILY PACK

7.00am Tales From the Cryptkeeper 7.30 Brothers Flub 8.00 Sister Sister 8.30 Kenan & Kel 9.00 Sabrina the Teenage Witch 10.00 Rugrats 10.30 Hey Arnold! 11.00 Angry Beavers 11.30 CatDog 12noon The Wild Thornberrys 12.30pm Rocko's Modern Life 1.00 Kablam! 1.30 Ren & Stimpy 2.00 Clarissa Explains it All

3.00 Kenan & Kel
The adventures of two funky friends.

3.30 Kenan & Kel
Starring Kel Mitchell and Kenan Thompson.

4.00 Sister Sister
Tia and Tamera and their parents try to live together.

4.30 Sister Sister
Tia and Tamera and their parents try to live together.

5.00 Sabrina, The Teenage Witch
Teen comedy.

5.30 Sabrina the Teenage Witch
6.00 Moesha
6.30-7.00pm Nick News

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
With Heather Paige Kent.

7.30 Grace Under Fire
Riverboat Queen

8.00 Ellen
Harold and Ellen
Ellen is concerned about her father's well being.

8.30 Spin City
Porn in the USA

9.00 Cheers
Severe Crane Damage
Lillith appears on television.

9.30 Cheers
Indoor Fun with Sammy and Bobby

10.00 Taxi
Elaine's Old Friend
Alex poses as Elaine's succesful boyfriend.

10.30 Taxi
The Costume Party

11.00 Seinfeld
The Fix-Up

11.30 The Larry Sanders Show
Hank's Night in the Sun
Hank presents the show.

12midnight Duckman 12.30am We Know Where You Live 1.00 Comedy Store 1.30 Club Class 2.00 Dr Katz 2.30 Tibs and Fibs 3.00 Nightstand 3.30-4.00am Abbott and Costello

CABLE CHECK
Some of the channels listed may not be available in your area

FOX KIDS
FAMILY PACK

6.00am Dodo 6.05 Masked Rider 6.30 Beetleborgs Metallix 6.55 Power Rangers Turbo 7.45 Bureau of Alien Detectors 8.10 Mortal Kombat 8.35 Mowgli 9.00 Goosebumps 9.25 Eerie, Indiana: The Other Dimension 9.50 Home to Rent 10.00 Sam and Max 10.25 Mad Jack 10.50 Spy Dogs 11.00 Louie 11.25 Dennis and Gnasher 11.50 Life with Louie or Eek!Stravaganza 1.55pm The Incredible Hulk 2.20 Iron Man 2.45 Fantastic Four

3.10 X-Men
Human/mutant conflict.

3.30 Fox Kids X-Press
With Roy and Lisa.

3.35 Spiderman
Webbed crime-fighting.

4.00 Goosebumps
Spooky stories.

4.25 Eerie, Indiana: The Other Dimension

4.50 Casper
Ghostly fun.

5.00 Dennis and Gnasher
Dennis and Gnasher take on the enemy – adults.

5.30 Ace Ventura
Ace is on the case again.

6.00 Donkey Kong Country
6.30 Eek!Stravaganza
6.55-7.00pm Oggy and the Cockroaches

SHOP!
LIFESTYLE/ SELECTION PACKs

12midnight Bargain Shop!
12.30am Shop! Selection
1.30 Spotlight on Sports
2.30 Junior Sports Store
3.00 Switched On
4.00 The Gold Collection
5.00 Y-Zone
6.00 Shop! Selection
7.00 Bargain Shop!
7.30 Shop! Feature
8.30 In the Garden
9.30 Do it Yourself
10.00 Home Style
Gadgets for the home.
11.00 The Gift Store
Gift ideas.
12noon Jewellery Box
Another chance to sample a range of jewellery.
1.00pm Bargain Shop!
Special offers.
1.30 On Screen
The Nintendo hour.
2.30 Junior Sports Store
Top brand clothing and footwear for babies and toddlers, including Adidas and Reebok.
3.00 Sporting Brands
Puma special.
4.00 Branded!
Athletic leisure looks from the biggest names in the business.
5.00-6.00pm Shop! Selection
A round up of the best offers.

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is DIY with Harry Greene at 10.00am.

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am BBC News 24 9.30 Seven Days 10.30 Science Review 11.10 Dateline London 12noon 12.30pm Chronicles 2.30 Seven Days 3.30 Science Review 4.15 Newsround 24 7.30 Correspondent 8.30 Face in the Crowd 9.30 Reporters 10.10 Dateline London 11.30 USA Direct 12.30am Simpson's World
2.30 USA Direct
3.30 Chronicles
4.30 Dateline London
5.00-6.00am BBC News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am News 5.30 Evans, Novak, Hunt & Shields 6.00 World News 6.30 View 7.30 Business 8.30 Sport 9.30 Beat 10.30 Artclub 11.30 Sport 12.30pm Earth Matters 1.30 License 2.00 Report 3.30 Europe 4.30 Sport 5.30 Showbiz 6.00 Late Edition 7.30 Business 8.30 Europe 9.30 Pinnacle 10.30 Insight 11.30 Sport
12midnight WorldView
12.30am Style 1.00 Today
1.30 Beat 2.30 Science
3.00 Today 3.30 Artclub
4.00-5.00am CNN & Time

SKY NEWS
NEWS & SPORT PACK

News on the hour, every hour, plus: 6.00am Sunrise 9.30 Fox Files 10.00 Sunday with Adam Boulton 11.30 The Book Show 1.30pm Fashion TV 2.30 Showbiz 3.30 Fox Files 4.30 Adam Boulton 5.00 Live at Five 7.30 Sportsline 8.30 The Book Show 9.30 Showbiz Weekly 10.00 Primetime 11.30 Week in Review 12.30am CBS Evening News 1.30 Sunday with Adam Boulton 2.30 Fox Files 3.30 The Book Show
4.30 Global Village
5.30-6.00am
CBS Evening News

INTERNATIONAL

3SAT 6.00am Kulturgespräch 6.45 KunstStreifzüge 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Lyrik für Alle 8.15 Johannes Brahms: Sinfonie Nr 1, C-Moll, Op. 68 9.00 Literatur im Foyer 10.00 Hollywood-Regisseure im Zweiten Weltkrieg 10.30 Die Schlacht um Midway 10.50 Die Memphis Belle 11.35 100 W'rter des Jahrhunderts – Stichworte 12noon Zeit im Bild 12.05pm Wochenschau 12.30 Rückblende 12.45 Kein Schöner Land 1.30 IHM '99 2.10 Wenn das die Nachbarn wüssten... 3.00 HITEC – Dokumentation 3.30 Quo Vadis? 4.15 Tierporträt 4.30 Teletips für Tierfreunde 5.00 Tagebuch 5.15 Die Schweiz im März 6.00 Heute 6.10 Markwort 7.00 Tagesschau 7.15 Die Letzten Illyrer 8.15 Tupamaros 9.50 Gespräch mit Heidi Specogna 10.15 Der Kommissar 11.15-12.45am Cagney und Lacey

TV5 5.00am Journal 5.15 Journal des Journaux 6.00 TV5 Infos 6.05 Bus et Compagnie 7.00 Journal de Radio Canada 7.30 Mission Pirattak 8.00 Infos 8.05 Bus et Compagnie 9.00 Journal TV5 9.15 Rince Ta Baignoire 10.00 Infos 10.05 Thalassa 11.00 Infos 11.05 Télécinéma 11.30 Journal 12noon TV5 Infos 12.05pm Epopée en Amérique 1.00 Journal TV5 1.15 La Carte au Trésor 3.00 Journal TV5 3.15 TV5 Questions 3.30 Kiosque 4.00 Infos 4.05 Kiosque 4.30 Questions pour un Champion 5.00 Journal 5.15 Vivement Dimanche 7.00 Journal Belge 7.30 Journal 8.00 Infos 8.05 Faut pas Rêver 9.00 Journal TV5 9.15 Fiction: L'Amour en Prime 11.00 Journal Suisse 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am Sant Darshan 8.30 Bhakti Sagar 9.00 Dhyan Ki Lehren 10.00 Holy Quran 10.30 Jai Veer Hanuman 11.00 Dhur Ki Bani 11.30 Variety 12.30pm Pakistan 1.00 Business 1.30 FILM 4.00 BPL Oye 5.00 Spaghetti Junction 5.30 Fut a Fut 6.00 Paltan 6.30 Aur Aap 7.00 Daal Mein Kala 7.30 Golmaal 8.00 Main Anari Tu Anari 8.30 FILM 11.30 News 12midnight Main Anari Tu Anari 12.30am Aur Aap 1.00 FILM 4.00 Indipop 4.30 Balcony 5.00 Fut a Fut 6.00 Chand Ghazalien 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Kya Scene Hai 6.30 Shabads 7.00 Faith 7.30 News 8.00 Business Report 8.30 Sitaron Ka Karwan 9.00 Tandoori Masala 9.30 Out and About 10.00 Mahabharat 11.00 Aap Ki Adalat 11.30 Health Show 12noon FILM: Beti 3.00pm KTC Sa Re Ga Ma 4.00 Zee and You 4.30 Sofia 5.30 Hadd Kar Di 6.00 Adhikar 7.00 Fairdeal Antakshari 8.00 News 8.30 Neeyat 9.00 Salma Pe Dil Aagaya 10.00 Ayub Khan 12midnight News
12.30am Zee World
1.00 Bangla TV
1.30 Parivartan
2.00 FILM: Laava
5.00 Amar Kathayen
5.30-6.00am Sa Re Ga Na

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 The Sandfords 4.30 This is Your Day 5.00 Voice of Faith 5.30 Potter's House 6.00 Praise the Lord 7.00 Ray McCauley 7.30 Taking Authority 8.00 Winning Ways 8.30 Ray Bevan 9.00 Life is for Living 9.30 In Touch 10.30-11.00am This is Your Day

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports every half hour, plus: 2.19am Technology Report 3.50 Ask the IFA 5.45am Roundtable

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am Select Committees 11.00 Straight Talk 11.30 European Focus 12noon America This Week 3.00pm Scottish Lobby 3.30 Select Committees 11.30-12midnight Welsh Lobby

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Mrs S Davis – Essex

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Monday 29 March

SKY PREMIER
PREMIUM CHANNEL

MORNING

6.00 AM **6.00am Stolen Women**
1996, rating Sky PG, 88 mins
8.00 The Perfect Mother
Text *1996, rating Sky PG, 89 mins*
10.00 Turbo:
A Power Rangers Movie
Text *1997, rating Sky PG, 95 mins*
12noon Stolen Women
Janine Turner, Jean Louisa Kelly
1996, rating Sky PG, 88 mins
2.00pm Keeping the Promise
Keith Carradine, Gordon Tootoosis
Family drama set in 1768. *1997,*
3.00 PM *rating Sky U, 88 mins*

3.30 Merchant Ivory:
A Partnership in Film
A profile of the winning
movie-making partnership.
4.00 PM **4.00 The Perfect Mother**
Tyne Daly, Ione Skye,
Dee Wallace Stone, Justin Louis
Chilling made-for-television
drama based on a true story.
A jealous mother destroys the
5.00 PM happy marriage of her son and
eventually murders his wife so
that she may get custody of her
grandson. Text *1996,*
rating Sky PG, 89 mins
6.00 PM **6.00 Turbo: A Power**
Rangers Movie
Jason David Frank, Johnny
Yong Bosch, Nakia Burrise
The second movie adventure
featuring the high-kicking,
7.00 PM all-American teenage heroes.
They must save the universe
from the evil Divatox and
Maligore, who plan to become
joint rulers of the galaxy. Text
1997, rating Sky PG, 95 mins
8.00 PM **8.00 Daylight**
Sylvester Stallone, Dan Hedava
Subterranean disaster flick. A
massive explosion on the New
Jersey Tunnel results in both
ends of the tunnel collapsing. The
9.00 PM handful of people who survived
are trapped in the central section
and must rely on a former
emergency medic to get them out
before that too collapses. Text
1996, rating Sky 12, 110 mins
10.00 PM **10.00 Grosse Pointe Blank**
John Cusack, Minnie Driver,
Dan Aykroyd, Joan Cusack
Black comedy about a hit man's
return to his home town to carry
out a murder and drop in on his
11.00 PM high school reunion. There he
meets an old flame, as well as a
rival hit man and two FBI
heavies. Text *1997,*
rating Sky 15, 103 mins
11.50 The Spitfire Grill
12.00 *Ellen Burstyn, Alison Elliott*
Touching drama. Text *1996,*
rating Sky 12, 112 mins
1.50am Foxfire
Hedy Burress, Angelina Jolie
Drama. *1996, rating Sky 18, 98 mins*
3.35-5.00am North Star
James Caan, Christopher Lambert
1995, rating Sky 15, 85 mins

NIGHT TIME

SKY MOVIEMAX
PREMIUM CHANNEL

7.00am Femmes Fatales: Glenn Close 7.30 Movie Magic: In Living Color 8.15 Action Heroes: Harrison Ford
9.00 Buck and the Magic Bracelet Widescreen
1996, rating Sky PG, 95 mins
11.00 Heart Full of Rain
1997, rating Sky PG, 87 mins
1.00pm Femmes Fatales
1.30 Movie Magic: In Living Color
2.15 Action Heroes

3.00 Buck and the Magic Bracelet
Matt McCoy, Abby Dalton, Felton Perry, Conrad Nichols
Action adventure about a teenager and his dog. After narrowly escaping an attack on his prospecting camp, Buck and his dog use a shaman's magical bracelet to hunt down their assailants. Widescreen *1996, rating Sky PG, 95 mins*

5.00 The Kid
Rod Steiger, Jeff Saumier, Ray Aranha
Boxing drama about a young man with a bright future in the ring ahead of him. However he must keep his career hidden frm his parents, a fact which his chief rival uses to his advantage with violent and dramatic consequences. *1997, rating Sky PG, 86 mins*

7.00 Heart Full of Rain
Rick Schroder, Richard Crenna, Carroll Baker, Kim Dickens
Drama in which a prodigal son returns to the family farm after a six-year-long absence. The family are forced to look deep into their hearts to finally forgive their errant son at a time when the family home is threatened by floodwaters. *1997, rating Sky PG, 87 mins*

9.00 Rescuers: Stories of Courage – Two Women
Elizabeth Perkins, Anne Jackson, Sela Ward, Al Waxman, Brittany Ali
PREMIERE Powerful, fact-based drama about a pair of women who come to the aid of persecuted Jews during World War II, regardless of the risks to their own lives. *1996, 88 mins*

11.00 Warlord: Battle for the Galaxy
Rod Taylor, John Pyper-Ferguson
PREMIERE Sci-fi adventure. A warrior must rescue his sister. *1997, rating Sky PG, 103 mins*

12.35am Silent Lies
Elizabeth Anne Allen Widescreen
1996, rating Sky 18, 88 mins
2.10 Mr Wrong
Text *1996, rating Sky 12, 93 mins*
3.50 Scene of the Crime
1996, rating Sky 18, 92 mins
5.25-7.00am The Kid
1997, rating Sky PG, 86 mins

Liza Minnelli won an Oscar for her performance in the musical 'Cabaret'. FilmFour 8.15pm

SKY CINEMA
PREMIUM CHANNEL

4.00pm The Dark Avenger
Errol Flynn, Joanne Dru, Patrick Holt, Peter Finch, Christopher Lee, Yvonne Furneaux, Michael Hordern
Action-packed, swashbuckling adventure in which a royal-blooded swordsmaster battles anyone who threatens the British empire. *1955, 85 mins*

6.00 Evil of Frankenstein
Peter Cushing, Sandor Eles, Peter Woodthorpe, Kiwi Kingston, Duncan Lamont
Hammer horror film. A penniless Dr Frankenstein discovers his monster, perfectly preserved in a block of ice, and sets out to bring it back to life with the aid of a mesmerist. However, the hypnotist has plans of his own. *1964, rating Sky PG, 83 mins*

8.00 The Abyss
Ed Harris, Mary Elizabeth Mastrantonio, Michael Biehn, Leo Burmester, Todd Graff
Oscar-winning sci-fi adventure. A deep-sea mission to rescue a nuclear submarine encounters something far more surprising in the depths of the ocean. After a series of strange encounters, the team discovers evidence of a mysterious life force inhabiting the ocean depths. *1989, rating Sky 15, 134 mins*

10.20 Brubaker
Robert Redford, Yaphet Kotto, Jane Alexander, Morgan Freeman, Murray Hamilton, David Keith, Matt Clark
Drama about a reform-minded prison warden who sets out to expose ill-doings and corruption in the Deep South's jail system. *1980, rating Sky 15, 126 mins*

12.30am Shanghai Triad
Chinese drama. Widescreen
1995, rating Sky 15, 103 mins
2.20 The Effect of Gamma Rays on Man-in-the-Moon Marigolds
Joanne Woodward, Nell Potts
1972, rating Sky 15, 97 mins
4.00-5.25am A Holiday Affair
1949, rating Sky U, 83 mins

MOVIE RATINGS

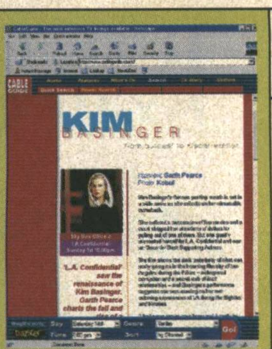
Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm
When the Lion Roars
Patrick Stewart hosts the fourth part of a comprehensive and entertaining documentary about Metro-Goldwyn-Meyer, the most lavish of all the Hollywood studios. The programme includes classic clips, rarely seen footage, and interviews with studio employees, from designers to stars.

11.00 Cannery Row
Nick Nolte, Debra Winger, Audra Lindley, Frank McRae
Drama about the relationship between a former baseball pitcher and a drifter-turned-prostitute. *1982, 115 mins*

1.15am Brainstorm
Christopher Walken, Natalie Wood, Louise Fletcher, Cliff Robertson
Sci-fi chiller. Widescreen
1983, 102 mins
3.15-5.00am Buddy Buddy
Jack Lemmon, Walter Matthau
Black comedy. *1981, 92 mins*


KIM BASINGER
'L.A. Confidential' saw the renaissance of Kim Basinger. Garth Pearce charts the fall and
Go!

Want to know what John Cusack movies are on this month? Our new online TV listings guide will tell you!
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FILMFOUR
ADD-ON CHANNEL

6.00pm The Train
Burt Lancaster, Paul Scofield, Jeanne Moreau, Michel Simon
John Frankenheimer's action-packed war-time thriller. A French railwayman with resistance sympathies is determined to foil a Nazi plot to make off with France's national art treasures before Paris is liberated by the Allies. *1964, 128 mins*

8.15 Cabaret
Liza Minnelli, Michael York
Bob Fosse's Oscar-winning musical set in Thirties Berlin. A singer working in the Kit Kat Club falls in love with the ersatz glamour of pre-war Germany. However, the slow rise to power of the Nazis threatens the decadent lifestyle of her peers. Songs include *Money Makes the World Go Round. 1972, 123 mins*

10.25 Bent
Clive Owen, Brian Webber, Lothaire Bluteau, Ian Mckellen
PREMIERE Sean Mathias' award-winning film. Two gay lovers are forced on the run by the Nazis for two years until they are captured. When one is murdered, the other denies his sexuality until he meets a fellow prisoner who wears his pink triangle with pride. *1997, 100 mins*

12.10am The Architect
12.40 My Knees Were Jumping: Remembering the Kindertransports
PREMIERE Documentary. *1995*
2.00 The Unbelievable Truth
Drama. *1989, 87 mins*
3.30-6.00am 1984
Orwellian drama. *1984, 108 mins*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
HOW TO BE A PLAYER
Lively sex farce starring Def Jam's Bill Bellamy as Dray, a playboy with a passion for ladies who finds his lifestyle under threat. With Natalie Desselle and Lark Voohries. *1997, rating Sky 18, 90 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
GATTACA
Uma Thurman and Ethan Hawke star in this science-fiction drama set in a genetically-perfect future. With Jude Law and Alan Arkin. *1997, rating Sky 15, 102 mins*
PLAYS AT 7.00am, 9.00am, 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
JACKIE BROWN
Comedy drama from Quentin Tarantino starring Seventies blaxsploitation icon Pam Grier, Samuel L Jackson and Michael Keaton. *1997, rating Sky 15, 148 mins*
PLAYS AT 6.00am, 9.00am, 12noon, 3.00pm, 6.00pm, 9.00pm, 12midnight, 3.00am

Sky Box Office 4
Channel 54
KISS THE GIRLS
Chilling thriller starring Morgan Freeman as a detective who investigates the kidnapping of his niece by a serial kidnapper who calls himself Casanova. With Ashley Judd. *1998, Sky 18, 110 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Monday 29 March

SKY ONE
ACTION/
SELECTION PACKS

7.00am Count Duckula 7.30 Grimmy 8.00 Earthworm Jim 8.30 Flash Gordon 9.00 Legend of the Hidden City 9.30 The Simpsons 10.00 The Simpsons 10.30 Xena Warrior Princess 11.00 Guilty! 11.30 America's Dumbest Criminals 12noon Tarzan: The Epic Adventures 1.00pm Mad About You 1.30 Jeopardy 2.00 Sally Jessy Raphael

3.00 Jenny Jones
Get My Kid Some Clothes That Fit
Parents come onto today's show because they hate the baggy clothes their children wear.

4.00 Guilty!
Guilty! tackles the crimes and misdemeanours committed by friends, lovers and families in a courtroom setting with judge and jury. With Carole Malone.

5.00 Star Trek: Voyager
The Q and the Grey
Science fiction drama. With the Continuum locked in civil war, Q arrives on the ship with a proposition. Text

6.00 Guilty!
Tight Wad Vicar
Courtroom problem solving.

6.30 Friends
The One at the Beach
Guest starring Teri Garr. Text

7.00 The Simpsons
Bart Sells His Soul Text

7.30 The Simpsons
Bart Star
Cult animation. Text

8.00 Star Trek: Deep Space Nine
Profit and Lace
When Grand Nagus Zek is deposed, Quark poses as a female to help him out.

9.00 First Wave
Blue Agave
Cade is reunited with his deceased wife's best friend as he uncovers vital information about the aliens.

10.00 South Park
Cartman Gets an Anal Probe
Aliens land in South Park.

10.30 King of the Hill
Square Peg
Peggy teaches sex education.

11.00 Friends
The One at the Beach

11.30 Star Trek: Voyager
The Q and the Grey
Q arrives on the strip with a proposition for Captain Janeway

12.30am Law and Order
Everybody's Favourite Bagman

1.30-7.00am Long Play
Music throughout the night.

UK GOLD
LIFESTYLE/
SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 The House of Eliott
10.30 Rhoda
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Bugs
2.00 Dallas
2.55 The Bill
Out on a Limb

3.25 The Bill
Way Out West
Stamp and Quinnan play a prank on Jarvis.

3.55 EastEnders
Michelle's friends throw a surprise party for her.

4.30 Rhoda
The Separation
Rhoda and Joe decide to separate. With Valerie Harper.

5.00 All Creatures Great and Small
The Rough and the Smooth
Siegfried sings the praises of his new time-management system but mislays a personal diary.

6.00 Dynasty
The Cabin
Fallon learns something about Adam's past and asks the hospital to investigate.

7.00
Ever Decreasing Circles
Suburban domestic disharmony.

7.40
Last of the Summer Wine
Yorkshire-based comedy with Bill Owen.

8.20 The Brittas Empire
Brittas finalises the plans for the Royal opening of the Whitbury Leisure Centre.

9.00 Casualty
Finders Keepers
The Hannah Thomas case troubles the staff, as Hannah's sister complains about misconduct over her death.

10.05 Silent Witness
Sins of the Fathers
Drama series about a forensic pathologist. A charred body is found in a burnt-out restaurant owned by the father of a Vietnamese student Sam knows. Starring Amanda Burton, John McGlynn, Clare Higgins, Teo Wa, Daryl Kwan and Rex Wei.

12midnight The Bill
Out on a Limb
12.30am The Bill
1.00 Between the Lines
1.55 Blackadder Goes Forth
2.30-3.00am
The Man from Auntie

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Special Babies
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 The Heat is On
12.10pm Through the Keyhole
12.40 Rescue 911
1.10 Beyond Belief: Fact or Fiction
1.40 Maury Povich
2.30 Special Babies

3.00 Living Room
An upbeat and humorous magazine programme, featuring human interest stories, celebrities, fashion and beauty.

3.50 Michael Cole
No-holds-barred talk show.

4.40 Through the Keyhole

5.10 The Heat is On

5.40 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock.

6.15
The Jerry Springer Show
Outrageous talk show in which Jerry Springer and his guests engage in lively discussion about relationship issues.

7.05 Rescue 911
Footage of real-life rescues by American emergency services. With William Shatner.

7.35 Animal Rescue
Watch dramatic animal rescues.

8.00 LA Law

9.00 FILM: Lifeline
Lorraine Bracco, Lisa Jakub, Jean-Marc Barr
Fast-moving adventure thriller in which a renowned American scientist travels to the south of France to find her missing daughter. On her way, she meets a yachtsman who has fallen victim to a group of unknown assailants. *1995*

11.00-12midnight
The Spicy Sex Files
Erotic Rubber
Talk show dealing with the more imaginative aspects of sex.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 Holding the Fort 7.30 The Odd Couple 8.00 Families 8.30 Mind Your Language 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Upstairs, Downstairs 11.00 The Gentle Touch 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Mind Your Language 1.30 Me and My Girl 2.00 Upstairs, Downstairs

3.00 The Love Boat
The Last of the Stubings
Stubing's gangly klutz of a nephew joins the crew, and an embezzler is strongly attracted to a beautiful woman.

4.00 The Professionals
Dead Reckoning
CI5 face death and double-dealing when an exchanged British spy returns with a mixed bag of loyalties.

5.00 Hart to Hart
The Dog Who Knew Too Much
The Harts are stalked by industrial spies when they care for a dog carrying a valuable biogenetic formula.

6.00 Emmerdale
Kim and Frank suspect Aindow.

6.30 Coronation Street
Mike begins to realise that starting a family is not such a bad prospect.

7.00 The Professionals
A Hiding to Nothing
Doyle has a licence to love after a ministerial secretary betrays summit talk security to her agent lover.

8.00 The Benny Hill Show
Comedy icon Benny Hill in a series of hilarious sketches, featuring a host of quirky characters, guest stars and a bevy of beauties.

9.00 The Sweeney
Poppy
Seventies police drama.

10.00 Hale and Pace

10.30-11.00pm
Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Rally World
Eric Michell presents rally action from around the globe.

11.30 The Power House
Motoring series which looks at modified cars.

12midnight 2 Wheels
Weekly biking magazine.

12.30am Motor Week
Weekly look at the motoring industry.

1.00 Through the Gears
The motoring and bike magazine.

1.30-2.00am 4 Wheels Good
Classic and modern motoring.

DISNEY CHANNEL
ADD-ON/
PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof 8.30 Timon and Pumbaa 9.00 Art Attack 9.35 Doug 10.00 Recess 10.15 Pepper Ann 10.30 Ned's Newt 10.45 Microsoap 11.00 Teen Angel 11.30 Crash Zone 12noon Smart Guy 12.30pm Boy Meets World 1.00 Dinosaurs 1.30 Amazing Animals 1.55 Winnie the Pooh 2.10 Bite Size 2.20 Bear 2.45 Winnie the Pooh

3.00 The Little Mermaid
The undersea adventures Ariel and her friends.

3.30 Art Attack
Award-winning art show hosted by Neil Buchanan.

4.00 101 Dalmatians
Canine capers.

4.30
Hercules: The TV Show
Muscle-bound hunk and high school hero – that's Hercules.

5.00 Recess
American animation. Text

5.15 Pepper Ann

5.30 Smart Guy
TJ is unpopular again for being too smart for his own good. Text

6.00 Teen Angel
Steve takes Katie to her Indian Girl meeting. Text

6.30 Boy Meets World
Fraternity Row
Teenage sitcom. Text

7.00
FILM: Mail to the Chief
Randy Quaid
Internet caper about a U.S. President who's having a crash computer course to help him make informed decisions about dangerous material on the net. *1998*

8.30 Honey, I Shrunk the Kids: The TV Show
Scientific fun with the Szalinskis.

9.15 Double Dinosaurs
Stone-Age sitcom based on an idea by Jim *Muppet* Henson. These dinosaurs are pre-hysterically funny.

10.00 Home Improvement
Death Begins at Forty Text

10.30 The Wonder Years

11.00-12midnight
Touched by an Angel

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

MONDAY CONTINUES OVERLEAF...

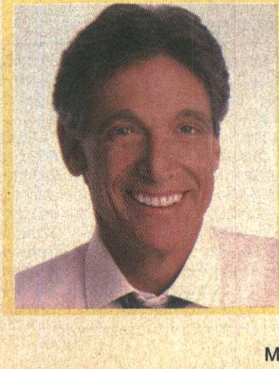
6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

CABLE CHOICE

FILM
Bent
FilmFour 10.25pm
Based on Martin Sherman's acclaimed stage play, this is the story of a pair of gay men on the run from the Nazis. After two years, they are captured – but en route to the concentration camp, one of the men is murdered and his partner finds himself alone.

GENERAL
Two Fat Ladies
UK Style 9.00pm
The two biggest women in the TV cookery business tour Britain to rediscover the traditional delights of home cooking. In this episode they travel to Leicestershire for an annual fund-raising fete, where they bake cakes to raise money for the church restoration.

ADVERTISEMENT



MAURY POVICH
10.50AM & 1.40PM

living

Maury Povich's one-hour talk show will be compelling, fast paced and distinguish itself from the other talk shows by taking a very personal approach to dealing with the emotional conflicts and problems facing his guests.

Monday 29 March

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

7.30am Figure Skating
9.30 Rugby
10.30 FIA World Rally Championship
Highlights from Portugal.
11.00 Football
Highlights of Euro 2000 qualifying rounds.
1.00pm Superbike
2.30 Rally
Complete highlights of the Granada to Dakar rally.

4.00 Football
Extensive highlights of Euro 2000 qualifying rounds. The qualifying tournament features nine groups from 49 countries, competing for places in the finals.

6.00 Bowling
1999 Golden Bowling Ball in Dresden. Highlights of the second round of the women's event.

7.00 Yoz Mag – Youth Only Zone
Sports magazine featuring skiing, paragliding, and wakeboarding.

8.00 Trial
Highlights of the Indoor World Cup from Madrid, Spain.

9.00 Strongest Man
Strongmen Helsinki Grand Prix in Finland. Highlights of the first event of the season, held on 6 March.

10.00 Football
Coverage of the European Championship Legends.

11.00 Boxing
International contest.

12midnight-12.30am Superbike
Highlights of the World Championships in Kyalami, South Africa.

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Rugby League: Challenge Cup Semi-Final
Repeat from Sunday
8.30 Snow Show
9.00 Racing News
9.30 Aerobics Oz Style
10.00 Superbikes: South Africa
12noon Aerobics Oz Style
12.30pm What a Weekend
1.00 World Motor Sport
Highlights from the world of motor sport, including everything from the frantic pace of the Indy Racing League, to the never-say-die approach of the NASCAR series.

4.00 Powerboat and Jetsport
Action from America, Asia, Africa and Europe.
4.30 Totalsport
Magazine programme.

5.00 Max Power
Two and four wheel motorsport from around the world, including touring cars, single seaters, and off-road events.

6.00 Sky Sports Centre
Sports news service.
6.30 What a Weekend
All the developments from the weekend's sport.

7.00 Football League Review
Highlights of the recent Nationwide league action, including every goal scored.

8.00 World Wrestling Federation – Wrestlemania
Extended highlights of the World Wrestling Federation's Wrestlemania event, featuring all the best action.

11.15 Sky Sports Centre
Sky Sports' regular news programme.
11.30 You're On Sky Sports!
Viewers' soapbox.
12.15am Football League Review
1.15 Sky Sports Centre
1.30 You're On Sky Sports!
2.15 V-Max
2.45-3.00am Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style
7.30 Racing News 8.00 Gillette World Sport Special
8.30 Rugby Union Update
10.30 Ford Golf USA: Players Championship
Highlights from the closing day's play. *Repeat from Sunday*
2.30pm What a Weekend
All the developments from the weekend's sport.

3.00 International Cricket: West Indies v Australia – LIVE
The third Test between West Indies and Australia continues in Bridgetown, Barbados with live coverage of the fourth day.

5.00 Powerboat and Jetsport World
Action from America, Asia, Africa and Europe.
5.30 International Cricket: West Indies v Australia – LIVE
Live coverage of the fourth day's play between West Indies and Australia as the action continues from Bridgetown, Barbados.

10.00 World Motor Sport
Highlights from the world of motor sport, including everything from the frantic pace of the Indy Racing League, to the never-say-die approach of the Nascar series.

1.00am International Bowls: Australia v England
Action from the Singles phase of the second bowls Test between Australia and England.
3.00-3.15am Sky Sports Centre

SKY SPORTS 3
PREMIUM CHANNEL

12noon Sports Unlimited
Focusing on those sports that rarely make it into the public eye, *Sports Unlimited* lifts the lid on such diverse activities as mountain biking and skating.
1.00pm Rugby Union Update
The very latest action from the rugby union world.

3.00 World Wide Rugby: Super 12s Tournament
Further action from rugby union's exciting Super 12s tournament, which features clubs from South Africa, Australia and New Zealand.

5.00 Football League Review
Highlights of all the goals from the Nationwide League, alongside news, views and features.

6.00 V-Max
High-speed action on land, water and in the air.
6.30 Totalsport
Sporting action from around the world.

7.00 Fish TV: Tony Dean Outdoors
7.30 Fish TV: Gone Fishing
Fishing in New Zealand and the South Pacific.

8.00 International Bowls: Australia v England
Action from the singles phase of the second bowls Test between Australia and England.

10.00 Shell's Wonderful World of Golf: Souchak v Rodriguez
Featuring Mike Souchak and Chi-Chi Rodriguez.
11.00-11.30pm A to Z of Motorsport
Motor racing nostalgia with archive footage.

For a full rundown of all the live sport on Cable TV, BBC1, BBC2, ITV, Channel 4 and Channel 5, visit Cable Guide's new online programme guide. http://www.cableguide.co.uk

MUTV
ADD-ON CHANNEL

6.00pm Game On
6.15 The Insiders
Meet the unsung heroes.
6.30 Kids Clinic
Players pass on top tips and technical advice.
7.00 Red Hot News
The latest developments from Old Trafford.
7.30 Red Legends
Red Legends talking about their greatest memories.
8.00 Super Match – Premier Classic: Bolton v Manchester United
Action from Burnden Park.
8.55 Red Hot Update
9.00 Super Match – Premier Classic: Bolton v Manchester United
Continues the classic encounter at Burnden Park.
10.00 Talk of the Devils
Fans debate the latest news from Old Trafford.
10.45 Junior Masterfan
Quiz show.
11.15 Jump 'n' Pump
Aerobics programme.
11.30-12midnight Red Hot News
The latest developments.

SCI-FI
ACTION PACK

7.30am Bloomberg TV **8.00 Sightings 9.00 Battlestar Galactica 10.00 Quantum Leap 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon The Twilight Zone 1.00pm Tales of the Unexpected 1.30 Tales of the Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles**

3.00 Battlestar Galactica
The Super Scouts
A Galactican shuttle-craft filled with children is attacked by the Cylons.

4.00 The Incredible Hulk
Prometheus
Banner tries to reverse the effects of the process that turns him into the Hulk.

5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences. With Tim White.

6.00 Time Trax
Split Image
Darien encounters two beautiful but deadly twins who are beholden to his nemesis.

7.00 Quantum Leap
The Leap Between the States
Sam becomes caught in the middle of the American Civil War.

8.00 The Cape
Buried in Peace
A mission to repair a satellite goes awry. Stars Corbin Bernsen, Adam Baldwin and Tyra Farrell.

9.00 Babylon 5
Spider in the Web
A killer who has already murdered once aboard *Babylon 5* stalks Talia. Stars Claudia Christian.

10.00 FILM: XTRO II – The Second Encounter'
Jean-Michel Vincent, Tara Buckman
A secret US defence establishment suffers a setback when three scientists are transported into a parallel world. *1990*
11.45 Sci-Focus Special
12midnight VR.5
1.00am FILM: Witchboard – The Possession
David Nerman, Cedric Smith
A oujia board takes a man into a parallel universe. *1995*
2.45 Sci-Focus Special
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

5.00pm Trisha
Today's show from ITV.
6.00 The Mix
A rundown of the charts.
7.00 NBA '99
US basketball magazine.
7.30 Bedrock
An hour of fun with celebrity guests, music, webcams, and e-mail activity.
8.30 Wide Angle
Katie Derham looks how the week's news has been covered by the media.
9.00 Loved by You
The Tape
Sitcom about a couple keeping romance alive long after the wedding is over.
9.30 Maggie Winters
American sitcom about a woman who returns to her small-town roots when her big-city dreams go bust.
10.00 I Suppose You Think That's Funny
Liza Tarbuck hosts a celebrity panel game.
10.30 Days Like These
Sitcom set in Seventies Luton focusing on a group of teenagers and their parents.
11.00 Cold Feet
Adam and Rachel move in together, but Rachel's past catches up with her as they unpack. Stars James Nesbitt.
12midnight Coronation Street
Another chance to catch up with news from the street.
1.00am-2.00am Feature

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Eurochicks 12.20 ...nasty and Muttley 12.45 FILM: Flesh 1.00 The Five Minute Free View 1.05 FILM continues 2.00 Sorority Sex Kittens 2.25 FILM: Guilty as Sin 3.40 Teresa 4.10-5.30am FILM: One Way Ticket

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Gay Night: Man Hunt 12.10am Gay Night 12.20 Gay Night: Man Hunt 12.35 Gay Night: Rent 1.40 Gay Night 1.50 Gay Night: Boy Oh Boy 2.45 Gay Night 2.55 –4.00am Gay Night: FILM: Hazy Days of Summer

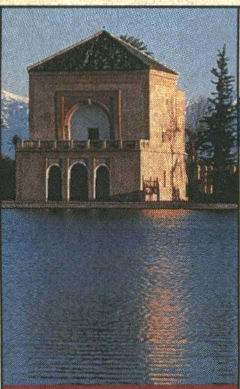
Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Dangerous Affairs
Erika Jaeger, Jim McCauley
Drama.
9.30 FILM: Unfinished Business
Peter Donat, Herriett Guiar
Drama. *1987*
10.50–12midnight FILM: Sensuous Summer
Tom Case, AG Roberto
Erotic drama. *1991*

Monday 29 March



Marrakech, the beautiful Moroccan city, is explored in 'Cities of the World'. Travel 5.00pm

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 Why Files 7.30 Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 Why Files 9.30 Indecent Proposals 10.00 Agony 10.30 The Fashion Show 11.00 Judge Judy 11.30 Mind Games 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 The Fashion Show 2.00 Judge Judy 2.30 Mind Games

3.00 Agony
More helpful advice for troubled souls.

3.30 Lie Detector
Unmasking deception using modern methods.

4.00
Indecent Proposals
Cash for foolishness.

4.30 Judge Judy
The feared American judge with another case.

5.00 Agony
More helpful advice for troubled souls.

5.30 The Why Files
Psychic investigations into the weird and the spooky.

6.00
The Fashion Show
What's hip to wear, and how to wear it.

6.30
Indecent Proposals

7.00 Sport at Seven: Women's Wrestling
Grappling women wrestle for the upper hand.

8.00 The Why Files
Psychic investigations into the weird and the spooky.

8.30 Judge Judy
The feared American judge with another case.

9.00 Lie Detector
Unmasking deception using modern methods.

9.30 Mind Games

9.57 Topless Darts
Shapely dart throwing.

10.00 Love Street
American erotic drama.

10.30 Exotica Erotica
Saucy late night entertainment for adults.

11.30 Blue Review

11.45 Painted Ladies

11.57pm Topless Darts

12midnight Love Street 12.30am Private Dancer 12.45 Pleasure Dome 1.00 Exotica Erotica 2.00 Orgasmatron 2.15 Janeycam 2.30 Love Street 3.00 Agony 3.30 The Why Files 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation L!VE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room

5.15 Cross Wits
Hosted by Tom O'Connor.

5.45
The Games Room

6.00 Family Fortunes
Hosted by Les Dennis.

6.30
The Games Room

6.45 Catchphrase
Hi-tech quiz.

7.15
The Games Room

7.25 100 Per Cent
General-knowledge quiz.

7.55
The Crystal Maze
Intrepid contestants tackle a series of ingenious games and fiendish challenges. Hosted by Richard O'Brien.

9.00
The Games Room

9.15 Strike it Lucky
Madcap gameshow.

9.45
The Games Room

10.00 Candid Camera

10.30
Karaoke Challenge
Exclusive karaoke competition hosted by Yvette Fielding.

11.00
Carnal Knowledge
The quiz show that rips open the bedroom curtains of the British public. Hosted by Maria McErlane.

12midnight Strike it Lucky
12.30am Split Second
1.00 3-2-1
2.00 Love at First Sight
2.30 Studs
3.00 Simply Irresistible
3.30 Blockbusters
4.00 Fifteen to One
4.30 Don't Drink the Water
5.00-6.00am Screenshop

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Coxon's College 10.00 Restaurant Show 10.30 Nancy Lam's Wok Wiz 11.00 Worrall Thompson 11.30 Ideal Home Cooks 12noon Network 12.30pm Nordic Nosh 1.00 Coxon's College 1.30 Tessa's Tastebuds 2.00 Ed Baines 2.30 Network
3.00 Cooked in a Flash
3.30 Ideal Home For Cooks
4.00 Ross in Thailand
4.30-5.00pm
Gordon Ramsay's Passion for Flavour

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show presented by Bill Dodd.

5.30 Gridlock
Hosted by Simon Biagi.

6.00 My Two Wives
Big Deal
Starring Peter Fisher.

6.30 Our House
Unusual places that people call home. With Suzi Becker.

7.00
Shine On, Harvey Moon
Sisters and Brothers
Harvey's plans to attend the TUC conference in Brighton are scuppered by his boss.

8.00
Birds of a Feather
Mrs Robinson

8.30 A Kind of Living
Starring Richard Griffiths and Frances de la Tour.

9.00 The Ruth Rendell Mysteries:
An Unwanted Woman
First in a two part series in which a 90-year-old woman dies following an argument.

10.00 Big Sky
Shadow Chasers
Chris joins Lightfoot as a secret agent to investigate gun-running. Starring Gary Sweet and Rhys Muldoon.

11.00
Hill Street Blues
Eighties American police drama set in a tough urban area. Starring Daniel J Travanti and Bruce Weitz.

12midnight My Two Wives
Big Deal
Sitcom starring Peter Fisher and Linda Newton.

12.30am-1.00am Gridlock
Gameshow in which contestants battle their way through five quick-fire rounds of word puzzles.

ANIMAL PLANET
WORLD PACK

12noon The New Adventures of Black Beauty
12.30pm Hollywood Safari
Dreams
1.30 Deadly Australians
Coastal and Ocean
2.00 It's a Vet's Life
Jane Beckwith visits a school which has its own farm.
2.30 Human/Nature
Reporters travel the world charting man's relationships with animals and the elements.

3.30 Harry's Practice
A look at the work of vet Harry Cooper in his practice in northern Tasmania.

4.00 Jack Hanna's Animal Adventures
Uganda Gorillas

4.30 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.

5.00 Pet Rescue
Follow the fortunes of rescued animals.

5.30
Deadly Australians
Forest

6.00
The New Adventures of Black Beauty
Children's drama series.

6.30 Lassie
Dog Gone It

7.00 Rediscovery of the World
Borneo –
Forests without Land
Jacques Cousteau's classic global journey.

8.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.

8.30 Going Wild with Jeff Corwin
See the wildlife of Alaska.

9.00 Wild at Heart
Lions of Tanzania

9.30 Emergency Vets
Animal treatment stories from Alameda East Veterinary Hospital, Denver.

10.00
Profiles of Nature
Venomous Spiders
Psychologists believe that we are programmed with a fear of spiders.

11.00
Breed All About It
Great Danes
A profile of this gentle giant.

11.30-12midnight
Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Simon's War
7.50 The Great Egg Race
8.30 Vanessa
9.30 Esther
10.00 Back to the Floor
10.30 Lion Country
11.00 Full Circle with Michael Palin
12noon Masked Monkeys
1.00pm The Day the Universe Changed
2.00 Clive James

3.00 Plastic Fantastic
A look at plastic surgery.

3.30 Esther
Golden Oldies
Meet 84-year-old abseiling Gwen.

4.00 Vanessa
Vanessa Feltz tackles real-life issues with a studio audience, and together they try to come up with some answers

5.00 Animal Hospital Roadshow
Meet people and their pets around Britain.

5.30 Lion Country
With Paul Heiney.

6.00 Hitler and the Invasion of Britain
A look into fresh evidence suggesting that Hitler had his sights on Russia before the Battle of Britain.

7.00 Tomorrow's World Plus
Peter Snow and Philippa Forrester present reports about the future of science and technology.

8.00 Wildlife on UK Horizons
A Monkey for All Seasons
With David Attenborough.

8.30 Zoo's Company
Urban Gorillas

9.00 Face to Face: David Attenborough
Jeremy Isaacs talks to Sir David Attenborough about his life, work and achievements.

10.00 The Clampers
Series following teams of British traffic wardens.

10.30
Back to the Floor
Running Water

11.00 Robot Wars
Game show involving robotic challenges.

11.30 Crime Limited

12midnight
Pandora's Box

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Psychic Livetime
7.00 Astrology Livetime
8.00 E! Celebrity Profile
9.00 Restaurant Recipes
9.30 Healthbeat
10.00 The View
11.00 The Pet Show
11.30 Gorgeous Gardens
12noon
The Montel Williams Show
1.00pm Agony Livetime
2.00 The View

3.00 Agony Livetime
Interactive magazine programme that offers viewers the opportunity to put questions to celebrity guests and leading experts.

4.00 The Montel Williams Show
My Ex is Trying to Hurt Me
US chat show dealing with topical issues.

5.00 Club Vegetarian
A look at the world of vegetarian food.

5.30-6.00pm
Gorgeous Gardens

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
A Lizard's Summer
Lizards of Western Europe.

7.30 Last of the Dancing Bears
Captive bears in Turkey.

8.00 Elephant
Of all the creatures that walk this Earth, elephants are the biggest, the strongest and among the most intelligent.

9.00 The Amazing World of Mini Beasts: A Saga of Survival
A portrait of invertebrates on safari through a garden in Australia.

10.00
Lost Worlds: Mystery Tomb of Abusir
See the opening of a tomb.

10.30 Who Built the Pyramids?

11.00 Lost Worlds: Lost Kingdoms of the Maya
New evidence about the sudden collapse of the Maya civilisation in Mexico.

12midnight-1.00am
On the Edge: Ice Walk
Follow the dramatic, humorous and dangerous North Pole expedition by Robert Swan, a bid to draw attention to the growing detrimental effects of pollution in the polar regions.

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits
9.00 Bytesize MTV
11.00 brand:new
12noon Mad 4 Hits
2.00pm US Top 20
MTV's weekly update on Stateside chart action with a rundown of videos for the most requested songs in the Billboard Hot 100
3.00 Bytesize MTV
4.00 Select MTV
Presented by Donna Air.
6.00 Bytesize MTV
7.00 brand:new
8.00 Hit List
Cat Deeley with the latest and the biggest singles in the UK.
9.00 News Daily Edition
9.30 Say What?
10.00 Ultrasound NEW
10.30 UK Singled Out
11.00 Mad 4 Hits
12midnight Superock
An ironic look at rock excess, and a look at the newest releases.
1.00am Ultrasound
Revenge of the Boy bands.
1.30 UK Singled Out
2.00-6.00am Night Videos

VHI
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 Upbeat 12noon Ten of the Best: Crowded House 1.00pm Greatest Hits of... The Police 1.30 Pop-Up Video 2.00 Jukebox 4.00 Behind the Music: Meatloaf 5.00 Five@Five 5.30 Pop-Up Video 6.00 Happy Hour with Toyah Willcox 7.00 VH1 Hits 8.00 The VH1 Album Chart Show 9.00 Bob Mills' Big 80s 10.00 Greatest Hits: The Police 11.00 Ed Sullivan 11.30 Talk Music 12midnight VH1 Country NEW **1.00am American Classic 2.00-6.00am VH1 Late Shift**

TRAVEL
FREE BONUS CHANNEL

12noon Tread the Med 12.30pm Guadeloupe 1.00 Holiday Maker 1.15 Holiday Maker 1.30 Floyd on Oz 2.00 Flavours of Italy 2.30 An Australian Odyssey 3.00 Alaska Alive 4.00 Go 2 4.30 Across the Line: The Americas 5.00 Cities of the World 5.30 Pathfinders 6.00 Floyd on Oz 6.30 On Tour 7.00 Tread the Med 7.30 Guadeloupe 8.00 Travel Live 8.30 Go 2 9.00 Alaska Alive 10.00 An Australian Odyssey 10.30 Across the Line: The Americas 11.00 On Tour 11.30-12midnight Pathfinders

UK STYLE
LIFESTYLE PACK

7.00am Gluck, Gluck, Gluck 7.30 Changing Rooms 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Style Challenge 9.30 Change That 10.00 Antiques Roadshow 11.00 Gardeners' World 11.30 The Terrace 12noon Can't Cook, Won't Cook 12.30pm Style Challenge 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Floyd's American Pie 2.30 Home Front in the Garden 3.00 Stefan's Garden Roadshow 3.30 Can Ski... Will Ski! 4.00 Stefan Buczacki's Gardening Britain
4.30 Antiques Roadshow
5.30 Can't Cook, Won't Cook
6.00 Wilderness Walks
6.30 The Air Show
7.00 Antiques Roadshow
8.00 Style Challenge
8.30 Change That
9.00 Two Fat Ladies
9.30
Celebrity Ready, Steady, Cook
10.00 Antiques Roadshow
11.00 Gardeners' World
11.30 Growing Places
12midnight
Gardening Neighbours
12.30am-1.00am Travel Xpress

Monday 29 March

MORNING
6.00 AM
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Gourmet 6.30 Yan Can Cook 7.00 Homemaker 7.30 Period Rooms 8.00 Wedding Story 8.30 Baby Story 9.00 Painting 9.30 Gardening Plot 10.00 Instant Gardens 10.30 Cookabout 11.00 Diceman 11.30 Rex Hunt 12noon Our House Down Under 12.30pm Antiques 1.00 Our House 1.30 Home Savvy 2.00 Workshop 2.30 Home Again 3.00 This Old House 3.30-4.00pm Fishing

DISCOVERY
WORLD PACK

4.00pm Rex Hunt's Fishing Adventures
Cape Don

4.30
A River Somewhere
Wyoming

5.00 Searching for Lost Worlds
Skull Wars
One man's mission to prove that Africa was the birthplace of humanity.

6.00 Wildlife SOS
Behind the scenes at Wildlife Aid in Leatherhead.

6.30 Born Wild
A look at the wildlife of the African continent, from the Kalahari desert to the plains of the Serengeti.

7.30 Futureworld
Reality Bites
Exploring developments in technology.

8.00 Twisted Tales
Crocodile

8.30 Twisted Tales
Snake
Looks at different cultures' relationships with snakes.

9.00 Nature's Greatest Hits
How great a risk do natural disasters pose to humanity?

10.00 Origins of the Universe
A look at how we perceive life on earth, from the perspective of religion and myth, against scientific fact.

11.00 Wings
Landing Zone Vietnam
How helicopters were used during the Vietnam War to transport soldiers into fighting zones.

12midnight
Amazing Earth
The Violent Present
A look at the most violent meteorological events in the earth's history.

1.00am-2.00am
Searching for Lost Worlds
Skull Wars

SKY SOAP
LIFESTYLE PACK

11.00am
Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm
As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
3.30-4.00pm
Emmerdale Farm
Dolly is the subject of gossip.

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Blinky Bill 6.00am The Magic Roundabout 6.30 The Tidings 7.00 Tabaluga 7.30 Looney Tunes 8.00 The Powerpuff Girls 8.30 Cow and Chicken 9.00 Dexter's Lab 9.30 Ed, Edd 'n' Eddy 10.00 Superman 10.30 Batman 11.00 Animaniacs 11.30 Beetlejuice 12noon Tom and Jerry 12.30pm Looney Tunes 1.00 Scooby-Doo 1.30 The Flintstones 2.00 Wacky Races 2.30 2 Stupid Dogs

3.00 Mask
Madcap antics provided by the ancient magical mask.

3.30 I am Weasel
Animated heroics with the all-American rodent.

4.00
The Powerpuff Girls
Animated girl power action.

4.30
Dexter's Laboratory
Bedroom chemical chaos.

5.00 Ed, Edd 'n' Eddy
Adolescent escapades.

5.30
Cow and Chicken
More animated lunacy with the mismatched siblings.

6.00 Freakazoid!
Fun-filled freaky toons.

6.30 The Flintstones
Fun with the good ol' boys of Bedrock – and their long-suffering wives.

7.00 Tom and Jerry
Madcap comic antics with the constantly sparring cat and mouse duo.

7.30 Looney Tunes
Classic cartoon capers.

8.00
Cartoon Cartoons
The best modern animation.

8.30-9.00pm
Cult Toons

More action in Gotham City with 'Batman'. Cartoon Network 10.30am

THE HISTORY CHANNEL
WORLD PACK

4.00pm Vimy – Birth of a Nation: Together We Stand
The story of the Battle Of Vimy Ridge.

5.00 Project Cancelled: The Bristol Brabazon
The story of the doomed behemoth passenger 'plane.

6.00 Miraculous Canals of Venice

7.00 Fabulous Fortunes: New Tycoons – Mavericks

7.30-8.00pm
I, Witness: Aftermath

NICKELODEON
FAMILY PACK

6.00am Brothers Flub
7.00 Aaahh!!! Real Monsters
8.00 CatDog
9.00 Rugrats
10.00 The Wild Thornberries
11.00 Sabrina the Teenage Witch
12noon Moesha
1.00pm Renford Rejects
2.00 Hey Arnold!

3.00 Rugrats
Fun with the toddlers

4.30 Sister Sister
Fun with the identical twins and their parents.

5.00-7.00pm
Kenan & Kel
More adventures with the two funky friends.

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
Jenny and Maggie in LA.

7.30 Grace Under Fire
Finders Keepers

8.00 Ellen
The Pregnancy Test

8.30 Spin City
Wonder Woman
Mike begins trying to get Laurie to commit to him.

9.00 Drop the Dead Donkey
George suddenly turns tyrant overnight.

9.30 Whose Line is it Anyway?

10.00 Frasier
The Show Where Lilith Comes Back
Frasier and Lilith reunite.

10.30 Cheers
Fifty Fifty Carla

11.00 Seinfeld
The Boyfriend

11.30 The Larry Sanders Show
Office Romance
Larry dates Darlene.

12midnight Late Night with David Letterman
1.00am Taxi
1.30 Frontline
2.00 Dr Katz
2.30 Tibs and Fibs
3.00 Nightstand
3.30-4.00am
Abbott and Costello

SKY TRAVEL
LIFESTYLE PACK

11.00am Trailside
11.30 Sky Destinations
12noon
American Adventurer
12.30pm Islands in the Sun
1.00
Travels with Chuck Henry
1.30 Holiday Reflections
2.00 Independent Travellers' Guide
3.00 Around the World
3.30-4.00pm
World's Weirdest Places

FOX KIDS
FAMILY PACK

6.00am Dodo 6.05 Masked Rider 6.30 Beetleborgs 6.55 Power Rangers 7.45 Surfer 8.10 Kombat 8.35 Mowgli 9.00 Goosebumps 9.25 Eerie Indiana 9.50 Home 10.00 Goosebumps 10.25 Mad Jack 10.50 Spy Dogs 11.00 Goosebumps 11.25 Dennis & Gnasher 11.50 Sam & Max 12noon Goosebumps 12.25pm Hulk 12.50 Home 1.00 Goosebumps 1.25 Fantastic Four 1.50 Casper 2.00 Goosebumps 2.25 X-Men 2.50 Spy Dogs

3.00 Goosebumps

3.25 Oggy and the Cockroaches

3.30
Fox Kids X-Press

3.35 Spiderman

4.00 Goosebumps
More spooky stories.

4.25 Hero Turtles: The Next Mutation

4.50 Casper
Fun with the friendly ghost.

5.00
Dennis and Gnasher
More mischievous antics.

5.30 Ace Ventura
Animated adventures with the zany pet detective.

6.00
Donkey Kong Country

6.30 Eek!Stravaganza

6.55-7.00pm Oggy and the Cockroaches

SHOP!
LIFESTYLE/ SELECTION PACKS

12midnight Bargain Shop!
12.30am Shop! Selection
1.30 The Gift Store
2.30 Do it Yourself
3.00 Sporting Brands
4.00 On Screen
5.00 Branded!
6.00 Shop! Selection
7.00 Bargain Shop!
7.30 The Gold Collection
8.30 Dress for Less
9.30 Home Style
A look at furnishings and accessories for the home.
10.00 Y-Zone
11.00 The Gift Store
A special collection of unusual gifts from SF Cody.
12noon
The Gold Collection
Low-price offers on quality gold jewellery.
1.00pm Bargain Shop!
One-hour special of all the best bargains on Shop!
2.00 Shop! Selection
Roundup of all the best offers on Shop!
3.00 The Clothes Line
Fashion makeovers for three generations of women.
4.00 On Screen
The Nintendo hour.
5.00-6.00pm
Shop! Selection
Roundup of the best offers on Shop!

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Lifestyle at 9.00am.

CABLE CHECK
Some of the channels listed may not be available in your area

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 7.00 News 8.00 News 9.00 News 9.30 World Today 10.00 News 11.00 News 12noon News 1.00pm News 1.30 UK Today 2.00 News 2.30 World Today 3.00 News 4.00 News 5.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe 10.00 News 10.30 Interactive 11.00 News 11.30 USA 12midnight News 12.30am Zero 30 1.00 News 2.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 UK 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am World News 5.30 Pinnacle Europe 6.00 CNN This Morning 6.30 Best of Insight 7.30 Managing 8.30 Sport 9.30 Showbiz 10.00 NewsStand 11.30 Sport 12.30pm Biz Asia 1.30 Pinnacle 2.30 Report 3.30 Showbiz 4.30 Sport 5.30 Artclub 6.00 NewsStand 8.30 Business Today 9.30 Q&A 10.30 Insight 11.00 Business 11.30 Sport 12midnight World View 12.30am Moneyline 1.30am Showbiz 2.30 Q&A 3.00 Larry King 4.30-5.00am Newsroom

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 11.30 Money 12noon Sky News Today 2.30pm Your Call 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Primetime 12.30am CBS Evening News 1.30 Sky World News 2.30 Sky Business Report 3.30 Showbiz Weekly 4.30 The Book Show 5.30-6.00am CBS Evening News

INTERNATIONAL

TV5 5.00am Journal Télévisé 5.15 Journal des Journaux 5.30 Télématin 7.00 Journal Télévisé 7.30 Magellan 8.00 Infos 8.05 Zig Zag Café 9.00 Journal Télévisé 9.15 Fiction: L'Amour en Prime 11.00 Infos 11.05 Voilà Paris 11.30 Journal Télévisé 12noon Infos 12.05pm Mise au Point 1.00 Journal Télévisé 1.15 Fiction: L'Amour en Prime 3.00 Journal Télévisé 3.15 Questions. 3.30 Méditerranéo 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal Télévisé 5.15 Fiction: L'Amour en Prime 7.00 Journal Télévisé 7.30 Journal Télévisé 8.00 Infos 8.05 Le Point 9.00 Journal Télévisé 9.15 Cinéma: La Race des Seigneurs 11.00 Journal Télévisé 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Thekikaat 12.30pm Junoon 1.00 Swabimaan 1.30 FILM 4.00 Ek Kahani 4.30 Lahu Ki Phool
5.00 Inspector Vijay 5.30 Uran Chadini 6.00 Tiger 6.30 Lifeline 7.00 Swabimaan 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News
12midnight Swabimaan
12.30am Variety Programme
1.00 FILM 4.00 Inspector Vijay 4.30 Uran Chandini 5.00 Kaala Daira
6.00 Bhakti Sagar
6.30 News
7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Your Zindagi 6.30 Geet Gata Chal 7.00 Faith 7.30 News 8.00 Ru-Ba-Ru 8.30 Tara 9.00 Jaan 9.30 Banegi Apni Baat 10.00 Pal-Do-Pal 11.00 Jhat Pat Khana 11.30 Parampara 12noon FILM: Keemat 3.00pm Bangla TV 3.30 Ikke Pe Ikka 4.00 Akbar Birbal 4.30 Quiz Contest 5.00 Neeyat 5.30 Chahat Aur Nafrat 6.00 Music Mag 6.30 Teacher 7.00 Ghar Jamai 7.30 Filmi Baatein 8.00 News 8.30 Mausum 9.00 KTC Sa Re Ga Ma 10.00 The Big Debate 11.00 Shapath 11.30 Blunt 12midnight News 12.30am Aap Ki Adalat 1.00 Bangla TV 1.30 Parivartan 2.00 FILM: Bengali Movie 4.30 Revathi 5.00 Punjabi Folk Songs 5.30-6.00am Old is Gold

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Money Matters 4.45 John Avanzini 5.00 Victory 5.30 Jack Van Impe Presents 6.00 Global Harvest Force/Heart Connection 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV. 7.45 This is your Day 8.15 Money Matters 8.30 Catch the Fire 9.00 Another Day of Victory 9.30 Life in the Word 10.00 Power of Praise 10.30 A Call to Prayer 10.55-11.00am CMTV

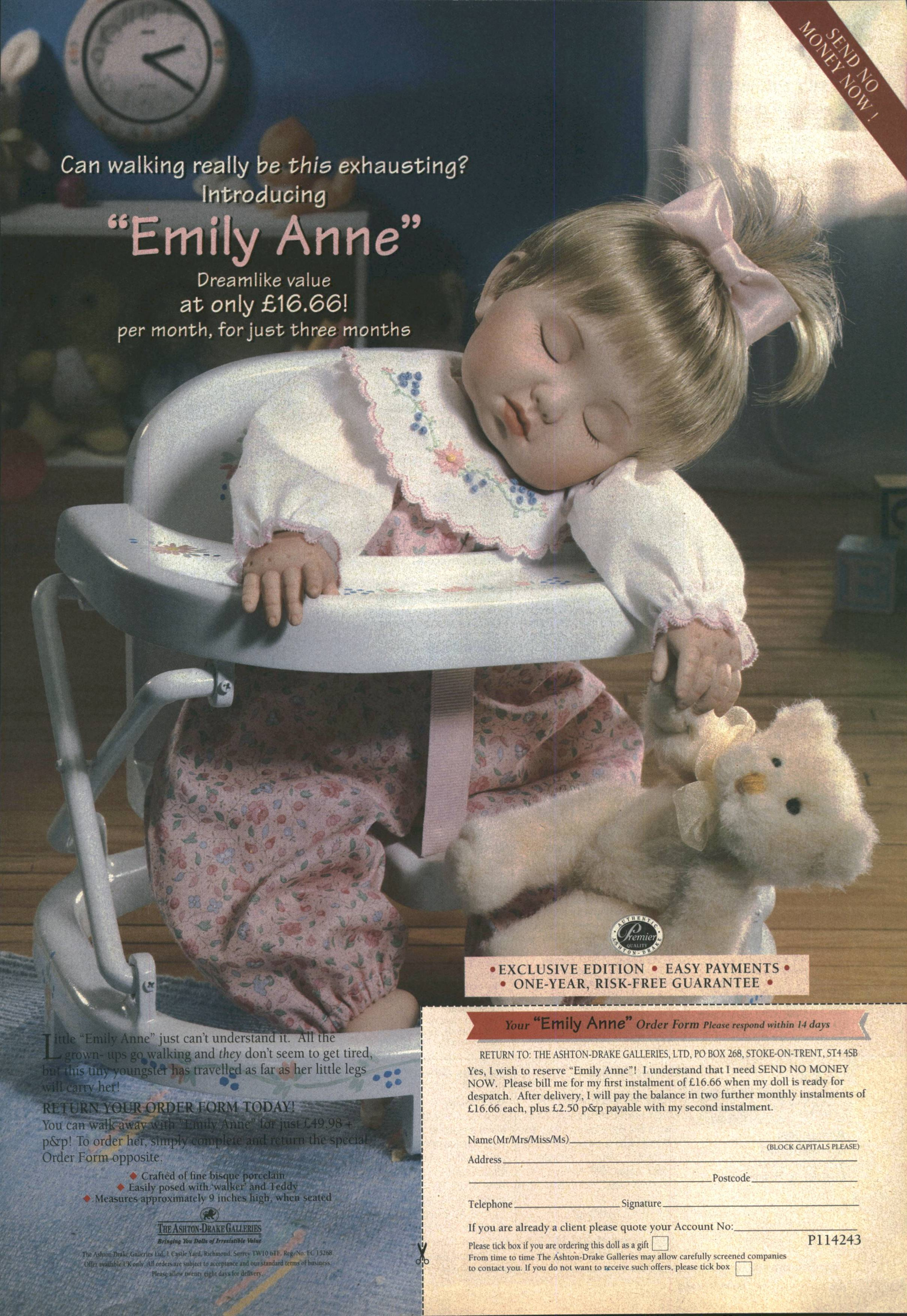
BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus: 2.15am Money 3.49 Boarding Pass 4.24am Sports

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am Select Committees
2.30pm House of Commons
11.00 The Record
11.30-12midnight
European Focus



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Introducing

"Emily Anne"

Dreamlike value
at only £16.66!
per month, for just three months

Little "Emily Anne" just can't understand it. All the grown- ups go walking and *they* don't seem to get tired, but this tiny youngster has travelled as far as her little legs will carry her!

RETURN YOUR ORDER FORM TODAY!

You can walk away with "Emily Anne" for just £49.98 + p&p! To order her, simply complete and return the special Order Form opposite.

- ◆ Crafted of fine bisque porcelain
- ◆ Easily posed with 'walker' and Teddy
- ◆ Measures approximately 9 inches high, when seated

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Yes, I wish to reserve "Emily Anne"! I understand that I need SEND NO MONEY NOW. Please bill me for my first instalment of £16.66 when my doll is ready for despatch. After delivery, I will pay the balance in two further monthly instalments of £16.66 each, plus £2.50 p&p payable with my second instalment.

Name(Mr/Mrs/Miss/Ms)____________________
(BLOCK CAPITALS PLEASE)
Address____________________
____________________ Postcode__________
Telephone__________ Signature__________
If you are already a client please quote your Account No:__________

P114243

Please tick box if you are ordering this doll as a gift ☐

From time to time The Ashton-Drake Galleries may allow carefully screened companies to contact you. If you do not want to receive such offers, please tick box ☐

Tuesday 30 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

SKY PREMIER

PREMIUM CHANNEL

6.00am The Lies He Told
1996, rating Sky PG, 88 mins
8.00 Forever Love
Reba McEntire, Tim Matheson
1998, rating Sky PG, 88 mins
9.50 Selena
Jennifer Lopez, Constance Marie
Text *1997, rating Sky PG, 122 mins*
12noon The Directors: The Films of Arthur Hiller
1.00pm Hollywood Buzz
2.00 The Lies He Told
Gary Cole, Karen Sillas
Riveting drama in which a lawless renegade, on the run from the authorities, lures a trusting young woman into a secret world of lust and deception. *1996, rating Sky PG, 88 mins*

4.00 Forever Love
Reba McEntire, Tim Matheson, Bess Armstrong, Heather Stephens, Scott Foley
Moving drama based on a true story about a young woman who falls into a coma. When she awakens 20 years later she has to reaquaint herself with her family and friends. *1998, rating Sky PG, 120 mins*

5.50 Selena
Jennifer Lopez, Edward James Olmos, Constance Marie, Jon Seda, Jacob Vargas, Lupe Ontiveros, Jackie Guerra
Compelling biography of the rise of the young Mexican Tejano-style singer who had a number one US bestselling album, but whose career was cut tragically short by her murder. Text *1997, rating Sky PG, 122 mins*

8.00 Air Force One
Harrison Ford, Glenn Close, Gary Oldman, Wendy Crewson
High-octane, high-altitude thriller in which the US President finds himself trapped on board a hijacked plane. When Russian communist radicals take command of the aircraft, the President must orchestrate a rescue. Text *1997, rating Sky 15, 120 mins*

10.00 Night Falls on Manhattan
Andy Garcia, Richard Dreyfuss, Lena Olin, Ian Holm
Thriller. A lawyer rises to the post of District Attorney, only to discover that the legal system is riddled with conspiracy when he is asked to be the prosecutor in a case against the man who tried to kill his father. Text *1997, rating Sky 15, 108 mins*

12midnight Backdraft
Kurt Russell, William Baldwin
Powerful firefighting drama.
1991, rating Sky 15, 131 mins
2.20 The People Vs Larry Flynt
Woody Harrelson, Courtney Love
Text *1996, rating Sky 18, 124 mins*
4.30-5.30am The Directors: The Films of Arthur Hiller

SKY MOVIEMAX

PREMIUM CHANNEL

7.00am Torn Between Two Lovers
1979, rating Sky PG, 89 mins
9.00 Invasion of the Astro Monster
1967, rating Sky U, 90 mins
11.00 The Last Best Year
Bernadette Peters, Kate Reid
1990, rating Sky PG, 92 mins
1.00pm Torn Between Two Lovers
Joseph Bologna, Lee Remick
1979, rating Sky PG, 89 mins

3.00 Invasion of the Astro Monster
Akira Takarada, Kumi Mizuno, Nick Adams, Keiko Sawai, Nick Adams, Jun Tazaki
Cult Japanese sci-fi movie in which aliens from the mysterious Planet X, attempt to pitch Godzilla against their own dangerous monsters – but do they have ulterior motives? *1967, rating Sky U, 90 mins*

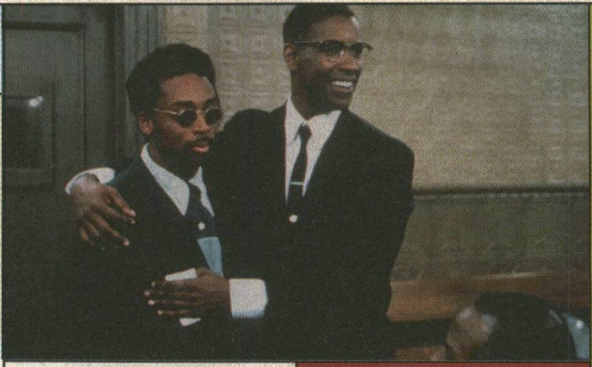
5.00 The Last Best Year
Bernadette Peters, Mary Tyler Moore, Kate Reid, Kenneth Walsh, Brian Bedford, Carmen Matthews
Moving drama about a young female executive who discovers that she has a terminal illness, and the psychiatrist who helps her come to terms with her impending death. *1990, rating Sky PG, 92 mins*

7.00 A Wing and a Prayer
Claudia Christian, Jeff Yagher
Tense made for television film about an aircraft which is struck by lightning and must rely on the skill and bravery of an air traffic controller if it is to land safely. Adding further pressure to her life-saving task is the fact that her own husband is one of the terrified passengers. *1998, rating Sky PG, 88 mins*

9.00 Carriers
Judith Light, Pamela Reed, Philip Bosco, Bill Nunn
Action movie about a mysterious deadly virus sweeping through a densely populated American city. Major Carmen Travis is tasked with finding the source of this gruesome killer and her investigation takes her to the heart of the rainforest. *1997, rating Sky 12, 89 mins*

11.00 Buried Alive 2
Ally Sheedy, Stephen Caffrey
Thriller. After a husband tries to murder his rich wife for her inheritance, she seeks revenge. *1997, rating Sky 15, 88 mins*

12.35am Broken Silence
Susan Blakely, William Bumiller
1997, rating Sky 15, 86 mins
2.05 Dead Presidents
Violent war drama. Text *1995, rating Sky 18, DS, 114 mins*
4.05 Terror of Mechagodzilla
1975, rating Sky 12, 80 mins
5.30-7.00am Looking for Trouble
1995, rating Sky U, 79 mins



Denzel Washington stars as 'Malcolm X' in Spike Lee's controversial biopic. FilmFour 10.00pm

SKY CINEMA

PREMIUM CHANNEL

4.00pm Five Card Stud
Dean Martin, Robert Mitchum, Roddy McDowall, Inger Stevens
Western. During a drunken poker game, a card sharp is discovered cheating, taken outside and lynched. Soon afterwards, the cowboys involved find themselves being picked off by a mystery killer, who specialises in hanging. *1968, rating Sky PG, 98 mins*

6.00 Kid Galahad
Elvis Presley, Gig Young, Charles Bronson, Lola Albright, David Lewis, Ned Glass
Big-fight melodrama. Boxer Elvis Presley wins prize-fighting glory but his manager becomes jealous of his success. This musical remake of the 1937 classic has Presley singing six songs between the rounds. *1962, rating Sky PG, 92 mins*

8.00 Hellfighters
John Wayne, Katharine Ross, Jim Hutton, Bruce Cabot
Thrilling drama in which a firefighter risks his life to save the world's oil rigs from destruction. The character is based on that of real-life hero Red Adair who came to public attention after the Gulf War when he tackled the oil fires in Kuwait. *1968, rating Sky PG, 116 mins*

10.00 Blume in Love
George Segal, Susan Anspach, Kris Kristofferson, Marsha Mason, Shelley Winters
Drama about a divorce attorney who struggles to woo back his own wife after she leaves him, unable to see their love is over. *1973, rating Sky 18, 111 mins*

11.55 The French Connection
Gene Hackman, Fernando Rey
Oscar-winning thriller. *1971, rating Sky 18, 99 mins*
1.40am The Seven-Ups
Roy Scheider, Tony Lo Bianco
1973, rating Sky 15, 99 mins
3.25-4.55am The Two-Headed Spy
Jack Hawkins, Felix Aylmer
1958, rating Sky PG, 90 mins

MOVIE RATINGS

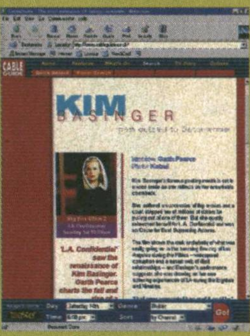
Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

FAMILY PACK

9.00pm Never So Few
Frank Sinatra, Gina Lollobrigida, Peter Lawford, Steve McQueen, Richard Johnson, Paul Henreid
World War II action thriller set in Burma and focusing on a small American-led task force fighting the invading Japanese. While on leave, the US commander falls in love with a beautiful woman, but can he woo her away from her shady boyfriend? Widescreen *1959, 117 mins*

11.30 Mister Buddwing
James Garner, Angela Lansbury
Drama about a man who wakes up in Central Park with amnesia and tries to piece together his identity by visiting women who knew him. *1966, 95 mins*
1.30am Our Mother's House
Dirk Bogarde, Margaret Brooks
Drama. *1967, 102 mins*
3.30-5.00am Vengeance Valley
Burt Lancaster, Robert Walker
Western. *1951, 79 mins*



'L.A. Confidential' saw the renaissance of Kim Basinger. Garth Pearce charts the fall and

Want to know what Sharon Stone movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR

ADD-ON CHANNEL

6.00pm A Simple Twist of Fate
Steve Martin, Gabriel Byrne
Adaptation of George Eliot's *Silas Marner* about a recluse who adopts an orphan. He raises her as his own, but as the years go by, the child's real father decides to try and claim her back. *1994, 102 mins*

7.45 Great Moments in Science: Falling Cats

8.00 The Quick and the Dead
Gene Hackman, Russell Crowe, Sharon Stone
Action thriller set in the Old West about a crooked sheriff who decides to arrange a deadly knockout tournament for his own means – namely to fix the contest and dispose of his enemies. *1995, rating Sky 15*

9.45 Flight of the Swan

10.00 Malcolm X
Denzel Washington, Angela Bassett, Albert Hall, Delroy Lindo, Al Freeman Jr, Spike Lee
Spike Lee's controversial biopic of the legendary African American black leader Malcolm X. Born Malcolm Little, he became a gangster after his minister father was killed by the Ku Klux Klan. But after converting to Islam, he stops his anti-white teachings and becomes a Muslim martyr. *1992, 193 mins*

1.20am Trust
Adrienne Shelly, Martin Donovan
Comedy. *1990, 101 mins*
3.00-5.10am Passion Fish
Mary McDonnell, Alfre Woodard
Drama. *1992, 130 mins*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1 Channel 51
HOW TO BE A PLAYER
Lively sex farce starring Def Jam's Bill Bellamy as Dray, a playboy with a passion for ladies who finds his lifestyle under threat. With Natalie Desselle. *1997, rating Sky 18, 90 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2 Channel 52
GATTACA
Science fiction drama. Ethan Hawke stars as a naturally-flawed man in a genetically-perfect future. With Uma Thurman, Jude Law and Alan Arkin. *1997, rating Sky 15, 102 mins*
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3 Channel 53
JACKIE BROWN
Comedy drama from Quentin Tarantino starring Seventies blaxsploitation icon Pam Grier alongside Samuel L Jackson. *1997, rating Sky 15, 148 mins*
PLAYS AT 12noon, 3.00pm, 6.00pm, 9.00pm, 12midnight, 3.00am

Sky Box Office 4 Channel 54
KISS THE GIRLS
Chilling thriller starring Morgan Freeman as a detective who investigates the kidnapping of his niece by a serial kidnapper who calls himself Casanova. *1998, rating Sky 18, 110 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions. Customers with a Videoway set-top-box must view all events on Channel 50.

Tuesday 30 March

SKY ONE
ACTION/
SELECTION PACKS

7.00am Count Duckula 7.30 Grimmy 8.00 Earthworm Jim 8.30 Flash Gordon 9.00 Legend of the Hidden City 9.30 The Simpsons 10.00 The Simpsons 10.30 Xena: Warrior Princess 11.30 America's Dumbest Criminals 12noon Tarzan: The Epic Adventures 1.00pm Mad About You 1.30 Jeopardy 2.00 Sally Jessy Raphael

3.00 Jenny Jones
Your Child is Overweight and It's Your Fault
Guests today confront parents they believe are responsible for their children's ballooning weight.

4.00 Guilty!
Guilty! tackles the crimes and misdemeanours committed by friends, lovers, families and colleagues. Carole Malone is ready to pass sentence.

5.00 Star Trek: Voyager
Macrocosm
The ship is overwhelmed by a strange gelatinous lifeform and Janeway is forced into the conduit to elude the alien. Text

6.00 Guilty!
Love the Pub More Than Me

6.30 Dream Team
Football drama following the antics of Harchester United – both on and off the field.

7.00 The Simpsons
Bart's Road Trip Text

7.30 The Simpsons
Bart's Girlfriend
Bart gets a new girlfriend. Text

8.00 Rescue Medics
Paramedics rush to help a four-year-old child.

8.30 Coppers
Fly-on-the-wall documentary following the work of the police.

9.00 World's Wildest Police Videos
World's Wildest Police Videos captures the insanity of criminal behaviour and the determination of extraordinary police officers.

10.00 Bloody Foreigners!
Sweden
The team travels to snowy Sweden in search of the nation's hottest blonde Playmate of the Year, Victoria Silvstedt.

11.00 Dream Team
Football drama

11.30 Star Trek: Voyager
Macrocosm
The ship is overwhelmed by a strange gelatinous lifeform and Janeway is forced into the conduit to elude the alien. Text

12.30am Law and Order
Prescription For Death
An emergency room fatality leads to charges against a highly-respected cardiologist. Text
1.30-7.00am Long Play

UK GOLD
LIFESTYLE/
SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders 8.30 The Bill 9.30 The House of Eliott 10.30 Rhoda 11.00 Dallas 11.55 Neighbours 12.25pm EastEnders 1.00 Bugs 2.00 Dallas 2.55 The Bill
For Your Love
Skase's friendship with a woman receiving anonymous threats leads to unforeseen and violent circumstances. Will he be able to put duty before personal feelings?

3.55 EastEnders
Hattie is delighted about her holiday job with Ian

4.30 Rhoda
Together Again for the First Time
Rhoda has her first date with Joe since their separation.

5.00 All Creatures Great and Small
The Best Time
Siegfried is worried when the usually caring Mrs Clarke snubs her new Italian neighbour.

6.00 Dynasty
The Arrest
Krystle and Alexis are taken to hospital after they are rescued from their ordeal in the burning cabin by Mark.

7.00 Ever Decreasing Circles
Sitcom about domestic disharmony in suburbia.

7.40 Last of the Summer Wine
Stately Home

8.20 The Brittas Empire
Chaos rules in the leisure centre when there's a hitch during an underwater wedding in the swimming pool.

9.00 Red Dwarf VI
Psirens

9.40 Crime Traveller
The Lottery Experiment
The adventures of a time-travelling detective. Slade works out a complicated plan to win the lottery, but he gets more than he bargained for when he cannot find Holly.

10.45 Bugs
Jewel Control
When a ruthless Colombian gangster steals some rare emeralds, the team must race against time to recover them.

11.50 The Bill
For Your Love

12.55am Between the Lines
Words of Advice
1.50 Blackadder Goes Forth
Plan F – Goodbyeee
2.25-3.00am
The Man from Auntie

LIVING
LIFESTYLE PACK

6.00am Tiny Living 9.00 Special Babies 9.30 The Roseanne Show 10.00 The Jerry Springer Show 10.50 Maury Povich 11.40 The Heat is On 12.10pm Through the Keyhole 12.40 Rescue 911 1.10 Beyond Belief: Fact or Fiction 1.40 Maury Povich 2.30 Special Babies

3.00 Living Room
An upbeat and humorous magazine programme, featuring human interest stories, celebrities, fashion and beauty.

3.50 Michael Cole
No-holds-barred talk show.

4.40 Through the Keyhole

5.10 The Heat is On

5.40 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock.

6.15 The Jerry Springer Show
Outrageous talk show in which Jerry Springer and his guests engage in lively discussion about relationship issues.

7.05 Rescue 911
Footage of real-life rescues by American emergency services. With William Shatner.

7.35 Animal Rescue
Watch dramatic animal rescues.

8.00 LA Law

9.00 FILM: Murder on the Iditarod Trail
Kate Jackson, Corbin Bernsen, Michael Damian
Drama in which a woman undertakes a sled dog race across the icy wilderness of Alaska. As she reaches the final lap of the gruelling 1,100-mile trail, the stakes become much higher, and the prize that she ultimately fights for is her life.

11.00-12midnight The Spicy Sex Files
Fleshy Rub
Katrina Buchanan presents another edition of the saucy late night talk show.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 Holding the Fort 7.30 The Odd Couple 8.00 Families 8.30 Mind Your Language 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Upstairs Downstairs 11.00 The Gentle Touch 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Mind Your Language 1.30 Me and My Girl 2.00 Upstairs Downstairs

3.00 The Love Boat
The Inspector
The crew gets nervous when they learn an efficiency expert is on board, and love blooms between two young couples.

4.00 The Professionals
A Hiding to Nothing
Doyle has a licence to love after a ministerial secretary betrays the security of summit talks to her agent lover.

5.00 Hart to Hart
Silent Dance
A young figure skater's dreams of Olympic gold will be shattered unless the Harts can use their unique skills.

6.00 Emmerdale
Frank tackles Aindow about the incinerator plant.

6.30 Classic Coronation Street
Mike proposes to Maggie.

7.00 The Professionals
Runner
CI5 explode into action when a single code word heralds total war between the authorities and a massive Mafia network.

8.00 The Benny Hill Show
The comedian stars in a series of sketches, featuring a host of quirky characters, guest stars and a bevy of beauties.

9.00 The Sweeney
Star Lucky, Eh?
Seventies police drama.

10.00 Hale and Pace

10.30-11.00pm Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Sin City
A rough guide to the sexual underworld of European cities.

11.30 Real Sex
A candid and intriguing look at sexuality in today's society.

12midnight Talking Dirty
12.20am Lord Lust's Lovelies
12.30 Centrefolds
1.00 Noddy's Electric Ladyland
Eccentric pop quiz hosted by Noddy Holder.
1.30-2.00am
Bigger Better Battling Babes
US female wrestling series.

DISNEY CHANNEL
ADD-ON/
PREMIUM CHANNEL

6.00am Bear in the Big Blue House 6.25 Classic Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 Dalmatians 8.00 Goof Troop 8.30 Timon and Pumbaa 9.00 Double Art Attack 9.35 Doug 10.00 Recess 10.15 Pepper Ann 10.30 Ned's Newt 10.45 Microsoap 11.00 Teen Angel 11.30 Crash Zone 12noon Smart Guy 12.30pm Boy Meets World 1.00 Dinosaurs 1.30 Amazing Animals 1.55 Winnie the Pooh 2.10 Bite Size 2.20 Bear 2.45 Winnie the Pooh

3.00 The Little Mermaid
The charming undersea adventures of Ariel and her friends, Sebastian and Flounder. Text

3.30 Art Attack Text

4.00 101 Dalmatians
Canine capers and daring doggy deeds. Text

4.30 Hercules: The TV Show
Animated adventures Text

5.00 Recess
Animated series from the creators of *Rugrats*. Text

5.15 Pepper Ann Text

5.30 Smart Guy
TJ's adventures. Text

6.00 Teen Angel
Living Doll
Marty turns one of Katie's dolls into a stunning living doll. Text

6.30 Boy Meets World
No Guts, No Cory Text

7.00 FILM: Honey, We Shrunk Ourselves
Wayne, the absent-minded inventor who accidentally shrunk his kids, is back again making mayhem and causing chaos – but this time it's the adults who get shrunk and the kids who have to help them! *1996* Text

8.15 Honey, I Shrunk the Kids: The TV Show
Mad comedy series. Text

9.00 Double Dinosaurs
Prehistoric comedy in this stone-age sitcom about the Sinclair family, taking an unusual view of human problems. Text

10.00 Home Improvement
Don't Tell Momma Text

10.30 The Wonder Years

11.00-12midnight Dr Quinn: Medicine Woman

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

TUESDAY CONTINUES OVERLEAF...

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

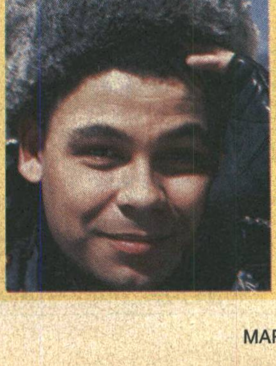
CABLE CHOICE

FILM
Night Falls On Manhattan
Sky Premier 10.00pm

A solid cast in this thriller is led by Andy Garcia as a district attorney who finds that the legal system, which he holds in high esteem, is riddled with corruption. This revelation occurs when he is asked to be lead prosecutor in a case against the man who tried to kill his father.

GENERAL
Earthwalkers
Travel 12.30pm

If you're planning to go travelling, this series is essential viewing. Today, backpackers share their experiences and offer valuable tips on how to get the most out of Chiang Mai in Thailand, trekking in the mountains of Nepal and camel riding in Alice Springs, Australia.

ADVERTISEMENT

RED DWARF
9.00PM
UK GOLD
Series six of this brilliant intergalactic sitcom begins tonight. There are plenty of hilarious adventures in store for the crew of the *Red Dwarf*. With an irritating hologram, a speaking computer and a naïve android on board, what else can you expect?

Tuesday 30 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

7.30am Rally
9.00 Curling
11.00 Football
12noon Four Wheels Drive
Season review.
12.30pm FIA World Rally Championship
Action from Portugal.
1.00 Trial
Action from the Indoor World Cup in Madrid, Spain.
2.00 We Love... Football
Bringing you the best action from the world of football.

4.00 Car on Ice
Action from the event in Sherbrook, Canada.
4.30 Tractor Pulling
Highlights from the European Super Pull in Rotterdam, Netherlands which took place at Ahoy sports stadium on 13th March.
5.30 Strongest Man
Another chance to catch the action from the Strongmen Helsinki Grand Prix in Finland.
6.30 Dancing
Highlghts of the World Professional Latin Dance Championship in Sun City, South Africa.
7.30
Figure Skating – LIVE
Coverage of the figure skating Gala in Sarajevo's Zeltra sports staduim, Bosnia-Herzegovina. Amongst the participants expected to attend are the past champions such as Germany's Katrina Witt.
9.00 Boxing – LIVE
Boxing action from Levallois, France.
11.00 Golf
Highlights of the US PGA Tour's Players Championship in Ponte Vedra Beach, Florida.
12midnight-12.30am FIA World Rally Championship
Action from Portugal.

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Sky Sports Centre 7.15 V-Max 7.45 Totalsport 8.15 You're On Sky Sports! 9.00 Racing News 9.30 Aerobics Oz Style 10.00 World Wrestling Federation – Wrestlemania 12noon Aerobics Oz Style 12.30pm V-Max 1.00 Football League Review
2.00 International Bowls: Second Test: Australia v England
Action from the singles phase of the second Test.
4.00 World Wrestling Federation – Wrestlemania
Another chance to catch the action from the World Wrestling Federation's Wrestlemania event.
6.00
Sky Sports Centre
All the major headlines from the world of sport.
6.30 Inside Scottish Football
All the news and views, including goals and transfers, from the new Scottish Premier Division.
7.30 Fastrax
Motor racing action.
8.00 Greyhounds: Grand National – LIVE
Action from the William Hill Grand National held at the Wimbledon stadium for the first time. At stake is a prize of £7,500 as the top dogs compete over 460 metres of hurdles. Last year, Linda Mullins saw her prized asset El Tenor win the championship.
10.00
Sky Sports Centre
The latest sports news.
10.15
You're On Sky Sports!
Talking to football fans
11.00 Inside Scottish Football
Go to the heart of the Scottish domestic game with a unique insight into football north of the border.
12midnight
Sky Sports Centre
12.15am
You're On Sky Sports!
1.00
Premier Snooker League
3.00-3.15am
Sky Sports Centre

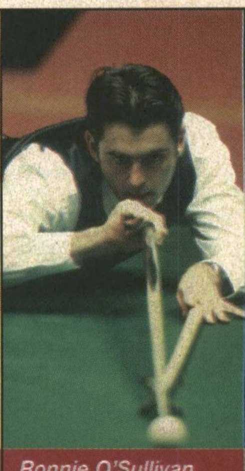
SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style 7.30 Sky Sports Centre 7.45 Racing News 8.15 Moto-Plus 8.45 Sky Sports Centre 9.00 Fish TV: Tony Dean Outdoors 9.30 Fish TV: Gone Fishing 10.00 Football League Review 11.00 International Bowls: Australia v England 1.00pm Max Power 2.00 Snow Show 2.30 Totalsport

3.00 International Cricket: West Indies v Australia – LIVE
The third Test continues at Bridgetown, Barbados, as West Indies continue their battle against Australia with coverage from the fifth day's play.
5.00 Second Innings: Mark Butcher – England v South Africa
5.30 International Cricket: West Indies v Australia – LIVE
Action from Bridgetown in Barbados as the third Test between West Indies and Australia concludes on day five. West Indian legend Courtney Walsh remains one of the most deadly fast bowlers in the world and, his partnership with Curtly Ambrose has pace, and experience. The veteran duo both suffered injury setbacks in the Test series with South Africa, a factor which undeniably contributed to the Windies' lack of success. If the two can stay fit for the crucial stages of this series, then they could make life difficult for the Aussies.
10.00
Golf: LPGA 1999 – Nabisco Dinah Shore
Action from the Nabisco Dinah Shore championship.
12midnight
International Football: England U16 v Turkey U16
Action from Brisbane Road as England's under-16 stars of the future take on their counterparts from Turkey.
2.00-2.15am
Sky Sports Centre

SKY SPORTS 3
PREMIUM CHANNEL

12noon Powerboat and Jetsport World
12.30pm Totalsport
1.00 Fish TV: Tony Dean Outdoors
1.30 Fish TV: Gone Fishing
With host Graham Sinclair.
2.00 Golden Age of Racing: A to Z of Motorsport
2.30
Shells Wonderful World of Golf: Souchak v Rodriguez
Classic golfing action featuring the showdown between Mike Souchak and Chi-Chi Rodriguez.
3.30 Fastrax
Blend of news, lifestyles and alternative sports.
4.00 Sports Unlimited
Up-to-date action review for the true sports lover. With everything from snowboarding and drag racing to biking and squash.
5.00 Powerboat and Jetsport World
Magazine programme.
5.30 Premier Snooker League
Coverage of the 1999 Premier Snooker League. The tournament takes place between January and May and is a showcase for the sport's biggest names. Includes John Higgins, and current champion Ken Doherty.
7.30 International Football: England U16s v Turkey U16s – LIVE
Action from Brisbane Road as England's under-16 stars of the future take on their counterparts from Turkey.
9.30 Fastrax
A look at the high speed lives and performances of competitors in the fast lane.
10.00 Tales from the Premiership: The Nearly Men
10.30-11.30pm
Superbouts: Hagler v Roldan
A chance to recall Marvin Hagler's 1984 fight with Juan Roldan in Las Vegas.



Ronnie O'Sullivan aims to outwit his opponents in the Premier League Snooker.
Sky Sports 1 1.00am

MUTV
ADD-ON CHANNEL

6.00pm Game On
Preview of all the games.
6.15
Megastore Megabuys
6.30
Junior Masterfan
7.00 Red Hot News
A roundup of all the latest developments from Old Trafford.
7.30
Wild About United
8.00 Super Match – Reserve Match
Action from the men hoping to break into Alex Ferguson's all-star side.
8.55 Red Hot Update
9.00 Super Match – Reserve Match
Continued action from the men hoping to break into Alex Ferguson's all-star side.
10.00
Talk of the Devils
Man-U fans talk about all the latest Reds news and why they love the team.
10.45 Man-U Menu
Mark Simpkin is back in the kitchen with Jesper Jespersen.
11.15 The Insiders
11.30-12midnight
Red Hot News

SCI-FI
ACTION PACK

7.30am Bloomberg Information Television 8.00 Sightings 9.00 Buck Rogers in the 25th Century 10.00 Quantum Leap 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon The Twilight Zone 1.00pm Tales of the Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00 Buck Rogers in the 25th Century
Awakening
Drama series. Frozen for 500 years, a US astonaut returns to earth.
4.00
The Incredible Hulk
Prometheus
Scientist David Banner tries to reverse the effects of an experiment.
5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences. With Tim White.
6.00 Time Trax
Cool Hand Darien
Darien infiltrates a prison camp run by a sadistic criminal from the future, Xavier Drake.
7.00 Quantum Leap
Memphis Melody
Sam leaps into the life of the undiscovered Elvis Presley. Starring Scott Bakula.
8.00 V
The Betrayal
Willie is injured, and Donovan and Ham kidnap a Visitor doctor who's sympathetic to the Rebels.
9.00 Twin Peaks
The townsfolk of Twin Peaks gather for Laura Palmer's funeral, and Cooper interprets his dream about the killer.
10.00 FILM: XTRO III – Watch the Skies
Sal Landi, Robert Culp, Andrew Divoff, Sal Landi, Karen Moncrieff
On an expedition to an island abandoned by the military at the end of World War II, Lieutenant Martin Kirn and his team find the remains of a military base and a mass grave. *1995*
12midnight
New Alfred Hitchcock
12.30am
New Alfred Hitchcock
1.00 FILM: Amityville II – The Possession
Burt Young, Rutanya Alda
Sci-fi horror. *1982*
3.00 Dark Shadows
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

5.00pm Trisha
Britain's most popular talk show.
6.00 Gladiators
With Ulrika Jonsson and Jeremy Guscott.
7.00 Board Wild
Coverage of international snowboarding, windsurfing, surfing and skateboarding events.
7.30 Bedrock
Featuring celebrity guests, music, and e-mail activity.
8.30 Dealer's Choice
Richard Simmonds presents an offbeat look at the world of buying used cars.
9.00
Trevor McDonald Meets...
Britain's most popular newscaster talks to a wide range of guests, from the worlds of showbusiness, sport, politics and the arts.
9.30 Dream Ticket
A guide to good holidays and weekend breaks.
10.00 New Jerry Springer
Outrageous US talk show.
10.45 Words With
Celebrities relate anecdotes based on the words given to them.
11.00 Soap Fever
Presented by Liza Tarbuck.
12midnight Emmerdale
Tonight's episode from ITV.
12.30am
Wish You Were Here...?
With Judith Chambers.
1.00-3.00am Feature

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Amateur Girls 12.20 Fantasy Night Calls 12.45 FILM: Dreamers 1.00 The Five Minute Free View 1.05 FILM continues 2.00 Coleslaw Wrestling 2.25 FILM: ...man 5 3.40 Zhane 4.10-5.30am FILM: Naked Strangers

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day
12.10am Girl Hunt
12.30 New Model File
12.50 Totty Try-Outs
1.10 FILM: Cat House
Dyanna Lauren, Asia Carrera
Erotic feature.
2.20
FILM: The Malibu Madam
3.30-4.00am Adult Feature

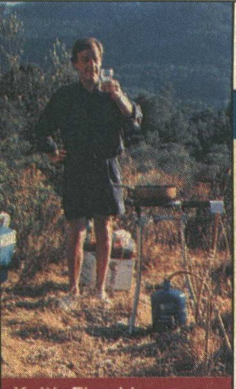
Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Night Canvas
John Verea, Michael Zelniker
Thriller.
9.30
FILM: End of Innocence
Dyan Cannon, John Heard
Drama. *1991*
11.10 Encounters
Short erotic programme
11.25-12midnight
Electric Blue Show

Tuesday 30 March



Keith Floyd has a taste of the country in 'Floyd on Spain'. Travel 1.30pm, 6.00pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Cross Wits
Fast-moving quiz show.
5.45
The Games Room
6.00 Family Fortunes
Big money gameshow.
6.30
The Games Room
6.45 Catchphrase
Hi-tech quiz show.
7.15
The Games Room
7.25 100 Per Cent
General-knowledge quiz.
7.55
The Crystal Maze
A team of intrepid contestants tackles a series of fiendish games and challenges in four fantasy worlds. Hosted by Richard O'Brien.
9.00
The Games Room
9.15 Strike it Lucky
Madcap gameshow.
9.45
The Games Room
10.00 Candid Camera
Hidden camera pranks.
10.30 Don't Feed the Gondolas
Celebrity quiz show about bizarre media stories.
11.00
Carnal Knowledge
The quiz show that rips open the bedroom curtains of the British public to reveal their sexy secrets.
12midnight Strike it Lucky 12.30am Split Second 1.00 3-2-1 2.00 Love at First Sight 2.30 Studs 3.00 Simply Irresistible 3.30 Blockbusters 4.00 Fifteen to One 4.30 Don't Drink the Water 5.00-6.00am Screenshop

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 The Why Files 7.30 The Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 Why Files 9.30 Indecent Proposals 10.00 Agony 10.30 Fashion Show 11.00 Judge Judy 11.30 Mind Games 12noon Why Files 12.30pm Agony 1.00 Lie Detector 1.30 The Fashion Show 2.00 Judge Judy 2.30 Mind Games

3.00 Agony
More helpful advice for troubled souls.
3.30 Lie Detector
Philippa Mole uncovers more deception.
4.00
Indecent Proposals
The general public are persuaded to perform foolish stunts for cash.
4.30 Judge Judy
5.00 Agony
More helpful advice for troubled souls.
5.30 The Why Files
Investigations into weird and wonderful phenomena.
6.00
The Fashion Show
The latest fashion news.
6.30
Indecent Proposals
Cash for foolish stunts.
7.00 Sport at Seven: Bangers and Smash
High-speed action, as Louise Brady introduces stock car racing highlights from around the country.
8.00 The Why Files
Investigations into weird and wonderful phenomena.
8.30 Judge Judy
The feared judge passes sentence once more.
9.00 Lie Detector
Philippa Mole uncovers more deception.
9.30 Mind Games
9.57 Topless Darts
Shapely dart throwing.
10.00 Love Street
US erotic series.
10.30 Exotica Erotica
Late night sensuality.

11.30am Blue Review
11.45 Janeycam
11.57 Topless Darts
12midnight Love Street 12.30am Private Dancer 12.45 Pleasure Dome 1.00 Exotica Erotica 2.00 Orgasmatron 2.15 Painted Ladies 2.30 Love Street 3.00 Agony 3.30 The Why Files 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation L!VE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Daily 9.30 Kitchen College 10.00 Green Gourmet 10.30 Nancy Lam 11.00 Worrall Thompson 11.30 Ideal Home For Cooks 12noon Network Daily 12.30pm Loyd's Louisiana 1.00 Kitchen College 1.30 Modern British 2.00 Simply Baking NEW SERIES 2.30 Network Daily 3.00 Nordic Nosh 3.30 Food for Thought 4.00 Tessa's Tastebuds 4.30-5.00pm Lunch with Ed Baines
With guest Lysette Anthony.

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show.
5.30 Gridlock
Fast-paced gameshow hosted by Simon Biagi.
6.00 My Two Wives
Yours Unfaithfully
Australian sitcom.
6.30 Our House
The unusual places that people call home.
7.00 Shine On, Harvey Moon
I'm Gonna Wash That Man Right out of My Hair
Harvey finally gets a white-collar job.
8.00 Chancer
Trust
When Crane returns to Douglas Motors, Blake decides to tell Robert all about his past.
9.00 The Upper Hand
And the Winner Is...
Charlie helps Caroline cope with victory and defeat.
9.30 Flying Start
Travel game show.
10.00 Peak Practice
Listening Skills
As his wife ignores his growing financial troubles, it seems as if Will might do something desperate.
11.00
Hill Street Blues
Influential Eighties US police drama series set in a tough urban area, with human interest storylines.
12midnight My Two Wives
Yours Unfaithfully
Australian sitcom about a lawyer and his extended family.
12.30am-1.00am Gridlock
Fast-paced gameshow hosted by Simon Biagi.

ANIMAL PLANET
WORLD PACK

12noon The New Adventures of Black Beauty
12.30pm Hollywood Safari
Dreams
1.30 Deadly Australians
Forest
2.00 Breed All About It
Great Danes
A profile of the canine giant.
2.30 Human/Nature
Reporters travel the world charting man's relationships with animals and the elements.
3.30 Harry's Practice
A look at the work of vet Harry Cooper in his practice in northern Tasmania.
4.00 Jack Hanna's Animal Adventures
Uganda Gorillas
4.30 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
5.00 Pet Rescue
Presented by Wendy Turner and Mark Evans.
5.30
Deadly Australians
Arid and Wetlands
6.00
The New Adventures of Black Beauty
Children's drama series.
6.30 Lassie
Lassie's Evil Twin
7.00 Rediscovery of the World
Papua New Guinea: Crocodile Men
Continuing Jacques Cousteau's intrepid journey.
8.00 Animal Doctor
Follow doctors from the RSPCA and other rescuers.
8.30 Totally Australia
A Fresh View
Examining the future of the Great barrier reef and how the area is being managed.
9.30 Emergency Vets
Stories from Alameda East Veterinary Hospital in Denver.
10.00
The Last Paradises
Keoladeo Ghana
10.30
Animal Detectives
Monkeys
11.00 All-Bird TV
Focusing on how humans and birds interact.
11.30-12midnight Emergency Vets
Stories from Alameda East.

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Simon's Peace 7.50 The Great Egg Race 8.30 Vanessa 9.30 Esther 10.00 Back to the Floor 10.30 Lion Country 11.00 Full Circle with Michael Palin 12noon Gorillas in the Midst of Man 1.00pm The Day the Universe Changed 2.00 Clive James – Postcard from Miami
3.00 Plastic Fantastic
Plastic surgery series. A man undergoes laser skin and eyelid surgery.
3.30 Esther
Step-Parents
4.00 Vanessa
UK talk show, in which Vanessa Feltz discusses real-life issues, in an earnest manner, with her studio audience.
5.00 Animal Hospital Roadshow
The team travel to animal centres around Britain.
5.30 Lion Country
Life at Longleat safari park.
6.00 Franco: Behind the Myth
Documentary that asks whether General Franco was the saviour of Spain or just a cruel tyrant.
7.00 Local Heroes
South
More unsung heroes.
7.30 The Body in Question
Heads and Tails
8.00 Eagle Empire
A portrait of the magnificent sea eagle.
8.30 Zoo's Company
Two-Way Traffic
A giraffe makes a sea trip.
9.00 Crocodile: A Wildlife Special
David Attenborough presents a film that reveals crocodiles to be eloquent and sociable creatures.
10.00
Premier Passions
Documentary following the fortunes of Sunderland Football Club from late 1996 to the present.
11.00 Top Gear GTi
The *Top Gear* team tests the latest models and casts an experienced eye over the latest hot motoring news.
12midnight-1.00am Pandora's Box
A is for Atom
A look at the rise of nuclear power in the Fifties, and its subsequent fall from grace after the disasters at Three Mile Island and Chernobyl.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Agony Livetime 7.00 Agony Livetime 8.00 E! In Focus 9.00 Julia Carling's Style Guide 9.30 The Good Housekeeping Show 10.00 The View 11.00 The Psychic Zone 11.30 Cook's Garden 12noon The Montel Williams Show 1.00pm Fashion Livetime 2.00 The View
3.00
Fashion Livetime
Interactive magazine programme offering viewers the chance to question celebrity guests.
4.00 The Montel Williams Show
What's Your Boiling Point?
US chat show, hosted by Emmy Award winner Montel Williams.
5.00 Cook's Garden
A guide to gardening.
5.30-6.00pm
The Pet Show
The ultimate guide to pets.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Jasper Giants
Follow the grizzly bear.
7.30
Okavango Diary
Life in an African swamp.
8.00 Close Up on Wildlife
A stunning profile of talented wildlife cinematographers Jim Frazier and Densey Clyne.
9.00
Natural Born Killers: Man-Eaters of India
Follow the gripping story of Dr R C Singh's hunt for a mysterious predator.
10.00
Little Creatures Who Run the World
Find out why ants are being studied by US defence strategists.
11.00 Coming of Age with Elephants
Follow Joyce Poole, a wildlife biologist working in the shadow of Mount Kilimanjaro.
12midnight-1.00am The Shark Files: The Sharks
For centuries, 350 species of shark have fascinated, horrified and entertained humans. Now renowned film-makers and scientists separate fact from fiction.

CABLE CHECK
Some of the channels listed may not be available in your area

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits
9.00 Bytesize MTV
The best clips from MTV around the world.
11.00 brand:new
What's hot and what's not, with Zane Lowe.
12noon Mad 4 Hits
2.00pm Hit List UK
3.00 Bytesize MTV
4.00 Select MTV
The phone-in programme where the viewers choose the playlist.
6.00 Bytesize MTV
7.00 brand:new
8.00 US Top 20
MTV's weekly update on Stateside chart action.
9.00 News
9.30 MTV Megamix
10.00 Celebrity Deathmatch
MTV's hot claymation series.
10.30 Biorhythm – Busta Rhymes
11.00 Mad 4 Hits
12midnight Alternative Nation
The latest videos from the world of alternative music.
1.00am Celebrity Deathmatch
1 .30 Biorhythm – Busta Rhymes
2.00-6.00am Night Videos

VHI
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 Upbeat 12noon Ten of the Best 1.00pm Greatest Hits of... ABC 1.30 Pop-Up Video 2.00 Jukebox 4.00 Behind the Music – Shania Twain 5.00 Five@Five 5.30 Pop-Up Video 6.00 Happy Hour 7.00 VH1 Hits 8.00 This is Celine Dion 9.00 Mills 'n' Clapton 10.30 Greatest Hits of... Celine Dion 11.00 VH1 Spice 12midnight Eric Clapton – 24 Nights 1.30am VH1 to One: Celine Dion 2.00-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Wonderful World 12.30pm Earthwalkers 1.00 Travel Live 1.30 Floyd 2.00 Flavours 2.30 Adventure 3.00 On Top 4.00 Stepping 4.30 Aspects 5.00 Reel World 5.30 In the Footsteps 6.00 Floyd on Spain 6.30 On Tour 7.00 Wonderful World 7.30 Earthwalkers 8.00 Maker 8.15 Maker 8.30 Stepping 9.00 On Top 10.00 Adventure 10.30 Aspects 11.00 On Tour 11.30-12midnight In the Footsteps of Champagne Charlie

UK STYLE
LIFESTYLE PACK

7.00am Floyd's American Pie 7.30 Going for a Song 8.00 Celebrity Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Style Challenge 9.30 Change That 10.00 Holiday in Style 11.00 Two Fat Ladies 11.30 The DIY Show 12noon Can't Cook, Won't Cook 12.30pm Style Challenge 1.00 Change That 1.30 Celebrity Ready, Steady, Cook 2.00 Looking Good 2.30 Gardening Neighbours 3.00 Growing Places 3.30 Wonder Women 4.00 A Golfer's Travels 4.30 How Does Your Garden Grow? 5.30 Can't Cook, Won't Cook 6.00 A Golfer's Travels 6.30 Can Ski... Will Ski! 7.00 Holiday in Style 8.00 Style Challenge 8.30 Change That 9.00 Changing Rooms 9.30 Ready, Steady, Cook 10.00 Real Rooms 10.30 Changing Rooms 11.00 How Does Your Garden Grow? 12midnight Gardeners' World 12.30am-1.00am Travel Show Guides

Tuesday 30 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

DISCOVERY HOME & LEISURE
WORLD PACK

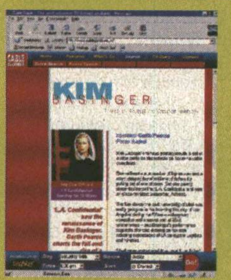
6.00am Gourmet 6.30 Yan Can Cook 7.00 Homemaker 7.30 Period Rooms 8.00 Wedding 8.30 A Baby Story 9.00 Painting 9.30 Gardening 10.00 Gardens 10.30 Two's Country Cooking 11.00 Diceman 11.30 Rex Hunt 12noon Our House Down Under 12.30pm Antiques Trail 1.00 Our House 1.30 Home Savvy 2.00 Workshop 2.30 Home Again 3.00 This Old House 3.30-4.00pm Charlie West Fishing

DISCOVERY
WORLD PACK

4.00pm Rex Hunt's Fishing Adventures
Bobbin Head
4.30
A River Somewhere
Yarraki River, Australia
5.00 Searching for Lost Worlds: Dragon Hunters
A look at the the discovery of an enormous hoard of dinosaur eggs in 1922.
6.00 Wildlife SOS
Helping sick, injured and orphaned wild animals.
6.30 Born Wild
A journey through North America, from the icy tundra in the North, along the Pacific Coast to the arid lands of Arizona.
7.30 Futureworld
Colour Your World
A look at popular culture.
8.00 Great Escapes
The Fatal Voyage
A classic maritime rescue.
8.30 The Death Zone
Meet Lasse, who climbed Everest.
9.00 Trailblazers
Mongolia
Nick Danziger returns to Mongolia intent on reaching the nomadic Tsaatan people.
10.00 Betty's Voyage
The intrepid travellers encounter the hidden splendours and dark jewels that the east has to offer as they cross India.
11.00 Hitler
The Commander
Looking at how Hitler was able to subjugate Europe. Was it strategy, luck or ineffective resistance?
12midnight Betty's Voyage
Four ordinary men undertake the incredible 26,000-mile journey from London to Hong Kong in a double-decker bus.
1.00am-2.00am
Searching for Lost Worlds: Dragon Hunters
Discovering dinosaur eggs.

CARTOON NETWORK
FAMILY PACK

5.00am Omer 5.30 Blinky Bill 6.00 The Magic Roundabout 6.30 The Tidings 7.00 Tabaluga 7.30 Looney Tunes 8.00 The Powerpuff Girls 8.30 Cow and Chicken 9.00 Dexter's Laboratory 9.30 Ed, Edd 'n' Eddy 10.00 Superman 10.30 Batman 11.00 Animaniacs 11.30 Beetlejuice 12noon Tom and Jerry 12.30pm Looney Tunes 1.00 Scooby-Doo 1.30 The Flintstones 2.00 Wacky Races 2.30 2 Stupid Dogs
3.00 Mask
Green-faced gyrations with the hypermanic hero.
3.30 I am Weasel
More fun and games with the lovable rodent.
4.00
The Powerpuff Girls
Girl power to the rescue.
4.30
Dexter's Laboratory
Chemical chaos.
5.00 Ed, Edd 'n' Eddy
Adolescent escapades with the suburban friends.
5.30 Cow and Chicken
Fun with the seriously mismatched siblings.
6.00 Freakazoid!
More fast and furious animated fun.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.
7.00 Tom and Jerry
Madcap comic antics with the cat and mouse duo.
7.30 Looney Tunes
Classic cartoon fun with the Looney gang.
8.00 Cartoon Cartoons
Homegrown animation.
8.30-9.00pm
Cult Toons
Cartoon classics.



Want to know if your favourite episode of *Spin City* is on this month? Our new online TV listings guide will tell you!
http://www.cableguide.co.uk

NICKELODEON
FAMILY PACK

6.00am Brothers Flub 7.00 Aaahh!!! Real Monsters 8.00 CatDog 9.00 Rugrats 10.00 The Wild Thornberries 11.00 Sabrina the Teenage Witch 12noon Moesha 1.00pm Renford Rejects 2.00 Hey Arnold!
3.00 Rugrats
Fun with the toddlers
4.30 Sister Sister
Fun with the identical twins and their parents.
5.00-7.00pm
Kenan & Kel
More adventures with the two funky friends.

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless
Teen comedy.
7.30 Grace Under Fire
The Victory Tree
8.00 Ellen
Not so Great Expectations
Lois has a new boyfriend, to Ellen's dismay.
8.30 Spin City
The Goodbye Girl
9.00
Drop the Dead Donkey
Henry has a new admirer.
9.30 Whose Line is it Anyway?
With Clive Anderson.
10.00 Frasier
And the Whimper is...?
With Kelsey Grammer.
10.30 Cheers
Bar Wars III: Return of Tecumseh
11.00 Seinfeld
The Boyfriend – Part II
11.30 The Larry Sanders Show
The Mr Sharon Stone Show
12midnight Late Night with David Letterman
1.00am Taxi
1.30 Frontline
2.00 Dr Katz
2.30 Tibs and Fibs
3.00 Nightstand
3.30-4.00am
Abbott and Costello

FOX KIDS
FAMILY PACK

6.00am Dodo 6.05 Masked Rider 6.30 Beetleborgs 6.55 Power Rangers 7.45 Silver Surfer 8.10 Mortal Kombat 8.35 Mowgli 9.00 Goosebumps 9.25 Eerie Indiana: Other Dimension 9.50 Home to Rent 10.00 Goosebumps 10.25 Mad Jack 10.50 Spy Dogs 11.00 Goosebumps 11.25 Dennis and Gnasher 11.50 Sam and Max 12noon Goosebumps 12.25pm Hulk 12.50 Home to Rent 1.00 Goosebumps 1.25 Fantastic Four 1.50 Casper 2.00 Goosebumps 2.25 X-Men 2.50 Spy Dogs
3.00 Goosebumps
3.25 Oggy and the Cockroaches
3.30
Fox Kids X-Press
3.35 Spiderman
4.00 Goosebumps
Spooky stories.
4.25 Hero Turtles: The Next Mutation
4.50 Casper
Mischievous capers.
5.00
Dennis and Gnasher
Dennis and Gnasher take on the enemy, adults.
5.30 Ace Ventura
Ace is on the case.
6.00
Donkey Kong Country
6.30 Eek!Stravaganza
6.55-7.00pm Oggy and the Cockroaches

SHOP!
LIFESTYLE/ SELECTION PACKS

12midnight Bargain Shop!
1.00am Shop! Selection
2.00 Do it Yourself
2.30 On Screen
3.30 Junior Choice
4.30 Jewellery Box
5.30 Shop! Selection
6.00 Shop! Selection
6.30 Bargain Shop!
7.30 Silversmith
8.30 The Clothes Line
9.30 Junior Sports Store
Top brand clothing including Adidas and Reebok.
10.00 Shop! of the Week
Another chance to see the best-selling hour.
11.00 Home Style
Stylish bedding.
12noon Switched On
The latest in home entertainment from JVC.
1.00pm Bargain Shop!
Special offers.
1.30 Shop! Selection
The best offers.
2.30 Good Hair Days
Umberto Giannini demonstrates how to achieve salon looks at home.
3.00 Shop! Feature
Photography advice and a range of cameras.
4.00 Jewellery Box
A jewellery range.
5.00-6.00pm
Shop! Selection
A round-up of the best offers.

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 24 7.00 News 8.00 News 9.00 News 9.30 World Today 10.00 News 11.00 News 1.30pm UK Today 2.00 News 2.30 World Today 3.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 Correspondent 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am World News 5.15 American Edition 5.30 World Report 6.00 This Morning 6.30 Insight 7.30 Moneyline 8.30 Sport 9.30 Showbiz 10.00 Larry King 11.30 Sport 12.30pm Biz Asia 1.30 Fortune 2.30 Report 3.30 Showbiz 4.30 Sport 5.30 Beat 6.00 Larry King 8.30 Business Today 9.30 Q&A 10.30 Insight 11.00 News/Business 11.30 Sport 12midnight World View 12.30am Moneyline 1.30am Showbiz 2.30 Q&A 3.00 Larry King 4.30-5.00am Newsroom

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.00 News on the Hour 11.30 Money 12noon News Today 2.30pm Your Call 4.30 World News 5.00 Live at Five 6.00 News on the Hour 7.30 Sportsline 8.30 Business Report 9.00 News on the Hour 9.30 World News 10.00 Primetime 12midnight News on the Hour 12.30am CBS News 1.30 World News 2.30 Business Report 3.30 Book Show 4.30 Showbiz Weekly 5.30-6.00am CBS News

INTERNATIONAL

TV5 5.00am Journal TV5 5.15 Journal des Journaux 5.30 Télématin 7.00 Journal de Radio Canada 7.30 Découverte 8.00 Infos 8.05 Zig Zag Café 9.00 Journal TV5 9.15 Cinéma: La Race Des Seigneurs 11.00 Infos 11.05 Voilà Paris 11.30 Journal France 3 12noon Infos 12.05pm Petite Histoire à Se Mettre en Bouche 1.00 Journal TV5 1.15 Cinéma: La Race Des Seigneurs 3.00 Journal TV5 3.15 Questions TV5 3.30 Bons Baisers d'Amérique 4.00 Infos 4.05 Pyramide 4.30 Questions 5.00 Journal TV5 5.15 Cinéma: La Race Des Seigneurs 7.00 Journal Suisse 7.30 Journal 8.00 Infos 8.05 Temps Présent 9.00 Journal 9.15 Cinéma: Les Alsaciens 11.00 Journal Belge 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL
CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Dhur Ki Bani 9.00 FILM 11.30 News 12noon Kabhi Yeh Kabhi Woh 12.30pm Golmaal 1.00 Zameen Aasman 1.30 FILM 4.00 Akbar Birbal 4.30 Jeevan Sangram 5.00 Dooriyan 6.00 Baaje Payal 6.30 Zamana Badal Gaya 7.00 Zameen Aasman 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Zameen Aasman 12.30am Baaue Payal 1.00 FILM 4.00 Music Box 4.30 Kabhi Yeh Kabhi 5.00 Dooriyan 6.00 Akbar Birbal 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Aap Ki Farmaish 6.30 Usha Uthap 7.00 Faith: Hindu 7.30 News 8.00 Out and About 8.30 Tara-2 9.00 Hasratein 10.00 Stage Plays 11.00 Khana Khazana 11.30 Parampara 12noon FILM: Mitti Wattana Di 3.00pm Bangla TV 3.30 Cine Magic 4.00 Akbar Birbal 4.30 Zee Top Ten 5.30 Aashirwad 6.00 1 to 10 6.30 Humm Tara Rum 7.00 Jee Sahab 7.30 Chalo Cinema 8.00 News 8.30 Daraar 9.00 Do Aur Do Paanch 9.30 Zanjeeren 10.00 Hadd Kar Di 10.30 Mahabharat 11.30 Yaadon Ke Rang 12midnight News 12.30am Pakistan Business 1.00 Bangla TV 1.30 Parivartan-2 2.00 FILM: Phool Mere Gulshan 4.30 Lolly-Pop 5.30-6.00am Hey Ha Ho

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzini 5.00 Hour of Deliverance 5.30 Ashley McGuickan/Euro Spirit 6.00 Good News 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is Your Day 8.15 Good Morning Europe 8.30 Chronicles of Revival 9.00 Another Day of Victory 9.30 Life in the Word 10.00 Derek Prince – Church on the Way 10.30 John Avanzini 10.40 Good Morning Europe 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus: 2.45am Eastern Europe 3.45 Financial Goals 4.24 Sports 5.27 Weather

BBC PARLIAMENT
NEWS & SPORT PACK
CABLE EXCLUSIVE

5.00am House of Lords 7.00 The Record 7.30 2.30pm House of Commons 11.00 The Record 11.30-12midnight European Focus

SKY SOAP
LIFESTYLE PACK

11.00am
Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm
As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
Nick Bates is stood up.
3.30-4.00pm
Emmerdale Farm

THE HISTORY CHANNEL
WORLD PACK

4.00pm
Vimy – Birth of a Nation
Rain and Druids
5.00 The Tugboats
Follow Ocean-going tugs on daring rescue missions.
6.00 Private Lives of the Emperors
Relives the deeds which made these men infamous.
7.00 Brute Force
The Jet Age
7.30-8.00pm Battleline
Dunkirk

SKY TRAVEL
LIFESTYLE PACK

11.00am Trailside
11.30 Sky Destinations
12noon
American Adventurer
12.30pm Islands in the Sun
1.00
Travels with Chuck Henry
1.30 Travel Trails
2.00 Travel Tips
3.00 Around the World
3.30-4.00pm
Was it Good for You?
Majorca

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Canterbury Bears at 6.00pm.

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Wednesday 31 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

SKY PREMIER
PREMIUM CHANNEL

6.00am Jingle All the Way
Text *1996, rating Sky PG, DS, 86 mins*
8.00 The Wedding
1997, rating Sky PG, 108 mins
10.00 Family Plan
Leslie Nielsen, Judge Reinhold
Text *1997, rating Sky PG, 92 mins*
11.50 The Fifth Element
Bruce Willis, Gary Oldman
Text *1997, rating Sky PG, 121 mins*
2.00pm The Wedding
Halle Berry, Lynn Whitfield
Romantic drama about a bride-to-be who finds herself the subject of another man's advances, days before her wedding to a man of whom her parents disapprove. *1997, rating Sky PG, 108 mins*

4.00 Jingle All the Way
Arnold Schwarzenegger, Sinbad, Phil Hartman
Seasonal comedy in which a father goes on a desperate hunt to find the most popular toy of the year for his young son. Text *1996, rating Sky PG, DS, 86 mins*

5.30 Family Plan
Leslie Nielsen, Judge Reinhold, Eddie Bowz, Emilty Procter
Comedy about a group of fun-loving orphans who wage a war against the greedy developer who wants to turn their summer camp into a luxury holiday resort. Text *1997, rating Sky PG, 92 mins*

7.30 Merchant Ivory: A Partnership in Film
Barry Norman interviews Ismail Merchant and James Ivory from the classic film company.

8.00 The Fifth Element
Bruce Willis, Milla Jovovich, Ian Holm, Luke Perry
Science fiction adventure set in the 23rd century. The life of a New York cab driver is transformed when a beautiful young woman literally falls into his life. She is the Fifth Element, a being who represents all that is good in the universe. Text *1997, rating Sky PG, 121 mins*

10.00 LA Confidential
Guy Pearce, Russell Crowe, Danny DeVito, Kevin Spacey, James Cromwell, Kim Basinger
Thriller set in the Fifties. A by-the-book detective is reluctantly teamed with a thug-like partner to solve a complex murder case. Both find themselves drawn to a femme fatale who may be able to help solve the murder. Text *1997, rating Sky 18, 132 mins*

12.25am Photographing Fairies
Toby Stephens, Emily Woof
Fantasy drama. *1997, rating Sky 15, 102 mins*
2.10 Dead Again
Kenneth Branagh, Derek Jacobi
1991, rating Sky 15, 104 mins
4.00-6.00am The Great White Hype
Samuel L Jackson, Jeff Goldblum
Text *1996, rating Sky 15, 87 mins*

SKY MOVIEMAX
PREMIUM CHANNEL

7.00am Movie Magic
7.45 Action Heroes: Wesley Snipes
8.30 Femmes Fatales: Julia Roberts 9.00
Battle for the Planet of the Apes
1973, rating Sky PG, 83 mins
11.00 I Still Love L.A.
PREMIERE *1995, rating Sky PG, 89 mins*
1.00pm Movie Magic
1.30 Femmes Fatales
2.15 Action Heroes: Wesley Snipes

3.00 Something Borrowed, Something Blue
Connie Sellecca, Twiggy Lawson, Shawnee Smith,
Romantic drama about a fashion editor who becomes the focus of a magazine story about first-time brides. However, the discovery of some dark secrets and truths could jeopardise her impending marriage. *1997, rating Sky PG, 88 mins*

5.00 I Still Love L.A.
James Garner, Stuart Margolin, Joe Santos, Joanna Cassidy
Mystery drama in which Jim Rockford is hired by two teenagers, the children of his ex-wife's good friend, to investigate their mother's murder. There is a shock in store when the identity of the killers begins to emerge. *1995, rating Sky PG, 89 mins*

7.00 Special Report: Journey to Mars
Judge Reinhold, Alfre Woodward, David Carradine
PREMIERE Science fiction drama which takes the form of a live broadcast of man's first landing on Mars in the year 2005. *1996, rating Sky U, 86 mins*

8.30
E! News Week in Review
The latest news from Hollywood.

9.00 Sin and Redemption
Cynthia Gibb, Richard Grieco, Cheryl Pollack, Ralph Waite
PREMIERE Drama about a woman who was raped and left pregnant by a stranger. Having finally rebuilt her life and once again found happiness with the man she married, her life is shattered when the identity of her attacker is eventually revealed. *1994, rating Sky 12, 90 mins*

11.00
Jackie Chan's First Strike
Jackie Chan, Jackson Lou
Action. A police officer sets out to recover a nuclear warhead. *1997, rating Sky 12, 80 mins*

12.25am Bordello of Blood
1996, rating Sky 18, 83 mins
1.55 Until September
1984, rating Sky 15, 92 mins
3.30
The Last Days of Frankie the Fly
Text *1996, rating Sky 18, 92 mins*
5.05-7.00am Something Borrowed, Something Blue
1997, rating Sky PG, 88 mins

Tom Hanks and Melanie Griffith star in the satire 'Bonfire of the Vanities'. FilmFour 3.25am

SKY CINEMA
PREMIUM CHANNEL

4.00pm
From Hell to Texas
Don Murray, Dennis Hopper
Western in which a cowboy is forced to flee after he accidentally kills a man and a bounty is placed upon his head. After Hopper required 85 takes for one scene, the director warned him that he would never work in Hollywood again. *1958, rating Sky PG, 96 mins*

6.00 Golden Earrings
Ray Milland, Marlene Dietrich, Bruce Lester, Murvyn Vye, Dennis Hoey, Quentin Reynolds
World War Two thriller. A British officer goes on a spying mission deep inside Nazi Germany to recover the formula for a poison gas. He is aided in his mission by a mysterious gypsy with whom he soon falls in love. *1947, rating Sky PG, 91 mins*

8.00 A Guide for the Married Man
Walter Matthau, Inger Stevens, Robert Morse, Lucille Ball, Jack Benny, Sid Caesar
Star-studded comedy about a faithful husband who is led down the road to adultery by a notorious philanderer. Each of his friend's tales of seduction is illustrated by a comical vignette. *1967, rating Sky PG, 89 mins*

10.00 The Kremlin Letter
Bibi Andersson, Richard Boone, Orson Welles, Max von Sydow, Patrick O'Neal, Barbara Parkins
Thriller. A young intelligence officer is recruited to go on a secret mission to Russia. His goal is to find a fake treaty which implies that America and the Soviet Union are to join forces in a war against China. *1970, rating Sky 18, 116 mins*

12.05am The Great White Hope
James Earl Jones, Lou Gilbert
1970, rating Sky 15, 99 mins
1.50 French Connection II
Gene Hackman, Fernando Rey
1975, rating Sky 18, 109 mins
3.45-5.40am
Hail! Hail! Rock 'n' Roll
Chuck Berry, Eric Clapton
1987, rating Sky U, DS, 115 mins

MOVIE RATINGS

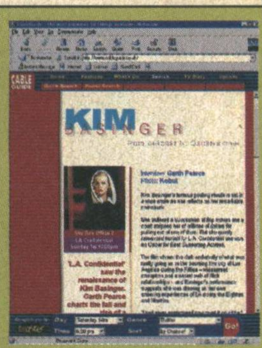
Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm Abbott and Costello in Hollywood
Bud Abbott, Lou Costello, Frances Rafferty
Classic comedy in which Bud and Lou hit Tinseltown as inept theatrical agents trying to land a client the lead in a musical. More than a few productions suffer on the way, but despite their incompetence, the pair end up as a big success. *1945, 81 mins*

11.00 White Heat
James Cagney, Edmund O'Brien, Virginia Mayo
Classic crime drama following the rise and fall of a psychopathic gangster who is unaware that his gang is plotting to push him into one final confrontation. *1949, 109 mins*

1.15am Westworld
Yul Brynner, Richard Benjamin
Sci-fi. Widescreen *1973, 84 mins*
3.00-5.00am Shaft
Richard Roundtree, Moses Gunn
Thriller. *1971, 101 mins*



Want to know what Robin Williams movies are on this month? Our new online TV listings guide will tell you!
http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm Widow's Peak
Mia Farrow, Joan Plowright, Natasha Richardson, Adrian Dunbar, Jim Broadbent
Comedy about Edwina, a spinster who moves into an Irish town and must face the rather exclusive local residents, especially the overbearing local matriarch Mrs DC and the immediately dislikable Mrs O'Hare. *1994, 97 mins*

8.00 Blue Sky
Jessica Lange, Powers Booth, Tommy Lee Jones
Drama about a couple who encounter difficulties when the unstable wife embarks upon an affair with her husband's commanding officer while he is called away on military duty. *1994, rating 15, 97 mins*

9.40 Disgraceful Conduct
Short lesbian drama.

10.00 Blow-up
David Hemmings, Vanessa Redgrave
Film set in the Sixties, about a photographer who believes he has captured a murder on film and finds himself drawn to a woman who may be involved. *1966, 107 mins*

11.55 Hollow Reed
Sam Bould, Martin Donovan
Drama about a young boy who is torn between warring parents. *1995, 101 mins*

1.40am Simple Men
Robert Burke, William Sage
Action. *1992, 100 mins*
3.25-6.00am
Bonfire of the Vanities
Melanie Griffith, Tom Hanks
Drama. *1990, 119 mins*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
CHASING AMY
Comedy starring Ben Affleck as a cartoonist who thinks he has found the love of his life until he discovers that she is a lesbian. With Joey Lauren Adams and Jason Lee. *1997, rating Sky 18, 108 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
JACKIE BROWN
Comedy drama from Quentin Tarantino in which a small time crook seeks to change her life. Starring Seventies blaxsploitation icon Pam Grier alongside Samuel L Jackson. *1997, rating Sky 15, 148 mins*
PLAYS AT 8.00am, 6.00pm, 9.00pm, 5.00am

Sky Box Office 3
Channel 53
FLUBBER
Robin Williams raises chaos in this children's comedy as an absent-minded professor. *1997, rating Sky U, 90 mins*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 4
Channel 54
KISS THE GIRLS
Thriller. A detective investigates the disappearance of his niece, who has fallen victim to a serial kidnapper known as Casanova. Starring Morgan Freeman and Ashley Judd. *1998, rating Sky 18, 110 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions. Customers with a Videoway set-top-box must view all events on Channel 50.

Wednesday 31 March

SKY ONE

ACTION/
SELECTION PACKS

7.00am Count Duckula 7.30 Grimmy 8.00 Earthworm Jim 8.30 Flash Gordon 9.00 Legend of the Hidden City 9.30 The Simpsons 10.00 The Simpsons 10.30 Xena Warrior Princess 11.00 Guilty! 11.30 America's Dumbest Criminals 12noon Tarzan 1.00pm Mad About You 1.30 Jeopardy 2.00 Sally Jessy Raphael

3.00 Jenny Jones
You Laughed at Me Then, But Look at Me Now
Today's guests were bullied as children but want to face their tormentors with their new look.

4.00 Guilty!
Pushy Showbiz Parents
Tackles misdemeanours which are committed by friends, lovers, families and colleagues. Hosted by Caroline Malone.

5.00 Star Trek: Voyager
Fair Trade
An old friend of Neelix tricks him into shipping some illegal narcotics which lands the crew in some difficulty. Text

6.00 Guilty!
Pushy Showbiz Parents

6.30 Friends
Pilot
Introducing Ross, Rachel, Chandler and Phoebe. Text

7.00 The Simpsons
Bart vs Australia. Text

7.30 The Simpsons
Bart After Dark'
Homer allows Bart to work at a Burlesque house. Text

8.00
Mortal Kombat: Conquest
Debt Of The Dragon
The Black Dragons demand that Taja and Kung Lao give them their Trading Post.

9.00 The X-Files
Grotesque
Mulder becomes obsessed with a case involving an incarcerated serial killer who claims he was possessed by a gargoyle. Text

10.00 Miami Uncovered
More misbehaving on the East coast.

11.00 Friends
Pilot
Introducing the flatmates. Text

11.30 Star Trek: Voyager
Fair Trade
An old friend of Neelix tricks him into shipping some illegal narcotics which lands the crew in some difficulty. Text

12.30am Law and Order
Subterranean Homeboy Blues
Greevey and Logan investigate a subway shooting by a former dancer, whose motivations are viewed differently by prosecutors Stone and Robinette. Text

1.30-7.00am Long Play
A selection of music videos.

UK GOLD

LIFESTYLE/
SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 The House of Eliott
10.30 Rhoda
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Bugs
2.00 Dallas
2.55 The Bill
Storyboards

3.25 The Bill
Soft in the Head
Ashton goes AWOL from the scene of an accident.

3.55 EastEnders
Nick is up to his old tricks and Clyde admits to Etta he is out of his league.

4.30 Rhoda
No Big Deal
American sitcom.

5.00 All Creatures Great and Small
The Prodigal Returns
Period drama series. The vets are set a challenge by neglected animals and tight-fisted farmers.

6.00 Dynasty
The Bungalow
Mark is charged with attempted murder. Blake and Jeff arrive at Joseph's home too late to stop him from committing suicide.

7.00
Ever Decreasing Circles
Sitcom about domestic disharmony in suburbia.

7.40
Last of the Summer Wine
Comic adventures with the three old men of the Yorkshire Pennines. With Peter Sallis.

8.20 The Brittas Empire
A drunk in a wheelchair gatecrashes the ante-natal class.

9.00
One Foot in the Grave
Timeless Time
When Victor has a sleepless night, everyone else suffers.

9.40 Catherine Cookson's The Man Who Cried
The Homecoming
Eight years have passed. Abel and Hilda have drifted apart, but their marriage remains intact. One day at a local dance, Abel discovers that Florrie's husband has died, and within weeks the two are having an affair.

11.35 The Bill
Storyboards
Eddie Santini causes a stir.

12.05am The Bill
Soft in the Head

12.35 Between the Lines
Lies and Damned Lies

1.35 Some Mothers Do 'Ave 'Em
Classic Seventies sitcom.

2.25-3.00am
The Man from Auntie
More quickfire comedy.

LIVING

LIFESTYLE PACK

66.00am Tiny Living
9.00 Special Babies
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 The Heat is On
12.10pm Through the Keyhole
12.40 Rescue 911
1.10 Beyond Belief: Fact or Fiction
1.40 Maury Povich
2.30 Special Babies

3.00 Living Room
An upbeat and humorous magazine programme, featuring human interest stories, celebrities, fashion and beauty.

3.50 Michael Cole
No-holds-barred talk show.

4.40 Through the Keyhole

5.10 The Heat is On

5.40 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock.

6.15
The Jerry Springer Show
Outrageous talk show in which Jerry Springer and his guests engage in lively discussion about relationship issues.

7.05 Rescue 911
Footage of real-life rescues by American emergency services. With William Shatner.

7.35 Animal Rescue
Watch dramatic animal rescues.

8.00 LA Law

9.00 FILM:
Everything to Gain
Jack Scalia, Sean Young
Passionate adaptation of the Barbara Taylor Bradford novel. Shattered by the random slaughter of her family, a vulnerable young woman joins forces with a charming but mysterious detective. Together they pursue the murderers and their love for each other. *1997*

11.00-12midnight
The Spicy Sex Files
Metal Muscle
Late-night show focusing on improving loving.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

ACTION PACK

6.00am Within These Walls 7.00 How's Your Father? 7.30 The Odd Couple 8.00 Families 8.30 Mind Your Language 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Upstairs Downstairs 11.00 The Gentle Touch 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Mind Your Language 1.30 Me and My Girl 2.00 Upstairs Downstairs

3.00 The Love Boat
Computerman
Comedy series set on a luxury cruiser. A man sets out to pair up everyone aboard the ship. With guest Shelley Long.

4.00 The Professionals
Runner
CI5 explodes into action when a single code word heralds total war between the authorities and a massive Mafia network.

5.00 Hart to Hart
Death Dig
While vacationing on the exotic island of Rhodes, the Harts are nearly entombed. With Robert Wagner and Stefanie Powers.

6.00 Emmerdale
Joe, Jack and Sarah attend the Harvest Festival.

6.30
Classic Coronation Street
Maggie leaves Mike for good.

7.00 The Professionals
The Acorn Syndrome
Bodie and Doyle stalk East German agents who are blackmailing government employee John Copeland.

8.00 The Benny Hill Show
The comedian stars in a series of hilarious sketches, featuring a host of quirky characters, guest stars and beautiful girls.

9.00 The Sweeney
The Trojan Bus

10.00 Hale and Pace
Comedy series.

10.30-11.00pm
Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS

ACTION PACK

11.00pm Football Feva
Football series which looks at all aspects of the game from a global perspective.

12midnight Real Sex
A candid look at the ways in which men and women explore sexuality.

12.30am Snowgirls
The saucy ski show.

1.00
Elvis Has Just Left The Building

1.30-2.00am V.P.L.
Alternative fashion programme.

DISNEY CHANNEL

ADD-ON/
PREMIUM CHANNEL

6.00am Bear 6.25 Classic Toons 6.35 Gummi Bears 7.00 Classic Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof Troop 8.30 Timon and Pumbaa 9.00 Double Art Attack 9.35 Doug 10.00 Recess 10.15 Pepper Ann 10.30 Ned's Newt 10.45 Microsoap 11.00 Teen Angel 11.30 Crash Zone 12noon Smart Guy 12.30pm Boy Meets World 1.00 Dinosaurs 1.30 Amazing Animals 1.55 New Adventures of Winnie the Pooh 2.10 Bite Size 2.20 Bear in the Big Blue House 2.45 Winnie the Pooh

3.00
The Little Mermaid
Undersea adventures of the beautiful mermaid. Text

3.30 Art Attack
Award-winning art show. Text

4.00 101 Dalmatians
Canine capers and daring doggy deeds make for frantic fun. Text

4.30 Hercules
Hercules and the King of Thessaly Text

5.00 Recess
Animation from the creators of *Rugrats*. Text

5.15 Pepper Ann Text

5.30 Smart Guy
TJ's put into tenth grade. Text

6.00 Teen Angel
Grumpy Young Men
Steve gets a lesson in respecting his elders. Text

6.30 Boy Meets World
Donna Karan Text

7.00 FILM:
101 Dalmatians
Glenn Close, Jeff Daniels, Joely Richardson, Hugh Laurie
Live-action version of one of the best-loved Disney classics. Glenn Close is the evil fashion victim Cruella De Vil in this tale of puppy power. *1997* Text

8.40
Honey, I Shrunk the Kids
Science is serious fun in the Szalinski household.

9.30 Dinosaurs
Huge and huggable, these Dinosaurs, which were created by Jim Henson of *The Muppets*, are pre-hysterical. Text

10.00 Home Improvement

10.30
The Wonder Years Text

11.00-12midnight
Touched by an Angel Text

THE BOX

MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

FRIDAY CONTINUES OVERLEAF...

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

CABLE CHOICE

FILM

Blue Sky
FilmFour 8.00pm

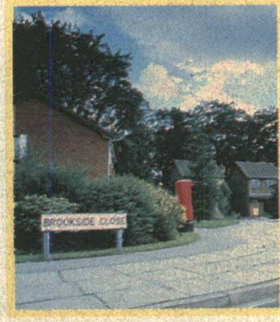
Director Tony Richardson's last film before his death was an odd mixture of plots, but it is saved by strong acting, particularly from Oscar-winning Jessica Lange. She plays the emotionally unstable wife of a military man who finds evidence of a radiation leak cover-up.

GENERAL

Stuck on You
Carlton Select 8.00pm

Lovable loon Neil Morrissey (better known for *Men Behaving Badly*) is one half of a couple who were once very much in love but are now at each other's throats. Unfortunately, they are living together, have a joint mortgage and can't sell their dingy one-bedroom London flat.

ADVERTISEMENT



BROOKSIDE
11.40AM
living
The action and drama unfold at coffee time on *living* with Liverpool's most famous close. Catch up on the early years on *Brookside* when in today's episode, Mick is delighted when Harry offers him the bungalow on a long-term basis.

Wednesday 31 March

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

7.30am Superbike
9.00 Curling
11.00 Motocross
11.30 Motorcycling
12.30pm Tennis
1.00 Equestrianism
FEI World Cup Series in Hertogenbosch, the Netherlands.
2.00 Golf
Action from the PGA Players Championship.

3.00 Football
World Cup Legends

4.00 Tennis – LIVE
WTA Tournament action from Hilton Head, US with highlights of the Family Circle Cup.

5.30
Start Your Engines
Motorsport highlights including CART in Homestead, World Superbike Championships in South Africa, NASCAR news, and NHRA Drag Racing in Florida.
6.30 Xtrem Sports

7.00 Bloopers
7.30 Roller Skating
Action from the Tatoo Roller In-Line in Paris-Bercy, France.

9.30 Football
Highlights from the Euro 2000 qualifying rounds, featuring action from Latvia v Greece, Moldova v Northern Ireland, Ukraine v Iceland, Russia v Andorra and San Marino v Spain.

11.30-12.30am
Start Your Engines
Motorsport highlights including CART in Homestead, World Superbike Championships in South Africa, NASCAR news, and NHRA Drag Racing in Florida.

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Sky Sports Centre
7.15 Sports Unlimited
8.15 You're on Sky Sports!
9.00 Racing News
9.30 Aerobics Oz Style
10.00 Inside Scottish Football 11.00 Fastrax
11.30 Totalsport
12noon Aerobics Oz Style
12.30pm 1999 Premier Snooker League
2.30 Fastrax

3.00 Inside Scottish Football
All the news and all the views from the new Scottish Premier Division.

4.00 Superbouts: Hagler v Roldan
Memories of 'Marvelous' Marvin Hagler's 1984 fight with Juan Roldan in Las Vegas.

5.00
World Pool League
Action from the first World Pool League from the Victoria Inter-Continental Hotel in Warsaw, Poland.

6.00
Sky Sports Centre
Sporting news and views.
6.30
Unbelievable Sports
Offbeat magazine.

7.00 International Football: Scotland v Czech Republic – LIVE
Live action from Scotland's second European Championship qualifier in less than a week as they take on Euro '96 runners-up the Czech Republic.

10.00
Sky Sports Centre
Sporting news and views.
10.15
You're On Sky Sports!
Football phone-in.
11.00
World Pool League
Action from the inaugural World Pool League in the Victoria Inter-Continental Hotel in Warsaw, Poland.

12midnight
Sky Sports Centre
12.15am
You're On Sky Sports!
1.00 International Football: Scotland v Czech Republic
2.30 Rugby League World
4.00-4.15am
Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style
7.30 Sky Sports Centre
7.45 Racing News 8.15 Fastrax 8.45 Sky Sports Centre 9.00 Fish TV: Ultimate Fishing Show
9.30 Fish TV: Fishing Tales
10.00 Golf: LPGA 1999 – Nabisco Dinah Shore
12noon International Football: England U-16 v Turkey U-16
2.00pm Golf Extra
Essential viewing for golfing enthusiasts or those who would simply like to know more about the game. This programme offers a comprehensive roundup of all the significant action from the fairways.

5.00 Sports Unlimited
Highlights of everything from snowboarding and drag racing to biking and squash.

6.00
Watersports World
Watersports action from around the world, including sailing, jetskiing and scuba diving.
7.00 Golf Extra
All the major players and the tournaments in which they appear are featured on this comprehensive roundup.

10.00
Rugby League World
All the latest rugby league action from around the world, including the Superleague and the Australian National Rugby League championship.
11.30 Ringside
Comprehensive, punch-by-punch coverage of boxing up and down the country. Presented by Paul Dempsey.
1.00am
European Tour Weekly
Golf highlights.
1.30 Watersports World
2.30 Sky Sports Centre
Sporting news and views

SKY SPORTS 3
PREMIUM CHANNEL

12noon Sports Unlimited
1.00pm Fish TV: Ultimate Fishing Show
1.30 Fish TV: Fishing Tales
2.00
Tales from the Premiership
The Nearly Men
The factors behind the apparent decline of Everton and Liverpool.
2.30 Superbouts: Hagler v Roldan
Classic fight action.

3.30 Powerboat and Jetsport World
High-speed aquatic action from America, Asia, Africa and Europe.
4.00 International Football: England U-16 v Turkey U-16
Highlights of the action from Brisbane Road, as England's stars of the future take on Turkey's hopeful apprentices.

6.00 Australian Rally Championship
Rally highlights.
6.30 European Tour Weekly
Golf highlights.
7.00
Rugby League World
All the latest rugby league action from around the world, including the Superleague and the Australian National Rugby League championship.
8.30 Ringside
Comprehensive coverage of boxing up and down the country. Presented by Paul Dempsey.

10.00-11.30
FA Cup Final Classics: West Ham v Fulham
Andy Gray takes another stroll down football's memory lane with action from this all-London clash.

Craig Burley adds to Scotland's mean defence against the Czech Republic. Sky Sports 1 7.00pm – Live

MUTV
ADD-ON CHANNEL

6.00pm Game On
6.15 The Insiders
Meet the unsung heroes.
6.30 FAN
The magazine show for the modern fan.
7.00 Red Hot News
All the latest developments from Old Trafford.
7.30 Kids Clinic
Top tips and technical advice.
8.00 Super Match – Premier Classic: Blackburn Rovers v Manchester United
Action from1994.
8.55 Red Hot Update
9.00 Super Match – Premier Classic: Blackburn Rovers v Manchester United
Continued Premiership action from 1994.
10.00
Talk of the Devils
Fans debate the latest news from the club.
10.45
Junior Masterfan
Quiz show
11.15 Jump 'n' Pump
Aerobics programme.
11.30–12midnight
Red Hot News
News from Old Trafford.

SCI-FI
ACTION PACK

7.30am Bloomberg
8.00 Sightings 9.00 Battlestar Galactica 10.00 Quantum Leap 11.00 Dark Shadows 11.30 The Ray Bradbury Theatre 12noon The Twilight Zone 12.30pm The Twilight Zone 1.00 Tales of the Unexpected 1.30 Tales of the Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00
Battlestar Galactica
Spaceball
The treacherous Xavier sends Troy and Dillon on a phony space mission.
4.00
The Incredible Hulk
Free Fall
David Banner is sent plunging toward the ground from 12,000 feet.
5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences. With Tim White.
6.00 Time Trax
The Lottery
Darien is suspicious when a 22nd century comedian and gambler, Joey Miller, wins a 20th century lottery.
7.00 Quantum Leap
Mirror Image
August 8th 1953. It's Sam's birthday and he appears older in the mirror than he remembers.
8.00 VR.5
5D
Sydney gets a new contact, Oliver Sampson, who pushes her into pursuing Boothe.
9.00 Lexx
Twilight
The crew of the Lexx continues its exploration of the Dark Zone.

10.00 FILM: Bill and Ted's Excellent Adventure
Keanu Reeves, Alex Winter, George Carlin
A mysterious stranger takes two teenagers on a voyage through time. *1989*
11.45
Sci-Focus Special
A look behind the scenes of a science fiction movie.
12midnight
PSI Factor - Chronicles of the Paranormal
Threads
1.00am FILM: Poltergeist III
The evil presence returns once again. *1988*
3.00 Dark Shadows
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

5.00pm Trisha
Today's show from ITV.
6.00 The Locker
Health and fitness magazine presented by Gabby Yorath, with advice on how to get started in a range of sports.
6.30 Futbol Mundial
All the latest football action.
7.00 Minty
Children's drama series about bored schoolgirl Melanie and disenchanted soap star Minty.
7.30 Bedrock
An hour of fun with celebrity guests, music, bedroom webcams, e-mail activity and a daily Battle of the Sexes.
8.30 Taking the Pitch
Bob Mills hosts a knockout soccer quiz.
9.00 NBA 99
One of the week's top US basketball games.
10.10 Baywatch
The adventures of the lifeguards on Malibu Beach.
11.00 The Truth About Sex Appeal
A look at some aspects of sexual attraction in which a host of celebrities reveal what really turns them on.
12midnight
Coronation Street
Catch up with all the gossip from Weatherfield.
12.30am Emmerdale
Another chance to hear the latest news from the village.
1.00-2.00am Feature

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Exposed 12.20 FILM: Visions of Christy 1.00 The Five Minute Free View
1.05 FILM continues
1.30 FILM: P... man – The ... Queens
2.40 FILM: Rocket Girls.
3.50 Karen
4.10-5.30am FILM: Gemini

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day
12.10am New Model File
12.35 Neil Down – Sex Therapist
1.00 Biker Annie
1.30 FILM: Lucky Lady
2.45
Caught at Home – Vicky
2.55-4.00 FILM: Whoomp There She is

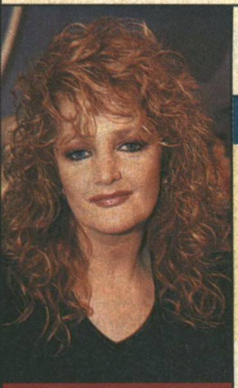
Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Survival Island
Terence Ford, Ivan Rogers
Action thriller about revenge.
9.20 Three Piece Suite
Short film.
9.40 FILM: Death Doll
Andrea Walters, William Dance, Jennifer Davies
11.00-12midnight FILM: Delicious

Wednesday 31 March



Bonnie Tyler brings back the sounds of the 70s in 'Revolver'. VH1 11.00pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Cross Wits
Fast-moving quiz show.
5.45
The Games Room
6.00 Family Fortunes
Two families play against each other for big money.
6.30
The Games Room
6.45 Catchphrase
7.15
The Games Room
7.25 100 Per Cent
Gameshow without a host.
7.55
The Crystal Maze
A team of contestants tackles a series of games and fiendish challenges in a giant fantasy world, with the aim of collecting as many crystals as possible.
9.00
The Games Room
9.15 Strike it Lucky
Michael Barrymore hosts.
9.45
The Games Room
10.00 Candid Camera
More practical pranks.
10.30
Karaoke Challenge
Porthcawl
From Coney Beach.
11.00
Carnal Knowledge
The quiz show that rips open the bedroom curtains of the British to reveal their most intimate secrets.
12midnight Strike it Lucky 12.30am Split Second 1.00 3-2-1 2.00 Love at First Sight 2.30 Studs 3.00 Simply Irresistible 3.30 Blockbusters 4.00 Fifteen to One 4.30 Don't Drink the Water 5.00-6.00am Screenshop

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Shopping 7.00 The Why Files 7.30 Fashion 8.00 Agony 8.30 Lie Detector 9.00 The Why Files 9.30 Indecent Proposal 10.00 Agony 10.30 The Fashion Show 11.00 Judge Judy 11.30 Mind Games 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 The Fashion Show 2.00 Judge Judy 2.30 Mind Games

3.00 Agony
Relationship problems and moral dilemmas discussed.
3.30 Lie Detector
Unmasking deception with the aid of technology.
4.00
Indecent Proposals
What's your price?
4.30 Judge Judy
Justice dispensed by a real-life judge.
5.00 Agony
Relationship problems and moral dilemmas discussed.
5.30 The Why Files
Psychic detectives search for the weird and spooky.
6.00
The Fashion Show
What's hip to wear.
6.30
Indecent Proposals
What's your price?
7.00 Sport at Seven: Grass Roots Football
All the top footy action from the Grass Roots team.
8.00 The Why Files
Psychic detectives search for the weird and spooky.
8.30 Judge Judy
Justice dispensed by a real-life judge.
9.00 Lie Detector
Unmasking deception with the aid of technology.
9.30 Mind Games
9.57 Topless Darts
Darts with a difference.
10.00 Love Street
Erotic American drama series.
10.30 Exotica Erotica
Strictly adult entertainment.
11.30am
Orgasmatron
11.45 Painted Ladies
11.57 Topless Darts
12midnight Love Street 12.30am Private Dancer 12.45 Pleasure Dome 1.00 Exotica 2.00 Blue Review 2.15 Janeycam 2.30 Love Street 3.00 Agony 3.30 Why Files 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation LIVE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Coxon's College 10.00 From the Ground Up 10.30 Wok Wiz 11.00 Worrall Thompson 11.30 Ideal Home for Cooks 12noon Network 12.30pm Ballymaloe 1.00 Coxon's College 1.30 An Umbrian Kitchen 2.00 Indian Kitchen 2.30 Network 3.00 Loyd's Louisiana 3.30 Ideal Home for Cooks 4.00 Thoroughly Modern British 4.30-5.00pm Simply Baking

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
The Games Room
5.15 Cross Wits
Fast-moving quiz show.
5.45
The Games Room
6.00 Family Fortunes
Two families play against each other for big money.
6.30
The Games Room
6.45 Catchphrase
7.15
The Games Room
7.25 100 Per Cent
Gameshow without a host.
7.55
The Crystal Maze
A team of contestants tackles a series of games and fiendish challenges in a giant fantasy world, with the aim of collecting as many crystals as possible.
9.00
The Games Room
9.15 Strike it Lucky
Michael Barrymore hosts.
9.45
The Games Room
10.00 Candid Camera
More practical pranks.
10.30
Karaoke Challenge
Porthcawl
From Coney Beach.
11.00
Carnal Knowledge
The quiz show that rips open the bedroom curtains of the British to reveal their most intimate secrets.
12midnight Strike it Lucky 12.30am Split Second 1.00 3-2-1 2.00 Love at First Sight 2.30 Studs 3.00 Simply Irresistible 3.30 Blockbusters 4.00 Fifteen to One 4.30-5.00am Don't Drink the Water 5.00-6.00am Screenshop

ANIMAL PLANET
WORLD PACK

12noon The New Adventures of Black Beauty 12.30pm Hollywood Safari
Cruel People
1.30 Deadly Australians
Arid and Wetlands
2.00 All-Bird TV
An irreverent look at the relationships between humans and birds.
2.30 Human/Nature
Animals and man coexisting.
3.30 Harry's Practice
Vet Harry Cooper pays some surprise house calls on unsuspecting pet owners in northern Tasmania.
4.00 Jack Hanna's Animal Adventures
Turtle Hospital
4.30 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
5.00 Pet Rescue
Abandoned animals rescued by the RSPCA.
5.30
Deadly Australians
Urban
6.00 The New Adventures of Black Beauty
6.30 Lassie
The Lassie Files
More doggy do-gooding.
7.00 Rediscovery of the World
Australia: Out West Down Under
Jacques Cousteau explores the coastline of Australia.
8.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
8.30 Horse Tales
A Horse Whisperer
Stories of individual horses.
9.00 Going Wild
Under Northern Skies
The life of a brown bear.
9.30 Emergency Vets
Stories from Alameda East Veterinary Hospital.
10.00
Crocodile Hunter
Outlaws of the Outback Part I
The Australian outback is under attack from pests.
11.00 Wildlife ER
Animals in emergency.
11.30-12midnight
Emergency Vets
Stories from Alameda East Veterinary Hospital.

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Simon's Return 7.50 The Great Egg Race 8.30 The Vanessa Show 9.30 Esther 10.00 Back to the Floor 10.30 Lion Country 11.00 Full Circle with Michael Palin 12noon Bats Need Friends 1.00pm The Day the Universe Changed 2.00 Clive James – Postcard from Bombay

3.00 Plastic Fantastic
The series about plastic surgery.
3.30 Esther
Women who behave badly and are proud of it.
4.00
The Vanessa Show
Vanessa Feltz tackles real-life issues with a studio audience.
5.00 Animal Hospital Roadshow
Meet people and their pets all around Britain.
5.30 Lion Country
Longleat safari park.
6.00 Ceausescu – Behind the Myth
Edward Behr reveals how Ceausescu became the unrivalled power in Romania for 22 years.
7.00 Local Heroes
Scotland
Unsung heroes of science.
7.30
The Body in Question
Perishable Goods
8.00 Wanted Alive
Releasing the black-footed ferret back into the wild.
8.30 Zoo's Company
Face to Face
Rescuing a young seal.
9.00 Great White Shark: The True Story of Jaws
David Attenborough looks behind the myth, with some surprising results.
10.00 Airport
Series which goes behind the scenes at Heathrow.
10.30 Lakesiders
Fly-on-the-wall series set at Lakeside in Essex.
11.00 Top Gear GTi
The team tests the latest models and casts an experienced eye over the hottest motoring news, interviews and top tips.
12midnight-1.00am
The Mind Traveller
The Ragin' Cajun
Oliver Sacks's exploration of the mysteries of the brain continues.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Fashion Livetime
7.00 Fashion Livetime
8.00 E! Celebrity Profile
9.00 Great British Food
9.30 Craftwork
10.00 The View
11.00 Restaurant Recipes
11.30 Gardeners' Diary
12noon
The Montel Williams Show
1.00pm Health Livetime
2.00 The View

3.00 Health Livetime
Interactive programme which offers viewers the opportunity to put questions to celebrity guests and experts.
4.00 The Montel Williams Show
Teens Forgive Their Parents
US chat show with Montel Williams.
5.00
Gardeners' Diary
Horticultural tips.
5.30-6.00pm
Restaurant Recipes

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Lions in Trouble
The story of Nairobi National Park in Kenya.
7.30
Mother Bear Man
8.00
Beauty and the Beast
This programme explores how our perceptions of what is a scary creature have been shaped.
9.00 The Polygamists
Travel to the town of Manti in Utah to follow some of the 450 families who actively practice plural marriage.
10.00 Don't Even Think of Parking Here
Parking in New York.
10.30
To Serve and Destroy
Profiles the English butler.
11.00
On the Edge: The Last Wild River Ride
Witness adventurer Richard Bangs take on the ultimate challenge.
12midnight Extreme Earth: Into the Volcano
A team of scientists from France travels to the island of Java to trek to the heart of the most volatile volcanoes.
12.30am-1.00am Extreme Earth: Freeze Frame - An Arctic Adventure

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits
9.00 Bytesize MTV
Superb music, big stars, plus weird and wonderful moments from MTV around the world.
11.00 Brand:new
New releases and old timers.
12.00 Mad 4 Hits
2.00pm European Top 20
3.00 Bytesize MTV Pop
4.00 Select MTV
The fashionable, fast-paced request show where viewers choose.
6.00 Bytesize MTV
7.00 brand:new
8.00 The Lick R&B Chart Show
Brand new videos
9.00 News
9.30 Artist Cut
A video based show in which artists give rare insights into the making of their videos and songs.
10.00 MTV Live
10.30 Snowball 99
11.00 Mad 4 Hits
12.00 Yo!
1.00am MTV Live
1.30 Snowballs 99
2.00-6.00am Night Videos

VHI
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 Upbeat 12noon Ten of the Best: Catherine Zeta Jones 1.00pm Greatest Hits of... Kate Bush 1.30 Pop-Up Video 2.00 Jukebox 4.30 Talk Music 5.00 Five@Five 5.00 Pop-Up Video 6.00 Happy Hour with Toyah Willcox 7.00 VH1 Hits 9.00 Bob Mills's Big 80s 10.00 The VH1 Classic Chart 11.00 Revolver 12midnight Behind the Music – Rem 1.00am Around and Around 2.00-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Destinations 12.30 Go Greece 1.00 Holiday Maker 1.15 Holiday Maker 1.30 Flavours of France 2.00 Flavours of Italy 2.30 No Truckin' 3.00 Great Splendours 4.00 Go 2 4.30 Amazing Races 5.00 Cities 5.30 A Golfer's Travels 6.00 Flavours of France 6.30 On Tour 7.00 Dream Destinations 7.30 Go Greece 8.00 Travel Live 8.30 Go 2 9.00 Great Splendours 10.00 No Truckin' 10.30 Amazing Races 11.00 On Tour 11.30-11.30am A Golfer's Travels

UK STYLE
LIFESTYLE PACK

7.00am Floyd's American Pie 7.30 Changing Rooms 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Style Challenge 9.30 Change That 10.00 Travels with Pevsner 11.00 Looking Good 11.30 Changing Rooms 12noon Can't Cook, Won't Cook 12.30pm Style Challenge 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Rick Stein's Taste of the Sea 2.30 Stefan's Garden Roadshow 3.00 Home Front in the Garden 3.30 A Golfer's Travels 4.00 Going for a Song 4.30 Antiques Roadshow 5.30 Can't Cook, Won't Cook 6.00 Wonder Women 6.30 Wilderness Walks 7.00 Antiques Roadshow 8.00 Style Challenge 8.30 Change That 9.00 Looking Good 9.30 Ready, Steady, Cook 10.00 Changing Rooms 10.30 Going for a Song 11.00 Stefan's Garden Roadshow 11.30 Home Front in the Garden 12midnight The Terrace 12.30am-1.00am Travel Xpress

Wednesday 31 March

DISCOVERY HOME & LEISURE
WORLD PACK

6.00 AM MORNING 6.00am Today's Gourmet 6.30 Yan Can Cook 7.00 Homemaker 7.30 Period Rooms 8.00 Wedding Story 8.30 A Baby Story 9.00 Simply Painting 9.30 The Great Gardening Plot 10.00 Instant Gardens 10.30 Cookabout with Greg and Max 11.00 The Diceman 11.30 Rex Hunt 12noon Our House 12.30pm Antiques Trail 1.00 Our House 1.30 Home Savvy 2.00 New Yankee Workshop 2.30 Home Again with Bob Vila 3.00 This Old House 3.30-4.00pm Charlie West Fishing

DISCOVERY
WORLD PACK

3.00 PM

4.00 PM **4.00pm Rex Hunt's Fishing Adventures**

4.30
A River Somewhere
Sail past uninhabited tropical islands.

5.00 PM **5.00 Searching for Lost Worlds**
Atlantis – Minoans
Learn about the similarities between the Minoans of Crete and Plato's Atlantis.

6.00 PM **6.00 Wildlife SOS**
Visit Wildlife Aid where they treat sick, injured and orphaned wild animals.

6.30 Born Wild
Central and South America

7.00 PM **7.30 Futureworld**
Robbie Comes to Earth
Investigating robotic technology, including the design, construction and application of robots.

8.00 PM **8.00 Arthur C Clarke's Mysterious Universe**
Psychic Detectives

8.30
Creatures Fantastic
Mythical Cats

9.00 PM **9.00 New Kids on the Bloc: Neo-Nazi Hunters**
NEW The first of six new films by Eastern European filmmakers.

9.30 Right on Red

10.00 PM **10.00**
Casualties of Peace
Tales from former East German fighter pilots.

10.30
From Russia with Love

11.00 PM **11.00 Broken Heart**
Meet a snack bar owner on the Potsdammer Platz in the centre of Berlin.

11.30 Comeback City
A visit to Jena in Germany.

12.00 NIGHT TIME **12midnight**
The History of Writing
A survey of writing beginning with the cuneiform writing of Mesopotamia.

1.00am-2.00am
Searching for Lost Worlds
Atlantis – Minoans
Learn about the similarities between these two cultures.

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Blinky Bill 6.00 The Magic Roundabout 6.30 The Tidings 7.00 Tabaluga 7.30 Looney Tunes 8.00 The Powerpuff Girls 8.30 Cow and Chicken 9.00 Dexter's Laboratory 9.30 Ed, Edd 'n' Eddy 10.00 Superman 10.30 Batman 11.00 Animaniacs 11.30 Beetlejuice 12noon Tom and Jerry 12.30pm Looney Tunes 1.00 Scooby-Doo 1.30 The Flintstones 2.00 Wacky Races 2.30 2 Stupid Dogs

3.00 Mask
Green faced girations in this animated adaptation.

3.30 I am Weasel
Animated antics with the unruly rodent.

4.00
The Powerpuff Girls
Girl power to the rescue.

4.30
Dexter's Laboratory
Chemical chaos.

5.00 Ed, Edd 'n' Eddy
Fun with the posse as they cruise the suburbs.

5.30
Cow and Chicken
Mismatched sibling rivalry.

6.00 Freakazoid!
Freaky animation.

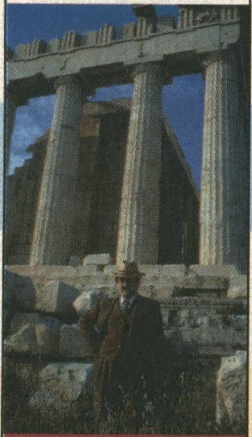
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock, to their wives' constant dismay.

7.00 Tom and Jerry
Madcap comic antics with the cat and mouse duo.

7.30 Looney Tunes
Crazy antics with the Looney gang.

8.00
Cartoon Cartoons
Homegrown animation.

8.30-9.00pm
Cult Toons
Classic cartoon capers.



The story of the lost city of Atlantis is told in 'Searching for Lost Worlds' Discovery 5.00pm, 1.00am

NICKELODEON
FAMILY PACK

6.00am Brothers Flub
7.00 Aaahh!!! Real Monsters
8.00 CatDog
9.00 Rugrats
10.00 The Wild Thornberries
11.00 Sabrina the Teenage Witch
12noon Moesha
1.00pm Renford Rejects
2.00 Hey Arnold!

3.00 Rugrats
Fun with the toddlers

4.30 Sister Sister
Fun with the identical twins and their parents.

5.00-7.00pm
Kenan & Kel
More adventures with the two funky friends.

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless

7.30 Grace Under Fire
Grace and DC take on the federal Government.

8.00 Ellen
Kiss My Bum
Ellen befriends a homeless man.

8.30 Spin City
In the Heat of the Day

9.00
Drop the Dead Donkey
Some of the staff face the sack.

9.30 Whose Line is it Anyway?

10.00 Frasier
Give Him the Chair
Frasier buys Martin a new, vibrating chair.

10.30 Cheers
Lover Boyd

11.00 Seinfeld
The Limo

11.30 The Larry Sanders Show
Headwriter Phil
Phil lobbies for a promotion.

12midnight Late Night with David Letterman
1.00am
It's Gary Shandling's Show
1.30 Nurses
2.00 Dr Katz
2.30 Tibs and Fibs
3.00 Almost Perfect
3.30-4.00am
Abbott and Costello

FOX KIDS
FAMILY PACK

6.00am Dodo 6.05 Masked Rider 6.30 Beetleborgs 6.55 Power Rangers 7.20 Power Rangers 7.45 Silver Surfer 8.10 Mortal Kombat 8.35 Mowgli 9.00 Goosebumps 9.25 Eerie, Indiana 9.50 Home to Rent 10.00 Goosebumps 10.25 Mad Jack 10.50 Spy Dogs 11.00 Goosebumps 11.25 Dennis and Gnasher 11.50 Sam and Max 12noon Goosebumps 12.25pm The Hulk 12.50 Home to Rent 1.00 Goosebumps 1.25 Fantastic Four 1.50 Casper 2.00 Goosebumps 2.25 X-Men 2.50 Spy Dogs

3.00 Goosebumps

3.25 Oggy and the Cockroaches

3.30
Fox Kids X-Press

3.35 Spiderman

4.00 Goosebumps

4.25 Hero Turtles: The Next Mutation

4.50 Casper
The mischievous capers of Casper, the friendly ghost.

5.00
Dennis and Gnasher
Dennis and Gnasher take on the adults.

5.30 Ace Ventura
Ace is on the case.

6.00
Donkey Kong Country

6.30 Eek!Stravaganza

6.55-7.00pm Oggy and the Cockroaches

SHOP!
LIFESTYLE/ SELECTION PACKS

12midnight Bargain Shop!
12.30am Shop! Selection
1.30 Shop! Feature
2.30 Do it Yourself
Time-saving equipment for those DIY tasks around the house.
3.00 Time Zone
4.00 Home Style
5.00 Beauty Secrets
6.00 Shop! Selection
Round-up of the best offers on Shop!
7.00 Bargain Shop!
Shop! brings you unbeatable prices and special offers - every day!
7.30 Time Zone
A collection of beautiful clocks and watches.
8.30 On the High Street
9.30 Shop! Feature
10.00 The Early Years
Create a Looney Tunes nursery with this special range of furnishings and accessories.
11.00 Dimanti Designs
12noon Fitness Zone
Expert advice and the right kit to get perfect legs.
1.00pm Bargain Shop!
1.30 Shop! Selection
2.30 Travel Bag
3.00 Labels
4.00 Character Collections
5.00-6.00pm
Shop! Selection

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 24 7.00 News 8.00 News 9.30 World Today 10.00 News 12noon News 1.00pm News 1.30 UK Today 2.00 News 2.30 World Today 3.00 News 4.00 News 5.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 Hardtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.30 USA Direct 3.00 News 3.30 Hardtalk 4.00 News 4.30 Lifewatch 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am World News 5.30 World Report 6.00 CNN This Morning 6.30 Insight 7.30 Moneyline 8.30 Sport 9.30 Showbiz 10.00 Larry King 11.30 Sport 12.30pm Biz Asia 1.30 Business Unusual 2.30 Report 3.30 Showbiz 4.30 Sport 5.30 Style 6.00 Larry King 8.30 Business Today 9.30 Q&A 10.30 Insight 11.00 World Business 11.30 Sport 12midnight World View 12.30am Moneyline 1.30am Showbiz 2.30 Q&A 3.00 Larry King 4.30-5.00am Newsroom

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.00 Sky World News 11.30 Money 12noon Sky News Today 2.30pm PMQs
4.30 News
5.00 Live at Five
7.30 Sportsline
8.30 Sky Business Report
9.30 Sky World News
10.00 Primetime
12.30am CBS Evening News
1.30 Sky World News
2.30 Sky Business Report
3.30 Global Village
4.30 Fashion TV
5.30-6.00am
CBS Evening News

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal des Journaux 5.30 Télématin 7.00 Journal Télévisé de Radio Canada 7.30 Funambule 8.00 Infos 8.05 Zig Zag Café 9.00 Journal Télévisé 9.15 Fiction: Les Alsaciens 11.00 Infos 11.05 Voilà Paris 11.30 Journal Télévisé France 12noon Infos 12.05pm Temps Présent 1.00 Journal 1.15 Fiction: Les Alsaciens 3.00 Journal 3.15 Questions 3.30 Grands Gourmands 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Fiction: Les Alsaciens 7.00 Journal Suisse 7.30 Journal de France Télévision 8.00 Infos 8.05 L'Hebdo 9.00 Journal 9.15 Fiction: Paparazzi 10.15 Fiction: L'Homme de Suez 11.00 Journal Belge 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Jai Veer Hanuman 9.00 FILM 11.30 News 12noon Balcony 12.30pm Suzhal 1.00 Kashmakash 1.30 FILM 4.00 Akbar Birbal 4.30 Aarti 5.00 Kahani Ghar 6.00 Edit 6.30 Asianet Aur Aap 7.00 Kashmakash 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Spaghetti Junction 12.30am Asianet Aur Aap 1.00 FILM 4.00 Aarti 4.30 A Mouthful of Sky
5.00 Kashmakash
5.30 Sunghursh
6.00 Akbar Birbal
6.30 News
7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Out 6.30 Yoodle-Ae-Oo 7.00 Christian 7.30 News 8.00 India Business Report 8.30 Tara 9.00 Rishtey 10.00 Sofia 11.00 Aashiana 11.30 Parampara 12noon FILM: Anjan 3.00pm Zee Bangla 3.30 Hum Paanch 4.00 Akbar Birbal 4.30 Ek Minute 5.00 Jungle Book 5.30 Mausam 6.00 Top of Tops 6.30 Banegi Apni Baat 7.00 Baat Ban Jaye 7.30 Choice 8.00 News 8.30 Amanat 9.00 Drama 10.00 Ikke Pe Ikke 10.30 Woh 11.00 Purushkhetra 12midnight News 12.30am Pakistan Business 1.00 Bangla 1.30 Parivartan 2.00 Jhotey Raees 2.30 FILM 4.30 Lolly-Pop 5.30-6.00 Hey Ha Ho

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzini 5.00 Quentin Road Bible Hour 5.30 7 á Vivre – Patrick Vauclair 6.00 Life is for Living – Brian Houston 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is Your Day – Benny Hinn 8.15 Good Morning Europe 8.30 Revival Now 9.00 Another Day of Victory 9.30 Life in the Word – Joyce Meyer 10.00 Dr A R Bernard 10.30 John Avanzini 10.40 Good Morning Europe 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus: 2.15am Bloomberg Money 3.27 Weather 5.24am Sports

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am Select Committees 7.00 The Record 7.30 Select 9.30pm House of Commons 11.00 The Record 11.30-12midnight European Focus

SKY SOAP
LIFESTYLE PACK

11.00am
Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm
As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
3.30-4.00pm
Emmerdale Farm
Phil Pearce has to face the Inland Revenue.

THE HISTORY CHANNEL
WORLD PACK

4.00pm Vimy
Battle of Vimy Ridge
5.00 Classic Cars
Mercedes
Trace the route of the Mercedes 300SL.
6.00 The Riddle of the Maya
A look at the temple city of Palenque in Mexico.
7.00 Brute Force
Top Guns
Learning to dogfight.
7.30-8.00pm Battleline
Battle of Britain

SKY TRAVEL
LIFESTYLE PACK

11.00am Trailside
11.30 Sky Destinations
12noon
American Adventurer
12.30pm Islands in the Sun
1.00
Travels with Chuck Henry
1.30 Exotic Islands
2.00 Travel Tips
Boston
3.00 Around the World
India and St Ives
3.30-4.00pm
Great Chefs of Europe

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Lifestyle at 9.00am.

CABLE CHECK
Some of the channels listed may not be available in your area

THE BEST IN
ACTION
HORROR
ADVENTURE
FILMS ON CABLE

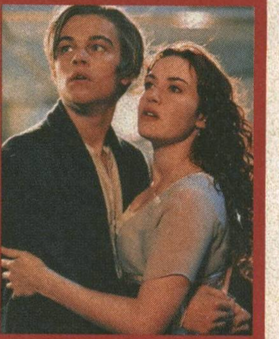
HVC

Plus

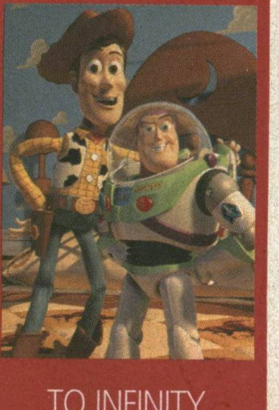
WHEN YOU SUBSCRIBE
TO HVC GET the Adult CHANNEL FREE.

Call your cable operator NOW!!

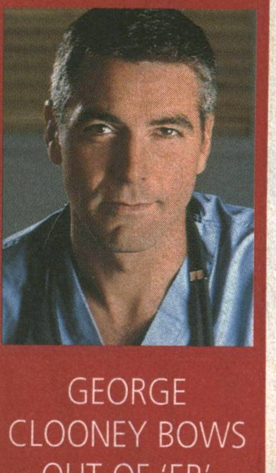
NEXT MONTH IN CABLE GUIDE!



THE OSCAR-SCOOPING 'TITANIC' MAKES ITS MAIDEN VOYAGE ON SKY BOX OFFICE



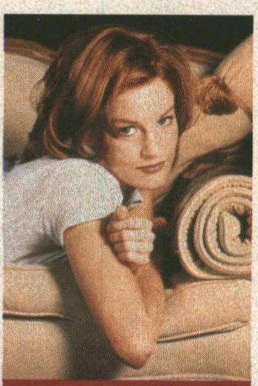
TO INFINITY AND BEYOND! 'TOY STORY' COMES TO DISNEY CHANNEL



GEORGE CLOONEY BOWS OUT OF 'ER' IN A TWO-PART SPECIAL!

VIEWERS' VIEWS

Drop us a line! Write to: The Editor, *Cable Guide*, 172 Tottenham Court Road, London W1P 0JJ. Email: viewers@cablegde.demon.co.uk
There's a £5 prize for the best letter!



'Melrose Place' devotees will be pleased to know that the series will be returning to Sky One

RETURN TO MELROSE PLACE

I WAS most upset after reading last month's *Cable Guide*. Rachel and Nick from London asked when the new series of *Melrose Place* would come back to Sky One and Sky simply stated that it would not be returning. No explanation was offered.
I cannot understand how you can leave us with such a cliff-hanger and not continue the story.

Pamela Clementine
e-mail

● *Sky replies: 'We are sure that all* **Melrose Place** *fans will be overjoyed to learn that we have decided to show the next series of the show – although, as yet, we do not have any definite dates. However, followers of the series might be pleased to know that* **Melrose Place** *star Laura Leighton is set to guest in season nine of* **Beverly Hills, 90210** *in the spring.'*

THE CHINESE WAY

I WANTED to tell you how much I enjoyed the Carlton Food Network series *Turner's Tour of Hong Kong*. I know Hong Kong very well and this series was marvellously done. Full marks to all concerned.

Diana Burtt,
Chelsea,
London

HIT FOR SIX BY SKY SPORTS

I WOULD like to thank Sky Sports for its coverage of the Test series between South Africa and West Indies. South Africa are one of the most enjoyable and exciting Test sides to watch, together with Australia. I would love for Sky to show future Test series involving these two sides.

Fakir Chaudry
e-mail

BOMB VOYAGE

I AM appalled at the way Sky One have shown *Star Trek: Voyager*. Quite a few months ago, Sky aired the first ever episode and continued to show the following episodes in the same order as they were broadcast in America. They have now decided, into season three, to go back to the beginning and show all the episodes again. Could they not have carried on to the end of season three? Better still, they could have shown the episodes in season four, which have only been aired once before. That way, we wouldn't have been so bored by the repeats.

Louise Crane (aged 13)
e-mail

● *You may be interested to know that the fifth series of* **Voyager** *starts next month.*

A CURE FOR BOREDOM ON SKY

I'M 15 and I'd just like to say that Sky One is the best entertainment channel around. So congratulations, Sky, and thanks for finding a cure for my boredom by showing such programmes as *The Simpsons*, *The X-Files*, and *Xena: Warrior Princess*.

Norman Lisgarten
Gillingham, Kent

WRESTLING WITH SKY SPORTS

I WANT to congratulate Sky Sports on its wrestling coverage. I've been watching WWF for nine years now and I have to say that Sky's is the best coverage I've ever seen. Keep up the good work.
I also want to congratulate the channel on its American football coverage.

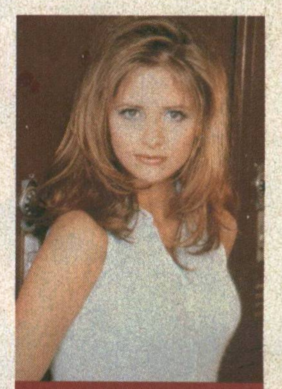
Tahir Mahmood
East Ham, London

WELL OILED

I AM just writing to say how much I am enjoying *Dallas*. I never saw it the first time around so I find it really thrilling. Any idea how long it is to be on for? Also, can you satisfy my curiosity as to what bourbon and branch is? JR is always asking for it and I'm intrigued as to what it is he has with the bourbon. May *Dallas* go on for ever – I wouldn't miss it for the world!

Mrs B P Tompsett
Surrey

● *UK Gold replies: '***Dallas** *has certainly proved very popular for us and you'll be pleased to know, Mrs Tompsett, that we are committed to showing every episode of this supersoap. "Branch", meanwhile, refers to pure, clean water from a tiny stream. JR's request for bourbon and branch is simply a quaint way of asking for bourbon and water.'*



One reader complains that Sky One has still not resurrected 'Buffy the Vampire Slayer'

ANIMAL ABUSE

I WAS disgusted when I saw a programme called *When Good Pets Go Bad* on Sky One. It showed a clip from a circus performance when an elephant went mad. After this clip it showed elephants being hit with a hooked stick. I was crying over the torture the animals were going through. One man hit the elephant on its head, another hit it behind its leg, others were chained with metal chains. No wonder the elephant went mad.

Leah Horner (aged 11)
Wallasey, Merseyside

THIS PROGRAMME SHOULD BE CRUSHED

I WRITE concerning the Sky One programme *Beat the Crusher*, during which we were presented with the heartless spectacle of an elderly gentleman being forced to watch his greenhouse being crushed at the bidding of his wife. The aforementioned gentleman was obviously shocked to be singled out in this way. After the crushing, the camera cut back to show the poor victim dabbing tears away from his eyes. As for the highly unfunny Freddie Starr, I sincerely hope that the gentleman's words, '... because it is my life', which were offered to try and save the greenhouse, haunt him until he dies.

Mr S Corner
Hants

WILL BUFFY RISE FROM THE GRAVE?

DESPITE repeated claims that Sky One intend to play its final six episodes of *Buffy the Vampire Slayer*, there appears to have been no progress made in bringing this funky series back. It may have been originally poorly advertised, in the shadow of more popular shows such as *Xena: Warrior Princess*, but it is now extremely popular on terrestrial TV, especially with young viewers. It does seem rather bizarre that Sky One is apparently happy to let other TV channels take the glory for playing a series that it originally aired and it also seems strange that a one-hour slot per week cannot be found, despite the constant repeats of shows such as *Friends*, *Star Trek* and *The Simpsons*. Meanwhile, it has been possible to find a slot for *Ultraviolet*, another series also based on vampires.

Marisa Szilagyi
London

SCI-FI'S CULT COMEDY

I JUST felt the need to write in to say what an absolutely hilarious show *Mystery Science Theatre 3000 (MST3K)* on Sci-Fi is. It's one of the best shows on television and reminds me of a real life *Beavis and Butt-head*, except that this is actually funny. Seriously, if you've got a sense of humour you'll find this show absolutely great. Could you give me more information on the show and tell me whether or not the Sci-Fi channel are looking to repeat any episodes that I may have missed? I'm a massive fan already.

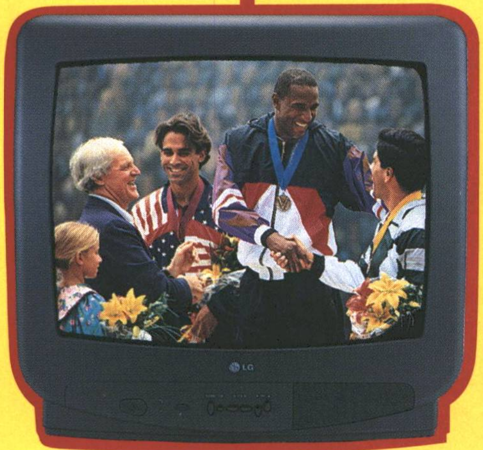
Wayne Hanns
Burnley,
Lancs

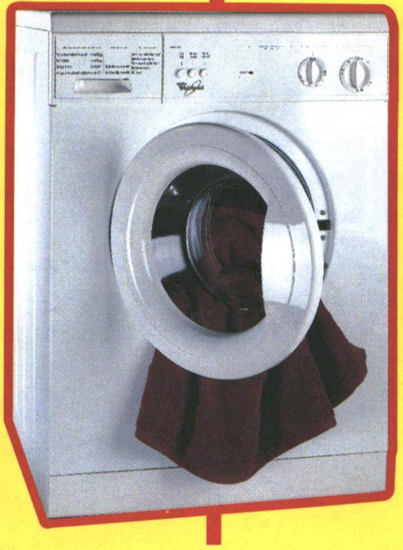
● *We quite agree, Wayne. This series, in which host Mike Nelson and his bargain bin robot friends, Crow and Tom Servo, heckle their way through some of the cheesiest movies ever committed to celluloid, has become something of a cult favourite. Sci-fi are committed to screening repeats of the current series until spring, after which the channel will decide whether to buy up future seasons. And congratulations, you win our £5 prize!*

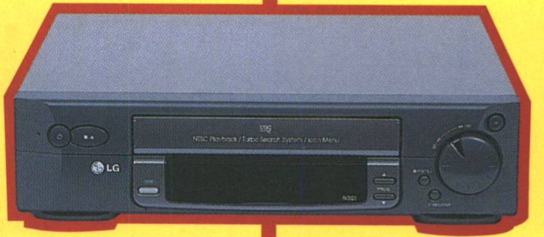
Inquiries about your Cable TV service should be directed to your local Cable TV company, while queries concerning future programmes should be sent to the relevant channel (addresses page 53). Letters appearing in 'Viewers' Views' may be edited for length.

PHOTOS: TWNETIETH CENTURY FOX, © DISNEY, BKSYB

THE MOST DIRECT ROUTE TO LOWER PRICE RENTAL.







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